

## Increased Contraction Frequency in Rat Uterine Strips Treated *In Vitro* with o,p'-DDT

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Elevated levels of DDT and other organochlorine pesticides have been associated with spontaneous abortion and preterm birth in several species, including humans (Delong et al. 1973; Hart et al. 1971; O'Leary et al. 1970; Saxena et al. 1980, 1981; Wassermann et al. 1982). Despite the prevalence of organochlorine pesticides in our environment, a mechanistic basis for this association has not been explored. Furthermore, while DDT has been associated with inhibition of calcium ATPases (Ghiasuddin and Matsumura 1981; Treinen and Kulkarni 1986), altered gap junctional communication (Madhukar et al. 1983; Davidson et al. 1985), and electrophysiological changes (Schefczik and Buff 1984; Beeman 1982), all of which could affect the excitation-contraction process characteristic of smooth muscle, direct effects of DDT on uterine smooth muscle have not been reported. This study was initiated to assess the direct effects of o,p'-DDT (an estrogenic isomer present in the technical grade preparation) on pregnant rat uterine tissue.

## MATERIALS AND METHODS

o,p'-DDT (99% pure; Crescent Chemical Co., Hauppauge, NY) was dissolved in absolute ethanol to make a stock solution of 20 mg/ml. Pregnant Sprague-Dawley rats were killed on day 10 of gestation by ether anesthesia followed by exsanguination. The uteri were removed and placed in a physiological saline solution (PSS; 130 mM NaCl, 4.6 mM KCl, 1.1 mM KH<sub>2</sub>PO<sub>4</sub>, 1.1 mM MgSO<sub>4</sub>-7H<sub>2</sub>O, 14.9 mM NaHCO3, 5.5 mM dextrose, 0.027 mM EDTA, 1.6 mM CaCl2). Uterine strips (2 mm x 10 mm) were cut along the longitudinal axis and placed in PSS containing either  $100 \mu M$  o,p'-DDT or 0.17% (v/v) ethanol (solvent control) overnight (12-23 hr) at 4°C. The following day the strips were mounted in 50-ml muscle bath chambers which contained PSS, and bubbled with 5%  $CO_2/95\%$   $O_2$  at  $37^{\circ}C$ . Strips were allowed to equilibrate to the experimental conditions for 1 hr in the continued presence of 100  $\mu$ M DDT or 0.17% ethanol (solvent control). The chambers were rinsed twice and an initial passive tension of 0.5 g was placed on each strip. After another equilibration, isometric contraction activity

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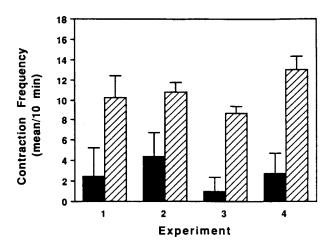


Figure 1. Isometric contraction frequency is significantly increased in rat uterine strips treated in vitro with 100  $\mu$ M o,p'-DDT (hatched bars) compared to controls (solid bars), p<0.001. Contractions were monitored for 60 min. There were two uterine strips per treatment for each of four experiments.

monitored and recorded with force transducers attached to a Grass polygraph. The chambers were rinsed at 30-min intervals to maintain pH and buffer capacity. Data were collected for a 60-min period following the 2 hr equilibration, during which contraction frequencies were quantified for control and treated strips. Data were analyzed using a paired t-test design.

## RESULTS AND DISCUSSION

Significant increases in isometric contraction frequency were observed over the 60-min test period in rat uterine strips treated in vitro with 100  $\mu$ M o,p'-DDT (Fig. 1). In each of four experiments, two uterine strips were included in each treatment group (Fig. 1). Increased contraction frequency was observed in DDT-treated strips throughout the experimental period, including the 60-min equilibration period with passive tension, as shown in the example provided in Figure 2.

Figure 3 is a polygraph tracing showing the increased activity of DDT-treated strips. While control strips often displayed periods of inactivity, this was not the case with DDT-treated strips, nor was any decrease in contraction frequency observed throughout the experimental period.

Assessment of uterine activity may be relevant for investigations of preterm birth. Several reports indicate that the frequency of uterine contractions is significantly greater in women who deliver prematurely compared to women who deliver at term (Bell 1983; Katz et al. 1986). Additional studies suggest that a contraction pattern characterized by low-amplitude, high-frequency contractions

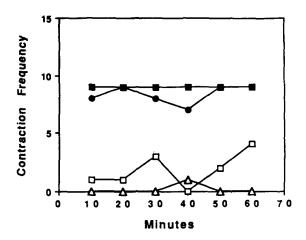


Figure 2. Rat uterine strips treated in vitro with 100  $\mu$ M o,p'-DDT (solid symbols) show increased contractile activity throughout the 1 hr experimental period compared to controls (open symbols). Each point represents the cumulative number of contractions per preceding 10 min period. From experiment 3 of Figure 1.

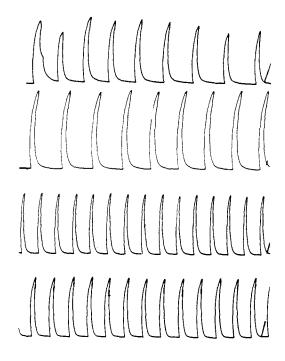


Figure 3. Polygraph tracings of rat uterine contractile activity showing increased contraction frequency in DDT-treated strips (bottom two tracings) and controls (top two tracings).

is exhibited significantly more often in women destined to develop preterm labor than in women who deliver at term (Newman et al. 1987). In fact, subsequent to this study, we have observed contractile activity among DDT-treated rat uterine strips which resembles a low-amplitude, high-frequency pattern (unpublished observation).

Using a modified test procedure, on-going studies in our laboratory have confirmed the increased contractile activity reported here. We currently are characterizing dose-response and gestational age effects, and are investigating a mechanistic basis for the increased contraction frequency observed in DDT-treated rat uterine strips. To our knowledge, the direct effects of DDT (or any other organochlorine pesticide) on uterine contractility have not been reported. Consequently, these data may help to establish a basis for the association between organochlorine pesticide blood levels and preterm birth.

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