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Harnessing Twitter to Empower Scientific Engagement and Communication - The ISTH 2020 Virtual Congress Experience

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Maha Othman MD PhD Professor Department of Biomedical and Molecular Sciences School of Medicine, Queen's University Bottrell Hall, 18 Stuart street Kingston, Ontario, Canada K7L 3N6 Phone: 1 613 533 6108 Email: <u>othman@queensu.ca</u> **Running title:** ISTH Congress- Virtually Connected

Abstract

As a result of the COVID-19 pandemic, the International Society on Thrombosis and Haemostasis (ISTH), like many societies around the world, cancelled their in-person hematology congress planned for Milan, Italy in July of 2020. As a result, the first virtual ISTH congress in the organisation's 51-year history was delivered, inviting free registration from across the globe. As part of the social media support, marketing, and scientific dissemination efforts for the virtual congress, the ISTH assembled a group of official Twitter Ambassadors which represented the broad and diverse ISTH community. Ambassadors were tasked to tweet daily throughout the congress and to share their commentary on the hematology research being presented with the "#ISTH2020" hashtag. Ambassadors were also supported by Twitter activities from the two official ISTH affiliated Journals: the Journal of Thrombosis and Haemostasis (JTH) and Research and Practice in Thrombosis and Haemostasis (RPTH). In this forum and through the Twitter Ambassadors' lens, we present the Twitter Ambassadors' experience, reflect on the impact of social media on the ISTH 2020 congress and share this experience with the wider scientific community. Specifically, we report on the role of Twitter communication for virtual meetings, discuss the pros and cons of the virtual congress, and offer Twitter-related recommendations for future virtual or blended congresses. We conclude that the ISTH Twitter Ambassador program broadened social media engagement and offers a novel route to improve social connectivity in the virtual research congress setting.

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Essentials:

- The first ever virtual ISTH congress was implemented due to COVID-19 pandemic.
- The ISTH invited a diverse group of official Twitter Ambassadors to support the congress.
- The program proved successful with increased Tweets, impressions and engagement for #ISTH2020.
- Social media offers an alternative to in-person discourse, assisting engagement for virtual events.

Introduction

The Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) has caused illnesses in over 65 M people with over 1.5 M deaths worldwide between Dec 2019 and Nov 2020, with numbers continuing to rise <u>https://coronavirus.jhu.edu/map.html</u>. The emergence of the COVID-19 disease pandemic is an unprecedented event with a global impact that has the potential to define the 21st century. Undoubtedly, the short- and long-term repercussions have hit almost all aspects of human life across the globe, including health, economy, science, culture, and social reforms. [1-2]

As the impact of the COVID-19 pandemic evolved worldwide, the International Society on Thrombosis and Haemostasis (ISTH) announced on March 25th, 2020, that the inperson congress planned for Milan, Italy in July of 2020 would be cancelled. A virtual meeting was proposed in lieu of the traditional format, the first-ever such meeting in the haematology society's 51-year history. To encourage engagement and participation

from the global scientific community, registration fees were waived for all participants. [3]

While it was expected that the benefits of in-person meetings would be missing with a virtual congress, many other challenges quickly became apparent. These include variable access to reliable internet, limited bandwidth for concurrent sessions, all-day session schedules, and challenges with varying time zones across the globe. The local organizing committee, supported by the ISTH council, ISTH president, ISTH 2020 congress co-chairs, ISTH headquarter team, and a superb technical team, are to be commended for delivering the congress https://www.isth2020.org/ despite all limitations. In addition to the main focus of bringing the latest in basic and clinical research in the various fields of thrombosis and haemostasis through the Plenary Lectures as well as the State-of-the-Art and Oral Communications presentations, there were live interactions with moderators, presenters, and field experts, complemented by 2374 abstracts and 1912 interactive e-Posters www.academy.isth.org. Additionally, live or recorded supported symposia, virtual industry exhibitions, product theater presentations, and online networking opportunities encouraging the discussion of the newest research and trends with peers and leaders in the field helped contribute to the success of the ISTH 2020 virtual summit.

As part of the social media support, marketing, and scientific dissemination efforts for the virtual congress [4], the ISTH assembled a group of official Twitter Ambassadors; a diverse group that encompassed and represented the broad ISTH community: trainees, early-career clinicians and scientists, senior members, and experts with diverse geographical locations, subspecialties, interests, and expertise. Ambassadors were tasked to tweet daily throughout the congress to share their commentary on the science being presented as well as the overall "#ISTH2020" experience. Topics of interest to each Ambassador were included in promotional materials, but Ambassadors were not limited to these areas. Ambassadors were also supported by Twitter activities from the two official ISTH Journals: the Journal of Thrombosis and Haemostasis (JTH)

<u>https://www.isth.org/page/JTH</u> and Research and Practice in Thrombosis and Haemostasis (RPTH) <u>https://www.isth.org/page/rpth.</u>

From the congress outset, the energy, engagement, and impact of the congress exceeded expectations. The Twitter Ambassador team, most of whom have never even met physically, decided to share this unprecedented experience with the scientific community. Through a Twitter Ambassadors' lens, we aim to present our experience, reflecting on the impact of social media on the ISTH 2020 congress and engagement with the wider scientific community in this novel virtual setting. The role of Twitter in a virtual meeting, as well as the pros and cons of the virtual congress format are discussed. Recommendations for enhancing social media engagement at future congresses based on our experiences are presented.

Methods and Data Analysis:

Specific data on congress attendance was supplied by the ISTH Registration and Marketing team and was analyzed using descriptive statistics. Twitter hashtag usage was analysed using Symplur Analytics <u>https://www.symplur.com/</u>. Data from Twitter accounts of the two ISTH affiliated journals, JTH (@JTHjournal) and RPTH (@RPTHjournal) was analysed for engagements and impressions. It is improtant to mention the #CoagCapsule, which tagged RPTH live tweets of State-of-the-Art presentations given by authors of their annual State-of-the-Art Illustrated Capsules article [5-6]. Twitter surveys were conducted during the ISTH 2020 congress using the account of a Twitter Ambassador (@sortoutbleeding). Of note, ISTH Congress has transitioned in 2019 to an annual congress with an embedded SSC meeting rather than every second-year main congress and alternate year stand-alone SSC meeting. Thus, the data analysed here was restricted to the main Congress (not including the SSC sessions), during which the Twitter Ambassador program was active and also to avoid unfair comparisons of different years.

Results and Discussion:

Observations on Attendance and Participation:

The degree to which the global audience would participate in a novel ISTH congress approach was uncertain. The previous congress attendance record was held by the 2017 ISTH Congress in Berlin, with over 9,500 registrations [7]. In Toronto, in 2015, there were over 7,000, and in Amsterdam, in 2013, there were over 7,800 attendees. For the 2020 virtual congress, unlike previous congresses, registration was free to all participants, easily accessible, and included both live and on-demand participation to ensure a great attendee experience. Increased accessibility also meant that barriers such as the cost to travel and the time needed to be away from regular research or clinical activities, were partially, if not completely, eliminated. The difference in global time-zones however, still created a disadvantage/challenge for the Australia region.

It appears that many of these benefits were reflected in registration, attendee numbers, and demographics. The registration for ISTH 2020 vastly exceeded all previous congresses, with over 12,000 registrants from 135 countries attending the live virtual event (Figure 1A). Overall, in ISTH 2020, online participation averaged 7372 participants per day (range 6561-8119), indicating a high level of virtual activity throughout the congress. The global distribution of delegates was broader than 2019 in Australia, with more attendees from developing versus developed countries; in 2019 1.411 (30%) of participants were from developing countries compared to 4.983 (41%) in 2020. For a comparative analysis, the attendance for the past 5 ISTH congresses are presented in (Figure 1B). For clinician/researchers, It was observed that although attendance had increased in comparison to the 2019 Congress in Melbourne, it did not surpass the Berlin Congress (2017). This may reflect the difficulty of setting aside time in one's own workplace to attend a virtual conference, particularly during the pandemic. Alternatively, the in person attendance in Berlin may have been boosted by the large representation of clinician/researchers within thrombosis and haemostasis in Europe. The trainee attendance (post-doc, resident, student) was also substantially increased for ISTH 2020 compared to previous congresses (Figure 1C). Whether this is related to the lack of registration and travel costs or the ease of online accessibility is unclear. An improved understanding of the reasons underpinning enhanced trainee attendance at

the 2020 Congress would be beneficial in order to continue to advance attendance from this demographic into the future.

Twitter Analytics and Survey Data

As a potential consequence of the ISTH 2020 congress being held virtually rather than in-person, an increased presence on social media, especially Twitter, was observed. Both the total number of tweets including #ISTH2020 and number of impressions (the number of times a tweet is seen on a Twitter user's timeline) of tweets with #ISTH2020 were substantially increased in comparison to #ISTH2019 (Figure 2A-B). These data were mirrored in social media interactions from JTH and RPTH Twitter accounts that interacted with the broad ISTH Twitter community through commentary and highlighting the talks being given. Analysis of Twitter data focused on engagement (when a Twitter user actively interacts with a particular tweet; e.g. "like" or "retweet" or "quote") and impression (a tweet appears to users in either their timeline or search results). The average engagement rate per day for JTH at ISTH 2020 was 4.24% compared to 3.59% at ISTH 2019 (18% increase). Similarly, for RPTH, engagement rates increased significantly at ISTH 2020 by 4.99% in comparison to 2.57% at ISTH 2019 (95% increase). Overall, impressions per day for RPTH were higher for ISTH 2020 (37557) versus ISTH 2019 (32079), with similar trends being observed for JTH as well (15352 vs 1192, respectively) (Figure 2C-D). Collectively, Twitter data from all Twitter Ambassadors and ISTH journals is highlighted in Table 1.

Reflecting on both the advantages and disadvantages of the virtual congress format, we utilized Twitter surveys to assess the opinion on the optimal future conference design. An initial survey with 210 respondents favored in person (67.6%) rather than virtual congresses (32.4%) [8]. However, in this initial poll, many respondents suggested a blended format in text replies, with online sessions (e.g., state of the art, plenary) held in parallel to the traditional in-person meeting. In a second survey comparing blended versus in-person format [9], a clear preference for a blended approach was identified (88.2%), albeit numbers of survey participants were limited (68 respondents).

Twitter Ambassadors Tips:

The #ISTH2020 Ambassadors' role was to promote the congress on social media, the team has certainly learned from both the experience and from each other. For those less familiar with social media platforms, we have compiled some general tips categorized by three themes, that can be applied to any virtual conference **(Table 2)**. We hope that expanded use of social media from more delegates will continue to enhance the connectivity of the haemostasis community through these fractured times.

Future Directions/Recommendations:

While a perfect replacement to an international in-person congress may not exist, the advantages of a virtual format cannot be ignored. The COVID-19 restrictions to physical conferences are unlikely to last forever. However, based on the ISTH2020 virtual experience, we would like to provide ISTH and the research community three main suggestions/recommendations for future congresses.

a) Virtual or In-Person Congress?

While the virtual congress still ensure dissemination of scientific data, a major compromise with any virtual congress with the lack of in person interactions, providing a level of personal connection that is challenging to replicate online. Although conference related travel is time consuming and costly, the lack of dedicated time for conference attendance may limit engagement or participation due to conflicting work and/or family requirements. In order to encourage the broadest participation possible, we believe a blended model where some live stream sessions alongside physical attendance could achieve the best of both worlds. Various congress registration fee categories could be generated to provide flexibility and meet various needs across the globe to maximize attendance and benefits. This will accommodate those with financial and time constraints and ultimately promote attendance from the broader ISTH community.

An alternating schedule of virtual and blended/in-person congress may also be considered. Creating pre-congress social media experiences such as how to register,

network, promote your research online (especially catered for early-career researchers), sneak peeks of scheduled sessions and topics is likely to set the stage and facilitate better networking during the congress.

b) Communication is Key:

We recommend emailing all information on "how-to navigate the virtual meeting" prior to the congress and having all congress information in one location, as opposed to multiple websites or emails, to promote participation and enhance attendees' experience. Follow up surveys should not only capture experiences, needs, and suggestions but also be used to refine and hone the format. ISTH can also educate and guide attendees about the value of a virtual congress and how to showcase one's research. Social media taskforces may be more effectively utilised to support the virtual congress through the collection of user handles in conference registration, promoting the congress both in advance and throughout, providing training on the use and benefits of social media for education and networking, focusing on supporting engagement from other disciplines.

c) The Congress on the Web:

A virtual congress would benefit from a "one platform for all" base - a more user-friendly platform that links all websites together, including iPlanner linked with abstracts and posters. Attendees would benefit from a user-friendly and a possible live venue to engage socially in the virtual space. This can be achieved via the ISTH application (like in previous conferences) or other platforms. We also suggest a Live chat option during e-poster sessions for better interaction and engagement.

Concluding Remarks

We have provided the Twitter highlights of the ISTH 2020, the first-ever ISTH Virtual Congress, based on the Twitter Ambassadors' experience. We shared our observations, views, and reflected on the experience. We believe virtual congresses can be successful with proper planning and promotion. Some scientists have also shared their perspective and agreed that conferences could become more affordable and more inclusive if virtual events become part of 'the new normal' [10]. The ISTH Twitter Ambassador program has proven successful in serving the congress and the attendees, can support future congresses, and the experience can be applicable to other disciplines.

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Author contributions: MO developed the concept and the design of the manuscript and contributed to the analysis, interpretation, tabulation of data and writing and revision of content, MC gathered, tabulated and analysed ISTH, JTH and RPTH data and contributed to the graphical illustration and interpretation of data, writing and revision of content. GDB contributed to the concept, writing and revision of content, SC contributed to the concept, writing and revision of content, JMC contributed to the concept, writing and revision of content, FD contributed to the concept, analysis of Ambassadors' experience, writing and revision of content, AK contributed to the concept, writing and revision of content., PHLC contributed to the concept, analysis of ambassadors' experience, writing and revision of content, SM contributed to the concept, analysis of Ambassadors' experience, writing and revision of content, JM contributed to the concept, writing and revision of content, FNA contributed to the concept, writing and revision of content, KT contributed to the concept, analysis of Ambassadors' experience, writing and revision of content. DVW contributed to the concept, analysis of Ambassadors' experience, writing and revision of content, AW contributed to the concept, analysis of Ambassadors' experience, writing and revision of content, ML contributed to the concept and analysis, interpretation and graphical illustration of data, and writing and revision of content.

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FIGURE LEGEND:

Figure 1:

- A) Global distribution of ISTH 2020 congress registrants.
- B) Total attendance in ISTH Congresses between 2013 and 2020.
- C) Comparative analysis of the Congresses attendee demographics between 2015 and 2020. Demographic details were not available for the 2013 congress and thus were not included.

Figure 2:

- A) Number of tweets per conference day using the #ISTH2019 (red squares) or #ISTH2020 (blue circles)
- B) Average impressions/day, tweets/day and Twitter participants using the hashtags
 #ISTH2019 or #ISTH2020
- C) Comparative analysis of the ISTH 2019 (red) and 2020 (blue) Twitter engagement data from the @RPTHjournal (solid colours) and @JTHjournal (hatched colours) accounts.
- D) Comparative analysis of the ISTH 2019 (red) and 2020 (blue) Twitter impression data from the @RPTHjournal (solid colours) and @JTHjournal (hatched colours) accounts.

TABLE LEGEND:

Table 1: A comparison of witter data from Ambassadors and ISTH journals betweenISTH 2019 and ISTH 2020.

Table 2: Twitter Ambassadors Tips- Suggestions to Enhance Twitter Impact for aVirtual Congress Categorized by Themes.

Author Manus

TABLE 1

Ambassador /	Twitter handles	Tweets		Impressions		Engagements	
Group		Average /day		Total		Total	
		2019	2020	2019	2020	2019	2020
				(5 days)	(3 days)	(5 days)	(3 days)
Ainle	@fniainle	8.8	14.7	53488	58170	2215	3593
Barnes	@GBarnesMD	6.2	22.0	59396	70965	2338	3693
Comer	@Shane_Comer1	n/a	22.0	n/a	62294	n/a	2758
Connors	@connors_md	4.4	35.7	22252	108679	845	5197
Cormier	@_MatthewCormier	2.0	26.7	8044	34535	703	1992
Denorme	@FrederikDenorme	0.6	11.7	3880	36285	193	2205
Khorana	@aakonc	2.4	8.7	34981	35136	1099	1654
Las Casas	@pedrohlascasas	n/a	19.7	n/a	27656	n/a	2057
Lavin	@sortoutbleeding	11.2	9.7	49442	46765	2132	3424
Morla	@ShravanMorla	n/a	6.7	n/a	11254	n/a	503
Muia	@joshuamuia	n/a	15.0	n/a	27774	n/a	1169
Othman	@MahaOthman8	1.8	20.7	6241	35503	389	1369
Taylor	@Dr_KTaylor	n/a	15.3	n/a	35011	n/a	1821
van der Wal	@DianvanderwalDr	8.6	40.0	20698	56572	879	2724
Weyand	@acweyand	n/a	8.3	n/a	85337	n/a	6171
JTH	@JTHjournal	1	10	5959	46056	226	1932
RPTH	@RPTHjournal	35.8	72.7	160396	112672	3999	5782
Total		82.8	359.6	424777	890664	15018	48044

TABLE 2

-Use visual or cartoon with a	Tagging speakers, (ISTH-	-Consider running two systems simultaneously: one to tweet and			
short key message/summary	affiliated journals), institutions	one to watch sessions (e.g. phone and laptop)			
	and international bodies helps				
U	reach a broader audience				
-Including your questions or	-Combine high-level hashtags	-Determine your audience for each tweet and target different			
interpretation of the data	with others to increase impact	tweets for different audiences; for broader audiences, tweets with			
helps exchange views and		more general messages are advised			
share insights despite the		-Retweet to cater for different timezones (Australasia)			
physical distance.					
-Tweeting about topics	-Use additional and	-Consider a balance between "live tweets" and "post summaries".			
outside your specialty and	scientific/appropriate hashtags	The latter can be more informative			
tagging anyone who might	and keep using them, e.g.				
be interested enhances	#bleeding or #platelets				
interdisciplinary					
engagement and					
collaboration					
-Adding some personal life	-Tag (other) ambassadors to	-Use of mentions, trending and relevant hashtags that encompass			
experiences to tweets, like	amplify your message	the conference will enhance twitter impact of both the individual			
"how I congress", enhances		tweet and the congress			
your visibility and presence		-Use multiple online platforms to broaden the outreach			













