ROTAVIRUS AND REOVIRUS STABILITY IN MICROORGANISM-FREE DISTILLED AND WASTEWATERS

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Abstract—Survival of calf rotavirus and reovirus under controlled laboratory conditions in microorganism-free, distilled and wastewater at 8 and 26°C was examined by periodic measurement of cytopathic effects (CPE) and indirect fluorescent antibody (IFA) assays. Five samples of both water-types were collected and inoculated with the two viruses. Three samples of each type of water were divided into two bottles, one per virus, for incubation at 8°C. Two samples were used at 26°C, one per trial. In the absence of light and shaking at 26°C, 7–13 days were required for a loss of 90% infectivity for rotavirus and reovirus, while at 8°C, averages were 80 days for rotavirus and 260 days for reovirus. Virus infectivity remained for more than 30 days at 26°C and 400 days at 8°C. Rates of decline were 10–100 times greater at 26 than at 8°C, but at both temperatures, the MPN log₁₀ rate of decline of infectivity was linear.

Key words—survival, rotavirus, wastewater, stability, reovirus, distilled water

INTRODUCTION

Little is known of the environmental survival properties of a newly discovered agent of diarrhea, rotavirus, a member of the *Reoviridae* family, found to exist throughout the world (Steinhoff, 1980). To learn more about its prevalence, we have studied the survival of rotavirus in distilled and in wastewater.

Wastewater treatment plants have been shown to release effluents containing viable viruses into bodies of water (WHO Technical Report, 1979). Polio-, coxsackie-, echo- and reoviruses are commonly isolated from polluted bodies of water (Sekla et al., 1980) and have been recovered long distances from their sources (Dahling & Sáfferman, 1979). When this study was begun, rotavirus, the leading cause of infant winter diarrhea, had not been identified in wastewater. Information received through personal communication has indicated the presence of rotavirus in contaminated drinking water and wastewater in Texas and South America (Gerba, 1980). Because it is released in large quantity, one billion per gram of feces (Melnick & Rennick, 1980) from infants during illness and in more moderate numbers from adults, rotavirus would be expected to occur in wastewater. Since all rotaviruses have been found structurally identical and antigenically related (Wyatt et al., 1978) and in the absence of dependable methods for growing human rotavirus in vitro, calf rotavirus was used as its surrogate. Reovirus has frequently been isolated from wastewater and its survival properties previously studied (Mahnel et al., 1977). In the present study, reovirus was treated under the same conditions as rotavirus and comparisons made.

MATERIALS AND METHODS

Viruses and viral assay

Calf rotavirus (Cody isolate, obtained from Dr C. A. Mebus, University of Nebraska, NE) was grown in primary bovine embryonic kidney cells (BEK) which were prepared according to the method of Schmidt (1979). The growth medium was minimum essential medium Eagles' with Earl's salts and L-glutamine (EMEM) containing 10% fetal, newborn or calf serum; penicillin (100 units ml⁻¹); streptomycin (100 μ g ml⁻¹); amphotericin B (2 μ g ml⁻¹); and sodium bicarbonate (1.5 gl^{-1}) . The same medium without serum was used for propagation of stock virus and completion of assays for which amphotericin B was omitted and 25 mM HEPES included. Rotavirus assays were done in secondary BEK cells, grown in flatbottom, 96-well microtiter plates, examined daily for 5 days to detect cytopathic effects (CPE); while for indirect fluorescent antibody (IFA), the method of Riggs (1979) was followed except that 12-mm round glass coverslips in one-dram shell vials were used. Detection was enhanced by centrifuging newly inoculated vials as recommended by Bryden et al. (1976) with the modification of 30 min of centrifuging at 200 g. Coverslips were examined at 24 h. Reovirus type 3 (Abney strain, from Dr H. Hatch CDC, Atlanta, GA) was grown and assayed by similar methods in L 929 cells (from Dr H. F. Maassab, the University of Michigan, MI) but fetal calf serum was

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reduced to 5% and no amphotericin B or HEPES were used. Rota- and reovirus pools from 20 and 10 bottles respectively, of 32 oz. volume were rapidly frozen and thawed 3 times and centrifuged at 200 g for 15 min to remove cellular debri. The supernatants were purified by centrifuging at 100,000 g for 3 h, and the pellets resuspended in approx. 5 ml of sterile distilled water and filtered through $0.45 \mu m$, Duo-Fine filter paper (Filterite Co., Timmonium, MD). Hyperimmune rota- and reovirus antisera were prepared in rabbits (Kapikian et al., 1979).

Virus concentrations were estimated quantitatively using the most probable number (MPN) method (Chang et al., 1965). These end-points were calculated by the method of Rowe et al. (1977) and results expressed as log₁₀ MPN (1.0 ml), plotted against time. The time of loss of 90% of the virus population (T_{90}) was also calculated. The decline in virus titers was examined graphically by regression curves. Both r^2 (Ostle, 1954) and F-statistic (Draper & Smith, 1966) indicated that declines most closely followed linear regression curves at 8 and 26°C. Correlation coefficients of initial titers and their rates of loss were significantly positive. Therefore, to prevent this correlation from affecting the significance of the other variables (of virus, medium, assay and trial) all initial titers at 26°C were adjusted to the average common titer. Each of the variables in the experimental design was then examined for its significance on the adjusted rates of decline at 26°C and the averaged rates at 8°C by analysis of variance, using a 2³ factorial design in the BMD8V analysis of variance computer program for balanced designs (Dixon, 1977). The 95% confidence intervals of the means are included in figures and were determined by the Working-Hotelling approach (Neter & Wasserman, 1974).

Test waters

Virus surviva! was measured in sterile distilled water and in samples of raw domestic wastewater obtained from the Ann Arbor, secondary activated treatment plant. Autoclaving is known to alter the characteristics of proteins, fats and carbohydrates. Therefore, in order to minimize the damage to any substances present during the removal of microorganisms, the 5 wastewater samples collected at various seasons, were treated using a combination of pas-

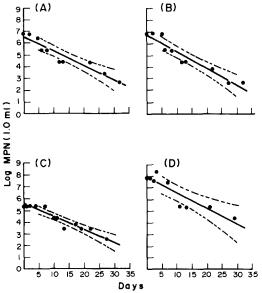


Fig. 1. Loss of infectivity as measured by CPE of observed data at 26°C with linear regression predictions and 95% confidence intervals for means. (A) Rotavirus-distilled water; (B) rotavirus-wastewater; (C) reovirus-distilled water; (D) reovirus-wastewater.

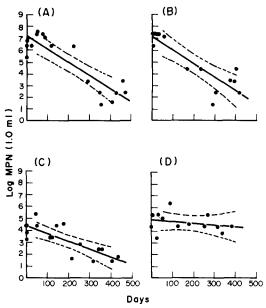


Fig. 2. Loss of infectivity as measured by CPE of observed data at 8°C with linear regression predictions and 95% confidence intervals for means. (A) Rotavirus-distilled water; (B) rotavirus-wastewater; (C) reovirus-distilled water; (D) reovirus-wastewater.

teurization (62°C, 20 min), freezing, thawing and antibiotics of penicillin (500 units ml⁻¹); streptomycin (500 μ g ml⁻¹); amphotericin B (5 μ g ml⁻¹).

Procedure for measuring survival

For virus-water mixtures incubated in a refrigerator adjusted to maintain 8°C, three samples of microorganismfree distilled water and three of wastewater were collected. Each was distributed into two sterile 100 ml flint glass bottles, loosely capped and covered with aluminum foil to prevent entrance of light. One set was inoculated with filtered virus pellet suspensions of rotavirus and one with reovirus for measurement of titers. For those samples incubated in a refrigerator adjusted to 26°C, 300 ml of each water type from another sample collection, was inoculated rotavirus and 300 ml with reovirus. After thorough mixing. replicates of 3 for each of the water-virus mixtures were distributed into previously described bottles and titers measured. This procedure was repeated twice for samples incubated at 26°C. Initial titers ranged from 1×10^6 to $1 \times 10^8 \log_{10}$ MPN (1.0 ml). At specified intervals during storage under static conditions after shaking by hand vigorously 10 s, 1 ml aliquots were removed and a final concentration of 1 µm ml⁻¹ of Difco 1:250 trypsin (Clark et al., 1979) added; aliquots were incubated for 30 min at room temperature before performing ten-fold serial dilutions in serum free EMEM. Four replicate inoculations of 0.1 ml from each virus dilution were added to cell monolayers in microtiter plates and to cell covered coverslips in one-dram shell vials, followed by addition of 0.2 ml of virus-cell maintenance medium. All assays were performed immediately after sample preparation and at the intervals indicated in Figs 1 and 2.

These materials and methods are described in greater detail elsewhere (McDaniels, 1981).

RESULTS

Stability of rota- and reoviruses

Typical patterns of inactivation of rota- and reoviruses are shown in Figs 1 and 2 which present the

Table 1. Initial rotavirus titers in log₁₀ MPN (1.0 ml) and their rates of decline at 26°C*

IFA		CPE	
Y-intercept	Slope	Y-intercept	Slope
	Distil	led water	
6.05	-0.0707	6.55	-0.1210
6.05	-0.0900	6.59	-0.1235
6.10	-0.0589	6.69	-0.1300
6.36	-0.0985	6.93	-0.1403
6.66	-0.1148	6.96	-0.1552
6.78	-0.1261	7.03	-0.1594
	Was	itewater	
6.50	-0.0973	6.61	-0.1392
6.75	-0.1472	6.69	-0.1407
6.77	-0.1482	6.69	-0.1422
6.78	-0.1482	8.17	-0.2217
6.87	-0.1161	8.28	-0.2167
6.93	-0.1167	8.37	-0.2123

*Correlation coefficients significant at a probability level of 0.05. Groups for each slope showed F-statistic significances equal to or less than 0.05 for linear regression. r^2 s were greater than 0.80 indicating the closest relationship to linear regression.

observed loss of infectivity at 26 and 8°C as measured by cytopathology. Inactivation was log-linear over considerable ranges of virus-titer and of time, differing only in rate of decline for differing viruses (rotaor reo-), temperatures (8 or 26°C), assay (CPE or IFA) or medium (distilled or wastewater). Examination of the data showed a significant correlation between initial titers and rates of decline, especially at 26°C (Table 1; Fig 3), and therefore, rates were adjusted to reflect a uniform average initial titer. These results may be presented most succinctly by listing the calculated average times (T_{90}) for 90% or 1-log losses in viral concentration, as shown in Table 2.

Water characterization

Influent wastewater 24 h composite analyses performed by the Ann Arbor treatment plant on days of

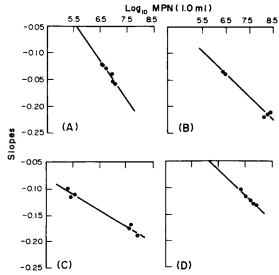


Fig. 3. Linear regression curves of significantly correlated infective initial titers and rates of decline at 26°C measured by CPE. (A) Rotavirus-distilled; (B) reovirus-distilled; (C) rotavirus-wastewater; (D) reovirus-wastewater.

Table 2. Average times for loss of 90% of virus activity

	T_{90} (days)	
Regime	8°C	26°C
Rotavirus		
Distilled water, IFA	185	8.4
Distilled water, CPE	73	7.6
Sewage, IFA	236	7.8
Sewage, CPE	84	7.0
Reovirus		
Distilled water, IFA	154	6.6
Distilled water, CPE	130	6.8
Sewage, IFA	630	8.5
Sewage, CPE	262	13.3

sample collections produced the following ranges: pH 6.0–7.5; temperature 10–21°C; turbidity 16–50 JTU: BOD 120–156 mg l⁻¹; suspended solids 144–172 mg l⁻¹; volatile suspended solids 112–144 mg l⁻¹; total alkalinity 245–272 mg l⁻¹; organic nitrogen 9.1–11.2 mg l⁻¹; and ammonia nitrogen 14.7–19.8 mg l⁻¹. The flow was 16.5–20.7 MGD. Grab sample wastewater pH's before virus inoculation measured 6.0–6.5, temperature 13–21°C and turbidity 75–135 NTU. Autoclaved double distilled water pH's were approx. 6.0 before addition of the viruses. After 1 month of incubation at 26°C and more than a year at 8°C, wastewater pH's measured between 7.4 and 7.7 and distilled water from 6.3 to 7.2.

Significance of variables

The bar graphs of Fig. 4 illustrate the averaged rates of decline for the various combinations of tem-

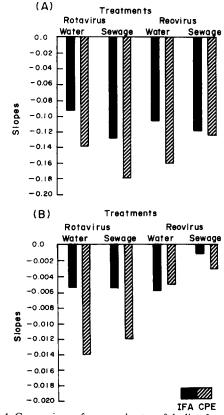


Fig. 4. Comparison of averaged rates of decline for viruses and water samples incubated at (A) 26°C; (B) 8°C.

perature and medium. The following patterns may be observed: IFA rates of decline were usually slower than infectivity (CPE) rates; rates of virus decline at 8°C were 10–100 times slower than at 26°C; recovirus survived longer in sewage than did rotavirus. Analysis of variance performed on the adjusted and averaged rates of virus decline for the variables: virus, temperature, medium, assay and trial indicated that only temperature was significant.

DISCUSSION

Rotavirus and reovirus were found to survive more than 30 days at 26°C and longer than 1 year at 8°C. Other enteric viruses have also withstood long periods of time in different types of waters (Mahnel et al., 1977; Rhodes et al., 1950; Berg, 1976). Toxic effects from detergents or other chemicals in the raw sewage samples used for survival studies apparently were present in insignificant amounts and did not have serious adverse effects on these viruses (Ward & Ashey, 1980). The present study suggests that, under conditions in which these viruses are protected from light, mixing, other organisms and toxic substances, their long-term survival in a temperate climate would be possible. This increases the opportunity for transmission of these viruses by the water route.

Results from the present study required 7-13 days for a loss of 1 log, as opposed to 3 to greater than 14 days for a loss of 3 logs reported by Hurst & Gerba (1980). These differences may be explained by variations in experimental conditions. The previously published paper reported the use of polluted and nonpolluted fresh and estuarine waters not freed of microorganisms nor protected from exposure to light, and from which aliquotes were held in a frozen state before assaying. In addition, initial titers of their plaque purified model, simian rotavirus, were 2×10^4 plaques ml⁻¹ as opposed to 1×10^6 -1 $\times 10^8 \log_{10}$ MPN (1.0 ml) used in this study. A more rapid loss of infectivity would be expected in the presence of microorganisms, light (Cubbage et al., 1979) and freezing. In addition, plaquing may be considered less sensitive than the CPE assay (Schmidt et al., 1978). It is possible the calf isolate may have the potential of yielding higher titers in embryonic BEK cells than the simian isolate has in the adult derived cell lines of MA104 or LLC-MK₂ cells. On the other hand, arguments for more rapid rates of decline from the current study evolve from the use of a 5 day incubation period for CPE as opposed to the 2 week period used for incubation of plaque plates. In addition, since larger initial titers were found to decline at more rapid rates, as shown in Table 1, and were at least two logs above those of the previous study, they could also be a contributing factor.

The increased rates of decline for groups with the highest initial titers, larger F-statistics and positive correlation of initial titers with rates of decline as seen in results, all indicate that differences in initial titers

do influence the significance of variables being tested. During the processes of averaging and adjusting, individual data variations were reduced sufficiently so that none of the variables were significant except temperature.

It is not known why significant correlations are found between initial titers and their rates of decline. One hypothesis offered in explanation is that if increased proportions of defective virus particles with shortened survival potential were present in those samples with the highest titers, greater interference with virus-cell interactions would lead to more rapid die-offs for these samples.

Akin (1971) has suggested that viruses in higher concentrations have greater tendency to aggregate. In this study, although the data are not presented, evidence of clumping was not seen when samples were monitored by electron microscopic examination. The majority of viruses viewed were single particles and only a few clusters of 2 and 3 were found.

Floyd & Sharp (1977) reported that reovirus inoculated in water and stored for two weeks at 4 and 6°C lost its property of aggregation, and, when diluted 100-fold in water, as was done in the present study, it did not aggregate. The addition of trypsin to a small aliquot of rotavirus inoculated distilled and wastewaters before assaying, was intended to help break up clumps as well as to increase the titer.

There are several possible explanations for the slower rates of virus decline as measured by IFA. The IFA assay has the potential of detecting not only viable forms of viruses, but also defective and degraded forms which might adhere to cell surfaces or invade cells, but not be capable of multiplication; thus it may provide higher titers than those obtained from CPE, which indicated the presence of only those virions capable of destroying cells. Since identification by CPE required a change in cell structure visible by microscopic examination, a greater number of virus particles were required to produce visible cellular damage than were needed for identification by IFA, for which only one positive cell on a slide was necessary to indicate the presence of virus.

In wastewater, rates of virus decline were greater for rotavirus than for reovirus, and loss of infectivity for rotavirus at 8°C in distilled water was greater than that for reovirus. The prolonged survival of reovirus in wastewaters as compared to rotavirus may indicate a possible difference in the degree of attraction for, or ability to adhere to, particulates (Farrah *et al.*, 1978; Goyal & Gerba, 1979). Whether pasteurization may have altered the character of particulates toward a more favorable environment for virus survival is not known.

Ward & Ashley (1980) reported that some positively and negatively charged compounds found in wastewater-sludge inactivated rotavirus, but not reovirus. The differences in survival times and loss in infectivity rates between rotavirus and reovirus in wastewater at 8 and 26°C, and in distilled water at

8°C, could be due to molecular variations between the two viruses. These viruses have their own sets of chemically different proteins, each with unique structural shape and different viral genome (Wyatt *et al.*, 1978).

Since rotavirus titers dropped faster in wastewaters than did reovirus titers, it would appear that rotavirus did not benefit from protective effects of adsorption to particulates or other substances found in wastewater to the same extent as did reovirus. It is also possible that the elevated temperature of 26°C initiated chemical reactions not active at 8°C, which had the effect of decreasing rotavirus titers at a more rapid rate than those of reovirus.

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