

A case-control study of microenvironmental risk factors for urban visceral leishmaniasis in a large city in Brazil, 1999–2000

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ABSTRACT

Objectives. We investigated potential microenvironmental risk factors for visceral leishmaniasis in urban and suburban areas, and developed risk scores to characterize the household and the neighborhood. These scores may be useful to identify microenvironments within cities that place residents at greater risk of visceral leishmaniasis.

Methods. In this case-control study, cases were all persons with visceral leishmaniasis reported from July 1999 through December 2000 in the Belo Horizonte metropolitan area, Brazil. Two kinds of controls—neighborhood and hospital—were used. Cases and controls were matched by age (± 2 years). We developed four scores to characterize the microenvironment (indoor, outdoor, animal indoor, and animal outdoor), and also considered the level of urbanization of the area.

Results. A total of 106 neighborhood controls and 60 hospital controls were identified for 109 cases. Among the cases, 69 (63.3%) were men and 40 (36.7%) were women. Most cases were under 15 years old (64.2%), and 39 (35.8%) were 15 years old or more. The outdoor score [odds ratio (OR) = 1.49; 95% confidence interval (CI) = 1.03–2.14] and animal outdoor scores (OR = 1.79[95% CI 1.21–2.65]) were significantly associated with the odds of visceral leishmaniasis in our sample. We also found a significant interaction between sex and age. Compared to females 15 years old or more, males 15 years old or more were more likely to have visceral leishmaniasis (OR = 7.02[95% CI 2.20–22.20]).

Conclusions. Animals in the neighborhood were associated with a greater odds of visceral leishmaniasis. Cases were more likely than controls to live in transitional or rural areas, although this difference was not statistically significant, possibly because of the small sample size.

Key words

Case-control studies; leishmaniasis, visceral; risk factors; urbanization; Brazil.

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ments, pollution, land use, water storage, and irrigation are aspects of global change that are likely to influence the vector-borne disease incidence rate and the worldwide distribution of diseases transmitted by vectors. Although the extent of these changes is difficult to predict, it is esti-

mated that in 2030, 5 billion people will be living in urban areas worldwide (1), and this intensification of urban population growth is likely to increase outbreaks of vector-borne diseases in urban areas (2).

Although visceral leishmaniasis (VL) is an ancient disease, the measures adopted by health systems to control it have not been successful, and the problem has been worsening. In the Belo Horizonte metropolitan area (state of Minas Gerais, Brazil), the first autochthonous human case by vector transmission was reported in 1989 (3), in the city of Sabará. In 1992, seropositive dogs were detected in the capital, Belo Horizonte, and the first human case in the capital city occurred in 1994. Since then the number of cases has been increasing, mainly among children and older adults. Between 1996 and 2001 the prevalence of VL increased from 7.09 per 100 000 to 8.30 per 100 000 among children under 5 years of age, and from 0 to 1.37 per 100 000 in adults aged 55 and older (4).

An important ecological characteristic of the disease in urban areas is spatial clustering associated with the presence of dogs (5). However, the association of leishmaniasis with the presence of dogs in the household has not been confirmed at the individual level (6). Conflicting reports led some to question the importance of dogs in the epidemiology of VL, and of the efficiency of the elimination of dogs as a disease control strategy. Other reservoirs, such as marsupials, may be responsible for maintaining the disease in areas where controls of domestic reservoirs such as dogs have been implemented (7, 8).

Although many studies of the ecology of the vector have been performed (9–13), it is still difficult for local public health services to decide which areas should receive high priority for insecticide treatment. An indicator of the density of the vector is difficult to obtain for large urban areas because of the logistic complexities of data collection, which is very labor-intensive and requires a large number of traps (13, 14). In addition, because of the length of time between the onset of infection and

the development of the disease, it is difficult to find a statistical correlation between vector density and the leishmaniasis incidence rate. The identification of alternative indicators of leishmaniasis risk would be useful to public health efforts to prevent the disease.

Using a case-control design similar to that of an earlier study by Costa et al. (15), we investigated a set of potential microenvironmental risk factors for leishmaniasis in urban and suburban areas. As microenvironmental factors we considered the characteristics of the neighborhood and the house, such as the level of urbanization, the quality of the dwelling, and the presence of free-roaming animals. Our hypothesis was that better urbanization conditions protect against the occurrence of leishmaniasis. We developed risk scores to characterize households and neighborhoods, which may be useful to identify microenvironments within cities that place residents at greater risk of leishmaniasis.

MATERIAL AND METHODS

Study sample and data collection

A case-control study was conducted. Cases were all persons with VL notified to the local epidemiological service from July 1999 through December 2000 in the Belo Horizonte metropolitan area. This is the third largest metropolitan area in Brazil, with 4 357 942 inhabitants and 33 cities. When a case is diagnosed by the medical service, it must be reported to the Metropolitan Health Service, which controls the distribution of meglumine antimoniate (Glucantime) for treatment. Cases were identified from this register and confirmed by clinical and parasitological examination. We also reviewed the hospitalization form processed by the Brazilian National Inpatient Information System (SIH-SUS) in order to detect any cases that had been missed.

Two kinds of controls were selected: neighborhood controls and hospital controls. Neighborhood controls were selected according to a specified pro-

cedure among neighbors of the cases, matched for age within 2 years. After a case participant was interviewed, one of the three interviewers visited a randomly selected immediate neighbor living in the dwelling to the right or left of the case. Residents in the house were counted and their ages recorded. If one of the residents was eligible to participate as a control based on the age of the case, he or she was invited to participate. If more than one resident was eligible, the interviewer chose the person whose birth date most closely matched that of the case. If the person selected was under 18 years of age, consent was obtained from a responsible adult. If no eligible participants were identified in the first house visited, the interviewer visited the next house in the same direction (left or right) until an eligible control was identified.

For neighborhood controls we collected blood samples on filter paper (Whatman 3) and processed it to detect anti-*Leishmania*-specific antibodies by indirect immunofluorescent assay (IFI) (in-house assay, *L. amazonensis* MHOM/BR/60/BH6) and the enzyme-linked immunosorbent assay (ELISA) (in-house assay, *L. amazonensis* MHOM/BR/60/BH6). Persons were excluded as controls when both results were positive (1:40 for IFI, and absorbance >0.1 for ELISA).

Hospital controls were selected from a list of inpatients who had received treatment in the same hospital as the case, matched by age within 2 years, and day of admission within 15 days. A list of inpatients ordered by admission date was created by the local Public Health Service for each hospital. We chose the inpatient whose age most closely matched the case's age within 2 years and admitted closest to the admission date of the case but not more than 15 days before or after the case was admitted. After hospital control participants were identified, their medical records were reviewed to determine eligibility. If the inpatient was eligible to participate we visited her or him at home. Inpatients with a diagnosis of any type of leishmaniasis were excluded. We also ex-

cluded inpatients with a diagnosis of infectious disease that could be misdiagnosed as leishmaniasis (schistosomiasis or mononucleosis) and patients with asthma, AIDS, or tuberculosis, because these patients were unlikely to be representative of noncases of leishmaniasis in the population. Patients with psychiatric disorders were excluded due to difficulties with the interview, and patients without a diagnosis were also excluded.

Cases and controls responded to an interviewer-administered questionnaire on their socioeconomic position, personal habits, and microenvironmental characteristics of their homes. After completing the interview, the interviewer walked around the block and completed a questionnaire with information on microenvironmental characteristics and the level of urbanization of the neighborhood. In this paper we refer to this questionnaire as the "block questionnaire." Before the field work was started, a pilot study was conducted that included standardization of interviewer responses to the block questionnaire.

The final sample included 109 cases, 106 neighborhood controls (matched to 106 cases, 1 case:1 control), and 60 hospital controls (matched to 60 cases; 1 case:1 control). Cases without a control were excluded from the analyses (see the Statistical analysis section below). This study was approved by the Ethical Committee of Minas Gerais Federal University and by the committees of the participating hospitals. All participants signed a written informed consent form.

Statistical analysis

Univariate analysis was performed, followed by conditional logistic regression. We used chi-square tests to compare dichotomous variables, and *t* tests to compare means for continuous variables. We also calculated the odds ratio with 95% confidence intervals for each variable. Variables with an associated *P* value ≤ 0.25 were included in the logistic regression models. Stata v. 8.1 software (StataCorp LP, College

Station, Texas, United States) was used for all analyses.

Independent variables were classified into five groups: socioeconomic characteristics, indoor characteristics of the home (indoor score), outdoor characteristics of the home (outdoor score), animals inside the house (animal indoor score), animals in the neighborhood (animal outdoor score), and level of urbanization in the area. All scores were constructed so that an increasing score was hypothesized to be associated with increasing risk of leishmaniasis. The methodology used to create the scores is described below.

The variables used to construct the indoor score included: the type of roof, type of floor, ratio of inhabitants to number of rooms, type of water supply, type of bathroom, type of sewer, disposal of water used in the kitchen, and whether the house was remodeled. Variables for the outdoor score included the presence of a yard and type of yard; the presence of a marsh, rubbish, or natural springs; the presence of vegetable plots, trees, banana plants, or other natural vegetation; the presence of worms in the garden, the presence of stored water, the type of garbage disposal, and the frequency with which the yard was cleaned. Table 1 summarizes the variables used in each of the scores.

The animal indoor score quantified the presence of animals in the house. It was a dichotomous variable: no animals in house was scored as 0, and the presence of at least one animal in house, including dogs, cats, chickens, pigs, horses, cows, geese, ducks, and other birds, was scored as 1. The animal outdoor score quantified the frequency with which the respondent has seen the animals listed above, plus marsupials, rats, and snakes, in the neighborhood.

We also created a classification for neighborhood areas based on their level of urbanization, using information from the block questionnaire. Areas were classified into three groups: urbanized areas in good condition, urbanized areas in poor condition, and transitional or rural areas. Urbanized areas in good condition included only

residential areas and were characterized by paving of all streets with asphalt or cobblestones, no homeless persons or animals in the street, and the presence of street lights and sidewalks. Urbanized areas in poor condition included residential or commercial areas without woods nearby, a mix of paved and unpaved streets, and sidewalks absent or present only in part of the block. Most blocks in poorly urbanized areas had street lights, but animals were common in the streets. The third category included residential areas near wooded areas or areas classified as rural by the interviewer. Most had street lights, but no sidewalks or paving. Animals were present in most of the streets. Some slums were classified as urbanized areas in poor condition, and others were classified as transitional areas.

Because of the matched design, conditional logistic regression was used in all analyses. Three sets of regressions were run: the full sample, including all cases and controls (matched for age); cases and hospital controls (matched for age and hospital); and cases and neighborhood controls (matched for age and neighborhood). Independent variables were included in the models as follows: sex (dichotomous), age (below 15 years vs. 15 years or more), indoor score (continuous), outdoor score (continuous), animal indoor score (dichotomous), animal outdoor score (continuous), and urbanization category (2 dummy variables). To provide a useful interpretation for continuous scale covariates, we transformed the scores into standardized scores (16). The odds ratio (OR) associated with each variable thus represented the change in the odds associated with one unit of standard deviation of the variable, adjusted for all other variables in the model. For example, the odds ratio of visceral leishmaniasis increased by 1.29 when the standard deviation of the indoor score increased by 1.95 units.

We tested two interactions: between sex and age, because such interaction has been previously reported (17), and between outdoor score and level of urbanization, because we hypothesized that the effect of the outdoor score

TABLE 1. Variables used in the construction of the indoor score, outdoor score, and animal outdoor score and points assigned to each level, metropolitan area of Belo Horizonte, Brazil, July 1999 to December 2000

Variable	No risk (0 points)	Low risk (1 point)	Medium risk 1 (2 points)	Medium risk 2 (3 points)	Medium risk 3 (4 points)	High risk (5 points)
Indoor score						
Relation inhabitant/rooms		1 person per room	2 people per room	3 people per room	4 people or more per room	
Water supply		Local public service	Other			
Disposal of water used in the kitchen		Local public service	In the yard	In the river		
Sewer		Local public service	Septic tank	No septic tank	Dumped in the river	
Floor		Different types of floor covering	Earth			
Remodeling the house in the last two years		Inside and outside	Inside or outside	None		
Roof		With ceiling	Without ceiling			
Bathroom		1 or more bathrooms in the house	Bathroom shared by several houses	None		
Outdoor score						
Kind of yard	No yard	Full yard has cement cover	Most of yard has cement cover	Most of yard is earth		
Presence of rubbish in the yard	No yard	No	Yes			
Presence of water storage in the yard	No yard	No	Yes			
Trees in the yard	No yard	None	One	Two or more		
Presence of vegetable plot in the yard	No yard	No	Yes			
Presence of weeds in the yard	No yard	No	Yes			
Presence of banana tree in the yard	No yard	No	Yes			
Presence of natural springs in the yard	No yard	No	Yes			
Presence of marsh in the yard	No yard	No	Yes			
Presence of worms in the yard	No yard	No	Yes			
Frequency of yard cleaning	No yard	Every day	Once a week	Once a month or more	Never	
Garbage disposal		Collected daily by the local public service	Burnt or collected sporadically by the local public service			
Animal outdoor score						
		Never	Rarely	Once a month	Once a week	Every day

refused to participate (1.4%), and 3 (2.0%) were excluded because their neighborhood control participant was positive for both serologic tests), leaving a total of 109 cases (73.6% of all notified cases) available for analysis. Neighborhood- and age-matched controls were identified for 106 of the 109 cases. Hospital- and age-matched controls were identified for 60 of the 109 cases. The smaller number of hospital controls is due to the fact that at four hospitals we were not able to access the list of inpatients. In addition, one of the hospitals was specialized in infectious disease so we were not able to identify eligible controls, and two of the patients had not been hospitalized.

Selected characteristics of cases and controls are shown in Table 2. Among

the cases, 69 (63.3%) were men and 40 (36.7%) were women. Most cases were under 15 years old (64.2%), and only 5 cases were over 45 years old. Most cases had a monthly family income under US\$ 226.50 (85.3%). Most cases lived in a house or apartment (65.1%), and the rest (34.9%) lived in single-room houses or the types of accommodations typical of Brazilian slums. In terms of the kind of urbanization, 30.2% of the cases lived in urbanized areas in good condition, 35.8% lived in urbanized areas in poor condition, and 34.0% lived in transitional or rural areas. Most cases (72.5%) had animals in the house.

Hospital and neighborhood controls did not differ significantly in most of the variables of interest. The distribution by age group, income, schooling,

and type of dwelling was similar in both types of controls. They differed in marital status, but this variable was not related to leishmaniasis. They also differed in level of urbanization, but this was to be expected given that neighborhood controls were matched to cases according to neighborhood of residence. The two types of controls did not differ significantly in indoor, outdoor, or animal outdoor scores ($P > 0.05$) (Table 3).

Cases and controls did not differ significantly in marital status, income, schooling, kind of house, or the presence of animals in the house ($P > 0.05$). Cases were significantly more likely to be male (OR = 2.30) (Table 2), and were also more likely to live in single-room houses (OR = 2.12). Mean indoor, out-

TABLE 2. Univariate analysis of characteristics associated with leishmaniasis in cases and controls, metropolitan area of Belo Horizonte, Brazil, July 1999 to December 2000

Variable	Hospital controls (No. = 60) N (%)	Neighborhood controls (No. = 106) N (%)	<i>P</i> value ^a	All controls (No. = 166) N (%)	Cases (No. = 109) N (%)	Odds ratio (OR) OR (95% CI)
Sex						
Female	32 (53.3)	63 (59.4)		95 (57.3)	40 (36.7)	1.0
Male	28 (46.7)	43 (40.6)	0.445	71 (42.7)	69 (63.3)	2.30 (1.4–3.79)
Age						
<15 years old	45 (75.0)	70 (66.0)		115 (69.3)	70 (64.2)	1.0
≥15 years	15 (25.0)	36 (34.0)	0.163	51 (30.7)	39 (35.8)	1.25 (0.7–2.1)
Marital status						
Single	55 (91.7)	87 (82.0)		142 (85.5)	89 (81.6)	1.0
Married	2 (3.3)	17 (16.1)		37 (11.5)	17 (15.6)	0.73 (0.37–1.44)
Other (divorced, widow)	3 (5.0)	2 (1.9)	0.039	5 (3.0)	3 (2.8)	0.96 (0.18–4.74)
Income per month ^b						
US\$ 226.50 or more	11 (18.4)	24 (22.6)		35 (21.1)	16 (14.7)	1.0
US\$ 75.50–US\$ 226.50	26 (43.3)	52 (49.1)		78 (47.0)	45 (41.3)	1.26 (0.60–2.7)
No income or US\$ 75.50	23 (38.3)	30 (28.3)	0.404	53 (31.9)	48 (44.0)	1.98 (0.92–4.29)
Schooling						
None	3 (5.0)	0		3 (1.8)	2 (1.8)	1.0
High school or less	20 (33.3)	41 (38.7)		61 (36.7)	42 (38.5)	1.03 (0.13–9.3)
Unknown ^c	2 (3.3)	7 (6.6)		9 (5.4)	6 (5.5)	—
Below school age ^c	35 (58.4)	58 (54.7)	0.092	93 (56.1)	59 (54.2)	—
Kind of dwelling						
House or apartment	43 (71.7)	74 (69.8)		117 (70.5)	71 (65.1)	1.0
One-room house	17 (28.3)	32 (30.2)	0.801	49 (29.5)	38 (34.9)	2.12 (1.23–3.68)
Animals in house						
No	14 (23.3)	32 (30.2)		46 (27.7)	30 (27.5)	1.0
Yes	46 (76.7)	74 (69.8)	0.637	120 (72.3)	79 (72.5)	1.01 (0.57–1.80)
Kind of urbanization						
Urbanization in good condition	21 (35.0)	30.2		53 (32.0)	33 (30.2)	1.0
Urbanization in poor condition	32 (53.3)	40 (37.7)		72 (43.3)	39 (35.8)	0.87 (0.47–1.63)
Transitional or rural area	7 (11.7)	34 (32.1)	0.012	41 (24.7)	37 (34.0)	1.45 (0.74–2.83)

^a Chi-square test for dichotomous variables for hospital and neighborhood controls.

^b US\$ 75.5 = 1 Brazilian minimum wage in 2000.

^c The variables "Unknown" and "Below school age" were not included in the OR calculation because they were not considered factors associated with visceral leishmaniasis.

TABLE 3. Mean scores and standard deviation (SD) for three microenvironmental factors in cases and controls, metropolitan area of Belo Horizonte, Brazil, July 1999 to December 2000

Variable	Hospital controls (No. = 60)	Neighborhood controls (No. = 106)	P value ^a	Cases (No. = 109)	P value ^b
	Mean (SD)	Mean (SD)		Mean (SD)	
Indoor (range 7–17)	9.21 (1.89)	9.46 (1.78)	0.40	9.82 (2.1)	0.05
Outdoor (range 12–41)	26.9 (6.57)	28.03 (6.75)	0.26	30.07 (6.98)	0.003
Animal outdoor (range 10–50)	26.05 (5.62)	27.16 (5.06)	0.19	29.22 (6.44)	<0.001

^a t test for comparison of means.^b Comparison between cases and hospital controls (t test).**TABLE 4. Odds ratios for visceral leishmaniasis associated with characteristics included in the final logistic regression models, metropolitan area of Belo Horizonte, Brazil, July 1999 to December 2000**

Variables	All cases and controls (No. = 275)			Cases and neighborhood controls (No. = 212)			Cases and hospital controls (No. = 120)		
	Odds ratio	95% CI	P value	Odds ratio	95% CI	P value	Odds ratio	95% CI	P value
Age <15 years									
Male vs. female	1.68	0.83–3.43	0.147	1.73	0.82–3.60	0.147	1.51	0.51–4.44	0.447
Age ≥15 years									
Male vs. female	7.02	2.20–22.20	<0.05	6.11	1.6–22.90	<0.05	7.42	1.13–48.42	<0.05
Indoor score ^a	1.29	0.87–1.93	0.202	1.62	0.98–2.70	0.059	0.95	0.56–1.60	0.863
Outdoor score ^a	1.49	1.03–2.14	0.033	1.56	1.04–2.32	0.029	1.34	0.78–2.29	0.281
Animal outdoor score ^a	1.79	1.21–2.65	0.003	1.66	1.08–2.55	0.021	2.12	1.13–4.06	0.019
Urbanization in poor condition ^b	0.53	0.16–1.72	0.293	NC ^c	NC ^c	1.00	0.49	0.15–1.65	0.253
Transitional or rural area ^b	1.19	0.29–4.82	0.805	NC ^c	NC ^c	1.00	1.84	0.41–8.30	0.425

^a For continuous variables, odds ratios refer to a difference of one standard deviation (SD). Indoor SD = 1.95, Outdoor SD = 6.90, Animal outdoor SD = 5.88.^b Reference category = urbanization in good condition.^c NC = Not calculated. Odds ratios were not interpretable because cases and controls were matched by neighborhood.

door, and animal outdoor scores were significantly higher in cases than in controls ($P < 0.05$) (Table 3).

The results of logistic regression analyses are shown in Table 4. Generally similar results were obtained for the full sample and each control group. The final models included age, sex, the interaction between age and sex, indoor score, outdoor score, animal outdoor score, and level of urbanization.

Male sex was positively associated with being a case, although associations were stronger in the older than in the younger age group. Outdoor score was consistently and positively associated with the odds of leishmaniasis in all models, although the association was not statistically significant for the hospital controls, possibly due to the

small sample size. Animal outdoor score was positively and significantly associated with the odds of leishmaniasis in the full sample and in analyses using either set of controls. The odds of leishmaniasis were 1.79 times higher for each 5.88-point increase in score, after controlling for all other variables in the model. In hospital controls and in the full sample, living in a transitional or rural area was associated with a higher odds of leishmaniasis, but the estimates had wide confidence intervals that included the null value.

DISCUSSION

The dwellings that scored highest were houses that offered a better envi-

ronment for the vector: a dirt yard, abundant organic material, shade, and humidity. Costa et al. (15) found that inadequate garbage collection and inadequate sewage disposal were associated with VL in Teresina, in the state of Piauí, Brazil. Although houses within a given area are likely to share these characteristics, variations from house to house may also play a role since how each of the persons maintains the microenvironment around their home varies. Some people change the microenvironment around their home completely, whereas others do not. Our results show that these features may be relevant to the occurrence of leishmaniasis.

Many entomological studies show that the vector, *Lutzomyia longipalpis*,

has a broad-ranging feeding pattern that includes both domestic and wild animals (10). Although the presence of domestic animals inside the house was not significantly associated with leishmaniasis in our study, we found that animals in the neighborhood were associated with a greater odds of disease (Table 4). In Belo Horizonte, dogs are very common pets. In both case and control groups, the percentage of participants who kept pets was high, making the groups highly homogeneous with regard to this variable. Our results do not point to the importance of any specific type of animal, but suggest that the frequency and variety of animals is a risk factor. In a large city like Belo Horizonte, the variety of animals is likely to be restricted, but it is worth noting that not only pigs, horses, and cows but also marsupials have been reported in the city.

Cases were more likely than controls to live in rural or transitional areas, although this difference was not statically significant. Adjusted odds ratios for the association between different levels of urbanization and leishmaniasis had wide confidence intervals. Because most of the controls were matched to cases by neighborhood, associations between level of urbanization and leishmaniasis could only be examined in cases and hospital controls, for which the sample size was small. This may have limited our ability to detect these associations. Future work needs to examine how different levels of urbanization are related to leishmaniasis.

We observed a significant interaction between sex and age, such that the association of male sex with leishma-

niasis was stronger in persons aged 15 years and over than in those under 15. These results agree with prior work (17, 18) that also reported differences in the association of sex with leishmaniasis. Sharma et al. (17) observed a stronger association of male sex with leishmaniasis in persons over 15 than in those under 15 years of age. The authors hypothesized that adult women were protected against infection because of female hormones. In a study using rats, Satoskar et al. (19) showed that females were more resistant to infection than males. Females did not develop *Lutzomyia mexicana* lesions because they had a stronger Th1 response, which contributed to resistance to leishmaniasis (20).

Several limitations of our study should be considered. We believe that all cases were notified because the drugs for treatment are provided only after notification, but we cannot be certain that no cases were missed. Moreover, we analyzed only clinical cases. It is unlikely, however, that the inclusion criteria for cases resulted in substantial selection bias. Another limitation is that neither of the two methods for the selection of controls yielded a true population sample of non-cases. Although the neighborhood-matched controls approximated this population more closely than the hospital-matched controls, matching made it impossible to identify neighborhood factors with these data. Hospital controls were necessarily a selected sample that could have biased our estimates in unpredictable directions. It is reassuring, however, that the key associations we documented with the outdoor and neighborhood

scores were found for both hospital- and neighborhood-matched controls.

Characteristics of the outdoor surroundings and the presence of animals in the local area were significantly associated with the odds of leishmaniasis in our sample. Although these microenvironmental factors need to be confirmed in other settings, they suggest important avenues for potential intervention. One important measure is to reduce the number of animals in the streets, including dogs, horses, and cows. These animals are frequent on Brazilian streets, and are the most common source of sandfly blood meals, according to entomological studies. Intervention and education programs should also focus on improving microenvironmental conditions by facilitating residents' ability to keep their gardens and yards free of the vegetation and soil conditions associated with leishmaniasis, and by reducing the number of animals such as pigs or chickens in urban areas. Preventing leishmaniasis in urban areas will likely require a set of measures that focus not only on individuals but also on the microenvironments of their homes and neighborhoods.

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RESUMEN

Estudio de casos y controles sobre factores microambientales de riesgo de leishmaniasis visceral urbana en una gran urbe de Brasil, 1999–2000

Objetivos. Se investigaron los posibles factores microambientales de riesgo de leishmaniasis visceral en áreas urbanas y suburbanas y se elaboraron sistemas de puntuación del riesgo para caracterizar los hogares y los vecindarios. Estas puntuaciones pueden ayudar a identificar dentro de las ciudades microambientes que implican un mayor riesgo de leishmaniasis visceral para sus habitantes.

Métodos. En este estudio de casos y controles, los casos fueron todas las personas con leishmaniasis visceral informadas entre julio de 1999 y diciembre de 2000 en el área metropolitana de Belo Horizonte, Brasil. Se utilizaron dos tipos de controles: de vecindario y de hospital. Los casos y controles se parearon por la edad (± 2 años). Se establecieron cuatro puntuaciones para caracterizar el microambiente: interior de los hogares, exterior de los hogares, animales en los hogares y animales en el vecindario. También se consideró el nivel de urbanización del área.

Resultados. Se identificaron 106 controles de vecindario y 60 de hospital para los 109 casos. De estos, 69 (63,3%) eran hombres y 40 (36,7%) eran mujeres. La mayoría de los casos (64,2%) tenían menos de 15 años de edad y 39 (35,8%) tenían 15 años o más. La puntuación del exterior de los hogares (OR = 1,49; intervalo de confianza de 95% [IC95%] = 1,03–2,14) y de animales en el vecindario (OR = 1,79; [1,21–2,65]) mostraron una asociación significativa con la posibilidad de padecer leishmaniasis visceral en la muestra. También se encontró una interacción significativa entre el sexo y la edad. Los hombres de 15 años de edad o más tuvieron mayor probabilidad de padecer leishmaniasis visceral que las mujeres de 15 años o más (OR = 7,02; [2,20–22,20]).

Conclusiones. La presencia de animales en el vecindario estuvo asociada con una mayor posibilidad de leishmaniasis visceral. Los casos presentaron mayor probabilidad de vivir en áreas rurales o de transición que los controles, aunque esta diferencia no fue estadísticamente significativa, posiblemente debido al pequeño tamaño de la muestra.

Palabras clave

Estudios de casos y controles, leishmaniasis visceral, factores de riesgo, urbanización, Brasil.