## THE BOUNDARY BEHAVIOUR OF BLOCH FUNCTIONS

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## 1. Introduction and results

A function $f$, analytic in the unit disk $\mathbb{D}$, is a Bloch function if

$$
\|f\|_{\mathscr{O}}=\sup _{z \in \mathbb{D}}\left(1-|z|^{2}\right)\left|f^{\prime}(z)\right|<\infty .
$$

The (linear) space of all Bloch functions is denoted by $\mathscr{B}$. The number $\|f\|_{\mathscr{O}}$ is the Bloch semi-norm of $f$. Bloch functions have been extensively studied because of their close connection to univalent functions: if $g$ is univalent in $\mathbb{D}$ then $f=\log g^{\prime} \in \mathscr{B}$, and if $f \in \mathscr{B}$ with $f=c \log g^{\prime}$, then $g$ is univalent whenever $c$ is small enough. See, for example, [1] for further information on $\mathscr{B}$.

There are Bloch functions $f$ that have no finite radial limits, that is, the limit

$$
\begin{equation*}
f(\zeta)=\lim _{r \rightarrow 1} f(r \zeta) \tag{1.1}
\end{equation*}
$$

exists for no point $\zeta \in \mathbb{T}$. Here $\mathbb{T}$ denotes the unit circle $\partial \mathbb{D}$. An example of such a Bloch function is the Hadamard gap series $f(z)=\sum_{n \geqslant 0} z^{2^{n}},[9$, Chapter 8]. We denote by $R(f)$ the set of those points $\zeta \in \mathbb{T}$ for which the limit (1.1) exists and is finite. When studying the boundary behaviour of $f$, the set $R(f)$ is rather uninteresting since $f$ behaves nicely there. We furthermore consider the set $P(f) \subset \mathbb{T}$ of those $\zeta \in \mathbb{T}$ for which the image $f\left(S_{\zeta}\right)$ is dense in $\mathbb{C}$, for any Stolz cone $S_{\zeta} \subset \mathbb{D}$ at $\zeta$. These are the Plessner points of $f$ and the classical theorem of Plessner [9, Chapter 6] shows that, if $f$ is a Bloch function, then

$$
\begin{equation*}
\mathbb{T}=R(f) \cup P(f) \cup E(f) \tag{1.2}
\end{equation*}
$$

where $E(f)$ is a set of Lebesgue measure 0 . For subsets $A \subset \mathbb{T}$ we shall use the notation $|A|$ for the Lebesgue measure divided by $2 \pi$, thus $|T|=1$.

In this paper we study the behaviour of $f$ on the set $E(f)$. Since this set is already small by Plessner's theorem, we consider the Hausdorff dimension, abbreviated to dim, of several subsets of $E(f)$. To avoid trivialities, we restrict our attention to the subclass of those functions for which $|R(f)|=0$. With a suitable normalization this is

$$
\begin{equation*}
\tilde{\mathscr{B}}=\left\{f \in \mathscr{B}: f(0)=0,\|f\|_{\mathscr{B}}=1 \text { and }|R(f)|=0\right\} . \tag{1.3}
\end{equation*}
$$

The above mentioned gap series belongs to this class as well as $\log g^{\prime}$ if $g$ is a conformal map onto a domain with a complicated boundary like the snowflake domain.

[^0]Our main result is the following.
Theorem 1.1. Let $f \in \tilde{\mathscr{B}}, a>0$ and let $\gamma:[0,1) \rightarrow \mathbb{C}, \gamma(0)=0$ be an arbitrary continuous curve. Then there is a set $E_{\gamma, a} \subset \mathbb{T}$ with

$$
\begin{equation*}
\operatorname{dim} E_{\gamma, a} \geqslant 1-\frac{K}{a} \tag{1.4}
\end{equation*}
$$

so that for every $\zeta \in E_{\gamma, a}$ there is a homeomorphism $\phi_{\zeta}:[0,1) \rightarrow[0,1)$ such that

$$
\begin{equation*}
\sup _{0 \leqslant r<1}\left|f(r \zeta)-\gamma\left(\phi_{\zeta}(r)\right)\right| \leqslant a \tag{1.5}
\end{equation*}
$$

Here $K$ denotes a universal constant.
Inequality (1.4) only makes sense if $a>K$, and it becomes powerful when $a$ tends to infinity. If we denote by $E_{\gamma}$ the set

$$
\begin{equation*}
E_{\gamma}=\bigcup_{0<a<\infty} E_{\gamma, a} \tag{1.6}
\end{equation*}
$$

then (1.4) yields $\operatorname{dim} E_{\gamma}=1$. Roughly speaking, (1.5) says that the image of a radius follows the given curve $\gamma$ (after a reparametrization) within an $a$-neighbourhood, and for any given curve $\gamma$ there is a set $E_{\gamma}$ of Hausdorff dimension 1 so that for every point $\zeta \in E_{\gamma}$ the curve $f([0, \zeta))$ follows $\gamma$ (that is has bounded distance).

It is impossible to remove the reparametrization $\phi_{\zeta}$ since the growth of Bloch functions has certain bounds, whereas the curve $\gamma$ is arbitrary.

Next we show that Theorem 1.1 implies some well-known results in a slightly weaker form.

Choosing $\gamma$ to be the positive real axis, that is $\gamma(r)=r /(1-r)$, we obtain the following corollary from (1.6).

Corollary 1.2. If $f \in \tilde{\mathscr{B}}$ then

$$
\left.\operatorname{dim}\{\zeta \in \mathbb{T}: \operatorname{Re} f(r \zeta) \rightarrow+\infty \text { as } r \rightarrow 1), \sup _{0 \leqslant r<1}|\operatorname{Im} f(r \zeta)|<\infty\right\}=1
$$

A weaker statement, involving the whole class of Bloch functions, is as follows.

## Corollary 1.3. If $f \in \mathscr{B}$ then

$\operatorname{dim}\{\zeta \in \mathbb{T}: f(\zeta)$ exists as a finite radial limit or $\operatorname{Re} f(r \zeta) \rightarrow-\infty$ as $r \rightarrow 1\}=1$.
Using the connection to univalent functions mentioned above, Corollary 1.3 implies the following result of Anderson and Pitt [2] and (independently) Makarov [8].

Theorem APM. For any function $g$ univalent in $\mathbb{D}$ we have

$$
\operatorname{dim}\left\{\zeta \in \mathbb{T}: g^{\prime}(\zeta) \text { exists as a finite radial limit }\right\}=1 .
$$

In fact, the results in [2] and [8] are slightly stronger since they show that the set under discussion has positive Hausdorff measure with respect to a certain weight function involving an iterated logarithm.

Considering the curve $\gamma(r) \equiv 0$ we obtain the following result of Makarov.
Theorem M. For any function $f \in \mathscr{B}$ we have

$$
\operatorname{dim}\left\{\zeta \in \mathbb{T}: \sup _{0 \leqslant r<1}|f(r \zeta)|<\infty\right\}=1
$$

Our proof of Theorem 1.1 is similar to Makarov's proof of the previous theorem in so far as we use the same lemma controlling the Hausdorff dimension of Cantorlike sets, Lemma 3.1 below. However, whereas Makarov considered an approximation of Bloch functions by a martingale, we approximate the level sets of a Bloch function $f$ by chord-arc domains and compare the restrictions of $f$ to these sets to inner functions.

Our final application of Theorem 1.1 is again to conformal mappings. Let $G$ be a simply connected domain and $f: \mathbb{D} \rightarrow G$ be conformal. Recall that a point $f(\zeta)=w \in \partial G$ is called well-accessible $[9$, Chapter 11] if there is a Jordan $\operatorname{arc} C \subset G$ ending at $w$ and a constant $c>0$ so that $\operatorname{diam} C_{z} \leqslant c \operatorname{dist}(z, \partial G)$ for every $z \in C$, where $C_{z}$ denotes the subarc from $z$ to $w$. Denote by $W$ the set of those points $\zeta \in \mathbb{T}$ for which $f(\zeta)$ is well-accessible. It is not hard to construct a domain $G$ so that $|W|=0$. On the other hand, it follows from known estimates (see again [9, Chapter 11]) that $f(\zeta)$ is well-accessible if $\inf _{0 \leqslant r<1}\left|f^{\prime}(r \zeta)\right|>0$ and $\sup _{0 \leqslant r<1}\left|f^{\prime}(r \zeta)\right|<\infty$. Hence Theorem 1.1 easily implies the following result.

Corollary 1.4. For any simply connected domain we have

$$
\operatorname{dim} W=1
$$

By another theorem of Makarov [7] this implies that $\operatorname{dim} f(W)=1$, that is, for any simply connected domain the set of well-accessible boundary points has dimension 1.

In a forthcoming paper we shall modify the method developed in this paper to obtain results about functions in the little Bloch space $\mathscr{B}_{0}$ and about inner functions in $\mathscr{B}_{0}$. In particular we shall show that every function in $\tilde{\mathscr{B}} \cap \mathscr{B}_{0}$ assumes every value $w \in \mathbb{C}$ as a radial limit on a set of dimension 1 , and similarly that every inner function in $\mathscr{B}_{0}$ assumes every $w \in \mathbb{D}$ on a set of dimension 1 . This sharpens results of Hungerford [4] and Makarov [8].

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## 2. Level sets of Bloch functions

Throughout this chapter $f$ will be a Bloch function. For points $z_{0} \in \mathbb{D}$, and for $a>0$ we consider the component $\Omega_{a}=\Omega_{a}\left(f, z_{0}\right)$ of $\left\{z \in \mathbb{D}:\left|f(z)-f\left(z_{0}\right)\right|<a\right\}$ that contains $z_{0}$. These components have also been studied in [10]. The boundary $\partial \Omega_{a}$ need not be rectifiable, even if $f$ is bounded [5]. The main object of this chapter is to construct rectifiable domains $G_{a} \subset \mathbb{D}$ that behave like the components $\Omega_{a}$, that is, they will have the property $\Omega_{a-c} \subset G_{a} \subset \Omega_{a+c}$.

Our construction relies on the following analog due to Pommerenke [9, Chapter 4] of a well-known result of Lehto and Virtanen.

Theorem $P$. Let $B \subset \mathbb{D}$ be a circular arc with endpoints on $\mathbb{T}$ and consider a Jordan arc $C \subset \mathbb{D} \backslash B$ with endpoints on $B$. Let $G$ be the component of $\mathbb{D} \backslash(B \cup C)$ for which $\bar{G} \cap \mathbb{T}=\varnothing$. Let $\beta$ be the angle between $B$ and $\mathbb{T}$ towards $G$. Finally, let

$$
\begin{equation*}
\alpha=\sup _{z \in G}\left(1-|z|^{2}\right)\left|f^{\prime}(z)\right| \tag{2.1}
\end{equation*}
$$

Then

$$
\begin{equation*}
f(G) \subset\left\{w \in \mathbb{C}: \operatorname{dist}(w, f(C)) \leqslant \frac{e \alpha \beta}{2 \sin \beta}\right\} \tag{2.2}
\end{equation*}
$$

This result implies that

$$
\begin{equation*}
\overline{\Omega_{a}\left(f, z_{0}\right)} \cap \mathbb{T} \neq \varnothing \tag{2.3}
\end{equation*}
$$

if $f \in \mathscr{B},\|f\|_{\mathscr{A}} \leqslant 1, z_{0} \in \mathbb{D}$ and $a>\frac{1}{2} e$ (see [3]). Since Bloch functions are in the MacLane-class $\mathscr{A}$ of analytic functions [6], the level curves end at points. More precisely (see [6]), we have the following result.

Theorem ML. If $f \in \mathscr{B}, \Omega$ is a component of $\{|f(z)|<a\}$ and $\partial \Omega \cap \mathbb{T} \neq \varnothing$, then the components of $\partial \Omega \cap \mathbb{D}$ are (open) Jordan arcs. The closures of these Jordan arcs intersect $\mathbb{T}$ in at most two points.

Now we are in the position to describe our approximating domains. Let $f \in \tilde{\mathscr{B}}$, $a>\frac{1}{2} e$ and $z_{0} \in \mathbb{D}$. By (1.3) and (2.3) we have $\overline{\Omega_{a}\left(f, z_{0}\right)} \cap \mathbb{T} \neq \varnothing$, hence

$$
\begin{equation*}
T \backslash \overline{\Omega_{a}\left(f, z_{0}\right)}=\bigcup_{n} I_{n} \tag{2.4}
\end{equation*}
$$

where the $I_{n}$ are disjoint open arcs.
Since $f$ is a Bloch function and $|R(f)|=0((1.2)$ and (1.3)) we obtain

$$
\underset{r \rightarrow 1}{\limsup }|f(r \zeta)|=\infty
$$

for almost all $\zeta \in \mathbb{T}$. From this we conclude that

$$
\begin{equation*}
\left|\mathbb{T} \cap \overline{\Omega_{a}\left(f, z_{0}\right)}\right|=0 \tag{2.5}
\end{equation*}
$$

in the following way.
After applying a Möbius transformation we may assume that $z_{0}=0$. Let

$$
z \in \mathbb{T} \cap \overline{\Omega_{a}(f, 0)}
$$

The radius $[0, \zeta) \backslash \partial \Omega_{a}$ consists of line segments that are entirely in $\Omega_{a}$ or in $\mathbb{D} \backslash \overline{\Omega_{a}}$. On the line segments in $\Omega_{a}, f$ is bounded above by $a$, and an application of Theorem P , with $\beta=\frac{1}{2} \pi$, shows that $|f(z)| \leqslant a+\frac{1}{4} e \pi$ on the other segments. Hence

$$
\begin{equation*}
\underset{r \rightarrow 1}{\lim \sup }|f(r \zeta)| \leqslant a+\frac{1}{4} e \pi<\infty \quad\left(z \in \mathbb{T} \cap \overline{\Omega_{a}(f, 0)}\right) \tag{2.6}
\end{equation*}
$$

and (2.5) is established.
We fix a small constant $0<\beta<\frac{1}{2} \pi$ whose value is to be determined later. We denote by $B_{n}=B\left(I_{n}\right)$ the circular arc in $\mathbb{D}$ whose endpoints are the endpoints of $I_{n}$ and which intersects $\mathbb{T}$ in the angle $\beta$. The intersecting angle is measured between $B_{n}$ and $I_{n}$. The midpoint of $B_{n}$ (in the obvious meaning) will be denoted by $z_{n}$ or $z\left(I_{n}\right)$. It depends, of course, on the angle $\beta$.

Let $G_{a}=G_{a}\left(f, z_{0}\right)$ denote the component of $\mathbb{D} \backslash \overline{\bigcup_{n} B_{n}}$ that contains $z_{0}$. We shall use the notation $\Lambda(A)$ for the linear measure of sets $A \subset \mathbb{C}$. One of the important features of the domain $G_{a}$ is that it is a chord-arc domain, that is, for points $z_{1}, z_{2} \in \partial G_{a}$ we have $\Lambda\left(C\left(z_{1}, z_{2}\right)\right) \leqslant c\left|z_{1}-z_{2}\right|$, where $C\left(z_{1}, z_{2}\right)$ denotes the shorter subarc of $\partial G_{a}$ between $z_{1}$ and $z_{2}$. The constant $c$ tends to 1 as $\beta \rightarrow 0$. We shall not use this fact explicitly, but it is the reason why our proof of Theorem 2.2 below works.

Lemma 2.1. Let $f \in \tilde{\mathscr{B}}, a>\frac{1}{2} e$ and $G_{a}=G_{a}(f, 0)$. There are constants $K_{1}$ and $K_{2}$, depending only on $\beta$, so that for any arcs $I_{n}, B_{n}$ described above we have

$$
\begin{gather*}
a-K_{1} \leqslant|f(z)|<a+K_{1} \quad \text { for } z \in B_{n}  \tag{2.7}\\
|f(z)| \leqslant a+K_{1} \quad \text { in } G_{a}(f, 0) \tag{2.8}
\end{gather*}
$$

and

$$
\begin{equation*}
\left|I_{n}\right| \leqslant K_{2} e^{-a} \tag{2.9}
\end{equation*}
$$

Proof. Let $V$ be the component of $\mathbb{D} \backslash \overline{\Omega_{a}}$ so that $V \cap \mathbb{T}=I_{n}$. Pick two points $z_{1}, z_{2} \in \partial V \backslash \mathbb{T}$ near the endpoints of $I_{n}$ and consider the circular arc $B$ that contains $z_{1}$ and $z_{2}$ and intersects $T$ in the angle $\beta$. Let $B^{\prime}$ denote the subarc of $B$ with endpoints $z_{1}, z_{2}$. By MacLane's result (Theorem ML) we know that $C=\partial \emptyset \mathbb{I}$ is a Jordan arc and we can apply Theorem $P$ to all those components $C_{k}$ of $C \backslash B^{\prime}$ for which $\overline{C_{k}} \subset \mathbb{D}$. We obtain from (2.2) with $\beta^{\prime}=\pi-\beta$

$$
f\left(B^{\prime}\right) \subset\left\{w \in \mathbb{C}: \operatorname{dist}(w, f(C)) \leqslant \max \left(\frac{e \beta}{2 \sin \beta}, \frac{e \beta^{\prime}}{2 \sin \beta^{\prime}}\right)\right\}
$$

Letting $z_{1}, z_{2}$ tend to $\pi$ gives (2.7).
To prove (2.8), let us first assume that $f$ is unbounded in $G_{a}$. Then there is a curve in $G_{a}$ so that $|f|$ tends to infinity along this curve and we conclude, again using Theorem P , that there is a radial segment $[0, z]$ in $G_{a}$ along which $|f|$ tends to infinity. The endpoint $z$ cannot be in $\mathbb{D}$ because of (2.7). Hence $z \in \mathbb{T} \cap \overline{\Omega_{a}\left(f, z_{0}\right)}$ and we obtain a contradiction to (2.6). Hence $f$ is bounded in $G_{a}$. But then (2.8) follows from the maximum principle by (2.6) and (2.7).

Next we show that $\left|I_{n}\right|<\frac{1}{2}$ for $a>c_{1}$. Assume that this is not true, then there are points $z_{1}, z_{2} \in C$ satisfying $\arg z_{1}=\arg z_{2}+\pi$. Applying Theorem P (with $\beta=\frac{1}{2} \pi$ ) to the interval $\left[z_{1}, z_{2}\right]$ we obtain $|f(z)|>a-c_{1}$ (with $c_{1}=\frac{1}{4} e \pi$ ) for any $z \in\left[z_{1}, z_{2}\right]$ and choosing $z=0$ gives the contradiction $|f(0)|>0=f(0)$ if $a>c_{1}$.

Since $\|f\|_{\mathscr{G}}=1$ and $f(0)=0$ we have $|f(z)| \leqslant \log (1+|z|) /(1-|z|)$. Since $z_{n}$ is the midpoint of $B_{n}$, (2.7) yields

$$
1-\left|z_{n}\right| \leqslant 2 e^{K_{1}} e^{-a}
$$

Now (2.9) follows since $1-\left|z_{n}\right| \geqslant c_{2}\left|I_{n}\right|$ with a constant $c_{2}$ depending only on $\beta$.
For points $w \in \mathbb{D} \backslash\{0\}$ we shall denote by $p(w)$ the projection of $w$ onto $\mathbb{T}$, that is,

$$
p(w)=\frac{w}{|w|} .
$$

The next result says, roughly speaking, that the map

$$
p \circ f:\left(\partial G_{a}(f, 0), \Lambda\right) \longrightarrow(\mathbb{T},|\cdot|)
$$

is nearly measure preserving if $f \in \tilde{\mathscr{B}}$ (see (1.3)), $\beta$ is small and $a$ is large.

Theorem 2.2. Let $f \in \tilde{\mathscr{B}}$ and consider an arc $A \subset \mathbb{T}$. Let

$$
\begin{equation*}
J=\left\{j: p\left(f\left(z_{j}\right)\right) \in A\right\} \tag{2.10}
\end{equation*}
$$

Then

$$
\begin{equation*}
\sum_{j \in J}\left|I_{j}\right| \geqslant\left(1-\frac{2 \beta}{\pi}\right)|A| \tag{2.11}
\end{equation*}
$$

for $a \geqslant a_{0}(|A|)$.
Before proving the theorem we establish the following.
Lemma 2.3. Let $\phi=\phi_{a}: \mathbb{D} \rightarrow G_{a}$ with $\phi(0)=0$ be conformal and let

$$
\begin{equation*}
h(z)=\frac{1}{a+K_{1}} f(\phi(z)) \tag{2.12}
\end{equation*}
$$

Then

$$
\begin{equation*}
\left|\left\{\zeta \in \mathbb{T}: p(h(\zeta)) \in A_{1}\right\}\right|=\left|A_{1}\right|+o(1) \quad \text { as } a \rightarrow \infty, \tag{2.13}
\end{equation*}
$$

for any arc $A_{1} \subset \mathbb{T}$. The o(1) depends only on $a$ and $\beta$.
Note that for inner functions $g: \mathbb{D} \rightarrow \mathbb{D}$ with $g(0)=0$ we have

$$
\begin{equation*}
\left|A_{1}\right|=\left|g^{-1}\left(A_{1}\right)\right|=\left|\left\{\zeta \in \mathbb{T}: g(\zeta) \in A_{1}\right\}\right|=\left|\left\{\zeta \in \mathbb{T}: p(g(\zeta)) \in A_{1}\right\}\right| . \tag{2.14}
\end{equation*}
$$

Now $h$ is nearly an inner function in the sense that $h$ is a selfmap of the unit disk with boundary values close to 1 almost everywhere. Hence (2.13) is a generalization of this result. On the other hand, (2.14) holds for arbitrary Borel sets on $\mathbb{T}$ whereas in (2.13) we make the assumption that $A_{1}$ is an arc. The proof of (2.13) follows the proof of (2.14).

Proof of Lemma 2.3. We have already noted that $|h(z)| \leqslant 1$ in $\mathbb{D}$ by (2.8). Additionally we have

$$
\begin{equation*}
|h(\zeta)| \geqslant \frac{a-K_{1}}{a+K_{1}} \quad \text { for a.e. } \zeta \in \mathbb{T} \tag{2.15}
\end{equation*}
$$

by (2.5) and (2.7), since $\partial G_{a}$ is rectifiable. Here it is important that $f$ is in $\tilde{\mathscr{B}}$ and not merely in $\mathscr{B}$. Let

$$
\varepsilon=1-\frac{a-K_{1}}{a+K_{1}}=\frac{2 K_{1}}{a+K_{1}}
$$

and

$$
A_{1}^{\prime}=\left\{\zeta \in \mathbb{T}: \operatorname{dist}\left(\zeta, A_{1}\right) \leqslant \sqrt{ } \varepsilon\right\} \supset A_{1} .
$$

With $B=\left\{\zeta \in \mathbb{T}: p(h(\zeta)) \in A_{1}\right\}$ we consider the harmonic functions

$$
\begin{aligned}
& u_{1}(z)=\frac{1}{2 \pi} \int_{B} \frac{1-|z|^{2}}{|\zeta-z|^{2}}|d \zeta| \\
& u_{2}(z)=\frac{1}{2 \pi} \int_{A_{1}^{\prime}} \frac{1-|h(z)|^{2}}{|\zeta-h(z)|^{2}}|d \zeta|=\tilde{u}_{2}(h(z))
\end{aligned}
$$

Let $\delta>0$ be given. Standard estimates with the Poisson kernel show that for any $\varepsilon<\varepsilon_{0}(\delta)$ (hence for all $a \geqslant a(\delta)$ ) and all $w \in \mathbb{D}$ such that $p(w) \in A_{1}$ and $|w|>1-\varepsilon$, we have $\tilde{u}_{2}(w) \geqslant 1-\delta$. We conclude that $u_{1}(\zeta)=0$ almost everywhere on $T \backslash B$ and
$u_{2}(\zeta) \geqslant 1-\delta$ almost everywhere on $B$. Hence $\left(u_{1}-u_{2}\right)(\zeta) \leqslant \delta$ almost everywhere on $T$ and, since $u_{1}-u_{2}$ is a bounded harmonic function, the maximum principle yields $u_{1}(0) \leqslant u_{2}(0)+\delta$. With $u_{1}(0)=|B|$ and $u_{2}(0)=\left|A_{1}^{\prime}\right|$ we obtain

$$
|B| \leqslant\left|A_{1}^{\prime}\right|+\delta \leqslant\left|A_{1}\right|+\delta+2 \sqrt{ } \varepsilon
$$

Applying the same reasoning to the complement of $A_{1}$ establishes (2.13).
Proof of Theorem 2.2. Let $A_{1} \subset A$ be the concentric subarc so that

$$
\begin{equation*}
\left|A_{1}\right|=\left(1-\frac{1}{\sqrt{ } a}\right)|A| \tag{2.16}
\end{equation*}
$$

With the function $h$ defined by (2.12) and

$$
B=\left\{\zeta \in \mathbb{T}: p(h(\zeta)) \in A_{1}\right\}
$$

Lemma 2.3 gives

$$
\begin{equation*}
|B|=|A|+o(1) \quad \text { as } a \rightarrow \infty . \tag{2.17}
\end{equation*}
$$

Set $c$ to be a number with $0<c<1$ and $c$ close to 1 , whose value is to be determined later. For every $\operatorname{arc} B_{j}$ of $\partial G_{a}$ we denote by $B_{j}^{\prime}=B_{j}^{\prime}(c)$ the concentric subarc for which $\Lambda\left(B_{j}^{\prime}\right)=c \Lambda\left(B_{j}\right)$.

The maximum principle shows that

$$
\omega\left(z, B_{j}, G_{a}\right) \leqslant\left(1-\frac{\beta}{\pi}\right)^{-1} \omega\left(z, I_{j}, \mathbb{D}\right)
$$

in $G_{a}$, since the left-hand side is 0 on $\partial G_{a} \backslash B_{j}$ and both sides coincide on $B_{j}$. Hence

$$
\begin{equation*}
\omega\left(0, B_{j}, G_{a}\right) \leqslant\left(1-\frac{\beta}{\pi}\right)^{-1}\left|I_{j}\right| . \tag{2.18}
\end{equation*}
$$

Similarly,

$$
\begin{equation*}
\omega\left(0, B_{j} \backslash B_{j}^{\prime}, G_{a}\right) \leqslant c_{3}\left|p\left(B_{j} \backslash B_{j}^{\prime}\right)\right| \leqslant c_{4}(1-c)\left|I_{j}\right| . \tag{2.19}
\end{equation*}
$$

Here $c_{4}$ depends only on $\beta$. Now we consider

$$
J_{1}=\left\{j: B_{j}^{\prime} \cap \phi(B) \neq \varnothing\right\} .
$$

Then

$$
\phi(B) \subset \bigcup_{j \in J_{1}} B_{j} \cup \bigcup_{j}\left(B_{j} \backslash B_{j}^{\prime}\right)
$$

and (2.18) implies that

$$
\begin{aligned}
\sum_{j \in J_{1}}\left(1-\frac{\beta}{\pi}\right)^{-1}\left|I_{j}\right| & \geqslant \omega\left(0, \bigcup_{j \in J_{1}} B_{j}, G_{a}\right) \\
& \geqslant \omega\left(0, \phi(B), G_{a}\right)-\omega\left(0, \bigcup_{j}\left(B_{j} \backslash B_{j}^{\prime}\right), G_{a}\right) \\
& \geqslant|B|-c_{4}(1-c) .
\end{aligned}
$$

The last inequality follows from (2.19). Using (2.17) we see that we can choose $c=c(|A|)$ so that

$$
\sum_{j \in J_{1}}\left|I_{j}\right| \geqslant\left(1-\frac{2 \beta}{\pi}\right)|A|
$$

for $a \geqslant a_{0}(|A|)$.

Thus the theorem is proven if we show that $J_{1} \subset J$.
To this end, pick $j \in J_{1}$. Since $f \in \mathscr{B}$ and $\|f\|_{\mathscr{F}} \leqslant 1$ we have

$$
\left|f(z)-f\left(z_{j}\right)\right| \leqslant c_{5}
$$

for all $z \in B_{j}^{\prime}$, where $c_{5}$ depends only on $c$ and $\beta$, hence only on $|A|$ (and $\beta$ ). By (2.7) and the definition of the projection $p$,

$$
\begin{aligned}
\left|p(f(z))-p\left(f\left(z_{j}\right)\right)\right| & =\left|\frac{f(z)-f\left(z_{j}\right)}{\left|f\left(z_{j}\right)\right|}+\left(\frac{\left|f\left(z_{j}\right)\right|}{|f(z)|}-1\right) \frac{f(z)}{\left|f\left(z_{j}\right)\right|}\right| \\
& \leqslant \frac{c_{5}}{a-K_{1}}+\frac{2 K_{1}}{a-K_{1}} \frac{a+K_{1}}{a-K_{1}} \\
& \leqslant \frac{c_{6}(|A|)}{a}
\end{aligned}
$$

for sufficiently large $a>2 K_{1}$. By the definition of $J_{1}$ there is a $z \in B_{j}^{\prime}$ satisfying $\zeta=\phi^{-1}(z) \in B$, and the definition of $h$ and $B$ gives

$$
p(h(\zeta))=p(f(z)) \in A_{1}
$$

Finally, (2.16) implies that

$$
p\left(f\left(z_{j}\right)\right) \in A
$$

for large $a$ and we have shown that $j \in J$.
Theorem 2.2 was formulated only for the special case $G=G_{a}(f, 0)$. The next result applies to all domains $G_{a}\left(f, z_{0}\right)$ and is essentially a Möbius invariant formulation of Theorem 2.2. In what follows all constants will depend (only) on $\beta$, unless otherwise stated.

Corollary 2.4. Let $f \in \tilde{\mathscr{B}}$ and let $A \subset \mathbb{T}$ be an arc. Let $I \subset \mathbb{T}$ be an arc with $\left\lvert\, \eta \leqslant \frac{1}{2}\right.$. Consider the domain $G=G_{a}\left(f, z_{I}\right)$ and the corresponding points $z_{j}$ and arcs $I_{j} \subset \mathbb{T}$. Let

$$
\begin{equation*}
J=\left\{j: p\left(f\left(z_{j}\right)-f\left(z_{I}\right)\right) \in A \text { and } I_{j} \subset I\right\}, \tag{2.20}
\end{equation*}
$$

where again $p(w)=w /|w|$. If $a \geqslant a_{0}(|A|)$, then

$$
\begin{equation*}
\sum_{j \in J}\left|I_{j}\right| \geqslant c|I|\left(\left(1-\frac{2 \beta}{\pi}\right) \frac{|A|}{2}-\frac{2 \beta}{\pi}\right) \tag{2.21}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|I_{j}\right| \leqslant \frac{1}{c} e^{-a}|I| \quad \text { for } j \in J \tag{2.22}
\end{equation*}
$$

Proof. Let $T(z)=\left(z+z_{I}\right) /\left(1+\overline{z_{I}} z\right)$ and

$$
b(z)=f(T(z))-f(T(0))=f(T(z))-f\left(z_{I}\right) .
$$

Furthermore, let $G^{\prime}=G_{a}(b(z), 0)$. Then $G=T\left(G^{\prime}\right)$ and $I_{j}=T\left(I_{j}^{\prime}\right)$, if we denote by $I_{j}^{\prime}$ the arcs corresponding to $G^{\prime}$. Standard estimates show that

$$
\begin{equation*}
c_{7}|I| \leqslant\left|T^{\prime}(\zeta)\right| \leqslant c_{8}|I| \tag{2.23}
\end{equation*}
$$

for $\zeta \in T^{-1}(I)$. Applying Lemma 2.1 to $b(z)$ we obtain from (2.9) that

$$
\left|I_{j}\right| \leqslant c_{8} K_{2} e^{-a}|I|
$$

and this proves (2.22). Next we consider the concentric arc $A_{1} \subset A$ so that $\left|A_{1}\right|=\frac{1}{2}|A|$, and the set

$$
J^{\prime}=\left\{j: p\left(b\left(z_{j}^{\prime}\right)\right) \in A_{1}, I_{j}^{\prime} \subset T^{-1}(I)\right\}
$$

We show first that $J^{\prime} \subset J$ if $a$ is large enough. Observe that this would be obvious if $z_{j}=T\left(z_{j}^{\prime}\right)$. However, in general a Möbius transformation will not map midpoints of circular arcs onto the midpoints of the image arcs. For $j \in J^{\prime}$ we have $T\left(I_{j}^{\prime}\right) \subset I$ by definition. Now $\left|\arg \left(z_{j}^{\prime}\right)-\arg \left(-z_{I}\right)\right|$ is bounded away from 0 so that the same is true for $\left|1+\bar{z}_{I} z_{j}^{\prime}\right|$. It follows that

$$
\begin{aligned}
1-\left|T\left(z_{j}^{\prime}\right)\right|^{2} & =\frac{\left(1-\left|z_{j}^{\prime}\right|^{2}\right)\left(1-\left|z_{I}\right|^{2}\right)}{\left|1+\bar{z}_{I} z_{j}^{\prime}\right|^{2}} \\
& \geqslant c_{0}\left|I_{j}^{\prime}\right||I| \geqslant \mathrm{c}_{10}\left|I_{j}\right|
\end{aligned}
$$

The last inequality follows from (2.23). Next, $T\left(z_{j}^{\prime}\right) \in B_{j}$, hence

$$
\left|f\left(z_{j}\right)-f\left(T\left(z_{j}^{\prime}\right)\right)\right| \leqslant c_{11}
$$

Thus $p\left(f\left(z_{j}\right)-f\left(z_{l}\right)\right) \in A$ for $a \geqslant a_{0}$ which proves that $J^{\prime} \subset J$.
Since

$$
\left|\mathbb{T} \backslash T^{-1}(I)\right|=1-\omega\left(z_{I}, I, \mathbb{D}\right)=\frac{\beta}{\pi}
$$

an application of Theorem 2.2 to $A_{1}$ and $b$ shows that

$$
\begin{aligned}
\sum_{j \in J}\left|I_{j}\right| & \geqslant \sum_{j \in J^{\prime}}\left|T\left(I_{j}^{\prime}\right)\right| \geqslant c_{7}|I| \sum_{j \in J^{\prime}}\left|I_{j}^{\prime}\right| \\
& \geqslant c_{7}|I|\left(\sum_{p\left(b\left(z_{j}^{\prime}\right)\right) \in A_{1}}\left|I_{j}^{\prime}\right|-\frac{2 \beta}{\pi}\right) \\
& \geqslant c_{7}|I|\left(\left(1-\frac{2 \beta}{\pi}\right) \frac{|A|}{2}-\frac{2 \beta}{\pi}\right)
\end{aligned}
$$

finishing the proof of the corollary.

## 3. The proof of Theorem 1.1

We shall apply the following lower estimate for Hausdorff dimensions, due to Hungerford [4] and Makarov [8], see also [9, Chapter 10].

Lemma HM. Let $a>0$ and $0<c<1$. Let $I_{n}^{(k)}(n, k=0,1,2, \ldots)$ be a family of arcs on $\mathbb{T}$ so that for every $I_{n}^{(k)}$ there is a $I_{m}^{(k-1)} \supset I_{n}^{(k)}$ such that

$$
\begin{equation*}
\left|I_{n}^{(k)}\right| \leqslant e^{-a}\left|I_{m}^{(k-1)}\right| \tag{3.1}
\end{equation*}
$$

and furthermore,

$$
\begin{equation*}
\sum_{I_{m}^{(k+1)} \subset I_{n}^{(k)}}\left|I_{m}^{(k+1)}\right| \geqslant c\left|I_{n}^{(k)}\right| \tag{3.2}
\end{equation*}
$$

for all $n, k \geqslant 0$. Then

$$
\begin{equation*}
\operatorname{dim} \bigcap_{k \geqslant 0} \bigcup_{n} I_{n}^{(k)} \geqslant 1-\frac{1}{a} \log \left(\frac{1}{c}\right) \tag{3.3}
\end{equation*}
$$

Proof of Theorem 1.1. First we define inductively an increasing sequence $\left(t_{n}\right) \subset(0,1), t_{n} \rightarrow 1$ as $n \rightarrow \infty$ and a sequence $\gamma_{n} \in \mathbb{C}$ so that

$$
\begin{equation*}
\left|\gamma_{n+1}-\gamma_{n}\right|=a, \quad \text { for } n=0,1,2, \ldots \tag{3.4}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|\gamma(t)-\gamma_{n}\right| \leqslant 2 a, \quad \text { with } t \in\left[t_{n}, t_{n+1}\right] . \tag{3.5}
\end{equation*}
$$

To do so, let $t_{0}=0, \gamma_{0}=0$ and suppose that $t_{n}$ and $\gamma_{n}$ are already defined. If there is a $t \in\left(t_{n}, 1\right)$ with $\left|\gamma(t)-\gamma\left(t_{n}\right)\right|=a$ we set

$$
t_{n+1}=\min \left\{t \in\left(t_{n}, 1\right):\left|\gamma(t)-\gamma\left(t_{n}\right)\right|=a\right\}, \quad \gamma_{n+1}=\gamma\left(t_{n+1}\right)
$$

and continue the induction. Otherwise we have $\left|\gamma(t)-\gamma\left(t_{n}\right)\right|<a$ for all $t_{n}<t<1$, and in this case we set inductively for $k>n$

$$
t_{k+1}=\frac{1}{2}\left(1+t_{k}\right), \quad \gamma_{k+1}=\gamma\left(t_{k}\right)+\frac{1}{2}\left((-1)^{k-n}+1\right) a .
$$

In either case (3.4) and (3.5) hold.
Our goal is to construct arcs $I_{n}^{(k)} \subset \mathbb{T}$ having the following properties (a), (b), (c). During the construction we shall finally fix the angle $\beta$ on which the points $z_{n}^{(k)}=z\left(I_{n}^{(k)}\right)$ depend.
(a) The arcs $I_{n}^{(k)}$ satisfy the assumptions (3.1) and (3.2) of Lemma HM (with $a$ replaced by $\frac{1}{2} a$ and $c$ being a universal constant to be determined later).
(b) The inequality $\left|f\left(z_{n}^{(k)}\right)-\gamma_{k}\right|<\frac{1}{2} a$ holds for all $n, k \geqslant 0$.
(c) For all $I_{n}^{(k)}, k \geqslant 1$, and for the corresponding $I_{m}^{(k-1)} \supset I_{n}^{(k)}$ we have

$$
\left|f(z)-f\left(z_{m}^{(k-1)}\right)\right| \leqslant 2 a
$$

for all $z \in\left[z_{m}^{(k-1)}, z_{n}^{(k)}\right]$.
For a moment, let us take the existence of such a family of arcs for granted and finish the proof of the theorem. Set

$$
E=\bigcap_{k \geqslant 0} \bigcup_{n} I_{n}^{(k)}
$$

By (3.3) and Property (a) we have $\operatorname{dim} E \geqslant 1-K / a$ and we shall be finished if we show that $E \subset E_{\gamma, 5 a}$, (see (1.5) for the definition of $E_{\gamma, a}$ ). To this end let $\zeta \in E$ and denote by $I_{k}=I_{n_{k}}^{(k)}$ the arc with $\zeta \in I_{k}$. Let $z_{k}=z\left(I_{k}\right)$ again be the midpoint and consider the polygonal arc $C$ consisting of the line segments $\left[z_{k}, z_{k+1}\right]$. The construction of the $I_{n}^{(k)}$ will start with $I_{0}^{(0)}=\mathbb{T}$ so that $z_{0}=0$. Hence $C$ is a half open Jordan arc starting at 0 and ending at $\zeta$. It is easy to see that $C$ lies entirely in a Stolz cone of vertex $\zeta$ whose opening angle depends only on $\beta$. Let $C$ be parametrized so that $|C(r)|=r$, for $0 \leqslant r<1$, then it follows that

$$
\begin{equation*}
|f(C(r))-f(r \zeta)| \leqslant c_{1} \quad \text { for } 0 \leqslant r<1 \tag{3.6}
\end{equation*}
$$

Let $\phi=\phi_{\zeta}$ be the piecewise linear homeomorphism of $[0,1)$ satisfying $\phi\left(\left|z_{k}\right|\right)=t_{k}$, for $k=0,1,2, \ldots$ Given $0 \leqslant r<1$ we choose $k$ so that $\left|z_{k}\right| \leqslant r<\left|z_{k+1}\right|$. Then, using (3.6), (c), (b) and (3.5), we have

$$
\begin{aligned}
|f(r \zeta)-\gamma(\phi(r))| & \leqslant|f(C(r))-\gamma(\phi(r))|+c_{1} \\
& \leqslant\left|f\left(z_{k}\right)-\gamma(\phi(r))\right|+2 a+c_{1} \\
& \leqslant\left|\gamma_{k}-\gamma(\phi(r))\right|+\frac{5}{2} a+c_{1} \leqslant \frac{9}{2} a+c_{1} \leqslant 5 a
\end{aligned}
$$

for $a>c_{1}$, hence $E \subset E_{\gamma, 5 a}$.

It remains to construct the family $I_{n}^{(k)}$.
Let $I_{0}^{(0)}=\mathbb{T}$ and let us suppose that the arcs $I_{j}^{(k-1)}$ are already defined. Consider the disks

$$
D_{1}=\left\{w:\left|w-\gamma_{k-1}\right|<\frac{1}{2} a\right\}, \quad D_{2}=\left\{w:\left|w-\gamma_{k}\right|<\frac{1}{2} a\right\} .
$$

It follows from (b) that $w_{j}=f\left(z_{j}^{(k-1)}\right) \in D_{1}$ for any index $j$. Setting $d_{j}=\left|w_{j}-\gamma_{k}\right|$ we obtain

$$
\begin{equation*}
\frac{1}{2} a \leqslant d_{j} \leqslant \frac{3}{2} a . \tag{3.7}
\end{equation*}
$$

Consider the domain $G_{j}=G_{d_{j}}\left(f, z_{j}^{(k-1)}\right)$ defined in Chapter 2, together with the arcs $I_{n, j} \subset \mathbb{T}, B_{n, j} \subset \mathbb{D}$ and points $z_{n, j} \in B_{n, j}$. Let $I_{m}^{(k)}(m=0,1,2, \ldots)$ denote an enumeration of those $I_{n, j}(n, j=0,1,2, \ldots)$ for which

$$
\begin{align*}
& f\left(z_{n, j}\right) \in D_{2}  \tag{3.8}\\
& I_{n, j} \subset I_{j}^{(k-1)}
\end{align*}
$$

hold. We shall show that these arcs satisfy (a) to (c) if $a$ is large enough.
(a) Fix $I=I_{j}^{(k-1)}$ and set $z_{I}=z(I), B=B(I)$. A simple geometric consideration shows that

$$
M=\left\{w: d_{j}-K_{1} \leqslant\left|w-w_{j}\right| \leqslant d_{j}+K_{1},\left|\arg \frac{w-w_{j}}{\gamma_{k}-w_{j}}\right| \leqslant \frac{1}{4}\right\} \subset D_{2} .
$$

Apply Corollary 2.4 with $a$ replaced by $d_{j}$ to

$$
A=\left\{e^{i t}:\left|t-\arg \left(\gamma_{k}-w_{j}\right)\right| \leqslant \frac{1}{4}\right\} .
$$

For $m \in J$, where $J$ is defined by (2.20), it easily follows that $f\left(z_{m}\right) \in M$. Hence all the arcs $I_{m}$ for $m \in J$ are arcs $I_{n}^{(k)} \subset I$ of our collection. Corollary 2.4 shows that the collection $I_{n}^{(k)}$ satisfies (3.1) with $(1 / c(\beta)) e^{-(a / 2)}$ instead of $e^{-a}$ and (3.2) holds with $c$ replaced by the factor of $|I|$ in (2.21). Since $|A|=1 /(4 \pi)$ we can choose $\beta$ so small that this factor is positive, for example $\beta=\pi / 165$ will do so.
(b) This is immediate from the definition of the $I_{n}^{(k)}$ by (3.8).

For proving (c) fix two arcs $I=I_{m}^{(k-1)}$ and $I_{n}=I_{n}^{(k)}$. Note that the hyperbolic geodesic from $z(I)$ to $z\left(I_{n}\right)$ lies in $G_{d}(f, z(I))$ with $d=\left|f(z(I))-\gamma_{k}\right| \leqslant \frac{3}{2} a$ by (3.7). Hence $|f(z)-f(z(I))| \leqslant \frac{3}{2} a+K_{1}$ on the geodesic by (2.8). It remains to apply Theorem P to the hyperbolic geodesic and to $C=\left[z(I), z\left(I_{n}\right)\right]$ to obtain $|f(z)-f(z(I))|<2 a$ on $C$ if $a$ is large enough, thus finishing the proof.

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