

Capstone for Impact Submission | GY2019

Project Title: Delirium Prevention Program at the Ann Arbor VA

Student Name(s): Smith, Chelsea

Advisor Names(s): Stephen Aronson

Branch: Patients & Populations

Path of Excellence: N/A

Handover/Transition:

If this project can be continued by another UMMS student, you may contact them at the following email address/phone number (N/A if project cannot be handed over): **203-241-3526, chelseadmorrow@gmail.com**

Summary:

I assisted in developing a delirium prevention program at the Ann Arbor VA. I started by creating a prospective database of medicine patients and evaluating several known delirium promoting variables. Based on this information, we came up with a list of questions to screen patients on admission for participation in a delirium program.

Additionally, I researched delirium prevention programs and developed a list of interventions that can be implemented. This was discussed during administration meetings, and a protocol was determined. I attended and actively participated in these meetings. I also created a pamphlet for patients and families about delirium, which will be handed out to patients if they are enrolled in the program.

Methodology:

N/A

Results/Conclusion:

N/A

Reflection/Lessons Learned:

I had an amazing time working with nurses, physicians, etc to help create this program. I learned a lot about how much work it is for administration to change or implement a new program, and how difficult it is to get everyone on the same page in order to see it through.