

Supplementary Material for Davis RN, Ashba J, Appugliese DP, Kaciroti N, Corwyn RF, Bradley RH, Lumeng JC. Adolescent obesity and maternal and paternal sensitivity and monitoring. Int J Pediatr Obes, 2011; 6: e457–e463.

Appendix A-Parental Monitoring Scale

How much do you know about:

1. Who your child spends time with?
2. How your child spends his/her free time?
3. How your child spends his/her money?
4. Where your child goes right after school?
5. Where your child goes throughout the day on the weekend?
6. Problems your child is having at school?

(Answers: Don't know at all, Know a little bit, Know a lot, Know everything)

7. Do you tell your child what time he/she has to be home on school nights?
8. Do you tell your child what time he/she has to be home on weekend nights?
9. If your child didn't come home by the set time, would you know?
10. If you aren't home and your child leaves the house, does your child leave a note or call to say where he/she is going?
11. When you aren't at home, does your child know how to get in touch with you?

(Answers: Never, Sometimes, Often, Always)