Induction of Calcium Sensing Receptor in Human Colon Cancer Cells by Calcium, Vitamin D and Aquamin: Promotion of a More Differentiated, Less Malignant and Indolent Phenotype

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The calcium sensing receptor (CaSR) is a robust promoter of differentiation in colonic epithelial cells and functions as a tumor suppressor. Cancer cells that do not express CaSR (termed CaSR null) are highly malignant while acquisition of CaSR expression in these cells circumvents the malignant phenotype. We hypothesize that chemopreventive agents mediate their action through the induction of CaSR. Here, we compare the effectiveness of Ca²⁺, vitamin D, and Aquamin (a marine algae product containing Ca²⁺, magnesium and detectable levels of 72 additional minerals) on the induction of CaSR in the CBS and HCT116 human colon carcinoma cell lines and the corresponding CaSR null cells isolated from these lines. All three agonists induced CaSR mRNA and protein expression and inhibited cellular proliferation in the parental and CaSR null cells. Aquamin was found to be most potent in this regard. Induction of CaSR expression by these agonists resulted in demethylation per se did not induce CaSR transcription. Induction of CaSR expression resulted in a down-regulated expression of tumor inducers and up-regulated expression of tumor suppressors. Again, Aquamin was found to be most potent in these biologic effects. This study provides a rationale for the use of a multi-mineral approach in the chemopreventive agents. (= 2013 Wiley Periodicals, Inc.

Key words: calcium; vitamin D; aquamin; CaSR; chemoprevention

INTRODUCTION

The extracellular calcium sensing receptor (CaSR) is a 7-transmembrane -spanning G-protein coupled receptor originally identified in the parathyroid gland [1,2]. In the parathyroid, CaSR function unequivocally as a calcium sensor, where it senses minute changes in extracellular calcium concentration and regulate the secretion of parathyroid hormone accordingly to maintain Ca^{2+} homeostasis [1-3]. CaSR is expressed in a variety of tissues and cell type not involved in Ca²⁺ regulation [4–7]. CaSR is expressed in the colonic epithelium and recent studies suggest that CaSR is a robust promoter of differentiation in the colon and functions as a tumor suppressor [8-15]. We have initially shown that loss of CaSR expression correlates with the phenotype of undifferentiated and invasive human colon tumors and activation of β -catenin signaling in these tumors [8,9,11]. Other groups have reported on the lack of CaSR expression (both mRNA and protein), methylation of CpG islands in the CaSR gene promoter and activation of β-catenin in advanced colon cancer [16]. Intestinal specific CaSR knock out in mice results in hyperproliferation, expansion of the proliferation zones, changes in crypt structures and enhanced β -catenin nuclear localization; establishing a definitive negative cross talk between CaSR and β catenin signaling in the colonic epithelium [13]. Loss of CaSR is regarded as a key event in the pathogenesis of colon cancer [12].

Loss of CaSR expression may allow cellular escape from Ca^{2+} mediated growth control. In the colonic crypts, stem cells in the basal zone of a crypt do not

Abbreviations: CaSR, calcium sensing receptor; EMT, epithelial mesenchymal transition; hESC, human embryonic stem cell culture medium; TGF β -RI and RII, transforming growth factor β receptor I and receptor II.

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express CaSR [9]. Colonic crypt cells gain CaSR expression as they migrate and differentiate upwards in the direction of the lumen [9,12]. Exactly what triggers CaSR expression as the colonic crypt cells migrate and differentiate in the crypt is not known. Human colon carcinoma cell lines express CaSR, albeit the expression profile is heterogeneous with cells showing different levels of CaSR expression [14,17]. Although extracellular Ca²⁺ can up-regulate CaSR expression and induces a more differentiated and benign phenotype in these cell lines [8,9,11,17], a small percentage of cells in a cell line (similar to colonic crypt stem cells) do not express CaSR (termed CaSR null). We have recently isolated and characterized CaSR null cells from the human colon carcinoma CBS and HCT116 cell lines and demonstrated that the null status of these cells can be maintained in supplemental human embryonic stem cell (hESC) culture medium. These CaSR null cells possess a myriad of molecular features that underlie a highly malignant phenotype [14]. Thus, CaSR null cells maintained in hESC medium offer an in vitro model in determining the triggers and the underlying mechanisms of CaSR induction that may reflect on mechanisms applicable to cells in the colonic crypt in vivo.

Dietary calcium and vitamin D possess chemopreventive properties against colon cancer and vitamin D also acts to promote calcium absorption in the gut [8,9,11,18]. Both Ca^{2+} and vitamin \overline{D} have been reported to act through CaSR to mediate their growthinhibitory and differentiation-promoting effects [8,9,11,17,19]. Activation of CaSR by Ca^{2+} or other CaSR agonists suppresses the malignant phenotype of human colon carcinoma cells through effects on a variety of cellular and molecular events. Activation of CaSR inhibits cell proliferation; invasion and anchorage-independent growth [8,9,11,14,17,19]; promotes the expression of the tumor suppressor E-cadherin [8,10,11,20]; up-regulates the expression of the growth-inhibitory and differentiation related p21/Waf1 cell cycle check point protein; up-regulates the expression of γ -catenin and p27/^{Kip1}; suppresses the malignancy-associated β -catenin/Wnt, c-myc and cyclin D1 pathways [8,10,11,20]; and reduces levels of thymidylate synthase and survivin which are key molecules contributing to drug resistance in colon cancer [17,19,21,22].

We hypothesize that as the colonic crypt cells migrate up the crypt, they become increasingly exposed to the colonic fluid in the lumen and components in the colonic fluid trigger the induction of CaSR expression. Both Ca^{2+} and vitamin D are good candidates because both Ca^{2+} and vitamin D have been shown to stimulate CaSR expression in the parental CBS and HCT116 human colon carcinoma cells [8,9,17,19]. A variety of other cationic minerals in the colonic fluid may also serve as good candidates in the induction of CaSR. Of interest is Aquamin—

that is, the calcium-rich, multi-mineral containing remains of the red marine algae, *Lithothamnion calcareum*. Aquamin has been shown to induce differentiation in colon carcinoma cells [23] and possess chemopreventive properties against colon polyp formation in mice fed a high fat diet [23,24]. Both in vitro and in vivo, Aquamin was more effective than Ca²⁺ alone at comparable levels.

In this report, we first compared the potency of Ca^{2+} , vitamin D, and Aquamin in inhibiting cell growth and inducing CaSR expression in the heterogeneous human colon carcinoma CBS and HCT116 cell lines maintained in conventional culture medium. We then compared the potency of the same agonists in growth inhibition and CaSR induction in the CaSR null cells (isolated from these cell lines and their null status maintained in embryonic stem cell hESC medium) that is, to determine if these agonists can overcome the constraint on CaSR expression exerted by the hESC medium. Aquamin was found to be more robust than either of the other agonists in growth inhibition and CaSR induction. This was seen with both the parental lines and the CaSR null cells derived from the two lines. Demethylation of CpG islands in the CaSR gene promoter was associated with CaSR induction with all three agonists. Aquamin was most robust in the induction of demethylation by comparison. Surprisingly, demethylation of CpG islands per se was not sufficient in CaSR induction and gene transcription. Suppression of the molecular features associated with the malignant CaSR null phenotype was a consequence, and again, Aquamin was more potent than Ca²⁺ alone or vitamin D. These results provide a rationale for the use of a multi-mineral approach in the chemoprevention of colon cancer. Induction of CaSR expression may be a measure of the effectiveness of a chemopreventive agent.

MATERIALS AND METHODS

Cell Culture

Human colon carcinoma CBS and HCT116 cells were maintained in supplemental minimum essential medium (SMEM). SMEM is essentially Ca^{2+} -free, Minimum Essential Medium Eagle Joklik Modification with L-glutamine (Sigma, St. Louis, MO) supplemented with sodium bicarbonate, peptone, vitamins, amino acids, and 5% fetal bovine serum. Because serum contains Ca²⁺, the complete SMEM medium supplemented with serum contains a low amount of Ca^{2+} (0.175–0.2 mM) [17,25]. These cell lines were originally developed from primary human colon tumors by Dr. Michael G. Brattain [26]. CaSR null cells were isolated from the heterogeneous parental CBS and HCT116 cells by magnetic cell sorting and maintained in serum free, bovine serum albumin containing hESC culture supplemented with 10 ng/ mL Nodal and 10 ng/mL Noggin as previously described [14]. Aquamin is a multi-mineralcontaining natural product obtained from the skeletal remains of *Lithothamnion* sp. of red marine algae [23] and consists entirely of the inorganic minerals accumulated from seawater by the organism (Marigot Ltd, Cork, IR). The product contains approximately 12% calcium and 1% magnesium, but also has detectable levels of 72 other trace minerals. The concentration of Aquamin used in this study was based on its calcium content.

Cell Proliferation Assay

Proliferation assays were performed as described previously in six-well culture plates [19]. Parental and CaSR null cells were seeded into their corresponding culture media with or without Ca²⁺, vitamin D or Aquamin, dissolved in culture medium, in the concentrations as indicated in the figures. After 48 h of culture, cellular proliferation was determined by counting the number of viable cells using an automatic Vi-CellTM XR Cell Viability Analyzer (Beckman Coulter, Fullerton, CA). Results shown represent the mean and standard error of triplicate experiments.

Real-Time RT-PCR

This procedure was performed as described previously [14]. Total RNA was extracted from 2×10^6 pelleted parental or their corresponding CaSR null cells by Tri reagent (Sigma). cDNA was synthesized from 4µg of total RNA using a cDNA synthesis kit according to the manufacturer's instructions (Fermentas life sciences, Glen Burnie, MD). Real time RT-PCR was performed using the SYBR green PCR amplification kit (Promega, Madison, WI) in a real time PCR machine with specific primers for the target genes. β -actin was used as internal controls for equal loading of RNA in all real time RT-PCR experiments. A comparative threshold cycle (C_t) was used to determine the level of gene expression relative to control and fold expression was calculated using the δ δ cycle threshold (C_t) method [14]. Results shown represent the mean and standard error of triplicate independent experiments.

Western Analysis

Quantitative immunoblottings were performed as previously described using primary anti-CaSR and fluorescent labeled secondary antibodies [14,17]. A LI-COR ODYSSEY (LI-COR Biosciences, Lincoln, NE) instrument was used to detect and analyze the binding of antibodies to protein of interest. Densitometric fold increase or decrease in protein expression was calculated by comparison to control lanes with an assigned value of one.

Luciferase Reporter Assays

Luciferase reporter assays were performed as described previously [9,19]. Briefly, cells were seeded in 24-well culture plate and transfected with $1 \mu g$ of CaSR promoter 1 (P1) or promoter 2 (P2) luciferase reporter construct and $0.1 \,\mu\text{g}$ of *Renilla* luciferase reporter construct using LipofectamineTM 2000 (Invitrogen Life Technologies) transfection reagent. Ca²⁺ (1.4 mM) or vitamin D (1 μ M) or Aquamin (1.4 mM) was added 24 h after transfections. Luciferase activities were measured at 48 h after Ca²⁺ or vitamin D or Aquamin treatment. Transfection efficiency were determined and normalized by *Renilla* luciferase activities. Data shown represent the mean and standard error of the mean of triplicate experiments.

Bisulfite Treatment and Methylation Specific PCR

Genomic DNA isolation and methylation specific PCR (MSP) was performed according to previously described procedures [27]. MethPrime computational software was used to predict the CpG methylation sites in the CaSR promoter [28]. Thirty-four major CpG sites were identified in the 694-bp fragment of the CaSR promoter including the transcriptional start site [21,28]. Genomic DNA was treated with sodium bisulfite using a CpGenomeTM Turbo bisulfite modification kit (EMD Millipore, Billerica, MA) according to instructions provided by the manufacturer. In the sodium bisulfite reaction, all unmethylated cytosines were converted to uracils, while 5-methylcytosines are resistant to this modification and remain unaltered. MSP analysis was performed using primers targeting the CaSR promoter region. Following bisulfite treatment, two sets of MSP primers were used which were designed specifically to amplify either a bisulfitesensitive (unmethylated) strand or a bisulfite-resistant (methylated) strand. The forward and reverse primer sequences for the unmethylated strand were (GAGTT-TATTTTTGTGGAGATTTATGG) and (CCAACATA-TACCCCTCATTCAAC), respectively. The forward and reverse primer sequences for the methylated strand were (GAGTTTATTTTCGTGGAGATTTACG) and (GACGTATACCCCTCGTTCGA), respectively. As an additional control, cells were treated with 1uM 5-aza-2'-deoxycytidine (5-aza-dc; Sigma Chemical, Co., St. Louis, MO) for 48 h to induce DNA demethylation. DNA from 5-aza-dc-treated cells was also analyzed by MSP. PCR amplified products were analyzed by agarose gel (2%) electrophoresis.

Statistical Analyses

Statistical analyses were performed using GraphPad Prism software. Results were expressed as mean \pm SE. Statistical significance was calculated by using Student's unpaired *t*-test. $P \le 0.05$ indicates a significant difference by comparison with controls.

RESULTS

Inhibition of Cellular Proliferation and Induction of CaSR Expression in Parental CBS and HCT116 Cells

Ca²⁺, vitamin D, and Aquamin each inhibited cellular proliferation in a dose dependent manner

(Fig. 1 A and B). Side-by-side comparison of the antiproliferative effect of Ca^{2+} and Aquamin (from physiologic 1.4 mM to supra-physiologic 7.0 mM) demonstrated that Aquamin was more potent than Ca^{2+} in inhibiting cell proliferation. The major ingredient of Aquamin (in addition to containing many other minerals) is Ca^{2+} . Therefore, an amount of Aquamin that is equivalent to 1.4 mM Ca^{2+} is of physiologic relevance. Vitamin D (from physiologic $0.01 \,\mu\text{M}$ to supra-physiologic $1.0 \,\mu\text{M}$) also inhibited cell proliferation while $1 \,\mu\text{M}$ concentration was found to be most potent.

Both Ca^{2+} and Aquamin induced a high level of CaSR mRNA expression while vitamin D was relatively less effective by comparison (Fig. 1C and D). At high concentrations of either Ca^{2+} or Aquamin no



Figure 1. Inhibition of cell proliferation and induction of CaSR expression in parental CBS and HCT116 carcinoma cell lines. A and B, cell proliferation. Proliferation assay was performed as described in Methods in conventional SMEM culture medium. The effect of Ca^{2+} , vitamin D or Aquamin treatment on cell proliferation was compared to that of untreated control cells. Results are expressed as number of viable cells at the end of the culture period. Triplicate determinations were performed in each experiment and the values shown represent the mean and standard error of three independent experiments. C and D, Real time RT-PCR analysis of the expression level of mRNA encoding

CaSR relative to that of untreated control cells. Results represent the mean and standard error of the mean of triplicate determinations. β -actin was used as loading control. A–D, asterisk (*) indicates the results are of statistical significance. *P<0.05 significant; **P<0.01 very significant; **P<0.001 extremely significant. E and F, Western blot analysis of CaSR expression. Cells were treated for 48 h with Ca $^{2+}(1.4\,\text{mM})$, vitamin D (1.0 $\mu\text{M})$ or Aquamin (1.4 mM Ca $^{2+})$ for 48 h. Protein expression was normalized and compared to untreated controls with an assigned value of 1.0. β -actin was used as loading control.

induction of CaSR mRNA was seen, but this may reflect toxicity. At equal molar concentrations (below the 7.0 mM level), Aquamin was more potent in CaSR mRNA induction than Ca²⁺. Vitamin D at 1 μ M concentration also induced CaSR mRNA while lower concentrations were not effective. Next, we compared the effectiveness of these agents in inducing CaSR protein expression—that is, by Ca²⁺ at 1.4 mM, vitamin D at 1.0 μ M and Aquamin containing 1.4 mM Ca²⁺. Aquamin induced the highest level of CaSR protein expression by comparison to Ca²⁺ or vitamin D (Fig. 1E and F).

Inhibition of Cellular Proliferation and Induction of CaSR Expression in CaSR Null Cells Isolated From the Parental CBS and HCT116 Cells

Next, we compared the efficacy of Ca^{2+} (1.4 mM, physiologic concentration), vitamin D (1.0 μ M), and Aquamin (1.4 mM Ca^{2+} , physiologic concentration) in inhibiting cell proliferation and CaSR induction in the highly malignant CaSR null cells cultured in hESC culture medium. We wanted to determine if these agents could overcome the constraint exerted by hESC medium in maintaining the null phenotype. All three agents could inhibit cell growth (Fig. 2A and B) and induce CaSR expression at the mRNA (Fig. 2C and D) and protein levels (Fig. 2E and F). Aquamin was found to be much more effective in this regard than either Ca²⁺ alone or vitamin D, while vitamin D at 1.0 μ M concentration was slightly more effective by comparison to 1.4 mM Ca²⁺.

Demethylation of CaSR Promoter CpG Sites

MethPrimer computational software had predicted the CpG methylation sites in the CaSR promoter and thirty-four major CpG sites have been identified in the 694-bp fragment of the CaSR promoter including the transcriptional start site [21]. We have previously reported that methylation of CpG islands could be responsible for maintaining the null status of CaSR null cells cultured in human embryonic stem cell culture medium as these sites were demethylated and CaSR expression was induced when the null cells were placed in conventional SMEM culture medium containing fetal bovine serum [21]. Here we determined whether Ca²⁺, vitamin D, or Aquamin could also induce demethylation of the CaSR promoter in CaSR null cells cultured in hESC culture medium. MSP analysis of CaSR null cells revealed the presence of methylated PCR product with or without sodium bisulfite treatment (Fig. 3 A and B) while 5-aza-dc treatment induced demethylation of these CpG islands along with the detection of unmethylated PCR product (Fig. 3 A and B). Figure 3C and D, lanes 3, 4, and 5 shows the increase in unmethylated PCR products upon treatment with Ca²⁺, vitamin D, or Aquamin. Figure 3C and D, lanes 1 shows methylated PCR product in the CaSR null cells and lanes 2 shows unmethylated PCR product in the null cells treated with 5-aza-dc. In conjunction with promoter demethylation, CaSR promoter reporter assays revealed an increase in the activation of both the P1 (Fig. 3 E and F) and P2 (Fig. 3 G and H) promoters of the CaSR gene when the null cells were treated with Ca²⁺, vitamin D, or Aquamin. Overall, Aquamin was relatively more robust in the demethylation of CpG islands in the CaSR promoter and, concomitantly, more potent in the transcriptional up-regulation of both the P1 and P2 promoter of the CaSR gene. The results were similar with both cell lines. However, we found that 5AZA-dc treatment per se did not induce CaSR transcription. Thus, demethylation of CpG islands alone was not sufficient to induce CaSR transcription.

Changes in the Molecular Phenotype of CaSR Null Cells by Ca^{2+} , Vitamin D, or Aquamin

Isolated CaSR null cells maintained in hESC culture medium possess a myriad of molecular features that are associated with the malignant phenotype [14]. CaSR null cells, however, regain CaSR expression when these cells were seeded into conventional culture medium containing FBS with a concurrent suppression of the malignancy associated molecular features [21]. More importantly, changes in the molecular features of the null cells is directly linked to the induction of CaSR expression because blocking CaSR induction by shRNA negated these changes [21]. . Here, we determined if induction of CaSR expression in the CaSR null cells (cultured in hESC culture medium) by Ca^{2+} , vitamin D, or Aquamin would be sufficient to change the molecular features of the CaSR null cells. Parental cell lines were used as controls which represent the gene expression profile of these cell lines. The majority of the cells in the parental lines express CaSR with only a small percentage that are CaSR null [14]. RT-PCR was used in this analysis at the RNA level. Indeed, treatment of the null cells by Ca²⁺, vitamin D, or Aquamin down-regulated the expression of malignancy associated EMT molecules (N-cadherin, βcatenin, fibronectin and vimentin); EMT associated transcription factors (Snail-1, Snail-2, and Twist); oncogenic miRNAs (miR-21, miR-135a and miR-135b) and drug resistant protein survivin and TS (Fig. 4A and C). Aquamin was found to be most potent in this regard. In addition to the downregulated expression of the malignancy associated molecules described above, Ca²⁺, vitamin D, or Aquamin up-regulated expression of tumor suppressive molecules E-cadherin, miR-145 and TGF β -R1 and TGFB-R2 (Fig. 4 B and D). Again, Aquamin was found to be most potent in this regard.

DISCUSSION

The expression of CaSR in both the CBS and HCT116 cell lines is heterogeneous—that is, with cells expressing different levels of CaSR [14,17]. We previously isolated CaSR null cells from both parental



Figure 2. Inhibition of cell proliferation and induction of CaSR expression in CaSR null cells isolated from the CBS and HCT116 cell lines. A and B, cell proliferation. This assay was performed with the CaSR null cells cultured in hESC culture medium. Cells were treated with Ca²⁺ (1.4 mM), vitamin D (1.0 μ M) or Aquamin (1.4 mM Ca²⁺) for 48 h. Cultures without treatment served as controls. The results presented here, number of viable cells; represent the mean and standard error of the mean of triplicate experiments. C and D, induction of CaSR mRNA in CaSR null cells cultured in hESC culture medium. The expression level of mRNA encoding CaSR relative to that of untreated control cells was determined by real time RT-PCR. CaSR null cells were treated with Ca²⁺ (1.4 mM), vitamin D (1.0 μ M), or

Aquamin (1.4 mM Ca²⁺) for 48 h. β -actin was used as loading control. Triplicate assays were performed in each experiment and the values shown represent the mean and standard error of three independent experiments. A–D, asterisk (*) indicates the results are of statistical significance. *P < 0.05 significant; *P < 0.01 very significant; **P < 0.01 very significant; **P < 0.01 very significant; **P < 0.01 extremely significant. E and F, Western blot analysis of CaSR protein expression from CaSR null cells treated with Ca²⁺, vitamin D or Aquamin as described above. β -actin was used as loading controls. As shown, untreated CaSR null cells do not express CaSR [14]. The level of protein expression in cells treated with vitamin D or Aquamin was compared to that of the Ca²⁺ treated cells with an assigned value of 1.0

cell lines and demonstrated that the null status of these cells was maintained in hESC culture medium. CaSR null cells were found to possess a myriad of cellular and molecular features that are linked to a highly malignant and drug resistant phenotype [14]. Of interest, CaSR null cells were able to differentiate and acquire CaSR expression with a concurrent reversal of the CaSR null molecular phenotype when these cells were seeded into conventional culture medium containing fetal bovine serum [21]. The change in phenotype requires the induction of CaSR expression [21] as phenotypic changes did not occur when CaSR induction was prevented. The coexistence of CaSR null cells with cells that express various levels of CaSR could indicate a stem-like nature of the CaSR null phenotype. We have hypothesized that CaSR null cells possess stem-like property, resembling that of the colonic crypt stem cells in vivo which are CaSR null [14]. The expression of CaSR in the parental CBS and HCT116 cells is extremely heterogeneous with cells expressing a very low level of CASR to cells that express a very high level of CaSR [14]. We hypothesize that a dynamic process of cell death and revival occurs in a culture and that CaSR null cells divide asymmetrically to replenish themselves and also differentiate into CaSR positive cells which will eventually apoptose and die. The expression profile of stem cell markers and survival Ca²⁺, VITAMIN D AND AQUAMIN ACT THROUGH CaSR



Figure 3. Demethylation of CaSR promoter and stimulation of CaSR promoter transcriptional reporter activities. Bisulfite and 5-aza-dc untreated or treated DNA was PCR-amplified using two different primers, one that amplifies unmethylated DNA (U), and another amplifies methylated DNA (M). A and B, MSP analysis of CaSR promoter in null cells and demethylation of the promoter by 5-aza-dc. C and D, MSP analysis of CaSR promoter in null cells by treatment with 5-aza-dc or treatment with Ca²⁺ (1.4 mM) or vitamin D (1 μ M) or Aquamin (Ca²⁺ 1.4 mM Ca²⁺).

markers in CaSR null cells [14] lend support to this hypothesis.

Previous studies have shown that Ca^{2+} or vitamin D can inhibit cell growth and induce CaSR expression in the parental CBS and HCT116 cells [9,19]. In the

Cells were treated for 48 h prior to MSP analysis. E and F, relative transcriptional activities of the P1 and G and H, P2 CaSR promoter in the CaSR null cells treated with Ca²⁺ (1.4 mM) or vitamin D (1 μ M) or Aquamin (Ca²⁺ 1.4 mM Ca²⁺) for 48 h. Triplicate determinations were performed in each experiments and the results shown represent the mean and standard error of three independent experiments. Asterisk (*) indicates the results are of statistical significance. *P < 0.05 significant; **P < 0.01 very significant; **P < 0.001 extremely significant.

present study, we first determined and compared the effectiveness of three CaSR agonists (i.e., Ca²⁺ alone, vitamin D, and Aquamin) in growth inhibition and CaSR induction in the parental cells. We then extend the analysis to the isolated CaSR null cells cultured in

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Figure 4. Real time RT-PCR analysis of the changes in the molecular profile of CaSR null cells upon CaSR induction. The gene expression profiles of treated CaSR null cells were compared to that of their corresponding control parental CBS and HCT116 cells. A and C, relative % reduction in mRNA expression level encoding EMT associated molecules and transcription factors, oncogenic miRNA and chemoresistant proteins. B and D, relative % increase in mRNA expression encoding tumor suppressive mRNAs and miRNA. β -actin was used as loading controls for

hESC culture medium. With regard to the null cells, we also determined the effectiveness of the three agonists in altering the molecular phenotype of these cells. Overall, vitamin D was effective in inhibiting cell growth and inducing CaSR in both the parental and CaSR null cells, but required supra physiologic concentration $(1.0 \,\mu\text{M})$ for activity. A physiologic concentration of Ca²⁺ (1.4 mM) provided either alone

real time RT-PCR. Values were normalized and compared to that of untreated controls with a base line value of 1.0. Triplicate assays were performed in each experiment and the values shown represent the mean and standard error of three independent experiments. With the exception of the β -catenin expression profile in A and the β -catenin expression profile in C treated with vitamin D, the results obtained were of statistical significance (unpaired Student's *t*-test) with *P* values ranging from 0.05 (significance) to 0.001 (extremely significant).

or as part of a multi-mineral-rich natural product was also effective in this regard. Compared to Ca^2 alone, Ca^{2+} in conjunction with the other trace elements present in Aquamin had greater activity. Along with the induction of CaSR, Aquamin was also found to be more potent than Ca^{2+} or $1.0 \,\mu\text{M}$ vitamin D in stimulating CaSR promoter reporter activities, demethylating the CaSR promoter and altering the

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molecular phenotype of the CaSR null cells maintained in hESC culture medium. Changes in the molecular phenotype include the down-regulated expression of EMT associated proteins and transcription factors and the up-regulated expression of the tumor suppressors E-cadherin, miR-145 and TGF β -R1 and TGF β -R2. Interestingly, treatment of CaSR null cells with 5AZA-dc alone also results in the demethylation of CaSR promoter but without gene transcription. Thus, demethylation of these CpG islands alone is not sufficient to stimulate CaSR expression.

In the colonic crypts, how the expression of CaSR is regulated as the CaSR null crypt stem cells migrate and differentiate upwards in the direction of the lumen is unknown. The present studies, using isolated CaSR null cells, support our hypothesis that exposure to nutrients in the colonic fluids such as Ca^{2+} , vitamin D, and various other minerals could be the triggers. Presumably, the induction of CaSR would propel the crypt stem cells into the normal pathway of differentiation. In fact, in the colonic crypt, the fully differentiated cells at the apex of the crypt (where the Ca²⁺ concentration is highest) express the highest level of CaSR [8,12]. The expression of TGF β in the colonic crypt has also been reported to be linked to differentiation — that is, there is a high level of TGFB expression in the upper portion of a crypt by comparison to the lower portion of the crypt [29]. TGF β is a potent growth inhibitor and differentiation promoter in colonic epithelial cells and mediates its action through TGFB-R1 and TGFB-R2 [30-32]. Interestingly, we recently found that in human colon carcinoma cells, responsiveness to TGFB requires CaSR [25]. Thus, it is not surprising that TGFB receptors were up-regulated along with the induction of CaSR.

The chemopreventive activity of Ca^{2+} in the colon is well established, based on both epidemiological and interventional studies [33–39]. While Ca^{2+} (alone or in conjunction with vitamin D) has acknowledged capacity to reduce polyp formation in the colon, its efficacy can be described as modest. It has been suggested that under conditions of optimal usage, a decrease in polyp formation of approximately 20% might be achieved [40]. Further, while Ca²⁺ supplements are generally considered safe, a meta-analysis of the Ca²⁺ supplementation literature came to the conclusion that long-term use of such supplements was associated with an increased risk of cardiovascular events [41]. In recent studies we demonstrated that Aquamin (i.e., the mineralized remains of the red marine algae, Lithothamnion sp.) reduced polyp formation in genetically normal mice on a high fat diet [24,42]. This natural product, which contains Ca²⁺ but also contains significant amounts of Mg²⁺ and detectable levels of 72 additional trace minerals, was more effective than Ca²⁺ alone at comparable Ca²⁺ levels [42]. In other studies, Aquamin was shown to be more effective than Ca^{2+} alone at suppressing proliferation and inducing differentiation in human colon cancer cells in vitro [43]. The present observation — that is, demonstrating increased effectiveness of Aquamin in up-regulating CaSR expression relative to Ca^{2+} alone — provides a plausible explanation for its enhanced efficacy. The molecular basis for the enhanced efficacy of Aquamin (relative to Ca^{2+} alone) is not fully understood. However, previous studies have demonstrated that several of the trace elements present in Aquamin are capable of binding to CaSR in place of Ca²⁺. Some of these, including members of the lanthanoid family of "rare earth" elements have a higher affinity for CaSR than Ca^{2+} itself [44,45]. Although the present studies demonstrate that Aquamin is more effective than Ca²⁺ alone or vitamin D at up-regulating CaSR expression (both in the parental lines and in the CaSR null cells), qualitatively, the three agonists are similar.

All three agonists demethylated the CaSR promoter, stimulated CaSR promoter reporter activities, and altered the molecular phenotype of the CaSR null cells maintained in hESC culture medium. Changes in the molecular phenotype included the down-regulated expression of several EMT-associated proteins and transcription factors and the up-regulated expression of the tumor suppressors including E-cadherin, miR-145 and TGFβ-R1 and TGFβ-R2. Whether these agonists can induce similar molecular changes in CaSR null cancer cells or in the normal basal crypt stem cells in vivo, however, is unknown and will require further investigation. Thus, the data support the notion that modulating CaSR expression has "global" effects on growth and differentiation pathways in colonic epithelial cells. In colon carcinoma cells, the biologic action of vitamin D closely resembles that of CaSR [9,46]. The human CaSR gene has two promoters and each promoter has a transcriptional start site containing a vitamin D response elements [28,47]. Ca²⁺ or vitamin D can stimulate CaSR promoter activity and CaSR protein expression [9]. Much of the action of vitamin D in human colon carcinoma cells is dependent on CaSR expression and function because blocking the expression of CaSR by shRNA abrogates the biologic effects of vitamin D [19]. Thus, a strong molecular linkage exist between vitamin D and CaSR.

In summary, our data show that either Ca^{2+} or vitamin D could directly induce CaSR expression in colonic epithelial cells, leading to differentiation and growth reduction. However, Aquamin was more effective than either Ca^{2+} alone or vitamin D as a CaSR inducer. To the extent that these in vitro observations reflect responses occurring in the intact colon, these data help to understand how CaSR expression is regulated in the colon, and provide a rationale for the use of a multi-mineral approach in place of Ca^{2+} alone as a colon polyp/cancer chemopreventive. The efficacy of Aquamin needs to be confirmed in controlled clinical studies.

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