[1920?]

DR. J. H. KELLOGG
BATTLE CREEK, MICHIGAN

Mrs. Effie Kellogg French,
17 Kendall Street, North,
Battle Creek, Michigan.

My dear Niece:

Your kind message of sympathy, received a short time after Mrs. Kellogg's death, was very deeply appreciated. I should have acknowledged it sooner, but whenever I have undertaken the task of replying to the many expressions of appreciation and consolation which I have received, I have been so overwhelmed with the ever-growing sense of irreparable loss and bereavement that I have abandoned the attempt.

I am sure you will value the enclosed, in remembrance of Mrs. Kellogg, although it is a very poor tribute to one who braved and endured and accomplished so much. Her contributions to many noble, altruistic efforts and her achievements in practical home economics, together with her devotion to human welfare and truth, will be her real and lasting monument.

Thanking you most sincerely for your words of sympathy and condolence, and with warmest regards, I remain,

Your friend,

K-h

My dear Dr Kellogg.

Father and I both wish to extend to you our sincere sympathy at this time. We trust that the "Father of all" may comfort and sustain you in your time of sorrow.

Your friends
Mrs. W. A. Foy.

N. H. Druillard, Nashville Agricultural Normal Institute, Madison Rural Sanitarium, Madison, Tenn.

69

Dear Dr. Kellogg:

Just heard of Mrs. Kelloggs death. Did not know she was ill. You know, I am sure, you have my sympathy. I have never known Mrs. Kellogg until she came to us and spent a short time here. I then learned her great worth. My heart went out to her in love and I prized her friendship. She was a lovely character. I know you will miss her andlonely does not half describe it. We are thinking of you. God will comfort you as no one else can. We each long to help you, but it is impossible.

There is a Day coming when there will be no more Death. You are very dear to us, doctor, and we mourn with you for the loss.

E. A. Sutherland, M. D.
W. F. Rocke

Telegrams, Nashville, Tenn.

N. H. Druillard
M. Bessie De Graw

Nashville Agricultural Normal Institute
Madison Rural Sanitarium

Sanitarium Telephones
Walnut 1789-R or M

Madison, Tennessee
Near Nashville

Institute Telephone
Walnut 1789-W

[1920?]

My Dear Dr. Kellogg —

I have just heard of Mrs. Kellogg's death. I did not know that she was ill. You know, I am sure, you have my sympathy. I have never known Mrs. Kellogg until she came to us and spent a short time here. I then learned her great worth. My heart went out to her in love and I prized her friendship. She was a lovely character. I know you will miss her & lonely does not half describe it— We are thinking of you. God will comfort you as no one else can We each long to help you but it- is impossible.

There is a Day coming when there will be no more Death

You are very dear to us doctor & we mourn with you for the loss —

Yours, Mrs. N. H. Druillard

Mr.

MURL H. DE FOE

Charlotte, Mich.

87

[1920]

My dear Mr Kellogg

Sorry to read today
of the death of Mrs Kellogg.
Please accept my
heartfelt sympathy and
kindest wishes
for your own health and
welfare. Yours sincerely

Murl H. De Foe

Mr W K Kellogg
Battle Creek

In Memoriam

To my
Darling Aunt Ella.

There a burden of grief on the
breezes of Spring,
And a sense of regret from the
bird on its wing;
A heart that we knew had
been true to our weal,
And a hand that was steadily
guiding the wheel;
A voice never tarnished by
falsehood or wrong,
Whose tone had dwelt in our hearts
like a song-
Oh! That pure, noble spirit has
gone to its rest,
And the true hand lies voiceless
and cold on her breast;
But the name and the memory
these never will die,

But your brighter and dearer
as ages go by.

Her work is accomplished and
what she has done
will stand as a monument
under the sun;

And her name, reaching down
through the ages of time,
will still through the years of
Eternity shine —
Like a star, sailing on through
the depths of the blue,
On whose brightness we gaze
every evening and view.

Emilia.

STATE OF NEW YORK

STATE BOARD OF CHARITIES

DR. STEPHEN SMITH.
COMMISSIONER.

3 WEST 92ND STREET, NEW YORK.
("THE BRAYMAN")

TELEPHONE 3647 RIVERSIDE

1000 PARK AVENUE.

January 1.1920.

My DEAR DR.KELLOGG: WISH you a happy New Year and many returns of the day. I notice that Sir Horace Plunkett is again with you and I trust you will be able to minister to his relief from his illness. He was reported as having died,but I am glad to know that the report is false. THE same happened to Mark Twain who said "The report is greatly exaggerated."

Still it must deeply interest Sir Horace to read his obituary notices in advance. I hope he will live to see the great work in which he has been so actively engaged completed to his satisfaction. There is a true ring in his decision that the right form of Government of Ireland must be determined by Irishmen living in Ireland.

I am getting on at "The same old jog-trot pace" as the farmer says,probably constantly declining in vitality without being aware of it. I am finishing a somewhat elaborate paper for the State Conference of Charities "On Colonizing the Feeble-minded on Farms where they are trained to work" The plan works well for the operatives not only support the Colonies but each earns a considerable sum for his own use.

Kind regards to Sir Horace if with you. Sincerely Yours.

Stephen Smith

La Jolla, California.
January 5, 1920

Dear Dr Kellogg,

JAN 10 1920

I am going to
ask you to send me a bottle
or box of your almond butter
that is, if by diluting it I can
make almond milk of it.
There is a Sanitarium on the
plan of yours here at San Diego
& a ~~Store~~ restaurant where
they sell your goods, but I
could not get the butter.
They told me at the Sanitarium
that they could go on with my
Colon treatment, that they
have the same live bugs
that you use. Would you
advise me to try it?
I have no natural bowel
movements, but I keep the
colon cleaned out by the

use of enemas & pills, I have had only one light attack of auto intoxication since I came here. By the daily use of "Lax" & the paraffin I can have a daily movement, but it is not sufficient. Every second or third day I have to take an enema. Keep my stomach has got so it resents all these things. This is a lovely country, but chilly. I stick to my winter clothes. Her Ford supplies us with a car so that we get about easily. In Feb. we expect to be in Pasadena till Spring. With all good wishes I am Faithfully Yours

John Burroughs

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- S. L. De Luxe
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- Meas. of Man
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- Rate & Res. C.
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- Card (special charge)
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- San. Experience
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- D. Add. Let.
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- How to be Slim
- Plunkett Reprint
- Guelpa's Discovery

MAILED
FILE
NO. F. U.
FOLLOW

1-11-20

January 9, 1920.

Dr. Stephen Smith,
1000 Park Ave.,
New York City, N. Y.

Dear Dr.Smith:

I have yours of January 1 and heartily reciprocate your New Years good wishes.

Sir Horace Plunkett is with us. I shall let him read your letter which he will enjoy. He could not sleep when he came but is now sleeping well and rapidly recuperating.

As ever,

Your friend,

V-M

MAILED
FILE
NO. F. U.
FOLLOW

JAN 13 1920

January 12, 1920.

Dr. Stephen Smith,
1000 Park Ave.,
New York City, N. Y.

Dear Dr. Smith:

My letter the other day was sent off to you before I had finished it.

Our Board voted sometime ago to invite you to spend a couple of months with us as our guest. I have been expecting every week we should see you. Sir Horace was speaking of you just a day or two ago wishing you were here. I hope you will be coming along soon. The invitation, of course, includes Mrs. Walter Mason. When may we expect you?

As ever,

Your friend,

V-M

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February 16, 1920.

Dr. S. Tissier,
c/o Pasteur Institute,
Paris, France.

Dear Doctor:

It is some years since I have heard from you. I hope you are still alive and in good health.

I would be very glad to have a letter from you telling me of any new progress which has been made in recent years in the knowledge of the intestinal flora. I shall be glad to pay you liberally for your trouble. I hope to receive a report from you with your bill for the same.

With best wishes, I remain,

Very sincerely yours,

•

b

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JAN 16 20

January 16, 1920.

Mr. C. W. Barron,
Boston News Bureau,
30 Kilby St.,
Boston, Mass.

JAN 16 1920

My dear Mr. Barron:

I have yours of January 10.

I thank you very much for sending me the copy of the Constitutional Review.

I think your characterization was entirely justified.

I have not heard again from the parties who wrote me. If I do hear from them, I shall be prepared to send them a reference.

Sir Horace Plunkett is spending a few weeks with us. I wish you were here. I am sure you would enjoy him.

Mr. Keene, Vice-President of the American Tobacco Company, is also with us.

Sincerely yours,

V-M

Boston News Bureau.
C. W. BARRON, MANAGER.
KILBY STREET, BOSTON, MASS.

En route to N. Y.
January 20, 1920.

Dear Dr. Kellogg:

I thank you for your recent letter regarding the protest of the Jews. What I said, you will recall, was about Karl Marx as a Jew baptized into Christianity, and neither Jew nor Christian.

On page 150 of the Constitutional Review enclosed you will see a good description of Karl Marx which coincides with my view.

Very truly yours,
C. W. Barron.

Dr. John Kellogg,
Battle Creek, Mich.

JAN 14 1920

STATE OF NEW YORK

STATE BOARD OF CHARITIES

DR. STEPHEN SMITH
COMMISSIONER

~~431 RIVERSIDE DRIVE,~~ NEW YORK

TELEPHONE, MORNINGSIDE 3390

1000 PARK AVENUE.

Jan.21.1920.

My Dear Dr.Kellogg:- Your latter is received and I am quite overcome by your generosity. I have for some time had an occasional thought that it would be wise for me to be again thoroughly examined by your exhaustive methods and, if necessry "lay up for repairs." If I go to the Sanitarium I think it would be most convenient to do so in February or March, but I must abide by your dcision for there must be months when the Sanitarium is more crowded than at others.

But in accepting the invitation of your Board I fear that I am rudely trespassing upon its generosity, for I have several times greatly enjoyed similar visits.

I am glad you have an opportunity to render Sir Horace good service and hope he will be much benefitted.

Sincerely Yours.

Stephen Smith

JAN 25

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MAILED
FILE
NO. F. U.
FOLLOW

January 25, 1920.

JAN 26 1920
RECEIVED
G. E. J.
FEB 1 1920

Dr. Stephen Smith,
1000 Park Ave.,
New York City, N. Y

Dear Dr.Smith:

I have yours of January 21.

I am glad to look forward to your coming in February or March or at any time which will be most convenient for you. You will always be welcome no matter when you come and we will always have room for you.

Sir Horace is extending his visit a few days. He expected to leave last week but he will be with us a week or ten days longer. He has been very earnestly hoping that you would come while he is here. He has the very greatest admiration and regard for you. He is himself a most charming gentleman. We enjoy his visit here very much and he is making wonderful improvement. He was really very much broken down when he came. He has a very hard time with those cantankerous countrymen of his. He is one man who has enjoyed a large share of the confidence of all parties; nevertheless the protagonists of both political parties have threatened his life.

Hoping you are in comfortable health and hoping we may have the great pleasure of having you with us once more, I remain, dear Doctor, as ever,

Very sincerely yours,

v-m

STATE OF NEW YORK

STATE BOARD OF CHARITIES

DR. STEPHEN SMITH
COMMISSIONER

~~431 RIVERSIDE DRIVE, NEW YORK~~

TELEPHONE, MORNINGSIDE 3390

1000 Park Ave.,NEW York City.

Feb.12"1920

Dear Doctor Kellogg;-

In reply to your kind invitation awhile ago,to t to visit you for a few weeks,let me thank you for your proffered hospitality and say that I have been waiting for a chance to plan for that pleasure.

Until just now,Mrs.Mason has not been able to accompany me but now that her husband has started on a trip of a month thru the West,she is free to go with me and if the railroads are not tied up next week,we will leave here on Monday,Feb.16" reaching Battle k Creek,on Tuesday,17", by the Wolvereen. If this does not accord with your plans, will your wire me at once and we will not come.

I anticipate seeing you very much and enjoying the treatments such as I had when with you two winters ago,which I believe did me much good.

New York is heaped high with snow and the travel is so congested, it is almost impossible to get about.I hope Battle Creek is not as so afflicted.

Will you let me hear from you as soon as possible.also as to perfect my plans for starting West, or giving them up as may suit r your convenience.

RECEIVED
G. E. J.
FEB 16 1920
ANSD
NTD

Stephen Smith
per F. Ell.

Telegram

Paid

Februsty 14,1920

Dr.Stephen Smith

2000 Park Avenue , New York City.

Come right along.Will be delighted to see you.

(Signed) J.H.Kellogg.

Chg J.H.Kellogg
Battle Creek Mich.

170 North Michigan Avenue,
Pasadena, California
February 14, 1920

Dear Dr. Kellogg,

I received the almond butter all right and thank you for it.

I have learned something about myself here that may be of interest to you. I have cut out all starchy food and am a great gainer by it. I eat nothing but fruits and vegetables. I eat no bread or cereals at all. When I stick to this course I have two free movements daily. I take an enema every third day. I drink a glass of cold water on getting up in the morning, then for breakfast I have a very ripe banana, beaten to a paste with two spoonfuls of your bran, then four prunes, a baked apple, and five or six dates. For drink a cup of minute brew with two spoonfuls of malted nut meal. For dinner I eat all the green vegetables I can get and a boiled or baked potato (The vegetables here are very sweet, the carrots and onions the sweetest I ever ate), no bread, a slice of pineapple, or a baked apple, or squash pudding for desert, sometimes cottage cheese, and olives, and lettuce and tomatoes, with olive oil. For supper a cup of minute brew with nut meal, and two or three dates.

Three days after I began this regieme, the rheumatic pains in my left hip which have troubled me a good deal at times since last September, all left me, and the bronchial expectoration which was of long standing left me. My temperature had been going up a trifle at night for many months, but it is normal now at all times.

I have to go out to so many club and private luncheons and dinners that I have to transgress my own rules very often, and then my internal economies do not work so well. I take your bran at each meal. There is a vegetarian cafeteria here where I can get it and other products.

I forgot to say that in my drink I put a

teaspoonful of meltose.
I have gained 5 pounds under this form of diet.

I hope you keep well.

We leave here the First of March for San Francisco, and leave there for Chicago on the IOth.

Always gratefully yours,

John Burroughs

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Guelpa's Discovery

MAILED
FILE
NO. F. U.
FOLLOW

February 24, 1920.

Dr. Stephen Smith,
Sanitarium.

My dear Doctor:

I thank you very much for your book of scraps about Sir Horace Plunkett. The picture on the cover is one of the best of him that I have seen and the extracts are interesting.

Sincerely yours,

v-m

Harvey W. Wiley, M. D.,
Woodward Building,
Washington, D. C.

February 24, 1920.

Dear Dr. Kellogg:

I will be not only delighted but instructed to get regularly a copy of your "Good Health."

I think you are attacking Dr. Graham Lusk in a vulnerable point, that is, if he has any regard for his ancesters. From his theory of nutrition in many respects he evidently has no regard for his progeny.

We have not given up the hope of taking advantage of your cordial invitation to visit you some day, but like every "young man" I am still busy earning a living and preparing for my professional career.

Sincerely,

H. W. Wiley, M. D.

MM.

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FILE
NO. F. U.
FOLLOW

February 24, 1920.

FEB 26 A.M.

Mr. C. W. Barron,
Boston News Bureau,
30 Kilby St.,
Boston, Mass.

Dear Mr. Barron:

In the note I received from you, just as you were leaving, you mentioned wishing to discuss further with me some topics which you had in mind. If there are any questions you wish to ask me, do not hesitate to write me at any time and I will write you as fully as possible.

Sincerely yours,

V-M

MAILED
FILE
NO. F. U.
FOLLOW

March 1, 1920.

Dr. Stephen Smith,
Sanitarium.

My dear Dr. Smith:

With reference to mentioning the Sanitarium in your article in the American Publich Health Association, I think it would be better not to do it. I think your personality ought to stand all alone in association with the American Public Health Association on account of your great service to this association, and a reference to the Sanitarium or me would be looked upon as dragged in for advertising purposes.

I thank you just the same, however, for your kind thought in the matter.

Sincerely yours,

b

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March 4, 1920.

Memo. for J. H. K.

Dr. Steven Smith would like two prints each of the photographs of Mr. Patterson, you and him, taken in the palm garden the other day. Mr. Patterson requested that if any charge is made, it should be made to him.

V.M

March 11, 1920.

G. E. Judd:

Enclosed find a note from Dr. Stephen Smith, dated Monday 4 P. M. Please present this to the Board.

J. H.K.

v-m

STATE OF NEW YORK

STATE BOARD OF CHARITIES

DR. STEPHEN SMITH
COMMISSIONER

431 RIVERSIDE DRIVE, NEW YORK

TELEPHONE, MORNINGSIDE 3390

1000 Park Avenue.

New York City.

MAR 28 1910

MY Dear DR.Kellogg:- Mrs.Mason and I arrived home from Dayton in goodfform. We had a month of continued and unalloyed enjoyment. We can not express to you and your associates,in adequate language,our appreciation of your kindness and personal consideration in inviting us to be your guests. WE enjoyed immensely every moment we were at the Sanitarium. I improved thder the treatment whch I received and its good effects continue.

Our visit to Dayton was full of interest,indeed, it was for bothofusoan education. For thr first time I saw and fully realized whow capital and labor can be so harmonized that they work together for the common good. Mr.Patterson is a genius in constructive organization of a Community so that every class is being constantly uplifted. Its Slum District,Sliderdown, once filthy and unsaitary and the resort of hudlums of evry description of vice and lawlessness now blossoms with flower gardens cultivated by the children and women,all nicely dressed,while the men work in the shops of the N.C.R. You must not fail to be the guest of Mr.Patterson for a week or more. His hospitality is unbounded. I regret the severe accident which happened to his son in Florida and hope he will make a good recovery. I made two brief addresses to the operatives and tho'my time was too limied to dwell on subjects of special interest I was gratified at Mr.P's comment that they were the best addresses ever made by a Visitor.

If not too much trouble I wish you would send the preparation of Parafine and Bran which you recommended to me. I would also like very much to have one copy of "Good Health".

With affectionate regards Mrs Mason and I are

Sincerely Yours.

Stephen Smith

March 28, 1920.

Dr. Stephen Smith,
1000 Park Ave.,
New York City.

Dear Doctor Smith:

Glad to know you had such a pleasant time at Dayton. I expect to go down there next week. Am especinlly pleased to know that you got home as comfortably. I assure you it was a delight to have you with us here and we shall look forward to another visit. We have Dr. Farnam with us now from Yale University. He is a very charming man and working hard for Race Betterment.

I have ordered "Good Health" sent to you regularly. I ordered this done long ago. It should not have been stopped. If, at any time it stops coming and you care for it, let me know and I will have the subscription renewed. I have also ordered sent you the Laxa dnd Paramels. I hope you will find them useful.

As ever,

Sincerely yours,

March 28, 1920.

Food Co:

Send three packages each of Paramels, Laxa Biscuit and Bran Wafers to Dr.Stephen Smith, 1000 Park Ave., New York City.

Make him no charge.

J. H. K.

v-m

March 28, 1920.

Dr. Kent:

Put the name of Dr. Stephen Smith, 1000 Park Ave., New York City, on the list to receive "Good Health" regularly and perpetually until he dies.

J. H. K.

v-a

Boston News Bureau.
C. W. BARRON, MANAGER.
30 KILBY STREET. BOSTON, MASS.

March 29, 1920.

MAR 31 1920

Dear Dr. Kellogg:

You may recall that the death of H. B. Endicott brought me suddenly back from Battle Creek. I think of returning the week following Easter Sunday. Will you have your clerk write me on what date he can accommodate me and Mr. Stein with a cool and airy suite? He knows what I want.

Will you also ask your manager to make as good terms as possible for the Rev. Henry Clinton Hay and his wife if I am able to persuade him to go along with me. He has been suffering from muscular rheumatism (myalgia) rather painful at times. His physician tells him that he has no other trouble and no organic trouble. If this is so, I know of no other place for him except Battle Creek. He preached yesterday but the previous three Sundays was unable to preach and has lost about thirty pounds weight which rather improves his appearance. Could you tell me how long a treatment and approximately what might be the expense to put him through, his wife accompanying him?

Another thought occurs to me in my experience with your Colax. I find Colax more than a bowel cleanser. My stools are practically odorless. When I eat meat there is the usual human odor from my dejection. I am rapidly becoming a convert to your three daily bowel movements. But what most impresses me is that Colax seems to me to be a food. Two Colax with a pint of my Guern-

sey certified milk seem to me to be a meal. I have been thinking of this matter and why may not this Colax hold the mineral salts lacking in milk?

If this Colax is made from Japanese seaweed, is it not like any other leaf plant as respects curative and medicinal properties which may be found largely in ocean salts? May there not be iodine, iron and vegetable and mineral salts?

Have you ever had analysis made? I think there are vitamines here yet undiscovered.

Very truly yours,

C. W. Barron

Dr. John H. Kellogg,
Battle Creek, Mich.

April 1, 1930.

C. W. Barron,
30 Kilby St.,
Boston, Mass.

Dear Mr. Barron:

I have yours of March 29th. Glad to know you are coming back. It is always a pleasure to see your smiling countenance. Your wonderful inspiration sets everybody to thinking and talking about things worth while.

We are just having some nice new suites finished off, and I will have one held for you and also have provision made for Rev. May and his wife. I am enclosing with this card of rates. We make a discount of 25% to clergymen. Will be glad to be of service to him.

Glad to see you are getting converted to the philosophy of biologic living. The more thoroughly you practice its principles and the longer experience you have, the more thorough the conversion will be.

Colax is not a food,-- at least is only a supplementary food. It is nothing but bulk. It is pure cellulose. It contains no salts, vitamines, or other assimilable material. It is not seaweed but an extract from the seaweed,-- a sort of vegetable gelatine, although its composition is that of a carbohydrate. It is indigestible in the alimentary canal. It has been analyzed many times. I have analyses which bear out the above statements.

We are always making a little progress in this matter of changing the flora and when you come, I have several interesting things to talk with you about.

Yours sincerely,

C. W. Barron,
30 Kilby St.,
Boston, Mass.

April 5, 1920.

Dr. J. H. Kellogg,
Battle Creek Sanitarium,
Battle Creek, Michigan.

Dear Dr. Kellogg:

This will introduce to you Rev. and Mrs. Henry Clinton Hay.

Mr. Hay is the pastor of my church in Boston, and I hope you will put him and his wife promptly through and give them a new physical existence.

I am giving them this letter, as I amy not be able to go with them, but if not, I expect to arrive within forty-eight hours thereafter.

Very truly yours,

C. W. Barron.

m

C.C.H. 8/9

Boston News Bureau.
C. W. BARRON, MANAGER.
30 KILBY STREET, BOSTON, MASS.

April 5, 1920

Dr. J. H. Kellogg,
Battle Creek Sanitarium,
Battle Creek, Mich.

Dear Dr. Kellogg,-

This will introduce to you Rev. and Mrs. Henry Clinton Hay.

Mr. Hay is the pastor of my church in Boston, and I hope you will put him and his wife promptly through and give them a new physical existence.

I am giving them this letter, as I may not be able to go with them, but if not, I expect to arrive within forty-eight hours thereafter.

Very truly yours,

C. W. Barron

Copy sent to Dr. Kellogg
Medical Office
Battle Creek

Mrs. Walter C. Mason

118 Prospect Street
Ridgewood, N. J.

April,9" I920.

Dear Doctor Kellogg;-

I am spending a few days with my daughter Mrs. Mason in her new home in Ridgewood and am writing this to introduce to you Mr.George White,of this town.

He needs the rest and treatments so wonderfully provided in Battle Creek and I am glad he has decided to go very soon. He is one of a large and influential family here,active in all church and community affairs and wielding much influence in bettering conditions .Mr.White is a lawyer practicing in New York City and traveling back and forth each day.

I shall appreciate your personal interest in him and hope you can give him some of your own individual attention.

Sincerely Yours

Elizabeth Smith

April 14, 1920.

Memo. for J.H.K.

Mr. George White wished to enter as a bearder only.

He arrived yesterday, Tuesday.

Dr. Chynoweth.

S

Mrs. Walter G. Mason.

118 Prospect St.,
Ridgewood, N. J.

April 9, 1920.

Dear Doctor Kellogg:

I am spending a few days with my daughter Mrs. Mason in her new home in Ridgewood and am writing this to introduce to you Mr. George White of this town.

He needs the rest and treatments so wonderfully provided in Battle Creek and I am glad he has decided to go very soon. He is one of a large and influential family here, active in all church and community affairs and wielding much influence in bettering conditions. Mr. White is a lawyer practicing in New York City and traveling back and forth each day.

I shall appreciate your personal interest in him and hope you can give him some of your own individual attention.

Sincerely yours,

(Signed) Stephen Smith.

Ridgewood. N,J.
April. 11. 1920.

My DearDr,Kellogg: I have been at my Daughter's, Mrs.Mason, a few days and to day I called upon a gentleman,Mr, George White, who is about to go the Sanitarium for treatment. I gave him a letter of introduction to you and I trust you will be able to see him and personally advise him. The family of WWhites is large and very influential and I am anxious to have them friends of the SSanitarium.

I am in about my usual state of physical health as far as my own observation determines the question. I am preparing a revised copy of my two addresses to the operatives of the National cash Register Company.

Affectionally Yours.

Stephen Smith.

MAILED
FILE
NO. F. U.
FOLLOW

April 15, 1920.

Dr. Stephen Smith,
c/o Mrs. Mason,
Ridgewood, N. J.

My dear Dr. Smith:

I have received your note about Mr. George White. He is with us and we are going to do our best to make his stay with us as pleasant and profitable as possible. Thank you very much for commending our work to him, and I hope he will be pleased with the results of his stay here.

I am delighted to know that you are still enjoying comfortable health. We are already making plans for a big celebration on your hundredth birthday.

Very sincerely yours,

b

- Blue Book
- Prosp. & Rates
- Vac. Bklt.
- S. Life Bklt.
- S. L. De Luxe
- Rea. Why Bklt.
- Meas. of Man
- Fac. of Safety
- Diet List
- Rate & Res. C.
- B. C. Idea
- Corr. Card
- Card (special charge)
- Soul of B. C.
- San. Experience
- B. C. I. Bklt.
- Helpful Hints
- Ann. Report
- Starting Life Over at Forty
- Eating for Efficiency
- No Brh. Fldr.
- Winter Fldr.
- Kellogg Frds.
- Menus
- Pat. Exp. Card
- Nur. Chg. C.
- Res. Card
- D. S. Cat.
- D. S. Appli.
- T. S. Cat.
- T. S. Appli.
- Post-Grad. Bk
- Pro. Letter
- N.S.P.C. Cat.
- N.S.P.E. App.
- Stpd. Ret.Env
- Lit. Req. Blk.
- Dia. Manual
- D. Add. Cir.
- D. Add. Let.
- Reprint
- The Health Decalogue
- How to be Slim
- Plunkett Reprint
- Guelpa's Discovery

STATE OF NEW YORK

STATE BOARD OF CHARITIES

DR. STEPHEN SMITH
COMMISSIONER

~~401 RIVERSIDE DRIVE~~, NEW YORK

TELEPHONE, MORNINGSIDE 3390

I000 Park Avenue.

April 27.I920.

My Dear Dr.Kellogg: The package of crackers has come and I have begun eating them. I am under great obligations for them,as for many other favors with which you make my later life enjoyable. One of the greatest sources of happiness in old age is the devotion of friends. I am greatly blessed in that respect. I am glad to know that you are making preparation for my Centennary. I trust I may be there to see, and take part in,its interesting program. My address is already in the making.

President Patterson called on me a few days ago and I am preparing an address embodying in one the two which I made to the operatives.

Perhaps the squib on the other side of the sheet may find a fitting place in the "Good Health."

Sincerely Yours.

Stephen Smith

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FOLLOW

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- Guelpa's Discovery

April 27, 1920.

APR 28 1920

APR 28

Mr. Clarence W. Barron,
Boston News Bureau,
30 Kilby St.,
Boston, Mass.

Dr. Mr. Barron:

I enclose a memorandum, just handed me from the Business Office, about the milk cartons you are interested in.

Sincerely yours,

MAILED
FILE
NO. F. U.
FOLLOW

F-A

	Blue Book
	Prosp. & Rates
	Vac. Bklt.
	S. Life Bklt.
	S. L. De Luxe
	Rea. Why Bklt.
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May 3, 1920.

Dr. Stephen Smith,
1000 Park Ave.,
New York City, N.Y.

Dear Dr. Smith:-

I have yours of April 27.

I am glad the crackers reached you.

Be assured we are getting ready for that centenary.

Enclosed find a leaf torn from "Good Health" last year by which you will see that we had the pleasure of publishing your poem at that time.

Hoping you are still keeping well and comfortable,

I am, as ever,

Very sincerely yours,

MAY 5 1920

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MAILED
FILE
NO. F. U.
FOLLOW

June 1,1920.

JUN 1920

Mr. C. W. Barron,
30 Kilby St.,
Boston, Mass.

My dear Mr. Barron:-

I have received a copy of the "New-Church Messenger" with your article. I thank you very much for sending it to me.

Sincerely yours,

JUN 2 1920

STATE OF NEW YORK

STATE BOARD OF CHARITIES

DR. STEPHEN SMITH
COMMISSIONER

~~431 RIVERSIDE DRIVE,~~ NEW YORK

TELEPHONE, MORNINGSIDE 3390

1000 Park Avenue.

June 2. 1920.

My dear Dr.Kellogg:- My address to the operatives of the Nat.Cash Reg.Co,Dayton,Ohio, was on the"Secret and Science of Longevity." My text was "A Man is What he Eats" hich led to a discussion of the selection of foods and the necessity of keeping the digestive apparatus clean. I avoided all technicalities in order that every one might be able to understand the practical facts of my subject. In speaking of foods I referred to you as the greatest authority now available and advised my hearers to obtain your menus for guides. It occurs to me that this may be impracticable,or inefficient,and that the better way would be for you to furnish an addendum,written in your fascinating popular style,on the "Simple Life". I am more impressed with this plan as Mr.Patterson has in mind,as I understood him, publishing a very large edition. The Address and your paper would make an interesting and useful Booklet for the family. I have probably exceeded the limits of prudence in proposing this matter to Mr.Patterson before consulting you. I have suggested to him that he send a type-written copy of the Address to you and request you to add an article on foods. I hope however,that I have not offended your sense of propriety and that you will comply with my proposition.

Sincerely Yours.

Stephen Smith

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June 4,1920.

JUN 6 '20

JUN 6 1920

Dr. Stephen Smith,
1000 Park Avenue,
New York, N. Y.

My dear Dr.Smith:

I have yours of June 2nd.

I am honored that you have referred to me in your address. I assure you I shall only be too proud to appear with you any time, anywhere and in whatever way you may suggest.

I hope you are keeping well. I suppose you will soon be at Skaneateles again.

Sincerely yours,

v-m

Get the former letter.

New York City.
1000 [illegible] Ave.
June 11.1920.

My Dear DR.Kellogg:- I am delighted that you are willing to supply my address with practical notes on foods. I inclose the last card to foods and you can see the need of more explicit statements. I have in mind to place your paper as an appendix with an appropriate introduction.

Now,I desire especially that you write or not as you like to these pages in detail.

I am about in my work I do with [illegible] on papers.

Sincerely Yours. Elsefon Funk

The "Secret of Longevity" has in these latter days been reduced to a science. Biology, the science of life, teaches that the length of life of vertebrate animals is five times the number of years which is required to perfect their bony skeleton. In man that act is completed at twenty years, which gives the length of his normal, potential life one hundred years (Prof. Owen).

Divested of technicalities the process by which animal health and life is maintained is by the constant renewal of every tissue and organ of the body. The process by which this renewal is effected is as follows: The ultimate elements of his physical organization are infinitesimal bodies or units which consist of protoplasm usually inclosed in a sac. The protoplasm is a highly vitalized germinal matter and controls all the functions and activities of the animal. Of their size and number we may judge by the estimate that there are two thousand millions in the human brain. As a living entity the cell performs a certain function, dies and is cast out of the body as dead matter. This process of constant renewal of the ultimate elements of the body is the "secret" and the "science" of longevity. It is the method of securing "immortal youth." As long as the mechanism of this process operates without obstruction high health is maintained and longevity assured. But that mechanism is one of the most complex known to science and hence its functions are the more readily disturbed and even destroyed.

The question will arise in every thoughtful mind, "What relation do I sustain to this apparently automatic machine?" The answer of modern hygiene is, "You are its sole manager and alone responsible for its integrity and efficiency.

First, we supply in our food the quality and quantity of material with which the machine is to renew the various tissues, and thus we verify the maxim, "A man is what he eats."

In the selection of foods we have as a natural guide our appetite, through which each tissue expresses its wants. If our appetite is not perverted by the use of matters foreign to these tissues, as alcohol, tobacco, spices, etc., it is an unerring guide to the most useful foods both as to quality and quantity. It is an important fact that of the two great classes of foods—vegetable and animal—the unadulterated appetite of man selects from the former.

Second. Every machine is liable to become so clogged by its own waste output that its operations become faulty or even completely obstructed. Cleanliness is necessary for its efficiency and the duty of preserving it rests with every person. When we consider the vast amount of dead cells accumulating constantly in every tissue and organ with the addition of the waste of undigested food, and understand that this dead matter undergoes rapid putrefaction and thus becomes a vast culture-bed of millions of poisonous germs, we can realize our responsibility for our health and length of life.

The eliminating organs that require our care are: 1, the skin, which is cleansed by hot water and soap; 2, the lungs, which require the pure out-of-door air; 3, the kidneys, which must be flushed with unadulterated water; 4, the bowels, which are most thoroughly cleansed by raw, ripe fruit of all kinds. These are natural remedies, which may be aided by medication, but are usually efficient if daily employed in sufficient quantity.

An eminent writer furnishes us the following fitting conclusion:

"The man responsible for running any kind of delicate or fine machinery is constantly on the watch to see that nothing gets out of order. Everybody appears to be satisfied that this should be so with machinery, but when it comes to the delicate machinery of the human body they are satisfied to let it run until it stops. If the human machinery received periodic attention it would not only increase efficiency, but also longevity."

Dear Doctor Kellogg

Mrs Pilchard and I
wish to Express to you
our deepest and sincere
sympathy in this your
Sad Bereavement
We hope that if in
can be of Service in any
way you will not hesitate
to call on us

Respectfully yours
Dr & Mrs.
Stuart Pritchard

35 Elizabeth St
Toronto Ont.
Monday
June 14-20

Chicago Mch 3rd 1870

[20]

My Dear Samuel & E.

Pray Heart- pres out- to you
in deep sympathy as I read
the sad news of Mrs Kellogg death
in the Yesterday's papers
the "Post Herald" a cheerful
giver. Mrs Kellogg surely gave
a good share of her life to the
public & left many friends
to mourn her untimely death
I shall be anxiously waiting to hear
the particulars from Sis York
will. miss her to just yesterday I
was figuring up our age made it-
out 76- Brodely as a kind God by
Previous Offer favored us in my
Mrs Henrietta Sturgis 50

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FOLLOW

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	B. C. Idea
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	Reprint
	The Health Decalogue
	How to be Slim
	Plunkett Reprint
	Guelpa's Discovery

June 20,1920.

JUN 2 1920

Dr. Stephen Smith,
1000 Park Ave.,
New York City, N. Y.

Dear Dr.Smith:-

Enclosed find some copy which I have prepared from "The Simple Life in a Nutshell" to use in connection with your paper if you desire.

Thanking you for the compliment and trusting you are in comfortable health, I remain,

dear Doctor,

Very sincerely yours,

v-m

Paul M. Kellogg
94-15th St
Detroit, Mich.
6-15-20

Dear Father;

It was a very sad moment when I received your Telegram too realize that I would not be able to get one last look at Dear Mother who had done so much for me but after all it may be for the best for I can remember her alive ~~dead~~ now.

Don't feel too bad Dear Father for there is one consoleing thought, that if we can live as clean a life and as near God as she did there is no doubt but that we can meet her face to face when that day comes for us to end this life's work and take up that

new position which is layed out for each one of us.

She only slumbers now and I am positive that she still lives with Christ who is more able to make her happy then any one of us could. ~~She~~.

Received your Telegram at 12:45 and feel very grateful to you for remembering your prodical son while facing ~~the~~ this great sorrow which I will share with you

Your Son
Paul.

June 15, 1920.

Dr.William Mayo,
Rochester,Minn.

Dear Doctor:

I am writing to inform you that Mrs.Kellogg passed away yesterday at 1:20 P.M.

Thanks to your skilful operation,she was comparatively free from pain during the last months of her life. There was no evidence of metastasis. Her mind remained clear,and she was able to retain food almost to the last hour of her life. During the last month,it became necessary to use 1/24 grain doses of heroin on a few occasions.

Remembering with gratitude your courtesy and your invaluable services to my dear wife,I remain,dear doctor,

Very sincerely and respectfully yours,

32

June 15, 1920.

T. C. Jeffords, Sylvester, Ga.

J.H.K.

Mrs. Jeffords and I sympathize with you in the passingof the heart of your life and co-worker in the education and training of the young people, the mothersand husbands of the United States and the peoples of the other countries of the world. Indeed, each of yourare an inspiration to us to live the simple but natural life that God would have us to live. With high and sincere personal regards.

mm

June 15, 1920.

Mrs. Henritta A. Sturgis, Sturgis, Mich.

J. H. K.

My heart goes out to you in deep sympathy as I read the sad news of Mrs. Kellogg's death in the yesterday's paper-the "Lord loveth a cheerful giver". Mrs. Kellogg surely gave a good share of her life to the public and left many friends to mourn her untimely death. I shall be anxiously waiting to hear the particulars. You in your work will miss her too. Just yesterday I was figuring up your age, made it at 75. Bidding you a kind good bye. I remain your friend in my 80th year.

9E

paper

mm

Form 1204

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

If none of these three symbols appears after the check (number of words) this is a telegram. Otherwise its character is indicated by the symbol appearing after the check.

WESTERN UNION TELEGRAM

NEWCOMB CARLTON, PRESIDENT GEORGE W. E. ATKINS, FIRST VICE-PRESIDENT

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

If none of these three symbols appears after the check (number of words) this is a telegram. Otherwise its character is indicated by the symbol appearing after the check.

RECEIVED AT 71 WEST MAIN STREET, BATTLE CREEK, MICH.

205DE AD 73 NL

LINTON IND JUNE 14 [20?]

DR J H KELLOGG 250

BATTLECREEK SANITARIUM BAT CREEK MICH

YOUR TELEGRAM OF SAD/NEWS TO US AND IRREPARABLE LOSS TO YOU IS REC'D
YOU HAVE EVERY DEEPEST HEARTFELT SYNPATHY AND ESPECIALLY SO ON MY
PART BECAUSE FANNIE HEALTH IS SO BAD I FEAR IT WILL BE LONG UNTIL I
WILL BE LEFT ALONE MYSELF FANNIES HEALTH IS SO POOR WILL NOT BE ABLE
TO COME WEDNESDAY BUT SHE WISHES ME TO STATE THAT HER HEARTY AND THOUGHTS
ARE WITH YOU

MR & AND MRS M N THAYER
10P

Form 1204

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

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WESTERN UNION TELEGRAM

NEWCOMB CARLTON, PRESIDENT GEORGE W. E. ATKINS, FIRST VICE-PRESIDENT

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

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RECEIVED AT 71 WEST MAIN STREET, BATTLE CREEK, MICH.

86CHH 6

FY LOS ANGELES CALIF 940A JUNE 15 20

DR K H KELLOGG

143

202 MANCHESTER ST BATTLE CREEK MICH.

WE ALL SEND LOVE AND SYMPATHY.

JAMES T CASE

1212P

Form 1204

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

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WESTERN UNION TELEGRAM

NEWCOMB CARLTON, PRESIDENT GEORGE W. E. ATKINS, FIRST VICE-PRESIDENT

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

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RECEIVED AT 71 WEST MAIN STREET, BATTLE CREEK, MICH.

XEDE116N10

WESTERLY RI 1210 P JUN 15 1202

DR J H KELLOGG

169

TELEGRAM RECD TOO LATE TO START AM TELEGRAPHING FLOWERS SYMPATHY

MR AND MRS W S EATON

114 P

Form 1204

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

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Day Letter	Blue
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RECEIVED AT 71 WEST MAIN STREET, BATTLE CREEK, MICH.

5 3

4 CH B 47 NL 2 EXTRA

UD CHICAGO ILLS JUNE 15-20

J H KELLOGG MD

3

BAT CREEK MICH

IN GREATFUL REMEMBRANCE OF YOUR ACCOMPLISHED AND HIGHLY ESTEEMED WIFE ELLA EATON KELLOGG AND WITH DEEPEST SYMPATHY FOR YOU WHOSE MANY KINDNESSES WE SHALL KEEP IN MEMORY PLEASE ACCEPT THIS FEEBLE TOKEN OF ESTEEM FROM OUR ENTIRE FAMILY. THE MEMORY OF THE JUST IS BLESSED

DR A ALLEN JOHN

OREGON ILLS

6 AM JUNE 16

Form 1204

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

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RECEIVED AT 56 CENTRAL SQUARE, LYNN, MASS. ALWAYS OPEN

51 CH B 7

LINCOLN NEBR 914AM JUNE 15-20

DR J H KELLOGG

202 MANCHESTER ST BAT CREEK MICH

AM SENDING FLOWERS HEARTBROKEN OVER MOTHERSDEATH

BESSIE

10 30 AM

Form 1204

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

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CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
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RECEIVED AT 71 WEST MAIN STREET, BATTLE CREEK, MICH.

25 CH B 8

BIGPOINT MISS 750AM JUNE 15-20

DR J H KELLOGG

202 MANCHESTER ST BAT CREEK MICH

DEAR UNCLE JOHN IMPOSSIBLE TO COME WILL WRITE

ERVILLA

8 15 AM

Form 1204

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

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CLASS OF SERVICE	SYMBOL
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Day Letter	Blue
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RECEIVED AT 71 WEST MAIN STREET, BATTLE CREEK, MICH.

157CHH 37 6 EXTRA

CHICAGO ILLS 3P JUNE 15 20

DR J H KELLOGG

225

BATTLE CREEK MICH.

YOU HAVE OUR SINCEREST SYMPATHY IN THIS TIME OF BEREAVEMENT

WE KNEW HER FOR THE NOBLE WOMAN AND SINCERE FRIEND

SHE WAS AND FEEL THAT YOUR LOSS IS OURS AS WELL.

WILFRED C AND ANNA B KELLOGG, WILLIAM S AND LENA K SADLER.

316PM

32 N. State St. Chicago

Form 1204

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

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CLASS OF SERVICE	SYMBOL
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Day Letter	Blue
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RECEIVED AT 56 CENTRAL SQUARE, LYNN, MASS. ALWAYS OPEN

54

43CHH 10

RI CHICAGO ILLS 930AM JUNE 15 20

DR J H KELLOGG

103

202 MANCHESTER ST

SO SORRY TO LEARN OF MRS KELLOGGS DEATH UNBOUNDED SYMAPTHY

Miss LENNA F COOPER

San.

1010AM.

Form 1204

CLASS OF SERVICE	SYMBOL
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Night Message	Nite
Night Letter	N L

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RECEIVED AT 56 CENTRAL SQUARE, LYNN, MASS. ALWAYS OPEN

60

54 CH B 16

HINSDALE ILLS 955A M JUNE 15-20

DOCTOR J H KELLOGG

SAN BAT CREEK MICH

FRIENDS HERE SEND HEARTFELT SYMPATHY MAY GOD HELP EACH TO

BE READY AS MRS KELLOGG WAS

Mr. J C MORSE

10 33 AM

C/o Hinsdale San.

Form 1204

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Telegram	
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Night Message	Nite
Night Letter	N L

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RECEIVED AT 71 WEST MAIN STREET, BATTLE CREEK, MICH.

7 78

181 2

NEW YORK 512PM JUNE 15 20

DR JOHN S KELLOGG 250

BATTLE CREEK

DEEPEST SYMPATHY.

Mrs.

PAUL B HOEBER 516PM

67-69 E. 59th St.

45 Battle Creek, Mich.
June 15, 1920.

My dear Dr. Kellogg:-

Dr. & I take this small way of expressing our deepest sympathy for you during this bereavement. While not acquainted with Mrs. Kellogg, I am sure her name will be honored and respected for years to come because

of the good she has done. What a
comfort it is to remember of the
"Meeting Eternal" in that home
prepared for us in his death.

Sincerely yours friends
Dr. & Mrs. L. B. Coon
97 Hubbard St.

[6-15-20]

WILFRED C. KELLOGG
32 NORTH STATE STREET
CHICAGO

My dear Uncle;

I feel as tho I have lost a mother. I slept last, as I have many times, on my experience with Aunt Ella as the one that has helped me most.

Leaving at the age of fifteen a very depressed mother and finding Aunt Ella with such a big heart, large enough to take me in with the many others and do the so successful with literary interests and modern social physical deficiencies, was an inspiration to me.

How I wish I could be

WILFRED C. KELLOGG
32 NORTH STATE STREET
CHICAGO

there but it does not seem
possible.

With love and sympathy
Anna.

June 15 - 1920.

M

Form 1204

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Night Message	Nite
Night Letter	N L

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RECEIVED AT 71 WEST MAIN STREET, BATTLE CREEK, MICH.

76

226DE AD 13 NL

GREENCASTLE IND JUNE 15 1207

287

DR J H KELLOGG

BATTELCREEK MICHIGAN

MY SINCERE CONDOLENCE AND BEST WISHES FOR YOUR COMFORT IN THIS TRYING HOUR

DY.

LEVI B SALMONS

90CP

Guanajuato Mexico

C/o El Buen Samaritano

601

Form 1204

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

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RECEIVED AT 71 WEST MAIN STREET, BATTLE CREEK, MICH.

74

8 CH B 62 NL

FY LOS ANGELES CALIF JUNE 15-20

17

DR J H KELLOGG

BAT CREEK MICH

AM DEEPLY GRIEVED TO HEAR OF MRS KELLOGGS DEATH THE YEARS OF INTIMATE ASSOCIATION IN YOUR HOME BROUGHT ME UNDER THE INSPIRING INFLUENCE OF HER BEAUTIFUL CHARACTER I BELIEVE I APPRECIATE AS FEW CAN THE TERRIBLE LOSS THIS BEREAVEMENT BRINGS TO YOU MY WIFE AND DAUGHTER JOIN ME IN EXPRESSING LOVING SYMPATHY TO YOU AND PRAY GOD TO COMFORT YOUR SAD HEART

GEORGE THOMASON

6 08 AM JUNE 16

80

Dear Dr Kellogg

I must & tender my
Sympathy & Wish You
how proud I have
always been & have
had the privilege
of Mrs. Kellogg's friend
ship These many years
for rare worth and
beautiful character
always an inspiration

9. those who knew her.

80

Sincerely

Mrs. Mary A. Bielow

Lincoln Hotel

June 15-11—20

13410 Ashburton Rd

Cleveland,

Ohio.

Ann Arbor, June 16, 1920

Dear Doctor:

I was shocked to read in to-day's paper the announcement of Mrs. Kellogg's death. I did not know that she was ill.

The memories that brought back from the memory of many pleasant days and made me realize keenly the emptiness of the means. Shall be.

Mrs. Scott joins with me in sympathy and kind regards.

Yours sincerely,

J. M. Scott

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17 DE B 11

B BOSTON MASS 910AM JUNE 16-20

DR J H KELLOGG

BAT CREEK MICH

MRS FOSS JOINS ME IN DEEPEST SYMPATHY IN YOUR GREAT BEREAVEMENT

Gov. EUGENE N FOSS

8 59 AM

C/o B. T. Sturdevant Co.
34 Oliver St.

Note written to him

Big Coon Miss.
June 15 - 1920

Dear Uncle John,—

How do you do I would
love to be with you this morn
-ing but as long as it was
impossible to be there, I am
with you in heart and thought
As my thoughts have been
with you entirely for the past
few days and can not
bear to have them elsewhere
I was so pleased over
Gertrude's letter telling me

Dearest Connie's condition and
was certainly shocked to
receive the last news. But
Our Heavenly Father knoweth
all things well and as he
saw that it was best for
Him to take Our darling
Aunt and Wife from us then
he must be well pleased &
That it was Her gain and
Our loss.

May the Lord Bless with you
and help you at this time
as I know that at this
time we need Him

and Heppard Comforter to
ease our broken hearts.
Had it not been for
my own physical condition
not being able to stand
the jar and motion of the
train nothing could have
kept me away. But as I
am under the Physicians care
now I have to go easy
and Carefully
With love and sincere
sympathy at this time, I
Remain, Lovingly your niece
Cecilia Eaton Eberhard

40 40

East Leroy, Mich. June 16, 1920.
J. H. Kellogg M. D.
Dear Doctor Kellogg.

I notice by the Battle Creek Evening news that you are bereft of your dear companion in life. I want to say that you have my sympathies in this sad hour. Only those who have passed through a similar experience know what it is. It was my sad lot to lose my first wife in death. Accept my sympathy. God alone can comfort.

Your brother
John W. Bowers.

Richmond Hinderman
Miss - 16-1920

Dear Doctor Kellogg:

I recall with
sweet and sacred thought
my short acquaintance with
your noble wife when I lived
at the Sanitarium while
awaiting the completion of
the "Battle Lawn" which I
leased and conducted for ten
years. It heart & still feel
Battle breek my home, and
may return to make it my last
on earth.

With sympathy and respect
I am sincerely Mrs Edward F. Clark

RESIDENCE
"THE OAKS"
POLK COUNTY, FLA.
1 MILE NORTH AND 2 1-2
WEST OF POSTOFFICE

IRVING KECK
BOWLING GREEN, FLORIDA
DESOTO COUNTY

24

June 16-1920

Dr J. H Kellogg
Battle Creek
Mich

Dear Doctor

This morning I note in the Tampa Tribune the passing of Mrs Kellogg. Whilst we had known she was ill until within less than a month had we known how serious it was. and now the end has come Mrs Keck and I Extend to you and the family our sympathy her work was well done and her influence Constantly for the good of those that were handicapped by conditions beyond their control We Can only leave her in the hands of the master

With Sympathy

Sincerely. Irving Keck

46

Battle Creek, Mich. June 16, 1920

Dr J. H. Kellogg.

Dear Dr Kellogg:—

Please accept our heart felt sympathy in your great sorrow and bereavement for the loss of your noble companion and may our Father Above comfort and sustain you in this time of need.

Very respectfully yours

Mr & Mrs Marcus M. Ashley

140 Grand Boulevard.

June 17. 1920

Dear Doctor Kellogg. My mother
and my wife join with me
in sympathy to you.

Mother has often spoken
of Mrs Kellogg, whom she
formerly had the privilege
of meeting.

We all very sorry
to learn of her sickness
taken away and we
want you to know it.

Howard Baker

28

June 17, 1920.

Dr. Howard Baker, 281 West Warren Ave., Detroit, Mich.

J. H. K.

My mother and my wife join with me in sympathy to you. Mother has often spoken of Mrs. Kellogg, whom she formerly had the privilege of meeting. We are all very sorry to learn of her being taken away and we want you to know it.

js

Dear Niece

61

Battle Creek, Mich

June 17, 1920.

Dear Uncle:-

I know, that at times like this words are very useless things, but still I want you to know that you have our utmost sympathy in your great loss.

There are many memories of happy gatherings in your home

of her cheery words and careful planning for our pleasure, and I shall always feel that life has been much richer because it has been my privilege to know her even a little.

Very sincerely
your niece
Mrs.
Effie Kellogg French.

17 Kendall St. No.

Dear Sir:

Ill. Athletic Club
Chicago

JUN 17 1920

Accept my
heartfelt sympathy

Most respectfully

P.O. Box 32
Grand Rapids-
Mich

5/5 1920

Put with letter

June 18, 1920.

Lucy Furman, Hindman Settlement School, Hindman, Ky.

J.H.K.

I have just heard through the newspapers, of your great loss and I am more distressed for you than I can say. Miss Elkin had written me recently that she feared there was no hope of Mrs. Kellogg's recovery, but still I hoped that there might be. This is a terrible blow for you. You and Mrs. Kellogg were so ideally and perfectly married, and she was such a companion for you in every way, that you will feel that the best part of your life is gone. I was deeply impressed with Mrs. Kellogg the few times I saw her. A beautiful soul, full of gentleness and kindness and tenderness looked out of her eyes and it must have been a privilege indeed to be her companion during so many years. Then, too, she was so truly interested in your work, and able by reason of her mental gifts to help you so much in it. I fear that her sufferings must have been great

these past few months, and if so, I know that you would not have wished her to stay longer. I suppose that no one was even better prepared to enter into the larger and better life - the joy of her Lord. Andit is only in these terrible moments of parting that we can realize how very, very much the Christian hope and the promised of Jesus mean to us. How desolate and lost we should be without them. "I am the resurrection and the life; he that believeth on me, though he die, yet shall he live" What bold, amazing words, yet they only repeat and re-state the conviction of our hearts and do not really surprise us. "We think we were not made to die, and thou hast made us, thou art just." Every day the words and the promises of Christ take more tremendous hold on me, and yet, at one time, when I was young, I believed myself to be a skeptic and an agnostic Trouble and sorrow brought me back to my knees and to my Redeemer and to the ever-widening life eternal. It is my hope and prayer that thelove of Christ may comfort you in this sad hour, and that you may know a"peace that passeth understanding". Even in

the midst of your bereavement. Miss Grigsby sent me just a few days ago the book "The Health Question Box". The book you so kindly gave her for me (she has been kept away from us by illness in her family). And I have been reading it with greatest interest and had intended writing you this week about it. It is a wonderful book and how you ever found time to do it is a miracle. I suppose it is what you were working on in Florida. I only wish that every family in the United States could possess a copy, and live by it. What a different world we should have within a generation. But of course your ideas are bound to prevail, because they are the truth. We look for Miss Elkin tomorrow and then I shall get direct news of you and your family. We fear we can never be thankful enough for all you have done for us in restoring Miss Elkin's health and sending her back to us well and of far more value to the work than she could be before. "ith love for Mrs. Butler and Miss Angie and Miss Gertrude, and many earnest prayers for yourself.

.

mm

HINDMAN SETTLEMENT SCHOOL
INCORPORATED
HINDMAN, KNOTT COUNTY
KENTUCKY

BOARD OF DIRECTORS
H. L. STONE, PRESIDENT, LOUISVILLE
C. F. HUHLEIN, VICE-PRESIDENT, LOUISVILLE
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MAY STONE, SEC'Y-TREASURER, HINDMAN

EXECUTIVE COMMITTEE
MAY STONE
FIELD SECRETARY
SUSANNA P. S. GRIGSBY

JUN 20 1925

June 18-1925

Dear Dr. Kellogg:

I have just heard through the newspapers, of your great loss, and I am more distressed for you than I can say - Miss Elkin had written me recently that she feared there was no hope of Mrs. Kellogg's recovery, but still I hoped that there might be - This is a terrible blow for you - You and Mrs Kellogg were so ideally and perfectly married, and she was such a companion for you in every way that you will feel that the best part of your life is gone - I was deeply impressed with Mrs Kellogg the few times I saw her - a beautiful Soul, full of gentleness and kindness and tenderness. Looked out of her eyes — and it

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EXECUTIVE COMMITTEE
MAY STONE

FIELD SECRETARY
SUSANNA P. S. GRIGSBY

must have been a privilege indeed to be her companion during so many years — Then too, she was so truly interested in your work, and able, by reason of her mental gifts, to help you do much in it — I fear that her sufferings must have been great these last few months, - and if so, I know that you would not have wished her to stay longer — I suppose that no one was ever better prepared to enter into the larger and better life — the joy of her Lord — And it is only in these terrible moments of parting that we can realize how very, very much the Christian hope, - and the promises of Jesus, mean — to us how desolate and lost we should be without them — "I am the resurrection and the life; he that

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HINDMAN, KNOTT COUNTY
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EXECUTIVE COMMITTEE
MAY STONE
FIELD SECRETARY
SUSANNA P. S. GRIGSBY

3

Wilderness on me, though he die
yet shall he live" — What bold,
amazing words — yet they only
repeat and re-state the conviction
of our hearts, as do not really surprise us —
"We think we were not made to die
And Thou hast made us, — Thou art just."
Every day the words and the promises
of Christ take more tremendous
hold on me — And yet, at one
time, when I was young, I believed
myself to be a skeptic and an agnostic
Trouble and Sorrow brought me back
to my knees — and to my Redeemer —
and to the ever-widening Life Eternal
It is my hope and prayer that
the love of Christ may comfort you in
this sad hour, and that you may know
a "peace that passeth understand"
Even in the midst of your bereavement
Miss Grigsby left us just a few
days ago. The Board Meeting
gone for me (she has been kept

HINDMAN SETTLEMENT SCHOOL
INCORPORATED
HINDMAN, KNOTT COUNTY
KENTUCKY

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EXECUTIVE COMMITTEE
MAY STONE
FIELD SECRETARY
SUSANNA P. S. GRIGSBY

away from my dear illness in the
Country) and I have been reading
it with greatest interest and had
intended writing you this week -
about it - It is a wonderful book, -
and how you ever found time & do it
is a miracle - I suppose it is what
you were working on in Florida -
I only wish that every family in the
United States could possess a copy,
and live by it - What a different
world it would have within a generation
But of course your ideas are bound -
& pierced, because they are the truth -

We look for Miss Elkins Monday
and then I shall get direct news of
you and your family - We dare
not can never be thankful enough
for all you have done for us in
Kentucky Miss Elkins Death - and
send it has set back our work far more
value to the work than she could be here -

With love for Mrs Butler and Miss
Angie and Miss Gertrude, and
many Earnest prayers for yourself
Sincerely and gratefully yours
Lucy Furman

Form 1204

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

If none of these three symbols appears after the check (number of words) this is a telegram. Otherwise its character is indicated by the symbol appearing after the check.

WESTERN UNION TELEGRAM

NEWCOMB CARLTON, PRESIDENT — GEORGE W. E. ATKINS, FIRST VICE-PRESIDENT

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

If none of these three symbols appears after the check (number of words) this is a telegram. Otherwise its character is indicated by the symbol appearing after the check.

RECEIVED AT 85 ORANGE ST., NEW HAVEN, CONN. ALWAYS OPEN

79

262DE AD 8 NITE

MS NEWYORK NY JUNE 18 1920

DR J H KELLOGG 324

BATTLECREEK MICH (SAN)

ACCEPT OUR SINCERE SYMPATHY IN YOUR GREAT BEREAVEMTN

Mr & Mrs.

ROBT J KLEBERG

Kingsville, Texas

1106P

321

Lenox Library
Pittsfield Mass
June 8 1920

Dear Dolan College,

Please have this Dr. Dolan
Wheelwright- Letter of
the time I was
Please
Please ordering my message
the name others you will
receive, & let you know
how depth & sympathize
with- you in your sorrow.
Those who have known
Mrs. Tillinghast will
know what the association

wealth of sympathy and
understanding and her true
adherence to what she believ-
ed to be right will never be
forgotten, nor the whole hearted
devotion to you and
your work. What a rich
legacy of ideals and stand-
ards so nobly attained by
the leader & those children
to whom she was a mother.

Since I have been back
alone I have been able to
appreciate as I could not
before, what the kindness
and interest shown by
Mrs. Kellogg and your help
& mother under similar
circumstances must have
meant to her. She has al-
ways valued Mrs. Kellogg's

2/

and help have meant to you
will realize to a certain ex-
tent how great is your loss,
but none but those who
have passed the same way
can fully understand how
hard the road is. There is
a sense of loss and lone-
liness for which the sym-
pathy and love of friends
cannot compensate, help-
ful though they be. When
after years of close comrade-
ship and oneness of aims
and sympathies that asso-
ciation is broken, the loss
seems irreparable.

Mrs. Kellogg's life has al-
ways been and will be an
inspiration to me. Her

loyalty and faithfulness to
a friend and we have proven
ourselves loyal and faithful to
you both. You have been a
real help to us. Time when
we do much needed it. Jean
and I have often wished that
we might show our appreci-
ation in some other way
than by words. If ever there
is any way in which we can
be of service please remember we do
not forget.

With deepest appreciation

believe me.

Most sincerely Yours

Mrs. Ronna W. Dalio Jean.

705 Carroll Ave
Takoma Park. D.C.

June 15th 1920

Dear Dr Kellogg:-

I learned the sad news a few days ago of Mrs Kellogg's death. I am sincerely sorry for you for I know how you will miss her. She has been such a good wife and mother. Only those who knew her could appreciate her worth. Dr Kress is in New Brunswick and I do not know whether he has the news yet.

Accept our sincerest sympathy in
this hour of loneliness and sorrow
I have never forgotten your kindness
to us during Dr. Kress' illness and
also during Eva's illness and
death in England. You certainly
were a "brother" then.

I hope this will find you
good courage and restored health
despite your advanced years.

Very sincerely Yours.

Dr. Laurie E Kress

72.

June 18, 1920.

Thekla Mackie, Nee Black, Takoma Park, Washington, D.C.

J.H.K.

It is with very sincere regret and sorrow that I have learned of the death of dear Mrs. Kellogg. She was greatly beloved by every one who knew her and she will be missed by all her loved ones and friends. I count it a great privilege to have been one of them and shall ever love her memory.

Please accept my sincere sympathy in your great sorrow. My love and sympathy to the children. I hope to reach Battle Creek on a short visit June 28.

mm

JUN 20 1920

Takoma Park,
Washington D. C.
June 18th 1920.

Dear Doctar Kellogg,

It is with very sincere regret and sorrow that I have learned of the death of dear Mrs. Kellogg. She was greatly loved by every one who knew her and she will be missed by all her loved ones and friends. I count it a great privileedge to have been one of them and shall ever love her memary. Please accept my sincere sympathy in your great sorrow.

My love and sympathy to the children.

Yours very sincerely
Mrs. Stella Mackie
nee Black.

Leave space for address
(perhaps in China now)

P. S.
I hope to reach Battle Creek,
on a short visit, June 28th D. V.

P. S.

Awaiting in June

The New England Sanitarium

Middlesex Fells Rural Health Retreat

A Medical and Surgical Institute of Physiological Therapeutics

Melrose, Mass.

June 18, 1920.

Dr. J. H. Kellogg.
Supt. Battle Creek Sanitarium
Dear Dr. Kellogg.

Yesterday we read in the Boston paper the sad news of Mrs. Kellogg's leaving you, for which I am very sorry. She certainly was a good and noble woman.

It must give you much satisfaction to review the good works you have accomplished together. I know how keenly you feel her loss. But I am only one among hundreds of others who sympathize with you at this time. At the same time I want you to know that I appreciate what you did for me as a student. I love my work more and more and feel very grateful for the start you gave me regarding you as friend & sympathizing in this sorrow I

Very Sincerely, Anna B. Guerin

13

June 18, 1920.

W. G. Coburn, Battle Creek, Mich.

J.H.K.

Mrs. Coburn and I were truly grieved to hear of your sad bereavement. Your loss is ours. There is sorrow in our hearts because you are bereft of one so dear - the nearest that God has given to man - and we mourn with you. Accept our loving sympathy.

13

BATTLE CREEK PUBLIC SCHOOLS
W. G. COBURN, SUPERINTENDENT

June 18 1920.

Our dear Dr. Kellogg:

Mrs. Coburn and I were truly grieved to hear of your sad bereavement. Your loss is ours. There is sorrow in our hearts because you are bereft of one so dear – the nearest that God has given to man – and we mourn with you. Accept our loving sympathy.

Sincerely, W. G. Coburn

614 North Louise Street,

Glendale, California,

June 19, 1920.

J. H. Kellogg, M. D.,

Battle Creek, Michigan.

My Dear Brother:

I learned yesterday, through Doctor Thomason, of the death of your wife. Although not altogether unexpected, it nevertheless came as a shock.

I well remember Ella as your beautiful bride in the long ago. The passing years proved to us that she possessed a beautiful soul. The fragrance of her mother love blooms again in the lives of many who were orphans when she took them to her heart and home.

For nearly forty-two years, wife, companion, co-worker, Ella's passing leaves you doubly bereft. My sympathy is yours in this hour of trial.

Your loving brother,

Preston F. Kellogg

34

THE FOLEY GREENHOUSE MANUFACTURING COMPANY

South Spaulding Avenue
and West Thirty-first Street
CHICAGO

Office of
PHILIP J. FOLEY
President

June 19th,
1 9 2 0 .

Dr. John H. Kellogg,
Battle Creek Sanitarium,
Battle Creek, Mich.

Dear Doctor:-

I have read, with regret, item in the Chicago Tribune of recent date telling of your great loss in the death of Mrs. Kellogg, and I earnestly hope that time, the great healer, will alleviate the suffering which you must endure at the loss of your wife.

Assuring you of my deepest sympathy, I remain,

Sincerely yours,

Philip J Foley

PJF/n

T. C. JEFFORDS
SYLVESTER, GA.

JUN 20 1920

Sylvester, Ga. June 15th 1920.

Dr. J. H. Kellogg.
Battle Creek, Mich.

My Dear Doctor:

Mrs. Jeffords and I sympathize with you in the passing of the heart of your life, and co-worker in the education and training of the young people. The mothers and babies of the United States, and the peoples of the other countries of the world.

Indeed, each of us owes an inspiration to us to live the simple but natural life that God wanted him to live.

With high and sincere personal regards, yours very truly,

T. C. Jeffords.

44 Ridgewood, U. T.

Dear Doctor:-

My father and husband and I want to express our sympathy for you in your great loss. My mother died after my father was eighty and he knows how great the sorrow you must bear. My

oldest brother, Sidney, who came with me when I first went to the Sanitarium died three weeks ago very suddenly & it has been a great shock especially to my father. We all no strangers to sorrow. We all send affectionate, sympathetic thoughts to you -

Florence Smith Mason

6-20-20

Hb L6-20-20

190 DREXEL AVENUE
BEXLEY
R. F. D. 5 COLUMBUS, OHIO

Hon dear Mr. Skeldon.

I did not learn of your arrival in time to send a telegram to Homer as I would like to have done in order to let you know my engagement but I shall see Homer this week and explain the matter

for it has been a
great source of comfort
to me to carry them
on to the Post where
my father used to
meet people.
I will be there again
on June 28th and
shall very much like to
see as many of my
friends as I can each

190 DREXEL AVENUE
BEXLEY
R. F. D. 5 COLUMBUS, OHIO

Dear Aunt Vi will drop
you a few lines
day after
the Reunion - the ladies
the last day - the
Mild smile - you see
the
The last Rose boys are
Mc - Mc of your letters
in Below Jr. from -
me in Cincinnati
and Mr Mrs Jr
on - There in

Really appreciate much to
write at a time like this
but we have upon it
some we are
finding it very
in Love hands the
future appointed and
I am so always
with great affection
Mrs. Grace Chapman Love.
June 20 - 1920.

THE ANNEX
NEW YORK

June 20 th 1920.

My dear Mr. Kellogg-

My sister tried in vain
in Atlantic City to reach
you over the 'phone.
She has been home
for some time & Mr
Mrs Kellogg will be glad
to hear from you &
your Bonaparte-& Detroit

Thuduwee ch hee
ke. Lik. Pz Fzek
Ah Bozek Hi Eshzeg
kuh Gok Fmmth. ke.
Kee is Thieg Scu
fey S mak Thm
Fzeik kee Szjaat-
Szlg uuft Kaaue
R Uue Szig Pzgkö-
K yzz K ka. Oek-
Szmsoalley Ozydeeeks Yzo
Elzikth Fzeiker

~~4~~ 39

Route 7 — Box 80 —
Battle Creek, Mich.
June 20th 1920.

Dr. J. H. Kellogg.
Manchester St., City.

Dear Dr. Kellogg,

I wish to assure you of my sincere sympathy at this time when she, who was nearest and dearest to you, is no longer in your home. Surely, God's loving kindness is very apparent in his having allowed you to walk and work together for so many years, and I feel sure that only the sweetest of memories are yours.

I have read with deep interest the accounts of the much she was able to do for the betterment of mankind, and I am glad that she lived & still lives.

I remain Sincerely your friend,
Alice Shepard Fuller.

21

June 20, 1920.

Fanny Howard Baker, Holland, Mich. R. D. 8, Box 93.

J. M. K.

I have just learned, from my son, Howard, of the sad affliction which has come to you and your family. From the depth of my sorrow, as yet so new, I offer you my earnest sympathy. May you receive the consolation which surely comes through faith that all is well with the dear one, and from the soothing hand which time lays upon the wounded heart. My memories of Mrs. Kellogg are among my pleasantest and I shall always be glad of our acquaintance tho' our opportunities for meeting were few. With truest friendship and grateful respect for you, my husband's best prized friend, I am.

js

21

Holland, Mich. Mo.

(R. D. 6. Box 93).

June 20.. 1920

Dear Doctor Kellogg.

I have just learned, from my son Howard, of the sad affliction which has come to you, and your family. From the depth of my own sorrow, as yet so new, I offer you my earnest sympathy.

May you receive the consolation which surely comes through faith that all is well with the dear one, and from the soothing

hand which time lays upon
the wounded heart.

My memories of Mrs. Kellogg
are among my pleasantest
and I shall always be glad
of our acquaintance tho' our
opportunities for meeting were
few.

With truest friendship and
grateful respect for you, my
husband's best prized friend,
I am yours sincerely

Fanny Howard Baker.

A TEMPORARY HOME
FOR NEEDY MEN

Endowed by
EDWARD S. PEDDICORD

18

E. B. VAN DORN, Superintendent.
PHONE, LaGrange, 1721-V-1

The Working Men's Home

LaGrange, Ill. June 20 1910

Dr J. H. Kellogg.
Sanitarium.
Battle Creek. Mich.

Dear Doctor:—

We just received word of your great loss. and words fail us to express our heart felt sympathy for you, in this great sorrow; may He who has promised to fill all vacancies, and heal all Sorrow. be your strength and Shield.

Is the wish of your friends.

Mr & Mrs E. B. Van Dorn

64

JUN 23 1920

North Pelham, N.Y.
June 21, 1920

Dear Dr. Kellogg:

Mrs. Askowith and I extend our deepest sympathy to you in your bereavement. If there was ever a noble life devoted to service, it was Mrs. Kellogg's.

Sincerely,

Mrs. H. Askowith

Late
Space for address

IRA A. BECK
ATTORNEY AND COUNSELOR
503-4-5-6 CITY BANK BUILDING
BATTLE CREEK, MICH.

May 22, 1920

Mrs. J. H. Kellogg,
Manchester St.,
City.

Dear Mrs. Kellogg:-

As per telephone request of Miss Estill I hand you herewith proposed codicil which I think answers the purpose. The date of the Will should be inserted. I do not have that in my file.

I have also called attention to the change of the name of the American Medical Missionary Board to The Race Betterment Foundation, which I consider prudent.

This codicil you may sign in the presence of two witnesses, who will also sign in your presence, all three signing in the presence of each other. Those witnesses should not be persons named in either the will or the codicil.

Yours very truly,

W.

Enc.

IRA A. BECK

(12)

WALTER B. JAMES, M.D.
SEVEN EAST SEVENTIETH STREET
NEW YORK June 22nd, 1920.

Dr. J. H. Kellogg,
Battle Creek, Mich.

Dear Dr. Kellogg:-

I was much saddened a few days ago to get news of the great sorrow that has come to you and I cannot help sending you a line to tell you of my very deep sympathy for you. I remember meeting Mrs. Kellogg and being much impressed with her sweetness and charm, and I remember so well the long talk that I had with you about your delightful family life and all of the adopted children.

JUN 24 1920

I received your very kind letter. My plans for the latter part of the summer are not yet formed, but I am always looking forward to giving myself the pleasure of a visit to Battle Creek, and indeed I am sure that a stay there would do me good.

With thanks for your letter and your kind invitation and renewed assurances of the sympathy that I feel for you,

Sincerely yours,

Walter B James

June 22,1920.

Dr.Anna B.Durrie,
The New England Sanitarium,
Melrose,Mass.

Dear Doctor:-

Thank you very much for your kind message of sympathy,which was deeply appreciated.

Mrs.Kellogg was always greatly interested in the medical missionary work and in the education of missionaries. It was a disappointment to both ofus that so few of the students ever got to the mission field or took up real missionary work.

Trusting that you are finding a useful field of activiey and doing what you can to promote the principles of physical righteousness,I remain,

Sincerely yours,

Dr. J. H. Kellogg,
Battle Creek, Mich.

Dear Dr. Kellogg:

I have just learned of the death of your good wife, and I desire to extend to you my sincere sympathy in your great loss.

Very sincerely yours,

S. O. Anderson

Marion,
S. C.,
June 19,
1 9 2 0.

44

June 23, 1920.

Mr. F. L. Mason, Ridgewood, N. J.

J. H. K.

My father and husband and I want to express our sympathy for you in your great loss. My mother died after my father was eighty and he knows how great the sorrow you must bear. My oldest brother, Sidney, who came with me when I first went to the San. died three weeks ago very suddenly and it has been a great shock, especially to my father. We are no strangers for sorrow. We all send affectionate sympathetic thought to you.

js

Mrs.

Clara M. Angevine, 428 Academy St., Kalamazoo, Michigan. June 23, 1920.

JHK

59

You are looking into a lonely life, with broken heart.

Mrs. Kellogg lived a grandly noble life--the spirit of pure unselfishness.

You will miss her so sadly.

The world needed such asweet character. The world will miss her.

Am so sorry for you. I know. Almost twenty-six years since Mr. Angevine left me. In deepest sympathy.

L. H.

Clara M. Angevine, 423 Academy Street, Kalamazoo, Mich. June 23, 1920.

JHK

Have reached the age when it seems best to locate in a permanent home. Am making inquiries in reference to desirable homes for old ladies. Would love a home in the San, but fear I cannot meet prices required.

June 29 leave Kal to spend one year with four nephews and a niece in North Platte, Nebraska. Will be making investigations during this year.

Last Sabbath found me enjoying the hospitality of the Sturgis Home in Sturgis. Aunt Henrietta so well, and in her eightieth year superintended the preparation of the delicious dinner. She wished me to tell you she was perfectly well--except her limbs. We give you--the San--all credit for the knowledge of simple and sane living.

L H.

6-23-2021

Dear Mr Peabody.

You are
looking sick - a lonely life,
with broken heart.

Miss Pebody lived a
grandly noble life —
the spirit of pure and
sweet unselfishness.

You will miss her
so sadly.

The World needed such
a sweet character, The
World will miss her,
And do sorry for
you, I know, Almost
Twenty Six years since
Her Angel came left me
In deepest Sympathy
Class of Augustana
428 Academy St
Kalamazoo - Mich
June Twenty third '25

"Johnny"

Cape May C. H.
June - 23 - 1880

Dr J. H Kellogg

Dear Sir

I thought I would write a few lines to let you know that I have not forgotten you I am in Cape May C. H. in Board a Private Yacht I write to my wife and tell her to not forget send you the figs When the Tug come for them and Dont Patronize Barney so I hope to See the Last Sunset.

I My wife wrote me
and told me that the
had write to mrs
Angus. but has not received
no reply so I hope you
all are not mad with
I hope that you are
getting alone fine
I hope some day
I get a chance to see
you again I expect
to go as far as Medford
with Jack to
Doctor Forgot to Drop us
a line for my Folks,
Come Back for me

My little Girls all
ways ask about you
Thay Think that I am
working from you
Sue mrs Kellogg my
best Regards.
Well Sara is
Boat Nord we
Been out in the
Lake Get A hope you
have nice Summ
Thin Jean Sorry I
Dint go up with you
Last. for I dont care
Much to be in Water
all time Last I Guess I

I be in Thus sought
all the summer
I am at Cape May
New Jersey
the Name of the Bank
in Chesca
Deed I Sure I said
Good by hoping I hear
from you Soon
Yours Truly
O. F. Martin

ARTHUR W. SPALDING
Editor

D. E. ROBINSON
Associate Editor

CLIFTON E. HOOPER
Circulation Manager

The Watchman Magazine

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SOUTHERN PUBLISHING ASSOCIATION
2119-2123 24TH AVE. NORTH
NASHVILLE, TENNESSEE

33

June 23, 1920.

JUN 25 1920

Dear Dr. Kellogg:

It is with sincere sorrow that I have received the word of Mrs. Kellogg's death. I remember not merely her executive ability, but her unvarying gentleness and kindness. I know that the fragrance of her memory will not fail, nor the influence of her teaching perish through the remaining hours of time. And I pray for you the comfort of God at this time of your bereavement.

Sincerely,

A. W. Spalding

Dr. J. H. Kellogg,
Battle Creek, Mich.

AWS-E

JUN 24 1920

Dear Mr Kellogg.

Have reached the age, when it seems best, to locate in a permanent home. Am making inquiries in reference to desirable homes for old ladies. Would love a home in the Sanitarium, but fear I cannot meet price required.

June 29th leave Pal to spend one year with Jim nephews and a Niece in North Platte Neb, Will be making investigations during this year.

Last Sabbath I joined me enjoying the hospitality of the "Kluzek home" in Fruzyk, And Henrietta do well, and in her Eighteenth year Superintended the preparation of the delicious dinner, She wished me to tell you she was perfectly well - except her limbs. We give you - the Sanitarium all credit for the knowledge of simple and sane living.

Sincerely

Clara M Ruggles.

47

June 24, 1920.

Memo. for J.H.K.

You wish to write to Miss Lucy Furman, Hindman Settlement School, Hindman, Ky. also Mrs. Grace Chapman Rose, 190 Drexel Ave.,(Bexley, R.F.D) Columbus, O

Mrs. Butler.

S

S

BOARD OF DIRECTORS
H. L. STONE, PRESIDENT, LOUISVILLE
C. F. HUHLEIN, VICE-PRESIDENT, LOUISVILLE
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HINDMAN SETTLEMENT SCHOOL
INCORPORATED
HINDMAN, KNOTT COUNTY
KENTUCKY

(15)

EXECUTIVE COMMITTEE
MAY STONE
FIELD SECRETARY
SUSANNA P. S. GRIGSBY

June 25 1920

Dear Dr. Kellogg,

I feel that I want to write you a few lines to tell you that we are grieved to hear of the death of your faithful and devoted wife. Tho I did not know her, others have told me much of her wonderful character.

Miss Elkin has just returned and we are delighted to have her with us. We are most appreciative of all you did for her and are sure it will mean much for all the members of our big family for her to have had the training you gave her at Battle Creek.

Miss Huntington writes she is well and is one of the strongest advocates I know of the treatment at Battle Creek. I am happy that she is so well again.

With sincere thanks for all you have done for us and wi with deepest sympathy for you personally in your great loss, I am

Respectfully,

Miss May Stone

JUN 28 1920

1957 Lime Avenue
Long Beach, Calif.
June 26, 1920

Dr. J. H. Kellogg
Battle Creek Sanitarium

My dear Dr. Kellogg:

I were filled with genuine
sorrow upon learning that dear
Mrs. Kellogg is with us no more.
Although I knew her only slight-
ly, I felt after having been with
her, that I had come in touch
with a rare gentlewoman.

More charming even than the
soft silver gray silk gown which
she often wore was the sweet
refinement of mind and heart
which enveloped her spirit and
enabled her to adapt herself to
those with whom she came in
contact.

It shall ever think of Mrs. Kellogg
as one of the most compelling ex-
pressions of the Battle Creek Idea,
because of her consistent loyalty
to the great principles of sanitation,
hygiene, and dietetics; her gentle

power through repose; her in-
telligent advocacy of economy and
efficiency in the home, her insight
into and mastery of the problems
of child training; her champion-
ship of plain living and high
thinking; and above all, her un-
swerving optimism and faith.

It must be a comfort to you,
Dr. Kellogg, in the midst of your
personal loss, to realize how many
women in America - she has
guided and helped to saner,
higher living.

Most sincerely yours,

Chloe C. Anderson

consistent christian life
inspired us — The dark
yet she knew. In the
resurrection morning we
hope to meet her where death
and sorrow will be no more.

May the Lord sustain
and comfort you, is our pray-
er.

Sincerely,
Dr. Rosetta Landis Bunk

Secretaries

6-10-20

Mrs. Mrs.

June 26, 1920.

85

Julius B. Anderson, 1957 Lime Ave., Long Beach, Calif.

J. H. K.

We have just learned the sad fact of Mrs. Kellogg's death and hasten to tell you of our sympathy for you in such a lonely hour. I have held profound regard and admiration for Mrs. Kellogg since the first time I saw her as your bride. Then I grew to feel I knew her well through the charm of her writings month by month, which have every held my interest, and you know, that what a personwrites fixes itself in ones consciousness for age and reveals his true character as perhaps the nearer more frequent touch may never do. It is a shock that such pure, exalted lives should ever be withdrawn; yet is it not a consolation that her influence can never die. It was a sweet benediction to whomsoever she came in contact with. The realization of what that influence has been to you must be great indeed. I hope our words will not seem an intrustion to you, our

dear friend to whom we owe so much, only an assurance of our solicitude for your consolation.

Chloe C. Anderson.:

We are filled with genuine sorrow upon learning that dear Mrs. Kellogg is with us no more, although I knew her only slight, I felt after having been with her that I had come in touch with a rare gentlewoman. More charming even than the soft silver gray silk gown which she often wore was the sweet refinement of mind and heart which enveloped her spirit and enabled her to adapt herself to those with whom she came in contact. We shall ever think of Mrs. Kellogg as one of the most complete expressions of the Battle Creek Idea, because of her consistent loyalty to the great principles of samitation hygiene, and dietetics; her gentle power through repose; her intelligent advocacy of economy and efficiency inthe home; her insight into and mastery of the problem of child-training; her championship of plain living and high thinking; and above all,

her unswerving optimism and faith. It must be a comfort to you, Dr. Kellogg, in the midst of your personal loss, to realize how many women in America she has guided and helped to saner, higher living.

js

Long Beach, Cal.
1957 Lime Ave.
June 26. 1920.

Doctor Kellogg,

Our dear old friend,

We have just learned the sad fact of Mrs. Kellogg's death and hasten to tell you of our sympathy for you in such a lonely hour.

I have held profound regard and admiration for Mrs. Kellogg since the first time I saw her as your bride. When I grew to feel I knew her well through the charm of her writings month by month, which have ever held my interest. And you know,

1957 Lime Avenue
Long Beach, Calif.
June 26, 1920

Dr. J. H. Kellogg
Battle Creek Sanitarium

My dear Dr. Kellogg:

I were filled with genuine
sorrow upon learning that dear
Mrs. Kellogg is with us no more.
Although I knew her only slight-
ly, I felt after having been with
her, that I had come in touch
with a rare gentlewoman.

More charming even than the
soft silver gray silk gown which
she often wore was the sweet
refinement of mind and heart
which enveloped her spirit and
enabled her to adapt herself to
those with whom she came in
contact.

It shall ever think of Mrs. Kellogg
as one of the most complete ex-
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because of her consistent loyalty
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hygiene, and dietetics; her gentle

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telligent advocacy of economy and
efficiency in the home, her insight
into and mastery of the problems
of child training; her champion-
ship of plain living and high
thinking; and above all, her un-
swerving optimism and faith.

It must be a comfort to you,
Dr. Kellogg, in the midst of your
personal loss, to realize how many
women in America she has
guided and helped to saner,
higher living.

Most sincerely yours,

Chloe C. Anderson

consistent christian life
inspired us - the dread
yet she knew. In the
resurrection morning we
hope to meet her where death
and sorrow will be no more.

May the Lord sustain
and comfort you, is our pray-
er.

Sincerely,
Dr. Rosetta Landis Runk
Sanitarium

6-10-20

Mrs. Mrs.

June 26, 1920.

85

Julius B. Anderson, 1957 Lime Ave., Long Beach, Calif.

J. H. K.

We have just learned the sad fact of Mrs. Kellogg's death and hasten to tell you of our sympathy for you in such a lonely hour. I have held profound regard and admiration for Mrs. Kellogg since the first time I saw her as your bride. Then I grew to feel I knew her well through the charm of her writings month by month, which have every held my interest, and you know, that what a personwrites fixes itself in ones consciousness for age and reveals his true character as perhaps the nearer more frequent touch may never do. It is a shock that such pure, exalted lives should ever be withdrawn; yet is it not a consolation that her influence can never die. It was a sweet benediction to whomsoever she came in contact with. The realization of what that influence has been to you must be great indeed. I hope our words will not seem an intrustion to you, our

dear friend to whom we owe so much, only an assurance of our solicitude for your consolation.

Chloe C. Anderson.:

We are filled with genuine sorrow upon learning that dear Mrs. Kellogg is with us no more, although I knew her only slight, I felt after having been with her that I had come in touch with a rare gentlewoman. More charming even than the soft silver gray silk gown which she often wore was the sweet refinement of mind and heart which enveloped her spirit and enabled her to adapt herself to those with whom she came in contact. We shall ever think of Mrs. Kellogg as one of the most complete expressions of the Battle Creek Idea, because of her consistent loyalty to the great principles of sanitation hygiene, and dietetics; her gentle power through repose; her intelligent advocacy of economy and efficiency inthe home; her insight into and mastery of the problem of child-training; her championship of plain living and high thinking; and above all,

her unswerving optimism and faith. It must be a comfort to you, Dr. Kellogg, in the midst of your personal loss, to realize how many women in America she has guided and helped to saner, higher living.

js

Long Beach, Cal.
1957 Lime Ave.
June 26. 1920.

Doctor Kellogg,
Our dear old friend,

We have just learned the sad fact of Mrs. Kellogg's death and hasten to tell you of our sympathy for you in such a lonely hour.

I have held profound regard and admiration for Mrs. Kellogg since the first time I saw her as your bride. When I grew to feel I knew her well through the charm of her writings month by month, which have ever held my interest. And you know,

that what a person writes fixes itself in ones consciousness for aye; and reveals his true character as perhaps the nearest, more frequent touch may never do.

It is a shock that such pure, exalted lives should ever be withdrawn; yet is it not a consolation that her influence can never die. It was a sweet benediction to whomsoever she came in contact with.

The realization of what that influence has been to you must be great indeed.

I hope our words will not seem an intrusion to you, our dear friend— to whom we owe so much— only an assurance of our solicitude for your consolation.

Loyally yours,

Leafy R. Anderson.

Julius D. Anderson

June 27th, 1920

1609. NORTH MERIDIAN STREET.
INDIANAPOLIS

To

Dr. J. H. Kellogg

Dear Doctor:- It was but a few days ago that Brother Kellogg died: He went to Heaven to your invitation and I am left alone, till we work in Zaeth, it done, and Sanitarium will be a larger work in Zaeth. Let us Join hands for a many Zakky years, to work together in so doing a life of such varied and remarkable usefulness to

the world is full of men [illegible]
merely, need [illegible] - [illegible]
friends in which [illegible]
objections [illegible], that will make
Let him be on your [illegible], meeting
the test with your duties.

Thanking Mrs Kellogg for [illegible]
Sentiments [illegible] I [illegible]
[illegible] it is needless to say [illegible]
our minds [illegible] as [illegible]
I [illegible] at the [illegible] which [illegible]
+ Mrs Harding - and [illegible] Brother
Short such [illegible] a kind
Ship that may [illegible] [illegible]
factory [illegible]. But as this year that
he can [illegible] Mrs Kellogg, too, [illegible]
Any other [illegible], I guess. I [illegible] will, let
Sister [illegible] that summer - And [illegible]
quite a [illegible] on your [illegible].
Mrs. Kellogg [illegible] an [illegible]

Dec, Oct 2 - 20 [illegible]

I [illegible] to, [illegible]
[illegible] on [illegible], [illegible] Kellogg [illegible]
of your [illegible] - and [illegible]

Mrs. Harry Lazarus, Bowling Green, Ky. 9 June 28, 1920

J. H. K.

I have just learned of your recent loss; there is nothing that can be said or done that can fill the place made vacant by the removal of your wife. In really living and doing the good she did, her works and deeds will never die.

It must be a great comfort to you to know you had the privilege of having such a life companion. I have had to bury both of my parents in this year, I know sorrow, and I do sympathize with you.

Mary Joe writes me she is busy and happy and of the many nice things you have done for her, all of which I appreciate. I trust you may be spared many more years.

lh

(C O P Y)

June 28th, 1920.

Dr. J. H. Kellogg,
Sanitarium,
City.

Dear Doctor:

At your leisure, but within the next three weeks you should prepare or have prepared a list of pieces of real estate standing in her name, together with the descriptions and you should send down the abstracts covering any such and I will have them brought up to date.

You should also prepare a list of her personal estate outside of personal effects. I assume that in view of the wording of the will a list of personal effects will not be required by way of inventory.

Yours very truly,

W
Enc.

IRA A. BECK
ATTORNEY AND COUNSELOR
503-4-5-6 CITY BANK BUILDING
BATTLE CREEK, MICH.

August 6th, 1920.

Miss Gertrude Estell,
Modern Medicine,
City.

Dear Miss Estell:-

In compliance with your telephone request of today, I enclose copy of portion of letter to Dr. Kellogg under date of June 28th.

Yours very truly,

Ira A Beck

M
Enc.

IRA A. BECK
ATTORNEY AND COUNSELOR
503-4-5-6 CITY BANK BUILDING
BATTLE CREEK, MICH.

June 28, 1920

Dr. J. H. Kellogg,
Sanitarium, City.

Dear Doctor:-

Herewith find enclosed petition for Probate of Will and codicil of Mrs. Kellogg.

In the second paragraph the date of Mrs. Kellogg's death should be filled in;

In the third paragraph the approximate value of the real estate and personal estate should be filled in.

In the fourth paragraph the age or approximate age of the following should be filled in: Joan Frances McPherson, Gertrude Elizabeth McPherson, Jennie Eaton Dearing, Ervilla Eaton Eberhard, Ellis Bryan McPherson, Agnes Colver, Helena Case.

If you will sign on the line checked before a Notary Public and return to me I will present the matter to Court at once.

At your leisure, but within the next three weeks, you should prepare or have prepared a list of pieces of real estate standing in her name, together with the descriptions and you should send down the abstracts covering any such and I will have them brought up to date.

You should also prepare a list of her personal estate outside of personal effects. I assume that in view of the wording of the will a list of personal effects will not be required by way of inventory.

Yours very truly,

W.
Enc.

Rowling Green Ky —
June 28th 1920.
Dear Dr. Kelly —
I have just learned
with regret of your
recent Sarah and
loss — There is nothing
that can be said or
done that can Satisfy
or fill — In place made
vacant by the re —
moval or your wife —

In really living and doing
In good She did her work
and deeds will never die
It must in a great
comfort to you to know
you had the privilege of
having such a life — Com-
panion — I have had to envy
both of my parents this
grace — I know Sorrow and
loss — I do Sympathize with
you —
Mary Jo writes me She is
very sad and happy and of the
many nice things you have
done for her — the of which
I appreciate — I trust you
may be spared many more years
In Sympathy —
Mrs. Harry Suzzano —

If is the law of nature
that no Space pass
from into needed ects
the next — She has been
sick for a long time
has been a bleeding and
a cough but has put
her hat into dance
prayer — and Stars
for Success —
You have been. Heard,
and have much to
be Thankful for —

215 North Adams St., Glendale, Calif.

June 29, 1920.

Dr. J. H. Kellogg,

Battle Creek, Mich.

Dear Friend & Brother:-

The sad news of your recent bereavement has reached us through your brother, P. S. Kellogg, and we desire with the many others of your friends, to assure you of our sincere sympathy in this time of your great sorrow. We pray that the God of all comfort may give to you the comfort and sustaining grace that He alone can give. We are sure that this will be so.

We are very glad to know that your health has so improved that you are able to resume your regular work and place in the Sanitarium. We trust that you may receive strength daily for your responsibilities.

We can never forget your kindness to Mrs. Ford. I am glad to say that she is enjoying a fair degree of health in this climate.

Preston and wife live only a few blocks from us and we see them often. Glad to have them for neighbors. If you come out this way, be sure to make us a visit.

Wishing you much of the Lord's blessing, I remain,

Yours very sincerely,

L. K. Ford.

July 1, 1920.

Dr. Mrs. Geo. Droll, 2301 E. 14th St., Kansas City, Mo.
J. H. K.

We wish to express our heartful sympathies for you in your bereavement. We saw the account of Mrs. Kellogg's death in our Kansas City Star.

42

js

41 Hindman Ky.

July 1 - 1920

Dear Dr. Kellogg:-

I did not learn
of Mrs. Kellogg death until
I reached Hindman last week
and I wish to express my heart
felt simpathy for - you in your
great sorrow, and I want to
thank you aga for your
many kindnesses to me I
appreciate them more than I
can tell you. I wish other
members of the school family
have been enjoying the nice

things to eat given to me by
you the day I was leaving your
home. and I am so glad to tell
you that we are going to adopt
the use of bran and I think
I will be permitted to use some
of the other things too.

Trusting you are well and
that you will realy visit our
school in the near future.

Very sincerely

E. Elkin.

Bird 2

Volcano Calif. July 2. 20

Dear Booker

Your letter of June 26th
received and was indeed
very glad to receive it and
to know the nature of her last-
sickness.

I pecived the paper with-
the account of her death and
funeral and was indeed glad
to get it. It was financially
impossible for me to come
and shall always remember
her as I last saw her

when she stopped in Tuscon I
see one, but it seems so
hard for me to give her up.
I shall be very glad to receive
the memorial volume, I don't
know of any thing I could
say. But- if it isn't asking
too much I would like
some little thing of her
to remember her by.
Sincerely yours
Mrs H.G. Martin
Enid Oklahoma

42

Dear Doctor Kellogg:

We wish to express to you our deep sympathies for you in your bereavement.

We saw the account of Mrs Kellogg's death in the Kansas City Star.

Yours truly,
Dr. By Med Ex. Co.
2301 - E 14
Kansas City, Mo.

July 1, '23.

1252 Lincoln Way East
Galion Ohio
July 6/20

J. H Keelogg
Sanitarium Battle Creek.

Dear Friend,

Your letter of July 1
I have just received. It
was quite a sad surprise
to me. I feel very unworthy
to be among the recipients
of some of the personal
treasures of dear mother
Keelogg. But in the first
place I must express my
deepest Sympathy to you,
for I know that you have
lost your dear Companion
I am at loss to express
what my heart longs to

to tell you, but I know
you understand for you
have both been sick & I
mother to see of us. I feel
& know that it is not so very
long e'er we shall all
be home & family again &
I certainly long for the
time.

We have been so very
unsettled & have been
traveling from Canada
& so had missed the
news of Mrs Keeler's
sickness & death. I did
not know anything
about her serious illness
so it all came as a
great shock to me. I
had written the girls
sometime ago, and

asked the girls the reason I did not hear from mother & C. and they told that she was ill, So I wrote & asked if she was Seriously ill because I wanted to write to her best if She was unable to receive letters I would wait & hear from there best I did not hear about it in time & I might have seen her once again, Oh, I am so sorry I could not have seen her & I feel very sad about it. I shall truly value greatly any little thing She may have left for

me, & it is very kind
of you to write, and
I abbreciate it highly.
I trust that you are
well & that you too
will relyiecrease
your desire to continue
to lead me in the
great work that you
have established.
My prayer for you
is that God will give
you renewed strength
& will spare you to
do many years
work besides.
Yours sincerely
Jamie.

Rosenberg — (Sargent)

Big Point miss.,
July 7. 1920

Dear Uncle John -

Your lovely letter telling me of Aunt Ellas last sickness and death grieved and how dear to my heart are the words spoken by you. I know when you told me last summer her condition and then seeing her after the operation I knew it would have to come, but have tried so hard to keep on the bright side of it, altho the brightest side was none-to bright but Our Heavenly Father knoweth

all things well and knew her
worthy of a higher and more
glorious life, but the death
death send his blow to those
who are left behind.

There could not be any sweeter
tribute or words written to her
memory than those of you; when
you wrote, "A wonderful, gifted,
self sacrificing woman rests
from a life of unusually
glorious and fruitful labors.
We who remain will cherish
her memory while we also
join the great majority." And
think that they should certainly

find their way into the little memorial. As I have said to myself (when I look over the past) this has been most wonderful, such a loving, free hearted character never thinking of her cares but to the cares and happiness of those about her. Being ever faithful to her Heavenly Father and "like him I would be," applies to her. As we all know, she went about doing for others when she should have been more considerate of her-self. And to me she and her

this time and all time to
come,

As ever your
loving niece.

Ermilla Eaton Eberhard

mother have been my guiding
Angel.

It is now my hope and
desires that I may live as
consecrated life to my God
and those about me as she
has done.

I received your letter with the
memorandum left by Aunt
Ella, yesterday.

I think it would be nice
to place in the memorials the
Life Sketches or rather Aunt
Ellas biography in it.

May the Lord be with
you and bless you at

Mrs. Lucy Ball, 221 N. Spring St., Greensboro, N. C. July 7, 1920.

J. H. K.

A friend told me some days ago that it was announced in the papers that your dear life-companion has passed over into the "Border-land". I felt like I wanted to write you a line to tell you of my sincere sympathy in your great loss. While I was in Battle Creek last year I felt a great desire to know Mrs. Kellogg. I wish I had met her. Some weeks ago, while I was in I wrote to her and enclosed some lines I wrote for you. Of course I did not feel they were worthy of sending but I wanted her to know my appreciation of your great work for humanity and I asked her to judge whether to show them to you. I fear she was sick when my letter reached B. C. It is possible the maid to whom I gave the letter never pasted it. I would be glad to know if she received it. I wish I could write a piece worthy of you and of her, for I believe she was a great and good woman. It is too sad that our dear ones have to leave

us lonely in this world. Since my husband was taken from me, life has never seemed the life it was. The hope of a Blessed Hereafter is all the solid comfort one has left. We shall meet them again where the wickid cease from troubling. I was called to the telephone when I got this far, to be told of the death of a valued old friend, surely we are all passing away. Dr. Kellogg, please pray for me and all my loved ones that we may be ready when our summons shall come. The great confusion and unrest everywhere in the world almost overcomes me with despair and sorrow. Let's try to look up and believe there is a better life than this one, awaiting us beyond the grave. Yours has been a life of faithful work for others. Continue to do all the good you can for the souls as well as the bodies of men and great will be your reward. May our Elder Brother abide with you and comfort your heart and strengthen your hands, and at last take you to be forever with those you love. Mrs. Riddick joins me in deep sympathy for you.

LH

Greensboro, N. C.,
July 7 - 1920.

Dear Dr. Kellogg:

A friend told me some days ago that it was announced in the papers that your dear life-Companion has passed over into the "Border Land." I felt like I wanted to write you a line to tell you of my sincere sympathy in your great loss. While I was in Battle Creek last year, I felt a great desire to know Mrs. Kellogg. I wish I had met her. Some weeks ago, while I was in (Durham,) I

wrote to her & enclosed some lines
I wrote for you. Of course I did
not feel they were worthy of send-
ing but I wanted her to know my
appreciation of your great work
for humanity - & I asked her to
judge whether to show them to
you. I fear she was sick when
my letter reached Battle Creek.
It is possible the maid to whom
I gave the letter, never pasted it.
I would be glad to know if
she received it. I wish I could
write a piece worthy of you & of her
for I believe she was a great &
good woman. It is too sad
that our dear ones have to leave
us lonely in this world. Since
my husband was taken from me,
life has never seemed the life
it was. The hope of a Blessed
Hereafter is all the solid com-
fort we have left. We shall
meet them again where the wicked
cease from troubling* I was called
to the telephone when I got this far,
to be told of the death of a valued
old friend - surely we are all
passing away. Dr. Kellogg, please
pray for me & all my loved ones
that we may be ready when our
summons shall come. The great
Confusion & unrest everywhere in the
world almost overcomes me with des-
pair & sorrow. Let's try to look up &
believe there is a better life than

this one, awaiting us beyond the grave. Yours has been a life of faithful work for others — Continue to do all the good you can for the Souls as well as the bodies of men & great will be your reward. May our Elder Brother abide with you & comfort your heart & strengthen your hands & at last take you to be forever with those you love.

Miss. Riddick joins me in deepest sympathy for you.

Your friend,

Mrs. Lucy Ball.

221 N. Spring Street,

Greensboro'

N. C.

GARDEN CITY SANITARIUM AND HOSPITAL

TELEPHONE SAN JOSE 385

LEWIS J. BELKNAP, M. D.
PRESIDENT

SAN JOSE, CAL., 7/8, 1920

My Dear Doctor Kellogg:- We just learned, from our last Good Health, of the death of your wife, we feel the world has met a great loss as her work for humanity was practically world wide.

Nina and I extend to you our heart felt sympathy and pray God will sustain you and keep you that you may be able in some degree, to carry some part of the work Mrs Kellogg was so nobly doing.

Should you ever come to the coast do not forget us as we shall be very pleased to see you.

Your Friends and Well Wishers,

L J & Nina Belknap

Muskegon, Mich.

Dr. J. H. Kellogg,
Battle Creek,

Dear Dr. Kellogg:-

I have just learned of the death of Mrs. Kellogg. I want to send a word of sympathy for the loss of a sympathetic co-worker.

Mrs. Kellogg was

always a wonderful
woman to me, in that
despite her affliction
she made her life
useful. an inestima-
ble help in the train-
ing of her family, and
to the many others
who received the
benefit of her teach-
ings.

With grateful remem-
brance of the days when
we were working
with the same in-
terests, I extend my
sincere sympathy.

(Signed) S. Dell Baker.

July 7-'20

Fairlawn Road,

July 12th 1920.

Dear Doctor

I am ashamed of myself for not writing your mother and thanking you for the letters you wrote, with reference to Ella's sickness.

I certainly am grateful and appreciate it very much. I never knew, until I got that letter, what her trouble was. I wrote and asked her a time or two what seemed to be her

trouble and she never
answered the question.
In fact she never spoke
much about herself. Always
a cheerful, pleasant smile.
For you were sure was
to her, and what beautiful
flowers she had. How
I miss those letters. She
sure was a mother to
me.

Our picnics Then
about her Potato is, her
Mother was buried just
seven years ago the day
she died.

It is a comfort to
know she did not suffer

a great deal.

I received the papers
your card, also the letter
with a copy of the memoran-
dum slip in it.

I do not think of any
suggestions I could make
with reference to the
memorial & address. I
shall be glad to have a
copy.

She was one good, noble
example of woman. I am
proud to say she was
my sister.

Sincerely yours.
Carrie E. Kaye.

2 3

15 Union St - Cuba NY July 12th
1904.

Dear Dr Kellogg,

Having learned
of Mrs Kellogg's death - which
makes me very sad Having
I am sending Eli to carry
the has been a very dear
friend of mine for nearly
fifty years Having made ar-
rangements while we were
in our Teens, at - Alfred
Both - when I often visited

more especially at commencement time. I have a warm spot in my heart - always for Alfred University and the people they all seem to live for the University. Could you spare time to write me regarding your work & would be much pleased. Hoping this finds you usually well. With kindest regards to you, please accept my heartfelt sympathy at this time of your bereavement - Respectfully

Clara Vaughan
Mrs S.V.

741 North Marengo Ave.,
Pasadena, Cal.,
July, 7thI920

Dear Doctor Kellogg:-

"Out of the fullness of the heart" there sometimes comes no speech because of the emptiness of mere words yet we are drawn to express so far as words permit,the deep emotion that swells the breast; such a time is this when to day comes the word to me of the passing of Mrs. Kellogg.

We might think and speak of the passing of a star, forgetting that it's light is never lost, but is sweeping forward throughout all space forevermore.

There is no star in life's great firmament that shines with a stronger,sweeter,purer light than the light of a true womanly heart. Often eclipsed by greater lights, or shining besides a lesser one,or steadfastly gleaming from the supreme lonliness of twilight purple; reflecting the fading glories of the bright day's afterglow; or heralding by it's radiant softness,strength for the trials of the comming day,through the cold grey mists of early morn. Steadfastly shining always. Thus the memory of Mrs. Kellogg remains with me. Radiant with all womanly qualities Christlike in her cooperation with those who needed her; noble tender, compassionate, and self sacrificing.

To you dear Doctor I am going to say what my garden said to me the other day.

After some time from home I had returned, my soul disiplined and sick; and was standing in my little dusty, neglected garden
By merest chance (?) a little foreign plant had survived strange environment and alien soil, the careless tread of crushing feet,and lack of accustomed showers that freshened and sustained. Floods,and scorching alkaline dust had swept over it only to give it more rugged growth, and to send its roots more sturdily into the depths of the sun baked earth.

And there at my feet, upon the tip of one little branch I saw a riot of color and at the tip of one of the blossoms a drop of clearest hony as transparent as a dew drop in the Spring
The wonderful butterflies of the Southland were flitting raund about,and sipping it's delights; and the bees found there in that disiplined little plant delicious and constructive food to carry to those who were hungry;and with swelling heart, I sent up to the Father-Mother Heart of God a petition which I trust a may be heard, and answered. Plough deep,Disipline,wither and scorch O Fires of Negation, let the billows of life's shadows sweep over me, if by it all I may be permitted to reflect divine love and compassion,and to send my roots into the depths of Gods boundless storehouse of supplies that they may become distilled into purest helpfulness to those who come my way. Most sincerely yours
Clara B. Landacre

1.

Westerly, R. I. July 14/20

Dear Dr. J. H. Kellogg,

Dear Bro. H

Your two letters were duly received, and was pleased to receive them, and it was so kind of you to give me details of my dear loving sisters illness. I am glad she did not suffer so much as is usually the case with that trouble that she had.

The dear soul she is now where suffering is not known, but of course we are the ones that are suffering the loss in our hearts and we held so dear

small memorial volume on
my sisters life, I would be pleased
to have you use them.
It shows how my love has been
for my dear Sister and my Jennie
joins with me in sending our
words of honor of one who has been
so dear to us.
May Gods blessings ever rest upon
you during these trying hours.

as ever Yours

Will and Jennie Eaton.

P.S. My punctuation, or wording may not be just right so you will overlook all mistakes in that respect, and perhaps my words of memorial are to late to aid you in your book you are to write on her memorial. We will be so pleased to have a copy of it when it is complete.

in our affections.
May God help us to live so that
we may meet her in that heavenly
throne of eternal Glory where there
is no parting of such loved ones.
I know your heart must ache with
loniness and the absence of that
voice in the home brings sadness,
which no one can realize fully
until having had occasion to
have it in their own home.
I trust the children are making it
as pleasant as possible to help you
bear the sorrow that has come into
your home.
I am sending you a little of my
thoughts on paper, if there is any
words you wish to use in your

Mrs. Ella Eaton Kellogg was the oldest of four children born to Joseph C. and Hannah Coon Eaton, she was born in Alfred, N.Y. April 7th 1853, and is survived by her two sisters Mrs. Fanny Thayer, of Linton Indiana, and Mrs Jennie Martin of Volcano, Cal. and one brother William S. Eaton of Westerly, R. I.

Her parents having passed to their heavenly home some years previous.

We are at this time called upon to mourn the loss of one whose life has won the confidence and esteem of all who knew her, a most conscientious, sincere and beloved wife, a most devoted mother and a loving sister.

We recall the teachings of our Heavenly Father that "His will be done and not Ours" though we cannot understand why our loved one should be taken while

she was yet in the full vigor of her noble womanhood, and when it would seem she was best adapted to write books and for publications for the up-building and welfare of the people. We again reflect to the truthfulness of these words "In the midst of life we are in death."

A life of usefulness, one who has always been active in doing good for her people, for the betterment of the Nation by her interest in participating in the W.C.T.U. work.

Giving her untiring services in so many ways to people and organizations, that her kind acts are beyond computation.

She has left a living memory in the hearts of all who was fortunate enough to know her, for it was

her pleasure to sacrifice to make others happy and comfortable, rather than self. A personal quality which she has cherished from childhood up. She was wise in counsel, generous and striving always with heart and mind and soul to fulfil her mission that God would have her do.

In the death of so loyal and efficient and endeared Christian woman the world has sustained a grievous loss, and may we be better for having had such a worthy example of a true Christian womanhood.

Paul M. Kellogg.
94-15th. St
Detroit, Michigan.
July 16-20

Dear Father;

Received your letter of the 1st of July 1920 and was very much impressed to find that Mother thot of me to the last.

I could not tell by your letter whether you wished me to come to Battle Creek to get the keepsakes or whether you intended to send them

I have been rather negligent in answering but it keeps me rather busy working + keeping up the correspondance in regards to my

inventions.

My wife often complains that I do not spend any time with her but I have been figuring on forming a company and I guess you know how much work & time it takes.

I only wish I could hear from B. Ille Creek oftener but there seems to be no one there of who cares to write since mother left.

Hoping this finds you in good spirits and well.. I remain as ever

Your Son
Paul.

John Pepper, Holland, Man., Canada. July 18, 20

J.H.K.

I esteem you as a friend because of your useful work and invaluable teachings

I desire to assure you of my sincere sympathy with you in your irreparable

loss. "Unto the upright there ariseth light in the darkness." Pardon me

for writing to you, not being personally acquainted.

"Though waves and storms go o'er my head,
Though strength and health and friends are gone,
Though joys be withered all and fled,
Though every comfort be withdrawn,
On this my steadfast soul relies--
"Father, Thy mercy never dies."

LH

Holland, Man. July 18. '20

Dr. Kellogg, M. D.

Dear Sir:

I esteem you as a friend because of your useful work and immutable teachings. I desire to assure you of my sincere sympathy with you in your irreparable loss. "Unto the upright there ariseth light in the darkness." Pardon me for writing to you not being personally acquainted.

Yours sincerely John Pepper.

our

"Though waves and storms go o'er my head
"Though strength and health and friends be gone
"Though joys be withered all and dead
"Though every comfort be withdrawn
"On this my steadfast soul relies
"Father thy mercy never dies"

36 [illegible]

Dear Doctor Kellogg-

Just a word to say that your Madison friends have had the keenest sympathy for you during the long illness and death of Mrs Kellogg.

You have stood by so many beds of death and offered consolation to so many in hour of

trial that in Renew you Love
Lord of that great Arm of Love
that is our only real support in
such times as these. "May
God bless and uphold you.

Yours most Sincerely

Miss M. Bessie Shaw

Madison, Iowa

July 7th 1911

Mrs.

R. L. HUNTER 29

French Dry Cleaning
& MESSENGER SERVICE

Box 366

~~600 Bank~~ Street,

Phone: Decatur--70

Decatur, Ala. July 22, 1930

Dear Dr. Kellogg;

The letter you sent to Chattanooga
to me - has just reached here yesterday.
May the people, who
loved where we used to
opened & kept it so long
I do not know.
Only a few days
before your letter -
rec'd. one from
Steele - (who was in
Ohio) telling me the
shocking news - that
Mrs. Kellogg was dead.

R. L. HUNTER

French Dry Cleaning
& MESSENGER SERVICE

~~600~~ Bank Street

Phone: Decatur--70

Decatur, Ala.

2.

To say that I was
was surprised is
my expression! I didn't
even know it! I thank God a
lot! I think time is coming when
there'll be no Negro part-
ing from our Lord
one.

Since my return
I had duplicate last
spring - the tears never
been dry - to
are disappointing - but striv-
ing to pay all my debts
as fast as my can.

R. L. HUNTER

3.

French Dry Cleaning
& MESSENGER SERVICE

Box 366

[redacted] Street

Phone: Decatur--70

Decatur, Ala.

After the 20th of our little girl was added to the family circle - we decided to place "There's no place like Home".

Having the name Hazel & Hilma, recalled many pleasant days in your family. The lessons of thrift - healthful dress - thinking & learned of you - & still practice. I am very glad & privileged of being a member of your - & your kindred household. I am also grateful for your

R. L. HUNTER

French Dry Cleaning
& MESSENGER SERVICE

609 Bank Street

Phone: Decatur--70

Decatur, Ala.

pried that the re-
members are in her
will. If the Supt & Chairman of
before you get this - I
fear - Lucile never get
it.
Please pray daily
Agnes & Helen - & let
them be real & get
a letter from them. I
am not writing as I
suppose they are married ere this, & I
do not know their names.
Dr. tho' cate - I trust
you & know, having
escaped the cares & a
dear one - I know

R. L. HUNTER

French Dry Cleaning
& MESSENGER SERVICE

609 Bank Street

Phone: Decatur--70

Decatur, Ala.

3-

How you feel - and I can heartily sympathize with you! Surely it will not be long - "like to meet again." Being acquainted with God - as friends you are - "He will carry you through" I thank you - who are such a busy man - for your kind letter.

Gratefully -

Minnie Davis Hunter

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JUL 29 20

July 23, 1920.

Dr. L. Tissier,
67 Boulevard Resparl,
Paris, France.

My dear Doctor:

I have your letter of June 16. I am exceedingly glad to have the information which you give and will be pleased to have more. Could you give me some information about the bacillus acidophilus? Do you think this is a strain of the bacillus Bulgaricus. As we have studied these organisms here the acidophilus seems to be able to utilize both milk sugar and malt sugar whereas the Bulgaricus will not utilize malt sugar. Is this true in your experience? If not, how do you distinguish between these two organisms and are they related in any way? It is claimed here that the bacillus acidophilus will thrive in the colon whereas the bacillus Bulgaricus will not. It has occurred to me that perhaps the bacillus Bulgaricus when passing through the human alimentary canal is modified and changed so that it appears as the B. acidophilus in the stools. Do you think this might be true?

Would you be good enough to send me a statement of the best method you know for changing as quickly as possible the flora of an individual and the best method of keeping this flora changed, also what should be the reaction of the stools. Is it not abnormal for the stools to be alkaline at any time? Should it not always be a little acid? Is it not injurious and

Book sent 7-27-20.

315
20
75.0

315
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7500
1

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Dr. L. Tissier.--2

abnormal to have putrefaction in the bowels at any time?

I will send you with this a little book of mine entitled, "Autointoxication." You will see I have made mention of you and your work on page 84. This book was not written for doctors but for nurses.

I will be under obligations if you will write me a little criticism of this book and send me your bill for the same.

I am sending with this a draft for $25.00. If it is not satisfactory I shall be very glad to send you more.

Very sincerely yours,

E.C.M.

July 23,1920.

Business Office:

Furnish to the Extension Dept., foreign exchange to the amount of twenty-five dollars payable in French francs to Dr. L. Tissier and charge to expense. This is for work done by Prof. Tissier as consulting bacteriologist for the institution.

J. H.K.

v-m

MAILED 12-7-20

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December 3, 1920.

Dear Mr. Barron:

Enclosed I hand you a little booklet about the Hindman Settlement School, Hindman, Kentucky. I know the writer of the booklet and the people who are carrying on the school. It is one of the most worthy enterprises I know of. I have a scholarship in the school. It occurred to me that perhaps you would like to invest a little in this good work. Please read the booklet, which is not an imaginary sketch but a true account of the actual happenings.

Sincerely yours,

t

DEC 3 1920

ALBERTO G. GARCIA M. D.
AUSTIN, TEXAS
219 East 6th. St.

66

July 24, 1920.

My Dear Doctor:-

I have just received your letter dated July 1, in which you notify me of the memorandum of belongings which Mrs. Kellogg left to me and to Isabel.

It is for me a most shocking announcement seeing that it also means the passing away of Mrs. Kellogg from this life.

My fullest sympathies go out to you and to all the other who bear the loss in her death. Death often serves the good purpose of drawing friendly ties betweenthe living yet closer than these had been before. I am sure all of us who have learned to respect and look up to you with love and high esteem after we had leaned dependently upon you and Mrs. Kellogg, feel more closely drawn toward you. Let me repeat my acknowledgement of the profound obligationwhich I feel toward you and Mrs. Kellogg. I may not be able to repay directly in this life, but It is possible my my living example to justify the care and effort which you and Mrs. Kellogg expended on my training. Such is and shall continue to be my one life aim.

Sincerely your friend,

Alberto G. Garcia

30

Dear Mr Kellogg,

Through Mrs Calvin with whom I had luncheon to-day and who, you remember, has recently been at the Sanitarium I learned of the death of Mrs Kellogg. Please accept

AUG 2 1920

my deepest sympathy
for your very great loss.
I shall miss the cordial
greeting of Mrs Kellogg when
I come to Battle Creek this
summer and yet I know
that my loss of a friend can
in no degree compare with yours.

Sincerely

Corvallis, Oregon M. Isabelle Bovee

CIRCULARS

- ☐ Massage
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- ☐ Colon Hygiene
- ☐ Hydrotherapy
- ☐ Hygiene of Infancy
- ☐ Itinerary of a Breakfast
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- ☐ Life
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- ☐ Plain Facts
- ☐ Science in the Kitchen
- ☐ Sinusiodal Current
- ☐ Thousand Questions
- ☐ Vibrotherapy
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- ☐ Colon Hygiene
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- ☐ Itinerary of a Breakfast
- ☐ Neurasthenia
- ☐ New Cookery
- ☐ Plain Facts
- ☐ Thousand Questions

Aug. 31, 1920.

Lawyer Ira A. Bock,
503 City Bank Bldg.,
City.

Dear Sir:

The following pieces of real estate stands in Mrs. Kellogg's name:

Lots 74, 75, 76, 77 and 100 Walters Addition.

She owned the following Sanitarium bonds:

#1152		2000.00
1153		2000.00
1103		1000.00

Also the following Liberty Bonds

4th	Liberty	Bonds	#10953008	50.00
4th	"	"	10953007	50.00
3rd	"	"	693222	500.00

I am inclosing the deeds and abstracts of her real estate.

Yours truly

STATE OF NEW YORK

STATE BOARD OF CHARITIES

DR. STEPHEN SMITH
COMMISSIONER

~~260 WEST 76TH STREET~~
SKANEATELES.
NEW YORK Sept.2.1920.

TELEPHONE COLUMBUS 6300

MY.Dear Dr.Kellogg:- I have read your very kind note to Mrs.Mason advising as to my health and must assure you that it is a source of great comfort to know that you can afford to give me even a passing thought amid your pressing duties. I think it was satisfactorily determined that my indigestion was due to excess of gases in the stomach and that there was no evidence ofangina as a cause. The pulse and respiration were entirely undisturbed. The distress began in the epigastrict region and gradually spread upward until the whole chest cavity was under severe pressure. There was no actual pain but the feeling of a grip of the chest. Relief was obtained with the discharge of gas by the mouth and the relief was instantaneous. One feature was pressure upon each akillary plexus causing distress in the arms alike. I am under a strick diet,excluding articles liable to create gasses andfor aboul five weeks I have been free from an attack.
The summer has been delightfully pleasant in Skaneateles with my daughters Mrs.Mason and Mrs.Gould with her three children. I regret to confess that I have spent my time idly on my porch,inhling the pure air of the Lake and mountainous region.
Well,I feel that my work is done and that I have only to wait patiently the appointed "clear call for me." I will say with Tennyson,

Let there be no moaning at the bar
When I put out to see."

With abiding regard.

Stephen Smith

STATE OF NEW YORK

STATE BOARD OF CHARITIES

DR. STEPHEN SMITH
COMMISSIONER

[redacted]

NEW YORK

TELEPHONE, COLUMBUS 6300

SEP 6 1920

SEP 1920

Skaneateles, N.Y. Sept. 4" 1920.

Dear Dr. Kellogg;-

You have asked me to write you regarding people needing the care and treatments of the Sanitarium, and I want to consult you as to an old and esteemed friend of mine, Dr. E. C. Phillips, who was a pioneer missionary of the Baptist Foreign Mission Board for forty years in an Indian jungle, and who wore himself out in the service. He spent several month at the Sanitarium immediately upon his return home five years ago and recieved much benefit. He will never return to the field, and sorely needs proper food, care and comforts to be abtained at Battle Creek. His wife is very frail and I am anxious to see them where they can have the benefits of your institution if possible.

Of course they have not been able to save very much and could not pay full prices. Would it be possible to secure such concessions for them as would enable them to spend a few months with you this fall and winter ? They could not room out of the building where they took treatments and meals but would need to be in one of the Sanitarium buildings. Elder Tenny knows they well.

I should appreciate any help you could secure for them just now as if rendered to myself and they aremjust such folks as you are always so anxious to help. Battle Creek Sanitarium has been a great blessing to scores of just such people and I trust it may be possible for them to enjoy the benefits of the Sanitarium for awhile.

Stephen Smith.

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MAILED
FILE
NO. F. U.
FOLLOW

SEPTEMBER THE SEVENTH

1920.

Dr. Stephen Smith,
State Board of Charities,
Skaneateles, New York.

My dear Doctor Smith:

It was really a joy to receive your letter of September second and to know that you are getting on comfortably.

I am glad to know you have not angina and that you are having a pleasant summer. I know you enjoy to the fullest extent, the beautiful scenery with which your vicinity abounds.

I am not surprised that you feel that your work is done for you have accomplished such a vast amount in your long life's time and have set going so many extraordinarily useful enterprises, that you have easily done enough for a dozen men and are fully entitled to feel that you have done your part and have earned the right to rest from your labors and to enjoy the contemplation of the grand results of your successful endeavors.

I have this morning received your letter of September fourth with reference to Dr. E. G. Phillips. We shall be glad to have these good people with us at the regular missionary rates which are shown on the enclosed card. These rates cover only a fraction of the actual cost of the care of patients at the present time, but we always feel it a benediction to have these noble missionaries under our roof. After the middle of October we can find room for them in the Annex, where they can have their meals and most of their treatments, perhaps all of them. If they have occasion to come to the Main Building for lectures,

MAILED

FILE

NO. F. U.

FOLLOW

etc., they can come in a closed carriage, so they will not suffer from the cold. Our Winters are not so severe here, anyway, as you have them in New York.

Hoping this note will find you still comfortable and still looking forward with anticipation to the celebration of your one hundredth birthday year in the Sanitarium, I am, as ever,

Sincerely yours,

v-b

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Dromoffice

UNITED STATES DEPARTMENT OF AGRICULTURE
BUREAU OF PLANT INDUSTRY
WASHINGTON

FOREIGN SEED AND PLANT INTRODUCTION

Oct. 14, 1920.

Dr. J. H. Kellogg,
Battle Creek Sanitarium,
Battle Creek, Mich.

OCT 17 1920

Dear Dr. Kellogg:

I tried to get to you the other day some of the Abyssinian Rumex but was unable to do so. Mr. Bisset, my assistant, is therefore arranging to send you a package of this at Battle Creek and has written you in regard to the matter. You will notice from the analysis of this remarkable summer green, which makes a growth here in Washington of over four feet, that it has very little fiber in it and in other respects compares favorably with spinach. I shall be very glad indeed to get from you an opinion in regard to the uses of this new green before we go ahead in the distribution of the seed. I believe you can grow this in Battle Creek as well as you can in Washington.

You spoke to me the other day about the remarkable character of the avocado. You will be interested in the enclosed copy of a letter from a most observing man, Mr. Charles T. Simpson, of Littleriver, Fla., which will give you an idea of

the coming food value of this tree crop in Florida. Think of the possibility of living off of a few trees of avocados throughout the year in that wonderful climate. This is what the Guatemalans have done probably for centuries.

I find on my desk a letter from Nellie N. Coffman, in charge of the Desert Inn in Palm Springs, Calif. I did not give you the correct name of her hotel, although I did give you the name of the place. Please do not misunderstand me - Palm Springs is in the Coachella Valley rather than in the Imperial Valley. It is more of a desert in some respects even than the Imperial Valley and is nearer the large date plantations. If I were in your place, I should certainly plan to spend some time at the Desert Inn, where you will be more quiet and more comfortable probably than in the larger hotel at El Centro, Imperial Valley. Imperial Valley is a very busy place. You should by all means see it, however, as it is a great American oasis, made by the initiative and intelligence of Americans.

I am sorry that I was not able to hear your nut speech, but, as I explained, I had engagements which made it impossible.

With kind regards, I remain,

Very sincerely yours,

David Fairchild

F-S. Agricultural Explorer in Charge.

Translation of a letter from Dr. Tissier.

Oct. 16, 1920.

Dear Doctor:

I have not been able to respond sooner to your letter of August 4th because of a vacation and an accumulation of work which awaited me on my return. I will respond to your several questions in the order in which they are asked.

1. The method which I proposed in 1906 to the Society of Biology, and which you know, always seems to me to be the best to transform the intestinal flora and to keep it good. I have only made some slight changes in certain special cases. It differs from that of Metchnikoff, who thought diet to be unnecessary. I think without dietetic regulation adapted to each transformation it is not possible that it should be durable.

2. I think that the B. Welchii is a transition species of the B. coli. An ideally typical intestinal flora should not contain B. Welchii and not more than 5 per cent B. coli. I have been able to obtain some stools which contained no B. coli, but this is the exception.

3. The B. coli may in a neutral medium play the role of a microbe preventing fermentation. In an acid or neutral medium it produces neither indol or phenol. It is thus little harmful in acid stools.

4. The B. acidophilus is not a proteolytic bacillus; it produces neither indol nor phenol. It cannot, then, play an important role in intestinal putrefaction. It is probable that Torrey and Rettger have not studied the same bacillus as I have. I am going to write them on the subject.

5 & 6. The B. bulgaricus is altogether different from the B. acidophilous. The first is large and vigorous; the second is thin, filamentous, pelotonne in masses. The B. bulgaricus will not grow in ordinary media. It lives well only in milk. It supports an acidity of 10 to 13 per thousand. It produces even as much as 30 parts of lactic acid to the thousand. The acidophilus ceases to grow in an acidity of two parts to a thousand and produces only acetic acid. The B. acidophilus cannot be transformed into the B. bulgaricus, and in the intestine they may be found side by side. The B. bulgaricus does not acclimate itself in the intestine of man. It is no more permanent than the B. acidophilus. It only favors, as do all the lactic acid bacilli, the reappearance of the normal flora of which the fermentative type is different. It is especially composed of acetic acid-forming microbes.

7. The best clinical method of distinguishing the normal flora is at present the odor, the reaction, slightly acid. In the absence of secondary fermentation the bacteriological examination is nearly always necessary.

67 Bd Raspail
Paris.

Cher Docteur

Je n'ai pu répondre plus tôt à votre lettre du 7 août à cause des vacances et du travail qui m'attendait à la rentrée.

Je vais répondre à vos questions dans l'ordre où elles me sont posées:

1° La méthode que j'ai proposée en 1906 à la Société de biologie, et que vous connaissez, me semble toujours être la meilleure pour transformer la flore intestinale et la conserver bonne. Je n'ai fait qu'y apporter de petites modifications dans certains cas spéciaux. Elle est différente de celle de Metchnikoff qui ne tenait pas à l'régime nécessaire. J'estime que sans régime alimentaire adapté, aucune transformation n'est possible ou durable.

2° J'estime que le B. Welchi est une espèce normale aussi que le B. Coli. Une flore intestinale type, idéale, ne doit pas contenir de B. de Welch et pas plus de 5% de B. Coli. J'ai pu obtenir des selles ne contenant pas de B. Coli; mais c'est l'exception.

3° Le B. Coli tue, dans le tube digestif, tous les microbes empêchant la fermentation; dans les milieux acides ou sucrés il ne donne pas d'indol ni de phénols, il est donc inoffensif dans les selles acides.

4° Le B. Acidophilus n'est pas un bacille protéolytique. Il ne donne ni indol ni phénol. Il ne tue donc pas tous les microbes intestinaux. Il est probable que Torrey et Pettger n'ont pas étudié le même bacille que moi. Je vais leur écrire à ce sujet.

6°. Le B. Bulgaricus est tout à fait différent du B. Acidophilus. Le premier est gros, trapu, le second grêle, filamenteux, pelotonné en masses enchevetrées. Le Bulgare ne pousse pas en cultures ordinaires, il ne vit bien que dans le lait. Il supporte une acidité de 10 à 13 °/oo en SO4H2 il donne jusqu'à 30 °/oo d'acide lactique. L'Acidophilus s'arrête avec une acidité de 2 à 5 °/oo, il ne donne que de l'Acide acétique. — On ne peut pas transformer le Bulgare en acidophilus et vous l'entendez on peut les trouver côte à côte. Le Bulgare ne s'acclimate pas dans l'intestin de l'homme, il n'y reste pas, bien plus que le B. Acidiparalactici. Il ne parasite seulement, comme tous les lactiques la disparition de la flore normale dont le type fermentatif est différent. Elle est surtout composée de microbes acétiques.

7°. La meilleure méthode clinique de distinguer une flore normale est jusqu'à présent: l'odeur, la réaction légèrement acide, l'absence de fermentation lactique. L'examen bactériologique est presque toujours nécessaire.

Veuillez agréer, cher Docteur, mes salutations respectueuses.

Dr L. Linier

Pithiviers

N.B. Je vous remercie beaucoup des honoraires que vous avez joints à votre lettre. Je lui vote bien sur l'auto-intoxication et vous donnerai mon avis.

AMERICAN CONSULAR SERVICE

Georgetown, British Guiana,
November 19, 1920.

Dr. J. H. Kellogg,
Battle Creek, Michigan,
United States of America.

DEC 15 1920

Sir:

I have to acknowledge the receipt of your letter of October 2, 1920, making inquiry concerning the Souari nut and the Pekea nut.

I have communicated with Professor J. B. Harrison, Director of Science and Agriculture of British Guiana whose reply is as follows.

"I have the honour to acknowledge the receipt of your letter and to state that the Souari nuts in question are the product of trees very thinly scattered in the Guiana forests; it is with great difficulty a barrel of them can be obtained; and that the trees are very irregular in bearing. I know nothing about the Pekea nut".

I have made other inquiries and find that formerly Souari nuts were brought to Georgetown in small quantities by the Aboriginal Indians who reside in the interior, but that for some time past none have been brought here. It is not known as to whether the supply of nuts has failed or whether the Indians have merely ceased to collect them. No one seems to have any knowledge of the Pekea nut.

I regret that under the circumstances I am unable to

procure the samples which you requested and I am returning herewith $1.00 which you sent me to pay the carriage on same.

Please inform me if I can be of any further service to you.

Very respectfully,

Charles A. Davis
American Consul.

Enclosure:
✓ $1.00 bill.
dc

861.5

The Battle Creek Sanitarium
Battle Creek Michigan

December 3, 1920.

SUPERINTENDENT'S OFFICE
J.H.KELLOGG.M.D.

Dear Mr. Barron:

Enclosed I hand you a little booklet about the Hindman Settlement School, Hindman, Kentucky. I know the writer of the booklet and the people who are carrying on the school. It is one of the most worthy enterprises I know of. I have a scholarship in the school. It occurred to me that perhaps you would like to invest a little in this good work. Please read the booklet, which is not an imaginary sketch but a true account of the actual happenings.

Sincerely yours,

J.H. Kellogg

b

Dear Dr.

Dec 28/1920

You may be glad to know I joined you in that and sent check today

C.W. Barron

AMERICAN ASSOCIATION FOR THE ADVANCEMENT OF SCIENCE

SECTION K. SOCIAL AND ECONOMIC SCIENCE

FREDERICK L. HOFFMAN
VICE-PRESIDENT AND CHAIRMAN
OF THE SECTION
NEWARK, N. J.

SEYMOUR C. LOOMIS
SECRETARY OF THE SECTION
82 CHURCH STREET, NEW HAVEN, CONN.

SECTIONAL COMMITTEE

FREDERICK L. HOFFMAN
DAVID JAYNE HILL
JOHN BARRETT
SEYMOUR C. LOOMIS
J. PEASE NORTON
GEORGE F. KUNZ
JOHN F. CROWELL
THOMAS REED POWELL

New Haven, Conn., December 4,1920

DEC 6 1920

Dr. J. H. Kellogg,
Battle Creek,Mich.

Dear Sir:

The American Association for the Advancement of Science will hold its annual convocation at Chicago on December 28th, 29th and 30th, 1920, and the Economic and Social Science Section is planning to have representative men speak on subjects of importance to the welfare of the country. In behalf of the committee of our section I have the honor to invite you to address us on the subject "Could Public Health be bettered by a System of Correspondence Courses for the Individual - by a National Health Service".

The exact time for your address will be arranged later. We hope that you can be present in person but if that is impossible a paper can be read.

Kindly advise me at once.

Yours very truly,
Seymour C. Loomis.
Secretary, Section K.

SCL:HGW

Rush

1 copy

STATE OF NEW YORK

STATE BOARD OF CHARITIES

DR. STEPHEN SMITH
COMMISSIONER

~~434 RIVERSIDE DRIVE~~, NEW YORK

TELEPHONE, MORNINGSIDE 3390

1500 Park Avenue
New York City
DEC. 8. 1920.

DEC 9 1920

My Dear Dr Kellogg - I have just returned to the city from Oconomowoc where I spent my summer vacation as I still call ~~may~~ the month's absence from the City. The weather was ideal & I enjoyed the whole season very much.
My health which I know interests you has been very good. In fact, I do not experience any change to which I can attach any form of disease. My blood pressure fluctuates between 130 & 150. digestion good but appetite not strong. Sleep very refreshing - have no pain at any time. Urine normal in amount - Slight pus from Prostatic action & ingredients fluctuate but not indicative of a disease process.
I learn from Mrs. Eaby that you are to spend the winter in California for rest. It is a wise determination & may secure you years of useful work. Wherever you may go the love & gratitude of thousands will follow you -
I have greatly missed the Journ. of Good Health. If you can spare one copy I should be glad to receive it regularly -

Sincerely Yours.

Stephen Smith

Dr. Stephen Smith,

1000 Park Ave.,
New York City.
Dec. 8, 1920

My dear Dr. Kellogg:

I heve just returned to the city from Skaneateles where I spent my summer vacation as I still call my month's absence from the city. The weather was ideal and I enjoyed the whole season very much. My health which I know interests you has been very good. In fact I do not experience any change to which I can attach any form of disease. My blood pressure fluctuates between 130 and 150, digestion good but appetite not strong. Sleep very refreshing, have no pain at any time. Urine normal in amount. Slight pus from Prostate, other ingredients fluctuate but not indicative of a diseased process. I learn from Mrs. Estes that you are to spend the winter in California for rest. It is a wise determination and may secure you years of useful work. Wherever

you may go the love and gratitude of thousands will follow you.

I have greatly missed the journal of Good Health. If you can spare one copy I should be glad to receive it regularly.

Sincerely yours,

Stephen Smith, M. D.

RG

Dec. 9, 1920.

Memo. for J.H.K.

Good Health has been sent to Dr. Stephen Smith regularly the past year. Up until summer, it was sent to 1000 Park Ave., New York City. Then we received word to change address to Skaneateles, N.Y. where it has been going regularly. We have received from the Postmaster at Skaneateles a bunch of Good Healths which have been mailed there, with the information "that party could not be located." In the same bunch are some Good Healths which have been forwarded by the New York Postoffice, (1000 Park Ave.,)to Skaneateles to Dr. Stephen Smith, and returned to us because they could not locate Dr. Smith.

Dr. Kent. Good Health Pub. Co.

B.S.

AMERICAN ASSOCIATION FOR THE ADVANCEMENT OF SCIENCE

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JOHN BARRETT — JOHN F. CROWELL
SEYMOUR C. LOOMIS — THOMAS REED POWELL

New Haven, Conn., Dec. 9, 1920
A.A.A.S.

Dr. J.H.Kellogg, Superintendent,
Battle Creek Sanitarium,
Battle Creek, Mich.

~~Popular Education through~~

Dear Sir:

Our section will hold its sessions beginning at 2:30 p.m., on December 28th, 1920, and with two sessions each of the two following days, Wednesday and Thursday, the 29th and 30th, at 10 a.m. and 2 p.m. You have been assigned to speak on "Could Public Health be Bettered by a National Health Service?", on Wednesday, December 29th, at 10:00 a.m.

The exact place of our meetings you will be notified of later. All the sessions are to be held at the University of Chicago.

DEC 11 1920

If you have any diagrams, maps, or pictures, or anything of the sort to throw upon the screen, such facilities will be provided if you will kindly write to me whether or not you care to use them. Please advise me on this point as soon as possible.

We are relying upon your being present in person. Please send to me a copy of your address with abstracts for the press so that I may have it on or before Friday, the 24th, at my office in New Haven. My office after that will be at the Hotel Congress, Chicago, during the session.

Your address should be limited to twenty minutes to a half hour.

Kindly acknowledge receipt of this letter.

Yours very truly,
Seymour C. Loomis
Secretary, Section K.

SCL:HGW

RUSH

DEC 11 1920

Any reply to this letter should be addressed to the consular office at the place from which letter comes and not to the Department of State.

MAILED
FILE
NO. F. U.
FOLLOW

Blue Book
Prosp. & Rates
Vac. Bklt.
S. Life Bklt.
S. L. De Luxe
Rea. Why Bklt.
Meas. of Man
Fac. of Safety
Diet List
Rate & Res. C.
B. C. Idea
Corr. Card
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Soul of B. C.
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B. C. I. Bklt.
Helpful Hints
Ann. Report
Starting Life Over at Forty
Eating for Efficiency
No Brh. Fldr.
Winter Fldr.
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D. S. Cat.
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T. S. Cat.
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Post-Grad. Bk
Pro. Letter
N.S.P.C. Cat.
N.S.P.E. App.
Stpd. Ret.Env
Lit. Req. Blk.
Dia. Manual
D. Add. Cir.
D. Add. Let.
Reprint
The Health Decalogue
How to be Slim
Plunkett Reprint
Guelpa's Discovery

December 10, 1920.

DEC 12 1920

Dr. Stephen Smith,
1000 Park Ave.,
New York, N.Y.

My dear Dr. Smith:-

I have yours of December 8.

I am delighted to know that you have had a pleasant summer and that you find yourself home again in such good condition.

I am distressed to know that the "Good Health" has not been sent to you regularly. It must be a clerical error and I will see that all back numbers are sent to you. I am proud to know that you think it worth while to glance at my little journal.

By the way, I wonder if I ever sent you a copy of my little book, "Autointoxication?" I am going to take the liberty to send you a copy of this and, if you think it worth while, sometime I will be very glad if you will give me an opinion of the work which I can put in the hands of the publishers. I am anxious to get this book into the hands of the profession for the methods which I have described have proved invaluable to us here. Dr. Bryce, a leading physician of Birmingham, England, has adopted the methods which I have suggested and is tremendously enthusiastic. He thinks my plan of changing the intestinal flora is the biggest thing discovered since the work of Pasteur and Lister.

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- Guelpa's Discovery

MAILED

FILE

NO. F. U.

FOLLOW

I am going to California for a few weeks, not to rest but to work. I am just finishing a book which I hope to get done before I leave and then have two books to last while I am away. I can work so much more rapidly when away from home than at home that I am taking advantage of the winter season when weare not so crowded as in the summer to give me a chance to get this work off my hands. When I get a book on my mind and on my heart and soul it is a real burden and does not give me any rest or peace of mind until I get it off. I often think when I have finished a book that I know something about how a woman feels who has given birth to a child. It seems a wonderful relief.

You will be glad to know that our work here is going on splendidly.

I received the other day a gift from a woman of $75,000 in bonds and well secured notes and mortgages to be used for founding a health college. I have another offer of property worth fully three-fourths of a million dollars to be used for the same purpose so this is my next job to complete the organization of a health college in which all lines of training in relation to health will be carried forward and on a university basis.

I hope to be in New York next spring and, if I am, I will certainly hunt you up.

We are already beginning to anticipate the pleasure of celebrating your 100th birthday. It would be an event of world-wide interest and I am sure will attract more attention even than did the birthday party of Cheuvreul on his 100th birthday.

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MAILED
FILE
NO. F. U.
FOLLOW

Dr. Stephen Smith.--3

I had a chat with Dr. Evans the other day in Chicago where we have been having a big health exposition. Dr. Evans tells me the next meeting of the American Medical Association is going to be a sort of celebration and that you will figure very largely in it. I hope to have the pleasure of being there.

We had a couple of weeks ago a great health exposition in Chicago at the Coliseum.. The Coliseum was packed with people from 11:00 A. M. until 11:00 P. M. , 20,000 to 30,000 people a day for six days in succession. We had a Race Betterment Exhibit there. We measured and weighed the people and tested their strength and tested their blood. We found almost everybody anemic. We tested a thousand people a day and found not more than six a day whose hemoglobin was above 90. The American people are quite anemic and are getting more anemic since they are eating less meat for the reason they do not eat greens and with the exception of greens our foods are nearly all deficient in iron. Red meat, of course, contains iron though not in the best form.

But I fear I am making this letter so long as to be tedious to you.

Kindly give my regards to your daughter and believe me as ever,

Your devoted and admiring friend,

V-M

MAILED
FILE
NO. F. U.
FOLLOW

Dr. Stephen Smith.--4

P. S. Since writing the above, I have learned that "Good Health" has been sent to you regularly. They went to your present address until you changed your address to Skaneateles, then were sent there. A big bunch just came back the other day from Skaneateles saying that they were not able to locate you. They have now been forwarded to your present address. Some of these "Good Healths" were sent from here and some were forwarded from the postoffice in Skaneateles. The fault seems to be with your postmaster at Skaneateles. I hope you will get them all right now, and will have no further trouble. I am going to send you a book on foods one of these days. This is the book I am just finishing.

J. H. K.

V-m

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- Guelpa's Discovery

IRA A. BECK
ATTORNEY AND COUNSELOR
503-4-5-6 CITY BANK BUILDING
BATTLE CREEK, MICH.

December 11, 1920

Dr. J. H. Kellogg,
Sanitarium, City.

Dear Doctor:-

A claim was put in against the estate of Mrs. Kellogg based on a note in favor of the Bank of College View, Nebraska Note, in the sum of $84.59. Should this allowed, please? Please let me hear from you by return mail.

Yours very truly,

W.

MAILED 17-20
FILE
NO. F. U.
FOLLOW

- Blue Book
- Prosp. & Rates
- Vac. Bklt.
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December 15, 1920.

Mr. C. W. Barron,
30 Kilby St.,
Boston, Mass.

DEC 15 1920

My dear Mr. Barron:

The examination in your case shows that you are getting along wonderfully well considering the way you work. Your metabolism is nearly normal and your general conditions remarkably good with the exception of the overweight. This is really serious and I think ought to have a little more serious attention than you are giving it. It is fine to lose fifteen pounds, but you ought to lose fifty or sixty. You ought to put yourself under treatment for six months. It will not be necessary for you to spend the entire six months with us, but you ought to spend half of it here. I fear you relapse somewhat when you go away. You ought to keep up a constant battle against this overaccumulation of flesh.

As regards the young man, his trouble is dry catarrh of the middle ear. This trouble is usually the result of a diseased condition of the throat, which extends from the throat through the eustachian tubes into the middle ear. Dr. Colver thinks the patient may be considerably improved by local treatment and removal of the tonsils. He should have special treatment of the ear by a good specialist. This should be repeated at proper intervals. Improvement of the general health will help a good

deal. He must stop smoking. This is imperative. Smoking always irritates the throat, especially when there is a tendency to disease this is made worse. Smokers' sore throat is recognized as a very common malady among smokers which is induced by smoking.

The young man should spend as much time as he can in the open air. A couple of hours a day of vigorous exercise in the open air would be wise and greatly beneficial. He should sleep in the fresh air at night. He should adhere closely to the antitoxic diet; that is, should discard meats of all kinds and should keep his bowels moving regularly.

I hope you will be with us again before many weeks.

With kindest regards,

Very sincerely yours,

P. S. The young man should take care to keep his bowels very active by the use of bran or agar, paraffin and a very laxative diet. He ought to eat at least one large dishful of greens once a day, better twice.

12-14-20.

Case of Mr. E. M. Stein.

First examination of the ears in Sept. 1919. Patient made a moderate improvement under treatment as shown by tests in February and April of 1920. At the time of his return for a checking up of Dec. 7, 1920 the hearing is found to be only slightly better then it was in Sept. 1919 not having maintained all the improvement which was made by treatment.

It would be my suggestion that the removal of his tonsils be seriously considered as step preserving his hearing.

There is no degeneration of the auditory nerve, but the type of his trouble is ordinarily called " dry catarrh of the middle ear."

It is my opinion that he should have 12 or 15 treatments once a year to maintain his hearing and to improve it as much as possible.

Dec. 7, 1920. Patient had a submucous in Sept. 1920 but not here. Now has linear perforation of septum rather far back and low.

PNG

Dr. Colver.

Dec. 15, 1920.

Memo. for J.H.K.

Regarding Mr. Barron, there is nothing the matter with his tonsils. His metabolism test was plus 6. This would indicate that his metabolism was not altered very much. He lost 15 lbs. while here, (ten days). He was very much pleased when he left. The function of the pituitary body may be decreased. It is small if anything, but still within the normal.

Dr. Hubly.
B.S.

H-S

Regarding Mr. Stine, I wish they would send him back. He has bad tonsils which should be removed, and probably would make some difference in his hearing. If he does not have this done, he will probably become more deaf right along.

Dr. Hubly

Oberlin, Ohio.
Dec. 19, 1920.

Dear Dr. Kellogg:-

DEC 21 1920

A word in appreciation of your autographed photograph which I received from one of the girls several weeks ago. I am one of the Class of 1917 who came back for the reunion of the School of Home Economics. I cannot express what a pleasant time that was for me and I know it was due in part to your effort that the girls received such a royal welcome.

I was very sorry to hear of Mrs. Kellogg's death the day I left. Your administration to the sick will bring you comfort and help in your affliction I am sure, better than any I could offer. I have always admired your devotion to the ideals you have laid down in the sanitarium and I try to spread them in my ministry to my family. I am the aldest girl in a family of eight with no mother so you can see I have a great opportunity for training my sisters and brothers in right living.

We have just come to Oberlin for the school year as we have three girls in college here. We return to our home in Twinsburg, Ohio in June, after the college closes. If you ever come to Cleveland + vicinity we should feel honored to entertain you.

Thanking you again for the photo and with best wishes for a

Merry Christmas and a

Happy New Year.

Sincerely,

Mildred A. Dunscombe

DEC 26 1920

ONE THOUSAND PARK AVENUE

December 22. 1920..

My Dear Dr.Kellogg:- I am glad to hear that the Sanitarium is prospering and that you are to extend its operations on the site which it occupies. Its influence will be far greater by enlarging its work where it began than by organizing new Institutions in other places. I am glad that you do not go to California for your health but on business and diversion.
AS to my Centennial celebration the American Public Health Association is making preparation to meet in New York on next November and make the meeting one of national interest in the promotion of the public health. The President of the Association called upon me a few days ago from Idaho to confer with me as to delivering an address. I encouraged the movement and promised every possible aid provided,of course.I was living at that date and able to perform the proposed function. AS the President outlined his plans the anniversary may prove of historical importance. I have just received a letter from the Secretary of the Assoc. stating that the Ex.Committee intends to make this meeting my Centennary and the

Associations Semi-Centennary. This would be a mistake as my Centennary is Feb.1923. I may be mistaken as to the intentions of the Committee and if so your proposition to have my Centennary at the Sanitarium would be in order.I will inform you when I get definite information.
My physician here - a Prof.of Therapeutics in the Post Graduate School - has recently made a very thorough examination as to my physical Condition and reports that every organ seems to be performing its function normally. Pulse 72 ,regular and in good force - blood pressure 134 - urine Sp.Grav,110 and only abnormal in having a trace of albumen due probably to eggs whichIhave lately eaten - novertigo or headaches -sleep very sound and refreshing -good appetite and digestion of very simple foods as corn meal mush,with milk -baked potatoes- occasionally white meat of chicken -fruits freely. I seem to be living very much along the lines suitable to my age and previous habits. For a tendency to constipation I have a weekly high irrigation of the bowels (4gal.of salt water being used)by a competent graduate nurse.
Tho'these details may not interest youI venture to make them in the hope and belief that if your skilled judgement detects any defects you will kindly correct them. I have your most interesting and useful Book on Constipation for which many,many thanks. It ought to be in every family, and a textbook for instruction in every school,college and institution for learning - in the Army and Navy. As President-Elect Harding'Father an Brother are physicians I hope Publdc Health interests of the Government will be placed on an enduring scientific basis.

Now I have a small matter of business I will mention and you must take such action as you have time inclination. First. The Manager of Good Health misunderstood me when I asked him to send me three copies of the numbers of the Journal wich contained my address at the Banquet. He sent them but continued to send them to the present and I have endeavored to make good ure of the extra numbers by giving them to families who I thought would subscribe. Second.I think the person who has carge of your News Department had my book "Who is Insane" for sale,but has not now owing to the decline in the demand for such a work during the war . As you continually have so many people to ehom such a book ought to be interesting I would very much like to have it at all times on sale in your paper and book department. If you could put me in communication with the head of this bureau I would be glad to arrange details with him.
My Dear Doctor,I have written a rambling letter and beg you will take such action or no action on matters mentioned as your time and circumstances mat permit.

Most Sincerely Yours.

Greetings
and all good
Christmas Vibes

My dear Mrs. Kellogg
and family: — Ff.
As the years
pass, - bringing
many changes in
their effect
upon us - my mind
turns back to you
back in memory
to my days spent
in dear Battle
Creek, - among you
all. - my beloved
friends! May
the new year
bring to you - each
and all, - the best
of blessings. -
the richest
indeed

Dec. 20, 1920

May W. Hannamians? Auburn, Calif.

Mrs. J. H. Kellogg

As the years pass, bringing many changes to us all, my mind never loves to go back in memory to my days spent in Dear Battle Creek, Among you all. My beloved friends. May the New Year bring to you each and all the best of blessings in the wish of your devoted friend.

RG

Boston News Bureau,
C. W. BARRON, MANAGER.
30 KILBY STREET. BOSTON, MASS.

December 23, 1920.

DEC 26

Dear Dr. Kellogg:

I thank you for your interesting letter of instructions and Stein and I are grateful for the stimulus and advice. We are going right at it.

Do you know that recently I tasted beef at a dinner party and it did not taste good to me. Sometime you might tell me if it is really true that after one becomes a vegetarian, meat is distasteful.

I shall try to get out to Battle Creek again before next summer.

I think you ought to get the original of this bath-tub article. It is the most interesting thing I have struck lately. I am cutting this from the Boston News Bureau of December 13th.

Have your investigations ever shown you the medicinal value of water in bathing--some indications of electric properties in water or radium properties in water which assist in healing?

Don't bother to write, but if you can direct me somewhere to the causes for the healing properties of hot and cold water beyond the heat and cold and reaction I shall be grateful.

With regards to Dr. Hubly and your good associates, believe me,

Very truly yours, C. W. Barron

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- S. L. De Luxe
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- Diet List
- Rate & Res. C.
- B. C. Idea
- Corr. Card
- Card (special charge)
- Soul of B. C.
- San. Experience
- B. C. I. Bklt.
- Helpful Hints
- Ann. Report
- Starting Life Over at Forty
- Eating for Efficiency
- No Brh. Fldr.
- Winter Fldr.
- Kellogg Frds.
- Menus
- Pat. Exp. Card
- Nur. Chg. C.
- Res. Card
- D. S. Cat.
- D. S. Appli.
- T. S. Cat.
- T. S. Appli.
- Post-Grad. Bk
- Pro. Letter
- N.S.P.C. Cat.
- N.S.P.E. App.
- Stpd. Ret.Env
- Lit. Req. Blk.
- Dia. Manual
- D. Add. Cir.
- D. Add. Let.
- Reprint
- The Health Decalogue
- How to be Slim
- Plunkett Reprint
- Guelpa's Discovery

MAILED 12-29-20
FILE
NO. F. U.
FOLLOW

December 27,1920.

DEC 29 1920

Mr. C. W. Barron,
30 Kilby St.,
Boston, Mass.

My dear Sir:

I have yours of December 23, enclosing clipping about the bathtub for which I am much obliged.

I am going to ask the publishers of my book, "Hydrotherapy" to send you a circular of the book and a copy of the table of contents to see if you would like it. If you would like to have a copy sent on to you, so you can look it over, I will be glad to have one sent and you may keep it if you think it is worth while. In this book I have set forth all of the virtues of water, physical, chemical and mechanical, all potent means by which water may be utilized therapeutically. Water may be a means of applying radium or rather radium emanation to the human body. It is quite possible that some benefit is derived from certain waters from this source, particularly those at Carlsbad, but thus far the radium effectsof water have not been scientically substantiated. Very great claims are made. I have investigated these very thoroughly and eight or nine years ago made considerable use of radium through this means but, after carefully pursuing the matter for several years, I found the subject so vague and hazy that I thought it best to abandon it and depend upon measures more tangible and known to be dependable.

Blue Book
Prosp. & Rates
Vac. Bklt.
S. Life Bklt.
S. L. De Luxe
Rea. Why Bklt.
Meas. of Man
Fac. of Safety
Diet List
Rate & Res. C.
B. C. Idea
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MAILED
FILE
NO. F. U.
FOLLOW

I am glad you found the meat distasteful. That is exactly what could be expected. The meat appetite is wholly artificial so when one disuses meat, he loses the taste for it just as one loses the appetite for tobacco when he stops using it.

I will tell you a story. Some years ago Bishop Lewis, one of the leading Bishops of the Methodist Church, came to us and became converted to the biologic way of living. Dr. Goucher of Baltimore and Dr. Welch, of grapejuice fame, also a very prominent Methodist, have been here and likewise have been converted. The three happened to meet at a big banquet in New York. They were together, being old friends, and it was soon noticed that none of them ate meat which was one of the principal items on the bill-of-fare as usual at banquets. Some of their neighbors began guying them because they were not eating meat. Finally Bishop Lewis, a big man with a big voice arose for the occasion and remarked, "Dr. Goucher, Dr. Welch and I are not eating meat because we do not eat meat any more. We have been up to Battle Creek and have been converted and what is more we have become sanctified so we do not want to eat it any more." In other words, they lost their appetite, a very practical illustration of the Methodist Doctrine of sanctification, and theorizing on a more substantial basis than theological doctrine.

I am glad you and your secretary are going to give the simple life a fair trial. You won't regret it. The longer you follow it the more you will be convinced of its value and the greater the benefits you will derive from it.

MAILED
FILE
NO. F. U.
FOLLOW

Mr. C. W. Barron.--3

With holiday greetings and best wishes,

I am, as ever,

Very sincerely yours,

P. S. I had a letter this morning from Professor Irving Fisher. He tells me he is going to have a meeting of the Stable Money League on the 31st in Washington to which he invites me to come. He says he is going to "formulate a reply to the adverse Report of the Bankers' Association," so he is not convinced yet.

J. H. K.

V-M

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Boston News Bureau.
C. W. BARRON, MANAGER.
30 KILBY STREET, BOSTON, MASS.

December 28, 1920

DEC 30 192

Dear Dr. Kellogg,-

I thank you for your letter of December 15th concerning Mr. Stein and myself. You will be glad to know that I feel repaid up to date for my short stay at Battle Creek this year and hope to follow your instructions and still further improve.

I am going to keep after Mr. Stein and ask him to keep after me so see that we both get still further benefit from your magnificent assistance.

Very truly yours,

C. W. Barron

Dr. J. H. Kellogg,
Battle Creek, Mich.

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MAILED
FILE
NO. F. U.
FOLLOW

December 28, 1920.

Dr. Stephen Smith,
1000 Park Ave.,
New York, N.Y.

Dear Dr. Smith:

Your letter of December 22 was called to Dr. Kellogg's attention just as he was taking the train for Chicago to read a paper before the American Association for the Advancement of Science.

He asked me to write you that he has received your letter and looked it over with much interest and will write you fully when he returns.

Sincerely yours,

Secretary to Dr. J. H. Kellogg.

v-m

DEC 28 1920

December 28, 1920.

Gertrude Estill:

Enclosed find a circular of a book entitled, "Who is Insane" by Dr. Stephen Smith. The Doctor is very anxious that we should sell some copies of this book. Please take the matter up with him.

J. H. K.

v-m

[1920]

22

My dear Dr. Kellogg.

Kindly accept our heartfelt sympathy.

Sincerely

Dr. & Mrs. H. Ritter.

Sanitarium City.

L 19025

2320 Fenwick Place

Salt Lake City, Utah.

50 Court St.,

Newark, New York.

Dr. Mrs. Kellogg,

Battle Creek, Mich.

My Dear Doctor:

Yesterday came a letter from Mrs. Peter Telling me of the illness of my dear friend, Mrs. Kellogg, & asking me, in behalf of my brother, his wife, my dear sister Ann Rebecka & the boys for, my dear husband and myself, I wish to extend to you our heartiest sympathy. If ever for what Mrs.

her, but she was such a great
sufferer for years, and now
she is sleeping awaiting the
coming of the life-giver. Oh
how blessed will be the reunion
on that resurrection morning!
Again I shall fold in my arms
the precious little ones taken from
me laid away over 12 years ago
and from which be again formed
in happy reunion with fond rec-
ognition and endearments!

Mrs. Kellogg certainly was a
sweet, noble Christian character;
I shall always cherish her memory
and think of her as a great inspira-
tion in my journey of life! I pray for
Jesus's richest blessings with her and rich for
Jesus most devotedly
Mrs. Julian V. Ellis.
Will see you in a few weeks.

Form 1204

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

If none of these three symbols appears after the check (number of words) this is a telegram. Otherwise its character is indicated by the symbol appearing after the check.

WESTERN UNION TELEGRAM

NEWCOMB CARLTON, PRESIDENT GEORGE W. E. ATKINS, FIRST VICE-PRESIDENT

CLASS OF SERVICE	SYMBOL
Telegram	
Day Letter	Blue
Night Message	Nite
Night Letter	N L

If none of these three symbols appears after the check (number of words) this is a telegram. Otherwise its character is indicated by the symbol appearing after the check.

RECEIVED AT 71 WEST MAIN STREET, BATTLE CREEK, MICH.

73

29CHOG 10

FY CHICAGO ILLS 805AM 17TH [1920?]

DR JOHN KELLOGG

86

CARE SAN BATTLE CREEK MICH

WE WISH TO EXTEND OUR DEEPEST SYMPATHY IN YOUR LOSS

MR AND MRS TRUMAN W BROPHY JR

1034AM

DR. ELMER L. EGGLESTON
BATTLE CREEK, MICHIGAN

[11202]

Dear Dr. Kellogg.

I have just learned, with great regret, of your sad bereavement and desire to assure you & on behalf of Mrs. Eggleston and myself, of our most sincere sympathy - We most earnestly trust and pray that a kind Providence may uphold and comfort you in this hour of

sadness.

Most sincerely

Elmer L. Eggleston