

# Assessment of the biodistribution of an [ $^{18}\text{F}$ ] FDG-loaded perfluorocarbon double emulsion using dynamic micro-PET in rats

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Perfluorocarbon (PFC) double emulsions loaded with a water-soluble, therapeutic agent can be triggered by ultrasound in a process known as acoustic droplet vaporization. Elucidating the stability and biodistribution of these sonosensitive vehicles and encapsulated agents is critical in developing targeted drug delivery strategies using ultrasound. [ $^{18}\text{F}$ ]fluorodeoxyglucose (FDG) was encapsulated in a PFC double emulsion and the *in vitro* diffusion of FDG was assessed using a Franz diffusion cell. Using dynamic micro-positron emission tomography and direct tissue sampling, the biodistribution of FDG administered as a solution (i.e. non-emulsified) or as an emulsion was studied in Fisher 344 rats ( $n = 6$ ) bearing subcutaneous 9L gliosarcoma. Standardized uptake values (SUVs) and area under the curve of the SUV ( $\text{AUC}_{\text{SUV}}$ ) of FDG were calculated for various tissues. The FDG flux from the emulsion decreased by up to a factor of 6.9 compared with the FDG solution. FDG uptake, calculated from the  $\text{AUC}_{\text{SUV}}$ , decreased by 36% and 44% for brain and tumor, respectively, when comparing FDG solution vs FDG emulsion ( $p < 0.01$ ). Decreases in  $\text{AUC}_{\text{SUV}}$  in highly metabolic tissues such as brain and tumor demonstrated retention of FDG within the double emulsion. No statistically significant differences in lung  $\text{AUC}_{\text{SUV}}$  were observed, suggesting minimal accumulation of the emulsion in the pulmonary capillary bed. The liver  $\text{AUC}_{\text{SUV}}$  increased by 356% for the FDG emulsion, thus indicating significant hepatic retention of the emulsion. Copyright © 2013 John Wiley & Sons, Ltd.

**Keywords:** micro-PET; biodistribution; perfluorocarbon; emulsion; acoustic droplet vaporization; ultrasound; responsive agents

## 1. INTRODUCTION

Nano- or micron-sized perfluorocarbon (PFC) particles are commonly used in diagnostic and therapeutic applications of ultrasound. For example, surfactant-stabilized, PFC microbubbles (i.e. contrast agents) are clinically utilized for perfusion imaging (1,2) and can be specifically targeted to vascular receptors, such as vascular endothelial growth factor receptor (3,4). Microbubbles can also facilitate drug or gene delivery, in response to ultrasound, when a therapeutic agent is either co-administered with the contrast agent (5,6) or the agent is contained/bound within the contrast agent (7,8). Gas-filled contrast agents have also been used to enhance the effects of thermal ablation achieved by high-intensity focused ultrasound (HIFU) (9). As highlighted in a recent review (10), various types of liquid PFC droplets have also been investigated as diagnostic imaging agents. Similarly, PFC emulsions have been used therapeutically for ultrasound-triggered drug delivery (11–14) and HIFU (15,16).

Understanding the pharmacokinetics of sonosensitive PFC particles and the biodistribution of therapeutic agents contained within the particles is critical in developing ultrasound-based, drug delivery therapies that are safe and efficacious. For example, lung retention of microbubbles within the pulmonary microvasculature is a size-dependent phenomenon (17). The formulation of transpulmonary, micron-sized emulsions can minimize certain types of PFC-related bioeffects (18,19). Additionally, the pharmacokinetics of sonosensitive PFC particles are directly related to the time window between vascular administration of the

particles and the application of ultrasound to activate the particles. For nanoparticles that are passively targeted to tumor tissue, sufficient extravasation must occur to achieve an optimal therapeutic outcome (16,20).

Various imaging modalities – such as positron emission tomography (PET) (21–24), magnetic resonance (MR) (20,25) and fluorescence (20,26–28) imaging – have been used to study the *in vitro* cellular localization and *in vivo* biodistribution of both PFC microbubbles (21–24,28) and droplets (20,25–27). Depending on the type of PFC particle (i.e. diagnostic vs therapeutic) and incorporated imaging marker (e.g.  $^{19}\text{F}$  for MRI or  $^{18}\text{F}$  for PET), these modalities enable the visualization of the PFC phase, surfactant or therapeutic payload. Small animal PET (i.e. micro-PET) enables the study of pre-clinical biodistribution in a serial or paired manner and does not require the sacrifice of animals for direct tissue sampling. PET is an attractive imaging technique given its high sensitivity and clinical translatability, when compared with optical imaging techniques. Additionally, PET enables treatment monitoring and planning (29), thereby potentially leading to more individualized medical care (30).

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In the presented studies, micro-PET is used to determine the biodistribution of a water-soluble radiotracer contained within a micron-sized, sonosensitive double emulsion of the following structure: water-in-PFC-in-water ( $W_1/PFC/W_2$ ); similar double emulsion formulations have been used both *in vitro* (31,32) and *ex vivo* (33). Water-soluble agents, contained within the  $W_1$  phase, can be released using ultrasound in a process known as acoustic droplet vaporization (ADV) (34,35). Upon exposure to ultrasound above a certain acoustic pressure amplitude, the PFC liquid within the sonosensitive emulsion is converted into a gas. Thus, this double emulsion belongs to a class of PFC emulsions that have been termed *phase-shift* (16,36) or *phase-change* (37) emulsions. Low boiling point PFCs – such as perfluorobutane ( $C_4F_{10}$ ,  $-2^\circ C$ ), perfluoropentane ( $C_5F_{12}$ ,  $29^\circ C$ ) or perfluorohexane ( $C_6F_{14}$ ,  $56^\circ C$ ) – are typically used in emulsions that undergo ADV in order to minimize the acoustic pressures that are required for vaporization at normal body temperature ( $37^\circ C$ ) (38). In addition to drug delivery (11–14,20,26,31,32,39,40), ADV has been utilized in medical applications such as embolotherapy (41–43), enhancement of HIFU (15,16) and phase aberration correction (41,44). The primary excretion route of vascularly-administered PFC emulsions is via the mononuclear phagocyte system (MPS), where the particles accumulate primarily in the liver and spleen (45,46); the PFC is then transported to the lung for exhalation (47).

Elucidating the biodistribution of sonosensitive emulsions, in the absence of ADV, is critical in the development of safe and effective ADV-based therapies. To our knowledge, this is the first study that uses PET to track the biodistribution of a radiolabeled compound encapsulated within a sonosensitive, PFC double emulsion. [ $^{18}F$ ]fluorodeoxyglucose (FDG) – a water-soluble, radiotracer used in glucose utilization studies for tumor, cardiac and cerebral tissue – was incorporated into the  $W_1$  phase of the double emulsion. First, the stability of the FDG-loaded emulsion was studied *in vitro*. Second, the biodistribution of emulsified FDG was evaluated in rats using both dynamic micro-PET and traditional tissue sampling techniques. The biodistribution of the FDG emulsion and non-emulsified (i.e. free) FDG was studied sequentially in rats to assess the *in vivo* stability of the emulsion, with a focus on the retention of FDG within the emulsion.

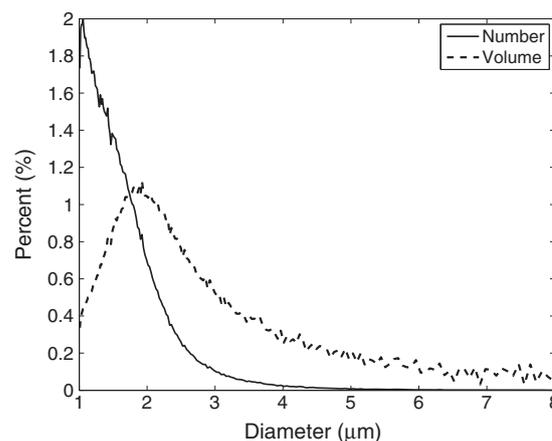
## 2. RESULTS

### 2.1. Characterization And *In Vitro* Stability Of Emulsion

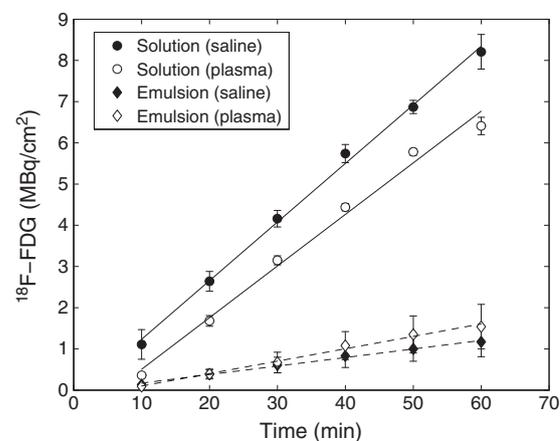
The size distributions of the FDG emulsion, obtained using a Coulter counter, are displayed in Fig. 1. The mean droplet diameter is  $1.5 \pm 0.1 \mu m$  and the droplet number density is  $2.6 \pm 0.5 \times 10^{10}$  droplets/ml. The vast majority of the droplet volume (93%) is contained within droplets whose diameters are  $6 \mu m$  or less. There were no statistically significant changes in the size distributions of the emulsion after 24 h, thereby indicating *in vitro* stability of the emulsion in the presence of high energy  $\beta^+$  (positron) and  $\gamma$  radiation (FDG).

### 2.2. *In Vitro* Release Of FDG

The retention of FDG within the emulsion, as evaluated using a Franz diffusion cell, is shown in Fig. 2. All values in Fig. 2 were corrected for the aliquots of solution and hence FDG activity removed during sampling. A solution of FDG, equal in activity



**Figure 1.** Number and volume-weighted distributions of the perfluorocarbon (PFC) double emulsion containing [ $^{18}F$ ]fluorodeoxyglucose (FDG) as obtained by the Coulter counter.



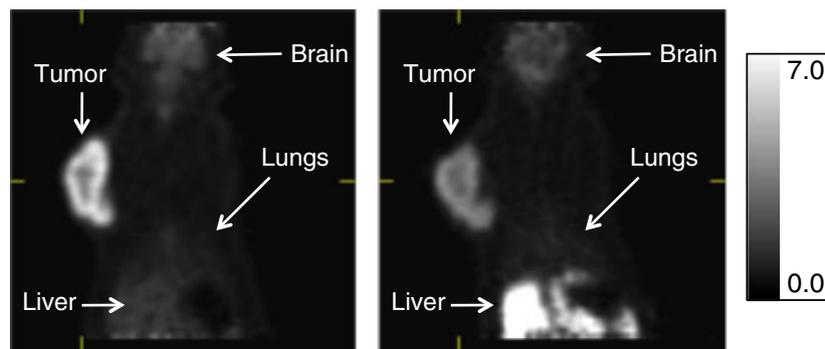
**Figure 2.** Normalized activity of FDG in the acceptor compartment of the Franz diffusion cell for the FDG solution and FDG emulsion. In both cases, an equal concentration of FDG was loaded into the donor compartment. The average activity ( $n=3$ ) and standard deviation is plotted for each data point.

to the emulsion, was used as a control. It was confirmed, by mixing blank (i.e. without FDG) emulsion and FDG solution, that the presence of the droplets within the donor compartment did not statistically change the FDG diffusion across the membrane for the FDG solution.

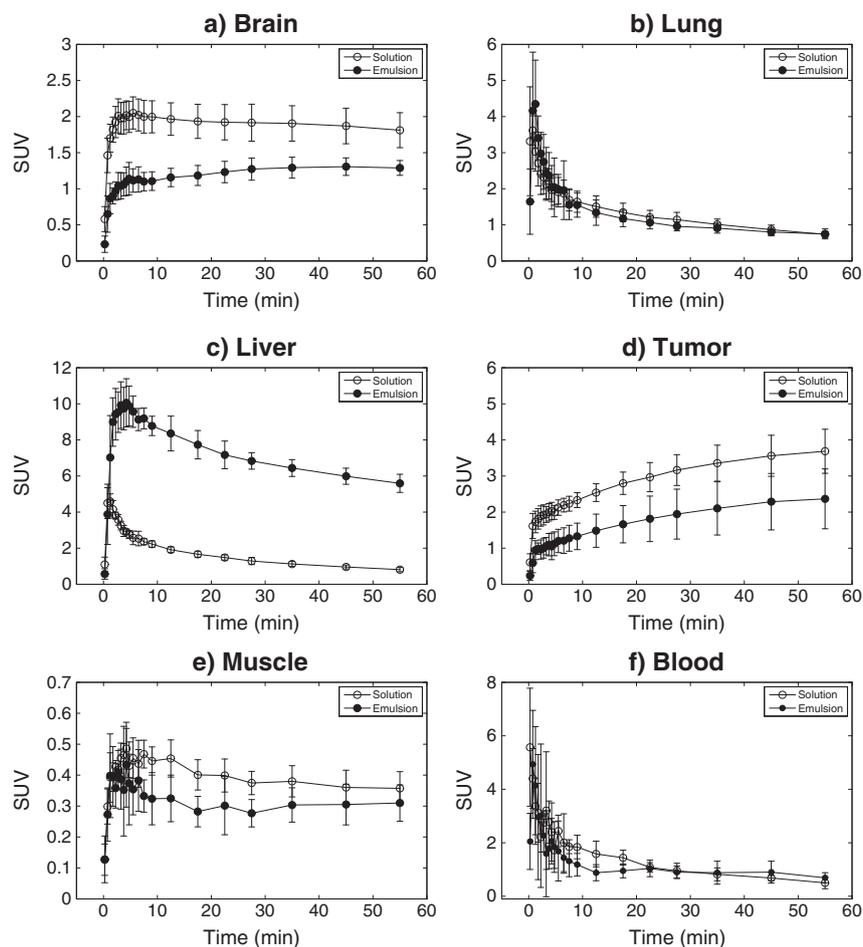
The flux of FDG was calculated based on a linear regression of the data between 10 and 60 min, which yielded squared correlation coefficients greater than 0.99 in all cases. In saline, the fluxes for the FDG solution and emulsion were  $0.14 \pm 0.003$  and  $0.02 \pm 0.007$  MBq/cm<sup>2</sup>/min, respectively. In plasma, the fluxes for the FDG solution and emulsion were  $0.13 \pm 0.004$  and  $0.03 \pm 0.01$  MBq/cm<sup>2</sup>/min, respectively. Therefore, in saline and plasma, the flux of FDG is reduced, respectively, by a factor of 6.9 and 4.2, compared with the solution, when FDG is encapsulated in the double emulsion.

### 2.3. *In Vivo* Dynamic Micro-PET Of Emulsion

Representative micro-PET images, scaled based on the standardized uptake value (SUV), are shown in Fig. 3. Qualitatively, it can



**Figure 3.** Coronal micro-PET images of a rat that received an injection of FDG solution (left) and FDG emulsion (right). The summed images (0–60 min) are SUV-scaled (scale bar on far right).



**Figure 4.** Time-activity curves of intravenously injected FDG solution and FDG emulsion, measured by dynamic micro-PET, in Fisher 344 rats with 9L tumors ( $n=6$ ). The data represent mean and standard deviation of the SUV for the (a) brain, (b) lung, (c) liver, (d) tumor, (e) muscle and (f) blood.

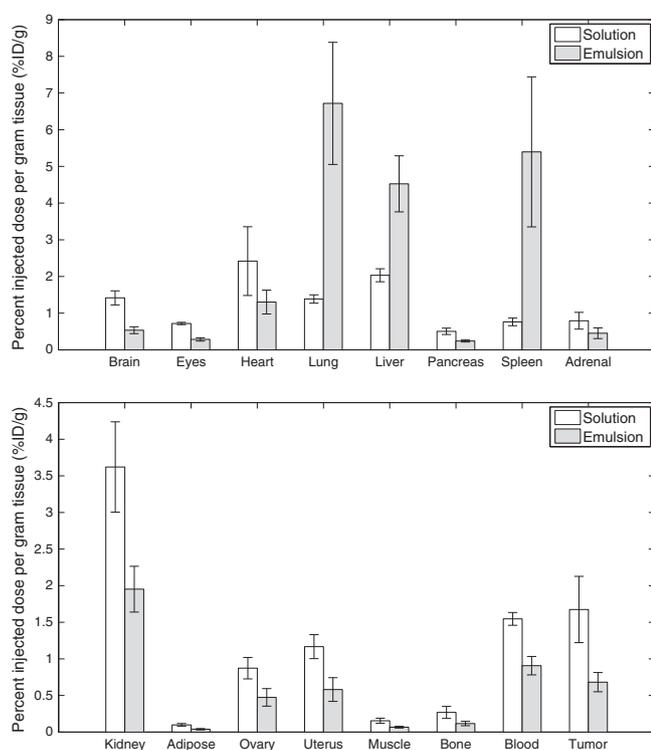
be observed that the uptake of FDG is higher for the FDG solution (Fig. 3, left) than the FDG emulsion (Fig. 3, right) for the denoted organs and tumor, except for the liver. Figure 4 displays the time profiles of the SUV for brain, lung, liver, tumor, muscle and blood for both FDG solution and FDG emulsion. Statistically significant decreases of 36% and 44% were observed for the area under the curve for the normalized time activity data ( $AUC_{SUV}$ ) when comparing FDG emulsion vs FDG solution for brain and tumor, respectively. The liver displayed a 356% increase in

the  $AUC_{SUV}$  when comparing FDG emulsion vs FDG solution. No statistically significant changes in  $AUC_{SUV}$  were noted for lung, muscle or blood. Additionally, activity levels in blood obtained from the left ventricular cavity were probably overestimated for both FDG emulsion and solution, due to the ‘spill-in’ of activity from the myocardium. Statistically significant differences in the maximum area under the curve ( $AUC_{MAX}$ ) were observed with brain and liver; a 36% decrease and 120% increase in  $AUC_{MAX}$  occurred in brain and liver, respectively. No statistically

significant differences in the time to reach  $AUC_{MAX}$  ( $t_{MAX}$ ) or the time required for the SUV to reach half of  $AUC_{MAX}$  ( $t_{1/2}$ ) were observed except in liver, which displayed increases of 321% and 498%, respectively. The control rats that received FDG solution on day 1 followed by blank (i.e. without FDG) emulsion and FDG solution on day 2 did not display any statistically significant differences in  $AUC_{SUV}$ ,  $AUC_{MAX}$ ,  $t_{MAX}$  or  $t_{1/2}$  for the time profiles measured on days 1 and 2.

#### 2.4. Direct Tissue Sampling Studies

The biodistribution of FDG measured as percentage injected dose per gram tissue (%ID/g) in various organs and tissues at 3 min post-injection is shown in Fig. 5. Uptake of FDG solution and emulsion is also shown in Table 1. For all organs and tissues, except heart and adrenal glands, a statistically significant difference in uptake was observed when comparing FDG solution vs FDG emulsion. Except for lung, liver and spleen, the



**Figure 5.** Biodistribution of FDG solution ( $n=6$ ) and FDG emulsion ( $n=6$ ) in Fisher 344 rats with 9L tumors at 3 min. The data represent mean and standard deviation of each organ/tissue. In all cases except for heart and adrenal glands, a statistically significant difference ( $p < 0.01$ ) was observed when comparing solution vs emulsion.

**Table 1.** FDG uptake in various organs and tissues obtained 3 min post-intravenous injection. The average uptake ( $n=6$ ) and standard deviation are listed for each data point

FDG	Uptake (%ID/g)				
	Brain	Lung	Liver	Tumor	Muscle
Solution	1.42 ± 0.19	1.39 ± 0.11	2.03 ± 0.18	1.67 ± 0.45	0.16 ± 0.04
Emulsion	0.54 ± 0.09	6.72 ± 1.66	4.52 ± 0.76	0.68 ± 0.13	0.07 ± 0.01

uptake was lower for the FDG emulsion than for the FDG solution. When comparing the activity for the FDG solution and FDG emulsion, decreases of 62%, 59% and 57% were observed for brain, tumor and muscle, respectively. For lung, liver and spleen, the uptake (in %i.d./g) increased by 384%, 122% and 609% when comparing FDG emulsion vs FDG solution.

### 3. DISCUSSION

Focused ultrasound has been used to localize drug release from vascularity administered sonosensitive emulsions (13,20,40,48). The timing between the administration of the emulsion and the subsequent application of ultrasound to generate ADV and localized release is critical in achieving efficacious results. A sufficient delay following the injection of the emulsion can facilitate therapy via intended mechanisms of particle accumulation, such as binding of actively targeted droplets to vascular receptors (25,49) or the extravasation of nano-sized emulsions in a tumor (20). However, the efficacy of localized drug delivery from sonosensitive emulsions can be negatively affected by unintended release (i.e. release in the absence of ultrasound sufficient to trigger ADV) or clearance of the emulsion via the MPS. Additionally, as observed with other emulsions (50), the formulation of a therapeutic agent as an emulsion can dramatically change the biodistribution and pharmacokinetics of the agent.

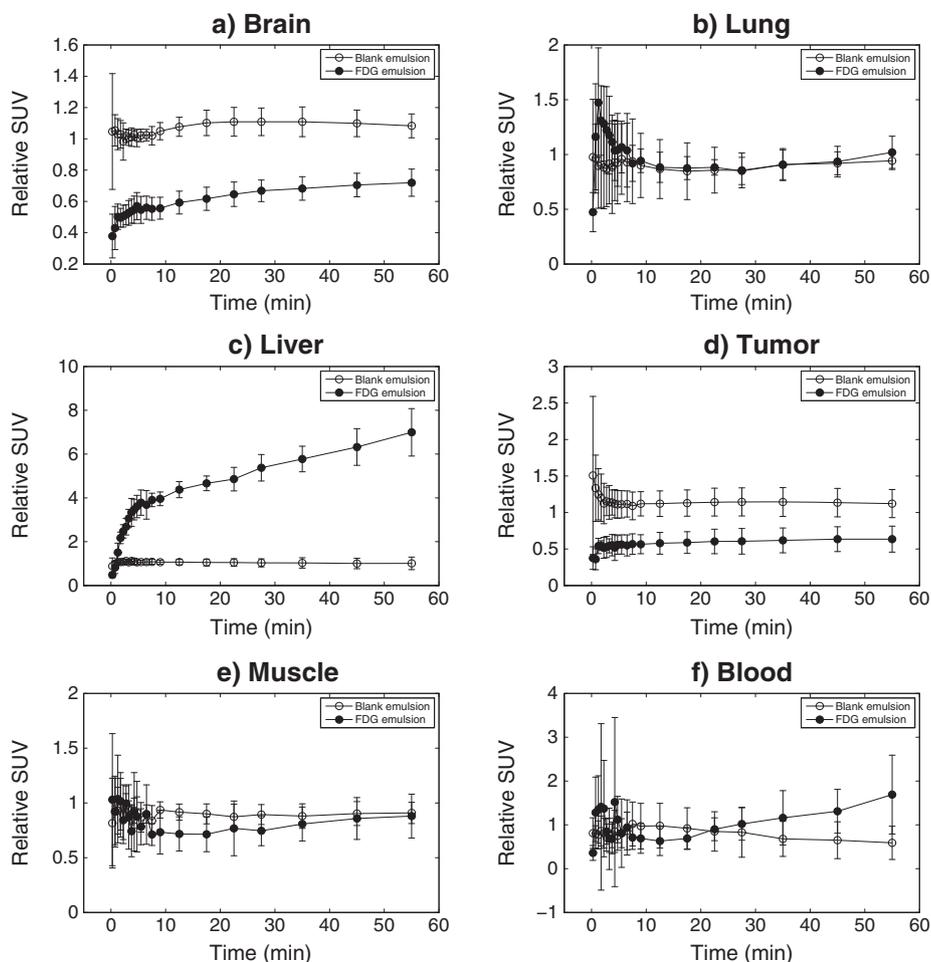
One main aim of this study was to demonstrate stable retention of the payload (i.e. FDG) within the  $W_1$  phase such that release of the payload could be triggered by ultrasound via ADV. By minimizing the amount of burst release from the emulsion upon injection, the spatial and temporal profiles of drug release can be localized by the application of focused ultrasound. This precise control of drug release is especially useful when delivering agents that are systemically toxic (e.g. chemotherapeutic agents), such that drug release and uptake are localized to the intended target site (e.g. tumor).

As demonstrated in Fig. 2, the flux of FDG is reduced when encapsulated in the double emulsion. This decrease in diffusion rate, which is consistent with previous studies using fluorescein within the  $W_1$  phase (31), is attributed to the hydrophobic perfluoro-*n*-pentane (PFP) layer that surrounds the  $W_1$  phase (47). Given that the flux of FDG from the emulsion is non-zero, there are four potential mechanisms by which FDG could be diffusing from the emulsion: (1) spontaneous vaporization of PFP within the emulsion, thereby releasing the  $W_1$  phase; (2) conversion of the double emulsion into a single emulsion (i.e. PFC/ $W_2$ ); (3) diffusion of FDG from the  $W_1$  phase into the bulk phase in the absence of PFP vaporization or emulsion destabilization; or (4) diffusion of residual FDG, probably present in the  $W_2$  phase, that remains post-washing. Although fluorocarbon

emulsions have been used as radiation dosimetry detectors (51,52), whereby the emulsion transitions from liquid droplets into gas bubbles when exposed to radiation, the double emulsion used in this work is stable in the presence of high-energy radiation resulting from the decay of fluorine-18. This is probably due to the boiling point of PFP (29°C), which is significantly higher than the boiling point of fluorocarbons typically used in dosimetry applications (i.e. <0°C). Therefore, spontaneous vaporization is probably not causing release of FDG from the emulsion. Additionally, since the volume fraction of  $W_1$  in the double emulsion is large (31), the conversion of the double emulsion into a single emulsion – an instability issue with double emulsions (53) – should be detectable by measuring the droplet size distribution. Again, no differences in size distribution were observed when comparing the initial droplet size distribution to that one day later; therefore, this mechanism seems unlikely, at least *in vitro*. It is hypothesized that FDG release from the emulsion is due to FDG diffusing from the  $W_1$  phase, without emulsion destabilization and/or the presence of residual FDG in the  $W_2$  phase that was not removed during washing.

The comparative *in vivo* uptake of FDG, whether in free form (i.e. solution) or emulsified, is an indicator of the degree to which FDG is stably retained within the emulsion. This retention can be

clearly seen by comparing the time–activity curves for brain and tumor (Fig. 4a and d) – two tissues that display high levels of glucose utilization and retention of FDG. In both cases, statistically significant decreases in the  $AUC_{SUV}$ , an indicator of the exposure and uptake of the radiotracer (54), were observed (Fig. 4), thus confirming that emulsification hinders uptake of FDG. For both FDG solution and FDG emulsion, the  $AUC_{SUV}$  was higher in tumor than brain, which is probably due to the anesthetic isoflurane that decreases FDG uptake in rodent brain (55), but not in tumor tissue (56), vs the awake state. The decrease in FDG uptake due to emulsification is further supported by Fig. 6, which displays relative SUVs between scans of data shown in Fig. 4. These relative SUVs are calculated as the SUV of the ‘FDG emulsion’ scan divided by the SUV of the ‘FDG solution’ scan at each time point. Similarly, for the control rats, relative SUVs are given by the SUV of the ‘FDG solution + blank emulsion’ scan divided by the ‘FDG solution’ scan. For the control animals, the relative SUVs are close to 1, which indicates that the presence of blank emulsion did not affect FDG metabolism. It is important to note that any affinity that FDG has for the emulsion (e.g. binding to the Poloxamer shell), which may be evident with the FDG emulsion, would not necessarily be present in this control given that the rats were injected with FDG solution followed by blank emulsion.



**Figure 6.** Relative SUVs are calculated as the SUV of the ‘FDG emulsion’ scan divided by the SUV of the ‘FDG solution’ scan (Figure 4). For control rats, relative SUVs are given by the SUV of the ‘FDG solution + blank emulsion’ scan divided by the ‘FDG solution’ scan. The data represent mean and standard deviation for the (a) brain, (b) lung, (c) liver, (d) tumor, (e) muscle and (f) blood.

For rats that received FDG emulsion, the relative SUVs are generally  $<1$ . The fraction of FDG retained within the emulsion vs the total FDG can be estimated using the data in Fig. 6. When the blood–brain barrier (BBB) extraction is high and the tissue blood fraction is low, the fraction of FDG in the emulsion is simply 1 minus the values shown in Fig. 6. However, as extraction decreases or blood volume increases, a simple correction factor is needed. Assuming that the brain blood volume fraction is 3%, the BBB extraction fraction is 0.2, and a relative SUV of 0.5, the fraction of FDG retained in the emulsion at 5 min is  $\sim 58\%$ . The fraction of FDG retained in the emulsion is fairly consistent for brain and tumor. It can also be observed in Fig. 6 that the relative SUVs in brain, tumor and muscle increase slowly from 5 min through the end of the scan. This probably indicates that a smaller fraction of FDG becomes available for transport out of the blood due to FDG release from the droplets. Thus, by the end of the study, the fraction of FDG retained in the emulsion has decreased to around 40–45%. Comparatively, if all of the FDG were to be retained in the emulsion, the relative SUV would be 0.13.

Minimizing PFC accumulation in the lung is critical in preventing the disruption of pulmonary gas exchange (18,19), which can cause respiratory distress or death (43,57). One approach to minimize lung effects generated by PFC emulsions, as well as ensuring uniform ADV thresholds of the emulsions, is to generate monodisperse droplets (37). As supported by the  $AUC_{SUV}$  (Fig. 4), no lung retention of the polydisperse FDG emulsion was detected by micro-PET. Since 98% (by number) of the droplets are 3  $\mu\text{m}$  in diameter or smaller (Fig. 1), minimal lung accumulation was expected given that a previous study demonstrated clearance of 2  $\mu\text{m}$  and 3  $\mu\text{m}$  rigid microparticles in rat lungs (58). Based on direct tissue sampling (Fig. 5), there was a statistically significant increase in lung activity at 3 min for the FDG emulsion compared with the FDG solution. However, the  $AUC_{SUV}$  for lung between 0–3 min indicates no statistically significant differences. The relative SUV (Fig. 6b) between 0.75 and 6.5 min displays mean values  $>1$ , although the differences are not statistically significant relative to the control rats. Thus, it is hypothesized that the differences in observed lung uptake between the micro-PET and tissue sampling studies may be due to differences in the duration of isoflurane exposure, a vasodilator (59). Isoflurane was administered for 15–20 min and 5 min prior to the administration of the emulsion in the micro-PET and biodistribution tissue sampling studies, respectively.

Previous studies have demonstrated that PFC emulsions accumulate in organs of the MPS such as liver and spleen (45,46). Significant accumulation of the FDG emulsion was confirmed by both micro-PET imaging (Figs 4c and 6c) and direct tissue sampling (Fig. 5) in both the liver and spleen. The largest increases in  $AUC_{SUV}$ ,  $AUC_{MAX}$ ,  $t_{MAX}$ ,  $t_{1/2}$  and uptake were observed in liver and spleen when comparing FDG emulsion vs FDG solution – another indicator that FDG is being retained within the double emulsion. Due to the faster rate of clearance (i.e.  $\sim 150\%$  higher) of FDG from the liver for the FDG emulsion compared with the FDG solution, as determined by the slope of the time-activity curves in Fig. 4(c) between 12.5–55 min, it may be likely that FDG is released from the emulsion while accumulated in the liver. Incorporating polyethylene glycol (PEG) chains or PEG-containing polymers into the shell stabilizing the double emulsion could reduce the rate at which the droplets are opsonized (i.e. the rate at which droplets are marked for phagocytic clearance) and removed by the MPS

(60,61). Although Poloxamer 188, the water-soluble surfactant used to stabilize the double emulsion, is a copolymer containing PEG, it has not been found to reduce hepatic or splenic uptake of particles (62,63).

## 4. CONCLUSIONS

As demonstrated both *in vitro* and *in vivo*, small, water-soluble molecules such as FDG can be retained in sonosensitive double emulsions. Given that drug release from PFC emulsions can be triggered using ultrasound, the retention of the encapsulated payload in the  $W_1$  phase is critical in spatially and temporally localizing release to the site of ultrasound application. Dynamic micro-PET imaging indicated that the FDG emulsion did not accumulate in the lung, which is critical in minimizing PFC related bioeffects. When delivering a therapeutic agent in the PFC double emulsion, the use of surfactants such as Poloxamer 407 or Poloxamine 908 could assist in decreasing the rate at which the droplets are cleared by the MPS and thereby modulating the release of drug into the general circulation. Given the observed distribution of the FDG loaded into the sonosensitive emulsion, the liver will probably be a critical organ when therapeutic payloads are used.

## 5. EXPERIMENTAL

### 5.1. Emulsion Preparation

The double emulsion was prepared by modifying previously published methods (31). The primary emulsion ( $W_1$ /PFC) was formed by dissolving Krytox 157 FSL (CAS no. 51798-33-5, DuPont, Wilmington, DE, USA), a perfluoroether with carboxylic acid functionality, and Krytox 157 FSL-polyethylene glycol copolymer in perfluoro-*n*-pentane (CAS no. 678-26-2, Strem Chemicals, Inc., Newburyport, MA, USA) at concentrations of 25 and 75 mg/ml, respectively. The PFP phase was then combined with an aqueous solution of FDG at a volumetric ratio of 4:3. FDG was synthesized in-house by the Cyclotron and Radiochemistry Facility at the University of Michigan. The mixture was emulsified, while in an ice bath, via sonication using a microtip (model 450, 20 kHz, Branson, Danbury, CT, USA) operating at 125  $\text{W}/\text{cm}^2$  for 30 s in continuous mode. The resulting primary emulsion was added drop-wise to a 100 mg/ml solution of Poloxamer 188 (Sigma Aldrich, St Louis, MO, USA) in normal saline (0.9% w/v, Hospira Inc., Lake Forest, IL, USA), which was in an ice bath and being stirred at 1100 rpm for 10 min. Poloxamer 188 is a water-soluble, amphiphilic copolymer that stabilizes the PFC/ $W_2$  interface, thus enabling the formation of a double emulsion. The coarse double emulsion was then sonicated, as previously described, to reduce droplet size. To minimize the amount of non-emulsified FDG, the double emulsion was washed in triplicate by centrifuging the emulsion at 5000 rpm for 30 s, removing the supernatant, and resuspending the pellet (i.e. droplets) in fresh saline. The double emulsion was sized using a Coulter counter (Matisizer III, Beckman Coulter Inc., Brea, CA, USA) with a 50  $\mu\text{m}$  aperture and used immediately for *in vivo* experiments. To assess the stability of the emulsion in the presence of FDG, the remaining emulsion was stored at room temperature (25°C) and sized, as described previously, 24 h after formulation.

## 5.2. In Vitro FDG Release

Release of FDG from the double emulsion was measured at room temperature (25°C) using a Franz diffusion cell (PermeGear, Inc., Hellertown, PA, USA), as described previously (31). Briefly, a cellulose membrane (6–8 kDa molecular weight cutoff, Spectrum Laboratories Inc., Rancho Dominguez, CA, USA), soaked in normal saline was mounted between the donor and acceptor compartments of the cell. The donor media contained 2 ml FDG emulsion, diluted in either normal saline or human plasma, while the acceptor compartment contained 7.5 ml of either normal saline or human plasma (i.e. the same fluid loaded in the donor compartment). Near-sink conditions were maintained in the acceptor compartment, which was stirred at 600 rpm, throughout the duration of the experiment. The diffusion area between both compartments was 1.77 cm<sup>2</sup>. Additionally, an overhead stirrer, operating at 600 rpm, prevented settling of the emulsion on the membrane owing to the elevated density of PFP (1.6 g/ml). At 10 min intervals, aliquots of the acceptor medium were withdrawn and immediately replaced with fresh, normal saline or human plasma. The FDG activity was measured with a dose calibrator (CRC 712M, Capintec Inc., Ramsey, NJ, USA). The above experiment was repeated for an FDG solution of equal activity as well.

## 5.3. Cell Line And Tumor Model

9L gliosarcoma cells (American Type Culture Collection, Manassas, VA, USA) were cultured in Dulbecco's modified Eagle medium (high glucose) supplemented with 9% (v/v) fetal bovine serum, 100 U/ml penicillin, 0.1 mg/ml streptomycin, and 0.35 mg/ml G418 (Geneticin). Cell culture media and reagents were obtained from Gibco (Invitrogen, Eugene, OR, USA). The cells were grown in a humidified 5% carbon dioxide environment at 37°C. After reaching 80% confluence, 5 × 10<sup>6</sup> cells were trypsinized, resuspended in phosphate buffered saline, and injected subcutaneously into the right shoulder of female Fischer 344 rats (*n* = 12, 200 g; Harlan Laboratories, Indianapolis, IN, USA). Tumors were allowed to grow for 7–10 days. All animal protocols were approved by the University Committee on Use and Care of Animals.

## 5.4. Dynamic Micro-PET Imaging

Rats (*n* = 9) were anesthetized using isoflurane (5% for induction and 1–2% for maintenance) and placed prone within a micro-PET scanner (R4 or P4, Concorde Microsystems Inc., Knoxville, TN, USA) (64). Body temperature, maintained using a circulating water warming pad, and respiratory rate were monitored during the imaging session. FDG solution (*n* = 9, 7.4 MBq) was injected via tail vein catheter immediately followed by a 60 min dynamic PET scan with respiratory gating. The rats were allowed to recover. On the following day, the aforementioned imaging procedure was repeated for the FDG emulsion (*n* = 6, 1.9 MBq, mass dose of emulsion 0.08 g PFP per kilogram body weight). A control study was conducted to confirm that the presence of the emulsion alone did not alter the *in vivo* biodistribution of FDG. Rather than receiving an injection of FDG emulsion, the control rats (*n* = 3) were injected with FDG solution (7.4 MBq) immediately followed by blank (i.e. without FDG) emulsion (mass dose of emulsion 0.08 g PFP per kilogram body weight). All rats were recovered for tissue sampling (biodistribution) studies on the following day.

## 5.5. Analysis Of Micro-PET Images

After correction for decay, dead time and random coincidences, PET data were reconstructed using a statistical reconstruction method (ordered-subset expectation maximization). Images were scaled to the SUV, defined as the measured radioactivity (in nCi/cm<sup>3</sup>) normalized by the injected activity and body weight of each rat. Time–activity curves were generated for individual volumes of interest drawn in various organs and tissues using the ASI Pro VM software (Siemens Medical Systems, Malvern, PA, USA). The time–activity curve for blood was generated by analyzing the left ventricular cavity.

MATLAB (The MathWorks Inc., Natick, MA, USA) was used to calculate the following parameters: AUC<sub>SUV</sub>, AUC<sub>MAX</sub>, *t*<sub>MAX</sub> and *t*<sub>1/2</sub>.

## 5.6. Direct Tissue Sampling (Biodistribution) Studies

The FDG solution (*n* = 6, 1.9 MBq) or FDG emulsion (*n* = 6, 1.9 MBq, mass dose of emulsion 0.08 g PFP per kilogram body weight) was administered intravenously in anesthetized rats. Three minutes after injection, the following tissues were harvested: brain, eyes, heart, lung, liver, pancreas, spleen, adrenal glands, kidneys, adipose tissue, ovaries, uterus, muscle (thigh), bone (femur), blood and tumor. Radioactivity was counted in a  $\gamma$ -counter (model A5550, Minaxi auto gamma, Packard/Perkin Elmer, Waltham, MA, USA). Decay-corrected results were expressed as percentage of injected radioactivity dose per gram of tissue (%ID/g).

## 5.7. Statistical Analysis

Each experimental value is expressed as the mean  $\pm$  standard deviation and the result of at least three independent measurements. Statistically significant differences between experimental groups was determined using a Student's *t*-test. A significance level of 0.01 was used for all comparisons.

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