Choosing a Specialty: How Faculty and Residents May Influence Medical Students Career Choices

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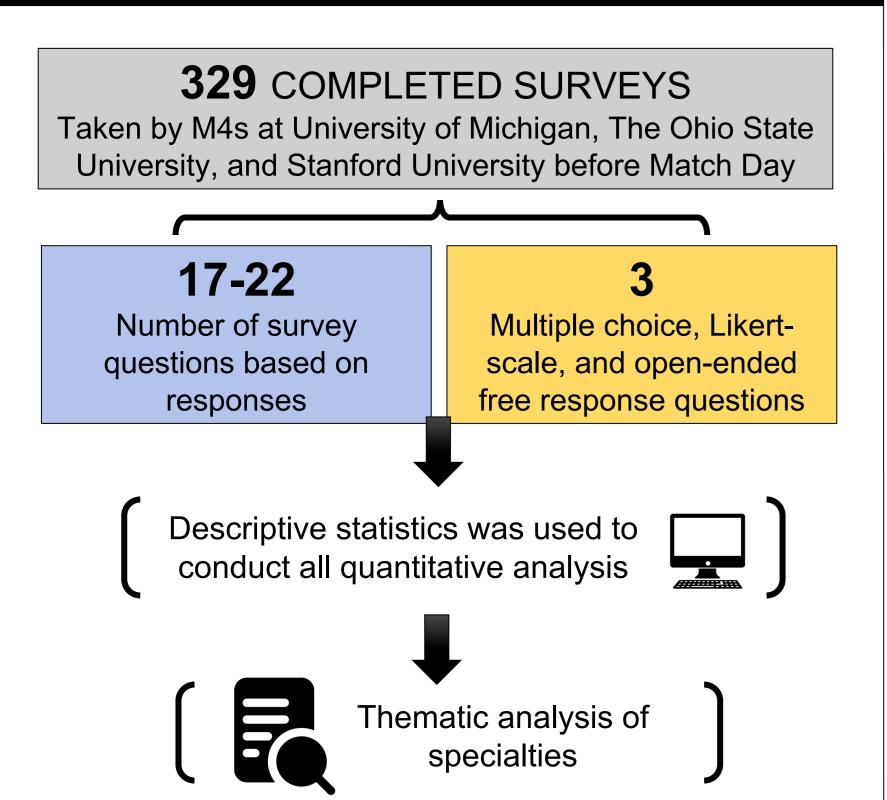
BACKGROUND

Specialty selection decisions are not purely personal; influence from faculty and residents impact medical students decision.

Feedback received from faculty and residents were shown to impact final specialty selection



METHODS



- Same specialty as attending

Survey captured 3 types of feedback medical students received from faculty and/ or residents:

- Same specialty as resident

Positive Feedback



Most students receive positive feedback if selecting same specialty as faculty



Students who selected a surgical specialty received the most positive feedback regardless of faculty or resident specialty



Most positive feedback was followed up with positive reinforcement and support within selected specialty

RESULTS

Feedback was categorized into 4 groups: • Different specialty than attending

- Same specialty as resident
- Different specialty than resident

• When intended specialty is disclosed • Differences in feedback based on specialty of those providing feedback

These themes manifested differently based on specialty selection:

Surgical specialty

Specialty support

Negative Feedback

Family Medicine

Specialty reported to receive the most negative feedback

(\mathbf{x})

Impact of negative feedback on medical students

26.8% of students changed their specialty based on the feedback received



Comfort with sharing specialty selection

41% of students felt uncomfortable sharing their selected specialty

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DISCUSSION

- Fear of judgement, lower grades, and retaliation were reasons medical students felt uncomfortable sharing specialty selection
- Perceived that teaching was affected after specialty selection was revealed
- Reported experiencing bias based on specialty selection
- Provide training to faculty and residents on effectively delivering constructive feedback to specialty selection

