

PHOSPHORYLASE ACTIVITY IN RAT UTERUS AFTER CATECHOLAMINE ADMINISTRATION*

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Abstract—The effects of epinephrine, norepinephrine, and isoproterenol on uterine phosphorylase were studied in intact, anesthetized rats. All three agents were found to increase uterine phosphorylase *a* activity when administered in large doses by intraperitoneal injection. Total phosphorylase activity was unaffected. The time course for the effects of epinephrine on uterine phosphorylase activity and glycogen content was also studied. Peak phosphorylase activation occurred within 5 min after injection, and the effect had disappeared within 1 hr. Increase in phosphorylase *a* activity was accompanied by a decrease in uterine glycogen levels, which were still depressed at a time when phosphorylase *a* activity had returned to normal.

Epinephrine was shown to stimulate phosphorylase *a* activity in the uteri of ovariectomized and estrogen-primed rats as well as in normal intact animals. Ovariectomized animals treated with estradiol had higher resting phosphorylase *a* activity than had normal untreated animals.

The relative ability of several adrenergic blocking agents to prevent catecholamine-induced increases in uterine phosphorylase *a* activity was investigated. It was suggested that the catecholamines produced their effects on the uterus both directly, via β -adrenergic stimulation, and indirectly, via ischemia and resultant tissue anoxia induced by activation of α -adrenergic receptors in the uterine vasculature.

The ability of epinephrine to activate uterine phosphorylase when administered by intravenous infusion was also demonstrated.

THE activation of glycogen phosphorylase by catecholamines has been demonstrated in many tissues, including heart, skeletal muscle, and liver (see reviews by Ellis,¹ Stetten and Stetten,² and Sutherland and Rall³). It has also been demonstrated that increases in phosphorylase activity are accompanied by decreases in glycogen content of the tissues.³⁻⁶ However, the effects of catecholamines on phosphorylase activity of smooth muscle have not been so well documented. Activation of phosphorylase by epinephrine has been reported in isolated strips of rabbit uterus⁷ but not in rat or guinea pig uterus or in rabbit intestinal strips.^{3,7} On the other hand, in a recent report Leonard and Crandall were able to show increases in phosphorylase *a* in isolated segments of rat uterus after exposure to epinephrine.⁸ Bueding *et al.* have failed to demonstrate activation of phosphorylase by epinephrine in isolated strips of guinea pig *Taenia coli*.⁹

The only reports concerning the effects of epinephrine on the activity of smooth muscle phosphorylase *in vivo* are those of Leonard,^{10,11} in which large doses of epinephrine (500 μ g/kg, i.p.) were reported to decrease both phosphorylase *a* and glycogen

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content in the uteri of ovariectomized and estrogen-primed rats. The present results fail to support these findings with respect to phosphorylase activity after epinephrine. Data presented will show that, under conditions similar to those of Leonard, epinephrine produces an activation of uterine phosphorylase accompanied by a decrease in the glycogen content of that organ.

METHODS

White female rats of the Holtzman strain were used throughout this investigation. All animals weighed from 180 to 220 g, with the exception of the ovariectomized estrogen-primed group, which weighed 275–300 g at the time of sacrifice. They received food and water *ad lib.* at all times.

Commercial solutions of *l*-epinephrine (Adrenalin, Parke, Davis & Co), *l*-norepinephrine (Levophed, Winthrop Laboratories) and *l*-isoproterenol (Isuprel, Winthrop Laboratories) were diluted in a solution of 0.9% NaCl and 0.1% NaHSO₃ to obtain the proper concentration for injection. Dichloroisoproterenol (DCI) and 2-isopropylamino-1-(2-naphthyl)-ethanol (nethalide) were injected s.c. in doses of 10 mg/kg and 25 mg/kg, respectively, 30 min before administration of catecholamines. Phenoxybenzamine (Dibenzylamine, Smith, Kline & French Laboratories), in a dose of 7 mg/kg, was injected i.p. 2 to 3 hr before catecholamine administration. Estradiol benzoate, dissolved in peanut oil, was administered s.c. in a dose of 50 µg/rat, 48 hr before epinephrine injections.

Animals were anesthetized by the i.p. injection of hexobarbital sodium (150–180 mg/kg) 10 min before sacrifice. The uteri were quickly cleared of adhering fat, rapidly excised, and frozen in isopentane cooled in a mixture of alcohol and dry ice.

Glycogen was isolated according to the method of Hassid and Abraham¹² and glucose determined with anthrone reagent.¹³ Glycogen values are expressed as milligrams of glycogen per gram wet weight of tissue.

Phosphorylase was determined by a modification of the method originally described by Cori and Cori.¹⁴ The liberation of inorganic phosphate during the synthesis of glycogen from glucose-1-phosphate was used as measure of phosphorylase activity. Uterine samples weighing from 50 to 100 mg were homogenized (in a ground-glass homogenizer) in 100 volumes of a solution containing 0.05 M Tris buffer (pH 6.8), 0.001 M EDTA, 0.02 M NaF, and 0.3% serum albumin. All procedures were carried out at 0°–4°. After centrifugation of the homogenate at 10,000 g for 10 min, 0.2-ml aliquots of the supernatant were incubated for 30 min at 37.5° in test tubes containing 0.05 M Tris buffer (pH 6.8), 0.4% glycogen, 0.01 M glucose-1-phosphate, 0.001 M EDTA, 0.02 M NaF, and 0.3% serum albumin, in a final volume of 1.0 ml. Duplicate samples of the supernatant solutions were incubated in the same reaction mixture containing, in addition, AMP in a final concentration of 0.001 M. The reaction was terminated by the addition of 2.0 ml of 10% trichloroacetic acid. The samples were then centrifuged in the cold room at 2,500 g for 10 min and the supernatants assayed for inorganic phosphate by the method of Fiske and SubbaRow.¹⁵

The rate of liberation of inorganic phosphate was linear over the time studied and was proportional to enzyme concentration. When the glycogen primer was omitted from the reaction mixture, the liberation of inorganic phosphate was negligible. Also, no phosphoglucomutase activity could be detected under the conditions of this

assay. Phosphoglucomutase activity was determined by the method described by Cori, *et al.*¹⁶

The amount of inorganic phosphate liberated in the absence of AMP represented phosphorylase *a*, and the amount liberated in the presence of AMP was a measure of total phosphorylase. Results are reported as (phosphorylase *a*/total phosphorylase) $\times 100$.

RESULTS

Uterine phosphorylase activity and glycogen content after intraperitoneal administration of epinephrine

Figure 1 shows a time curve of the effects of epinephrine (500 $\mu\text{g}/\text{kg}$ i.p.) on the phosphorylase *a* activity and glycogen content of rat uterus. Phosphorylase was

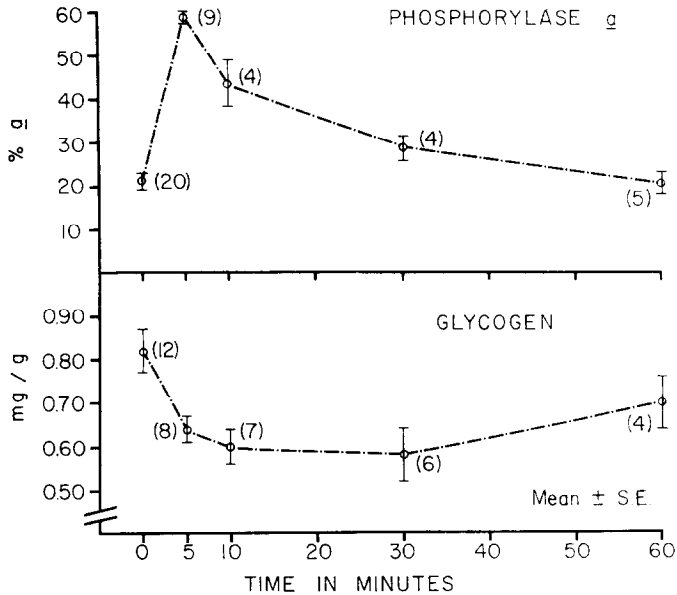


FIG. 1. Effect of epinephrine (500 $\mu\text{g}/\text{kg}$ i.p.) on the per cent phosphorylase *a* and glycogen content of rat uterus. In all graphs the figures in parentheses indicate the number of animals at each point. The phosphorylase *a* values at 5, 10, and 30 min after injection are significantly higher than controls ($P < 0.001$ to 0.05). The glycogen content is significantly decreased at 5, 10, and 30 minutes ($P < 0.01$).

markedly activated 5 min after epinephrine administration and had returned to control levels within 1 hr after injection of the drug. Glycogen decreased progressively until 30 min after injection and had not returned to normal within the 1-hr period studied.

The total amount of phosphorylase in the uterus was not significantly altered by epinephrine administration. When calculated on the basis of total enzyme per milligram wet weight of frozen tissue, it appeared that, not only had the per cent phosphorylase *a* increased, but that total phosphorylase activity appeared to be greater as well. For example, 5 min after the dose of 500 μg epinephrine/kg, phosphorylase *a* (expressed as micromoles of inorganic phosphate liberated per 30 min

per gram wet weight of tissue at 37.5°) had increased from 29.0 ± 2.5 (mean \pm standard error of 12 controls) to 114 ± 4.5 (mean \pm standard error of 9 treated animals). Total phosphorylase activity had increased from 125 ± 6.5 to 194 ± 6.6 . However, when calculated on a per uterus basis, phosphorylase *a* increased from 14.6 in the controls to 34.4 in the treated animals, while total activity actually decreased slightly from 62.8 to 58.5. This was due to the fact that uteri from rats injected with this large dose of epinephrine weighed only about 60% as much as did control uteri, when frozen immediately without blotting the tissues. This in turn probably resulted from the decrease in vascularity and fluid content of these uteri.

The effects of varying doses of epinephrine on uterine phosphorylase activation are shown in Fig. 2. In this figure the dose is plotted on a logarithmic scale against the

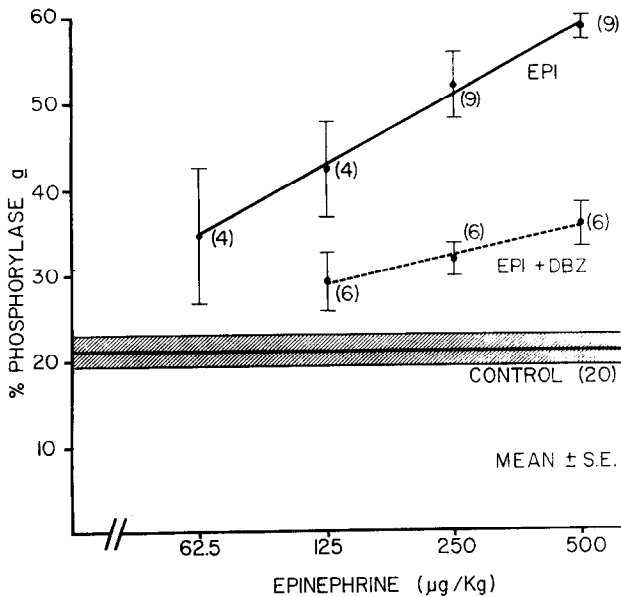


FIG. 2. Dose-response curves for the activation of uterine phosphorylase by epinephrine. Uteri were excised 5 min after the i.p. injection of epinephrine. The upper curve (EPI) shows the effect of epinephrine in normal animals; the lower curve (EPI + DBZ) illustrates the effect of epinephrine in animals pretreated for 2-3 hr with phenoxybenzamine (7 mg/kg i.p.).

response on an arithmetic scale. Such a plot yields a linear relationship. When the same doses of epinephrine were administered to animals pretreated with phenoxybenzamine, a much shallower dose-response curve was obtained.

Effects of epinephrine on uterine phosphorylase activity in ovariectomized and estrogen-primed rats

Since Leonard had observed only decreases in uterine phosphorylase activity after administration of epinephrine to ovariectomized or estrogen-primed animals, it was of interest to determine whether these procedures would result in a response qualitatively different from that which we had obtained in normal animals. A group of animals was ovariectomized and after a recovery period of 2-3 weeks they were

injected i.p. with 500 μg epinephrine/kg and sacrificed at varying time intervals. An increase in phosphorylase *a* activity was observed, similar to that seen in normal animals, although of lesser magnitude (Table 1).

A second group of ovariectomized animals received s.c. injections of 50 μg estradiol benzoate in peanut oil. After 48 hr they were injected i.p. with varying doses of epinephrine and sacrificed 5 min later. It can be seen from the data in Table 2 that the

TABLE 1. EFFECT OF EPINEPHRINE ON UTERINE PHOSPHORYLASE ACTIVITY IN OVARIECTOMIZED RATS

Time after injection (min)	N	% Phosphorylase <i>a</i> (mean \pm S.E.)
Control	8	27.7 \pm 2.6
5	4	43.7 \pm 3.8*
10	4	40.5 \pm 5.5
30	2	34.4, 31.6

All animals received 500 μg epinephrine/kg, i.p.

* Significantly different from controls ($P < 0.01$).

TABLE 2. EFFECT OF EPINEPHRINE ON UTERINE PHOSPHORYLASE ACTIVITY IN ESTROGEN-PRIMED RATS

Treatment	N	% Phosphorylase <i>a</i> (mean \pm S.E.)
Estrogen-primed controls	7	33.7 \pm 1.8
Estrogen + 125 μg epi./kg	4	39.6 \pm 3.7
Estrogen + 250 μg epi./kg	5	51.5 \pm 1.8*
Estrogen + 500 μg epi./kg	4	47.7 \pm 1.7*

All animals sacrificed 5 mins after epinephrine injections.

* Significantly different from estrogen alone ($P < 0.001$).

per cent phosphorylase *a* levels are almost identical with those seen after similar doses of epinephrine in normal animals, with the exception of the dose of 500 $\mu\text{g}/\text{kg}$, which produced less activation in the estrogen-primed animals than in the normals. It is also apparent that the administration of estradiol itself raised the levels of phosphorylase *a* above the levels previously noted for untreated ovariectomized animals, although the increase was not statistically significant. Furthermore, per cent phosphorylase *a* levels in ovariectomized estrogen-primed rats were significantly higher ($P < 0.01$) than the levels in any of the groups of normal untreated animals (which averaged from 20.0 \pm 1.2 to 23.1 \pm 1.7).

Within 48 hr after the administration of estradiol to ovariectomized animals, the uterine weights had increased markedly. The increases in size and weight were accompanied by hyperemia, hydration, and softness of the tissue and by corresponding increases in the total phosphorylase activity per uterus.

The influence of adrenergic blockade on catecholamine-induced activation of uterine phosphorylase

Figure 3 illustrates the effects of several adrenergic blocking agents on the phosphorylase activation induced by two different doses of epinephrine. Normal animals were used throughout these and subsequent experiments.

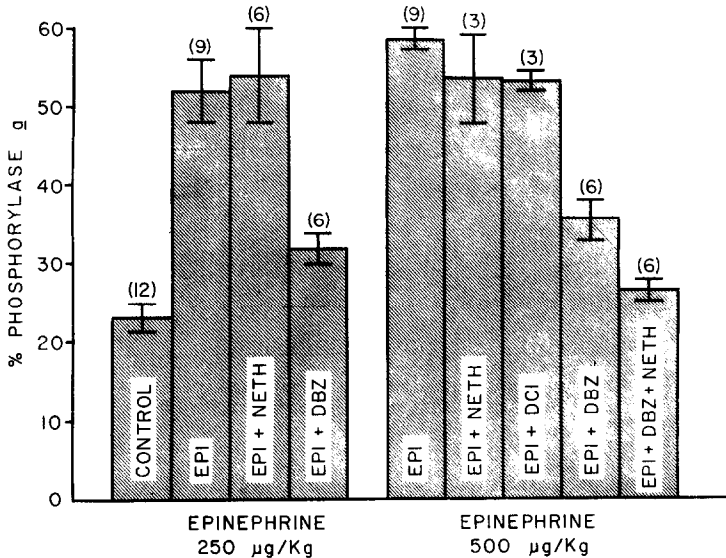


FIG. 3. Effect of adrenergic blocking agents on uterine phosphorylase activation by epinephrine (EPI). Uteri were excised 5 min after the injection of epinephrine. Nethalide (NETH, 25 mg/kg) and DCI (10 mg/kg) were injected s.c. 30 min before epinephrine administration. Phenoxybenzamine (DBZ) was administered i.p. in a dose of 7 mg/kg, 2-3 hr prior to epinephrine injections.

Pretreatment of animals with phenoxybenzamine (7 mg/kg i.p., 2-3 hr before epinephrine injections) partially blocked the epinephrine-induced activation of uterine phosphorylase, whereas DCI (10 mg/kg s.c., 30 min before epinephrine) or nethalide (25 mg/kg similarly injected) produced no significant blockade of the response. Pretreatment with both phenoxybenzamine and nethalide resulted in a response to epinephrine significantly lower than that seen after pretreatment with phenoxybenzamine alone ($P < 0.02$). Neither phenoxybenzamine nor nethalide alone altered phosphorylase *a* levels in control animals.

The i.p. administration of norepinephrine (250 µg/kg) or isoproterenol (100 µg/kg) produced significant activation of uterine phosphorylase ($P < 0.001$). This is shown in Fig. 4. Prior administration of phenoxybenzamine completely blocked the response to norepinephrine but did not alter the response seen after isoproterenol. On the other hand, the response to isoproterenol was significantly decreased ($P < 0.01$) by pretreatment with nethalide, a procedure which did not alter the response to norepinephrine.

Effect of stagnant anoxia on uterine phosphorylase activity

A marked constriction of the uterine vasculature was observed in animals which had received intraperitoneal injections of epinephrine or norepinephrine. This

vasoconstriction was abolished by pretreating the animals with phenoxybenzamine. Since pretreatment with phenoxybenzamine also markedly decreased the phosphorylase activation seen after these drugs, it was conceivable that the vasoconstriction and subsequent tissue anoxia were contributing to the observed increases in phosphorylase activity. Therefore, a series of experiments was performed in which the

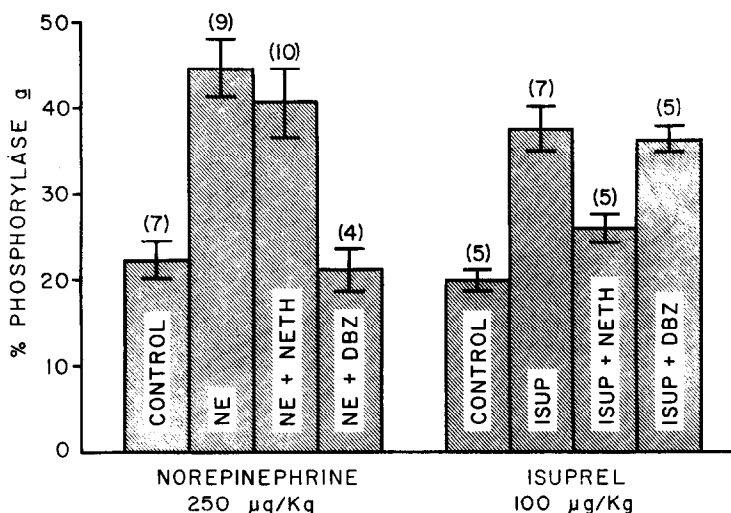


FIG. 4. Effect of adrenergic blocking agents on uterine phosphorylase activation by norepinephrine (NE) and isoproterenol (Isuprel, ISUP). Uteri were excised 5 min after catecholamine injections. Nethalide (NETH) and phenoxybenzamine (DBZ) were administered as in Fig. 3.

uterine blood vessels at both ends of one uterine horn were ligated for 5 min and a segment of that horn removed and assayed for phosphorylase. The opposite horn of the same uterus was similarly manipulated, but the vessels were not ligated, and a portion of this horn was removed for estimation of control phosphorylase activity. The data in Table 3 show that phosphorylase *a* activity could be markedly increased by ligation of the uterine blood vessels for 5 min.

TABLE 3. EFFECT OF LIGATION OF UTERINE VESSELS ON UTERINE PHOSPHORYLASE ACTIVITY

Treatment	N	% Phosphorylase <i>a</i> (mean \pm S.E.)
Control	9	24.4 \pm 1.6
Uterine vessels ligated for 5 min	8	44.1 \pm 2.5*

* Significantly different from controls ($P < 0.001$).

Effect of intravenous infusion of epinephrine on uterine phosphorylase activity

It was of interest to determine whether epinephrine was capable of activating uterine phosphorylase when administered by other than the intraperitoneal route. Leonard has reported that epinephrine does not affect uterine phosphorylase activity when administered subcutaneously, even in large doses.^{10,17,18} Similarly, Hornbrook and Brody have noted that subcutaneous injections of epinephrine do not activate cardiac muscle phosphorylase unless the animals are pretreated with phenoxybenzamine.⁵ Apparently, intense vasoconstriction at the site of injection prevents rapid

uptake of the drug by the systemic circulation. Therefore, a number of animals received varying doses of epinephrine by intravenous infusion into an external jugular vein, as previously described.⁵ The results are shown in Table 4. It is apparent that uterine phosphorylase can be activated by intravenous infusion of epinephrine, although the maximal activation attained is considerably less than that seen after intraperitoneal injections of the drug. Increasing the rate of infusion beyond 2.0 $\mu\text{g}/\text{kg}/\text{min}$ produced no further activation of phosphorylase.

TABLE 4. EFFECT OF INTRAVENOUS INFUSION OF EPINEPHRINE ON UTERINE PHOSPHORYLASE ACTIVITY

Treatment	N	% Phosphorylase <i>a</i> (mean \pm S.E.)
Saline infusion	7	18.0 \pm 3.2
Epi., 1.0 $\mu\text{g}/\text{kg}/\text{min}$	4	29.0 \pm 4.2
Epi., 2.0 $\mu\text{g}/\text{kg}/\text{min}$	4	36.2 \pm 2.9*
Epi., 4.0 $\mu\text{g}/\text{kg}/\text{min}$	4	37.8 \pm 0.9†
Epi., 8.0 $\mu\text{g}/\text{kg}/\text{min}$	4	32.5 \pm 2.2*

Animals were infused for 5 min at the rates indicated in the table.

* Significantly different from controls ($P < 0.01$).

† Significantly different from controls ($P < 0.001$).

DISCUSSION

The changes observed in uterine phosphorylase activity and glycogen levels after epinephrine administration are similar to those previously observed in this laboratory for heart and skeletal muscle.⁵ The phosphorylase data are not in agreement with those reported by Leonard, who observed only decreases in uterine phosphorylase activity after administration of identical doses of epinephrine.^{10,11} It is difficult to compare many of our results with those cited above, since no experiments were reported on untreated control or ovariectomized animals at times less than 1 hr after epinephrine administration. However, decreases in uterine phosphorylase *a* activity were reported 5 min after administration of epinephrine to estrogen-primed animals. In our experiments, at this time after drug administration, phosphorylase *a* levels are markedly elevated. We are at present unable to explain the discrepancies between our results and those previously described above. In a more recent report, significant activation of phosphorylase *a* has been demonstrated in isolated uterine segments exposed to epinephrine for 2 min.⁸ Therefore, although the results of our *in vivo* experiments do not concur with those of Leonard, they do tend to support the recent *in vitro* findings from that laboratory. Earlier studies in the literature have indicated that epinephrine does not activate phosphorylase in the isolated rat uterus,³ but no experimental data were included with these reports.

The decreases observed in the glycogen content of the uterus after intraperitoneal injections of epinephrine are similar to those previously described,^{10,11} although they appear to be of somewhat shorter duration. The maximal decreases reported above occurred 1 hr after administration of epinephrine, whereas in our experiments maximal decreases were seen 30 min after injection and had begun to return toward normal within 1 hr. No glycogen determinations were carried out by us at times greater than 1 hr after epinephrine administration, and further comparison is not possible.

Simultaneous increases in phosphorylase activity and glycogen content of rat uterus after injections of estradiol have been demonstrated by Leonard^{10,11} and by Bo, who used histochemical techniques.¹⁹ The ability of estrogen treatment to elevate uterine glycogen levels had been previously reported.^{18,20,21} The present results tend to support these earlier observations with respect to the increased phosphorylase *a* levels after estrogen. Not only was per cent phosphorylase *a* elevated, but total phosphorylase activity per uterus also increased. It seems likely that the gradual, sustained increase in phosphorylase *a* activity seen after estrogen treatment is different in nature from the more marked, acute activation produced by epinephrine administration. The former is accompanied not only by increases in glycogen but by general proliferative changes in the uterus, including increases in weight, hydration, total phosphorylase activity, and activity of other enzymes as well.²² The observation that glycogen levels increase in the face of increased phosphorylase activity after estrogen seems contradictory if we accept the hypothesis that phosphorylase activation promotes glycogenolysis *in vivo*. A possible explanation may lie in the observation by Gorski and Mueller that estradiol administration in rats produces substantial increases in uterine content of UTP, UDPG, and UDPAG.²³ The UDPG-transglycolase pathway has been suggested as being the normal pathway for glycogen synthesis *in vivo*, and it is conceivable that estrogen-induced activation of this pathway might result in increased glycogen deposition in the uterus in spite of moderate increases in phosphorylase activity. Bo has suggested teleologically that the enzyme activity in the uterus may be elevated after estrogen stimulation in order to break down the polysaccharide.¹⁹

Rudzik and Miller have demonstrated that the concentration of epinephrine in the rat uterus during estrus is twice that found during diestrus.²⁴ This was later confirmed by Wurtman *et al.*, who further reported that the uptake and retention of exogenous epinephrine by rat uterus was greater during estrus than during diestrus.²⁵ These findings may be related not only to the increased levels of phosphorylase *a* seen after estradiol administration but also to the decreased sensitivity of uterine phosphorylase to exogenous epinephrine, which has been observed in ovariectomized rats.⁸

The classification of the uterine phosphorylase response to catecholamines as either an α - or β - or perhaps as both an α - and β -adrenergic receptor is somewhat difficult on the basis of *in vivo* studies.[†] The ability of norepinephrine to stimulate phosphorylase activity is an indication that α -adrenergic receptors are involved, since norepinephrine is considered to be primarily α -adrenergic in action. This is further substantiated by the observation that this response is completely abolished by the α -adrenergic blocking agent, phenoxybenzamine, but is not affected by the β -blocking agent, nethalide. However, it is apparent that α -adrenergic receptors are also involved, as indicated by the ability of isoproterenol to stimulate uterine phosphorylase *a* activity and the blockade of this effect by nethalide, but not by phenoxybenzamine. Furthermore, the effects of epinephrine, which is assumed to possess both α - and β -adrenergic activity, were more completely blocked by pretreatment with both phenoxybenzamine and nethalide than by pretreatment with either agent alone. These observations indicate that activation of uterine phosphorylase may be accomplished by

[†] The terms α - and β -receptor are used in the connotation originally proposed by Ahlquist (*Amer. J. Physiol.* **153**, 586, 1948).

stimulation of either α - or β -receptors. However, there is some indication that the α effect is an indirect one, resulting from stimulation of α -receptors in the blood vessels supplying the uterus, rather than upon the uterine smooth muscle itself. The route of catecholamine administration used in the above experiments allows high concentrations of the drugs to accumulate at these sites, and the resulting intense vasoconstriction, which can be observed grossly, may produce sufficient tissue anoxia to activate uterine phosphorylase. This concept is supported by the observation that ligation of the uterine vessels for 5 min resulted in a marked activation of phosphorylase in the anoxic segment of the uterus. It should be noted that the α components of the responses to 250 μg and 500 μg epinephrine/kg (i.e. those portions of the responses blocked by phenoxybenzamine), as well as the response to 250 μg norepinephrine/kg, are of the same magnitude as the increases produced by ligation of the uterine blood vessels. These results are not in agreement with those of Leonard,¹¹ who reported slight decreases in phosphorylase *a* in the uteri of estrogen-primed rats after ligation of the uterine vessels for 10 min. However, they are consistent with the findings of Parmeggiani and Morgan,²⁶ who observed substantial increases in per cent phosphorylase *a* in isolated hearts exposed to anoxia for 2 min.

The significance of the effects of catecholamines on phosphorylase activity in the uterus, with respect to their actions on uterine motility and tone, remains to be determined.

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