

Table 19

*Study 3 Demographics by Age Group*

Measure	Level	Percentages for All	Percentages for Old	Percentages for Young
Education	Less than high school	2.1 13.6	0 3.6	2.4 15.7
	High school/GED	53.9	17.4	62.8
	Some college	5.1	15.9	2.4
	2-year college	17.2	1.4	14.2
	4-year college	7.6	30.1	2.1
	Graduate			
Relationship Status	Single In a relationship	45.4 54.6	16.7 83.3	52.1 47.9
Sexual Orientation	Straight	84.1	82.6	84.4
	Lesbian	2.6	4.3	2.1
	Bisexual	13.3	13.0	13.5
Ethnicity	African American	3.5	4.3	2.9
	Asian American	4.7	5.1	4.7
	White	73.3	70.3	74.0
	Latina	3.0	1.4	3.5
	Middle Eastern / Arab	1.0 7.2	0 10.1	1.2 6.6
	Multi	7.3	8.7	7.1
	No Answer			

<sup>†</sup>  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

Table 20

*Study 3 Regression Analyses for Older Heterosexual Only Women with Submissive Fantasy Appeal*

Variable	Model 1		Model 2			
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.31	.22	.13	.14	.12	.63
Sex Loved One	.06	.12	.04	-.08	.07	.12**
Age	-.03	.01	-.31***	-.02	.02	.04
Mosher Sex Guilt				-.48	.08	-.33***
AOS				.29	.06	2.44*
Trait Guilt				.13	.09	.92
Moral Standards				-.06	.11	-.33
State Guilt				-.02	.15	-.15
Sexual Assertiveness				1.02	.21	4.78**
$R^2$	.13		.50			
$F$ for change in $R^2$	5.19**		12.90***			

†  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

Table 21

*Study 3 Regression Analyses for Younger Heterosexual Only Women with Submissive Fantasy Appeal*

Variable	Model 1			Model 2		
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.30	.12	.11*	.12	.11	.05
Sex Loved One	.25	.07	.16**	.15	.07	.10
Age	.04	.03	.07	.02	.02	.04
Mosher Sex Guilt				-.34	.08	-.26***
AOS				.22	.06	.16***
Trait Guilt				.13	.09	.10
Moral Standards				-.30	.10	-.16
State Guilt				-.01	.08	.00
Sexual Assertiveness				.26	.08	.16**
<i>R</i> <sup>2</sup>		.05			.26	
<i>F</i> for change in <i>R</i> <sup>2</sup>		7.14***			12.95***	

<sup>†</sup> *p* < .10. \**p* < .05. \*\**p* < .01. \*\*\**p* < .001.

Table 22

*Study 3 Regression Analyses for All Older Women with Submissive Fantasy Arouse*

Variable	Model 1		Model 2			
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.53	.20	.21*	.38	.18	.16*
Sex Loved One	.12	.12	.08	-.05	.10	-.04
Age	-.03	.01	-.30**	-.01	.01	-.16*
Mosher Sex Guilt				-.38	.13	-.27**
AOS				.18	.11	.13†
Trait Guilt				.12	.13	.09
Moral Standards				-.17	.16	-.19***
State Guilt				-.01	.15	.00
Sexual Assertiveness				.80	.20	4.03***
$R^2$		.16			.44	
$F$ for change in $R^2$		8.20***			9.79***	

†  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

Table 23

*Study 3 Regression Analyses for Older Heterosexual Women with Submissive Fantasy Arouse*

Variable	Model 1		Model 2			
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.40	.23	.16†	.31	.19	.13
Sex Loved One	.11	.11	.09	-.05	.10	-.04
Age	-.02	.01	-.26**	-.01	.01	-.11
Mosher Sex Guilt				-.36	.14	-.27***
AOS				.24	.12	.17*
Trait Guilt				.11	.14	.09
Moral Standards				-.09	.17	-.06
State Guilt				-.01	.15	-.01
Sexual Assertiveness				.98	.21	.44***
<i>R</i> <sup>2</sup>		.11			.45	
<i>F</i> for change in <i>R</i> <sup>2</sup>		4.11**			10.16***	

†  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

Table 24

*Study 3 Regression for All Younger Women with Submissive Arouse*

Variable	Model 1		Model 2			
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.33	.11	.13**	.10	.10	.04
Sex Loved One	.24	.07	.15***	.13	.06	-.08*
Age	.07	.03	.12**	.04	.02	.07†
Mosher Sex Guilt				-.38	.07	-.28***
AOS				.18	.05	.13***
Trait Guilt				.17	.08	.13*
Moral Standards				-.32	.09	-.17***
State Guilt				-.05	.07	-.04
Sexual Assertiveness				.27	.08	.16***
<i>R</i> <sup>2</sup>		.06			.29	
<i>F</i> for change in <i>R</i> <sup>2</sup>		10.76***			29.17***	

†  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

Table 25

*Study 3 Regression for Younger Heterosexual Women Only with Submissive Arouse*

Variable	Model 1		Model 2			
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.30	.12	.11*	.12	.11	.05
Sex Loved One	.25	.07	.16**	.15	.07	.10
Age	.04	.03	.07	-.02	.02	.04
Mosher Sex Guilt				-.34	.08	-.26***
AOS				.22	.06	.16***
Trait Guilt				.13	.09	.10
Moral Standards				-.30	.10	-.16**
State Guilt				-.01	.08	0
Sexual Assertiveness				.26	.08	.16**
$R^2$		.05			.26	
$F$ for change in $R^2$		7.14***			21.95***	

<sup>†</sup>  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

Table 26

*Study 3 Regression for All Older Women with Submissive Engage*

Variable	Model 1		Model 2			
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.81	.23	.28***	.68	.19	.24***
Sex Loved One	.05	.13	.03	-.10	.11	-.06
Age	-.03	.01	-.33***	-.02	.01	-.16*
Mosher Sex Guilt				-.44	.14	-.27***
AOS				.38	.12	.22**
Trait Guilt				.10	.14	.06
Moral Standards				-.11	.17	-.15
State Guilt				-.15	.16	-.09
Sexual Assertiveness				1.07	.21	.41***
$R^2$		.20			.54	
<i>F</i> for change in $R^2$		10.47***			13.89***	

†  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .



Table 27

*Study 3 Regression with Older Heterosexual Women with Submissive Engage*

Variable	Model 1		Model 2			
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.76	.27	.257**	.70	.20	.23
Sex Loved One	.06	.13	.044***	-.10	.11	-.07
Age	-.03	.01	-.309**	-.01	.01	-.13
Mosher Sex Guilt				-.52	.14	-.32***
AOS				.39	.13	.22**
Trait Guilt				.13	.14	.09
Moral Standards				.05	.18	.02
State Guilt				-.12	.16	-.07
Sexual Assertiveness				1.32	.22	.49***
$R^2$	.17		.59			
$F$ for change in $R^2$	6.71**		15.96***			

<sup>†</sup>  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

Table 28

*Study 3 Regression for All Younger Women with Submissive Engage*

Variable	Model 1		Model 2			
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.44	.12	.15***	.20	.11	.07†
Sex Loved One	.32	.07	.18***	.19	.06	.11**
Age	.09	.03	.14***	.06	.02	.09**
Mosher Sex Guilt				-.36	.08	-.24***
AOS				.16	.06	.10**
Trait Guilt				.14	.09	.09
Moral Standards				-.35	.10	-.17***
State Guilt				-.01	.08	.00
Sexual Assertiveness				.38	.09	.20***
<i>R</i> <sup>2</sup>		.08			.31	
<i>F</i> for change in <i>R</i> <sup>2</sup>		16.57***			28.93***	

†  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

Table 29

*Study 3 Regression for Younger Heterosexual Only with Submissive Engage*

Variable	Model 1		Model 2			
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.41	.12	.14**	.21	.12	.07†
Sex Loved One	.34	.08	.20***	.22	.07	.13
Age	.08	.03	.12**	.05	.03	.08†
Mosher Sex Guilt				-.34	.08	-.24***
AOS				.20	.06	.14**
Trait Guilt				.19	.10	.07
Moral Standards				-.33	.11	-.16
State Guilt				-.05	.09	.04
Sexual Assertiveness				.36	.09	.20***
$R^2$	.08		.29			
$F$ for change in $R^2$	12.41**		22.34***			

†  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

Table 30

*Study 3 Regression for All Older Women with Mean Submissive*

Variable	Model 1		Model 2			
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.33	.14	.18*	.08	.12	.10
Sex Loved One	.07	.09	.07***	-.04	.08	-.04
Age	-.02	.01	-.32***	-.01	.01	-.17*
Mosher Sex Guilt				-.39	.09	-.37***
AOS				.22	.08	.19**
Trait Guilt				.031	.20	.03
Moral Standards				-.10	.12	-.07
State Guilt				.04	.11	.03
Sexual Assertiveness				.51	.15	.30***
$R^2$		.15			.46	
$F$ for change in $R^2$		7.90***			12.50***	

<sup>†</sup>  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

Table 31

*Study 3 Regression for Older Heterosexual Women Only for Mean Submissive*

Variable	Model 1		Model 2			
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.24	.16	.14	.10	.14	.06
Sex Loved One	.05	.09	.06	-.05	.08	-.05
Age	-.02	.01	-.30***	-.01	.01	-.16*
Mosher Sex Guilt				-.36	.10	-.34***
AOS				.18	.09	.16*
Trait Guilt				.05	.10	.05
Moral Standards				-.04	.13	-.03**
State Guilt				-.08	.11	.07
Sexual Assertiveness				.65	.16	4.03***
$R^2$		.11			.44	
<i>F</i> for change in $R^2$		4.65**			10.07***	

<sup>†</sup>  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

Table 32

*Study 3 Regression for All Younger Women for Mean Submissive*

Variable	Model 1		Model 2			
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.25	.08	.13***	.07	.07	.04
Sex Loved One	.24	.05	.20***	.16	.04	.13***
Age	.06	.02	.14***	.04	.02	.09**
Mosher Sex Guilt				-.35	.05	-.35***
AOS				.14	.04	.14***
Trait Guilt				.06	.05	.07
Moral Standards				-.21	.06	-.15***
State Guilt				.00	.05	.00
Sexual Assertiveness				.16	.05	.13**
$R^2$		.08			.35	
$F$ for change in $R^2$		16.98***			38.22***	

<sup>†</sup>  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

Table 33

*Study 3 Regression for Younger Heterosexual Women with Mean Submissive*

Variable	Model 1		Model 2			
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.19	.09	.10*	.04	.08	.02
Sex Loved One	.23	.05	.20***	.16	.05	-.14***
Age	.05	.02	.12**	.04	.02	-.09*
Mosher Sex Guilt				-.33	.05	-.34***
AOS				.16	.04	.16***
Trait Guilt				.07	.06	.07
Moral Standards				-.21	.07	-.15**
State Guilt				.03	.06	.51
Sexual Assertiveness				.14	.06	2.39 *
$R^2$		.07			.32	
$F$ for change in $R^2$		11.38***			29.06***	

<sup>†</sup>  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

Table 34

*Study 3 Regression for All Younger Women with Submissive Appeal*

Variable	Model 1		Model 2			
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.34	.11	.12**	.09	.10	.03
Sex Loved One	.29	.07	.17***	.18	.06	.11**
Age	.07	.03	.11*	.04	.02	.06
Mosher Sex Guilt				.46	.07	-.32***
AOS				.16	.06	.11**
Trait Guilt				.17	.08	.12*
Moral Standards				-.40	.10	-.20***
State Guilt				-.06	.07	-.05
Sexual Assertiveness				.20	.08	.11*
$R^2$		.06			.32	
$F$ for change in $R^2$		12.10***			35.78***	

<sup>†</sup>  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .



Table 35

*Study 3 Regression for All Older Women with Submissive Appeal*

Variable	Model 1			Model 2		
	<i>B</i>	<i>SE B</i>	<i>B</i>	<i>B</i>	<i>SE B</i>	<i>B</i>
Abuse	.43	.19	.17*	.24	.16	.10
Sex Loved One	.07	.12	.05	-.08	.10	-.05
Age	-.03	.01	-.36***	-.02	.01	-.21**
Mosher Sex Guilt				-.48	.13	-.33***
AOS				.30	.11	.19**
Trait Guilt				.12	.13	.08
Moral Standards				-.14	.16	-.07
State Guilt				-.06	.14	-.04
Sexual Assertiveness				.76	.20	.33***
$R^2$		.17			.48	
$F$ for change in $R^2$		9.23***			12.51***	

<sup>†</sup>  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

## APPENDIX 1

1. I believe there is only good or bad sexual behavior, and nothing in between.
2. I have made a lot of mistakes in my past sexual behavior.
3. I have always believed strongly in a firm set of moral and ethical principles regarding sex.
4. Lately, when I think about my sexual history, I feel good about myself and what I have done.
5. If I could redo certain sexual encounters, a great burden would be lifted from my shoulders.
6. I have never felt great remorse or guilt for my sexual behaviors.
7. My goal for my sex life is to enjoy it rather than live up to some abstract set of moral principles.
8. I have made some sexual decisions that I deeply regret.
9. Frequently, I hate myself for my previous sexual behaviors.
10. I feel like I disappoint my parents with my sexual behavior.
11. There are only a few things I would never do sexually.
12. I often feel “not right” about myself because of something sexual I have done.
13. My ideas of what are right and wrong sexual behaviors are quite flexible.
14. If I could live my life over again, there are a lot of things I would change about my sexual history.
15. There are many sexual acts I would never do because I believe that they are wrong.
16. I have recently done something sexual that I deeply regret.
17. Lately, it hasn't been easy for me to feel comfortable during sexual experiences.
18. Sexual morality is not as “black and white” as many people would suggest.
19. Lately, I have been relaxed and worry-free when it comes to sex.
20. Guilt and remorse have been a part of my sex life for as long as I can recall.
21. Sometimes I almost get sick when I think about certain sexual things I have done.
22. In certain sexual circumstances, there is almost nothing I wouldn't do.
23. I believe I have made a lot of mistakes in my sex life.
24. I would rather die than engage in seriously immoral sexual behavior.
25. I feel a strong need to live up to my sexual values.
26. I often feel a strong sense of regret when I think about the sexual things I have done.
27. I worry a lot about my sexual history.
28. I believe that you can't judge whether certain sexual acts are right or wrong without knowing the motives of the people involved and the situation in which they are acting.
29. There are not that many sexual experiences in my life that I regret having done.
30. If I could relive that last few weeks or months, I would not change any of my sexual decisions.
31. I sometimes have trouble eating because of my past sexual behavior.
32. I never worry about my sexual experiences because I believe any issues that may arise from my sexual behavior will work themselves out.
33. At the moment, I don't feel particularly guilty about any sexual experiences I have had.
34. Sometimes I can't stop myself from thinking about sexual decisions I have made, which I consider to be wrong.
35. I never have trouble sleeping because of a sexual experience.

36. I would give anything if, somehow, I could go back and correct some things that I have recently done wrong in my sex life.
37. There is at least one sexual behavior in my recent past that I would like to change.
38. I am immediately aware when I have done something sexual that I believe to be morally wrong.
39. What is right or wrong during sexual experiences depends on the situation.
40. Guilt concerning my sexual behavior is not a particular problem for me.
41. There aren't any sexual experiences in my past that I deeply regret.
42. I believe that moral values in sex are absolute.
43. Recently, I feel that my life would be much better if I hadn't committed certain sexual acts.
44. If I got the chance to relive my sexual experience, I would change very little (if anything) about them.
45. Lately, I have been worried and distressed about my sex life.

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