

## 1 **Supporting Information 1: Details of systematic review**

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### 3 *Eligibility criteria*

4 All instruments developed for patients with obesity undergoing any type of treatment were  
5 eligible. Only studies with full text papers and with the aim to describe the development  
6 and/or evaluation of measurement properties of instruments that measure quality of life were  
7 included. Since the consensus meeting was held in English only instruments available in the  
8 English language were used for this review.

9

### 10 *Literature search*

11 On 22 april 2019, a systematic literature search was conducted in PubMed, EMBASE,  
12 Ebsco/PsycINFO, Ebsco/CINAHL, Cochrane Database Systematic Reviews and CENTRAL.  
13 The search included, but was not limited to the following terms:

- 14 - Obesity
- 15 - Patient-reported outcome measures
- 16 - Quality of Life
- 17 - Lifestyle intervention
- 18 - Nutrition
- 19 - Movement therapy
- 20 - Cognitive behavioral therapy
- 21 - Pharmacological treatment
- 22 - Endoscopic treatment
- 23 - Clinimetrics/psychometrics

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25 Using Covidence systematic review software (Veritas Health Innovation, Melbourne,  
26 Australia. Available at [www.covidence.org](http://www.covidence.org)) two reviewers (CV and VM) independently  
27 screened titles and abstracts and, at a second stage, assessed the full-text articles retrieved by  
28 the literature search. Conflicts were resolved by consensus of the two reviewers.

29

### 30 *Evaluation of methodological quality*

31 The same two reviewers (CV and VM) independently evaluated the methodological quality of  
32 included studies. The COSMIN (COnsensus-based Standards for the selection of health  
33 Measurement INstruments) guideline for systematic reviews of measurement instruments was  
34 used to evaluate the methodological quality of the included studies (1). Conflicts were  
35 resolved by consensus of the two reviewers. For each included instrument development  
36 studies were searched to complete quality evaluation.

37 Since one reviewer (CV) worked in the department of one of the included instruments (the  
38 BODY-Q), this instrument was rated by another reviewer (MN).

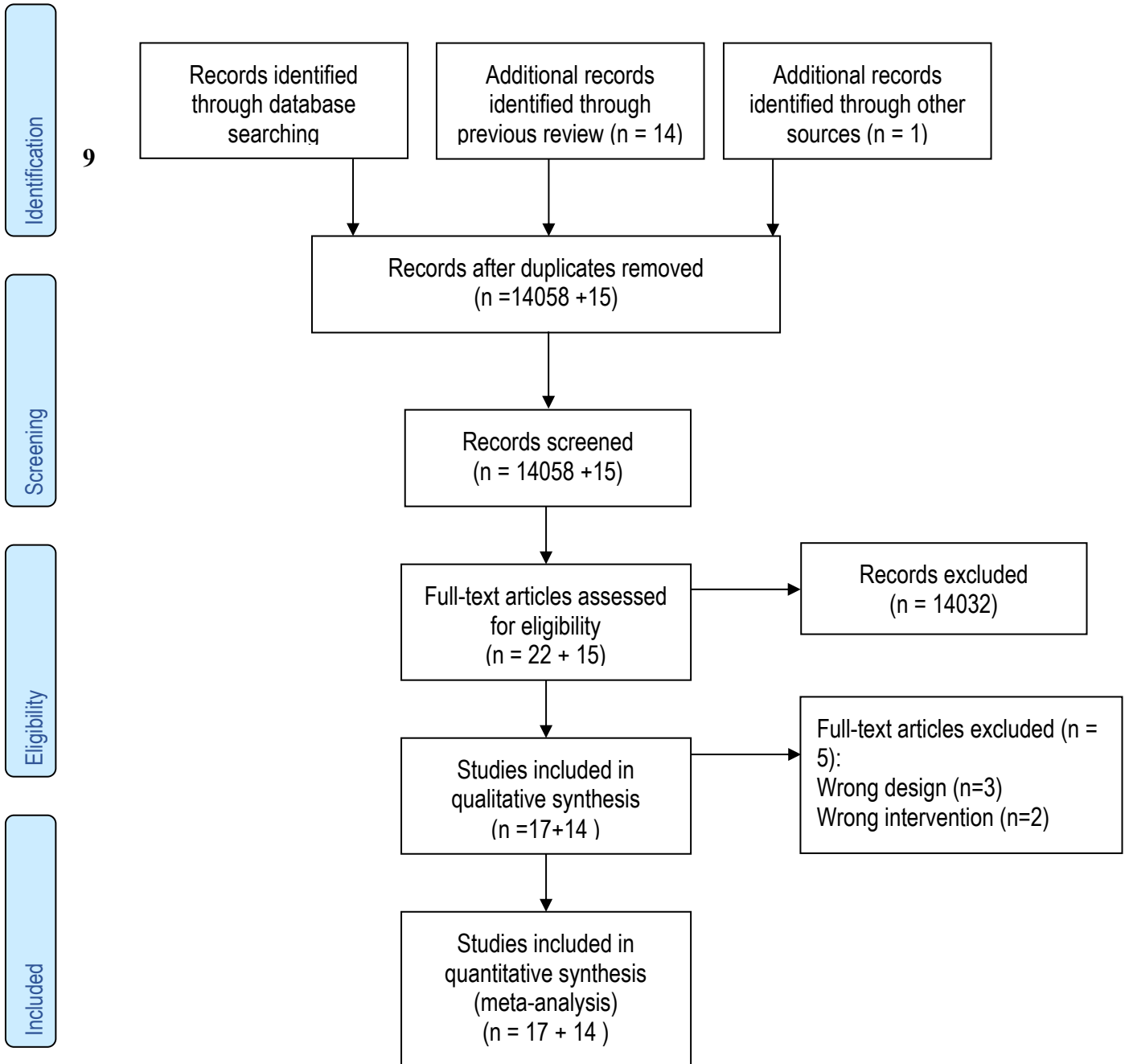
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### 40 *Selection of instruments*

41 The previous review included 26 articles with 24 instruments (2). After exclusion of  
42 instruments focused on body contouring surgery (n=1) and instruments in other languages  
43 then English (n=12), a total of 11 instruments could be used in the consensus meeting. Studies  
44 on development and/or evaluation of measurement properties of these 11 instruments were  
45 described in 14 publications.

46 The updated search resulted in seven additional instruments, two of these instruments were  
47 not available in English and hence not included (3,4).

48 In addition, one instrument was brought to our attention via a of the member of the consensus  
49 meeting panel (5).



**Table 1: Characteristics of the included studies**

<b>Instrument</b>	<b>author</b>	<b>Year of publication</b>	<b>Geographic location(s)</b>	<b>Language</b>	<b>Population</b>	<b>Number of participants</b>	<b>Age, years</b>	<b>Percentage of women</b>	<b>BMI, kg m<sup>2</sup></b>
M-A QoLQ (BAROS)	Oria HE	1998	US	English	n.a.	n.a.	n.a.	n.a.	n.a.
BOSS	Tayyem RM	2014	UK	English	Pre and postbariatric patients	236	45.3±10.7	77.1%	48.4±9.2
Laval	Donini	2017	Italy	Italian	Patients in treatment for obesity	273	46.2 ± 14.2 (m) 46 ± 13.5 (f)	72,9%	40.4 ± 8.3 (M) 34.8 ± 6.2 (F)
TRIM	Brod et al	2010	US, Australia, and Canada	English	Patients who use anti-obesity medication	208	20-76 years	78.4%	30-45
SF-36	Corica	2016	Italy	Italian	obese subjects seeking treatment	1735	44.7 ± 11.0	77.6%	30-45

IWQOL-lite									
Kolotkin	1997								
De	2010	Brazil	Portugese	Premenopausal	89 clinical	36.0 (±7.8)	?	29.3 ±5.3	
Mariano				women in weight loss		(clinical)		(clinical)	
				program (excluded:	156				
				chronic diseases	community	34.0 (±7.6)		24.4 ±5.0	
				physical disabilities		community		community	
				and smokers.)					
Engel	2005	Portugal	Portugese	Outpatient lifestyle	138 clinical				
				weight management	250				
				programme &	community				
				overweight/obese					
				volunteers (all					
				women)					
				exclu: pre-					
				menopausal, free from					

current major chronic  
and without limiting  
physical disability.

IWQOL-lite Clinical trial version	Kolotkin	2017	US	English	Pts with obesity only	42	19-70	52.4%	30.4-51.6
					Pts with obesity and diabetes	29	21-75	16/29	27.1–45.7
Obesity-related Problems scale	Karlsson	2003	Sweden	Swedish	Obese subjects	6863	37-57	4264	
	Karlsson	1995	Sweden	Swedish		709	47-48 per group on average	312	
Moorhead- Ardelt Quality of life Questionnaire II	Oria	2009	US	English					

QOLOD	Ziegler	2005	France	French	Pts with obesity, excluded those with obesity of endocrine origin	128 & 212	42.5 ± 12.1 & 43.3 ± 12.2	83.6% & 77.7%	34.5 ± 2.8 & 35.8 ± 7.5
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58 **References**

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77 **Supporting Information 2: Prioritization surveys**

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80 Prioritization survey 1:

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82 Please indicate for each domain if you think this domain should be definitively included,

83 possibly included or definitively excluded in quality of life measurement for obesity

84 treatment.

Definitively  
include

Maybe  
include

Definitively  
exclude

Appearance

Physical Health

Physical Symptoms

Psychological Health

Sexual Well-being

Social Health

Body Image

Self Esteem

Work Function

Eating

Incapacity

Personal Hygiene

Emotional distress

Anxiety

Pain

Digestive symptoms

Family

Definitively  
include      Maybe  
include      Definitively  
exclude

Positive activities

Partnership

Excess skin

Usual activities

Self care

Fatigue

Mental Health

Self-Efficacy

85

86 Is there a domain that is not in the list, but should be according to you?

87

88 Thank you for filling in the survey!

89

90

91 Prioritization survey 2:  
92  
93

94 Dear Participant,

95

96 Thank you for assisting the SQOT initiative to rank PROMs that measure Quality of Life in  
97 obesity. As explained in the e-mail, this survey will be used as a basis for the consensus  
98 meeting on Quality of Life measurement in obesity treatment.

99

100 Recently, our team performed a systematic review on PROMs in surgery for obesity. We will  
101 ask you to rate the PROMs included in that survey.

102

103 At the end of the survey you will be able to add additional instruments that are not listed in  
104 the survey. Please add the instrument along with why you think that it is important.

105

106 For each PROM (ordered based on their category of recommendation in the systematic review  
107 by de Vries et al.):

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109 Categorization of this PROM:

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- 111 • Definitively include
- 112 • Possibly include
- 113 • Definitively exclude

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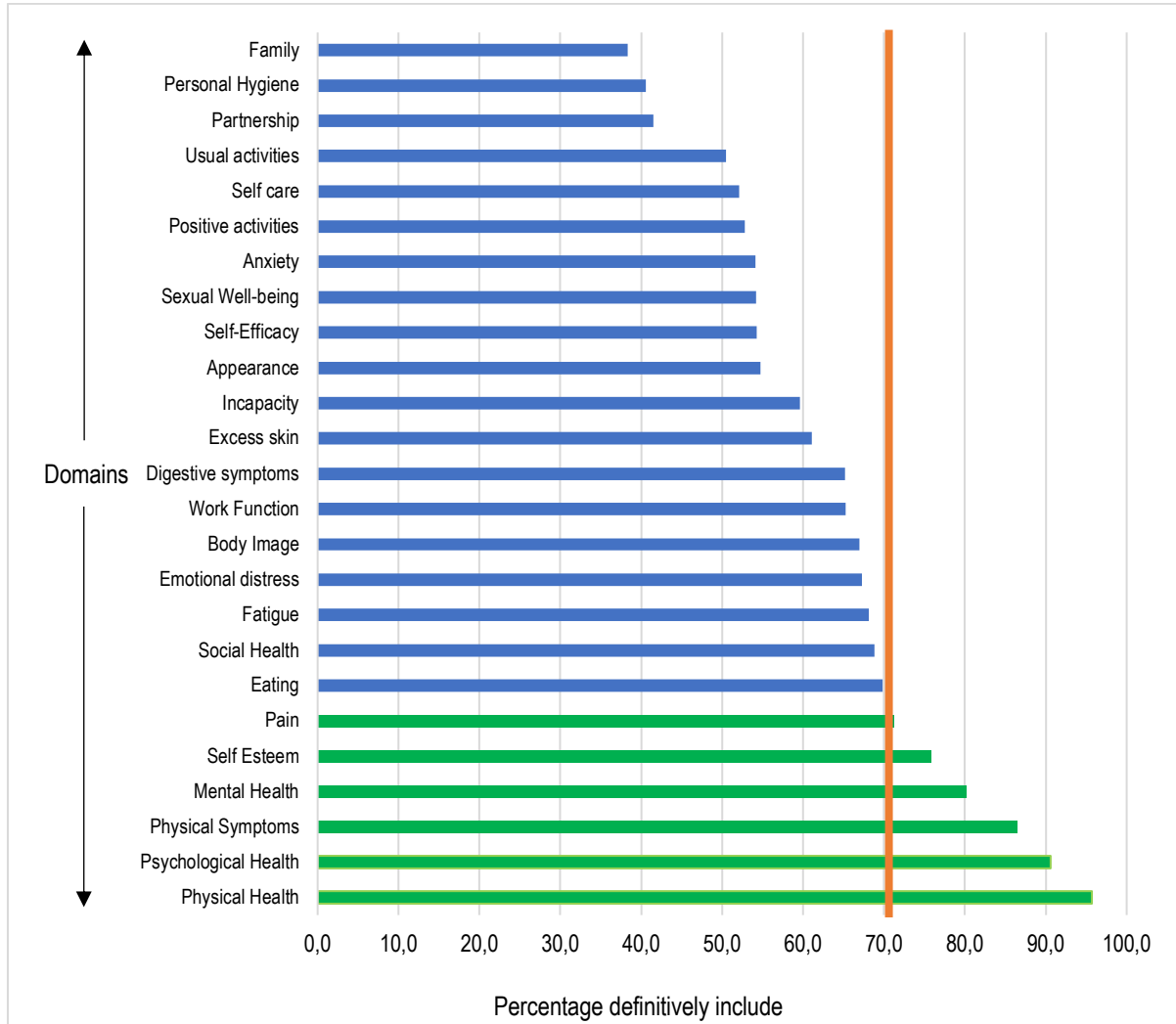
115 Comment:

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### Supporting Information 3: Prioritization surveys: ranking of domains

**Figure 1:** Results of the online survey assessing which domains that should be included in QoL measurement



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125 **Supporting Information 4: PROMs included in the consensus meeting**

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127 1. BAROS

128 2. BODY-Q

129 3. BOSS

130 4. BQL-Index

131 5. EQ-5D-5L

132 6. GIQLI

133 7. IWQOL-Lite

134 8. IWQOL-Lite CT

135 9. M-A QOL QII

136 10. OP-scale

137 11. ORWELL-97

138 12. PBOT

139 13. PROS

140 14. QOLOS

141 15. SF-36

142 16. TRIM

143 17. WHO-QOL BREF

144

145 BAROS, Bariatric Analysis and Reporting Outcome System; BOSS, bariatric and obesity-

146 specific survey; BQL Index, Bariatric Quality of Life Index; GIQLI, Gastrointestinal Quality

147 of Life Index; IWQOL-Lite, Impact of Weight Quality of Life-Lite; M-A QoLQ, Moorehead-

148 Ardelit Quality of Life Questionnaire; M-A QoLQII, Moorehead-Ardelt Quality of Life

149 Questionnaire II; OP-scale, Obesity-related Problems scale; ORWELL-97, Obesity-Related

150 WELL-being-97; PBOT, Post Bariatric Outcome Tool; PROS, Patient-Reported Outcomes in

151 Obesity; QOLOS, Quality of Life for Obesity Surgery; SF-36, Short-Form-36; TRIM,

152 Treatment Related Impact Measure; WHO-QOL BREF, World Health Organization Quality  
153 of Life Questionnaire-BREF  
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**Supporting Information 5: Ranking of PROMs in the first prioritization survey**

<b>PROM</b>	<b>Survey option</b>	<b>Percentage, %</b>
BAROS	Definitely include	38
	Possibly include	17
	Definitely exclude	45
BODY-Q – Domain: Quality of Life	Definitely include	77
	Possibly include	17
	Definitely exclude	6
BODY-Q – Domain: Appearance	Definitely include	56
	Possibly include	26
	Definitely exclude	18
BOSS	Definitely include	73
	Possibly include	22
	Definitely exclude	4
BQL-Index	Definitely include	35
	Possibly include	33
	Definitely exclude	33
EQ-5D-5L	Definitely include	38
	Possibly include	38
	Definitely exclude	24
GIQLI	Definitely include	43
	Possibly include	28
	Definitely exclude	30
IWQOL-Lite	Definitely include	59
	Possibly include	31
	Definitely exclude	10
M-A QOL QII	Definitely include	34
	Possibly include	29
	Definitely exclude	37
OP-scale	Definitely include	43
	Possibly include	30
	Definitely exclude	27

PBOT	Definitely include Possibly include Definitely exclude	59 28 14
QOLOS	Definitely include Possibly include Definitely exclude	64 23 13

157  
158 BAROS, Bariatric Analysis and Reporting Outcome System; BOSS, bariatric and obesity-  
159 specific survey; BQL Index, Bariatric Quality of Life Index; GIQLI, Gastrointestinal Quality  
160 of Life Index; IWQOL-Lite, Impact of Weight Quality of Life-Lite; M-A QoLQ, Moorehead-  
161 Ardel Quality of Life Questionnaire; M-A QoLQII, Moorehead-Ardelt Quality of Life  
162 Questionnaire II; OP-scale, Obesity-related Problems scale; PBOT, Post Bariatric Outcome  
163 Tool; QOLOS, Quality of Life for Obesity Surgery

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