

Jan 2.4/1942

Dear Dr Kellogg.

and
Mrs Fairchild are good
Guinea Pigs and are having
our cereal, coffee + Acidophilus
Soy bean milk liberally. with the
B-Lac, so far with no ill effects
+ I think already with good results.
We shall continue if we can get
the sugar. The more I think

of the Soybean milk the more
I believe it has real great
possibilities. If only it could
be sold for a more reasonable
price. We can't tell the public
how cheap soy bean milk could
be produced and at the same
time try to sell it for 40¢ a qt.

I shall be here to hear what
v. famines are in the Caribbean. Do

You need ^{your} ~~the~~ ^{fruits?}
with ~~all~~ ^{best} ~~regards~~
Daniel Fairchild.

January 4, 1942

Dr. David Fairchild,
4013 Douglas Road,
Coconut Grove, Florida.

Dear Dr. Fairchild:

I have your card of January 2.

I am sending you a couple of sweet packages with my compliments.

For the test of the A vitamin, young rats of a certain age are needed. I have instructed Battle Creek to inform me when the rats will be ready and I will send up a supply of the fresh fruit. I will probably hear from them in a few days.

I will be much obliged if you will save for me the bottle in which you receive your Lactobacillus acidophilus. The company with whom I have a contract for the manufacture of the product are acting tricky. They have been very careless about keeping up the quality. Just now, the product seems to be okeh, indicating that they are following instructions, but they have lapsed so many times, I have found it necessary to stop recommending their product, which, the last time I called on them, I told them I should do if they did not reform.

It takes infinite pains and laboratory conditions to make soy acidophilus, because of the difficulty of sterilizing soy milk and preventing infection in the handling, the lactobacillus acidophilus being a very difficult organism to handle.

I tried for many years to teach the average housewife how to make it, but utterly failed, and have found the training of laboratory technicians a pretty difficult job.

I have at last succeeded in developing at Battle Creek a strain which regularly produces counts of three to five billion organisms per gram, or ninety to one hundred and fifty billions to the tablespoonful. I am not certain of the count of the local product, but may investigate the matter.

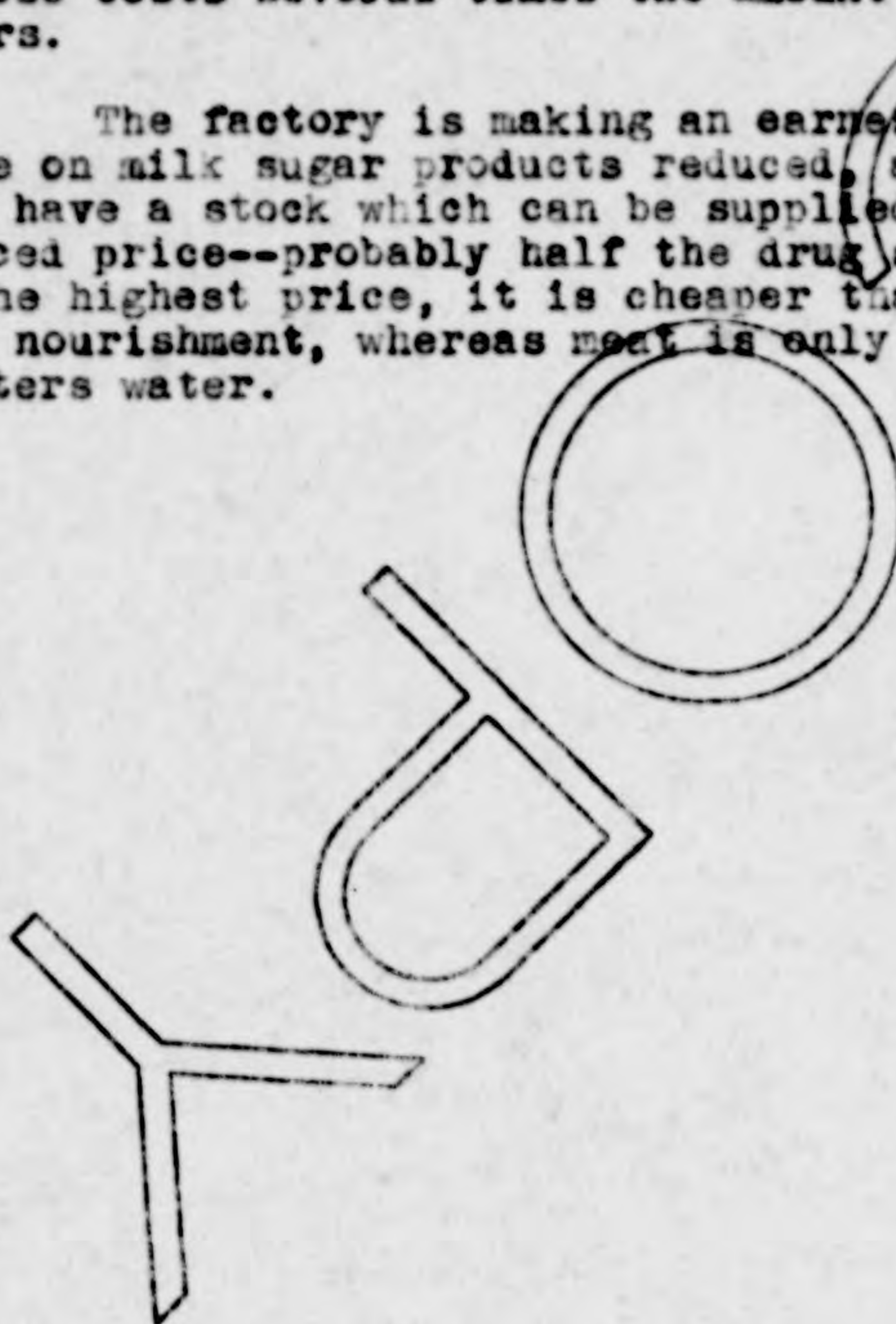
I am sure you will be greatly pleased with the results of the use of milk sugar, and I will see that you are kept supplied at low cost.

Will be glad to keep you supplied with soy acidophilus

at 20 cents a quart. The only trouble will be about the delivery.

There is a large waste to the soybeans, only the soluble part of which is used. The lactose used for sweetening the milk costs more than the soybeans. The drug stores sell milk sugar at 75 cents a pound. The cut rate stores sometimes reduce the price to 59 cents. A good quality of lactose costs several times the amount charged for other sugars.

The factory is making an earnest effort to get the price on milk sugar products reduced, and I hope we shall soon have a stock which can be supplied to you at a greatly reduced price--probably half the drug store price, or less. At the highest price, it is cheaper than meat, since it is 100% nourishment, whereas meat is only 25% nutriment, three-quarters water.



(COPY)

In reply address not the signer of
this letter, but Bureau of Navigation,
Navy Department, Washington, D. C.
Refer to No. NAV-1473-REB

NAVY DEPARTMENT
BUREAU OF NAVIGATION
Washington, D. C.

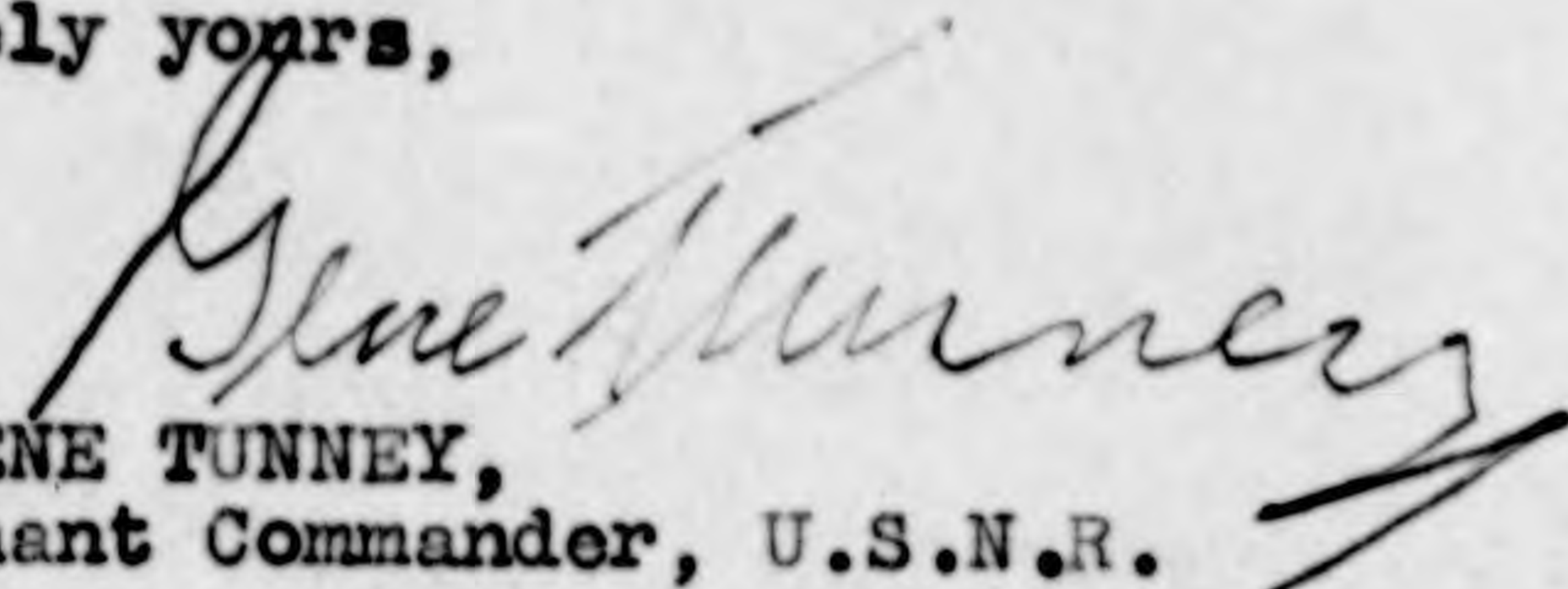
March 6, 1942

Dear Dr. Kellogg:

I cannot tell you how much I appreciate your very
thoughtful letter of March 2nd.

I thought you would be interested in a list of in-
structions that I give each new physical education man as I en-
list him in the Physical Fitness Program and, accordingly, am
enclosing one. It is nice to know that a man of your position
in the world of health and physical fitness approves of our
work.

Sincerely yours,


GENE TUNNEY,
Lieutenant Commander, U.S.N.R.

Enclosure.

Mr. John Harvey Kellogg,
The Battle Creek Sanitarium,
Battle Creek, Michigan.



INSTRUCTIONS FOR ENROLLEES AND GRADUATES
OF NAVY PHYSICAL INSTRUCTORS SCHOOL

Be sure to have at least \$15.00 in cash when you arrive at the Norfolk Training Station. Certain personal items must be purchased during the first week. No government agency pays in advance.

The Physical Instructor's School at the Norfolk Training Station is a rather exclusive club as you will learn. Enrollees are selected for their training, academic qualification and leadership. Each enrollee is expected to join in the "Esprit de Corps" of the organization from the moment he arrives at Norfolk. None but sportsmen can remain in the group. Sportsmanship calls for mutual understanding and cooperation by all. At no time may a member indulge himself in the demoralizing luxury of individualism. The behaviorism of the whole organization at all times (unless against specific regulations) is that of Dumas' Musketeers "One for All and All for One." Unless an applicant can accept this philosophy, he will be unwise to go to Norfolk for training since he obviously can never be part of the Navy Instructors Corps.

Occasionally we find our instructors, because of three or four weeks seniority, with a superior attitude. In their minds they are "old salts." This cannot exist anywhere. There can be but one caste in our organization and that is the straight and true. Fluff and frills and hauteur are not part of the curriculum. Cooperation and helpfulness are expected at all times.

Under no circumstances must any applicant get the idea that he is entering a bomb-proof shelter for the duration of the war. The Navy has launched upon a serious physical fitness program for the purpose of conditioning a million fighting men whose duty it will be to uphold the honor of our country and keep the Flag flying on the seven seas. The particular job of the physical instructors is to act as leaders in this program. Tirelessly we must work towards one purpose - that of developing one million men into hard-hitting, two-fisted sailor-warriors.

GENE TUNNEY
Lieutenant Commander, U. S. N. R.

90 Stanton Lane
Grosse Pointe, Michigan

April 14-1942.

Dr. John Harvey Kellogg
Battle Creek Sanitarium
Battle Creek Mich.

Dear Dr. Kellogg. I am fortunate
after spending three weeks
at the Sanitarium I left
just a few days before the
memorable meeting at which
they attempted to take away
your authority.

I am writing to
congratulate on the fact
that you won your op-

parents in the first round,
and to encourage you by
saying that I am confi-
dent you will defeat them
in the end.

You certainly are
an inspiration to all of us.

Please show this letter
to Miss Mabel.

With much apprecia-
tion for benefits derived
at your Sanitarium,

Most sincerely yours -

Mercy J. Hayes.

Race Betterment Foundation

165 N. Washington Avenue

Battle Creek, Michigan

John Harvey Kellogg, M.D., LL.D., F.A.C.S.

Founder and President

Alonzo L. Baker

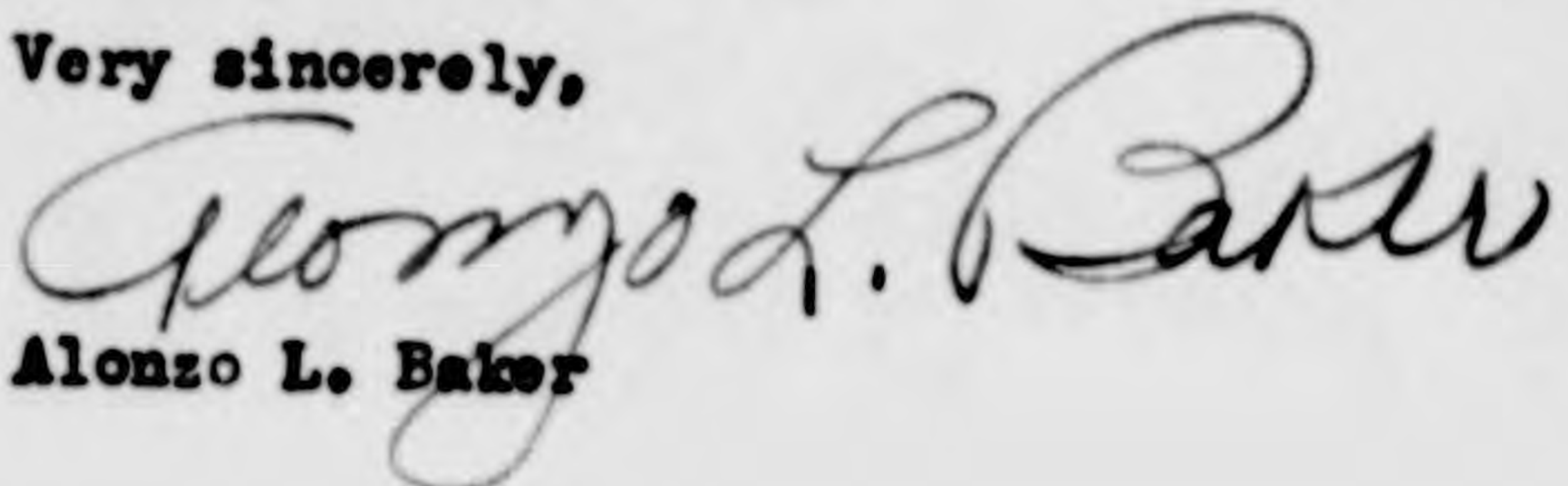
Field Secretary

April 27, 1942

Dear Dr. Kellogg:

Your friend, Adam Vogt, of Louisville, Kentucky, sent me the other day a photostatic copy of the first letter he ever received from you, and written August 2, 1909. He wanted me to pass this on to you.

Very sincerely,



Alonzo L. Baker

b:1



R

THE BATTLE CREEK SANITARIUM
Battle Creek, Michigan.

July 3, 1942

Dr. Wilfrid Haughey,
610 Post Building,
Battle Creek, Michigan.

Dear Doctor Haughey:

The purpose of this note is to confirm the arrangement made with you in conversation today; namely, the appointment of yourself as physician and surgeon in charge of our eye, ear, nose and throat department.

I will also add a few words with reference to the principles and regulations which pertain to this department:

1. The persons examined and treated in this department are in their civil and business relationships the guests, patrons, and patients of the institution.

2. In their medical and professional relationship the patients are in various ways related to the institution, their attending or list physicians and the specialists whose services they receive in your department.

3. It is just as important that every patient should receive to the fullest extent possible while here all the benefits this institution is prepared to give him. To this end it is important that the advantages offered by your department shall be presented to the patient by yourself and your assistants in such a way as to command to the fullest extent the confidence of the patient and the end that he may avail himself of them while here.

Hence in dealing with patients it is expected that in



general the following plan will be observed:

If at the examination of the patient conditions are found which need attention, either urgently or on general principles, that is, either therapeutically or prophylactically, either in direct relation to individual organs or structures collaterally related to them, an appointment should be made with the patient for the next day, at which time he should be given a full account of his case and instructed about the treatment he is to receive, the reason therefor and the importance of each particular feature of the treatment, and the patient should be introduced to the technician who gives the treatment after having received, if necessary, special instructions with regard to the treatments to be given in this particular case.

In arranging treatment a generous program should be arranged, keeping in mind the purpose to do the patient as much good as possible and at as small expense as is consistent with full efficiency.

A report of the findings should be sent to the doctor and contact should be made with him by person or by telephone if an operation is to be performed.

A large proportion of all the people who visit the institution might be substantially benefited by special attention to the nose and throat which they may receive. A prophylactic spray may be advantageously given to everybody and so may follow every examination with profit to the patient and with advantage to the institution. A solution of beta lactose, equal parts in bulk of beta lactose and hot water, freshly prepared each treatment hour (it spoils on standing), is best for this purpose. This solution

inhibits the growth of bad germs, pus-forming and pathogenic germs of all sorts, and keeps the nose in a healthy condition. It may be used every day as a part of the morning toilet, cleansing the mouth, etc. and is prophylactic against colds. Dr. Colver proved that it cures up an acute cold very quickly if thoroughly used, which means every hour during the most acute stages. In ordinary chronic cases the patient may be asked to come in three or four times a day. For the first day or two the patient might be made a minimum charge of twenty-five to fifty cents for this routine prophylactic treatment.

In sinus cases infra-red should be applied in the intensive manner which permits application of the radiant heat to the deeper tissues with an intensity two to four times that possible without the skin cooling by an air current. The relief of pain is very great and the recovery is very greatly expedited.

One more suggestion. Every one of the doctors should be asked to come in for an eye, ear, nose and throat examination so that they will have a full appreciation of what your department is able to do.

You should give a lecture now and then, at least once a month-- not a long lecture but just a short talk of say 20 or 30 minutes-- about the importance of eye, ear, nose and throat examinations and their relation to general diseases. I will speak of your work in my Question Box.

I am sending a copy of this note to all the physicians and will ask their cooperation, which I am sure that you will have.

A few words in your lectures and mention in your talks

Dr. Wilfred Haughey

4

July 3, 1942

with patients concerning their cases of the importance of the biologic regimen will be helpful to your patients and greatly appreciated. This is described in the booklet we call the blue book, "Rules for Right Living." Please prescribe following the blue book as a part of your prescription. Dr. Stucky made this of fundamental importance in his practice for many years. If you can readily find his articles I shall be very glad to have them and will reprint them so that the patient's doctor as well as the patient may understand that the treatment is based upon solid scientific data.

Sincerely yours,

Lois Harvey Kellogg

b

August 7, 1942.

Dr. Kellogg:

We quote the following from a letter received from Mr. Cornelius De Vos, Coopersville, Michigan:

"I want to congratulate Mr. Baker on writing and publishing the interesting article, "Dr. Kellogg Now 90," in the May, 1942, issue of GOOD HEALTH, a sample copy of which was sent to me by a friend of mine who knew of my acquaintance with Dr. Kellogg in the early eighties some sixty-two years ago, and I am inclosing herewith a small remittance, for which please send me three copies of this number to show to my friends.

"The twenty-second day of June I celebrated my 87th birthday, able to read without spectacles, and Dr. Kellogg will remember me when you tell him about the title page I set up for him, printed in two colors for his new book, The Ladies' Guide, published in 1880, if I err not, when I was a printer in the Review & Herald Publishing House, in Battle Creek, Michigan. Please extend my congratulations to Dr. Kellogg for me, on having me beat by more than three years, and then watch him smile. Little did either one of us think that we would both live until this day.

"Also inform him that Oliver Pratt, of Battle Creek, Michigan, who is my brother-in-law, celebrated his ninety-second birthday, July 12, 1942. He surely must remember him."

GOOD HEALTH PUBLISHING COMPANY.

Copy sent to Dr. Kellogg

August 7, 1942.

Dr. Kellogg:

We quote the following from a letter received from M. Lynn Bennion, Supervisor L.D.S. Seminaries, 47 East South Temple, Salt Lake City, Utah:

"I read GOOD HEALTH with great interest. Enjoyed particularly the account of Dr. Kellogg's life in the May issue. I extend to him good wishes and my prayer for his continued good health and good works."

GOOD HEALTH PUBLISHING COMPANY.

Copy sent to Dr. Kellogg.
g.g.

Baruch

92



THIS SIDE OF CARD IS FOR ADDRESS ONLY

*426 Dr J. H. Kellogg
New Willard Hotel
Washington
D.C.*

In Transit
Thursday Oct 26
My dear doctor Kellogg
Just a hasty line
to apologize for leaving
so hastily. I don't want
to be the last who was with
you saying that you let
the sign reporter have
your ~~recapitulation~~; but
I do not find it - the
letter they mention; I want
to use it when Prof
Bridges paper is pub-
lished & I would thank
you very much if you
would send it by return
mail. Many thanks

Yrs Cordially
S. Branch
Henry Branch

United States Senate

COMMITTEE ON NAVAL AFFAIRS

WASHINGTON, D. C.

File

December 29, 1942

Dr. John Harvey Kellogg,
Battle Creek,
Michigan.

Dear Dr. Kellogg:

I greatly appreciate your lovely Christmas greeting, with the beautiful picture of the Main Building of the Battle Creek Sanitarium. But better still, I value it more because of the splendid picture of your good self inside. That is certainly a good likeness of you and it reminds me of the exact way you looked the last time I was at the Sanitarium and you were 91. My greatest ambition is to be around here long enough so that I may come to Battle Creek to help you celebrate your 100 anniversary.

Reciprocating your hearty good wishes for the Season, and hoping that your New Year will be filled with nothing but happiness, I am,

Most cordially yours,

James H. Davis

Please return

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United States Senate

COMMITTEE ON NAVAL AFFAIRS

January 2, 1943

Dr. William VanderVoort
Battle Creek Sanitarium
Battle Creek, Michigan

My dear Dr. VanderVoort:

The Sanitarium certainly has a fine Christmas Greeting this year. I sincerely appreciate being remembered by them. I trust you had a very happy holiday season.

I also received a card from Dr. John Harvey Kellogg with his picture inserted in the holly wreath of the card. He certainly looks well. Whatever might be said about Dr. Kellogg and his theory of life, he is certainly a living example of his practices. If I can look like him when I am ninety or more, I shall be very happy indeed.

Keep the old institution and its policy alive, is my New Year Wish to you. You know what I mean by the policy, -that genuine, religious touch which used to be in evidence before they built the Waldorf-Astoria across the street from where you are now.

Most cordially yours,

James J. Davis

ROLLINS COLLEGE

**WINTER PARK, FLORIDA
HAMILTON HOLT, PRESIDENT**

OFFICE OF THE PRESIDENT

January 8, 1943

Dr. John Harvey Kellogg
Battle Creek Sanitarium
Battle Creek, Michigan

Dear Doctor Kellogg:

I deeply appreciated your beautiful card of
Christmas greetings.

I saw by the paper the other day that the
Government has taken over your sanitarium at Miami, so
that means, I suppose, you will not be with us this win-
ter. I do not forget your great hospitality to me and
the good you did by letting me come and take your ex-
amination last year.

Very sincerely yours,

Hamilton Holt

HH:VW

**BOARD OF EDUCATION
YONKERS, N. Y.**

January 22, 1943

PHYSICAL EDUCATION
RICHARD F. HAYES, DIRECTOR

Dr. John Harvey Kellogg
Superintendent, Battle Creek Sanitarium
Battle Creek, Michigan

Dear Doctor Kellogg:-

Thanks for your Christmas card and the New Year Greetings. It was good to have your photograph and see you looking so well.

Just recently Mrs. Hayes heard a commentator on one of the larger radio systems in New York eulogizing you and your work at Battle Creek, and it brought back pleasant memories of our association there in previous years.

I have, as you would expect ever since I left Battle Creek, set as my primary objective in physical education the improvement of physical fitness. You probably know that many of the teachers got away from this objective for a period of time and were concentrating on social competence and the character building values which are inherent in the program. Each war however, brings us up short with the realization that we have a long way to go to improve the physical condition of our people. Public Schools as a whole have a make-shift program. They talk a great deal about health, health education, and physical education, yet in actual practice the programs do not begin to cover the amount of ground necessary to make our boys and girls physically fit. We are particularly handicapped as you know by the state laws governing the correction of physical defects. Our health service people examine the children and find these defects, but when we come to having them corrected, we are blocked from a legal standpoint if the parent is not interested in having the necessary remedial work done.

Locally we have used the Rogers Physical Fitness Tests in our secondary schools and for the most part have classified our pupils for physical education on the basis of physical fitness. In this way we are able to give developmental exercises to those who are weak and intensive reducing exercises to our overweight children, but here again we realize that we do not have a sufficient amount of time. The most that any of our pupils get is three periods a week within the school day and anything less than a period a day is insufficient. Perhaps after this war is over, America will really awaken to the principles of biologic living which you have been promoting for so many years.

Yours sincerely,

Richard F. Hayes

RFH/r

LEDERLE LABORATORIES

INCORPORATED

30 ROCKEFELLER PLAZA

NEW YORK

January 26, 1943

Miss Alice Werstein
The Battle Creek Sanitarium
Battle Creek, Michigan

My dear Miss Werstein:

In answer to your letter of
January 22nd regarding the 'chicken heart':

We are enclosing proof of
advertisement and have indicated on proof
where this ad appeared.

We have no information which
we are authorized to give out about the
work of Dr. Carrel with the chicken's heart.

Yours very truly,
LEDERLE LABORATORIES, INC.


Francis A. Miller
Advertising Manager

EJS
Enc.

January 22, 1943

Lederle Laboratories, Inc.,
30 Rockefeller Plaza,
New York City

Gentlemen:

Sometime ago I noted in a medical journal one of your ads. giving information about the chicken heart. Will you kindly inform me in which journal this ad. appeared. I shall also be glad to have any information you are prepared to send out relative to Dr. Carrel's work, with the chicken's heart.

Thanking you in advance for your courtesy, I am

Sincerely yours,

(Miss) Alice Werstein

Carrel's immortal chicken-tissue serves research at Lederle Laboratories—

It was in 1912 that DR. ALEXIS CARREL put this bit of chick embryo heart into a nutrient and made it grow. Every 48 hours since then it has doubled. If it had been feasible to multiply the tissues to their greatest possible extent, today their mass would be bigger than the solar system. When DR. CARREL retired, the strain was brought to Lederle, where it lives on in the right environment. Here cultures from it serve as standards for studying the growth of certain viruses. And it is a useful tool for measuring antiseptic values. Indeed research has put immortality to work!

Tissue culture has become a productive art and the control of 65 virus diseases of man or beast is a proper task for research in the world's largest immunological establishment. Four buildings (out of 67) are devoted to viruses—the two largest are used entirely for research.

LEDERLE LABORATORIES, INC.
30 ROCKEFELLER PLAZA NEW YORK, N. Y.



ack. by Mr. Blasi

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United States Senate

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CHRISTIE B. KENNEDY, CLERK

January 30, 1943

Dr. John Harvey Kellogg
Battlecreek Sanitarium
Battlecreek, Michigan

My dear Dr. Kellogg:

I wish to take this opportunity to congratulate you on your splendid article which appeared in the Health magazine. I enjoyed reading about the accomplishments of men upwards of sixty years of age. I read this article several days ago and have since then misplaced the magazine. I would appreciate your sending me a copy of the magazine with your article.

With kindest regards and best wishes, I am,

Most cordially yours,

James J. Davis - S. S.

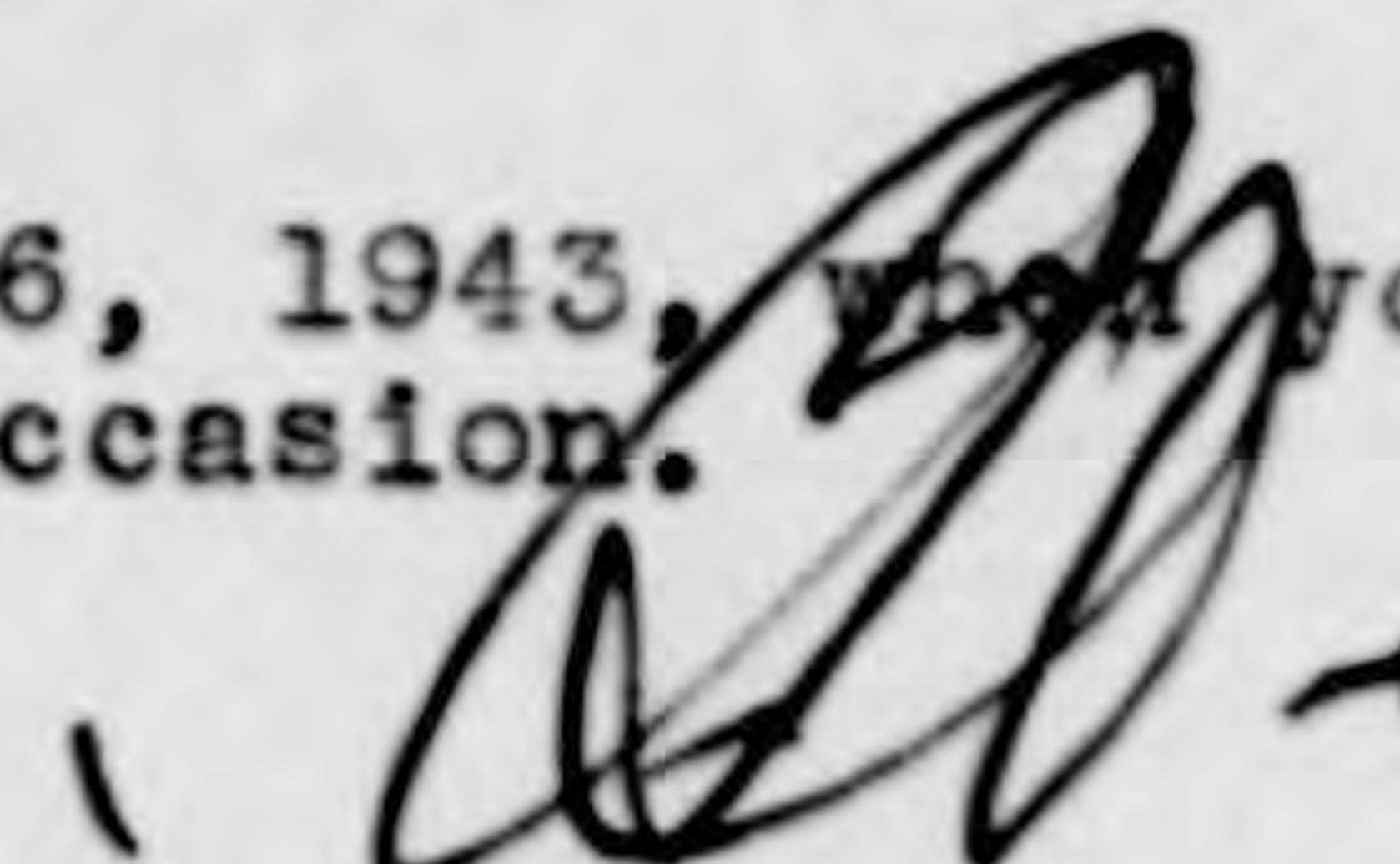
Chase S. Osborn Postum Poho in Postum Lane Paulsen, Worth County, Georgia
February 19, 1943.

Dear Dr. Kellogg:

No one is a better example of your own wisdom than you are yourself. You are not only rich in knowledge but in the spirit of God Almighty also. Wherever you go is Heaven, whether it is here or in the Spirit Land. Please stay on earth with us for a long time yet. We need you and we love you.

Your birthday, February 26, 1943, when you enter your 92nd year, will be an illustrious occasion.

Best wishes forever.


Devotedly Your Friend,

Chase S. Osborn

Dr. John Harvey Kellogg

THE CHINESE MISSION TO LEPERS

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1926

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25 TSZE-PANG ROAD
SHANGHAI

W. M. Danner, 56 So. Park Street, Montclair, N. J.

FEB 26—1852
+ 91
1943

Dear Dr Kellogg

When I asked the telegraph office to take a Birthday message to you - I was told, "no more social messages for the duration". For this reason I write to express my joy in your victorious life for ninety one wonderful years. In view more what a TIME your tens of thousands of FRIENDS will GIVE YOU.

Mrs Danner & I have been in good health - greatly benefitted by the two months we had in Miami.

We rejoice in your continued success and thank you again for your many courtesies to us. Cordially yours
Wm Danner

My office of "our friends" from the
 Mrs Danner in lots of our thanks

中華上海
 麻瘋救濟會
 上海法租界二十一號

67 Amherst, Battle Creek, Mich.

Mar. 23-43.

My Dear Dr. Kellogg:

It has just come to me that several well-meaning but uninglamed people are trying to misconstrue your aims and purposes and I wish to assure you that I will do all in my power to keep them from accomplishing their purpose.

He who has known you so long has the utmost confidence in you.

and we would like to see
you go on in your
work. No one man could
accomplish what you have
done in the past year
and I sincerely hope you
will be given strength and
courage to carry on for
many years to come.

You have a host of friends
back of you and I hope it
will give you courage to know
this.

Very sincerely yours,
Myrtle H. Kentworth.
(Mrs. Weston H.)

read to Dr Kellogg

APRIL 2, 1943

Dr. John Harvey Kellogg
Battle Creek Sanitarium
Battle Creek, Michigan

Dear Doctor Kellogg:

I was delighted to learn last night that the meeting of the Constituents had been so suddenly closed! It is unfortunate that the "Hand of the LAW" could not reach the instigators of such a meeting!

However, this is not the first battle you have won from those who would destroy the Battle Creek Sanitarium -- I am sure "right will prevail" and I know you are RIGHT! And I sincerely hope you will soon be rid of these usurpers and then be able to devote your entire time to spreading the gospel of Good Health which is needed by suffering humanity now more than ever before .

I keep in touch with some of the old Sanitarium patients - some of them are looking forward to a return visit this year; those who have been here since you have been in your new quarters have gone away delighted with the treatment they received and the friendly atmosphere that always prevails wherever Doctor Kellogg is, and which has been lacking in the Battle Creek Sanitarium 10! these many years.

Best wishes.

Sincerely,

Irene Moffitt

Recd to Dr. Kellogg

4/8/43

R



THE BATTLE CREEK SANITARIUM

Battle Creek, Michigan.

April 9, 1943.

GUEST STATIONERY

My dear Dr. Kellogg:

I have been looking up in the "Encyclopedia Britannica" what is said about Battle Creek, and I find that the chief and almost the only thing mentioned is the Sanitarium "established by Dr. Kellogg in 1866" with all the resulting outgrowth of Food Factories, etc. It is stated that this "health resort of international renown" has chiefly influenced the development of the city.



apparently it is the Sanitarium
under your management that
has put both Battle Creek
and Physical Therapy on the
map, and most of the other
enterprises in this city have
resulted from it.

In view of all this, the present
campaign against your personal
control seems rather ridiculous
to those who do not understand
what it is all about.

With sincere sympathy many
are praying for you that God
will overrule in all things
as best for you.

With grateful thanks for all
your former and present kindnesses,

Sincerely,

Edith E. Wagner.

(COPY)

UNITED STATES DEPARTMENT OF AGRICULTURE
AGRICULTURAL RESEARCH ADMINISTRATION
WASHINGTON, D. C.

Reply to
Bureau of Human Nutrition
and Home Economics

Apr. 14, 1943

Dr. John Harvey Kellogg
The Battle Creek Sanitarium
Battle Creek, Michigan

Dear Dr. Kellogg:

I appreciate very highly indeed your cordial letter of the 5th, and I assure you that it will be a great pleasure to visit you again when circumstances permit. For some time to come, however, I shall be quite busy with my new duties here.

Some time ago you asked me to suggest a good biochemist and nutrition research man for the investigations which you plan in connection with your new research foundation at Battle Creek. The man who would be my first choice, if I were in your place, is Dr. Edward W. Toepfer who, I now learn, is available for a new position. His address is 405 Jackson Place, Alexandria, Virginia. He is a man of unusually high qualities, both personally and professionally. He has outstandingly high positive qualities of loyalty and fine personal character in every way, as well as exceptional scientific ability and originality and resourcefulness in research. You can rely implicitly upon any statement he may give you regarding his qualifications and experience and I shall be glad to answer any questions you may wish to ask.

With best personal greetings, I am

Cordially and sincerely yours,

Harry C. Sherman, Chief

Dec 5-8-43 92
6 May 1949

Dear Dr. Kellogg:

I have just learned of the controversy over the
Bottle Creek Sanitarium - I hope you will
not yield on this. I have never known you to be
wrong in anything, have always been and always
will be your staunch supporter.

Keep your health and fighting spirit so you
can vanquish your enemies, your friends are
legion.

Mr. Julian will be absent from Washington
another week when he returns will mail him
the newspaper clipping.

Faithfully yours friend

Gertrude F. Julian

P.S. I suppose you will continue to make some

Protein without soybeans as I have
eaten so many soybeans have become sensi-
tized to them and cannot touch them any
more, too much protein for me.

May 11, 1943

Mr. R. D. Walker,
R. D. Walker Lumber Company,
P. O. Box 341,
Mobile, Alabama

My dear Friend:

I have your two letters and assure you they are very greatly appreciated. Not often do we find so appreciative a patient as you are. I am very sure that a kind Providence sent you here so that we might have the privilege of relieving you of this distressing condition from which you have suffered for so many years and so unnecessarily. I regret exceedingly that circumstances compelled you to return home to look after business matters and hope you have these matters now adjusted in such a way that they will not trouble you further.

Mrs. Walker, I am very glad to be able to report, is making very satisfactory progress toward recovery. Her mental trouble is purely functional and is due to physical conditions which may be overcome by proper application of regimen therapy and other physical- and therapeutic measures. Drugs are ~~not~~ undesirable in such a case as hers and are even worse in cases like your own. They are quite unnecessary. If you had been here when an attack occurred, it might have been very promptly relieved without the use of any drug whatever. Drugs merely hide the condition that is present and do not remove the cause. Rational measures remove the symptoms by eliminating the condition of which the symptom is a signal.

The marvelous discoveries of recent years have thrown great light on the basic problems of resistances of human life and have supplied the basis for a most satisfying understanding of the problems which are confronting us. Science, through a study of animal life and psychology, has made clear the fact that our bodies and everything that pertains to us are under the control of two governors, a major and a minor. The major is the Infinite Personality, the Supreme Being, which we call God, our Creator and the Creator of all things. The minor is the human personality which has a limited and subordinate control. It is this which gives to us our moral responsibility. The distinctive activities of these two controls are clearly recognizable in the voluntary and the involuntary nervous systems. The voluntary may be restricted to those functions under control of the human will, the minor personality, while the involuntary, all the activities, upon which the calls of mind depend, are maintained and regulated in such a constant, complete, and intricate manner, is quite beyond human understanding and comprehension. Even such processes that seem to us simple because of their being outside of our consciousness, as digestion, heart action, respiration, to say nothing about such activities as feeling, thinking, growth, repair of damaged tissues, resistance to disease, exercise of judgment and reason are problems, about which a few simple questions can be raised which the wisest physiologist cannot answer. For example, Why does not the stomach digest itself along with the foods which it liquefies and prepares for absorption? What keeps the heart beating and the lungs acting, whether we are awake or asleep? What starts anew the skin-making activities to provide a covering for the denuded part? What starts up in the vast storehouse of memories in the brain the word we could not remember while our minds are ~~busily~~ occupied

are busily occupied with another different matter and why does it happen that we often change our minds without knowing the reason why and are often very thankful that the suggestion came at once? Why does it happen that we often waken in the morning with a highly satisfactory solution of a problem we could not solve on retiring? Every bodily organ, every living cell, in fact, is daily performing for us acts which only Infinite Intelligence can direct. Physiologists look on and see what happens and tell us about it, but cannot explain such commonplace occurrences as the making of gastric juice by the stomach or the action of the gastric juice upon the food. Instead of recognizing the infinite and marvelous and inexplicable happenings that are daily taking place every moment all about us and within us, we flippently interpret it to nature, a purely mythical creation, a picture only, a great cosmic panorama, but not a force, not a power nor a personality. Nature, a word which we mistakenly dignify with a capital letter, is a false god and serves no other purpose than to hide from our eyes the great fact that the great omnipresent, Omnipotent Being, whom we call God, is really what we profess to believe Him to be, and of whom Paul, trained in Greek philosophy, told the Athenians in his great speech on Mars Hill, that God is nigh unto every one of us, "for in Him we live, and move, and have our being."

Scientists long ago abandoned the so-called mechanistic theory that attributed the world of living things to chance and evolution. They recognize the presence and activity of an Infinite Personality as the only explanation of natural phenomena.

The great problem of life is to learn how to keep in tune with the Infinite as Pythagoras, the father of Greek philosophy, taught more than 2,000 years ago and with his disciples listened to hear the music of the spheres.

May 11, 1943

The apostle Paul urged the Athenians "that they should seek God, if haply they might feel after him and find him," and prayer is the means by which the human personality may place itself in harmony and accord with the essence of our being who is ready to do for us more than we can ask or think, and indeed the one condition on which all our needs may be fully satisfied is complete surrender to the Creative Will and a sincere purpose to follow the divine order of life, physically, mentally and morally.

With best wishes, I remain

Yours sincerely,

jhk amw

MEMORANDUM

May 11, 1943

**AUTHOR OF MECHANISTIC THEORY - SHOCK OF ELECTRICITY WENT THROUGH THE WATER.
THIS WAS THE ORIGIN OF LIFE AND PRODUCED A FORTUITOUS CONCATENATION OF ATOMS
THEY PRODUCED PROTOPLASM. IT PUT OUT A LITTLE FOOT AND SOME GOT UP IN AIR
AND THE FEET BUDS DEVELOPED INTO WINGS.**

REC'D 3 P.M. MAY 14 1943
Rec'd to Dr Kellogg 5/17/43

Cone Memorial
Young Men's Christian Association

Denim Station
Greensboro, N. C.

May 11, 1943.

Albert S. Arnold
General Secretary

Dr. John Harvey Kellogg,
Battle Creek Sanitarium,
Battle Creek, Mich.

Dear Dr. Kellogg:

I am just in receipt of a copy of the best photograph I have ever seen of my good friend. I appreciate your autographing same, and it now has a prominent place in my Room of Friendship, with other celebrities, such as Dr. John R. Mott, Sir Wilfred Grenfell, (who autographed and mailed his picture the day before his sudden demise), the Grand Mufti of the Mohammedans, Ernest Thompson Seton, and others, who have made some very definite contribution to the little service I have been able to render my fellowman. I greatly appreciate this very fine photograph. It makes a splendid addition to my room of helpful friends, numbering near one hundred and fifty to date.

Again thanking you, and with best wishes for another century of usefulness, I am

Sincerely your friend and well wisher,

A. S. Arnold.
A. S. Arnold.

A/B

COPY

Battle Creek, Michigan

May 31, 1943

My dear Doctor Kellogg:

It is a privilege, and a very distinguished pleasure, to send you a first letter having nothing to do with business.

No doubt you enjoy the distinction of being one of the most thanked men in the world. Some justly thank you for health, some for life itself. The whole human race well might thank you for your efforts toward its preservation. It seems anomalous to intrude into this flood of gratitude my sincere thanks for photographs. Nevertheless, I do so.

Mrs. Hamilton insisted upon the piano photograph for our home, and I coveted the "photograph at 90" for my private office. Miss Estill assured me that you would consent to my retention of both. Upon this generous authority I am retaining the two. Always I shall look to them for inspiration in battling for high purposes.

Sincerely yours,

(signed) Burritt Hamilton

Dr. John Harvey Kellogg,

Battle Creek,

Michigan

5-17-43

MR. BLOESE:

DR. KELLOGG WISHES TO USE THIS LETTER AS A BASIS FOR THE CIRCULAR
ON HIGH BLOOD PRESSURE.

A.M.W.

May 17, 1948

Dr. W. L. Mattick,
280 Highland Avenue,
Buffalo, New York

Dear Doctor Mattick:

I have your letter of May seventeenth.

Our experience here with many thousands of cases of hypertension has demonstrated that the only effective measures for controlling arterial hypertension are carefully tested regimen and physiologic treatment. The effect of drugs when not entirely harmful is merely palliative. Drugs are nearly always harmful. An adjustment of the dietary so as to provide the proper amounts of the various elements needed, giving special attention to vitamins and food minerals and the protein intake, and care to keep the non-protein nitrogen (urea, uric acid, creatinin and other toxins) to a low level by arresting intestinal putrefaction are the most effective measures of controlling vascular hypertension. Even cases of so-called essential hypertension yield rapidly to a thoroughgoing application of such a therapeutic program which includes, in addition to measures mentioned, other measures to lighten the work of the liver and kidneys, thereby lessening the work of the heart and lowering the blood pressure. When one remembers that all the blood in the body must be forced through the kidneys two or three hundred times a day or eight to twelve times an hour, an increase in unnecessary intake of protein, of course, increases the amount of toxins which must be detoxified by the liver and removed by the

kidneys. The only way this can be accomplished is by an increase of blood pressure sufficient to get the blood through the liver and kidneys more rapidly and hence more frequently and so prevent the accumulation of poisons in the blood, the presence of which is often indicated by foul breath.

Of course, this regulated regimen is supplemented by radiation of the skin to increase the circulation so as to reduce congestion in the internal vessels and increase the activity of the skin, a protective organ, through the destruction of bacteria and bacterial poisons. The infra-red cabinet baths are a valuable means of lowering the blood pressure by dilating the surface vessels while at the same time their great penetrating power enables these rays to reach the blood stream and increase the activity of the white blood cells which protect the body against bacteria, also the liver, spleen and other structures, and if rightly applied may even penetrate the bone marrow, and profoundly effect blood regeneration and metabolism.

Under the guidance of the indications of a graph, prepared after the careful study of each of the muscular groups, training of the muscles is accomplished by carefully administered corrective exercise, the heart muscles are strengthened, and the skin circulation is also improved by a regular system of vasomotor gymnastics secured by various forms of baths, frictions and other superficial applications.

By these and various other means, the therapeutic action of this regimen is directed to the removal of the cause of the cardiovascular-renal disorder, of which the vascular hypertension is an expression, by gradual fundamental correction and naturally the disturbing symptoms disappear.

Dr. W. L. Mattick

-3-

May 17, 1947

We shall be pleased, Doctor, to have your wife visit us and we have no doubt that should she do so her circulatory troubles will rapidly disappear. At the end of a few weeks you will find her greatly improved in health.

As regards expense, members of the medical profession and their wives are received as patient-guests without charge for medical examination or treatment. For board and lodging, the average charge is the same as that of a first-class hotel.

Sincerely yours,

jnk amw
Encl.

Rec. 6-5-43 9 am
Read
Ans.
JAMES T. CASE, M. D.
55 EAST WASHINGTON STREET
CHICAGO

mailed
June 3, 1943

Dr. John Harvey Kellogg
The Battle Creek Sanitarium
Battle Creek, Michigan

Dear Doctor Kellogg:

I have found two articles which really summarize the sulfa drug question very nicely. You can't get away from the fact that the sulfa drugs, especially sulfadiazine, have cut down the morbidity in a great many infections. I think every wide awake physician is perfectly aware of the toxic manifestations and realizes that he can avoid most of them by keeping the patient's water intake up to 2000 cc or more daily, and that is not difficult. Ninety-seven per cent of our wounded recover if they live long enough to reach an aid station.

I do not think anyone worth while could make a better summary of the knowledge of the sulfa drugs and abstract it as has Doctor Rammelkamp. I have copied these two articles literally; that is why you will find the paragraphs in quotes. How much more do you feel that you want done in this regard? I could invest a lot of money for you, but I wonder if you want it.

Dr. John Harvey Kellogg

June 5, 1943

As I said once before, it seems very likely that all the sulfa medication will be dropped after the war when penicillin comes onto the market. It is being very widely studied now, but all for the Army and Navy. I will quote a few lines from a statement by the Committee on Medical Research of the American Medical Association:

"There is good reason for the belief that it is far superior to any of the sulfonamides in the treatment of Staphylococcus aureus infections with and without bacteremia, including acute and chronic osteomyelitis, cellulitis, carbuncles of the lip and face, pneumonia and empyema, infected wounds and burns. It is also extremely effective in the treatment of hemolytic streptococcus, pneumococcus and gonococcus infections which are resistant to sulfonamides. It has not been found effective in the treatment of subacute bacterial endocarditis. Studies of the results of its local application are still inadequate.

"Properly made preparations have given no toxic reactions, even from the largest dosage. Its rapid excretion in the urine necessitates frequent administration when given intravenously or intramuscularly."

Dr. John Harvey Kellogg

June 3, 1943

You will be greatly pleased to note that there seems to be no toxic reaction, even from the largest dosage. So penicillin bids fair to replace the sulfa drugs as soon as it can be prepared in sufficient quantities.

As ever,

Sincerely

James T. Case

jtc erm
encls. 2.

penicillin -

THE CHEMOTHERAPY OF SURGICAL INFECTIONS

MELNEY, Frank L. and Lockwood, John S.: The chemotherapy of surgical infections. Surgical Clinics of North America, April, 1942, 479-499. New York Number.

.....

THE SULFONAMIDES

....."in 1935, Domagk tentatively and cautiously presented his experience with a new azo dye which he called Frontosil and which he had found to be effective, when given by mouth, against many lethal doses of hemolytic streptococci injected into the peritoneal cavities of mice.

"Domagk's results were not immediately followed up in Germany but Colebrook in England confirmed his results on animals and cautiously applied the drug to the distressing and difficult problem of hemolytic streptococcal puerperal fever. Such cases in London as developed in the home or in other hospitals were isolated in Queen Charlotte's Hospital under Dr. Colebrook's care, where he had the unusual opportunity of studying a large number. As his experience accumulated it was clearly demonstrated that he was able, with the use of this new dye, not only to lower the mortality of the disease significantly but, in those cases which survived, to minimize the intraperitoneal spread of the infection and shorten the period of illness. The use of the drug in the prophylaxis of this disease in cases showing evidence of antepartum, partum or postpartum contamination with the hemolytic streptococcus naturally followed and it

Meleney and Lockwood

was then cautiously applied by others to ^{other} types of hemolytic streptococcus infections, both medical and surgical.

"Meanwhile, certain French observers had demonstrated that the active element of the dye was a simple colorless chemical, para-amino-benzene-sulfonamide, which was later given the simplified name of sulfanilamide.

"It was soon evident that this new drug would modify the course of various types of hemolytic streptococcus infections and, if given in the early stages before there had been any breakdown of body tissues, there was frequently a prompt resolution of the process. It was found that cases of hemolytic streptococcus peritonitis, so often fatal, could be brought under control promptly and hemolytic streptococcus meningitis, almost invariably fatal, could frequently be cured. It was not long before the drug was widely used by everyone--doctors, pharmacists and patients themselves, for every type of infection without making any attempt to find the causative organism. One frequently heard doctors say, "I didn't know what it was, so I tried sulfanilamide."

"It was then observed that many cases of unknown etiology failed to respond to sulfanilamide therapy and toxic manifestations began to be reported. When cultures were taken it was discovered that sulfanilamide was of no avail in pneumococcal, nonhemolytic streptococcal or staphylococcal infections. With respect to the pneumococcus this was surprising, because that organism usually produces a diffuse cellulitis of the lung without a rapid breakdown of tissue. With the staphylococcal infections, on the other hand, the early breakdown of tissue was thought to be a major factor in the inadequacy of the drug

Meleney and Lockwood

to halt the process. Abscesses which formed during hemolytic streptococcus infections still required surgical drainage. The drug could often be demonstrated in the pus and frequently a culture of the pus would be reported sterile although organisms could be seen in the stained smear. If in such a case the drug was stopped, positive cultures from the pus would reappear. In the cases of cellulitis with or without localization, early cessation of the drug treatment would often result in an exacerbation of the process.

"MODE OF ACTION

"It was not long before a large number of individuals in different laboratories proceeded to study the mechanism of the action of the drug on various bacteria and the behavior of the drug in the body.. The contributions of Marshall in the pharmacological study of sulfanilamide were outstanding. At the same time, efforts were being made to find some derivative of the drug which would have a wider range of antibacterial action and less toxicity.

"The well known antiseptics, particularly the salts of mercury, have a wide range of bactericidal action but they are protoplasmic poisons and are almost as ~~pk~~ potent against body tissue cells as against bacterial cells. Furthermore, their bactericidal property is often inhibited by the presence of body fluids. The early antiseptic dyes were perhaps more specific but often had a predilection for certain tissues of the body and were toxic to these tissues as well as to the liver and kidney. Sulfanilamide, however, was found to be

Meleney and Lockwood

bacteriostatic rather than bactericidal, fairly specific in its action, and highly effective in serum. In the test tube it could be depended upon to inhibit the growth of small numbers of hemolytic streptococci in concentrations which are reached in the blood when the drug is given by mouth, namely, about 10 mg. per 100 cc. However, this same concentration could not stop the growth of large numbers of organisms. Furthermore, its bacteriostatic or bactericidal effect could be frustrated by the presence of peptones in the medium.

"It was obvious that some mechanism must be at work in the body other than a direct bactericidal action of the drug on the organisms. When it is remembered that in any infection of the body due to micro-organisms there is a struggle going on between the offensive forces of the organism and the defensive mechanism of the body, when drug therapy is being considered the reaction of all three of these factors upon each other must be carefully studied. The body may injure or destroy the bacterium, the bacteria may injure or destroy the body. The drug may injure or destroy the bacteria or they may inactivate or destroy the drug. The drug may injure or destroy the body or be inactivated, eliminated or destroyed by the body. The ideal drug or antiseptic would be one which would destroy all of the organisms pathogenic for man and yet not injure the local tissues or the body as a whole. When these criteria were applied to sulfanilamide it was found that the drug has a bacteriostatic effect on certain species and small numbers of bacteria, that small numbers do not inactivate the drug but large numbers do so. The drug does little if any damage to the body as a whole. Normal tissues absorb the drug without altering it but damaged tissue

Meleney and Lockwood

or pus inhibits the drug.

"The specific nature of this inhibition by pus or damaged tissue is not known but is thought to be due to the presence of peptones, for in the test tube these split products of protein have been shown to definitely inhibit sulfonamide bacteriostasis. In the meanwhile a specific inhibitor of sulfanilamide was found in a relatively simple chemical compound--para-amino-benzoic acid. This drug is not very different in its chemical make-up from sulfanilamide, and at the same time is known to be utilized by bacteria in their growth processes. It is possibly a constituent of all animal proteins.

"In order to gain a foothold in the body tissues or multiply in culture media, bacteria must utilize the nutrient elements in the immediate environment. This utilization is accomplished by the action of enzymes. These enzymes digest or change the nutrient elements into simpler substances which can be absorbed and utilized by the bacterial cell. If the metabolism of the bacterial cells were the same as that of the tissue cells, they could go on living like the body cells in a perfect symbiosis, but bacterial cells have the habit in most instances of rapid multiplication and many of them excrete poisons or toxins which may be entirely incidental to their growth processes but which may destroy the tissue cells and phagocytes in the immediate environment. Anything which can prevent the utilization of the surrounding nutrient elements by the bacteria will prevent their multiplication. Para-amino-benzoic acid is a substance known to be one of the requirements for bacterial growth and its structural similarity to sulfanilamide

Meleney and Lockwood

has suggested that the latter may be taken up by the bacterial cell by mistake in the place of para-amino-benzoic acid. The bacterial cell then not being able to utilize the drug fails to multiply and either dies of its "malnutrition" or falls an easy prey to the phagocytic activity of the leukocytes. Thus the sulfonamide drugs do not directly kill bacteria, but only interfere with their nutrition.

"Other theories of sulfonamide action are based upon evidence of anti-enzyme activity. One of these theories is built on the observation that the drug inactivates catalase which normally acts upon the hydrogen peroxide which is elaborated by the bacteria and which, if free to act, destroys them. One difficulty with this theory is the fact that some bacteria which do not form peroxide are susceptible to sulfonamides. One would expect that if this hypothesis were correct some oxidizing agents would augment the action of the sulfonamides, and there is some evidence that this is true. These oxidizing agents may, however, inactivate inhibitors of sulfonamide action and thereby augment the effectiveness of the drug.

"The search for other derivatives of the sulfonamide group which might have a wider range of activity resulted in the discovery of sulfapyridine which is effective against the hemolytic streptococcus, the pneumococcus, the gonococcus and meningococcus, and sulfathiazole which is active against these organisms and is also to a certain extent effective against the staphylococcus and the anaerobic clostridia. These two drugs are more toxic than sulfanilamide ^(due) largely to the fact that the acetylated forms of sulfapyridine and sulfathiazole are considerably

Meleney and Lockwood

less soluble in the urine than the free drugs, and often crystallize out in the tubules of the kidney thus blocking the outflow of urine. This has occasionally resulted in a fatal outcome. The acetylated forms of sulfanilamide and sulfadiazine are more soluble and less likely to block the kidney, though cases have been observed of anuria with sulfadiazine.

"Sulfadiazine, the latest derivative, seems to have an even wider range of bacterial activity and at the same time seems to be less toxic than the others. It is less nauseating and therefore more acceptable to patients and interferes less with the intake of food. Experience with this drug has not been extensive enough ^(as yet) to determine its clear indications or its limitations.

"The pharmacological study of these drugs has demonstrated that they are all rapidly absorbed from the gastrointestinal tract, chiefly from the small intestine. When given by mouth, peak levels are found in the blood within four hours except for sulfadiazine, which reaches its peak within six to eight hours. They pass through capillaries readily and reach concentrations in all body fluids similar to that in the blood.

"For some reason not yet understood, sulfathiazole does not penetrate the central nervous system as readily as the other drugs, its concentration in the spinal fluid being only one half of that ~~in~~ in the blood. The drugs may be found two or three times more concentrated in inflammatory exudates but their action is inhibited by these exudates.

Meleney and Lockwood

***TOXIC REACTIONS**

"The toxic reactions of these drugs are sufficient to contraindicate their indiscriminate use. Sometimes they develop promptly, indicating an idiosyncrasy on the part of the patient. Usually, however, they appear in the second week of administration. Sulfanilamide frequently causes cyanosis and less frequently anorexia, nausea and vomiting, mental aberrations, depression and hallucinations. After five days, fever may develop which has to be differentiated from a recurrent activity of the infection. The red cells may fall slowly or abruptly, and occasionally there is a severe hemolytic anemia. The white cells also may drop rapidly and a true agranulocytosis may develop which may prove fatal if not observed promptly and if the drug is not immediately stopped. Hepatitis with jaundice is rare but when it does occur it is a serious toxic manifestation which may be prolonged for days or weeks. The toxic reactions usually disappear rapidly with a withdrawal of the drug but fever may continue for several days. If hepatitis develops, recovery may be very slow indeed.

"Sulfapyridine gives all of the toxic manifestations of sulfanilamide and, besides, extreme nausea and vomiting which often makes the patient rebel against taking the drug. Sulfathiazole and sulfadiazine have therefore largely replaced sulfapyridine and the latter may gradually drop out of use. Sulfathiazole is less nauseating but is more apt to cause a macropapular skin rash or erythema nodosum. Sulfapyridine and sulfathiazole are chiefly dangerous because the acetylated forms of these drugs are more or less insoluble and result

Meleney and Lockwood

in blockage of the kidneys, as mentioned previously. It is a fact of considerable interest that, apart from the renal complications, severe toxic effects of sulfonamides occur very rarely among patients with active invasive infections."

.ECB

AUG 26 1943

9 A.M.

SEP 1 1943

George Williams College

DREXEL AT FIFTY THIRD STREET

Chicago - 15

August 26, 1943

Dr. John H. Kellogg
Battle Creek Sanitarium
Battle Creek, Michigan

My dear Dr. Kellogg:

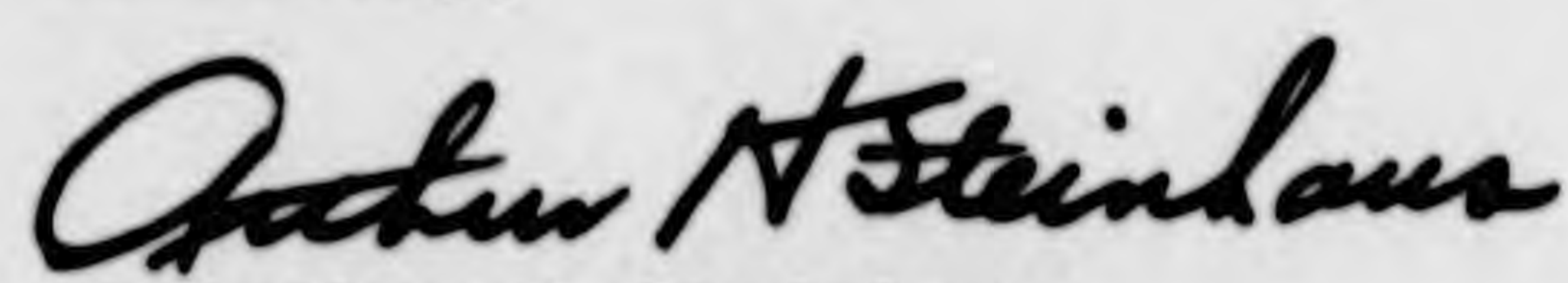
While reading recently a brief sketch of your life activities in a late issue of Good Health magazine, I was again impressed by the great contribution that you have made to American health in your many pioneer efforts.

It occurred to me that I have never sent you copies of two booklets that I think may interest you. Against the chance that these have not fallen into your hands by way of other channels, I am sending you, under separate cover, the following: "Tobacco and Health" by Steinhaus and Grunderman, and "How to Keep Fit and Like It" by Steinhaus, Hawkins, Giauque and Thomas. Both of these booklets are popularly priced efforts to put into the language of the average citizen the latest scientific information and practice. In this respect, I believe that they are efforts to carry on the traditions that you have pioneered in such distinguished fashion. The latter book is purely a contribution to the common cause. Any royalties therefrom are designated for research purposes in the area of human fitness.

I would be honored to be informed of your personal reactions to these efforts in the health field.

With every good wish for your health and success,

Sincerely,



Arthur H Steinhaus
Professor of Physiology

AHS:dg

November 1, 1943

Reginald M. Atwater, M.D., Executive Secretary,
The American Public Health Association,
1730 Broadway (at 58th Street),
New York City

My dear Sir:

I thank you for your letter of October nineteenth.

The courtesy shown me by your president in referring to my long connection with the American Public Health Association was most gracious and quite a surprise to me. I am certainly pleased that you should take the trouble to write me about it.

I am not sure that I have on file any records that give the date of my joining this society, but have the impression that it was at the Charleston meeting, the date of which your records will doubtless show.

I well remember the meeting in Colorado Springs where I read a paper which created quite a furor. The president elect and the secretary of the North Carolina State Board of Health both denounced my paper in very strong terms. After they had read it carefully I am glad to be able to say that they took a different view of the matter.

My paper called attention to the fact that up to that time the work of the association had concerned itself chiefly with the prevention and control of dangerous and infectious diseases, epidemic and endemic, and with such success that the result had been the keeping alive of a large

number of feeble individuals who would otherwise be weeded out, thus setting aside the natural operation of the law of survival of the fittest, and thereby making public health work a means of promoting race degeneracy instead of race betterment. I urged that since the inevitable result of public health work was thus promoting race degeneration, since feeble individuals could not be disposed of by dropping over a cliff as in the days of King Lycurgus, there seemed no other way to meet the situation but to set in operation means for combating race degeneracy and the association ought to turn its attention to this field of activity. For more than twenty years the reports of the statistical bureau had shown a steady decrease in the life expectation after fifty years and a steady increase in the degenerative disorders. An investigation made about that time by the Metropolitan Life Insurance Company provided in abundance data which showed an unmistakable trend toward race degeneracy and a little later Professor Gini, head of the Statistical Bureau of Rome, Italy, visited this country and gave a series of lectures at the Chicago University in which he showed unmistakably that all white nations are deteriorating and predicted that they will ultimately disappear. He stated that civilization has destroyed every nation that has ever tried it. There was considerable discussion at first by American statisticians but at the present time all statisticians notwithstanding recognize the truth of Professor Gini's statements and the need of vigorous methods to combat race degeneracy in an almost hopeless attempt to prevent the ultimate decay of white civilization and its being succeeded by the yellow civilization which for many years has been regarded as a menace and referred to by certain writers as the yellow peril.

I had a little talk with you about this matter a few years ago when I called at your office suggesting that it would be a very profitable thing for the American Public Health Association to undertake researches as to the direct relation to health of the manufacture and use of tobacco. Since the outbreak of the war the results of the draft examinations make very clear that the average American is rapidly deteriorating and has already reached such a low health status that it would not be far from the truth to say that the average American is little better than a semi-invalid. I am very certain the health of the average man in America is far below the level of health often found to exist among very primitive or semi-civilized people. Certainly the physical status of the average human being in America today is far below that of the average farm animal and that his state of deterioration is rapidly increasing is shown by the facts pointed out in the writings of Louis I. Dublin in regard to the enormous increase in the diseases of degeneration within the last forty years.

If the work of the American Public Health Association in protecting American citizens against destruction by typhoid and tuberculosis results only in preserving him to become a victim of hypertension, diabetes, or some of the other degenerative disorders, or to spend his life in a lunatic asylum, would it not seem that it would be worth while for the association to appoint a commission to undertake an extended and thoroughgoing investigation of the situation to determine if possible what may be done or at least what the American Public Health Association may do toward combating and, if possible, arresting the agencies which are today at work undermining the health, impairing the efficiency, and damaging the mental and moral, as well as the physical, welfare of the American people.

The facts divulged by the experience of practically every one of the many nations involved in the conflict clearly indicate a demand for reforms, changes in habits and conditions which directly and strongly influence the physical, mental and moral welfare of men and women of this and every other civilized country.

The situation seems to me to be one that loudly calls for vigorous, determined and immediate and effective action. If the American Public Health Association is indifferant to this matter or lacks the moral courage to give it consideration, it will miss a great opportunity for undertaking a work which may help to solve the world's greatest problem, how to save the human race, or at least the white portion of it.

I fear I have worried you with this long letter. I will bring it to an end at once.

In my talk with you at your office I thought you seemed sympathetic with the suggestions I made and I would be glad indeed for an opportunity to discuss the matter with you at some length.

Why now run over to Battle Creek the next time you take a little rest from your office labors and let me show you some of the things we are trying to do here, and if we find you a promising subject we might initiate you into the new Aristocracy of Health which the late Mrs. Mary Henderson of Washington, authorized me to set in operation. I shall enjoy very much showing you how to make a successful fight against Old Father Time and double your life expectation and a good deal more than double your efficiency.

Again thanking you for your gracious letter and begging you to thank the president for his kind words of which our mutual friend, Professor Irving Fisher, has also written me, and with best wishes for the association in its

Reginald M. Atwater, M.D.

-5-

November 1, 1943

great work and hoping I may have the pleasure of hearing from you and also entertaining you as my guest, I am

Sincerely yours,

jhk amw

P.S. The Battle Creek Sanitarium was not closed by the action of the government in commandeering our large main building for use in the army, but is going on with its work more successfully and satisfactorily than for many years. Our patronage is greater and our success in dealing with the so-called incurable patients who visit us is much more pronounced than ever before.

J.H.K.

COPY

UNIVERSITY OF MICHIGAN
SCHOOL OF PUBLIC
HEALTH

NOVEMBER 18, 1943

Office of the Dean

Dr. John Harvey Kellogg
202 Manchester Avenue
Battle Creek, Michigan

Dear Doctor Kellogg:

My thoughts have frequently turned to you and to the good work which is continued under your careful direction. You would have been pleased, could you have attended the Annual Meeting of the American Public Health Association held in New York a month ago and heard the president, Dr. Allen Freeman of Johns Hopkins University refer to you as the oldest living member of the Association. I believe that it has been 56 years since you joined. Such a young man as your distinguished friend, Irving Fisher was there to receive his forty-year certificate.

It should give you great satisfaction to look back over your long years of accomplishment. You were truly, one of the great pioneers in the Public Health movement in this country. Your contributions to Public Health nutrition and to Health Education will ever be remembered and recorded in the annals of our teaching institutions.

We are having a lot of fun developing the new School of Public Health here at Ann Arbor. One thing that I would like to do, is to bring together in the library, all of your early publications on Nutrition, Hygiene, Race Betterment, and etc. If these are available in any place, or in any form, let me know about it some time at your convenience. I have a few of the books which came from father's library, but we ought to have a complete set to remain here, at the University, for the centuries to come.

I hope that this letter finds you in good health.

Kindest personal regards,

(signed) Henry F. Vaughan, Dr.P.H.

HFV:eh

COPY

November 21, 1943

Dr. Henry F. Vaughan,
University of Michigan,
School of Public Health,
Ann Arbor, Michigan

My dear Friend:

I am greatly surprised by the receipt of your letter of November 18th. Your gracious references to my humble efforts to find the truth in relation to human living and to persuade people to follow it are far more generous than I deserve.

I am highly flattered that you think some of my writing was worthy of a place in the University Library. I am very glad indeed that my brother W. K. was so wise as to invest corn flake money in an enterprise that will carry forward down the centuries the splendid work which your father began in Ann Arbor more than two-thirds of a century ago. I had the good luck to make his acquaintance early through his studies of cheese. I was a member of the State Board of Health, the second organized in the United States, having been appointed by the Governor to finish out the term of a member of the first Board appointed who died before finishing his term.

Many cases of cheese poisoning were occurring in those days. He discovered a new ptomain which he called tyrotoxin. As soon as a vacancy occurred, Baker and I induced the Governor to appoint him a member of the Board, of which at the first opportunity he was made president and retained his position until the Board was dissolved and the appointment of a commissioner of health. I was very much delighted when I learned from your father that he had discovered a test for tyrotoxin by which dealers would be able to examine cheese before purchasing it and so an end might be made of cheese poisoning although cases now and then developed as the result of the use of ice cream. Your father reported to the Board he found the test worked too well. It was so delicate it showed the presence of tyrotoxin in all cheese. He was the most brilliant man who has ever held a position at the university and brought great honor to it.

I am very glad indeed that you are having an opportunity to build up a department which will bring more honor and prestige to the university and the State of Michigan than any other can ever do.

In the early eighties in the study of the mortality reports I noted the fact that notwithstanding the increase of average longevity there was a decrease in life expectation after fifty and began talking about the necessity for doing something to increase maximum longevity as well as average. At the

sanitary conventions I used to occasionally refer to the danger of race degeneracy, and your father in a very charming way used to follow my talk by some humorous remarks to allay the apprehensions of the audience. After he had investigated the matter for himself he wrote an excellent article and helped launch a movement to combat race degeneracy by writing a most excellent paper entitled Race Betterment. So far as I know, this was the first time those words were ever associated, and this gave me the name for my foundation. He read this paper at our first Race Betterment Conference in 1914.

At the present time I think there is no better established fact in science than that the human race, at least the white portion of it, is rapidly depreciating and nothing but a great revolution will save the race from ultimate destruction. I presume you have read the article entitled Headed for the Last Census which was published in the Journal of the American Medical Association a few years ago. The Gini lectures referred to in the article clearly showed that every white nation was not only depreciating but losing in numbers so rapidly that in a century the population of England will be only 4,600,000 instead of 46,000,000.

You have doubtless noted an exhibit prepared by Dublin in the building Man at the New York World's Fair which showed that at the present time the number of girls being born to a hundred mothers lacks three per cent of being enough to replace their mothers, whereas 80 years ago a hundred mothers produced 254 daughters instead of 97 as at present, and the number of granddaughters produced by a hundred mothers 80 years ago was 495, while today the number of granddaughters is only 54.

Thirty-five years ago at the Colorado meeting of the American Public Health Association I read a paper, a copy of which I will send you shortly, in which I urged that the A. P. H. A. should undertake new lines of health activities for the benefit of the race. My paper was roundly denounced by the incoming president, then the health officer of Washington, and the Secretary of the North Carolina Board of Health, both of whom attacked me very savagely. Both later apologized and the Secretary of the North Carolina Board of Health made a public apology at the meeting next year at St. Augustine, Florida, which Dr. Herter told me was the most humble apology he ever listened to. The Doctor took pains to walk down to the middle of the church before speaking to make sure that every person heard him, and he afterwards told me that after reading my paper and going home he went to the state legislature and got an appropriation of \$20,000 and started several new lines of health activity which he intended to continue.

I had hoped the society would take up this line of work which offers such great possibilities. I fear from letters recently received from the Secretary, Fisher and Dublin of the Metropolitan Life Insurance Company that it will not. I should like very much indeed to talk with you with reference to this matter. Letters recently received from Fisher and the Secretary of the A.P.H.A. indicate they are concerned about the same thing.

If you will drop in some time when you are in the city I will greatly appreciate the opportunity for a conference. I have something in the bacteriological line which I think will surprise and interest you very much and which I think will make quite a stir when it becomes current and would like to talk with you about the best way of getting it before the profession and the public. It is information that will open a door of hope to the millions suffering from hypertension.

I can not close without thanking you again for your kindness in writing me of unexpected and quite undeserved mention made of my long membership in the American Public Health Association, to which I was introduced by Baker shortly after I became a member of the State Board of Health at a meeting at Richmond, Virginia, only a short time after the close of the Civil War. Swords and other battle relics were still being picked up on the battle grounds and trees bore the scars made by cannon balls, and forests that had been mown down by cannonading were not yet replaced and the junk shops were filled with relics of the war.

Hoping to have the pleasure of a chat with you at your convenience, and with best wishes and keen appreciation of your courtesies, I am

Sincerely yours,

(signed) John Harvey Kellogg

P.S. Since writing the above I happened to run across a copy of the paper I read at the Colorado Springs meeting, which if you have time to glance at may interest you. I am glad to see that the paper was published in the Journal. Of course I never dreamed that I should be alive at the present time when I wrote the paper. I find it very interesting to note that my predictions have come true, even the increase of average life duration from 45 years to 60, which, however, I should hardly be willing to attribute to efforts made by the American Public Health Association in carrying out the program which I suggested.

The world's greatest statisticians have all given up the world as hopeless as did Gini in his lectures at the University of Chicago a few years before the war. He declared, as no doubt you recall, that civilization destroyed every nation that has ever undertaken it and that all the white nations of the world are already so far advanced in race degeneracy and even depopulation that there is no hope of saving them.

I put all I had left after paying up my debts out of the money I got out of corn flakes into the Race Betterment Foundation and have turned into it all I have been able to squeeze out of the Battle Creek Food Company. I shall spend every penny I have left for the same purpose.

The recent troubles I have been having here have been the result of my effort to secure continuance of the efforts I am making in this direction after I am gone. My feeling is that such an effort offers the only hope there is for civilization. Some things that are dragging the world down physically are destroying it morally, and a return to normal living, which is completely backed by up-to-date teachings of the established science of zoology and human and animal physiology, biochemistry and the findings of the nutrition laboratory and practical and clinical experience offers the only hope for saving the human race. If the laws of biology were applied to human life as vigorously as they are being applied to animals there would be no question of not only saving the human race but it might be lifted so far above the level of the present types of homo sapiens man would be almost regarded as a new species of the genus homo. In a chat I had with Burbank a few years before he died he expressed the belief that such a change could be effected within six generations. There is no hope at all for the future of humanity in any other direction, and the effort required is so great that most of the scientific men have abandoned hope.

About twenty-five years ago at a meeting of the first eugenics congress Major Darwin, son of Charles Darwin, said, with bowed head and a very sad voice, "If our present civilization survives, and I fear it will not, it will have to be the United States that saves it for there is no hope in any other part of the world."

I have had no expectation of being able to do more than to plant the seed and do what I could to get the idea started. I am glad to see that others are making an effort in the same direction. Here is an opportunity for somebody to accept the greatest challenge ever offered to any man or group of men. I have often thought, especially recently, that if your father were alive he would be active in co-operating with men like Darwin and Sherman helping to get such men as Rockefeller and Henry Ford interested in this greatest problem before the human race and one which I am certain might be successfully solved if only the right men can see the facts and would join hands in a worldwide effort on the part of noble spirited men to apply to the human race the same methods and principles which within a generation have made such marvelous progress in improving every living thing that man has had contact with except himself. I am sure you must be interested in this and I wish I might some time have a little chat with you.

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WESTERN UNION

1201

(48)

A. N. WILLIAMS
PRESIDENT

SYMBOLS

DL - Day Letter

NL - Night Letter

LC - Deferred Cable

NLT - Cable Night Letter

Ship Radiogram

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ZA396 5=GRANDRAPIDS MICH 15 623P

BATTLECREEK SANITARIUM=

1943 DEC 15 PM 7 58

ACCEPT EXPRESSIONS OF HEARTFELT SYMPATHY=

EPHRIAM B BOLDYREFF MD

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A. N. WILLIAMS
PRESIDENT

(47)

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ZA391 16=MIAMI FLO 15 542P

MISS GERTRUDE ESTILL=

202 MANCHESTER ST

1943 DEC 15 PM 7 53

MY DEEPEST SYMPATHY FOR THE LOSS OF YOUR GOOD FRIEND AND ONE
OF AMERICAS OUTSTANDING LEADERS=

FRANCIS M MILLER

attorney

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A. N. WILLIAMS
PRESIDENT

(29)

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C99 UCA521 (FIVE) 9=MADISON TENN 15 245P

DEC 15 PM 4 44

MISS GERTRUDE ESTELL=

BATTLECREEK SANITARIUM BATTLECREEK MICH=

PLAN TO REACH BATTLECREEK FRIDAY AFTERNOON TELL DR NORMAN=
E A SUTHERLAND.

Pres. Madison Sanitarium

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WESTERN UNION

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SYMBOLS

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Ship Radiogram

A. N. WILLIAMS
PRESIDENT

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Z206 10 LOSANGELES CALIF 15 1015A

1943 DEC 15 PM 2

MISS GERTRUDE ESTILL

202 MANCHESTER ST

SENDING SPECIAL AIR MAIL TRIBUTE I WISH RED AT SERVICES

AGNES

(Mrs Colver)

RED: 1



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WESTERN UNION

1201

(13)

SYMBOLS
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LC - Deferred Cable
NLT - Cable Night Letter
Ship Radiogram

A. N. WILLIAMS
PRESIDENT

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Z254 55 MIAMI FLO 15 149P

1943 DEC 15 PM 3 26

MISS GERTRUDE ESTILL

202 MANCHESTER ST

HAD JUST BEEN INFORMED THAT DOCTORS PASSING WAS ANNOUNCED
OVER THE RADIO WHEN I RECEIVED YOUR WIRE. HAVE NOTIFIED MR.
MILLER. I FEEL THAT I HAVE LOST A VERY GOOD FRIEND AND
MENTOR AND WORDS CANNOT ADEQUATELY EXPRESS MY FEELINGS.
PLEASE DO NOT HESITATE TO COMMAND ME IF I CAN BE OF ANY
IMMEDIATE SERVICE.

FRED G GAMER

Auditor



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WESTERN UNION

1201

(31)

A. N. WILLIAMS
PRESIDENT

SYMBOLS

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NLT = Cable Night Letter

Ship Radiogram

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Z328 DL=WA NEWYORK NY 15 343P

1943 DEC 15 PM 4 54

GERTRUDE ESTELL. EXEC SECTY=

BATTLECREEK SANITARIUM

JUST LEARNED WITH DEEP REGRET OF THE DEATH OF DR KELLOGG
WHOM WE BOTH HELD IN SUCH HIGH ESTEEM AND EXTEND OUR DEEPEST
SYMPATHY TO ALL HIS STAFF WHOM WE KNOW WILL MISS HIM GREATLY=

MARGIE AND JOHN ASHE SCOTT.

A. Publisher

CLASS OF SERVICE

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WESTERN UNION

1201

(0)

SYMBOLS

DL - Day Letter

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NLT - Cable Night Letter

Ship Radiogram

A. N. WILLIAMS
PRESIDENT

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C8 WUCA762C (NINE) NL=MADISON WIS 15

GERTRUDE ESTELLE AND MRS BUTLER=

DEC 15 PM 10 13

THE SANATORIUM BATTLECREEK MICH=

BESIDES OPPRESSING US WITH A DEEP SENSE OF PERSONAL BEREAVEMENT
THE PASSING OF DR KELLOGG IS A GREAT LOSS TO HIS COUNTRY INDEED
TO ALL HUMANITY. THERE IS NO ONE TO TAKE HIS PLACE=

PROF AND MRS E A ROSS.

University of Wisconsin

ack. by ad 13 1-12-44
Cincinnati, Ohio,
December 15th 1943.

The Great Spirit came down
To escort their worthy son,
God had fashioned his crown
For His rendered service to every one.
Medicine and food for the feeble and weak,
Was Dr. Kellogg's life long plan,
He made the name "Battle Creek,"
Known for the ills of Man.

The feet of Redmen once trod
Where his Hospital now stands,
And the healing powers of God
Were administered through his hands.

Battle Creek serves on and on-
From under His watchful eyes,
Though Doctor Kellogg is gone,
It's only the flesh that dies.

Dedicated to Dr. Kellogg by the scientist author,
Thomas Francis O'Reilly,
8 West 9th St.,
Cincinnati,
Ohio.

Deeply sorry-
for the loss of
this great man.

COLLEGE OF MEDICAL EVANGELISTS

LOMA LINDA, CALIFORNIA

December 16, 1943

THE MEDICAL EVANGELIST
OFFICE OF THE EDITOR

Mrs. Mary S. Foy
Battle Creek Sanitarium
Battle Creek, Michigan

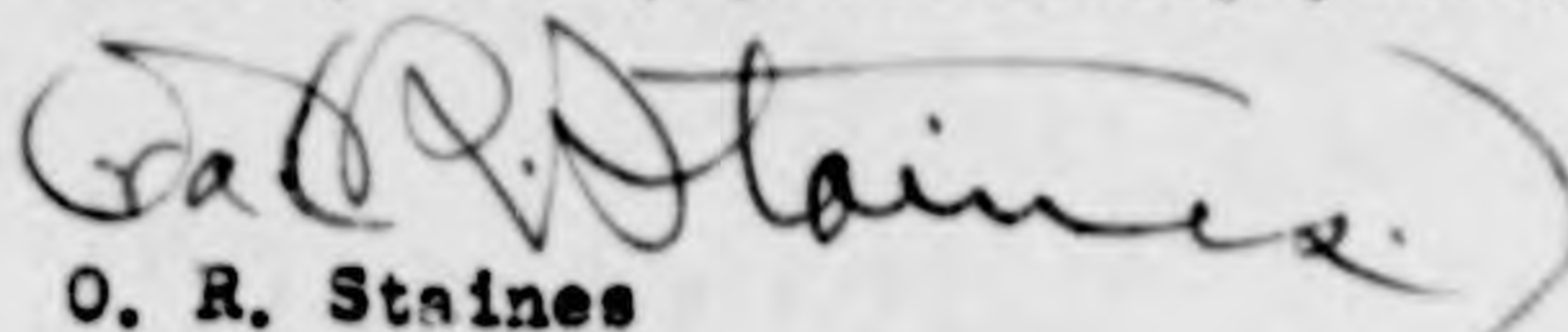
My dear Mary:

We learned with sadness yesterday over the radio of the death of Dr. Kellogg. Last night we folks here at Loma Linda who knew him wired flowers, but, of course, could not give the names in the telegram. I am therefore enclosing herewith a card with the names, which you will please see gets to the proper parties.

We mourn with you because the Doctor had meant a great deal to all of us. I am wondering just what his death will mean to you, as to where you will be, etc. I shall be very much interested in knowing.

Please extend our very sincere sympathy to the friends there.

Hastily but sympathetically yours,


O. R. Staines

ORS:lb

Charge to the account of _____ \$

CLASS OF SERVICE DESIRED	
DOMESTIC	CABLE
TELEGRAM	ORDINARY
DAY LETTER	URGENT RATE
SERIAL	DEFERRED
OVERNIGHT TELEGRAM	NIGHT LETTER
SPECIAL SERVICE	SHIP RADIOGRAM

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WESTERN UNION

1206

Dec. 17, 1943

A. N. WILLIAMS
PRESIDENT

NEWCOMB CARLTON
CHAIRMAN OF THE BOARD

J. C. WILLEVER
FIRST VICE-PRESIDENT

CHECK
ACCOUNTING INFORMATION
TIME FILED

Send the following telegram, subject to the terms on back hereof, which are hereby agreed to

COPY

WANT A REPLY?
 "Answer by WESTERN UNION"
 or similar phrases may be
 included without charge.

C20 WUCAL47C (FIVE) 25 VIA RCA * F HONOLULU Dec. 16 NFT -

NLT W. K. KELLOGG
(BATTLE CREEK, MICH.)

PEOPLE OF EVERY KINDRED TONGUE AND TRIBE ARE BETTER FOR DR. KELLOGGS HAVING
LIVED. DEEPEST SYMPATHY AND ALOHA.

BESS YOUNG

CLASS OF SERVICE

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WESTERN UNION

1201

(45)

A. N. WILLIAMS
PRESIDENT

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NLT - Cable Night Letter

Ship Radiogram

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C72 C.VEB86 (SEVEN) DL=ELPASO TEX 16 758A=

BATTLECREEK SANITARIUM=

(BATTLECREEK MICH)=

DEC 16 AM 11 53

OUR DEEP REGRETS AND SINCERE SYMPATHY IN THE DEATH OF
OUR GREAT LEADER AND THE WORLDS GREATEST WARRIOR FOR
HEALTH MAY HIS WORK BE CARRIED ON BY HIS COLLEAGUES IN
ACCORDANCE WITH HIS WISHES DR KELLOGG HAS BLAZED THE
TRAIL WORTH OF ALL ACCEPTATIONS HIS FAME WILL REMAIN
FOREVER UNTARNISHED=

MAJ AND MRS W R CHYNOWETH.

CLASS OF SERVICE

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WESTERN UNION

(50)

1201

SYMBOLS

- DL - Day Letter
- NL - Night Letter
- LC - Deferred Cable
- NLT - Cable Night Letter
- Ship Radiogram

A. N. WILLIAMS
PRESIDENT

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Z249 DL=FTWORTH TEX 16 1204P

BATTLECREEK SANITARIUM=

1943 DEC 16 PM 2 51

DEEPLY SORRY TO HEAR OF DR KELLOGG'S DEATH. MRS SHANNON
JOINS ME IN EXTENDING TO THE FAMILY AND ALL HIS ASSOCIATES
OUR DEEPEST SYMPATHY=.

J P SHANNON.

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WESTERN UNION

1201

(00)

A. N. WILLIAMS
PRESIDENT

SYMBOLS

DL - Day Letter

NL - Night Letter

LC - Deferred Cable

NET - Cable Night Letter

Ship Radiogram

The filing at point of origin. Time of receipt is STANDARD TIME at point of destination

Z146 67 R MOBILE ALA 16 959A

MISS LETA BROWNING=

1943 DEC 16 PM 12 02

CARE BATTLE CREEK SANITARIUM

THE PASSING OF DOCTOR KELLOGG BRINGS TO US A SENSE OF DEEP PERSONAL LOSS WE AS WELL AS THOUSANDS OF OTHERS WHO KNEW HIM AND LOVED HIM WILL GREATLY MISS HIM AND HIS CHEERFUL GOODNESS AND BENEFICIENT GREATNESS WE THINK OF HIM AS LIVING TRIUMPHANTLY IN SOME OTHER ROOM OF OUR FATHERS HOUSE OF MANY MANSIONS HE WILL ALWAYS LIVE IN OUR THOUGHTS AND IN OUR HEARTS=

MAY T AND R D WALKER=

*Mrs + Mrs R. D. Walker
Former Patients ✓*

CLASS OF SERVICE

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WESTERN UNION

1301

SYMBOLS

DL - Day Letter

NL - Night Letter

LC - Deferred Cable

NLT - Cable Night Letter

Ship Radiogram

A. N. WILLIAMS
PRESIDENT

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Z266 12 MEMPHIS TENN 16 1139A

MISS LETA BROWNING=)

1943 DEC 16 PM 3 09

BATTLECREEK SANITARIUM

IN THE PASSING OF DR KELLOGG HUMANITY HAS LOST A GREAT FRIEND=

E H CRUMP

CLASS OF SERVICE
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WESTERN UNION

1201

(51)

SYMBOLS
DL - Day Letter
NL - Night Letter
LC - Deferred Cable
NLT - Cable Night Letter
Ship Radiogram

A. N. WILLIAMS
PRESIDENT

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C52 UCA839 NL=CHATTANOOGA TENN 16

MRS FOY AND FAMILY OF DR KELLOGG=

(BATTLECREEK MICH)=

DEC 16 11 51

MY HEART GOES OUT IN SYMPATHY IN THE DEATH OF DR KELLOGG THE
WORLD HAS LOST A GREAT MAN AND WE HAVE LOST A GREAT FRIEND=
MRS ELLA REEVES.

CLASS OF SERVICE

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WESTERN UNION

1201

(46)

A. N. WILLIAMS
PRESIDENT

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NL = Night Letter

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NLT = Cable Night Letter

Ship Radiogram

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Z 197 16=LOSANGELES CALIF 16 933A

1943 DEC 16 PM 1 52

FAMILY OF DR JOHN HARVEY KELLOGG=

BATTLECREEK SANITARIUM

IN LAMENTING THE DEATH OF A GREAT MAN I FEEL THE PERSONAL

LOSS OF A FRIEND=

MARY LESLEY FRASER MD.

CLASS OF SERVICE

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WESTERN UNION

A. N. WILLIAMS
PRESIDENT

1201

SYMBOLS

DL - Day Letter

NL - Night Letter

LC - Deferred Cable

NLT - Cable Night Letter

Ship Radiogram

The 6'

STANDARD TIME at point of origin. Time of receipt in STANDARD TIME at point of destination

Z46 NL=BROOKLYN NY 15

GERTRUDE AND ANGIE ESTILL=

MANCHESTER ST CORNER WOOD

1943 DEC 16 AM 8 32

WAS VERY SHOCKED AND DEEPLY SORRY TO HEAR OF UNCLE JOHNS
DEATH SINCERE SYMPATHY TO YOU AND FAMILY=

MABEL.

*Brackett Norheim
(Niece)*

CLASS OF SERVICE

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WESTERN UNION

1201

SYMBOLS

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NL - Night Letter
LC - Deferred Cable
NLT - Cable Night Letter
Ship Radiogram

(08)

A. N. WILLIAMS
PRESIDENT

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Z306 16=MEMPHIS TENN 16 156P

1943 DEC 16 PM 4 14

MRS BROWNING=

BATTLECREEK SANITARIUM

A GREAT PERSONALITY HAS GONE MAY DR KELLOGG NOW REST IN
PEACE HE HAS EARNED IT=

:WESLEY HALLIBURTON.

CLASS OF SERVICE

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WESTERN UNION

1201

SYMBOLS

- DL - Day Letter
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- NLT - Cable Night Letter
- Ship Radiogram

A. N. WILLIAMS
PRESIDENT

(43)2:

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Z167 DL=CINCINNATI OHIO 16 1207P

1943 DEC 16 PM 12 47

MISS GERTRUDE ESTILL=

BATTLECREEK SANITARIUM

AM SHOCKED AND GRIEVED ABSOLUTELY UNPREPARED FOR THE SAD NEWS
 I MOURN WITH ^{you} AND YOUR SISTERS THE LOSS OF MY BELOVED
 FRIEND WORDS FAIL TO EXPRESS MY FEELINGS=

GERTRUDE JULIAN.

Mrs W. A. Julian



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WESTERN UNION

1201

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Ship Radiogram

A. N. WILLIAMS
PRESIDENT

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Z33 NL=CINCINNATI OHIO 15

1919 DEC 16 AM 8

MRS GERTRUDE ESTILL=

KELLOGG HOME

MY DEAR FRIEND FOR FIFTY YEARS I LOVE DR KELLOGG AS WILL
THOUSANDS OF OTHERS WHO HE HELPED MY SYMPATHY TO ALL WRITING=
CHARLES W DABNEY.

*President Emeritus of
University of Cincinnati
& former Assistant
Secretary of Agriculture*

THE COMPANY WILL APPRECIATE SUGGESTIONS FROM ITS PATRONS CONCERNING ITS SERVICE

CLASS OF SERVICE
 This is a full-rate Telegram or Cablegram unless its deferred character is indicated by a suitable symbol above or preceding the address.

WESTERN UNION (54)

1201

SYMBOLS
DL - Day Letter
Letter
and Cable
NLT - Cable Night Letter
Ship Radiogram

A. N. WILLIAMS
 PRESIDENT

The filing time shown in the date line on telegrams and day letters is STANDARD TIME at point of origin. STANDARD TIME at point of destination

C25 WUCA7C (NINE) NL=DYERSBURG TENN 15=

THE ESTILL SISTERS==

BATTLECREEK SANATARIUM (BATTLECREEK MINN) ~~DEC~~ DEC 16 AM 10 09

SINCEREST SYMPATHY AND REGRETS FOR THE LOSS OF OUR BELOVED
 DR KELLOGG=

MR AND MRS B T MCCULLOUGH AND MR AND MRS WATTERS.

(Former patients)



ack. by a FB 1-26-44
Oracle, Arizona
December 16, 1943

Battle Creek Sanitarium:

Late last night a telegram was read to me, asking that I send 100 words or thereabouts about Dr Kellogg's death. The reception was very poor, as is usual in this out of the way place, and the address was not clearly stated. I asked that the telegram (which was received in Tucson) be mailed to me, but it did not come in the morning mail, and I shall not wait for it.

The enclosed is written to fulfill the request: it does not begin to express my personal sense of loss, which flows from a friendship of more than quarter of a century.

Please forward this message to the proper persons, that they may have as soon as possible the answer to their telegram.

It is futile to try to send telegrams from here: the quickest and most certain means of communication is via air mail.

Sincerely



Arthur I Kendall

In memoriam. John Harvey Kellogg. Surgeon, Physician, Benefactor of
Mankind.

Dr Kellogg's life was dedicated to human betterment. No one knows
the extent of his benefactions, which he executed personally.
But this much may be said: many persons owe their education and start
in life to his philanthropy. Many patients owe their lives and their happi-
ness to his skill.

The world is better because Dr Kellogg lived.
The world is poorer with his death.

Arthur Isaac Kendall
Oracle, Arizona

Arthur Isaac Kendall

REC'D DEC 20 1943 4 A.M.

Ans. 1-18-44 by agB
G. H. Memorial No.
+ tear sheets sent-

Pittsburgh, Pa.
Dec. 16, 1943

The Battle Creek Sanitarium:

Mrs. Rowell and the writer read with regrets the news in our Pittsburgh papers of the death of Dr. Kellogg.

I was born in Battle Creek, and spent five or six months at the San in 1904, and always give credit to the old place for probably saving my life. I have in the past sent a great many people there.

Reading the news of the old Doctors death made me feel like sending the San a Christmas card, wishing you all the luck in the world. I made a short visit to you this past Oct. when I brought my brother there for burial in old Oak Hill, and was overjoyed to find you doing so well, out of debt., doing the fine work for humanity you always did, and I am sure- always will.

The only one I met of the old days who knew me was the old tinner who meets the trains. Tell him for me, Good luck, and the Merry Christmas I wish to all in the organization.

Yours very truly

Austin C. Rowell

Austin C. Rowell
104 Magee Bldg.
Pittsburgh (22)
Pa.

Hatfield Mass.,

Dec 16, 1943.

ack. by ASB
1-12-44

Dear Mrs. Butler:

Never having met you personally I have wrote your Brother the late Dr. John H. Kellogg many times, and seeing by the paper of his passing away.

I want to extend my heart felt sympathy for you and all that were close to him.

My late husband was a direct descendant of one of your father's brothers He resided in Hadley Massachusetts.

I have one son ten years of age. Kindly let me know if you received this letter.

Sincerely,

Mrs. Giles M. Kellogg.



Mrs. Giles M. Kellogg
59 Main Street
Hatfield, Mass.

P.S. When looking at the picture
of your late brother there is
such a big resemblance in looks
to my late husband.

CLASS OF SERVICE

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WESTERN UNION

1201

SYMBOLS

DL - Day Letter

NL - Night Letter

LC - Deferred Cable

NLT - Cable Night Letter

Ship Radiogram

A. N. WILLIAMS
PRESIDENT

The time shown in the data line on telegrams and day letters is STANDARD TIME at point of origin. Time of receipt is STANDARD TIME at point of destination.

Z40 NL = PHILADELPHIA PENN DEC 16

BATTLECREEK SANITARIUM =

1943 DEC 17 AM 8 43

BATTLECREEK MICH =

PLEASE CONVEY TO FRIENDS OF DR KELLOGG MY SINCERE SYMPATHY.
 THE NATION HAS LOST ONE OF ITS FIRST CITIZENS HIS PROFESSION
 ONE OF ITS GREATEST LEADERS. MANY OF US A GREAT FRIEND. HIS
 HEAVENLY RECEPTION COMMITTEE WILL CONTAIN MEN FROM THE
 RESCUE MISSIONS ALONG WITH THE GREAT PEOPLE OF EARTH =

HOMER RODEHEAVER.

CLASS OF SERVICE

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WESTERN UNION

1301

SYMBOLS

DL - Day Letter

NL - Night Letter

LC - Deferred Cable

NLT - Cable Night Letter

Ship Radiogram

A. N. WILLIAMS
PRESIDENT

STANDARD TIME at point of origin. Time of receipt is STANDARD TIME at point of destination

Z19 NL=BRYAN OHIO DEC 16

BATTLECREEK SANITARIUM

BATTLECREEK MICH=

1943 DEC 17 AM 8 17

HAVING BEEN ASSOCIATED WITH DOCTOR KELLOGG FOR 27 YEARS. THE NEWS OF HIS PASSING GRIEVES US DEEPLY. WE HAVE ALWAYS HELD HIM IN HIGHEST ESTEEM AND RESPECT=

MR & MRS FRANK MURILLO.

CLASS OF SERVICE

This is a full-rate Telegram or Cablegram unless its deferred character is indicated by a suitable symbol above or preceding the address.

WESTERN UNION

A. N. WILLIAMS
PRESIDENT

1201

SYMBOLS

DL = Day Letter

NL = Night Letter

LC = Deferred Cable

NLT = Cable Night Letter

Ship Radiogram

The time shown in the date line on telegrams and day letters is **STANDARD TIME** at point of origin. Time of receipt is **STANDARD TIME** at point of destination.

ZA44 9 NL=MUSKEGON MICH DEC 17

1943 DEC 18 AM 8 25

THE KELLOG FAMILY=

BATTLECREEK SANITARIUM BATTLECREEK MICH=

ALL HUMANITY SUFFERS WITH YOU IN YOUR GREAT LOSS=

MR AND MRS GEO W CANNON.

CLASS OF SERVICE

This is a full-rate Telegram or Cablegram unless its deferred character is indicated by a suitable symbol above or preceding the address.

WESTERN UNION

1201

12/29/43

SYMBOLS

DL - Day Letter

NL - Night Letter

LC - Deferred Cable

NLT - Cable Night Letter

Ship Radiogram

A. N. WILLIAMS
PRESIDENT

The filing time shown in the date line on telegrams and day letters is STANDARD TIME at point of origin. Time of receipt is STANDARD TIME at point of destination.

Z45 CABLE=LONDON VIA WU CABLES 24 18

DEC 19 AM 8 51

NLT A F BLOESE =

SANITARIUM BATTLECREEK (MICH) =

SINCERE AND TENDER SYMPATHY TO SANITARIUM FAMILY OVER LOSS OF OUR GOOD KIND FRIEND DOCTOR KELLOGG =

LOIZA JOHNSTON.

LOIZA BLOESE.

January 9, 1944

Miss Gertrude:

Had a letter from Dr. B. G. Wilkinson recently, who is spending some time at Miami Beach where he went to take sunbaths for neuritis. His first two paragraphs are as follows:

"First of all I want to tell you how much I sorrow with you over the death of Dr. Kellogg. He was one of the world's great men. He did a great work for humanity and there are a lot of people who should, but who do not appreciate him.

"I was stunned for days after the death. Could hardly get over it".

E. G. Norman, M. D.

The Battle Creek Sanitarium

BATTLE CREEK, MICHIGAN

January 7, 1944

To the Family of Dr. John Harvey Kellogg:

We are enclosing copy of resolutions adopted by the Medical Staff of the Battle Creek Sanitarium with regard to Dr. John Harvey Kellogg which are a most sincere appreciation of our feelings toward him, and we thought you might like to have a copy of them.

Sincerely,

Margery J. Gilfillan
Margery J. Gilfillan, M.D.

mjg-ebw

To the Family of Dr. John Harvey Kellogg
202 Manchester

P. S. Because of the difficulty in getting all of the signatures, we have been delayed in sending the Resolutions. Please excuse us.
MJG.

The Battle Creek Sanitarium

BATTLE CREEK, MICHIGAN.

January 7, 1944

Whereas we have been called upon to suffer the loss of our peerless leader and chief, Dr. John Harvey Kellogg, who for almost three-score and ten years has been the constructive inspiration and guiding star of the Sanitarium, and

Whereas his marvelous scientific mind and his grasp of medical problems have given him unsurpassed leadership in the medical world, and

Whereas we feel an irreparable loss in our scientific work and personal relationship with him who, in his kindly spirit has ministered to countless thousands

Therefore be it resolved that we, the members of the Battle Creek Sanitarium Medical Staff, as a testimony of our regard, hereby express our sense of the great loss sustained in the death of our deeply valued and cherished chief, Dr. John Harvey Kellogg:

That we extend to his family circle our heartfelt sympathy in their bereavement and assure them of the high esteem in which he was held by the members of our staff.

Be it further resolved:

That these resolutions be spread upon the minutes of our staff meeting and a copy be sent to his family.

J. R. Jaffrey
Lydia Johnson
Margaret Gifford
William Van der Voort
O. E. Barchant
Ethel G. Norman
Clara V. Radabaugh
Paul Roth
Nehid Haughey
O. E. Thompson

ack. by AFB 1/26/44

Bethany Presbyterian Church

GRIFFITH PARK BOULEVARD AT LUCILE AVENUE

Robert Karr, Minister
Los Angeles, California

January 10, 1944.

Mr. H. W. Stegman, Editor,
Good Health Magazine,
Battle Creek, Michigan.

Dear Mr. Stegman:

For more than twenty years I have been reading "Good Health", which I consider America's best health magazine.

For more than 25 years I have known Dr. John Harvey Kellogg and consider his passing America's greatest loss from the standpoint of teaching folk how to live biologically.

He is known the world over for his vitality, clearness of thinking, keen appreciation of values and his sane judgment.

He will be greatly missed, but I hope that the magazine will continue to make its visits to my study, where it occupies a prominent place in my daily life.

With all good wishes, believe me,

Most cordially yours,

Rev. Robert Karr, Ph'D., D.D.,
813 North Coronado Street,
Los Angeles, 26, California

Robert Karr.

MISS ELLAMAE C. PALMER, TREASURER
SANITARIUM
BATTLE CREEK, MICH.

OFFICERS

MISS ELIZABETH N. STAKELEY, PRES.
MRS. BERNICE OLSON, VICE PRES.
MRS. OLIVE ROCHELLE, COR. SEC.

**THE ALUMNI ASSOCIATION
OF THE
BATTLE CREEK SANITARIUM
AND
HOSPITAL SCHOOL OF NURSING
BATTLE CREEK, MICHIGAN**

MRS. MARY STAINES FOY, COR. SEC.
SANITARIUM
BATTLE CREEK, MICH.

DIRECTORS

MISS IRENE HUTSON
MISS ELIZABETH JONES
MRS. AMELIA CLAYMAN
MRS. RUTH MILLIMAN
MRS. GRETA FLEMING
MISS BLANCH VAN ATTA

January, 1944

Dear Alumni:

Another year has come and gone and we are near the end of the first month of 1944. What the year has in store for us time only can tell. We do know that this is a desperately upset world and that there are many, many sad hearts today. However we know that we have much to be thankful for, especially when we stop to think of the conditions in other parts of the world.

Doubtless that all who receive this letter have heard of the great loss that has come to all of us, and especially to the Battle Creek Sanitarium in the last days of 1943 in the passing of our Friend and Benefactor, Dr. John Harvey Kellogg, on the evening of the 14th. of December, 1943. We will not try to go into details as a local paper was sent to each one of you, giving a much better account of his life work than we could.

Needless to say that we were stunned and have scarcely recovered as yet. But we know that the work must go on and that it means diligent and loyal work on the part of those who are left. It is a little too early to give you any details of what the future plans will be.

This we do know that those of us who want to see the principles, which were so dear to the heart of our Doctor, kept alive, must live them ourselves and teach them to others.

The Annual Meeting of the Nurses Alumni Association was held on the evening of January 9th. You will find the list of Officers on the heading of this sheet. A new Vice President and Recording Secretary and two new Directors are the only changes from last year. After the business meeting we had a social hour and refreshments were served.

The President served the Association so efficiently the past year that she was asked to take the office for another year. We also have a new Vice President. The Recording Secretary has adopted a bran new baby so felt that she could not continue to hold the office. This leaves the last year's Treasurer and the "old timer" Corresponding Secretary to continue in their office for another year. The Secretary has a notion that no one bids for her job. What we need is more members. You can help with this.

The writer of this letter has felt that she would like to have THIS LETTER dedicated to the MEMORY of our beloved Dr. John Harvey Kellogg.

The one hundred nurses, from whose letters and cards we have made extracts, are only representative of the hundreds of other nurses who would gladly express the same loyalty and esteem and wishes for the good work of Dr. John Harvey Kellogg to be carried on.

This places an added responsibility on each one of us as graduates of the Battle Creek Sanitarium School of Nursing to be truly representative of the principles we have all been taught.

Correspondence

This Christmastide has brought your writer a liberal supply of letters and cards and we gladly give our readers the gist of many of them.

We also give extracts of many notes and letters carrying words of appreciation of Dr. Kellogg and his work.

The first letter we pick out of the box is from Irma Willard '27 of Lapeer, Michigan. She was just recovering from the flu. She has been very busy and was considering taking a position in a doctor's office. She says: "Very few people are granted the good fortune to live so many useful years." I had thought that he would live a long time yet."

Mrs. Fay Shepard Aagaard of San Francisco says: "I am still doing general duty at the Stanford University Hospital. Our son Carl was married last March and is in Medical School. The daughter, Jean, is going into nurse training at the "White" Hospital in Los Angeles.

"I cannot quit working now with the shortage of nurses. I enjoy my work and am thankful for the health God gave me so I can continue my work."

And here is a letter from way up north in Alaska from Ens. Marie H. Griggs, N.N.C.-U.S.N.O.B.-Dispensary, Navy 151, c/o F.P.O. San Francisco, Calif. (What an address!) "At present I am out in the Aleutians braving the rugged winter weather. This is my second station in Alaska since coming here in April.

One cannot complain of their quarters for they are most attractive and each one of us have our own bedroom, which is newly furnished. Our house has a lovely big living room and a nice kitchen where it is nice to fix a snack on your days off duty. Otherwise we take most of our meals in the dining room in the Officers Quarters. We are well taken care of. Everyone is most kind and considerate of the nurses. Our tour of duty in Alaska is one year. I have the good fortune of being with a most congenial and understanding Chief nurse and working with a most pleasant group of girls."

(Yes, Marie, Dr. Jeffrey is on the Medical Staff here at the Sanitarium and I delivered your message to him. By the way, I wonder how far you are from Mrs. Marie Falldine Thomas whose address is Juneau, Alaska, P. O. Box 230. Would be lovely if you could meet.)

Mrs. Nella Hummer Morse '26 writes Mrs. Tyrel: "I spent a great amount of time last year in bed or resting because of neuritis. It grieves me to be doing so little when we are so badly needed. That was the way we were trained. My husband is in war work."

Mrs. Ora Maxon Lovell '16: "Words fail me. I cannot express my sincere appreciation for all that Dr. Kellogg did for me. A long beautiful life brought to an abrupt end."

Anna Smith '11: "Dr. Kellogg has rounded out many years and his memory will live on in many hearts. Words fail to tell of the good he has done."

Ethel M. Gilbert '31: "On May 1st, I returned to Sharon to be Director of Nursing. In spite of the problems I have enjoyed it." Address: Christian H. Buhl Hospital, Sharon, Pa.

Mrs. Amelia G. Harper '16 writes from Reno, Nev.: "I was a patient in the Hospital (Ulcer of cornea - left eye) when I heard the announcement over the radio about Dr. Kellogg's passing. What a wonderful life he had .. so full."

Fern Huber's '22: "May Dr. Kellogg's ideals and principles live forever."

Mrs. Gertrude Fowler Conard '02 writes from Washington, D. C.: "Dr. Kellogg certainly did a great deal of good in the world in his day. There has never been anyone who has led out as strongly as he has in educating the people along lines of healthful living. He was a great leader."

Miss Daisy Keichline '01: "Dr. Kellogg lived a long and useful life and did more for humanity than any other man. He had such a wonderful personality. In so many different ways he has left a beautiful memory."

My sister died last February and my mother has been a helpless invalid for two years. I am still carrying school work and some war work."

Mrs. C. S. Anderson '13 now located in Holly Bluff, Mississippi: "I cannot express what I feel. Of course God has spared Dr. Kellogg a long time and he has done a wonderful work and, tho' gone, his name and work will live on."

I trust that God may find someone who will love to carry on as he would have it. His influence and work must live on."

Ethel Holtzendorf Watkins '18 of Atlanta, Ga. says that she is very busy helping out the local hospitals. She hopes to make Battle Creek Sanitarium a visit when the war is over.

Carolyn Horning '05 writes the writer a Christmas card. She says: "I had hoped that Dr. Kellogg would live to be 100 years."

Miss Horning is a Supervisor at the Fletcher Sanitarium in N. C.

Maren Johansen '96 writes from the Osborn Home, Harrison, N.Y.: "I was shocked when I heard over the radio of the passing of Dr. Kellogg. I was glad I saw him on my last visit to the Sanitarium. He gave me his photograph which he autographed."

Mrs. Mary Adams Akers '14 writes from San Quentin, Calif.: "It was a sad morning when I turned on the radio for the news and the first news I heard was about the great man and a fine teacher and a wonderful friend to all of his family of students, was that Dr. Kellogg was dead. Thank God for his rich and useful life. He shall ever live in the hearts of his students and his patients."

Dorothy White '29: "I am still working for the same doctor, going on my 14th. year. Have been doing Red Cross work, taught First Aid and Home Nursing classes. Have been kept very busy with the shortage of doctors. We have had to do about three times our regular work. I am in good health and able to do it. So grieved to learn of Dr. Kellogg's death."

Tilda Colby Dawson '22 writes from Sacramento, Calif.: "The Sanitarium in Battle Creek is growing again and I am so glad. How I would love to pay you a visit, especially now, for a favorite cousin of mine who was injured in Sicily, Major Irving Colby, is a patient there in the government hospital."

My work in Surgery last year proved too strenuous so I am acting relief nurse for registration at Sutter Maternity (2 days) and Sutter Hospital (4 days a week). This gives me experience in various lines. I enjoy the variety.

Martha Buchanan Bradshaw, an old classmate, is doing private duty in Sacramento. Her son is a young man now and quite a handsome chap."

Jessie Thompson '15 has been with the Veterans' Service at Wood, Wis. for several years. She says: "Maybe I will go to a warmer climate another year as I have been retired from this service. Had hoped to be able to last through this war."

I am not feeling so badly - just tired out. As I have sick leave will be staying on here for some time at the home. Later on I hope to help with the war in some capacity.

Mrs. Olive Carr '28 writes from Memphis, Tenn. where she and Mr. Carr were spending Christmas with Mr. Carr's son who is a surgeon. They expected to return to their home in Tucson, Ariz. on December 29th.

"I am certain that many of us who knew Dr. Kellogg have experienced a deep sense of loss. Anyone who lives a life as rich and full as his was, who creates principles and institutions to uphold them, whose influence is so far reaching, whose teachings heal body and mind leaves a vacancy in this world of need, but he would want his work to continue."

Mrs. Lillian Pohan Gravier '13: "Am very busy. Have a chance to help out in an Army Hospital. You will remember that I was overseas in the last war. My youngest brother is over there now. My mother's second war. God grant that it may soon be over. Was so sorry to hear about Dr. Kellogg. He was such a good man."

Mrs. Lavina Quinn '07: "Just can't think of Dr. Kellogg not being busy and thinking of new ways to help people keep well."

Miss Gertrude A. Seaton '06 writes from Pasadena, Calif.: "Now our great little doctor has left us -- what a royal sequence doctor has left this old world and we all owe him a debt of gratitude. Thousands of messages will be pouring into Battle Creek."

Mrs. Florence Gibb Mackay '29 from Detroit: "Was saddened to know that dear Dr. Kellogg had passed away. It seemed as if he should live on and on, but his books and teachings will. Wish I might have been able to go to the funeral."

Miss Eleanor E. Howey '28 writes from her home in West Salem, Ohio: "I am enjoying the year at home with mother, and altho' I could be busy nursing I find plenty to do at home. The change seems to agree with me as I am gaining in weight and feeling fine. I took and successfully passed the New York State Board examination in October. It was a real exam. both in theory and practical and of course I am happy to have passed."

Mrs. Marguerite Neighbours '15: "Dr. Kellogg was an inspiration to every one with whom he came in contact, and will be missed by all."

Hannah Cramer '12, Bethesda Hospital, Cincinnati, Ohio: "The news came in our Cincinnati papers of the passing of our own dear Dr. Kellogg. I can hardly grasp it that he is gone. I feel, as no doubt, all the girls feel that we have sustained a very great loss. Dr. Kellogg's intellect had still been so alert that he was able to contribute of his knowledge and very valuable experience to others. One thing we should be grateful for is that God did grant him a long life and his altruistic spirit and his teachings will live on through his writings and the lives of many. He was permitted to live to reorganize the Sanitarium and how glad we are for that. Few men have lived such a fruitful life."

Capt. Alive Gallagher, A.N.C.: "I was so happy to receive your letter. The days have been so full and pass too quickly."

Mrs. Esther Brown Wetterholt '22: "Dr. Kellogg has done a great work and am sure will receive his reward."

Mrs. Mae Sloan Kling and family are in Fort Lauderdale this winter.

Johnnie Dixon '19 has been on the sick list for some time but is not confined at present, which she appreciates. She is living still with her brother and sister-in-law and two adopted children, who are a great joy to them all. Johnnie wishes so much that she could be in active service but is not physically able.

Address: Lawndale, N. Carolina ... R.F.D. #2.

Miss Ellen Campbell '13 writes from Pasadena, Calif. This was written before she had the word of the doctor's passing. "I do pray for the success of Dr. Kellogg's new Sanitarium. It means so much to all of the nurses who has been at Battle Creek."

Miss Alida Beuker '25 writes: "I am still at Traverse City and expect to stay. I tried to get in the Navy but was turned down. But I love my work here and expect to always continue it here. My adopted son is serving in India. He is a fine big chap now. I am well."

A Christmas card and note from 1st. Lt. P.M. Norton, A.N.C. N 728089 (mae) says that she received the October News Letter and wishes that she could send us some of her warm weather. So she must be in a warm clime.

Miss Verle Wilson '22: "Just 25 years ago January 1st. since I arrived in Battle Creek. Much water has gone over the dam since then. In March I will have been here twenty years (Moundville, W. Va.) in a doctor's office. I have a niece's husband a patient in Percy Jones Hospital."

Mrs. Martha Nichols '18: "Am still enjoying my trip in my memory. It did my heart good to see everything running so smoothly and the Annex looking so beautiful. Am looking for Hudson (her son) home December 31st. for a furlough. He will go back to college where he is taking engineering. One of our former high school teachers is in Percy Jones Hospital."

2nd. Lt. Lelah Melick A.N.C., Camp McCoy, "Hospital Branch", Wis.: "Although the 17th General Hospital is now in Naples I have been left behind to carry on in administration as assistant to our Chief nurse. It is not exciting but very necessary and so I try to be reconciled to remaining in this country. I have a fine office to work in and am very busy."

Mrs. Hester Brownell, Osborn Home, Harrison, N.Y.: "The radio brought me the sad news of Dr. Kellogg's death. The wonderful life and work and the many lives that he has prolonged will stand out in history. Do hope that the Sanitarium will carry on and always with Doctor's principles."

Martha Bradshaw '21 writes from Sacramento, Calif. Attended the State Nurses' Convention in November. Her son is in High school and they both keep well and Martha is very busy nursing.

Miss Emily McCoy '04. Came to the Sanitarium from Pitcairn Island to the School of Nursing and graduated in 1904 and has been in the states ever since. For some years she has been in Bridgeport, Conn. A recent Christmas card from her says that her people on the Island are entirely isolated since the war. So she has not heard from her people for sometime.

Mrs. Charlotte Leach Brennan '19 encloses a snapshot of her family. Her son 'Billy' is in the service since March '43 and has not been home since. He is at Fort Hays, State College at present.

Miss Edna Maphis '22: "I have been able to get around pretty good this summer but still not too steady on my feet. I recently fell and tore a ligament in my right

ankle, so I will have to stay put for awhile."

Seems as tho' Miss Maphis is having rather more than her share of physical troubles. She sure has our hope for a better future.

Anna Dingwall '22: "It was such a shock to pick up the paper and see where our beloved Dr. Kellogg had suddenly been called. Somehow I never could think of him not always being at the San. I know that we all feel very proud to have been fortunate enough to have come under his teachings. I shall always remember his Christian principles."

Mrs. Della Christofferson '91: "I read in the Milwaukee paper of the death of our much loved Dr. Kellogg. I am so sorry. He was the grandest man I ever knew."

Lt. (j.g.) Helen Kinne, N.N.C., U.S. Naval Hospital, Mare Island, Calif.: "I have been moved again. This time to California and with the present movement I wonder how long I will be here. I like my work very much. I have charge of the entire Surgical unit, which consists of 440 beds. My office is in with Chief of Surgery, Capt. Green. There is much Orthopedic surgery here. In fact this is the artificial limb center for the entire Navy. My days are very full but also very interesting. This is a 2,000 bed hospital and can accommodate 2,400."

Mrs. Clara Reinke Lund '24: "It is so difficult to realize that Dr. Kellogg is gone. We know that his works will live on after him. As nurses we can all feel that we were fortunate to have known, and in a small way to have been connected with his efforts to make this a healthier and happier world."

Mrs. Helen Price Stanton '26: Enclosed a snap of her seven months old red-headed son. "He is such a sunny disposition and such a joy. I wonder what we ever did without him. I am not able to do much in the way of volunteer work - but when he is a little older I will feel better about leaving him."

Miss Emma Wiese '20 writes from Hull, Ia.: "We have been busy the last year. Guess that is what we are supposed to be these days - at that we have so much to be thankful for. How happy we would all be if the war would end ... the boys all came home soon. You will be surprised to know that I have been drafted back into nursing. They have been calling me to help out on general duty at the hospital here. Seems like some twenty years ago. Has been interesting and a good "Refresher Course". Does one good to get out and associate with people from other schools. Would love to drop in and chat with you and see the new San."

Mrs. P. Sharp '19: "Am sure that you will be interested to know that we have a baby born last May. His name is Victor John McFadden. His mother died a few hours after his birth. His dad lives on a farm and has five other children so we offered to take him until he is old enough for his dad to handle him. We have been exceptionally busy as the garden fruit and crops were late in developing but the weather has been grand."

Miss Jeannette Biddinger '32, Dayton Ohio,:" If ever any one lived a good and full life Dr. Kellogg did and we are honored to have been connected with him. If we, all of us, could do just the tiniest fraction of the good he has done we will help a little in this old upset world."

Mrs. Sarah Stone Foot '29 enclosed a snapshot of her family with her Christmas letter. There are three of them ... Wayne 9 years, Carolyne 5 years and little Judy 1-1/2 years, and the mother, of course. They all look very happy. Mrs. Foote says that she had a Christmas card from Lt. Edith Miller A.N.C. from Italy. Edith said that she was studying Italian. "If it were not for my little family I should join up

in some branch of the service. My bit at home seems to be teaching Red Cross and Home Nursing classes which are scheduled to last until June."

Miss Margaret Wall, '16, writes that her father has bought a home and she hopes that they are settled at last. Address: 625 - 41st Avenue, South, St. Petersburg. 5, Florida.

Miss Mary E. Steinberger '21, Urbana, Ohio: "I am still on the farm and had a nice big garden. Had good luck with my chickens and helped out occasionally with nursing. I have enjoyed helping out with dressings for the Red Cross. My mother is old and I do not leave her alone in the country."

Mrs. Marie Falldine Thomas '15 writes from Juneau, Alaska: "What a busy year this has been. I have not had time for anything aside from the tasks so very necessary these days. Am still in charge of the Red Cross production work. Have helped on every war drive that we have had. During the Third War Loan I raised \$31,512.50 in bonds. One day each week I help with the mending for the service men stationed here. Am also Worthy Matron of the Eastern Star Chapter and I help out in the office at the store, and so with three meals a day and my housework I have little time to waste. I had a letter from Flossie Frost recently. She is still in Capetown, S. Africa. She has returned to nursing and is nurse in a large department store.

We are faring very well here in Alaska. Have no rationing as yet, tho' of course there are many things that we cannot get. The housing situation is most serious thing. So many wives are following their husbands, often bringing families with them."

(Mrs. Thomas wonders about the nurses who are sick or unable to pay the Alumni dues, if there could not be some plan for them to have the News Letter. In reply to this the writer would say that so far as we know these have all been taken care of. The Alumni carries a number and there are a number of the Alumni members who share their letter with those who cannot meet the expense. We would be glad to hear from others of the Alumni members who would be willing to share their letter. We are always having new ones come up and that need our help. We would be glad if those who send their letter to someone would let the undersigned know to avoid duplicates. We appreciate the suggestion. Is it not possible that letters may be sent by members to those who are able to pay the small dues. We need members to keep our association afloat." Mary S. Foy, Cor. Secy.)

Miss Hazel Higbee '23: "This Christmas season finds this wandering child back down in Virginia. Two years ago I was placed here for a year through the U.S. P.H. and liked it so much that I came back. This time I am employed by the Virginia Medical College, where I teach Public Health Nursing two days a week. The rest of the time I am in the Virginia State Department of Health as Educational Director and have charge of the program of field experience for the P.H. Nurse students from the Medical College. It is a nice tie-up. I like it very much. I am living in a cozy little log cabin with two fire places ... one inside and one outside. I am having loads of fun fixing it up.

Bess LeFever is back in Cleveland to help keep the home fires burning while I am away."

Mrs. Cora Pedicord '92, Zanesville Ohio: "So shocked to learn of Dr. Kellogg's death. His passing is a great loss."

Miss Helen Jamison '26 writes from North Thetford, Vt. "You will be glad to know that both Gladys and Dorothy entered the army nursing service in December, 1942. Both were assigned to Fort H. G. Wright, Fisher Island, N. Y. They have been together ever since. In March they were sent to San Francisco for a few weeks before sailing for Australia, where they are now. After their arrival there they were united with

the Johns Hopkins Medical unit, which pleased them much. They report being very comfortably and pleasantly located. They enjoy their work, which is eight hour duty.

Helen says that her sister, Olive Jamison Hines '32, visited them with her two little folks last summer ... Jimmie five and Elizabeth one year old. Since going home at Athens, Tenn. she has taught two 'Nurses Aid' classes.

Helen says that she is doing private duty, some Red Cross work and have taken the course in Airplane Identification and since taught a couple of classes in it. Found it most interesting. Just knowing the planes, both allied and enemy, makes the newspaper reports of their war activities a facinating study. Battle Creek is a pleasant memory to me."

Mrs. Marion Beardley Erlandson '30, Berkley, Michigan: "Have been sick since a year ago October. Have so enjoyed the News Letter which has so kindly come my way. Have just heard of the death of Dr. Kellogg. How he will be missed by many thousands. It is hard to think of the Sanitarium or Battle Creek without Dr. Kellogg."

Mrs. Gladys B. Wyles, '29 writes that Maude Tinsley Gilbert visited her recently and wanted all of their classmates to know that they were talked about. Mrs. Wyles says that her husband and she have bought a ranch in California, near Loma Linda. They expected to move out there in January. She wanted to know if there were any of our nurses in or about Loma Linda.

Miss Meta Hoab, '13 ... speaking of the passing of Dr. Kellogg she says: "His good works go on and shall continue. The good book says, 'He being dead yet speaketh'."

Mrs. Marthelyn Wilkerson Hammer, '29, encloses a snapshot of her family including her husband, herself and three healthy looking children ... Jim, 10 years, Janet, six and baby Jean 20 months, all in their swimming suits and their feet in the water. They live in a new home in Ann Arbor, Michigan.

Rena Wing '18 says that she is busy. The adopted son is sixteen. Miss Hartlem is more than busy.

Mrs. Emma Siegel Faber '10 writes from Oakland, Calif. wishing us the best ever.

Mrs. Philene Kreamer Holmes '20 is now in Houston, Texas and does a little hourly nursing.

Lelia Pedicord '18: "I am very happy in my work and am very well. Western Montana is a gorgeous place to live."

Katherine Ransom '24 has accepted a position in the T.B. Sanitorium at Ostemo, Michigan: "I was stunned when I heard of Dr. Kellogg's passing. With all of the other Sanitarium nurses I feel that his going is a personal loss. Such a privilege it was to train under him."

Miss Fern Sheick '24: "I am anxious to see our new Sanitarium home. We are busy with our 400 U.S. cadet nurses."

Mrs. Jessie Avent Taylor '18: "I have changed my address as well as my occupation again. My husband had a touch of ulcerated stomach, so, I had to stop nursing at Duke Hospital. My daughter is a cadet nurse at Duke in my place. My husband is principal of a 16-teachers' school here. I am teaching Bible here. I have thought of dear Eld. Tenny more than once. I wish I had copies of his lessons. I have 26 classes a week.

Both my boys are in the Air corps. Edith is in her last year of college. She is studying Home Economics. The little 5-year-old is with his parents."

Dr. A. N. Yates '92 writes a short note to express his appreciation of the paper sent to him. "Dr. Kellogg was certainly blessed with a long, fruitful life of labor." He wonders if any of his classmates are in Battle Creek. (Sorry to say there are none. M.S.F.) Dr. Yates address is Berthoud, Colorado.

Miss Edna B. Maphis '22: "Dr. Kellogg will be greatly missed not only by his relatives and employees of the San., Alumni or B. C., but by the country at large. How well I remember his kindness to me while ill in the Sanitorium in New York. We hope that his ideals can be carried on."

Mrs. Henrietta Shockney '06: "The world has lost a wonderful friend."

Miss Geraldine Lansbury, '28: "Dr. Kellogg lived his life to the fullest and we all share in his good works."

Mrs. Dorothy Zeidler Conard '02. After many years, we had a letter from Mrs. Conard. She is nursing in Leland Memorial Hospital at Riverdale, Md., a suburb of Washington and living with a sister in Takoma Park. Mrs. Lavina Quinn is nursing in the same hospital. Mrs. Conard's husband, Ralph Conard, died in February, of 1943. (Surely good to hear from this old timer.)

Anna Pape '18, Grand Rapids, Michigan: "May this year see the continuance of Dr. Kellogg's fine work in all fields. The greatest benefit that is remembered by us graduates is of having been treated with courtesy and of having been taught to treat all patients well, especially any who seemed to be friendless. In the case of my mother, many were far from their families and were so kindly cared for."

Miss Pape leaves her present position in the spring and hopes to come to the Sanitarium for a time to help in the treatment and nursing work. We shall be glad to have her. (M.S.F.)

Lt. Elizabeth Pukas '30 has a new address: N-745251, 812th. Med. A. E. T. Squadron, A.P.O., 9151 c/o Postmaster, San Francisco, Calif. Looks as tho' she had been transferred. A sweet Christmas message came with the new address but no hint of her activities.

Mrs. Lillian Pohan Gravier '13, San Francisco, Calif. "I have been and still am very busy. I feel better than in a long time, and there is so much to do and nurses are needed so badly.

I guess that I told you our baby brother ... "A Bombardiere" ... just sent home his Civ. clothes. I think that the saddest part is to think that I was overseas in the last war and now twentyfive years later the youngest. And because I know what war really is I feel that I must do all that I can.

I am firmly convinced that God is trying to make us all see that the world is too wordly."

Mrs. Helen Ross Kersvill, '17. Mrs. Kersvill has been a bed patient in a hospital in Albuquerque, N. Mexico for the past year. She writes that she is better but still a bed patient. "My daughter is now a capped nurse and enjoys each new step of her work as she takes it."

Of Dr. Kellogg she says: "I had always thought of him as being as lively and well as in my days at the Sanitarium. I most sincerely hope that his ideals are firmly enough established in the Sanitarium to carry it on as his memorial."

Mrs. Martha Richardson '06 is spending the winter in Defiance, Ohio. "I am

very comfortably settled. A fall gives me two broken ribs and a sprained ankle, but with electric pad on side I can sit and knit for the Red Cross. I have made 78 sweaters, 11 helmets, 5 watch caps and five pair of gloves. I have 14 nephews and grand nephews in the service ... not two in the same place."

Mrs. Marguerite Siplon Wood '23, writes from Canton, Ohio. She has not been too well and has been very busy with her garden and the fruits of it. She learned of Dr. Kellogg's death over the radio. "I have always felt that the Sanitarium and Dr. Kellogg would always be with us. It seemed that no matter where I was I could always go back and find things as they were when the Sanitarium was home. Very few men of the world have the courage of their convictions as did Dr. Kellogg. He was truly a great man. I felt that I was especially honored as he offered to help me through college. I greatly regret his passing. There are so few men like him."

Miss Ethel Brumbaugh '30. "I am still enjoying my work as Instructor in Home Nursing. We are very busy working six full days each week. In addition I am taking one full course at the University. If all goes well I hope to receive my Masters degree next June - Detroit, Michigan."

Winifred Gorrell '28. Lost her father, for whom she had cared for some time, not long ago. She is trying to keep very busy and knows that time will help to heal the sorrow. Speaking of Dr. Kellogg she says: "The good that men do lives after them", so his good works will surely live on, as he lived a very productive life."

Mrs. Lenora A. McCoy, '24, writes from San Francisco, where she is spending a few weeks of the winter. I wish to express my sympathy for you and the others at the Sanitarium who have worked with Dr. Kellogg for so many years. I consider it a privilege to have been connected with the Sanitarium and to have known a man of his caliber. He has done the world a great amount of good through his teachings."

Katherine Van Voorhees '04: "I cannot find words to express my feelings in regard to Dr. Kellogg's death. There are many thousands who feel keenly this loss. I have just had a card from Laura Griner Sandell '04 and she says what a privilege we had in learning from one who was so gifted and a man who has a world-wide reputation.

I had a fall at Mercy Hospital. The elevator was up a few inches and I had a tray full of dressings so did not notice the floor of the elevator, and I fell and hurt my wrists and shoulders and a general shaking up. Am better now."

Miss Florence L. Fox '19 writes from Long Beach, Calif. Her sister had recently had word that her husband, Dr. Floyd O. Smith, is one of the internes of the Internment Camp at Bacolod. We are glad for all those who have been able to come back on the "Gripsholm".

How we do wish that there was some way the thousands of others might return.

I finished a year's service at Seaside Hospital and won a vacation. Now I am back on duty again."

Mrs. Stella McKeown '33. "Late in the summer Ann Palmquist and family, Corda Wertz Kreiger and family, Betty Peer and myself met in Youngstown and cooked a picnic supper in that city's beautiful Mill Creek park. It was grand seeing some of the Battle Creek nurses again. The evening was gone in no time. It makes us realize that Battle Creek ties up friendships that will last forever."

Mrs. Irene LeBlanc '18, San Diego, Calif. "Heard over the radio of Dr. Kellogg's death. The country has lost a great man. I always felt that he was not appreciated as he should be.

My husband is still in the South Pacific. My father and mother are with me this winter, which helps a lot. I am working eight hours daily in the Infirmary at

Brown Military Academy. Dick attends this school. He gets home each night as I drive back and forth."

Miss Carrie Lossing '05, Dubuque, Iowa. "I heard over the radio of the death of Dr. Kellogg. It seemed hard to believe of one who had always been so active." The rest of the letter was personal.

Miss Flora Fulton is employed in the Training School office at the Glendale Sanitarium and is rooming at the home of Mrs. Grace Richmond Messer.

Mrs. Adaire Miller Thewaite, '19: "I did not get around to send Christmas cards as I have a brand new grandson ... cousin to grandson No. I. His daddy is in the service so he and his mother will be with me for the duration."

Miss Grace Darling '24: "Dr. Kellogg's has been a long life of service to mankind. I am sure that no one who has been taught his health principles and seen them exemplified can ever forget them. That and his books will be a monument to him always."

Mr. and Mrs. Marie Scott (Nichols) '02, writes from Modesta, Calif. "We grieve with the Sanitarium family in the passing of Dr. Kellogg, as if it were a foster father. We extend to all, that we know, our sincerest sympathy. A wonderful warrior has fallen. The old San is dear to us and we are interested in it. I appreciate more and more the principles of Good Health that he taught us.

T. Emilee Aicher, '02, is in Ohio caring for her mother who fell and broke her hip."

Lt. Alda M. Emery A.N.C., '27 writes to Miss Carol Klenk, from North Africa, under date of December 10th. "I have been very fortunate. As long as I am healthy I have no desire to go home until it is all over with."

The rest of the letter is personal. She will be glad when it is all over and she can come home.

Miss Lelia Newbise, '18, New York City, N.Y. "It is hard to imagine the Sanitarium without our beloved Dr. Kellogg. We always considered him as the Soul of the place. His great benevolence and works of Scientific achievements made him immortal. My life is too uneventful to be news. Have had very pleasant associations specializing at the Presbyterian Columbia Medical Center the past year in New York City."

Miss Harriett Hird '22. "I am still in the Upper Peninsula but hope to get down to the lower part of the State this year. They deferred me in 1941 for essential Public Health work. I feel as tho' I should be in the service for I entered as you recall in 1918."

Miss Ellen K. Campbell '13 Pasadena, Calif. "I want to extend my sympathy. I know and realize what a great loss the passing of Dr. Kellogg is, not only to you or me but to the world at large ... but we who have been at Battle Creek realize how keen the loss is. He was always so kind and interested in nurses and in fact in everyone who was at the Sanitarium. I am so thankful that I had the privilege of knowing him and being at Battle Creek where such a fine man had charge of the great institution where I spent my years in training to be a nurse."

Mrs. Emily Renfrow Young '32, Jefferson City, Mo. "So sorry to hear of Dr. Kellogg's passing. He was a wonderful man and had a very full life."

Miss Irma Scramlin '26. Still college nurse at Teachers College at Muncie Indiana. "Enjoyed the News Letter so much. Would it be possible to compile a list of our graduates in the service for the next News Letter. I thought it would be quite informative."

(Enclosed you will find a list of our graduates who are in Army or Navy Service with their addresses, as they are at present. Always likely to change. This list is all that we have. Your Corresponding Secretary has a notion that there are others who have not reported so we do not have their names or addresses. If any of you know of such please send the same information to the undersigned.

We learned of two, just recently, who had been in the service a year. We are interested in our nurses and want to keep in touch with them.

PLEASE give this your prompt attention. M. S. Foy)

Mrs. Dolphine Sing Merry, '01, Vinyard Haven, Mass. writes that she is doing some nursing, after these many years, and says that is all comes back to her. Her daughter has been in the army for sometime. She hoped that we were still in Florida, as she wished to visit us. It is surely good to hear from these old timers. The writer had the privilege of visiting Dolphine once in her Island home.

A letter from Jessie Marie Hines '28 tells us what she has been doing the last few years. "I first went to Columbus, where I had charge of a maternity hospital for three years. Then I came to Cleveland to attend Bible school for three years. I received a call to work with the mountain people of Virginia, where I staid for two and a half years. I came back to take care of our pastor's wife. While there I was called by one of the hospitals to do private duty, so here I have remained for seven years. While in Columbus I became interested in a little girl in a Children's Home so I adopted her as my little sister and have raised her. She has been a real blessing to me. She graduated from college last spring and is staying home with me now and teaching school. There is such a shortage of nurses here in Cleveland that we are kept very busy all of the time."

Mrs. Leah Ensign Pruksa '20, Lorain, Ohio. "My days seem so full. I am teaching a class in Red Cross Home Nursing, taking a Refresher course and doing private duty nursing on demand occasions, beside keeping a home for five people. I must care for 'Our Soldier Boy' with letters, boxes, etc. We nurses of the '17-'18-'19 classes are reliving our war days again."

Lt. Hilda Combs, (j.g.) (N.C.) U.S.N., U.S. Naval Hospital, Puget Sound, Wash. "Thanks for the notice that the Alumni Association has granted us continuation of membership for the duration without dues. I was particularly interested in Martha Comfort's letter because I had been over the same ground last year. Mrs. Lillian Pieper Craig lives in Bremerton and we have had several nice visits with her and her husband. She has two beautiful children. Helen Kinne has been transferred to Mare Island, Calif. to the U.S. Naval hospital there. I shall miss her as she has been a very cooperative assistant."

Mrs. Hattie Mays Koerber, '10, Benton Harbor, Michigan. Here is another 'old timer' that we are more than glad to unearth. She has joined the Alumni and ordered a new school pin. She has been employed in the Mercy Hospital at Benton Harbor for eight years taking charge of the Second Floor nights, 11-7. It is the medical and surgical floor. "How I would like to see you and next summer I may come for a few days."

Mrs. Dorothy Lyon Besse, '25. "I am school nurse in Plymouth, Michigan at the present time. Rather a new experience for me but I like it real well. The Sanitarium looked quite like home when I visited it this fall. I am so happy that the San could

continue on.

We had the misfortune to lose our sixteen year old boy last year."

Mrs. Hope Gregory Hayde, '12 writes from St. Paul, Minn. "Dr. Kellogg was such a wonderful man. I have always been very proud of my diploma from his Sanitarium. We have all lost a wonderful friend to all mankind, but his works will live for all time. He was always 'way ahead of his time."

Mrs. Mary Coogan Ross, '20, Alameda, Calif. "Dr. Kellogg was such a good, kind man, so great a humanitarian."

Mrs. Ross had Mrs. Clara Ash and Sophia Swakko to dinner at her home recently and persuaded them to renew their membership in the Nurses Alumni Association and so sent a check for two members beside her own. We wish that more of our members would do likewise.

Elizabeth Garrett, '19, Kansas City, Mo. "In the loss of Dr. Kellogg the world has lost a valuable man and friend.

Miss Garrett is accepting a temporary position at the Memorial Hospital as Physio-therapist.

Miss Ina Mary Young, '28, writes us that she is in school at Western Reserve University, Cleveland, Ohio. Working for her Public Health Certificate.

Mrs. Bertha Henry Cochran, '25, wrote us of the loss of her husband on September 22nd., 1943. He steadily failed, due to enlargement of the heart and was very ill for ten weeks at his home at Martins Ferry, Ohio.

A later letter speaks of her planning to don the nurses' uniform soon. We hope that she will come to Battle Creek.

A recent letter from Miss Helen Dietsche, '33, tells us that she was released from the Navy last fall because of physical reports in her history card. She is now nursing in the Faxton Hospital in Utica, N. Y. A real disappointment not to remain with the Navy. Nurses are needed in the Civilian hospitals as much as in the Navy. Am sure that she is needed where she is.

A Christmas card just received from Ellen Olson, 1st. Lt. A.N.C., 4th Field Hospital. A.P.O. 464, New York City. "Am somewhere in Italy this Christmas. Spent last one in Bethlehem. Have not seen any B. C. girls yet but am still on the lookout. I know that they are everywhere. Greetings."

Here is a letter from Ruth Bleeker Smoker, '18, from Miami, Florida. Of her family she says that Patricia is seventeen and finishing high school and hopes to enter a school of nursing next year. John is fourteen and has grown so tall. He has just started in the drum and bugle corps. He is in the 8th grade but lessons are a minor part of his existence. He is 60% hungry and 40% play. Her husband is cook for the Biltmore (permanent Army Hospital) in Coral Gables. They feed over 1600 three times a day. Ruth keeps up at top speed.

T_H_I_S A_N_D T_H_A_T

How many of you knew that we had a nurse on the ship "Gripsholm", who has been an intern in one of the Japanese camps? Well, Marion Hurst '29, was that nurse. She is spending some time with a brother in a suburb of New York City. She expects to be examined for the Army Nurse Corps soon and hopes to be sent to the West Coast. If this works out she will stop over in Battle Creek, as the guest of the Alumni at the Sanitarium and then visit her sister in Nevada. Marion says that it is wonderful to be back and to have news from friends, after months of silence.

Mrs. Nyleta Stillwell Myres, '32, and her husband are in the states on a furlough from their mission station in Nigeria, West Africa.

We are expecting them to spend a few days at the Sanitarium on January 20th. and will give a lecture about their work while here.

Her home is in Benton Harbor, Michigan. She was in Nigeria four years and eight months.

Mr. and Mrs. George C. Galloway, '05, celebrated their Golden Wedding Anniversary on January 2nd. at the home of their daughter and son-in-law, Mr. and Mrs. Henry Wiegink, 27 Sanderson Street, Battle Creek, Michigan, with whom they make their home.

Mr. Galloway is a graduate of our School of Nursing nearly 40 years ago.

We understand that the Recreation building on Champion Street, which did belong to the Sanitarium at one time, has been sold to the Government for the use of the Percy Jones Hospital patients.

Margaret Hensen, '26, spent a week at the Sanitarium this winter, having a check-up and visiting friends.

Her home is in West Branch, Michigan.

We understand that May Mudge Wilkerson '15, is spending the winter in Battle Creek caring for an invalid mother.

The writer thought that the readers would be interested in the following Resolutions suggested by the employees of the Sanitarium:

January 4, 1944

WHEREAS, Dr. John Harvey Kellogg devoted the principal efforts of his long and distinguished life to the upbuilding of the Sanitarium;

AND WHEREAS, We, the active workers in the institution, believe that the finest tribute we can pay to the memory of Dr. Kellogg consists in dedicating ourselves to perpetuating the work established by him in accord with his enlightened health principles:

NOW THEREFORE BE IT AND IT IS HEREBY RESOLVED that the active workers of the Battle Creek Sanitarium have pledged and hereby do pledge to said institution as established and carried on by Dr. John Harvey Kellogg our entire and undiminished loyalty, allegiance and effort, to the end that the Battle Creek Sanitarium for all time to come shall preserve and augment its usefulness in accordance with the principles of its charter, and shall continue to afford to the people of this country and of the world a haven of health and renewal of the blessings of life;

BE IT FURTHER RESOLVED that the workers of this institution are deeply appreciative of the encouragement, assistance and promise of unrelaxing support and approval afforded by the utterances of the Mayor and of the citizens of Battle Creek and that we earnestly invite the continued assistance and friendly support of all people in the perpetuation of this institution in accordance with the principles to which it is dedicated.

PROMISED LIST OF NURSES IN ARMY OR NAVY SERVICE

- Lt. (j.g.) Hilda Combs (N.C.) U.S.N. U.S. Naval Hospital, Puget Sound, Washington
- Lt. (j.g.) Martha Ann Comfort, U.S.N. Base Hospital #2, Navy 156, c/o F.P.O.
San Francisco, California
- Lt. Alda M. Emery, A.N.C. N-702581, 40th. Station Hospital, A.P.O. 368, c/o Post-
master, New York City, N. Y.
- Capt. Alice H. Gallagher, A.N.C. N-700779, Station Hospital, Camp Roberts, Calif.
- En. Marie N. Griggs, N.N.C. U.S. N.O.B. - Dispensary, Navy 151, c/o F.P.O. San
Francisco, California
- Lt. Betty Hull, A.N.C. N-731617, 27th. Evacuation Hospital, A.P.O. #402,
c/o Postmaster, Nashville, Tenn.
- Lt. Dorothy McB. Jamison, A.N.C. N-751068, A.P.O. 927 - 118 General Hospital,
c/o Postmaster, San Francisco, California
- Lt. Gladys M. Jamison, A.N.C. - N-751115, A.P.O. 927 - 118th General Hospital,
c/o Postmaster, San Francisco, California
- Lt. (j.g.) Helen Kinne, (N.C.) U.S.N.R., U.S. Naval Base Hospital No. 8, Navy 128
c/o Fleet Post Office, San Francisco, California
- Lt. A. M. Kolvoord, A.N.C., N-788696, Station Hospital, Kessler Field, Miss.
- 2nd. Lt. Lelah R. Melick, A.N.C., 17th. General Hospital, Camp McCoy, Wisconsin.
- Lt. Edith Miller, A.N.C., N-721-585, 17th. General Hospital, A.P.O. 763,
c/o Postmaster, New York City, New York
- 1st. Lt. P.M. Norton, A.N.C., N-728089, 210 General Hospital, A.P.O. 837,
c/o Postmaster, New Orleans, La.
- Lt. Ellen Olson, Fourth Sealed Hospital, A.P.O. 682, c/o Postmaster, New York City,
New York
- 2nd. Lt. Verle Orcutt, A.N.C., Station Hospital, Sect. 4, Nurses Quarters,
Fort Lewis, Washington
- Lt. Elizabeth Pukas, N-745251, 812th. Med. A.E.T. Squadron, A.P.O. 9151,
c/o Postmaster, San Francisco, California

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Any one knowing of any other nurses in the Army or Navy service not
listed here, please send their name and address to the undersigned at once.

We have no report of any Weddings since our last letter. Some of the sons and daughters may have married war brides or war bridegrooms.

BIRTHS

Born to Mr. and Mrs. Edwin Foulke '32, ... Trilba Crille of Moroa, Illinois, a son ... John Richard, Jr. Born November 1st, 1943. Weight: Eight pounds and six ounces.

DEATHS

Mrs. Cora Dennis Kellogg, 1900, died about Christmas-time 1943.
(We do not have the address)

Miss Biddie Faulkner, '22, died at the home of her brother in Elyria, Ohio, on October 7th., 1943.

"Biddie was a grand girl and a good nurse and we at Oberlin Hospital are missing her. Leah Ensign Prueha, '20."

(Biddie was a faithful member of the Nurses Alumni Association for years.
M.S.F.)

Your writer has just returned from the funeral for Dr. Linda Gage Roth, who passed away at the Sanitarium Hospital on the eve of January 11th, 1944, in Battle Creek, Michigan, following a long period of failing health. This brings to a close a many faced career as wife, mother, physician, college executive and active club woman. Dr. Linda was also a graduate of the School of Nursing of the Class of 1897. Our sympathy goes to Dr. Paul and family.

Mrs. Esther Wetterholt writes us of the death of the husband of Mrs. Effie Kempthorn Hibbard, '18. He was pastor of the Free Methodist Church in Adrian, Mich. He had been in poor health for several months. The sympathy of the Alumni goes to Mrs. Hibbard.

A telegram has just been received from the daughter Hazel, saying that her mother, Mrs. Mary Henderson Kane '07, died January 16th., 1944. They have been living for the past few months in Louisville, Ky. Mrs. Kane has been in poor health for a number of years. Our sympathy goes to the daughter, who is alone.

Dr. Myrtle Hudson, '98, died November 8th, 1943 in Pacific Grove, Calif. After working for a time as a missionary nurse she studied medicine and graduated from the A.M.M.C. with the 1907 class. Her life was one of service for suffering humanity.

Mrs. Elizabeth Prince Passebois, '98, died December 6th., 1943 in National City, California. In 1899 she went with her husband to the foreign field, where she labored for fortytwo years.

DEATHS (continued)

Mrs. Della Wing Christofferson writes us of the death of Mrs. Kittie Estabrook Grieve, '00, on December 24th., 1943, at the home of her son in Park Ridge, Illinois.

Mrs. Alta Perry writes us of the death of Bessie Crandall Borden, '19. Her home was in Milton, Wisconsin. We have no further particulars.

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Those of you who have been receiving the GOOD HEALTH magazine free for the past few years will be pleased with the January number, which is a Memorial to Dr. JOHN HARVEY KELLOGG. It is well illustrated.

The magazine is to be continued and will be well worth having. It is quite possible that you may receive a notice asking your subscription of \$1.00 per year for it. If so, we hope that the response will be 100% in showing your appreciation of the journal and past favors.

If there are any of the members of the Alumni Association who are not on the mailing list and would like a copy of the January number free, you may write to the Good Health Publishing Co., Battle Creek, Michigan, and ask for a copy. In doing so please state that you are a graduate nurse of the Battle Creek Sanitarium.

May we call your attention to the fact that there are a number of our members who have not paid their 1944 dues. "DO IT NOW!"

Let us repeat what we have said several times before ... that it is VERY important that you keep us informed promptly of any change of address. The News Letter is second class mail and cannot be forwarded without a new three cent stamp, but is returned here with a guarantee that return postage will be paid.

Your writer wishes to express her appreciation for the many letters and cards that she received at the Holiday season. Many of them written after hearing of the death of Dr. Kellogg over the radio. Many of these letters and cards spoke of my long years of service and association with the Doctor, and my feeling of loss at his passing. That is all true, but, at the same time I would not wish him back to this world of trouble and anxiety. God knows best. He is at rest until the Life-giver comes and takes him to himself.

Best of wishes for 1944 to you all.

MARY S. FOY

Corresponding Secretary

Geo Butler
215 - Jucitania

Feb. 3, 1944.

Please find enclosed one dollar for a subscription to Good Health. I am sure glad it is to carry on, even tho its Founder and Editor, Dr. Kellogg has gone to his rest and we hope to his reward. He truly was a St. Paul to the world in preaching the gospel of Health Reform. Dr. Kellogg was, without a doubt, the Father of the Health Food industry, and did more than the whole world in bringing about rational treatment of the sick. Personally, though I am an outsider, Dr. Kellogg was one of my greatest benefactors, through the noble inspirations and high ideals which were distilled from his life. Truly A Great Man Has Fallen.

J. D. Shively, M. D.
416 South Main St.,
Clinton, Mo.

The Hotel Monthly

Published by JOHN WILLY, Inc.

950 MERCHANDISE MART

Chicago

MEMBER OF ASSOCIATED BUSINESS PAPERS
AND THE AUDIT BUREAU OF CIRCULATIONS

JOHN WILLY, EDITOR
J. KNIGHT WILLY, ASSOCIATE EDITOR



Feb 7 - 44

Dear Miss Estill

I have your letter appreciative
of the tribute to Dr Kellogg in the January
Hotel Monthly.

I was glad, from personal knowledge
of Dr Kellogg, to give expression in print
of what I thought of him and the wonderful
work he accomplished for the benefit of
humans.

I have read with interest and pleasure
the tribute to him in Good Health. And
I thank you for sending the book to me

Sincerely yours

John Willy



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YOUR REP.
OUR REP.
DEPARTMENT.

February 25th 1944.

Dr. J. T. Case,
The Battle Creek Food Coy,
Battle Creek,
MICHIGAN, U.S.A.

Dear Dr. Case,

We have to acknowledge with thanks receipt of the copy of the Battle Creek Enquirer and News of December 15th last, publishing the life history of your late President Dr. John Harvey Kellogg.

It was with sincere regret that we read of his demise in the British Medical Journal at the remarkable age of 91. His life's work at the Battle Creek Sanitarium was world famed and he had many friends in this country, a number of whom had visited Battle Creek for biological treatment.

We recall with pleasure the talks we had with him during his last visit to Europe and the energy for a man of his years even then was remarkable.

Since the outburst of war, unfortunately we have not been able to import your products, but we look forward to the days at no distant date when our business relationship can again be re-established.

Unfortunately, we lost our London Office and Warehouse during the early days of the blitz, but with all the existing difficulties one experienced in those days, it is of great personal satisfaction to feel that one was able to carry on, and we trust we can now look forward to a speedy Victory for the Allies and a lasting peace we all so much desire throughout the world.

Yours sincerely,

or and on behalf of
COATES & COOPER, LTD.

STATE OF MICHIGAN
MICHIGAN HISTORICAL COMMISSION

LANSING 13



HARRY F. KELLY,
GOVERNOR
GEORGE N. FULLER,
SECRETARY AND EDITOR

COMMISSION

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CHARLES A. SINK
ANN ARBOR

March 15, 1944.

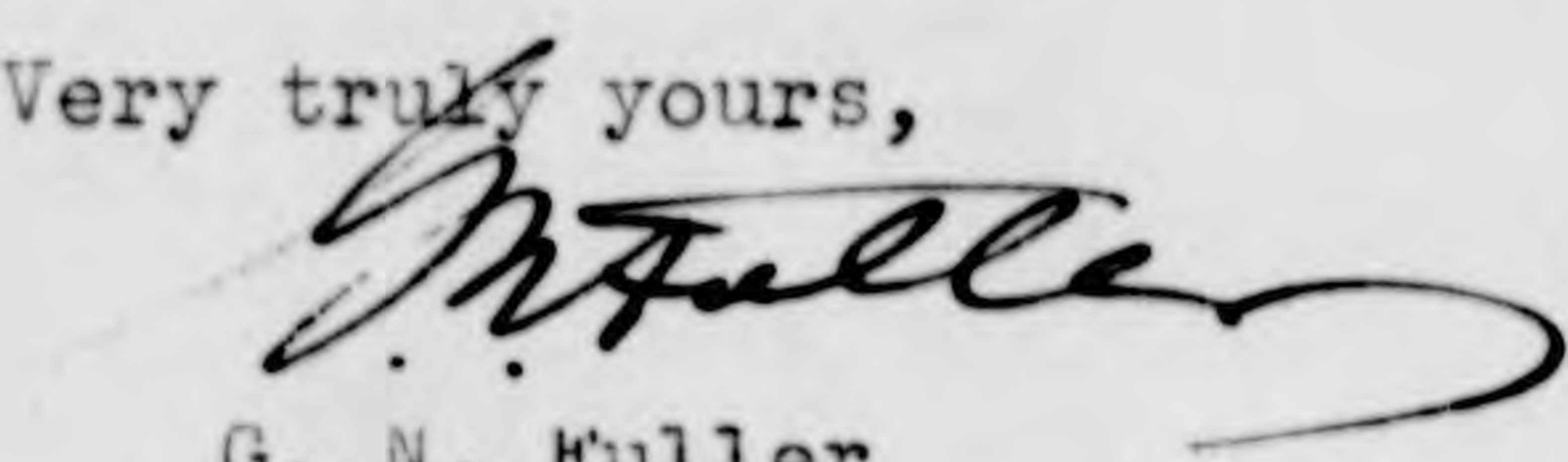
Mr. John H. Haas, Pres.,
Battle Creek Food Co.,
Battle Creek, Mich.

Dear Mr. Haas:

Will you be good enough to tell me whether it would be possible for this Commission to acquire for the State Archives the papers of Dr. John Harvey Kellogg?

You will like to know that one of our publications, the Michigan History Magazine, will carry an appreciative sketch of Dr. Kellogg written by Mr. A.L. Miller (Spring issue). We shall be pleased to send you a copy when it appears presently.

Very truly yours,


G. N. Fuller

GNF:EO

March 20, 1944

Mr. G. H. Fuller
C/o Michigan Historical Commission
Lansing (13) Michigan

Dear Mr. Fuller:

This acknowledges your letter of March 15th relative to acquiring for the State Archives the papers of Dr. John Harvey Kellogg.

Pending probating of Doctor Kellogg's will we are not permitted to release anything in connection therewith. However, if you have in mind a copy of the special re-print edition of the Battle Creek Enquirer and News published December 15, 1943, I will gladly send one to you.

I am pleased to learn that the Spring issue of the Michigan History Magazine will carry an appreciative sketch of Doctor Kellogg written by Mr. A. L. Miller of our city. Needless to say I will appreciate your sending me a copy.

Yours sincerely,

John H. Haas, Special Administrator
Estate John Harvey Kellogg, Deceased

JHH/ea

STATE OF MICHIGAN
MICHIGAN HISTORICAL COMMISSION

LANSING 13



HARRY F. KELLY,
GOVERNOR
GEORGE N. FULLER,
SECRETARY AND EDITOR

COMMISSION

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VICE-PRESIDENT
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YPSILANTI
MRS. DONALD E. ADAMS
PONTIAC
CHESTER W. ELLISON
LANSING
CHARLES A. SINK
ANN ARBOR

March 22, 1944.

Mr. John H. Haas,
Special Administrator,
Estate John Harvey Kellogg,
Battle Creek, Michigan.

Dear Mr. Haas:

We should be pleased to have you send us
a copy of the special reprint edition of the Battle
Creek Enquirer and News published December 15, 1943.

The papers to which we had reference are
the files from Dr. Kellogg's office and such other
files as might be considered the property of Dr. Kel-
logg. Will you please keep us informed in regard to
these after the probating of Dr. Kellogg's will?

Sincerely yours,

A handwritten signature in cursive script, appearing to read "G. N. Fuller".

G. N. Fuller

GNF:EO

INTER-DEPARTMENT MEMO

March 24, 1944

Dear Gertrude:

The enclosed tribute to Doctor Kellogg has been acknowledged by both Doctor Case and myself.

Doctor Case suggested that this letter be sent you to be placed in the memorial room when it is established.

J H Haas

JHH/ea
Enc

March 27, 1944

Mr. George N. Fuller
C/o Michigan Historical Commission
Lansing (13) Michigan

Dear Mr. Fuller:

Pursuant to your request of March 22nd, we are sending to you today a copy of the special reprint edition covering the life of Doctor Kellogg published on December 15, 1943 by the Battle Creek Enquirer & News.

With reference to the files, etc. of the late Doctor Kellogg - we will inform you in this regard after the probating of his will.

Yours sincerely,

J. H. Haas, Special Administrator
Estate John Harvey Kellogg, Deceased

JHH/ea

COPY

James T. Case, M.D.
85 East Washington Street
Chicago, 2, Illinois

February 12, 1945

Mrs. V. Marie Allwardt,
c/o The Battle Creek Sanitarium,
Battle Creek, Michigan

Dear Mrs. Allwardt:

It was very nice, indeed, to think of me in connection with the
tion of Doctor Kellogg's picture on his birthday. I should like very
to be there, and, if it is humanly possible, I will be there. I am v
however, about the possibility. I am literally a slave to the wo
and I haven't my own liberty of action, so that I can take time
feel like it.

I do remember very well the early days of the School
and my contribution to it. Shortly after I was graduated in
I spent a great deal of time with the old food company on
ing in some of the correspondence relative to diet. In
or 1907, I was named formally the dietitian and remained
on the Washington Street side of the old main building
Hiley's office used to be. On the door was my name
under it.

At about the time I was given this job, w
Sanitarium from Doctor Bouditch, Professor of Phys
and Doctor Chittenden, the great physiologist from
Kellogg was very much pleased to think that these me
and tried to think of some things special which cou
their visit. As was usual there was to be a noon
banquet to which doctors were invited from all ove
address to be given in the Sanitarium gymnasium a
all the doctors were to be present.

On the late afternoon of the day before their arrival at the banquet, the Doctor suddenly came into my office and told me he wanted to have the menu prepared with the number of calories after each dish. Fortunately, the banquet menu was a rather simple one. He had obtained it (I think Mrs. Kellogg had made it out) and he placed it on my desk, saying, "I would like to have this prepared and ready for the printers early in the morning."

We had already done a little work on figuring calories by taking the old tables of composition of foods prepared by the United States Department of Agriculture and converted the foods from the percentages of proteins, fats and carbohydrates into calories per serving of protein, fats and carbohydrates. We had done this only on two or three foods in an exploratory sort of way, so I immediately went to the kitchen and got hold of the chief cook and found out the recipes for the various foods made up in the quantity in which they were made. I also weighed out the servings which the cooks prepared for me, so that I was able to go back down to my office and begin figuring on the calories per serving.

In the finished product on that first occasion there was printed only the total calories per serving, without trying to give the separate figures for proteins, fats and carbohydrates, but it can be well imagined that it took a great deal of time to prepare this single menu. I spent the entire night and part of the early next morning before I submitted my figures to Doctor Kellogg. He checked over a few of them and we sent the copy to the printers and got the printed menus just before the banquet; in fact, some of them were smudged because the ink was still fresh.

I kept one of these programs for many years and finally gave it to Miss Cooper who framed it and put it on the wall of her office. I have often wondered what has become of it.

It went over big with our guests and was the beginning of the publication of menus with calories indicated. That was my job for the next year or two, and I spent hundreds of hours of time figuring the protein, fat and carbohydrate

caloric value of various dishes. The work was gradually turned over to Miss Cooper, and that, I believe, was the start of the work of the dietitians at the Battle Creek Sanitarium.

My special interest in dietetics had been aroused by having Doctor Kellogg dictate to me a French book by Gautier on dietetics, which he had done while we were on a trip to Mexico. I carried a copy of the French book and my shorthand book in my saddle bags when we were out in the saddle, as we were on a long trip from a point near Guadalajara down to Manzanillo, Mexico; we spent the middle of the day when we were resting from the heat and the evenings in translating from this book. We had previously translated together a considerable part of a book by von Noorden on the physiology of nutrition.

I am sorry I cannot be present with you all on the occasion of the dedication of the picture of Doctor Kellogg. You have my best wishes.

Mrs. Case and I will be with you in thought.

Cordially yours,

(signed) James T. Case

jtc ern

COPY

Battle Creek, Michigan
June 24, 1945

Dear _____:

You will recall that at the annual meeting of the Battle Creek Sanitarium and Benevolent Association held on March 31, 1943, Dr. John H. Kellogg filed an injunction suit against General Conference of Seventh-Day Adventists, Elder W. H. Branson, Dr. Charles E. Stewart, Dr. Rowland H. Harris, Elder T. G. Bunch, Elder S. E. Wight, Elder J. J. Methery, Dr. H. H. Walton, Elder J. L. McElhany, and others in an effort to keep the constituency from electing a new board of Trustees who would not be dominated by Dr. Kellogg.

After taking a large amount of testimony in July of 1943, the case was adjourned for the purpose of taking additional testimony at a later date. Many conferences were held by the defendants in an effort to settle the differences between the parties. On June 11, 1945, the trial was resumed and on June 15, 1945, a very satisfactory settlement of the matter was arrived at. Under the terms of this settlement a new non-profit sanitarium corporation will be formed by the defendants for the purpose of building and operating a modern sanitarium pursuant to the principles under which the Battle Creek Sanitarium was originally founded.

The new corporation will receive from the assets of the Battle Creek Sanitarium and Benevolent Association \$550,000.00 in cash and the three farms known as the Post Farm, the Lakewood Farm and Gogusac Lake Farm located adjacent to Battle Creek City, aggregating about 391 acres and having a value of about \$100,000.00. The remaining assets, having a value of about the same total, will go to a new corporation to be formed by Dr. Case and his associates, to be used in operating a charitable hospital association.

In order to complete the legal steps necessary to secure good title to the assets to be transferred to our corporation, it is necessary that all of the old constituent members of the Battle Creek Sanitarium and Benevolent Association be made parties to the pending litigation, and that corporation dissolved. I am, therefore, asking you to sign and return to me the enclosed power of attorney so that our attorneys may enter your appearance and approval of the stipulation settling the litigation and dividing the assets as provided in the stipulation. There will be no costs or attorney fees charged to you in this matter.

With personal regards, I am

Sincerely yours,

(signed) Rowland H. Harris
Dr. Rowland H. Harris

It has been left to Shields, Ballard, Jennings and Taber to get approval of the settlement by stipulation from the members.

R.H.H.

June _____, 1945

**Shields, Ballard, Jennings & Taber,
Lansing, Michigan**

Gentlemen:

Pursuant to the request of Dr. R. H. Harris under date of June 24, 1945, you are hereby authorized and requested to appear for the undersigned and consent to the settlement pursuant to stipulation dated June 15, 1945 in the Chancery case pending in the Circuit Court for Calhoun County, Michigan, entitled Dr. John Harvey Kellogg, et al, vs. General Conference of Seventh-Day Adventists, et al, and to take such steps as you deem advisable in disposing of said litigation.

It is understood there will be no charge against me for attorney fees or costs.

Yours truly,

WILHELM F. J. LANGREHR
(13b) Munich 38
Pilsstr. 2
Germany

Munich, Sept. 27, 1946

Mr.
John H. Haas
The Battle Creek Food Company
BATTLE CREEK, Mich., USA.

Dear Mr. Haas:

I beg to confirm the receipt of your favor of July 9 and regret very much to be informed that Dr. John Harway Kellogg passed away already in 1943.

No doubt Dr. Kellogg was one of the most interesting representants of modern curing thru nutrition.

I might not fail to condole with you and Dr. Kelloggs family.

I remain

yours sincerely

Wilhelm F. J. Langrehr



**United States Department of Justice
Federal Bureau of Investigation
Washington, D. C.**

IN REPLY, PLEASE REFER TO
FILE NO. _____

February 12, 1948

Dr. John Harvey Kellogg
The Good Health Publishing Company
Battle Creek, Michigan

Dear Dr. Kellogg:

A copy of "Tobaccoism" revised edition, 1946, has been brought to my attention and I note on page 89 the following statement which is attributed to me:

"I would not minimize the effects of the ordinary cigarette, for undoubtedly cigarettes are themselves a source of crime, and to neglect crime at its source is a shortsighted policy unworthy of a nation of our intelligence."

This statement has been erroneously attributed to me in several publications and since I did not make it I thought you might like to make the desired corrections in future printings of this book.

Sincerely yours,

J. Edgar Hoover
John Edgar Hoover
Director

February 16, 1948

Mr. John Edgar Hoover,
U. S. Department of Justice,
Federal Bureau of Investigation,
Washington, D. C.

Dear Mr. Hoover:

As Dr. Kellogg passed away a few years ago,
your letter has been handed to me. I am sorry that you
have been misquoted in TOBACCOISM, and will, of course,
see that this error is not repeated in the next edition.
Perhaps you would like to give us your views about tobacco
which we could use in the next edition of this volume, thus
to some degree counteracting the erroneous quotation.

Sincerely yours,

GOOD HEALTH PUBLISHING COMPANY

By
A. F. Blosser