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Article type : Original Article

Next generation sequencing panel based on single molecule molecular inversion probes for detecting genetic variants in children with hypopituitarism

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This is the author manuscript accepted for publication and has undergone full peer review but has not been through the copyediting, typesetting, pagination and proofreading process, which may lead to differences between this version and the [Version of Record](#). Please cite this article as [doi: 10.1002/mgg3.395](https://doi.org/10.1002/mgg3.395)

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57

58 **Abstract**

59 Background: Congenital Hypopituitarism is caused by genetic and environmental factors. Over
60 30 genes have been implicated in isolated and/or combined pituitary hormone deficiency. The
61 etiology remains unknown for up to 80% of the patients, but most cases have been analyzed by
62 limited candidate gene screening. Mutations in the *PROP1* gene are the most common known
63 cause, and the frequency of mutations in this gene varies greatly by ethnicity. We designed a
64 custom array to assess the frequency of mutations in known hypopituitarism genes and new
65 candidates, using single molecule molecular inversion probes sequencing (smMIPS).

66 Methods: We used this panel for the first systematic screening for causes of hypopituitarism in
67 children. Molecular inversion probes were designed to capture 693 coding exons of 30 known
68 genes and 37 candidate genes. We captured genomic DNA from 51 pediatric patients with
69 CPHD (n=43) or isolated GH deficiency (IGHD) (n=8) and their parents and conducted next
70 generation sequencing.

71 Results: We obtained deep coverage over targeted regions and demonstrated accurate variant
72 detection by comparison to whole-genome sequencing in a control individual. We found a
73 dominant mutation *GH1*, p.R209H, in a three-generation pedigree with IGHD.

74 Conclusions: smMIPS is an efficient and inexpensive method to detect mutations in patients
75 with hypopituitarism, drastically limiting the need for screening individual genes by Sanger
76 sequencing.

77

78 **Keywords**

79 Single molecule Molecular Inversion Probes, Growth Hormone Deficiency, Congenital
80 Hypopituitarism, GH1

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84 **Introduction**

85 Pituitary dysfunction is an important human health problem that is caused primarily by
86 congenital birth defects and pituitary adenomas. Hormone deficiencies can be isolated, and
87 isolated growth hormone deficiency (IGHD) is the most common, or involve two or more
88 pituitary hormones: combined pituitary hormone deficiency (CPHD). IGHD progresses to
89 CPHD in 45% of patients (Blum et al., 2014; Otto et al., 2015). Only 16% of the cases of
90 congenital CPHD can be explained by mutations in known genes (Cogan et al., 1998; Coya et
91 al., 2007; Dateki et al., 2010; de Graaff et al., 2010; De Rienzo et al., 2015; Deladoey et al.,
92 1999; Diaczok, Romero, Zurich, Marshall, & Radovick, 2008; Dusatkova et al., 2016; O. V.
93 Fofanova et al., 1998; Halasz et al., 2006; Kandemir et al., 2012; Kim et al., 2003; Lebl et al.,
94 2005; Lemos et al., 2006; McLennan et al., 2003; Mehta & Dattani, 2008; Navardauskaite et al.,
95 2014; Pfaeffle et al., 2007; Rainbow et al., 2005; Reynaud et al., 2006; Takagi et al., 2012;
96 Turton, Mehta, et al., 2005; Vieira, Boldarine, & Abucham, 2007), and for IGHD the rate is about
97 11% (Alatzoglou & Dattani, 2010; Wit et al., 2016). Molecular diagnosis is critical for predicting
98 disease progression and risk of recurrence (Agarwal, Bhatia, Cook, & Thomas, 2000; Bottner et
99 al., 2004; Fluck et al., 1998; Pernasetti et al., 2000). Some congenital cases of CPHD are

100 associated with enlarged pituitary glands, and molecular diagnosis distinguishes these as
101 benign and distinct from adenomas that appear similar on MRI, avoiding unnecessary
102 intracranial surgery (Mendonca et al., 1999; Riepe et al., 2001). Unidentified hypopituitarism can
103 result in infant death, and some types of hypopituitarism are progressive, leading to life-
104 threatening disorders secondary to hypoglycemia and adrenal insufficiency (30-33).

105 Congenital combined pituitary hormone deficiency (CPHD) arises from defects in
106 pituitary development and is sometimes associated with extra pituitary abnormalities, such as
107 cleft lip/palate, a short stiff neck, and hypoplastic optic nerves. For example, mutations in
108 *HESX1* (OMIM reference number *601802) can cause septo-optic dysplasia (SOD), CPHD, and
109 IGHD (Dasen et al., 2001; Dattani et al., 1998; Gage et al., 1996), mutations in *OTX2* (*600037)
110 can cause craniofacial abnormalities, including anophthalmia with or without IGHD or CPHD
111 (Dateki et al., 2008; Diaczok et al., 2008; Matsuo, Kuratani, Kimura, Takeda, & Aizawa, 1995;
112 Mortensen, MacDonald, Ghosh, & Camper, 2011; Mortensen, Schade, Lamonerie, & Camper,
113 2015; Nishida et al., 2003; Tajima et al., 2008), and mutations in *GLI2* (*165230) can cause
114 holoprosencephaly, CPHD, or hypogonadism hypogonadotropic (HH) (Arnhold, Franca,
115 Carvalho, Mendonca, & Jorge, 2015; Flemming et al., 2013; Franca et al., 2010). Mutations in
116 *PROP1* (*601538) are the most common known cause of CPHD, accounting for 11% of total
117 cases worldwide (Cogan et al., 1998; Deladoey et al., 1999; O. Fofanova et al., 2000;
118 Rosenbloom et al., 1999; Wu et al., 1998). *Prop1* is the first pituitary-specific gene in the
119 transcriptional hierarchy of genes that cause CPHD, and it is essential for developing a normal
120 stem cell pool and for stimulating stem cells to undergo an epithelial to mesenchymal transition-
121 like (EMT) process necessary for cell migration and differentiation (Perez Millan, Brinkmeier,
122 Mortensen, & Camper, 2016). *Prop1* is necessary to activate expression of *Pou1f1* (*173110)
123 (Sornson et al., 1996), and *POU1F1* is mutated in individuals with CPHD or IGHD (Radovick et
124 al., 1992; Sobrier et al., 2016; Tatsumi et al., 1992; Turton, Reynaud, et al., 2005; Turton,
125 Strom, Langham, Dattani, & Le Tissier, 2012) and no other clinical features. From these
126 examples, it is clear that CPHD is part of a spectrum disorder that spans from severe
127 abnormalities including holoprosencephaly (HPE) and septo-optic dysplasia (SOD) to milder
128 cases with hypogonadotropic hypogonadism or IGHD (Fang et al., 2016; Raivio et al., 2012).
129 The most common genes implicated in IGHD are those encoding growth hormone (*GH1*)
130 (*139250) and the growth hormone releasing hormone receptor (*GHRHR*) (*139191). Also,
131 IGHD is sometimes caused by mutations in genes involved in early embryonic development, like
132 *OTX2*, *HESX1*, *SOX2* (*184429) and *SOX3* (*313430) (Alatzoglou et al., 2009; Kelberman et al.,
133 2006).

134 The identification of genetic mutations is important for understanding the variability and
135 progression of the disease, and as a foundation for the development of new treatments. Until
136 recently, genetic testing was performed on a gene-by-gene basis, starting with the most likely
137 candidate gene. With the incorporation of next generation sequencing technologies, it is now
138 possible to test a large number of genes from several individuals in a single assay, reducing
139 effort, costs and time. Here, we present a novel and cost-effective approach to screen for
140 coding mutations in known and suspected CPHD and IGHD risk genes, based upon single-
141 molecule molecular inversion probe sequencing (smMIPS) (Hiatt, Pritchard, Salipante, O'Roak,
142 & Shendure, 2013). We established a panel of 67 genes associated with CPHD and IGHD in
143 humans and mice, including new candidate genes found by analysis of *Prop1* mutant mice
144 (Perez Millan et al., 2016). This panel targets 693 coding exons. We analyzed 51 pediatric
145 patients from Argentina with CPHD or IGHD and their parents. We found a dominant mutation
146 p.R209H in *GH1* in a three-generation pedigree with isolated growth hormone deficiency type II.
147 Using single molecule molecular inversion probes capture and deep sequencing is an efficient
148 and inexpensive method to detect mutations in patients with hypopituitarism. Identifying these
149 potential variants will make it feasible to predict clinical outcomes from genetic data, which is
150 necessary for patient diagnosis and prognosis, and for assessing the risk of future affected
151 individuals.

152

153 **Materials and Methods**

154 Subjects

155 Whole blood was collected from 51 Argentinean patients belonging to 44 unrelated
156 families diagnosed with IGHD or CPHD at the Hospital de Niños Ricardo Gutiérrez, Buenos
157 Aires, Argentina. Samples were collected from unaffected parents and other relatives when
158 feasible and warranted. All subjects were informed of the purpose of the study and their written
159 consent was obtained. Parental consent was sought for patients under the age of 18. The
160 study was approved by the Ethics Committee of Hospital de Niños Ricardo Gutiérrez, Buenos
161 Aires, Argentina. The University of Michigan Institutional Review Board approved the use of
162 anonymized DNA samples.

163 Patients were diagnosed with growth hormone deficiency (GHD) on the basis of
164 abnormally low growth velocity and peak GH less than 4.8 $\mu\text{g/L}$ after sequential
165 arginine/clonidine pharmacological stimulation tests. Thyroid-stimulating hormone (TSH)
166 deficiency was diagnosed in individuals with free thyroxine <1.0 ng/dl with low or normal TSH
167 levels. Low TSH is ≤ 10 mU/l in patients under 2 months of age and ≤ 6.5 mU/l in older infants;

168 ACTH deficiency was diagnosed based on low basal serum cortisol, <30.3 nmol/L in patients
169 under 2 months of age, <58 nmol/L in patients between 2 and 6 months, and <165 nmol/L in
170 older infants (Ballerini et al., 2010). Individuals with low or normal plasma ACTH were
171 considered affected if serum cortisol was <550 nmol/L under hypoglycemia. Prolactin deficiency
172 was considered in individuals with serum levels <2.5th centile for sex and age. Central diabetes
173 insipidus was diagnosed when polyuria was associated with a urinary:plasma osmolarity ratio of
174 <1.5 and the patient had a plasma osmolality >300 mosm/l. Gonadotropin deficiency was
175 diagnosed in boys aged between 15 days and 6 months when serum luteinizing hormone (LH)
176 and testosterone (T) were <5th centile, <0.8 IU/l and <30 ng/dl, respectively. In girls from the
177 age of 15 days to 2 years, gonadotropin deficiency was assumed when follicle-stimulating
178 hormone (FSH) levels were <1.0 IU/l (Braslavsky et al., 2015). In older patients, gonadotropin
179 deficiency was defined as delayed or absent pubertal development with a low serum
180 testosterone (T < 3.47 nmol/L) associated with inappropriately low or normal LH and FSH
181 levels. CPHD was defined as the presence of hormone deficiency affecting at least two anterior
182 pituitary hormone-producing cell types. Brain and Pituitary Magnetic Resonance Imaging (MRI)
183 was performed in all patients.

184

185 Genomic DNA isolation

186 Genomic DNA was extracted from peripheral blood cells using Puregene Blood kit
187 (QIAGEN) according to the protocol provided by the manufacturer. The DNA was quantified
188 using QuantiFluor® dsDNA System (Promega) and the DNA concentration was normalized to
189 25ng/µl for smMIPS assay. The ratio of absorbance at 260 nm and 280 nm was used to assess
190 the purity of DNA. All DNA samples included in the panel have a 260/280 ratio between 1.8 and
191 2.1. To assess smMIPS accuracy, we included DNA from GM12878, a gold-standard reference
192 cell line, with publically available variant calls from deep whole genome sequencing (WGS)
193 (Zook et al., 2014) (Coriell Institute for Medical Research, Camden, NJ).

194

195 Molecular Inversion Probes design, capture and Sequencing

196 67 genes were included in the smMIPS panel, to target 693 coding exons totaling 174.1
197 kb of coding sequence (File S1). This panel was designed targeting the coding exons (as
198 defined by the UCSC Genome Browser, "Known Gene" table, hg19 build), padded by ≥ 25 bp in
199 each direction to include exon-intron boundaries. Design, preparation, and capture using
200 smMIPS probes were performed as previously described (Yoon et al., 2015). Briefly, a library of
201 smMIPS probes was designed for batch synthesis using custom python scripts. Probe

202 sequences were synthesized on a single microarray as 150mers by CustomArray, Inc. smMIPS
203 probes were PCR amplified from the resulting pool using externally directed primers
204 “mipPrep1F” and “mipPrep1R” (5'-GGTAGCAAAGTGCAGATGTGCTCTTC-3', and 5'-
205 TGAAGTCACTGCTCTGAACTCTTC-3'), digested overnight with EarI (NEB) to remove
206 flanking amplification primers, purified with one volume SPRI beads supplemented with five
207 volumes isopropanol, and eluted in Tris-EDTA pH 8. For smMIPS captures, approximately 3 ng
208 smMIPS probes were combined with 125 ng genomic DNA, in a reaction mixture including
209 Ampligase DNA Ligase Buffer 1X (Epicentre), 0.4 uM dNTPs (NEB), 3.2U HemoKlentaq (NEB)
210 and 1U Ampligase (Epicentre). After denaturation at 95C for 10 minutes and incubation at 60C
211 for 20 hours, linear probes and the remaining genomic DNA were removed by exonuclease
212 treatment with ExoI and ExoII (NEB). The captured material was amplified by PCR using
213 barcoded primers. The resulting PCR products were pooled (120 samples) for one lane of
214 paired-end 100 bp sequencing on an Illumina HiSeq 2500 instrument at the University of
215 Michigan Sequencing Core.

216

217 Data analysis pipeline

218 We used a freely-available, open source pipeline for smMIPS-specific aspects of
219 sequence alignment, downstream processing, and quality control (available at
220 <https://github.com/kitzmanlab/mimips>). Briefly, this pipeline uses bwa-mem (Li, 2013) to align
221 reads to the human reference genome (build GRCh37), followed by custom python scripts to
222 remove sequences derived from smMIPS probe oligonucleotides, and to remove reads with
223 duplicate molecular tags. Variant calling was performed with Haplotype Caller from the
224 Genome Analysis Toolkit (GATK) (McKenna et al., 2010) (DePristo et al., 2011) (Van der
225 Auwera et al., 2013). The resulting VCF was further annotated with SnpEff/SnpSift (Cingolani et
226 al., 2012) using the following main sources dbSNP, ExAC (Karczewski et al., 2017), ClinVar
227 (Landrum et al., 2016), Polyphen (Adzhubei, Jordan, & Sunyaev, 2013), SIFT (Kumar, Henikoff,
228 & Ng, 2009) and MutationTaster (Schwarz, Cooper, Schuelke, & Seelow, 2014). Variant
229 prioritization was performed using our own developed variant analysis and prioritization software
230 called B-platform (<http://www.bitgenia.com/b-platform/>) following recent criteria from
231 the *American College of Medical Genetics and Genomics (ACMG)* (Richards et al., 2015) to
232 classify them. Depth of coverage was computed using nonduplicate reads, and samples in
233 which $\geq 80\%$ of bases were covered at a threshold of $\geq 8X$ coverage were considered passing.

234 For healthy controls we use the ExAC database, which contains 123,136 exome
235 sequences and 15,496 whole genome sequences from unrelated individuals without severe

236 pediatric disease (gnomad@broadinstitute.org) (Lek et al., 2016), the online archive of Brazilian
237 variants from 609 healthy individuals (<http://abraom.ib.usp.br/>), and Dr. Marti's private database
238 of over 100 healthy Argentinean controls derived from our recent project
239 (<http://apps.bitgenia.com/100exomas>).

240 Confirmation of *GH1* mutation by Sanger sequencing and CAP/CLIA clinical test

241 We amplified a 4 kb stretch of sequence including the *GH1* locus with the primers: 5'-
242 AAG TGA AAA GCA TCG AGA TGT GT-3' (*GH1* Forward) and 5'-CAG CTA ACT TTT TTG
243 CAT TTT TAG TAC AG-3' (*GH1* Reverse). The reaction was run using Phusion-based PCR
244 (New England Biolabs, Ipswich, MA), with an annealing temperature of 67.0°C, and an
245 extension time of 2 minutes. The resulting product was run on a 1% agarose gel, and a band of
246 4kb was excised and purified using a Qiagen Gel Extraction kit. Five nanograms of the
247 extracted DNA were PCR amplified using primers that span exon 5 of *GH1*: 5'-GGA CAC CTA
248 GTC AGA CAA AAT GAT G-3' (*GH1* Exon 5 Forward) and 5'-TCT CTA CAC CCT GAA GGG
249 GAG-3' (*GH1* Exon 5 Reverse). The products were separated on a 1% agarose gel, and the
250 300 bp band was excised and purified in the same manner. Sixty ng of DNA at a concentration
251 of 3ng/μL were submitted to the University of Michigan sequencing core for Sanger Sequencing
252 with the following primers: 5'-GAC ACC TAG TCA GAC AAA ATG ATG C-3' (*GH1* Sequencing
253 Forward) and 5'-AGG CTG GAA GAT GGC AGC-3' (*GH1* Sequencing Reverse). The
254 chromatograms were analyzed to ensure amplification was specific to *GH1*, avoiding
255 amplification of the paralogous genes *GH2* (*139240), *CSH1* (*150200), *CSH2* (*118820) and
256 *CSHL1*(*603515). *GH1* is distinguishable from *GH2* by adenine vs. cytosine at the 589th position
257 of the mRNA. *GH1* is distinguishable from *CSH1* and *CSHL1*, by cytosine vs. guanine at the
258 658th position of the mRNA. Finally, *GH1* is distinguished from *CSH2* by polymorphic loci
259 starting at position 715. Genomic DNA sequence of *GH1* was based on the GenBank reference
260 sequences NG_011676.1.

261

262 **Results**

263 **Patient characteristics**

264 The clinical features of 51 patients with CPHD or IGHD are summarized in Table 1. The
265 median age of the patients was 9 years (range 1-29 years), and they represent 44 independent
266 pedigrees with no consanguinity. The majority of these patients were diagnosed with CPHD (84
267 %) and were sporadic cases. There were 3 familial cases including a three-generation
268 Caucasian pedigree with IGHD. Twenty five percent of the cases were native Argentineans or
269 Amerindian descent.

270 **smMIP Sequencing panel**

271 We developed a refined version of the single-molecule molecular inversion probe
272 (smMIPS) capture assay (Hiatt et al., 2013). The panel was designed to cover all coding exons
273 and intron-exon boundaries of 67 selected genes associated with CPHD, IGHD, SOD, and HPE
274 in humans and/or mice (File S1). This panel targets 693 coding exons totaling 174.1 kb of
275 coding sequence. smMIPS capture, library preparation and sequencing was performed for all
276 120 samples, using specific barcodes for each sample.

277 To assess smMIPS accuracy, we included DNA from GM12878, a gold-standard
278 reference cell line, with publically available variant calls from deep whole-genome sequencing
279 (WGS) (Zook et al., 2014). For this individual, we obtained 2.1 million read pairs, resulting in
280 median coverage of 154X, and 97.6% of targeted bases reaching $\geq 8X$ read depth coverage,
281 and 95.1% of bases reaching $\geq 40X$. Within regions with sufficient coverage, variant calling was
282 highly accurate, with 99.54% SNP/indel variant sensitivity, with an overall genotype
283 concordance of $>99.6\%$ (positions with ≥ 8 reads). After instituting genomic DNA quality control
284 for concentration and absorbance ratio (260/280), and, as needed, re-purification, 97% of
285 samples sequenced successfully (defined as 98% of targeted bases at covered by ≥ 8 reads
286 which is sufficient for sensitivity and specificity in the cell line). On average, 98% of regions of
287 interest were covered $>100x$. Nine exons were not covered or had an average coverage lower
288 than 10 (Figure 1S).

289 **Identification of *GH1* mutation**

290 We found a *GH1* mutation, in a three-generation pedigree with autosomal dominant
291 growth insufficiency using smMIPS (Figure 2). MRI showed mild anterior pituitary hypoplasia in
292 two patients and a thin pituitary stalk in one of them. We also found the same mutation in an
293 apparently unrelated female patient with IGHD and in her apparently unaffected father who is
294 deceased and no additional details are available. We confirmed proper segregation of the
295 variant in the three generation pedigree with Sanger sequencing. While this was in progress, a
296 new baby was born in the family (III-4). We arranged for a CAP/CLIA clinical test to be
297 conducted so that results could be returned to the physicians. This test revealed that the baby
298 was affected, and GH treatment began immediately. This example provides proof of the
299 principle that the smMIPS can detect clinical relevant mutations in known genes. Patients III-1
300 and III-3 responded to GH treatment commencing at nine years of age (0.21 mg/kg/w) and four
301 years of age (0.17 mg/kg/w) respectively.

302 This mutation, C>T c.626G>A p.R209H based on ENST00000323322, has been
303 described previously as p.R183H in several pedigrees and shown to interfere with the secretion

304 of GH (Deladoey, Stocker, & Mullis, 2001; Gertner, Wajnrajch, & Leibel, 1998; Marino et al.,
305 2003b; Miyata et al., 1997). The numbering in the previous publication was based on assigning
306 the first amino acid of the GH protein following cleavage of the signal peptide.

307 The frequency of the *PROP1* mutation varies widely by population group, and the rate
308 was previously unknown for Argentina. We found no cases of *PROP1* mutations in this first
309 cohort analyzed by smMIP selection and high throughput sequencing.

310

311 Discussion

312 We developed a targeted next-generation sequencing panel using single molecule
313 molecular inversion probes (smMIPS) to identify mutations in pituitary hormone deficiency
314 patients. smMIPS is a rapid, scalable and economical method for sequencing candidate loci for
315 mutation discovery. smMIPS enables multiplexed sequencing of targets ranging from small
316 gene panels (Hor et al., 2015) to whole exomes (Turner, Lee, Ng, Nickerson, & Shendure,
317 2009) across very large cohorts for which whole-genome or whole-exome sequencing would be
318 cost-prohibitive. smMIPS have been previously used to screen for *de novo* mutations in autism
319 risk genes, allowing interrogation of much larger cohorts than presently feasible with whole-
320 genome or exome sequencing (Neale et al., 2012; Stessman et al., 2017; Wang et al., 2016).
321 smMIPS sequencing has also recently been applied clinically to test for mutations in the tumor
322 suppressor genes *BRCA1* and *BRCA2* (Neveling et al., 2017) and has demonstrated superior
323 accuracy and turnaround time relative to previous lab-developed testing. We are not aware of
324 systematic screening for pathogenic variants that cause CPHD or IGHD with panels of known
325 genes in Argentina or any other population group.

326 Isolated growth hormone deficiency is most frequently caused by mutations in the *GH1*
327 gene, especially gene deletions and conversion events stimulated by the array of GH related
328 genes (Mullis, 2011). Pathogenic mutations in the growth hormone releasing hormone receptor,
329 *GHRHR* (Salvatori et al., 2001; Salvatori et al., 1999; Wajnrajch, Gertner, Harbison, Chua, &
330 Leibel, 1996) and *GHSR* have also been reported to cause IGHD (Inoue et al., 2011; Pantel et
331 al., 2009; Pugliese-Pires et al., 2011). IGHD1A and IGHD1B exhibit autosomal recessive
332 mutations in *GH1*, while IGHD2 is characterized by autosomal dominant mutations in *GH1*
333 (Phillips & Cogan, 1994). Individuals with IGHD2 present with variable height deficits and
334 variable pituitary size, and other hormone deficits may emerge. The majority of these dominant
335 cases are caused by mutations in the intron 3 splice donor site, which cause skipping of exon 3
336 and generation of a 17.5 kDa GH instead of the bioactive 22 or 20 kDa forms (Mullis et al.,
337 2005). The 17.5 kDa form of GH has a dominant negative effect on GH secretion and causes

338 cell death, explaining the progressive hormone deficiency (McGuinness et al., 2003; Ryther et
339 al., 2003; Shariat, Holladay, Cleary, Phillips, & Patton, 2008). Mutations in exonic splice
340 enhancers also cause increased production of the 17.5 kDa GH. There are a few missense
341 mutations that cause IGHD2, and some of them are likely pathogenic because they affect
342 splicing (Babu et al., 2014).

343 Our screening uncovered a recurrent *GH1* missense mutation, p.R209H, in a family with
344 IGHD2 and in an unrelated sporadic case of IGHD. This recurrent mutation has been reported
345 in ethnically diverse families with IGHD2 and some sporadic IGHD cases (previously referred to
346 as p.R183H). It was reported in a three generation Turkish pedigree of Kurd ancestry
347 (Deladoey et al., 2001), in two, large, unrelated families of Christian-Arab and Ashkenazi Jewish
348 descent (Hess et al., 2007), and in two unrelated IGHD patients from Argentina (Marino et al.,
349 2003a). Individuals with this variant exhibit a variable phenotype, with carriers of the same
350 family exhibiting height (SDS) ranging from -4.5 to -1.0 (Hess et al., 2007). While all the variant
351 carriers in the familial case reported here had severe short stature, the sporadic case had an
352 apparently unaffected father, consistent with reports of variable expressivity of this allele. No
353 additional pituitary hormone deficiency was found in our patients, and no progression has been
354 reported for other patients with the same variant. All patients responded well to growth
355 hormone replacement therapy.

356 The exact mechanism whereby the p.R209H GH impairs growth is not clear. However,
357 elegant transfection studies demonstrated that the variant GH protein can be secreted
358 effectively in response to cAMP stimulation, but if co-expressed with the normal protein,
359 secretion is greatly reduced (Deladoey et al., 2001). This suggests that the missense mutation
360 interferes with the aggregation of GH proteins that is necessary to form secretory granules.

361 The frequency of *PROP1* mutations varies greatly based on ethnicity, with high levels
362 reported in Lithuanian (65%) and Russian (46%) cohorts and less than 1% in patients from the
363 United Kingdom, Germany, Japan and Korea (De Rienzo et al., 2015; Dusatkova et al., 2016;
364 Navardauskaite et al., 2014). The Argentinean population is a mixture of European (67%),
365 Native American (28%), West African (3.6%) and East Asian (1.4%) ancestry, and the European
366 component is predominantly from Spain and Italy (Homburger et al., 2015). The rate of *PROP1*
367 mutations in Argentina was 0/44, which compares well with the low rates of *PROP1* mutations in
368 Spain (Coya et al., 2007) (0/36) and Italy (De Rienzo et al., 2015) (3/126, 2.4%). Slightly higher
369 rates were reported for Portugal (9/36, 25%) (Lemos et al., 2006) and Brazil (Vieira et al., 2007)
370 (5/29, 17%).

371 In summary, we developed a gene panel based on single molecule molecular inversion
372 probe sequencing and captured the coding exons of 67 candidate genes in 51 patients with
373 hypopituitarism. We found a mutation in the *GH1* gene that is responsible for familial isolated
374 growth hormone deficiency type II. Identifying these potential variants will make it feasible to
375 predict clinical outcomes from genetic data, which is necessary for patient diagnosis and
376 prognosis, and for assessing the risk of future affected individuals. We believe that the approach
377 described here is cost and time efficient, and should be apply first in molecular diagnosis, follow
378 by CNV assays and whole genome sequencing to provide much needed diagnoses for patients
379 and their families.

380

381 **Acknowledgments**

382 Funding for these studies was provided by the University of Michigan (to SAC from Endowment
383 for the Basic Sciences, Office of Research, Dean of the Medical School and Distinguished
384 University Professorship and to MIPM from the Center for Organogenesis), and the National
385 Institutes of Health (HD30428 to SAC and GM007544 to AZD). JOK is supported by startup
386 funding from the University of Michigan, MIPM by PICT 2016 and AS by PICT 2014. We thank
387 Jeffrey W. Innis, Marwan Tayeh, and Todd Ackley of the Michigan Medical Genetics Laboratory
388 for conducting the CAP/CLIA certified test for the *GH1* mutation.

389 **Conflict of Interest Statement**

390 The authors have nothing to disclose. SAC, AZD, AHM, SV, JB, MIPM, AS, MM, IB, DB, AK and
391 JOK

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772 **Figure Legends**

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774 **Figure 1: Bioinformatics pipeline and variant filtering strategy.** Each step in the analysis
775 of raw sequencing reads to development of a candidate variant list are indicated.

776

777 **Figure 2: Pedigree and sequencing chromatograms.** (A) Pedigree indicates autosomal
778 dominant inheritance. The index patients are indicated with arrows. (B) Genome viewer
779 detection of heterozygous G1664A (C>T) on reverse complement. (C) A sequence
780 chromatogram showing the *GH1* (c.626G>A; p.R209H) mutation. In the chromatogram, the
781 pathogenic variant is indicated with an arrow.

782

783 **Tables**

784 **Table 1: Characteristics of the study subjects**

785 **Table 2: Clinical data of the families evaluated**

786

787

788 **Supplemental Data**

789

790 **Supplemental File 1: Genes on the array and probe sequences**

791

792 **Figure 1S: Mean read depth for each gene, each exon targeted in the smMIPS panel.** Box
793 plots of mean read depth of the targeted exons.

Author

Table 1: Characteristics of the study subjects

Total patients	51
Age	9 (1-29)
Median age (range)	10.8
Mean age	28 (55%)
Gender	23 (45%)
Male	13 (25%)
Female	38 (75%)
Ethnicity	8 (16%)
Native	43 (84%)
Caucasian	3 (10 affected)
Diagnosis	41
IGHD	51 (100%)
CPHD	30 (59%)
Cases	31 (61%)
Familial	13 (25%)
Sporadic	9 (18%)
Pituitary Hormone Deficiency	2 (4%)
GH deficiency	13
ACTH deficiency	8
TSH deficiency	3
Gonadotropin deficiency	9
PRL deficiency	3
ADH deficiency	30
MRI: Pituitary stalk	8
Absent	11
Thin	16
Interrupted	9

Normal

MRI: Anterior Pituitary

Absent

Hypoplasia

Normal

MRI: Posterior Pituitary

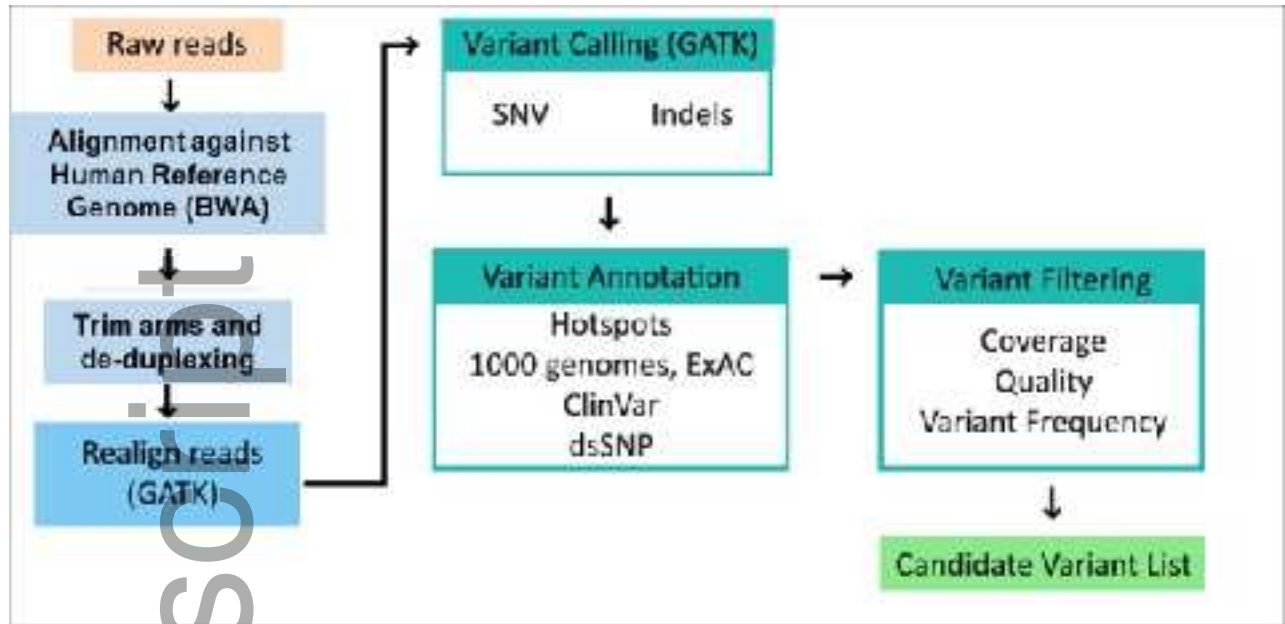
Absent

Ectopic

Normal

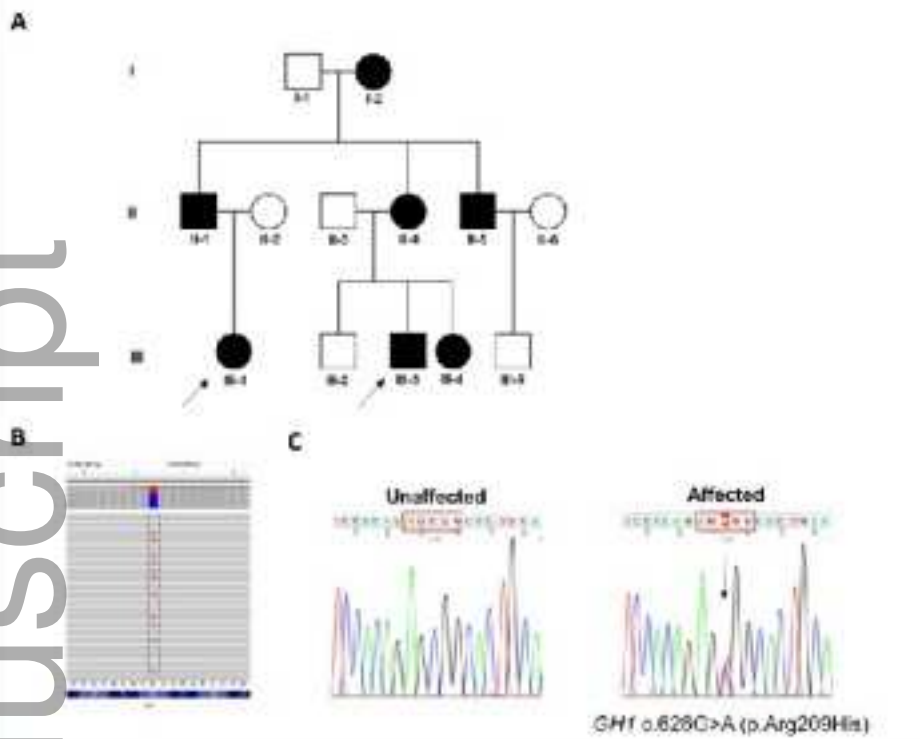
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