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BOOK REVIEW

You Asked about Rheumatoid Arthritis.
Harold Speers Robinson, Editor. Vancouver, Canada, Douglas & McIntyre, 1978.

This "question and answer" style manual is designed to answer common questions about rheumatoid arthritis and its effect on the patient, family, friends, and employer. The authors, a Canadian medical group, have developed it as a resource for the lay person. The material is presented in a positive and reassuring tone.

The contents include the expected discussions of symptoms, diagnosis, treatment, and prognosis. In addition, there are sections devoted to family concerns, nutrition, sexuality, research, vocational planning, and resources for help. (The information about government assistance and voluntary agencies is specific to Canada.)

A well illustrated chapter on aids and adaptations, including directions for construction, is of particular practical value. A glossary of terms is included for clarity.

The authors are to be commended for their unpretentious approach. The large print, excellent graphics, and clear language enhance the value of this book. As a readable, comprehensive source of information for those influenced by rheumatoid arthritis, it has obvious appeal to both the lay person and the professional concerned with better understanding of the disease.

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