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## Histomorphometric comparison of maxillary pristine bone and composite bone graft biopsies obtained after sinus augmentation

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**Key words:** anorganic bovine bone, autologous bone, bone remodeling, dental implants, sinus grafting

### Abstract

**Introduction:** Sinus grafting is a technique oriented to facilitate implant placement in posterior atrophic maxillae. Several modifications of the original technique and a wide variety of materials have been proposed; most of them associated with implant survival rates. However, the quality of the bone obtained after the application of certain grafting materials has not been fully elucidated yet. The aims of this multicenter study were to analyse histomorphometrical samples obtained 6 months after sinus grafting using a composite graft consisting of anorganic bovine bone (ABB) + autologous bone (AB), and to compare these samples with maxillary pristine bone biopsies.

**Material and methods:** Ninety maxillary sinus augmentations were performed for delayed implant placement ( $N = 90$ ) in 45 consecutive patients (test group). Bone cores were harvested 6 months after grafting for histomorphometric and ultrastructural study. Control pristine bone biopsies were taken from the posterior maxilla of 10 patients (control). Bone radiographic changes were assessed up to 24 months after implant loading.

**Results:** The total mean values after analysis of test cores revealed a proportion of  $46.08 \pm 16.6\%$  of vital bone,  $42.27 \pm 15.1\%$  of non-mineralized connective tissue, and  $37.02 \pm 25.1\%$  of the remaining ABB particles. Significant bone remodeling activities were noticed in sinus grafting samples when compared with pristine bone. A statistically significant difference was observed in the number of osteoid lines between two groups, with higher values in the test one ( $15.1 \pm 11.48\%$  vs.  $2.5 \pm 2.2\%$ ,  $P = 0.0005$ ).

Ultrastructural study showed that vital trabecular bone was in intimal contact with ABB particles. Radiographic analysis revealed that the higher the proportion of remaining ABB, the lower the total vertical resorption of the graft.

**Conclusion:** Sinus grafting constitutes an excellent model for the study of *de novo* bone formation patterns and graft consolidation, when a combination of different bone substitutes is applied. The combination of ABB + AB yields highly satisfactory outcomes from both a clinical and a histologic perspective.

Bone availability is the key for successful implant placement (Block & Kent 1997). Implant primary stability is often challenging in the posterior segments of the maxilla. This is because of the poor osseous density typically found in this region, insufficient bone availability mainly due to

sinus pneumatization, and alveolar bone atrophy as a consequence of tooth loss (Yildirim et al. 2000). Although the use of short or tilted implants has been shown to be a suitable therapeutic option to overcome these obstacles (Aparicio et al. 2001; Morand & Irinakis 2007), in cases of

anatomical limitations and consideration of prosthesis long-term biomechanical stability, sinus grafting has emerged as a good option for implant site development to facilitate implant placement.

Since the early introduction of sinus grafting in implant dentistry (Boyne & James 1980), several modifications of this technique have been proposed in the literature throughout the last two decades (Tatum 1986; Summers 1998). Bone grafting material selection is one of the differential factors that may play a significant role in sinus grafting outcomes. The search for an ideal bone grafting material that would enable clinicians to obtain the best mature bone formation in the shortest period of time, with minimal complications, is one of the most investigated topics in this field. Anorganic bovine bone (ABB) is a biocompatible material that presents similar structure and physical properties as human cancellous bone. When ABB combines with autogenous bone, it may represent an excellent grafting material for maxillary sinus augmentation (Wallace & Froom 2003). Autologous bone (AB) provides cellularity and growth factors while ABB facilitates space maintenance and slows down the process of rapid bone remodeling of AB. This may be explained by ABB's slow resorption rate and its osteoconductive properties (Schlegel et al. 2003).

A modified sinus grafting technique using a bone scraper to simultaneously access the Schneiderian's membrane and collect a part of the bone that lines the lateral wall of the sinus cavity, to be later used as a grafting material in combination with ABB, has been previously proposed by our group (Galindo-Moreno et al. 2007). Several authors have reported excellent clinical outcomes after using a combination of ABB and AB for sinus grafting (Yildirim et al. 2001; Hallman et al. 2002; Galindo-Moreno et al. 2008). In spite of this, little information is available regarding the biologic response after performing sinus grafting using a combination of xenogenic material (ABB) and autogenous bone (AB). Therefore, the main aim of the present study was to analyse, morphologically and histomorphometrically, samples obtained 6 months after sinus grafting of grafted sinuses of human subjects using a composite graft consisting of ABB + AB, and to find out the differences with maxillary pristine bone.

## Material and methods

### Study design

In this multicenter, prospective, controlled clinical study, 45 patients (28 males and 17 females) in need of a bilateral sinus grafting procedure to allow replacement of missing posterior maxillary teeth with implant-supported restorations were recruited for the study after informed consent. Information regarding medical and dental history was recorded following a questionnaire. To be included in the study, patients had to be adults between 18 and 85 years of age, present a physical status according to the American Society of Anesthesiologists (ASA) of I or II, have neither an uncontrolled systemic disease nor a condition known to alter bone metabolism (i.e. osteoporosis, diabetes mellitus . . . , etc), adequate oral hygiene (O'Leary plaque score  $\leq 20\%$ ), and have  $< 5$  mm bone height remaining after radiographic measurement over panoramic films (Zinner & Small 2004). Subjects who had taken antibiotics in the previous 3 months, or reported long-term use ( $> 6$  months) of medications known to modify bone metabolism (such as bisphosphonates, corticosteroids . . . , etc), women who were pregnant or attempting to get pregnant at the time of the screening, and patients who presented existing sinus conditions, sepsis, a history of cancer and/or radiation to the oral cavity, or complications derived from any of these conditions affecting the sinus area were excluded from the study.

A total of 90 grafting procedures were conducted. Patients underwent a delayed implant placement approach. Additionally, 10 subjects (five males and five females) consented in order to harvest control biopsies. Ten pristine bone core biopsies were harvested from the posterior maxilla at the time of implant placement from sites where bone grafting was not necessary.

This study was conducted according to the principles of WHO Declaration of Helsinki (Schuklenk & Ashcroft 2000).

### Surgical and restorative procedure

All patients took 875/125 mg of amoxicillin/clavulanic acid, every 8 h starting 1 day before the surgery. Clindamycin, 300 mg every 8 h, was prescribed to penicillin-allergic patients. This medication was maintained for 7 additional days. All sur-

gical procedures were performed under local anesthesia (Ultracain<sup>®</sup>, Aventis Inc., Frankfurt, Germany). A modification of the conventional lateral wall approach was used to perform the sinus grafting in all patients. A bone scraper (Safe scraper<sup>®</sup>, Meta corp., Remigia, Italy) was used to harvest autologous cortical bone and to expose the Schneiderian membrane. After membrane elevation, all sinus cavities were grafted with AB in combination ABB (Bio-Oss<sup>®</sup> particle size 250–1000  $\mu\text{m}$  – Geistlich Pharma AG, Wolhusen, Switzerland), mixed in a 1:1 volume ratio. After bone grafting, an absorbable collagen membrane (Bio-Gide<sup>®</sup> – Geistlich Pharma AG) was placed over the window to minimize soft tissue invasion. Primary closure was achieved in all cases, suturing with 3–0 silk suture (Laboratorio Aragón, Barcelona, Spain).

After a 6-month healing period, a 3-mm internal diameter, 4-mm external diameter trephine was used to collect bone core biopsies from the sites where implants had to be placed, according to the restorative plan. Hence, the initial osteotomy was performed using a trephine, and not with the conventional drills of each implant system. According to the study protocol, just one bone core per sinus was analyzed for conventional histological and histomorphometrical study. The implant placed in the ideal position of the maxillary first molar was the preferred site for bone sample collection. Other cores were taken from different implant positions for ultrastructural analysis. A total of 90 implants represented the group that was followed up: 52 Microdent<sup>®</sup> (Microdent Implant System, Barcelona, Spain) and 38 Astra Tech (Osseospeed<sup>™</sup>, Astra Tech, Mölndal, Sweden) with a range 13–16 mm of length and 4.2–5 mm of width. A staged approach was performed in all cases; therefore, 6 months after implant placement, a second-stage surgery was performed. After soft tissue healing, impressions were taken. The final screw-retained implant-supported PFM crowns were delivered – approximately 2 weeks later – and an occlusal adjustment was performed. After implant loading, all patients were placed in a 3-month maintenance program.

### Radiographic variables

Standardized digital panoramic films of each patient were obtained before and immediately after sinus grafting surgery,

before implant insertion, at the time of prosthesis delivery, and 24 months after functional loading (Kodak ACR-2000, Eastman Kodak Company, Rochester, NY, USA). Total bone height, at the point of shortest remaining alveolar bone preoperatively, as well as the maximum vertical augmentation after grafting and on the day of implant placement was measured by the same examiner using a specific software (Digident Dent-A-View Version 1.0, DigiDent, DIT, Nesher, Israel).

### Histological study

Bone core biopsies were fixed in 10% buffered formalin for 24 h. They were subsequently decalcified in a decalcifier containing formaldehyde (10% w/v), formic acid (8% w/v), and methanol (1% w/v) (Surgipath® Europe Ltd., Peterborough, UK), for at least 8 days, and then embedded in paraffin. Sections were dewaxed, hydrated, and 4 µm sections following the central axis of the biopsies were obtained and stained with Hematoxylin-Eosin, periodic acid Schiff's, Masson's trichrome, and Goldner's trichrome techniques. A millimeter scale in the eyepiece of a microscope BH2 (Olympus Optical Company, Ltd., Tokyo, Japan) with a ×40 objective was used to count the osteoblasts, osteoclasts, and osteocytes per mm<sup>2</sup>. The results were expressed as the number of positive cells per mm<sup>2</sup>.

Bone histomorphometry was performed semi-automatically on Masson trichrome-stained sections, assessing 10 randomized images with ×10 objective, using a microscope equipped with a digital camera DP70 (Olympus) connected to a computer, and applying ImageJ software (NIH, USA, <http://rsb.info.nih.gov/ij/>). Separate quantifications of vital bone, ABB particles, and non-mineralized tissue were performed and expressed as percentages of each compartment. The number of osteoid lines on the whole length of the biopsy core was also recorded.

### Electron microscopy study

Several 1 mm<sup>2</sup> fragments, obtained at three different levels of each sample (coronal, medial, and apical), including trabecular and cortical bone, were fixed in 2.5% glutaraldehyde solution for 24 h and subsequently decalcified for 8 days (Decalcifier I®, Surgipath® Europe Ltd., Peterborough, UK). Samples were then postfixated in 1% OsO<sub>4</sub> at 4°C for 2 h, washed in distilled

water, dehydrated in increasing concentrations of acetone, and embedded in Epon. Semithin sections were stained with toluidine blue solution. Ten blocks of LC cluster areas were sampled. Ultrathin (about 70 nm thick) sections were obtained using an ultramicrotome (Reichert-Jung ULTRACUT E, Leica Microsystems, Barcelona, Spain) and stained with lead citrate and uranyl acetate. Sections were examined with a transmission electron microscope (Zeiss EM 902, Barcelona, Spain) and processed using analySIS® for Windows (Soft Imaging System, Münster, Germany).

### Statistical analysis

A multilevel model technique with the Box & Cox transformation was carried out and a Skewness/Kurtosis test was used to determine the normality of the variables. Because of the high values of intraclass correlation coefficient and non-normal distribution of variables, we decided to use each patient separately as the unit analysis. This was chosen in order to eliminate inpatient variable high resemblance; hence, we calculated the average value of each variable taken of each patient (considering both sinuses). This required to redefine a new statistical sample where the 'n' value was 45, which finally accounted for non-related samples from 45 different patients to determine the statistical significance of the findings. As a consequence, Welch's *t*-test for values with different variance and Pearson's correlation with transformed data were assessed. A *P*-value of <0.05 was considered statistically significant. Statistical analysis was performed using specialized software [STATA 10.1 program, StataCorp LP, TX, USA, and SPSS-Windows 15.0 program, SPSS Inc., Chicago (IL), USA].

## Results

### Patients

Patients' age ranged from 35 to 72 years (mean 50.4 years) in the test group. On the other hand, control patients' ages ranged from 38 to 61 years (mean 48.3 years). Only one perforation of the Schneiderian membrane after elevation and no other complications related to the grafting technique was observed over the study period. At the time of harvesting the bone core

biopsy, all cores presented similar dimensions (approximately 14 mm). All patients completed the study.

### Radiographic parameters

The most significant finding regarding radiographic changes was that more bone resorption was observed in patients whose biopsies showed a lower proportion of ABB particles (<30% ABB: 0.42 ± 0.13 mm vs. ≥30% ABB: 0.21 ± 0.1 mm, *P*=0 Welch's test), and a higher proportion of non-mineralized tissue (nMT) (<40% nMT: 0.22 ± 0.11 mm vs. ≥40% nMT: 0.39 ± 0.14 mm, *P*=0.01 Welch's test).

### Morphologic and histomorphometric analysis

Analysis of maxillary pristine bone biopsies (Fig. 1a) revealed the presence of mineralized tissue, including mainly trabecular bone, and bone marrow. The mean values after morphometric analysis showed a predominance of bone marrow with adipocytes (51.2 ± 8.1%), while mineralized tissue was found in a lower (45.7 ± 7.9%), but similar proportion (Table 1). A scant number of osteoid lines were observed in association with mineralized structures. The number of osteoblasts, osteoclasts, and osteocytes per squared millimeter is also shown in Table 1.

Woven and lamellar type of trabecular bone, in the presence of ABB particles, was observed in samples obtained from patients who underwent sinus augmentation, after 6 months of healing (Fig. 1b). At this time, biopsies from sinus floor elevation showed trabecular bone in a wide range of proportion (from 29.5% to 75%), with normally appearing bone marrow and ABB particles in and between the trabecular bone, with an appearance of a 'terrazzo floor', especially in the apical portion of the sample (Fig. 2).

The total mean values after image analysis revealed a proportion of 46.1 ± 16.6% of vital bone, 42.3 ± 15.1% of non-mineralized tissue, and 37 ± 25.1% of remaining ABB particles. Significant bone remodeling activities were noticed in sinus grafting samples as compared with pristine bone. For example, a statistically significant difference in the number of osteoid lines was observed between the two groups, with higher values in the test group (15.1 ± 11.48% vs. 2.5 ± 2.2%, *P*=0.0005) (Table 1). No acute or chronic inflammatory cell

infiltrate or foreign body reactions were observed in any sample, other than a tendency from the osteoclasts to show activity around ABB particles (Fig. 3). Ultrastructural study showed that vital trabecular bone was in intimal contact with ABB

particles. Also, cement lines between vital bone and ABB were observed (Fig. 4a), a finding that was previously observed under light microscopy as well (Fig. 4b).

Non-mineralized tissue appeared to be directly correlated with osteoblast number

per mm<sup>2</sup> ( $\rho=0.329$ ,  $P=0.043$ ). In fact, stratified data analysis of samples depending on the proportion of non-mineralized tissue showed that there was a significant difference in osteoblasts/mm<sup>2</sup> when the proportion of interposed soft tissue was higher than 40% ( $\geq 40\%$  mean  $344.9 \pm 284$  vs.  $<40\%$   $88.7 \pm 59$ ,  $P=0.0008$  Welch's test), but the number of osteoid lines was not significant ( $21.25 \pm 8.64$  vs.  $12.42 \pm 11.68$ ,  $P=0.99$  Welch's test). However, the remaining ABB particle proportion seemed to be important for osteoid formation ( $r=0.509$ ,  $P=0.001$ ), as a significant increase of osteoid lines was observed when ABB proportion was higher than 30% ( $19.32 \pm 9.01$  vs.  $12.69 \pm 12.22$ ,  $P=0.012$ , Welch's test). Table 2 shows the Pearson's correlation coefficients between morphometric variables.

## Discussion

Primary stability is one of the key factors for successful osseointegration. It is widely

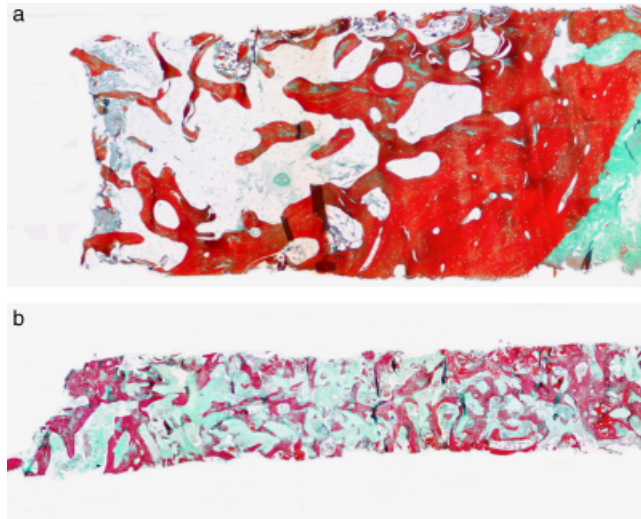


Fig. 1. (a) Bone core biopsy obtained from the pristine bone group that showed cortical and trabecular bone formation (Masson trichrome  $\times 4$  – scale bar 1 mm). (b) Bone core biopsy from the test group (sinus grafting using autologous and xenogenous bone) (Masson trichrome  $\times 2$  – scale bar 1 mm).

**Table 1. Morphometric comparison between pristine maxillary bone and grafted bone core biopsies after sinus augmentation**

Variables	Pristine bone (N=10)	Grafted bone (N=45)	P-values (Welch's test)
Osteoblasts (no./mm <sup>2</sup> )	247.31 $\pm$ 251.6*	267.26 $\pm$ 266.3	0.92
Osteoclasts (no./mm <sup>2</sup> )	48.38 $\pm$ 72.13	151.1 $\pm$ 192.74	0.51
Osteocytes (no./mm <sup>2</sup> )	1575.28 $\pm$ 196.94	1042.66 $\pm$ 807.96	0.0006
Osteoid lines (no.)	2.5 $\pm$ 2.17	15.1 $\pm$ 11.48	0.0005
Vital bone (%)	45.73 $\pm$ 7.98	46.08 $\pm$ 16.63	0.81
Anorganic bovine bone (%)	–	37.02 $\pm$ 25.09	–
Non-mineralized connective tissue (%)	51.23 $\pm$ 8.1	42.27 $\pm$ 15.1	0.12

\*Values are expressed as mean  $\pm$  standard deviation.

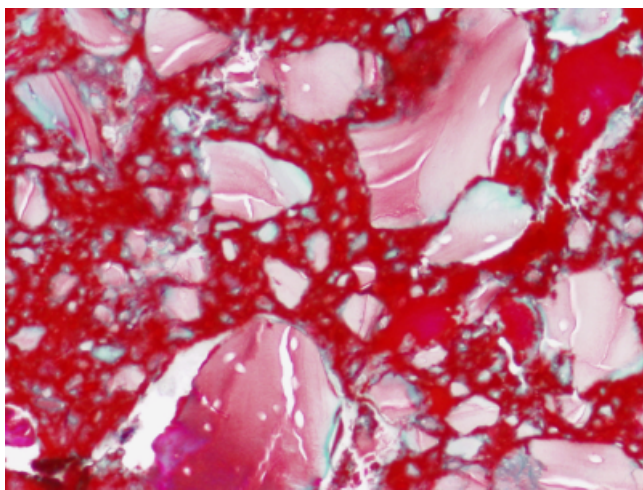


Fig. 2. Bone core biopsy from the test group (sinus grafting using autologous and xenogenous bone) showing a 'terrazzo-floor' image due to microparticulation of anorganic bovine bone (Masson trichrome  $\times 20$ ).

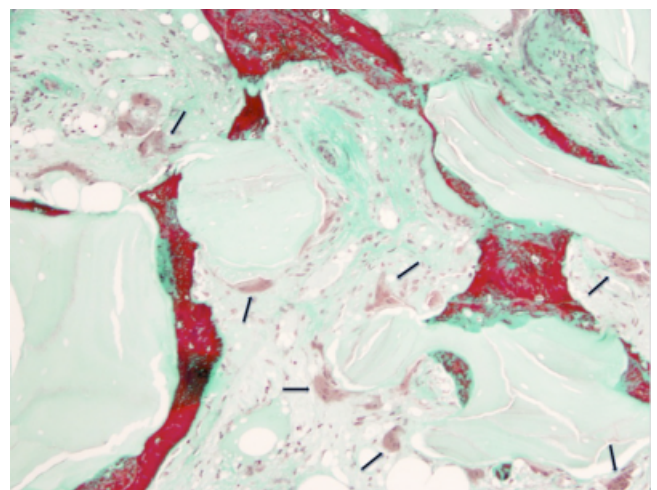


Fig. 3. Bone core biopsy from the test group with numerous osteoclasts (arrows) around the anorganic bovine bone particles (Masson trichrome  $\times 20$ ).

acknowledged that primary stability is highly associated with the proportion of mineralized tissue present in a particular location (Turkyilmaz et al. 2007; Turkyilmaz 2008). Therefore, a lack of bone height in the posterior maxilla often requires bone augmentation before implant placement. Sinus grafting is aimed at increasing the

amount of available bone in the posterior segments of the maxilla, thus providing an adequate condition for osseointegration after implant placement. The aims of the present study were to evaluate the bone maturation status and histomorphometric features of samples obtained 6 months after sinus grafting, and to compare these parameters with a

pristine bone control. Mineralized vital bone proportion in maxillary pristine bone varies depending on the age and gender, ranging from 23% to 28% as shown by previous studies (Trisi & Rao 1999; Ulm et al. 1999). In the present study, the mean proportion of mineralized vital bone was found to be  $45.73 \pm 7.98\%$ , which is significantly higher than the values reported by other authors. This difference may be explained by the low number of subjects analysed and the particular characteristics of our population. A high percentage of vital bone was noted in pristine bone sections, but it had less signs of bone remodeling when compared with sinus grafting samples.

Sinus grafting success may be evaluated by performing a histologic analysis to determine the features and the amount of newly formed bone that could potentially be in intimal contact with an implant fixture placed in the grafted area (Yildirim et al. 2000). Thus, it has been proposed that maximum osteogenesis of qualitatively high-grade living bone can be used as a way to assess the success outcome of sinus augmentation (Wallace et al. 1996). In a previous pilot study, our group found that the mean value for mineralized vital bone was approximately 31% (Galindo-Moreno et al. 2008). This percentage is in accordance with the results previously reported, which found a similar % of vital bone (ranged from 22.2% to 34.2%) in their samples (Yildirim et al. 2000; Froum et al. 2008; Simunek et al. 2008). In contrast, the mean percentage of vital bone obtained in the present series is one of the highest reported so far for this particular combination of biomaterials (46.08%), closely followed by the results reported by Cordaro and colleagues (45.2%) and by Artzi and colleagues (41.6% after 9 months) (Artzi et al. 2008;

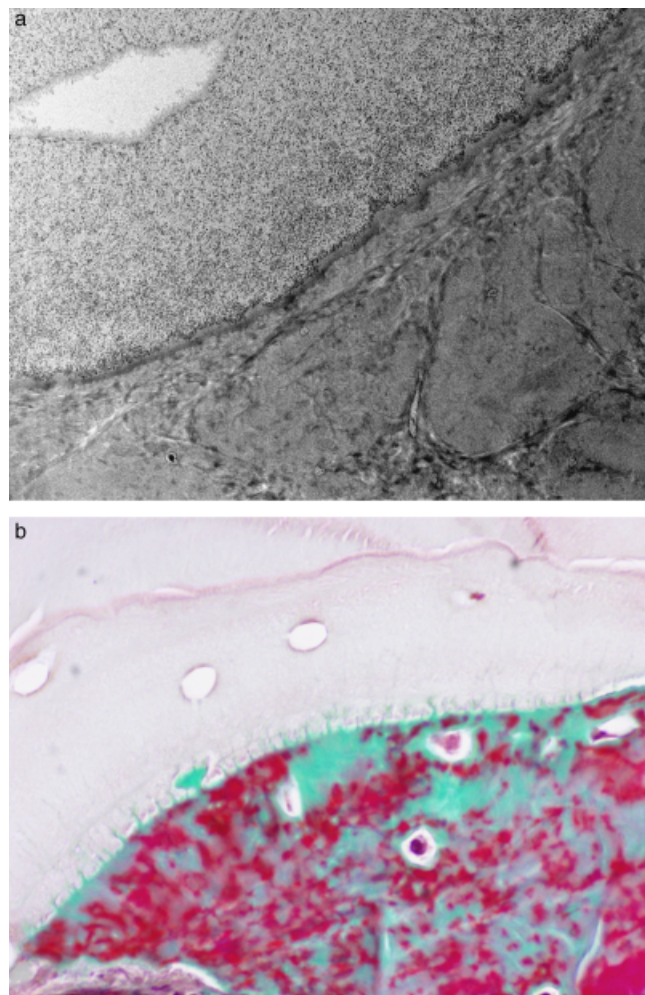


Fig. 4. A narrow relationship between trabecular bone and ABB particles in the absence of gaps or fibrous interface: (a) ultrastructural image of a cement line between ABB particles and decalcified vital bone (TEM  $\times 4600$ ), (b) light microscopy (Masson trichrome  $\times 100$ ).

**Table 2. Statistical correlations between morphometric variables in grafted bone core biopsies after sinus augmentation**

	Osteoblasts (mm <sup>2</sup> )	Osteoclasts (mm <sup>2</sup> )	Osteocytes (mm <sup>2</sup> )	Vital bone (%)	Osteoid lines (no.)	ABB particles (%)	Connective Tissue (%)
Osteoblasts (mm <sup>2</sup> )	1*						
Osteoclasts (mm <sup>2</sup> )	0.345 (0.033)	1					
Osteocytes (mm <sup>2</sup> )	0.676 (0)	0.193 (0.245)	1				
Vital bone (%)	0.454 (0.004)	0.325 (0.046)	0.734 (0)	1			
Osteoid lines (no.)	0.35 (0.03)	0.562 (0)	0.544 (0)	0.628 (0)	1		
ABB particles (%)	-0.247 (0.133)	0.296 (0.071)	-0.243 (0.141)	-0.192 (0.247)	0.509 (0.001)	1	
Non-mineralized tissue (%)	0.329 (0.043)	-0.349 (0.031)	0.023 (0.889)	-0.076 (0.649)	-0.414 (0.009)	-0.613 (0)	1

\*Pearson's coefficient (*r*) (bilateral signification).  
ABB, anorganic bovine bone.

Cordaro et al. 2008). This may explain the previously reported higher success rates of implants inserted into grafted sinuses (Olsson et al. 2000; Scarano et al. 2006).

Our group has advocated for a surgical approach in which cortical AB is obtained from the lateral wall of the sinus cavity using a bone scraper, and then combined with a xenogenic bone substitute (e.g., ABB) (Galindo-Moreno et al. 2007; Martos Diaz et al. 2007). This approach not only allows to harvest AB to be used as a part of the grafting material, but also eliminates the need for a second surgical site to harvest autogenous bone. Despite AB being regarded as the gold standard in bone grafting material, it undergoes a rapid resorption when compared with other grafting materials. This resorption can be as much as 60% when it is used as a single biomaterial (Jensen & Sindet-Pedersen 1991). In this sense, Schlegel and collaborators observed that AB may be resorbed up to 40% after 6 months of healing when used as a sinus grafting material. They also found a lower bone-to-implant contact for implants placed in areas where AB was used vs. ABB: 42% vs. 68%, respectively (Schlegel et al. 2003). Hence, the combination of xenogenic and autologous bone may provide some benefits when compared with the sole use of AB. These include unlimited ABB availability, allowing recolonization and apposition of osteogenic cells, and a slow resorption rate (Piattelli et al. 1999; Taylor et al. 2002). Although it has not been fully elucidated what is the average amount of resorption in a determined time span, it has been shown that ABB particles may be present even 9 years after grafting (Traini et al. 2007). Our results showed a mean percentage of remaining ABB particle of 37.01% after 6 months of healing. This supports the notion of a slow resorption rate. ABB is an adequate scaffold for dimensional graft maintenance, a concept that is reinforced by the findings of this study, because the higher the proportion of ABB, the lower the total mean resorption of the

graft. Stratified data analysis of ABB percentage present in our samples showed that, above 30% of the remaining xenogenic particle, graft resorption was significantly lower ( $0.21 \pm 0.1$  mm vs.  $0.42 \pm 0.13$  mm,  $P=0$  Welch's test). We assume that a slow degradation of the material occurs and not a complete replacement by AB in <5 months after grafting, as reported by Tadjoein et al. (2003). In addition, the composite grafting material proposed here promotes an early osteogenesis/osteinduction elicited by the cells and growth factors of the AB, which may in turn allow for a more efficient implant osseointegration (Tadjoein et al. 2003).

Newly formed bone showed slightly more osteoblasts (mean  $\#/mm^2 = 267.3$ ), more osteoid lines ( $P < 0.46$  Welch's test), significantly more osteoclasts (mean  $\#/mm^2 = 151.1$ ), and a higher proportion of osteocytes (four times higher than osteoblasts), but less than mature pristine bone ( $P < 0.0006$ , Welch's test). A direct, statistically significant correlation found between the number of osteoblasts and the quantity of non-mineralized tissue supports the observations of Zerbo et al. (2005), who showed that early differentiation towards preosteoblastic undifferentiated cells may be mediated by the expression of Run  $\times 2$ , sialoprotein, and osteopontin.

On the other hand, the remaining ABB particle proportion seemed to be important for osteoid formation ( $r = 0.509$ ,  $P = 0.001$ ), as a significant increase of osteoid lines was observed when the ABB proportion was >30% ( $19.32 \pm 9.01$  vs.  $12.69 \pm 12.22$ ,  $P = 0.012$ , Welch's test). This finding may be explained by the osteoconductive nature of ABB (Schlegel et al. 2003). Ultrastructural analysis revealed that the remaining ABB particles were surrounded by newly formed mature bone, throughout all the samples. Cement lines could be clearly identified, in the absence of gaps or fibrous interfaces. In the light of the findings of this study, we can state that ABB shows a different behavior from other bone substi-

tutes, such as tricalcium phosphate (Wiltfang et al. 2003; Zerbo et al. 2004), being attributable to its high osteoconductivity. However, we should not forget that, when no perforation is present, the sinus cavity is a self-contained defect. This promotes space maintenance and graft stability, and allows cell migration and continuous blood supply from all the bony walls, which results in favorable healing conditions.

## Conclusions

We consider that sinus grafting constitutes an excellent model for the study of *de novo* bone formation patterns and graft consolidation when a combination of different bone substitutes is applied. In this study, we propose the use of a composite graft, consisting of AB and ABB. The results obtained are highly satisfactory from both a clinical and a histologic perspective. However, many questions remain unanswered with regard to this exciting field. For instance, why the non-mineralized tissue present in our samples determines the newly formed vital bone cellularity and how the quantity of ABB prevents the resorption.

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**Disclaimers:** The authors do not have any financial interests, either directly or indirectly, in the products listed in the study.

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