# **Choosing a Specialty: How Faculty and Residents May** Influence Medical Students Career Choices

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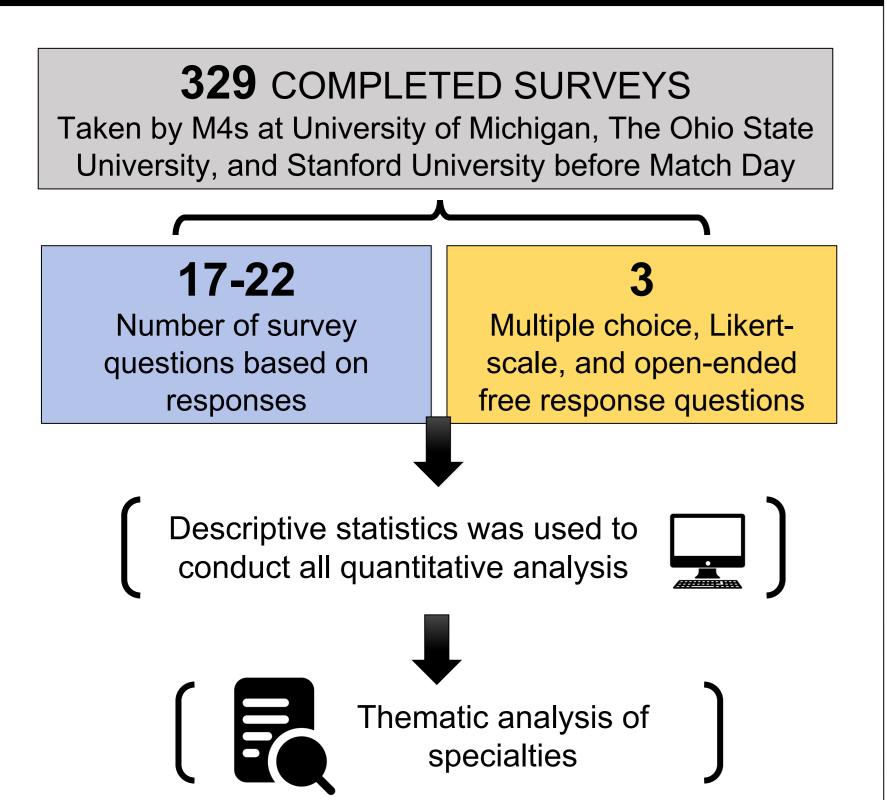
#### BACKGROUND

Specialty selection decisions are not purely personal; influence from faculty and residents impact medical students decision.

Feedback received from faculty and residents were shown to impact final specialty selection



## **METHODS**



- Same specialty as attending

Survey captured 3 types of feedback medical students received from faculty and/ or residents:

- Same specialty as resident

#### **Positive Feedback**



Most students receive positive feedback if selecting same specialty as faculty



Students who selected a surgical specialty received the most positive feedback regardless of faculty or resident specialty



Most positive feedback was followed up with positive reinforcement and support within selected specialty

#### RESULTS

Feedback was categorized into 4 groups: • Different specialty than attending

- Same specialty as resident
- Different specialty than resident

• When intended specialty is disclosed • Differences in feedback based on specialty of those providing feedback

These themes manifested differently based on specialty selection:

#### **Surgical specialty**

#### Specialty support

#### **Negative Feedback**

## Family Medicine

Specialty reported to receive the most negative feedback

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#### Impact of negative feedback on medical students

26.8% of students changed their specialty based on the feedback received



#### **Comfort with sharing specialty** selection

41% of students felt uncomfortable sharing their selected specialty

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## DISCUSSION

- Fear of judgement, lower grades, and retaliation were reasons medical students felt uncomfortable sharing specialty selection
- Perceived that teaching was affected after specialty selection was revealed
- Reported experiencing bias based on specialty selection
- Provide training to faculty and residents on effectively delivering constructive feedback to specialty selection

