

**RSNA/QIBA Shear Wave Speed Bias Quantification in Elastic
 and Viscoelastic Phantoms**

Journal:	<i>Journal of Ultrasound in Medicine</i>
Manuscript ID	JUM-2020-06-0914.R2
Wiley - Manuscript type:	Original Research
Date Submitted by the Author:	20-Nov-2020
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This is the author manuscript accepted for publication and has undergone full peer review but has not been through the copyediting, typesetting, pagination and proofreading process, which may lead to differences between this version and the [Version of Record](#). Please cite this article as doi: [10.1002/jum.15609](https://doi.org/10.1002/jum.15609)

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Section:	Basic Science (Instrumentation), Elastography
Keywords:	Shear Wave, Acoustic Radiation Force, QIBA, Phantom, Elasticity, Viscoelasticity
Abstract:	<p>OBJECTIVE: To quantify the bias of shear wave speed (SWS) measurements between different commercial ultrasonic shear elasticity systems and a magnetic resonance elastography (MRE) system in elastic and viscoelastic phantoms. METHODS: Two elastic phantoms, representing healthy through fibrotic liver tissue, were measured with 5 different ultrasound platforms, and three viscoelastic phantoms, were measured with 12 different ultrasound platforms. Measurements were performed with different systems at different sites, at 3 focal depths and with different appraisers. SWS bias across the systems was quantified as a function of system, site, focal depth and appraiser. A single MRE research system was also used to characterize these phantoms using discrete frequencies from 60-500 Hz. RESULTS: SWS from different systems had a mean difference 95% CI of ± 0.145 m/s ($\pm 9.6\%$) across both elastic phantoms and ± 0.340 m/s ($\pm 15.3\%$) across the viscoelastic phantoms. Focal depth and appraiser were less significant sources of SWS variability than system and site. MRE best matched ultrasonic SWS in the viscoelastic phantoms using a 140 Hz source, but had a -0.27 ± 0.027 m/s ($-12.2 \pm 1.2\%$) bias when using the clinically-implemented 60 Hz vibration source. CONCLUSION: SWS reconstruction across different manufacturer systems is more consistent in elastic than viscoelastic phantoms, with a mean difference bias of $\pm 10\%$ in all cases. MRE measurements in the elastic and viscoelastic phantoms best match the ultrasonic systems with a 140 Hz excitation, but have a significant negative bias operating at 60 Hz. This study establishes a foundation for meaningful comparison of SWS measurements made with different platforms.</p>

RSNA/QIBA Shear Wave Speed Bias Quantification in Elastic and Viscoelastic Phantoms

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Short Running Title: QIBA SWS Bias in Elastic and Viscoelastic Phantoms

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Abstract

OBJECTIVE: To quantify the bias of shear wave speed (SWS) measurements between different commercial ultrasonic shear elasticity systems and a magnetic resonance elastography (MRE) system in elastic and viscoelastic phantoms.

METHODS: Two elastic phantoms, representing healthy through fibrotic liver, were measured with 5 different ultrasound platforms, and three viscoelastic phantoms, representing healthy through fibrotic liver tissue, were measured with 12 different ultrasound platforms. Measurements were performed with different systems at different sites, at 3 focal depths and with different appraisers. SWS bias across the systems was quantified as a function of system, site, focal depth and appraiser. A single MRE research system was also used to characterize these phantoms using discrete frequencies from 60-500 Hz.

RESULTS: SWS from different systems had a mean difference 95% CI of ± 0.145 m/s ($\pm 9.6\%$) across both elastic phantoms and ± 0.340 m/s ($\pm 15.3\%$) across the viscoelastic phantoms. Focal depth and appraiser were less significant sources of SWS variability than system and site. MRE best matched ultrasonic SWS in the viscoelastic phantoms using a 140 Hz source, but had a -0.27 ± 0.027 m/s ($-12.2 \pm 1.2\%$) bias when using the clinically-implemented 60 Hz vibration source.

CONCLUSION: SWS reconstruction across different manufacturer systems is more consistent in elastic than viscoelastic phantoms, with a mean difference bias of $< \pm 10\%$ in all cases. MRE measurements in the elastic and viscoelastic phantoms best match the ultrasonic systems with a 140 Hz excitation, but have a significant negative bias operating at 60 Hz. This study establishes a foundation for meaningful comparison of SWS measurements made with different platforms.

57 **1 Introduction**

58 The Radiological Society of North America (RSNA) created the Quantitative Imaging Biomarker Alliance
59 (QIBA) with imaging system manufacturers, academics, clinicians and representatives from the USA federal
60 government (e.g., Food and Drug Administration (FDA), National Institutes of Health (NIH), and National
61 Institute of Standards and Technology (NIST)) to advance the concept of converting “imaging systems” to
62 “measurement systems.” QIBA profiles are developed for each measurement system that provide specific
63 claims of what biomarker performance is possible when following the QIBA protocol, with the ultimate
64 intent being to validate the profile across imaging systems with phantoms. The ultrasound shear wave
65 speed (SWS) biomarker committee was formed in 2012, with the purpose of developing a protocol and data
66 analysis methods to allow direct comparison of SWS measurements made with different commercial systems
67 with the current clinical application being to estimate liver fibrosis. Several systems that measure SWS in the
68 liver are commercially available, and many articles report that these measurements can differentiate fibrosis
69 stages [1, 2]. Shear Wave Elasticity Imaging (SWEI) [3] methods implemented by several manufacturers,
70 including both point SWS measurements and 2D-Shear Wave Elastography [4], have been cleared by the
71 FDA, and the technology has already reduced the number of liver biopsy procedures performed in Asia
72 and Europe, as reflected in the National Institute of Health and Care Excellence (NICE) guidelines for the
73 management of viral hepatitis and the role of SWEI in diagnosing and following disease progression in these
74 patient populations [5].

75 Literature suggests SWS measurements depend on measurement system [1, 2, 6, 7, 8]. These system
76 differences cause clinical uncertainty and slow the adoption of this technology by the clinical community.
77 Given the need for serial assessment of liver fibrosis and the impracticality of serial liver biopsy, providing
78 a consistent SWS measurement that is system-agnostic would improve the impact of this technology to
79 noninvasively stage liver fibrosis.

80 A crucial step towards understanding sources of bias in SWS estimates is performing parametric studies
81 in calibrated phantoms across all of the different manufacturer systems to study potential confounding fac-
82 tors, including focal depth, material stiffness and viscosity, and appraiser. Phantoms may be elastic, which
83 are relatively easy to fabricate, or viscoelastic, which are more difficult to fabricate, but more closely mimic
84 human liver. SWS is independent of shear wave frequency content in elastic media, but it depends on fre-
85 quency in viscoelastic media. Viscosity causes dispersion in the propagating shear waves, which means that

86 the resultant shear wave speed is dependent on frequency content of the shear wave, with higher frequency
87 components of the shear wave propagating faster than the lower frequency components [9]. The frequency
88 content of the generated shear wave can be impacted by the spatial and temporal acoustic radiation force
89 focal configurations used to generate the shear waves, the stiffness of the tissue, and is also dependent on
90 the how the shear wave displacements are estimated using echoes from tracking beams [10]. Some commer-
91 cial systems use tissue displacement data acquired from a single reference in the tissue before the acoustic
92 radiation force is applied, while other systems estimate tissue velocity data using a progressive referencing
93 sequence after the acoustic radiation force generates the shear wave [4]. Velocity data represent the first
94 time derivative of the displacement data, and therefore inherently have higher appreciable frequency content
95 than the displacement data, making it a potential source of SWS difference between systems in viscoelastic
96 media [9]. In these studies, we have calculated both group SWS, which refers to the speed of a broadband
97 pulse containing many frequencies, and phase SWS, which refers to the speed of monochromatic waves as
98 a function of frequency.

99 We first conducted an elastic phantom study (Phase I) to evaluate first-order, inter-system measurement
100 differences in the absence of material viscosity [11]. We then conducted the viscoelastic phantom study
101 (Phase II) to evaluate how systems performed in materials with viscosity, which more realistically match the
102 material properties of human liver tissue. For both Phase I and Phase II studies, comparative measurements
103 were made with a research Magnetic Resonance Elastography (MRE) system as a non-ultrasonic modality
104 that can also independently characterize stiffness and dispersion and is used clinically to characterize liver
105 fibrosis [12]. Additionally, MRE allows for multiple, discrete, excitation frequencies to be used to generate
106 shear waves in the phantoms, which is not possible with the clinical ultrasound systems and allows for more
107 direct characterization of the dispersive properties of these phantoms.

108 The Phase I and Phase II studies allowed us to quantify the bias of SWS measurements between different
109 commercial ultrasonic shear wave elasticity imaging systems and an MRE system in elastic and viscoelastic
110 phantoms. These analyses serve as a foundation for the claims and protocols in the first QIBA Ultrasound
111 SWS profile [13].

112 **2 Methods**

113 **2.1 Phantom Calibration**

114 **2.1.1 Elastic Phantoms (Phase I)**

115 Phase I studies were conducted from January 2012 - December 2013. Eleven pairs of elastic phantoms
116 (E178*, Table 1) with nominal SWS of 1.0 and 2.0 m/s, herein referred to as the “soft” and “stiff” elastic
117 phantoms, respectively, were fabricated by Computerized Imaging Reference Systems (CIRS), Inc. (Nor-
118 folk, VA, USA). These two nominal speeds were chosen based on the speeds associated with normal and
119 fibrotic livers in the literature, where accurate resolution of speed is important for clinical diagnosis [2].
120 The phantoms were homogeneous cylinders that were 100 mm in diameter and height, except for a pair of
121 phantoms designed for MRE measurements (E1788) that were 200 mm in diameter and 120 mm in height
122 to reduce standing wave reflections off the phantom walls.

123 The SWS in all of the phantoms were measured at Duke University using a Verasonics Vantage™ re-
124 search scanner (Verasonics, Inc., Kirkland, WA, USA) sequence (Table 2) following the procedure outlined
125 in Appendix I [14]. A grand mean was calculated across all of the phantom measurements and used as a
126 normalization factor to compensate for SWS bias due to fabrication variability among the phantoms. Ten
127 replicate measurements were made across 10 different speckle realizations (transducer positions) with 3 dif-
128 ferent focal depths (40, 60 and 80 mm) in each phantom, where each speckle realization was obtained by
129 rotating the phantom about a common location using a rotation platform. Group and phase SWS measure-
130 ments were made using the methods described in [9] and are available for download.¹

131 **2.1.2 Viscoelastic Phantoms (Phase II)**

132 Phase II studies were conducted from January 2014 - March 2016. Three viscoelastic (Phase II) phantoms
133 (E2297, Table 1), were characterized at Duke University using a Verasonics research scanner following the
134 procedure outlined in Appendix I [14]. In contrast to the Phase I studies: (a) 16 replicate measurements,
135 instead of 10, were performed in each phantom; and (b) 3 different stiffness phantoms, instead of 2, were
136 measured with a given system at each imaging site.

137 Viscoelastic phantoms (Phase II) can be susceptible to more fabrication replication variability, so for

¹<https://github.com/RSNA-QIBA-US-SWS/VerasonicsPhantomSequences>

138 the Phase II study, a single set of phantoms were shipped to each of the different measurement sites. The
139 stiffnesses and viscosities chosen for the Phase II phantoms represent different degrees of normal through
140 fibrotic livers (supporting data presented in the Results section).

141 To characterize how the phantom dispersion represents that of the human liver, we compared the group
142 speeds derived from displacement and velocity data in these phantoms to group speeds derived from dis-
143 placement and velocity data in healthy and diseased human livers. All human data were acquired in an
144 IRB-approved study that has already been published [15, 16]. While the data acquisitions in the human data
145 were done with a system and sequence not used to image the Phase II phantoms, we were not interested
146 in the absolute agreement of speeds between the different systems. We instead evaluated the ratio of the
147 group speeds estimated with each type of data, where a non-unity ratio indicates dispersion, which should
148 be relatively independent of bias between the different systems.

149 **2.2 Site Measurement Protocol**

150 The phantoms were distributed among 12 sites for measurements on commercial clinical SWS-capable
151 systems, including FibroScan®(Echosens, Paris, France), Philips EPIQ 5 (Philips Healthcare, Amster-
152 dam, Netherlands), Siemens ACUSON S2000/S3000™ (Siemens Healthineers, Munich, Germany), Super-
153 sonic Imagine (SSI) Aixplorer (Aix-en-Provence, France), Hitachi HiVision Ascendus (Hitachi Healthcare,
154 Tokyo, Japan), GE LOGIQ E9 (GE Healthcare, Chicago, IL, USA), Samsung RS80 (Samsung Healthcare,
155 Seoul, South Korea), Canon (formerly Toshiba) Aplio 500 (Canon Medical Systems Corp., Otawara, Japan),
156 and Mindray (formerly Zonare) ZS3 (Mindray, Shenzhen, China) as well as Verasonics research systems at
157 Duke University and the Mayo Clinic. It should be noted that in the Phase I study (2012-2013), only 5 of
158 the systems were available at the time for phantom measurements, while all of the systems were available
159 for the Phase II phantom measurements (2014-2016). The systems and sites in our analysis have been as-
160 signed arbitrary letter designations (A-K) to maintain their anonymity throughout the study, and there is no
161 correlation between the letter designations between the Phase I and II studies (i.e., System A in Phase I is
162 not necessarily System A in Phase II).

163 For the Phase I study, each site had at least three appraisers scan each phantom 10 times at each focal
164 depth (30, 45 and 70 mm, which differed from the Phase I calibration measurements described in Sec-
165 tion 2.1.1) with a handheld transducer, with each combination of appraiser and focal depth repeated for 3
166 trials in random order relative to the other appraisers. A single appraiser at each site was used in the Phase

167 II study, and 16 replicate measures were made in these phantoms.

168 The order of data acquisition was randomized for phantoms, appraisers, depths, and imaging systems
169 (if more than one was used) to allow for accurate statistical investigation of results. Participants were all
170 blinded to the intermediate results of others measurement sites. All of these data were then analyzed to
171 estimate the bias in SWS estimates across different systems, measurement sites, focal depths and appraisers.
172 If a system did not report SWS (c_T) directly, but instead reported Young's modulus (E) or shear modulus (μ),
173 those moduli were converted to SWS assuming an isotropic, incompressible, elastic material assumption:

$$c_T = \sqrt{\frac{\mu}{\rho}} = \sqrt{\frac{E}{3\rho}}, \quad (1)$$

174 where ρ represents the density of the phantom material (as quoted on the phantom label or assumed to be
175 1000 kg/m^3).

176 Since curvilinear arrays were used to image phantoms with flat surfaces, a coupling solution was used
177 to match the sound speed of the phantom material to minimize index of refraction mismatch that could bias
178 SWS estimates [17, 18].

179 Statistical ANOVA analysis was performed to evaluate which variables in our study (phantom, system,
180 site, appraiser, focal depth) led to significant differences ($p < 0.01$) between reported shear wave speeds.
181 Tukey mean difference analysis was also performed to evaluate trends in bias among systems and sites.
182 Linear regression was used to evaluate for bias as a function of focal depth for each system. All statistical
183 analysis was performed using the `statsmodels` and `SciPy` packages in Python (v3.8) [19, 20].

184 2.3 Magnetic Resonance Elastography (MRE)

185 MRE on the Phase I and Phase II phantoms was performed at a single research site. To generate shear wave
186 propagation in the phantoms, a square MRE electromechanical shear driver ($64 \text{ mm} \times 64 \text{ mm} \times 3.0 \text{ mm}$)
187 was placed on top of the phantom with a light compression to maintain mechanical coupling. The driver
188 frequency ranged from 60-500 Hz, with MRE performed at each discrete frequency. To better match the
189 bandwidth of ultrasound SWS systems, the shear wave frequencies used in the MRE measurements were
190 expanded to included higher values than those used in clinical MRE of the liver (typically 60 Hz) [12].

191 Shear wave propagation images were acquired using a 3D MRE wave imaging sequence on a single-
192 channel coil and a 1.5 T GE Signa scanner (Waukesha, WI, USA). The following major parameters were

193 used in the study: FOV = 216 mm, matrix = 128×128, TR = 1600-2314 ms, TE = 62.7-119 ms, slice thick-
 194 ness/spacing = 3.5/0 mm, 16 slices, motion sensitivity (MENC) = 4.5-25.2 $\mu\text{m}/\pi$ radians, motion sensitivity
 195 direction = $x/y/z$, axial imaging plane.

196 A 3D MRE direct inversion (DI) algorithm was used to process wave images and compute elastograms [21].
 197 The model-free DI algorithm provides calculated images depicting the magnitude, real part, and imaginary
 198 part of the complex shear modulus. Region-of-interest measurements were obtained from each of the images
 199 over a large area of each phantom.

200 The complex shear modulus ($G^*(\omega)$) was calculated as $G^*(\omega) = G_r(\omega) + i G_i(\omega)$, where G_r and G_i are
 201 the real and imaginary parts of the complex shear modulus as a function of angular frequency (ω). Using
 202 this complex shear modulus, the phase velocity (v_s) can be expressed as:

$$v_s(\omega) = \sqrt{\frac{2}{\rho} \frac{|G^*(\omega)|^2}{G_r(\omega) + |G^*(\omega)|}} \quad (2)$$

203 Prior to the MRE exams, the phantoms were allowed to equilibrate to 20°C for at least 8 hours before
 204 measurements were made.

205 **3 Results**

206 **3.1 Elastic Phantoms (Phase I)**

207 Figure 1 shows the calibration measurements made on all of the elastic phantoms. Figures 2 and 3 show the
 208 aggregated SWS measurements grouped by unique site and system, respectively. There were statistically
 209 significant differences in SWS measured between soft and stiff phantoms ($p < 0.01$), between different
 210 systems ($p < 0.01$), at different sites ($p < 0.01$) and as a function of focal depth ($p < 0.01$).

211 Figure 4 shows a Tukey mean difference plot for aggregate systems and sites, using the normalization
 212 data (Figure 1) as the reference measurement for each phantom. These data had a mean difference 95% CI
 213 of ± 0.145 m/s ($\pm 9.6\%$) between the soft and stiff phantoms.

214 Table 3 shows focal depth bias for each system in each elastic phantom.

215 At each site, there was not a significant difference in SWS acquisitions between different replicate ac-
 216 quisition procedures ($p > 0.05$). Differences between appraisers were significant ($p < 0.01$), but the variance
 217 associated with appraiser differences (0.00176 m/s) was $< 7\%$ compared to the variance associated with

218 system, site and focal depth (0.0266 m/s).

219 Figure 5 shows the group and phase SWS estimates made in a pair of the Phase I elastic phantoms,
220 along with MRE estimates of phase SWS in a customized set of elastic MRE phantoms. As summarized in
221 Table 5, the soft phantom (E1786-1) had a statistically significant ($p < 0.001$) (0.85/0.77) 10.4% increase in
222 group SWS using velocity instead of displacement data, and a 0.30 (m/s)/kHz linear increase ($R^2 = 0.87$) in
223 phase velocity. The stiff phantom did not have a statistically significant difference in group SWS ($p > 0.05$),
224 with only a 0.03 (m/s)/kHz linear increase ($R^2 = 0.43$) in phase velocity.

225 3.2 Viscoelastic Phantoms (Phase II)

226 Figure 6 shows the comparison of different systems measuring the group SWS in the Phase II phantoms.
227 There was a statistically significant difference in SWS measured between each of the 3 Phase II phantoms (p
228 < 0.01), along with a statistically significant difference between SWS measurements as a function of system
229 ($p < 0.01$), site ($p < 0.01$), and focal depth ($p < 0.01$).

230 Figure 7 shows a Tukey mean difference plot for different systems using the normalization data from
231 the Verasonics calibrations as the reference measurements for each phantom. This figure shows a mean
232 difference 95% CI of ± 0.340 m/s ($\pm 15.3\%$) across all three phantoms.

233 Figure 8 shows the displacement- and velocity-based group SWS reconstructions in the three viscoelastic
234 phantoms, along with their corresponding phase velocity curves. As summarized in Table 5, the E2291-A1
235 phantom had a (2.17/1.61) 35% increase in velocity group SWS compared with displacement group SWS,
236 with a 0.61 (m/s)/kHz linear increase in phase velocity ($R^2 = 0.92$) with frequency; the E2297-B3 phantom
237 had (2.77/2.12) 31% increase in velocity:displacement group SWS with a 0.78 (m/s)/kHz linear increase
238 in phase velocity ($R^2 = 0.96$) with frequency; the E2297-C1 phantom had a (3.33/2.55) 31% increase in
239 velocity:displacement group SWS with a 0.78 (m/s)/kHz linear increase in phase velocity ($R^2 = 0.92$) with
240 frequency. Figure 9 shows the group SWS calculated displacement and velocity shear wave data in both the
241 Phase I (elastic) and Phase II (viscoelastic) phantoms compared to *in vivo* human data from [15, 16]. The
242 human data had a increase in velocity:displacement group SWS of (2.26/1.78) $27 \pm 5.6\%$ across all fibrosis
243 stages.

244 Table 4 shows focal depth bias for each system in each viscoelastic phantom.

245 Matched MRE measurements made at discrete excitation frequencies ranging from 60-200 Hz are shown
246 in Figure 10. The MRE data represent the mean measurements (with negligible error bars), superimposed on

247 the aggregate ultrasound SWS data for all systems and sites at a focal depth of 45 mm. The corresponding
248 dispersion slopes are summarized in Table 5. The 140 Hz MRE excitation frequency matched the mean of
249 the ultrasound SWS measurements, but the clinically-implemented 60 Hz excitation had a -0.27 ± 0.027 m/s
250 ($-12.2 \pm 1.2\%$) bias.

251 Figure 11 shows the SWS measured in the Phase II phantoms at 4 times points ranging from Aug 2014
252 - Sept 2015 to evaluate their temporal stability.

253 4 Discussion

254 The Phase I elastic study revealed several interesting findings. We found that the mean difference between
255 systems had a 95% CI of $\pm 9.6\%$. It can be noted that one system (B) reported values with coarser quanti-
256 zation (0.1 m/s) compared to the other systems. In addition to system variability, site variability was also
257 appreciable, even when the same system was being used at difference sites. While there were biases as-
258 sociated with each system and site, those biases were not necessarily consistent in both the soft and stiff
259 phantoms (e.g., a system that had a negative bias in the soft phantom, may have had a positive bias in the
260 stiff phantom).

261 Focal depth bias was, in general, a less significant confounding factor than system and site variability.
262 There was one outlier case (System C in the stiff elastic phantom) that did have an appreciable -0.132 m/s
263 bias across the 30 - 70 mm focal depth range ($R^2 = 0.95$), though that system did not exhibit such bias in
264 the soft elastic phantom or the viscoelastic phantoms.

265 While the Phase I studies did demonstrate a statistically-significant difference in SWS measured between
266 different appraisers at a given measurement site, it was much less of a confounding factor compared to
267 system and site differences. That being said, these studies were conducted in phantoms and do not capture
268 the challenges of imaging livers in patients, where differences in appraisers could be significant.

269 System and site differences were also present in the Phase II viscoelastic phantoms and the mean differ-
270 ence 95% CI ($\pm 7.8\%$) was greater than that in the elastic phantoms. These viscoelastic phantoms match the
271 distribution of group SWS displacement:velocity ratios that we observe in human data, indicating similar
272 amounts of dispersive characteristics in these phantoms. Both of the elastic phantoms exhibited minimal dis-
273 persion using these group SWS ratios. It should be noted, however, that MRE yielded significantly greater
274 linear dispersion slopes than the ultrasonic system phase velocity analysis for these Phase II phantoms. The

275 source of this discrepancy has not been resolved and will be a focus of future studies.

276 The best agreement between MRE and the aggregated ultrasound SWS measurements in the viscoelastic
277 phantoms occurred at an excitation frequency of 140 Hz, but the lower 60 Hz excitation used in clinical MRE
278 could lead to lower MRE values for liver stiffness in the literature than ultrasonic systems [22, 12].

279 The ultrasound system SWS distribution for the softest viscoelastic phantom (E2297-A1) in Figure 10
280 demonstrates a bimodal distribution. Such a distribution may be indicative that some systems are recon-
281 structing group shear wave speeds using displacement data (leading to the lower distribution), while others
282 may be using velocity data (leading to the higher distribution). Such separation of these populations could
283 be lost in the stiffer phantoms as the variability of the reconstruction using either displacement or velocity
284 data increases. It should be noted that this bimodal distribution explanation is simply a hypothesis as each
285 manufacturer did not reveal how they calculate their group SWS metrics. If the data type (displacement /
286 velocity) is a source of this variability, then manufacturer consensus on what data to use in calculating group
287 SWS, or implementation of a bias-reduction factor, could help provide better consistency of reported SWS
288 between systems.

289 Because proprietary processing algorithms and scanner sequencing could not be disclosed by manufac-
290 turers in this study, we cannot conclude what the sources of inter-system bias were in these studies. To allow
291 researchers in academics, industry and clinical practice to have a common platform to perform ultrasonic
292 SWS measurements, we have created standardized shear wave acquisition sequences on a Verasonics re-
293 search scanner [14] that can be used to test tissue-mimicking phantoms, along with post-processing code to
294 estimate the group SWS using displacement and velocity as the raw input data into the reconstruction algo-
295 rithms [9], as presented in this study. In addition to estimating the group speeds, the reconstruction code also
296 estimates phase velocity over the more energetic bandwidth of the shear wave signal. These sequences and
297 post-processing software are openly available on GitHub² and will be incorporated in the first-generation of
298 the QIBA profile for ultrasound SWS³. In addition to these phantom studies and associated experimental se-
299 quences and post-processing code, elastic and viscoelastic digital phantoms based on finite element methods
300 have been developed and released to the community to use for algorithm development and validation [23].

301 The work presented in this manuscript represents the culmination of several years of effort with evolving
302 methodology between the two phases of the study, and in turn has some limitations. The use of a grand mean

²<https://github.com/RSNA-QIBA-US-SWS/VerasonicsPhantomSequences>

³<http://qibawiki.rsna.org/index.php/Profiles>

303 normalization across all of the phantom pairs fabricated for the Phase I study allowed all of the phantoms
304 to be compared to a nominal reference value, but complicated studies that involved relative measurements
305 made on any singleton pair of phantoms. Circulating the same sets of phantoms, as was done in Phase II,
306 placed the comparative burden on the longitudinal stability of these phantoms, which did appear relatively
307 consistent across the duration of the study.

308 The collection of data over several years may have led to different software versions being installed on
309 systems that were deemed the same in our analysis. All of the system software and models used in this
310 study may be older than the latest generation system SWS elasticity tools and algorithms. The recording of
311 specific scanner software version is considered to be just as important as recording system and transducer
312 models in the proposed QIBA profile.

313 These studies have not evaluated the differences that exist between different ultrasound systems in the
314 presence of *in vivo* confounding factors, such as physiologic motion and challenging imaging artifacts, such
315 as clutter and finding good acoustic windows. Additionally, while the range of stiffnesses and viscosities in
316 the Phase I and Phase II phantoms represent realistic values that have been measured in healthy and fibrotic
317 livers, they do not represent the full range of material parameters that may be encountered when estimating
318 SWS in liver.

319 The results of these elastic and viscoelastic phantom studies have been incorporated into the measure-
320 ment protocols described in the QIBA Ultrasound SWS profile to minimize inter-institutional and inter-
321 system variability, and the inclusion of future, standardized phantom and clinical SWS measurements will
322 allow the profile to be refined in future revisions [13].

323 **5 Conclusions**

324 Elastic phantom measurements made across different manufacturer systems and different measurement sites
325 had a mean difference 95% CI of ± 0.145 m/s ($\pm 9.6\%$) across both phantoms, while viscoelastic phantoms
326 had a mean difference 95% CI of ± 0.340 m/s ($\pm 15.3\%$). Focal depth and appraiser were not apprecia-
327 ble sources of variability compared to system and site. The best agreement between ultrasound systems
328 and MRE in the elastic and viscoelastic phantoms was with an MRE excitation frequency of 140 Hz; the
329 clinically-implemented excitation frequency of 60 Hz had a -12.2% bias, which could be a source of dis-
330 crepancy in the literature between MRE and ultrasonic systems characterizing liver fibrosis with SWS. This

331 study establishes a foundation for meaningful comparison of diagnostic SWS measurements made with
332 different platforms.

333 **Acknowledgments**

334 We gratefully acknowledge the support of CIRS, Inc. for providing the phantoms used in this study. We
335 are also grateful to the RSNA for covering the costs of shipping the phantoms to the individual sites. Fund-
336 ing for these studies has been provided by the RSNA, NIH NIBIB contracts HHSN268201500021C &
337 HHSN268201000050C, NIH NIDDKD grants R01DK092255 and R01DK106957, and NIH NIBIB grants
338 R01EB002132 and R01EB001981. The mention of commercial products, their sources, or their use in con-
339 nection with material reported herein is not to be construed as either an actual or implied endorsement of
340 such products by the FDA. Additional thanks to the RSNA QIBA staff for their help in coordinating group
341 teleconferences, phantom shipping and data exchange, and Julian Lee for assistance in data collection. Spe-
342 cial thanks to Dr. Daniel Sullivan for fostering the QIBA vision and providing an infrastructure for these
343 studies and collaborations between academics and industry.

344 **Appendix I: Verasonics Data Acquisition Procedure**

345 The following steps outline the procedure used to acquire phantom data:

- 346 1. Place the phantom on an optical isolation table to reduce room vibration artifacts. To aid in acquiring
347 multiple independent speckle realizations at the same location in the phantom, the phantom can be
348 placed on a rotating platform to avoid having to lift the transducer between acquisitions.
- 349 2. Remove cover of phantom and pour enough saline solution to ensure adequate acoustic coupling with
350 the transducer at a matched sound speed.
- 351 3. Secure the C5-2 transducer in a ring stand and lower it onto the phantom.
- 352 4. Connect the transducer to the Verasonics scanner.
- 353 5. Initialize the Vantage Verasonics software (switch into the Verasonics directory in MATLAB™ (The
354 Mathworks, Inc., Natick, MA) and type `activate` in the Command Window. Run the C5-2 shear

355 wave MTL set-up script⁴.

- 356 6. The set-up script will save the acquisition structures to a MATLAB output file and display a VSX
357 command in the Command Window.
- 358 7. Run this command in MATLAB to launch the Verasonics imaging graphical user interface (GUI).
359 This GUI will display live B-mode.
- 360 8. Change the push voltage to 60 V (or adjust as necessary depending on the stiffness of the phantom to
361 the voltage required for shear wave data with adequate displacement).
- 362 9. Click on the live B-mode image to acquire in-phase/quadrature (IQ) shear-wave data. This will save
363 two IQ data files (real and imaginary components of the data), as well as a parameters file in the
364 indicated directory.
- 365 10. In the directory containing the IQ data, run the displacement processing using `genDispMTL.m`, which
366 will generate an output file `[timestamp]_fromIQ_arfidata.mat`.
- 367 11. Rotate the phantom to obtain a different speckle realization. Ensure that the transducer is appropriately
368 coupled to the phantom and repeat the acquisition until there are an adequate number of replicate
369 displacement data.

370 Verasonics sequences and post-processing code for the generated data are available for download⁵ [14].

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⁴https://github.com/RSNA-QIBA-US-SWS/VerasonicsPhantomSequences/blob/master/SetUpC5_2Shear_wave_MTL.m

⁵<https://github.com/RSNA-QIBA-US-SWS/VerasonicsPhantomSequences>

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430 **Tables**

Table 1: Phantoms fabricated by CIRS, Inc. and measured as part of these Phase I and Phase II studies, including their designated usage in these studies.

Phantom Label	Elastic / Viscoelastic	Phase I/II	Purpose
E1786-[1-10]	Elastic	Phase I	Inter-system Comparison
E1787-[1-10]	Elastic	Phase I	Inter-system Comparison
E1788-[1,2]	Elastic	Phase I	US:MRE Comparison
E2297-[A1, B3, C1]	Viscoelastic	Phase II	Inter-system & US:MRE Comparison

Table 2: Acoustic radiation force excitation and displacement tracking parameters used on a Verasonics research scanner with a Philips C5-2 curvilinear array to measure all the Phase I elastic phantoms before distribution to individual measurement sites.

Excitation Parameters		Tracking Parameters	
Frequency	2.4 MHz	Frequency	3.2 MHz
Focal Depths	40, 60, 80 mm	Transmit F-number	Plane-wave
F-number	F/2.0	Receive F-number	F/2.0
Duration	400 μ s (960 cycles)	Pulse Repetition Frequency	5 kHz

Table 3: Focal depth bias as a function of different systems in the Phase I phantoms, calculated using simple linear regression. Entries in **bold** text indicate non-negligible bias with moderate-to-good linear regression coefficients.

System	Phantom	Focal Depth Slope ((m/s)/mm)	R ²
A	Soft	-0.00063	0.01
	Stiff	-0.0035	0.14
B	Soft	0.000032	3.0e-06
	Stiff	-0.00091	0.06
C	Soft	0.00046	0.002
	Stiff	-0.0033	0.95
D	Soft	-0.00091	0.46
	Stiff	-0.0037	0.75
E	Soft	0.0011	0.76
	Stiff	-0.0028	0.40
F	Soft	-0.012	0.47
	Stiff	-0.0021	0.08

Table 4: Focal depth bias as a function of different systems in the Phase II phantoms, calculated using simple linear regression. Entries in **bold** text indicate non-negligible bias with moderate-to-good linear regression coefficients.

System	Phantom	Focal Depth Slope ((m/s)/mm)	R ²
A	E2297-A1	-0.0019	0.08
	E2297-B3	-0.0042	0.14
	E2297-C1	-0.0070	0.16
B	E2297-A1	-0.0047	0.095
	E2297-B3	-0.0096	0.11
	E2297-C1	-0.0073	0.019
C	E2297-A1	-0.00095	0.13
	E2297-B3	-0.0031	0.76
	E2297-C1	-0.00054	0.029
D	E2297-A1	0.0064	0.14
	E2297-B3	0.0055	0.10
	E2297-C1	0.016	0.21
E	E2297-A1	0.0034	0.14
	E2297-B3	0.00084	0.0039
	E2297-C1	-0.0025	0.038
F	E2297-A1	0.0046	0.25
	E2297-B3	0.0065	0.24
	E2297-C1	0.0051	0.085
G	E2297-A1	-0.0039	0.34
	E2297-B3	-0.0063	0.32
	E2297-C1	-0.0073	0.24
H	E2297-A1	-0.0027	0.11
	E2297-B3	-0.0047	0.21
	E2297-C1	0.00066	0.0012
I	E2297-A1	-0.0017	0.047
	E2297-B3	-0.0070	0.40
	E2297-C1	-0.0075	0.36
J	E2297-A1	-0.0052	0.26
	E2297-B3	-0.0046	0.37
	E2297-C1	0.0026	0.025
K	E2297-A1	0.0024	0.20
	E2297-B3	0.0024	0.25
	E2297-C1	0.0074	0.47
L	E2297-A1	-0.0026	0.17
	E2297-B3	0.0019	0.027
	E2297-C1	-0.0024	0.038

Table 5: Comparison of the dispersion estimated in the Phase I and II phantoms using the Verasonics ultrasound system and MRE. Linear regression of the phase velocity data was performed using the frequency ranges shown for each phantom in Figures 5 and 8.

	Ultrasound [(m/s)] / kHz]	MRE [(m/s) / kHz]
E1786-1	0.30 ($R^2 = 0.87$)	—
E1787-1	0.03 ($R^2 = 0.43$)	—
E1788-1	—	0.60 ($R^2 = 0.970$)
E1788-2	—	0.20 ($R^2 = 0.970$)
E2297-A1	0.61 ($R^2 = 0.92$)	3.0 ($R^2 = 0.99$)
E2297-B3	0.78 ($R^2 = 0.96$)	3.2 ($R^2 = 0.98$)
E2297-C1	0.78 ($R^2 = 0.92$)	3.8 ($R^2 = 0.99$)

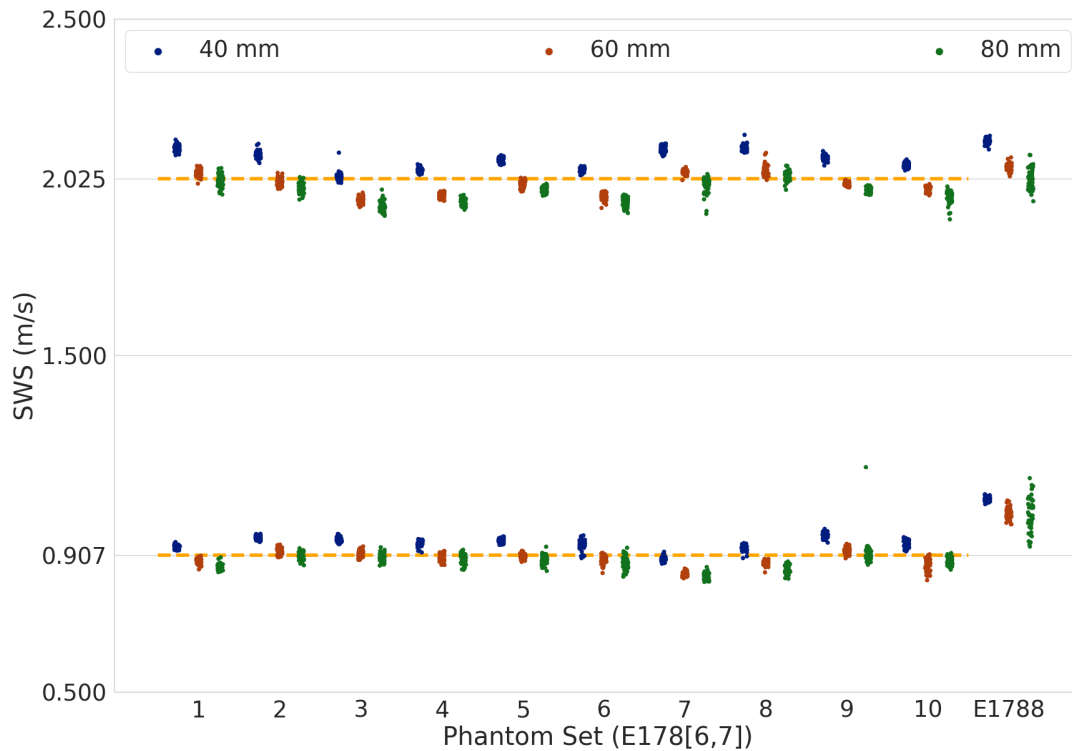
431 **Figures**

Figure 1: Calibration measurements on all the softer (E1786) and stiffer (E1787) elastic ultrasound phantoms and the phantom set designated for comparison with MRE measurements (E1788) using a research scanner sequence at 3 different focal depths (40 (blue), 60 (red) & 80 (green) mm). The dashed-orange line in each plot represents the grand mean of all measurements made in the ultrasound phantoms for each plot: 0.907 ± 0.033 (3.7%) m/s and 2.025 ± 0.051 (2.5%) m/s for the soft and stiff phantoms, respectively. A given phantom set's mean difference from these grand means was used as a corrective factor to normalize for this fabrication variability between different phantom pairs.

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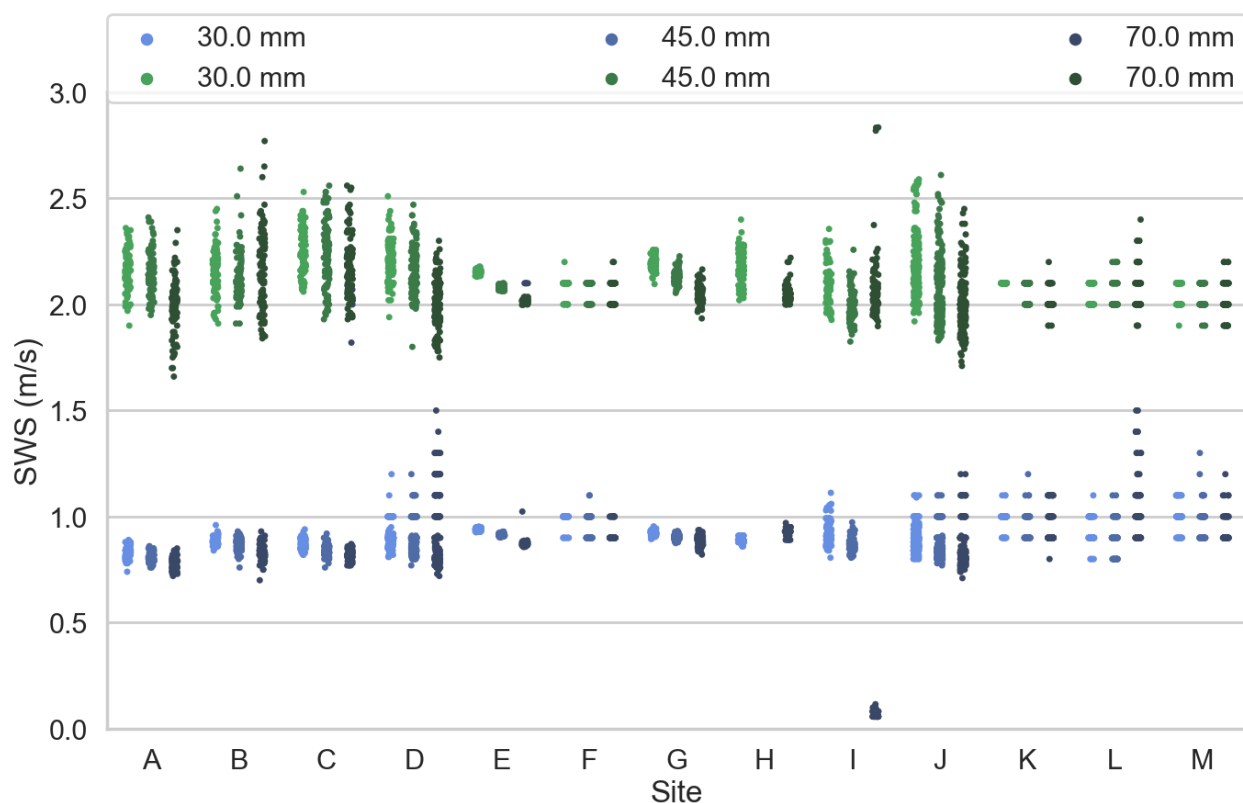


Figure 2: Aggregate SWS data in the soft (blue) and stiff (green) elastic phantoms measured at different sites, where some sites had multiple systems available for measurement. Each system at each site was used by 3 appraisers who made 10 replicate measurements at each of the focal depths (30, 45 and 70 mm) in each phantom. In some cases (Sites D, E, F, J, K, L and M), coarser quantization (rounding to the nearest 0.1 m/s) of the reported SWS by some or all of the site systems is apparent.

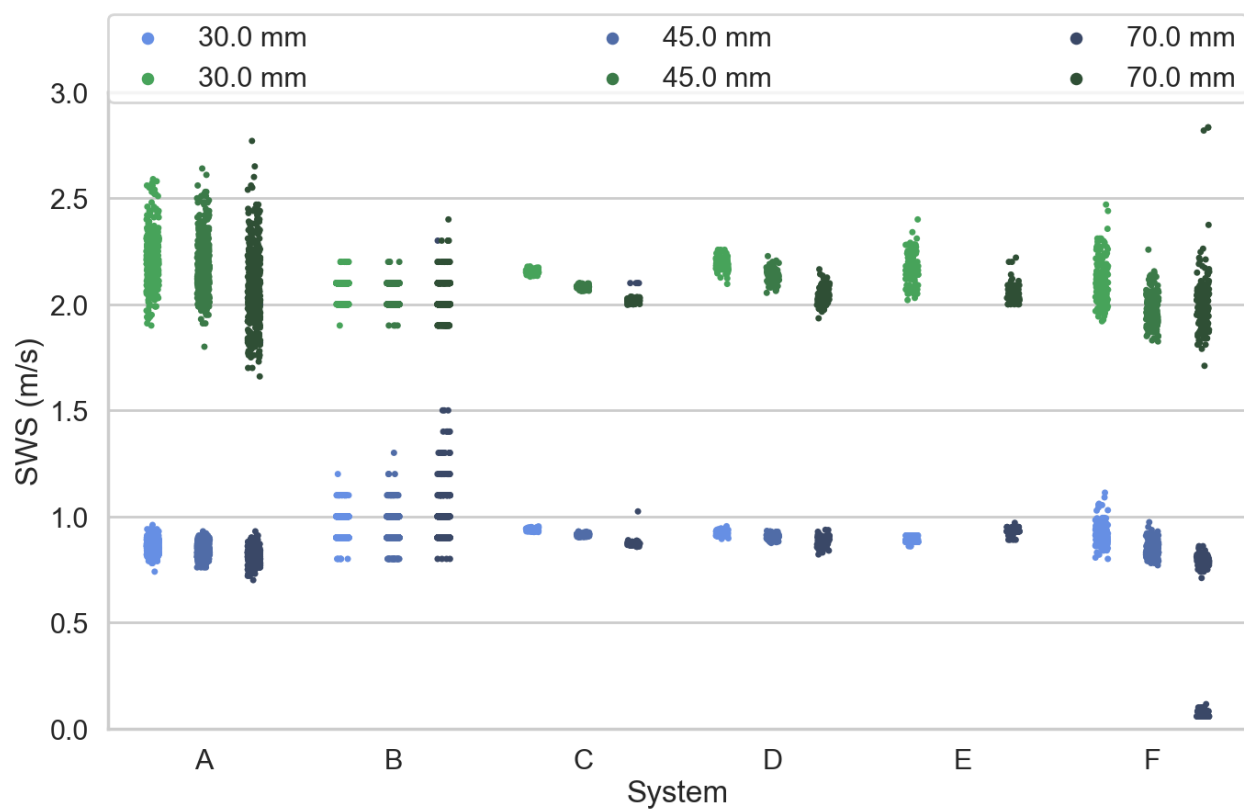


Figure 3: All the elastic phantom data grouped by unique system. Some systems were used at only a single measurement site, while other systems were used at multiple measurement sites. Note that a single system (B) appears to report SWS with coarser quantization (0.1 m/s) compared to the other systems.

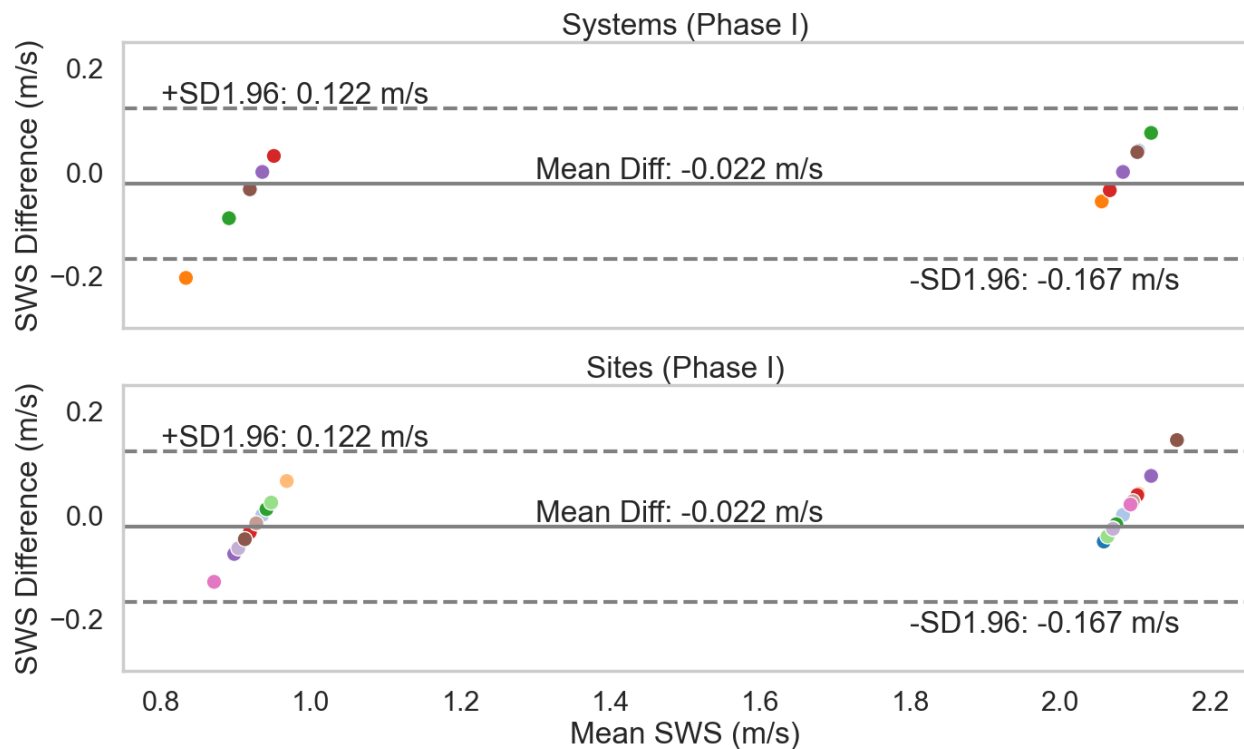


Figure 4: Tukey mean difference plots for the aggregated Phase I systems (top) and sites (bottom), using the normalization data (Figure 1) as the reference measurement for each phantom. The colors in each plot represent the same system/site, respectively. Note that system/site biases are not necessarily consistent across the soft and stiff phantoms (e.g., a system with a negative bias in the soft phantom may have a positive bias in the stiff phantom).

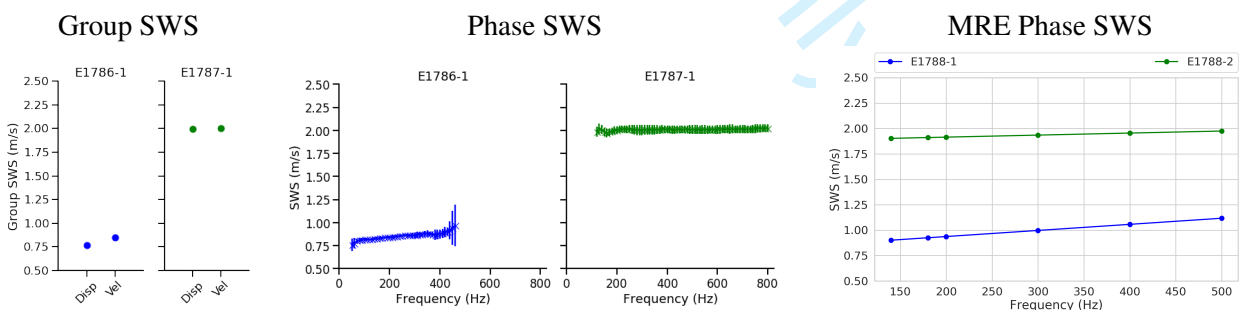


Figure 5: Group and phase SWS measurements in one pair of the Phase I elastic phantoms made using the Verasonics research scanner sequences and processing code at a focal depth of 45 mm, derived from shear wave displacement (“Disp”) and from shear wave velocity (“Vel”). The circles in each plot represent the mean of 10 independent acquisitions, while the error bars represent the 95% confidence interval for each measurement. MRE measurements were made at discrete frequencies of 140, 180, 200, 300, 400 and 500 Hz. The slopes of linear fits to these phase velocities, which are indicative of undesired dispersion (frequency-dependent phase velocity) in these elastic phantoms, are summarized in Table 5.

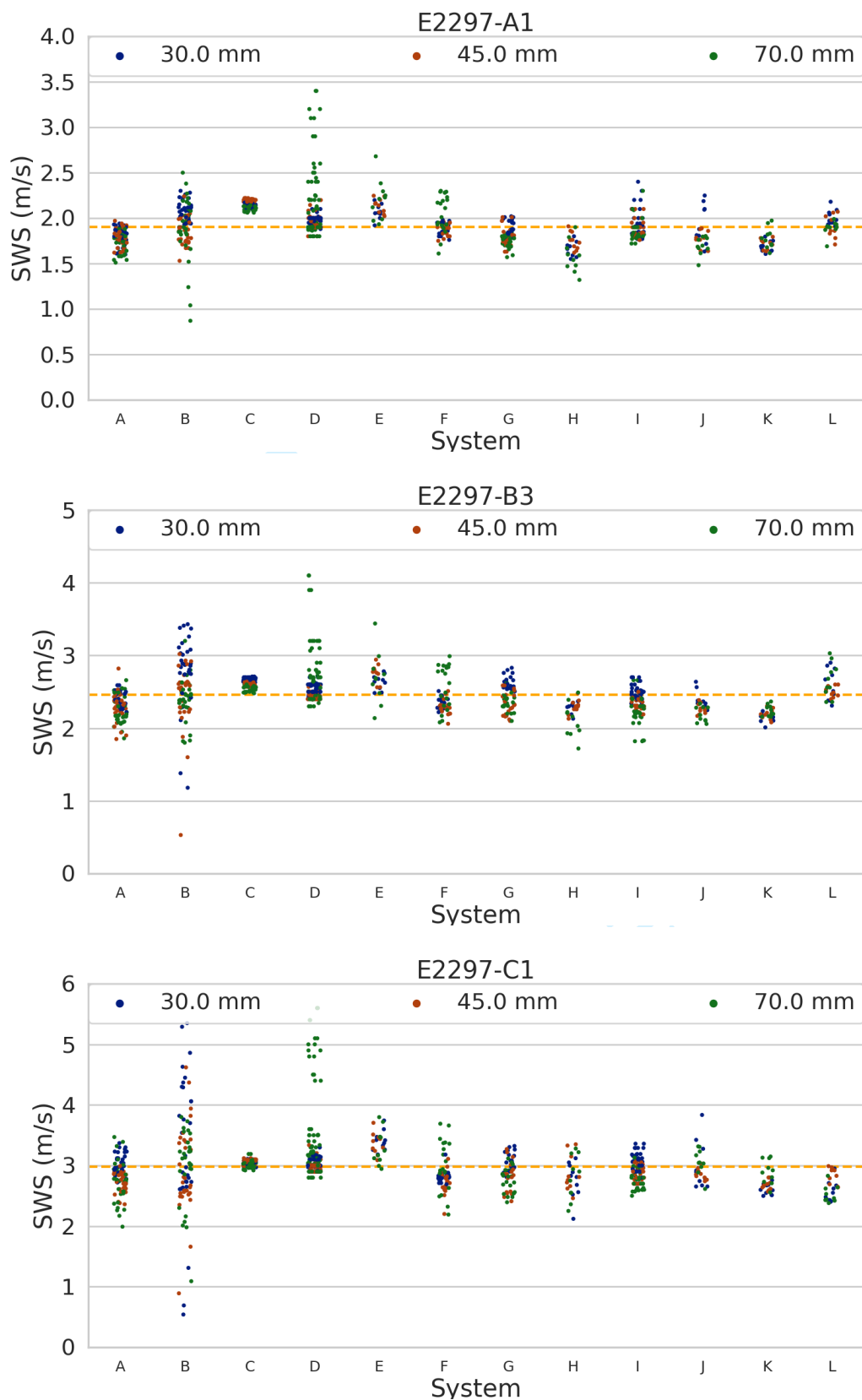


Figure 6: Phase II phantoms measured with different systems with 3 different focal depth configurations (30, 45 and 70 mm). The orange line on each plot represents the grand median value across all systems for each phantom.

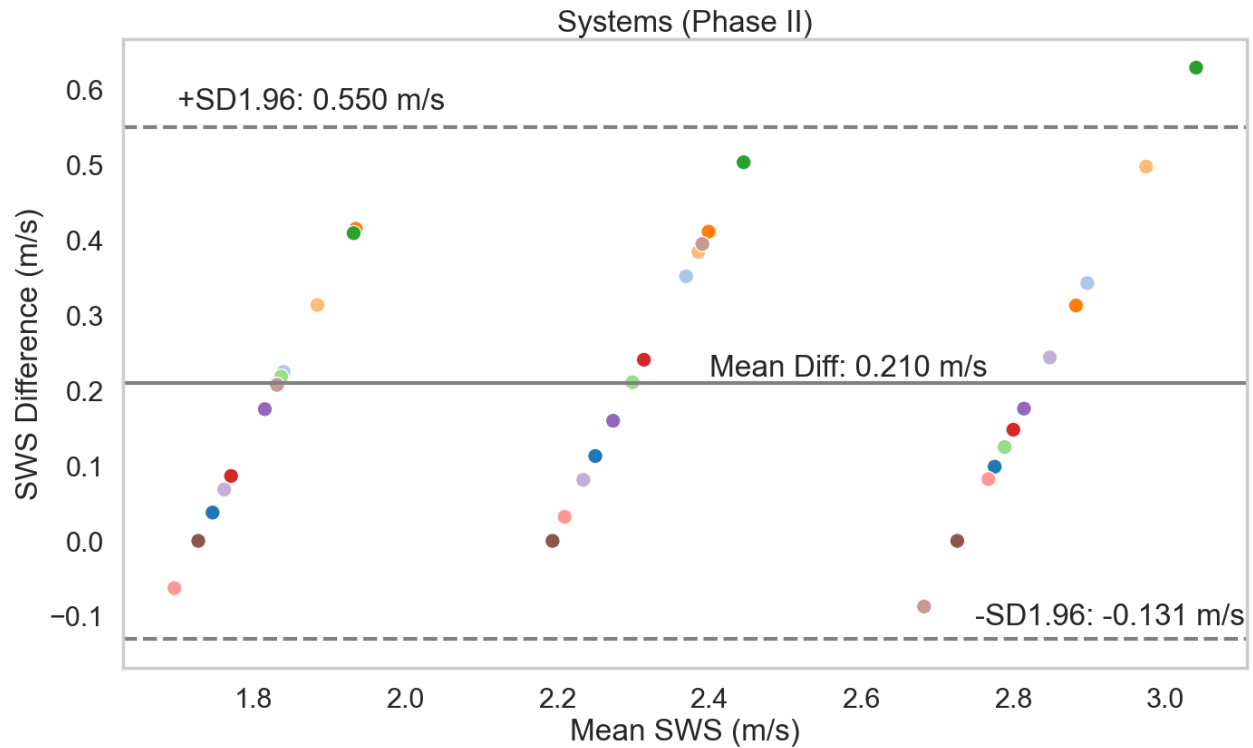


Figure 7: Tukey mean difference plots for the aggregated Phase II systems using the data from the calibration Verasonics system as the reference measurements for each phantom. The colors in each plot represent the same system. Note that system biases are not necessarily consistent across the different phantoms (e.g., a system with a negative bias in one phantom may have a positive bias another phantom).

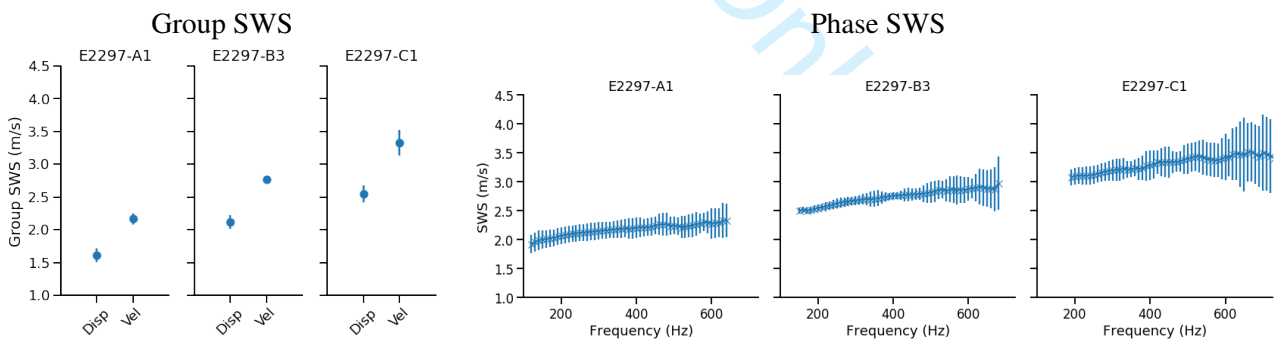


Figure 8: Group and phase velocities calculated in the three Phase II viscoelastic phantoms that were distributed to all of the measurement sites. The error bars represent the 95% confidence interval over 16 independent measurements. As expected, these viscoelastic phantoms have higher group SWS estimated when using velocity (“Vel”) data instead of displacement (“Disp”) data (left plots). This same trend is seen in the positive slope of the corresponding phase velocity curves (right plots). In the phase velocity plots, note that the frequency range of the reconstructed phase velocities increases as a function of increasing stiffness, and the variance of the estimated phase velocity increases at higher frequencies due to the lower SNR at these higher frequencies. The slopes of the linear-fit phase velocity lines are summarized in Table 5.

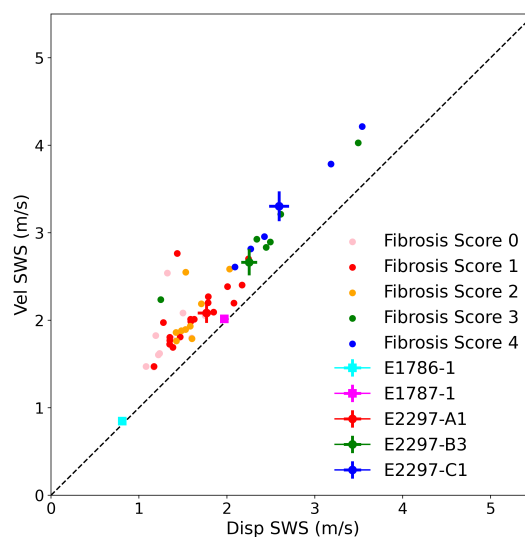


Figure 9: Comparison of group SWS calculated with displacement and velocity data in the Phase I and II phantoms compared with equivalent processing of *in vivo* human data at varying fibrosis stages. The dashed line represents a unity ratio between velocity and displacement-based group SWS that would be indicative of an elastic material, while data points above this line would indicate a dispersive material. In the Phase II phantoms, the group SWS calculated using velocity data was $32 \pm 1.9\%$ greater than using displacement data, while in the human data, the velocity-based group SWS was $27 \pm 5.6\%$ greater than the displacement-based group SWS across all fibrosis stages.

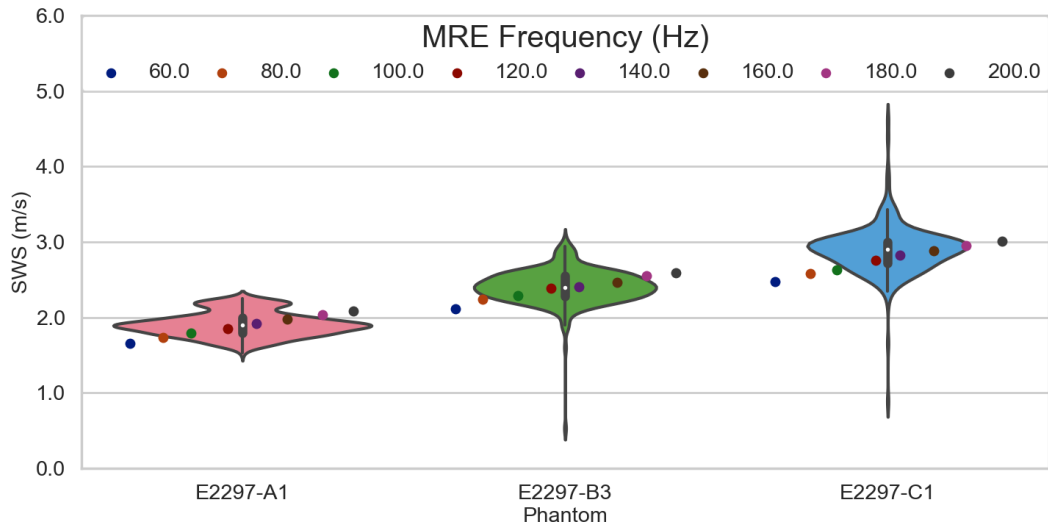


Figure 10: Violin distributions of aggregate ultrasound SWS data across all systems and sites at a focal depth of 45 mm for each Phase II phantom, compared with discrete MRE measurements made at frequencies ranging from 60-200 Hz. The black box within each violin plot represents the interquartile range of the data, with the white circle representing the median value. Vertical lines extend away from each violin distribution to represent 1.5x the standard deviation of the data. The surrounding shape represents the probability density of the data.

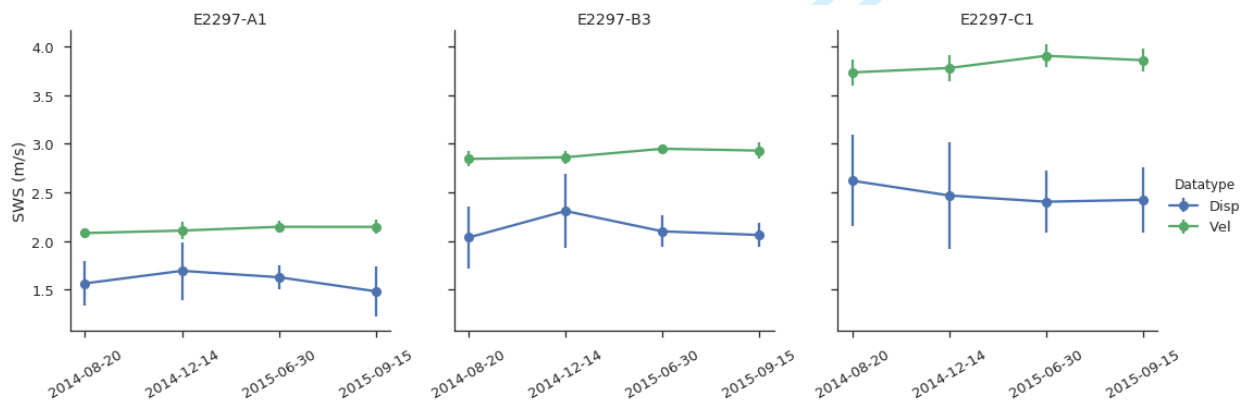
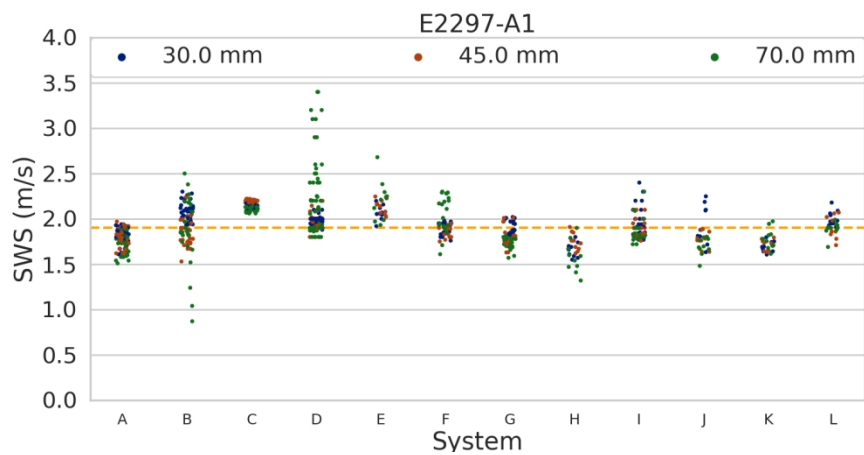
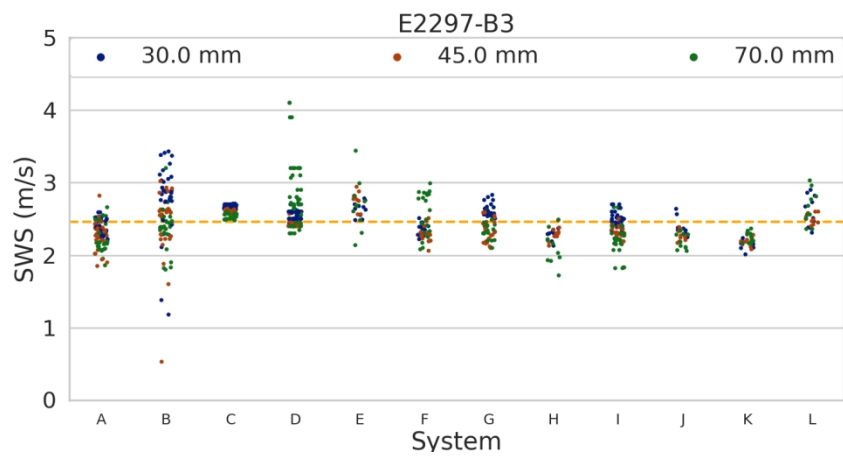


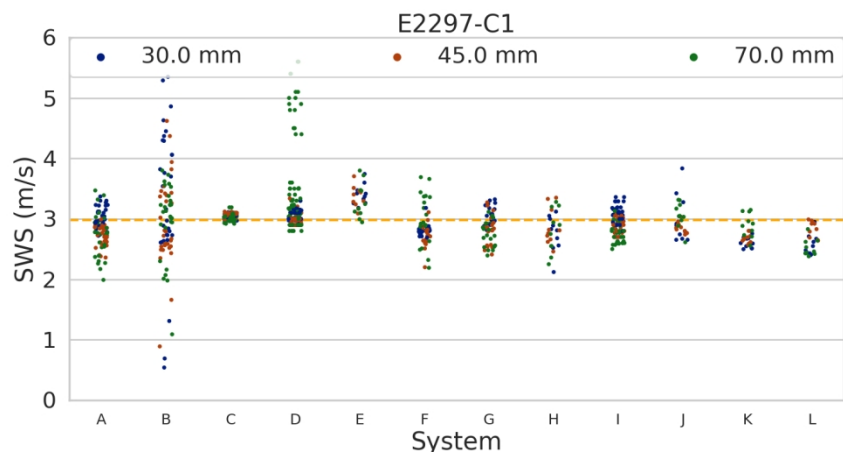
Figure 11: Measurements demonstrating the longitudinal stability of the Phase II phantoms using the group SWS calculated using displacement and velocity data as representative metrics. The error bars represent the standard deviation over 16 independent measurements.



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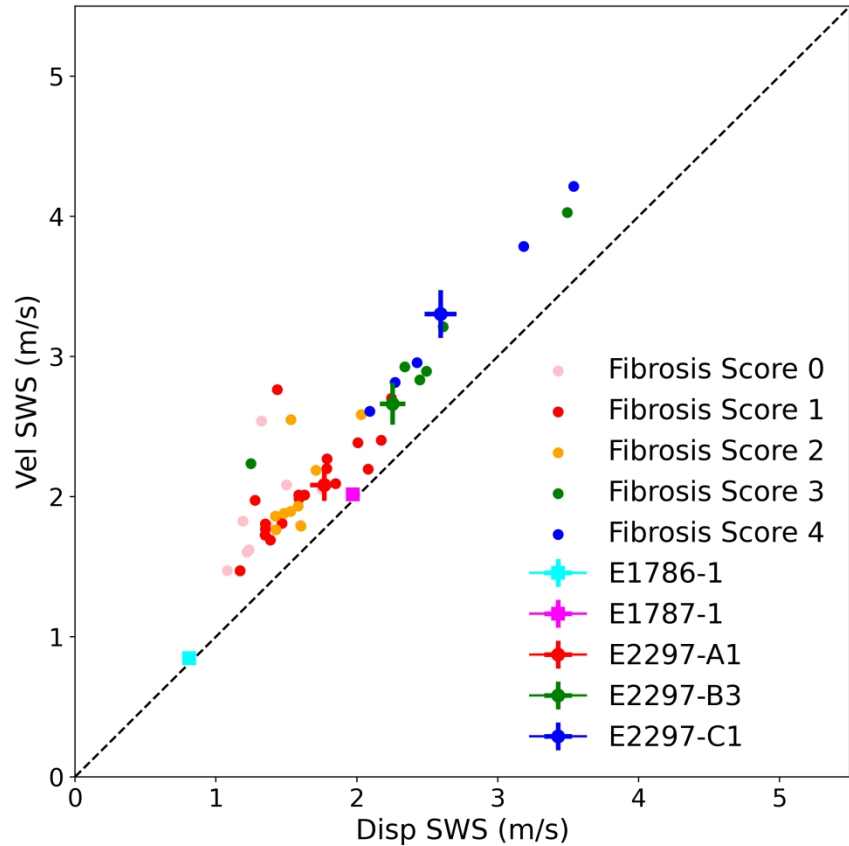


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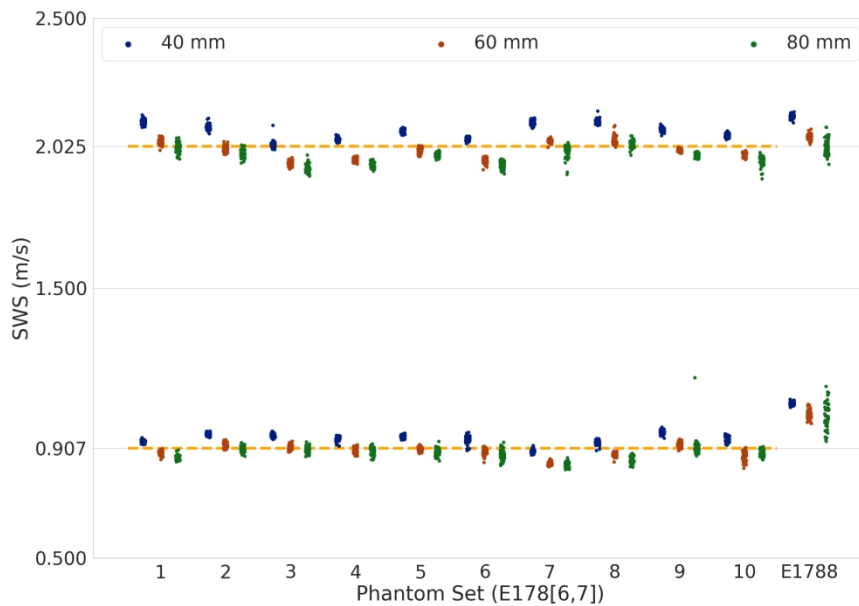


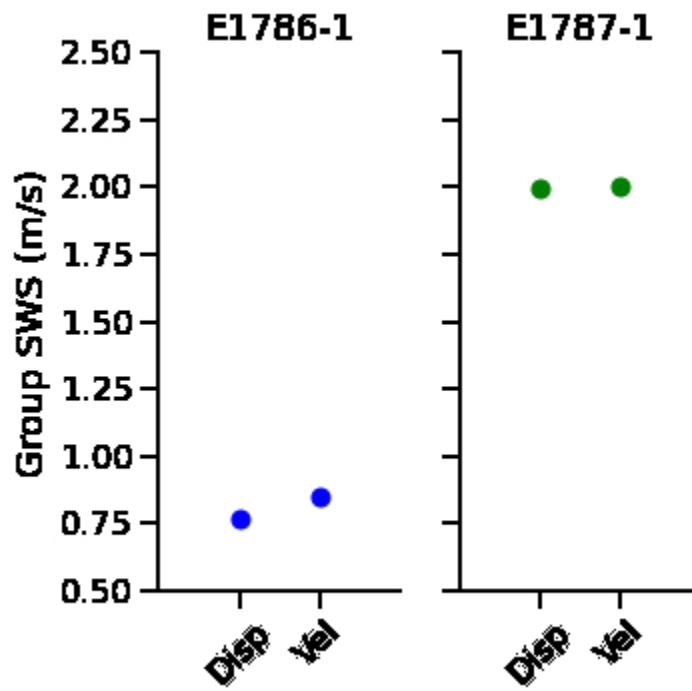
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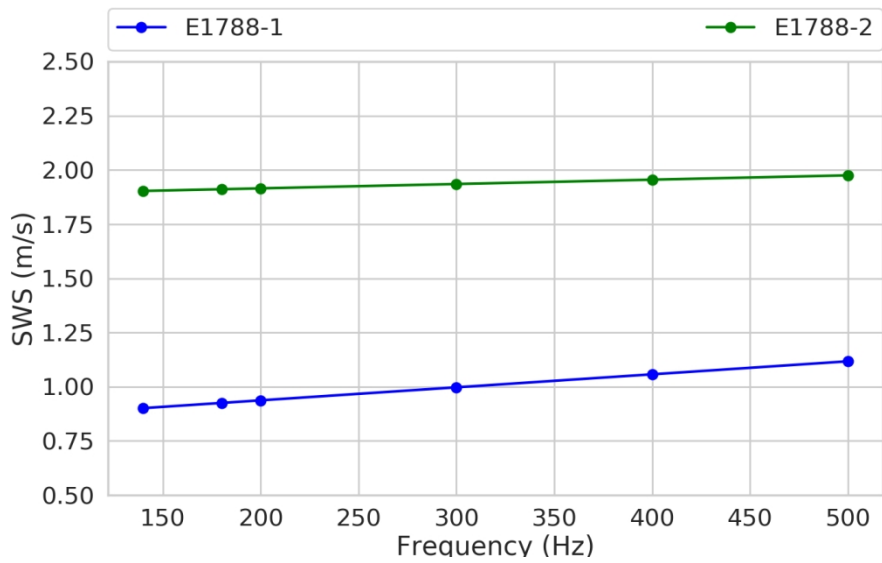


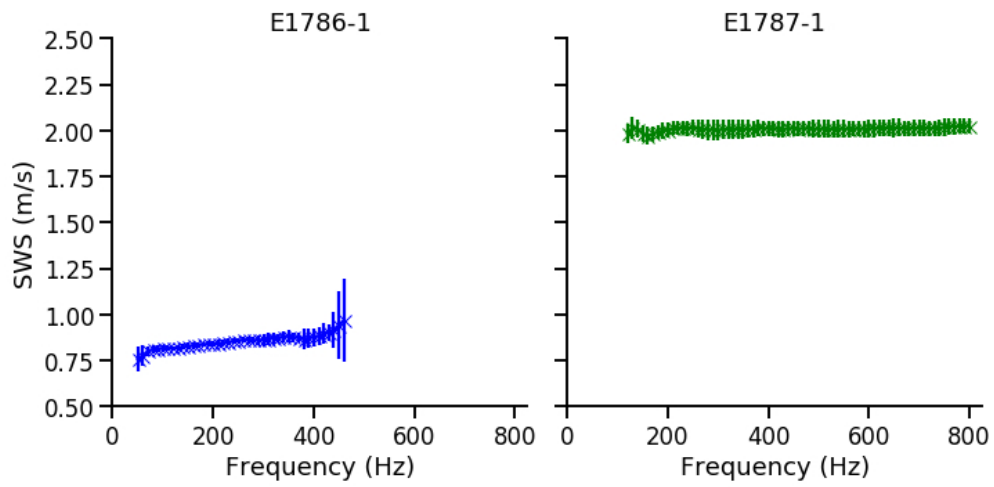
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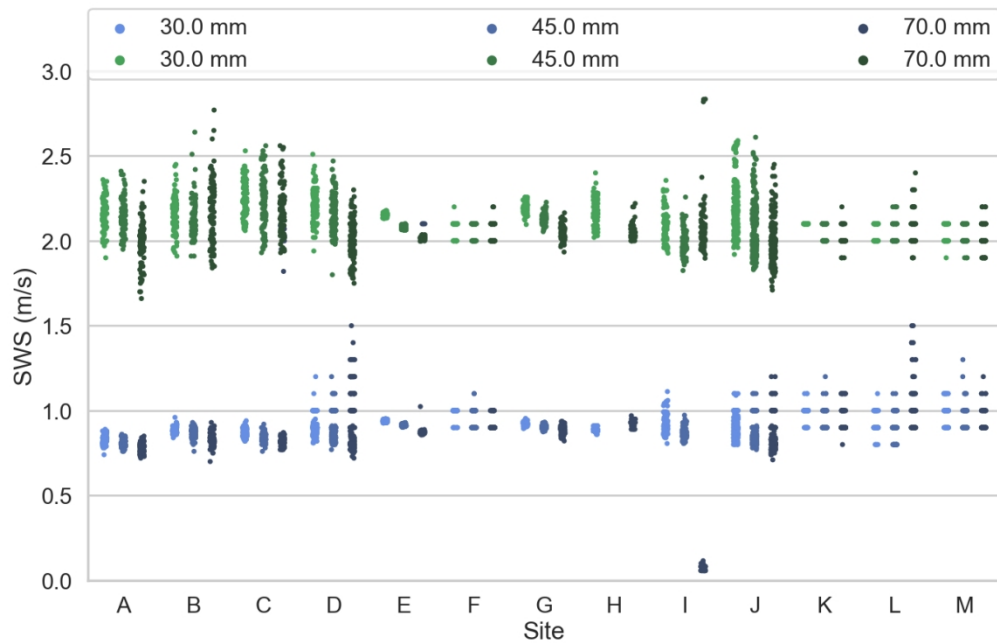
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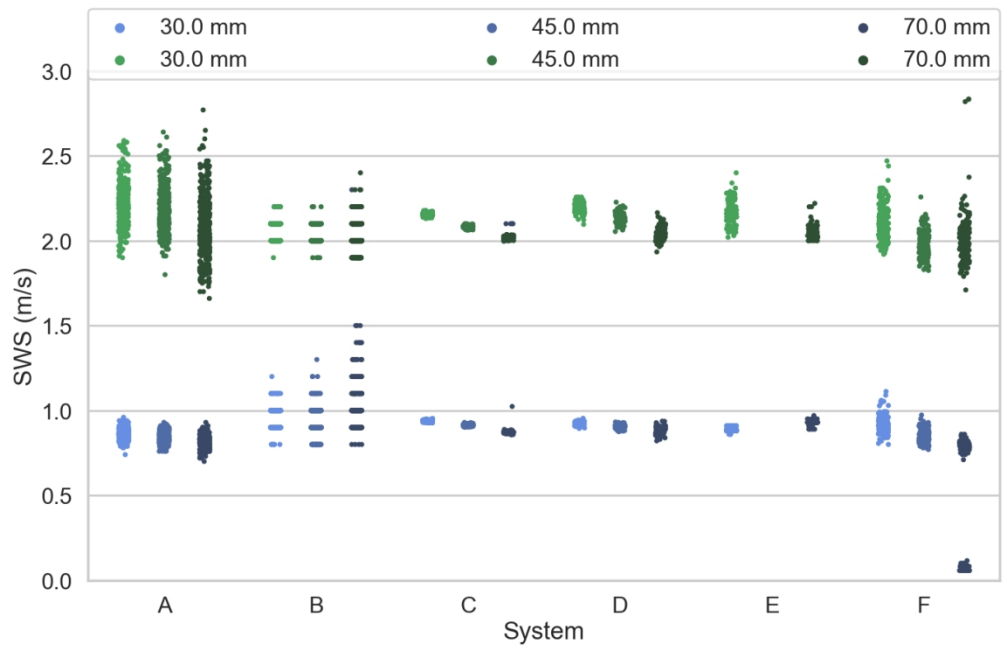


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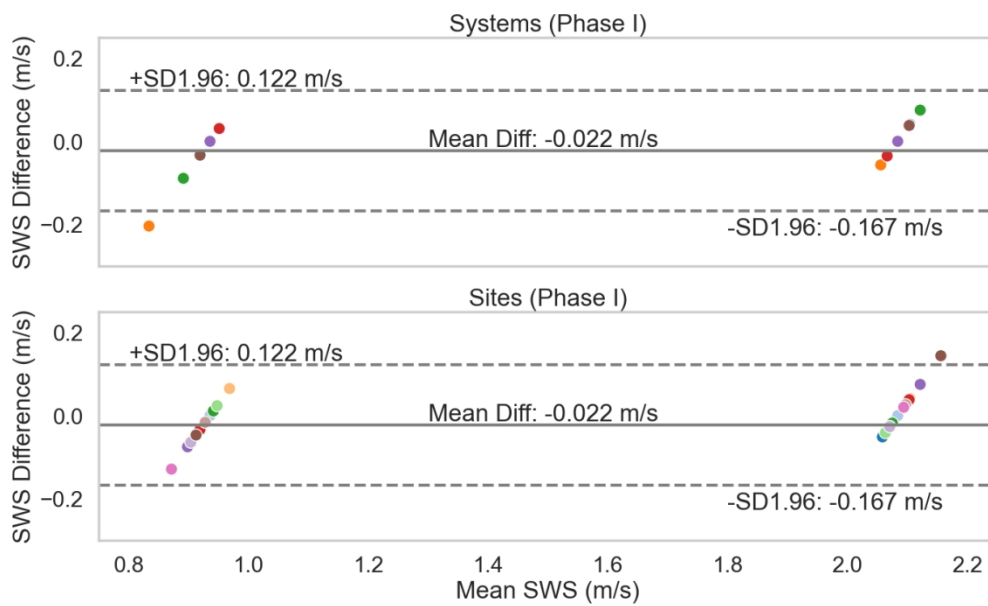
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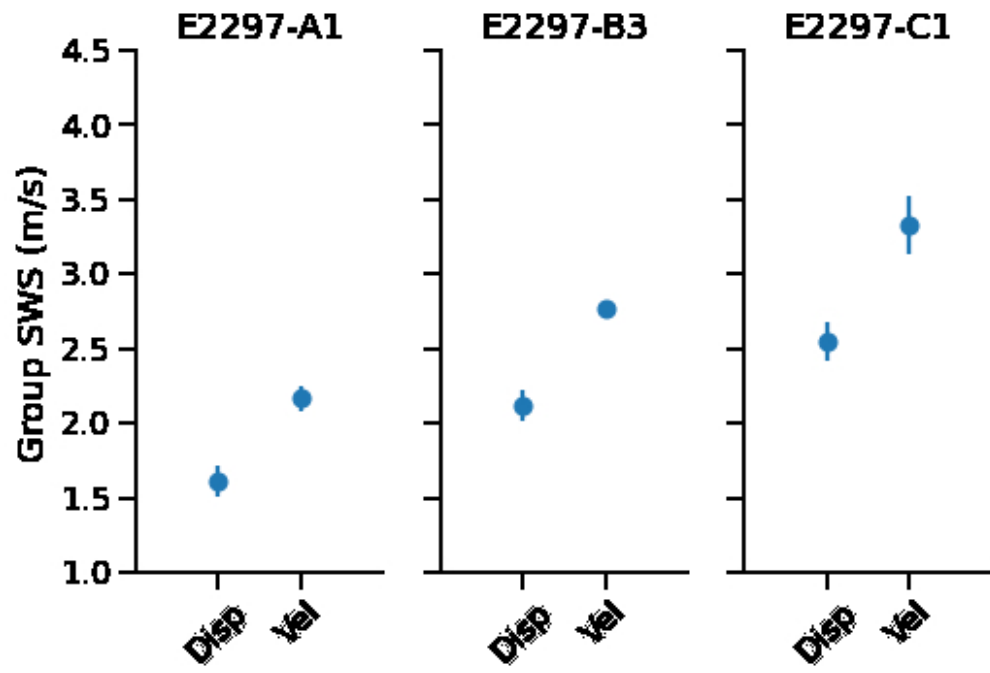


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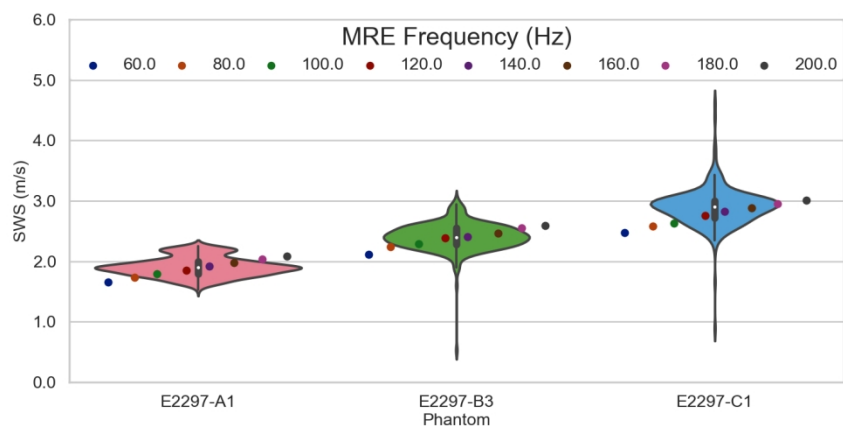


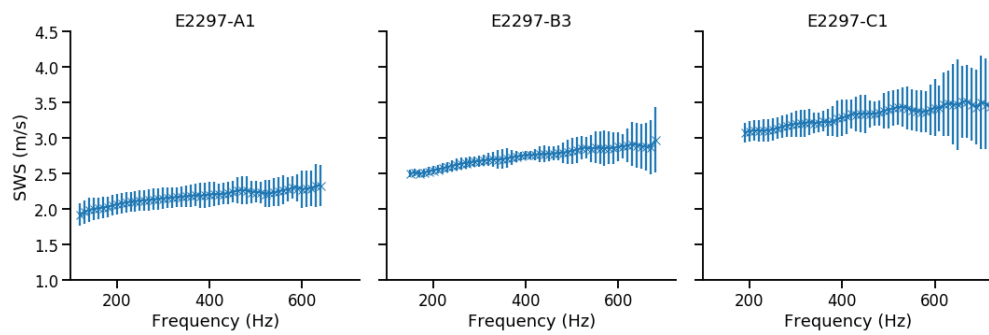
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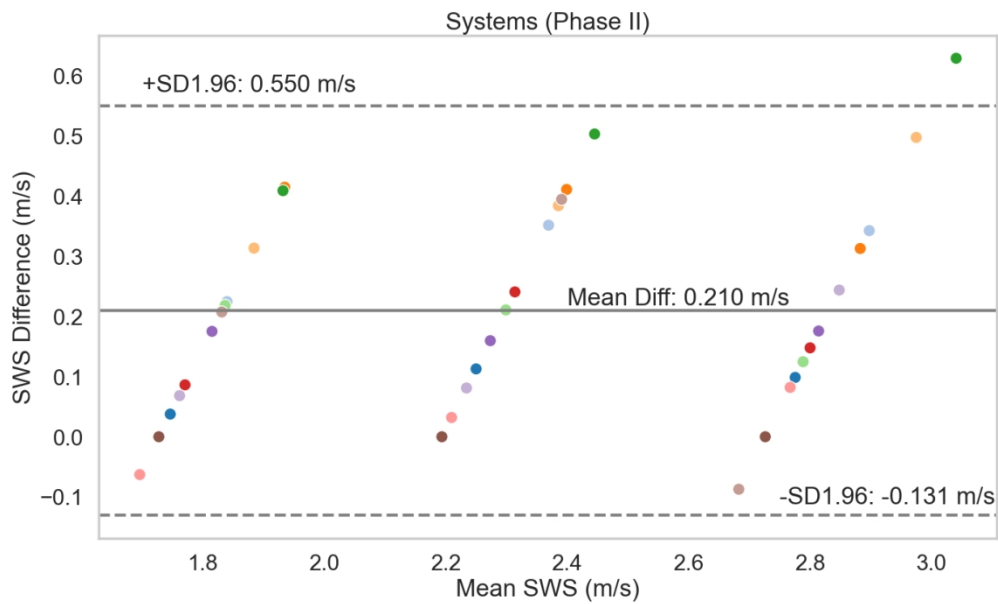


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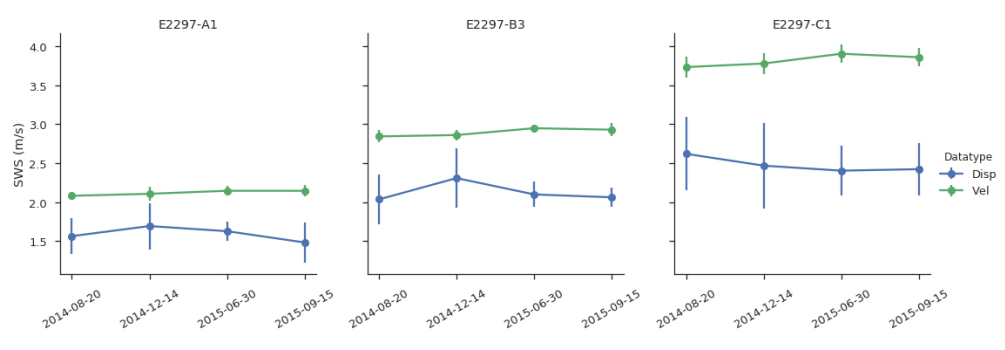




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This section asks for information about the work that you have submitted for publication. The time frame for this reporting is that of the work itself, from the initial conception and planning to the present. The requested information is about resources that you received, either directly or indirectly (via your institution), to enable you to complete the work. Checking "No" means that you did the work without receiving any financial support from any third party – that is, the work was supported by funds from the same institution that pays your salary and that institution did not receive third-party funds with which to pay you. If you or your institution received funds from a third party to support the work, such as a government granting agency, charitable foundation or commercial sponsor, check "Yes".

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Non-Financial Support: Examples include drugs/equipment supplied by the entity, travel paid by the entity, writing assistance, administrative support, etc.

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4. Are you the corresponding author?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Corresponding Author's Name Mark Palmeri
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For grants you have received for work outside the submitted work, you should disclose support ONLY from entities that could be perceived to be affected financially by the published work, such as drug companies, or foundations supported by entities that could be perceived to have a financial stake in the outcome. Public funding sources, such as government agencies, charitable foundations or academic institutions, need not be disclosed. For example, if a government agency sponsored a study in which you have been involved and drugs were provided by a pharmaceutical company, you need only list the pharmaceutical company.

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4. Are you the corresponding author?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Corresponding Author's Name Mark Palmeri
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Section 1. Identifying Information

1. Given Name (First Name) Yoko 2. Surname (Last Name) Okamura 3. Date 12/15/2020

4. Are you the corresponding author? Yes No

5. Manuscript Title RSNA/ QIBA Shave Wave Speed Bios Quantification in Elastic and Viscoelastic Phantoms

6. Manuscript Identifying Number (if you know it) JVM-2020-06-0914.R2

Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest? Yes No

Section 3. Relevant financial activities outside the submitted work.

Place a check in the appropriate boxes in the table to indicate whether you have financial relationships (regardless of amount of compensation) with entities as described in the instructions. Use one line for each entity; add as many lines as you need by clicking the "Add +" box. You should report relationships that were **present during the 36 months prior to publication**.

Are there any relevant conflicts of interest? Yes No

Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work? Yes No



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Section 1. Identifying Information

1. Given Name (First Name) 2. Surname (Last Name) 3. Date

4. Are you the corresponding author? Yes No Corresponding Author's Name

5. Manuscript Title

6. Manuscript Identifying Number (if you know it)

Section 2. The Work Under Consideration for Publication

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Are there any relevant conflicts of interest? Yes No

If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.

Name of Institution/Company	Grant?	Personal Fees?	Non-Financial Support?	Other?	Comments	
RSNA/QIBA	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Dr. Obuchowski serves as a statistical consultant to QIBA through a contract between her institution and QIBA	X
						ADD

Section 3. Relevant financial activities outside the submitted work.

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Are there any relevant conflicts of interest? Yes No

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Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work? Yes No



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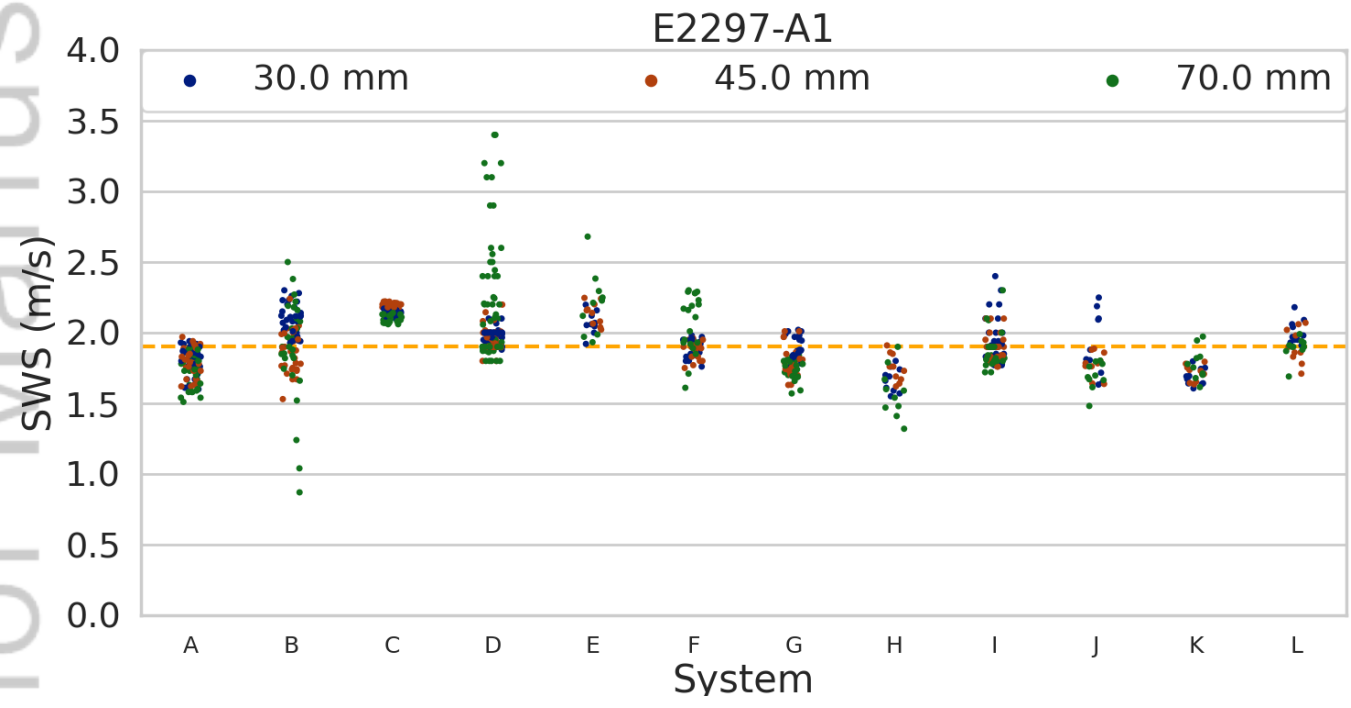
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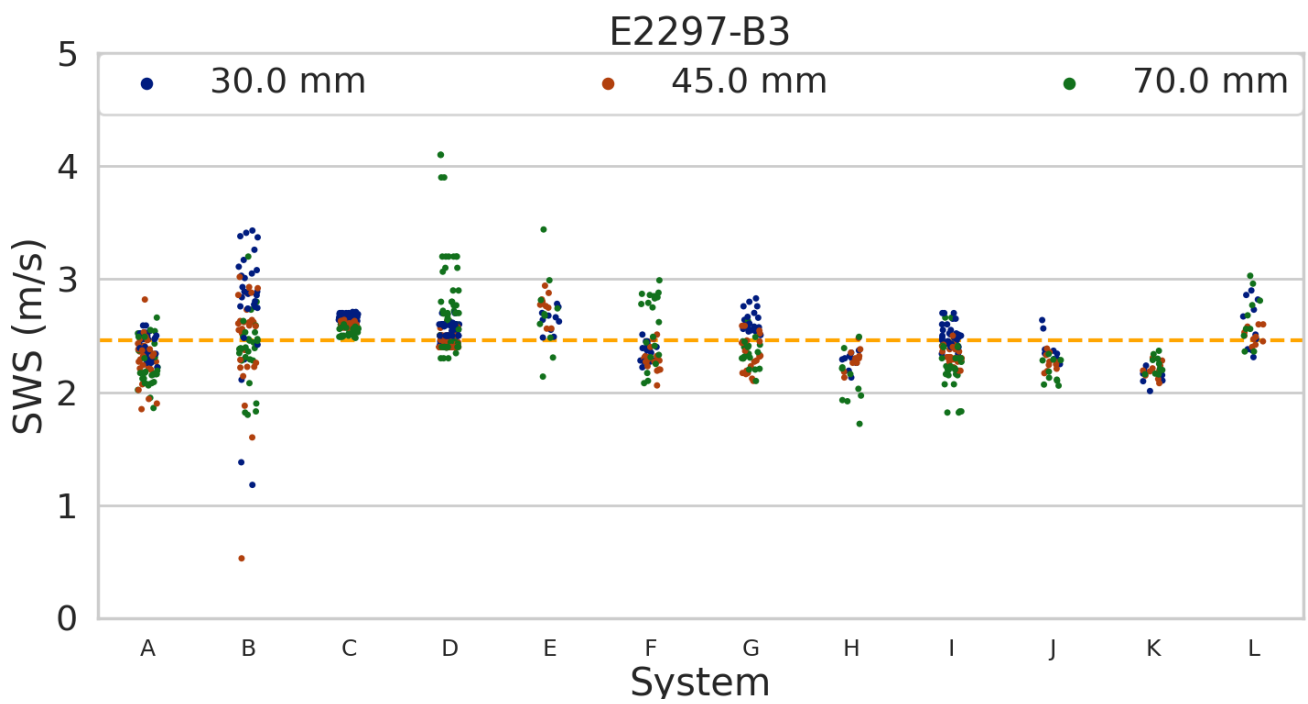
Dr. Obuchowski reports other from RSNA/QIBA, during the conduct of the study .

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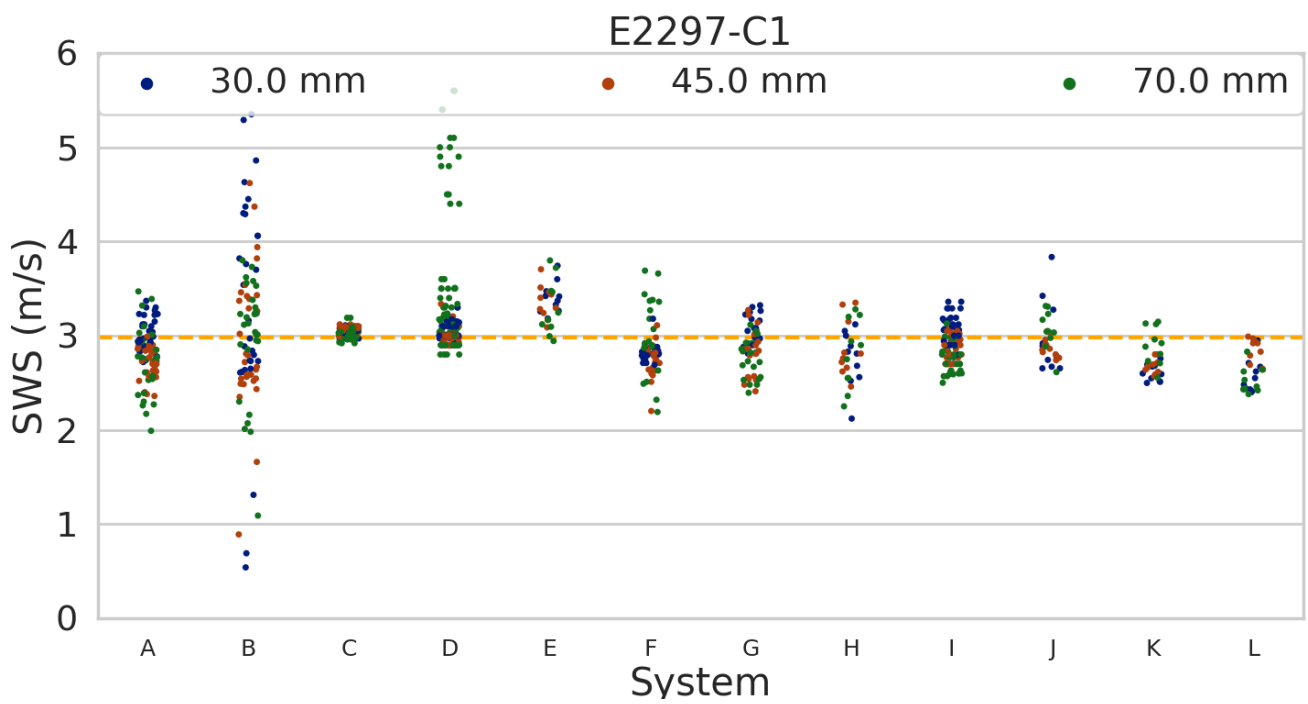
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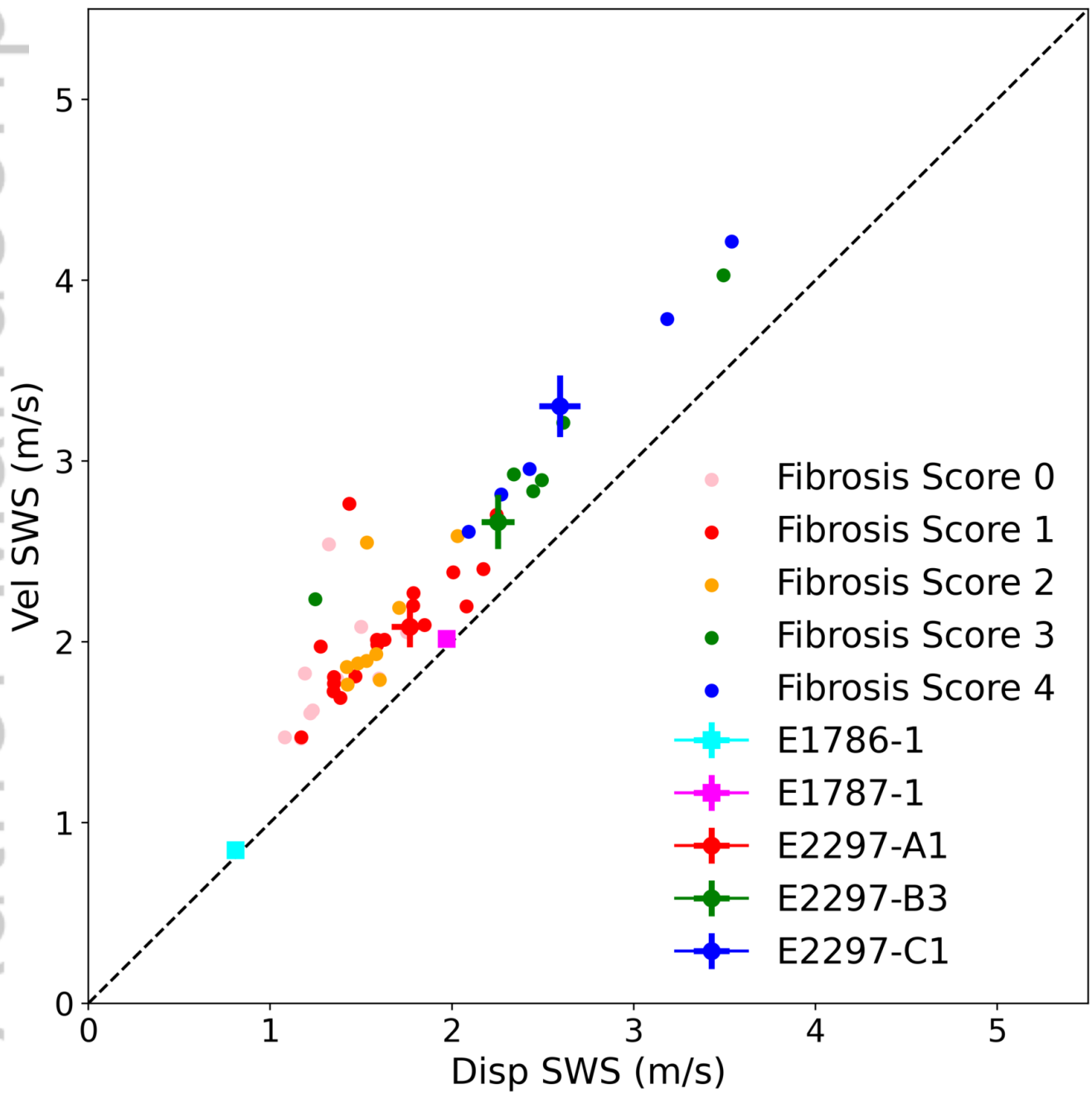
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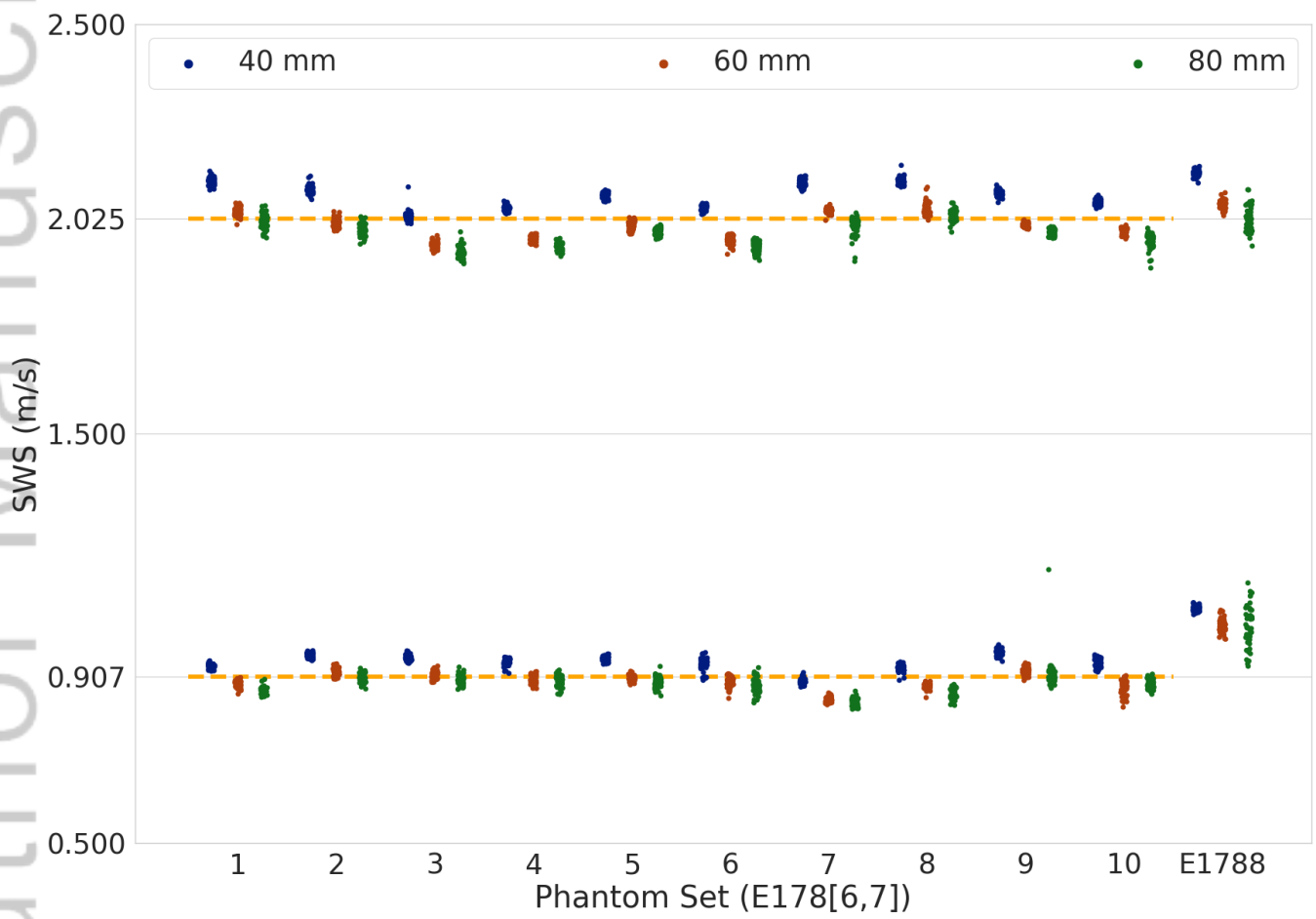
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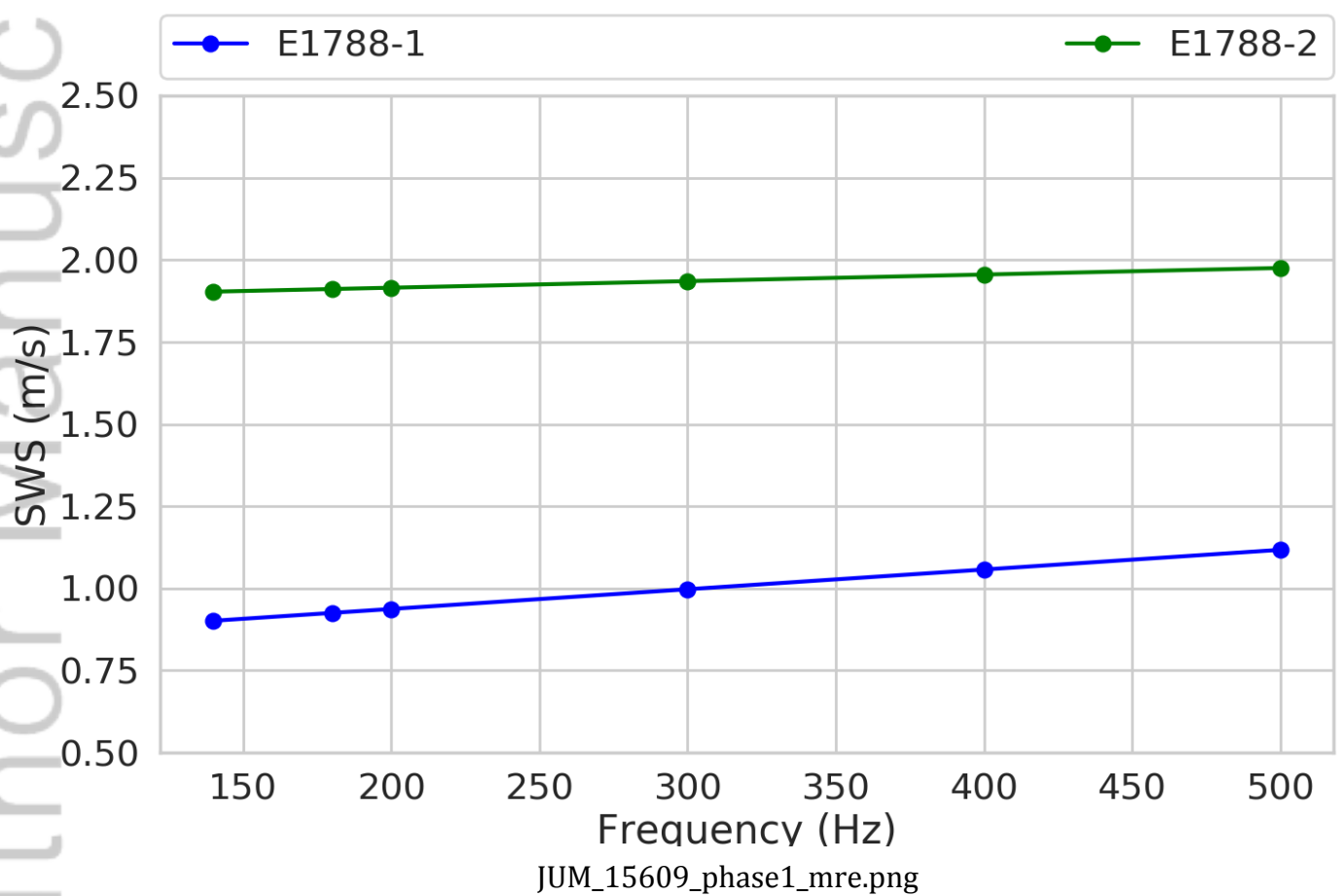
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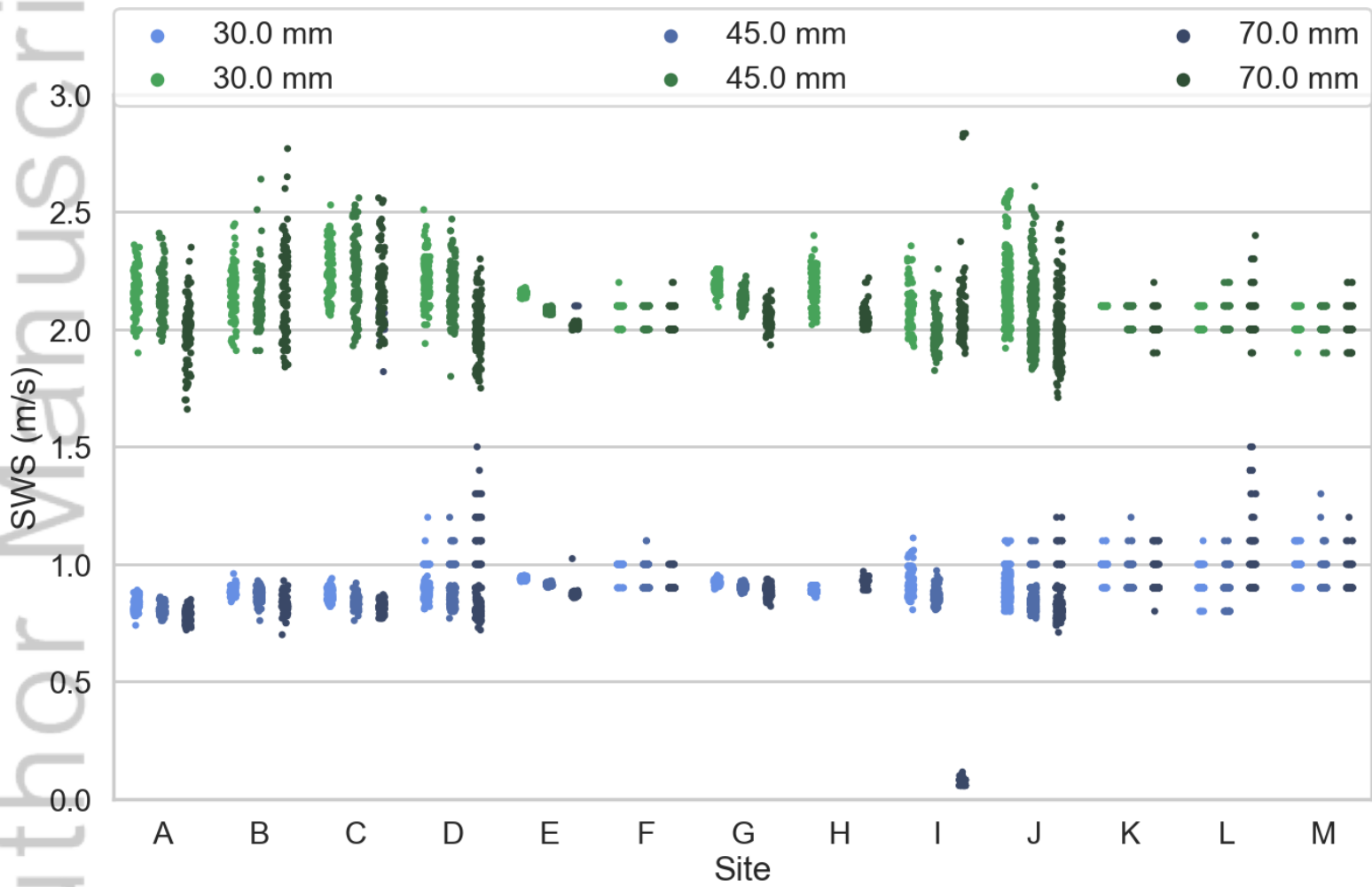




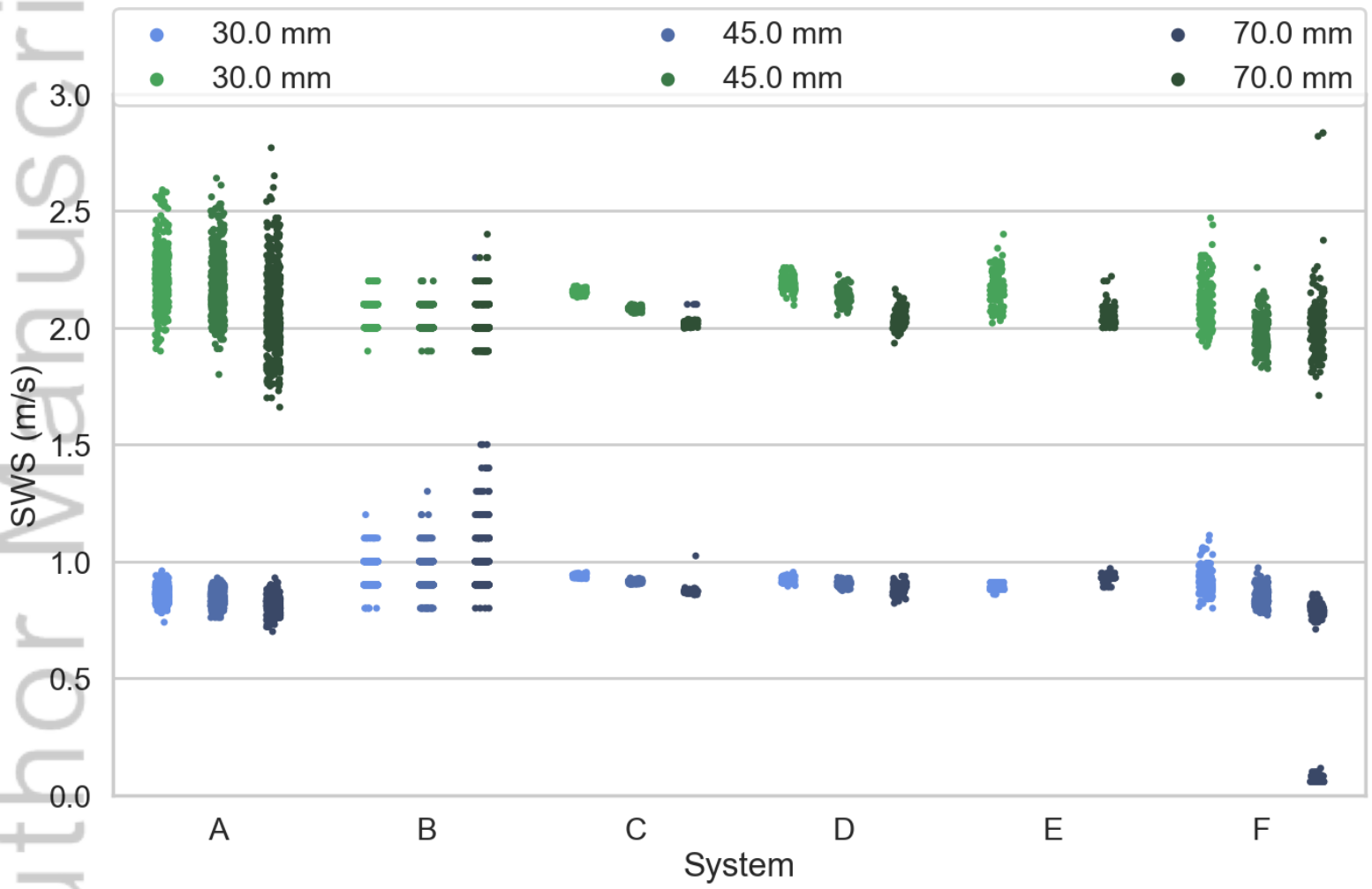
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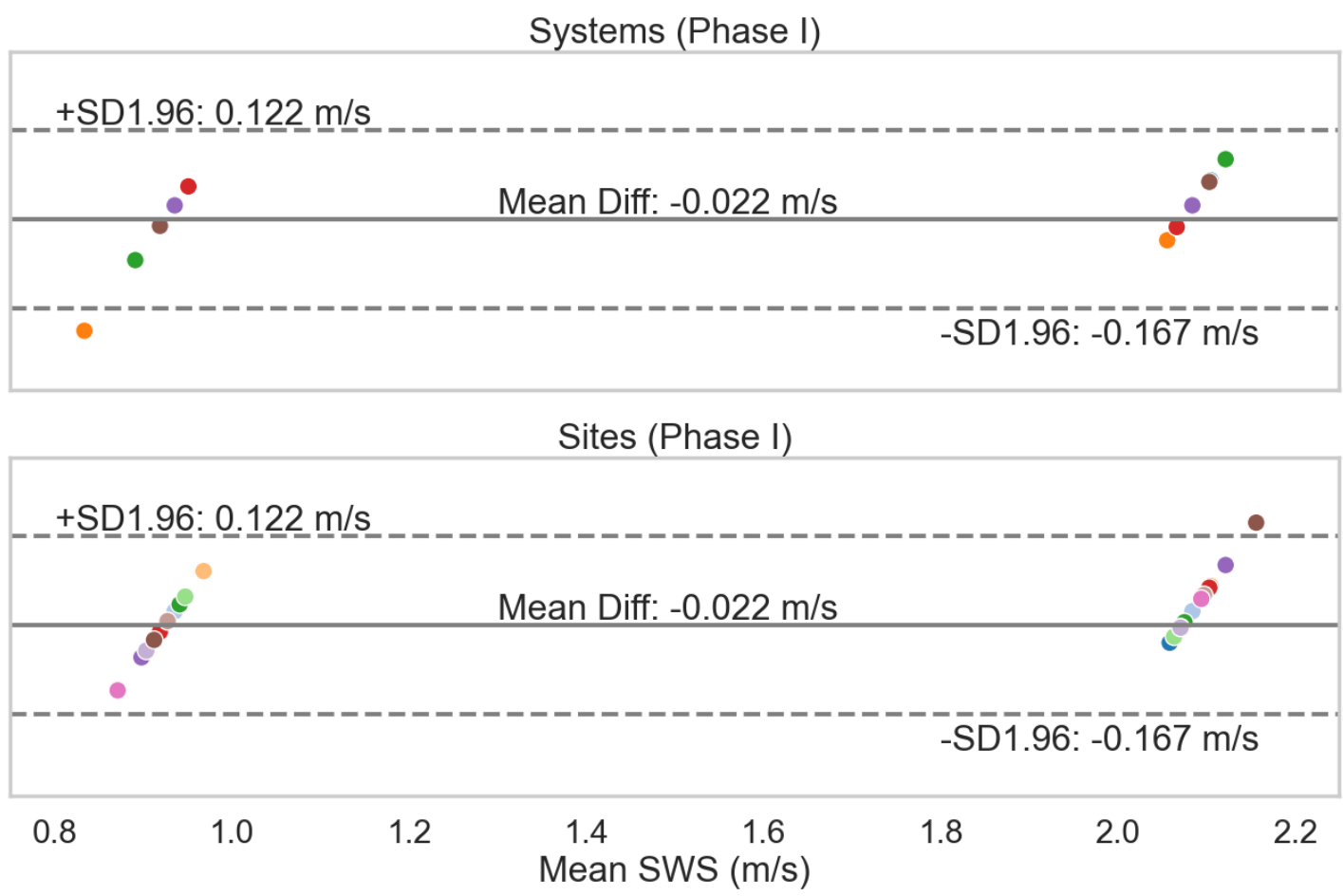
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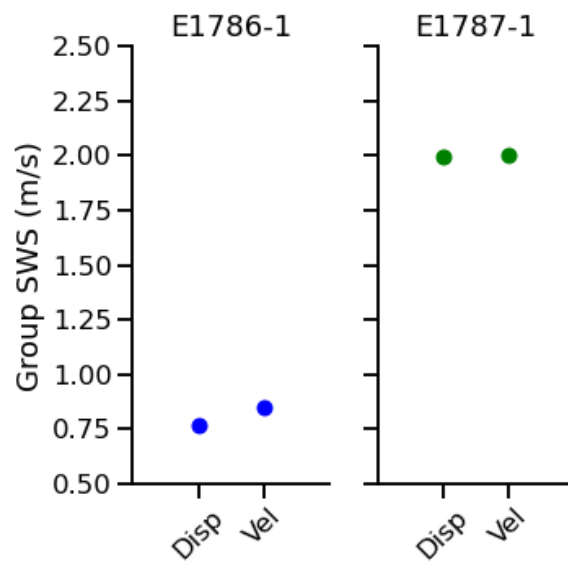
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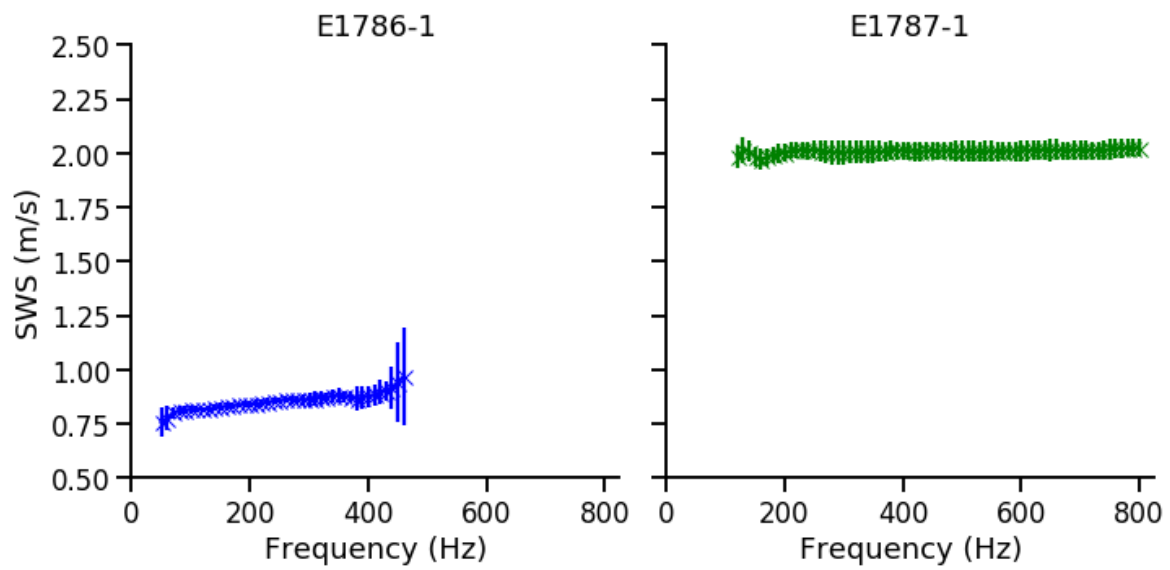
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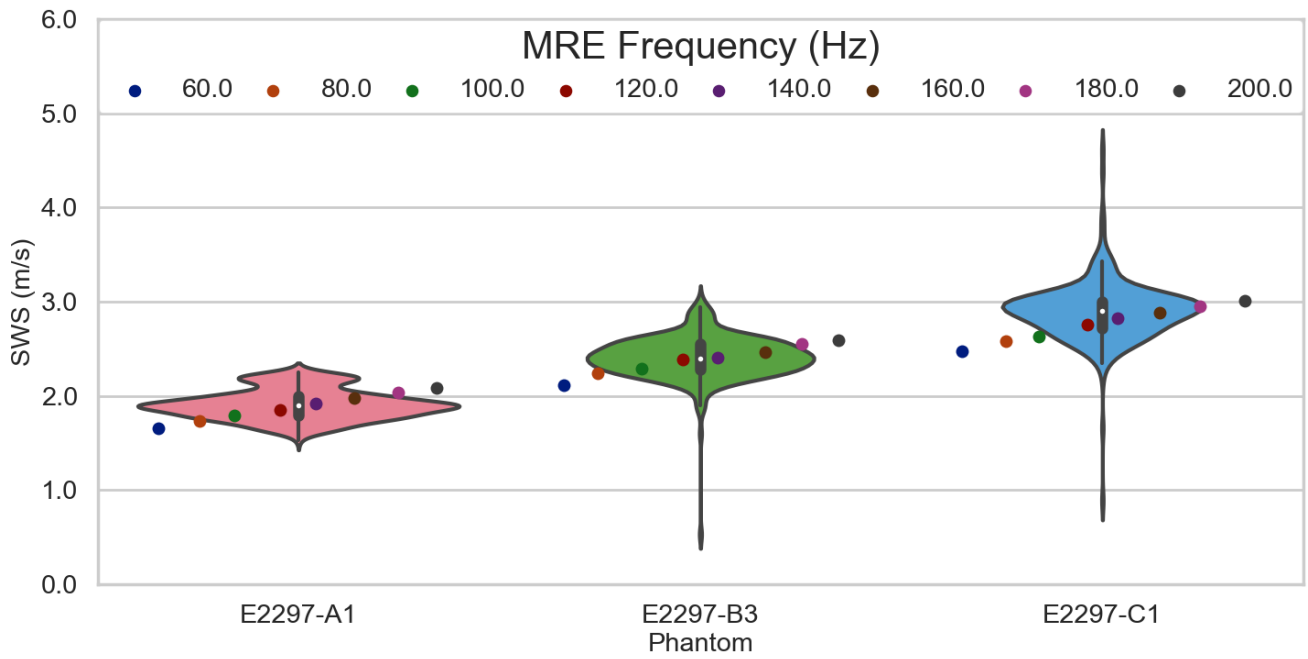
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JUM_15609_phase1groupvelocity.png

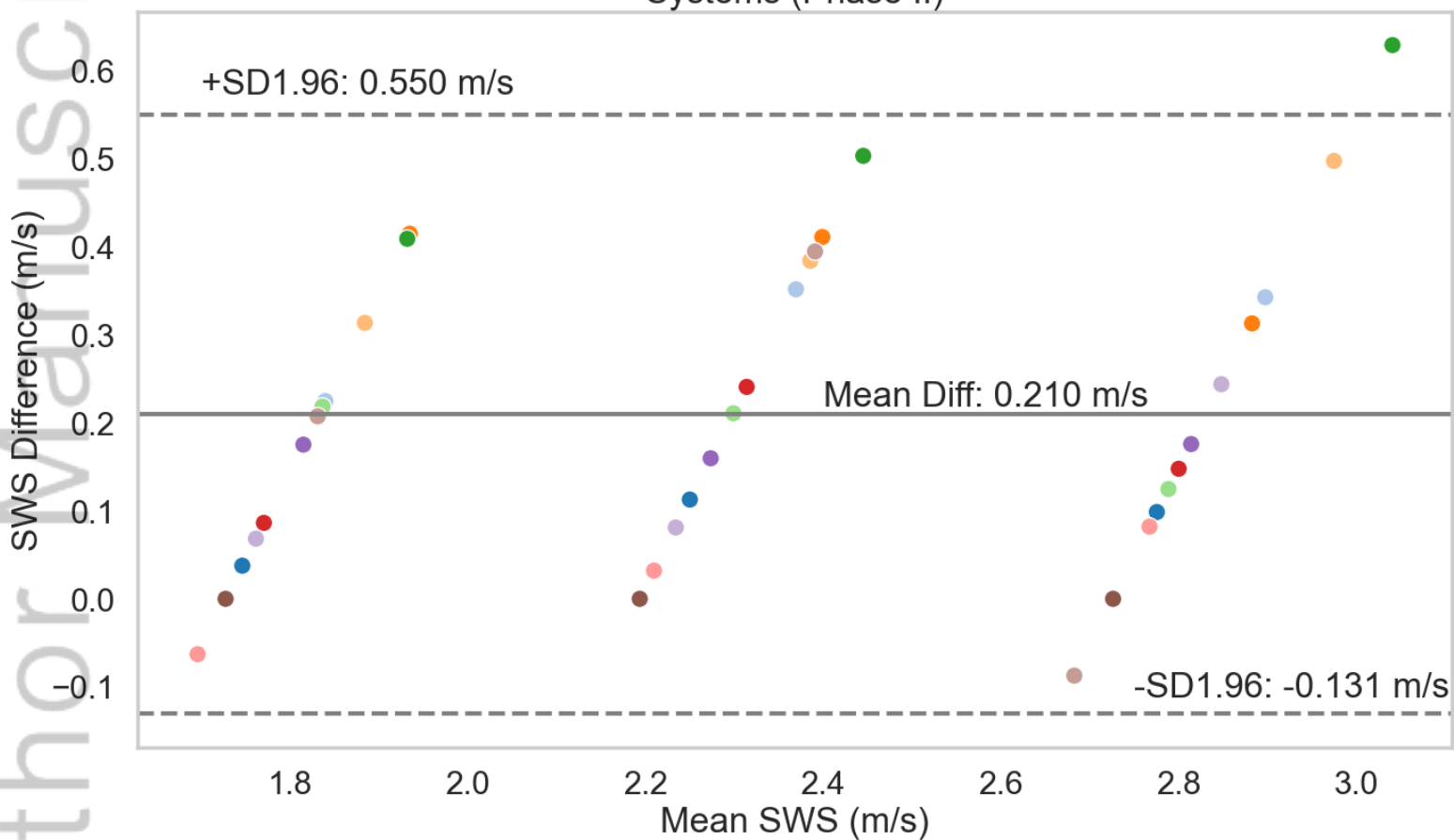


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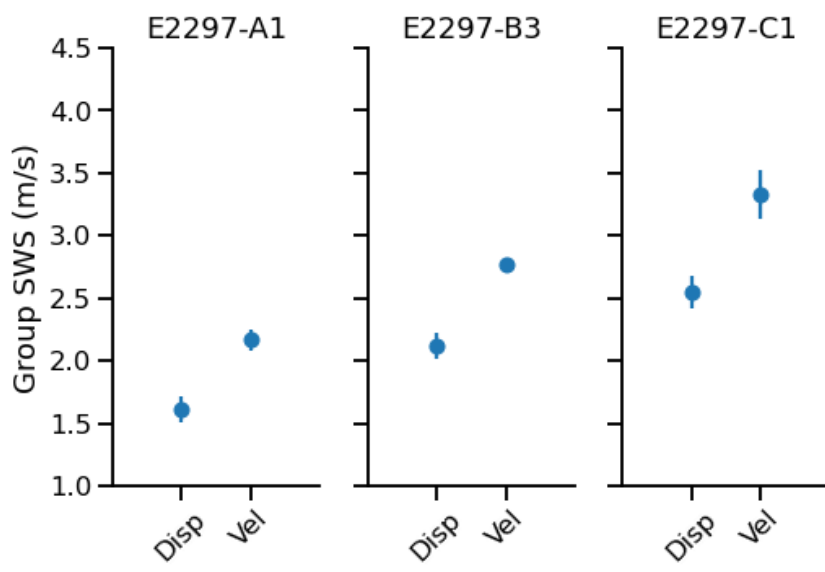


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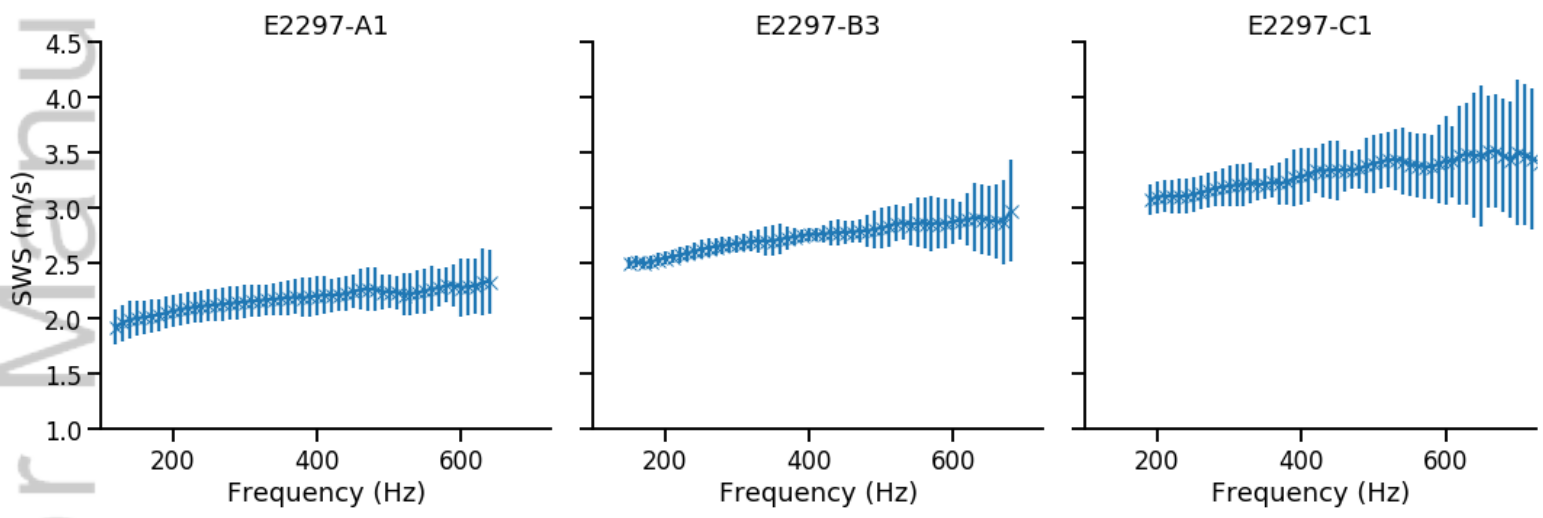
Systems (Phase II)



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Instructions

The purpose of this form is to provide readers of your manuscript with information about your other interests that could influence how they receive and understand your work. The form is designed to be completed electronically and stored electronically. It contains programming that allows appropriate data display. Each author should submit a separate form and is responsible for the accuracy and completeness of the submitted information. The form is in six parts.

1. Identifying information.

2. The work under consideration for publication.

This section asks for information about the work that you have submitted for publication. The time frame for this reporting is that of the work itself, from the initial conception and planning to the present. The requested information is about resources that you received, either directly or indirectly (via your institution), to enable you to complete the work. Checking "No" means that you did the work without receiving any financial support from any third party -- that is, the work was supported by funds from the same institution that pays your salary and that institution did not receive third-party funds with which to pay you. If you or your institution received funds from a third party to support the work, such as a government granting agency, charitable foundation or commercial sponsor, check "Yes".

3. Relevant financial activities outside the submitted work.

This section asks about your financial relationships with entities in the bio-medical arena that could be perceived to influence, or that give the appearance of potentially influencing, what you wrote in the submitted work. You should disclose interactions with ANY entity that could be considered broadly relevant to the work. For example, if your article is about testing an epidermal growth factor receptor (EGFR) antagonist in lung cancer, you should report all associations with entities pursuing diagnostic or therapeutic strategies in cancer in general, not just in the area of EGFR or lung cancer.

Report all sources of revenue paid (or promised to be paid) directly to you or your institution on your behalf over the 36 months prior to submission of the work. This should include all monies from sources with relevance to the submitted work, not just monies from the entity that sponsored the research. Please note that your interactions with the work's sponsor that are outside the submitted work should also be listed here. If there is any question, it is usually better to disclose a relationship than not to do so.

For grants you have received for work outside the submitted work, you should disclose support ONLY from entities that could be perceived to be affected financially by the published work, such as drug companies, or foundations supported by entities that could be perceived to have a financial stake in the outcome. Public funding sources, such as government agencies, charitable foundations or academic institutions, need not be disclosed. For example, if a government agency sponsored a study in which you have been involved and drugs were provided by a pharmaceutical company, you need only list the pharmaceutical company.

4. Intellectual Property.

This section asks about patents and copyrights, whether pending, issued, licensed and/or receiving royalties.

5. Relationships not covered above.

Use this section to report other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work.

Definitions.

Entity: government agency, foundation, commercial sponsor, academic institution, etc.

Grant: A grant from an entity, generally [but not always] paid to your organization

Personal Fees: Monies paid to you for services rendered, generally honoraria, royalties, or fees for consulting, lectures, speakers bureaus, expert testimony, employment, or other affiliations

Non-Financial Support: Examples include drugs/equipment supplied by the entity, travel paid by the entity, writing assistance, administrative support, etc.

Other: Anything not covered under the previous three boxes

Pending: The patent has been filed but not issued

Issued: The patent has been issued by the agency

Licensed: The patent has been licensed to an entity, whether earning royalties or not

Royalties: Funds are coming in to you or your institution due to your patent

ICMJE Form for Disclosure of Potential Conflicts of Interest

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1. Given Name (First Name) Richard 2. Surname (Last Name) Ehman 3. Date 21-October-2020

4. Are you the corresponding author? Yes No Corresponding Author's Name _____

5. Manuscript Title
RSNA/QIBA Shear Wave Speed as a Biomarker for Liver Fibrosis 1 Staging: Elastic and Viscoelastic Phantom Studies

6. Manuscript Identifying Number (if you know it)

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Are there any relevant conflicts of interest? Yes No

Section 3. Relevant financial activities outside the submitted work.

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Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work? Yes No
If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.

Patent?	Pending?	Issued?	Licensed?	Royalties?	Licensee?	Comments
MR Elastography IP	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		



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RLE and the Mayo Clinic have intellectual property rights and a financial interest in magnetic resonance elastography technology.

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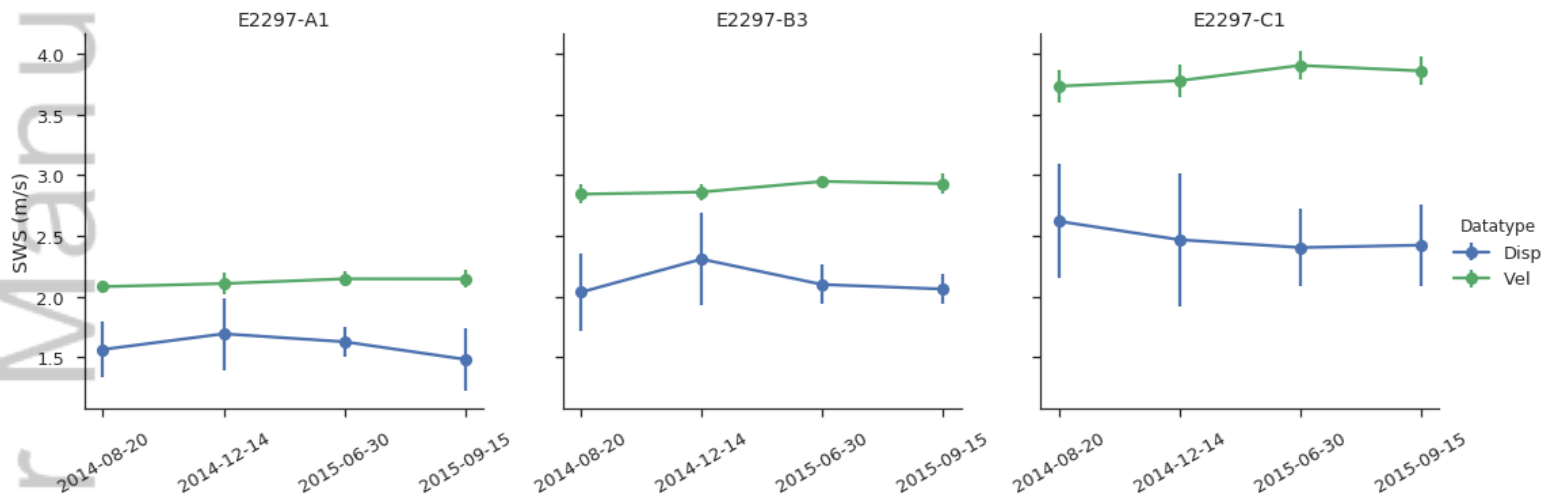
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