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# COCCIDIOIDOMYCOSIS TRANSMISSION THROUGH ORGAN TRANSPLANTATION: A REPORT OF THE OPTN AD HOC DISEASE TRANSMISSION ADVISORY COMMITTEE

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Running Title: Donor Derived Coccidioidomycosis

Abbreviations: DTAC, Disease Transmission Advisory Committee; PDDTE, potential donor-derived transmission events; OPTN, Organ Procurement and Transplantation Network

**ABSTRACT** 

Donor-derived coccidioidomycosis has caused unexpected morbidity and mortality in transplant recipients. All proven or probable reports of donor-derived coccidioidomycosis to the Disease Transmission Advisory Committee (DTAC) between 2005 and August, 2012 were reviewed. Six reports of proven or probable coccidioidomycosis were discovered. In 4 of 6, the infection was first detected at autopsy in the recipient. In 2 cases it was first identified in the donor. Twenty-one recipients received organs from these 6 donors. Transmission occurred in 43% at a median of 30 days post-transplant with a mortality rate of 28.5%. Eleven recipients received pre-emptive antifungals, 7 did not receive treatment, and treatment information was not reported for 3 recipients. Five of 7 who did not receive prophylaxis/treatment expired and all 11 who received early therapy survived. Six deaths occurred 14 to 55 days after transplant; median of 21 days. For exposed recipients, donor-derived coccidioidomycosis is a significant cause of morbidity and mortality. Evidence of infection in one recipient should prompt immediate evaluation for treatment of all other recipients from the same donor as preemptive treatment was effective. Further studies are needed to decide whether all donors from endemic areas should have routine serologic screening.

### Introduction

When recognized in the donor and not treated in recipients, donor-derived coccidioidomycosis has been a significant cause of unexpected morbidity and mortality after organ transplantation, and fatal outcomes have been reported [1-7]. In the US most cases involve donors from Organ Procurement and Transplantation (OPTN) region 5, an area that includes New Mexico, Arizona, Utah, Nevada, and California. The optimal management and the efficacy of preventative antifungal treatment for exposed recipients are not well defined. The purpose of this study was to review all the cases of potential transmission of coccidioidomycosis reported to the Disease Transmission Advisory Committee (DTAC) and examine possible strategies to prevent donor-derived coccidioidomycosis.

### **Materials and Methods**

All reports of potential donor-derived transmission events (PDDTEs) to DTAC between January 2005 and August 2012 were searched for coccidioidomycosis. Coccidioidomycosis was diagnosed based on any positive serology test, positive pathology or positive culture for Coccidioides immitis/posadasii in donors and/or recipients. The definition of donor-derived infection was based on the previously published DTAC categories related to donor derivation and include proven, probable, possible, unlikely, intervention without documented transmission, and excluded [8, 9]. Only PDDTEs classified as proven or probable as determined by review of DTAC were analyzed. DTAC collects information under confidential medical peer review, and thus demographic and clinical information was summarized to prevent recognition of a particular case or a particular institution.

A Pubmed and Medline search of English language journals from 1950-2013 was performed to find case reports of donor-derived coccidioidomycosis. The search keywords included *Coccidioides immitis/posadasii*, *Coccidioides* Species, Coccidioidomycosis, Valley fever, transmission, solid organ transplant. The demographic and clinical data of these cases were tabulated.

### Results

Between January 2005 and August 2012, DTAC investigated 14 donors implicated in PDDTEs for transmission of coccidioidomycosis; 6 (43%) were classified as proven (n=5) or probable (n=1) transmissions from donors to at least one recipient. Of the 6 coccidioidomycosis donor transmissions, 4 were first diagnosed in a recipient at the time of autopsy and the remaining 2 cases were first detected in the donor after the transplant operation. Coccidioidomycosis transmission occurred in 9 (43%) of 21 exposed organ recipients (including the 4 fatal index recipient cases) at a median of 30 days (range 6-64) after the transplant operation, and 6 (67%) of 9 recipients developed fungal dissemination to multiple organs. The mortality at four months follow up after transplantation was 6/21 (28.5%) exposed recipients; none of the 11 exposed recipients who received preventative or early treatment died (Figure 1). The 6 deaths occurred at a median of 21 days after transplantation (range 14-55). Five of the 6 donors with proven or probable transmission were from OPTN region 5 (endemic area) and 11 of 14 PDDTE donors reviewed were also from OPTN region 5.

Our review of the literature identified 7 donors of organs that were placed in 18 organ recipients resulting in 11 (61%) recipients with donor-derived coccidioidomycosis (Table 1). Several of these cases occurred outside the US and others in the US before 2008 (our first DTAC case occurred in 2008), none of these would be duplicated by the DTAC series. Of the recipients with known information, 40% were female, and median age was 46 years (range 18-66). Donor-derived coccidioidomycosis was recognized at a median of 14 (range 6-60) days after transplantation. The overall mortality was 44.4% (8/18) with 86% (7/8) of these deaths directly attributable to coccidioidomycosis; all 7 deaths had evidence of disseminated coccidioidomycosis to multiple organs (n=6) or the central nervous system (n=1). In the seven deaths, transmission and dissemination occurred after kidney alone (n=3), simultaneous kidney and pancreas (n=1), Kidney-liver (n=1), heart (n=1), and bilateral lung transplantation (n=1). Five of the 7 (71%) donors had been living in or had visited endemic areas for coccidioidomycosis. One donor was from France, but visited Arizona two months before becoming a donor to a single lung transplant recipient (case 6 in the table). Three donors had evidence of active infection at procurement of organs, two with dissemination to central nervous system with meningitis (case 1 and 2 in the table) and one with evidence of coccidioidomycosis in a hilar lymph node (case 4 in the table).

### Discussion

The use of organ donors from areas endemic for coccidioidomycosis may lead to transmission of this fungal pathogen to organ recipients as illustrated in the published literature and the DTAC experience presented here [1-7]. Donors may have active infection not recognized at their evaluation for organ donation or may have prior infection with contained but viable organisms that reactivate in the setting of recipient immunosuppression. In one series, seropositivity of potential kidney and liver donors in an endemic area was 2.1% [10]. Also, a living donor may be incubating coccidioidomycosis at the time of evaluation with no symptoms and negative serology but later develop symptoms and become seropositive [10]. As our report illustrates, for exposed recipients the risk of significant morbidity and mortality is high, and poor outcomes typically occur soon after transplantation allowing little time for diagnosis and treatment once symptoms occur. Our data suggest, however, that preventative treatment with anti-fungal drugs of exposed individuals is very effective in preventing disseminated disease and death compared to those exposed recipients who were not treated. Thus, we believe that evidence of coccidioidomycosis infection in one recipient should prompt initiation of treatment in all other recipients preemptively. Similarly, if serologic or other evidence of coccidioidomycosis in the donor becomes available after transplant, we also recommend evaluation of the need for treatment of all recipients of organs from this donor.

Our data do not address the appropriate duration, dose, or drug that should be used as part of preventative therapy. The American Society of Transplantation's Infectious Disease Community of Practice provides some expert opinion regarding these questions [11]. The guidelines recommend that recipients of an organ from a donor with pulmonary coccidioidomycosis should receive fluconazole 400 mg daily for 3-12 months if non-lung organ recipient with an option of lifelong therapy at 200 mg daily after the first year. For lung recipients of organs from donors with pulmonary coccidioidomycosis, the recommendation is lifelong **fluconazole**, 400 mg daily. All recipients of donors with evidence of extrapulmonary coccidioidomycosis should receive lifelong fluconazole 400 mg daily, with careful laboratory, clinical, and radiological follow up if prophylaxis is discontinued. If a donor is seropositive without a documented focus of infection, the lung recipient should receive 400 mg of fluconazole daily for life, and a non-lung organ recipient 400 mg daily for 12 months and 200 mg thereafter.

An important issue is the potential role of universal or targeted serological donor screening in endemic regions in order to identify donors at risk of transmitting coccidioidomycosis. Information regarding endemicity of coccidioidomycosis was obtained by skin test [12]. In the United States, OPTN region 5 (California, Arizona, Nevada, Utah, New Mexico) and Southern Texas is the primary geographic region endemic for coccidioidomycosis. Within this region, parts of Arizona and California are at a particularly high risk (example, Sonoran desert in Arizona, and San Joaquin valley in California) [13, 14]. Because of the risk of "imported" cases, clinicians should also be aware of the epidemiology outside the US [12]. Countries with endemic areas include Mexico, Guatemala, Honduras and other countries in South and Central America [12]. The predictably elevated risk for prior infection with coccidioidomycosis within endemic region suggests that recipients of organs from donors who live in Region 5 might benefit from targeted serologic screening of donors. This recommendation might be extended to potential donors who visited or lived in the past in Region 5 but were not residing there at the time of donation. While clearly cases of donor-derived transmission of coccidioidomycosis have occurred from such donors, the lack of data to differentiate what might be a "high risk" exposure for donors with a history of travel to an endemic region would suggest that screening donors for any transient travel to a high risk region would not likely be cost-effective nor could not it be reliably implemented. Further st udies are needed to determine whether all donors in endemic areas (e.g. OPTN region 5) should have routine coccidioidomycosis serology testing. In the absence of such data, it is worth noting that one of the authors of this report who works in an endemic area for coccidioidomycosis uses routine prophylaxis for coccidioidomycosis in all organ recipients for 12 months together with serological screening of all donors and recipients. Seronegative organ recipients are usually rechecked yearly, or if there is a clinical indication. This center is currently using universal prophylaxis because of failure of targeted prophylaxis with diagnosis of new cases of coccidioidomycosis within one year after transplantation [15].

The OPTN/DTAC has published guidance regarding testing of potential living donors for seasonal and endemic infections [16]. A consideration for coccidioidomycosis screening include those who reside or stayed in endemic areas, those with symptoms or signs of active infection and those with history of coccidioidomycosis [16]. Implementation of epidemiologic risk based screening will not likely eliminate all cases of donor derived coccidioidomycosis in the United States. It is unrealistic to believe that Organ Procurement Organizations would be able to get a reliable travel history on all potential donors.

Additionally, in some reported cases there is no clear residence or travel to endemic areas in or outside

the US. Recently three non-transplant cases of coccidioidomycosis reported from Washington State had no history of residence or travel to endemic area [17]. Soil was sampled and investigated by the CDC's Mycotic Disease Laboratory by PCR. *C. immitis/posadasii* was found in 6 of 22 soil samples, and viable fungus was isolated in 4 samples [18]. This shows that coccidioidomycosis may be found outside the known endemic areas, although currently the major risk area remains the Southwestern United States.

This study has a number of important limitations. In some cases the information was incomplete; furthermore, the diagnostic methods and treatments varied between treating medical centers. The DTAC reporting system is required but passive, and all cases of donor-derived coccidioidomycosis or donor infection with coccidioidomycosis may not have been reported. Thus, we are not able to reliably assess the risk faced by a recipient of an infected donor, especially one with latent infection. As DTAC reports are collected under confidential peer review, information is reported in aggregate. Thus no attempt was made to compare our information and the information obtained from review of the literature. We cannot confirm or exclude the possibility of duplication between DTAC records and cases reported in the literature during the same time period. Nevertheless, viewing these confirmed donor derived cases in the aggregate provides a useful alert for transplant professionals who may not be fully aware of this risk.

In summary, data from the review of the DTAC experience and the literature demonstrate that donor-derived coccidioidomycosis can be life threatening and typically occurs soon after transplantation. Preventative antifungal treatment, however, may be life-saving if administered to exposed recipients. Efficient communication between OPOs and transplant centers is critical to this process. While our data does not specifically address the value of universal or targeted donor testing in endemic areas (or those with previous residence in endemic areas), the lethality of donor-derived coccidioidomycosis combined with the availability of effective preventative therapy emphasizes the need for a careful evaluation of the potential benefit of such a practice. Clinically appropriate screening and prophylaxis are crucial to prevent coccidioidomycosis in endemic areas where there is potential constant exposure.

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### Disclosure

The authors of this manuscript have no conflicts of interest to disclose as described by the *American Journal of Transplantation*.

## **Figure Legends**

Figure 1: Outcome of recipients exposed to coccidioidomycosis

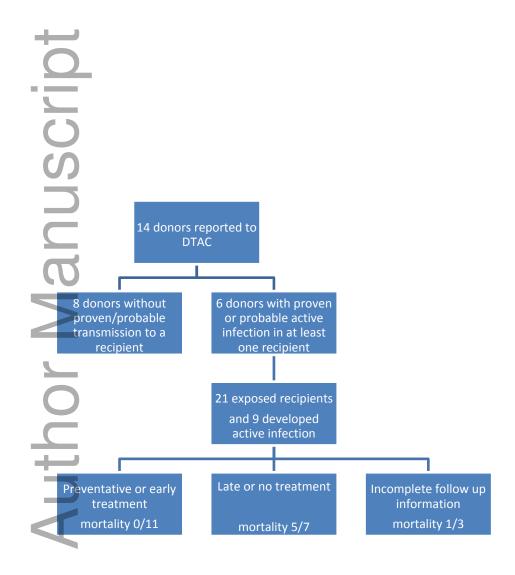
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Figure

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Case	Donor	Donor History and risk	Recip	Recip Organ	Recip	Recip	Fungal Prophylaxis	Outcome	Cocci Death/Outcome	Comment
	Demog				Age/Sex	Race	or early treatment			
1 [1]	52F,	Had been living in Los Angeles,	1	heart	66M	His	no	III day 16, died	Yes, diss multiple organs	Donor at time procurement
	AfAm	confusion, abnormal CSF, abnormal	2	2 <sup>nd</sup> kidney	40M	AfAm	no	III day 13, died	Yes, diss multiple organs, also	with cocci meningitis
		brain MRI with hydrocephalus,							kidney sbscess	
		serum CF is 1:4, liver bx at	3	Kidney-liver,	23M	His	No but treated D14	III day 14, Survived,	Diss to liver, lung, blood, CF at 3	
	procurement with granulomas		previous			vori, then ampho B,	liver bx granulomas	months is 1:64		
				living liv			then flu	and spherules		
2 [2]	36M,	Presented with headaches, had	1	liver	46M	W	No, treated D14 flu,	III day 13, died	Yes, diss to multiple organs,	Donor in AZ 1995-2000 and
	AfAm	cocci meningitis, CF was 1:32.					then ampho B		including liver	diagnosed with disseminated
		Previous treated diss cocci in AZ	2	kidney	28M	AfAm	No, treat D19 flu	III day 11, died	Yes, diss to multiple organs	cocci in 1996 to skin and bone
		+							including kidney, pre-Tx CF was	
									negative	
		3	kidney	58F	AfAm	No but given itra 200	Asymptomatic,			
							mg bid for 3 mos	survived		
3 [3]	22M	Immigrated to the US from Jamaica	1	kidney	19M	AfAm	No but treated D30	III day 29, survived	Pos cocci in lung and blood, serology	
	AfAm	in 2001to non-endemic area					vori, then liposomal		positive at day 59 with CF of 1:4	
							ampho B, then flu			

			2	Kidney	45F	W	No, micafung D35	III day 26, died	Yes, diss lung and blood	
				pancreas						
			3	liver	63F	W	Yes flu, and D35 on	survived	Ill day 51, developed bil lung	
							fluc		nodules, negative serology	
			4	Bil lung	62F	W	Yes, vori	survived	Day 53 serology CF 1:2	
			5	heart	18M	AfAm	No, D53 flu	died	No, sudden cardiac death, CF day 56	
									negative	
4 [4]	F	Resided in AZ, hilar lymph node	1	Bil lung;	21M	W	No but treated, D6	III day 6, survived		1-cm firm level 4 hilar lymph
		was positive for cocci, he liked to					flu			node found at organ harvest
		hike								positive for cocci
5 [5]	30	Resident of non-endemic area,	1	Bil lung	61		no	III first week, died	Yes, diss multiple organs	
		visited Mexico 2 years earlier								
6 [6]		France resident, visited AZ few	1	Single lung	58M	France	Yes, itra	survived	Yes, diss multiple organs, also	
		months before donation							kidney sbscess	
7 [7]	38/F	Not known	1	Kidney	62M	Portugal	no	died	Diss to liver, lung, blood, CF at 3	No travel history was obtained
									months is 1:64	on donor and no pretx serology
			2	2 <sup>nd</sup> kidney		Portugal	no	survived	Yes, diss to multiple organs,	was obtained
									including liver	
			3	Liver		Portugal	no	survived	Yes, diss to multiple organs	
									including kidney, pre-Tx CF was	
									negative	
			4	Heart		Portugal	no	survived		
			1			<u> </u>				

Table 1: Published cases of donor-derived coccidioidomycosis and outcome

Pos=positive, AfAm=African American, M=male, F=female, Demo=Demographics, Recip=recipient, Bil=bilateral, His=Hispanic, W=white, Flu=fluconazole, Vori=voriconazole, Itra=itraconazole, diss=disseminated

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