

Developing core recommendations for bereavement care after stillbirth

Stillbirth has huge global impact with the highest burden in low and middle income countries.

The 2016 Lancet Stillbirth Series called for a ‘global consensus on a package of care after a death in pregnancy or childbirth’.

A workshop of international experts, in partnership with the International Stillbirth Alliance, identified nine ‘core recommendations’ for stillbirth bereavement care. This survey aims to gather your opinion as a healthcare worker, so that we can develop a set of global bereavement care principles, which will be both feasible and useful.

Please complete this short survey, it will take around 10 minutes.

Thank you!

Section 1 - Demographics

1. What is your job role?

2. In what country do you work?

3. In what type of healthcare unit do you work?

4. How many years have you worked as a healthcare professional?

5. Does your place of work have a national guideline for stillbirth bereavement care?

- Yes
- No
- Unsure

6. Does your place of work have a local guideline for stillbirth bereavement care?

- Yes
- No
- Unsure

* 7. Please leave your email address below to participate in the consensus and complete the survey. We would like to feedback the results of this survey and may send you one further short questionnaire to finalise the consensus statement.

If you would like to share your local stillbirth bereavement care guideline with us, please email it to globalstillbirthconsensus@gmail.com.

Section 2 - Core recommendations

Please read each recommendation below, and assign a score between 1 and 9, depending on how important you think the recommendation is.

Please leave comments in the spaces provided if you have any suggestions or changes that you would make to each recommendation.

* 8. Core recommendations: please rank each one and leave comments

					5 -								9 -
	1 - not at				important								critically
	important	2	3	4	but not	6	7	8	critical				important

Public education about stillbirth should be promoted to raise awareness.

Would you make any changes or suggestions for this recommendation?

Staff should provide respectful care to bereaved women, in accordance with WHO statement on respectful maternity care.

Would you make any changes or suggestions for this recommendation?

Parents should be provided with clear and understandable information about management options and delivery

Would you make any changes or suggestions for this recommendation?

Every effort should be made to investigate and provide an explanation to parents for the loss of their baby, within resources available.

Would you make any changes or suggestions for this recommendation?

Healthcare workers should acknowledge the breadth of grief associated with stillbirth and offer appropriate emotional support.

1 - not at all 2 3 4 5 - important but not critical 6 7 8 9 - critically important

Would you make any changes or suggestions for this recommendation?

All parents should be offered appropriate postnatal care addressing physical and psychological needs.

Would you make any changes or suggestions for this recommendation?

Bereaved parents should be given adequate information before discharge from healthcare setting, including a lead professional contact in the follow-up period.

Would you make any changes or suggestions for this recommendation?

Parents should receive information about their future reproductive health, including family planning if desired.

Would you make any changes or suggestions for this recommendation?

Healthcare staff should be offered basic training in the care of bereaved parents, including evidence-based principles of care and management, and communication skills, and be aware of processes/guidelines in their own unit.

Would you make any changes or suggestions for this recommendation?

* 9. Out of the nine recommendations, please select the three that you feel are most important.

- | | |
|---|---|
| <input type="checkbox"/> Public education about stillbirth should be promoted to raise awareness. | <input type="checkbox"/> All parents should be offered appropriate postnatal care addressing physical and psychological needs. |
| <input type="checkbox"/> Staff should provide respectful care to bereaved women, in accordance with WHO statement on respectful maternity care. | <input type="checkbox"/> Bereaved parents should be given adequate information before discharge from healthcare setting, including a lead professional contact in the follow-up period. |
| <input type="checkbox"/> Parents should be provided with clear and understandable information about management options and delivery | <input type="checkbox"/> Parents should receive information about their future reproductive health, including family planning if desired. |
| <input type="checkbox"/> Every effort should be made to investigate and provide an explanation to parents for the loss of their baby, within resources available. | <input type="checkbox"/> Healthcare staff should be offered basic training in the care of bereaved parents, including evidence-based principles of care and management, and communication skills, and be aware of processes/guidelines in their own unit. |
| <input type="checkbox"/> Healthcare workers should acknowledge the breadth of grief associated with stillbirth and offer appropriate emotional support. | |

Section 3 - Implementation of recommendations

We are also interested in how these recommendations for bereavement care after stillbirth could be implemented in a range of settings. Please leave comments on this page about the facilitators and barriers to implementation of these recommendations in your setting.

10. Implementation: are these recommendations feasible in your setting? What would be the barriers and facilitators for implementation?

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Parents should be provided with clear and understandable information about management options and delivery

Every effort should be made to investigate and provide an explanation to parents for the loss of their baby, within resources available.

Healthcare workers should acknowledge the breadth of grief associated with stillbirth and offer appropriate emotional support.

All parents should be offered appropriate postnatal care addressing physical and psychological needs.

Bereaved parents should be given adequate information before discharge from healthcare setting, including a lead professional contact in the follow-up period.

Parents should receive information about their future reproductive health, including family planning if desired.

Healthcare staff should be offered basic training in the care of bereaved parents, including evidence-based principles of care and management, and communication skills, and be aware of processes/guidelines in their own unit.

11. And finally... please use this space to provide feedback on any areas of stillbirth bereavement care that you feel have not been covered or you would like to see included in the recommendations.

Thank you for your input to the Global Stillbirth Care Consensus

Thank you for participating in this survey, we appreciate your time and input into this important work.

If you would like to share your local stillbirth bereavement guideline with us please email it to globalstillbirthconsensus@gmail.com