

# Covariate selection for multilevel models with missing data

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Missing covariate data hamper variable selection in multilevel regression settings. Current variable selection techniques for multiply-imputed data commonly address missingness in the predictors through list-wise deletion and stepwise-selection methods that are problematic. Moreover, most variable selection methods are developed for independent linear regression models and do not accommodate multilevel mixed effects regression models with incomplete covariate data. We develop a novel methodology that is able to perform covariate selection across multiply-imputed data for multilevel random effects models when missing data are present. Specifically, we propose to stack the multiply-imputed data sets from a multiple imputation procedure and to apply a group variable selection procedure through group lasso regularization to assess the overall impact of each predictor on the outcome across the imputed data sets. Simulations confirm the advantageous performance of the proposed method compared with the competing methods. We applied the method to reanalyse the Healthy Directions–Small Business cancer prevention study, which evaluated a behavioural intervention programme targeting multiple risk-related behaviours in a working-class, multi-ethnic population. Copyright © 2017 John Wiley & Sons, Ltd.

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## 1 Introduction

Multilevel models are commonly used in large-scale, community-based intervention or medical trial studies to describe the relationship of the predictors on mean response through fixed effects while also describing the clustering of data (e.g. workers within worksites and students within schools) through random effects. It is becoming standard practice to collect as many predictors as possible to study the impact of contextual, social or comorbidity conditions on the scientific outcome of interest. When performing multilevel models with a high number of predictors, variable selection is useful for discovering and understanding important underlying associations. A demonstrative example is the Healthy Directions-Small Business (HD-SB) study, which studied workers clustered within worksites that were randomized to

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an intervention or control group. The aim of the HD-SB study was to identify relevant factors that relate to increased consumption of fruits and vegetables. As often encountered in multilevel and longitudinal studies, the selection of important variables is hindered by missing data in the covariates and by the introduction of random effects.

There has been considerable amount of work on the topic of variable selection for mixed effects models (Fan & Li 2004, Qu & Li 2006, Johnson et al., 2008, Ni et al., 2010, Chen & Dunson 2003, Zhu & Zhang 2006, Crainiceanu 2008, Zhang & Lin 2008, Kinney & Dunson 2008, Wang et al., 2010, Bondell et al., 2010, Ibrahim et al., 2011). These methods require the data to be fully observed (i.e. no missing data). The need to adequately handle missing data is being recognized as a very important aspect of statistical practice with implications for main analyses and sensitivity analyses. Often, researchers resort to complete case analyses where subjects are only included if there are no missing values for all the variables included in the analysis. This strategy is widely known to give rise to bias in model parameters, except for the very special setting where the missing values are missing completely at random (Little & Rubin, 2002).

To address these issues, methods have been developed to perform variable selection with missing data. Garcia et al. (2010) proposed an expectation–maximization (EM) algorithm to simultaneously optimize the penalized likelihood function and estimate the tuning parameter in the presence of missing data. Johnson et al. (2008) considered a penalized estimating function approach to variable selection when missing data are present. Variants of the Akaike information criterion to select models from partially observed data have been proposed by Shimodaira (1994), Hens et al. (2006) and Claeskens & Consentino (2008). A criterion for model selection in the presence of incomplete data based on Kullback's symmetric divergence was also proposed by Seghouane et al. (2005). Similarly, Ibrahim et al. (2008) developed a class of information-based model selection criteria dependent only on output from the EM algorithm to address the missing data problem. A similar EM approach for model selection is taken by Bueso et al. (1999). While these methods are important, there is a gap in the literature for performing variable selection when the method of dealing with missing data is through multiple imputation.

Multiple imputation is a statistical technique that maintains the observed relationship of the data while reflecting the uncertainty present in the missing data through multiple data sets. Performing multiple imputations in lieu of EM and generalized estimating equation approaches for statistical inference is appealing because it is easy to communicate with collaborators and it tends to be robust against departures from the complete-data model (Schafer, 1997). Multiple imputation methods for linear mixed-effects models are a recent development (Schafer & Yucel, 2002; Demirtas, 2004; Stuart et al., 2009; Demirtas & Hedeker, 2008; Schafer, 1997; Schafer & Yucel, 2002; Liu et al., 2000; Yucel, 2008; Goldstein et al., 2009; Van Buuren & Groothuis-Oudshoorn, 2011). Whichever imputation method is chosen, a total of  $m$  complete data sets each with  $p$  predictors will be produced. The appealing quality of these  $m$  imputed data sets is that complete-data methods can be used.

Although much attention has been given to constructing parameter estimates with an appropriate measure of uncertainty for multiply imputed data, there is no clear guidance on how to perform variable selection on the multiply-imputed data sets. Practically, variable selection can be performed on each imputed data set. However, it is unclear how to combine the selection results as each data set will presumably select different variables in the model. Brand (1999) proposed an ad hoc procedure that constructs a final model with variables that are deemed significant in at least 60% of the imputed models. Yang et al. (2005) proposed two Bayesian alternative strategies for variable selection in classical linear regression models with missing covariates. Heymans et al. (2007) and Wood et al. (2008) developed a methodology that performs automatic backward selection of multiply-imputed data sets. Moreover, none of these methods tackle missing data in the context of mixed models. To fill this serious knowledge gap, we propose a new framework for performing variable selection for multilevel models when multiply-imputed data are considered.

We make several contributions in this paper. Firstly, we describe a penalized likelihood approach for multilevel models that simultaneously uses every multiply-imputed data set to select relevant predictors. Secondly, to overcome the challenges of combining across multiply-imputed data sets, we propose a novel approach that stacks the multiply-imputed data sets, which can allow the use of group variable selection via group lasso regularization to assess the overall significance of each predictor on the outcome across all the imputed data sets. Finally, as the selection of an appropriate tuning parameter poses additional problems for multiply imputed data sets, we provide a Bayesian information criterion (BIC) for tuning parameter selection.

The format of this paper is as follows. In Section 2, we present the multilevel model and develop a penalized procedure to perform variable selection for multiply-imputed multilevel data. Section 3 provides simulation studies of the proposed methodology. Section 4 applies the developed methodology to the analysis of the HD-SB cancer prevention study, followed by our concluding remarks in Section 5.

## 2 Penalized multiply-imputed likelihood

### 2.1 Model representation

Suppose that there are  $n$  clusters indexed by  $i = 1, 2, \dots, n$  and the  $n$ th cluster has a total of  $k_i$  subjects indexed by  $j = 1, 2, \dots, k_i$ . Let  $Y_{ij}$  denote the response on the  $j$ th subject within the  $i$ th cluster. For example,  $Y_{ij}$  can denote the outcome for the  $j$ th worker in the  $i$ th worksite. Associated with each  $Y_{ij}$  is a  $p \times 1$  vector of covariates,  $\mathbf{X}_{ij}$ . The vector  $\mathbf{X}_{ij}$  can include covariates defined at each of the two levels and can also include covariates formed by aggregating values over lower-level units. We consider a two-level linear mixed-effects model, although the proposal can be extended to a more general mixed-effects setting. In particular, it can be adapted to longitudinal multilevel data because longitudinal data are a special case of multilevel data with only a single level of clustering and a specific ordering of observations within the cluster.

The two-level linear mixed model (i.e. multilevel model) is given by

$$Y_{ij} = \mathbf{X}_{ij}^T \boldsymbol{\beta} + \mathbf{Z}_{ij}^T \mathbf{b}_i + \epsilon_{ij}, \quad (1)$$

where  $\boldsymbol{\beta}$  is the  $p \times 1$  vector of regression coefficients,  $\mathbf{Z}_{ij}$  is a  $q \times 1$  design matrix for the random effects that is typically formed from a subset of the covariates,  $\mathbf{b}_i$  is a  $q \times 1$  vector of latent random effects and is distributed  $MVN(\mathbf{0}, \sigma^2 \boldsymbol{\Phi})$  and  $\epsilon_{ij}$  are assumed to be *i.i.d*  $N(0, \sigma^2)$ .

For the  $i$ th cluster, let  $\mathbf{Y}_i = (Y_{i1}, \dots, Y_{ik_i})^T$  denote the  $k_i \times 1$  vector of outcomes and  $\boldsymbol{\epsilon}_i = (\epsilon_{i1}, \dots, \epsilon_{ik_i})^T$  the residual vector. Similarly, let  $\mathbf{X}_i^T = (\mathbf{X}_{i1}, \dots, \mathbf{X}_{ik_i})$  denote the  $k_i \times p$  design matrix of covariates and  $\mathbf{Z}_i$  the appropriate subset of  $\mathbf{X}_i$ . Model (1) can be expressed as

$$\mathbf{Y}_i = \mathbf{X}_i \boldsymbol{\beta} + \mathbf{Z}_i \mathbf{b}_i + \boldsymbol{\epsilon}_i, \quad (2)$$

where  $\boldsymbol{\epsilon}_i \sim MVN(\mathbf{0}, \boldsymbol{\Sigma})$ . We assume independence among the different  $(\mathbf{Y}_i, \mathbf{X}_i)$ . We also assume that portions of  $\mathbf{X}_i$  are ignorably missing [(i.e. missing completely at random or missing at random (MAR))]. Let  $\mathbf{X}_i^{\text{mis}}$  denote the missing parts of  $\mathbf{X}_i$  and denote  $\mathbf{X}_i^{\text{obs}}$  the observed parts.

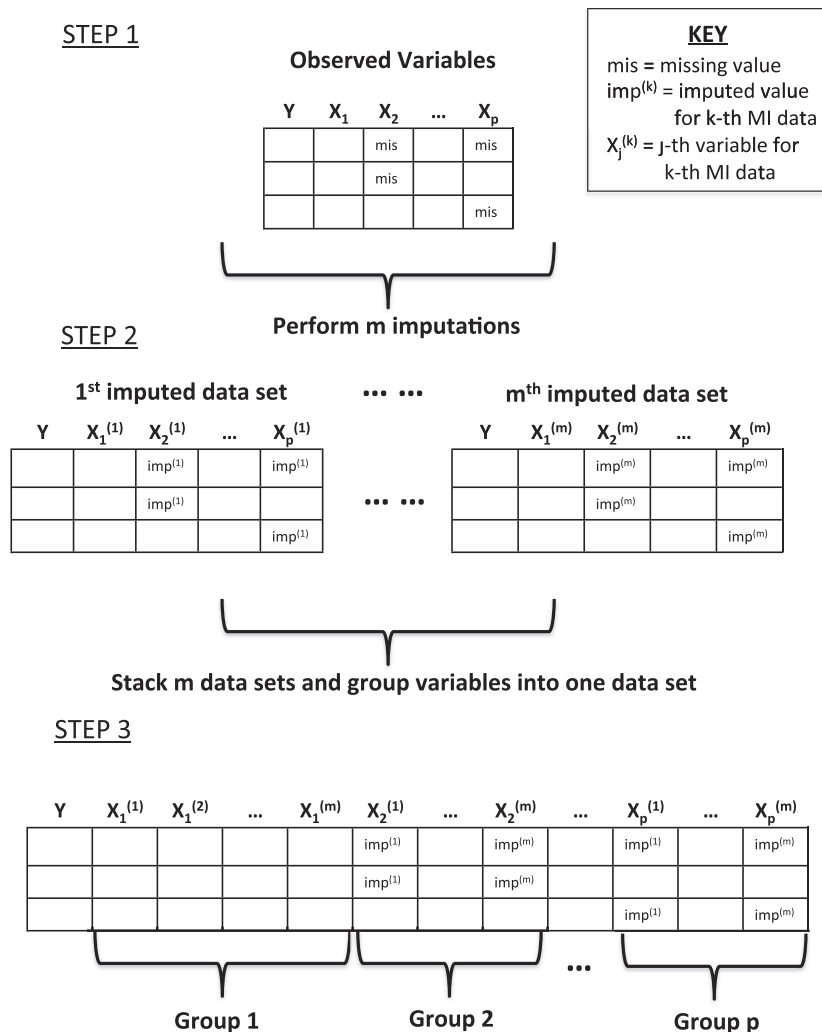
### 2.2 Multiply-imputed likelihood

We propose a penalized likelihood method that performs variable selection simultaneously on the multiply imputed data sets for multilevel models via the group lasso. The group lasso was first introduced by Yuan & Lin (2006) as

a means of selecting grouped factors for accurate prediction in regression. The procedure begins by stacking the  $m$  complete data sets into one wide complete data set. We transform  $m$  different multilevel models into one multilevel model with up to  $p \times m$  covariates where each predictor will be represented by up to  $m$  imputed variables. The scheme of the data stacking procedure is found in Figure 1.

We propose the following multilevel model to identify relevant variables across multiply-imputed data sets

$$Y_i = X_{i1}^{(1)} \beta_1^{(1)} + X_{i1}^{(2)} \beta_1^{(2)} + \dots + X_{i1}^{(m)} \beta_1^{(m)} + X_{i2}^{(1)} \beta_2^{(1)} + \dots + X_{i2}^{(m)} \beta_2^{(m)} + \dots + X_{ip}^{(1)} \beta_p^{(1)} + \dots + X_{ip}^{(m)} \beta_p^{(m)} + Z_i^{(\cdot)} b_i + \epsilon_i, \tag{3}$$



**Figure 1.** Data stacking scheme for proposed variable selection procedure. Step 1: identify covariates to be included for selection and their corresponding missing values. Step 2: perform  $m$  imputations to produce  $m$  complete data sets. Step 3: stack the  $m$  complete data sets into a single wide complete data to be analysed. Group relevant variables from the  $m$  imputed data sets.

where  $\mathbf{X}_{ig}^{(\ell)}$  denotes the  $g$ th predictor for the  $i$ th cluster from the  $\ell$ th imputed data set ( $g = 1, \dots, p$  and  $\ell = 1, \dots, m$ ) and  $\beta_g^{(\ell)}$  denotes its corresponding regression coefficient. For simplicity, we rewrite model (3) as

$$\mathbf{Y}_i = \mathbf{X}_i^{(\cdot)} \boldsymbol{\beta}^{(\cdot)} + \mathbf{Z}_i^{(\cdot)} \mathbf{b}_i + \epsilon_i, \quad (4)$$

where  $\mathbf{X}_{ig}^{(\cdot)} = (\mathbf{X}_{ig}^{(1)}, \mathbf{X}_{ig}^{(2)}, \dots, \mathbf{X}_{ig}^{(m)})$ ,  $\boldsymbol{\beta}_g^{(\cdot)} = (\beta_g^{(1)}, \beta_g^{(2)}, \dots, \beta_g^{(m)})$ ,  $\mathbf{X}_i^{(\cdot)} = (\mathbf{X}_{i1}^{(\cdot)}, \mathbf{X}_{i2}^{(\cdot)}, \dots, \mathbf{X}_{ip}^{(\cdot)})^T$  and  $\boldsymbol{\beta}^{(\cdot)} = (\boldsymbol{\beta}_1^{(\cdot)}, \boldsymbol{\beta}_2^{(\cdot)}, \dots, \boldsymbol{\beta}_p^{(\cdot)})$ . Under model (4), we have that the marginal distribution of outcome  $\mathbf{Y}_i \sim MVN(\mathbf{X}_i^{(\cdot)} \boldsymbol{\beta}^{(\cdot)}, \mathbf{D}_i)$  where  $\mathbf{D}_i = \sigma^2 (\mathbf{Z}_i^{(\cdot)} \boldsymbol{\Phi} \mathbf{Z}_i^{(\cdot)T} + \mathbf{I}_{k_i})$ . For multilevel model (4), we build our variable selection procedure on the restricted maximum likelihood (REML) method of estimation in linear mixed models. The REML log-likelihood for the data under model (4) is

$$\ell_R(\boldsymbol{\beta}^{(\cdot)}, \sigma^2, \boldsymbol{\Phi}) = -\frac{1}{2} \ln \left| \sum_{i=1}^n \mathbf{X}_i^{(\cdot)T} \mathbf{D}_i^{-1} \mathbf{X}_i^{(\cdot)} \right| - \frac{1}{2} \sum_{i=1}^n \ln |\mathbf{D}_i| - \frac{1}{2} \sum_{i=1}^n (\mathbf{Y}_i - \mathbf{X}_i^{(\cdot)} \boldsymbol{\beta}^{(\cdot)})^T \mathbf{D}_i^{-1} (\mathbf{Y}_i - \mathbf{X}_i^{(\cdot)} \boldsymbol{\beta}^{(\cdot)}). \quad (5)$$

The maximum likelihood estimate of  $\boldsymbol{\beta}^{(\cdot)}$  is obtained by maximizing (5) with respect to  $\boldsymbol{\beta}^{(\cdot)}$ .

To perform variable selection and to identify non-zero components of  $\boldsymbol{\beta}^{(\cdot)}$ , we maximize the profile penalized log-REML function

$$Q_R(\boldsymbol{\beta}^{(\cdot)}) = \ell_R(\boldsymbol{\beta}^{(\cdot)}, \sigma^2, \boldsymbol{\Phi}) - \lambda \sum_{g=1}^p \sqrt{u_g} \|\boldsymbol{\beta}_g^{(\cdot)}\|, \quad (6)$$

where  $\lambda$  is a nonnegative tuning parameter,  $u_g$  is the group size for the  $g$ th group ( $u_g = 1$  when there is no missing data on covariate  $g$  and  $u_g = m$  when missing data are present on covariate  $g$  and  $m$  imputations were performed) and  $\|\cdot\|$  is the  $L_2$  norm on the Euclidean space. The penalty term in (6) encourages sparsity at the group level because the Euclidean norm of a vector  $\boldsymbol{\beta}_g^{(\cdot)}$  is zero if all the components of  $\boldsymbol{\beta}_g^{(\cdot)}$  are zero. The innovation of the data stacking scheme and group lasso penalization formulation is that by treating  $(\beta_g^{(1)}, \beta_g^{(2)}, \dots, \beta_g^{(m)})$  as a group and by summing the Euclidean norms of the loadings in each group, we can shrink all the regression estimates in one group to zero simultaneously, leading to overall variable selection across imputed data sets. For some values of  $\lambda$ , an entire predictor (across the  $m$  imputations) can be removed entirely out of the model across imputations, leading to overall variable selection.

There are a few subtleties regarding the proposed procedure that merit attention. If there is no missing data present in the design matrix and no imputations are performed, then (6) reduces to the typical lasso by considering each covariate as their own individual group. The same is true if there exists missingness in the design matrix and only one imputation is performed. If one imputed data set is generated then by treating each variable in the imputed data as its own group, (6) reduces to

$$Q_R(\boldsymbol{\beta}^{(\cdot)}) = \ell_R(\boldsymbol{\beta}^{(\cdot)}, \sigma^2, \boldsymbol{\Phi}) - \lambda \sum_{g=1}^p |\beta_g^{(1)}|,$$

which is equivalent to the traditional lasso penalized likelihood.

Another subtlety that needs to be addressed is the number of predictors to be used in the final stacked data set. When performing the  $m$  imputations, the columns without missing data will be exactly the same across the  $m$  imputed data sets (i.e.  $\mathbf{X}_g^{(1)} = \mathbf{X}_g^{(2)} = \dots = \mathbf{X}_g^{(m)}$ ) for all  $\mathbf{X}_g$  with completely observed data. It would be inappropriate to treat these variables as a group with  $m$  members, as they are perfectly collinear. In the case of a fully observed variable, we simply construct a stacked data set where the  $m$  imputed columns of a fully observed covariate is represented by only one of the columns of the complete variable. For example, consider the situation where  $\mathbf{X} = (\mathbf{X}_1, \mathbf{X}_2)$ . Of the two predictors of  $\mathbf{Y}$ , suppose  $\mathbf{X}_1$  contains some missing values and  $\mathbf{X}_2$  is fully observed. For the sake of illustration, suppose that to address the missingness in  $\mathbf{X}_1$ , only two imputations ( $m = 2$ ) are performed. The new stacked data structure will contain three predictors,  $(\mathbf{X}_1^{(1)}, \mathbf{X}_1^{(2)}, \mathbf{X}_2)$ . The two imputed variables for  $\mathbf{X}_1$  (i.e.  $\mathbf{X}_1^{(1)}$  and  $\mathbf{X}_1^{(2)}$ ) will be represented as one group and  $\mathbf{X}_2$  as its own group because no missing data were present in  $\mathbf{X}_2$  and thus no imputation was constructed for that predictor. The proposed conditional penalized likelihood function for this illustration will take on the following form

$$Q_R(\boldsymbol{\beta}^{(\cdot)}) = \ell_R(\boldsymbol{\beta}^{(\cdot)}, \sigma^2, \boldsymbol{\Phi}) - \lambda\sqrt{2} \times \sqrt{[\beta_1^{(1)}]^2 + [\beta_1^{(2)}]^2} - \lambda|\beta_2|, \tag{7}$$

which is an intermediate between the  $\ell_2$  penalty used in ridge regression for the imputed variable and an  $\ell_1$  penalty for the completely observed variable.

### 2.3 Algorithm

Maximizing the penalized profile log-REML function (6), with respect to  $\boldsymbol{\beta}^{(\cdot)}$ , presents some computational challenges. To maximize (6) with respect to  $\boldsymbol{\beta}^{(\cdot)}$ , we consider an approach similar to Lin & Zhang (2006) and Wang et al. (2010) that transforms the optimization problem into a simpler, but equivalent optimization function.

#### Proposition 1

Consider the following two optimization procedures

$$\max_{\beta_g^{(\ell)}} Q_R^1(\boldsymbol{\beta}^{(\cdot)}) = \ell_R(\boldsymbol{\beta}^{(\cdot)}, \sigma^2, \boldsymbol{\Phi}) - \lambda \sum_{g=1}^p \sqrt{u_g} \|\boldsymbol{\beta}_g^{(\cdot)}\| \tag{8}$$

$$\max_{\tau_g, \beta_g^{(\ell)}} Q_R^2(\boldsymbol{\beta}^{(\cdot)}) = \ell_R(\boldsymbol{\beta}^{(\cdot)}, \sigma^2, \boldsymbol{\Phi}) - \sum_{g=1}^p \tau_g^2 - \lambda^2 \sum_{g=1}^p \frac{u_g}{4\tau_g^2} \left[ \|\boldsymbol{\beta}_g^{(\cdot)}\| \right]^2 \tag{9}$$

Denote the maximizer of (8) as  $\hat{\beta}_g^{(\ell)}$  and the maximizer of (9) as  $(\tilde{\beta}_g^{(\ell)}, \tilde{\tau}_g)$  for  $g = 1, \dots, p$  and  $\ell = 1, \dots, m$ . Then, it follows that

$$\hat{\beta}_g^{(\ell)} = \tilde{\beta}_g^{(\ell)} \text{ for } g = 1, \dots, p; \ell = 1, \dots, m \tag{10}$$

$$\tilde{\tau}_g = \sqrt{\frac{\lambda\sqrt{u_g}}{2} \|\tilde{\beta}_g^{(\cdot)}\|} \text{ for } g = 1, \dots, p. \tag{11}$$

The proof of Proposition 1 is provided in the appendix. The relevance of Proposition 1 is that instead of maximizing (8) directly, we can maximize (9) and obtain equivalent results for  $\boldsymbol{\beta}_g^{(\cdot)}$ . Computationally, we prefer objective function (9) over (8) because (9) resembles a generalized ridge regression, which can be solved through a Newton–Raphson algorithm when  $\tau_g$  is fixed.

We propose to maximize (9) by iteratively cycling between  $\beta_g^{(\ell)}$  and  $\tau_g$ . The algorithm is as follows:

1. Initialize  $\beta_g^{(\ell)(0)}$  and  $\tau_g^{(0)}$  with conceivable values. Unless other information is known, initial  $\beta_g^{(\ell)(0)}$  values can be set to 0 and  $\tau_g^{(0)}$  can be set to 1.
2. For iteration  $k$ , update  $\beta_g^{(\ell)(k)}$  through

$$\beta_g^{(\ell)(k)} = \operatorname{argmax}_{\beta_g^{(\ell)}} \ell_R(\beta_g^{(\ell)}, \sigma^2, \Phi) - \sum_{g=1}^p (\tau_g^{(k-1)})^2 - \lambda^2 \sum_{g=1}^p \frac{u_g}{4 (\tau_g^{(k-1)})^2} [\|\beta_g^{(\ell)}\|]^2.$$

3. For iteration  $k$ , update  $\tau_g^{(k)}$  through

$$\tau_g^{(k)} = \sqrt{\frac{\lambda \sqrt{u_g}}{2} \|\beta_g^{(\ell)(k)}\|}.$$

4. Continue steps 2 and 3 until  $\max_{g,\ell} \left\{ \left| \beta_g^{(\ell)(k)} - \beta_g^{(\ell)(k-1)} \right| \right\}$  is sufficiently small.

## 2.4 Penalty selection procedure

A fundamental issue with the proposed penalty procedure is how to choose the best approximating model among a class of competing models with varying number of parameters. This is equivalent to deciding how to choose the tuning parameter  $\lambda$ . Widely used variable selection criterion for selecting  $\lambda$  include the BIC and the general cross-validation (GCV) method. It is widely known that GCV and BIC are not easily computed in the presence of missing data because they are functions of the missing data, which lead to intractable integrals (Garcia et al., 2010). However, one of the advantages of our proposed methodology is that because we generate  $m$  complete multiply-imputed data sets, our procedure avoids the limitation of GCV and BIC under missing data. It has been shown that GCV significantly over fits in most problems, and the BIC has been shown to provide consistent variable selection (Wang et al., 2007). We propose a BIC-type criterion to choose the appropriate tuning parameter. Given any two estimated models, we choose the tuning parameter,  $\lambda$ , that minimizes the following BIC criterion

$$BIC = -2\ell_R(\hat{\beta}^{(\cdot)}, \hat{\Phi}) + q \times \ln(N), \tag{12}$$

where  $N = \sum_{i=1}^n k_i$ , the total sample size. Although  $N$  is not the effective sample size (Jiang et al., 2008), this BIC criterion has performed well in our simulation studies and data analysis and has some precedence in this form (Pu & Niu, 2006; Bondell et al., 2010). Additionally, the degrees of freedom  $q$  is the total number of non-zero estimates of  $\hat{\beta}^{(\cdot)}$ .

## 2.5 Post-procedure estimation

Once the  $m$  multiple imputations have been constructed and the proposed procedure has performed variable selection, it is of interest to obtain parameter estimates of the final model. For each of the  $m$  unstacked imputed data sets, a linear mixed-effects model with only the selected variables from the proposed procedure can be performed. To obtain an overall estimate of the regression coefficients and standard errors, we can combine the results from each of the  $m$  data sets using Rubin's rules (Rubin, 1987). Rubin's rules proceed as follows: let  $\hat{\beta}_j^{(\ell)}$  denote the estimated regression

coefficient for the  $j$ th predictor and the  $\ell$ th imputation and  $\widehat{\text{VAR}}(\hat{\beta}_j^{(\ell)})$  its corresponding estimated variance. The overall regression parameter estimate can be obtained through

$$\bar{\beta}_j = \frac{1}{m} \sum_{\ell=1}^m \hat{\beta}_j^{(\ell)}$$

and its variance estimate as

$$\widehat{\text{VAR}}(\bar{\beta}_j) = \frac{1}{m} \sum_{\ell=1}^m \widehat{\text{VAR}}(\hat{\beta}_j^{(\ell)}) + \left(1 + \frac{1}{m}\right) \sum_{\ell=1}^m \frac{(\hat{\beta}_j^{(\ell)} - \bar{\beta}_j)^2}{m-1},$$

where the first component of the addition takes into account the variability within each imputed data set and the second component accounts for the between-imputation variance. A 95% confidence interval for  $\beta_j$  can be obtained using the approximation  $\bar{\beta}_j \pm t_{df} \widehat{\text{SE}}(\bar{\beta}_j)$  where

$$df = (m-1) \left( 1 + \frac{(m-1) \sum_{\ell=1}^m \widehat{\text{VAR}}(\hat{\beta}_j^{(\ell)})}{(m+1) \sum_{\ell=1}^m (\hat{\beta}_j^{(\ell)} - \bar{\beta}_j)^2} \right).$$

It has been shown by Rubin (1987) that a small number of imputations can lead to high-quality inference.

### 3 Numerical studies

We performed simulation studies to compare the merits and finite sample performance of the proposed methodology with standard statistical practices. We compare our proposed penalized likelihood procedure with multiple competitors. Firstly, we compare with the regularized lasso on full data without any missingness. This will be considered the gold standard as variable selection will be performed on the complete data. Secondly, we compare the proposed methodology with the regularized lasso on complete-cases only (CCO) data. This will assess how missing data under a MAR mechanism affect variable selection and whether the proposed model improves variable selection performance. We also compared our approach with the Brand ad hoc procedure of selecting covariates that are significant in at least 60% of imputed models.

We simulated complete data from a two-level linear mixed effects model with a random intercept. We consider three scenarios:

- Scenario 1. Data are generated from  $n = 40$  independent clusters with five observations in each cluster where

$$Y_{ij} = \mathbf{X}_{ij} \boldsymbol{\beta} + b_i + \epsilon_{ij},$$

where  $\boldsymbol{\beta} = (3, 1.5, 0, 0, 2, 0, 0, 0)^T$ ,  $\epsilon_{ij} \sim N(0, 1)$ ,  $\mathbf{X}_{ij} = (X_{ij,1}, \dots, X_{ij,8})$  and  $X_{ij,1}, \dots, X_{ij,8}$  are  $N(0, 1)$  variables and  $\text{Corr}(X_{ij,g}, X_{ij,g'}) = \rho^{|g-g'|}$  with  $\rho$  set to 0.3.

- Scenario 2. The setting is similar to scenario 1, except that we increase the number of clusters to  $n = 60$  and increase the number of observations per cluster to be 25 to assess a larger sample performance.
- Scenario 3. The setting is similar to scenario 2, except that we increase the number of clusters to  $n = 150$  to correspond to large cluster studies.



We induced missing values  $\mathbf{X}_{ij}^{\text{mis}}$  from an MAR mechanism. Let  $r_{ij}$  indicate the missingness of  $\mathbf{X}_{ij}^{\text{mis}}$ , where  $r_{ij} = 1$  when  $\mathbf{X}_{ij}$  is observed and  $r_{ij} = 0$  when  $\mathbf{X}_{ij}$  is missing. We select  $r_{ij}$  from Bernoulli sampling with success probability given by  $\text{logit}(\pi(\mathbf{X}^{\text{obs}}; \alpha_0, \alpha)) = \alpha_0 + \alpha \mathbf{X}^{\text{obs}}$ , thus imposing MAR. The values of  $\alpha_0$  and  $\alpha$  were selected to induce 25% missing data (missing data were only induced on  $\mathbf{X}_1, \mathbf{X}_2$  and  $\mathbf{X}_3$ ).

For each of the scenarios earlier, 500 data sets were produced. For the full data and complete cases lasso regularization, the traditional BIC was used to select predictors. For the proposed methods, the BIC in (12) was used to select relevant predictors. Multiple imputations were performed on the missing data using the MICE methodology (White et al., 2011).

We considered changes in the values of  $m$  (number of imputations) in our simulation study. The results of the numerical studies are presented in Table I. In particular, we present the model selection frequency (the percentage of times the true model was selected), the average model size, the percentage of false negatives and the percentage of false positives.

**Table I.** Simulation study results for lasso on complete data (lasso-full), lasso on complete-cases only (lasso-CCO) and proposed methodology.

Method	Model size	Correct model	F+	F-	$X_1$	$X_2$	$X_3$	$X_4$	$X_5$	$X_6$	$X_7$	$X_8$
Scenario 1: small study ( $n = 40, k_i = 5$ )												
Lasso-full	3.50	66.6	0.11	0.01	1.00	1.00	0.21	0.19	0.96	0.13	0.01	0.02
Lasso-CCO	3.46	62.6	0.11	0.02	1.00	0.98	0.22	0.18	0.92	0.10	0.03	0.02
Brand-m1	3.43	64.4	0.09	0.00	1.00	1.00	0.15	0.08	1.00	0.06	0.09	0.06
Proposed-m1	2.69	62.8	0.02	0.08	1.00	0.78	0.03	0.04	0.81	0.02	0.00	0.00
Brand-m3	3.34	68.2	0.07	0.00	1.00	1.00	0.17	0.06	1.00	0.03	0.06	0.03
Proposed-m3	3.60	63.4	0.13	0.01	1.00	0.97	0.20	0.26	1.00	0.14	0.02	0.01
Brand-m5	3.32	72.6	0.06	0.00	1.00	1.00	0.14	0.05	1.00	0.04	0.05	0.03
Proposed-m5	3.07	66.2	0.05	0.04	0.99	0.83	0.07	0.12	0.96	0.05	0.00	0.00
Scenario 2: medium study ( $n = 60, k_i = 25$ )												
Lasso-full	3.29	87.0	0.06	0.00	1.00	1.00	0.12	0.10	1.00	0.06	0.00	0.00
Lasso-CCO	3.61	63.6	0.12	0.00	1.00	1.00	0.32	0.21	1.00	0.08	0.00	0.00
Brand-m1	4.08	15.8	0.22	0.00	1.00	1.00	0.79	0.08	1.00	0.07	0.09	0.06
Proposed-m1	3.58	72.4	0.12	0.00	1.00	1.00	0.24	0.22	1.00	0.12	0.00	0.00
Brand-m3	4.01	15.6	0.20	0.00	1.00	1.00	0.82	0.06	1.00	0.05	0.06	0.03
Proposed-m3	3.35	74.6	0.08	0.00	1.00	0.98	0.09	0.23	1.00	0.06	0.00	0.00
Brand-m5	4.03	14.0	0.21	0.00	1.00	1.00	0.82	0.05	1.00	0.06	0.08	0.03
Proposed-m5	3.05	78.8	0.03	0.02	0.99	0.89	0.04	0.10	0.97	0.04	0.00	0.00
Scenario 3: large study ( $n = 150, k_i = 25$ )												
Lasso-full	3.00	91.6	0.01	0.01	1.00	1.00	0.02	0.02	0.94	0.02	0.00	0.00
Lasso-CCO	3.44	77.0	0.09	0.00	1.00	1.00	0.22	0.12	1.00	0.10	0.00	0.00
Brand-m1	4.25	0.60	0.25	0.00	1.00	1.00	0.99	0.08	1.00	0.05	0.08	0.05
Proposed-m1	0.82	3.45	0.09	0.00	1.00	1.00	0.17	0.16	1.00	0.13	0.00	0.00
Brand-m3	4.20	0.60	0.24	0.00	1.00	1.00	0.99	0.07	1.00	0.04	0.06	0.03
Proposed-m3	3.22	84.4	0.04	0.00	1.00	1.00	0.04	0.15	1.00	0.03	0.00	0.00
Brand-m5	4.17	0.60	0.23	0.00	1.00	1.00	0.99	0.04	1.00	0.04	0.06	0.03
Proposed-m5	3.15	88.0	0.03	0.00	1.00	1.00	0.02	0.12	1.00	0.02	0.0	0.0

“Model size”, “F+” and “F-” indicate the mean model size, false-positive rate and false-negative rate over the 500 simulated data sets, respectively. “Correct model” denotes the percentage of times the correct model was selected.

Using the full data and performing lasso to select variables as our benchmark method, the results from Table I indicate that having missing observations in the covariates present in any data set lowers the ability for any method to select the correct model. Overall, when missing data are present, the method that performs the best at recovering the correct model is our proposed method (with  $m = 5$  imputations). We note that performing lasso on the CCO data set performs adequate variable selection. We also note that having more subjects within a cluster ( $k_i = 25$ ) results in higher model selection frequency for all methods except for the Brand approach. As cluster and sample size increases, the Brand approach does not select the correct model as frequently as our proposed method.

Simulation results suggest that one imputation is not sufficient to obtain reliable variable selection. For instance, the CCO lasso and the proposed methodology have very similar model selection frequencies (CCO: 63.6%, proposed: 72.4%; scenario 2) when  $m = 1$ , well below the full data selection frequency of 87.0%. This should be expected because one imputation does not account for the uncertainty in the imputation method. However, when more imputations are considered ( $m = 3$ ), the proposed method outperforms the complete case method (proposed: 74.6%, CCO: 63.6%; scenario 2). The proposed methodology is almost as good at identifying the correct model as having the full data (full: 91.6%, proposed: 88.0%; scenario 3) after five imputations.

In terms of model size, the full model lasso selects models that are closest to the true model size on average. Both the CCO and the Brand procedure tend to select larger models on average. The proposed methodology produces smaller models than the CCO and Brand methods as the number of imputations increases.

## 4 Data analysis

This statistical work was motivated by the HD-SB study (Sorensen et al., 2005). Current epidemiological studies have shown the relationship between dietary patterns and physical inactivity with multiple cancers and chronic diseases. One of the primary goals of the HD-SB study is to investigate whether or not the cancer prevention that incorporates occupational health and health promotion can lead to significant improvements in the mean consumption of fruits and vegetables, levels of physical activity, smoking cessation and reduction of occupational carcinogens. The HD-SB study was a randomized, controlled intervention study conducted between 1999 and 2003 as part of the Harvard Center Prevention Program Project. The study population of the HD-SB study were small manufacturing worksites that employed multi-ethnic, low-wage workers. Details of worksite eligibility and recruitment can found in Sorensen et al. (2005). Participating worksites were randomized to either the 18-month intervention group or minimal intervention control group.

For the purpose of this data analysis, we focus on predictors that are hypothesized to relate to mean consumption of fruits and vegetables at followup. Along with intervention status, a substantial number of covariates were collected to determine their impact on the primary outcome: consumption of red meat per week, levels of leisure physical activity, smoking status (1 current and 0 otherwise), educational level (1 if college degree or more and 0 otherwise), gender (1 if female and 0 otherwise), body mass index, at least one child in household less than 18 years of age (1 if true and 0 otherwise), marital status (1 if married and 0 otherwise), race (1 if nonwhite and 0 otherwise), age, multivitamin use (1 if takes  $\geq 6$  days/week and 0 otherwise), poor (1 if  $\geq 185\%$  of poverty threshold and 0 otherwise) and non-immigrant (1 if participant was born in the USA and 0 otherwise). The study had 974 respondents of which only complete information on all the variables of interest was obtained for 793 respondents (i.e. 18.5% missing data present).

The linear mixed model to answer the primary goal takes on the following form:

$$\begin{aligned} \text{FruitVeg\_followup} \sim & \text{FruitVeg\_baseline} + \text{Intervention} + \text{Meat} + \text{PhysAct} + \\ & \text{Smoking} + \text{Education} + \text{Gender} + \text{body mass index} + \text{Kidslt18} + \text{Married} + \\ & \text{Race} + \text{Age} + \text{Multivitamin} + \text{Poor} + \text{Non-immigrant}, \end{aligned}$$

where these 15 predictors were considered for selection. A random intercept model was used to model the clustering of workers within worksites. We constructed a multilevel model for the complete cases data (all missing observations removed) and also used the proposed methodology for  $m = 1$ ,  $m = 3$  and  $m = 5$  imputations. Selection of the tuning parameter was based on the BIC in (12). Regression estimates selected by the  $m = 5$  proposed model are provided using Rubin's rules. The results of the data analysis are in Table II.

The CCO multilevel model does not perform variable selection; the estimated regression coefficients are non-zero for the 15 predictors. What is commonly carried out in practice is to select significant variables to be those with  $p$ -value  $< 0.05$ . Based on the  $p$ -value criterion, the significant predictors of fruits and vegetables under the CCO scenario are baseline fruit, intervention, gender and body mass index. Performing lasso on the complete case data reveals a model with 11 relevant predictors. The proposed methodology with  $m = 1$ ,  $m = 3$  and  $m = 5$  imputations selected baseline fruit, intervention, meat consumption, smoking, gender, multivitamin and non-immigrant, with  $m = 3$  additionally including age.

The proposed methodology in this data analysis produces smaller models than the CCO lasso, a pattern that was observed in the simulations section. Compared with choosing significant variables via  $p$ -values, the proposed methodology additionally identifies meat consumption, smoking status, immigrant status and multivitamin use to be relevant predictors of follow-up fruit/vegetable intake. The parameter estimates for the final model, as selected by the proposed method with five imputations, are presented in the last column of Table II. Overall, there seems to be a strong positive intervention effect on follow-up fruit and vegetable intake. We note the gender gap where females tend to consume more fruits and vegetables at followup on average than men, which has been shown in previous studies (Sorensen et al., 2007).

**Table II.** Data analysis results for the Healthy Directions–Small Business study.

Variable	% miss	Variable selection method						
		CCO $\hat{\beta}$	CCO $p$ -value	CCO LASSO	Proposed			Proposed $\hat{\beta}$ (95% CI)
					$m = 1$	$m = 3$	$m = 5$	
Baseline fruit	0.6	0.56	*	*	*	*	*	0.51 (0.45, 0.57)
Intervention	0.0	0.34	*	*	*	*	*	0.31 (0.07, 0.54)
Meat	0.7	-0.01		*	*	*	*	-0.03 (-0.05, 0.00)
Physical activity	6.4	0.02		*				
Smoking	0.1	-0.18		*	*	*	*	-0.23 (-0.46, 0.00)
Education	1.3	0.23		*				
Female	0.0	0.40	*	*	*	*	*	0.24 (0.02, 0.45)
Body mass index	4.8	0.03	*	*				
Kids $\leq 18$	0.9	0.12						
Married	0.4	0.03						
Non-White	0.0	-0.02						
Age	1.1	0.01		*		*		
Multivitamin	0.7	0.17		*	*	*	*	0.10 (-0.11, 0.32)
Poor	1.1	0.14						
Immigrant	0.4	-0.04		*	*	*	*	-0.16 (-0.37, 0.04)

The stars represent the variables selected from the given variable selection procedure. CCO denotes the complete-cases only results, where all observations with missing data were removed and the remaining observations were used in estimation and variable selection. The final column presents estimates of the regression coefficients based on  $m = 5$  imputations using the proposed method.

## 5 Discussion

We describe methodology that can perform variable selection for multilevel models with missing covariate data. When the method of handling missingness in the covariates is through multiple imputation, we describe a penalized likelihood approach that performs variable selection across the  $m$  imputed data sets simultaneously through group lasso regularization. Numerical studies demonstrate the benefits of imputing and then performing variable selection instead of doing a CCO analysis, which is typically carried out in practice. Ignoring missing data through methods like complete-cases analyses potentially undermine scientific credibility of causal conclusions from intervention studies (Little et al., 2012).

The proposed methodology may be extended to generalized linear-mixed models as our approach is likelihood based. An additional aspect of the analysis of mixed models is the selection of random effects. There are two types of variable selection approaches for multilevel models: the first is selecting significant fixed-effect variables (i.e. columns from  $\mathbf{X}_i$  when the random effects are not considered in the selection) and the second is selection of both fixed and random effects (i.e. columns from  $\mathbf{Z}_i$ ). The mean and variance of  $\mathbf{Y}_i$  based on model (2) are given by

$$E(\mathbf{Y}_i) = \mathbf{X}_i\boldsymbol{\beta}$$

$$\text{VAR}(\mathbf{Y}_i) = \sigma^2(\mathbf{Z}_i\boldsymbol{\Phi}\mathbf{Z}_i^T + \mathbf{I}_{k_i}).$$

The fixed-effects selection through  $\mathbf{X}_i$  affects the mean structure of  $\mathbf{Y}_i$ , and the selection through  $\mathbf{Z}_i$  affects the covariance structure of  $\mathbf{Y}_i$ . We focus our methodology on fixed-effects variable selection, although extensions of this work could be developed to identify both significant fixed and random effects.

This study does have limitations and indicates areas for future research. First, after completing the post-estimation procedure described in this paper, it remains necessary to account for modelling bias. Performing variable selection and then using the selected model to perform estimation is commonly carried out in practice, but is likely to yield overly optimistic inferences. This is due to the underestimation of variability of the estimated parameters. Shen et al. (2004), Hu & Dong (2007), Wang & Lagakos (2009) and Minnier et al. (2011) have used data perturbation methods to account for the variable selection process to make approximately unbiased inferences. Extensions of data perturbation methods to multiply-imputed variable selection is needed. Second, the proposed procedure requires a substantial amount of observations and clusters to successfully perform these models. As the number of covariates with missing data increases, the model increases in size (by multiple of  $m$ ), which could potentially lead to model instability. Third, more works needs to be developed to provide rules of thumb for how many imputations are needed. In general, more imputations are preferred (Bodner, 2008), but this has the potential to introduce very large, potentially unstable proposed models. Last, model (3) is a working model and not the true model. Other selection criterion such as prediction error or likelihood could have been entertained for the selection of the final model. We hope the proposed developments will make it possible for researchers to maximize the use of available information in their data and uncover important underlying associations.

### Appendix

#### Proof of Proposition 1

We begin by showing (11). Denote the objective function  $Q_R^1$  and  $Q_R^2$  corresponding to the two optimization equations respectively

$$Q_R^1 = \ell_R(\boldsymbol{\beta}^{(c)}, \sigma^2, \boldsymbol{\Phi}) - \lambda \sum_{g=1}^p \sqrt{u_g} \|\boldsymbol{\beta}_g^{(c)}\|$$

$$Q_R^2 = \ell_R(\boldsymbol{\beta}^{(c)}, \sigma^2, \boldsymbol{\Phi}) - \sum_{g=1}^p \tau_g^2 - \lambda^2 \sum_{g=1}^p \frac{u_g}{4\tau_g^2} \left[ \|\boldsymbol{\beta}_g^{(c)}\| \right]^2.$$

The result in (11) falls after rewriting  $Q_R^2$  as

$$\ell_R(\boldsymbol{\beta}^{(\cdot)}, \sigma^2, \Phi) - \sum_{g=1}^p \left[ \tau_g^2 + \frac{\lambda^2 u_g}{4\tau_g^2} \left[ \|\boldsymbol{\beta}_g^{(\cdot)}\| \right]^2 \right].$$

The expression inside the square brackets can be rewritten as

$$\tau_g^2 + \left( \frac{\lambda \sqrt{u_g}}{2\tau_g} \|\boldsymbol{\beta}_g^{(\cdot)}\| \right)^2.$$

We know that  $a^2 + b^2 \geq 2ab$ ; thus,

$$\tau_g^2 + \left( \frac{\lambda \sqrt{u_g}}{2\tau_g} \|\boldsymbol{\beta}_g^{(\cdot)}\| \right)^2 \geq \lambda \sqrt{u_g} \|\boldsymbol{\beta}_g^{(\cdot)}\|.$$

Equality holds if and only if  $\tau_g = \sqrt{\frac{\lambda \sqrt{u_g}}{2} \|\boldsymbol{\beta}_g^{(\cdot)}\|}$ . To show (10), we first show  $Q_R^1(\tilde{\boldsymbol{\beta}}_g^{(\ell)}) = Q_R^2(\tilde{\boldsymbol{\beta}}_g^{(\ell)}, \tilde{\tau}_g)$ .

$$\begin{aligned} Q_R^2(\tilde{\boldsymbol{\beta}}_g^{(\ell)}, \tilde{\tau}_g) &= \ell_R(\tilde{\boldsymbol{\beta}}^{(\cdot)}, \sigma^2, \Phi) - \sum_{g=1}^p \tilde{\tau}_g^2 - \lambda^2 \sum_{g=1}^p \frac{u_g}{4\tilde{\tau}_g^2} \left[ \|\tilde{\boldsymbol{\beta}}_g^{(\cdot)}\| \right]^2 \\ &= \ell_R(\tilde{\boldsymbol{\beta}}^{(\cdot)}, \sigma^2, \Phi) - \frac{\lambda}{2} \sum_{g=1}^p \sqrt{u_g} \|\tilde{\boldsymbol{\beta}}_g^{(\cdot)}\| - \frac{\lambda}{2} \sum_{g=1}^p \frac{\sqrt{u_g}}{\|\tilde{\boldsymbol{\beta}}_g^{(\cdot)}\|} \left[ \|\tilde{\boldsymbol{\beta}}_g^{(\cdot)}\| \right]^2 \\ &= \ell_R(\tilde{\boldsymbol{\beta}}^{(\cdot)}, \sigma^2, \Phi) - \lambda \sum_{g=1}^p \sqrt{u_g} \|\tilde{\boldsymbol{\beta}}_g^{(\cdot)}\| \\ &= Q_R^1(\tilde{\boldsymbol{\beta}}_g^{(\ell)}). \end{aligned}$$

Therefore,  $Q_R^2(\tilde{\boldsymbol{\beta}}_g^{(\ell)}, \tilde{\tau}_g) \geq Q_R^1(\hat{\boldsymbol{\beta}}_g^{(\ell)})$ . Now, let  $\hat{\tau}_g^2 = \frac{\lambda \sqrt{u_g}}{2} \|\hat{\boldsymbol{\beta}}_g^{(\ell)}\|$ . After some algebra similar to that mentioned previously, we acquire an observation that  $Q_R^1(\hat{\boldsymbol{\beta}}_g^{(\ell)}) = Q_R^2(\hat{\boldsymbol{\beta}}_g^{(\ell)}, \hat{\tau}_g)$ . Thus,  $Q_R^1(\hat{\boldsymbol{\beta}}_g^{(\ell)}) = Q_R^2(\hat{\boldsymbol{\beta}}_g^{(\ell)}, \hat{\tau}_g) \geq Q_R^2(\tilde{\boldsymbol{\beta}}_g^{(\ell)}, \tilde{\tau}_g)$ . As a result,  $Q_R^2(\tilde{\boldsymbol{\beta}}_g^{(\ell)}, \tilde{\tau}_g) = Q_R^1(\hat{\boldsymbol{\beta}}_g^{(\ell)}) = Q_R^2(\hat{\boldsymbol{\beta}}_g^{(\ell)}, \hat{\tau}_g)$ , which leads to the unique maximizer  $\tilde{\boldsymbol{\beta}}_g^{(\ell)} = \hat{\boldsymbol{\beta}}_g^{(\ell)}$  because  $Q_R^2$  is convex.  $\square$

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