

ASTROGLIAL UPTAKE IS MODULATED BY EXTRACELLULAR K^+

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Abstract—Primary cultures of rat brain astrocytes were used to examine the uptake of the glucose analogue, 2-deoxy-*d*-glucose (2-DOG). 2-DOG competes with glucose for uptake, indicating that both are transported by the same carrier system. Extracellular K^+ at 11.9 mM increased the uptake of 2-DOG at 2-DOG concentrations greater than 100 μ M. Uptake appears Na^+ -dependent only at high concentrations of 2-DOG. This suggests that the extracellular concentrations of Na^+ and K^+ may regulate the astrocytic uptake of 2-DOG.

THE REGULATION of glucose uptake in the nervous system is poorly understood. Glucose is virtually the sole carbon source for the adult mammalian brain (KETY, 1957; BALAZS, 1970). It is rapidly taken up both *in vivo* (KETY, 1957; PARDRIDGE & OLDENDORF, 1975) and *in vitro* (BACHELARD, 1971; HORTON *et al.*, 1973) and metabolized to amino acids, nucleic acids, and proteins (MAKER *et al.*, 1976). Glucose is transported into brain by either passive or facilitated diffusion (PARDRIDGE & OLDENDORF, 1975), but little is known about the mechanism of, or regulation of glucose uptake in the various cell types in brain.

The uptake of glucose may be the rate-limiting step in cerebral glycolytic metabolism (ROLLESTON & NEWSHOLME, 1967; MAKER *et al.*, 1976). It appears to be ion-dependent, requiring both K^+ and Na^+ (SCHULTZ & CURRAN, 1970). This implies that extracellular K^+ may act as a modulator of glucose uptake *in vivo*. The close apposition of neuronal and glial membranes (PETERS & PALAY, 1965) gives credence to this possibility. Extracellular K^+ may reach levels of 9–12 mM in the stimulated intact cat cortex, and at the upper limits of $[K^+]_{out}$ glial membranes depolarize (SOMJEN, 1975). Increased extracellular K^+ elevates the O_2 consumption of brain slices (MCILWAIN, 1951, 1953; HERTZ & CLAUSEN, 1963), of hand dissected glia (HERTZ, 1966) and of cultured astrocytes (HERTZ, 1973*a, b*; HERTZ *et al.*, 1973). Indeed, HERTZ, (1973*a, b*) has suggested that astrocytes may be the cerebral cell type most affected by shifts in extracellular K^+ .

A technique for the culture of pure populations of non-neoplastic astrocytes (CUMMINS & GLOVER, 1978) has allowed us to explore the control of glucose uptake by K^+ . We demonstrate here that K^+ modulates the uptake of the glucose analog 2-deoxy-*d*-glucose (2-DOG) in astrocytes *in vitro*.

MATERIALS AND METHODS

The technique for culturing astrocytes from neonatal rat brain has been described elsewhere (CUMMINS & GLOVER, 1978). Briefly, forebrains of 3–4-day-old neonatal rats were dissected under sterile conditions, minced and trypsinized in 0.25% trypsin in Earle's Balanced Salt Solution (BSS). The suspension was centrifuged, and the pellet was washed once in BSS, and diluted to yield 10 60×15 mm plates (3002 series, Falcon Plastics) per forebrain. Cells were grown in a medium composed of 10% fetal bovine serum in MEM, with either Earle's or Hank's BSS. The medium was supplemented with 100 U penicillin, 100 μ g streptomycin, and 100 U polymyxin per ml medium. Cells were grown in a National incubator, in an atmosphere of 95% air and 5% CO_2 . Under these conditions, cells grew to confluency in 12–14 days. Glial specific stains were used to aid in identifying and characterizing the confluent cells (CUMMINS & GLOVER, 1978).

Radioactive 2-deoxy-*d*-glucose, [$^3H(G)$], was obtained from New England Nuclear (Boston, MA) and had a specific activity of 10 Ci/mmol. Crystalline 2-DOG was obtained from Sigma Chemical Co., and PL Biochemicals. The purity of both preparations was tested by tlc, and found to contain less than 1.0% glucose.

Uptake of 2-DOG was performed on confluent cultures 16–18 days after plating. Sixty millimeter Petri dishes (Falcon Ware, 3002 Series) were used routinely. Dishes were removed from the incubator, media poured off and the edges blotted. The plates were washed with 12–15 ml of 0.9% NaCl at room temperature, inverted, and blotted. Two milliliters of warm (37°C) incubating solution containing the desired concentrations of 2-DOG and K^+ ions were added and the dishes incubated at 37°C. At the indicated times, the incubation solution was poured off, and plates were rapidly washed 3 times each with approx 20 ml of ice-cold 0.9% NaCl. Two milliliters of 0.4 N-NaOH was immediately added to stop the uptake and digest the cell monolayer (KLETZIEN & PURDUE, 1974).

To determine non-specific binding of radioactive 2-DOG, fresh dishes were washed with ice cold 0.9% NaCl,

and the edges blotted. Two milliliters ice-cold medium was added containing the appropriate concentration of 2-DOG and ions. The medium was rapidly swirled and poured off (3–5 s). Plates were washed again with ice-cold 0.9% NaCl and the cells digested in NaOH. After 12–14 h at 4°C, the cells were completely digested. An equal volume of 0.4 N-HCl was added, and duplicate aliquots counted. Samples were corrected for quenching on the basis of internal standardization. Values for blanks were subtracted from each time point to give the indicated uptake.

To determine protein content, five culture dishes were taken from the same batch on the same day as the uptake experiments. Cells washed free of medium were homogenized, and the protein determined (LOWRY *et al.*, 1951).

Unless indicated otherwise, uptake of 2-DOG was measured in a medium of 5.3 mM-KCl, 150 mM-NaCl, 1.0 mM-CaCl₂, 600 μ M-MgCl₂, 1.6 mM-KH₂PO₄ and 4.3 mM-Na₂HPO₄. Final concentrations of each cation were 158.6 mequiv/l. Na⁺ and 6.9 mequiv/l. K⁺. When the ionic composition of the medium was varied, Na⁺ was substituted for K⁺ isoosmotically.

To determine the intracellular concentration of 2-DOG-6-PO₄, an aliquot of cell extract was run on silica gel tlc plates in chloroform-methanol-water (60:70:26). The dried plates were sprayed for reducing sugar (BLOCK *et al.*, 1958) revealing two spots which were established to be 2-DOG and 2-DOG-6-PO₄. Both spots were scraped from the plates and their radioactivity determined.

RESULTS

Confluent cells showed the characteristic morphology of astrocytes *in vitro* (SHEIN, 1965; NAKAI & OKAMOTO, 1968; MURRAY, 1968; ANTANTUS *et al.*, 1975). The cells were flat, and possessed several processes but showed no obvious polarity. Nuclei were ovoid and contained one or two nucleoli.

When stained with glial specific stains, confluent cultures appear similar to astrocytes *in vivo* (Fig. 1). Staining was uniform and very few cells did not impregnate. Morphological, histological, and cytochemical characterization of cultured cells appear to indicate that our technique yields a homotypic population of astrocytes (CUMMINS & GLOVER, 1978) (Fig. 1).

Since rapidly growing cultures take up sugar analogs more rapidly than confluent cultures (SEFTIN & RUBIN, 1971; KLETZIEN & PURDUE, 1974), uptake studies were always performed on cultures 16–18 days old, and fed 48 h prior to the experiments. A time course of the uptake of 2 mM-2-DOG shows that it was linear for at least 15 min (Fig. 2).

Kinetic parameters of 2-DOG uptake were determined in media containing 0.1, 0.25, 0.5 and 1.0 mM-2-DOG in the presence and absence of 1.0 mM-glucose, and after 15 min of incubation. A Lineweaver-Burk plot of 2-DOG uptake is shown in Fig. 3. A K_m for the uptake of 0.37 mM was determined with a V_{max} of 189 nmol/mg protein/15 min. These values are lower than reported for 2-DOG uptake by non-nervous tissue (RENNER *et al.*, 1972; KLETZIEN & PURDUE, 1974; SANDRA & PRZYBYLSKI,

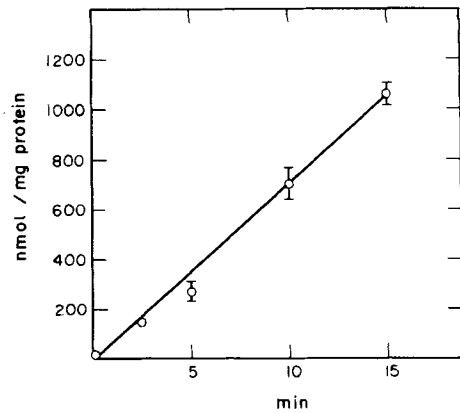


Fig. 2. Time course of 2-DOG uptake. Confluent cells were incubated for the indicated time in 2.0 mM-2-DOG, in a buffer containing 6.9 mM-K⁺, and 158.6 mM-Na⁺. The cells were washed at the end of the incubation, and digested with 0.4 N-NaOH, according to Materials and Methods. Duplicate aliquots from 3 to 5 plates were counted and averaged and the s.e.m. determined for each point. In this and the two following figures, only points with the s.e.m. greater than 10% will show error bars.

1975), lower than those reported for brain slices (BACHELARD, 1971) and whole brain (HORTON *et al.*, 1973; PARDRIDGE & OLDENDORF, 1975), close to values reported for synaptosomes (DIAMOND & FISMAN, 1973).

2-DOG and glucose may be transported by the same carrier system (BIDDER, 1968; BACHELARD *et al.*, 1971; BETZ & GILBOE, 1974). Glucose inhibition of 2-DOG uptake (BACHELARD, 1971; HORTON *et al.*, 1973; KOHN & CLAUSEN, 1972) is therefore evidence that the carrier systems are the same. Figure 3 also shows that 1.0 mM-glucose competitively inhibited 2-DOG uptake. An apparent K_i value of 3.3 mM was determined.

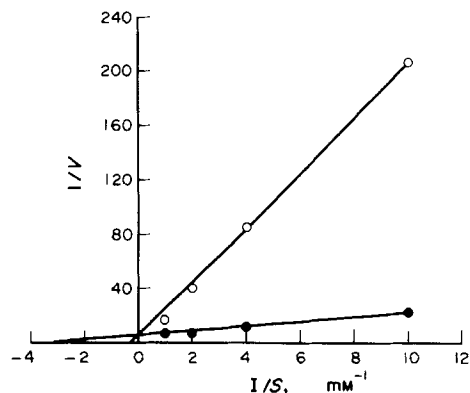


Fig. 3. Kinetics of 2-DOG uptake, and the competitive inhibition of 2-DOG uptake by glucose. 2-DOG at 0.10, 0.25, 0.50 and 1.00 mM was incubated with (○—○) or without (●—●) 1.0 mM glucose for 15 min. Units: V, μ mol 2-DOG taken up per ml protein in 15 min of incubation; S, mM. The V_{max} is 189 nmol/mg protein \times 15 min, and the apparent K_i is 3.3 mM. Each point represents duplicate determinations on 3–5 culture dishes.

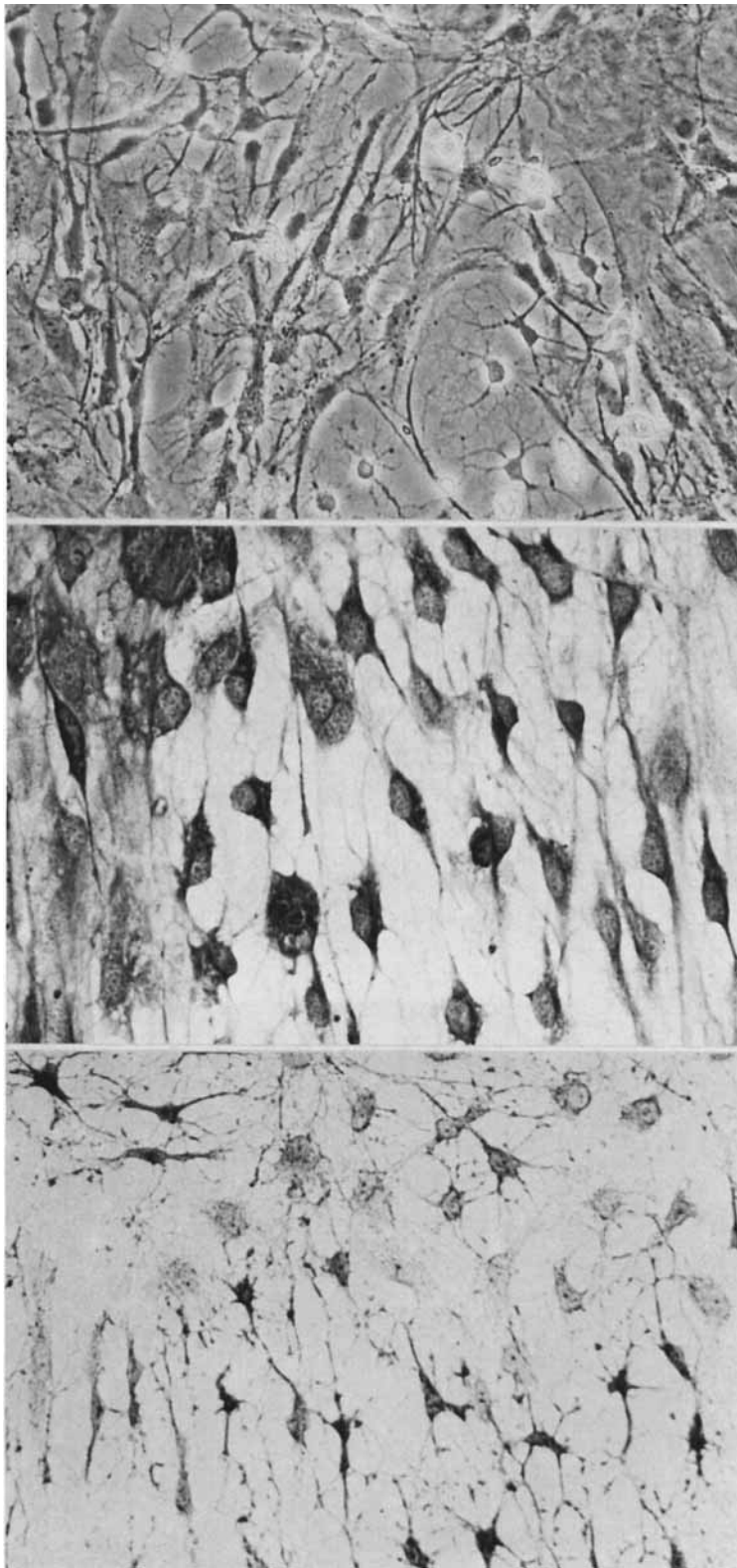


FIG. 1. Morphology and cytochemistry of cultivated astrocytes. Top: living cells, phase contrast photomicrograph, 200 \times . Middle: confluent astrocytes stained with Mallory's phosphotungstic acid hematoxylin. For details, consult CUMMINS & GLOVER (1978). Bottom: cells stained with Cajal's Gold Sublimate method. Astrocytes stain ubiquitously with this astrocyte specific stain. For details of this procedure, consult CUMMINS & GLOVER (1978).

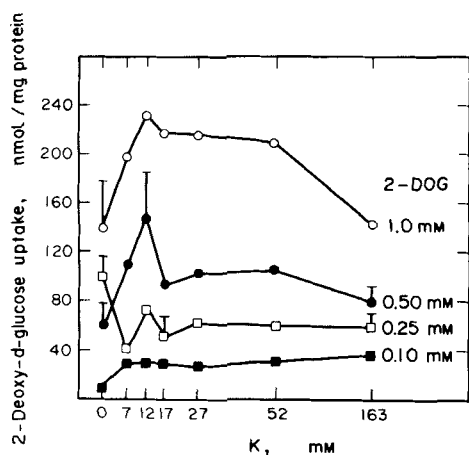


FIG. 4. Potassium-dependence of 2-DOG uptake. Cultures were incubated with the indicated concentration of 2-DOG for 15 min. The final concentration of NaCl + KCl was 163 mM. To achieve the indicated concentration of K⁺, KCl is isoosmotically substituted for NaCl. Each point represents the average of duplicate determinations on 3–5 dishes.

2-DOG uptake was examined under conditions of varying extracellular K⁺ concentrations. When Na⁺ was replaced isoosmotically with K⁺, sugar uptake increased at 2-DOG concentrations greater than 100 μ M, and reached a maximum at 11.9 mM-K⁺. Increasing K⁺ concentration had a mixed effect on 2-DOG uptake when compared to levels seen at 6.9 mM-K⁺. 2-DOG uptake was also examined in a K⁺ and Na⁺ free medium and found to be decreased at most 2-DOG concentrations as shown in Fig. 4.

In brain, 2-DOG is rapidly phosphorylated to 2-DOG-6-phosphate by hexokinase (DIAMOND & FISHMAN, 1973). This phosphorylated form usually constitutes the preponderance of intracellular 2-DOG. HORTON *et al.* (1973) found that 2-DOG-6-PO₄ constituted 60% of the total in a whole brain preparation, while DIAMOND & FISHMAN (1973) found the phosphorylated form to represent 77% of the total in a synaptosomal preparation.

To assess the effects of extracellular K⁺ on the phosphorylation of 2-DOG, aliquots of cellular extract were separated on silica gel tlc plates, and the relative proportion of 2-DOG and 2-DOG-6-PO₄ was determined. The percentages of 2-DOG and 2-DOG-6-PO₄ are shown in Table 1. Elevations in extracellular K⁺ failed to affect the phosphorylation of transported 2-DOG.

DISCUSSION

Astrocyte-like cells have been cultured from adult human (PONTEN & MCINTYRE, 1968), fetal human (SHEIN, 1965), fetal hamster (SHEIN *et al.*, 1970), and embryonic chick brain (BOOHER & SENSENBRENNER, 1971). These cells have been characterized as polymorphic, with ovoid nuclei, and processes of variable

TABLE 1. RATIO BETWEEN FREE AND PHOSPHORYLATED 2-DOG—EFFECT OF EXTRACELLULAR K⁺

K ⁺ _{out} (mM)	2-DOG (mM)	% Free	% Phosphorylated
6.9	0.10	50	50
	0.25	—	50
	0.50	33	66
	1.00	51	49
11.9	0.10	50	50
	0.25	45	55
	0.50	51	49
	1.00	55	45
16.9	0.10	51	49
	0.25	42	58
	0.50	44	56
	1.00	55	45
26.9	0.10	45	55
	0.25	42	58
	0.50	42	58
	1.00	—	—
52.9	0.10	46	54
	0.25	45	55
	0.50	42	58
	1.00	26	74

Aliquots of cell digestate were run on silica gel tlc plates, as described in Materials and Methods. The plates were stained, the spots scraped into scintillation vials and counted. Incubation for 15 min as in Fig. 4.

length (NAKAI & OKAMOTO, 1968; LUMSDEN, 1968). Cultures derived from neonatal rat brain (CUMMINS & GLOVER, 1978) produce a population of astrocytes which evince morphological, histochemical and cytochemical characteristics similar to astrocytes *in situ*. These cells resemble astrocytes by the morphological criteria of PONTEN & MCINTYRE (1968), SHEIN (1965), SHEIN *et al.* (1970), NAKAI & OKAMOTO (1968), MURRAY (1968) and LUMSDEN (1968). Moreover, the cultured astrocytes stain with astrocyte-specific stains, and also contain significant amounts of glycogen, a cytoplasmic constituent which SOTELO & PALAY (1968), and PETERS *et al.* (1976) have demonstrated in brain astrocytes.

The control of hexose uptake in nervous tissue is not well understood. Control of hexose uptake may be more complex in brain than in other tissues due to the blood-brain barrier for hexoses (PARDRIDGE & OLDENDORF, 1975), the multiplicity of compartments in brain (LUND-ANDERSON *et al.*, 1976), as well as differences in the uptake properties of the constituent cell types. We chose to use 2-DOG as a model hexose to examine the uptake of sugars by cultured astrocytes. This substance is readily taken up by brain *in vivo* (BIDDER, 1968; PARDRIDGE & OLDENDORF, 1975), by brain slices *in vitro* (BACHELARD, 1971; COOKE & ROBINSON, 1971) and by synaptosomes (DIAMOND & FISHMAN, 1973; HEATON & BACHELARD, 1973). Furthermore, it is not metabolized in brain beyond the phosphorylation step (SOLS & CRANE, 1954; BACHELARD *et al.*, 1971).

Of the two glucose analogs most often used to study the parameters of hexose uptake, 2-DOG

appears to be the one most closely related to glucose in its uptake properties. 2-DOG is a competitive inhibitor of glucose uptake in brain (PARDRIDGE & OLDENDORF, 1957), whereas glucose does not appear to compete with 3-O-methylglucose in any simple manner (COOKE & ROBINSON, 1971). Since glucose is a competitive inhibitor of 2-DOG uptake in astrocytes, we feel justified in using 2-DOG as a model for examining the regulation of glucose uptake in astrocytes.

Levels of extracellular K^+ in brain remain relatively constant, with extreme stimulation of neurons increasing the extracellular K^+ by about 6 mM to a final concentration of 9–12 mM (SOMJEN, 1975; SOMJEN *et al.*, 1976). We have demonstrated that for most 2-DOG concentrations maximal 2-DOG uptake *in vitro* occurred at 11.9 mM- K^+ . This finding suggests that the extracellular levels of K^+ in brain may be an important regulator of hexose uptake by astrocytes *in situ*.

Sugar uptake is Na^+ dependent in most mammalian tissues (KOHN & CLAUSEN, 1971; SCHULTZ & CURRAN, 1970). In most systems there is also a clear K^+ dependence of uptake processes (BIHLER & SAWH, 1971*a, b*) and sugar transport in excitable cells appears to be a function of both K^+ and Na^+ extracellular concentrations (RYBOVA, 1959; BHATTACHARYA, 1961). The observed Na^+ dependence of the astrocytic uptake of 2-DOG is in marked contrast to the Na^+ independent hexose uptake reported for whole brain (PARDRIDGE & OLDENDORF, 1975; LUND-ANDERSON *et al.*, 1976).

The results presented here indicate that astrocytes are closely attuned to the metabolism of neurons, and that astrocyte metabolism may be regulated by one aspect of neuronal activity, the level of extracellular K^+

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