

REVIEW

Genetic and epigenetic regulation of abdominal aortic aneurysms

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Abstract

Abdominal aortic aneurysms (AAAs) are focal dilations of the aorta that develop from degenerative changes in the media and adventitia of the vessel. Ruptured AAAs have a mortality of up to 85%, thus it is important to identify patients with AAA at increased risk for rupture who would benefit from increased surveillance and/or surgical repair. Although the exact genetic and epigenetic mechanisms regulating AAA formation are not completely understood, Mendelian cases of AAA, which result from pathologic variants in a single gene, have helped provide a basic understanding of AAA pathophysiology. More recently, genome wide associated studies (GWAS) have identified additional variants, termed single nucleotide polymorphisms, in humans that may be associated with AAAs. While some variants may be associated with AAAs and play causal roles in aneurysm pathogenesis, it should be emphasized that the majority of SNPs do not actually cause disease. In addition to GWAS, other studies have uncovered epigenetic causes of disease that regulate expression of genes known to be important in AAA pathogenesis. This review describes many of these genetic and epigenetic contributors of AAAs, which altogether provide a deeper insight into AAA pathogenesis.

KEYWORDS

abdominal aortic aneurysm, chromatin, DNA methylation, epigenetic, genetic, histone modification, long non-coding RNA, microRNA, single nucleotide polymorphism

1 | CLINICAL RELEVANCE AND EPIDEMIOLOGY OF ABDOMINAL AORTIC ANEURYSMS

Abdominal aortic aneurysms (AAAs) are found in ~8% of individuals older than 65.¹ As the 15th leading cause of death in patients over 65, death from AAAs is as common as that from certain cancers.² Modifiable risk factors associated with AAA include smoking, diabetes, hypertension, and coronary artery disease.³ Smoking in particular results in a 5-fold increase in AAA risk.⁴ In contrast, nonmodifiable factors such as family history and male gender are also significant risk factors, suggesting a genetic component to AAA pathogenesis.⁵ Twin studies also demonstrate that AAAs have a very high degree of heritability.⁶ While AAAs are found more commonly in men, women are more likely to present with ruptured aneurysms and rupture at smaller aortic diameters than men.^{7,8} This

is likely due to sex-dependent differences in aneurysm progression and suggests a need for lower threshold for aneurysm repair in women than current guidelines suggest.⁹ While AAAs are found more frequently in men, there seems to be a greater genetic contribution in women, since relatives of females have higher incidence of AAAs.¹⁰

By far the most feared complication of AAA is rupture, which is associated with a 65-85% risk of death.^{11,12} Prevalence of hospitalization from rupture in the United States has decreased from 10 to 7 per 100 000 from 2007 to 2012, respectively, and risk of rupture increases after age 50.² Risk of rupture also increases substantially with increasing vessel diameter, particularly at nonorthogonal diameters between 6.5 and 7.4 cm for men (odds ratio, 3.9).¹¹ Increased wall stiffness, calcification, inflammation, intra-luminal thrombus, and peak wall stress all increase rupture risk as well.¹³⁻¹⁵ Other complications include infected, or mycotic, aneurysms, which occur in up to 3% of

patients with AAAs and also have a 15.4% risk of rupture.¹⁶ Aortoenteric and aortocaval fistulas, which are connections between the aorta and intestine or inferior vena cava, respectively, are potentially catastrophic complications of AAAs. Although they account for <1% of aortic aneurysms, aortocaval fistulas are associated with nearly 55% mortality.¹⁷

The United States Preventative Task Force (USPSTF) recommends one time ultrasound screening for AAA in men between 65 and 75 who have ever smoked, and women older than 65 with a smoking history may also benefit.¹⁸ Elective AAA repair is recommended once an aneurysm reaches 5.0 cm (orthogonally) in women, 5.5 cm in men, or grows by 0.6 to 0.8 cm per year. Depending on age, comorbidities, and vascular anatomy, the patient may undergo either elective endovascular aortic repair (EVAR) or open repair. Open AAA repair is generally recommended for younger patients, individuals with complex ilio-femoral anatomy precluding vascular access, and patients with hostile aneurysm neck anatomy.¹⁹ In contrast, EVAR should be considered in patients with suitable aortic anatomy, especially in older individuals who are higher risk candidates for open repair. Importantly, challenging vascular anatomy is not an absolute contraindication to EVAR, as several adjunctive techniques and new devices can help facilitate access.^{20,21}

2 | GENETIC CAUSES OF AAA PATHOGENESIS

2.1 | Mendelian syndromes characterized by AAAs

Mendelian causes of aortic aneurysms result from single-gene mutations that are often associated with additional phenotypic abnormalities.²² While the majority of Mendelian forms of aortic aneurysms affect the aortic root, ascending aorta, and thoracic aorta, some of these same syndromes also cause AAAs.²² One commonly cited example of Mendelian AAA is Marfan syndrome, which is an autosomal dominant disorder caused by a mutation in the *FBN1* gene. Mutations in *TGF β 1*, *TGF β 2*, and *TGF β 3* genes cause a Marfan-like syndrome, and perturbed TGF β signaling leads to profibrotic changes and increased production of matrix metalloproteinases (MMPs), which cause medial degradation.^{23,24} Marfan syndrome is characterized by aneurysms of the thoracic and abdominal aorta as well as dilatation of the aortic root.²⁵ Although the majority of patients with Marfan syndrome have some family history of the disease, ~25% are de novo cases resulting from spontaneous mutations in Marfan genes.²⁶ Loews-Dietz syndrome (LDS) is another Mendelian aortopathy caused by mutations in the TGF β signaling axis, specifically in *TGF β 1*, *TGF β 2*, *TGF β 3*, *SMAD2*, and *SMAD3*.^{27,28} Individuals with Loews-Dietz have several classic physical findings including vascular, craniofacial, skeletal, and cutaneous defects. While their aneurysms are most often found in the aortic root, up to 12% of patients have aneurysms affecting the abdominal aorta.

In addition to Mendelian aortic syndromes caused by mutations in TGF β -related genes, other single-gene aortopathies include those affecting extracellular matrix (ECM) components of the vessel wall.

These include Ehlers-Danlos syndrome, which is caused by mutations in *COL3A1*, and Osteogenesis imperfecta, which results from mutations in *COL1A1* and *COL1A2*. Aneurysms affecting the proximal branches of the aortic arch, the descending thoracic aorta, and abdominal aorta are all found in Ehlers-Danlos patients. In contrast, mostly ascending aortic arch aneurysms are seen in individuals with Osteogenesis imperfecta, which affects the bones and connective tissues of these patients. AAAs are also seen in patients with homocystinuria and pseudo xanthoma elasticum, which are two autosomal recessive diseases caused by mutations in the *CBS* and *ABCC6* genes, respectively. While aneurysms of the aortic arch and thoracic aorta are also seen in patients with pseudo xanthoma elasticum, AAAs are more common.²²

2.2 | Non-Mendelian causes of AAAs

In contrast to Mendelian aortic syndromes, non-Mendelian forms of inheritance are more complex and characterized by variants in several genes. Numerous AAA genetic loci have been identified, and these are discussed below in the context of their respective genetic and molecular pathways. This structure provides a mechanistic framework for beginning to think about how each variant might contribute to AAA pathogenesis. The different variants and associated loci are summarized in Table 1.

2.2.1 | Extracellular matrix

The ECM provides structural support to blood vessels and also serves important signaling functions to surrounding cells.²⁹ ECM turnover is regulated by the MMP family of proteins, and several SNPs associated with AAAs are located within genes encoding ECM components and MMPs.³⁰ Saracini et al genotyped over 800 patients and surveyed variants in 12 different genes to find that MMP-3 and MMP-13 polymorphisms (rs3025058 and rs2252070, respectively) were significantly associated with increased AAA risk, while rs2071307 in *ELN* and rs243865 in MMP-2 trended with decreased risk.³¹ Separate meta-analyses of GWAS for AAA confirmed these results and found that rs3827066 in MMP-9 was also an AAA risk locus.^{32,33} Of note, rs3827066 was also associated with altered expression of nearby genes, *PCIF1* and *ZNF335*.

Several mechanistic research studies have implicated MMPs in AAA pathogenesis. For example, expression of MMP-2 and MMP-9 is increased in human AAA tissue samples.^{34,35} Further, both MMP-2 and MMP-9 knockout mice were protected from aneurysm formation compared to wild-type mice in two separate AAA models.^{36,37} Notably, the rs243865 minor (T) allele is located in the MMP-2 promoter and results in decreased binding of the transcription factor Sp1 and decreased transcription activity compared to the major (C) allele. Although this supports the hypothesis that decreased minor allele-specific MMP-2 expression is protective against AAAs, no study to date has demonstrated a causal relationship between rs243865 and AAAs.³⁸

SNPs rs3025058 in MMP-3 and rs2252070 in MMP-13 are both linked to increased AAA risk.³¹ Notably, MMP-3 ablation decreases

TABLE 1 Single nucleotide polymorphisms (SNPs) that show a significant association with AAA in GWAS

SNP	Chrom. locus	Gene or nearby gene	MAF	Major/minor	Incr or Decr AAA risk ^c	Location	GWAS/study	Population
rs2071307	7q11.2	ELN	0.41	G/A ^a	Decr	Exon	Saracini et al (2012)	Italy
rs243865	16q12.2	MMP2	0.23	C/T ^a	Decr	5' upstream	Saracini et al (2012)	Italy
rs3025058	11q22.3	MMP3	0.48	5A ^a /6A	Incr	5' upstream	Saracini et al (2012)	Italy
rs3827066	20q13.12	PCIF1-ZNF335-MMP9	0.18	C/T ^a	Incr	5' upstream	Jones et al (2017)	Mixed ^b
rs2252070	11q22.3	MMP13	0.42	A/G ^a	Incr	5' upstream	Saracini et al (2012)	Italy
rs2228145	1q21.3	IL6R	0.39	A/C ^a	Decr	Exon	Harrison et al (2013)	Mixed
rs1800896	1q32.1	IL10	0.55	A ^a /C	Incr	5' upstream	Bown et al (2003); Bown et al (2007); Wang et al (2015)	UK (Bown), Chinese (Wang)
rs10757278	9p21.3	CDKN2BAS1 (ANRIL)	0.48	A/G ^a	Incr	3' downstream	Helgadóttir et al (2008)	Mixed
rs6511720	19p13.2	LDLR	0.10	C/A ^a (G/T ^a)	Decr	Intron	Bradley et al (2013)	UK, New Zealand, Australia
rs1466535	12q13.3	LRP1	0.38	C ^a /T	Incr	Intron	Bown et al (2011)	UK, New Zealand, Australia
rs7025486	9q33.2	DAB2IP	0.22	G/A ^a	Incr	Intron	Gretarsdóttir et al (2010)	Iceland, the Netherlands
rs602633	1p13.3	PSRC1-CELSR2-SORT1-	0.20	G ^a /T	Incr	Intergenic	Jones et al (2013)	Mixed
rs7635818	3p12.3	CNTN3	0.45	G/C ^a	Incr	5' upstream	Elmore et al (2009)	US
rs1795061	1q32.3	SMYD2	0.34	C/T ^a	Incr	5' upstream	Jones et al (2017)	Mixed
rs2836411	21q22.2	ERG	0.37	C/T ^a	Incr	Intron	Jones et al (2017)	Mixed
rs9316871	13q12.11	LINC00540	0.20	G ^a /A	Decr	3' downstream	Jones et al (2017)	Mixed

Abbreviation: MAF, minor allele frequency.

^aEffect allele.^bMixed describes study populations comprised of >3 cohorts.^cNote that the minor allele is not necessarily the effect allele.

aneurysm formation.³⁹ rs3025058 is an insertion-deletion mutation, and the major allele (5A) (five adenine residues, compared to six for the minor allele [6A]) is associated with increased AAA risk and increased MMP-3 promoter activity via an NF- κ B-dependent mechanism, lending support to the idea that increased MMP-3 expression and activity contributes to AAA pathogenesis.⁴⁰⁻⁴² The rs2252070 minor (G) allele is located within the MMP-13 promoter and associated with increased AAA risk. While no studies exist in endothelial, smooth muscle, fibroblasts, or other vascular cells, experiments in cancer cells demonstrate that the rs2252070 major (A) allele (which is protective) is associated with decreased MMP-13 promoter activity, albeit already weak activity, and exhibits decreased Sp1 transcription factor binding in gel shift assays.⁴³

2.2.2 | Inflammation

Inflammation plays a key role in AAA development, and several studies have shown that CD4⁺ T cells accumulate within the aneurysm wall.⁴⁴ These cells secrete inflammatory cytokines that recruit effector cells to the aneurysm site to promote the inflammatory-mediated process. SNPs associated with AAAs in the human population have been identified in several genes that encode some of these key inflammatory components. For example, Bown et al showed that the rs1800896 major (A) allele in the IL-10 promoter was associated with AAA in two different studies.^{45,46} However, there was no significant association between rs1800896 and AAA when the data was corrected for risk factors known to be associated with AAA (tobacco use, age, peripheral artery disease, and so on). In a separate study of an equally sized Chinese population, the A allele was associated with increased AAA formation (OR, 1.64).⁴⁷

Previous *in vitro* studies demonstrated that the rs1800896 A (risk) allele is associated with lower IL-10 plasma levels, which supports the idea that the A allele increases AAA risk by decreasing expression of this anti-inflammatory cytokine.⁴⁶⁻⁴⁸ However, Bown et al showed the opposite: higher IL-10 levels in patients with the AA genotype after EVAR, which may be explained by a separate process controlling the inflammatory response after surgery.⁴⁵

Several studies also support an association between IL-6 signaling and AAA pathobiology. Patients with AAA have higher circulating IL-6 levels, and these same studies suggest that IL-6 is secreted from the aneurysm since its level directly correlates with aneurysm surface area.⁵⁰ Second, downstream IL-6 signaling effectors, such as JNK, are activated in AAA samples compared to controls.⁵¹ Further, meta-analysis of five different studies showed that the rs2228145 minor (C) allele within the IL-6R gene (as well as proxy SNPs rs7529229 and rs4129267) was associated with lower AAA risk (OR, 0.84).⁴⁹ rs2228145 is a nonsynonymous variant located in exon 10 of the IL-6R gene that results in substitution of asparagine for alanine at amino acid position 358, which dampens signaling through IL-6R in lymphoblastoid cells. Furthermore, IL-6R inhibition with MR16-1 reduced aortic diameter in mice compared to an IgG negative control antibody when measured at 6 weeks after CaCl₂ treatment

(AAA diameter 0.92 mm vs 1.08 mm, respectively).⁵² Additionally, angiotensin II-induced AAA formation was reduced in Apo E $-/-$ mice by inhibiting the IL-6 effector JAK with SP600125, providing further evidence that the IL-6 pathway modules aneurysm formation.^{53,54}

Finally, rs10757278 (G variant) is located within the 9p21 locus encoding CDKN2A/B and is thought to influence cardiovascular disease risk through an inflammatory-mediated process.⁵⁵ Although this locus has a well-established link to coronary artery disease, myocardial infarction, and type 2 diabetes, the association with AAA was independent of these.^{56,57} Finally, rs10757278 is also associated with peripheral artery disease and intracranial aneurysm, but the strongest association is with AAA (OR, 1.32).⁵⁸

2.2.3 | Lipid metabolism and cell survival

Hyperlipidemia is a major risk factor for atherosclerosis, which is found in many patients with AAAs.⁵⁹ Not surprisingly, several DNA variants affecting lipid metabolism influence AAA risk. One of these, rs6511720, is located within the first intron of the LDLR gene and was identified in a large GWAS of UK, New Zealand, and Australian populations.⁶⁰ The rs6511720 minor (A) allele, which is associated with decreased risk of AAA, is located within a DNase-hypersensitivity site (DHS) marked by H3K27 acetylation in multiple cell types (UCSC Genome Browser). DHS are areas of open chromatin that are accessible to key transcription factors and, along with H3K27 acetylation, often mark key promoter and enhancer regions that drive gene expression.^{61,62} Thus, given its location in a putative regulatory region, rs6511720 may lead to allele-specific changes in LDLR gene transcription, although mechanistic studies testing this are necessary. Changes in LDLR expression likely underlie AAA risk, especially given that the LDLR knockout mouse develops AAA.⁶³

The rs1466535 major (C) allele, located in the second intron of the LRP1 gene, is associated with increased AAA risk.⁶⁴⁻⁶⁶ Aortic tissues from patients harboring the rs1466535 major (C) allele had increased LRP1 expression compared to the minor (T) allele, and the C allele exhibited increased transcription activity and increased SREBP-1 binding compared to the T allele.⁶⁷ Interestingly, LRP1 is a large endocytic transmembrane receptor that structurally resembles the LDL binding domains of LDLR, and several studies indicate that LRP1 plays a protective role against AAA formation.⁶⁸ First, selective LRP1 knockout in vascular smooth muscle cells promotes AAA formation in mice.⁶⁹ Second, LRP1 limits protease activity thereby preventing elastin fiber degradation in the vessel wall.^{70,71} While Bown et al found that LRP1 expression was higher for the CC (risk) genotype compared to TT (control) genotype, another much smaller study in Chinese patients found that LRP1 expression is lower in AAA tissue compared to healthy tissue.^{67,72} These conflicting results may be due to differences in sample collection or may represent time-dependent differences in LRP1 expression.

Finally, rs7025486 is located in the first intron of the DAB2IP gene, and the A allele is associated with increased AAA risk.⁷³ DAB2IP is expressed in several tissues including heart, endothelium, vascular smooth muscle, as well as several cancer cell lines, and is a member of

the RasGAP family of proteins critical for TNF-induced ASK1/JNK activation.^{74,75} DAB2IP inhibits cell survival and proliferation by downregulating PI3K-Akt and Ras signaling pathways, ultimately leading to increased apoptosis.⁷⁶ Another, yet less-studied, function of DAB2IP is its ability to regulate lipid droplet metabolism by inhibiting the activity of the lipid trafficking protein, RAB40C.⁷⁷ RAB40C is required for lipid droplet metabolism, since CRISPR-Cas9-mediated deletion of RAB40C causes lipid over-accumulation, while RAB40C overexpression reduces lipid droplet accumulation in hepatocytes. However, in the presence of DAB2IP, RAB40C's effects on lipid processing are reduced. Notably, rs7025486 genotype demonstrates tissue-specific effects on DAB2IP expression.⁷³

2.2.4 | Cell adhesion

Another AAA-associated SNP, rs7635818, is located approximately 200 kb upstream of the CNTN3 transcription start site.⁷⁸ The CNTN3 gene encodes contactin-3, which is a lipid-anchored cell adhesion protein expressed in aortic tissue. While the contactin family has been extensively studied in the nervous system, only one study to date has examined contactin-3 specifically.^{79,80} The C minor allele is associated with increased AAA risk and shows an even stronger association with AAA in smokers compared to nonsmokers (OR, 1.80 vs 1.56, respectively).⁸⁰ Given its location in the 5' proximal gene region, rs7635818 may effect CNTN3 transcription; however, no studies to date have examined the relationship between rs7635818 genotype and CNTN3 expression.

2.2.5 | Vascular development and EC/SMC differentiation

rs1795061 is located about 40 kb upstream of the SMYD2 transcription start site and also associated with AAA.³² Transcription factor binding sites have been identified within the SMYD2 eQTL locus, indicating that other SNPs in linkage with rs1795061 may affect transcription factor binding and SMYD2 expression.⁸¹ The SMYD proteins are a family of lysine methyltransferases that play fundamental roles in regulating skeletal and cardiac morphogenesis.⁸² One member of this family, SMYD2, methylates several histone and nonhistone targets, including BMPR2, Hsp90, and p53.⁸³⁻⁸⁵ SMYD2 has been implicated in cancer cell proliferation and plays a role in embryonic stem cell differentiation.^{86,87} New evidence suggests that SMYD2 may be linked to AAA pathogenesis. In particular, one report identified several hypomethylated CpG islands within the SMYD2 promoter in AAA samples, which had decreased SMYD2 expression compared to healthy control samples.⁸⁸ Whether or not rs1795061 or alternate SNPs in this same locus affect DNA methylation is yet to be determined. However, this is an attractive hypothesis since decreased SMYD2 expression has been described in cardiovascular disease and inflammation.⁸⁹

The same study by Jones et al. identified the AAA-risk variant, rs2836411, which is located at 21q22.2 in an intronic region within the ERG gene.³² The rs2836411 minor (T) allele is associated with increased

AAA risk in several populations. ERG is a transcription factor expressed in both hematopoietic and endothelial cells and mediates several key processes of vascular development, including endothelial specification, angiogenesis, and vessel stability.⁹⁰ Not surprisingly, ERG is most highly expressed in arterial tissues, as listed in the GTEx database, and it is an important upstream regulator of VEGF-inducible genes essential for angiogenesis and vasculogenesis.⁹¹ One potential mechanism linking ERG to AAA formation is the observation that angiogenesis is increased in the aneurysm wall.⁹² Furthermore, ERG binding to a critical regulatory enhancer in the DLL4 gene mediates arterial specification.⁹³ Future studies should determine if ERG expression, rs2836411 genotype, and AAA risk are all associated with each other.

2.2.6 | Additional variants in genes with unknown function

The rs9316871 (G) minor allele is protective against AAA.³² Interestingly, the closest nearby gene to rs9316871 is LINC00540, which is a long noncoding RNA (lncRNA) with no known function to date. However, Jones et al found that this variant was associated with another nearby gene, FGF9, the expression of which was increased in AAA tissue relative to controls.⁹⁴ Briefly, FGF9 is a mitogen secreted from bone marrow cells that exerts several functions on vascular SMC, including stimulating SMC investment of angiogenic vessels as well as driving SMC proliferation after arterial injury.^{94,95} Although allele-specific differences in FGF9 expression may link rs9316871 to AAA risk, it is also possible that this SNP locus affects LINC00540 levels, perhaps through altering its stabilization since the variant is located near the 3' UTR of LINC00540. While these are tempting hypothesis, it is important to emphasize that SNP proximity does not necessarily predict a functional association on nearby genes. Alternative explanations include linkage of rs9316871 with functional SNP(s) elsewhere in the genome or perhaps rs9316871 affects gene architecture via long-range interactions with other gene regions.

3 | LIMITATIONS OF GWAS

Although excellent tools for identifying variants implicated in disease, GWAS have several limitations that should be kept in mind in order to put these results in the appropriate clinical context. First, given the high number of individual variants being tested, the possibility that an association is actually due to chance is quite high. Second, not all variants identified are causal and it can take great effort to identify functional SNPs. GWAS also fail to capture epistasis between loci, or to what degree interactions between several variants or gene regions influence disease. One of the biggest arguments is that GWAS have limited clinical predictive value and applicability. The latter is due to both the small effect sizes and heritability of the majority of associations, which could be offset easily by environmental contributions. While one hope of GWAS is to identify individuals at risk for disease, this is not as valuable if no personalized treatment exists. Additionally, many of the GWAS-related

SNPs are at such low allele frequencies that large numbers of individuals would need to be tested to identify a single rare variant, calling into question the practicality of such a test for screening purposes. Finally, except for rare instances, the exact relationship between the vast majority of GWAS associations and AAA risk remains unclear, and relatively very few associations out of all identified are actually causal.

4 | EPIGENETIC REGULATION OF AAAS

While AAA pathogenesis is influenced by genetic mutations, a number of epigenetic factors also affect aneurysm formation. Epigenetic mechanisms cause dysregulated expression of aneurysm genes without significant sequence variation, as is the case for genetic causes of disease. Epigenetic modes of regulation include microRNAs, long noncoding RNAs, histone modifications, and DNA methylation, all of which modulate gene transcription (Figure 1). Several of these epigenetic changes have an established role in AAA pathogenesis; however, in most cases the connection between epigenetic regulation and aneurysm development is less clear. While genetic and epigenetic mechanisms are discussed separately, the two may interact to facilitate higher order gene regulation. In other words, are the epigenetic factors identified independent of SNPs that affect expression of known aneurysm genes? This is an important question not addressed by most epigenetic studies or GWAS that should be considered in the context of the discussions throughout this manuscript.

4.1 | NONCODING RNAs ASSOCIATED WITH AAAs

4.1.1 | MicroRNAs

MicroRNAs (miRNAs) are short, single-stranded RNA molecules comprised of 17 to 23 bases that exert a variety of cellular functions by

directly regulating gene expression.^{96,97} In general, miRNAs negatively regulate gene expression either by degrading mRNA or inhibiting translation. In either case, the mature miRNA pairs with a highly conserved “seed” sequence within the 3′ UTR of the target gene. Importantly, a single miRNA may regulate several genes; thus, most miRNAs are involved in complex regulatory networks of gene expression.⁹⁸ Several miRNAs play a role in AAA development pathogenesis. By far, the miRNA-29 family has one of the strongest associations with AAA, and different studies show that miRNA-29 promotes AAA formation by modulating the fibrotic response and ECM in vitro and in vivo.⁹⁹ Validated targets of miRNA-29b include several collagen types in aorta including COL1A1, COL2A1, COL3A1, and COL5A1.^{100,101}

miRNA-29 also targets ECM genes, ELN and FBN1, and members of the MMP family.^{101,102} Maegdefessel et al found that miRNA-29b overexpression enhanced aneurysm expansion and rupture rate, which was also associated with decreased expression of fibrotic genes, including COL1A1, COL3A1, and ELN.⁹⁹ Conversely, inhibiting miRNA-29b with anti-miR-29b decreased AAA rate and increased fibrotic gene expression. Finally, miRNA-29b levels are downregulated at different timepoints throughout AAA development in mice and associated with increased aortic collagen gene expression—protective changes thought to limit AAA expansion.⁹⁹

Another miRNA that appears to affect AAA development by regulating ECM turnover is miR-181b. miR-181b stimulates ECM degradation by inhibiting TIMP3, which normally prevents ECM breakdown.¹⁰³ Accordingly, miR-181b antagonism inhibits ECM remodeling and AAA formation. However, miR-181b has positive and negative effects on atherosclerosis, which makes attempt at therapy challenging since anti-miR targeting could lead to off-target effects. TIMP3 expression is also negatively regulated by miR-205, which leads to decreased ECM breakdown by directly targeting TIMP3.¹⁰⁴ With less ECM degradation, miR-205 would hypothetically stabilize the aneurysm. Similarly, miR-195 regulates ECM dynamics by directly targeting ECM and MMP-related genes.¹⁰⁵ Interestingly, miR-195 is

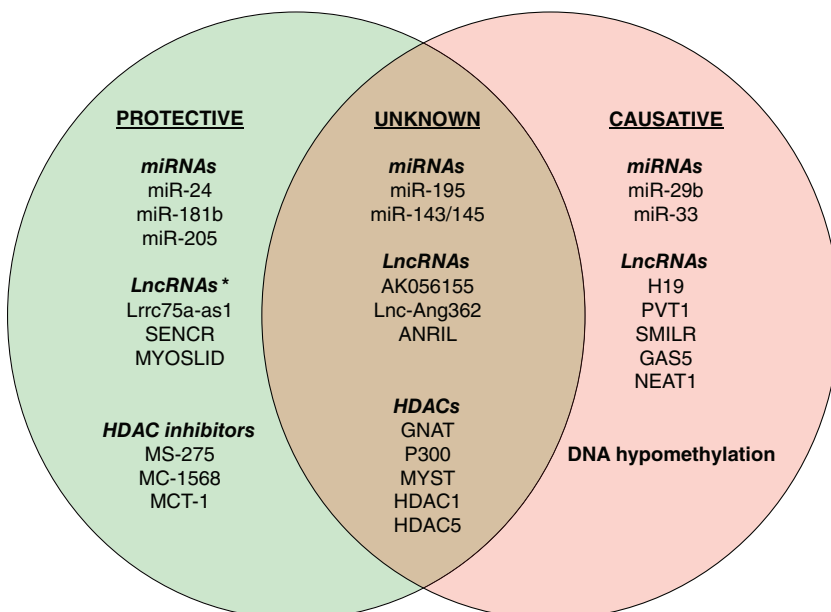


FIGURE 1 Epigenetic factors including noncoding RNAs, histone modifying agents, and changes in DNA methylation associated with AAA. *Most LncRNAs described in this review have not been validated as either protective or causative in relation to AAA. Therefore, the associations listed for LncRNAs in the above diagram are hypothesized based on their reported effect

reduced in AAA samples but increased in a preclinical mouse model of AAA.

Several miRNAs affect AAA development by modulating different inflammatory components. First, by directly targeting Chi311, miR-24 limits inflammation by inhibiting macrophage recruitment and survival as well as blocking production of cytokines IL-8 and CCL2 by SMCs and macrophages.¹⁰⁶ Another important microRNA, miR-33, modulates the inflammatory response, but does so by inhibiting the pro-inflammatory cholesterol transporter ABCA1.¹⁰⁷ In both the CaCl₂ and Ang II mouse models of AAA, inhibiting miR-33 prevents AAA formation through upregulated ABCA1 expression. Global loss of function experiments as well as macrophage-specific deletion of miR-33 both inhibited atherogenesis and related sequelae, suggesting that the effects of miR-33 on AAAs are mediated by macrophages.

Next, the miRNA-143/145 cluster has been implicated in vascular smooth muscle biology, and in particular, induces a differentiated, contractile smooth muscle cell phenotype.¹⁰⁸ While studies are lacking regarding the exact effect of this miRNA cluster on aneurysm pathophysiology, it is reasonable to hypothesize it may stabilize the AAA since it inhibits SMC phenotypic modulation, which often occurs during AAA expansion. However, as noted, this miRNA set has been implicated in other vascular diseases and is not specific for AAA.

4.1.2 | Long noncoding RNAs

Overall less is known about the exact mechanisms by which long noncoding RNAs (lncRNAs) regulate gene expression compared to miRNAs, especially in the setting of AAAs. lncRNAs are >200 nucleotides in length and regulate gene expression by affecting overall gene architecture, specifically by acting as scaffolds for gene regions and transcription factors. In this manner, lncRNAs can guide activator and repressor transcriptional complexes to key regulatory gene regions to modulate overall gene transcription. lncRNAs can also sponge cytoplasmic miRNAs to inhibit their function on transcription. One of the first AAA-associated lncRNAs identified was H19, which was upregulated in Ang II- and pancreatic elastase mouse models of AAAs compared controls.¹⁰⁹ In this same study, inhibiting H19 prevented AAA growth in both described models, indicating that H19 played a positive role in aneurysm pathogenesis. In support of this, H19 was upregulated in human AAA and seems to promote aneurysm development by increasing vascular inflammation.¹¹⁰

Another lncRNA that has been implicated in AAA pathogenesis is PVT1, which appears to enhance AAA formation.¹¹¹ PVT1 levels are upregulated in AAA tissues from patients as well as from ApoE $-/-$ mice infused with Ang II, and stimulation of vascular smooth muscle cells with Ang II in vitro increased PVT1 expression. Overexpression of PVT1 in Ang II-infused mice enhanced vascular smooth muscle cell apoptosis, ECM degradation (as measured by increased MMP-2 and MMP-9 expression), and phenotypic switching of smooth muscle cells (decreased expression of smooth muscle alpha-actin). Further, both PVT1 knockdown in vitro and silencing PVT1 in vivo using lentiviruses

blocked these biochemical effects of aneurysm pathogenesis, providing strong evidence that PVT1 promotes AAA formation.

Initially identified as a long noncoding RNA in LDS patients, AK056155 is increased nearly 2-fold in patients with AAAs compared to controls.¹¹² Further, since variants in several components of the TGF β pathway underlie AAA formation found in LDS, the authors of this study tested the relationship between TGF β and AK056155. Interestingly, TGF β increased AK056155 expression in a dose-dependent manner, an effect that was found to be downstream of PI3K/AKT signaling. This latter finding is important because AK056155 expression was increased by the PI3K inhibitor, LY294002, highlighting the therapeutic potential of modulating AK056155 levels in the treatment of AAAs.

Several lncRNAs that affect SMC function and differentiation have been identified, and it is reasonable that some of these may also regulate AAA formation since SMC physiology is perturbed in AAAs.¹¹³ One of the first studies to characterize such lncRNAs was by Leung et al, who identified 29 vascular SMC-enriched lncRNAs that were associated with transcriptionally active chromatin and also differentially regulated by Ang II.^{114,115} One of these, lnc-Ang362, is increased in response to Ang II stimulation and is physically located close to the Ang II-responsive miRNA genes, mir-221 and mir-222, which upregulate vSMC proliferation and neointimal hyperplasia.¹¹⁶ Additionally, very recently, Jeong et al found that the long noncoding RNA *Lrrc75a-as1* was enriched in vascular SMC and inhibited vascular calcification, a well-known feature of AAAs.¹¹⁷

SMILR was identified in a screen of lncRNAs whose expression was influenced by IL-1 α and PDGF, cytokines that regulate vSMC migration and proliferation.¹¹⁸ SMILR knockdown reduced vSMC proliferation, and its expression was increased in unstable atherosclerotic plaques from human patients. Another lncRNA, SENCRC, is enriched in vascular endothelial and smooth muscle cells and inhibits expression of migratory genes while upregulating expression of contractile genes (eg, myocardin) required for SMC differentiation.¹¹⁹ Finally, GAS5 inhibits TGF β /Smad3-dependent SMC differentiation by scavenging Smad3 via Smad binding elements within the RNA strand.¹²⁰ Thus, based on its ability to downregulate SMC differentiation, it is reasonable to hypothesize that this lncRNA promotes AAA pathogenesis.

The transcription factor myocardin is a potent regulator of SMC gene expression. In an attempt to identify lncRNAs involved in regulating myocardin-induced SMC differentiation, Zhao et al. performed RNA sequencing in human coronary SMC overexpressing myocardin and found that one lncRNA in particular, which they termed MYOSLID, was activated by myocardin.¹²¹ Specifically, MYOSLID was a direct target of myocardin and SRF, and functional experiments revealed that MYOSLID promoted the mature smooth muscle phenotype and SMC differentiation. Opposite to the effect of MYOSLID, the recently identified NEAT1 promotes the immature, proliferative SMC phenotype, while inhibiting expression of mature, contractile genes by sponging the chromatin modifier WDR5 from key SMC gene loci.¹²² Further, NEAT1 knockout mice displayed decreased neointima formation after vascular injury. As described earlier, the 9p21 genetic risk locus is associated with several vascular diseases, including AAA.⁶⁴

While this locus spans several genes, one of the risk polymorphisms is located in the ANRIL gene, which encodes a long noncoding RNA that has been implicated in AAA development. ANRIL is transcribed antisense to the genes CDKN2A and CDKN2B, and several studies indicate that ANRIL modulates SMC proliferation by regulating expression of these genes.¹²³

4.2 | Histone modifications

Histone modifications at key promoter and enhancer gene regions are associated with gene activation or repression, depending on the specific histone signature, and histone acetylases, deacetylases, and methyltransferases all carry out these modifications. H3K4me3 marks active promoters, H3K4me1 active enhancers, and H3K27ac marks both active promoters and enhancers. In contrast, H3K27me3 is found at sites of inactive chromatin. Combinations of these histone marks lead to changes in chromatin structure that either facilitates or prevents key transcription factor binding, thereby activating or repressing gene transcription. Furthermore, unique histone signatures distinguish diseased vs healthy tissues.^{124,125}

Recently, it has been hypothesized that these epigenetic modifications may also underlie AAA pathogenesis. For example, acetylation of H3K9, H3K14, and H3K18 was increased in AAAs compared to healthy samples.¹²⁶ In a different study, expression of several histone deacetylases (HDAC) was increased in samples from AAA compared to healthy donors, and Ang II infused ApoE $-/-$ AAA mouse models also had higher HDAC expression than controls.¹²⁷ Interestingly, in this same study, class I and IIa HDAC inhibition with MS-275 and MC-1568, respectively, improved survival and decreased AAA formation in mice, which was shown in part to be due to decreased MMP-2 and -9 activity after HDAC inhibition. This is not the first report of HDAC inhibition reducing AAA pathogenesis: another HDAC inhibitor, MCT-1, reduced AAA incidence in Ang II infused Apo E $-/-$ mice.¹²⁸ Furthermore, MCT-1 reduced expression of MMP-2 in vSMCs and both MMP-2 and MMP-9 in aortic tissue. These aforementioned studies suggest that histone acetylation patterns located within the MMP-2 and MMP-9 genes modulate AAA formation, and that targeting histone acetylation at these specific loci may limit AAA expansion.

Histone modifications in immune cells modulate AAA pathogenesis; however, the specific direction of effect is less understood. Expression of histone acetyltransferases including GNAT, p300, and MYST was significantly higher in T cells and endothelial cells from AAA vs healthy tissue samples.¹²⁶ However, HDAC1 mRNA levels were lower in T cells collected from patients with AAA compared to controls, while H3 and H3K14 acetylation in T cells was higher than in controls.¹²⁹ This is in contrast to findings from a different group, who showed that HDAC1 and HDAC5 mRNA levels were higher in T regulatory cells collected from patients with AAA vs controls.¹³⁰ One possible explanation for this finding is that levels of acetylation and HDAC expression change throughout the course of disease. Another possibility is that T regulatory cells as a subset may be marked by

unique histone acetylation patterns that do not reflect the larger peripheral T cell population.

4.3 | DNA methylation

DNA methylation is a heritable epigenetic modification that occurs at CpG islands within gene promoters, resulting in transcriptional silencing, and is carried out on cytosines by DNA methyltransferases (DNMTs). While the largest effect of DNA methylation on AAA risk is due to transcriptional dysregulation of key aneurysm-associated genes, few studies actually implicate AAA genes as targets. One explanation for this could be decreased sensitivity of current panels or exclusion of some of these genes on existing panels. Additionally, it is possible that DNA methylation is a sensitive epigenetic change that is not recapitulated completely by current models. Finally, analysis of vascular cell types including endothelial, smooth muscle, or adventitial cells may yield more aneurysm-specific targets, since the studies that do exist have focused on DNA methylation in T cells. Increasing evidence suggests that T cell dysfunction, particularly decreased suppressive effects of CD4 + CD25+ T regulatory cells, drives AAA development.¹³¹ Part of this change arises from epigenetic alterations like DNA methylation, which is significantly decreased in T cells from patients with AAA compared to healthy controls.¹³² Similarly, DNA methylation in T cells was negatively correlated with AAA diameter. Expression of both DNMT1 and methyl-CpG-binding domain 2 (MBD2), both involved in mediating DNA methylation and transcriptional repression, was also decreased in isolated T cells from AAA samples relative to controls. In contrast, Xia et al showed that T regulatory cells from AAA patients have higher levels of DNMT1, DNMT3A, and MBD2 compared to controls.¹³⁰

Elevated homocysteine levels have long been associated with vascular disease, and its relation to AAA has also been reported previously.^{133,134} Additionally, several DNA variants within genes involved in homocysteine metabolism have been linked to AAA and/or aortic diameter in the human population. These include rs8003379 in MTHFD1, rs326118 in MTRR, rs202680 in FOLH1, rs2853523 in MTR, and rs1801133 and c.677C > T in MTHFR.^{135,136} It has been suggested that hyperhomocysteinemia may underlie AAA development through cell type-specific hypomethylation.¹³⁷ However, more studies are needed to test this hypothesis directly.

While DNA hypomethylation is associated with AAA, as noted above, several additional studies indicate that hypermethylation at specific gene promoters is also linked with AAA development. One recent study addressed this by assessing global methylation in peripheral blood mononuclear cells from patients with AAA and compared these methylation patterns to healthy controls.⁸⁸ This study showed that AAA DNA was hypermethylated and correlated with aneurysm size. Specific CpG sites of hypermethylation occurred in IL6R and ERG, while CpG hypomethylation was found in SERPINB9 and SMYD2. Further, methylation of the SMYD2 promoter was directly correlated with SMYD2 expression, which was decreased in AAA

samples. From this study and others, it is clear that unique DNA methylation patterns across multiple genes influence AAA risk.

5 | CONCLUSION

Numerous genetic and epigenetic factors may influence AAA risk. In addition to Mendelian, single-gene causes, numerous DNA variants (the majority of which are in noncoding regions) with a potential link to AAA in humans have been identified in GWAS and are outlined here. Importantly, most GWAS SNPs do not affect AAA risk, and these should be differentiated from the more rare, true pathogenic variants. Accordingly, it is necessary to determine which SNPs out of the many identified are functional variants. Coding variants can affect protein function while others in promoter-enhancers may affect gene expression, and such changes in protein activity or transcription, respectively, modify AAA risk. In vitro and in vivo experiments are required to determine if the variants described above are functional. GWAS for AAA have identified SNPs in genes with previously unknown function. In an effort to identify how such variants affect AAA risk, studies have helped uncover how gene function regulates AAA pathogenesis. Future research should be geared toward cell type-specific mechanisms of disease, since a significant number of reports analyze whole aortic tissue rather than specific cell types from aneurysm samples.

Several microRNAs and long noncoding RNAs have been identified that regulate expression of aneurysm-related genes and play a role in AAA pathogenesis. Accordingly, some of these noncoding RNAs may serve as therapeutic targets for decreasing AAA progression. Similarly, dynamic chromatin states regulate expression of genes known to play a role in aneurysm development. Such functional states are also modulated by histone modifications and DNA methylations, which vary in AAA, and additional work should focus on the specific gene loci where these modifications occur.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

DATA AVAILABILITY STATEMENT

Data sharing is not applicable to this article as no new data were created or analyzed in this study.

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