

# Leptin improves pulmonary bacterial clearance and survival in *ob/ob* mice during pneumococcal pneumonia

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## Summary

The adipocyte-derived hormone leptin is an important regulator of appetite and energy expenditure and is now appreciated for its ability to control innate and adaptive immune responses. We have reported previously that the leptin-deficient *ob/ob* mouse exhibited increased susceptibility to the Gram-negative bacterium *Klebsiella pneumoniae*. In this report we assessed the impact of chronic leptin deficiency, using *ob/ob* mice, on pneumococcal pneumonia and examined whether restoring circulating leptin to physiological levels *in vivo* could improve host defences against this pathogen. We observed that *ob/ob* mice, compared with wild-type (WT) animals, exhibited enhanced lethality and reduced pulmonary bacterial clearance following *Streptococcus pneumoniae* challenge. These impairments in host defence in *ob/ob* mice were associated with elevated levels of lung tumour necrosis factor (TNF)- $\alpha$ , macrophage inflammatory peptide (MIP)-2 [correction added after online publication 28 September 2007: definition of MIP corrected], prostaglandin E<sub>2</sub> (PGE<sub>2</sub>), lung neutrophil polymorphonuclear leukocyte (PMN) counts, defective alveolar macrophage (AM) phagocytosis and PMN killing of *S. pneumoniae in vitro*. Exogenous leptin administration to *ob/ob* mice *in vivo* improved survival and greatly improved pulmonary bacterial clearance, reduced bacteraemia, reconstituted AM phagocytosis and PMN H<sub>2</sub>O<sub>2</sub> production and killing of *S. pneumoniae in vitro*. Our results demonstrate, for the first time, that leptin improves pulmonary bacterial clearance and survival in *ob/ob* mice during pneumococcal pneumonia. Further investigations are warranted to determine whether there is a potential therapeutic role for this adipokine in immunocompromised patients.

**Keywords:** lipid mediators, lung immunology, neutrophils, nutrition, pneumococcus

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## Introduction

The adipokine leptin plays an important role in the regulation of energy homeostasis by informing the satiety centre in the brain regarding peripheral lipid energy stores [1,2]. Circulating levels of this adipocyte-derived hormone are correlated with total body fat mass and decline during periods of energy deprivation [3,4]. Nearly all tissues, including cells of the immune system, express leptin receptors and blood leptin levels increase during inflammation and infection [5–8]. The function of leptin in immune responses has been demonstrated in leptin-deficient (*ob/ob*) and leptin receptor-deficient (*db/db*) mice [9–11]. These animals, and humans who are genetically leptin deficient, develop profound

obesity and a number of hormonal and immune system abnormalities [11–13].

We have demonstrated previously that acute leptin deficiency in mice, induced by short-term starvation, was associated with reduced clearance of *Streptococcus pneumoniae* from the lungs compared to fed mice in a non-lethal model [14]. AMs from fasted animals also exhibited defective phagocytosis and killing of *S. pneumoniae in vitro*. In contrast, the provision of exogenous leptin to fasted animals restored bacterial clearance, bronchoalveolar lavage levels of PMNs and cytokines and alveolar macrophage bacterial killing [14].

With regard to chronic leptin deficiency, we have demonstrated previously that *ob/ob* mice displayed reduced survival

and impaired bacterial clearance from the lungs following intratracheal *Klebsiella* challenge [6]. Associated with these impairments in *ob/ob* mice were decreased alveolar macrophage (AM) and neutrophil (PMN) phagocytosis of *K. pneumoniae* and attenuated synthesis of leukotrienes (LTs), proinflammatory lipid mediators important to pulmonary host defence. The exogenous administration of leptin *in vitro* restored macrophage and PMN phagocytosis of bacteria, and reconstituted LT synthesis in AMs [6,15]. Others have observed similarly that *ob/ob* mice are more susceptible to pulmonary *Mycobacterium tuberculosis* and systemic *Listeria monocytogenes* infections [10,16].

Despite these reports, the ability of exogenously administered leptin to reverse the observed pulmonary host defence defects in *ob/ob* mice has not been demonstrated *in vivo*. At present, it is unclear whether (a) findings from our investigations of acute starvation-associated leptin deficiency could be generalized to the situation of long-term leptin deficiency, as is seen in states of chronic malnutrition, or (b) if leptin treatment *in vivo* can improve survival during pneumonia in leptin-deficient mice. Our previously reported *K. pneumoniae* model of infection in *ob/ob* mice produced a severe pneumonia that resulted in 100% lethality [6]. However, in the present report, we used an attenuated strain of *S. pneumoniae* serotype 3 that produces a less severe infection. This model has increased relevance to human disease, as *S. pneumoniae* is the most common bacterial cause of community-acquired pneumonia [17]. The reduced mortality allowed us to examine improvements in host defence end-points *in vivo* associated with the exogenous administration of leptin. We hypothesized that *ob/ob* mice would exhibit increased susceptibility to pneumococcal infection that could be corrected by the administration of leptin *in vivo*. The present studies confirm our hypothesis and highlight important differences in the regulation of the inflammatory response to *S. pneumoniae* infection in acute versus chronic states of leptin depletion.

## Materials and methods

### Animals

Age-matched female C57BL/6j-*ob/ob* and C57BL/6j wild-type (WT) mice (8–12 weeks of age) were obtained from the Jackson Laboratory (Bar Harbor, ME, USA) and maintained under specific pathogen-free conditions. All experiments were conducted in compliance with the Animal Care and Use Committee of the University of Michigan.

### *S. pneumoniae* inoculation

*S. pneumoniae*, serotype 3, 6303, was obtained from the American Type Culture Collection (Manassas, VA, USA), grown in Todd Hewitt broth containing 0.5% yeast extract (Difco, Detroit, MI, USA) to mid-logarithmic phase at 37°C

(5% CO<sub>2</sub>). After a number of passages, we permitted the decline in virulence of this particular organism because *ob/ob* mice are particularly susceptible to bacterial infections [6,10]. After making a midline incision to expose the trachea, a 30- $\mu$ l inoculum containing 10<sup>5</sup> or 2  $\times$  10<sup>5</sup> colony-forming units (CFUs) of *S. pneumoniae* was injected through the trachea using a 30-gauge needle. The wound was closed using surgical glue (Vetbond<sup>®</sup>; 3M Animal Care Products, St Paul, MN, USA).

### Leptin replacement protocol

In order to replace leptin in *ob/ob* mice, an intraperitoneal injection of either saline or leptin (EMD Biosciences, La Jolla, CA, USA) (1  $\mu$ g/g of body weight) was administered at 9 a.m. and 6 p.m. prior to and 48 h following *S. pneumoniae* challenge for a total of six injections prior to blood and lung harvest. This leptin replacement protocol has been shown to achieve circulating leptin levels that were similar to that of WT mice 6–12 h post-injection [9,18]. On the day that mice were euthanized, lung and blood samples were obtained 7 h following the injection of saline or leptin.

### Determination of blood and lung CFUs

*S. pneumoniae* CFU in blood and lung homogenate samples were determined as described previously [6]. In brief, lungs were homogenized in 1 ml sterile phosphate-buffered saline (PBS) and blood was collected from euthanized mice by orbital bleeding 48 h post-*S. pneumoniae* challenge. Serial dilutions of each sample were plated on soy-based blood agar plates (Difco). Bacterial CFU counts were determined after 18 h of incubation at room temperature.

### Cytokine and leptin determinations

Triton X-100 was added to the lung homogenates, which sat for 30 min at 4°C, to lyse the cells and permit extraction of cytokines and leptin. Using commercially available enzyme-linked immunosorbent assay (ELISA) kits (TiterZyme EIA kits, Assay Designs, Ann Arbor, MI, USA), lung homogenates were assayed for murine leptin, interleukin (IL)-6, macrophage inflammatory peptide (MIP)-2 and tumour necrosis factor (TNF)- $\alpha$  [correction added after online publication 28 September 2007: definition of MIP corrected].

### Cysteinyl-LT and prostaglandin E<sub>2</sub> levels in bronchoalveolar lavage (BAL) fluid

BAL fluid was obtained from mice, as described previously [6] 48 h after *S. pneumoniae* challenge and centrifuged to pellet the leucocytes. The supernatants were aliquoted and stored at -70°C. BAL fluid was then assayed for cysteinyl-LTs and prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) according to the manufacturers' instructions (Cayman Chemical Co. and Assay Designs, Ann Arbor, MI, USA).

### Lung leucocyte differential and total counts

A total white blood cell count was performed on cells recovered from BAL fluid as described previously [14]. Using this technique, we have found that > 95% of the cells obtained by lavage have been identified as AMs in uninfected animals [14].

### AM phagocytosis of *S. pneumoniae* in vitro

A total of  $2 \times 10^5$  AMs, obtained by lavage as described previously [6], were incubated with  $2 \times 10^6$  CFUs of fluorescently labelled *S. pneumoniae* with 2.5% autologous serum in RPMI-1640 (Invitrogen, Carlsbad, CA, USA) (total volume 1 ml) for 30 min. Following the incubation period, the cells were centrifuged onto glass slides, immersed in trypan blue (0.25 mg/ml) to quench the fluorescence of extracellular (adherent and not ingested) bacteria, fixed with 4% paraformaldehyde and sealed using a cover slip. The percentage of AMs containing fluorescent *S. pneumoniae* was determined by counting 200 macrophages in random fields using fluorescent microscopy (1000 $\times$ ) by an observer who was blinded to the identity of the samples.

### PMN killing of *S. pneumoniae* in vitro

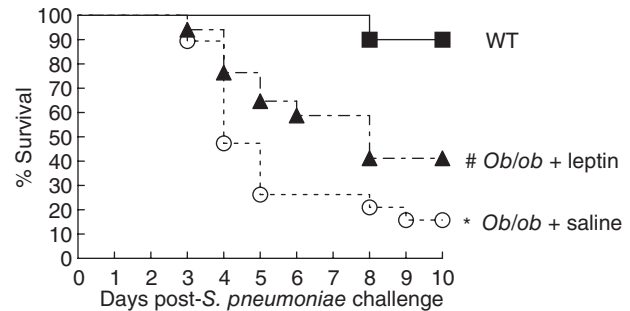
A total of  $1 \times 10^6$  glycogen elicited-peritoneal PMNs, obtained from mice 5 h following an intraperitoneal injection of a 1% glycogen solution as described previously [15], were incubated with  $1 \times 10^6$  CFUs of *S. pneumoniae* in RPMI-1640 and 10% autologous serum in 5 ml polypropylene tubes at 37°C with 5% CO<sub>2</sub> in air. Prior to incubation (time zero) and 60 min after incubation, two samples of each tube were serially diluted and plated on soy-based blood agar plates (Difco). Following 16 h of incubation at 37°C, *S. pneumoniae* CFU were enumerated.

### H<sub>2</sub>O<sub>2</sub> determinations

PMNs ( $2 \times 10^5$ ) were adhered to 96-well plates for 1 h and incubated overnight in RPMI-1640 and 10% fetal calf serum (Invitrogen). On the following day, the PMNs were rinsed with Hank's buffered salt solution, pretreated with and without leptin (1 ng/ml) for 30 min, and stimulated with  $5 \times 10^6$  heat-killed *S. pneumoniae*. H<sub>2</sub>O<sub>2</sub> production was determined using the hydrogen peroxide/peroxidase assay kit (Invitrogen) 30 min following the addition of bacteria.

### Statistical analysis

Survival was evaluated for differences using a log-rank test. Where appropriate, mean values were compared using a paired *t*-test or a one-way analysis of variance (ANOVA). The



**Fig. 1.** Effect of leptin deficiency on survival following intratracheal *Streptococcus pneumoniae* challenge. Wild-type (WT) (■) and *ob/ob* mice given an intraperitoneal injection of either saline (○) or leptin (▲) twice daily 24 h prior to and 48 h following *S. pneumoniae* challenge ( $10^5$  colony-forming units) and monitored over a 10-day period ( $n = 10$ –18 mice per group). \* $P < 0.05$  using log-rank test versus WT and *ob/ob* + leptin. # $P < 0.05$  using log-rank test versus WT and *ob/ob* + saline.

Student–Newman–Keuls test was used for mean separation. In all cases, a *P*-value of < 0.05 was considered significant.

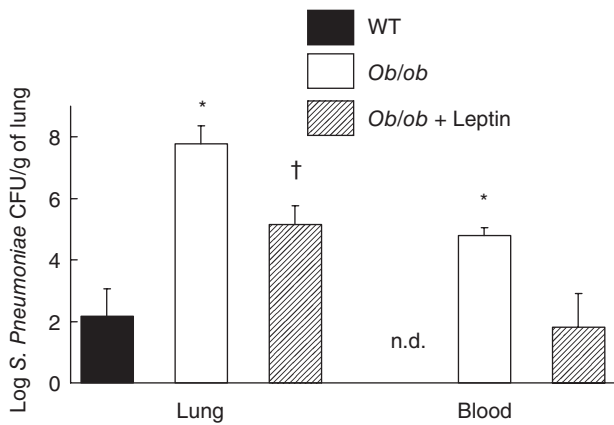
## Results

### Leptin treatment improves survival in *ob/ob* mice challenged with *S. pneumoniae*

To determine if leptin plays a role in host defence against Gram-positive pathogens, we compared survival in WT, *ob/ob* mice treated with saline and *ob/ob* mice treated with leptin in response to intratracheal *S. pneumoniae* inoculation ( $10^5$  CFU). As shown in Fig. 1, we observed an 83% mortality rate in *ob/ob* mice 10 days following *S. pneumoniae* challenge. In contrast, only 10% of the WT animals expired in response to this organism. Interestingly, we also found that leptin treatment increased the survival of *ob/ob* mice significantly following challenge with  $10^5$  CFU *S. pneumoniae*. We did not, however, observe a statistically significant improvement in survival with leptin in *ob/ob* mice challenged with  $2 \times 10^5$  CFU *S. pneumoniae* (data not shown). This result indicates that *ob/ob* mice are exquisitely susceptible to pneumococcal pneumonia and that leptin can enhance host defence *in vivo*.

### Leptin administration to *ob/ob* mice improves defective bacterial clearance and reduces bacterial dissemination following *S. pneumoniae* challenge

The pulmonary bacterial burden of the *ob/ob* mice was 5-log-fold greater ( $7.8 \pm 0.6$  log-CFUs) than that of their WT counterparts ( $2.2 \pm 0.9$  log-CFUs). In addition, 70% of the *ob/ob* mice developed bacteraemia compared with none of the WT animals 48 h after *S. pneumoniae* challenge (Fig. 2). The provision of exogenous leptin to *ob/ob* mice improved pulmonary bacterial clearance and reduced the



**Fig. 2.** Partial restoration of defective pulmonary *Streptococcus pneumoniae* clearance in *ob/ob* mice with exogenous leptin. Wild-type (WT) and *ob/ob* mice were given an intraperitoneal injection of either saline or leptin twice daily 24 h prior to and 48 h following *S. pneumoniae* challenge [ $10^5$  colony-forming units (CFUs)]. Lung homogenate and blood were assessed for bacterial CFUs 48 h post-*S. pneumoniae* challenge. Bars represent the mean  $\pm$  standard error of the mean.  $n = 4-5$  mice per group; \* $P < 0.05$  versus WT and *ob/ob* + leptin. † $P < 0.05$  versus WT and *ob/ob*; n.d., none detected.

dissemination of *S. pneumoniae* to the peripheral circulation 48 h post-infection. This result suggests that leptin contributes to host defence by regulating pulmonary bacterial clearance.

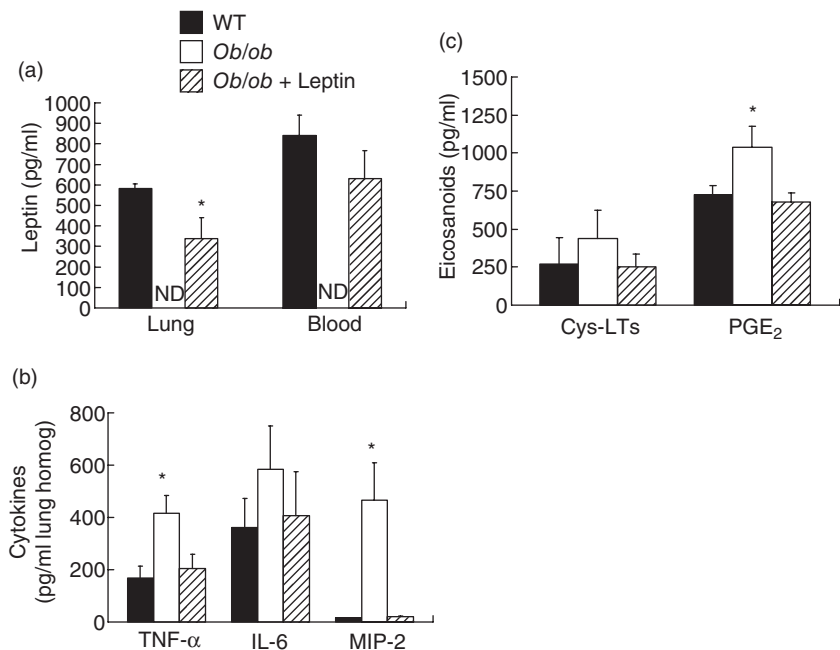
### Pulmonary leucocyte recruitment following *S. pneumoniae* challenge

In order to determine if the differences between the treatment groups in bacterial clearance could be explained by

variations in pulmonary cellular recruitment following *S. pneumoniae* challenge, we assessed the total number and differential counts of lung leucocytes in BAL fluid 48 h post-infection. Compared with WT and *ob/ob* mice given leptin, we found a greater number of total leucocytes/ml of BAL fluid in *ob/ob* mice. This increase was due largely to a greater number of PMNs/ml of BAL fluid (WT:  $4.3 \times 10^4 \pm 9.5 \times 10^3$ , *ob/ob*:  $6.4 \times 10^5 \pm 2.0 \times 10^5$ , and *ob/ob* + leptin:  $9.0 \times 10^4 \pm 6.6 \times 10^4$ ) ( $P < 0.05$ , *ob/ob* versus WT and *ob/ob* + leptin). We did not observe differences between our treatment groups in the number of mononuclear/macrophages or lymphocytes (data not shown).

### Increased pulmonary cytokine and lipid mediator levels in *ob/ob* mice in response to *S. pneumoniae*

The levels of leptin, IL-6, TNF- $\alpha$  and MIP-2 in lung homogenate and cysteinyl-LTs and PGE<sub>2</sub> in BAL fluid were assessed 48 h post-*S. pneumoniae* challenge, as these mediators have been identified to play an important role in the induction of an inflammatory response during the early phase of pneumococcal pneumonia [14,19–22]. The administration of leptin restored blood leptin to levels similar to that observed in WT mice 48 h post-*S. pneumoniae* challenge. Compared with the WT animals, lung homogenate leptin levels were approximately 40% lower in the *ob/ob* mice given leptin (Fig. 3a). Compared with the WT and *ob/ob* mice treated with leptin, we found higher levels of TNF- $\alpha$ , MIP-2 and PGE<sub>2</sub> in the *ob/ob* mice (Fig. 3b,c). Interestingly, the increased levels of lung homogenate MIP-2 were associated with elevated PMNs in the BAL fluid of *ob/ob* mice. Although there was a trend for greater levels of IL-6 and cysteinyl-LTs (Fig. 3c) in the lung homogenates and BAL



**Fig. 3.** Lung and blood leptin (a), lung homogenate cytokine (b) and bronchoalveolar lavage fluid lipid mediator (c) levels 48 h post-*Streptococcus pneumoniae* challenge in wild-type (WT) and *ob/ob* mice given saline or leptin. WT and *ob/ob* mice were given an intraperitoneal injection of either saline or leptin twice daily 24 h prior to and 48 h following *S. pneumoniae* challenge. Bars represent the mean  $\pm$  standard error of the mean.  $n = 4-5$  mice per group; n.d., not detected. \* $P < 0.05$  versus WT and *ob/ob* + leptin.

fluid of *ob/ob* mice, these differences were not found to be significant.

### Effects of exogenous leptin administration to *ob/ob* mice *in vivo* on AM phagocytosis

Because we had identified previously a phagocytic defect in AMs from *ob/ob* mice, we next asked if the observed attenuation in *S. pneumoniae* clearance from the lung was associated with a phagocytic defect in AMs and if the administration of exogenous leptin to *ob/ob* mice *in vivo* could restore this response. Compared with AMs from WT mice ( $61 \pm 6.5\%$ ), a significantly greater percentage of cells had phagocytosed *S. pneumoniae* than *ob/ob* mice ( $21 \pm 3.4\%$ ) and this impairment could be reconstituted with the provision of exogenous leptin to *ob/ob* mice ( $48 \pm 6.4\%$ ) *in vivo*.

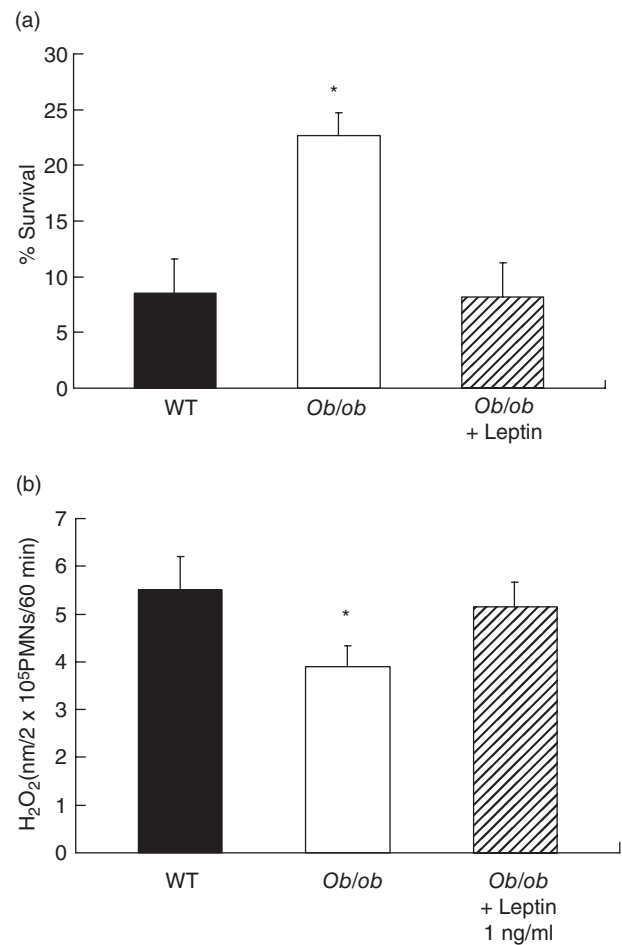
### Leptin enhances PMN killing of *S. pneumoniae* and $H_2O_2$ synthesis *in vitro*

We next sought to determine if bactericidal capacity was defective in these cells. In comparison with cells from WT mice, killing of *S. pneumoniae* by PMNs from *ob/ob* mice was reduced and treatment of *ob/ob* mice with leptin reconstituted this defect (Fig. 4a). Next, we assessed the production of  $H_2O_2$  in PMNs as *S. pneumoniae* are killed by oxidative mechanisms [23]. As shown in Fig. 4b, we found that, compared with cells from WT animals, PMNs recovered from *ob/ob* mice produced approximately 30% less  $H_2O_2$  after stimulation with heat-killed *S. pneumoniae* and the addition of a physiological dose of leptin (1 ng/ml) to PMNs from *ob/ob* mice reconstituted  $H_2O_2$  synthesis.

## Discussion

The consequence of chronic leptin deficiency in *ob/ob* mice is associated with marked immune suppression against bacterial pathogens [6,10,16]. It is notable that the mortality of infected *ob/ob* mice was dramatic (83%) compared to the usually low degree of death observed in WT animals (10%). This result confirms our previous study of acute leptin deficiency modelled under conditions of short-term starvation, where the bacterial clearance of starved mice was significantly less than that of the fed control mice [14]. These new data, and another study comparing host defence against *K. pneumoniae* where survival was 50% in WT and 0% in *ob/ob* mice, suggest a more potent immunosuppressive effect associated with long-term leptin deficiency than short-term depletion, although further studies are needed to clarify differences between these two models [6].

We and others have observed that leptin increases in the blood and lungs of mice during bacterial pneumonia [6,14,24]. At 48 h after *S. pneumoniae* challenge, we observed that the provision of exogenous leptin to *ob/ob* mice almost



**Fig. 4.** Leptin enhances polymorphonuclear leukocyte killing of *Streptococcus pneumoniae* (reduces survival) (a) and heat-killed *S. pneumoniae* stimulated  $H_2O_2$  production *in vitro* (b). Bars represent the mean  $\pm$  standard error of the mean of three to four separate experiments performed in duplicate. \* $P < 0.05$  versus WT and *ob/ob* + leptin.

restored pulmonary bacterial clearance and reduced pneumococcal dissemination to the blood. Lung and blood leptin levels were approximately 75 and 60%, respectively, of that seen in WT animals at this particular time-point. This result indicates that exogenous leptin reaches the site of infection, where it can affect the host response to *S. pneumoniae*.

An effective host response against pneumococcal pneumonia requires the elaboration of proinflammatory cytokines and lipid mediators that activate resident AMs and adjacent cells in the alveolar milieu [25]. In particular, IL-6, TNF- $\alpha$  and the LTs have been shown to play protective roles in murine pneumococcal pneumonia [19,20,22]. However, in our experiments, the levels of these mediators were elevated in *ob/ob* mice compared with either the WT or *ob/ob* mice given exogenous leptin. This difference was due probably to the greater bacterial counts in the lungs of the *ob/ob* mice because exogenous leptin treatment was associated with reduced lung bacterial counts and reduced levels of

these proinflammatory mediators. In contrast to the responses in *ob/ob* mice in this report, we have observed previously that pulmonary IL-6 and MIP-2 levels were reduced in mice that had been fasted to lower circulating leptin levels [14]. Therefore, the impairments in host defence observed in genetically induced leptin deficiency (*ob/ob* mice) did not result in the suppression of pulmonary cytokine or LT production during pneumococcal pneumonia *in vivo*.

We were intrigued by the increased production of PGE<sub>2</sub> in the lungs of infected *ob/ob* mice relative to the WT animals. While the fivefold greater bacterial burden in the lungs of *ob/ob* mice probably provided a greater stimulus for PGE<sub>2</sub> synthesis, these animals may possess an enhanced capacity for stimulus-induced prostanoid synthesis [26]. We speculate that the increased levels of PGE<sub>2</sub> in the BAL fluid of *ob/ob* mice following infection may have contributed to the greater pulmonary bacterial counts by inhibiting bacterial clearance mechanisms *in vivo*. This lipid mediator has been shown to attenuate potently both phagocytosis and killing of bacteria in AMs and PMNs *in vitro* [27,28], and inhibiting PGE<sub>2</sub> production *in vivo* has been shown to improve pulmonary host defence during bacterial pneumonia [29]. Furthermore, the overproduction of PGE<sub>2</sub> was reported recently to contribute to the enhanced susceptibility of mice to bacterial pneumonia following bone marrow stem cell transplantation [30]. Lastly, PGE<sub>2</sub> facilitates the ingress of PMNs to pulmonary areas of inflammation via vascular endothelial cell-mediated vasodilation and this may have contributed to the greater dissemination of *S. pneumoniae* from the alveolar space to the peripheral circulation in *ob/ob* mice.

PMNs, recruited to the lungs during pneumococcal pneumonia, contribute to host defence by phagocytosing and killing bacteria and the observed defect in PMNs from *ob/ob* mice to kill *S. pneumoniae* (a previously unrecognized response) may have contributed to the increased pulmonary bacterial burden in these animals [31,32]. The mechanism by which leptin deficiency impairs PMN bactericidal capacity may be due to an impairment in H<sub>2</sub>O<sub>2</sub> synthesis. Similarly, others have reported that leptin enhances PMN reactive oxygen intermediate production and phagocytosis [15,33]. These results suggest that leptin promoted pulmonary anti-bacterial host defence by restoring AM and PMN clearance of bacteria without inducing an exaggerated inflammatory response. A similar result was observed by Ikejima and coworkers [10], who demonstrated that exogenous leptin administered *in vivo* could partially restore the impairment in hepatic *L. monocytogenes* clearance in *ob/ob* mice.

Although the observed attenuation of bacterial clearance in *ob/ob* mice was not due to deficient recruitment of PMNs, these cells can damage lung tissue by elaborating proteases that degrade the extracellular matrix of the lung [34] and possibly contribute to overall lung injury and enhanced dissemination of *S. pneumoniae* to the peripheral circulation. Surprisingly, we had observed reduced PMN accumulation

and less inflammatory mediator generation in the lungs of fasted mice in response to *S. pneumoniae* and found that exogenous leptin restored PMN recruitment during pneumococcal pneumonia in fasted mice [14]. These conflicting results observed in *ob/ob* and fasted WT mice following *S. pneumoniae* challenge might be explained partially by differences in peripheral PMN counts at baseline. Faggioni and coworkers have demonstrated previously that peripheral blood PMN counts in *ob/ob* mice were twice that of WT animals [35].

It is unlikely that the host defence impairments observed in *ob/ob* mice in this study were due to phenotypic abnormalities in *ob/ob* mice, such as obesity, hyperglycaemia and glucocorticoid excess, for a number of reasons. First, bacterial clearance improved dramatically in *ob/ob* mice given exogenous leptin despite the fact that these animals were still obese. Secondly, Murray and coworkers did not observe impairments in host defence against *S. pneumoniae*-induced peritonitis in mice manipulated genetically to produce elevated blood glucocorticoids levels [36]. However, it is important to note that diet-induced obesity and obesity that arises from leptin deficiency may have different effects on the host's immune system, as a recent publication by Smith and colleagues demonstrated that diet-induced obese mice are more susceptible to influenza virus infection [37].

These results extend our previous findings regarding defective host defence against *Klebsiella pneumoniae* and similar reports from others regarding increased susceptibility to bacterial infections in female *ob/ob* mice [6,10,16,38]. However, it is relevant that a recent study failed to detect differences between male WT and *ob/ob* mice in pulmonary bacterial outgrowth following intranasal challenge with either Gram-negative or Gram-positive bacteria [24]. It is uncertain whether their negative results were due to differences in the route of infection or mouse gender. It is important to note that we administered *S. pneumoniae* via the intratracheal route in our experiments and were unable to deliver equal amounts of bacterial suspensions to WT and *ob/ob* mice via the intranasal route (data not shown). Interestingly, a report by Yagasaki *et al.* demonstrated that, compared with their WT counterparts, the length of the skull and nasal bone are shorter (suggesting smaller nasal volume) in *ob/ob* male mice and this might explain why these mice were more prone to expelling the inoculum [39]. In addition, male mice are inherently more susceptible to infectious agents than females and both of these differences might have masked the effects of leptin deficiency on host defence [40,41].

In summary, we have demonstrated that *ob/ob* mice are very susceptible to Gram-positive pneumonia induced by *S. pneumoniae* and that exogenous leptin administration *in vivo* improves pulmonary bacterial clearance and survival in *ob/ob* mice. These novel and clinically relevant results suggest that exogenously administered leptin should be investigated further as an adjunctive therapeutic agent in the treatment of bacterial pneumonia, particularly in patients

who are immunocompromised as a result of energy-malnutrition, a common secondary consequence of chronic disease.

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