# Formulation and evaluation of a hydrophobic composite plastic

R. G. CRAIG and T. K. WANG University of Michigan, School of Dentistry, Ann Arbor, Michigan, U.S.A.

## **Summary**

A hydrophobic co-polymer, heptafluorobutylmethacrylate co-para vinyl phenol, was compounded with ethylene glycol dimethacrylate and silanated quartz to produce a hydrophobic composite. The experimental composite had satisfactory working properties and had mechanical properties comparable to commercial composite but a higher modulus of resilience. The wear resistance was equal to or greater than the commercial composite depending on whether a two-body abrasion test or a track width versus normal load test was used for the evaluation. The thermal coefficient of expansion and water sorption values were somewhat higher than those of commercial composites.

#### Introduction

Current commercial composite restorative materials are composed mainly of bis-GMA and about 70–80% by weight of silanated inorganic materials and free radical polymerization of the bis-GMA may be initiated by ultraviolet light or by a peroxide catalyst and an amine accelerator (Craig & Peyton, 1975). Previous studies (Bowen, 1963, 1966a, 1966b; Chang, Dahlman & Rueb, 1965; Hollenback, Villany & Shell, 1966; Peterson, Phillips & Swartz, 1966; Bowen, Barton & Mulleneaux, 1969; Freeman, 1969; Gotfredsen, 1969; Macchi & Craig, 1969; McLean & Short, 1969; Auvenshire & Eames, 1970; Dennison & Craig, 1972) showed that these bis-GMA based composite materials have improved physical and mechanical properties compared to unfilled acrylic materials. The current commercial composite materials, however, do not chemically bond to tooth structure to any significant degree and restorations of these materials do not prevent marginal penetration of bacteria-containing oral fluids.

O'Brien, Craig & Peyton (1968) established that the driving force for the capillary penetration of the oral fluids between the restorative material and the tooth structure was a function of the free energy changes at the solid-liquid interfaces and can be expressed by the following equation:

$$(F_{S_1V}\!-\!F_{S_1L})\!+\!(F_{S_2V}\!-\!F_{S_2L})\!=\!-\,\Delta F^S\!=\!\gamma_{LV^0}\;(cos\;\theta_1\!+\!cos\;\theta_2)$$

Correspondence: Dr R.G. Craig, Department of Dental Materials, University of Michigan, School of Dentistry, Ann Arbor, Michigan 48109, U.S.A.

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where F is the free energy,  $S_1$  and  $S_2$  are the tooth and the restorative material respectively, V and L are the vapour and the liquid,  $\gamma_{LV^0}$  is the surface energy of the saliva, and  $\theta_1$  and  $\theta_2$  are the contact angles of the saliva against the tooth structure and the restorative material, respectively.

If  $\Delta F^{\rm S}$  is negative, penetration will be spontaneous and if positive, it will not be spontaneous. In order for  $\Delta F^{\rm S}$  to be positive, using  $\theta_1 = 55^{\circ}$  (O'Brien *et al.*, 1969) for enamel, and  $\gamma_{\rm LV^0} = 71$  ergs/cm<sup>2</sup> (O'Brien, 1967) for saliva, a composite with a contact angle of greater than 143° would be required. A lower contact angle on the composite would also be satisfactory if the tooth surface could be treated to give a higher contact angle.

Fluorinated acrylic polymer surfaces are known to be highly hydrophobic. A number of workers (Bernett & Zisman, 1962; Tamaribuchi, 1967; Pittman, Sharp & Ludwig, 1968; Roitman & Pittman, 1972) have studied the wettability of fluorinated acrylates and methacrylates and their polymers utilizing the critical surface tension which can be determined from contact angle and surface tension measurements. Their results indicated that fluorine-containing acrylic polymers were difficult to wet with aqueous solutions. Pittman *et al.* (1968) found that the lowest critical surface tension for polymeric materials was 10·4 dyn/cm for pentadecafluorooctyl acrylate. This hydrophobic quality could provide a means of eliminating capillary penetration of oral fluids at the margins of dental restoration derived from a fluorinated acrylic polymer.

The objective of this study was to investigate the possibility of utilizing some newly synthesized hydrophobic fluorine-containing polymers (Overberger & Sincich, 1975) as the matrix phase for a new composite restorative system. The formulation and evaluation of a composite restorative system based on poly(heptafluorobutyl methacrylate-co-p-vinylphenol) will be presented. The presence of the fluorinated side chains and the unsaturated groups of the polymer and the aromatic ring on the side chain could add mechanical strength. Moreover, the ductility and the abrasion resistance of the resulting composite could also be increased by the presence of the fluorinated side chains in the copolymer.

### Materials and methods

Preparation and evaluation of poly(heptafluorobutyl methacrylate-co-p-vinylphenol) (HFBM-co-p-VP)

The materials, polymerization methods, and characterization procedures for the polymer were discussed in detail by Overberger & Sincich (1975). The general formula for the copolymer is presented in Fig. 1. A co-polymer with an acrylic to phenol ratio of 240:1 was prepared. The polymerization conditions for the co-polymer are summarized in Table 1. The hydrophobic quality of the surface of HFBM-co-p-VP was evaluated from the contact angle using the inclined plane method (MacDougall & Ockrent, 1941). The clean surface of the co-polymer for contact angle measurement was prepared by dissolving the copolymer in analytical reagent grade acetone and then pouring the solution onto a microscope slide. The slide was dried in an oven at  $70^{\circ}$ C for 1 h so that all the acetone was evaporated and a clean, flat film of the polymer was deposited. Using the methods developed by O'Brien *et al.* (1968), the advancing contact angles,  $\theta_A$ , and the receding contact angles,  $\theta_R$ , were recorded directly. Five individual measurements were made at 22°C and approximately 50% relative humidity.

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Fig. 1. Poly (heptafluorobutylmethacrylate-co-p-vinyl phenol).

Table 1. Co-polymerization of HFBM and p-vinylphenol

HFBM:p-Vinylphenol (by weight)		Temp (°C)	Polymer time (h)	Yield (%) θ	(degrees)	$\theta_{\mathrm{R}}$ (degrees)
240=1	0.01584	70	18	80.52	105 (2)†	83 (2)†

<sup>\*</sup> Azobisisobutyronitrile; † values in parentheses are standard deviations.

## Formulation of the composite

The composition of the experimental composite is given in Table 2. Manufacturers and batch numbers of the chemicals used are listed in the footnotes to the table. Ethylene glycol dimethacrylate was used as the difunctional monomer for cross-linking with HFBM-co-p-VP. Benzoyl peroxide and N,N-dimethyl-p-toluidine were used as the initiator and the accelerator, respectively.

Table 2. Composition of experimental composite

Ingredients	% by weight	
Silanated quartz	71.27	
HFBM-co-p-VP	7.92	
Benzoyl peroxide	0.32	
N,N-dimethyl-p-toluidine	0.28	
Ethylene glycol dimethacrylate	20.21	

<sup>\*</sup> Supplied by 3M Company, St Paul, Minnesota, U.S.A.

Measured amounts of silanated quartz, polymer and ethylene glycol dimethacrylate were mixed thoroughly. The paste was then divided into two equal parts. The premeasured benzoyl peroxide and the monomer/accelerator solution were added separately to the pastes to make a two-paste restorative system.

## Evaluation of the composite

The amount of inorganic phase present in the composite, the polymerization contraction, indentation resistance and recovery, compressive strength, 0.1% yield strength, modulus of elasticity, and modulus of resilience were determined according to the

methods used by Macchi & Craig (1969). The method employed by Powers, Allen & Craig (1974) was used for the two-body abrasion test and track width versus load values were measured according to the method of Powers, Roberts & Craig (1976). Water sorption and solubility were determined according to the methods by Dennison & Craig (1972).

The working time of the composite was determined according to American Dental Association Specification No. 27 for direct filling resins (Council on Dental Materials and Devices, 1977). The working time was reported to the nearest minute and was the average of five determinations.

Density of the experimental composite was determined by Archimedes' buoyancy technique as described in ASTM Specification D 792 (1968). The reported value was the average of five determinations.

The average thermal coefficient of expansion of the composite between 0° and 60°C was determined using a thermomechanical analyzer\*. The 8 mm long by 3.5 mm diameter specimens were preconditioned in distilled water at 37°C for 24 h. Five individual determinations were made for the composite.

The inclined plane method (MacDougall & Ockrent, 1941) was used to determine the contact angles of distilled water on the composite surface. A flat surface of the experimental composite resin was prepared by mixing the two pastes together and by putting the unset resin between a Mylar sheet and a microscope slide. A clean flat surface of the composite resin could be obtained by peeling off the Mylar sheet after the resin had set. For the experimental composite, the surface was then polished with 600-grit silicon carbide paper to remove the excessive dimethacrylate layer. Using the same method as for the contact angle measurements on the polymer, five individual measurements were made for the composite at 22°C and at approximately 50% relative humidity.

The Charpy type impact test was used to determine the impact resistance of the experimental composite material. Five un-notched specimens  $4 \times 0.2 \times 0.2$  cm were prepared in split stainless steel dies and were preconditioned in distilled water at  $37^{\circ}$ C for 24 h.

#### Results

The co-polymer of heptafluorobutylmethacrylate and p-vinyl phenol was highly hydrophobic as shown by the high advancing contact angle with water of 105°C (Table 1).

The physical properties of the composite prepared according to the formulation given in Table 2 are listed in Table 3. The physical properties of the experimental composites were similar to the commercial composites except that the thermal coefficient of expansion was about 25% higher and the contact angles were higher. The advancing angle of the experimental composite was lower than for the copolymer alone although it was still hydrophobic with an angle of greater than 90 degrees. The physical properties of an unfilled acrylic, Sevriton, are listed for purposes of comparison.

The mechanical properties of the experimental composite are compared with commercial composites and an unfilled acrylic restorative material in Table 4. The

<sup>\*</sup> duPont 941 Thermomechanical Analyzer, Instrument Products Division, E.I. duPont de Nemours and Company, Wilmington, Delaware 19898.

**Table 3.** Physical characteristics of the experimental composite compared with three commercial restorative materials

Property	Experimental composite resin	Adaptic	Concise	Sevriton
Inorganic phase (wt %)	70.6 (0.3)	77.7 (0.2)*	71.9 (0.1)*	
Working time (min)	2.6 (0.4)	3.5 (0.3)*	3.0 (0)*	4.0 (0.5)†
Polymerization contraction (vol. %)	1.8 (0.2)	1.3 (0.1)*	1.6 (0.2)*	5.2 (0.5)†
Density (g/ml)	1.96 (0.03)	1.98 (0.01)*	1.77 (0.03)*	1.12 (0.02)†
Thermal coefficient of expansion ( $^{\circ}\text{C} \times 10^{-6}$ )	48.0 (5.9)	39.4 (1.4)*	37.3 (0.2)*	92.0 (2.3)†
Advancing angle, $\theta_A$ (degrees)	92 (2)‡	64 (1)	62 (1)	61 (2)
Receding angle, $\theta_R$ (degrees)	61 (2)‡	48.5 (0.5)	44 (2)	38 (3)

<sup>\*</sup> Data from Dennison & Craig (1972).

Values with the same underlining indicate nonstatistically significant differences, and values in parentheses are standard deviations. The multiple range test at the 95% level of confidence was used (Duncan, 1955).

**Table 4.** Mechanical properties of the experimental composite resin compared with three commercial restorative materials

Property	Experimental composite resin	Adaptic	Concise	Sevriton
Indentation depth (mm)	0.069 (0.003)	0.061 (0.002)	0.060 (0.002)	0.113 (0.003)
Recovery (%)	82.5 (3.5)	74.9 (1.7)*	82.8 (1.7)*	74.1 (3.5)†
Compressive strength (MPa)	184 (22)	237 (21)*	215 (7)*	71 (14)
0.1% yield strength (MPa)	158 (24)	161 (9)*	142 (14)*	52 (7)*
Modulus of elasticity (MPa $\times$ 10 <sup>4</sup> )	0.78 (0.15)	1.66 (0.09)*	1.17 (0.17)*	0.23 (0.05)†
Modulus of resilience (mMPa/m)	1.37 (0.59)	0.78(0.05)*	0.87 (0.19)*	0.62 (0.20)†
Tensile strength (MPa)	30.8 (3.6)	45.5 (2.4)*	35.2 (4.8)*	22.8 (0.7)†
Impact resistance (N-m)	0.07 (0.01)		0.18 (0.05)	0.11 (0.04)
Abrasive wear $(mm^3/mm \text{ of travel} \times 10^{-4})$	4.3 (0.5)	3.8 (0.2);	4.1 (0.9)‡	13·3 (1·6)‡

<sup>\*</sup> Data from Dennison & Craig (1972).

Values with the same underlining indicate nonstatistically significant differences; those in parentheses are standard deviations. The multiple range test at the 95 % level of confidence was used (Duncan 1955).

mechanical properties of the experimental composite were comparable to the commercial composites except that the compressive strength and modulus of elasticity

<sup>†</sup> Data from Macchi & Craig (1969).

<sup>‡</sup> Contact angle of samples finished with 600 grit silicon carbide; for unfinished samples, the mean  $\theta_A = 64^{\circ}$  (1), and  $\theta_R = 46$  (2).

<sup>†</sup> Data from Macchi & Craig (1969).

<sup>‡</sup> Data from Powers, Allen & Craig (1974).

**Table 5.** Water sorption and solubility of the experimental composite and three commercial restorative materials

Procedure	Experimental composite	Adaptic	Concise	Sevriton
Water sorption (mg/cm <sup>2</sup> )				
24 h	1.02 (0.11)	0.37 (0.07)	0.13 (0.03)	1.58 (0.27)
48 h	1.05 (0.16)	0.42 (0.04)	0.15 (0.01)	1.67 (0.22)
7 days	1.11 (0.16)	0.59 (0.02)	0.20 (0.02)	2.03 (0.30)
14 days	1.11 (0.16)	0.66 (0.04)	0.25 (0.03)	2.08 (0.29)
Solubility (%)				
14 days	0.11 (0.02)	< 0.01	< 0.01	0.23 (0.03)

Values with same underlining indicate nonstatistically significant differences, those in parentheses are standard deviation. The multiple range test at the 95% level of confidence was used (Duncan 1955).

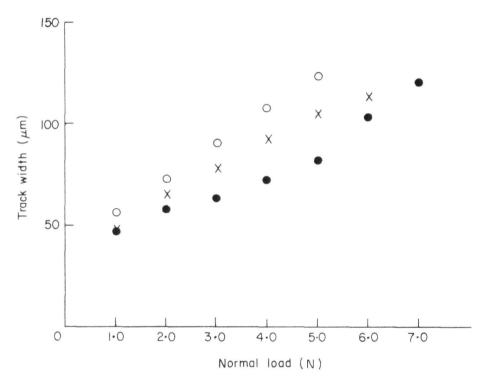


Fig. 2. Width of the wear track versus normal load for the experimental composite and two commercial composites. ( $\bullet$ ) experimental composites; ( $\times$ ) Adaptic; ( $\bigcirc$ ) Smile.

were about 20 and 40% lower, respectively and the modulus of resiliency was about 40% higher.

The water sorption and solubility values of the experimental composite, two commercial composites and an unfilled acrylic restorative are listed in Table 5. The sorption and solubility of the experimental composite was intermediate to the commercial composites and the unfilled acrylic.

The average values of the wear track width versus normal load are shown for the experimental composite and two commercial composites in Fig. 2. The track width for the experimental composite was consistently less than for the commercial composites. Smile which has a glass rather than a quartz filler had the highest values for track width.

#### Discussion

The higher thermal coefficient of expansion of the experimental composite compared with the commercial composites is probably related to a higher residual monomer content as suggested by the water solubility values. Marginal leakage resulting from the mismatch of the thermal coefficient of expansion of the hydrophobic experimental composite and the tooth structure should be less important than for the hydrophilic commercial composites since the hydrophobic nature of the composite should restrict penetration of fluids because of the contact angle.

The hydrophobic quality of the experimental composite should be increased if the glycol dimethacrylate crosslinking agent were replaced by a fluorinated crosslinking agent and if the coupling agent for the quartz filler were a fluorinated vinyl silane.

The lower compressive strength and modulus of the experimental composite compared with the commercial composites certainly indicate that it could be used only in non-stress bearing areas. In spite of these lower values the abrasive wear rate was not different than the commercial composites and the modulus of resilience was greater. This latter value indicates that the experimental composite can absorb more energy under static loading before permanent deformation would occur.

Although the wear rate by the two-body abrasion test did not show any difference between the experimental and commercial composites, the track width versus normal load curves showed that the experimental composite was superior to Adaptic and Smile. Results of studies by Powers *et al.* (1976) and Roberts, Powers & Craig (1977) indicate that the width of the wear track is a better predictor of wear resistance than the two-body abrasion test because of the severity of the latter test. Thus, it would appear that the experimental composite may be superior to the commercial composite, probably because of its increased ductility and modulus of resilience.

The higher water sorption and solubility of the experimental composite was unexpected because of the hydrophobic qualities. These results may have been caused by residual unreacted as well as reacted glycol dimethacrylate which will absorb water. Also, the silane treated quartz is still hydrophilic and a more hydrophobic treated quartz might be more compatible with the hydrophobic polymer phase and reduce the water sorption and solubility.

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