# BEYOND THE BASICS: Use of an All Inclusive Disability Resources Guide As Informational Support and Its Effect on a Parent's Self-Efficacy in Obtaining Services for Their Disabled Child

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#### **ABSTRACT**

Self-efficacy and social support, as social constructs, are utilized in many areas of life. This study assessed the relationship between an inclusive disability services resource guide and the potential for parents to utilize these two constructs to increase their ability to obtain adequate services for their disabled child.

This resource guide was distributed to forty parents of disabled children to evaluate for thirty days. A survey was completed related to the perception of informational support based on the content of the guide and parental perception of selfefficacy in their increased or continued ability to obtain services for their disabled child. The usability of the guide was also evaluated.

Results showed that the parents liked the design of the guide and found it to be user friendly. In addition, parents of older disabled children found the guide most helpful. Such categories as employment and housing appeared to be the most utilized sections.

These results are important to health education as there are many issues surrounding disabled children, ages 4-21 years, which are often overlooked. This resource guide has the potential to make this transition easier for parents and the disabled individuals as well.

## Chapter I INTRODUCTION

Self-efficacy and social support are two very important constructs that impact every person's life. There is a certain amount of confidence people must feel over their situation in order to feel comfortable with subsequent actions. Once a person obtains a feeling of confidence, he or she is more likely to perceive himself or herself as capable of completing a task. In Harrison, Rainer, Hochwarter, and Thompson (1997), it is observed that a person will take on and successfully complete tasks he feels he can do well and that this same person will feel he can complete this task with little or no difficulty. This perception of capability is known as self-efficacy. One way a person can get to the point of feeling comfortable in his capabilities is through social support. Social support is necessary for people to feel a sense of belonging. This sense of belonging creates a comfort zone, which in turn leads to improved self-efficacy. The two concepts are interwoven into a powerful cycle that enables people to function on a basic, as well as an advanced level.

Social support can be divided into four types. These are emotional, instrumental, informational, and appraisal. This study will focus on informational social support. This type of social support is characterized by the provision of information, in many forms, that allows a person to make decisions and solve problems.

# **Research Questions:**

There are two research questions being investigated in this study. They are as follows:

- 1. Is an all inclusive disability services resource guide viewed as a valid source of informational support for parents who have a disabled child?
- 2. Does the resource guide contribute to the parent's self-efficacy in obtaining and maintaining services for their disabled child?

#### Purpose

The purpose of this research is to conduct a pilot study to determine the feasibility of performing larger, more intense data collection and analysis based on the two chosen research questions.

The pilot study will test the resource guide as a form of informational support and subsequently, employ the questionnaire, as the research tool to enable a prediction regarding the success or failure of a full-scale study. The group of subjects chosen to participate in this pilot is a much smaller representation of the proposed larger target population. The basis of the study is to determine if the possession of informational support, in the form of the all inclusive disability services resource guide, will increase a parent's self-efficacy in regard to obtaining adequate services for his/her disabled child.

The rationale behind the use of the resource guide is to provide parents with a form of social support that will allow them to perceive an increase in their perception of control and confidence in their ability as a parent to care for their child in the best manner possible. Many parents are not aware of whom to call or how to obtain the services their disabled child needs in order to reach his or her full potential.

When a child is age 0-3 years, he or she is eligible for a program called Early On. Early On is a federally funded program, which is a part of each county's Intermediate School District. In Early On, parents are assigned a case manager who maintains all

contact with service providers and obtains all services the disabled child needs. Then, when the child turns three years old, he or she is no longer eligible for Early On. The parents are then forced to find services independently and often lack the necessary information as to how to do this and where to turn for help. It is for this reason that the resource guide was developed.

This resource guide provides the parents with much of the same information that the Early On case managers have at their disposal only in a form that the parents can utilize on their own. The guide provides parents with an informational tool that allows them access to the names and phone numbers, in several distinct categories, of the service providers that they need. By having this information readily available, parents will then feel more comfortable in their ability to contact service providers and arrange the services their child needs.

At this time, there has been no research into the use of an all-inclusive disability services resource guide as a form of informational social support or its effect on self-efficacy. The significance of this study is to determine what effect, if any; the possession of the resource guide has on the parent's perceived ability to secure the necessary services for their child.

#### **Definitions**

1. Informational Social Support: "Advice, suggestions, and information that a person can use in addressing problems," as cited in Glanz, Lewis, and Rimer, 1997., page 181. (See House, 1981)

- 2. Self-Efficacy: "One's confidence in one's ability to take action," as cited in Glanz, et al, 1997, page 45. (see above)
- 3. Social Support: "Aid and assistance exchanged through social relationships and interpersonal transactions," as cited in Glanz, et al., 1997, page 181. (see above)

## Chapter II LITERATURE REVIEW

Social support and self-efficacy are important aspects in the lives of parents.

Parents of disabled children are even more impacted by these two constructs. All parents experience the huge responsibility of no longer being in charge of only themselves, but also their child. Swick and Broadway found in 1997 that modern day parenting is not at all what it was as recently as 20 years ago. The developing child in today's society is not raised by the parent alone. Therefore, particular parenting roles take on special importance as parents realize their responsibility to help children develop and grow in a healthy manner. Parents of a disabled child have to face the added challenge of making sure this child gets an abundance of additional services that often don't come easily. A battle often ensues that can leave a parent drained, both physically and emotionally. For this reason, a good formal and informal social support network, as well as a strong sense of self-efficacy is essential for survival of the entire family.

#### **Social Support**

Social support is one aspect of daily life that every person relies on. Parents of a disabled child rely on this more than most other parents do. The necessity of social support has been the subject of many research projects. With investigation of other research on social support, Hintermair (2000) feels it is easily evident that the nature of social resources is the basis of many socialization theories. The concept of a social support network, with its formal and informal distinctions, is a maze of definitions and important benefits. Social support is a construct that is difficult to describe within one

definitive phrase. Social support is described as a "complex framework composed of emotional support, instrumental aids, cognitive orientation, and social integration, or even just the provision of information" (Hintermair, 2000, p. 42). No parent can raise a child without help. Every parent depends on someone other than himself or herself to lend a hand occasionally. According to Swick and Broadway (1997), the parenting job is made easier when a parent has a strong personal support system. This sounds simpler than it is. "Although social support is perceived as a complex concept and defined in different terms, there appears to be a consensus that social support refers to the extent to which a person receives assistance and help from others, and also to a sense of belonging" (Findler, 2000, p. 371). Findler defines social support as an interpersonal transaction, with the following four types:

Table 1 Forms of Social Support and Their Definition

TYPE	OF	SOCIAL	SUPPORT	

#### **DEFINITION**

Emotional Support	Expressions of empathy, love, trust, and caring.
Appraisal Support	Information that is useful for self-evaluation
Instrumental Support	Tangible aid and services (cash, transportation, food, etc.)
Informational Support	Advice, suggestions, and information.

(Source: Glanz, Lewis, and Rimer, 1997, p. 181)

Findler (2000) states that in the last twenty years, professional literature has documented the necessity of social support as one of "the main resources of individuals who must deal with stress in general and of mothers raising a child with a physical

disability in particular" (p. 371). One category of social support--informational support-is important to parents of children with disabilities. Leyser and Heinze (2001) note that having information available is a necessary source for coping with stress. Parents of a disabled, as well as a 'normal', child crave information as a mechanism to do the best they can for their child. The lack of any, much less helpful, information from professionals caused insecurity for parents and increased the amount of stress that these same parents were feeling. These professionals include but are not limited to physicians, specialists, schools personnel, and insurance personnel.

Social support is "particularly necessary when it comes to finding out about one's own convictions and opinions when faced with a difficult life event" (p. 41), such as parenting a disabled child (Hintermair, 2000). Findler (2000) states that a person must perceive the availability of and be satisfied with the support they receive for the support to be effectively utilized. People must be able to view their support as adequate in order for them to use it to their benefit and improve their well-being. This satisfactory perception by an individual is much more crucial to the social support process than the number of supporters or the quantity of supportive behaviors which they have access to. Satisfaction with the type and amount of support is going to assist the person to improve his situation exponentially more than support that a person views as ineffective and useless.

The social support that people receive comes from their social networks. Leyser and Heinze (2001) state that this support is received from informal networks, such as spouses and extended family as well as from formal networks of professionals. Besides family, informal networks can also consist of friends and other people experiencing the

same life events, while formal networks consist of experts, such as physicians, service providers, and teachers or agencies, such as hospitals, schools, and early intervention programs. The resource guide being evaluated within this particular study can provide parents access to many avenues of both formal and informal support networks. These networks are imminently important for survival as a parent. Hintermair (2000) states that it is crucial for parents to welcome people into their social network that can truly share their experiences relating to critical life events.

In the case of a parent with a disabled child, other parents of disabled children can be a great and much needed addition to a social network--an addition that can offer as many as all four of the different types of social support. Parent support groups are a great asset. Leyser and Heinze, (2001) reveal that most parents who attend support groups find them helpful for receiving ideas and information about available programs and services, and for networking with other parents. There are several studies regarding the types of support that can be offered by people experiencing the same life events.

Reyes-Blanes, Correa, and Bailey (1999) feel that the need for social support is greater among parents of disabled children since children with disabilities and their families often face more challenges than families of children without disabilities. The level of need appears to be related to the severity of the disability and the marital status of the parent. Parents of children with more severe disabilities reported higher levels of need. Findler (2000) agrees, stating that mothers of children who are more severely disabled report having fewer friends and family members on which they could rely. Findler goes on to reveal that these same mothers, as well as mothers of chronically ill children, indicated they want more support than they felt they had access to, particularly

in the areas of emotional and informative support. The resource guide in this current study can assist these mothers in the area of informational support, which can in turn help them obtain more support that is emotional. A gap in the literature occurs because "little research on family needs has been conducted on single mothers of young children with disabilities" (Reyes-Blanes, et al., 1999, p. 59).

Hintermair (2000) states that parents of children with disabilities rely on their friends, family, and professionals for the bulk of their social support and information. In important previous research finding, Hintermair (2000) further states that fathers rely on intrafamily support as the main component of their support networks, while mothers make a point of getting extrafamily support to complete theirs. Reyes-Blanes, et al. (1999) claim that if a mother perceives that she has a large amount of support, she will in turn voice fewer needs since she is comfortable in the adequacy of her support network. In 1999, Reyes-Blanes, et al. also documented support for the idea that intrafamily, as well as extrafamily support to parents of disabled children is a critical resource for assistance in the parenting a disabled child. Extrafamily support that mothers may seek out include, but is not limited to, counseling on how to identify, mobilize, access, and utilize resources, support groups, professional persons, nonprofessional persons, friends, and neighbors.

Leyser and Heinze (2001) found that being able to adequately provide for their child with regard to his or her needs was the primary goal of many parents of disabled children. Parents feel a sense of frustration about the lack of forthcoming information in relation to important services that are available for their child. Leyser and Heinze (2001) go on to say that these concerns regarding services for their child are in addition to other

concerns such as family finances, adequate services, and the effects of the disability the other children in the household. Adequate services encompass the entire family, not just the disabled family member. Counseling for resentful siblings is just as important as therapy for the disabled child. Access to recreation for the entire family is also important as everyone is affected by the disability. Childcare is also a big issue for parents of a disabled child. Many areas do not have childcare providers that are willing or able to take a disabled child. This can cause financial strain on the family if one of the parents is unable to work due to childcare issues. These are just a few services that most professionals do not think of when dealing with the parents and family of a disabled child. Most only focus on the immediate needs of the child and not those of the family when it is clear that the family is also in need of services. Some of the reasons parents may not get the services their child and the rest of the family needs include "lack of familiarity with the service delivery model, language and cultural barriers...and fear or lack of trust" (Reves-Blanes, et al., 1999, p. 60). Parents may inadvertently overprotect their disabled child when information regarding all of the family needs is not readily available. Powers, Sowers, and Stevens (1995) found that parents may not have the skills or knowledge about how to identify activities for their disabled children or may in fact want to protect them and will have difficulty encouraging their children's independence. In a questionnaire distributed by Leyser and Heinze (2001), "parents checked not receiving information about raising their child, about sources of assistance, about helping meeting other parents, or about receiving counseling for the family. In each of these cases, when parents did receive information, more than one third did not find it useful" (p. 39). The possession of useful information is a precursor to functional parenting.

Parents need to be able to make use of what they have or they become frustrated and give up altogether. Findler (2000) states that in order for parents to utilize other forms of support, they must have their need for information met first.

#### Self-Efficacy

According to Harrison, Rainer, and Hochwarter (1997) self-efficacy is a major component of Bandura's social-cognitive theory, which states that behavior is strongly motivated by self-influence. This means that people must believe in their skills and abilities to complete the task before they will feel comfortable in attempting to complete it. Harrison, et al. (1997) also claim that in recent research on self-efficacy, the construct has been shown to be a major determinant of tasks and behavior. Strauser (1995) adds that if individuals do not believe that they can actually carry out the task or the behavior effectively, they will not act at all.

In 1986, Bandura defined self-efficacy as people's judgment of their capabilities to organize and execute courses of action required to attain designated types of performance. Then in 1989, this definition was expanded by Wood and Bandura to say that self-efficacy "refers to beliefs in one's capabilities to mobilize the motivation, cognitive resources, and courses of action needed to meet situational demands" (p. 410). Harrison, et al. (1997) felt that the self-efficacy construct has a very significant role as a building block in the formation of an individual's behavior and attitudes.

People with weak self-efficacy, who perceive that a task is beyond their capabilities, will as a rule, avoid that task if possible. Strauser (1995) found that individuals with low self-efficacy will have low expectations of their abilities and are more likely to avoid situations that they perceive as being too much for them to handle. They will be more drawn to situations they feel are within their realm of coping mechanisms and that they perceive they can handle with relative ease. Tasks that are perceived to be beyond the coping skills of an individual are often undertaken only if necessary and without choice.

Some of these more difficult tasks are faced by parents of disabled children. Finding services in the unfamiliar human services territory is a task most parents find frightening. A parent experiencing weak self-efficacy usually waits for professionals to find the services for them or they just don't pursue the services. They are especially likely not to pursue services if they are told their child is not eligible. They are unlikely to question the authority of professionals that make this claim, whether it is insurance companies, the school systems, or other agencies. If the parent does pursue services, they will often settle for the first one they find, whether they are satisfied or not. This allows them to quit looking and return to their comfort zone. It is important to note that according to Strauser (1995), failure to complete a task satisfactorily will weaken selfefficacy, which in turn makes parents feel as if they are incapable of completing the task, again leading to a feeling of failure. This becomes a vicious cycle for parents who are desperately seeking to help their child. Parents who try to get services and experience failure in doing so will more than likely decide their skills are not adequate and may give up. Strauser (1995) says that if the incentive of success is not there to keep them motivated, it does not matter if the skills are. If this person had questionable self-efficacy initially, the failure of their attempt can devastate their beliefs in themselves.

On the other hand, Wood and Bandura (1989) state that people with a strong sense of self-efficacy are more likely to take on more difficult tasks, work longer at getting what they want, and be more successful in completing the task they are pursuing. Parents with strong self-efficacy will actively pursue services for their child in any manner possible and will not stop searching for the perfect provider until they are satisfied with the services their child is receiving. These parents will not allow their child to be denied services to which they know their child is entitled. They are confident and comfortable in their ability to get the best available services and will not stop until they achieve this goal. Harrison, et al. (1997) report, "that when precise and detailed measurements of efficacy are made, a high correspondence between efficacy and performance is found" (p. 79).

Parental performance is often a source of internal conflict. Finding resources for a disabled child is an even greater conflict. Research supports the existence of five different conflict resolution styles. These five styles are: dominating, avoiding, integrating, obliging, and compromising (Corcoran and Mallinckrodt, 2000). According to Corcoran and Mallinckrodt (2000), the avoiding style is typical of a person who expects a conflict resolution to end in a losing situation for himself and a winning situation for the other party involved. This is similar to the attitude of a person with weak self-efficacy. These people will view their abilities as inferior with little expectation of being able to follow through with the necessary task. Tam (1996) stated that if a person views himself as incompetent, the effect on his desire to try new things is devastating. If the task is for parents obtaining services for their child for the first time independently, it can lead to the child getting very little in the way of services since their parents will be

reluctant to try to find additional services. People with weak self-efficacy feel there is no way they can accomplish what is expected so they are content to accept what others are willing to offer.

Proper preparedness for a new task can boost self-efficacy to some degree. Tam (1996) states that if "the individual attempting the task has not been prepared adequately, that individual's sense of self-efficacy may be reduced." (p. 51). Parents need to feel ready to take on the system. They need the tools and the information to feel confident in their abilities, even if they are a little afraid. That is the purpose of the resource guide. The information in the guide provides parents with agency names, as well as contact names and phone numbers.

The dominating conflict resolution style involves a 'take no prisoners' attitude and deals specifically with concern for self and not others (Corcoran and Mallinckrodt, 2000). This conflict resolution style is characteristic of a person with strong selfefficacy. This is a person with an 'I can do it' belief, who feels he or she can tackle any type of conflict and come out on top. For a parent with a disabled child, this type of conflict resolution style and strength of efficacy would be most beneficial to the child. A third type of conflict resolution style—integrating style-- leads to a win-win situation. A person with an integrating style "engages in a continuing search for a true win-win situation." (Corcoran and Mallinckrodt, 2000, p. 474) This is typical of a moderate strength self-efficacy. This is found in a person who is somewhat confident, with a few remaining doubts in his abilities. While a disabled child would still benefit from this type of parent, the benefits would be mediocre at best. This parent would fight for their child, but only to an extent. This type of self-efficacy characterizes people afraid to rock the

boat and make a nuisance of themselves. They may ask why once or twice, but will eventually not push the issue in fear of upsetting the service provider.

The outcome of the so-called conflict is as important to self-efficacy as the conflict resolution style used to get there. Outcome expectations play a key role in determining efficacy. Research by Tam (1996) found that "outcome expectations" influenced efficacy expectations to the extent that individuals who know that behaviors would result in desired outcomes also possessed greater positive efficacy expectations than individuals who had poor outcome expectations" (p. 51). Outcomes are divided into two categories: cognitive and affective (Tam, 1996). Both outcome categories have an impact on the self-efficacy of the parent. The resource guide primarily affects the cognitive outcome category. This category is characterized by the actual knowledge and skills gained (Tam, 1996). The resource guide will provide parents with knowledge they need to obtain the services for their child, which in turn increases their skill level for each subsequent attempt at the same type if task. Each time the parent uses the guide to gain informational support to get the services they are seeking, their sense of efficacy increases. As this efficacy increases, the likelihood they will continue to seek additional services, even in the face of obstacles, increases proportionally.

#### Relationship between Self-Efficacy and Social Support:

While there is an abundance of literature relating to studies that have been or are currently being done regarding self-efficacy and social support as individual concepts, there is very little related to the effect of social support on self-efficacy and the relationship between the two ideas. It has been stated by Kruger (1997) that there is

overwhelming evidence that "the majority of researchers have used self-efficacy as an independent variable" (p. 164) when in fact there are instances when it should be used as a dependent variable or in conjunction with other variables. Self-efficacy deals with a person's perceptions of and confidence in their ability to complete tasks that are attempted. In reality however, many aspects of life influence a person's self-efficacy, some internal and some external.

In a recent study by Turner and Lapan (2002), there was evidence presented that one external aspect, parental social support, influenced career development choices in adolescents in the area of uniqueness of career choice. The more support these adolescents felt they had from their parents and the more confident they were made to feel in their abilities to make their own decisions, the more likely they were to choose a career development path that best suited their interests and long-term career goals. This choice was made by each adolescent, regardless of whether or not this same career path was chosen by his or her peers. According to Turner and Lapan (2002), the perceived parental support, both inside and outside of the school setting, was shown to positively affect the child's decision making process and allow them the confidence needed to make decisions based on their wants and needs and not on those of their parents or societal norms. In this same study, it was found that parental support had a significant effect on feelings of efficacy in college students seeking an undergraduate degree. "Distal factors (e.g. the environmental supports provided by parents, teachers, and professional school counselors) exert a moderating affect through learning experiences on the young person's career-related self-efficacy and outcome expectations." (Turner and Lapan, 1997, p. 44) Parents who offer adequate support to their children in all aspects of life are offering a

valuable asset in the form of social support. Children, adolescents, and even adults look to their parents for validation that their choices are correct. If the support is evident for independence in making decisions, and if this support continues to be evident even through the aftermath of a bad choice, these individuals will gain a great sense of selfefficacy. Career choice is a big decision for anyone to make and occasionally requires that a person feel comfortable to go against the norm and make a decision based on what he feels will make him happy, rather than what others think will make him happy. A good sense of self-efficacy, born from a good support network is paramount to this process.

According to Kruger (1997), a relationship exists between social support and selfefficacy in the realm of problem solving. Kruger conducted a study at various elementary schools and determined that a relationship did in fact exist between social support and self-efficacy in problem solving among teaching assistants. Kruger (1997) was able to determine that "two climate factors related to self-efficacy, administrative support and cooperative work among faculty, suggests that work relationships have an important effect on self-efficacy" (p. 164). The administrative support could be in a number of different forms, from information to someone to talk to, while the cooperative work environment could be considered a social support network. Kruger felt that social support given to an employee from other employees would have a direct effect on selfefficacy in problem solving.

While the literature has explored this relationship in various forms, there is no literature involving the use of an all-inclusive resource guide as the form of support and it's effect on self-efficacy. That is one of the reasons for this pilot study. This pilot study is an attempt to determine if a larger study would be feasible to begin filling this gap in the literature and begin exploring the possibility of using a resource guide for support to increase self-efficacy. The relationship between social support and self-efficacy is one that needs to be explored more in the research.

# Chapter III **METHODOLOGY**

# <u>Sample</u>

The sample consisted of forty different parents of disabled children. The study population was chosen through convenience sampling, with two inclusion criteria. These inclusion criteria were 1.) Parents had to be residents of either Lapeer or Genesee Counties, MI and 2.) Be the parent of a disabled child between the ages of 4 and 21 years. The age of the parent, gender, and income were not a factor. There were no comparison or control groups utilized in this study.

# Location

This study took place locally, in Lapeer and Genesee Counties in Michigan.

# <u>Instrument</u>

The study instrument was a survey. This survey contained 19 questions in the following format:

TABLE 2 Evaluation Survey Questions

Type of Question	Number of Questions of this Type
Yes/No	9
Multiple Choice	4
Likert Scale	1
Open Ended	5

The survey contained items that measured self-efficacy as well as the use of the resource guide as a source of informational support. Each self-efficacy item was based on the parent's perception of their likelihood of obtaining and maintaining services for their child. Each usability item was based on the perception of how easy or difficult the resource guide was to use and information that the guide provided, based on what the parent was seeking.

# **Study Type**

This pilot study was a cross-sectional study, which was analytical in nature. The subjects were chosen based on their parenting of a disabled child. They were provided the resource guide for 30 days in order to allow the researcher to determine the effect of the guide on their self-efficacy.

#### **Procedure**

To begin the study, an all inclusive disabilities services resource guide was developed over a fifteen-month period. The resource guide was designed to describe services directed toward the disabled child, between 4-21 years.

Once the resource guide was finished, it was distributed to forty parents of a disabled child within each of four target age groups for a thirty-day use and review period. A third party distributed the resource guides. The guide was distributed equally among four age categories within the target age group:

TABLE 3 Distribution of Resource Guide by Age of Disabled Child in the Family

AGE OF CHILD	NUMBER OF GUIDES DISTRIBUTED
4-8 years	10
9-13 years	10
14-17 years	10
18-21 years	10

Each parent was asked to use and evaluate the resource guide for thirty days, after which the parents were asked to complete the accompanying survey.

## **Data Collection**

Once the survey was complete, it was returned to the third party who, in turn, delivered it to the researcher. The number of surveys returned was 36/40 or 90%. The study participants were given the resource guides to keep as a token of appreciation.

The data collection in this study consisted of counting and categorizing the responses to each question in the survey. Because this was a pilot study with a small number of participants, the data was gathered and analyzed without the use of statistical software.

# **Chapter IV** RESULTS

Thorough analysis of the data obtained from the study participants showed support for the resource guide's likelihood of parents' increased ability to obtain services for their disabled child. The survey response rate was 90% (36/40). Table 4 indicates the age groups and the number of surveys distributed and returned per group.

Table 4 Survey Returns based on Age of the Disabled Child

Age of Disabled Child	# Resource Guides/ Surveys Distributed	# Surveys Returned	Rate of Return
4-8 years	10	10	100%
9-13 years	10	10	100%
14-17 years	10	10	100%
18-21 years	10	6	60%

Table 5 describes the responses regarding information needs related to reasons for difficulty in obtaining services. In the 4-8 year old group, eight of ten (80%) of the parents stated that they had difficulty obtaining services for their child. Six of ten (60%) of the parents with children in the 9-13 year old age group felt they had difficulty with obtaining services. In the other two age groups, 50% of the parents felt they had difficulty getting services for their children.

Table 5 Information Needs related to Reasons for Difficulty in Obtaining Services

REASON		# Parents Choosing this Reason		
AGE	4-8 years	9-13 years	14-17 years	18-21 years
Don't Know Who to Call	6/8	26	1/5	2/5
Can't Find Anyone who Knows Eligibility Status	1/8	2/6	2/5	2/5
Don't Get to Talk to a Real Person, Only Voicemail	0/8	1/6	1/5	0/5
Don't Know that a Particular Service/ Agency Exists	1/8	1/6	2/5	1/5

Table 5 reveals that the major reason for difficulty in obtaining services in the 4-8 year age group is that parents do not know whom to call. Six of ten (60%) of the parents with children in this age group selected this reason as their first choice. This lack of information has been documented as a source of frustration for parents. For the other three age groups, there was little discrepancy between the different reasons for difficulty. Parents in the other three age groups chose each reason with similar frequency.

Table 6 exhibits whether the participating parents actually used the resource guide or simply read it in order to provide an evaluation. The resource guide was used most frequently by the parents with children in the 14-17 year old age group.

Table 6 Parents Who Used the Guide vs. Those Who Read the Guide

Used or Read	Age 4-7 years	Age 9-13 years	Age 14-17 years	Age 18-21 years
Used the Guide	3/10	4/10	6/10	1/6
Read the Guide	7/10	6/10	4/10	5/6

Sixty percent of the parents with children in this age group used the guide, while 40% stated they only read the guide in order to evaluate it. The number of parents of the children in the 18-21 year old age group used the guide the least at 1 out of 6, or 16.7%. Of the total number of parents who evaluated the resource guide, 14 out of 36, or 38.8% actually used it.

Table 7 displays the responses related to ease of use of the resource guide. The resource guide was found to be easy to use by most of the parents in all four target age groups. Of the 36 parents who participated in the study, 31 (86.6%) of them reported that the guide was easy for them to use. The parents from each age group found it equally easy to use with relatively equal frequency.

Table 7 Resource Guide Ease of Use

Was the Guide Easy to Use?	Age 4-7 years	Age 9-13 years	Age 14-17 years	Age 18-21 years
Yes	9/10	9/10	8/10	5/6
No	1/10	1/10	2/10	1/6

For those who did not find it easy to use, the reasons given were:

- "Need more specific categories"
- "Need to narrow the support group category to local and not so many from out of town."
- "Some of the information didn't need to be in it and made it more cumbersome to read"
- "Too much stuff in some of the categories. They need to be divided and made into two or more from just one."

While most of the parents were satisfied with the layout of the resource guide, a few of them felt it could be redesigned to make it more user friendly.

Table 8 shows the number of parents who felt that they would continue to use the guide after the study is complete. Overall, 31 of 36 (86.6%) felt they would continue to use the resource guide. This is an indication that the parents felt the guide can be helpful to them when searching for services for their disabled children.

Table 8 Will Parents Continue to Use the Guide

Continue to Use	Age 4-7 years	Age 9-13 years	Age 14-17 years	Age 18-21 years
Yes	8/10	9/10	9/10	5/6
No	2/10	1/10	1/10	1/6

For those parents who felt they would not continue to use the guide, the following responses were given:

- "I can get this information from my son's doctor or his teachers so I don't think I will use it."
- "My daughter will be too old for most of these services in a couple of months so I don't see the point."
- "We have all the services we can handle right now. Maybe in the future if we need more, but I don't know if we will."
- "My child is not really severely disabled so I don't think we will need any of the services listed."

One question on the survey dealt with comprehensiveness and whether the guide contained all the needed information for the parents. Table 9 displays the response of the parents on the guide's completeness.

Table 9 Parent Opinion of the Resource Guides Completeness of Information

Guide Contained All Information Needed	Age 4-7 years	Age 9-13 years	Age 14-17 years	Age 18-21 years
Yes	8/10	6/10	7/10	3/6
No	2/10	4/10	3/10	3/6

Parents generally felt the guide was complete and contained the information they needed or may need in the future. One-third felt the resource guide was missing some information they needed either using it or anticipating using it in the future. Parents to indicated the following responses:

- "Not enough information on colleges"
- "Needed more information on foster care homes"
- "I need information on behavior issues as well as the other stuff that was in the book."

The questionnaire also asked study participants to identify which section of the resource guide was most useful. The majority of parents in the 4-8 year age group identified the section containing information on support groups. This was identified in 7 out of 10 surveys from this age group. For the 9-13 year old age group, recreational activities and state information, especially special education contact persons, were identified by 3 respondents. For the 14-17 year old age group, the state educational information and the employment sections were identified as most useful by 4 respondents each. Housing and employment were most useful the parents with children in the 18-21 year old age group. As disabled children get older, just as with fully abled children, their needs change. This data suggests the resource guide will offer the parents the information they will need as their child progresses into subsequent age groups.

Table 10 reports participants' perception of the overall usefulness of the resource guide:

Table 10: Overall Usefulness of the Resource Guide

Opinion of Overall Usefulness of the Guide	Number of Responses (n=36)
Very Useful	9
Useful	15
Somewhat Useful	11
Somewhat Not Useful	0
Not Useful	1

The overall usefulness of the resource guide was positive. 35 out of 36 (97%) of the participants found the resource guide to be at least somewhat useful. Only one participant, a parent in the 4-8 year old age group felt the resource guide was not useful. The survey did not include a follow-up item that might have captured why this parent found the guide "not useful."

# Chapter V DISCUSSION

#### **Conclusions**

Overall, it was clear that parents found the resource guide informative and useful. They seemed to find the guide to be comprehensive and to cover most of the needs they may have. Parents who participated in this study found the guide to be user friendly and easy to find what they were looking for. While many of the parents did not actually use the guide, they did feel they would in the future. Many of the parents may not have had time to actually use the guide in the short 30-day evaluation window they were given.

The sections of the resource guide related to employment and housing appeared to be most helpful for parents with children in the age groups of 14-21 years. As disabled children get older, many parents find themselves faltering in the areas that encourage independence. Parents want to be able to give their older children space and freedom to make their own choices as they approach adulthood. To do this, the disabled individuals need to be able to provide for themselves in a safe and effective manner. This requires financial means and living space-be it assisted living, a group home, or a barrier free residence that meets the needs of a particular disability. By having this guide to provide the informational support needed in these situations, these parents will be able to assist their child in attaining the most independent lifestyle they can obtain. The parents will be able to feel more confident in their choices in regard to helping their child get a job and find housing as he or she reached adulthood. The need for informational support was clear, as was the increase in self-efficacy that resulted in the possession of the guide.

Parents of younger children were most in need of the support group section in the resource guide. Parents of younger disabled children, once they were ineligible for

Early-On, often felt isolated and inhibited at the prospect of caring for their child without the safety net of a case manager. By having access to a list of various support groups. these parents can connect with other parents who are, more than likely, experiencing similar issues in caring for a disabled child. Informational support in this form leads to a more expansive informal social network. This informal network can then lead to more confidence in their parenting abilities. Parents with more confidence can then make the best efforts to obtain the services their child needs.

#### **Limitations**

The main limitation of this study was the small sample size. It is possible that with a small sample size, the subjects chosen are not representative of a larger number of subjects in the target population. Friis and Sellers (1999) feel that data collected during a pilot study is not generalizable to the larger target population. The sample size may have been too small to be a good representation of the rest of the possible participants in the target population for the larger study. In order to generalize the results of this study, it would be necessary to repeat the study with a larger sample size.

Another limitation was the geographic area. Therefore, it would also be beneficial to repeat this study in multiple geographic areas, as well as larger geographic areas. This would increase generalizability of the results to parents of disabled children, within the targeted four age groups.

Another possible limitation is that the data that was collected and subsequently analyzed was based on self-reported answers. For this reason, responses may not be valid for a variety of reasons.

The forth limitation, which was also indicated in the work by Findler, is that the "findings may be time-bound: it is possible that during critical points in the life cycle of the family, the needs and perception of social support will change (for example, transition from childhood to adolescence or transition from school to work)" (Findler, 2000, p.379). This important limitation is difficult to address. It is imperative that the user of the resource guide be aware of the changes in family dynamics as a disabled child ages. While the resource guide attempts to make these transitions easier, it cannot address all issues that can impact the family unit and the family's need of social support. These same changes in the family dynamics can also affect the parent's perceptions of their abilities to seek out and obtain adequate services, resulting in less than desirable outcomes for the child as he ages.

The final limitation of this pilot study is that it is indeed a pilot study. Several aspects of this research method make it limiting by nature. The first according to O'Sullivan and Rassel (1999) is that while the pilot study is designed to detect flaws and problems that may occur in the final study, sometimes these are not always addressed and resolved. One reason for this is that in a pilot study, these problems may seem not to be of great importance when in fact; in a larger study, these problems will prove to be catastrophic. Another potential problem with a pilot study is that researchers may fail to interpret and analyze data obtained in the pilot. They may feel this data is insignificant in comparison to what they will be collecting in the larger study. This is not true. It is very important to analyze the data collected in a pilot study to determine if the data that is collected is in fact what is expected.

# Recommendations

Further research into the use of different forms of informational support and its role in self-efficacy is recommended for future studies. Parents are amazingly resourceful people, who are likely to utilize accessible tools in order to do the best they can for their children. The concept that human service resource guides should only be in the hands of human service professionals is one that definitely needs to be reevaluated. Parents should be able to take care of their own needs, not constantly be relying on others, especially in the arena of disability services, where there are often many more available options than are presented to parents by helping professionals. In managed care, it is possible lists of resources may be restricted by the organization's pre-selected providers. Parents may be provided a list of possible resources to which they are professionally required to be loyal. It is best that all options are made available to parents enabling them to make their own decision using the information they have. This leads to a higher level of self-efficacy in relation to their parenting abilities and in turn leads to better outcomes for their disabled child in terms of access to adequate and necessary services.

Another important recommendation is that a replication study of this nature should use additional types of data collection. Focus groups, personal interviews, and telephone interviews could all be effective evaluation methods. A pre-test, based on resource guide possession, followed by a post-survey based on actual resource guide use is also recommended. This would be the best-case scenario in a replicate study in which parents actually used the guide before evaluating its value. In allowing the parents to have the resource guide up to a year, the likelihood that they would have used the guide

would increase. After using the guide, they would be able to provide more substantive feedback in relation to the usefulness of the guide as a reflection of actual experience and more accurately describe reasons, it may or may not have been useful based on its intended use.

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## APPENDIX A RESOURCE GUIDE EVALUATION QUESTIONNAIRE

#### Resource Guide Evaluation Questionnaire

\*\* Please answer the following questions after you have finished studying/ using the Resource Guide. Your name will not appear in any form on this or any documents relating to the study. Thank you for your time.

Direct all questions to: Cindy Nelson, U of M Graduate Student 810-877-0702 (cell) or 810-667-0391 (work)

1.	What is the age of your child?  a4-8yrs. b9-13 yrs. c14-17yrs d18-21yrs.
2.	Do you have difficulty finding the appropriate services for your child?  ayes bno
3.	What do you find most difficult in obtaining services for your child?  aDon't know who to call  bCan't find anyone who knows eligibility status  cDon't get to talk to a real person, only voicemail  dDon't know that a particular service/ agency exists
4.	Was your child enrolled in Early On?  ayes bno
5.	Does your child get fewer services now that he or she is no longer in Early On?  ayes bno
6.	Why is this?  aDon't know how to get them on my own  bDon't know who to call  cNot sure what is available for my child as he or she gets older  dAfraid to find out how to get services for my child
7.	Did you just read the guide or did you actually use it?  aRead only

# APPENDIX B: BEYOND THE BASICS: Parents Guide to Services for Special Needs Kids, Ages 4 to 21 years.



## BEYOND the BASICS:

Parents' Guide to Services for Special Needs Kids Ages 4 to 21 years

Compiled by: Cindy Nelson, Health Educator
January 2002

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## Dedication:

To All the Special Kids in the World

Purpose: This guide was compiled in the hopes that it would enable parents to access every available and necessary service to make life more complete, fulfilling, fun, and as independent as possible for these special kids.

#### 0000000

As the parent of a disabled child, I learned so much from researching available services for this resource guide. Now that I am a more informed parent, I am passing this knowledge on to you.

There are a lot of wonderful people who were more than willing to help me make this guide as complete as possible. For that, I offer many, many thanks.



## HERE IS A JOB DESCRIPTION FOR A POSITION YOU APPLIED FOR BEFORE YOUR CHILD WAS EVEN BORN.

**POSITION: Parent** 

**JOB DESCRIPTION:** Long-term player needed for challenging permanent work in an often-chaotic environment.

- Candidates must possess excellent communication and organizational skills and be willing to work various hours, which will include evenings and weekends, as well as frequent 24-hour shifts on call. Some overnight time required, including trips to primitive camping sites on rainy weekends and endless sports tournaments in far away places. Travel expenses not reimbursed.
- 2. Extensive counseling service duties will also be required.

#### **RESPONSIBILITIES:** This is for the rest of your life.

- 1. Must be willing to be hated, at least temporarily, until someone needs \$5 to go skating.
- 2. Must be willing to bite your tongue repeatedly.
- 3. Must possess the physical stamina of a pack mule and be able to go from zero mph in three seconds flat in case, this time, the screams from the backyard are not just someone crying wolf.
- 4. Must be willing to face stimulating technical challenges such as small gadget repair, sluggish toilets, and stuck zippers.
- 5. Must screen calls, maintain calendars and coordinate production of multiple home projects.
- 6. Must have ability to plan and organize social gatherings for all ages and mental outlooks.
- 7. Must be willing to be indispensable on minute and become an embarrassment to your children the next.
- 8. Must handle assembly and product safety testing of a half million cheap, plastic toys and battery operated devices.
- 9. Must always hope for the best but be prepared for the worst.
- 10. Must assume final, complete accountability for the quality of the end product.
- 11. Responsibilities also include floor maintenance and janitorial work throughout the facility.

<u>POSSIBILITY FOR ADVANCEMENT AND PROMOTION:</u> Virtually none. Your job is to remain in the same position for years, without complaining, constantly retraining and updating your skills, so that those in your charge can ultimately surpass you.

**PREVIOUS EXPERIENCE:** None required. On-the-job training offered on a continually exhausting basis.

WAGES AND COMPENSATION: You pay them, offering frequent raises and bonuses. A balloon payment may be due when they turn 18 because of the assumption

that college will help them become financially independent. When yo die, you give them whatever is left. The oddest thing about this reverse salary scheme is that yo actually enjoy it and wish you could only do more.

**BENEFITS:** While no health or dental insurance, no pension, no tuition reimbursement, no paid holidays, and no stock options are offered, the job supplies limitless opportunities for personal growth and free hugs if yo play your cards right.

## STATE OF MICHIGAN RESOURCES:

## **State Board of Education**

Last	First	Phone	Email	Title
Austin	John C.	373-3900	jca@publicpolicy.com	State Board of Educ, Board Member
Carter	Sheri	335-0089	CarterSh@michigan.gov	Recording Secretary
Davis	Sandra L.	373-6823	DavisSL@michigan.gov	Secretary
Gire	Sharon L.	373-3900	GireS@michigan.gov	Board Vice President
Hamilton	Eileen F.	373-3902	HamiltonE@michigan.gov	Administrative Secretary
McGuire	Marianne Yared	373-3900	McguireMY@michigan.gov	Board NASBE Delegate
Moyer	Herbert S.	373-3900	MoyerH@michigan.gov	Board Member
Straus	Kathleen	373-3900	StrausK@michigan.gov	Board President
Warren, Jr.	Michael David	373-3900	stateboard@mdenet.mde.state.mi.us	Board Secretary
Weiser	Eileen L.	373-3900	WeiserE@michigan.gov	Board Treasurer
Wise	Sharon A.	373-3900	WiseS@michigan.gov	Board Member

## **Superintendent's Office**

Last	First	Phone	Email	Title
Beard	Mary Ann	241-0494	beardm@michigan.gov	Executive Management Assistant
Bielawski	Paul	335-5784	bielawp@michigan.gov	Special Assistant
Booth	Terry	373-8269	BoothT@michigan.gov	Procurement Technician
Bucholz	TJ	241-4395	BucholzTJ@michigan.gov	Coordinator of Communications Outreach

Bushaw	Bill	335-0011	BushawB@michigan.gov	Chief Academic Officer
Corbin	Susan	241-0439	CorbinS@michigan.gov	
Hattan	Jane	373-3901	HattanJ@michigan.gov	Executive Management Assistant
Lombard	Cheryl	241-1160	LombardCL@michigan.gov	Receptionist
Lundgoot	Jocelyn	241-2326	LundgootJ@michigan.gov	General Office Assistant
Merrick	Charlene	241-0062	MerrickC@michigan.gov	Executive Management Assistant
Mikulcik	Carolee	241-0726	MikulcikC@michigan.gov	Secretary to the Assistant Superintendent
Ramroth	Kay	373-9235	RamrothK@michigan.gov	Executive Management Assistant
Shane	Jean	241-0494	ShaneJ@michigan.gov	Executive Assistant to the Superintendent
Superintendent's Off	Secretary	241-2219		Secretary
Vermeersch	Linda	373-1342	vermeel@michigan.gov	Secretary
Watkins, Jr.	Thomas	373-9235	WatkinsTD@michigan.gov	Superintendent of Public Instruction
Weatherspoon	Donald	241-0726	WeatherspoonD@michigan.gov	Assistant Superintendent
Wolenberg	Carol	241-0062	WolenbergC@michigan.gov	Deputy Superintendent for Administrative and Support Services
Wong	Pam	241-2077	WongP@michigan.gov	Chief of Staff

## Office of Special Education & Early Intervention Services (OSE-EIS)

Web address: http://www.mde.state.mi.us/off/sped/AboutOSE-EIS.html

The administration provides leadership and supervision for the delivery of early intervention and education services to young children and students with disabilities, birth through age 25.

Director: Dr. Jacquelyn Thompson

Telephone: (517) 373-9433

E-mail: thompsonjj@state.mi.us

## **Staff Directory:**

## (SUPERVISORS FIRST, THEN ALPHABETICAL BY UNIT)

#### **Administration**

Jacquelyn Thompson, Director	517-373-9433
John Andrejack, Financial Specialist	517-241-4386
Lydia Calderon, Administrative Support	517-373-9433
Sharon Fink, Department Technician	517-373-0108
Sue Leach, Departmental Analyst	517-373-1695
Janet Lower, Administrative Support	517-373-0923
Kathy Pulido, Information Technology Analyst	517-373-8221
Denise Smith, Information Technology Analyst	517-335-0460
Kim Wirth, Office Assistant	517-241-4404

### Finance and Program Management

Carol Regnier, Supervisor	517-373-2949	
Beth Weber, Administrative Support	517-373-2949	
Janice Belen, Public Health Consultant	517-335-0449	
Linda Domine, Education Specialist	517-373-6309	
Dianne Easterling, Education Consultant	517-335-0459	
Lamia Haddad, Departmental Analyst	517-373-4584	
Norm Lupton, Auditor	517-335-0475	

Deb Reed, Department Technician	517-373-6488
Linda VanHorn, Administrative Support	517-241-4517
Policy, Planning, and Compliance	
David Brock, Supervisor	517-373-0924
Meredith Hines, Administrative Support	517-373-0924
<u>Compliance</u>	
Joe Gomez, Special Education Consultant	517-335-0446
Ron Greiner, Special Education Consultant	517-335-0461
Malinda Lott, Administrative Support	517-373-2979
Jim Paris, Special Education Consultant	517-335-0474
Steve Zallman, Special Education Consultant	517-335-0448
Due Process	
Barb Foster, Administrative Support	517-335-0476
Jim Rowell, Special Education Consultant	517-335-0476
<u>Monitoring</u>	
Hugh Reid, Special Education Coordinator	517-373-7169
Policy and Planning	
John Dickey, Special Education Consultant	517-373-1696

Peggy Dutcher, Education Research Consultant	517-335-0471
Anne Haddad, Office Assistant	517-335-0479
Sharon Kibby, Administrative Support	517-373-1696
Joanne Winkelman, Special Education Coordinator	517-373-1696
Quality Assurance Staff	
Ted Beck, Supervisor	517-373-6325
Yolanda Stephens, Administrative Support	517-373-6325
Quality Assurance	
Roxanne Balfour, Departmental Specialist	517-373-0926
Amy Blakeslee, Administrative Support	517-373-0926
Kathy Bradford, Education Consultant	517-335-0445
Fran Loose, Special Education Consultant	517-241-4414
Karen Rockhold, Special Education Consultant	517-335-0444
Esther VanDyke, Administrative Support	517-335-0445
Data and Research	
Jim Nuttall, Education Research Consultant	517-335-0454
	515 005 0450

The Office of Special Education and Early Intervention Services (OSE-EIS) oversees the administrative funding of education and early intervention programs and services for young children and students with disabilities. Early intervention services are coordinated for infants and toddlers (birth through age two) with disabilities and their families according to federal regulations and state standards. A free appropriate public education

517-335-0458

Frank Rowell, Special Education Consultant

is provided to eligible children and youth from birth through age 25, according to federal statute and regulations, state statute, administrative rules, and standards.

## **EQUIPMENT:**

#### **Ablenet**

1081 10<sup>th</sup> Avenue, SE Minneapolis, MN 55414

Contact: Cheryl Volkman

Ph: 800-322-0956, 612-379-0956

Fax: 612-379-9143

\*\*Markets adaptive technology products for disabled people, resources about research also available.

#### **Alliance for Technology Access**

2175 E. Francisco Blvd., Suite L San Rafael, CA 94901

Contact: Joyce Hakansson

Ph: 800-455-7970, 415-455-7970 (TTY)

Fax: 415-455-0654

\*\*Works to connect adults and children with disabilities with resources and networks to obtain adaptive equipment. Information about products and services also available.

#### **American Cancer Society**

2367 S. Linden Rd. Flint, MI 48532

Contact: Becky Langtry

Ph: 810-733-3702 Fax: 810-733-1480

Website: www.cancer.org

\*\*Variety of medical supplies and home medical equipment for loan to cancer patients. Also has orthotic seating and prosthetic devices for loan.

#### American Diabetic Support Group

4627 Arnold Ave., Suite 4 Naples, FL 34104

Contact: John Fitzpatrick

Ph: 800-830-9211

\*\*Provides diabetic supplies to person's on Medicare and with non-HMO insurance.

#### American Red Cross—Lapeer Office

287 W. Nepessing, Suite 1 Lapeer, MI 48446

Contact: Laura Allen Ph: 810-664-9926 Fax: 810-664-2016

\*\*Offers medical supplies and equipment as available through donations. Diabetic supplies, canes, walkers, diapers, etc. are available.

#### American Red Cross—Genesee Chapter

1401 S. Grand Traverse Flint, MI 48503

Contact: Kim Yecke Ph: 810-232-1401 Fax: 810-232-8670

\*\*Offers medical supplies and equipment as available through donations. Diabetic supplies, canes, walkers, diapers, etc. are available.

#### **Ameritech Special Needs Center**

25900 Greenfield, rm 105 Oak Park, MI 48237

Contact: Harriet Cole Ph: 800-482-8254 TDD 800-482-3141

- \*\*Special services and prices to individuals with limited mobility, motion impairments, hearing impairments, and vision impairments.
- \*\*Telecommunications relay services: operators provide intermediary assistance between TTY users and non-TTY users. Call 800-649-3777

#### Dogs for the Deaf

10175 Wheeler Rd. Central Point, OR 97502 Ph: 800-990-3647

\*\*Utilizes shelter dogs to be trained to assist hearing impaired and deaf persons. Dogs are trained to help with safety and independent living.

#### Easter Seals of Genesee County, Inc.

1420 W. Third Ave. Flint, MI 48504

Contact: Elliot Fauster Ph: 810-238-0475 Fax: 810-238-9270

\*\*Assistive technology procuct repairs, wheel chair cleaning and repair, Financial assistance for persons needing braces, corrective shoes, and orthopedic devices. Provides equipment which foster independence for physically and visually handicapped individuals.

\*\*Offers loans to assist with construction of wheelchair ramps for disabled persons.

#### **GM Mobility Program**

Ph: **8**00-323-9935 TDD: **8**00-833-9935

\*\*Provides information about local car dealers who offer cash reimbursement for adaptive equipment and modifications. Offers information related to types of adaptive equipment available for use in autos and which types of cars are best suitable for adaptation.

#### **Kenny Foundation**

26211 Central Park Blvd., Suite 100 Southfield, MI 48076

Contact: Russ Deery

Ph: 800-23R-EHAB 248-357-0119

TDD: 248-237-3422 Fax: 248-351-2102

Website: www.comnet.org/kenny

\*\*Equipment connection online program, assistive technology equipment, resale and listing service, connects buyers and sellers of used equipment, home accessibility resource kits, ramp construction, home barrier evaluation and removal.

#### Leader Dogs for the Blind

1039 S. Rochester Rd. Rochester, MI 48307

Contact: William Hansen

Ph: 888-777-5332 TTY: 248-651-3713 Fax: 248-651-5812

\*\*Trains dogs to lead the blind and persons to use the dogs. Also provides services for deaf people.

#### Living and Learning Resource Center

1023 S. US-27 St. Johns, MI 48879

Contact: Hunt Reigle Ph: 517-224-0333 Fax: 517-224-0330

\*\*Consultation center on enabling equipment and technology for disabled children and adults. Also has a software lending library.

#### Locks of Love

1640 S. Congress Ave., Suite 104 Palm Springs, FL 33461

Contact: Peggy Knight Ph: 888-896-1588 Fax: 561-963-9914

\*\*Provides natural hair wigs to children under age 18 with medical hair loss. Privided on a sliding scale or free for those that cannot afford them.

### **Look Good Feel Better Wigs**

**American Cancer Society** 

2367 S. Linden Rd. Flint, MI 48532

Contact: Becky Langtry Ph: 800-513-9930

Fax: 810-733-1480

Website: www.cancer.org

\*\*Service for patients undergoing radiation and chemotherapy. Helps with self esteem and feeling good about their appearance. Certificates given to patients needing wigs to use at hair salons. Call for details.

#### **Medic Alert Emblems**

PO Box 1009 Turlock, CA 95381

Contact: Tanya Glazebrook

Ph: 800-344-3226

\*\*Emblem engraved with vital medical information. Medic alerts toll free number engraved also for access to patient information by emergency personnel.

#### Michigan Commission for the Blind

125 E. Union, 7<sup>th</sup> Floor Flint State Office Building Flint, MI 48502

Contact: Elizabeth White

Ph: 810-760-2030 Fax: 810-760-2032

\*\*Assist with vision testing and helping people with low visual acuity to purchase visual aids.

### Michigan Department of Career Development and Rehabilitation Services of Flint

Michigan Department of Education 303 W. Water St., Suite 204

303 W. Water St., Suite 204

Flint, MI 48503

Contact: Carl Monroe Ph: 810-760-2103 Fax: 810-760-2114

Website: www.mrs.state.mi.us

\*\*Vocational rehab to decrease barriers to employment for persons with disabilities. Job placement and follow-up, worker's certification.

#### Volkswagon Mobility Access Program

Ph: 800-444-8987

\*\*Provides information about local dealers with mobility programs that provide information and cash reimbursement for adaptive equipment and modifications. Check with insurance companies, Michigan Rehabilitation Services, and other sources ato determine what is covered and for financial assistance.

#### NATIONAL PHONE NUMBERS FOR ADAPTIVE EQUIPMENT:

AbleNet: 800-322-0956

Alliance for Technology Access: 800-455-7970

Apple Computer Worldwide Disability Solutions Group: 800-600-7808

800-755-0601 (TTY)

Assistive Technology Systems Change Project: 800-872-5827

AT&T Accessible Communications Product Center: 800-233-1222 800-896-9032 (TTY)

Chrysler Corporation Automobility Program: 800-255-9877

IBM Special Needs Systems: 800-426-4832, 800-426-4833 (TTY)

Techknowledge: 800-726-9119

## **HEALTH AND MEDICAL:**

#### Children's Special Health Care Services—Michigan

Michigan Department of Public Health P.O. Box 30915 Lansing, MI 48909

Contact: Ronald Uken

Ph: 517-335-8961 fax: 517-335-9222

\*\*Financial assistance to families of children who have handicapping conditions and who qualify for CSHCS or SSI. Case management, information. Call for appointment to determine eligibility.

#### Children's Special Health Care Services—Flint

Genesee County Health Department 630 S. Saginaw Flint, MI 48502

Contact: Robert Pestronk

Ph: 810-257-3508 TDD 810-257-3027 fax: 810-257-3146

\*\*Financial assistance to families of children who have handicapping conditions and who qualify for CSHCS or SSI. Case management, information. Call for appointment to determine eligibility.

#### Children's Special Health Care Services—Lapeer

Lapeer County Health Department 1800 Imlay City Rd.. Lapeer, MI 48446

Contact: Stephanie Mercer

Ph: 810-667-0391 fax: 810-667-0232 e-mail: :smercer@lapeercounty.org

\*\*Financial assistance to families of children who have handicapping conditions and who qualify for CSHCS or SSI. Case management, information. Call for appointment to determine eligibility

#### Children's Wish Fund

C/o Hurley Medical Center

I Hurley Plaza Flint, MI 48503

Contact: Andrea Price Ph: 810-257-9000 TDD: 810-257-9855 Fax: 810-257-9969

\*\*Grants wishes for children under the age of 18 years with a life-threatening illness or who are seriously affected by a chronic illness. Parents make application to the fund. Call for more details.

#### **Community Health Services**

G-1090 N. Ballenger Hwy.

Flint, MI 48532

Contact: Linda Krueger Ph: 810-762-2088

\*\*Home health care, personal care services, companionship, transportation. Care provided by RN, Nurse Aide, or LPN.

#### Elf Khurafeh Temple

P.O. Box 3261 Saginaw, MI 48605

Contact: George Wilson

Ph: 800-248-7324 Fax: 517-752-8350

\*\*Programs for physically disabled children. Also for children who have been burned. Offers braces and rehabilitation. Offers services for burn victims at specialized burn centers. 22 facilities nationwide.

#### Genesee County Health Department

630 S. Saginaw Flint, MI 48502-1540

Contact: Robert M. Pestronk, Health Officer

Ph: 810-257-3612 TDD 810-257-3027 Fax: 810-257-3147

Website: www.co.genesee.mi.us

- \*\* Community Health Services: Home visits, chronic disease information, Children's special health care services, Medicaid screening program.
- \*\*Health Education: AIDS presentations, AIDS information, chronic/ acute disease information and referrals.
- \*\*Clinics: immunization clinics, confidential AIDS testing.

#### Genesys Home Health and Hospice

Genesys Health Systems, Inc. 100 S. Dort Hwy., Suite B Flint, MI 48503

Contact: David Baker Ph: 800-922-5220 Fax: 810-762-0027

\*\*Pediatric and adult in-home health care. Offers health aides; occupational, speech, and physical therapist; medical social worker; recommendations for structural modifications to make home more accessible. Phones answered 24 hours/day.

#### **Genesys Medical Equipment Services**

106 S. Dort Highway Flint, MI 48503

Ph: 810-762-3663 Fax: 810-762-3627

- \*\*Home health services: Respiratory therapy, IV, pharmacy
- \*\*<u>Equipment services:</u> Orthotic braces, glucose monitoring, ambulation aides, nutritional supplements, ostomy, urological (diapers, catheters), and other supplies (call for specific items).

#### **Hurley Home Care/ Hospice**

2700 Robert T. Longway Flint, MI 48503

Contact: Antionette Hardy

Ph: 810-760-0150

Fax: 810-239-6389

\*\*Full array of services for persons with terminal illness. Provides therapy services, social work, nursing, home health, and nutrition services.

### **Hurley Medical Center**

One Hurley Plaza Flint, MI 48503

Contact: Andrea Price Ph: 810-257-9000 TDD: 810-257-9855 Fax: 810-257-9969

\*\*Comprehensive inpatient and outpatient care. Accepts Medicaid and children's special health care services. Has a comprehensive burn unit.

### Lapeer County Family Independence Agency

1505 Suncrest Dr. Lapeer, MI 48446

Contact: Gerald Redman

Ph: 810-667-0800 Fax: 810-667-0795

\*\*In home assistance for caregivers, state financial assistance for disabled individuals, Medicaid for eligible persons.

### **Lapeer County Health Department**

1800 Imlay City Rd. Dr. Lapeer, MI 48446

Contact: Stephanie Mercer

Ph: 810-667-0391 Fax: 810-667-0232

Website: www.lapeer.lchd.org

\*\*Children's special health care services

\*\*Healthy kids/ MIChild health insurance

- \*\*Home Health care with physical therapy, occupational therapy and speech therapy, nursing, and social work.
- \*\*Health Screenings, vision and hearing

\*\*WIC

### Lapeer Regional Hospital

1375 N. Main Lapeer, MI 48446

Contact: Donald Kooy Ph: 810-667-5530 Fax: 810-667-1659

Website: www.mclaren.org

\*\*Full service medical center. Offers rehabilitation outpatient unit featuring PT, OT, and cardiac rehab

### **McLaren Health Care Corporation**

401 S. Ballenger Hwy. Flint, MI 48532

Contact: Phillip Incarnati

Ph: 810-342-2000 Fax: 810-342-1069

Website: www.mclaren.org

\*\*Acute care hospital. Inpatient rehabilitation unit. Offers full service outpatient therapy center.

### **Medicaid Assistance Hotline**

Ph: 800-803-7174

\*\*Toll free number for answers to Medicaid benefit questions.

### MI Child Health Insurance

PO Box 30412 Lansing, MI 48909 Contact: Bob Stampfly

Ph: 800-642-4452 888-988-6300

\*\*Health insurance for children up to age 18 years.

### Mott Children's Health Center

806 Tuuri Place Flint, MI 48503-2490

Phone: 810-767-5750

\*\*Health Services for children up to age 18 years.

<u>Medical:</u> Allergy treatment, orthopedic treatment, chronic disorders, opthamology

<u>Dental:</u> Routine dental treatment, some orthodontic procedures. Dental treatment for handicapped persons (evening hours available).

#### **Sunshine Foundation**

Contact: 800-622-1976

\*\*Fulfills wishes of handicapped and terminally ill children aged 3-21 years.

# INFORMATION ON DISEASES AND CONDITIONS:

#### **AIDS Hotline**

American Social Health Association P.O. Box 13827
Triangle Park, NC 27709

Contact: Peggy Clarke

Ph: 800-342-AIDS 919-361-8400

\*\*Referrals to local agencies. Information on testing and treatment of AIDS and HIV. Literature in several languages. 24-hour hotline.

#### **ADD/ADHD Clinics**

1.)Attention Deficit Center Ruth Robin, MC 27646 Pierce Southfield, MI 48076 Ph: 248-569-1130

### \*\*Accepts Medicaid

2.) Dr. Ramish Chheda, Md2768 Flushing Rd.Flint, MI 48532Ph; 810-232-0040

\*\*Accepts Medicaid

\*\*Affiliated with Hurley Hospital

3.) Dr. James Grosenbach Licensed Psychologist 1820 N. Lapeer Rd. Lapeer, MI 48446 Ph: 810-667-9099

4.) Lapeer Counseling Center: Dan Kachman 700 S. Main St., Suite 210 Lapeer, MI 48446 Ph: 810-664-4363

5.) Children's Clinic: Shirley A. Harris, Psy. D 350 N. Court St, Suite 302

Lapeer, MI 48446 Ph: 810-245-4568

### Alexander Graham Bell Association for the Deaf

Ph: 202-337-5220

\*\*Services for deaf and hearing impaired individuals. Includes support, advocacy, and financial aid.

### American Autoimmune Related Diseases Association

22100 Gratiot Ave.

East Detroit, MI 48205

Contact: Pam Goodman

Ph: 800-598-4668 Home: 810-735-5917 Fax: 810-776-3903

Website; www.aarda.org

### **American Cancer Society**

2367 S. Linden Rd. Flint, MI 48532

Contact: Erin Warren

Ph: 810-733-3702 800-227-2345

Fax: 810-733-1480

Website: www.cancer.org

\*\*Provides some items not covered by patient insurance and for uninsured patients. Referrals to agencies for assistance. Sponsors various support groups.

### American Diabetes Association—Michigan Affiliate

30600 Telegraph Rd., Suite 2255 Bingham Farms, MI 48025

Contact: Andrea Maddox

Ph: 800-434-5006 Fax: 248-433-1095

<sup>\*\*</sup>Information and services to patients with autoimmune disorders and their families. Up-to-date information and research materials.

\*\*Referral information, information on lawyers, professional referrals, and health care issues for people with diabetes. Summer camps for children with diabetes.

### American Heart Association of Michigan

271 Woodland Pass, Suite 110 East Lansing, MI 48823

Contact: Lisa Bennett Ph: 800-968-2425 Fax: 800-968-2422

\*\*Information and referrals for patients with heart problems/ stroke.

### **American Lung Association**

519 S. Saginaw, Suite 312 Mott Foundation Building Flint, MI 48502

Contact: Amy Krug-Schaenzer

Ph: 810-232-3177 Fax: 810-232-6257

Website: www.alam.org

\*\*Information and services related to asthma, bronchitis, emphysema, and many other lung disorders. Offers a camp for children with asthma. Information on lung health and how to advocate for legislative issues related to lung health.

### **ARC Michigan**

1325 Washington Ave. Lansing, MI 48910

Ph: 800-292-7851 Fax: 517-487-5426

Website: www.arcmi.org

\*\*Provides advocacy for citizens with developmental disabilities. Education and referral services also offered.

## ARC Genesee County G-5069 Van Slyke Rd.

Flint, MI 48507

Contact: Max Galanter Ph: 810-238-3671 Fax: 810-238-2140

\*\*See ARC of Michigan

### Arthritis Foundation-- Mid-Michigan

2900 Hannah Blvd., Suite B105. Lansing, MI 48823

Contact: Kendra Monroe-Tycocki 810-230-8290 Ph: 800-968-3030

Fax: 810-230-8292

Website: www.arthritis.org

\*\*Information on assistive devices, self-help classes, physician referrals, lending library for people with arthritis. Offers support groups in Lapeer and Genesee Counties.

### **Autism National Committee**

635 Ardmore Ave. Ardmore, PA 19003-1831

Ph: 610-649-9139 Fax: 610-649-0974

Website: www.autcom.org

\*\*Dedicated to advancing and protecting the rights of people with Autism/PPD. Promotes inclusion and self-determination.

#### Books available from:

**Autcom Bookstore** 204 Valorie Lane, #4 Madison, WI 53716 Ph: 800-378-0386 Fax: 608-222-7670

6035 Executive Drive, Suite 109 Lansing, MI 48911

Contact: Sally Burton

### **Autism Society of Michigan**

Ph: 800-223-6722 Fax: 517-487-2377

Website: www.autism-mi.org

\*\*Provides advocacy, education, training, and referrals to services for people with autism.

### **AVKO Dyslexia Research Foundation**

3084 W. Willard Rd. Clio, MI 48420

Contact: Don McCabe Ph: 810-686-9283 Fax: 810-686-1101

Website: www.avko.org

\*\*Public awareness workshops and in-services to help dyslexics learn to read. Free daily tutoring.

#### Barbara Ann Karmanos Cancer Institute

110 E. Warren Ave. Detroit, MI 48201

Contact: William Stengle

Ph: 800-4CA-NCER (24 hr. hotline)

Fax: 313-831-4039

Website: www.nci.nih.gov

\*\*Information and referrals relating to cancer: treatments, causes, prevention, support groups, diagnosis, and rehabilitation.

### Blue Water Center for Independent Living

392 Nepessing Lapeer, MI 48446

Contact: Linda Olsen

Ph: 800-401-4448 810-664-9098

Fax: 810-664-0937

\*\*AIDS emergency fund, HIV/.AIDS counseling, HIV education, HIV Testing, Mental Health counseling. Information and referrals for various disabilities and handicaps. Call for information.

### Brain Injury Association of Michigan

8619 W. Grand River, Suite 1 Brighton, MI 48116

Contact: Michael Dabbs

Ph: 800-772-4323 Fax: 810-229-8947

Website: www.biausa.org/michigan

\*\*Information and services for brain injury patients and their families. Works to encourage and support legislation issues. Offers support groups. Call 810-953-9854 for details.

### Cancer Answer Line

U-M Ann Arbor 101 Simpson Dr. Ann Arbor, MI 48109-0752

Ph: 734-936-2516 Fax: 734-936-9582

\*\*Information on many types of cancer and their treatment options. Information related to support groups. Calls answered by nurses on-call.

### **Cancer Information Service of Michigan**

M.L. Prentice Cancer Center 110 E. Warren Ave. Detroit, MI 48201

Contact: Suzanne Zielinski

Ph: 800-4-cancer Fax: 313-831-8714

\*\*Information on all aspects of cancer: causes, treatment, diagnosis, detection, prevention, rehabilitation, and support groups

### Celiac-Sprue Association--USA

P.O. Box 31700 Omaha, NB 68131-0700

Ph: 810-332-2938

\*\*Self-help, support groups. Also, dermatitis herpetiformis.

### Children's Leukemia Foundation of Michigan

29777 Telegraph Rd., suite 1651 Southfield, MI 48034

Contact: Glenn Trevisan

Ph: 800-825-2538 Fax: 810-353-0157

\*\*Offers services for children and adults with leukemia and leukemia related disorders. Includes: financial assistance for treatment, transportation to treatments, assistance with prescriptions, as well as recreational activities.

#### **Cleft Palate Clinic**

Hurley Medical Centro One Hurley Plaza Flint, MI 48503-5993

Contact: Dr. J. Tummala

Ph: 810-257-9962 Fax: 810-257-9969

\*\*Evaluation and treatment for children with cleft palate and cranio-facial disorders. Held 2<sup>nd</sup> Wednesday, September through May at Mott Children's Health Center.

### Crohn's and Colitis Foundation of America, Inc.

31313 Northwestern Highway, Suite 209 Farmington, MI 48335

Contact: Bernard Riker Ph: 248-737-0900 Fax: 248-737-0904 Email: micc@aol.com Website: www.ccfa.org

\*\*Support group meetings and annual coping conferences Disease related information available.

### Cystic Fibrosis Foundation—Genesee Valley Branch

Greater Michigan Chapter 1076 Professional Building, #2 Flint, MI 48532 Contact: Kelly Kirby Ph: 810-733-2803 Fax: 810-733-3359

\*\*Information and literature about Cystic Fibrosis. Provides latest cystic fibrosis research information.

### **Developmental Disabilities**

Genesee County Community Mental Health 420 W. Fifth Ave. Flint, MI 48503-2494

Contact: Robert McLuckie

Ph: 810-257-3714 Fax: 810-257-3795

\*\*Programs for persons with developmental disability, mental impairment, cerebral palsy, autism, epilepsy, and other impairments. Respite care for children. Day treatment for multiply handicapped children and adults.

### **Developmental Disabilities Institute**

Wayne State University 6001 Cass Ave. 326 Justice Detroit, MI 48202

Contact: Barbara LeRoy

Ph: 313-577-2654 Fax: 313-577-3770

Website: www.ddi.wavne.edu/index.html

\*\*Evaluation, research, training, educational programs, and consultations related to persons with developmental disabilities.,

### **Diabetes Education**

Blue Care Network-Flint G-3245 Beecher Road Flint, MI 48532

Contact: Ragnhild Bundesmann, RN, MPH

Ph: 810-733-9511 Fax: 810-733-9688

### Diabetes Information and Action Line (D.I.A.L)

Phone Line: 1-800-342-2383

### **Diabetes Learning Center**

Genesys Regional Medical Center One Genesys Parkway Grand Blanc, MI 48439

Contact: Dr. Jean Nelson, DO

Ph: 810-606-6970

Site #2: Flint Osteopathic Campus 3921 Beecher Rd. Flint, MI 48532

Contact: Joey Bachtel, RN, CDE

Ph: 810-762-4455 Fax: 810-762-4460

\*\*Individual and group diabetes education. Complete education including diet and insulin therapy and injection training.

### **Diabetes Outreach and Referral Network**

Genesee County Health Department 630 S. Saginaw Flint, MI 48502-1540

Contact: Tina Hanson Ph: 810-257-3143 Fax: 810-257-3147

\*\*Information and referrals to agencies and services for people with diabetes and diabetic conditions. Nursing assessments for same.

<sup>\*\*</sup>Diabetes education for all ages.

<sup>\*\*</sup>National network for information and referrals.

### **Diabetes Resource Center**

Hurley Medical Center 1 Hurley Plaza Flint, MI 48503

Contact: Linda Fowler, RN, BSN, CDE or Jennifer Larrea, Rn

Ph: 810-257-9322 Fax: 810-257-9659

\*\*Diabetes education for all ages.

### Down Syndrome Association of Western Michigan

P.O. Box 8804 Kentwood, MI 49518

Contact: Paul K. Brower

Ph: 616-956-3488

### Dyslexia Resource Center, Inc.

2157 university Park Dr., Suite 6 Okemos, MI 48864

Contact: Mary Lee Killingbeck

Ph: 517-349-6521

### **Epilepsy Center of Michigan**

Genesee County Community Mental Health 420 W. Fifth St. Flint, Mi 48503-2494

Contact: Kenneth Orlich

Ph: 810-257-3714 Fax: 810-257-3770

\*\*Information and referral source. Short term therapy for people with seizure disorders. Information and brochures also available upon request. Sliding fee scale.

<sup>\*\*</sup>Information an referral service for persons with down syndrome.

<sup>\* \*</sup>Information and referral service for students with dyslexia.

### Genesee Council of the Blind, Inc.

5701 S. Saginaw Flint, MI 48505

Contact: Marjorie Maul

Ph: 810-789-2265

\*\*Services for visually impaired people ages 18+. Advocacy, education and enrichment programs, and transportation to program sites.

#### **Hear Now**

9745 E. Hampden Ave., Suite 300 Denver, CO 80231

Ph: 800-648-hear TTY: 303-695-7797 Fax: 303-695-7789

\*\*Hearing aids and cochlear implants for hearing impaired persons who have financial need.

### Hemophilia Foundation of Michigan

2301 Platt Rd., Suite 100 Ann Arbor, MI 48104

Contact: Ivan Harner Ph: 800-482-3041 Fax: 734-975-2889

Website: www.hfmich.org

\*\*Information and literature on hemophilia management and treatment options, including medical/dental, counseling, diagnostic clinics. Offers a summer camp for children. Offers scholarships as well. AIDS information also available. Has a newsletter.

### **Huntington's Disease National Center**

975 W. Walnut Indianapolis, IN 46202-5251

Contact: Dr. Michael Conneally

Ph: 317-274-5745

\*\*Research Center for Huntington's Disease, offers presymptomatic testing for individuals at risk. Huntington's Disease clinical services.

### Huntington's Disease Society of America

107 Mark St.

Mt. Clemons, MI 48043

Contact: Kathleen Herman

Ph: 810-465-7550 810-659-4548

\*\*Information for patients with Huntington's Disease and their families. Education of health care professionals.

### **Hurley Children's Clinics**

806 Tuuri Place Flint, MI 48503

Contact Phone: 810-257-9734

\*\*Several pediatric clinics addressing a variety of different health issues. See the following list for more details.

- Cystic Fibrosis Clinic: Services for children with cystic fibrosis.
- Hematology/ Oncology Clinic: Diagnosis and treatment for children with blood disorders, such as sickle cell or cancer. Participates in the international childhood cancer research network.
- Cardiology Clinic/ Pediatric Cardiology: Works with doctors to provide the best treatment for children with cardiology disorders.
- **Endocrinology Clinic:** Works with doctors to provide the best care for children with endocrine disorders, such as diabetes and growth hormone deficiency.
- Development Assessment Clinic: Monitors development of children who are not growing as they should.
- **Nehprology Clinic:** Serves children with kidney and bladder problems.
- **Neurology Clinic:** Services for children with neurological disorders such as seizures and neuromuscular diseases.
- **Pulmonology Clinic:** Services for children with respiratory problems such as asthma and cystic fibrosis.
- Surgical Specialty Clinic: Surgical Services for children with bone disorders and oral/ facial problems. Clinics for orthopedics, cleft palate, and general surgery.

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- **Pulmonology Clinic:** Services for children with respiratory problems such as asthma and cystic fibrosis.
- Surgical Specialty Clinic: Surgical Services for children with bone disorders and oral/ facial problems. Clinics for orthopedics, cleft palate, and general surgery.

#### **Juvenile Diabetes Foundation**

29350 Southfield, Suite 42 Southfield, MI 48076-2020

Contact: Victoria Mustlo

Ph: 248-569-6171 Fax: 248-569-4726

\*\*Information for people of all ages on insulin treatment for type I diabetes.

### Kidney Foundation of Michigan (national)

2350 S. Huron Parkway Ann Arbor, MI 48104

Contact: Dan Carney

Ph: 800-482-1455 734-971-2800

Fax: 734-971-5655

\*\*Education and support services for patients with kidney disease. Camp program for children, adults, and families. Information and referrals also offered.

### Learning Disabilities Association of Michigan

200 Museum Drive, Suite 101 Lansing, MI 48933-1905

Contact: Herb Yamanishi

Ph: 888-597-7809 517-485-8160

Fax: 517-485-8126

\*\*Provides information, advocacy assistance, and offers support groups. Local, state, and national newsletters.

### Leukemia and Lymphoma Society--Michigan Chapter

1421 E. Twelve Mile Rd., Bldg. A

### Madison Heights, MI 48071

Contact: Julia K. Bizzis

Ph: 800-456-5413 248-582-2900

Fax: 248-582-2925

\*\*Research and education information. Offers upport groups. Offers scholarships to camp. Assists with transition services for disabled children.

### Leukemia Society of America—Michigan Chapter

21617 Harper Ave. St. Clair Shores, MI 48080

Contact: Karen Pyle Ph: 313-778-6800 TDD 800-456-5413 Fax: 313-353-0157

\*\*Offers financial aid for treatment expenses of have limited or no health insurance, transportation expenses, patient educational programs.

### Michigan Association for Deaf, Hearing and Speech Services

2929 Covington Ct., Suite 200 Lansing, MI 48912-4939

Contact: Jody Smith

Ph: 800-968-7327 517-487-0066

V/TTY 800-YOUR-EAR

Fax: 517-487-2586

\*\*Statewide services for hearing/speech impaired persons. Medical referrals. Scholarships for high-school seniors. Public education and legislative advocacy.

### Michigan Commission for the Blind

125 E. Union, 7<sup>th</sup> Floor Flint State Office Building Flint, MI 48502

Contact: Elizabeth White

Ph: 810-760-2030 Fax: 810-760-2032

\*\*Youth Low Vision Services Program: helps persons up to age 25 with vision acuity 0f 20/70 to purchase vision aids. Medical evaluation, training, and job placement for all ages.

### Michigan Head Injury Alliance (Flint)

G-3339 Cheyenne Burton, MI 48529

Contact: Ruth Hauzwell

Ph: 810-743-4378

\*\*Information on doctors, lawyers, and where medical needs can be purchased. Referrals and resources for patients and their families.

### Michigan Hodgkins Disease Foundation

P.O. Box 1701 Ann Arbor, MI 48106

Contact: Jim Reisinger Ph: 734-761-3155

\*\*Information for patients and families, professional speakers, and support groups available. Also publishes a newsletter.

### Michigan Spinal Cord Injury Association

5171 Field Rd. Clio, MI 48420

Contact: Bruce Charge Ph: 810-686-5978

\*\*Information on education and research related to spinal cord in juries.

### **Muscular Dystrophy Association**

6054-1/2 Fenton Road Flint, MI 48507

Contact: Darlene Chivinsky

Ph: 810-232-3190 Fax: 810-232-5844 \*\*Comprehensive medical services to persons with neurological diseases. Offers information on clinics, research, support groups, wheelchairs, and summer camps.

### **National Organization for Rare Disorders**

P.O. Box 8923

New Fairfield, CT 06812-8923

Ph: 203-746-6518 Fax: 203-746-6481

\*\*Information center for resources on rare disorders. Promotes research on the cause, control, and cure of rare disorders.

### Orton Dyslexia Society—Michigan

8548 Rivercrest Dr. sw Jenison, MI 49428

Contact: Jim Grant Ph: 800-ABCD-123

\*\*Information about dyslexia. Workshops offered twice a year.

### **Project Find**

1996 Oregon Lapeer, MI 48446

Contact: Mike Rexin Ph: 810-245-3980 Fax: 810-664-3011

\*\*Locates individuals with disabilities and special needs up to 26 years of age. Referrals to school districts for educational purposes.

### Rotary Dyslexia Center of Flint

Michigan Dyslexia Center 2503 S. Linden Rd. Flint, MI 48532

Contact: W.H. Weidlich

Ph: 810-732-5850 Fax: 810-732-1180 \*\*Assessment and tutoring for persons with dyslexia ages 6+. One-to-one tutoring offered for \$30/hr.

### Sickle Cell Anemia Counseling

Urban League of Flint 5005 Cloverlawn Flint, MI 48504

Contact: Mel Brannon Ph: 810-789-7611 Fax: 810-239-5910

\*\*Screening and counseling for persons with sickle cell anemia and sickle cell traits. Offers in-home and hospital visits.

### Sickle Cell Program

Genesee County Health Department 630 S. Saginaw Flint, MI 48502-1540

Ph: 810-785-4817 Fax: 810-257-1347

\*\*Referral service to assist patients in locating physicians for care. Assists in finding testing locations.

### Spina Bifida Association of Southeast Michigan

March of Dimes P.O. Box 26181 Fraiser, MI 48026-6181

Contact: Tom Riopelle

Ph: 810-423-3229 810-423-3200

\*\*Fund raising activities for research and public awareness. Information related to spina bifida available.

### Statewide Services for the Hearing Impaired

202 E. Boulevard Dr. Flint, MI 48503

Contact: Julie Miron

Ph: TTY 810-239-3112 24 hrs/7 days

\*\*Promotes welfare, education, and social activities for the hearing impaired. Provided interpretation services, education materials, and advocacy. Offers 4 residential group homes for deaf and hearing-impaired individuals.

### Tourette's Syndrome Association-Central Michigan Chapter

521 Rust Park Grand Blanc, MI 48439

Contact: Karin Baxter

Ph: 810-695-4109 810-621-3646

\*\*Information on Tourette's Syndrome. Physician Referrals. Written materials available.

### **United Cerebral Palsy Association of Metro Detroit**

23077 Greenfield, Suite 205 Southfield, MI 48075-3745

Ph: 800-827-4843 Fax: 248-557-4456

E-mail: ucp@ameritech.net

Website: www.comnet.org/ucpdetroit

\*\*Information and referral service for persons with cerebral palsy. Education, advocacy, public education, and rights training also offered by this group.

### United Cerebral Palsy Association of Michigan

3401 E. Saginaw Lansing, MI 48933

Contact: Terrance Hunt

Ph: 800-828-2714 517-203-1200

\*\*Information and referral service for persons with cerebral palsy. Education, advocacy, public education, and rights training also offered by this group.

### **Visually Impaired Center**

725 Mason Flint, MI 48503 Contact: Donald A. Stevens, MSW

Ph: 810-235-2544 TDD 810-235-5530 Fax: 810-235-2597

Information and referral, peer support groups, adaptive independent living, technology training, community outreach, career exploration, advocacy, and safe travel skills offered.

### Wellness HIV/AIDS Services, Inc.

311 E. Court Flint, MI 48502

Contact: Amna Osan Ph: 810-232-0888 Fax: 810-232-2418

<sup>\*\*</sup>Clearinghouse for information and services on AIDS and HIV. Support services available.

### CHILD CARE/ ADULT DAY CARE:



### 4-C Greater Flint/ Thumb Area Child Care Referral Center

310 E. Third St. Flint, MI 48502

Contact: Mary Ann Ketels

Ph: 800-527-2182 TDD 810-232-4866

Fax: 810-232-6261

\*\*Child care referrals. Will provide names of providers that have indicated they will care for special needs children.

#### **ABC Childcare**

1155 Alice St. Lapeer, MI 48446

Contact: Crystal Fleishans, owner/director

Ph: 810-667-2714

\*\*In-home daycare, offers care for special needs children, enrolled in state food program.

### **Genesee County Family Daycare Association**

7265 Davison Rd. Davison, MI 48423-2009

Contact: Nancy Kramer Ph: 810-653-4289

\*\*Maintains a list of licensed day care providers. Referrals to these providers can be made. Holds meetings to continuously educate day care providers.

### **Human Development Commission**

1559 Imlay City Rd. Lapeer, MI 48446

Contact: Mary Ann Vandermark

Ph: 810-664-7133 Fax: 810-664-2649

### **Imlay City Combination's Head Start Program**

Weston Street Elementary 275 Weston St. Imlay City, MI 48444

Ph: 810-724-8313

### Kids & Company

3149 Woodside Dr. Lapeer, MI 48446

Ph: 810-667-2454

### Lapeer Combination's Head Start Program

Lapeer RLDS 2062 W. Oregon Lapeer, MI 48446

Ph: 810-667-7370

### **Lapeer County Community Mental Health**

1570 Suncrest Drive Lapeer, MI 48446

Contact: Mike Vezena Ph: 810-667-0500 Fax: 810-664-8728

Website: www.county.lapeer.org/CMH

### **Lapeer County Head Start Programs**

MOTT Community College—Lapeer Branch 550 E. Lake Dr., Suite E Lapeer, MI 48446

<sup>\*\*</sup>Provides day care for disabled adults in center-based programs.

<sup>\*\*</sup>Will take special needs children, must be toilet -trained.

<sup>\*\*</sup>Available at most of the elementary schools in Lapeer School District, summer care, latchkey.

<sup>\*\*</sup>Short-term respite for caregivers of developmentally disabled children and adults.

Contact: Pat Bowerman, Regional Director or Brenda Danielson, Community Coordinator

Ph: 810-667-3089

### Lapeer County Head Start—Mott Full Day/ Full Year

550 E. Lake Rd., Suite E Lapeer, MI 48446

Contact: Candace Purk, Director

Ph: 810-667-3133

### North Branch Combination's Head Start

North Branch Elementary 3960 Banker St. North Branch, MI 48461

Ph. 810-688-4202

<sup>\*\*</sup>Half-day sessions, school year only.

<sup>\*\*</sup>Provides full day head start, available full year. Provides before and after school daycare.

## **GENETIC SERVICES:**

### **PEDIATRIC SERVICES:**

University of Michigan Ann Arbor Jane Schuette, MS 734-764-0579

Children's Hospital
Detroit
Joan Conard, MS/ Leigh Anne Flore,
MS
313-745-4513

Henry Ford Hospital Detroit Peggy Rush, MS 313-916-3188

Michigan State University East Lansing Linda Miller Wolf, MS 517-353-2030

Spectrum Health Grand Rapids/ Muskegon Monica Marvin, MS 616-391-2700

St. Joseph Mercy
Pontiac
Pediatric Specialty Clinic Coordinator
248-858-6492

William Beaumont Hospital Royal Oak Cheryl Harper, MS 248-551-0487

### **ADULT SERVICES:**

### Henry Ford Hospital Detroit Peggy Rush, MS (313-916-3188

Includes Neurogenetic Specialty Clinic, Von-Hippel-Lindau clinical care center

## University of Michigan Ann Arbor

Medical Genetics: includes Neurofibromatosis Specialty Clinic Wendy Uhlmann, MS 734-763-2532

Neurogenetic Disorders Clinic Joan Mathay, RN 734-936-3087

Kellogg Eye Center: Inherited Retinal and Macular Degeneration Clinic Beverly Yashar, MS, PhD 734-763-5906

## Wayne State University/ Harper Hospital Detroit

Neurogenetic Clinic Karen Krajewski, MS 313-745-4275

Charcot-Marie-Tooth Research Study Karen Krajewski, MS 313-577-1689

Michigan State University East Lansing Linda Miller Wolf, MS 517-353-2030

Offers coordinated services for Hereditary Hemochromatosis

William Beaumont Hospital Royal Oak Cheryl Harper, MS 248-551-0487

Spectrum Health Care Grand Rapids/ Muskegon Karen Lewis, MS 616-391-2700

Spectrum Health-Ferguson Blodgett Digestive Disease Institute Grand Rapids 616-774-7408

### CHILDREN'S SPECIAL HEALTH CARE SERVICES OUTREACH CLINICS:

Bay City Peggy Rush, MS 313-916-3188 Twice Yearly

Flint Rebecca Zoller, MS 517-353-2030 4<sup>th</sup> Tuesday of each Month

Midland Peggy Rush, MS 313-916-3188 Four times Yearly

Port Huron Peggy Rush, MS 313-916-3188 Five times Yearly

Saginaw Peggy Rush, MS 313-916-3188 Four times Yearly

Alliance of Genetic Support Groups: 800-336-4363
National Organization for Rare Disorders: 800-999-6673 (voice, TTY)

### **EDUCATION:**

**Alpena Community College** 

666 Johnson Alpena, MI 49707

Ph: 989-356-9021 ext. 226



30922 Beechwood Garden City, MI 48135

Contact: Rose McGovern

Ph: 313-383-6576

\*\*Information on educational programs for autistic children.

### Calvin College

Department of Education Grand Rapids, MI 49546

Ph: 616-957-6214
Fax: 616-957-8551
e-mail: steg@calvin.edu

\*\*Departments for Specific Needs:

Learning Disabilities 616-957-6211 Mental Impairment 616-957-6212

### **Central Michigan University**

Student Disability Services 255 Foust Hall Mt. Pleasant, MI 48859

Contact: Carol L. Wojcik

Ph: 989-774-3018 TDD 989-774-2568

### **Central Michigan University**

Department of Counseling and Special Education



208 Rowe Hall Mt. Pleasant, MI 48859

Ph: 989-774-3205 Fax: 989-774-3542

### \*\*Departments for Specific Needs:

 Emotional Impairments
 989-774-3776 or 989-774-3507

 Learning Disabilities
 989-774-3205 or 989-774-3507

 Mental Impairment
 989-774-3561 or 989-774-3606

### Central Michigan University

Department of Communication Disorders 411 Moore Hall Mt. Pleasant, MI 48859

Ph: 989-774-3471 Fax: 989-774-2799

Speech, Language Pathology, and Audiology 989-774-3471

#### **Chatfield School**

231 Lake Dr. Lapeer, MI 48446

Contact: Jack or Betty McCauley

Ph: 810-667-8970 Fax: 810-667-8983

Website: www.schools.lapeer.org/chatfield

### C.S. Mott Community College

1401 E. Court St. Flint, MI 48503

Contact: Dr. Richard Shaink, President Ph: 810-762-0200 TDD 810-762-0396

<sup>\*\*</sup>Departments for Specific Needs:

<sup>\*\*</sup>Michigan public school academy. Grades K-6.

<sup>\*\*</sup>Continuing education programs

### C.S. Mott Community College--Lapeer Campus

550 Lake Dr., Suite A Lapeer, MI 48446

Contact: Wanda Dowdall, Manager

Ph: 810-667-4166 Fax: 810-667-4170

### **Davenport University--Flint Campus**

3488 N. Jennings Rd. Flint, MI 48504

Contact: Wilma Collins Ph: 800-815-8034

Website: www.davenport.edu

\*\* Local college offering continuing education

### **Davenport University--Lapeer Campus**

550 Lake Dr., Suite B Lapeer, MI 48446

Contact: Valinta Schnable

Ph: 810-664-9655 Fax: 810-664-1912

Website: www.davenport.edu

### **Eastern Michigan University**

Department of Special Education 215 Rackam Building Ypsilanti, MI 48197

Ph: 313-487-3300 Fax: 313-487-7153

### \*\*Departments for Specific Needs:

Administrative Manager 313-487-3302 Administration ad Supervision 313-487-0026

Emotional Impairment 313-487-0356 or 313-487-0026

Hearing Impairment 313-487-4413

Learning Disabilities 313-487-0026 or 313-487-0356

<sup>\*\*</sup> Local college offering continuing education.

Mental Impairment 313-487-0026 or 313-487-0137

Visual Impairment 313-487-0026

Speech Pathology 313-487-4410 or 313-487-4412

### Families and Advocates Partnerships for Education

Pacer Center, Inc. 4826 Chicago Avenue South Minneapolis, MN 55417-1098

Contact: Paula Goldberg, Sue Abderholden, and Dixie Jordan

Ph: 888-248-0822 TTY 612-827-7770 Voice: 612-827-2966 Fax: 612-827-3065

E-mail: <u>fape@pacer.org</u>
Website: www.fape.org

\*\*Partnership that aims to improve educational outcomes for students with disabilities. Links families, advocates, and self-advocates to improve educational outcomes.

### **Genesee County Intermediate School District**

2413 W. Maple Ave. Flint, MI 48507-3493

Contact: Tom Svitkovich

Ph: 810-591-4400 TTY 810-591-4545 Fax: 810-591-7570

\*\*Transition planning for special needs students beginning at age 14yrs. Services related to special education. Testing for learning disabled and emotionally impaired students. Acts as an intermediary between federal/state/local agencies and the schools.

### **Grand Valley State University**

132 AuSable Hall Allendale, MI 49401

Ph: 616-895-2091 Fax: 616-895-3288

Departments for Specific Needs:

Administrative Manager	616-771-6665
Emotional Impairment	616-895-2091 or 616-771-6668
Learning Disabilities	616-895-2091 or 616-771-6668
Mental Impairment	616-895-2091

### **Lapeer County Intermediate School District**

1996 W. Oregon Lapeer, MI 48446

Contact: Kathy Clegg Ph: 810-664-5917 Fax: 810-664-1011

Superintendent: Peter M. Holley

Ph: 810-664-5917 Fax: 810-664-1011

### **Lapeer County Intermediate School District Parent Advisory Council**

Ph:	Lapeer ISD:	Patricia Jessop	810-798-8177
	-	Debbie Goslin	810-667-9959
	Almont:	Dawn Wedemyer	810-798-8902
		Dee Zender	810-798-8322
	Dryden	Paula Reeser	810-796-3290
	Imlay City	Karen Cook	810-724-0057
	•	Lois Cooke	810-724-8523
		Nancy Marshall	810-724-4816
	Lapeer	Vicki Kosinski	810-664-1588
	•	Kathryn Oliver	810-793-2642
		Jerrie Thompson	810-664-4079
	N. Branch	Cindy Curell	810-688-2321
		Adrienne Shifflett	810-688-8119
	Chatfield	Jessica LaCroix	810-796-3601

<sup>\*\*</sup>Transition planning for special needs students beginning at age 14yrs. Services related to special education. Testing for learning disabled and emotionally impaired students. Acts as an intermediary between federal/state/local agencies and the schools.

### Michigan School for the Deaf and Blind

Last	First	Phone	Email	Title
Brown	Kathy	810-257-1422	BrownK3@michigan.gov	Principal/MSB
Davlantes	Alex	810-257-1414	DavlantesA@michigan.gov	Executive Director
Mair	Carole	810-257-1400	MairC@michigan.gov	Media Department/Films
Moore	Delphine	810-257-1407	Moored@michigan.gov	Assistant Principal, MSD
Morford	Sandy	810-257-1428	MorfordS@michigan.gov	Secretary to the Executive Director/Personnel
Winkler	Cecelia	810-257-1467	winklerc@michigan.gov	Principal

### Michigan State University

Department of Counseling, Educational Psychology, and Special Education 447 Erickson Hall
East Lansing, MI 48824

Ph: 989-355-1837 Fax: 989-353-6393

### \*\*Departments for Specific Needs:

artificates for specific recess.	
Administration and Supervision	989-355-1835
Deaf/ Blind	989-355-1837
Emotional Impairment	989-355-1890
Hearing Impairment	989-355-1837
Learning Disabilities	989-355-1835
Mental Impairment	989-355-1835
School Psychology	989-355-8502
Visual Impairment	989-355-1835

**Mott Community College** (see also C.S. Mott Community College) Disability Service for Students

1401 E. Court St.

Flint, MI 48503-2089

<sup>\*\*</sup>Promotes partnerships between among parents and educators that benefit students with disabilities.

Contact: Delores Williams

Ph: 810-762-0399 fax: 810-762-0257

\*\*Departments for Specific Needs:

Interpreter Training 810-762-0272

## National Information Center for Children and Youth with Disabilities (NICHCY)

P.O. Box 1492

Washington, D.C. 20013-1492

Ph: 800-695-0285 TTY 202-884-8200

E-mail: <u>nichcy@aed.org</u>
Website: <u>www.nichcy.org</u>

### NATIONAL PHONE NUMBERS FOR EDUCATION:

American Association for Vocational Instructional Materials: 800-228-4689

American School Counselor Association: 800-306-4722

National Canter for Research in Vocational Education: 800-762-4093

National Center for School Leadership: 800-643-3205

Urban Special Education Leadership Collaborative: 800-225-4276

U.S. Office of Educational Research and Improvement: 800-424-1616

<sup>\*\*</sup>Information and resources on all aspects of special education for children of all ages. Includes information on which questions to ask, legislation, where to find information, what services each child is entitled to under the law based on diagnosis. Wealth of information free of charge.

## **RECREATION:**

### **Banbury Cross Therapeutic Equestrian Center**

2971 Casey Rd. Metamora, MI

Contact: Carol Curtis Ph: 810-678-3033

\*\*Horseback riding activities for children and teens with disabilities.

## Blind Outdoor Leisure Development (BOLD)

3801 Joyner St. Flint, MI 48532

Contact: Muf Faenbaker

Ph: 810-238-0369

\*\*Outdoor and recreational activities for visually impaired children and adults. Seeks sited volunteers for guides. Activities include beep baseball, tandem bicycling, skiing (downhill and cross country).

### Blue Water Library for the Blind and Physically Handicapped

210 McMorran Rd. Port Huron, MI 48060

Contact: Byron Sitler Ph: 810-982-2327 Fax: 810-987-8570

\*\*Books and other literature in large print and on audiotape for use by visually impaired individuals.

### **Boy Scouts of America (Flint Tall Pine Council)**

202 E. Boulevard Dr., Suite 300 Flint, MI 48503

Contact: Raymond Morrell

Ph: 810-235-2531

Fax: 810-235-5052

\*\*Youth Development programs with focus on various community problem.

## **Boy Scouts of America (Lapeer, Tall Pine Council)**

1999 Bolton Rd. Lapeer, MI 48446

Contact: John Chapman

Ph: 810-664-4291

\*\* Leadership activities for grades 1-12 with adult supervision

### Children's Museum

1602 W. Third St. Flint, MI 48504

Contact: Tom Summer Ph: 810-767-KIDS Fax: 810-767-4936

\*\*Hands-on museum for kids. Permanent displays as well as visiting displays. Educational and fun for all ages. Family annual memberships available for purchase.

## Crossroads Village and Huckleberry Railroad

6140 Bray Rd. Flint, MI 48505

Contact: Ron Schnell Ph: 810-785-6134

\*\*Historical village with railroad and steamboat. Call for rates and dates of special events.

### Dryden township Library

5480 Main St.

Dryden, MI 48428

Contact: Desta Ureel Ph: 810-796-3586 Fax: 810-796-2634

Website: www.lapeer.org/library

\*\*Books and other materials available for public use. Recording and tape collection.

### Flint Cultural Center

817 E. Kearsley St. Flint, MI 48503

Contact: Cindy Ornstein

Ph: 810-237-7330

\*\*Fine Arts and Museums. Call for information.

### Flint Institute of Arts

1120 E. Kearsley Flint, MI 48503

Contact: John B. Henry, III

Ph: 810-234-1695 Fax: 810-234-1692

\*\*Art classes for kids and adults. Exhibits and special events.

### Flint Institute of Music

1025 E. Kearsley Flint, MI 48503

Contact: Paul Torre Ph: 810-238-1350 Fax: 810-238-6385

Website: www.thefim.org

\*\*Offers classes in music and dance. Preschool program for kids age 3-5. Sponsor of Flint Theater Organ Club.

### Flint Public Libraries

Website: www.flint.lib.mi.us/fpl.html

Main Branch 1026 Kearsley Flint, MI 48503 Ph: 810-232-7111 TTY 810-232-7399

Cody Branch 3521 Fenton Rd.

Flint, MI 48505 Ph: 810-238-5822

North Flint Branch 5005 Cloverlawn Dr. Flint, MI 48507 Ph: 810-785-9879

West Flint Branch 3601 Beecher Rd. Flint, MI 48532 Ph: 810-238-3637

### Flint Youth Theater

1220 E. Kearsley Flint, MI 48503

Contact: Jessica Smith Ph: 810-760-7420 Fax: 810-760-7420

\*\*Comprehensive theater arts for youth. Encourages creativity and youth theater performance.

### For Mar Nature Preserve

2142 N. Genesee Rd. Burton, MI 48509

Contact: Diantha Martin

Ph: 810-789-8567 Fax: 810-736-7220

### Genesee Council of the Blind, Inc.

5701 S. Saginaw Flint, MI 48505

Contact: Marjorie Maul Ph: 810-789-2265

\*\*Services for visually impaired people ages 18+. Advocacy, education and enrichment programs, and transportation to program sites. Arts and crafts, recreational activities, and social enrichments programs.

<sup>\*\*</sup>Seven miles of nature trails, visitor center, nature preserve.

### Genesee District Libraries

Website: www.falson.edu/gdl

### **Baker Park Library**

3410 S. Grand Traverse Burton, MI 48502 Ph: 810-742-7860

### **Beecher Community Library**

1386 W. Coldwater Rd. Mt. Morris, MI 48458 Ph: 810-789-2800

### **Burton Library**

G-4012 E. Atherton Rd. Burton, MI 48519 Ph: 810-742-0674

### Clio Area Library

2080 W. Vienna Clio, MI 48420 Ph: 810-686-7130

### **Davison Area Library**

203 E Fourth Davison, MI 48423 Ph: 810-653-2022

### **Fenton Library**

200 E. Caroline Fenton, MI 48430 Ph: 810-629-7612

### Flint Twp. Library

2071 Graham Rd. Flint, MI 48532 Ph: 810-732-9150

### **Flushing Library**

120 N. Maple Fllushing, MI 48433 Ph: 810-659-9755

### Forrest Twp. Library

123 W. Main St. Otisville, MI 48463 Ph: 810-631-6330

### Genesee Twp. Library

7397 N. Genesee Genesee, MI 48437 Ph: 810-640-1410

### **Goodrich Library**

10237 Hegel Rd. Goodrich, MI 48438 Ph: 810-636-2489

### **Grand Blanc Library**

515 Perry Rd. Grand Blanc, MI 48439 810-694-5310

### **Linden Library**

201 N. Main Linden, MI 48451 Ph: 810-735-7700

### **Montrose Library**

241 Feber Montrose, MI 48457 Ph: 810-639-6388

### Mt. Morris Library

685 VanBuren Mt. Morris, MI 48458 Ph: 810-686-6120

### **Swartz Creek Library**

8095 Civic Swartz Creek, MI 48473 Ph: 810-635-3900

### Blind and Physically Handicapped Library

G-4195 W. Pasadena Flint, MI 48532 Ph: 810-732-1120

### **Gymboree Play Programs**

G-3341 S. Linden Road Flint, MI 48507

Contact: Stephanie Stewart

Ph: 810-732-0270

\*\*Developmental play programs. Play group for parents and children up to age 5 years. Call for times and fee schedule.

### Horseback Riding for Handicappers

MSU Extension 1800 Imlay City Rd. Lapeer, MI 48446

Contact: Brenda Patrick

Ph: 810-664-0343

\*\*Horseback riding for handicapped persons, May, June, August, and September

## **Lapeer County Community Center**

880 S. Saginaw Lapeer, MI 48446

Contact: Ray Turczyn Ph: 810-664-4431 Fax: 810-667-7153

\*\*Variety of activities. Swimming, gym with raquetball and volleyball, basketball, walking track. Offers several classes year round. Call for more information.

# Lapeer County Community Health Stepping Stone Day Activity

1570 Suncrest Drive Lapeer, MI 48446

Contact: Mike Vezena Ph: 810-667-0500 Fax: 810-664-8728

Website: www.county.lapeer.org/CMH

\*\*Day activity program for adults with developmental disabilities. Provides social and recreational activities, as well as skill training.

### **Lapeer County Library**

201 West Village Dr. Lapeer, MI 48446

Contact: Phyllis Clark Ph: 810-664-9521 Fax: 810-664-8527

\*\*Public access to materials, including audio books and large print materials.

### Marguerite DeAngeli

925 W. Nepessing Lapeer, MI 48446 Ph: 810-664-9671 Fax: 810-664-5581

### **Clifford Branch**

9530 Main St. Clifford, MI 48727 Ph: 989-761-7393 Fax: 989-761-7541

### Columbiaville Branch

4718 First St. Columbiaville, MI 48421

Ph: 810-793-6100 Fax: 810-793-6243

#### Elba Branch

5508 Davison Rd. Lapeer, MI 48446 Ph: 810-653-7200 Fax: 810-653-4267

### **Goodland Branch**

2374 N. VanDyke Inlay City, MI 48444 Ph: 810-724-1970

Fax: 810-724-5612

### **Hadley Branch**

3556 Hadley Rd. Hadley, MI 48440 Ph: 810-797-4101

Fax: 810-797-2912

#### Metamora Branch

4018 Oak St. Metamora, MI 48555 Ph: 810-678-2991

Fax: 810-678-3253

### Otter Lake Branch

6361 Detroit St. Otter Lake, MI 48464 Ph: 810-793-6300 Fax: 810-793-7040

### **Lapeer County MSU Extension**

1800 Imlay City Rd. Dr. Lapeer, MI 48446

Contact: Dyle Henning

Ph: 810-667-0341 Fax: 810-667-0355

Website: www.msue.edu/lapeer

\*\*Proud equestrian riding therapy, 4-H clubs for youth development

### **Lapeer County Parks and Recreation**

235 Nepessing Lapeer, MI 48446

Contact: Robert Baird Ph: 810-667-0304 Fax: 810-667-0340

Website: www.county.lapeer.org/Parks

\*\*Variety of recreational activities at several locations. List follows.

### Torzewski County Park

Pero Lake Rd. Lapeer, MI 48446 \*\*Water Park

### General Squire Memorial Park

South Mill Rd.
Dryden, MI 48428
\*\*Hall rentals, picnic areas

## Library of Michigan Service for the Blind and Physically Handicapped

717 W. Allegan, P.O. Box 30007 Lansing, MI 48909

Contact: Maggie Bacon

Ph: 800-992-9012 TDD 517-373-1592 Fax: 517-373-5865

E-mail: magbacon@Libofmich.Lib.mi.us

\*\*Resources for visually impaired and disabled persons. Books on tape, etc. List of local libraries, which provide books on tape availability.

### **Ligon Outdoor Center**

5213 E. Farrand Clio, MI 48420

Ph: 810-687-4270 810-591-4200

Fax: 810-687-3683

\*\*Sensitive to wheelchair users. Guided or self-guided walks along wildlife preserves and beaches. Features Lake Ligon, spring fed lake with a boardwalk that allows access to 10 acres of wetland.

### **Longway Planetarium**

1310 Kearsley Flint, MI 48503

Contact: Michael Gardner

Ph: 810-237-3400 Fax: 810-237-3417

\*\*Educational and visual presentation of stars and planets. Themed shows.

## Mideastern Library for the Blind and Physically Handicapped

G-4195 Pasadena Flint, MI 48504

Contact: Pat Peterson Ph: 810-732-1120 Fax: 810-732-1715

\*\*See above.

### Mott-Hashabarger Farm

6140 Bray Rd. Flint, MI 48505

Contact: Ron Schnell Ph: 810-760-1795

\*\*Petting farm with activities for the whole family. Call for fees.

### Newspapers for the Blind

Ph: 810-762-3656

\*\*Recorded messages of the Flint Journal, Detroit Free Press, and magazines. Available 24 hours/ 7 days a week for visually impaired and blind individuals.

### Sloan Museum

1221 E. Kearsley Flint, MI 48503

Contact: Marvin Tim Shickles

Ph: 810-237-3450 Fax: 810-237-3451

\*\*Permanent and temporary exhibits. Exhibits that show history of Flint and Genesee County.

## Housing:

### **Adult Foster Care Providers of Genesee County**

304 W. Tobias St. Flint, MI 48503

Contact: Teresa M. Price

Ph: 810-233-6922

\*\*Support system for foster care providers. Offers advocacy for foster care issues. Information on foster care homes in Genesee County.

### Adult Home Health-Lapeer

1505 Suncrest Dr. Lapeer, MI 48446

Contact: Barb Pinch

Ph: 810-667-0860 810-667-0831

Fax: 810-667-0795

\*\*Helps disabled adults ages 18+ remain in an independent living situation. Includes meal preparation, personal care, shopping, housekeeping and personal chores.

### Ann Arbor Center for Independent Living

2568 Packard Ann Arbor, MI 48104-6831

Contact: Rob Wolf Ph: 734-936-7160

\*\* Housing information and assistance, independent living skills. Information related to accessible housing

### **Architectural Barriers Committee**

19460 Seminole Redford, MI 48240

Contact: Frank Clark Ph: 313-531-8779

<sup>\*\*</sup>Assists in designing and implementing barrier free designs.

## Blue Water Center for Independent Living

392 Nepessing Lapeer, MI 48446

Contact: Linda Olsen

Ph: 800-401-4448 810-664-9098 fax: 810-664-0937

\*\*Housing information and assistance, independent living skills. Information related to accessible housing.

### Central Michigan Non-Profit Housing Inc.

P.O. Box 631

Mt. Pleasant, MI 48858

Contact: Mary Fussman

Ph: 517-772-0574 Fax: 517-773-0996

#### Child and Adolescent Services

Genesee County Community Mental Health 1102 Mackin Flint, MI 48503

Contact: Gail Stimson

Ph: 810-257-3676 TTY 810-767-7736 fax: 810-257-0713

### **Construction Code Authority**

1075 Suncrest Dr. Lapeer, MI 48446

Contact: Ron Cischke Ph: 810-667-0429 Fax: 810-667-2952

Website: www.lapeer.org/Gov/CCA

<sup>\*\*</sup>Residential services for patients with Prader-Willi Syndrome.

<sup>\*\*</sup>Residential group home placement for hearing impaired individuals.

Imlay City Office 150 N. Main St. Imlay City, MI 48444

Ph: 810-724-8081 Fax: 810-724-0032

\*\*Code enforcement for localities. Will do inspections of buildings for barrier free code compliance. Housing inspections for home builders and buyers.

### **Developmental Disabilities**

Genesee County Community Mental Health 420 W. Fifth Ave. Flint, MI 48503-2494

Contact: Robert McLuckie

Ph: 810-257-3714 fax: 810-257-3795

\*\*Assists in placement of adults into residential settings. Monitoring with follow-up after placement. In-home services are available.

### **Disability Network**

877 East Fifth Ave. Flint, MI 48503

Ph: 810-742-1800

\*\*Advocates and provides services for individuals to assist in living independently in their communities.

### Easter Seals of Genesee County, Inc.

1420 W. Third Ave. Flint, MI 48504

Contact: Elliot Fauster Ph: 810-238-0475 Fax: 810-238-9270

\*\*Offers funding to build wheelchair ramps for disabled persons.

## Flint Housing Commission

3820 Richfield Rd. Flint, MI 48506-2678

Contact: Reginald Richardson

Ph: 810-736-3050 810-735-3060 (24-hrs) fax: 810-736-0158

\*\*Housing for low income and disabled individuals.

## Flint Neighborhood Improvement and Preservation Project (FNIPP)

505 W. Court St.

Flint, MI 48503-5020

Contact: Ronald P. Roland

Ph: 810-766-7212 810-232-8050 fax: 810-766-7040

\*\*Grants and low interest loans available to low income and handicapped individuals. Eligibility varies with programs. Barrier free design assistance. Free labor on minor home repairs.

### **Genesee County Metro Planning Commission**

1101 Beach St. Flint, MI 48502

Contact: Chapin Cook

Ph: 810-257-3010 fax: 810-257-3185

\*\*Home improvement repair to qualified individuals. Deferred payment loans or no interest grants. Oversees contractors and repairs.

## **Housing Development Authority (Flint)**

436 S. Saginaw, Suite 408 Flint, MI 48502

Ph: 810-760-2796

\*\*Section 8 vouchers, assistance with housing issues.

## **Housing Development Authority (Lapeer)**

544 N. Saginaw Lapeer, MI 48446

Contact: Kathy Sanday

Ph: 810-664-0591 fax: 810-667-7154

\*\*Section 8 housing vouchers, assistance with housing issues.

### **Human Development Commission**

1559 Imlay City Rd. Lapeer, MI 48446

Contact: Mary Ann Vandermark

Ph: 810-664-7133 Fax: 810-664-2649

\*\*Homeownership counseling, First time homebuyer down payment assistance program, RAP loan program—forgivable loans for repairs. Rent assistance for eligible individuals.

### **Lapeer County Housing Department**

255 Clay St. Lapeer, MI 48446

Contact: Michael Partlo

Ph: 810-245-4994 Fax: 810-667]0369

\*\*Applies for housing grants and administers assistance to eligible persons. Home barrier evaluation and removal services.

## Statewide Services for the Hearing Impaired

202 E. Boulevard Dr., Suite 200A Flint, MI 48503

Contact: Julie Miron

Ph: 810-239-3112 (voice/tty)

Fax: 810-239-1606

Email: sshil@juno.com

Website: www.deafservices.org

\*\*Promotes welfare, education, and social activities for the hearing impaired. Provided interpretation services, education materials, and advocacy. Offers 4 residential group homes for deaf and hearing-impaired individuals.

## **Urban League of Flint**

5005 Cloverlawn Dr. Flint, MI 48504

Contact: Marilyn S. Brannon

Ph: 810-789-7611

\*\*Eliminates problems and discrimination related to housing

## US Department of Housing and Urban Development (HUD)

.605 N. Saginaw St., Suite 200 Flint, MI 48502

Contact: Gary Levine

Ph: 810-766-5110, 810-766-5109 fax: 810-766-5122

### **Visually Impaired Center**

725 Mason Flint, MI 48503

Contact: Donald A. Stevens, MSW

Ph: 810-235-2544 TDD 810-235-5530 fax: 810-235-2597

\*\*Information and referral, peer support groups, adaptive independent living, technology training, community outreach, career exploration, advocacy, and safe travel skills offered.

<sup>\*\*</sup>Receives and processes applications for FHA mortgages, secures sale of HUD homes.

## **LEGAL ISSUES:**

### American Civil Liberties Union (ACLU)

1249 Washington Blvd., Suite 2910 Detroit, MI 48226

Contact: Kary Moss Ph: 313-961-4662

\*\*Will handle cases the involve violation of constitutional rights. Services provided by volunteer attorneys.

### **American Civil Liberties Union of Flint**

P.O. Box 3144 Flint, MI 48502

\*\*Address only, no phone number for this location.

### **ARC Michigan**

1325 Washington Ave. Lansing, MI 48910

Ph: 800-292-7821

Website: www.arcmi.org

\*\*Provides advocacy for citizens with developmental disabilities.

### **Autism National Committee**

635 Ardmore Ave. Ardmore, PA 19003-1831

Ph: 610-649-9139 fax: 610-649-0974

Website: www.autcom.org

\*\*Dedicated to advancing and protecting the rights of people with Autism/PPD. Promotes inclusion and self-determination.

## Blue Cross/Blue Shield Anti-Fraud Hotline

600 Lafayette East, Department 1913 Detroit, MI 48226 Contact: W. Stockpool

Ph: 800-482-3787 fax: 313-225-0081

\*\*Hotline to be used to report suspected fraud by subscribers and providers against blue cross/blue shield.

### Blue Water Center for Independent Living

392 Nepessing Lapeer, MI 48446

Contact: Linda Olsen

Ph: 800-401-4448 810-664-9098 fax: 810-664-0937

\*\*Advocacy training, , assists those with disabilities in gaining knowledge to advocate for themselves.

### Center for Self-Determination

3625 MetroPlace Mall Wayne, MI 48184

Ph: 734-722-6262

### Client Assistance Program-Michigan Rehabilitation Services

P.O. Box 30008 606 W. Allegan, 1<sup>st</sup> Floor, Hannah Bldg. Lansing, MI 48909-7506

Contact: Duncan Wyeth

Ph: 800-292-5896

## Consumer Assistance Michigan Insurance Bureau

P.O. Box 30220 611 W. Ottawa Lansing, MI 48909

Contact: D. Joseph Olson

Ph: 517-373-9273 fax: 517-335-4978

<sup>\*\*</sup>Alternatives to guardianship, new standards for creation of public policy.

<sup>\*\*</sup>Advocacy for vocational rehabilitation

\*\*Advocate of consumer insurance rights, state level.

### **Disability Network**

877 East Fifth Ave. Flint, MI 48503

Ph: 810-742-1800

\*\*Advocates for individuals to assist in living independently in their communities.

### Families and Advocates Partnerships for Education

Pacer Center, Inc. 4826 Chicago Avenue South Minneapolis, MN 55417-1098

Contact: Paula Goldberg, Sue Abderholden, Dixie Jordan

Ph: 888-248-0822 TTY 612-827-7770 fax: 612-827-3065 voice: 612-827-2966

e-mail: fape@pacer.org website: www.fape.org

\*\*Partnership that aims to improve educational outcomes for students with disabilities. Links families, advocates, and self-advocates to improve educational outcomes.

Lawyer Referral Service Genesee County Bar Association 653 S. Saginaw St., McKinnon Bldg., Suite 100 Flint, MI 48502

Contact: Jack Minors Ph: 810-232-6000 Fax: 810-232-8310

\*\*Interviews clients and matches them with attorneys that can specifically meet their needs. Fee charged of \$20/half-hour.

## Legal Services of Eastern Michigan

436 S. Saginaw Flint, MI 48502

Contact: Edward J. Hoort

Ph: 800-339-9513 810-234-2621

Fax: 810-234-9039

\*\*Legal counseling in a variety of areas. Maintains a speaker's bureau. Deals with disability issues. No fees.

### Michigan Alliance for the Rights of Children

P.O. Box 951 Fenton, MI 48430

Contact: Michelle Thompson

Ph: 810-238-6352 after7pm: 810-629-8554

\*\*24-hour hotline

### Michigan Association of Centers for Independent Living

780 W. Lake Lansing Rd., Suite 400 East Lansing, MI 48823

Ph: 517-333-4253

\*\*Promotes advocacy for people with disabilities through network of Centers for Independent Living. Statewide service. Promotes system change through a statewide network.

## Michigan Commission on Disability Concerns

P.O. Box 30659 Lansing, MI 48909

Contact: Douglas Howard

Ph: 877-499-6232 TTY 517-334-8000

Fax: 517-334-6637

E-mail: mcdc@state.mi.us

Website: www.mfia.state.mi.us/mcdc/mcdc.htm

\*\*Serves as an advocate and information center for people with disabilities in the state. Strives for independence through equality.

## Michigan Department of Civil Rights (Flint)

125 E. Union St.

Flint, MI 48502

Contact: John R. Castillo

Ph: 810-760-2805 Fax: 810-238-0050

\*\*Enforcement of civil rights. Works with local public officials, private agencies, and organizations to investigate complaints. Will provide an interpreter for hearing impaired individuals.

### Michigan Disability Rights Coalition

740 W. Lake Lansing Rd., Suite 400 East Lansing, MI 48823-2753

Contact: RoAnne Chaney

Ph: 800-760-4600 517-333-2477

\*\*Statewide network of organizations that work to advance the issues of disabled individuals through activity, public awareness, and advocacy.

### **Michigan Protection and Advocacy Services**

106 W. Allegan St., Suite 300 Lansing, MI 48933

Contact: Elizabeth W. Bauer

Ph: 800-288-5923 Fax: 517-487-0827

Website: www.mpas.org

\*\*Direct representation to enforce and protect rights of persons with physical, mental, or developmental disabilities. Also information and referral service. Advocacy training in area of education-related problems.

## National Association of Physically Handicapped, Inc.

P.O. Box 349 Mt. Morris, MI 48458

Contact: Carl Laidlaw

Ph: 810-631-6690 (Estes) 810-694-0616 (Hyde)

\*\*Advocacy for legislative issues related to handicapped persons. Charges annual dues.

## Parent Leadership Program

Contact: Bryn Fortune

Ph: 248-553-2776 fax: 248-553-3034

e-mail: fortunate7@aol.com

\*\*Group of parents who offer leadership training and advocacy with and for parents of disabled children and teens.

## **United Cerebral Palsy Association of Metro Detroit**

23077 Greenfield, Suite 205 Southfield, MI 48075-3745

Ph: 800-827-4843 fax: 248-557-4456

e-mail: <u>ucp@ameritech.net</u> website: <u>www.comnet.org/ucpdetroit</u>

\*\*Information and referral service for persons with cerebral palsy. Education, advocacy, public education, and rights training also offered by this group.

### **United Cerebral Palsy Association of Michigan**

E. Saginaw Lansing, MI 48933

Contact: Terrance Hunt

Ph: 800-828-2714 517-203-1200

\*\*Information and referral service for persons with cerebral palsy. Education, advocacy, public education, and rights training also offered by this group. Self advocacy training and workshops offered.

### United Welfare Rights Organization Michigan United Welfare Rights 607 E. Moore St.

Flint, MI 48505

Contact: Helen Coleman

Ph: 810-785-4532

\*\*Advocacy for recipients of DSS and SSI. Group also trains clients to advocate for themselves. Charges membership dues of \$5/yr. Plus \$2/month.

## **SUPPORT GROUPS:**

#### About Face

1538 Trinidad Grand Rapids, MI 49504

Contact: Tom and Tracy Willett

Ph: 616-453-1185

### **Acoustic Neuroma Association**

41362 Beacon Novi, MI 48375

Contact: Chris Lykins Phone: (248) 344-1758 E-mail: lykins@juno.com

\*\*Provides support and information for those having had or facing acoustic neuroma surgery or similar medical afflictions.

#### Alexander Graham Bell Association for the Deaf

Ph: 202-337-5220

\*\*Services for deaf and hearing impaired individuals. Includes support, advocacy, and financial aid.

## Alpha-1-antitrypsin Deficiency: á-1 Michigan Resource Group

8600 Invitational Drive Washington, MI 48094

Contact: Brenda Sebastian Phone: (810) 786-5877 Fax: (810) 786-7333

E-mail: JSebast252@aol.com, jsebas02@aprynet.com

Website: http://www.alphal.org

\*\*Serves southeastern Michigan and Thumb areas; active group meets every other month at Domino Farms in Ann Arbor. National conferences held annually.

### **American Diabetes Association**

30600 Telegraph Rd., Suite 2255 Bingham Farms, MI 48025

Ph: 800-342-2382 Fax: 248-433-1095

Email: <a href="mailto:rrhea@diabetes.org">rrhea@diabetes.org</a>
Website: <a href="mailto:www.diabetes.org">www.diabetes.org</a>

### **American Heart Association**

16310 W. 12 Mile Rd. Southfield, MI 48026

Ph: 800-968-1793 Fax: 248-557-8533

Website: www.amhrt.org

## American Lung Association of Michigan

26555 Evergreen, Suite 375 Southfield, MI 48076

Ph: 800-586-4872

519 S. Saginaw, Suite 312 Mott Foundation Building Flint, MI 48502

Contact: Amy Krug-Schaenzer

Ph: 810-232-3177 Fax: 810-232-6257

Website: www.alam.org

Arthritis Foundation, Michigan Chapter 17117 West Nine Mile Road Suite 950

<sup>\*\*</sup>Maintains a list of diabetes support groups.

<sup>\*\*</sup>Maintains list of heart and stroke support groups.

<sup>\*\*</sup>Keeps list of local support groups, provides information and resources as well.

Southfield, MI 48075-4602

Phone: 800-968-3030 (248) 424-9001

Fax: (248) 424-9005

E-mail: info.mi@arthritis.org Website: http://www.arthritis.org

#### Association for Children's Mental Health

630 W. Bundy Flint, MI 48505

Contact: Barbara Hollins

Ph: 800-782-0863

\*\*Support groups for parents, parent empowerment education. Meets 4<sup>th</sup> Wednesday of month. Call for location.

### Asthma and Allergy Foundation of America, Michigan Chapter

17250 West 12 Mile Road, Suite 102 Southfield, MI 48076

Phone: 1-888-444-0333 (248) 557-8050

Fax: (248) 557-8768

E-mail: aafamich@aol.com Website: http://www.aafa.org

\*\*Promotes awareness of the disease and works to improve the quality of life of those with asthma and allergies.

## Asthma Support Group for Children

Genesys Regional Medical Center One Genesys Parkway Grand Blanc, MI 48439

Ph: 810-606-5000

\*\*Support group for children with asthma. Separate group for parents. Meets 2-3 times per year/ 4-week sessions.

## **Audionet Parent Support Group**

Contact: Anne Caraway

Ph: 313-885-5469

### **Barbara Ann Karmanos Cancer Institute**

Wertz Cancer Center Room 1225 4100 John R. Detroit, MI 48201

Ph: 800-527-6266 Fax: 313-993-8751

Email: <u>cures@karmanos.org</u>
Website: <u>www.karmanos.org</u>

\*\*Offers many cancer support groups. Call for more information.

### **Better Breathers Club**

Lapeer Regional Hospital 1375 N. Main Lapeer, MI 48446

Contact: Wanda Beltz Ph: 810-667-5675

\*\*Support group for patients and families with asthma and other restrictive breathing conditions.

## Blue Water Center for Independent Living

392 Nepessing Lapeer, MI 48446

Contact: Linda Olsen

Ph: 800-401-4448 810-664-9098

Fax: 810-664-0937

\*\*Peer Counseling offered to individuals. Also offers support groups such as the Jobs Club, Cooking Class, Activities Groups, Young Adults Klub, HIV/AIDS support, League of the Blind.

## Brain Injury Association of Michigan

8619 W. Grand River, Suite 1 Brighton, MI 48116

Contact: Michael Dabbs

Ph: 800-772-4323 Fax: 810-229-8947

Website: www.biausa.org/michigan

\*\*Information and services for brain injury patients and their families. Works to encourage and support legislation issues. Offers support groups. Call 810-953-9854 for details.

### **Cancer Support Group**

Genesys Regional Hospital One Genesys Parkway Grand Blanc, MI 48439

Ph: 810-606-5000

\*\*For cancer patients an their families, discussions, presentations, stress and relaxation techniques. Call for meeting times and place.

## **Candlelighters Childhood Cancer Foundation**

7910 Woodmont Avenue, Suite 460 Bethesda, MD 20814

Ph: 800-366-2223 Fax: 301-718-2686

Email: <u>info@candlelighters.org</u>
Website: <u>www.candlelighters.org</u>

\*\*Contact the staff for information on support groups in Michigan.

## Cardio-Facial-Cutaneous Syndrome

CFC Family Network 7705 Oakland Dr.

Partage, MI 49024

Contact: Deanna Bredikis

Ph: 616-324-0418

Email: deannabred@aol.com

### **Caregivers Support Group**

McLaren Hospice Service 237 Davis Lake Rd. Lapeer, MI 48446

Contact: Terry Morgan Ph: 800-206-4806 Fax: 810-667-0062

### **Charcot-Marie-Tooth Syndrome (CMT)**

8760 Arlington White Lake, MI 48386

Contact: Debbie Newberger

Ph: 248-666-9207

Email: newbergl@flash.net

## Celiac-Sprue Association--USA

P.O. Box 31700 Omaha, NB 68131-0700

Ph: 810-332-2938

<sup>\*\*</sup>Information and support for families affected by CFC.

<sup>\*\*</sup>Group for anyone who is a caregiver. Call for meeting times and place.

<sup>\*\*</sup> New support group, offers support for families and children with CMT. Meetings in Genesee and Oakland Co. Call for details.

<sup>\*\*</sup>Self-help, support groups. Also, dermatitis herpetiformis

#### **CHEARS**

Children's Hospital of Detroit 3901 Beaubien Detroit, MI 48201

Contact: Marie Carls

Ph: 810-778-5673 313-745-8903 (Barbara Waldorf)

Fax: 313-745-5848

\*\*Support group for parents, run by parents. Monthly meetings held at Detroit Medical Center-Southfield. Affiliated with Detroit Children's Hospital.

### Children with Attention Deficit Disorder (CHADD)

P.O. Box 99 Lennon, MI 48449

Contact: Rita Hudak Ph: 810-621-3646

\*\*Support group for parents of children with ADD. Includes professionals who work with these children. Call for meeting times and place. There are membership dues.

### Crohn's and Colitis Foundation of America, Inc.

31313 Northwestern Highway, Suite 209 Farmington, MI 48335

Contact: Bernard Riker Ph: 248-737-0900 Fax: 248-737-0904 Email: micc@aol.com Website: www.ccfa.org

\*\*Support group meetings and annual coping conferences.

## Cystic Fibrosis Foundation, Greater Michigan Chapter

3064 Boardwalk Saginaw, MI 48603

Contact: Beth Heyboer Ph: 517-790-2233

Fax: 517-790-1050 Website: www.cff.org

\*\*Periodic meetings along with fund raising activities. Information on all aspects of the disease.

### Cystic Fibrosis Foundation, Washtenaw County Chapter

1430 Kearney

Ann Arbor, MI 48104

Contact: Ethel Nesbitt Ph: 734-662-4635

## **Cystic Fibrosis Parent Support Group**

997 76<sup>th</sup> St., SE Byron Center, MI 49315

Contact: Nancy Orzinga

Ph: 616-698-0136

Email: nozinga@remc8.k12.mi.us Website: www.cfwestmi.org

## Deaf Community Advocacy Network (Deaf C.A.N!)

2111 Orchard Lake Rd. Sylvan Lake, MI 48320

Contact: Becky Calaman

Ph: 248-332-3331 248-332-3332(TTY)

Fax: 248-332-7334

Email: deafcan@prodigy.net

Website: www.comnet.org/deafcan

\*\*Families in Transition: Support for families with deaf or hearing-impaired children. Monthly meetings.

<sup>\*\*</sup>Monthly meetings, fund raising activities, support to families.

<sup>\*\*</sup>One on one support, Group meetings as needed.

## Deaf Experience Among Families (D.E.A.F)

Contact: Kathy Flowers

Ph: 810-659-2142 TDD (home) 810-742-1800 (work)

\*\*Parental support, hearing impaired peer support, and information and referrals. Offers state and national resource information.

## **Down Syndrome Association of Livingston County**

7485 Herbst Rd. Brighton, MI 48116

Contact: Laurie Beltowski

Ph: 810-229-6196

Email: beltowski@juno.com

### **Down Syndrome Association of West Michigan**

P.O. Box 8804 Kentwood, MI 49518

Ph: 616-956-3488

Fax: 616-956-3488 (call first)

## **Down Syndrome Family Support Group**

Ph: 810-234-7126

\*\*Support group for families of individuals with Down Syndrome. Call for a parent information packet and for meeting times and dates.

## Down Syndrome Resource League

P.O. Box 19694 Kalamazoo, MI 49019

<sup>\*\*</sup>Informal monthly coffees, children welcome. Two family gatherings annually.

<sup>\*\*</sup>Support and advocacy. Monthly meetings.

Ph: 616-343-2161

Email: newdsrl@aol.com Website: www.carol.net

### **Dyslexia Resource Center**

2829 West Grand River, Suite D Howell, MI 48843

Ph: 517-548-0047 Fax: 517-548-3606 Email: drc@ismi.net

Website: www.ismi.net/drc

### Dystrophic Epidermolysis Bullosa Research Association of America, Inc.

40270 Ryan Rd. Sterling Heights, MI 48310

Contact: Julie Stalinski Ph: 810-978-2880

Fax: 810-978-1342

Website: www.debra.org

## **Epilepsy Foundation of Michigan**

26211 Central Park Blvd., Suite 100 Southfield, MI 48076

Ph: 800-377-6226 Fax: 248-351-2101

Website: www.epilespymichigan.org

www.efa.org

<sup>\*\*</sup>Quarterly meetings, support and fellowship meetings.

<sup>\*\*</sup>Serves parents and professionals in the greater mid-Michigan area.

<sup>\*\*</sup>Newsletter, one-on-one support.

<sup>\*\*</sup>Clearinghouse for support groups in Genesee and other counties.

## Family Support Network of Genesee County

Ph: 810-235-0868

\*\*Meets 3<sup>rd</sup> Thursday of every month at 5:30pm. For families with children with special needs. Call for location.

## Fetal Alcohol Syndrome Parent Support Group

Genesee Co. Substance Abuse Services 630 S. Saginaw Flint, MI 48502

Contact: Pam O'Brien Ph: 810-736-8099

\*\*For parents of children with FAS.

### Fragile X Association of Michigan

1786 Edinborough Dr. Rochester Hills, MI 48306

Contact: Mary Ann and Roland Fischer

Ph: 248-373-3043

\*\*Monthly support group meetings that are held at William Beaumont Hospital in Royal Oak.

### FRAXA Research Foundation

P.O. Box 24 Richland, MI 49083

Contact: Wendy Dillworth

Ph: 616-629-5890

Email: COMPOSE12@aol.com

Website: www.fraxa.org

\*\*Support for parents and professionals involved with Fragile X Syndrome.

### Hemophilia Foundation of Michigan

2301 Platt Rd., Suite 100 Ann Arbor, MI 48104

Contact: Ivan Harner Ph: 800-482-3041 Fax: 734-975-2889

Website: www.hfmich.org

\*\*Support groups for parents of children with hemophilia. Provides statewide list of local support groups. Also has list of support groups for patients with Hepatitis C.

### **Huntington's Disease Society of America**

107 Mark St. Mt. Clemons, MI 48043

Contact: Kathleen Herman

Ph: 810-465-7550 810-659-4548

\*\*Mutual support group for people with Huntington's Disease. Some professionally facilitated groups are included.

## **Hurley Home Care/ Hospice**

2700 Robert T. Longway Flint, MI 48503

Contact: Antionette Hardy

Ph: 810-760-0150 Fax: 810-239-6389

\*\*Support groups meet the second Thursday from 6-7pm or the fourth Thrusday from 1-2pm at 601 N. Saginaw St. Call for more details.

## I Can Cope Support Group

American Cancer Society 2367 S. Linden Rd. Flint, MI 48532

Contact: Becky Langtry Ph: 1-800-513-9930 Fax: 810-733-1480

Website: www.cancer.org

\*\*8 weekly sessions. For families friends and patients. Offers support and education. Meets on Thursdays. Pre-registration is required. Call for place and time.

## Insulin Dependent Diabetes Mellitus Support Group

Lapeer Regional Medical Center 1375 N. Main Lapeer, MI 48446

Ph: 810-667-5568

\*\*Call for meeting dates. Times: 10am to 12n or 5pm-7pm.

#### **Interstitial Cystitis Association**

Contact: Patti Ruhala Ph: 810-635-2941

\*\*Support group for parents of children with interstitial cystitis. Meets at 7pm on the 2<sup>nd</sup> Thrusday of every other month. Call for location.

## **Iosco County Cleft Support**

4071 Forest Oscoda, MI 48750

Contact: Jeanne Hebner

Ph: 517-739-3815

Email: jmhebner@isd.bay.k12.mi.us

\*\*One-on-one support, group meetings held as needed.

## Learning Disabilities Association of Michigan

200 Museum Drive, Suite 101 Lansing, MI 48933-1905 Contact: Herb Yamanishi

Ph: 888-597-7809 517-485-8160

Fax: 517-485-8126

### Leukemia and Lymphoma Society--Michigan Chapter

1421 E. Twelve Mile Rd., Bldg. A Madison Heights, MI 48071

Contact: Julia K. Bizzis

Ph: 800-456-5413 248-582-2900

Fax: 248-582-2925

### Leukemia Society of America—Michigan Chapter

21617 Harper Ave. St. Clair Shores, MI 48080

Contact: Karen Pyle Ph: 313-778-6800 TDD 800-456-5413 Fax: 313-353-0157

#### Lil Heart to Lil Heart

C/o MCHC 806 Tuuri Place Flint, MI 48503

Contact: Laura Marchall

Ph: 810-232-2055

<sup>\*\*</sup>Provides information, advocacy assistance, and offers support groups.

<sup>\*\*</sup>Research and education information. Offers support groups

<sup>\*\*</sup>Offers support groups for patients and families with leukemia. Call for more information.

<sup>\*\*</sup>Support group for parents of children with heart defects.

## MAGIC Foundation for Children's Growth, Inc.

1327 North Harlem Ave Oak Park, IL 60302-1376

Ph: 800-3-MAGIC-3 Fax: 708-388-0899

Email: <u>mary@magicfoundation.org</u>
Website: www.magicfoundation.org

\*\*Quarterly newsletter, annual convention. Call for more information and to be put in touch with other parents of children with growth disorders.

#### Mended Hearts, Inc. Chapter 98

1457 Flamingo Dr. Mt. Morris, MI 48458

Contact: Patricia Conley

Ph: 810-789-7439 810-694-4321

\*\*Support group for patients with heart disease and heart durgery. Also for families and friends.

#### **Metro and Surrounding CMT Support Group**

79 Farand Park Highland, MI 48203

Contact: Suzanne Tarpinian

Ph: 313-883-1123

Email: storm1hp@aol.com

\*\*Meets quarterly. Include speakers and other topics of interest.

## Michigan Capital Celiacs/ DH Chapter

P.O. Box 1482 East Lansing, MI 48826

Contact: Marian Narodowiec

Ph: 517-676-1882

Email: M-Snarodowiec a juno.com kwpq50a a prodigy.com

Website: www.csaceliacs.org

\*\*Monthly meetings. Includes a recipe swap.

### Michigan Dyslexia Institute, Inc.

Dyslexia Association of America 532 E. Shiawassee St. Lansing, MI 48912

Ph: 800-832-3535 Fax: 517-485-4076

Website: www.cybersytes.com/mdi/reach.htm

\*\*Support groups. Center located in Flint. Workshops and conferences also offered.

#### Michigan Hodgkins Disease Foundation

P.O. Box 1701 Ann Arbor, MI 48106

Contact: Jim Reisinger Ph: 734-761-3155

\*\*Information for patients and families, professional speakers, and support groups available.

## Michigan Spinal Cord Injury Association

5171 Field Rd. Clio, MI 48420

Contact: Bruce Charge Ph: 810-686-5978

\*\*Support group that meets every other month from May to November. Call for time and location.

# Mid-Michigan Youth and Family Development

1814 Greenbriar Flint, MI 48507 Ph: 810-238-9899 (voice/TTY)

Fax: 810-767-0330

\*\*Support for parents of hearing impaired children with mental health needs.

## Mid-Michigan Celiac Support Group

11029 Phyllis Dr. Clio, MI 48420

Contact: Nyla Wilson Ph: 810-686-2539

Website: www.csaceliacs.org

\*\*Group meets five times/year.

## Mothers of the Handicapped Group

220 W. Main, Suite 101 Midland, MI 48640

Ph: 517-631-4439 Fax: 517-832-5528

\*\*Serves mothers of young adults with developmental disabilities.

#### **Muscular Dystrophy Association**

6054-1/2 Fenton Road Flint, MI 48507

Contact: Darlene Chivinsky

Ph: 810-232-3190 Fax: 810-232-5844

\*\* Offers information on support groups for patients and families. Call for details.

## National Organization for Albinism and Hypopigmentation (NOAH)

6578 Kolb Avenue Allen Park, MI 48101 Contact: Linda Gonzalez

Ph: (313) 382-8988

Website: http://www.albinism.org

Never Say Never 5355 South Glen Oak Drive Saginaw, MI 48603

Contact: Trish and Joe Bronz

Ph: 517-799-8654 Fax: 517-799-8654

## **Ostomy Support Group**

Contact: Ruth Harmon

Ph: 810-232-6882 (local number) 800-826-0826 (national number)

\*\*Support group for patients with colostomy or ileostomy. Meets at McLaren Regional Medical Center the second Sunday of every month at 2pm. Call for other details.

## Parent Leadership Program

Contact: Bryn Fortune Ph: 248-553-2776 Fax: 248-553-3034

Email: fortunate7@aol.com

Sharon Dietrich

Ph: 517-487-5427, ext. 115

\*\*Advocacy and leadership training with parents of disabled children. Based in Lansing. Contact: Bryn Fortune, Sharon Dietrich, or Joan Blough.

Parent Support and Advocacy Program

29200 Vassar, Suite 500 Livonia, MI 48152

<sup>\*\*</sup>Support group serves the tri-county area. Meets monthly.

Ph: 248-615-9207

\*\*Support for parents of children with developmental disabilities.

## **Parents Supporting Parents**

3469 Yellowstone Dr. Ann Arbor, MI 48105

Contact: Barb Wybrecht

Ph: 734-662-7231 734-662-2906 (Betsy Soden)

\*\*Support for families of people with FAS or FAE.

## **People First of Michigan**

44050 Gratiot Clinton Township, MI 48036

Contact: Jim Kelly Ph: 810-469-1600 Fax: 810-469-2527

\*\*Self-advocacy and support for individuals with developmental disabilities who want to speak for themselves. Call for information on statewide groups.

## **Project Reform**

Washtenaw Intermidiate School District 1819 S. Wagner Rd, P.O. Box 1406 Ann Arbor, MI 48106

Ph: 800-552-4821

Website: www.Wash.k12.mi.us/~perform

\*\*Provides information and support for families of children in Michigan with special needs. Assists families in locating other support systems within the state.

## **SETUP (Special Education Training Utilizing Parents)**

Contact: Sharon Witberg

Ph: 810-977-1469

Cindy Kuszewski Ph: 810-264-5270

### Tourette's Syndrome Association-Central Michigan Chapter

521 Rust Park Grand Blanc, MI 48439

Contact: Karin Baxter

Ph: 810-695-4109 810-621-3646

\*\*Information on Tourette's Syndrome. Physician Referrals. Written materials available. Support Group meets August through May, 1<sup>st</sup> Sunday at 2pm in the McLaren Regional Medical Center Auditorium. Walk-ins more than welcome.

### United Cerebral Palsy Association of Metropolitan Detroit, Inc.

23077 Greenfield, Suite 205 Southfield, MI 48075

Ph: 248-557-5070 (voice and TTY)

Fax: 248-557-4456

Email: <u>UCCP@ameritech.net</u>
Website: www.ucpa.org

\*\*Offers advocacy support and many other services. Call for more information.

#### Visually Impaired Center

725 Mason Flint, MI 48503

Contact: Donald A. Stevens, MSW

Ph: 810-235-2544 TDD 810-235-5530 fax: 810-235-2597

\*\*Information and referral, peer support groups, adaptive independent living, technology training, community outreach, career exploration, advocacy, and safe travel skills offered.

## National Phone Numbers for Disease/ Disability Support Groups

#### AIDS:

CDC National Prevention Information Network: 800-458-5231, 800-243-7012 (TTY)

CDC National AIDS Hotline: 800-342-2437, 800-243-7889 (TTY)

Hemophilia and AIDS Network for Dissemination of Information: 800-424-2634

National Pediatric and Family HIV Resource Center: 800-362-0071

#### **ASTHMA AND ALLERGIES:**

Food Allergy Network: 703-691-3179

American Amputee Foundation: 501-666-2523

Amputee Coalition of America: 800-355-8772

Asthma and Allergy Foundation of America: 202-466-7643

Support for Asthmatic Youth: 516-625-5737

#### **BLINDNESS/VISUAL IMPAIRMENTS:**

American Council of the Blind: 800-424-8666 (voice and TTY)

American Foundation for the Blind: 800-232-5463

American Printing House for the Blind: 800-223-1839

Blind Children's Center: 800-222-3566

Lighthouse National Center for Vision and Child Development: 800-334-5497 212-821-9713 (TTY)

National Association of Parents of the Visually Impaired: 800-562-6265

National Library for the Blind and Physically Handicapped: 800-424-8567 800-424-9100 (TTY, English)

800-424-8901 (TTY, Spanish)

Prevent Blindness America: 800-331-2020

Foundation for Fighting Blindness: 800-683-5555, 800-683-5551 (TTY)

#### CANCER:

American Cancer Society: 800-227-2345

Cancer Information and Counseling Line: 800-525-3777

Candlelighters Childhood Cancer Foundation: 800-366-2223

National Brain Tumor Foundation: 800-934-2873

National Cancer Information Service: 800-422-6237, 800-332-8615 (TTY)

#### **COMMUNICATIONS AND SPEECH DISORDERS:**

National Institute on Deafness and Other Communication Disorders Clearinghouse: 800-241-1044

800-241-1055 (TTY)

National Stutterer's Hotline: 800-221-2483

#### **CRANIOFACIAL SYNDROME:**

Children's Craniofacial Association: 800-535-3643

FACES—National Craniofacial Association: 800-332-2373

#### **DOWN"S SYNDROMW:**

Down's Syndrome Hotline: 800-221-4602

#### **HEARING IMPAIRMENTS:**

American Society for Deaf Children: 800-942-2732 (voice, TTY)

Better Hearing Institute: 800-327-9355 (voice, TTY)

Deafness Research Foundation: 800-535-3323 (voice, TTY)

National Cued Speech Association: 800-459-3529

National Hearing Aid Society: 800-521-5247

National Information Clearinghouse on Children Who are Deaf and Blind: 800-438-9376 800-854-7013 (TTY)

National Institute on Deafness and Other Communications Disorders: 800-241-1044 800-251-1055 (TTY)

TRIPOD (Information for parents of deaf children): 800-352-8888 (voice, TTY)

# **EMPLOYMENT:**

## Blue Water Center for Independent Living

392 Nepessing Lapeer, MI 48446

Contact: Karen Cook

Ph: 800-401-4448 810-664-9098

Fax: 810-664-0937

\*\*Pre-employment training, Information and referrals related to employment, school-to-work transitions.

#### **Center for Self-Determination**

3625 Metro Place Mall Wayne, MI 48184

Ph: 734-722-6262

\*\*Development of new policies to link individuals with employers, focus on assistance for people with developmental disabilities. Refinancing supported employment by focusing on outcomes.

## Client Assistance Program-Michigan Rehabilitation Services

P.O. Box 30008 606 W. Allegan, 1<sup>st</sup> Floor, Hannah Bldg. Lansing, MI 48909-7506

Contact: Duncan Wyeth

Ph: 800-292-5896

\*\*Employment assistance information for people with disabilities.

## **Community Industries Program**

G-1057 E. Coldwater Rd. Flint, MI 48505-1501

Contact: Robert M. Sprague

Ph: 810-785-9332 Fax: 810-785-2044 \*\*Employment and vocational training for severely mentally retarded and developmentally disabled persons.

## Genesee County Association for Retarded Citizens

G-5069 Van Slyke Rd. Flint, MI 48507-3988

Contact: Max Galanter Ph: 810-238-3671 Fax: 810-238-2140

\*\*Rehabilitation and employment of developmentally disabled persons.

## **Genesee County Community Mental Health Services**

420 W. Fifth Ave. Flint, MI 48503

Contact: Michael Vizena

Ph: 810-257-3705 Fax: 810-257-3770

\*\*Vocational rehabilitation for mentally impaired persons related to employment and work activity programs.

## **Genesee County Intermediate School District**

2413 W. Maple Ave. Flint, MI 48507-3493

Contact: David E. Spathelf

Ph: 810-768-4400 TDD 810-768-4545

Fax: 810-768-7570

\*\*Transition planning for special needs students beginning at age 14yrs. This planning process is to prepare the student and the family to enter the workforce after school graduation. A booklet is available from the ISD to explain this process to parents.

## Goodwill Industries of Mid-Michigan

501 S. Averill Flint, MI 48506

Contact: Gary F. Smith

Ph: 810-762-9960, 810-762-3612 (Voice and TTY)

Fax: 810-762-9967

\*\*Work training, temporary employment and job placement for physically, mentally, emotionally, and socially impaired persons age 16 and older. Employment placement services for developmentally disabled individuals to assist in gaining employment.

## Growth and Opportunity Inc. (Lapeer)

P.O. Box 720 525 S. Court St. Lapeer, MI 48446

Contact: Mark Davis Ph: 810-664-8504 Fax: 810-664-0680

\*\*Non-profit, offers rehabilitation and employment training developmentally disabled individuals. Work activity centers for skill development. Variable fees according to program.

#### **Lapeer County Career and Technical Education Center**

94 N. Lake Pleasant Rd. Attica, MI 48412

Contact: Dorothy Oppenheiser/ Susan Carlson

Ph: 810-664-1124, 810-724-0541

\*\*Vocational training/ job placement for students age  $15\frac{1}{2}$  to 20 from the local school district. No fees for jr/sr HS students. Fees for others.

## **Lapeer County Intermediate School District**

1996 W. Oregon Lapeer, MI 48446

Contact: Kathy Clegg Ph: 810-664-5917 Fax: 810-664-1011

\*\*Transition planning for special needs students beginning at age 14yrs. This planning process is to prepare the student and the family to enter the workforce after school graduation. A booklet is available from the ISD to explain this process to parents.

## Lapeer Team Work

655 McCormick Dr., Unit B Lapeer, MI 48446

Contact: Linda Bonner

Ph: 810-664-2710 (24 hours)

Fax: 810-664-2122

\*\*Places developmentally disabled (physically and mentally challenged) individuals at job sites in the community.

## Marguerite de Angeli Branch Library Career Resource Center

Lapeer County Library 921 W. Nepessing St. Lapeer, MI 48446

Contact: Phyllis Clark Ph: 810-664-6971 Fax: 810-664-5581

\*\*Career resource center to assist in career transitions. Offers educational and vocational training. Services to assist in finding employment.

### Michigan Department of Career Development

201 N. Washington St. Victor Office Center, 1<sup>st</sup> Floor Lansing, MI 48913

Ph: 517-241-4000

Fax: 517-373-0314 TTY 888-605-6722

Email: career@state.mi.us

Website: www.MDCD.org or www.state.mi.us/career

\*\*Rehabilitation and training for disabled persons. Assistance in beginning a career.

## Michigan Employment Security Commission-Flint

5402 Clio Rd. Flint, MI 48504-6800

Contact: David Woehler

Ph: 810-787-3300 Fax: 810-787-9678 \*\* Provides job placement and occupational counseling for handicapped persons. Total job service to eligible participants, including unemployment insurance.

## Michigan Department of Career Development

100 McMorran Blvd., Suite 501 Port Huron, MI 48060

\*\*Assists persons with disabilities with transition from school to the workforce.

### Michigan Employment Security Commission-Lapeer

P.O. Box 790, 307 S. Court St. Lapeer, MI 48446

Contact: Mary Allen Ph: 810-664-4270

\*\*Provides job placement and occupational counseling for handicapped persons. Total job service to eligible participants, including unemployment insurance.

## Michigan Department of Career Development and Rehabilitation Services of Flint

Michigan Department of Education 303 W. Water St., Suite 204 Flint, MI 48503

Contact: Carl Monroe Ph: 810-760-2103 Fax: 810-760-2114

Website: www.mrs.state.mi.us

\*\*Vocational rehab to decrease barriers to employment for persons with disabilities. Job placement and follow-up, worker's certification.

## Michigan Rehabilitation Services-Lapeer

Tuesday and Thursday Ph: 810-664-5917

Monday, Wednesday, Friday Ph: 810-982-8571

## New Horizons Rehabilitation Services, Inc. (Flint)

303 W. Water Street, Suite 103 Flint, MI 48503-5600

Ph: 810-768-0093 TTY 810-768-7578

Fax: 810-768-7504

Website: www.comnet.org/newhorizons

\*\*Prepares students with special needs to enter the workforce. Transition services for job placement.

#### **Parents Training Project (PTP)**

United Cerebral Palsy Association of Metro Detroit 23077 Greenfield, Suite 205 Southfield, MI 48075-3745

Ph: 800-827-4843 Fax: 248-557-4456

Email: ucp@ameritech.net

Website: www.comnet.org/ucpdetroit

\*\*Information and referral service for parents with disabled children getting ready to transition from school to work. For parents of special education students ages 14+ years. Training to enable parents to plan the best future for their kids.

## Supported/ Transitional Employment/ Training

422 Fourth Ave. Flint, MI 48503

Contact: Barb Frey or Pam Teunis

Ph: 810-257-3773

\*\*Community based employment for developmentally disabled persons. Transitional employment coaching available. Sliding scale fee.

## Thumb Area Michigan Works

3270 Wilson St. Marlette, MI 48453

Contact: Marvin Pichla

Ph: 810-664-1680

Fax: 810-664-6740

\*\*Funding for on-the-job and classroom training, Provides services for at risk youth and summer jobs program.

## Thumb Area Michigan Works

307 S. Court St. Lapeer, MI 48446

Contact: Marvin Pichla

Ph: 810-664-1680 Fax: 810-664-6740

\*\*Finding for on-the-job and classroom training, Provides services for at risk youth and summer jobs program.

### Urban League of Flint

5005 Cloverlawn Dr. Flint, MI 48504

Contact: Marilyn S. Brannon

Ph: 810-789-7611

\*\*Eliminates problems and discrimination related to employment.

#### Visually Impaired Center

725 Mason Flint, MI 48503

Contact: Donald A. Stevens, MSW

Ph: 810-235-2544 TDD 810-235-5530

Fax: 810-235-2597

\*\*Information and referral, peer support groups, adaptive independent living, technology training, community outreach, career exploration, advocacy, and safe travel skills offered.

# TRANSPORTATION:

## American Red Cross-Lapeer

287 Nepessing Lapeer, MI 48446

Contact: Laura Allen Ph: 810-664-9926 Fax: 810-664 2016

\*\*Transportation to medical and dental appointments for Lapeer residents. For in and out of county appointments.

## **Corporate Angel Network**

Building One White Plains, NY 10604

Contact: Judith Haims Ph: 914-328-1313

\*\*Transportation for cancer patients and one family member to treatment appointments utilizing empty seats on corporate airplanes. Free of charge and no financial need requirements. Call when travel dates are known to determine if seats available.

#### Easter Seals of Genesee County, Inc.

1420 W. Third Ave. Flint, MI 48504

Contact: Elliot Fauster Ph: 810-238-0475 Fax: 810-238-9270

\*\*Offers program that provides discount bus passes for disabled persons and eligibility cards for disabled persons through Your Ride.

## Genesee Council of the Blind, Inc.

5701 S. Saginaw Flint, MI 48505

Contact: Marjorie Maul

Ph: 810-789-2265

\*\*Services for visually impaired people ages 18+. Advocacy, education and enrichment programs, and transportation to program sites.

### **GM Mobility Program**

Ph: 800-323-9935 TDD: 800-833-9935

\*\*Provides information about local car dealers who offer cash reimbursement for adaptive equipment and modifications. Offers information related to types of adaptive equipment available for use in autos and which types of cars are best suitable for adaptation.

## **Greater Lapeer Transportation Authority (GLTA)**

111 Howard St. Lapeer, MI 48446

Contact: Dave Babcock Ph: 810-664-4566 Fax: 810-664-5491

\*\*Bus transportation system for Lapeer Co. residents. Buses are available equipped with lifts. Fee: \$2.00/ ride, \$1.50 for students, \$1.00 for handicapped and seniors.

### **Volunteer Mercy Pilots**

Please use the following directory for more information:

<ul> <li>Mercy Medical Flights</li> </ul>	313-879-2146
<ul> <li>Volunteer Mercy Pilots</li> </ul>	517-483-9266
<ul> <li>American Red Cross</li> </ul>	517-484-7461
<ul> <li>Northwoods Air Flight</li> </ul>	906-376-8200
<ul><li>Angel Flight</li></ul>	616-840-9807

o Richard Wonderland

<sup>\*\*</sup>Free flights for people needing medical treatment at a clinic or hospital anywhere in the continental USA. Will also transport organs, blood, and tissue. Physician must verify the patient is medically stable enough to travel in a small airplane