

Knowledge of Kidney Disease after Liver Transplantation Survey
– INITIAL SURVEY –

Supplement al Digital Content: Survey with answers

Please circle the correct answer:

1. What happens to your risk of developing chronic kidney disease after liver transplant?
 - a) Increased
 - b) Same
 - c) Decreased
 - d) Do not know

2. All of the following are the risk factors for chronic kidney disease except:
 - a) Diabetes
 - b) Hypertension
 - c) Obesity
 - d) Emphysema

3. Chronic kidney disease increases a patient's risk for heart disease.
Yes
No

4. Chronic kidney disease increases a patient's risk of death.
Yes
No

5. Which of the following is not a common cause of death in liver transplant patients?
 - a) Kidney failure
 - b) Heart attack
 - c) Rejection
 - d) All of the above

6. Anti-rejection medications (like "tacrolimus" or "cyclosporine") affect your blood pressure, blood glucose and kidney functions. .
Yes
No

7. What is the single most important step to avoid rejection of a transplanted liver?
 - a) Taking your immunosuppression medication every day
 - b) Taking herbal supplement
 - c) Missing medications
 - d) all of the above

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8. On an average your blood pressure should be
- 160/90
 - 150/100
 - 140/100
 - Lower than 140/90
9. HbA1C measure the glucose control over 3 month period.
- Yes
No
10. What should be your HBA1c for good control of blood sugar?
- 10%
 - 8.0%
 - 7.0%
 - 9.0%
11. What does GFR stand for?
- Glomerular filtration rate- tell us level of kidney function
 - Good flow renal-tell us about flow of urine from kidney
 - Gain for renal-tell us if kidney function are improving
 - Glucose function rate-tell us about blood sugar level
12. Are there stages of chronic kidney disease?
- Yes
No
13. This section is about SYMPTOMS. Please check each of the symptoms as either 'Yes' a person might have this symptom if they have chronic kidney disease or kidney failure or 'No' they would not.

| Is This a Symptom of Chronic Kidney Disease? | Yes | No |
|--|-----|----|
| Increased Fatigue | X | |
| Shortness of breath | X | |
| Metal taste/bad taste in the mouth | X | |
| Unusual itching | X | |
| Hair loss | X | |
| Increased trouble sleeping | X | |
| Weight loss | X | |
| Confusion | X | |
| No symptoms at all | X | |

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14. This section is about WHAT THE KIDNEY DOES. Please select one answer to each below.

| Does the Kidney Do This? | Yes | No |
|--|-----|----|
| Kidneys make urine | X | |
| Kidneys clean blood | x | |
| Kidneys keep bones healthy | X | |
| Kidneys help keep from losing hair | X | |
| Kidneys keep red blood cell count normal | X | |
| Kidneys keep blood pressure normal | X | |
| Kidney keeps blood sugar normal | X | |

15. Select the medication(s) that are harmful for your kidney.

- a) Lisinopril
- b) Tylenol
- c) ibuprofen
- d) Iron pills

16. Are there certain medication you doctor can prescribe to help your kidney?

Yes
No

17. Which one is a permanent treatment for kidney failure?

- a) Hemodialysis
- b) Peritoneal dialysis
- c) Kidney transplantation
- d) Liver transplantation