



THE
Sunday
SCARIE
SERIES

KATE ESTEY

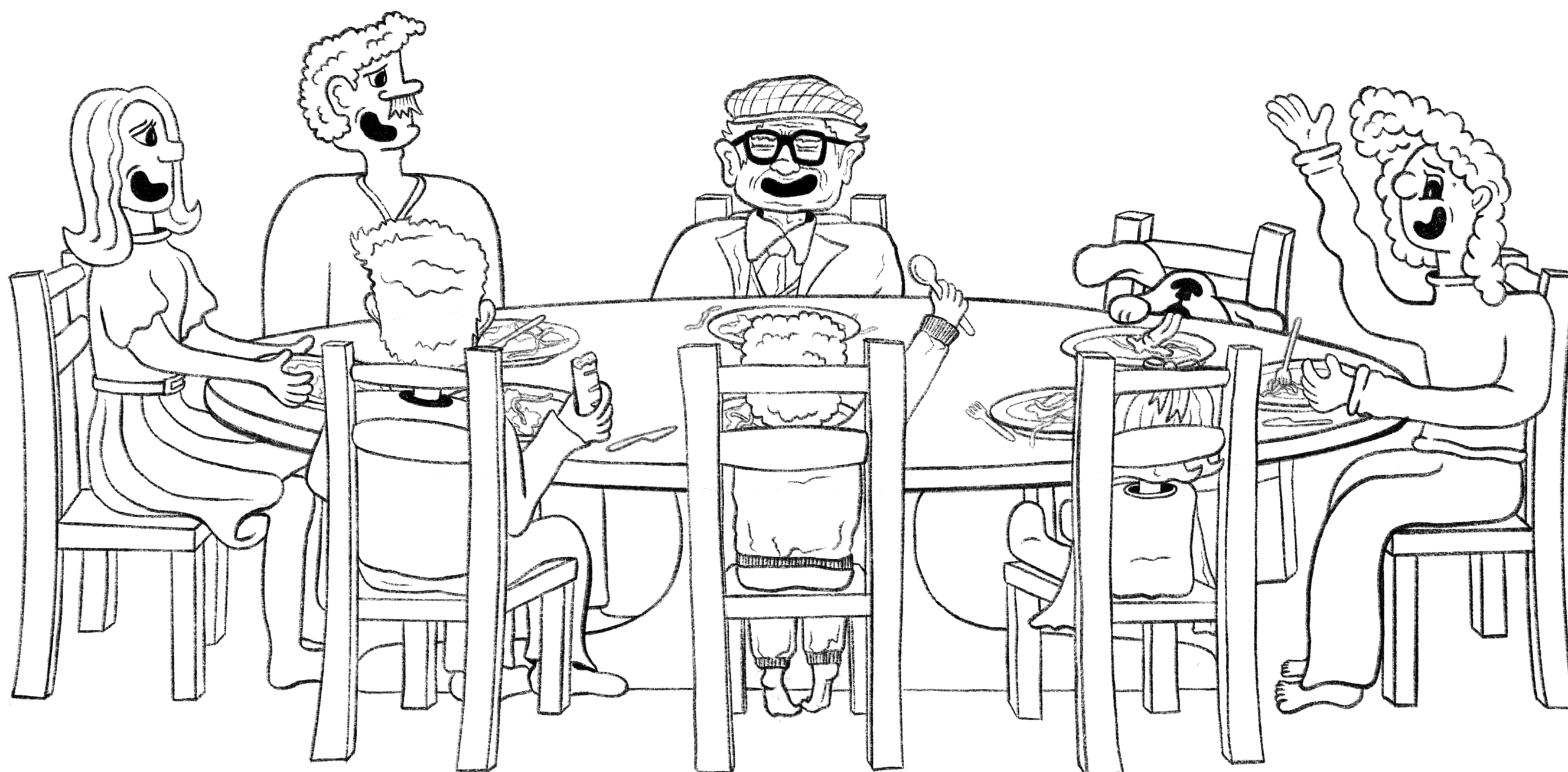


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ARTIST STATEMENT

My work is like a cinnamon roll – sweet, warm, and enticing to people of all ages. The spiral is **a symbol of connection**, which is the goal of my work: to bring children and adults together through illustrated stories and play.

Through storytelling, I aim to **strengthen relationships between children and adults** and remind adults how they can rediscover their sense of play and wonder.



PROBLEM STATEMENT

I have created a brand of activity books called The Sunday Scarie Series as well as the first book in the series called The Potlucks.

This series **transforms mundane activities** such as eating dinner, exercising, and cleaning, into creative interactions between adults and children. The stories emphasize the essential connection between play and learning. The books include an immersive story with unique activities. These activities purposefully “interrupt” the plot to generate conversation and interaction between the adult and child.

Children have a supported space to play and learn and the adults have an opportunity to “return to childhood.” This series is **intended equally for adults and children**, with the ultimate goal that they will learn about methods of creativity from each other.

QUESTION DRIVING MY WORK:

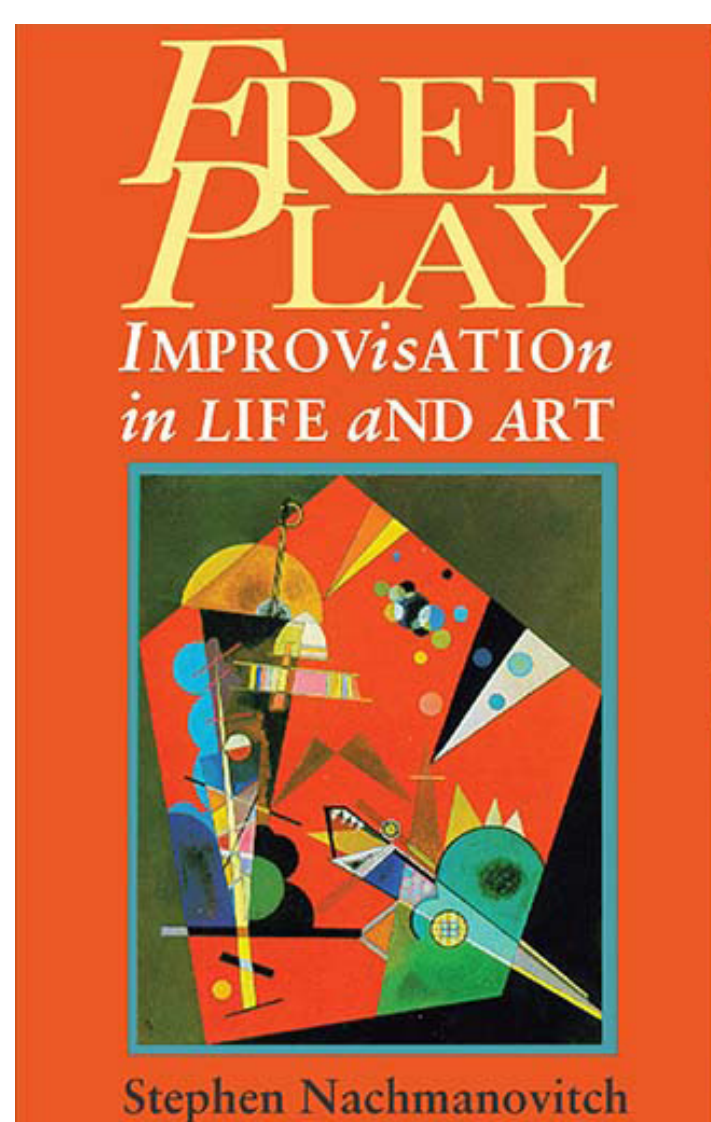
Through this work, how can I rekindle my own creativity as an adult utilizing the process of creating such as The Sunday Scarie Series?

RESEARCH

Winn, Marie. "The Loss of Childhood." The New York Times, 8 May 1983, <https://www.nytimes.com/1983/05/08/magazine/the-loss-of-childhood.html>.

This article references the fact that something has changed within families, mothers, marriage, and the dynamic of a home. Children have moved out of a place of innocence. They are now being molded and turned into "little adults." This even falls onto society and its change in attitude towards children. America specifically has a problem in understanding that they need to prepare children for the world rather than protect them from the world. These children however are suffering and dealing with the damage of a lack of balance in this exposure to what they know about the world.

The article talks about how children are falling into a place of neglect. Today children aren't seen as a gift or special but rather an inconvenience and end of fun. Childhood has lost its beauty, awe, and wonder. There are certain things that are damaging to expose children too at such an early age such as sex or sexual content, violence, responsibilities that should be on the parent. Divorce rates and the destruction of a historical family is causing trauma to children's lives based on a lack of protection. It is essential the children are mentally and physically taken care of.



Nachmanovitch, Stephen. Free Play Improvisation in Life and Art. New York: Jeremy P. Tarcher/Putnam, 2010.

Stephen Nachmanovitch's published this book in 2010 with the purpose of diving into the necessity of strengthening "play" and creative "power". He wrote this book as a musician himself and he has a lot to say and compare to childhood and fine arts in his experiences and stories. He explains this specifically around music and the arts and reflects on the fact that art comes

from play. Art comes from improvisation and is enriched by people's encouragement of exploration and play. The key part or chapter that is most relevant to my project is called "Childhood's End." Nachmanovitch talks about the natural creativity of a child and how it is affected into adulthood. He ends up suggesting the school systems turn children into conforming adults. Then these adults turn more children into the same system. As a result of this art has become skewed as the value of an artist's work comes from the pressure of the outcome rather than the process or even the enjoyment of making and creating and playing. Nachmanovitch ends the chapter with the statement that there is a moment every child experiences this loss of creative freedom and play due to society and the gravity of reality.

Saint-Exupéry Antoine de, and Katherine Woods. The Little Prince. United States: Ancient Wisdom Publications, 2018.



The Little Prince is an illustrated story that seems to be more for adults than children based on the heavy topics and gravity of what is in the story. It is about the topics of "grown-ups" compared to the little prince a child. The narrator, who is the aircraft pilot, crashes his plane and meets the little prince. As the narrator works to fix his plane he talks with the little prince. He talks about deep topics and explains themes of love, jealousy, loss, friendship, and loneliness. The book goes on to talk about adults and how they get sucked into the world and drawn out of childhood. There are adults who get stuck as kings, geographers, businessmen, and who are all too conceited. The argument through this book is that adults should be aware of their inner child, which is often suppressed by adult life. It begs the reader to look deeper inside to find the truth about who a person is and where they came from and what is lost versus found as time goes on.

The idea of a journey is so attractive within the story of the little prince. Especially for a story that comes across as something a child would read, however, the adult by the end of the book is emotional and full of reflection. The child had most of the information go over their head and it comes across as "a nice story." This book caused me to reflect on how I can create with the goal of reaching both the adult and the child. Maybe not to reach both groups but rather to bring them together in a way that they don't have to be separate. The little prince goes into different worlds or realms and is full of abstraction and interpretation. Altogether, the little prince forced me to understand my own loss. This is the loss of being a child, however, the little prince leaves you at the end of the story with a feeling that you still might have it within you as long as you are aware of it, as long as you seek the truth of who you are and don't lose who you were.

Martínez, Daniel. YouTube. (2017, January 8). CGI animated short film HD “alike “ by Daniel Martínez Lara & Rafa Cano Méndez | CGMeetup. YouTube. Retrieved March 18, 2023.



Within America, and other first world countries, there are real issues within the working world. Many jobs and professional life put creativity on hold – specifically referring to making money and building themselves up to the top. Work isn't about learning new things, self-improvement, or even curiosity. For parents this draining lifestyle can change children's love for play. Parents' creativity actually supports a balanced family for the children, but more truly improves their own happiness and mental health. The film *Alike* by Daniel Martínez Lara and Rafa Cano Méndez do a fantastic job illustrating this. This is a story that shows a synergistic effect of children and adult's creativity. Children and adult's feed off of each other like a powerful force. In the film it shows how a father and son experience this phenomenon.

In this first image, the son is eager to go to school and breaks the rules by drawing on his papers rather than doing the work. His father is drained at his desk job and leaves grey and faded. When he sees that his child isn't doing his work "properly" he gets mad and encourages him to stop messing around. He basically tells him to be more like him – do your job and do not be playful.

The image above shows how the father needs his son to bring out play, creativity, and color into his life. When he is with his child he is brought back to his own joy and creativity. However, the most important part of the film is when the father stops supporting his child's creativity, and the child becomes grey as well. They are both left in a desk job, grey, colorless world. What healed this greyness is the most important part. The father returned to his own childhood and started to dance and play the violin in the middle of the city. The child began to laugh and became orange again. It is a moment of healing and play that brought them both back to color.

It is always up to the adults to return back to creativity, to support their own play, and to never let it be fully lost. This film shows that it takes a cautious awareness to keep adult creativity. Although children can bring adults back to a child-like play and creativity, adults cannot solely rely on children to bring them out of their "greyness." They cannot remain "grey" for too long without it being detrimental. Adults must find color in their own way.

Nmcteam. Interview with Chris Van Allsburg: Part 1. Center for the Collaborative Classroom. Retrieved April 3, 2023, from <https://www.collaborativeclassroom.org/blog/interview-with-chris-van-allsburg-part-1/>

In an interview with the famous book illustrator and writer of *Jumanji*, Chris Van Allsburg explains so well how there is a problem arising in children in the more recent years.

He explains how for many years he has "received in the mail stories that kids have been motivated to write by viewing the pictures and captions that appear in *The Mysteries of Harris Burdick*. I noticed that when I got stories from younger kids—even though they sometimes struggled with language and their grammar wasn't particularly good—they seemed to be pretty imaginative."

He goes further to explain that when he received letters from the older kids of course, "their ability to communicate with language improved, but their imaginations seemed to diminish. My feeling is that what happens is this: overexposure to other media can contaminate their own imaginative process. By the time they get to be 13, 14, they have seen so many films, played so many videogames, watched so much television, that initially when they're called upon to express their own ideas, they just download things that have already been uploaded through their eyeballs."

More than ever, older children are losing creativity and play. This transition into adulthood will result in even more of a struggle to maintain curious thinking and an open-minded child-like mind.

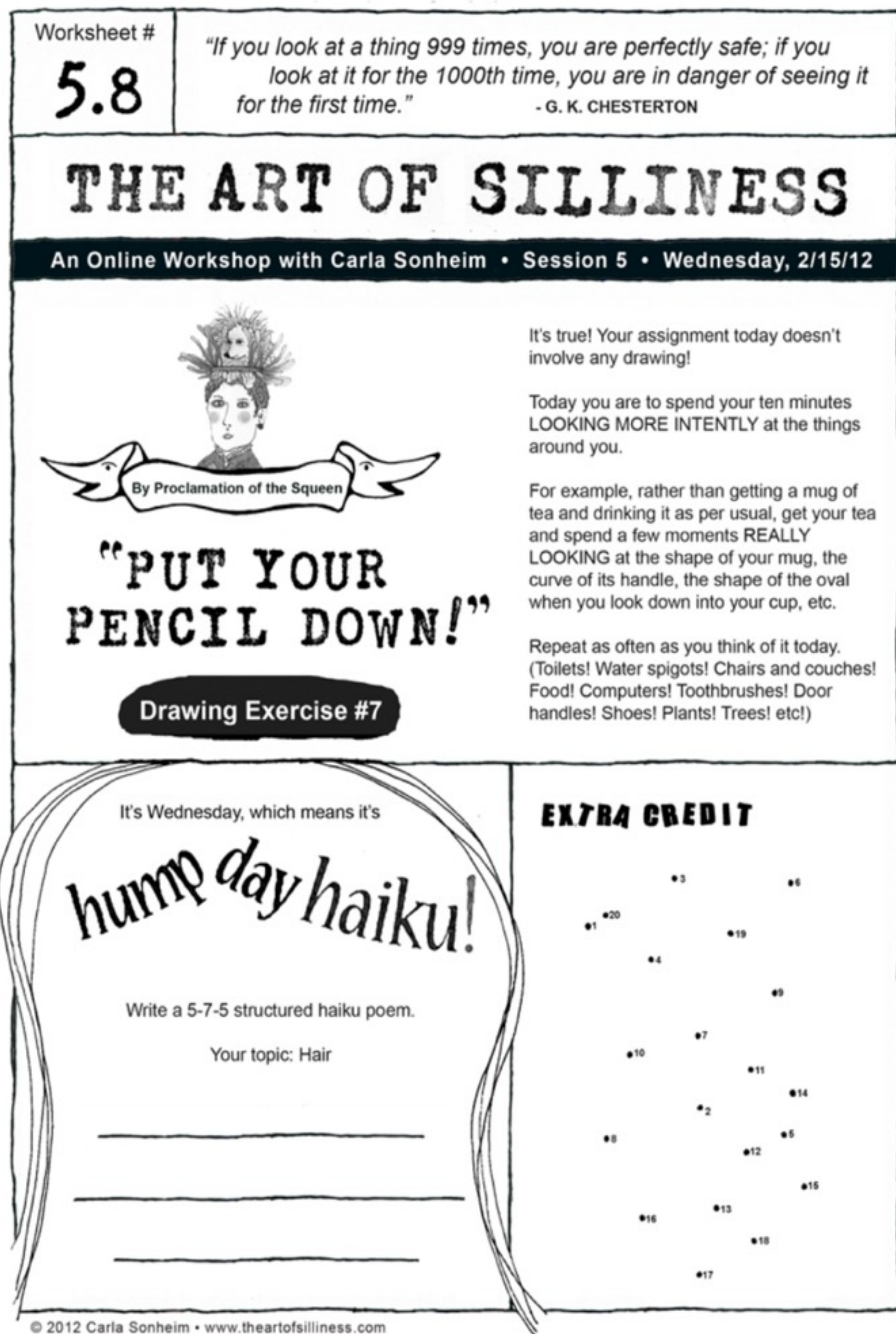


Fig. 1



Fig. 2

Sonheim, Carla. "Art of Silliness Worksheets." Carla Sonheim Presents, February 2, 2020. <https://www.carlasonheim.com/art-of-silliness-4-worksheets/>.

Another artist who uses childlike creativity is Carla Sonheim. She is an artist and an instructor from Seattle whose goal is to teach both children and adults how fun imagination art can be. After starting many art classes and writing a few books, she has discovered a lot about the connection between how children create and how adults need to create. Carla explains that after teaching children for many years she "began teaching adults a few years later, I continued this approach as I found that many people felt nervous about drawing especially... it helped to keep it FUN!" As she learned to work more with adults she came up with different "techniques designed to help adult students rediscover a more spontaneous, playful approach to creating." Overall, her goal is to make drawing fun, silly, and easily available to anyone who wants. This is how I found her website "The Art of Silliness" where she has printable "silliness worksheets" (see fig. 1). These worksheets consist of activities that get the brain moving. All the lessons are spontaneous, adventurous, and playful. They are not intimidating because the tasks are so simple and achievable, which encourages easier ways of creating. Carla Sonheim's work stood out to me not just because of her child-like ways of thinking but also the freedom she has in teaching art. It isn't about the outcome or even really about the process. Her work aims to help artist learn what it feels like to create without the pressure of perfection, she just wants her students to have fun and find joy in what they are creating.

Another unique part of Carla Sonheim's work is through her blog where she lets guest artists give new art lessons. This is how I was introduced to Henrik Drescher, a Danish illustrator, who posted on her blog. His blog post is called the "Seeded Notebook", which came out May 26th, 2021. A seeded notebook starts with a large, collaged piece of paper full of scraps, old drawings, photos, and scribbles (see fig. 2). Once the paper is dried and decorated, it can be taken and cut up into random smaller pieces of paper that can be put together into a notebook. Henrik Drescher's work is mainly collaged as all his inspiration come from his own seeded notebooks. He explains why this is important to him as "we are always fighting our own personal editor. We are always fighting to have spontaneity in our work but in so doing we end up editing ourselves and it can very easily become contrived and stiff. And that's what these books, these seeded notebooks attempt to move past... That everything you do, the more mature you get, the more you understand that you can do anything... It's like a little concentrated pill of creativity" From these effects of randomness, the paper can inspire creativity of unique imagery. This is such an important thing in adult creativity. This practice shows that adults still have creativity, but they must do something to reground and replant it. Henrik's seeded notebooks are just one example of how to rekindle childlike creativity.

PRIMARY RESEARCH

“Creative living is any life that you live, where your decisions are based more strongly on your curiosity than your fear. And if you consistently, habitually, routinely, at every sort of intersection and decision in your life make decisions based on curiosity rather than fear, then you will be engaging with creativity. **Your life itself will become a work of art**, if you consistently live this way.”

Elizabeth Gilbert



A phone charger stuck in the cement



Pizza box chess board at the beach



Drawing on the grocery list for “salt”



An apple on the fence



Lights out at the gas station



Carrots that look like legs.

This project has helped me to see my art and process of everyday life as more playful and child-like.

CREATIVE PROCESS



A lot of my process has to do with working with children.

Children inspire freedom, play, and creativity within my work.



As part of my process I photographed my little siblings with the goal of understanding child-like freedom and play.

Trisha, 11 years old
Jonathan, 9 years old

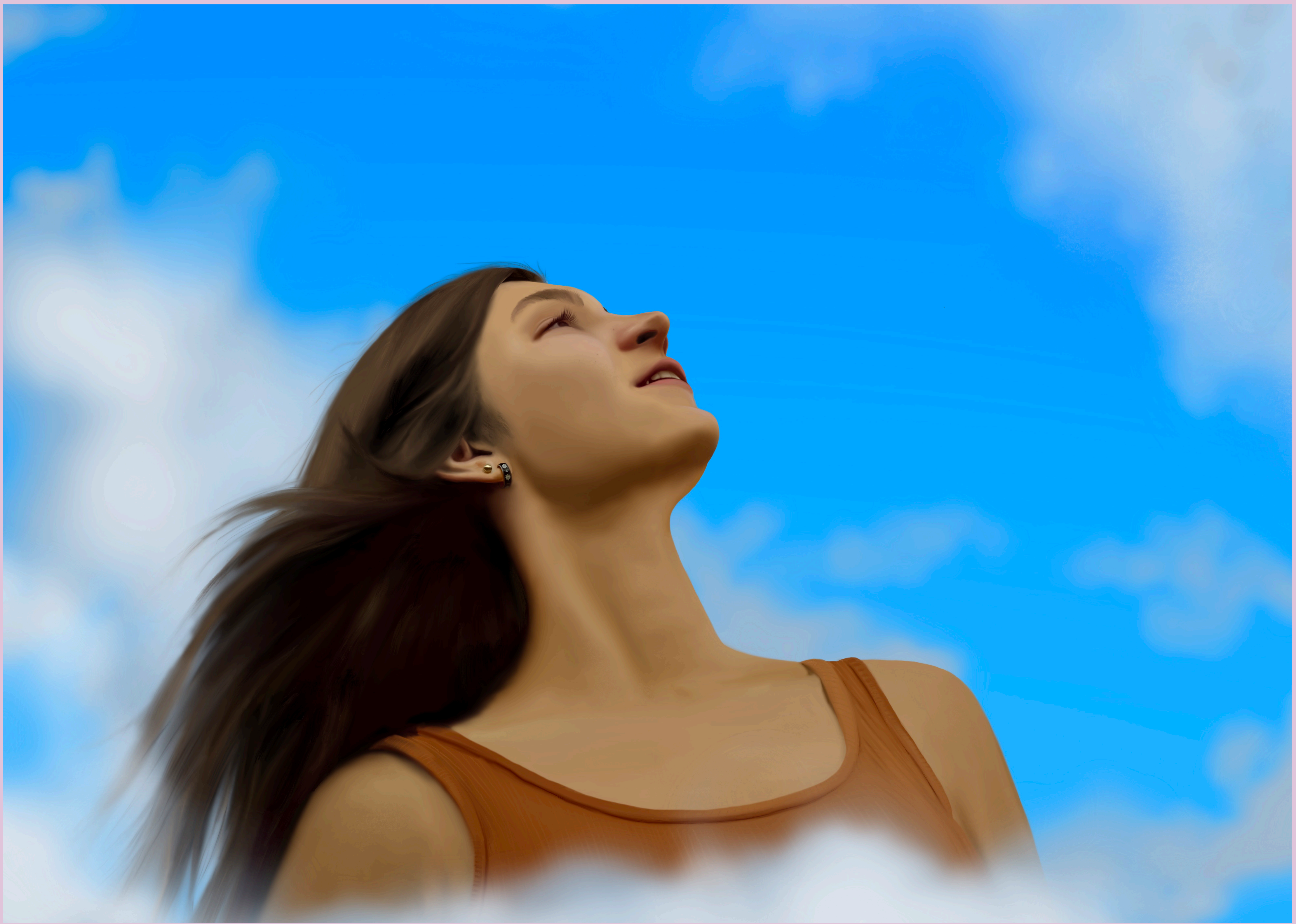


I was curious to understand a child's perspective and how my little brother viewed me as an adult



I handed him a camera and was so surprised by what he captured





My little brother, Jonathan, captured me from his point of view. Images of love, affection, laughter, and genuine smiles.

To Jonathan, I was someone to look up to with my face in the clouds. I understood that he saw the good in me and looked to me as an admirable figure.

I decided to study this photo by drawing myself. It took me 14 hours to draw and capture every detail.

The power of looking at myself the way a child sees me brought a lot of healing. I felt a heavy, yet honorable purpose in the role I play in a child's life as an adult.

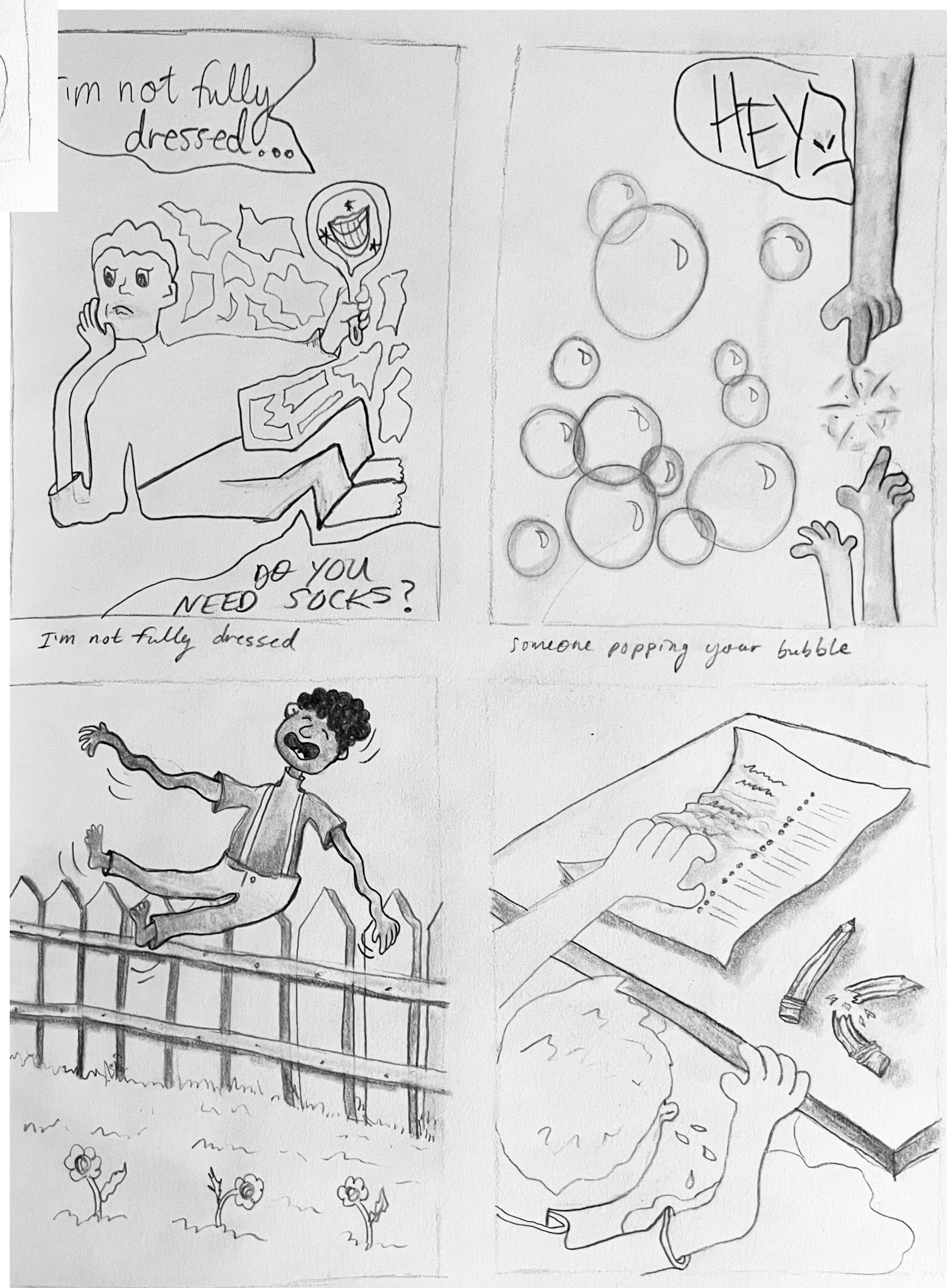
I understood how to imagine and to step back into a more simple way of seeing the world: to just look up.

Sketching, Writing, and Iterating

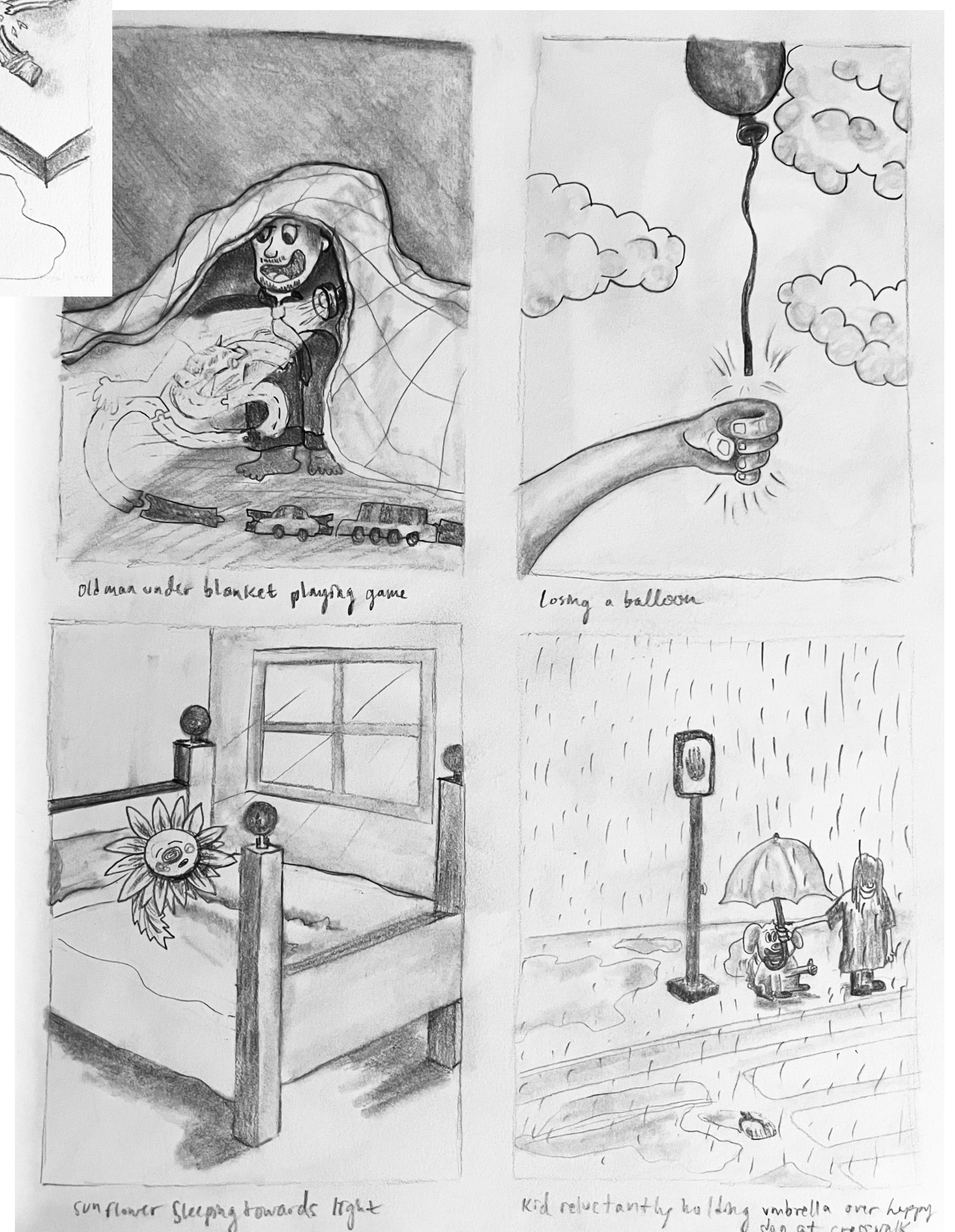
Childhood memory prompted sketching:

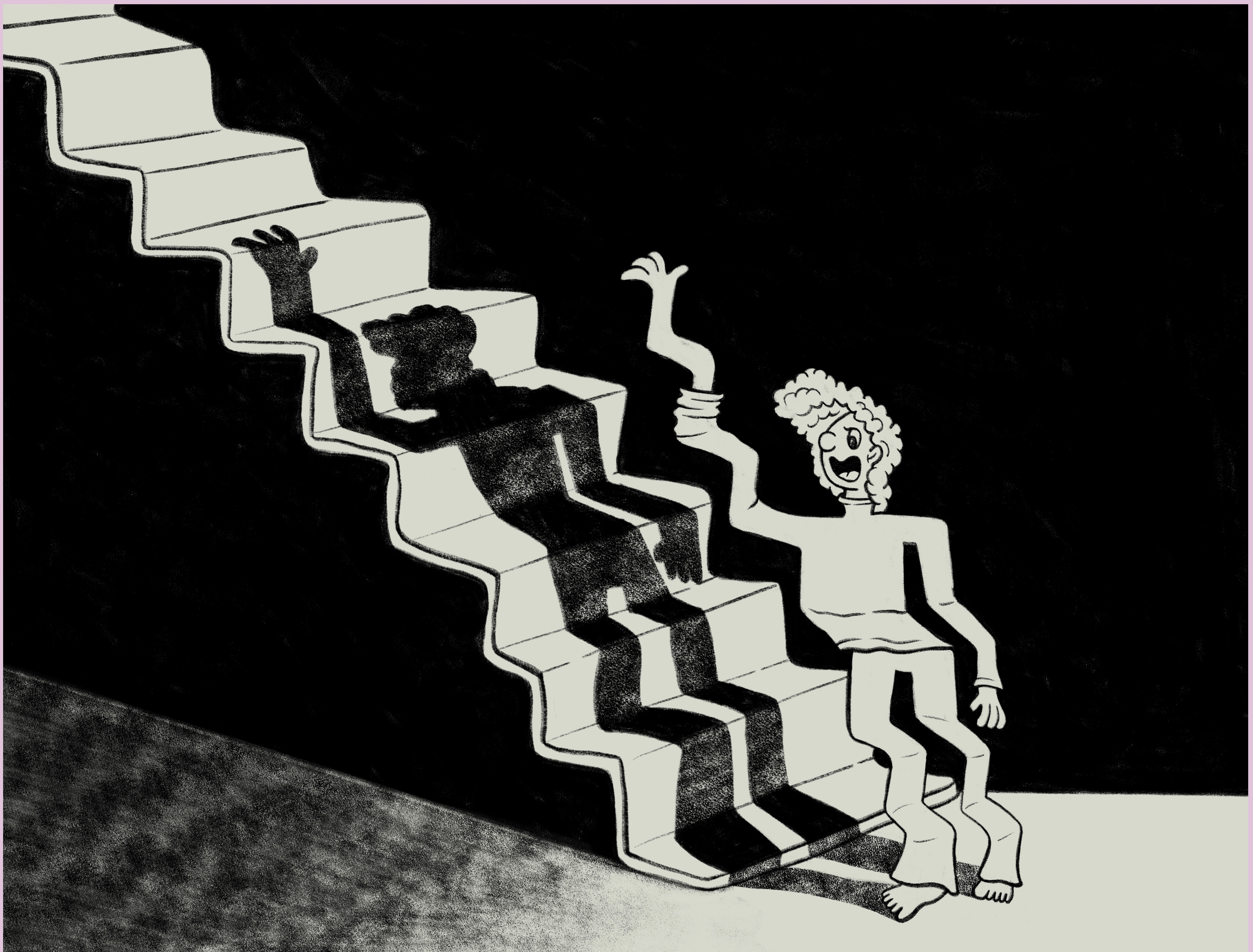


“When you got stuck getting dressed”



“Losing a balloon”



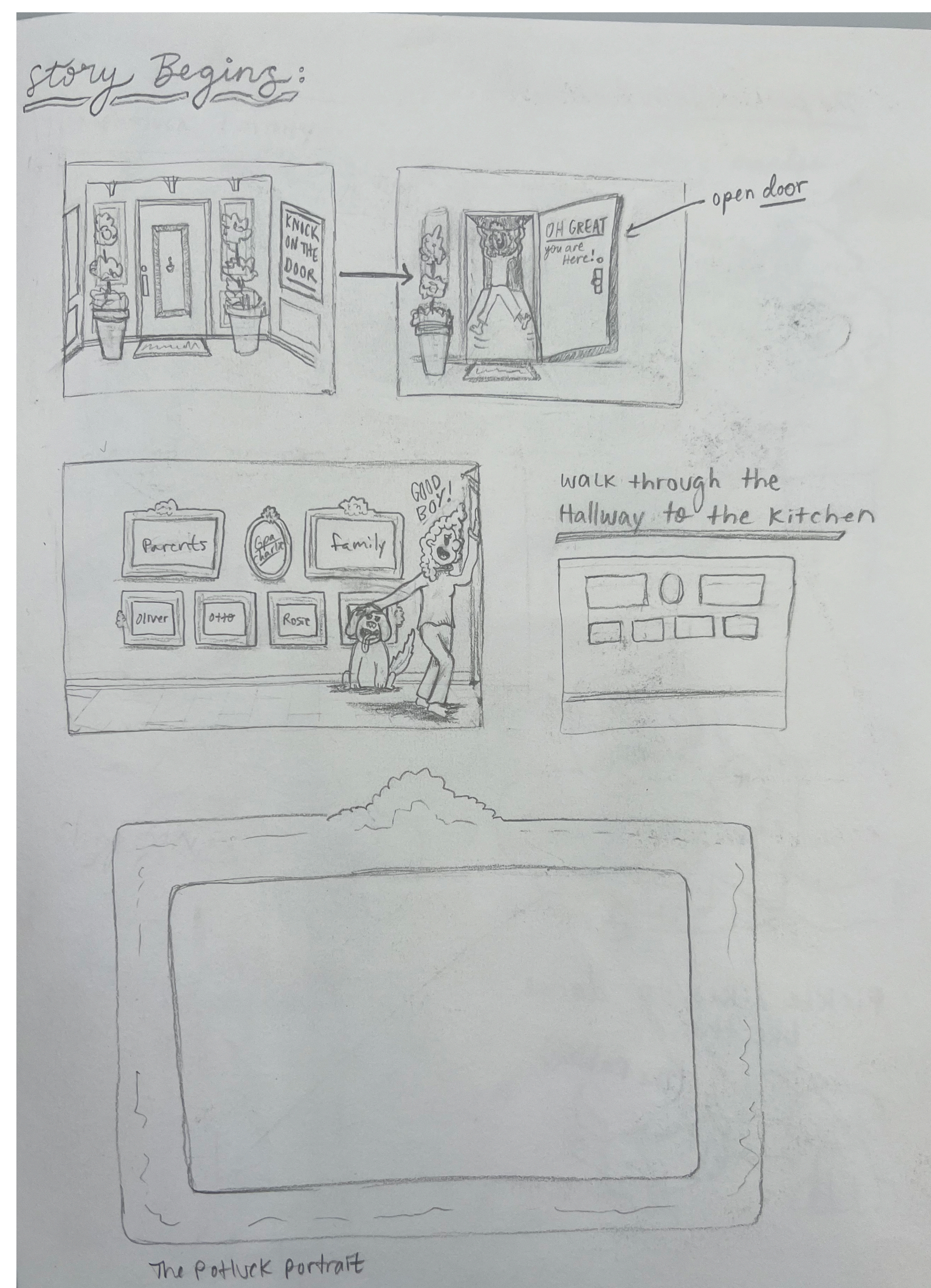
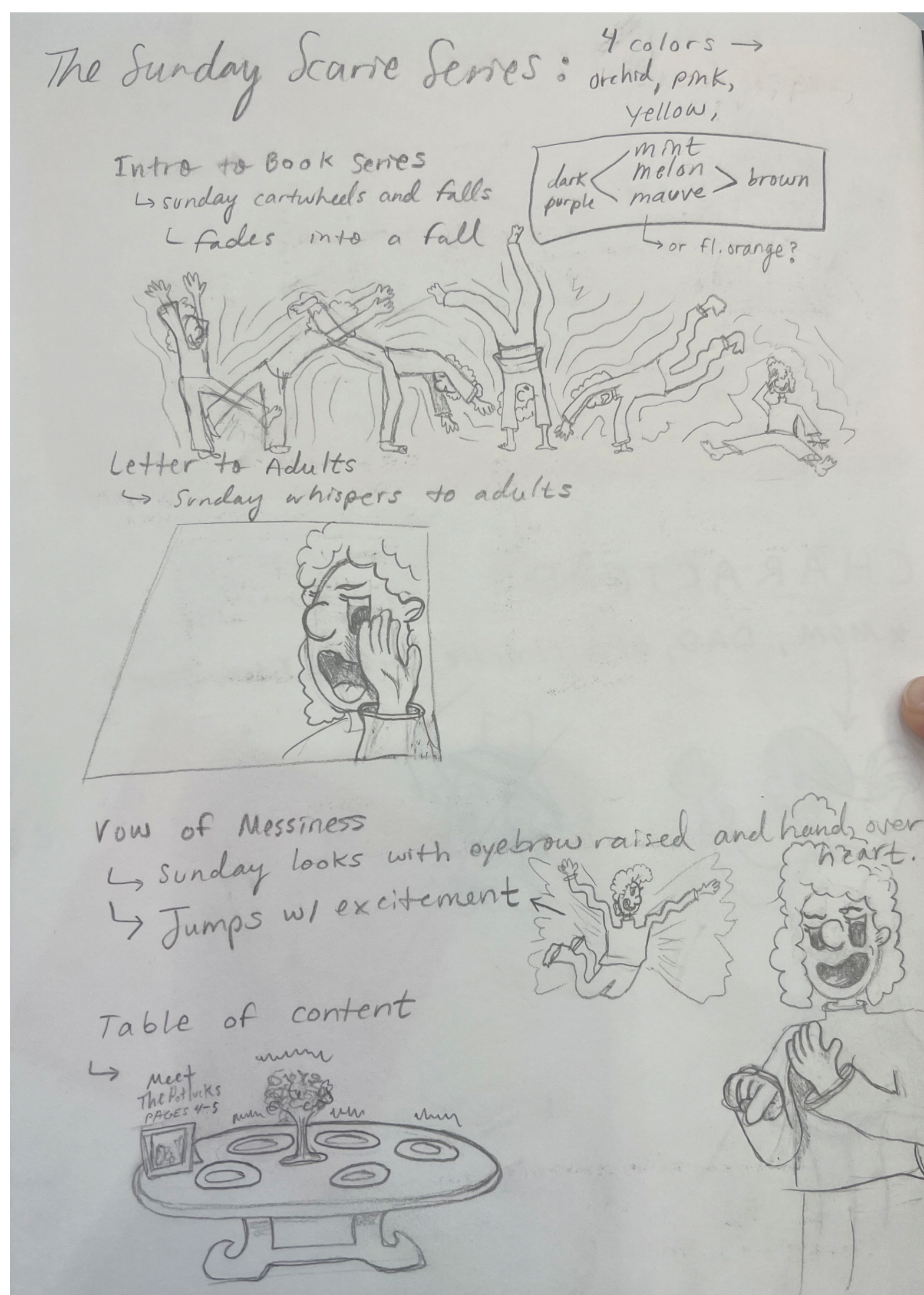
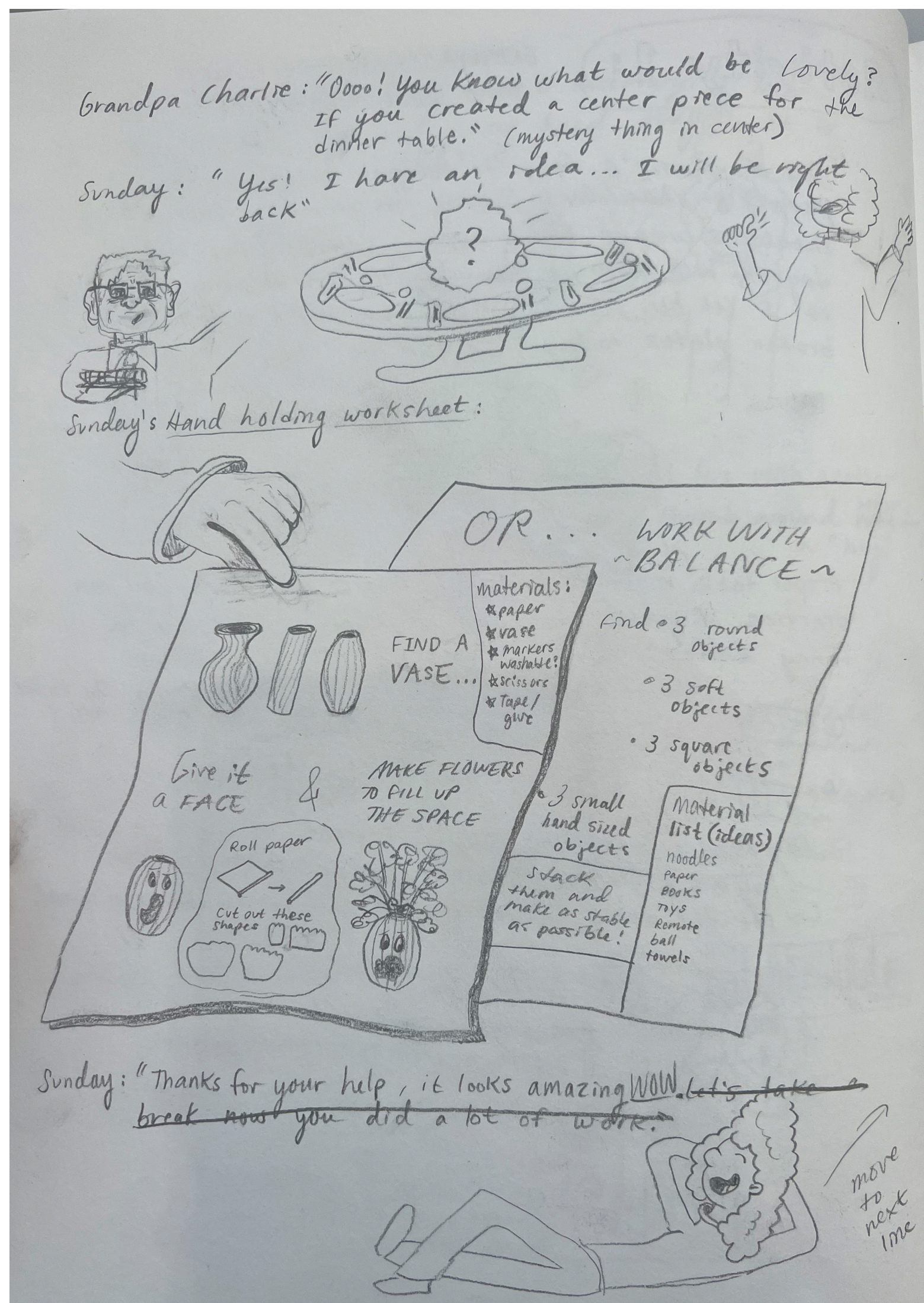


This is the drawing that started the Sunday Scarie Series. I created this character after waking up in the middle of the night and imagining her. I thought - she has to be the main character of a book: Thus, Sunday Scarie was born!

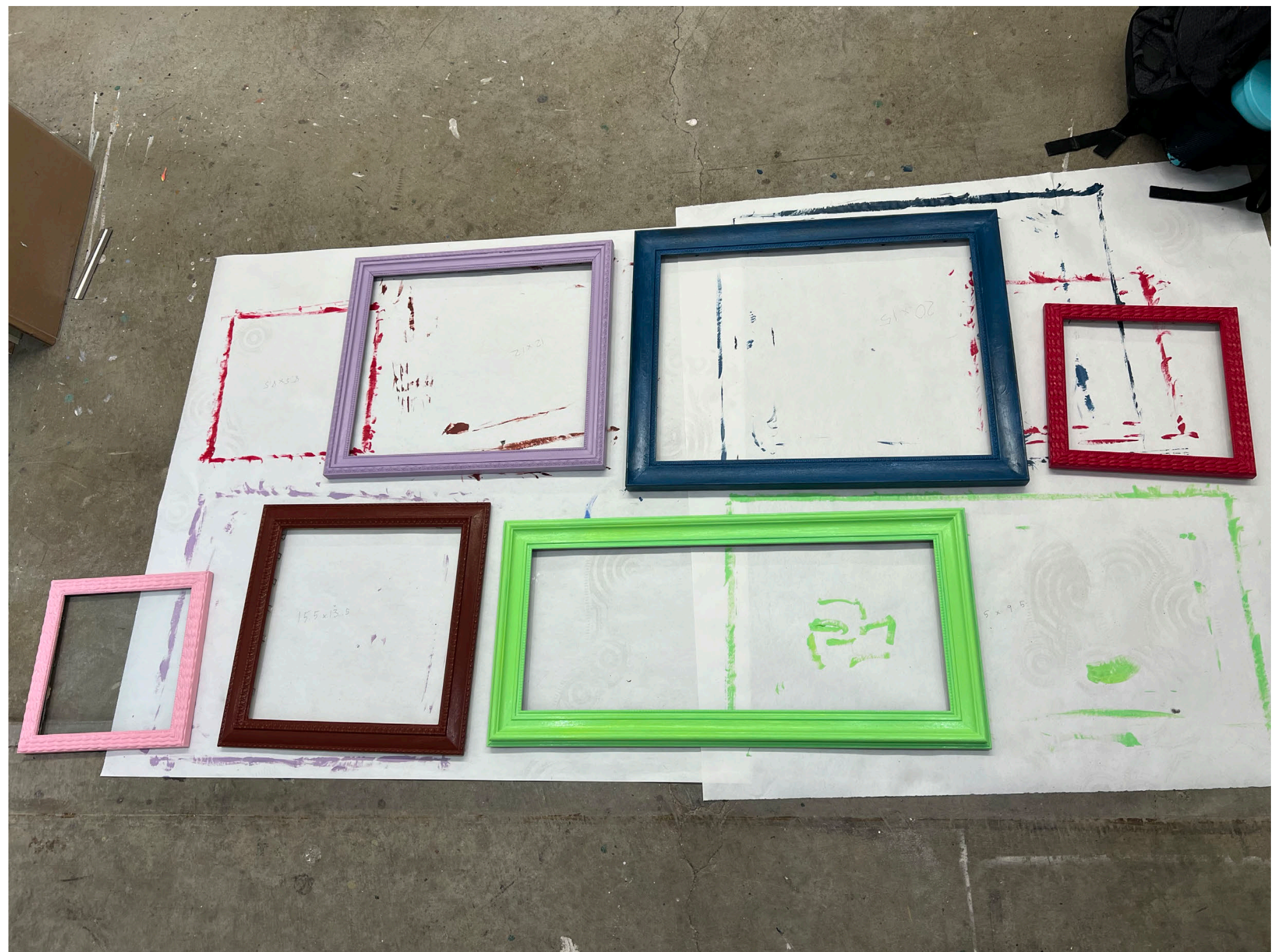
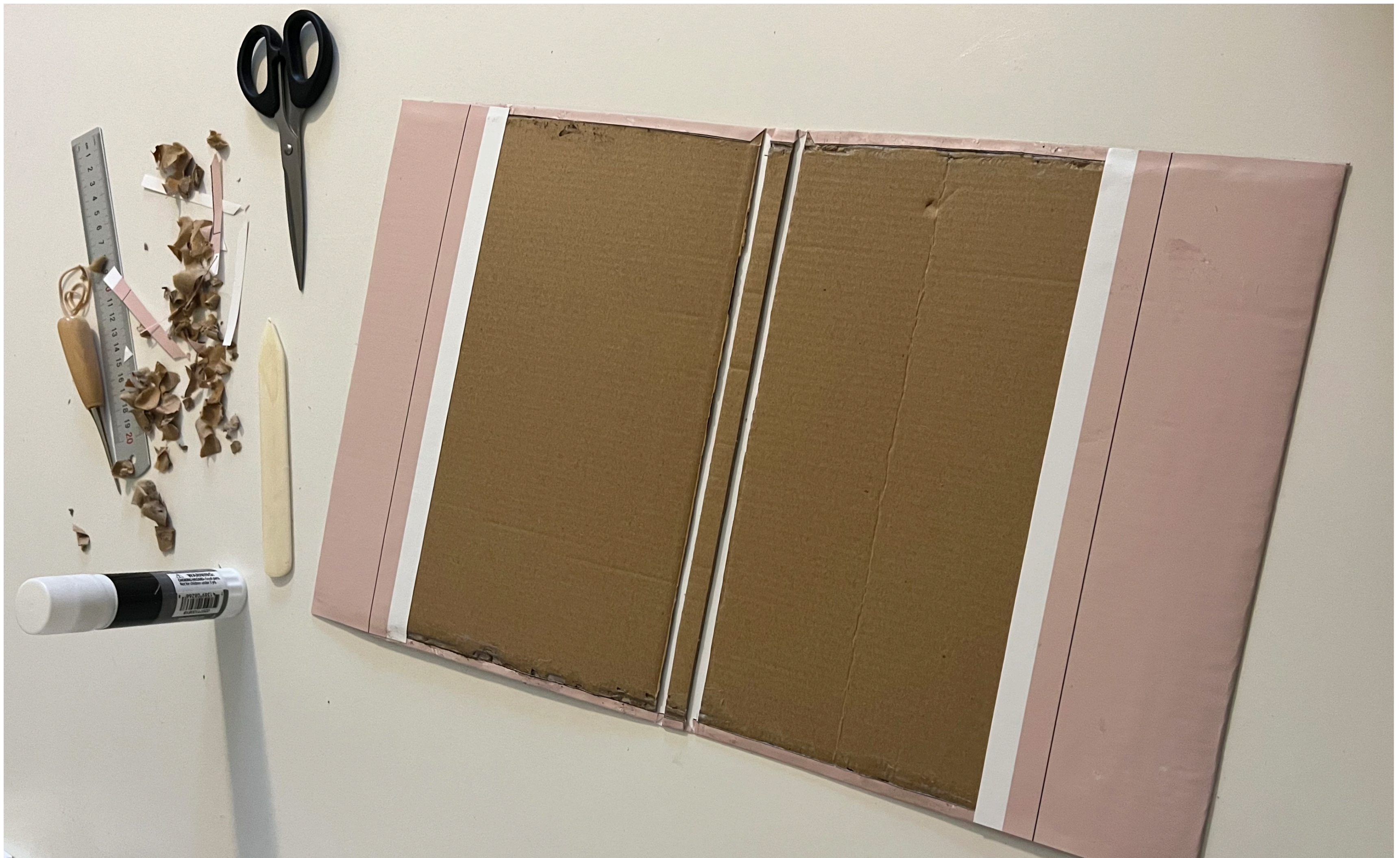


First Logo Iteration to the Final Logo Iteration (especially notice the color change and other altered elements!)

These are sketches from the beginning stages of storyboarding



I came up with the first story in the series: The Potlucks. I started writing and sketching.



In all of my process, the goal is to bring together creativity as an adult and creativity as a child.

I was able to jump between the digital world and hand making processes.

This allowed for me to get my hands dirty and to experience child-like creativity, while learning to enjoy my own process as an adult creator.

THE SUNDAY SCARIE SERIES

What is the Sunday Scaries?

This refers to the common feeling of being up anxiety and dread on a Sunday night. Many of us experience this due to the anticipation that the weekend is coming to an end and the school or work week is about to start. The Sunday Scaries is a shared feeling between people of all ages.

What's The Goal of this series?

The series emphasizes the essential connection between play and learning by transforming mundane activities such as eating dinner with the Potlucks into creative interactions between adults and children.

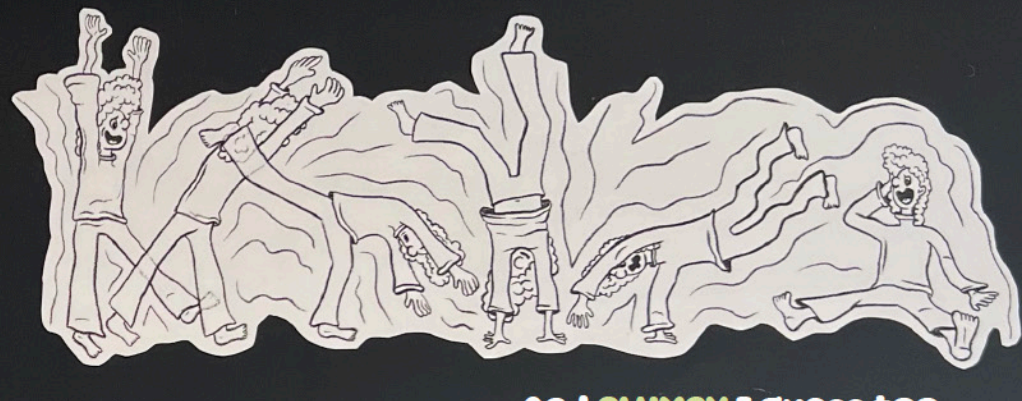
Children have a supported space to play and learn and adults have an opportunity to "return to childhood." This series is intended equally for adults and children, with the ultimate goal that they will learn about methods of creativity from each.

My name is Sunday,
Sunday Scarie

Don't worry though I am not scary at all.

What I really am is SILLY

Here's the final spreads for the first book in the series The Potlucks!



And CLUMSY I guess too...

What even is this book?

This book...

1. Is a mix of serious and silly
2. Meant to encourage play
3. Brings adults & children together
4. Is meant to be re-used!

I am going to use unnecessarily extravagant words, so the youngsters don't begin to examine what this text is all about. Now that the kids are uninterested.

...Let's Talk

You might be asking yourself "what am I getting myself into?" Don't be scared. However, I will say, you might want to stay away from brand-new furniture or anything white.

All I ask of you is that you would keep an open mind reading this book. I hope you can think more creatively with your children and in everything you do.

Start to ask yourself: How can I make everything I do educational, creative, and silly for myself and my child?

Do you ever feel like you don't have the energy or the ideas to keep your kids busy? Well, that is the wrong way of thinking. This isn't about entertainment. This isn't a book to hand your child to keep them busy with a timer of about five minutes to get the dishes done.

Do you know what this book is truly about? No? Don't worry I will tell you! This book is all about the fact that YOU need play and creativity just as much as your children do. And the bonus is that children benefit so much from spending time with you.



The Three P's

TIPS: How to get the most out of this book!

Be Patient

- Make time for the activities.
- You don't have to finish this book in one day.

Be Present

- Prepare yourself before starting the book.
- Make sure you have the right attitude.
- Don't procrastinate - just start.
- Let yourself be uncomfortable.

Be Positive

- Your children are watching you...
- Allow mistakes and gentle correction.
- Have fun and be optimistic!

Hold your hand over your heart & repeat after me:

I "STATE YOUR NAME" agree to be myself.

I will follow directions, be silly, creative, and a little messy.

I will also clean up after and I will do it joyfully.

Let's repeat that last part:

I WILL ALSO CLEAN UP AFTER WE ARE DONE AND WILL DO IT JOYFULLY.



And don't say state your name

The Vow of Messiness

For adults

I promise to be open to doing silly things. I will participate with my whole heart and temporarily put aside all the tasks and craziness of the day.

For children

I promise to listen well, to try new things, and to ask permission from an adult before starting any activities.

Are we all on the same page?

GREAT!

Now let's start the REAL FUN!



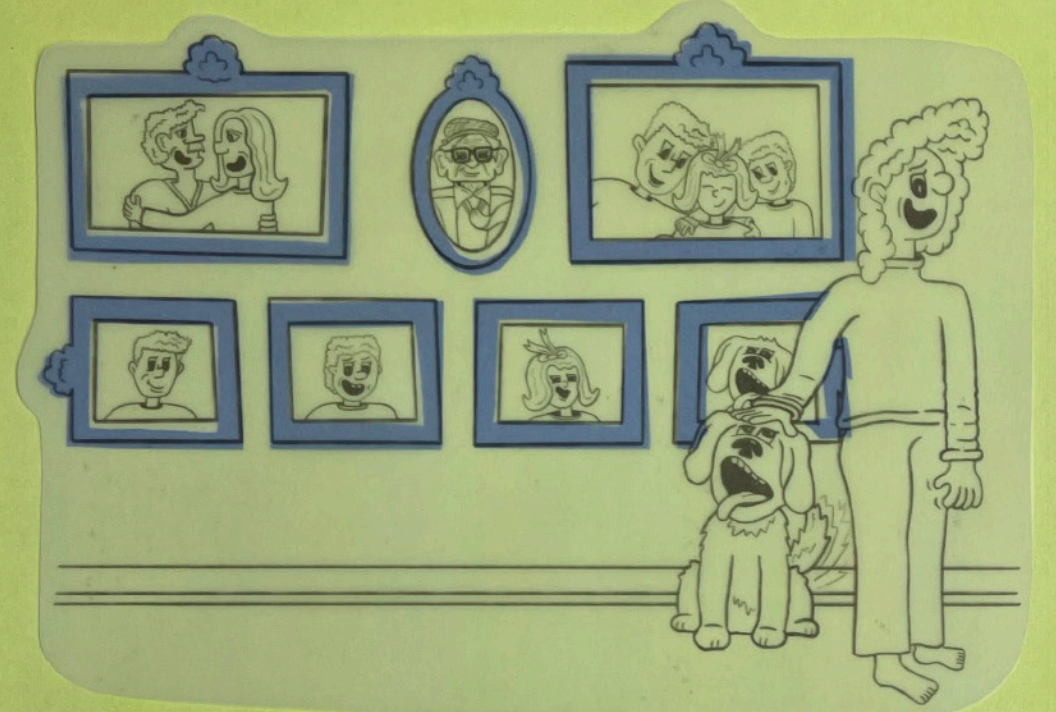
11 - 19	MEET THE POTLUCK FAMILY
20 - 23	SET THE TABLE WITH GRANDPA CHARLIE AND ROSIE
24 - 27	TAKE TIME TO REST WITH MRS. POTLUCK AND PICKLE
28 - 31	MAKE DINNER WITH MR. POTLUCK, OTTO, AND OLIVER
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38 - 39	GOODBYE FROM THE POTLUCKS

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Meet The Potlucks



Oh good! I am so happy you are here!



Welcome to the Potluck's House

Let me introduce you to the Potluck Family

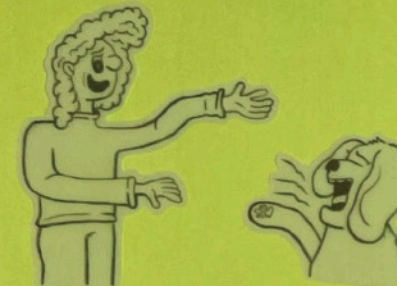


I told the Potlucks to

- Say their name
- Tell you their age
- And do their favorite dance move

Optional Turn on your favorite song to play as you read this part of the book!

Sunday Asks, "Pickle, how about you start us off... How old are you Pickle?"



RUFF RUFF RUFF RUFF RUFF



Instead of shaking Pickle's paw He likes to be KISSED on the paw
What a silly dog!



Children can call the adults
Mr. and Mrs. Potluck!

My name is Mr. Potluck but the adults here can call me Tom

I am 39 years of age

This is my most spectacular dance move:

I call it The Baby Bird Dance

My name is Mrs. Potluck Adults, please call me Mary

I am 37 years old

This is my favorite dance! I've been doing this dance since I was a little girl:

The Handstand Wiggle Dance

SUNDAY, "Grandpa Charlie... You're up next!"

Hey there! you can call me Grandpa Charlie

37

I am 37 years old... SUNDAY HERE "Maybe flip those numbers around. Nice try Grandpa Charlie!"

This is my dancy-dance The Foot to Foot Dance

I am 3 and my name is Rose, Rosie, Rosemary and I like giving hand hugs

SUNDAY EXPLAINS "It is like a high five but cuddly. Yes, let's teach them Rosie!"

Hand HUG

1. Hold your hands up like you are giving a high five
2. Stick your thumb out
3. Then wrap your thumb around like a HUG

They call me **Otto** I like to think I was named after an otter or something?

Anyways...I am 8 years old. Let's dance

Hi there! My name is **Oliver**. I am 14 years old.

I don't like to dance alone. I like to dance with a partner!

The "NO Arms" Dance

The Partner Dance

WOOHOOOO

Let's Get started

set the table
With Grandpa Charlie and Rosie

GRANDPA "But one day she will grow up too big to sit on my shoulders so I let her as often as I can."

SUNDAY "One of Rosie's favorite things is to sit on her Grandpa's shoulders. But sometimes it wears him out."

SUNDAY "We do not want any broken plates today. Would you be able to help us out and set the table?"

Properly set the Table
Choose how you would like to set the table!

TIP!
IF YOU HAVE SPECIAL GUESTS COMING OVER FOR DINNER SET THE TABLE AS **FORMAL!**

Basic

Soup Bowl, Cup or Glass, Napkin & Dinner Fork, Dinner Plate, Knife & Spoon, Spoon, Fork, Glass

Formal

Small Plate & Dinner Fork, Dinner Plate, Spoon, Glass, Small Plate, Glass, Spoon, Fork, Glass

IDEA!
TRY TO SET THE TABLE **BLINDFOLDED**

GRANDPA CHARLIE "Oooo! You know what would be lovely? If we had a center piece for the dinner table!"

SUNDAY HERE "Yes! I have an idea. Go collect some of these materials!"

MATERIALS

- PAPER
- VASE
- SCISSORS
- TAPE
- MARKERS

VASE FACE CRAFT

INSTRUCTIONS

1. Get a piece of paper, draw some shapes to make a face. Cut them out and color them. Then get your vase and tape them on!
2. First make a stem by rolling up paper and taping the side.
3. Draw flower petals of small, medium, and large shapes and draw leaves. Cut them out.
4. Start to tape the smallest petals to the stems, then the medium petals, and then the large petals on the outside.

LET'S MAKE SOME FLOWERS

SUNDAY "This looks amazing WOW! Let's go see what Mrs. Potluck and Pickle are up to."

Take a Rest
With Mrs. Potluck and Pickle

SUNDAY EXPLAINS "Mrs. Potluck wasn't feeling well so we encouraged her to rest with Pickle. Let's see what they are up to?"

PUT YOUR 3D GLASSES ON!

Let's see what they are dreaming about

Mrs. Potluck and Pickle were on a walk when...

Pickle found a yummy milkyway bar on the sidewalk.

Mrs. Potluck tried her best to keep Pickle away but it was too late. Pickle ate the candy and started to grow.

Suddenly, they were surrounded by stars in the middle of the Milky Way.

Mrs. Potluck was scared at first but decided to take a ride with Pickle.

MRS. POTLUCK "What happened? Why are you smiling at me?"

SUNDAY LAUGHING "I hope everyone feels rested! Let's get out of this daydream and see how dinner is coming along with the boys."

MR. POTLUCK "Otto, Oliver and I are making spaghetti for dinner."

SUNDAY "This is the recipe we are following."

Do we have marinara sauce?
CHECK
Garlic and onion?
CHECK
Meatballs?
CHECK
Olive oil, salt, and pepper?
CHECK CHECK and CHECK
Noodles...**NOODLES...?**

Make Dinner with Oliver, Otto, & Mr. Potluck

OLIVER "We forgot to get **NOODLES**!"

OTTO JUMPS IN "I don't see any dessert. This is a special occasion with special guests, right Dad?"

OLIVER INTERRUPTING AGAIN "—OH!!! We also don't have a side to go with our spaghetti. We need a vegetable or something."

...OH NOO

SUNDAY STANDS UP, "There is no reason to panic. We have helpers."

WOULD YOU MIND GOING TO THE STORE FOR US? I WILL WRITE A GROCERY LIST FOR YOU!"

Grocery store Activity

SUNDAY "I was thinking we could do something a little **SCARIE**."

Go to the store and pick out a noodle shape you have **NEVER** tried before

SUNDAY "For our side dish pick out your favorite vegetable."

Make your vegetable into a dessert

CUPCAKES, CAKE, CHOCOLATE, COOKIES, AND MORE

PLEASE DO NOT TASTE! ONLY MAKE YOUR DESSERT **LOOK** LIKE YOUR FAVORITE VEGETABLE NOT ACTUALLY **taste** LIKE IT

SUNDAY "All this talk about food is making me really hungry."

Eat Dinner with the Potlucks

SUNDAY "The Potluck Family has a rule where everyone who is home must eat together at the table. I think this is a fantastic rule because dinner is a very special time to come together with others."

YOU MIGHT BE WONDERING
"How do you have fun and good conversations at the dinner table without having everyone asking, **'Can I be excused now?'**"

1. Educational
Look up a silly new vocabulary word of the day and secretly use it in your dinner conversation.

2. Silly
Explain the best part of your day only using your hands to signal what happened.

3. Sentimental
Tell each other the things you are grateful for that week.

GRANDPA CHARLIE:
"We had so much fun talking at dinner. Try it out yourself!"

clean up with the Potlucks

ROSIE: "Come on Sunday...we are about to start our clean-up party"

OTTO: "Sunday...it's not a birthday party. Why do we have party hats?"

SUNDAY: "Well Otto, we can pretend it is my birthday when we are cleaning. This way I we can keep our party hats on!"

OTTO: "Oh ok, happy birthday Sunday"

TIP!
TURN ON SOME OF YOUR FAVORITE MUSIC
DANCE AND THEN WE WON'T FORGET TO CLEAN!

clean up Together!

The clean up List:

PLATES
SILVERWARE
BOWLS
CUPS
COOKING UTENSILS
PANS
TABLE

LOAD OR UNLOAD THE DISHWASHER

MOP OR SWEEP THE FLOORS

Goodbye From the Potlucks

MR. POTLUCK: "Sometimes it is sad when fun things come to an end."

MRS. POTLUCK: "So, let's say goodbye together...on the count of three..."

1.

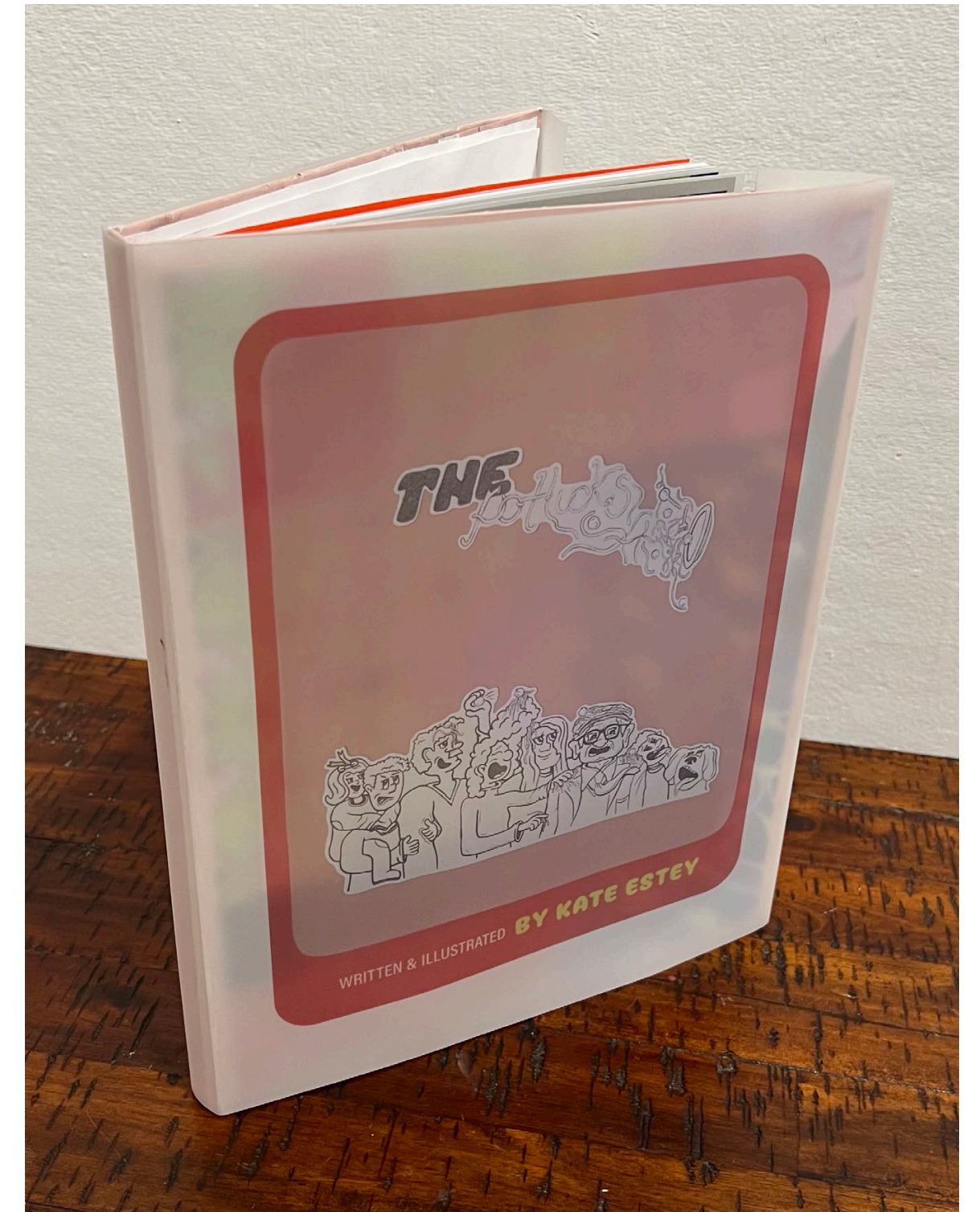
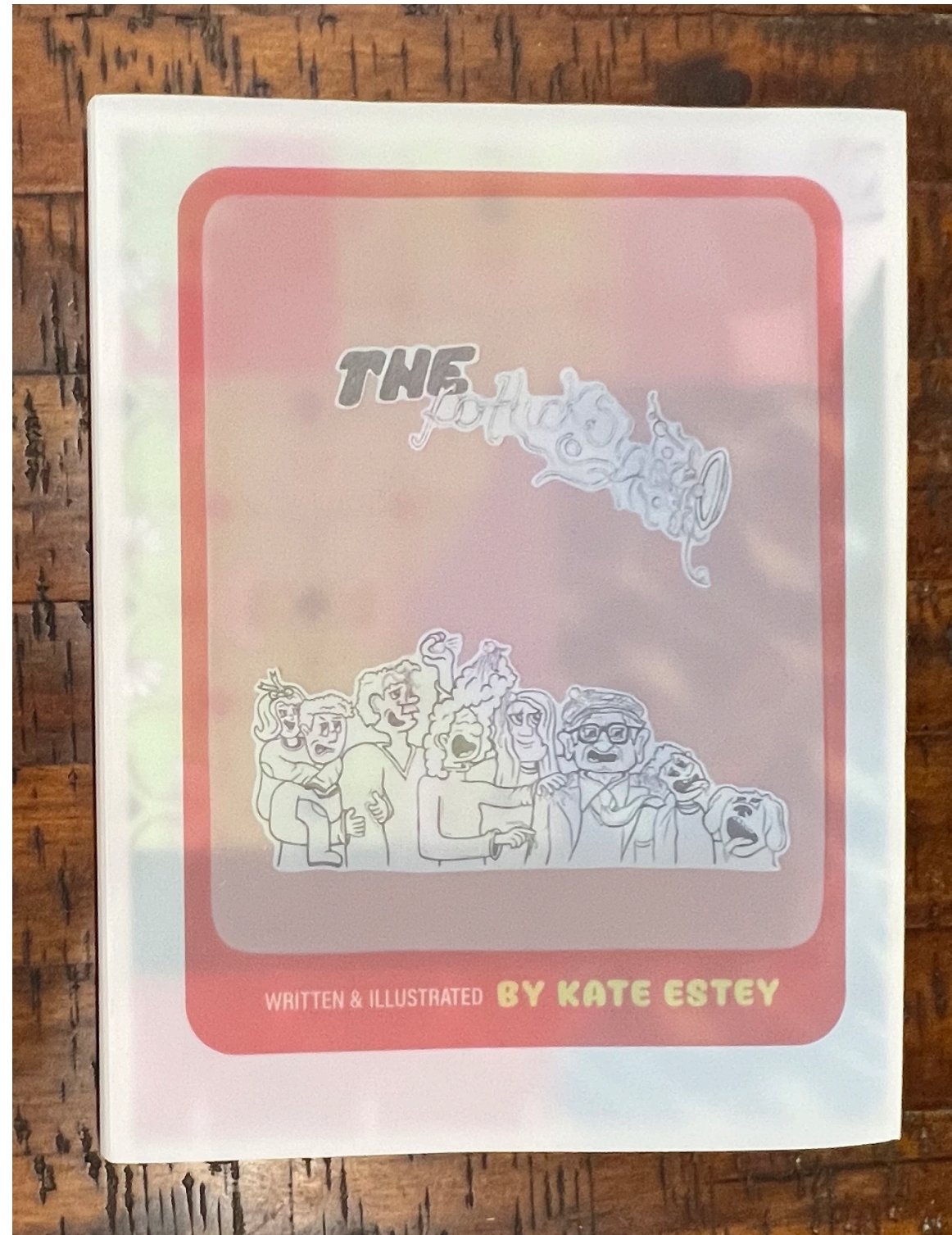
2.

...for now

3.

The book includes 6 activities throughout the story!

EXHIBITION MATERIAL DOCUMENTATION



Images of hand bound and illustrated activity book

This book is made and bound with a chip board cover wrapped in a thick matt paper, mylar jacket, and glue.



Sneak peak inside the book



Amongst all of the color the center focus of the exhibition is the book

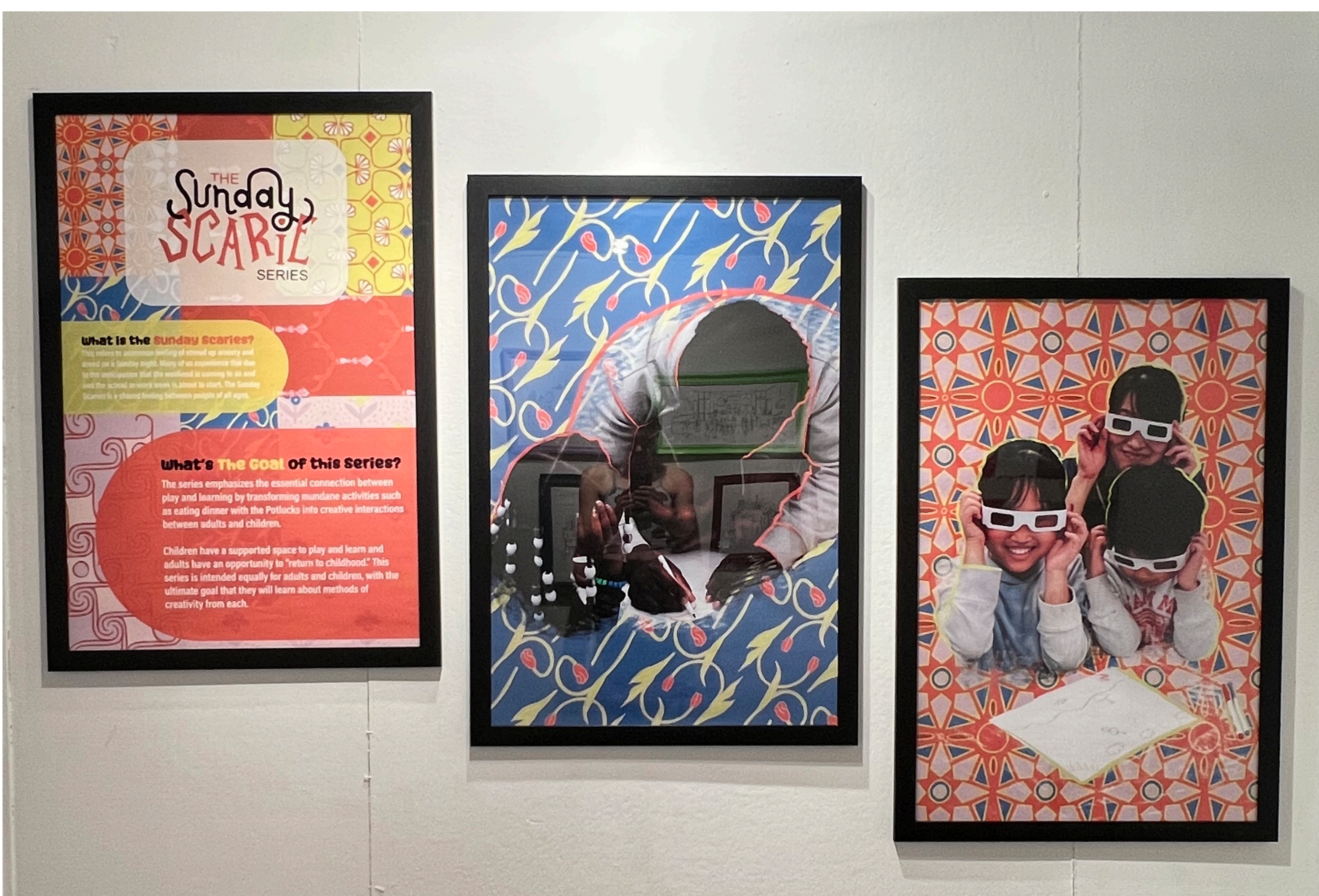


Activity book on children's table



Activity book against patterned wall

These framed illustrations are from the book. Visitors were invited to come color the pages!



On the left is a description for the show. The other two images are from the Sunday Scarie Event

After the exhibition had been open for a few days, I went to check on the coloring pages.

I want to point out the fact that I set out really thick chalk pastels. I made this choice to try and force the guests to color messy and to jump back into a childhood memory.



I was truly brought to tears when I saw what they did with the illustrations (happy tears of course). They drew unique skin colors, drew outside of the lines, and they even colored on the frames. As the audience is majority adults, I was so excited to see playful, bright scribbles as an amazing addition to my work!

THE
Sunday
SCARILE
EVENT

EXPLORING CREATIVITY

LEARNING TOGETHER
PLAYING TOGETHER
CREATING TOGETHER



A Note from Kate Estey

Hello!

My name is Kate Estey. I am a senior at the University of Michigan studying Art and Design with a focus on children's literature and graphic design.

For the past two years I have been designing and writing my senior project called *The Sunday Scarie Series*. This is an activity book series for children and adults to do together. The overall goal is to bond children and parents through silliness and play. This after school event is inspired by this series. With a special activity and a yummy snack this will be a really fun time!

I have an exhibition mid April and I hope to include some images of this event. If you or your child are not comfortable with pictures please let us know and we would be happy to accommodate.

Thanks so much,
Kate Estey

THE
Sunday
SCARIE
SERIES

This flyer was sent to the parents of a third grade classroom. We had over 30 people attend the event!

SUNDAY SCARIE EVENT

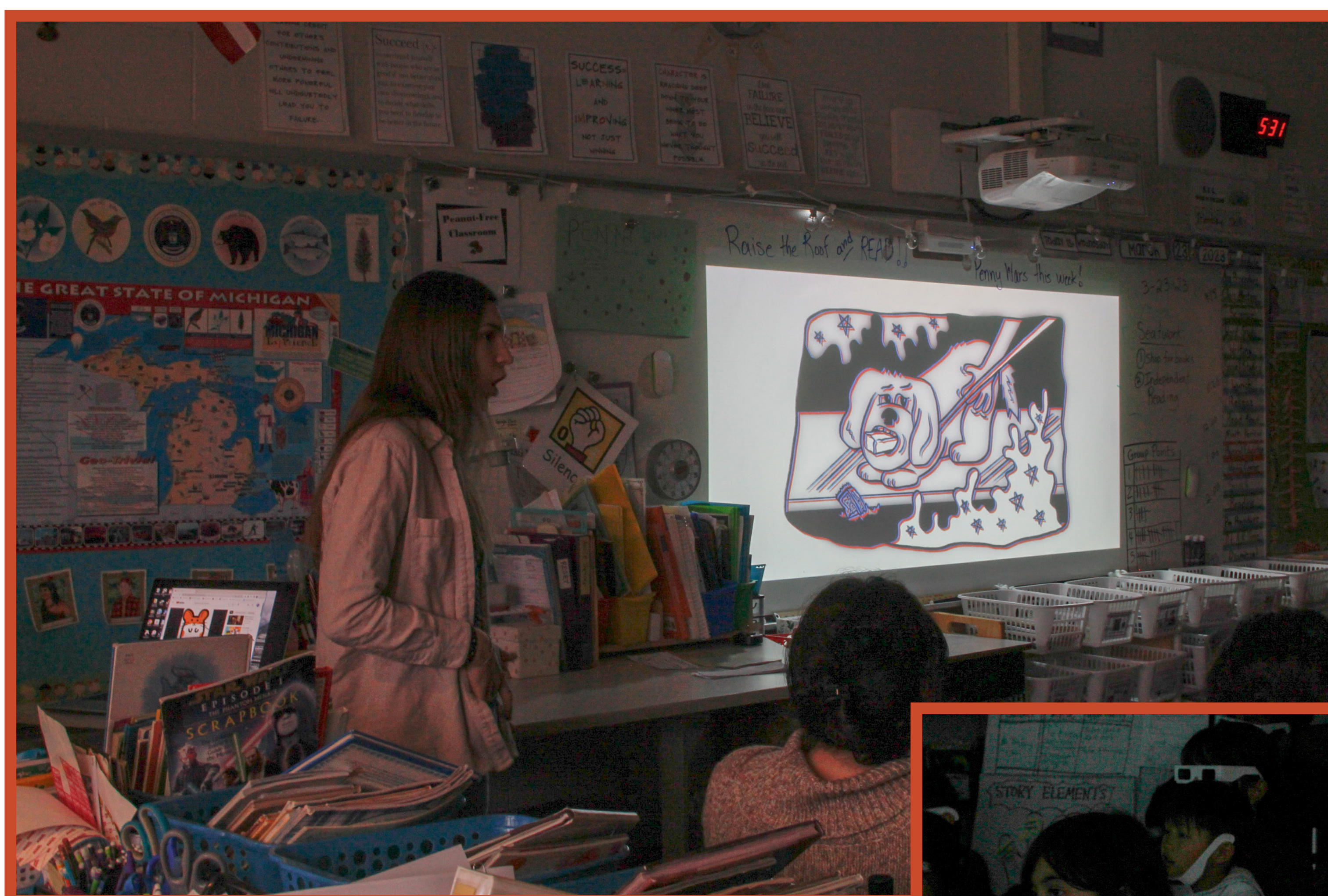


The event consisted of four activities all based on the book



DANCE PARTY

Each family picked a character from the book and danced like them!



I then read a chapter of the book to the group with 3D glasses on.

STORY TIME





We learned about anaglyphs and how to make one with tracing paper and red and blue markers

DRAWING ANAGLYPHS



SNACK CRAFT

For the last activity of the event we made the dog character, Pickle Potluck, out of our snacks.




FINAL REFLECTION

The Sunday Scarie Series taught me how to be child-like again. It is so necessary for children and adults to work together creatively. It is inevitable that children and adults learn and respond from each other.

Within my own heart, this work has brought me back to a place of joy and excitement in creating what I thought was lost.

I am excited to see where this goes in the future with the main goal of getting this series published, creating new books and stories, and implementing The Sunday Scarie Events in local libraries and book stores.



And a few **THANK YOUs** to my little siblings, Jonathan and Trisha Estey, my dad, Stephen Estey, for never losing his child-like sense of play, and for my mom, Julie Estey, and her 3rd grade class!