

CONCURRENT EXPRESSION OF PROCOAGULANT AND PLASMINOGEN ACTIVATOR
ACTIVITIES BY RABBIT ALVEOLAR MACROPHAGES IN VITRO:
OPPOSITE MODULATING EFFECTS OF PROSTAGLANDIN E₂

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ABSTRACT

We examined the effects of arachidonic acid metabolites on the simultaneous expression of procoagulant (PC) and plasminogen activator (PA) activities by rabbit alveolar macrophages. Incubation with lymphocyte-conditioned medium (LCM) caused a significant increase in cell-associated PC activity. Co-treatment with indomethacin (1 μ M) reduced this augmentation in PC activity by 33% ($p < 0.05$). In contrast, indomethacin caused a 42% increase in PA activity released into incubation medium ($p < .05$). Both effects of indomethacin were reversed by the addition of PGE₂ in concentrations as low as 1 nM. Addition of 100 nM PGE₂ to these cells caused an increase in PC activity 2.7-fold greater than that achieved by LCM alone, while PGE₂ suppressed released PA activity by 62%. PGE₂ and indomethacin had similar but less pronounced effects on phorbol myristate acetate-treated cells. These effects of PGE₂ could be duplicated by PGE₁, but not by any other arachidonic acid metabolite (PGF₂ α , PGI₂, PGD₂, ddPGF₂ α , LTB₄, or LTC₄). While PGE₂ increases intracellular levels of cAMP, the observed effects on PC and PA activities could not be reproduced fully by treatment with dibutyryl cAMP. We conclude that PGE₂ amplifies the augmentation of PC activity by stimulated alveolar macrophages while concurrently inhibiting expression of plasminogen activator. This suggests that PGE₂ may be a significant mediator in regulating the highly interactive processes of inflammation and coagulation/fibrinolysis.

INTRODUCTION

Arachidonic acid metabolites are increasingly recognized as important in regulating expression of inflammatory responses (1-16). We previously demonstrated that prostaglandin (PG)E₂ is necessary for the augmented expression of procoagulant (PC) activity by rabbit alveolar macrophages stimulated by bacterial lipopolysaccharide. This observation led us to hypothesize that PGE₂ may represent an important regulatory link between inflammatory and coagulation pathways (17). However, macrophages also promote fibrinolysis, chiefly by elaborating a

Key Words: Macrophage, procoagulant, plasminogen activator, arachidonic acid

plasminogen activator (PA) (18,19). Thus, the net effect of macrophages on fibrin turnover during inflammation must be viewed in the context of the simultaneous expression of competing procoagulant and fibrinolytic activities. Because there is limited evidence that PGE₂ suppresses plasminogen activator activity of elicited macrophages (20,21), we undertook to expand our earlier study by examining the role of cyclooxygenase and lipoxygenase metabolites on the concomitant expression by macrophages of both procoagulant and plasminogen activator activities.

METHODS

Animals - Male New Zealand white rabbits (1.5 to 2 kg) were given routine care in the Unit for Laboratory Animal Medicine, University of Michigan Medical Center.

Bronchoalveolar Lavage - Rabbits were sacrificed by intravenous injection of sodium pentobarbital and exsanguinated prior to lavage. The trachea was cannulated and the lungs lavaged with 35 ml aliquots of Dulbecco's calcium-magnesium-free phosphate buffered saline (PBS; Gibco, Grand Island, NY) at 37°C until 300 ml of lavage fluid was returned. Cell pellets were treated with 110 mM ammonium chloride in 100 mM Tris buffer (pH 7.0) to lyse contaminating erythrocytes. The cells were then washed three times in serum-free culture medium consisting of RPMI-1640 (Gibco) containing penicillin (100 U/ml), streptomycin (100 µg/ml), gentamicin (100 µg/ml), polymixin B (100 U/ml), and lactalbumin hydrolysate (0.2%, Gibco). In all cases, cell viability was greater than 95% by trypan blue exclusion. Cell preparations were consistently more than 95% alveolar macrophages (22).

Preparation of Additives. Lymphocyte-conditioned medium (LCM) was used as a crude source of lymphokines. Lymphocyte suspensions were prepared from normal rabbits as described previously (19). Cell suspensions were prepared in standard culture medium from the non-adherent cells of minced paraortic lymph nodes (> 95% lymphocytes) and incubated in 75 ml culture flasks (Falcon Labware, Oxnard, CA) for 48 hours at 5 x 10⁶ cells/ml in medium containing Concanavalin A bound to Sepharose 4B beads (5 µg/ml Con A; Pharmacia Chemicals, Piscataway, NJ). After incubation, the LCM was freed of cells and Con A-Sepharose by centrifugation, sterilized by filtration, and stored at -70°C. Preliminary experiments indicated that a 1:8 dilution of LCM was optimal, and one such preparation was used in all subsequent experiments. Prostaglandins (PG) and leukotrienes (LT) were generous gifts of the Upjohn Corporation, Kalamazoo, MI. All were stored at -20°C in ethyl alcohol. Indomethacin (Sigma) was freshly dissolved in ethyl alcohol (10 mg/ml). All additives were further diluted in culture medium such that the final concentration of ethyl alcohol in cell cultures did not exceed 0.01%. The semiselective lipoxygenase inhibitors nordihydroguaiaretic acid (NDGA; Aldrich Chemicals, Milwaukee, WI) and nafazotrom (Burroughs Wellcome, Research Triangle, NC) were dissolved directly in culture medium. Phorbol myristate acetate (PMA; Consolidated Midland, Brewster, NY) was stored at -20°C dissolved (1 mg/ml) in dimethylsulfoxide (DMSO) and freshly diluted in culture medium for each experiment so that the final DMSO concentration did not exceed 10 parts per million.

Cell Culture. One million cells were dispensed in 1 ml of the serum-free culture medium and incubated in duplicate in sterile 12 x 75 mm polypropylene tubes for 24 hours at 37°C in 5% CO₂-enriched air. Cells were exposed to the various additives for the entire incubation period, as indicated. Following incubation, the cells were collected by centrifugation and resuspended in 1 ml of fresh medium. Both cell suspensions and conditioned incubation media were stored at -20°C prior to assay. Cell lysates were prepared for assay by two cycles of freeze-thawing followed by sonication.

Procoagulant Activity Assay. Procoagulant activity was measured using a one-stage coagulation assay (22). Briefly, 100 µl volumes of test material, 25 mM CaCl₂, and citrated normal rabbit plasma were mixed sequentially at 37°C and the time required for fibrin formation was measured with a coagulation timer (BBL Fibrosystem, Cockeysville, MD). Coagulation times of each sample were measured twice and averaged (measurements consistently agreed within 10-15%).

The means of the duplicate samples were then translated into arbitrary units of PC activity using a standard curve based on the linear relationship between the log concentration of procoagulant material and the log of the resultant coagulation time (22). Preliminary experiments confirmed our prior observations that only a small fraction of the PC activity generated by these cells was released into the culture medium, and that the released activity varied in parallel with cell-associated activity (22). Accordingly, we routinely assayed PC activity only in cell lysates. None of the pharmacologic agents used in the study affected the assay for PC activity.

Plasminogen Activator Assay. PA activities of incubation media and cell lysates were measured with a modified ^{125}I -fibrin plate assay, as described previously in detail (18,19). In brief, 60 μg of human fibrinogen (Kabi, Stockholm, Sweden) containing 2×10^5 cpm of ^{125}I -labeled fibrinogen (Amersham, Arlington Hts, IL) was dried onto 16 mm plastic culture wells and converted to fibrin with 5% fetal bovine serum (Gibco). Human plasminogen was purified by lysine-Sepharose affinity chromatography (23) and added in an optimal concentration (2 to 6 μg protein/ml) along with test samples to the fibrin wells. ^{125}I activity released into the incubation medium was measured after 4 hours at 37°C. The cpm released only in the presence of test sample and plasminogen was taken to represent PA activity. Net ^{125}I release was calculated as the percent of maximal release achieved by trypsinizing the wells; percent lysis was then translated into milli-Plough units (mPU) using a standard curve generated with human urokinase (Sigma Chemicals, St. Louis, MO). ^{125}I release was negligible in the absence of added plasminogen; therefore, plasminogen-independent fibrinolysis was not examined further. None of the pharmacologic interventions affected the ^{125}I -fibrin assay. It is important to emphasize that this assay only measures plasminogen-dependent fibrinolysis, and the results may reflect changes in either plasminogen activator proteins or plasminogen activator inhibitors. Therefore, PA is only discussed in terms of activity, and not concentrations of specific proteins.

Cyclic Adenosine Monophosphate (cAMP) Assay. Intracellular cAMP levels were measured with a double antibody radioimmunoassay (24). The limit of sensitivity was 10 fmole/ml, and inter- and intra-assay variabilities were 2.7% and 2.9%, respectively. This assay only cross-reacted with 6-fold greater concentrations of adenosine monophosphate and at least 400-fold greater concentrations of other purine nucleosides and nucleotides. Assays were performed by the laboratories of the Diabetes Training and Research Center, University of Michigan Medical Center.

Statistics. Multiple comparisons to control groups were performed using Dunnett's test applied to a one-way analysis of variance. Single comparisons were tested with the unpaired Student's *t* test (25).

RESULTS

Procoagulant and plasminogen activator activities of normal and stimulated macrophages. In keeping with our previous studies (19, 22), freshly isolated alveolar macrophages expressed both procoagulant and plasminogen activator activities (Table 1). Cell lysates accelerated coagulation of normal plasma to 197 ± 31.6 s, compared to spontaneous coagulation times of recalcified plasma consistently greater than 500 sec. When cells were incubated for 24 hours in standard culture medium, there was a modest but significant increase in PC activity (105 ± 7.7 sec; $p < 0.001$). The addition of LCM to the culture medium caused a further increase in PC activity (88.5 ± 6.7 sec; $p < 0.05$). Maximal stimulation with PMA (10 nM) caused a marked increase in procoagulant activity (47.1 ± 3.6 sec; $p < 0.001$). Prior studies have shown that this procoagulant activity functions as a tissue thromboplastin, activating the extrinsic coagulation pathway (22).

Lysates of freshly isolated macrophages expressed low levels of plasminogen activator activity (93.8 ± 25 mPU/ 10^6 cells). When cells were cultured for 24 hours, the lysate activity increased to 358 ± 84 mPU/ 10^6 cells ($p < 0.001$). In addition, 642 ± 155 mPU/ml was present in the culture medium. LCM did not affect expression of PA in either lysates or incubation media ($p > 0.5$), but PMA caused marked increases in both activities (Table 1). We have shown that this plasminogen activator has immunologic and molecular weight characteristics of a urokinase rather than a tissue plasminogen activator (26). Preliminary experiments (not shown) verified that the effects of LCM

and PMA on PC and PA activities were not affected by the presence or absence of polymyxin B, indicating that the effects were not due to contaminating endotoxin (17).

TABLE 1: Procoagulant and Plasminogen Activator Activities of Normal and Stimulated Rabbit Alveolar Macrophages*

<u>Stimulus Activity</u>	<u>Incubation Time (h)</u>	<u>Coagulation Time (sec)</u>	<u>Plasminogen Activator</u>	
			<u>Lysates (mPU/10⁶ cells)</u>	<u>Media (mPU/ml)</u>
Medium (no cells)		> 500		-----
0	0	197 ± 31.6	93.8 ± 25	-----
0	24	105 ± 7.7	358 ± 84	642 ± 155
Lymphokine	24	88.5 ± 6.7	472 ± 237	510 ± 149
PMA	24	47.1 ± 3.6	2666 ± 326	9275 ± 2026

*Mean ± SEM, N = 4 - 12

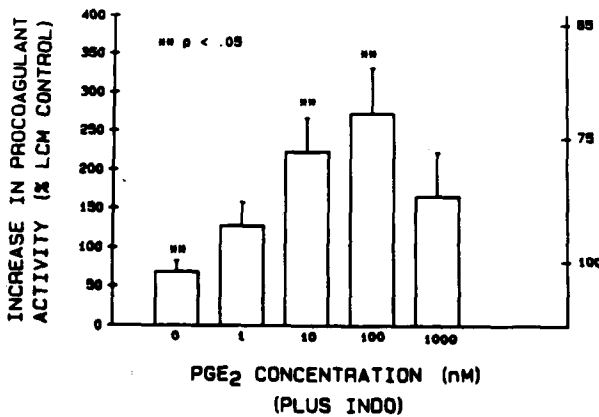
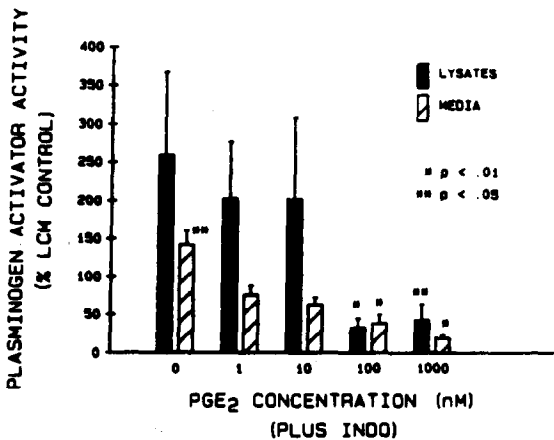


Figure 1. Effects of indomethacin (1 μ M) and PGE₂ on expression of PC and PA activities by rabbit alveolar macrophages stimulated with lymphocyte conditioned medium. Data are expressed as the % of control values from cells cultured with LCM alone. Mean \pm SEM, N=6, except for 100nM PGE₂, where N=12. A single asterisk denotes $p < 0.01$. Two asterisks denote $p < 0.05$. **TOP:** PC activity. The increase in PC activities above levels of freshly-harvested cells is displayed on the ordinate at the left. Corresponding coagulation times are shown at the right (log scale). Indomethacin suppressed the increase in PC activity by 33%. As little as 1 nM PGE₂ reversed this effect and an optimal dose stimulated an increase in PC activity 2.7 fold greater than control values. **BOTTOM:** PA activity. Indomethacin increased release of PA activity to 142% of control values, and the addition of PGE₂ suppressed PA activities in cell lysates and incubation media to as little as 33% and 20% of controls, respectively.



Effects of cyclooxygenase products on PC and PA activities of LCM-treated cells. Co-treatment with indomethacin ($1\mu\text{M}$) blunted the LCM-stimulated increase in PC activity by 33% ($p < 0.05$; Figure 1A). This corresponded to prolongation in coagulation times to 100.1 ± 6.1 seconds ($p < 0.1$). The inhibitory effects of indomethacin were completely reversed by the addition of PGE_2 in concentrations as low as 1 nM. Higher concentrations of PGE_2 further augmented the resultant PC activity, with 100 nM concentrations stimulating almost 3-fold greater PC activity compared to cells treated with LCM alone (Figure 1A). This represented a decrease in coagulation times to 72.6 ± 3.6 seconds ($p < 0.001$). Neither indomethacin nor PGE_2 alone altered PC activity unless a conditioning stimulus such as LCM was present, confirming our prior observations (17).

The PA activities in lysates and incubation media from control cells were variable, but indomethacin caused consistent and significant increases in PA activity released into incubation media, reaching 142% of control values ($p < 0.05$; Figure 1B). Addition of PGE_2 in doses as low as 1 nM reversed the effect of indomethacin, while higher concentrations caused further suppression of PA activity. The effect was dose-related, with 100 nM PGE_2 maximally suppressing both cell-associated and released PA activities to 33% and 38% of controls, respectively ($p < 0.01$). In time course studies, the effects of PGE_2 on PC and PA activities both appeared after incubation for 8 hours. Unlike the augmentation of PC activity, the suppression of PA activity by PGE_2 did not require co-treatment with a conditioning stimulus such as LCM, as identical suppressive effects were seen when PGE_2 was added alone to normal rabbit alveolar macrophages (not shown).

To determine if augmentation of PC and suppression of PA activities were specific to PGE_2 , macrophages were incubated with LCM, indomethacin ($1\mu\text{M}$), and PGE_2 , PGE_1 , $\text{PGF}_2\alpha$, PGI_2 ,

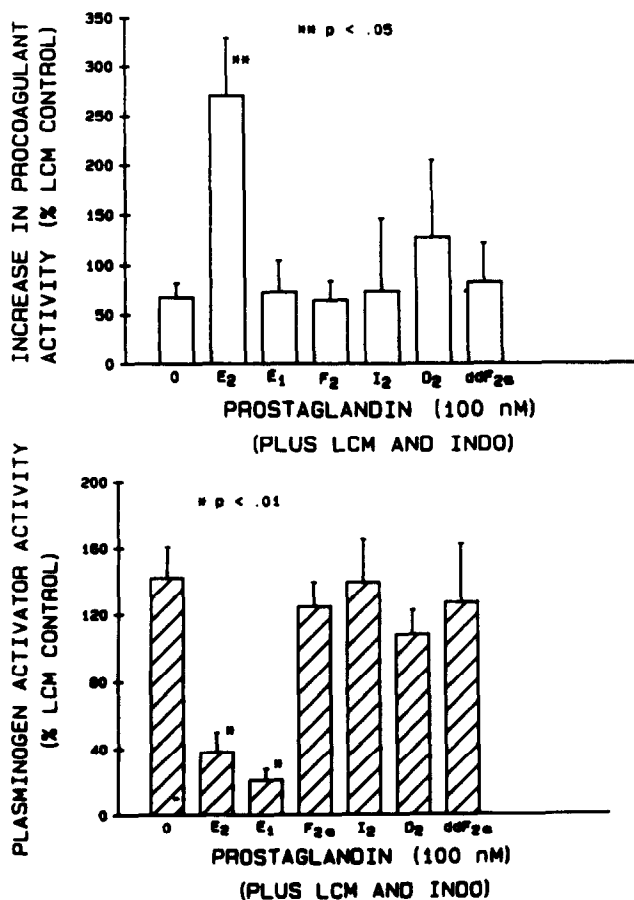


Figure 2. The effects of various prostaglandins (100 nM) on PC and PA activities released by rabbit alveolar macrophages stimulated with lymphocyte-conditioned medium. Activities are expressed as % of control values of cells cultured in parallel with LCM alone. Mean \pm SEM, $N=5$. Data are expressed as in Figure 1. **TOP:** Of the 5 prostaglandins examined, only PGE_2 stimulated an increase in PC activity, reversing the effects of indomethacin.

BOTTOM: Both PGE_2 and PGE_1 markedly suppressed PA activities of cell lysates and incubation media, but the other prostaglandins had no effect.

PGD₂, and the synthetic thromboxane mimic ddPGF₂α. In all cases, concentrations ranging from 1 to 10,000 nM were evaluated, and representative results (100 nM) are shown in Figure 2. Only PGE₂ could reverse the effect of indomethacin on PC activity (Figure 2A), while both PGE₂ and PGE₁ suppressed expression of PA activity (Figure 2B), indicating these effects are specific to prostaglandins of the E series.

During these studies, we noted that LCM caused a slight but relatively consistent decrease in PA activity. In a prior study, another lot of LCM prepared in identical fashion caused modest increases in PA activity (19). In light of the potent suppressive effects of even 1nM PGE₂, we sought to determine if the variability between lots of LCM could be explained by presence of trace amounts of PGE₂. Indeed, the LCM preparation used in this study contained 0.1 nM immunoreactive PGE₂ by radioimmunoassay, raising the possibility that trace contamination with PGE₂ could have influenced the effect of LCM on macrophage PA activity.

Effects of PGE₂ on PMA-stimulated macrophages. We sought to determine if PGE₂ had similar modulating effects on macrophages maximally stimulated by PMA, which unlike LCM stimulates marked increases in both PC and PA activities. The addition of indomethacin (1 μM) consistently and significantly (p < 0.05) reduced the PC activity of PMA-stimulated macrophages, although the remaining activity was still much higher than unstimulated cells (Figure 3A). PGE₂ and PGE₁ completely reversed the suppressive effects of indomethacin, while PGF₂α had no effect. Indomethacin caused a 38% increase in PA activity released by PMA-stimulated cells (p < 0.05)

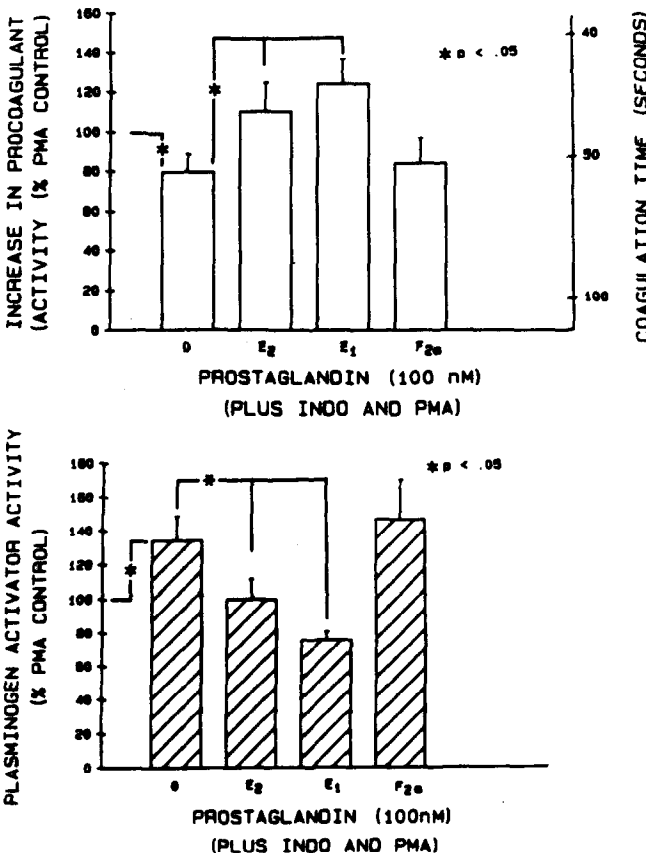


Figure 3. The effects of indomethacin and PG's (100 nM) on PC and PA activities of rabbit alveolar macrophages maximally stimulated with PMA (10 nM). Data are expressed as % of control values from cells incubated with PMA alone. Mean ± SEM, N=4. Differences between bracketed groups for which p < .05 are denoted by an asterisk. **TOP:** PC activity. The increase in PC activity above that of freshly harvested cells is displayed on the ordinate at the left. Corresponding coagulation times are shown on the ordinate at the right (log scale). Indomethacin suppressed the augmentation of PC activity of PMA-treated cells by 20%. Addition of either PGE₂ or PGE₁ completely reversed this effect. In contrast, PGF₂α had no effect on PC activity. **BOTTOM:** PA activity. Indomethacin stimulated a 38% increase in PA activity released into incubation media. This effect was also reversed by PGE₂ and PGE₁, but not PGF₂α.

Again, this effect was reversed by PGE₂ and PGE₁, but not PGF₂α (Figure 3B). Although the changes induced by indomethacin and PGE were smaller in proportion to the high levels of these activities stimulated by PMA, these results are qualitatively similar to those of LCM-treated cells.

To determine if products of the lipoxygenase pathway can also alter macrophage PC and PA activities, cells were treated with the semiselective lipoxygenase inhibitors NDGA (1μM) or nafazatrom (1μM). When used in doses that should not significantly inhibit cyclooxygenase activity (27), neither agent had any consistent effect on either PC or PA activity of normal or LCM-treated cells (not shown). Further, addition of LTB₄ and LTC₄ (0.1-10 nM) had no significant effect on either activity in normal macrophages or in cells submaximally stimulated with PMA (2 nM) (not shown). Taken together, these results suggest that leukotrienes have considerably less effects, if any, on these macrophage functions compared to prostaglandin E₂.

Role of cAMP in PGE₂-Mediated Effects on PC and PA Activities. To determine if PGE modulates macrophage PC and PA activities by altering adenylate cyclase activity (28,29), we first examined the effect of PGE₂ on intracellular levels of cAMP. The addition of PGE₂ (100 μM) to normal macrophages cultured for 60 minutes increased intracellular levels of cAMP by 77 ± 30%, compared to control values (p < 0.05). Experiments were then performed to determine if exogenous cAMP could mimic the effects of PGE₂ on PC and PA activities. Dibutyryl cAMP (db-cAMP; 1μM to 1mM) was added to standard macrophage cultures for 24 hours. As shown in Figure 4, an optimal concentration of db-cAMP (1mM) acted like PGE₂ in decreasing release of PA activity by both normal macrophages (42% control; p < 0.05) and cells submaximally stimulated by 2 nM PMA (57% control; p < 0.01). Lysate PA activities were similarly decreased by 57% and 59% (p < 0.01), respectively (not shown). However, db-cAMP had no consistent effect on PC expression by normal or PMA-stimulated macrophages.

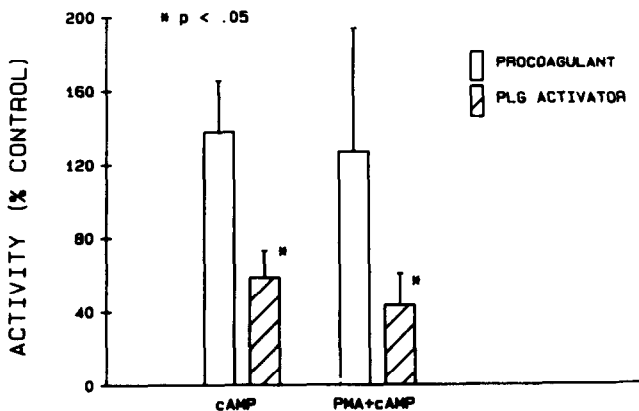


Figure 4. The effect of dibutyryl cyclic-AMP (1 mM) on procoagulant activities of cell lysates and plasminogen activator activities released into media by rabbit alveolar macrophages. Mean ± SEM, N=6. Data are expressed as % of their respective control values of cells incubated in either medium alone or in the presence of PMA (2 nM). Dibutyryl-cAMP suppressed released PA activities of unstimulated and PMA stimulated macrophages by 48% and 52%, respectively (p < 0.05). db-cAMP had no consistent effect on PC activity in either group.

DISCUSSION

Interactions between mononuclear phagocytes and the coagulation and fibrinolytic pathways appear to have a role in the pathogenesis of delayed-type hypersensitivity and other inflammatory conditions (30,31). Expression by macrophages of both procoagulant and plasminogen activator activities are augmented *in vitro* by activated lymphocytes or their products (32-35). Similarly, stimulation of both monocyte plasminogen activator and procoagulant activity has been shown to be *in vitro* correlates of cell mediated immunity *in vivo* (34,35). The competing interplay between procoagulant and fibrinolytic activity may regulate local accumulation of fibrin matrix. These fibrin

matrices potentially contribute to many aspects of inflammatory responses, as fibrinogen-derived products are chemotactic for leukocytes, inhibit lymphocyte function, affect macrophage mobility, and provide a favorable substrate for ingrowth of fibroblasts (35-39). We therefore sought to expand on earlier observations (17,20,21) by examining the effects of arachidonic acid metabolites on concurrent expression of tissue thromboplastin and plasminogen activator activities by rabbit alveolar macrophages.

We found that indomethacin suppressed augmentation of PC activity of LCM and PMA-treated macrophages, while stimulating both released and cell-associated plasminogen activator activity (Figures 1 and 3). These effects of indomethacin could only be reversed by addition of exogenous PGE and not by any other cyclooxygenase metabolite tested (Figure 2). This indicates that indomethacin affects macrophage PC and PA activities by blocking endogenous production of PGE₂. Exogenous PGE₂ enhanced PC suppression beyond the level of maximal stimulation by LCM alone, while the same concentrations markedly suppressed PA activity. PGE₂ had a qualitatively similar but smaller effect on the markedly elevated PC and PA activities of PMA-stimulated macrophages. It is notable that PGE₂ only augmented PC activity of cells that were conditioned by a second stimulus, but suppressed PA production by both normal and conditioned macrophages. Thus, PGE₂ may have differential effects on these two activities depending on the degree to which macrophages are co-stimulated with inflammatory mediators.

Most of the effects of PGE₂ on leukocyte functions are presently believed to occur by stimulating adenylate cyclase activity (28,29). This prompted us to consider whether intracellular cAMP levels ultimately regulate expression of PC and PA activities. Treating normal or PMA-conditioned macrophages with dibutyryl cAMP caused only a variable and statistically insignificant increase in PC activity, but suppression of PA was comparable to the maximal effect of PGE₂ (Figure 4). However, it is clear that augmentation of intracellular cyclic AMP is not a sufficient explanation for the effects of PGE₂, as we have found that stimulating these cells with adenosine analogues under identical culture conditions causes a similar increase in intracellular cyclic AMP, but opposite directional changes in both PC and PA activities (40). Thus, it appears that modulation of adenylate cyclase activity is either compartmentalized to agonist-specific sites, or alternatively, PGE₂ may affect cellular functions by mechanisms unrelated to cyclic AMP.

The modulation by PGE₂ of both tissue thromboplastin and plasminogen activator activities is certainly consistent with a growing body of evidence that mononuclear phagocytes exert feedback inhibition on many effector functions through endogenous secretion of PGE₂. This arachidonic acid metabolite is known to have suppressive effects *in vitro* on macrophage proliferation, production of complement proteins and oxygen metabolites (1-6), and more recently, expression of histocompatibility antigens, and release of interleukin-1 and tumor necrosis factor (7-9). In contrast, PGE₂ enhances expression of Fc receptors and collagenase production while phagocytosis and tumor killing are variably affected (10-15). Some of these effects may be responsible for the modulation of cell mediated immune reactions by arachidonic acid metabolites *in vivo* (16).

To summarize, we have shown that PGE₂ has opposite modulating effects *in vitro* on expression by rabbit alveolar macrophages of tissue thromboplastin and plasminogen activator activities. These combined effects may interact to promote fibrin accumulation at inflammatory foci. If this is so, this would establish PGE₂ as an important mediator interrelating the processes of inflammation and coagulation/fibrinolysis. These results further suggest that cyclooxygenase inhibitors and exogenous PGE₂ may be useful in future studies to investigate the role of fibrin matrix deposition in the pathogenesis of inflammation and tissue repair. Finally, it is clear that the potential influences of contaminating or endogenously produced PGE₂ must be considered in future studies of macrophage procoagulant and plasminogen activator activities.

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