ID Number	
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In a usual week, how much do the following people exercise? Place a check  $(\sqrt{})$  in a box under each person for your answer.

	K1. Mother			K2. Father			K3. Brother(s)/Sister (s)			K4.  Best Friend		
Exercise with little effort (like: bowling, horseshoes, golf, slow walking).	Never	Sometimes	Often	Never	Sometimes	Often	Never	Sometimes	Often	Never	Sometimes	Often
	K5.	,		K6.	,	•	K7.			K8.		•
Exercise medium hard (like: fast walking, tennis, shooting baskets, baseball/softball, football).	Never	Sometimes	Often	Never	Sometimes	Often	Never	Sometimes	Often	Never	Sometimes	Often
	K9.			K10.			K11.			K12.		
Exercise hard (like: jogging, running, judo, biking, swimming).	Never	Sometimes	Often	Never	Sometimes	Often	Never	Sometimes	Often	Never	Sometimes	Often