

professional practice, this book suggests the need for a full-length book that offers a gender-relevant history of the social work profession.

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¡No Más! Guía Para la Mujer Golpeada. By Myrna M. Zambrano. Seattle: Seal Press, 1994, 51 pp., \$5.95 (paper).

The English translation of this book is, essentially, *Enough! A Guide for Latinas in Battering Relationships*. I approached this book with some trepidation because I have often found that the scarce printed resources available in the United States for Spanish-speaking audiences are either poorly written in Spanish or poorly translated and are full of regionalisms that may make it inaccessible to a number of Hispanic subgroups. I was pleased to see that Zambrano's book is free of these faults. Instead, it is a simple and well-written guide that is both comprehensive and concise, free of potentially overwhelming extraneous details.

¡No Más! Guía Para la Mujer Golpeada provides Latinas in abusive relationships who want to change their situation with support and practical information about what domestic violence is, the characteristics of the man who batters and the woman who is battered, why the woman stays in the relationship, the use of alcohol and drugs, the effects of violence on children, battering during pregnancy, legal resources, and how to seek help. The author goes beyond providing information to anticipate and address the dangers inherent in the abusive relationship and in the efforts to escape it. Yet, although she is honest and realistic and provides explicit cautions against, for example, the potential loss of life and kidnapping, she is nonetheless able to instill hope and to show women that there are ways out. Zambrano does so by writing in a voice that is both strong and gentle but, most of all, nonjudgmental.

The author has also done an excellent job of making this book culturally sensitive. First, she organized it around popular Spanish maxims to which readers will easily relate. Second, given the impor-

tance of spirituality in Latinas' lives, she addresses how women can find strength and courage in their faith. She reminds the readers that God does not want women to live embittered, angry, fearful lives and that violence in the home prevents women from having the loving families that God wants us to have.

This book is an invaluable resource for Latinas and for the social workers who want to help them. It should be widely distributed by social service agencies that serve Hispanic communities, whether or not women have identified themselves as being in abusive relationships.

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Situating Feminism: From Thought to Action. By Sondra Farganis. Thousand Oaks, CA: Sage, 1994, 195 pp., \$36.00 (hardbound), \$16.95 (paper).

What feminist has not been transfixed by the cases of Baby M, Hedda Nussbaum, and Hill-Thomas? By focusing on these controversial, media-besotted cases and the additional Sears discrimination case, Farganis explores the interplay between feminist theory and practice, "the disjuncture between the political writings and the political practice of feminism" (p. 168). Combining philosophy and social criticism, she begins by searching for unifying principles in feminist theory and then develops her exploration of the dialectic of theory and action in a deliberate, straightforward, easily understood fashion.

Farganis situates the women's movement and the theory that is integral to it, both historically and culturally, while demonstrating how theory explains and is shaped reflexively by the concrete cases. Thus she makes theory relevant, helping readers to understand how they routinely use theory to look at situations. With this approach, she reexamines these publicized cases that we think we know well, and through her retelling, we better understand our fascination and conflicts with them. For her examination of each case, she chooses the term "unpack," rather than "deconstruct," with all its diverse meanings. Among the issues she considers are whether "public and private are discrete entities, . . . what behavior a person may be held respon-