

# Response to Correspondence to Hale et al. Atypical Phenotypes Associated with Pathogenic *CHD7* Variants and a Proposal for Broadening CHARGE Syndrome Clinical Diagnostic Criteria

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## TO THE EDITOR:

We appreciate the comments by Blake et al. [2016] regarding our manuscript “Atypical phenotypes associated with pathogenic *CHD7* sequence variants and a proposal for broadening CHARGE syndrome clinical diagnostic criteria” [Hale et al., 2016]. Blake et al. emphasize (as we do in our paper) that clinicians need to be aware of the wide variety of clinical presentations associated with CHARGE syndrome. They also question the appropriateness of our minor criteria and how they influence clinical diagnosis and care. We welcome these questions and provide clarification in order to promote discussion and to ensure that these proposed criteria are accessible to clinicians outside the genetics community.

The most recent clinical diagnostic criteria for CHARGE, established by Verloes [2005], were robust and comprehensive, and allowed for wide variability in clinical presentation [Verloes, 2005]. The Verloes criteria built upon earlier criteria by Blake et al. [1998], and included the same major criteria as we propose in our manuscript. In contrast to earlier diagnostic criteria (and perhaps a source of confusion), our proposed “minor criteria” are better thought of as associated features, since their presence or absence does not influence the final diagnosis of CHARGE syndrome. For example, “cranial nerve (CN) dysfunction” is a minor criterion since it encompasses dysfunction of cranial nerves other than coloboma (CN-II) or hearing loss (CN-VIII), both of which are major criteria. Manifestations of other CN dysfunction (e.g., CNs-V, VII, IX, and X), including dysphagia, and anosmia/hyposmia (CN-I) are very common among individuals with CHARGE. Abnormalities of CN function are also common among children with other causes of growth and/or developmental delay, and are not specific to CHARGE. “Mental retardation” in Verloes’ criteria was expanded in our proposal to “developmental delay (DD)/intellectual disability (ID)/autism spectrum disorder (ASD),”

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recognizing that these are clinical diagnoses whose presentation and severity varies widely across individuals and whose assessments are complicated when sensory impairments are present.

Hypothalamic-hypophyseal dysfunction is also a common feature in CHARGE, and occurs with Kallmann syndrome. Since both CHARGE and Kallmann syndromes are associated with *CHD7* pathogenic variants, an individual with a pathogenic *CHD7* variant and hypothalamic-hypophyseal dysfunction should be clinically evaluated for other features of CHARGE, as pointed out by others [Jongmans et al., 2009] and discussed in our paper.

It can be challenging to establish diagnostic criteria for genetic conditions that present with broad phenotypic heterogeneity. In the era before molecular testing for *CHD7* variants in CHARGE syndrome (i.e., prior to 2004), clinicians relied exclusively

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on the presence or absence of specific features to establish the diagnosis. It is now possible, however, to clarify whether or not a sequence variant in *CHD7* should be considered pathogenic for the underlying features. There are specific (and extremely useful) guidelines for when to test for *CHD7* sequence variants in individuals with CHARGE features [Bergman et al., 2011]. Accurate and meaningful genetic information can lead to improved understanding of etiology, provide accurate recurrence risks, and help pave the way toward better clinical care. We advocate incorporating *CHD7* sequence variant information into the diagnostic algorithm, when it is available, since this information can improve understanding of disease causation, pathogenesis, and treatment options. In cases when *CHD7* variant testing is not available, the diagnosis can still be made based on appropriate clinical assessments.

The American College of Medical Genetics and Genomics (ACMG) recognizes the complexities of and proposes guidelines for evaluating potential pathogenicity of sequence variants [Richards et al., 2015]. Disease-specific databases (e.g., [www.chd7.org](http://www.chd7.org)), population frequency, functional and expression data, phenotype–genotype correlations, review of published literature, and review of databases such as Exome Aggregation Consortium (ExAC), 1000 Genomes, and the Exome Variant Server from the NHLBI Exome Sequencing Project (ESP) are all critical to accurate pathogenicity assignment. This discourse about the appropriateness of a combined clinical and molecular diagnosis for CHARGE is therefore both relevant and timely.

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