

Comparison of the Success and Survival Rates of Implant Supported Crowns and  
Endodontically Treated Teeth – An Updated Systematic Review

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## 1 PREAMBLE

In recent years, technical advances in endodontics have allowed the seriously compromised tooth—which would in the past have been extracted—to be treated and restored to full function. In addition, single tooth implants have emerged as a treatment for the replacement of these seriously compromised teeth. In the individual case of a compromised tooth, which of these treatments should be used? The decision should, as in all evidence-based practice, be based on the best available evidence. The paramount concern is prognosis. A comparison of the long-term outcomes of both procedures was made five years ago by Torabinejad, Anderson and colleagues, published as a systematic review<sup>[1]</sup>. Unfortunately, the evidence available at that time yielded inconclusive results and the need for more clinical trials that were prospective in nature, long-term, and of large sample size. Since publication of the original review in 2007, more data has been added to the knowledge base such that it might be possible to conduct a more definitive comparison of implant and endodontic outcomes.

## **2 AIM**

To extend a systematic review initially conducted by Torabinejad, Anderson, and colleagues in 2007 and determine whether sufficient evidence has been added to the literature base since 2006 to more completely answer:

- 1) In patients with periodontally sound teeth that have pulpal and/or periradicular pathosis, does initial nonsurgical endodontic therapy (RCT) result in a more beneficial or more harmful clinical, biological, psychosocial, and/or economic outcome as compared to extraction without replacement?
- 2) Does root canal therapy result in a more beneficial or more harmful outcome compared to extraction and replacement of the missing tooth with a fixed partial denture (FPD)?
- 3) Does root canal therapy result in a more beneficial or more harmful outcome compared to extraction and replacement of the missing tooth with an implant-supported single crown (ISC)?

### 3 INTRODUCTION

#### **The seriously compromised tooth**

In the United States oral disease is pandemic. It is estimated that 53 million children and adults have untreated decay in their permanent teeth<sup>[2]</sup>. More than 84% of adults aged 18 or older have active or treated dental caries. A quarter of all adults report difficulty in chewing, 20% report difficulty in sleeping, and 15% limit their work and leisure habits—all because of dental pain<sup>[3]</sup>. Therefore, either preserving or replacing a compromised tooth will have both functional and cosmetic benefits that not only encompasses the teeth and gingiva, but also encapsulates good nutrition, social well-being, and complete systemic health<sup>[3]</sup>.

Teeth in danger of extraction have either necrotic pulps with associated periapical disease or severely inflamed pulps in which the inflammation cannot be controlled. For relatively intact teeth with necrotic pulps, irreversible pulpitis, or apical periodontitis the treatment of choice is non-surgical endodontic therapy followed by full-coverage restoration<sup>[4, 5]</sup>. If a tooth is severely broken down or disease has recurred after endodontic treatment, the treatment plan is more complex and removal of the tooth becomes one of the treatment choices. If the tooth is removed it should be replaced with some type of prosthesis<sup>[1]</sup>. The discovery of the biological compatibility of titanium alloys has led to the successful development of implants to replace teeth. When a tooth is severely compromised a choice has to be made whether to treat (or re-treat) it with endodontics or to extract it and place an implant. There are limitations to both

approaches. A practitioner should be aware of these and balance them in developing a treatment plan.

### **Limitations of endodontic therapy**

The goal of clinical endodontics—and the mark of its success—is the prevention and elimination of apical periodontitis<sup>[6-8]</sup>. While the quality of care provided by specialist endodontists is very high, there remain some challenges that can limit success.

One such limitation is the visualization of the field. In order to do well, the clinician must be able to see well; this includes conspicuous and inconspicuous canal anatomy alike. Many failures in the past—prior to the introduction of the dental operating microscope—may have been due to missed canals and unobserved fracture lines<sup>[9]</sup>. Indeed, the degree of success of endodontic therapy has improved significantly since the use of the microscope has become commonplace<sup>[10, 11]</sup>, although to date there is still no definitive evidence to vindicate the clinical advantages of the dental operating microscope in non-surgical root canal therapy<sup>[12]</sup>. Nonetheless, the use of magnification has been recommended as the standard of care<sup>[13]</sup>.

Another limitation lies in the ability to adequately disinfect the canal system. The complete removal of pathogenic bacteria is hampered by incomplete knowledge of the bacteria present and the agents that would kill them. Teeth that still harbor bacteria at the time of obturation have a much lower prognosis than teeth that have been adequately cleaned and prepared<sup>[14-17]</sup>.

Many other confounding factors influence the endodontic outcome. Certain systemic diseases such as uncontrolled diabetes and hypertension may negatively modulate periapical healing<sup>[18]</sup>. The treatment of teeth with apical periodontitis shows a lower success rate than those where disease is limited to the pulp<sup>[19]</sup>. Retreatment of failed endodontic therapy also shows lower than ideal success rates. Restoration of the endodontically treated tooth can be complex and limit the overall success. Iqbal and colleagues estimated higher failure rates for inadequately restored teeth (85%) and teeth without full coverage restorations (a failure rate six times as high as for full coverage restorations)<sup>[20]</sup>.

### **Limitations of single tooth implant therapy**

The limits of implant therapy can broadly be summarized into two categories: biologic limitations, and technical limitations<sup>[21]</sup>. Biologic limitations include those that have to do with systemic conditions, environmental factors, and the supporting tissues; when they occur, complications of this type tend to be more serious. Early biologic complications are those that relate to tissue-implant integration and usually result in implant loss before loading. Late biologic complications include problems such as peri-implantitis, vertical bone loss, or soft tissue complications such as pain, swelling, or purulence. Surgical interventions are required to treat these conditions, and ultimately may or may not result in loss of the implant.

Many systemic and environmental conditions have been implicated in increased implant failures; some of these are clear while others are more controversial. Smoking detrimentally affects the outcome of implant therapy. A systematic review of prospective and retrospective studies demonstrated lower survival and success rates for smokers (89.7% and 77.0%) compared to non-smokers (93.3%

and 91.0%)<sup>[22]</sup>. A history of periodontitis will also negatively affect the outcome of implant therapy. Like smoking, the impact is more significant for implant survival than implant success<sup>[23]</sup>.

Radiation therapy will influence the outcome of implants in a dose-dependent manner as well as increase the risk for osteoradionecrosis. This increase in failure appears to be significant only for radiation doses in excess of 55Gy<sup>[24]</sup>.

The risk association with diabetes is less clear. Diabetes mellitus potentially influences wound healing and increases the susceptibility of the implant site to infection. However there are few well-controlled human studies that are large enough to draw conclusions as to whether this significantly plays a role in implant outcome. No large studies to date have examined the effect of glycemic control on implant outcome<sup>[22, 24]</sup>.

Recent systematic reviews on the subject of bisphosphonates have shown no significant influence on implant survival, and no significant increase in risk for bisphosphonate-related osteonecrosis<sup>[25, 26]</sup>. However many medical and dental organizations recommend avoiding elective surgical procedures to oral osseous structures in patients with a history of intravenous bisphosphonates, citing in particular the drugs' extremely long half-lives<sup>[27]</sup>. Therefore the use of IV-bisphosphonates remains a contraindication to treatment.

Other biologic limitations are related to the implant site. For instance, significantly worse outcomes have been shown regarding the failure rates of implants placed in severely resorbed bone, highly porous bone, or both<sup>[28]</sup>.

The literature generally finds systemic and environmental risk factors more influential on implant success than on implant survival. Therefore they remain

only as relative contraindications that must be considered as a whole on a patient-by-patient basis.

Mechanical complications include those that relate to the function of the prosthesis. Examples include implant fracture, abutment or crown fracture, and loose screws. These tend to be quite frequent occurrences<sup>[21]</sup> and can range in severity from nuisances to loss of implants.

### **Success versus Survival**

Superimposed over these limitations on both endodontic and implant therapies are the difficulties in the assessment of the outcomes. As previously stated, the aim of endodontic therapy is prevention or elimination of periapical disease. The most common way of assessing this is by periapical radiography<sup>[19]</sup>, and researchers have introduced radiographic criteria for doing so<sup>[29, 30]</sup>. However, the radiograph is a questionable means of evaluating success or failure of endodontic treatment. First, it is very difficult to get inter-examiner agreement from looking at radiographs (less than 50%)<sup>[31]</sup>. Second, there must be significant physical bone loss for a lesion to be apparent on a radiograph, and periapical lesions confined to cancellous bone are usually not detected by conventional radiograph unless very large<sup>[32, 33]</sup>. Subtle alterations in angulation of the film can cause drastic changes in the image captured<sup>[19]</sup>. For these reasons, radiographs are not good at depicting the healing—or resolution—of periapical lesions. A cadaver study demonstrated that a normal, healthy appearing periapical radiograph would reflect a healthy peri-apex only 74% of the time<sup>[34]</sup>.



Since all periapical lesions, whether large, small, or radiographically undetectable contain inflammatory cells, clinical exam has been advocated for measurement of endodontic success. In a seminal paper<sup>[35]</sup>, Seltzer and Bender introduced criteria for recognizing success (Table 1).

**Table 1. Bender & Seltzer's criteria for successful outcome of endodontic treatment.**

<b>Bender 1966 Criteria for RCT Success</b>	
RCT Success	
<ul style="list-style-type: none"> <li>• Absence of pain or swelling</li> <li>• Disappearance of sinus tract</li> <li>• No loss of function</li> <li>• No evidence of tissue destruction</li> <li>• Radiographic evidence of eliminated/arrested lesion in 6mo-2yrs</li> </ul>	

Although widely used, these clinical criteria have their limitations. When the patient complains of pain or there is evidence of a refractory lesion (such as a sinus tract) the case has clearly failed. However absence of clinical symptoms cannot be interpreted as treatment success, since many failures are asymptomatic. Cone Beam Computed Tomography (CBCT) is effective and accurate in evaluating the radiographic success or failure of root canal therapy, but it is not widely used<sup>[36]</sup>.

The goal of implant therapy is quite different from that of endodontics; here the aim of treatment is not to eliminate disease, but instead to replace missing teeth and restore occlusal function<sup>[27]</sup>. To that end, the measurement of success in implant therapy is also different. Soon after the American Dental Association (ADA) and other institutions accepted implants as routine therapy (at least on a probationary basis), Albrektsson and colleagues proposed admirably strict criteria for judging the success of implants<sup>[37]</sup> (Table 2).

**Table 2. Albrektsson's criteria for implant success and survival<sup>[37]</sup>.**

<b>Albrektsson 1986 Criteria for Implant Success/Survival</b>	
Implant Survival	Implant Success

<ul style="list-style-type: none"> <li>• Absence of mobility</li> <li>• Absence of peri-implant radiolucency</li> <li>• &lt;0.2mm MBL per year, after first year</li> <li>• Absence of clinical or radiographic signs/symptoms</li> </ul>	<ul style="list-style-type: none"> <li>• All implant survival criteria met for 85% of implants over 5 years, or</li> <li>• for 80% of implants over 10 years</li> </ul>
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In addition, they placed an emphasis on the need to observe these parameters over the long term: upwards of five and ten years. The Albrektsson criteria were developed early in the evolution of dental implants, during a time when successful osseointegration was the primary concern and not necessarily the esthetic or functional outcomes. As such, Smith and Zarb revised the success criteria three years later to include requirements for implant restorability and patient esthetics<sup>[38]</sup> (Table 3). Other researchers have proposed alternative criteria<sup>[39-41]</sup> (Table 4 through Table 6). Despite these standards being reasonably stringent, the “success” of single-tooth implants has typically been judged by their functionality and *survival* in the mouth<sup>[1, 20, 42]</sup>.

**Table 3. Smith and Zarb’s criteria for implant success and survival<sup>[38]</sup>.**

<b>Smith &amp; Zarb 1989 Criteria for Implant Success/Survival</b>	
Implant Survival	Implant Success
<ul style="list-style-type: none"> <li>• Absence of mobility</li> <li>• Absence of peri-implant radiolucency</li> <li>• &lt;0.2mm MBL per year, after first year</li> <li>• Absence of clinical or radiographic signs/symptoms</li> <li>• Implant is restorable</li> <li>• Restoration is esthetic</li> </ul>	<ul style="list-style-type: none"> <li>• All implant survival criteria met for 85% of implants over 5 years, or</li> <li>• for 80% of implants over 10 years</li> </ul>

**Table 4. Buser’s criteria for a successful outcome of implant therapy<sup>[39]</sup>.**

<b>Buser 1990 Criteria for Implant Success</b>
Implant Success
<ul style="list-style-type: none"> <li>• Absence of complaints, pain, or foreign body sensation</li> <li>• No recurrent peri-implant infection or suppuration</li> <li>• Absence of mobility</li> <li>• No continuous peri-implant radiolucency</li> <li>• Implant is restorable</li> </ul>

**Table 5. Glauer's criteria for a successful outcome of implant therapy<sup>[40]</sup>.**

Glauer 2003 Criteria for Implant Success
Implant Success
<ul style="list-style-type: none"> <li>• Absence of a radiolucent zone around the implant</li> <li>• Implant acts as an anchor for the functional prosthesis</li> <li>• Confirmed individual implant stability</li> <li>• Absence of suppuration, pain, or ongoing pathologic processes</li> </ul>

**Table 6. Misch's criteria for implant success and survival<sup>[41]</sup>.**

Misch 2008 Criteria for Implant Success/Survival			
Implant Success	Satisfactory Survival	Compromised Survival	Failure
<ul style="list-style-type: none"> <li>• No pain on function</li> <li>• No mobility</li> <li>• &lt;2mm MBL from initial surgery</li> <li>• No history of exudate</li> </ul>	<ul style="list-style-type: none"> <li>• No pain on function</li> <li>• No mobility</li> <li>• 2-4mm of MBL</li> <li>• No history of exudate</li> </ul>	<ul style="list-style-type: none"> <li>• Pain on function</li> <li>• No mobility</li> <li>• &gt;4mm MBL</li> <li>• History of exudate</li> </ul>	<ul style="list-style-type: none"> <li>• Pain on function</li> <li>• Mobility</li> <li>• MBL &gt; ½ the length of the implant</li> <li>• Uncontrolled exudate</li> <li>• Implant not present</li> </ul>

### **Current status of decision making**

When treatment planning a patient case, the general dentist has many different strategies to choose from in his or her arsenal. Viable treatment options for severely compromised teeth include, but are not limited to, root canal therapy and restoration (RCT), extraction and replacement with an implant-supported single crown (ISC), extraction with replacement by a fixed partial denture (FPD), or extraction with no replacement (Ext)<sup>[1]</sup>. If left only up to clinician preference, the prescribed treatment may not be the best treatment. It stands to reason that some teeth that are extracted could have been successfully treated with endodontic therapy, and some teeth that receive endodontic therapy probably should have been extracted<sup>[1]</sup>.

According to the ADA, the clinician must rely not only on personal preference and past clinical experience, but also on the best available scientific evidence<sup>[43]</sup>. As there are many scientific articles published annually<sup>[44]</sup>, decision-making can be facilitated if the information can be ranked according to quality; this is achieved

through evidence-based medicine. The Centre for Evidence-Based Medicine (based in the United Kingdom) defines evidence-based medicine as “the conscientious, explicit, and judicious use of current best evidence in making decisions about the care of individual patients”<sup>[45]</sup>. Decision-making can be further enhanced if all of the best evidence can be summarized for the clinician.

### **Systematic reviews as a tool for prognosis**

Clinical trials are useful for asking simple yet clinically relevant questions. They assemble a group of individuals, assign them to alternative treatments, and then follow them over time to assess their outcomes. There is a hierarchy to these trials. For interventions, randomized, controlled clinical trials are the gold standard and provide the best evidence for judging outcomes. Less rigorous cohort studies or observational studies may still provide a good level of evidence, but also may exaggerate the effects of treatment and introduce selection bias<sup>[46, 47]</sup>.

Literature reviews have the *potential* to sit at the peak of the hierarchy and offer the best evidence because they assemble multiple trials for analysis. This allows the researcher or clinician can glean information from a broader pool of knowledge<sup>[48]</sup>. Two different methods are widely used to summarize the scientific literature: the narrative literature review, and the systematic review. Traditional narrative reviews (also known as ‘topical’ reviews) are typically performed by a single examiner and tend to explore a broad range of issues on a particular topic. Because the author decides which studies to include and how to interpret them, they are likely to be more subjective and more susceptible to bias. Worse, narrative reviews lag behind and even contradict the best available evidence<sup>[49]</sup>.

A systematic review on the other hand attempts to address a very narrow question in great detail by collecting data from many individual published studies. Which studies are to be included in the review is carefully and explicitly thought out before hand, with criteria that are methodological in nature and therefore are reproducible. As a best practice, systematic reviews are designed and conducted by a multidisciplinary team of experts<sup>[50, 51]</sup> (Table 7) to ensure that the maximum number of potentially valid studies is included. The same team then assesses the results of the search, analyzes the data, and interprets the findings. By design, this strategy helps eliminate bias and potential error<sup>[52]</sup>.

**Table 7. Multidisciplinary team of experts for a systematic review<sup>[50, 51]</sup>.**

<b>Systematic Review Team</b>
Principal Examiner <ul style="list-style-type: none"> <li>• Initiates, selects, and defines the topic</li> </ul>
Clinical Expert(s) <ul style="list-style-type: none"> <li>• Partners and collaborators representing each of the relevant disciplines in effort to reduce bias</li> </ul>
Librarian <ul style="list-style-type: none"> <li>• Ensures process quality and methodological oversight for the literature searching process</li> </ul>
Statistician <ul style="list-style-type: none"> <li>• Ensures process quality and methodological oversight for the analysis and synthesis of data</li> </ul>
Healthcare Consumer <ul style="list-style-type: none"> <li>• Provides insight into the priorities for research and acts as an information liaison between consumers and clinicians</li> </ul>

If the studies included in the systematic review are sufficiently similar, and if the resulting data from those studies are sufficiently homogenous, then a meta-analysis can be performed. Meta-analyses strengthen the level of evidence by pooling the data from all of the studies, which increases the sample size and narrows the confidence interval. However, this must be done with great care under the supervision of a statistician. While it is rarely inappropriate to undertake a systematic review, it can be inappropriate to apply a meta-analysis. If the study data is too heterogeneous, then erroneous and invalid conclusions can be drawn. On the other hand, if too many studies are excluded in the name of achieving a homogenous study sample, then the results may be too narrow to offer any useful generalization for the clinician’s decision making<sup>[49]</sup>.

Meta-analysis of direct, head-to-head comparative trials remains the gold standard for summarizing and assessing the outcomes of health care interventions. However, when the number and types of interventions grow, direct comparisons of every possible treatment combination may not be possible and indirect comparisons must instead be made<sup>[53]</sup>. Since these comparisons have not been directly tested in controlled, randomized trials, their validity is based on the assumption that the various interventions are similar<sup>[54]</sup>. Inferences from such comparisons must therefore be made with caution.

When carefully designed and executed, systematic reviews—even without a meta-analysis—are of the highest level of evidence<sup>[46]</sup>. However there is a fundamental flaw in the methodology of a systematic review. There is an assumption that the evidence base being searched is complete; it is in fact *not* complete. First, it is well known that studies that do make it into publication often suffer from publication bias<sup>[49]</sup>. This is the tendency to publish studies with positive results over those with less flattering outcomes. Second, studies that get declined for publication—along with those studies that are never even submitted for publication—get left out of the evidence base. Finally, systematic reviews that only consider articles published in English leave behind other articles that are published in foreign languages. Whenever a medical discipline is attempting to use a systematic review to more completely and clearly define itself, broadening the pool of potential articles is of utmost importance. The systematic review process may be the best the scientific community has, but it is not the best possible. “Best available evidence” should never be interpreted as “Absolutely correct”. Systematic reviews are thus only as good as the individual studies included<sup>[20]</sup>, and therefore the quality and types of trials that are included in them must be considered. Findings and conclusions from the reviews can—and should be—questioned. And, they should always be applied with experienced, clinical expertise and judgment.

The Cochrane Collaboration is a not-for-profit international organization whose mission is 'Improving healthcare decision-making globally.' They aim to improve the evidence base for healthcare interventions by generating and disseminating high-quality systematic reviews on the effects of healthcare<sup>[48]</sup>. According to the Cochrane Handbook, the key characteristics of a systematic review are as follows<sup>[55]</sup>:

- A clearly stated set of objectives with pre-defined eligibility criteria for studies;
- An explicit, reproducible methodology;
- A systematic search that attempts to identify all studies that would meet the eligibility criteria;
- An assessment of the validity of the findings of the included studies, for example through the assessment of risk of bias; and
- A systematic presentation, and synthesis, of the characteristics and findings of the included studies.

The quality of reporting in the review is of utmost importance. In the hope of protecting the integrity of the systematic review, the PRISMA (Preferred Reporting Items for Systematic reviews and Meta-Analyses) guidelines were recently released by an international group of researchers and clinicians<sup>[56]</sup>. These guidelines consist of a 27-item checklist for authors to consider when formulating and reporting their review (Appendix A).

### **Summary of the present reviews**

As mentioned previously, neither the evidence base nor the systematic reviews upon which the evidence base is based are perfect. A survey of systematic reviews published in the last decade suggests that many of the outcomes studies published on endodontic therapy may be flawed<sup>[8]</sup>. First, they are based largely

on radiographic assessment, which has been shown to be much less consistent at judging apical status than CBCT<sup>[33]</sup>. Secondly, they have increasingly been based on Ørstavik's PAI, which as a one-size-fits-all approach, and has questionable validity<sup>[8]</sup>. And finally, many of these studies have short follow-ups and poor recall rates (averaging less than 53%)<sup>[8]</sup>.

Recently, two teams of examiners conducted systematic reviews that compared the outcomes of endodontic therapy to that of implants. Iqbal and colleagues attempted to examine the outcomes of single tooth implants and endodontically treated teeth by comparing the survival of endodontically treated teeth to the survival of implants<sup>[20]</sup>. To do this, they considered only those endodontic studies where teeth were restored with full coverage restorations. For all included studies, they recalculated the survival rate of the endodontically treated teeth using their own criteria (essentially, teeth were said to be surviving if they were present in the mouth at the time of the study). They also used their own definition of implant survival and success (Table 8).

**Table 8. Iqbal *et al.* criteria for implant success and survival<sup>[20]</sup>.**

<b>Criteria for Implant Success/Survival</b>	
<b>Implant Survival</b>	<b>Implant Success</b>
<ul style="list-style-type: none"> <li>• Implant in place</li> <li>• Absence of mobility</li> <li>• Absence of pain</li> <li>• Absence of infection</li> </ul>	<ul style="list-style-type: none"> <li>• All implant survival criteria met</li> <li>• Less than 50% bone loss</li> </ul>

They found that there was no statistically significant difference in the overall *survival* rate of either endodontically treated (and properly restored) teeth and restored single-tooth implants. However, the authors point out that, despite the vast amounts of literature on endodontic and implant outcomes, the individual studies were so heterogeneous that direct comparisons were all but impossible. Many studies were excluded because they did not describe the type of permanent restoration after endodontic therapy. Had these studies been included, the results might have been different. Further, their definition of



endodontic survival seems extremely lenient, with little similarity to the implant criteria. Finally, despite having a criteria set for implant success, they did not examine success as an outcome.

Torabinejad and colleagues also conducted a systematic review on the subject<sup>[1]</sup>. Their analysis included more endodontic outcome studies because they did not exclude studies that failed to describe coronal restoration. In addition, they broadened the comparison of alternative treatment modalities to include extracted teeth replaced with a fixed partial denture and extracted teeth with no replacement. They also considered other data that enters the clinician's decision tree such as economics and psychosocial effects (*i.e.* patient satisfaction of treatment outcome) of each of the treatments. Unlike the Iqbal study, Torabinejad's team did not attempt to create their own success/survival criteria or pool the results, since they found the various criteria in the included studies far too heterogeneous for meaningful comparisons. The findings of the review showed no statistical difference in *survival* between single-tooth implants and root canal therapy (both 97%) but higher *success* rates for implants (95%) versus root canal treated teeth (84%). However the main conclusion from the review was that the existing literature base was problematic. The outcomes studies varied widely in study design, sample size, evaluation criteria, and follow-up period. Complications were incompletely described, and direct comparisons of the treatments were absent among the included studies. Therefore, only indirect comparisons were possible. The clinical extrapolations were hardly definitive, and less than helpful.

## The need for further review

While these two reviews have been valuable in validating both endodontic and implant therapy as sound dental treatments, they have not been able to demonstrate that either treatment carries a superior clinical outcome for patients. Most importantly, they have shed light on the problems with the existing literature base. The outcome of endodontic therapy has been shown to vary depending on the technique used (*e.g.*: single-visit or multi-visit, type of material used), pre-operative circumstances (*e.g.*: presence or absence of apical periodontitis), or type of post-operative restoration (*e.g.*: full coverage crown or MOD filling). While it would make sense for the outcome of each of these scenarios to be separately evaluated and directly compared to the outcomes of dental implants, the reality is that the literature base has simply not been robust enough to make such an analysis possible<sup>[20]</sup>. Even more heterogeneity exists in the form of operator experience, sample size, recall rate, and follow-up interval<sup>[19]</sup>.

Furthermore, the shelf life of any given systematic review is limited. New evidence will emerge, technology will improve, and caveats in established studies will continue to be found. This can substantially change the conclusions drawn from the existing evidence base. Shojania and colleagues monitored a cohort of 100 systematic reviews among rapidly changing fields of medicine and found them to remain clinically relevant an average of 5.5 years. Twenty-three percent of them required updating just two years after publishing and 15% after one year. Seven percent of the reviews were obsolete before they were even published<sup>[57]</sup>.

Indeed, since the aforementioned implant/root canal studies have been published, more literature on the subject has become available. It is possible that with an updated review of the literature, we may be closer to the answer to the question: “Should a tooth be retained through root canal treatment and restoration, or should it be extracted and replaced with a dental implant?”

## **4 HYPOTHESIS**

There has been a sufficient addition to the literature base of single-tooth implant and endodontic therapy outcomes that:

- 1.) An update of the Torabinejad systematic review is needed.
- 2.) A more definitive answer will be obtained.

## 5 METHODS

The 2007 Torabinejad systematic review was replicated, encapsulating the literature that has been published since its release. It was the authors' intent to remain true to the methodology of the original review as much as possible. However, due to constraints in time and manpower, an exact recapitulation was simply not possible. Any deviations from the original review are clearly indicated.

The same PICO (Patient Population, Intervention, Comparison, and Outcome) framework was used to formulate the basis of the systematic review. The three questions to be addressed were:

- 1) In patients with periodontally sound teeth that have pulpal and/or periradicular pathosis, does initial nonsurgical endodontic therapy result in a more beneficial or more harmful clinical, biological, psychosocial, and/or economic outcome as compared to extraction without replacement?
- 2) Does root canal therapy result in a more beneficial or more harmful outcome compared to extraction and replacement of the missing tooth with a fixed partial denture (FPD)?
- 3) Does root canal therapy result in a more beneficial or more harmful outcome compared to extraction and replacement of the missing tooth with an implant-supported single crown (ISC)?

Inclusion and exclusion criteria were the same as the original systematic review, except for the dates of publication. Where Torabinejad *et al.* considered articles published between 1966 and 2006, this review encompassed the years 2006 through 2011. The inclusion and exclusion criteria are summarized in Table 9.

The types of studies considered were comparative or non-comparative, prospective or retrospective, longitudinal data related to clinical, biological, psychosocial, or economic outcomes of initial RCT, extraction without replacement (EXT), extraction and replacement of missing tooth with an FPD, or extraction and replacement of missing tooth with an ISC. In an effort to limit publication bias, issuance in a peer-reviewed journal was not considered a criterion for inclusion. However, like the Torabinejad review, so-called ‘gray’ literature such as proceedings from conferences, meetings and lectures not listed in MEDLINE, EMBASE, and Cochrane databases were excluded.

**Table 9. Inclusion and exclusion criteria for both the original Torabinejad and the current systematic reviews.**

<b>Inclusion Criteria</b>	<b>Exclusion Criteria</b>
<ul style="list-style-type: none"> <li>• Articles published in English between January 2006 and December 2011</li> <li>• Adult subjects</li> <li>• Secondary teeth</li> <li>• Initial treatments</li> <li>• Implant-supported single crowns</li> <li>• Threaded or cylindrical implants regardless of surface type, placement &amp; loading protocols, or platform switching</li> <li>• Minimum of 2-year follow-up               <ul style="list-style-type: none"> <li>- RCT—from obturation;</li> <li>- ISC—from implant placement;</li> <li>- FPD—from cementation</li> </ul> </li> <li>• Treatment as being described as:               <ul style="list-style-type: none"> <li>- RCT teeth (not roots or canals);</li> <li>- an individual, non-splinted ISC;</li> <li>- a short-span FPD (3- or 4-units);</li> </ul> </li> <li>• Minimum of 25 treatments (not patients)</li> </ul>	<ul style="list-style-type: none"> <li>• Studies that failed to meet the inclusion criteria</li> <li>• 2006 studies previously reported by Torabinejad et al</li> <li>• RCTs due to trauma</li> <li>• Treatment modalities not currently being used</li> <li>• Moderate or severe periodontal disease</li> <li>• Multiple-unit implant restorations</li> <li>• Cantilevered FPDs</li> <li>• Implant studies on completely edentulous patients</li> </ul>

The same electronic search strategies were employed, as well as the same methods for hand searching articles. Accordingly, the search strategies designed by the library expert (PFA) for the three disciplines of ISCs, FPDs, and

RCTs were executed in MEDLINE, EMBASE, and COCHRANE and are presented in Appendix B.

The hand search consisted of reviewing the same relevant endodontic and prosthodontics journals as from the Torabinejad review. The tables of contents from every issue published in the last two years of the study (2010 and 2011) were hand searched; these journals are presented in Table 10. Citation mining was also performed in any systematic or narrative review uncovered by the search. Time and labor constraints prevented the hand searching of textbooks.

**Table 10. Relevant endodontic and prosthodontics journals hand-searched in both the Torabinejad and current systematic reviews.**

<b>Journals Included In The Two-Year Hand Search</b>
<i>American Journal of Dentistry</i>
<i>Clinical Implant Dentistry &amp; Related Research</i>
<i>Clinical Oral Implants Research</i>
<i>Dental Materials</i>
<i>Dental Traumatology</i>
<i>Implant Dentistry</i>
<i>International Endodontic Journal</i>
<i>International Journal of Oral and Maxillofacial Implants</i>
<i>International Journal of Periodontics and Restorative Dentistry</i>
<i>International Journal of Prosthodontics</i>
<i>Journal of Dentistry</i>
<i>Journal of Endodontics</i>
<i>Journal of Periodontology</i>
<i>The Journal of Prosthetic Dentistry</i>
<i>Journal of Oral and Maxillofacial Surgery</i>
<i>Journal of Oral Rehabilitation</i>
<i>Operative Dentistry</i>
<i>Oral Surgery Oral Medicine Oral Pathology Oral Radiology and Endodontics</i>
<i>Quintessence International</i>

Studies were qualified for inclusion by two independent reviewers (MGH, GRH) as follows: First, irrelevant articles were discarded via a title-only review that was blinded of authors, dates, and publication journal. Next, surviving citations had their abstracts reviewed for inclusion or disqualification, again with blinding of authors, dates, and publication journals. For surviving articles that appeared to meet the inclusion criteria, or for those where there was insufficient data in the title and abstract to make a clear decision, full text copies were obtained and reviewed in detail for inclusion or exclusion. All disputes were settled by

consensus agreement. A log of excluded articles along with reasons for their exclusion was kept. If more information was required in order to make a decision on whether to include or disqualify an article, authors were contacted and requested to provide it.

Relevant details of methodology and resulting data for each study were recorded in a data abstraction form (see Appendix C) by the principal investigator (MGH):

- Clinical Setting (private practice, general hospital, teaching hospital, dental school)
- Sample Size (and method, *i.e.* patients, teeth, roots, units)
- Gender
- Whether socioeconomic status was stated
- Single Center or Multiple Center
- Type of Operator (general practitioner, specialist, resident, or dental student)
- Type of Tooth (anterior, premolar, molar)
- Assessment Method (radiographic, clinical, questionnaire)
- Follow-up Interval
- Primary Study Outcome (number and percentage for success, survival, and failure)
- Measure of Effect (confidence intervals, *P*-values, survival curves, odds/risk, etc.)
- Whether pain was stated
- Psychosocial Outcomes (pre- and post-Tx anxiety, post-Tx satisfaction, pain relief, complications)
- Whether economics were addressed
- Statistical Analysis Used

The quality of each included article was assessed concerning the type of study, stated sample size, stated operator experience, stated patient demographics, complete description of treatment modality, blinded evaluators, stated recall loss, description of treatment complications, description of outcome evaluation methods, and appropriateness of statistics. The assessment was performed using the 17-point system proposed by the Torabinejad team (Table 11).

Table 11. 17-point quality rating system for assessing included articles<sup>[1]</sup>.

Quality Rating	
Criterion	Points
Study Type	
Randomized Controlled Clinical Trial	4
Non-randomized clinical trial	5
Clinical trial with no controls	2
Observational cohort study	2
Case-control study	1
Case series	1
Unable to classify	0
Sample Size	
Total number of enrolled subjects stated	1
Predetermined with a power analysis	1
Operator experience stated	1
Demographic description included	1
Treatment procedures completely described	1
Evaluator different then operator	1
Complete description of subject loss	1
Treatment Complications	
Complications reported as a percent of outcomes	1
Complication included as failures	1
Categorized with frequencies	1
Quality of Clinical Evaluation	
Measurements standardized	1
Statistics described and appropriate	1
Stratification appropriate	1
<b>Total Possible</b>	<b>17</b>

In addition, strict reporting criteria<sup>[58]</sup> were applied to the included articles:

- Recalls should be scheduled, and it should be clearly stated how many patients appeared for recalls. All dropouts must be accounted for, and if there are no dropouts, this should be stated.
- For studies reporting survival, then criteria for survival should be defined, as well as a frank criterion for failure.
- For studies reporting success, a reference should be provided for the success criteria used.
- For implant studies reporting success, marginal bone levels must be reported, specifying precisely how many implants encountered more bone



loss than the referenced criteria allowed. It is not permissible to simply report mean marginal bone loss levels.

- When different materials are used in different patients within the same study, these differences should be clearly described, with numbers of each type specified.

## Data Analysis

The data from the included articles were analyzed, and each study was classified as to success, survival, or both. Life tables obtained from the articles were used to construct estimates of the survivor function (*i.e.*, the proportion of ISCs, RCTs, or FPDs that did not fail before a given time) and standard errors for the survivor function. The survivor function and its standard error were calculated using the Kaplan-Meier estimator. This approach attempts to estimate survival rates for a given sample, and its main advantage is that it can take into account censored patients (patients who withdraw from a study by failing to show for recall) before the final event (success/failure/presence/absence) is observed<sup>[59]</sup>.

Ninety-five per cent confidence intervals were also calculated using a margin of error of 1.96 standard errors. In certain cases the success and survival rates had to be reinterpreted, such as those where stated outcomes criteria were inappropriately applied, or when only a particular subset of data met the inclusion criteria. In other cases the rates were not provided at all and were calculated. Where more information was required to interpret the data and include the study, authors were contacted for an opportunity to provide it.

In an attempt to summarize what authors of different length studies were reporting, the results were grouped into short-term (two- to four-year recall), medium-term (six-year recall or less), and long-term (more than six-year recall) stratifications for each of the three treatment modalities, and for both of the outcomes of success and survival. These were the same stratifications used by

Torabinejad *et al.* The rates were pooled within these groups using a simple inverse-proportion weighting system. For those studies reporting success or survival rates of 100%, the mean standard error of all included studies was used in place of a standard error of zero. This was done so as not to give these studies too small of a standard error.

Finally, in an attempt to compare the success and survival rates among the different treatment modalities, the results were pooled at yearly time points where possible.

Results are presented in accordance with the PRISMA statement<sup>[56]</sup>, and are summarized both in table form and with forest plots. Forest plots were generated using Forest Plot Viewer version 1.00<sup>[60]</sup>.

## **6 RESULTS**

### **Description of the Existing Literature**

The electronic searches yielded an initial 10,412 citations for review. MEDLINE produced the majority of these yielding 7,945 hits. EMBASE resulted in an additional 1,727 hits, COCHRANE an additional 648, and the hand searches an additional 76 citations (Figure 1). By comparison, the Torabinejad review, which encompassed the years 1966-2006, resulted in an initial 13,099 hits. In other words, of all the literature available at the close of 2011, 44% of it has been published in its last five years (Figure 2).

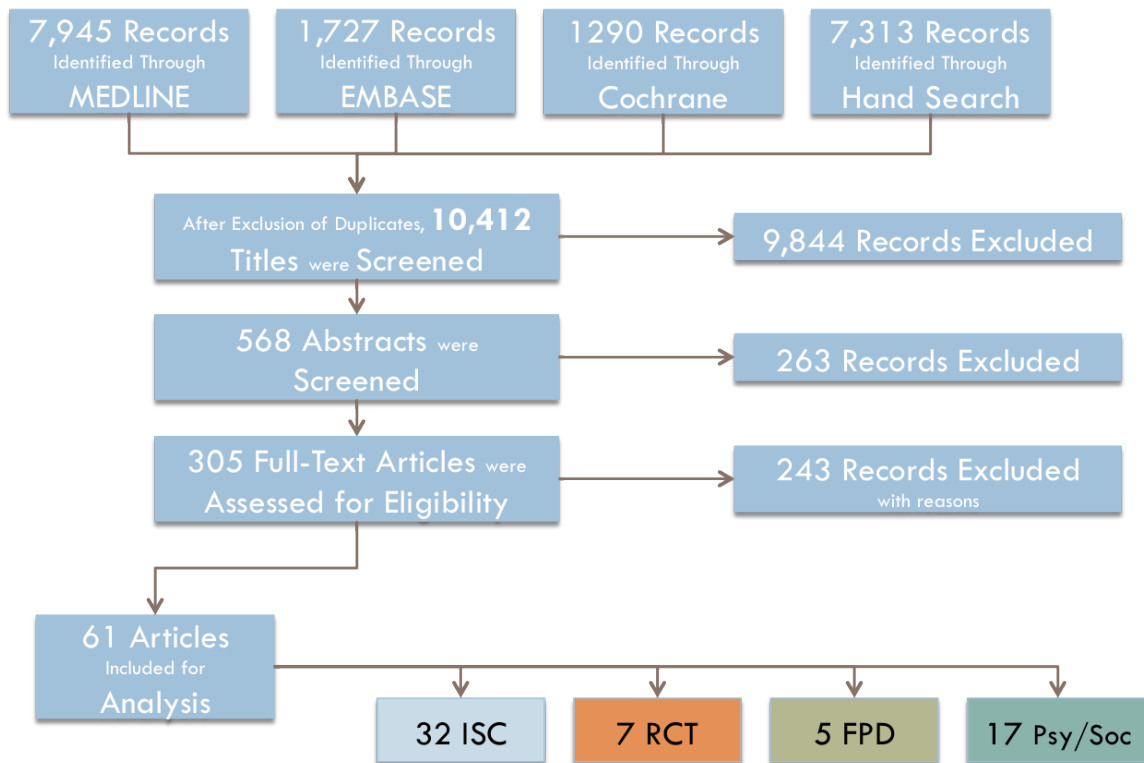


Figure 1. Flow chart showing the number of citations screened, disqualified, and included for final analysis. NB: 33 ISC articles were identified as eligible, but two of these were combined for reporting purposes.

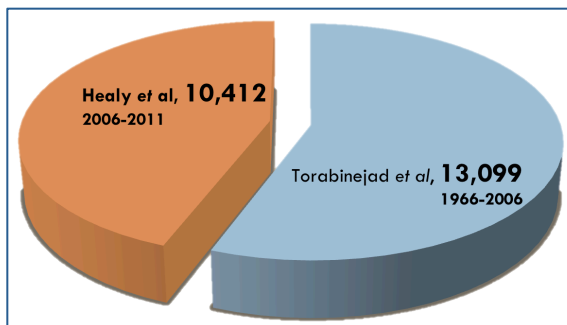


Figure 2. Comparison of the search results yielded from this review, as compared to the original review by Torabinejad *et al.*

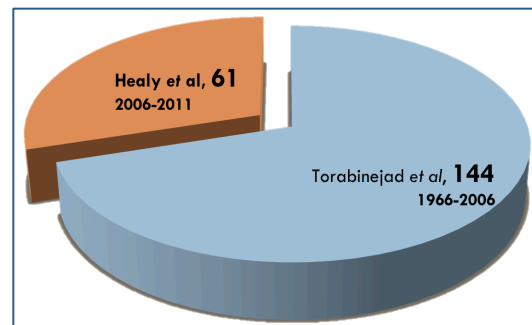


Figure 3. Comparison of the number of articles included from this review, as compared to the original review by Torabinejad *et al.*

A total of 568 articles survived the title-only exclusion process, and following abstract review, 305 studies were considered for full text review. Of these, 61 fulfilled the inclusion/exclusion criteria: 32 ISC, 7 RCT, 5 FPD, and 17

psychosocial studies (Figure 1, above). By comparison, 144 articles made inclusion in the Torabinejad review (Figure 3). No studies examining the effects of tooth extraction without replacement were identified. Details are provided in Figure 4 and Figure 5. It is notable that despite there being a 34% overlap<sup>[49]</sup> in journal coverage neither EMBASE nor COCHRANE resulted in the admission of any further studies.

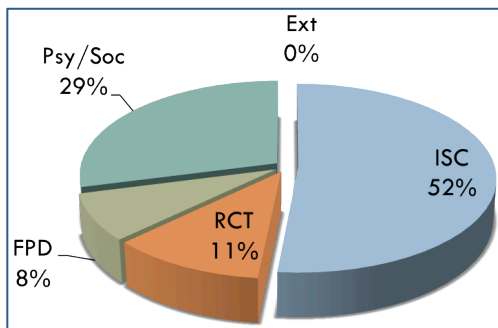


Figure 4. Breakdown of articles included for analysis in this review (2006-2011).

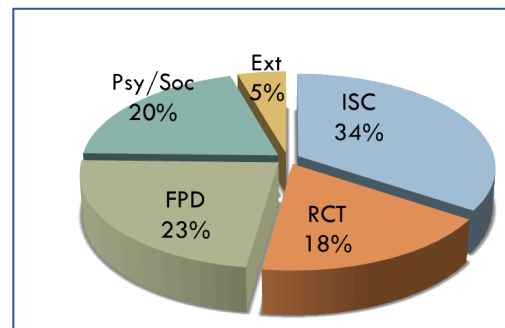


Figure 5. Breakdown of articles included for analysis in Torabinejad et al. (1966-2006).

Implant studies clearly out-numbered the RCT and FPD studies. No outcome studies involving the direct comparison of treatment modalities were identified. Interventional studies tended to make comparisons among different treatment protocols or materials used. As with the Torabinejad review, the included studies were found to be extremely heterogeneous in nature. For all disciplines, there was variance in terms of sample size, follow-up time, tooth/arch location, operator experience, surgical/treatment protocols and most importantly the definition of success and survival criteria used. Many authors who reported success did not provide a reference for their success criteria, and of those that did, some did not adhere to said criteria. Of authors that reported survival, almost none provided a frank criterion for failure. When success and survival rates were calculated, various methods were used, and most authors did not account for subjects lost to recall.

For implant studies, there was wide variance in terms of the types, surface coatings and sizes of implants placed, their time of placement post-extraction and the time allotted for healing prior to loading. Only one-quarter of the studies described the treatment protocols thoroughly, and only one-quarter of those specified that an independent, blinded examiner evaluated the outcomes. The majority (62.5%) of studies were prospective in nature, and of those 40% were interventional. The other 38.5% of the studies were retrospective. In 40.6% of the studies oral surgeons rendered treatment, while general dentists (9.4%), periodontists (6.3%), and specialty residents (3.1%) provided treatment in a minority of the studies. No studies included dental students as operators placing implants, although some studies did permit dental students to restore the implants. Alarming, 43.8% of studies did not specify the experience of the operators. Most studies took place either in private practice (43.8%) or in a dental school (37.5%).

The majority (71.9%) of implant studies looked solely at implant survival as an outcome while 9.4% looked at success and 18.8% looked at both. When a reference was given for outcomes criteria it was usually Albrektsson *et al.*<sup>[37]</sup> (25.0%) or Buser *et al.*<sup>[39]</sup> (12.5%). Other referenced criteria were those of Misch<sup>[41]</sup>, Glauser<sup>[40]</sup>, or Smith & Zarb<sup>[38]</sup> (Table 2 through Table 6). However, these criteria seemed to be applied indiscriminately of whether the authors were reporting success or survival.

Of the seven included RCT studies, there was wide variation in the treatment protocols, and thorough descriptions of such treatment protocols were lacking in 71.4% of them. Forty-three percent of the studies occurred in private practice and 57% in dental schools. Providers encompassed endodontists, general dentists, residents, and dental students. Forty-three percent of the studies were retrospective in nature, 57% prospective. There was one interventional trial.

Only two of the seven studies recorded RCT success as an outcome, and only two of them had a blinded, independent evaluator.

The five FPD studies all took place in a dental school, and were all prospective observational studies. Providers again ranged in level of specialty and experience. While all of the studies reported on both success and survival, only one of them had an independent evaluator, and only three described the treatment protocols completely.

Overall, the available literature lacked many of the desirable traits required of an outcomes study. Out of a possible quality score of 17, the mean score (and standard deviation) was 8.6(2.7). FPD studies appeared to have the highest rigor in study design, averaging  $12.0 \pm 1.7$  on a 17-point scale. RCT and ISC studies were of lower quality, with RCT studies averaging slightly higher than ISC (RCT average score  $8.7 \pm 2.9$ ; ISC average score  $8.0 \pm 2.4$ ; both groups median score of 8.0). Out of all the included studies, eight appeared to have a conflict of interest that was as minor as a vendor supplying the materials being investigated or as critical as the principle investigator(s) receiving compensation from the vendors.

The duration of the studies varied, but most (80.0%) tended to have five years of follow-up or less. Only five studies had a follow-up of ten years or longer (three ISC and two RCT studies). Sample sized also differed considerably, ranging from 27 treatments to 30,843. Patient demographics were poorly described. Studies reported on participant ages and genders, but not a single study provided any further socioeconomic or demographic information.

## Clinical Outcomes

Success and survival rates from the included studies are summarized in Table 12 through Table 17. Corresponding forest plots are provided in Figure 6 through Figure 22. The studies are grouped into short-term (four-year or less), mid-term (six-year or less), and long-term (more than six-years) stratifications with pooled results and confidence intervals for each. Two studies by the same author (Turkyilmaz 2006<sup>[61]</sup> and Turkyilmaz 2007<sup>[62]</sup>) were combined as these studies reported the three- and four-year outcomes of the same sample. Four studies reported outcomes in terms of a range of follow-up as opposed to having specific recall intervals (Kan *et al.* 2011<sup>[63]</sup>, Canullo 2007<sup>[64]</sup>, de Chevigny *et al.* 2008<sup>[65]</sup>, and Avvanzo *et al.* 2009<sup>[66]</sup>). Because details were not provided for dropouts or yearly outcomes, these four studies were not included in any further analysis. For the remaining studies, the outcomes were combined by yearly intervals and are summarized in Table 18. Corresponding graphs are provided in Figure 23 through Figure 27. Paradoxically, long-term (three-years and later) success rates for implants were higher than that for survival rates. This reflects the limitations of systematic reviews of heterogeneous literature.

It has been pointed out that many of the included studies—some of which contain important data—are of poor quality simply because the authors have failed to include pertinent observations and adhere to clinical reporting criteria. When strict reporting criteria<sup>[58]</sup> were applied to the studies, more than three-quarters of the studies dropped out. Only two success studies met the strict criteria: the RCT study by Özer<sup>[67]</sup> and the FPD study by Schmitt *et al.*<sup>[68]</sup>. Nine other survival studies met the criteria: seven ISC (Canizzaro *et al.* 2008<sup>[69]</sup>, Mangano *et al.* 2010<sup>[70]</sup>, Bilhan *et al.* 2011<sup>[71]</sup>, Lee *et al.* 2011<sup>[72]</sup>, Bischof *et al.* 2006<sup>[73]</sup>, Vigolo & Givani 2009<sup>[74]</sup>, Koo *et al.* 2010<sup>[75]</sup>), and two RCT (Özer 2009<sup>[67]</sup>, Lumley *et al.* 2008<sup>[76]</sup>). In most cases, recalculating the weighted success and survival rates resulted in a slightly lower rate. As the Özer study was the only RCT success



study in the 2-4 year bracket, it was not included in the recalculation. The results are summarized in Table 19.

**Table 12. Evidence table summary for single tooth implant success rates. Pooled and weighted success rates were calculated using simple inverse-proportions.**

<b>ISC Success</b>								
Authors	Year Published	Study Duration	Sample Size	Failures	Success Rate	Standard Error	95% CI	Quality Score
Turkyilmaz* <sup>[61, 62]</sup>	2007	2-4	59	6	89.8%	4.4%	81.2-98.4%	6
Degidi, Nardi & Piattelli <sup>[77]</sup>	2009	2-4	60	1	98.3%	1.7%	95.0-100%	13
Bornstein <i>et al.</i> <sup>[78]</sup>	2010	2-4	41	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	10
Mangano <i>et al.</i> <sup>[70]</sup>	2010	2-4	307	9	97.1%	1.0%	95.1-99.1%	12
Kan** <sup>[63]</sup>	2011	2-4	35	4	88.6%	5.4%	78.1-99.1%	7
<b>Weighted Success Rate:</b>					<b>96.0%</b>	<b>0.9%</b>	<b>94.3-97.7%</b>	
Degidi, Piattelli, <i>et al.</i> <sup>[79]</sup>	2006	4-6	110	8	92.7%	2.7%	87.4-98.0%	8
Schropp & Isidor <sup>[80]</sup>	2008	4-6	47	8	81.1%	7.5%	66.4-95.8%	10
Vigolo & Givani <sup>[74]</sup>	2009	4-6	182	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	8
<b>Weighted Success Rate:</b>					<b>95.0%</b>	<b>1.2%</b>	<b>92.7-97.3%</b>	
Fugazzotto <sup>[81]</sup>	2008	6+	1864	15	99.0%	0.3%	98.4-99.6%	5

\*Combines data from two published studies; 2006 & 2007

\*\*Specific recall intervals not provided; data is reported in a range of follow-ups.

§For studies reporting zero failures, the standard error and 95% confidence intervals are taken as an average of all included studies.

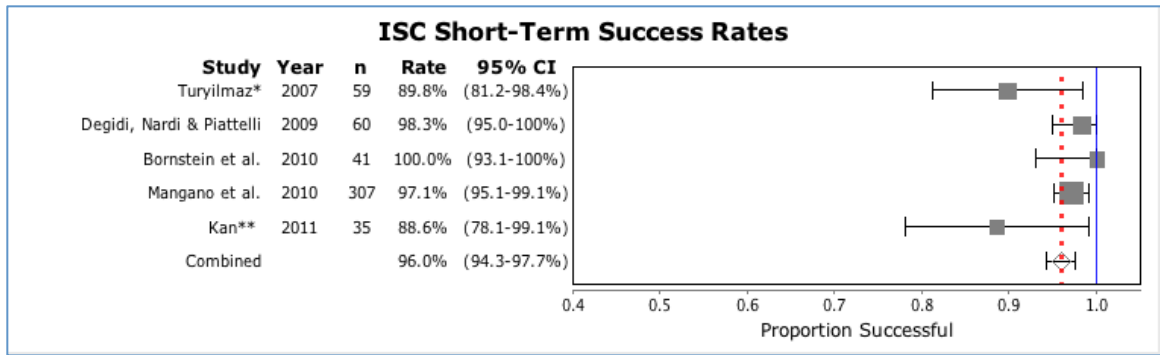


Figure 6. Forest plot of implant success at 2-4 year follow-up with inverse-proportion pooled rate and 95% confidence intervals.

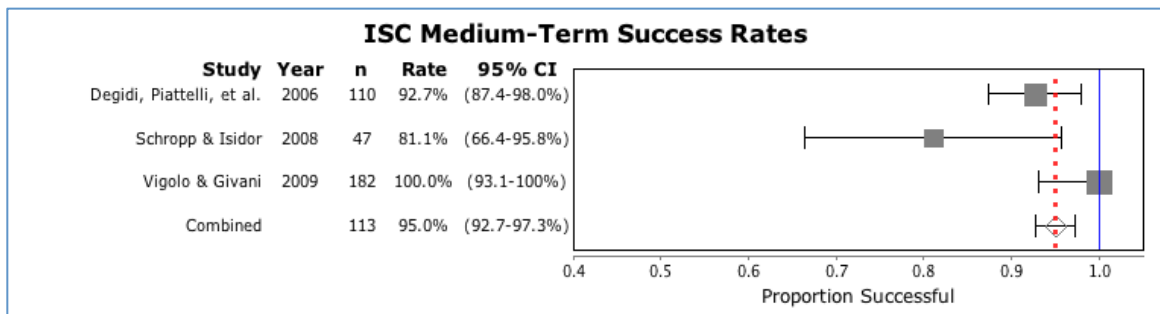


Figure 7. Forest plot of implant success at 4-6 year follow-up with inverse-proportion pooled rate and 95% confidence intervals.

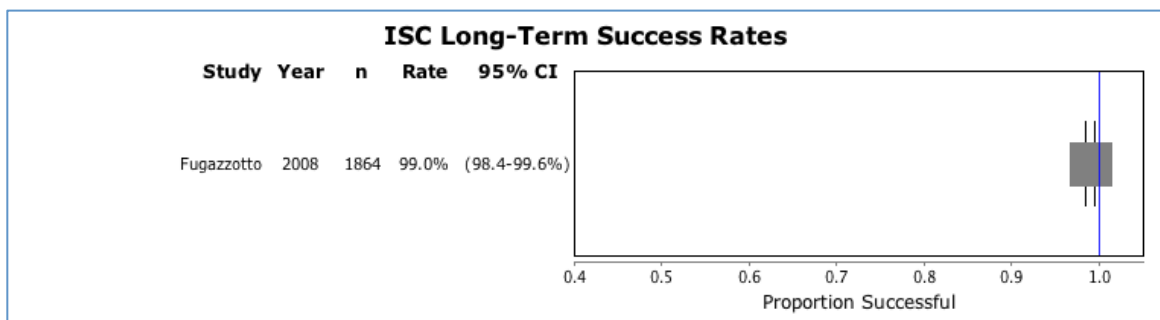


Figure 8. Forest plot of implant success at 6+ years of follow up with 95% confidence interval. Pooled rate not provided as only one study met inclusion criteria for this stratification.

**Table 13. Evidence table summary for single tooth implant survival rates. Pooled and weighted success rates were calculated using simple inverse-proportions.**

<b>ISC Survival</b>								
Authors	Year Published	Study Duration	Sample Size	Failures	Survival Rate	Standard Error	95% CI	Quality Score
Canullo** <sup>[64]</sup>	2007	2-4	30	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	7
Cooper <i>et al.</i> <sup>[82]</sup>	2007	2-4	54	3	94.3%	3.4%	87.6-100%	9
Turkyilmaz* <sup>[61, 62]</sup>	2007	2-4	59	3	94.9%	3.0%	89.0-100%	6
Cannizzaro <i>et al.</i> <sup>[69]</sup>	2008	2-4	108	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	9
Avvanzo** <sup>[66]</sup>	2009	2-4	282	18	93.6%	1.5%	90.7-96.5%	3
Degidi, Nardi & Piattelli <sup>[77]</sup>	2009	2-4	60	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	13
Acocella <i>et al.</i> <sup>[83]</sup>	2010	2-4	68	3	95.6%	2.6%	90.5-100%	6
Crespi <i>et al.</i> <sup>[84]</sup>	2010	2-4	30	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	10
Mangano <i>et al.</i> <sup>[70]</sup>	2010	2-4	307	5	98.4%	0.7%	97.0-99.8%	12
Rossi <i>et al.</i> <sup>[85]</sup>	2010	2-4	40	2	95.0%	3.6%	87.9-100%	6
Bilhan <i>et al.</i> <sup>[71]</sup>	2011	2-4	165	10	93.9%	2.0%	90.0-97.8%	8
Enkling <i>et al.</i> <sup>[86]</sup>	2011	2-4	42	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	13
Kan** <sup>[63]</sup>	2011	2-4	35	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	7
Lee <i>et al.</i> <sup>[72]</sup>	2011	2-4	207	2	98.4%	1.1%	96.2-100%	9
<b>Weighted Success Rate:</b>					<b>96.8%</b>	<b>0.5%</b>	<b>95.9-97.7%</b>	
Bischof <i>et al.</i> <sup>[73]</sup>	2006	4-6	157	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	7
Degidi, Piattelli, <i>et al.</i> <sup>[79]</sup>	2006	4-6	110	5	95.5%	2.1%	91.4-99.6%	8
Malo <i>et al.</i> <sup>[87]</sup>	2007	4-6	58	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	5
Fugazzotto <sup>[81]</sup>	2008	4-6	341	2	98.9%	0.9%	97.1-100%	5
Jung <i>et al.</i> <sup>[88]</sup>	2008	4-6	305	6	98.0%	0.8%	96.4-99.6%	8
Schropp & Isidor <sup>[80]</sup>	2008	4-6	47	4	90.9%	4.8%	81.5-100%	10
Degidi, Iezzi, <i>et al.</i> <sup>[89]</sup>	2009	4-6	45	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	11
Vigolo & Givani <sup>[74]</sup>	2009	4-6	182	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	8
Koo <i>et al.</i> <sup>[75]</sup>	2010	4-6	521	15	95.6%	1.2%	93.2-98.0%	5
Zafiroopoulos <i>et al.</i> <sup>[90]</sup>	2010	4-6	252	11	95.6%	1.3%	93.1-98.1%	9
Özkan <i>et al.</i> <sup>[91]</sup>	2011	4-6	93	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	9
Prosper <i>et al.</i> <sup>[92]</sup>	2010	4-6	120	4	96.7%	1.7%	93.4-100%	9
Visser <i>et al.</i> <sup>[93]</sup>	2011	4-6	93	3	96.8%	1.9%	93.1-100%	10
<b>Weighted Success Rate:</b>					<b>97.4%</b>	<b>0.3%</b>	<b>96.8-98.1%</b>	
Levin <i>et al.</i> <sup>[94]</sup>	2008	6+	64	4	65.5%	30.4%	5.9-100%	7
Jemt <sup>[95]</sup>	2009	6+	41	4	86.7%	7.2%	72.6-100%	4
Matarasso <i>et al.</i> <sup>[96]</sup>	2010	6+	40	2	95.0%	3.6%	87.9-100%	6
<b>Weighted Success Rate:</b>					<b>79.6%</b>	<b>3.3%</b>	<b>73.1-86.2%</b>	

\*Combines data from two published studies; 2006 & 2007

\*\*Specific recall intervals not provided; data is reported in a range of follow-ups.

§For studies reporting zero failures, the standard error and 95% confidence intervals are taken as an average of all included studies.

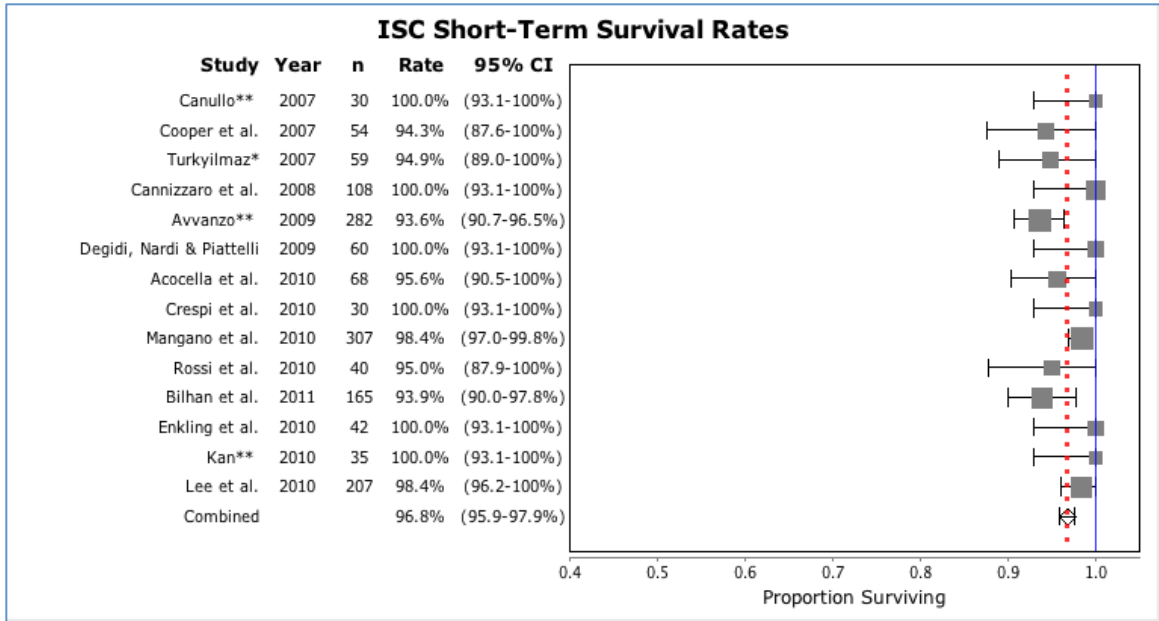


Figure 9. Forest plot of implant survival at 2-4 year follow-up with inverse-proportion pooled rate and 95% confidence intervals.

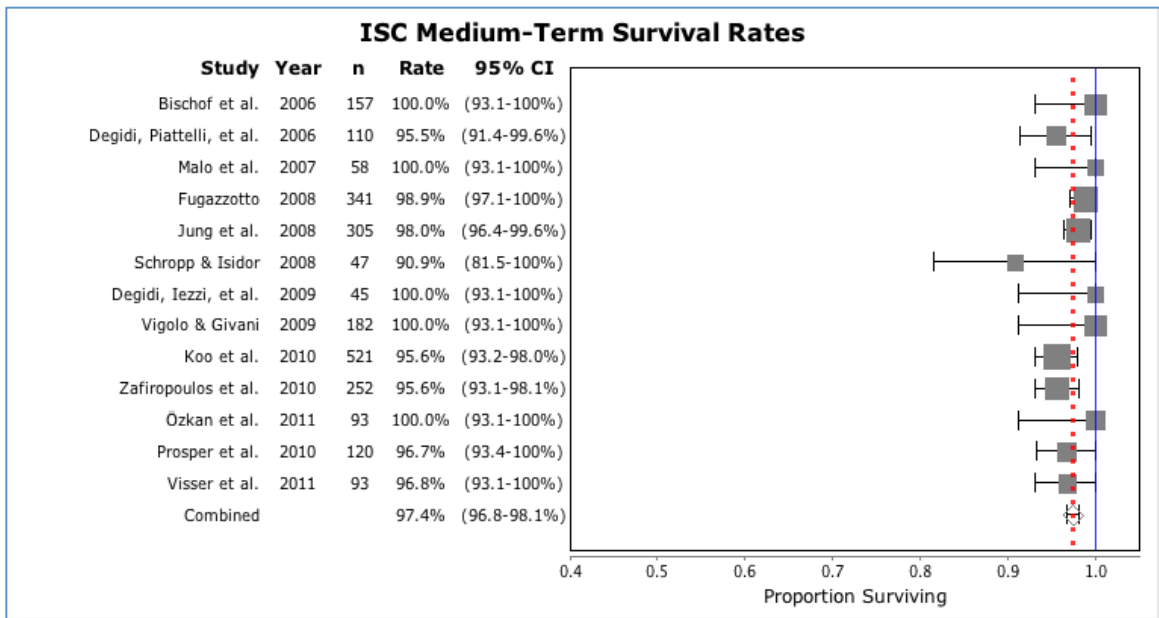


Figure 10. Forest plot of implant survival at 4-6 year follow-up with inverse-proportion pooled rate and 95% confidence intervals.

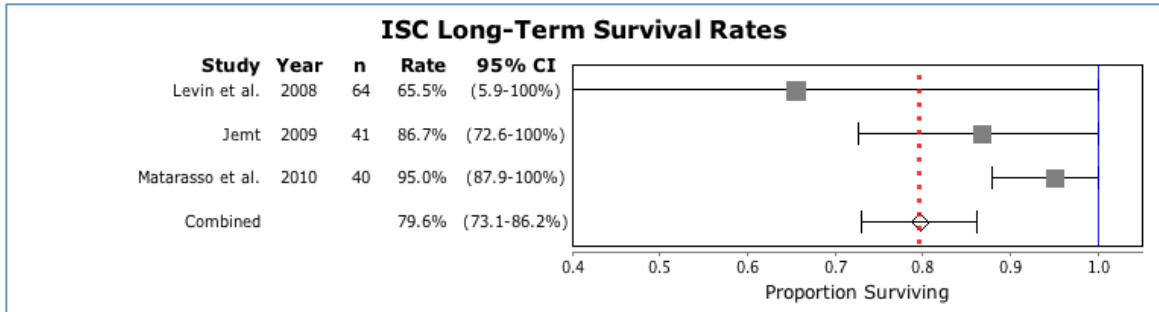


Figure 11. Forest plot of implant survival at 6+ year follow-up with inverse-proportion pooled rate and 95% confidence intervals.

**Table 14. Evidence table summary for endodontic success rates.**

<b>RCT Success</b>								
Authors	Year Published	Study Duration	Sample Size	Failures	Success Rate	Standard Error	95% CI	Quality Score
Özer <sup>[67]</sup>	2009	2-4	98	14	82.5%	5.1%	72.5-92.5%	8
de Chevigny <sup>**[65]</sup>	2008	4-6	1952	166	71.7%	1.0%	69.7-73.7%	14

*\*\*Specific recall intervals not provided; data is reported in a range of follow-ups.*

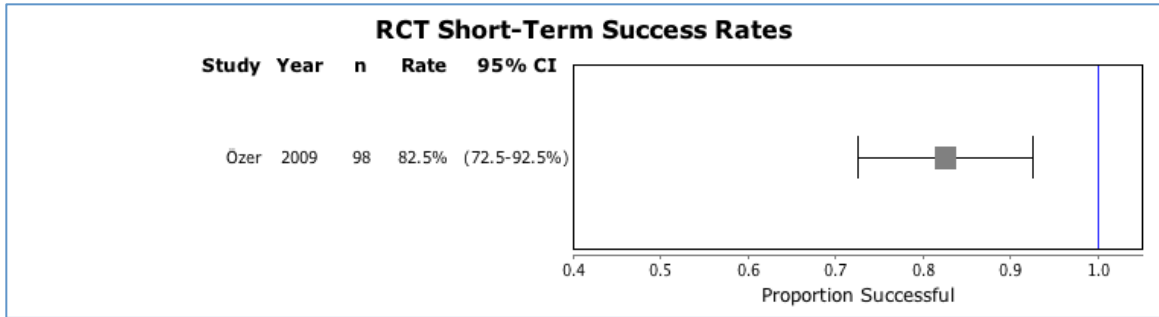


Figure 12. Plot of endodontic success at 2-4 year follow-up with 95% confidence interval.

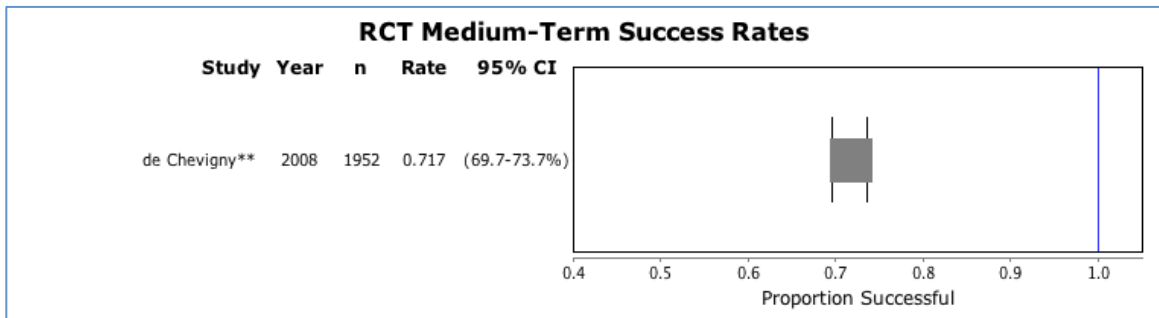


Figure 13. Plot of endodontic success at 4-6 year follow-up with 95% confidence interval.



**Table 15. Evidence table summary for endodontic survival rates. Pooled and weighted success rates were calculated using simple inverse-proportions.**

<b>RCT Survival</b>								
Authors	Year Published	Study Duration	Sample Size	Failures	Survival Rate	Standard Error	95% CI	Quality Score
Ferrari <i>et al.</i> <sup>[97]</sup>	2007	2-4	240	17	92.9%	1.8%	89.4-96.4%	12
Alley <i>et al.</i> <sup>[98]</sup>	2008	2-4	100	11	89.0%	3.5%	82.1-95.9%	6
Özer <sup>[67]</sup>	2009	2-4	98	7	91.0%	3.5%	84.1-97.9%	8
Shafiei <i>et al.</i> <sup>[99]</sup>	2010	2-4	33	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	7
<b>Weighted Success Rate:</b>					<b>92.2%</b>	<b>1.2%</b>	<b>89.7-94.6%</b>	
de Chevigny** <sup>[65]</sup>	2008	4-6	1952	76	87.0%	0.8%	85.5-88.5%	14
Lumley <i>et al.</i> <sup>[76]</sup>	2008	6+	30843	-	73.7%	0.3%	73.2-74.2%	6
Fokkinga <i>et al.</i> <sup>[100]</sup>	2008	6+	98	14	79.4%	6.5%	66.7-92.1%	8
<b>Weighted Success Rate:</b>					<b>73.7%</b>	<b>0.3%</b>	<b>73.2-74.2%</b>	

\*\*Specific recall intervals not provided; data is reported in a range of follow-ups.

<sup>§</sup>For studies reporting zero failures, the standard error and 95% confidence intervals are taken as an average of all included studies.

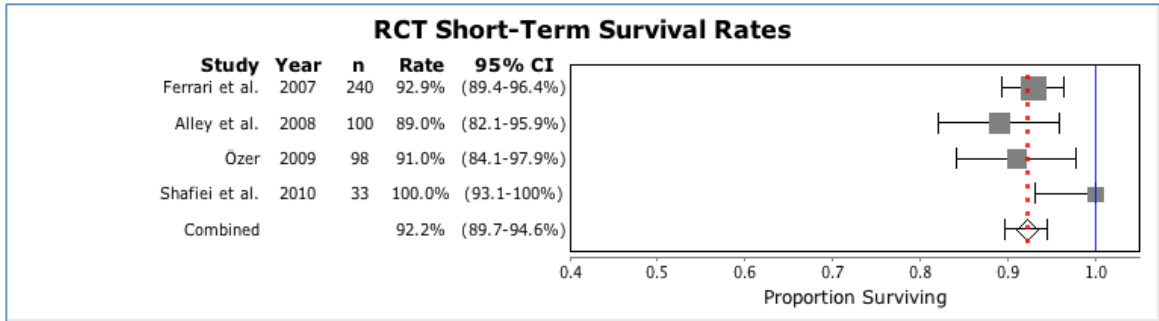


Figure 14. Forest plot of endodontic survival at 2-4 year follow-up with inverse-proportion pooled rate and 95% confidence intervals.

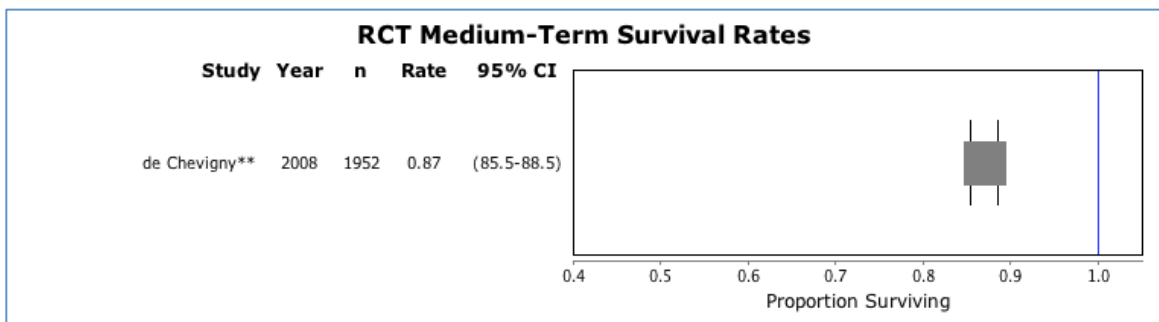


Figure 15. Plot of endodontic survival at 4-6 year follow-up with 95% confidence interval.

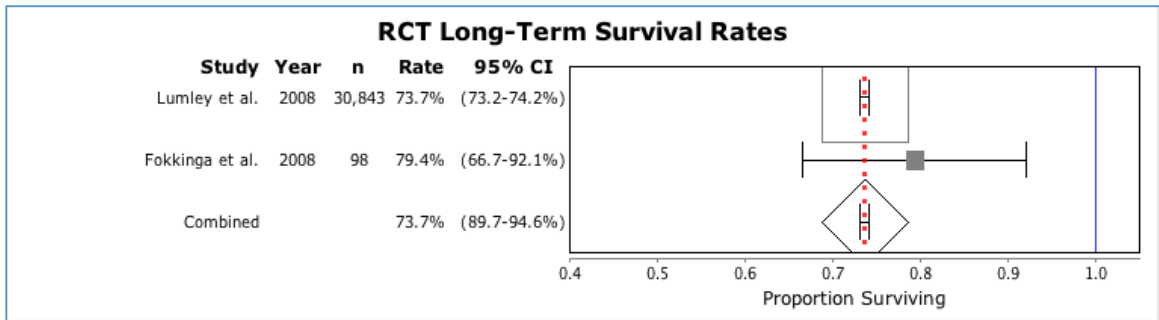


Figure 16. Forest plot of endodontic survival at 6+ year follow-up with inverse-proportion pooled rate and 95% confidence intervals.

Table 16. Evidence table summary for fixed partial denture success rates. Pooled and weighted success rates were calculated using simple inverse-proportions.

FPD Success								
Authors	Year Published	Study Duration	Sample Size	Failures	Success Rate	Standard Error	95% CI	Quality Score
Schmitt <i>et al.</i> <sup>[68]</sup>	2009	2-4	27	1	96.3%	3.8%	88.9-100%	14
Roediger <i>et al.</i> <sup>[101]</sup>	2010	2-4	99	38	62.0%	4.9%	52.4-71.6%	13
<b>Weighted Success Rate:</b>					<b>69.4%</b>	<b>4.1%</b>	<b>61.3-77.4%</b>	
Sailer <i>et al.</i> <sup>[102]</sup>	2007	4-6	54	9	77.3%	8.7%	60.2-94.4%	10
Eschbach <i>et al.</i> <sup>[103]</sup>	2009	4-6	65	12	61.9%	19.3%	24.1-99.7%	10
<b>Weighted Success Rate:</b>					<b>68.9%</b>	<b>4.2%</b>	<b>24.1-99.7%</b>	
Wolfart <i>et al.</i> <sup>[104]</sup>	2009	6+	36	8	69.7%	13.5%	43.2-96.2	13

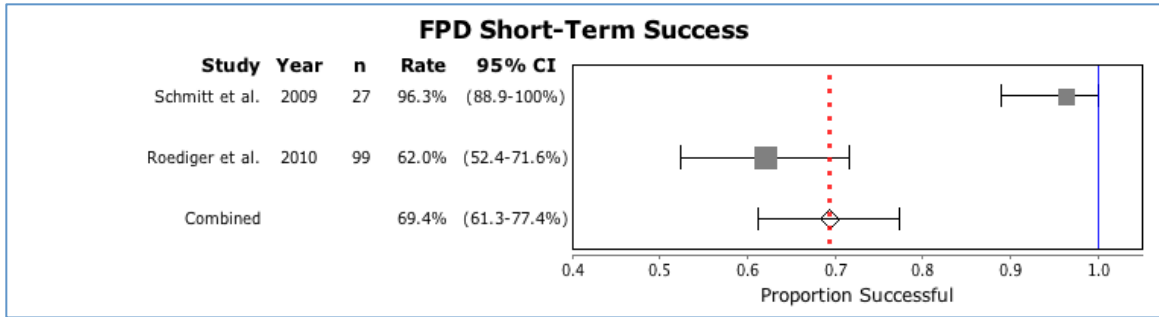


Figure 17. Forest plot of FPD success at 2-4 year follow-up with inverse-proportion pooled rate and 95% confidence intervals.

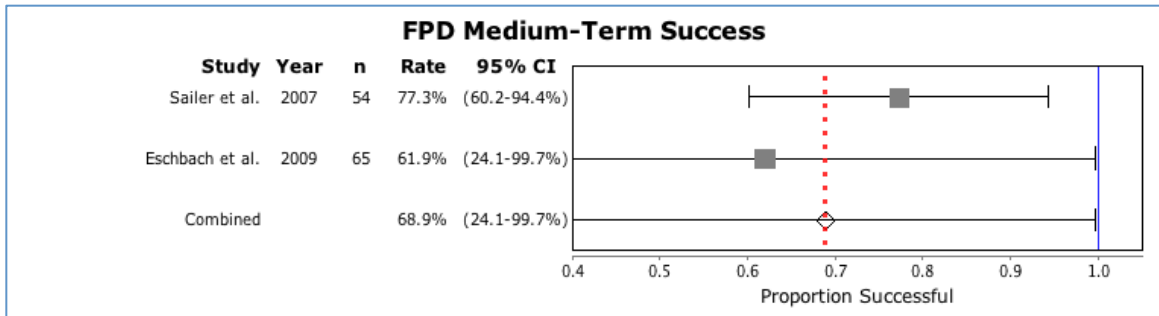


Figure 18. Forest plot of FPD success at 4-6 year follow-up with inverse-proportion pooled rate and 95% confidence intervals.

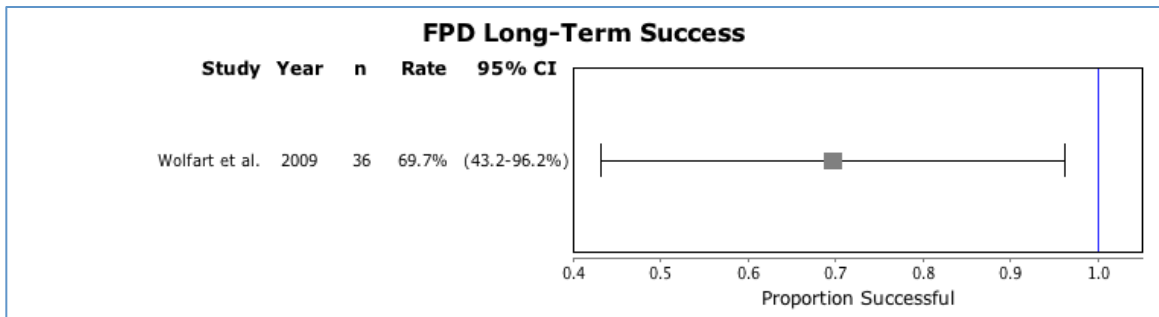


Figure 19. Plot of FPD success at 6+ year follow-up with 95% confidence interval.

Table 17. Evidence table summary for fixed partial denture survival rates. Pooled and weighted success rates were calculated using simple inverse-proportions.

FPD Survival								
Authors	Year Published	Study Duration	Sample Size	Failures	Survival Rate	Standard Error	95% CI	Quality Score
Schmitt <i>et al.</i> <sup>[68]</sup>	2009	2-4	27	0	100.0%	3.5% <sup>§</sup>	93.1-100% <sup>§</sup>	14
Roediger <i>et al.</i> <sup>[101]</sup>	2010	2-4	99	7	94.0%	2.4%	89.3-98.7%	13
<b>Weighted Success Rate:</b>					<b>95.3%</b>	<b>1.9%</b>	<b>91.6-99.0%</b>	
Eschback <i>et al.</i> <sup>[103]</sup>	2009	4-6	65	2	96.8%	2.3%	92.3-100%	10
Wolfart <i>et al.</i> <sup>[104]</sup>	2009	6+	36	2	90.9%	6.7%	77.8-100%	13

<sup>§</sup>For studies reporting zero failures, the standard error and 95% confidence intervals are taken as an average of all included studies.

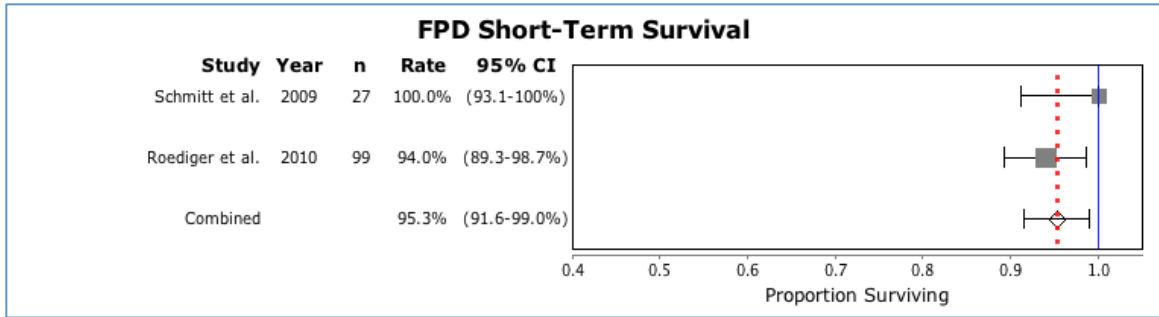


Figure 20. Forest plot of FPD survival at 2-4 year follow-up with inverse-proportion pooled rate and 95% confidence intervals.

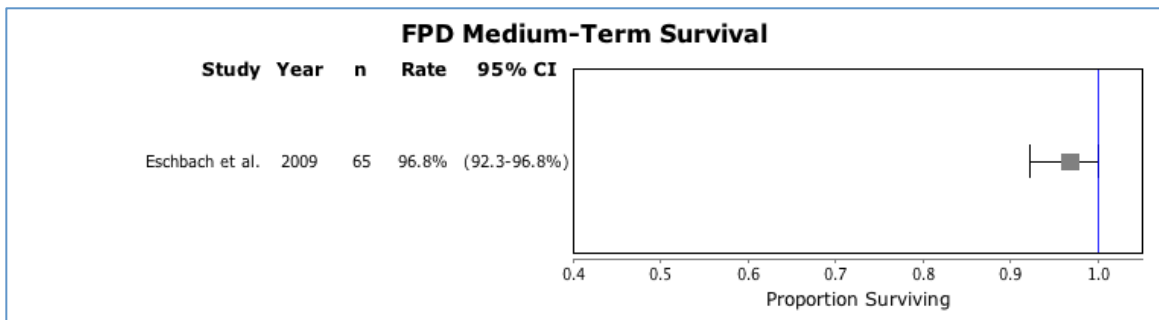


Figure 21. Plot of FPD survival at 4-6 year follow-up with 95% confidence interval.

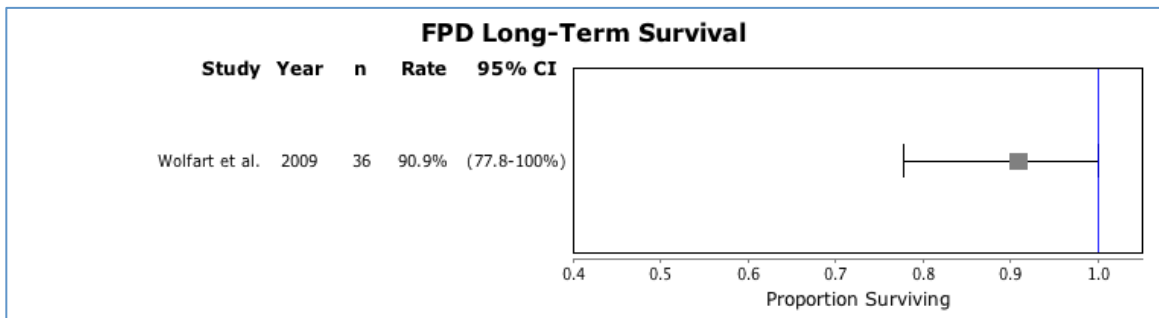


Figure 22. Plot of FPD survival at 6+ year follow up with 95% confidence interval.

**Table 18. Pooled yearly success and survival rates (and standard errors) broken down by treatment disciplines.**

<b>Pooled Success and Survival Rates</b>					
		Success (SE)		Survival (SE)	
<b>12mo</b>					
	ISC	99.6%	(0.1%)	99.6%	(0.2%)
	RCT	§		§	
	FPD	98.5%	(1.6%)	§	
<b>24mo</b>					
	ISC	99.5%	(0.2%)	99.5%	(0.2%)
	RCT	§		96.5%	(1.3%)
	FPD	93.8%	(3.2%)	98.4%	(1.6%)
<b>36mo</b>					
	ISC	99.5%	(0.2%)	98.9%	(0.3%)
	RCT	82.5%	(5.1%)	93.4%	(2.0%)
	FPD	87.8%	(3.6%)	96.8%	(2.3%)
<b>48mo</b>					
	ISC	99.3%	(0.2%)	98.7%	(0.3%)
	RCT	§		§	
	FPD	85.1%	(5.5%)	96.8%	(2.3%)
<b>60mo</b>					
	ISC	99.4%	(0.2%)	98.6%	(0.3%)
	RCT	93.9%	(2.6%)	97.7%	(1.6%)
	FPD	85.5%	(4.4%)	98.4%	(1.6%)
<b>72mo</b>					
	ISC	99.0%	(0.3%)	98.3%	(0.6%)
	RCT	§		§	
	FPD	84.6%	(7.5%)	§	
<b>84mo</b>					
	ISC	§		§	
	RCT	§		§	
	FPD	§		§	
<b>96mo</b>					
	ISC	§		§	
	RCT	§		§	
	FPD	§		§	

<sup>§</sup>Pooled rates were not calculated, as no studies for this interval met inclusion criteria. Data was insufficient for pooling for the entire range of studies with follow up longer than 84 months.

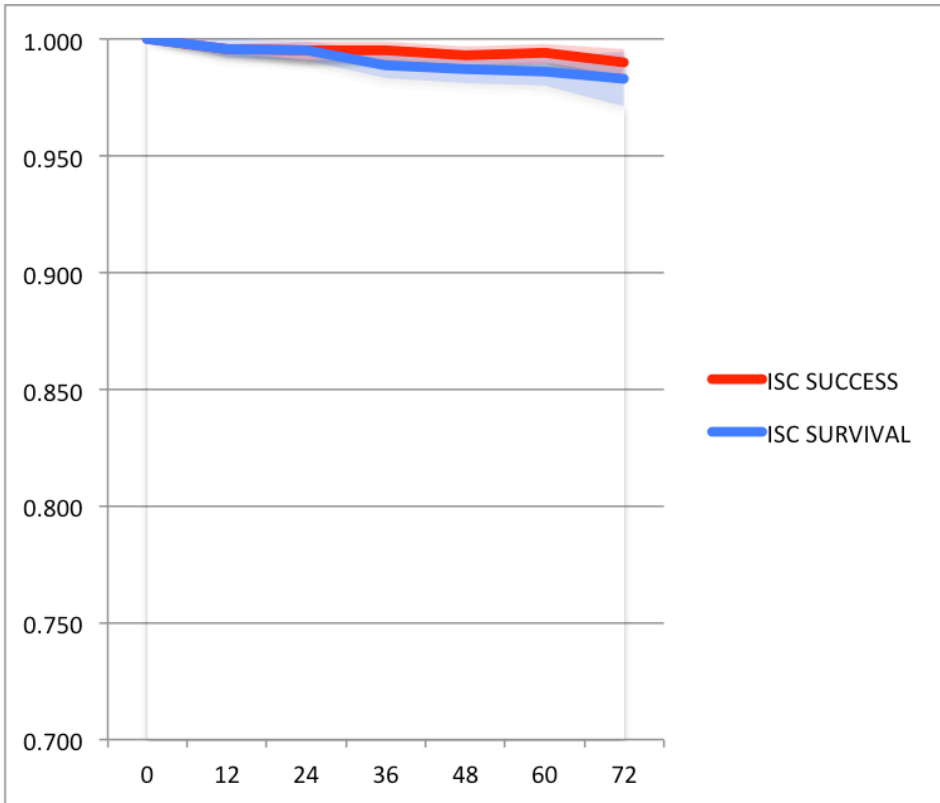


Figure 23. Pooled yearly ISC success and survival rates with 95% confidence intervals.

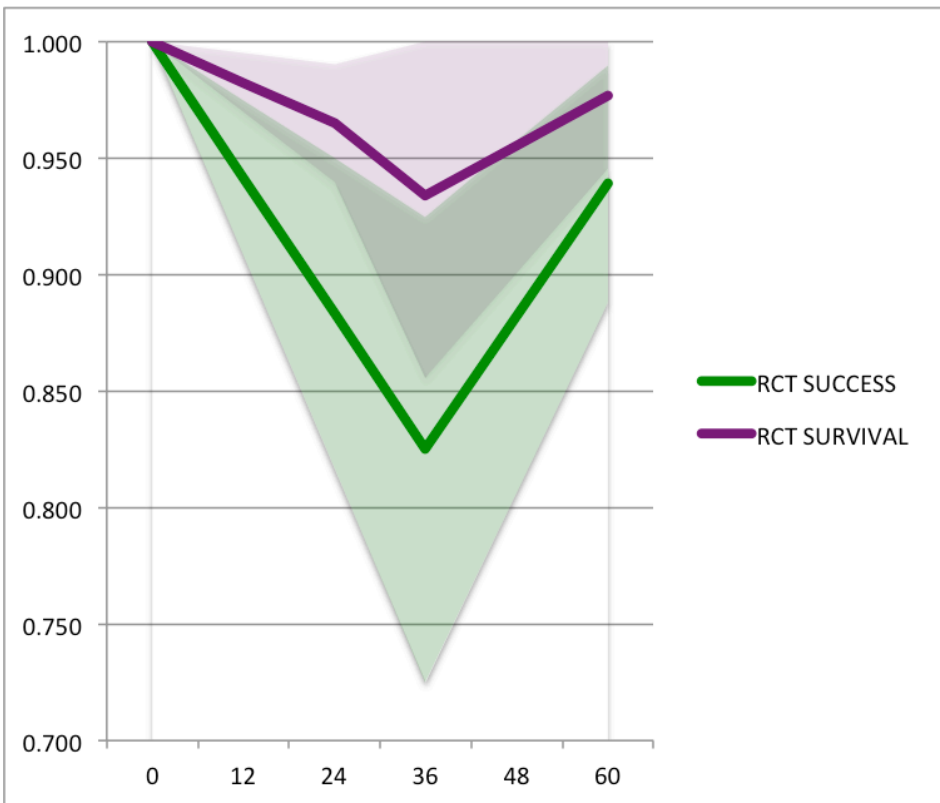


Figure 24. Pooled yearly RCT success and survival rates with 95% confidence intervals.



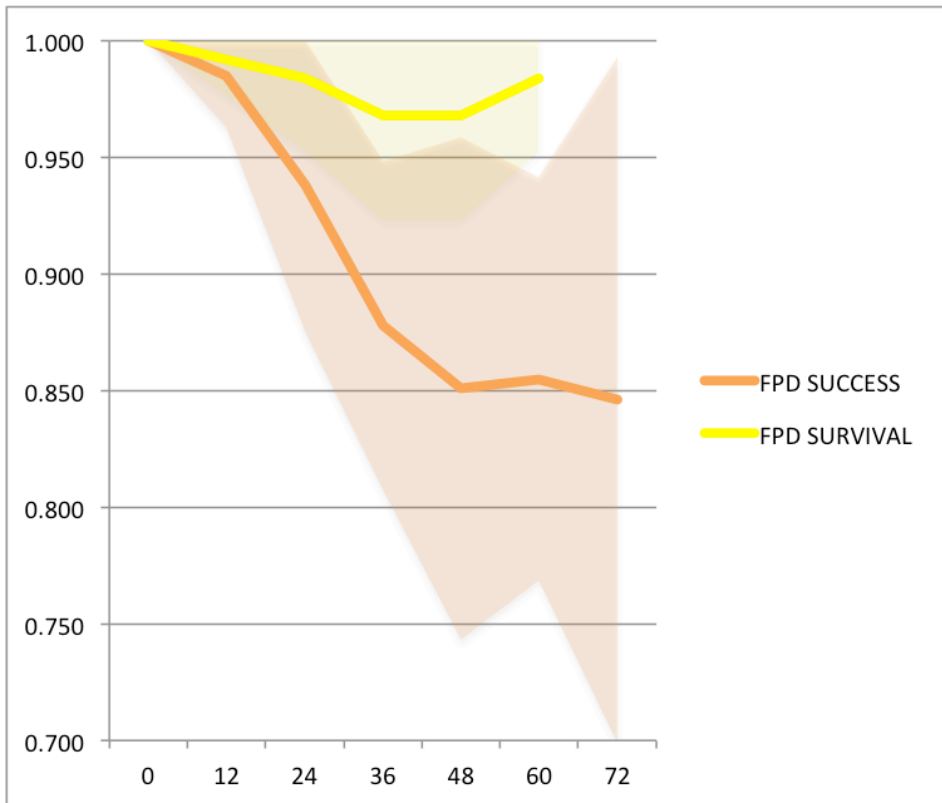


Figure 25. Pooled yearly FPD success and survival rates with 95% confidence intervals.

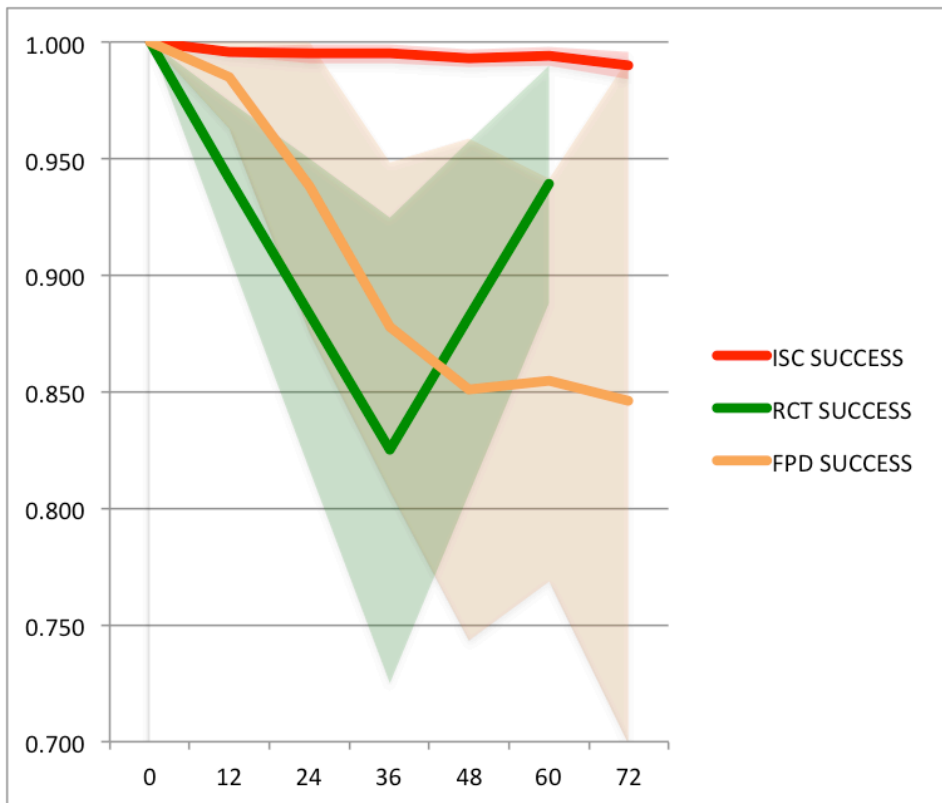


Figure 26. Pooled yearly success rates for ISC, RCT, and FPDs with 95% confidence intervals.

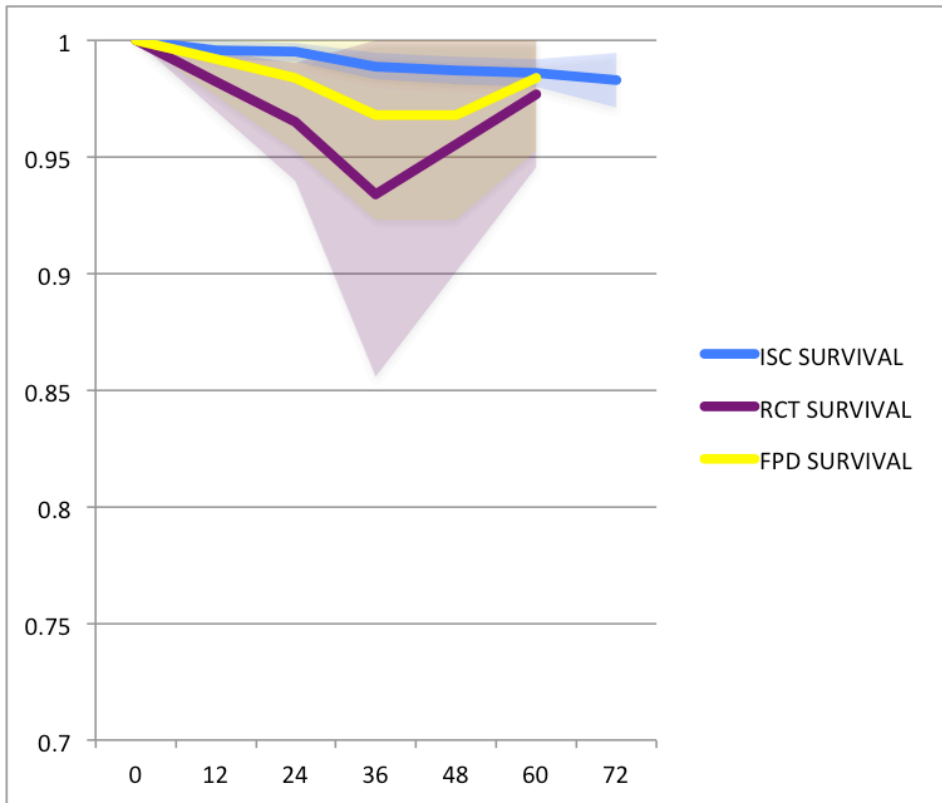


Figure 27. Pooled yearly survival rates for ISC, RCT, and FPDs with 95% confidence intervals.

**Table 19. Weighted success and survival rates with standard errors and 95% confidence intervals for all included studies compared to only those with strict outcomes criteria applied.**

<b>Strict Success Criteria</b>						
Stratification	All included articles			Strict Criteria Applied		
	Success Rate	SE	95% CI	Success Rate	SE	95% CI
FPD Success 2-4yr	69.4	4.1	61.3-77.4	96.3%	2.8%	88.9-100%
ISC Survival 2-4yr	96.8	0.5	95.9-97.7	97.7%	0.5%	96.6-98.7%
ISC Survival 4-6yr	97.4	0.3	96.8-98.1	97.3%	0.5%	96.2-98.4%
RCT Survival 2-4yr	92.2	1.2	89.7-94.6	91.0%	3.5%	84.1-97.9%
RCT Survival >6yr	73.7	0.3	73.2-74.2	73.7%	0.3%	73.2-74.2%

## Psychosocial Outcomes

Seventeen studies were included that examined the psychosocial effects of treatment; they are summarized in Table 20. Almost all of them are short-term in duration, less than two years. As with the clinical outcomes studies, the majority (68.4%) focused on ISCs. There were two RCT studies and one FPD study. Two further studies made direct comparisons among treatment modalities (Gatten *et al.* 2011<sup>[105]</sup> and Al-Quran *et al.* 2011<sup>[106]</sup>). The majority of the implant studies examined patients' satisfaction with their treatment received and esthetics; overall patients were highly satisfied. The remaining implant studies analyzed anxiety and post-operative pain, which typically was only mild to moderate. The two RCT studies examined anxiety and post-operative pain, which was minimal. The FPD study covered the motivating factors that drove patients to accept or decline fixed bridge treatment.

Of the two direct comparison studies, one compared ISCs to RCTs, and the other ISCs to FPDs or EXTs. Patients were generally satisfied with whatever treatment

they had received; yet they also generally felt that their respective treatments were expensive. One study found that regardless of whether patients had received ISC or RCT, they had a strong desire to preserve their natural dentition when possible. The other study found that overall patients with ISCs were happier with their treatment than patients with FPDs, who were in turn happier than patients who had extractions without replacement.

**Table 20. Evidence table for psychosocial effects of implant-supported single crowns, fixed partial denture, and root canal therapies.**

<b>Psychosocial Outcomes</b>				
Study	Field of Study	Study Type	Sample	Relevant Findings
Hashem <i>et al.</i> 2006 <sup>[107]</sup>	ISC Anxiety Post-op Pain	Prospective 1-week	30 implants 18 patients	Most patients reported pain and/or anxiety that only mildly to moderately interfered with their daily activities post-operatively. No patients reported high levels of any symptoms.
Urban & Wenzel 2010 <sup>[108]</sup>	ISC Post-op Pain	Prospective 3-days	92 implants 92 patients	After placement of immediate molar implants in concert with local site augmentation, patients experienced little to moderate pain, which peaked 5-6 hours post-operatively.
Hsieh <i>et al.</i> 2010 <sup>[109]</sup>	ISC Function	Cross-sectional	10 implants 10 patients	Patients have some proprioceptive awareness of implant loading, but it is less intense than for natural teeth.
Palmer <i>et al.</i> 2007 <sup>[110]</sup>	ISC Outcomes	Retrospective 1-year	66 implants 66 patients	Patients were highly satisfied with the esthetics and function of single tooth implants, including the appearance of soft tissues. Clinicians were more critical of the restorations than were the patients.
Schropp & Isidor 2008 <sup>[80]</sup>	ISC Outcomes	Prospective 5-year	45 implants 45 patients	Patients were highly satisfied with their implants and course of treatment. At 2-year follow-up, patients who had implants placed 10 days after extractions were more satisfied than patients who had implants placed 3 months after extractions. At 5-year follow-up, there was no significant difference. Older patients were more satisfied with esthetics, function and ease of care than younger patients.
Thierer <i>et al.</i> 2008 <sup>[111]</sup>	ISC Outcomes	Prospective 5-year	245 implants 120 patients	Overwhelming majority of patients rated implant therapy as good to excellent with regards to implant function, implant esthetics, and ease of cleaning the prosthesis. They did not significantly change these assessments between year 1 and year 5. The small number of patients who rated implant treatment as fair to poor also did not significantly change their minds, nor differ between years 1 and 5.
Gallucci <i>et al.</i> 2011 <sup>[112]</sup>	ISC Outcomes	RCCT 2-year	20 implants 20 patients	Patients had high satisfaction with the esthetics of anterior PFM or all-ceramic implant supported crowns with no significant difference between the 2 restorations.
Luo <i>et al.</i> 2011 <sup>[113]</sup>	ISC Outcomes	Prospective 3-months	33 implants 31 patients	Median satisfaction of implants per a visual analog scale (VAS) was 88.5%. Pink Esthetic Scores significantly correlated to VAS scores.
Özkan <i>et al.</i> 2011 <sup>[91]</sup>	ISC Outcomes	Retrospective 5-year	93 implants 83 patients	All patients rated esthetics, masticatory ability, phonetics, and cleansability as either good or excellent. Mean OHIP-14* severity scores decreased significantly, from 10.4 prior to uncovering the implants to 3.1 after restoration.
Ponsi <i>et al.</i> 2011 <sup>[114]</sup>	ISC Outcomes	Prospective 3-month	131 implants 80 patients	Replacement of missing teeth with single dental implants in the anterior and premolar (but not molar) areas may significantly improve patients' subjective oral health.

Psychosocial Outcomes				
Study	Field of Study	Study Type	Sample	Relevant Findings
van Lierde <i>et al.</i> 2011 <sup>[115]</sup>	ISC Outcomes	Retrospective 1.5-year	14 implants 25 patients	Mean satisfaction of implants per VAS was 95%. 43% of patients perceived problems with function or physical or psychological comfort. All patients were capable of producing Dutch vowels and consonants; however 57% had phonetic disorders with the consonant [s]. Blowing, sucking, and swallowing patterns were all normal.
Vilhjálmsson <i>et al.</i> 2011 <sup>[116]</sup>	ISC Outcomes	Retrospective 1-year	56 implants 50 patients	88% of patients were satisfied with the form of the crown, 84% were satisfied with the shade, and 72% were satisfied with the adjacent mucosa.
Lai <i>et al.</i> 2008 <sup>[117]</sup>	RCT Anxiety	RCCT Non-Longitudinal	44 RCTs 44 patients	Patients who listened to soothing music during RCT had significantly less anxiety during treatment vs. patients who did not.
Wang <i>et al.</i> 2010 <sup>[118]</sup>	RCT Post-op Pain	RCCT 1-week	89 RCTs 89 patients	The vast majority of patients reported no pain or slight pain after RCT. There was no significant difference in post-obturation pain between one-visit and two-visit RCT on teeth with vital pulps. The main motivating factor for patients electing FPDs was the desire for a fixed prosthesis.
Leles <i>et al.</i> 2009 <sup>[119]</sup>	FPD Motivation	Cross-sectional	63 FPDs 87 Exts 150 patients	Main motivating factors for refusal of FPDs were cost, fear of the need for removal of remaining tooth structure, fear of the negative effect on remaining teeth, and difficulties with oral hygiene.
Gatten <i>et al.</i> 2011 <sup>[105]</sup>	ISC & RCT Outcomes	Questionnaire 1-year	20 implants 17 RCTs 37 patients	Both RCT & ISC patients were satisfied with their respective treatments, however both groups expressed a desire to preserve their natural dentition whenever possible. Both RCT & ISC patients felt that their respective treatment was expensive. RCT patients complained about how long they had to keep their mouth open; ISC patients complained about how long total treatments took from extraction to crown delivery.
Al-Quran <i>et al.</i> 2011 <sup>[106]</sup>	ISC, FPD, Ext Patient Factors	Questionnaire 1-year	50 ISCs 100 FPDs 50 Exts 150 patients	Monthly income was significantly higher in Patients who had ISCs vs. Exts. Patients with ISCs and FPDs felt they had more favorable relations with other people vs. patients who had extractions. Patients with ISCs were more satisfied with esthetics, function, and speech efficiency compared to patients with FPDs, who were more satisfied compared to patients with extractions without replacement.

\*Oral Health Impact Profile; 14-item questionnaire that attempts to measure subjective oral health including comfort, function, speech, esthetics, self-image, physical pain, psychological discomfort, social disability, and handicap.

## 7 DISCUSSION

### **Key Findings and Their Limitations**

The original Torabinejad review set out to answer the clinical question: Is initial root canal therapy superior to extraction and replacement with an implant, replacement with an FPD, or no replacement at all? The results of that review revealed that both root canal therapy and implant therapy were superior to extraction without replacement or extraction with FPD treatment. However the literature base from which those conclusions were drawn was found to be extremely problematic. The individual studies comprising the review varied considerably in every aspect from study design to operator experience to follow-up duration and even to the very definitions of success and survival.

The goal of this systematic review was to see if the recent additions to the literature pool would allow a more definitive conclusion to be drawn. The authors anticipated that many of the same trends would be observed. That was certainly true with regards to the degree of inter-study heterogeneity. What was surprising was how lacking the studies were of rigorous design and thorough clinical reporting. Most of the ISC studies identified by the search strategies were excluded because they involved multi-unit restorations. A high number of studies for both RCT and ISC were disqualified because their follow-up was extremely short-term, they did not specify patient ages, or there was insufficient data to calculate success and survival rate.

The methodology behind this review was an effort to obtain the broadest capture of the relevant literature—something that the original review team of 13 investigators excelled at. However, time and labor were significant constraints in this review, and despite the authors' best efforts some relevant literature may still have been missed. Hand searching was limited to citation mining of relevant reviews identified in the search and journal table of contents. Searching of textbooks and other non-indexed literature could have been more exhaustive had time permitted. Also, like the Torabinejad review, articles not published in English were not considered for inclusion. This could be leaving a portion of the evidence base behind.

The possible bias of study selection is always of concern when conducting a literature review. In this review the authors have attempted to eliminate bias by keeping the article inclusion process as objective as possible. The initial search results began with titles only, blinded of authors and publication journal. This progressed to full abstract review and finally a full-text review. Each stage of article qualification was conducted in tandem by two different examiners (MGH and GRH), and any disputes were resolved by examiner discussion. While tedious, these efforts helped to greatly reduce bias that would have been introduced by single-reviewer decision-making.

In the broadest sense, the clinician is (or should be) seeking a realistic success rate for endodontic treatment, and a realistic survival rate for single-tooth implant therapy. That is to say, he or she is seeking a rate that applies to the entire population of every root canal performed and every implant placed. This is impossible, and so the goal becomes to devise a realistic method for estimating these rates based on much smaller samples, *i.e.*, the individual studies that met inclusion for this review. Each of these studies attempts to estimate the success and survival rates for the population at large based upon a small group of patients or treatments that they have sampled. In turn, the authors have



attempted to use those individual estimates to better estimate the success and survival rates of the population at large. The standard errors and 95% confidence intervals are measurements of how accurate our estimates are. An experienced statistician supervised the data analysis to ensure proper use of statistics. However, robust statistical analysis was not possible because of the heterogeneity of the data.

In the course of this review, only three studies involving direct-comparison of different treatment modalities were identified; none of them met inclusion criteria. All three compared ISCs and RCTs. The first study was a cross-sectional comparison of initial RCT and ISCs by Doyle and colleagues<sup>[120]</sup>. However, it was already included in the initial Torabinejad review. Two other retrospective studies were identified; both of these contained treatments with less than two-year follow-up, and both contained patients under the age of 18. Hannahan *et al.*<sup>[121]</sup> reported high survival rates for both treatments with no significant difference (98.4% for ISC and 99.3% for RCT). Success rates were lower but again not significantly different (87.6% for ISC and 90.2% for RCT). Laird<sup>[122]</sup> found that single tooth implants placed adjacent to sound vital teeth had significantly higher success and survival rates compared to implants placed adjacent to endodontically treated teeth or edentulous spaces.

The findings in this review, therefore, are based upon *indirect* comparisons, *i.e.* comparing the success and survival rates of one sort of study for one type of treatment to another sort of study with another type of treatment. This severely limits the degree to which the resulting evidence can be interpreted with any significant clinical meaning[53, 54]. The conclusions drawn from any systematic review must be interpreted with caution, and this review is no exception.

## Literature Quality and Bias

Overall, the available literature lacked many of the desirable traits of an outcomes study, coincident with the unexceptional quality scores observed (the average score was  $8.6 \pm 2.7$  out of a possible 17 points). FPD studies appeared to have the highest caliber in study design, with complete treatment protocol descriptions, blinding of examiners, detailed accounts of subject loss, and identification and description of treatment complications and how they affected the outcomes. RCT and ISC studies tended to be less meticulous. They were less likely to account for subject loss and more likely to omit details of treatment complications. The lowest quality studies included in the review all happened to be ISC studies.

This trend of low quality reporting of outcomes studies and trials is not a new revelation. Indeed, it was a major conclusion of the original Torabinejad review and something that has plagued the dental and medical literature at large. In 2001 the CONSORT Group (Consolidated Standards of Reporting Trials) was formed with the aim of improving clinical reporting of randomized clinical trials. It released guidelines to aid researchers in complete and transparent reporting of trial findings, with the ultimate goal of improving the appraisal and interpretation of the evidence base. Unfortunately, it appears that the dental community has not improved its quality of reporting trials since the release and promotion of these guidelines[47].

Whether or not clinical outcomes can be correlated with best practices in study design is beyond the scope of this review. However with so few studies of high quality methodological design (and most of them associated with the FPD studies), the results of this review should be interpreted with caution.

The majority of included studies were ISC studies, which is reflective of the rapidly evolving implant technology. In contrast, RCT and FPD represented a minority of the studies. This may have skewed the results in favor of the implant literature, although an effort was made to minimize this effect by comparing weighted, pooled rates wherever possible.

Another significant source of bias is the experience of the treatment provider. In the included studies, implants tended to be placed by specialists or “experienced” general dentists. In a few cases they were placed by residents and in no case were they placed by dental students (although, implants were restored by supervised dental students in some instances). The providers performing RCT or FPD therapies were less often specialists, and most commonly general dentists, residents, and in a few cases, supervised dental students.

Study duration is also a major source of bias. Studies with the longest follow-up also predictably suffer from the highest number of dropouts. Censoring patients who do not attend recall examinations reduces the sample size, which inflates the effect of failures. This effect was most notably seen in the ISC survival study by Levin *et al.* 2008<sup>[94]</sup> (Table 21). The study followed 65 implants over 14 years, and during that time there were only four failures. The first failure was not recorded until five years into the study for a cumulative success rate of 98.4%. One more failure was recorded in the sixth year. Yet 30 patients failed to show for recall, nearly cutting the available sample size in half, and the cumulative survival rate dropped to 95.3%. The next failure was seen two years later, but with the loss of 19 more patients the study population had dwindled to 11 subjects, and the cumulative survival rate fell to 87.4%. The study continued for six more years; and the fourth and final failure was not seen until year 14. By this time, over 90% of the sample population had been censored with just four patients presenting for recall. The survival rate during year 14 was just three in four (75%), which drastically pulled the 14-year cumulative survival rate down to

65.5%. A simple absolute survival rate calculated over the entire 14 years tells quite a different story: four failures out of 65 or a 95% survival rate. This problem is endemic in long-term prospective studies, and almost certainly causes the failure rate to be overstated. One alternative would be to assume that no failures occurred in the patients failing to show for recall, but doing this would simply overstate the survival rate. Numerous other methods have been proposed to better deal with censored study participants, which arguably hold merit. Yet because the included studies in this review varied in the extent and details of the raw data provided or extractable, applying them in a consistent manner would have been all but impossible.

**Table 21. Life table analysis for Levin *et al.* demonstrating the exaggerated effect of failures as subjects are lost to follow-up.**

<b>Levin <i>et al.</i> Life Table Analysis</b>						
Interval (yr)	Number Starting Interval	Number of Failures	Number of Dropouts	Number Ending Interval	Absolute Rate	Cumulative Rate
1	64	0	0	64	100.0%	100.0%
2	64	0	0	64	100.0%	100.0%
3	64	0	0	64	100.0%	100.0%
4	64	0	0	64	100.0%	100.0%
5	64	1	1	62	98.4%	98.4%
6	62	1	30	31	96.9%	95.3%
7	31	0	10	21	100.0%	95.3%
8	21	1	9	11	91.7%	87.4%
9	11	0	7	4	100.0%	87.4%
10	4	0	0	4	100.0%	87.4%
11	4	0	0	4	100.0%	87.4%
12	4	0	0	4	100.0%	87.4%
13	4	0	0	4	100.0%	87.4%
14	4	1	0	3	75.0%	65.5%

## Clinical Outcomes: Success or Survival?

In terms of long-term survival, the original Torabinejad review<sup>[1]</sup> found that:

*“...initial endodontic treatment has high long-term survival rate for periodontally sound teeth that have pulpal and/or periapical pathosis. Equivalent long-term survival rates have been also reported for extraction and replacement of the missing tooth with an implant-supported restoration. Substantially lower long-term survival rates have been reported for extraction and replacement of the missing tooth with fixed partial dentures.”*

The findings of this review are not in close agreement with the Torabinejad review. In terms of long-term *survival*, RCT teeth and ISCs were reported to have worse rates than FPDs, while short-term *survival* rates for the three treatments appeared to be similarly high. In terms of long-term *success*, ISCs tended to have higher rates than did RCTs or FPDs, which were similar. This is likely due to the relatively few included studies of long-term duration and the immense variability in study design.

The treatment modalities examined in this review have completely different goals of therapy. The aim of initial non-surgical endodontic treatment is to eliminate or prevent disease, whether of pulpal origin, periapical origin, or both. On the other hand, implant and partial denture therapies do not aim to cure disease. They aim to restore esthetics and function from an already missing tooth, or one with a hopeless prognosis.

As the goals of treatment are different, so too should be the criteria and measures for evaluating that treatment. Outcomes of endodontic therapy ought to measure the degree to which disease has been cured, that is to say, the degree to which the body has healed, or if already healthy, not degenerated into disease. Different criteria have been suggested for this. Outcomes of implant

therapy ought to measure the degree to which function and esthetics have been restored or improved, and to some degree, to which the existing surrounding tissues have remained healthy. Traditionally, endodontic literature reports its outcomes as success, while the implant literature has normed to a term of survival.

If the outcomes are to be reported in terms of survival, then a minimum, basic set of criteria should be expected<sup>[58]</sup>. The tooth or prosthesis should be present, it should be in function, and it should be asymptomatic. Rigorous studies will define not only the criteria for survival, but also the criteria for failure (and nearly two-thirds of studies reporting survival did not). If the outcomes are to be reported in terms of success, then a reference for success should be provided, one that has been validated by the (endodontic) or (implant) community. Most studies in this review did not.

Only two endodontic studies provided references for their success criteria. As part of the Toronto Study, de Chevigny *et al.*<sup>[65]</sup> used the PAI<sup>[30]</sup> as a radiographic measure of success combined with the presence or absence of clinical signs and symptoms; these parameters were used to classify the teeth as either healed or diseased<sup>[6]</sup>. Özer<sup>[67]</sup> referenced Petersson's criteria<sup>[123]</sup> for radiographic outcomes, and combined those with clinical findings to classify the endodontic treatment as either successful or failing. Only one other study reported success (Alley *et al.* 2006<sup>[98]</sup>), but the authors did not provide a reference. The remaining four RCT studies reported survival, but only two of them included a frank criterion for failure.

For implants, nine of the 32 included studies reported success. Four of them referenced Albrektsson<sup>[37]</sup>, one Smith and Zarb<sup>[38]</sup>, and one Buser<sup>[39]</sup>. The remaining three studies did not provide references for success. None of the studies adhered to the success criteria they provided, mostly, by failing to provide

data on marginal bone loss. This can probably be attributed to the fact that the Albrektsson criteria (and other early implant criteria) emerged during the early stages of implant technology when osseointegration was of key concern. Whether or not implants have vindicated themselves in terms of preservation and maintenance of the supporting alveolar bone and gingival tissues, the literature appears to have moved on; detailed reporting of marginal bone loss is largely absent. Of the remaining 23 studies reporting survival, 74% did not provide a frank criterion for failure.

FPD studies did not fare much better. Although data in this review was recalculated to provide success rates for all five included studies, only three of the authors reported success as an outcome. Schmitt *et al.* 2009<sup>[68]</sup> was the only article to provide a reference for success, the California Dental Association's evaluation criteria<sup>[124]</sup>. The other two studies did not provide references or criteria. However, for survival calculations, all authors provided a frank criterion for failure.

The importance of using a clearly defined and widely accepted definition and criteria for measuring outcomes cannot be under-emphasized. After all, the whole point of conducting an outcomes study is to measure the outcome in a meaningful way so that the patient and the clinician can make a well-informed decision based on sound, clinical evidence. At best, the substance of the reported results is open to interpretation, and at worst, the results are rendered completely useless. Conducting a study and publishing a success or survival rate that has no backbone is meaningless, and only serves to discredit the dental profession.

When strict reporting criteria were applied (that is, for success: detailing out the criteria and providing a reference for it; for survival: providing both a criteria for

survival and a criteria for failure) nearly all of the included studies in this review were disqualified.

In summary, the methodology by which the dental profession appears to be assessing the outcomes of its treatment remains problematic. Within the endodontic, implant, and fixed partial denture treatment modalities, conventions or standards are lacking. The endodontic literature does not tend to report success, it has turned to the much more lax outcome of survival. The implant literature tends to report both survival and success, often inter-changing the two. Where success is reported, it is very often not in accordance with the very criteria set out by leaders in the field.

### **Psychosocial Outcomes**

Torabinejad's original systematic review also examined the various psychosocial aspects of treatment<sup>[1]</sup>; it found:

*"...tooth retention through root canal therapy and restoration or tooth replacement with an implant or a fixed partial denture results in superior clinical outcomes, compared to extraction without replacement. The reasons for this were due to diminution of esthetics and psychological trauma associated with tooth loss..."*

The findings from this review tend to be in agreement with the original review and have been summarized in the results section and in Table 20. Overwhelmingly, these studies tended to be of a short-term duration, with only four of the 17 studies examining effects for a two-year or longer duration. This reflects the types of factors these studies were examining, namely post-operative pain, patient anxiety, and satisfaction with the esthetics, function, and the overall



treatment experience. All but three of the studies analyzed implants, which can be a source of potential bias. However, Gatten *et al.*<sup>[105]</sup> did find that both RCT and ISC patients had a strong desire to preserve the natural dentition whenever possible.

## 8 Conclusions

The existing literature describing the long-term outcomes of root canal therapy, extraction with replacement of a single-tooth implant, extraction with replacement of a fixed partial denture, or extraction without replacement remains problematic. Studies drawing direct comparisons are lacking, success and survival are defined in many different ways, subjects lost to follow-up are not uniformly accounted for, and treatment complications are largely unaddressed. The extent of heterogeneity in the data set makes applying statistical analysis all but impossible. As such, the weighted and pooled success and survival rates regrettably do not contribute much more clinical value than the individual studies on their own. There is a dire need for the endodontic and implant communities to identify and conform to a set of robust and thoughtful criteria for success and survival. There is a further need for good quality, long-term outcomes studies for both implants and endodontics that adhere to the CONSORT guidelines.

In terms of long-term outcome, there does not appear to be any significant differences in survival between single-tooth implants and initial nonsurgical root canal treatment in periodontally sound teeth (98.6 vs 97.7% at 5-years). The long-term success of implants would appear to be slightly more optimistic in implants (99.4%) as compared to root canal treatment (93.9%). However, as the success of both RCT and ISC have been loosely and inconsistently defined, these results may not be clinically relevant. Both treatment modalities appreciate improved success and survival rates over fixed partial dentures. These findings are in accordance with the existing literature to date.

What treatment to recommend to which patient remains a decision that must be made on a case-by-case, tooth-by-tooth, and patient-by-patient basis. The desire of some clinicians to attempt to *cure disease* by extracting teeth and replacing them with implants would seem to be inappropriate and premature in many cases. Likewise, heroic efforts to attempt to save severely compromised teeth through endodontics may not be in the best interest of the patient, from both a prognostic and cost-efficacy point-of-view.

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## Appendix A

<b>PRISMA Checklist of Items To Include When Reporting Systematic Reviews</b>		
<b>Title</b>		
Title	1	Identify the report as a systematic review, meta-analysis, or both
<b>Abstract</b>		
Structured Summary	2	Provide a structured summary including, as applicable, background, objectives, data sources, study eligibility criteria, participants, interventions, study appraisal and synthesis methods, results, limitations, conclusions and implications of key findings, systematic review registration number
<b>Introduction</b>		
Rationale	3	Describe the rationale for the review in the context of what is already known
Objectives	4	Provide an explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS)
<b>Methods</b>		
Protocol & Registration	5	Indicate if a review protocol exists, if and where it can be accessed (such as web address), and, if available, provide registration information including registration number
Eligibility Criteria	6	Specify study characteristics (such as PICOS, length of follow-up) and report characteristics (such as years considered, language, publication status) used as criteria for eligibility, giving rationale
Information Sources	7	Describe all information sources (such as databases with dates of coverage, contact with study authors to identify additional studies) in the search and date last searched
Search	8	Present full electronic search strategy for at least one database, including any limits used, such that it could be repeated
Study Selection	9	State the process for selecting studies (that is, screening, eligibility, included in systematic review, and, if applicable, included in the meta-analysis)
Data Collection Process	10	Describe method of data extraction from reports (such as piloted forms, independently, in duplicate) and any processes for obtaining and confirming data from investigators
Data items	11	List and define all variables for which data were sought (such as PICOS, funding sources) and any assumptions and simplifications made
Risk of Bias Individual Studies	12	Describe methods used for assessing risk of bias of individual studies (including specification of whether this was done at the study or outcome level), and how this information is to be used in any data synthesis
Summary Measures	13	State the principal summary measures (such as risk ratio, difference in means).
Synthesis of Results	14	Describe the methods of handling data and combining results of studies, if done, including measures of consistency (such as I <sup>2</sup> statistic) for each meta-analysis
Risk of Bias Across Studies	15	Specify any assessment of risk of bias that may affect the cumulative evidence (such as publication bias, selective reporting within studies)
Additional Analyses	16	Describe methods of additional analyses (such as sensitivity or subgroup analyses, meta-regression), if done, indicating which were pre-specified
<b>Results</b>		
Study Selection	17	Give numbers of studies screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally with a flow diagram
Study Characteristics	18	For each study, present characteristics for which data were extracted (such as study size, PICOS, follow-up period) and provide the citations
Risk of Bias Within Studies	19	Present data on risk of bias of each study and, if available, any outcome-level assessment (see item 12).

Results of Individual Studies	20	For all outcomes considered (benefits or harms), present for each study (a) simple summary data for each intervention group and (b) effect estimates and confidence intervals, ideally with a forest plot
Synthesis of Results	21	Present results of each meta-analysis done, including confidence intervals and measures of consistency
Risk of Bias Across Studies	22	Present results of any assessment of risk of bias across studies (see item 15)
Additional Analyses	23	Give results of additional analyses, if done (such as sensitivity or subgroup analyses, meta-regression) (see item 16)
Discussion		
Summary of Evidence	24	Summarize the main findings including the strength of evidence for each main outcome; consider their relevance to key groups (such as health care providers, users, and policy makers)
Limitations	25	Discuss limitations at study and outcome level (such as risk of bias), and at review level (such as incomplete retrieval of identified research, reporting bias)
Conclusions	26	Provide a general interpretation of the results in the context of other evidence, and implications for future research
Funding		
Funding	27	Describe sources of funding for the systematic review and other support (such as supply of data) and role of funders for the systematic review

## Appendix B

### 1. MEDLINE search strategy for single tooth implant studies, without limits.

```
(((((exp Dental Implants/ OR exp Dental Implantation/ OR Dental Prosthesis, Implant-Supported/) OR
((Osseointegration/ OR Implants, Experimental/ OR "Prostheses and Implants"/) AND (exp Jaw/ OR exp
Jaw Diseases/ OR exp Jaw Abnormalities/ OR exp Mouth, Edentulous/))) OR ((dental or oral or
maxillofacial or jaw) adj3 implant$1).mp. OR osseointegrat:.mp. OR (peri-implant: or periimplant:).mp.
OR "implant-supported".mp. OR (implant adj (tooth or tissue) adj support:).mp. OR (implantology or
implantologia or implantologie).mp.) OR (((hollow adj (screw$2 or cylinder$1)) or (HS or HC)).mp. AND
(exp Jaw/ OR exp Jaw Diseases/ OR exp Jaw Abnormalities/ OR exp Mouth, Edentulous/)) OR ((surgi: adj3
dental adj3 prosthesis:).mp. OR ((single-tooth or subperiosteal or endosseous or occlusal or periapical) adj3
implant:).mp.) OR ((branemark.ti,ab. OR 3i.mp. OR Anthogyr.mp. OR "Astra Tech".mp. OR Bicon.mp. OR
BioHorizons.mp. OR BLB.mp. OR Calcitek.mp. OR conical.mp. OR transmucosal.mp. OR "conventional
cast".mp. OR (friatec: or friadent or frialit:).mp. OR Impla-Med.mp. OR IMTEC.mp. OR IMZ.mp. OR
ITI.mp. OR "laser-welded".mp. OR Lifecore.mp. OR ((Mk or Mark) adj (II or III or IV)).mp. OR (MKII or
MKIII or MKIV).mp. OR Micro-Lok.mp. OR "morse taper".mp. OR novum.mp. OR Omnilock.mp. OR
Paragon.mp. OR Restore.mp. OR screw-shaped.mp. OR "Screw Vent".mp. OR self-tapping.mp. OR
splinted.mp. OR Stargrip.mp. OR Steri-Oss.mp. OR Sulzer.ti,ab. OR TBR.mp. OR Tenax.mp. OR
TiUnite.mp. OR titanium.mp. OR unsplinted.mp. OR zygomaticus.mp. OR ((dental or implant) adj (protocol
or system or framework)).mp.) AND (exp Jaw/ OR exp Jaw Diseases/ OR exp Jaw Abnormalities/ OR exp
Mouth, Edentulous/))) AND (Clinical Protocols/ OR exp Clinical trial/ OR exp Patient Care Management/ OR
Patient Selection/ OR Practice Guidelines/ OR clinic:.mp. OR (recall adj3 appointment$1).mp. OR ((patient
or research) adj3 (recruitment or selection)).mp. OR (selection adj3 (criteria or treatment or
subject$1)).mp. OR (treatment adj protocol$1).mp. OR ra.fs. OR radiograph:.mp. OR ah.fs. OR
histolog:.mp. OR (nonsurg: or non-surg:).mp. OR exp "Quality of Life"/ OR ((survive$3 or fail$3 or
success$3) adj rate).mp. OR "Denture Retention"/ OR Dental prosthesis retention/ OR exp Wound
Healing/) AND (exp Disease progression/ OR exp Morbidity/ OR exp Mortality/ OR exp "Outcome
assessment (health care)"/ OR exp Patient satisfaction/ OR exp Prognosis/ OR exp Survival analysis/ OR
exp Time factors/ OR exp Treatment outcome/ OR ((beneficial or harmful) adj3 effect$).mp. OR co.fs. OR
course.mp. OR (inception adj cohort$1).mp. OR (natural adj history).mp. OR outcome$1.mp. OR
predict$.mp. OR prognos$.mp. OR survive$3.mp. OR fail$5.mp. OR longevity.mp. OR durability.mp. OR
succes:.mp. OR random$.ti,ab. OR predispos$.ti,ab. OR causa$.ti,ab. OR exp Case-control studies/ OR
(case$1 adj control$).ti,ab. OR exp Cohort studies/ OR exp "Comparative study"/ OR exp Epidemiological
Studies/ OR odds ratio/ OR (odds adj ratio$1).ti,ab. OR exp Risk/ OR risk$.ti,ab. OR Meta-analysis/ OR
Meta-analysis.pt. OR practice guideline.pt. OR exp Clinical Trial/ OR (randomized controlled trial or
controlled clinical trial).pt. OR random$.ti,ab. OR (systematic adj review$1).mp. OR Retreatment/ OR
Recurrence/ OR (retreat: or revis:).mp.)
```



## 2. MEDLINE search strategy for endodontic studies, without limits.

((((exp Endodontics/ OR exp Dental Pulp Diseases/ OR exp Periapical Diseases/ OR exp "Root Canal Filling Materials"/ OR Dental Pulp Test/ OR Dental Pulp/ OR Dental Pulp Cavity/) OR ("root canal".mp. OR apicectomy:.mp. OR apicoectomy:.mp. OR (dead adj3 (teeth or tooth)).mp. OR (dental adj3 pulp:).mp. OR endodont:.mp. OR endont:.mp. OR endosonic.mp. OR ((lateral or vertical) adj condensation).mp. OR ((non-vital or nonvital) adj3 (teeth or tooth)).mp. OR obtura.mp. OR obturation.mp. OR obturate.mp. OR (pulp adj3 (capping or therap: or extirpation:)).mp. OR (pulp adj (canal\$1 or chamber\$1)).mp. OR pulpectomy.mp. OR pulpotomy.mp. OR replantation.mp. OR ("root" adj end adj5 fill:).mp. OR ((silver or gutta) adj3 (percha or balata)).mp. OR (silver adj (cone\$1 or point\$1)).mp. OR thermafil.mp. OR transpolyisoprene.mp. OR transpolyisoprene.mp. OR ultrafil.mp. OR ((periradicular or radicular or periapical or apical).mp. AND (exp tooth/ OR exp tooth components/))) NOT (\*Apicoectomy/ OR \*Dental Implantation, Endosseous, Endodontic/ OR \*Retrograde Obturation/ OR \*Tooth Replantation/)) AND (Clinical Protocols/ OR exp Clinical trial/ OR exp Patient Care Management/ OR Patient Selection/ OR Practice Guidelines/ OR clinic:.mp. OR (recall adj3 appointment\$1).mp. OR ((patient or research) adj3 (recruitment or selection)).mp. OR (selection adj3 (criteria or treatment or subject\$1)).mp. OR (treatment adj protocol\$1).mp. OR ra.fs. OR radiograph:.mp. OR ah.fs. OR histolog:.mp. OR (nonsurg: or non-surg:).mp. OR exp "Quality of Life"/ OR ((surviv\$3 or fail\$3 or success\$3) adj rate).mp. OR "Denture Retention"/ OR Dental prosthesis retention/ OR exp Wound Healing/)) AND (exp Disease progression/ OR exp Morbidity/ OR exp Mortality/ OR exp "Outcome assessment (health care)"/ OR exp Patient satisfaction/ OR exp Prognosis/ OR exp Survival analysis/ OR exp Time factors/ OR exp Treatment outcome/ OR ((beneficial or harmful) adj3 effect\$).mp. OR co.fs. OR course.mp. OR (inception adj cohort\$1).mp. OR (natural adj history).mp. OR outcome\$1.mp. OR predict\$.mp. OR prognos\$.mp. OR surviv\$3.mp. OR fail\$5.mp. OR longevity.mp. OR durability.mp. OR succes:.mp. OR random\$.ti,ab. OR predispos\$.ti,ab. OR causa\$.ti,ab. OR exp Case-control studies/ OR (case\$1 adj control\$).ti,ab. OR exp Cohort studies/ OR exp "Comparative study"/ OR exp Epidemiological Studies/ OR odds ratio/ OR (odds adj ratio\$1).ti,ab. OR exp Risk/ OR risk\$.ti,ab. OR Meta-analysis/ OR Meta-analysis.pt. OR practice guideline.pt. OR exp Clinical Trial/ OR (randomized controlled trial or controlled clinical trial).pt. OR random\$.ti,ab. OR (systematic adj review\$1).mp. OR Retreatment/ OR Recurrence/ OR (retreat: or revis:).mp.))

## 3. MEDLINE search strategy for fixed partial denture studies, without limits.

Reserved

## 4. Limits applied to all MEDLINE searches.

Reserved

## 5. MEDLINE search strategy for psychosocial outcomes, applied to all topic searches.

Reserved

## 6. EMBASE search strategy for single tooth implant studies, without limits.

'dental implant'/exp OR 'dental implants'/exp OR 'dental implantation'/exp OR 'tooth implantation'/exp OR 'tooth implant'/exp OR 'tooth prosthesis'/exp OR 'dental prosthesis'/exp OR 'dental prostheses'/exp OR 'dental prosthesis design'/exp OR 'dental prosthesis repair'/exp OR 'dental prosthesis retention'/exp OR 'dental prosthesis, implant-supported'/exp OR 'denture prosthesis'/exp OR 'denture prostheses' OR 'palatal obturator'/exp OR 'palatal obturators'/exp OR 'prosthodontics'/exp OR 'dental porcelain'/exp OR 'porcelain tooth'/exp OR 'porcelain teeth' OR 'teeth, porcelain' OR 'tooth, porcelain'/exp OR 'artificial tooth'/exp OR 'artificial teeth' OR 'tooth, artificial'/exp OR 'teeth, artificial' OR 'plastic tooth'/exp OR 'plastic teeth' OR 'tooth, plastic'/exp OR 'teeth, plastic' OR 'prostheses and orthoses'/exp OR 'reparative dentistry'/exp OR 'denture'/exp OR (osseointegra\* OR 'tissue regeneration'/exp OR 'bone regeneration'/exp OR 'osseointegration'/exp OR 'implant'/exp OR 'bone implant'/exp OR 'bone implants' OR 'implant, bone'/exp

OR 'implant material'/exp OR 'implantation material'/exp OR 'implantable material'/exp OR 'implants, artificial'/exp OR 'artificial implants'/exp OR 'artificial implant'/exp OR 'experimental implants' OR 'experimental implant'/exp OR 'implants, experimental'/exp OR 'implant, experimental'/exp OR prosthodon\* OR 'protheses'/exp OR 'prosthesis'/exp OR 'prosthesis failure'/exp OR 'prosthesis defect'/exp OR 'prosthesis defects' OR 'prosthesis design'/exp OR 'prosthesis material'/exp OR protheti\* OR 'bioprosthesis'/exp OR 'collagen implant'/exp OR 'knee endoprosthesis'/exp OR 'protheses and orthoses'/exp OR 'bone prosthesis'/exp OR 'calcium phosphate ceramic'/exp OR 'ceramic prosthesis'/exp OR 'denture'/exp OR 'mandible prosthesis'/exp AND ('maxilla'/exp OR 'mandible'/exp OR 'jaw, edentulous, partially'/exp OR 'jaw'/exp OR 'skull'/exp OR 'alveolar process'/exp OR gnatholog\* OR 'jaw bone'/exp OR 'dentition'/exp OR 'adenoid'/exp OR 'cheek mucosa'/exp OR 'gingiva'/exp OR 'cheek pouch'/exp OR 'cricopharyngeus muscle'/exp OR 'hard palate'/exp OR 'hypopharynx'/exp OR 'lower lip'/exp OR 'masticatory muscle'/exp OR 'minor saliva gland'/exp OR 'mouth cavity'/exp OR 'orbicularis oris muscle'/exp OR 'palatine tonsil'/exp OR 'parotid gland'/exp OR 'philtrum'/exp OR 'salivary gland duct'/exp OR 'soft palate'/exp OR 'salivary gland'/exp OR 'taste bud'/exp OR 'throat'/exp OR edentat\* OR edento\* OR edentul\* OR 'dental loss'/exp OR 'dental migration'/exp OR 'dental mobility'/exp OR 'edentulism'/exp OR 'furcation defect' OR 'furcation defects'/exp OR 'mesial movement of teeth'/exp OR 'paradental disease'/exp OR 'paradontopathy'/exp OR 'paraodontopathy'/exp OR 'paradontopathies' OR 'paraodontopathies' OR 'parodontal disease'/exp OR 'parodontium disease'/exp OR 'parodontive tissue disease'/exp OR 'periodontal disease'/exp OR 'periodontal tissue disease'/exp OR 'parodontium disease'/exp OR 'peridental attachment loss' OR 'periodontal cyst'/exp OR 'periodontal cysts' OR 'periodontal diseases'/exp OR 'periodontal disease'/exp OR 'periodontal infection'/exp OR 'periodontal infections' OR 'parodontium disease'/exp OR 'parodontium diseases' OR 'periodontopathy'/exp OR 'periodontopathies' OR 'tooth loss'/exp OR 'tooth migration'/exp OR 'tooth mobility'/exp OR 'tooth movement'/exp OR 'tooth disease'/exp OR 'gingiva bleeding'/exp OR 'gingiva fibromatosis'/exp OR 'gingiva hyperplasia'/exp OR 'gingiva hypertrophy'/exp OR 'gingiva pain'/exp OR 'gingiva tumor'/exp OR 'gingiva ulcer'/exp OR 'periodontosis'/exp OR 'tooth periapical disease'/exp OR 'gingiva disease'/exp OR 'periodontitis'/exp OR 'edentulousness'/exp OR 'tooth malformation'/exp OR 'edentulous mandible'/exp OR 'edentulous mandibles' OR 'edentulous patient'/exp OR 'edentulous patients' OR 'edentulous state'/exp OR 'edentulous states' OR 'edentulous jaw'/exp OR 'edentulous jaws' OR 'jaw, edentulous'/exp)) AND [humans]/lim AND [english]/lim AND ([embase]/lim OR [embase classic]/lim) AND [2006-2011]/py NOT [medline]/lim

#### 7. EMBASE search strategy for endodontic studies, without limits

'endodontics'/exp OR 'apicoectomy'/exp OR 'dental pulp capping'/exp OR 'dental pulp exposure'/exp OR 'dental reimplantation'/exp OR 'endodontic surgery'/exp OR 'marginal adaptation' OR pulpectom\* OR pulpptom\* OR 'retrograde obturation'/exp OR 'tooth reimplantation'/exp OR 'tooth reinclusion'/exp OR 'tooth replantation'/exp OR 'tooth periapical abscess' OR 'tooth periapical disease'/exp OR 'periapical granuloma'/exp OR 'periapical infection'/exp OR 'canal, dental root'/exp OR 'canal, tooth root'/exp OR 'canalis radialis dentis'/exp OR 'dental canal'/exp OR 'dental pulp'/exp OR 'dental pulp cavity'/exp OR 'dental pulpa'/exp OR 'pulp vitality'/exp OR 'pulpa'/exp OR 'pulpa dens vitality'/exp OR 'pulpa dentis'/exp OR 'pulpal tissue'/exp OR 'pulp, tooth'/exp OR 'pulp crownwork'/exp OR 'pulp devitalization' OR 'tooth pulp extirpation'/exp OR 'dental surgery'/exp OR 'tooth pulp infection'/exp OR 'pulpitis'/exp OR 'tooth pulp inflammation'/exp OR 'pulp necrosis' OR 'tooth pulp pressure' OR 'tooth pulp stimulation' OR 'tooth pulp vitality'/exp OR 'tooth pulp'/exp OR 'tooth pulpa'/exp OR 'tooth pulpitis'/exp OR 'tooth pulpotomy'/exp OR 'dental pulp autolysis'/exp OR 'tooth pulp disease'/exp OR 'dental pulp calcification'/exp OR 'dental pulp disease'/exp OR 'dental pulp diseases'/exp OR 'dental pulp gangrene'/exp OR 'dental pulp necrosis'/exp OR 'dental pulp test'/exp OR 'dentin, secondary'/exp OR 'tooth pulp gangrene'/exp OR 'tooth, nonvital'/exp OR 'nonvital tooth' OR 'root canal'/exp OR 'tooth root canal'/exp OR 'root canal depth'/exp OR 'root canal filling material'/exp OR 'root canal irrigants'/exp OR 'biomedical and dental materials'/exp OR 'root canal obturation'/exp OR 'root canal preparation'/exp OR 'root canal sealant'/exp OR 'root canal therapy'/exp OR 'root canal, tooth'/exp OR 'dental root canal'/exp OR 'root dental canal'/exp

#### 8. EMBASE search strategy for fixed partial denture studies, without limits.

'tooth prosthesis'/exp OR 'tooth prosthesis' OR 'dental prosthesis'/exp OR 'dental prosthesis' OR 'dental protheses'/exp OR 'dental protheses' OR 'dental prosthesis design'/exp OR 'dental prosthesis design' OR 'dental prosthesis repair'/exp OR 'dental prosthesis repair' OR 'dental prosthesis retention'/exp OR 'dental prosthesis retention' OR 'dental prosthesis, implant-supported'/exp OR 'dental prosthesis, implant-supported' OR 'denture prosthesis'/exp OR 'denture prosthesis' OR 'denture protheses' OR 'palatal obturator'/exp OR 'palatal obturator' OR 'palatal obturators'/exp OR 'palatal obturators' OR 'prosthodontics'/exp OR 'prosthodontics' OR 'dental porcelain'/exp OR 'dental porcelain' OR 'porcelain tooth'/exp OR 'porcelain tooth' OR 'porcelain teeth' OR 'teeth, porcelain' OR 'tooth, porcelain'/exp OR 'tooth, porcelain' OR 'artificial tooth'/exp OR 'artificial tooth' OR 'artificial teeth' OR 'tooth, artificial'/exp OR 'tooth, artificial' OR 'teeth, artificial' OR 'plastic tooth'/exp OR 'plastic tooth' OR 'plastic teeth' OR 'tooth, plastic'/exp OR 'tooth, plastic' OR 'teeth, plastic' OR 'protheses and orthoses'/exp OR 'protheses and

orthoses' OR 'reparative dentistry'/exp OR 'reparative dentistry' OR 'denture'/exp OR 'denture') OR ('maxillofacial prosthesis'/de OR 'maxillofacial obturator'/de OR 'maxillofacial prosthesis' OR 'maxillofacial prostheses') OR ('denture'/exp OR 'tooth prosthesis'/exp OR 'dental abutment'/exp OR 'dental abutment' OR 'dental casting' OR 'dental clasp'/exp OR 'dental clasp' OR 'dental clasps' OR 'dental retainer' OR 'dental retainers' OR 'dental veneer' OR 'dental veneers' OR 'denture base' OR 'denture bases' OR 'denture design' OR 'denture liner' OR 'denture liners' OR 'denture precision attachment'/exp OR 'denture precision attachment' OR 'denture precision attachments' OR 'denture rebasing' OR 'denture repair' OR 'denture repairs' OR 'denture retention' OR 'complete denture' OR 'complete dentures' OR 'denture, complete' OR 'dentures, complete' OR 'complete immediate denture' OR 'complete immediate dentures' OR 'denture, complete, immediate' OR 'dentures, complete, immediate' OR 'complete lower denture' OR 'complete lower dentures' OR 'denture, complete, lower' OR 'dentures, complete, lower' OR 'complete upper denture' OR 'complete upper dentures' OR 'denture, complete, upper' OR 'dentures, complete, upper' OR 'overlay denture' OR 'overlay dentures' OR 'denture, overlay' OR 'dentures, overlay' OR 'fixed partial denture' OR 'fixed partial dentures' OR 'denture, partial, fixed' OR 'dentures, partial, fixed' OR 'denture, partial, fixed, resin-bonded' OR 'dentures, partial, fixed, resin-bonded' OR 'immediate partial denture' OR 'immediate partial dentures' OR 'denture, partial, immediate' OR 'dentures, partial, immediate' OR 'removable partial denture' OR 'denture, partial, removable' OR 'partial denture, removable' OR 'partial dentures, removable' OR 'removable partial dentures' OR 'denture, partial, temporary' OR 'dentures, partial, temporary' OR 'dentures' OR 'tooth casting') OR ('tooth implantation'/exp OR 'reparative dentistry'/exp OR 'apertognathi\*' OR 'blade implantation' OR 'dental implant' OR 'dental implants' OR 'dental implantation')) AND (('mouth'/exp OR 'buccal floor' OR 'mouth floor' OR 'mouth tissue' OR 'oral floor' OR 'oral tissue' OR 'stomatognathic system'/de OR 'mouth and teeth') OR ('tooth'/exp OR 'dentition'/de OR 'dental evolution' OR 'dental tissue' OR 'dental tissues' OR 'dentes' OR 'permanent tooth' OR teeth OR 'tooth auxiliary' OR 'tooth components' OR 'tooth component' OR 'tooth condition' OR 'tooth emergency' OR 'tooth emergencies' OR 'tooth tissue' OR 'tooth, unerupted' OR 'unerupted tooth' OR 'permanent teeth' OR 'tooth, permanent' OR 'teeth, permanent')) AND [humans]/lim AND [english]/lim AND ([embase]/lim OR [embase classic]/lim) AND [2006-2011]/py

#### 9. Limits applied to all EMBASE searches.

(topic search) AND [humans]/lim AND [english]/lim AND ([embase]/lim OR [embase classic]/lim) AND [2006-2011]/py NOT [medline]/lim

#### 10. COCHRANE search strategy for single tooth implant studies (no limits applied).

#1 MeSH descriptor Dental Implants explode all trees in MeSH products  
 #2 MeSH descriptor Dental Implantation explode all trees in MeSH products  
 #3 MeSH descriptor Dental Prosthesis, Implant-Supported explode all trees in MeSH products  
 #4 MeSH descriptor Osseointegration explode all trees in MeSH products  
 #5 MeSH descriptor Implants, Experimental explode all trees in MeSH products  
 #6 MeSH descriptor Prostheses and Implants explode all trees in MeSH products  
 #7 MeSH descriptor Jaw explode all trees in MeSH products  
 #8 MeSH descriptor Jaw Diseases explode all trees in MeSH products  
 #9 MeSH descriptor Jaw Abnormalities explode all trees in MeSH products  
 #10 MeSH descriptor Mouth, Edentulous explode all trees in MeSH products  
 #11 (#4 OR #5 OR #6)  
 #12 (#7 OR #8 OR #9 OR #10)  
 #13 (#11 AND #12)  
 #14 (#1 OR #2 OR #3 OR #13)

#### 11. COCHRANE search strategy for endodontic studies (no limits applied).

#1 MeSH descriptor Endodontics explode all trees in MeSH products  
 #2 MeSH descriptor Dental Pulp Diseases explode all trees in MeSH products  
 #3 MeSH descriptor Periapical Diseases explode all trees in MeSH products  
 #4 MeSH descriptor Root Canal Filling Materials explode all trees in MeSH products  
 #5 MeSH descriptor Dental Pulp Test explode all trees in MeSH products  
 #6 MeSH descriptor Dental Pulp explode all trees in MeSH products  
 #7 MeSH descriptor Dental Pulp Cavity explode all trees in MeSH products  
 #8 (#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7)

#### 12. COCHRANE search strategy for fixed partial denture studies (no limits applied).

#1	MeSH descriptor Prosthodontics explode all trees in MeSH products
#2	MeSH descriptor Oral Surgical Procedures, Preprosthetic explode all trees in MeSH products
#3	MeSH descriptor Maxillofacial Prosthesis Implantation explode all trees in MeSH products
#4	MeSH descriptor Tooth Replantation explode all trees in MeSH products
#5	MeSH descriptor Protheses and Implants explode all trees in MeSH products
#6	MeSH descriptor Stomatognathic System explode all trees in MeSH products
#7	(#5 AND #6)
#8	(#1 OR #2 OR #3 OR #4 OR #7)
#9	single* in Title, Abstract or Keywords in all products
#10	immediate* in Title, Abstract or Keywords in all products
#11	bound* in Title, Abstract or Keywords in all products
#12	pontic* in Title, Abstract or Keywords in all products
#13	abut* in Title, Abstract or Keywords in all products
#14	teeth OR tooth in Title, Abstract or Keywords in all products
#15	(#13 AND #14)
#16	(#9 OR #10 OR #11 OR #12 OR #15)
#17	(#8 AND #16)
#18	bridge* in All Fields in all products
#19	dentur* in All Fields in all products
#20	fpd in All Fields in all products
#21	(#18 OR #19 OR #20)
#22	(#8 AND #21)
#23	(#22 OR #17)

## Appendix C

### Data abstraction form, page 1.

<b>Article Info</b>												
Author:		<input style="width: 100%;" type="text"/>										
Title:		<input style="width: 100%;" type="text"/>										
Journal:		<input style="width: 100%;" type="text"/>										
Yr:		<input style="width: 100%;" type="text"/>										
Tx Type:	<input type="checkbox"/> RCT	<input type="checkbox"/> ISC	<input type="checkbox"/> FPD	<input type="checkbox"/> Ext	<input type="checkbox"/> Psy/Soc	EBL: <input type="checkbox"/>	Conflict of Interest: <input type="checkbox"/>					<input style="width: 100%;" type="text"/>
<b>Clinical Setting</b>												
Setting:	<input type="checkbox"/> Pvt	<input type="checkbox"/> G.Hosp	<input type="checkbox"/> T.Hosp	<input type="checkbox"/> School	<input type="checkbox"/> Other	Location: <input style="width: 100%;" type="text"/>						
Operator:	<input type="checkbox"/> Endo	<input type="checkbox"/> OSx	<input type="checkbox"/> Perio	<input type="checkbox"/> DDS	<input type="checkbox"/> Res	<input type="checkbox"/> DS	<input type="checkbox"/> NOS	<input type="checkbox"/> Single Cntr	<input type="checkbox"/> Multi Center			
<b>Study Type</b>												
<input type="checkbox"/> Retro <input type="checkbox"/> ChartRev <input type="checkbox"/> Pro <input type="checkbox"/> RCoT <input type="checkbox"/> RCIT <input type="checkbox"/> Multi Tx Arms? <input type="checkbox"/> Case-Control												
Tx Groups:		<input style="width: 100%;" type="text"/>										
<b>Pt Demographics</b>												
Sample Size:	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Age Range: <input type="text"/>	Mean: <input type="text"/>	SD: <input type="text"/>					
Pts:	<input type="text"/>	<input type="text"/>	#DIV/0!									
Teeth/Implants:	<input type="text"/>	<input type="text"/>			<input type="checkbox"/> PDD Excluded?							
Roots:	<input type="text"/>	<input type="text"/>	% Male: <input type="text"/>		<input type="checkbox"/> Grafting?							
Fixtures:	<input type="text"/>	<input type="text"/>	SES: <input type="text"/>		<input style="width: 100%;" type="text"/>							
Units:	<input type="text"/>	<input type="text"/>										
ISCs:	<input type="text"/>	<input type="text"/>										
FU Range(s):		<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>							
a.	<input type="text"/>	mo.	<input type="text"/>	mo.	Teeth:	<input type="checkbox"/> Ant'r	<input type="checkbox"/> PM	<input type="checkbox"/> Post'r	<input type="checkbox"/> NOS			
b.	<input type="text"/>	mo.	<input type="text"/>	mo.	Arch:	<input type="checkbox"/> Mx	<input type="checkbox"/> Md	<input type="checkbox"/> NOS				
c.	<input type="text"/>	mo.	<input type="text"/>	mo.								
d.	<input type="text"/>	mo.	<input type="text"/>	mo.								
<b>Outcomes</b>												
Type:	<input type="checkbox"/> Success		<input type="checkbox"/> Survival		Criteria Used: <input style="width: 100%;" type="text"/>							
Methods:	<input type="checkbox"/> Radio		<input type="checkbox"/> Clinical		<input type="checkbox"/> Survey		Other: <input style="width: 100%;" type="text"/>					
Evaluation Stats:	<input style="width: 100%;" type="text"/>											
Agreement Stats:	<input style="width: 100%;" type="text"/>											
	<b>Intervention:</b>	<b>Time</b>	<b>N/s</b>	<b>N/e</b>	<b>N/f</b>	<b>A/s%</b>	<b>C/s%</b>	<b>N/F</b>	<b>A/S%</b>	<b>C/S%</b>	<b>error</b>	
1	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	
2	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	
3	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	
4	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	
5	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	
6	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	
Tot	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	
Error type:	<input type="checkbox"/> Std Dev		<input type="checkbox"/> Std Err		<input type="checkbox"/> Conf Int		Other: <input style="width: 100%;" type="text"/>					
Conclusions:		<input style="width: 100%;" type="text"/>										
<b>Measure of Effect:</b>												
<input type="checkbox"/> % as Primary Outcome Measured		<input type="checkbox"/> Conf Int for Primary Outcome										
<input type="checkbox"/> Odds/Risk as Primary Outcome Measured		<input type="checkbox"/> P-value assoc with Primary Outcome										
<input type="checkbox"/> Odds/Risk as Primary Outcome Measured		<input type="checkbox"/> Other Primary Outcome:					<input style="width: 100%;" type="text"/>					
<input type="checkbox"/> Descriptive Table												
<input type="checkbox"/> Survival Curve												

Data Abstraction form, page 2.

<b>SES</b>	
Degree of Pain Relief:	<input type="text"/>
Degree of PreOp Anxiety:	<input type="text"/>
Degree of PostOp Anxiety:	<input type="text"/>
Degree of Satisfaction/Fxn/Esthetics:	<input type="text"/>
Complications PreOp/PostOp:	<input type="text"/>
Degree of Satisfaction with Expediency of Tx:	<input type="text"/>
Degree of Satisfaction with Expense of Tx:	<input type="text"/>
Cost Addressed:	<input type="text"/>
Harms Reported:	<input type="text"/>
<b>RCT Studies:</b>	
<input type="checkbox"/> DOM	Length of Fill: <input type="text"/> <input type="checkbox"/> RDI Used
	Quality of Fill: <input type="text"/> <input type="checkbox"/> ReTx Excluded
<b>ISC Studies:</b>	
<input type="checkbox"/> ADAF	Implant Brand: <input type="text"/>
<input type="checkbox"/> DID&NS	Implant Coating: <input type="text"/>
<input type="checkbox"/> Sref	Implant Sizes: <input type="text"/>
<input type="checkbox"/> MBL	Implant Staging: <input type="text"/>
<input type="checkbox"/> SurvFall	Platform Switching: <input type="text"/>
	Time of Loading: <input type="text"/>
	Fixture Attachment: <input type="checkbox"/> Screw <input type="checkbox"/> Cement <input type="checkbox"/> TempCement
<b>FPD Studies:</b> <input type="checkbox"/> Cantilevers Rejected	
<b>Quality Rating</b> <input type="text" value="0"/>	
<b>Study Design:</b>	<b>Tx Procedures Described:</b>
<input type="checkbox"/> Randomized Controlled Clinical Trial <input type="text" value="0"/>	<input type="checkbox"/> Completely <input type="checkbox"/> Incompletely <input type="text" value="0"/>
<input type="checkbox"/> Clinical Trial w Non-Randomized Control <input type="text" value="0"/>	<b>Blinding:</b>
<input type="checkbox"/> Clinical Trial w No Controls <input type="text" value="0"/>	<input type="checkbox"/> Evaluator Different Than Operator <input type="text" value="0"/>
<input type="checkbox"/> Observational Cohort <input type="text" value="0"/>	<input type="checkbox"/> Same as Operator, or Undescribed <input type="text" value="0"/>
<input type="checkbox"/> Case-Control <input type="text" value="0"/>	<b>Disposition of Subjects:</b>
<input type="checkbox"/> Case Series <input type="text" value="0"/>	<input type="checkbox"/> Complete Description of Subject Los <input type="text" value="0"/>
<input type="checkbox"/> Unable to Classify <input type="text" value="0"/>	<input type="checkbox"/> Some Subjects Unaccounted For <input type="text" value="0"/>
<b>Sample Size (Check All):</b>	<b>Tx Complications</b>
<input type="checkbox"/> Sample Size Stated <input type="text" value="0"/>	<input type="checkbox"/> % of Complications Stated <input type="text" value="0"/>
<input type="checkbox"/> Predetermined/Power Analysis <input type="text" value="0"/>	<input type="checkbox"/> Complications Included as Failures <input type="text" value="0"/>
<b>Operator Expr:</b>	<input type="checkbox"/> Categorized, with Frequencies <input type="text" value="0"/>
<input type="checkbox"/> Stated # <input type="checkbox"/> Unstated <input type="text" value="0"/>	<input type="checkbox"/> Described, but No Frequencies <input type="text" value="0"/>
<b>Subjects:</b>	<input type="checkbox"/> Unstated <input type="text" value="0"/>
<input type="checkbox"/> Gender, SES, or Race distribution provided <input type="text" value="0"/>	<b>Quality of Clinical Evaluation:</b>
<input type="checkbox"/> No Pt decription besides age <input type="text" value="0"/>	<input type="checkbox"/> Measurements Standardized <input type="text" value="0"/>
	<input type="checkbox"/> Stats Described and Appropriate <input type="text" value="0"/>
	<input type="checkbox"/> Stratification Appropriate <input type="text" value="0"/>