Speed Reading and Reading Retention Workshop - Poster and Active Learning Exercises

Thielen, Joanna; Grochowski, Paul; Perpich, Diana; Samuel, Sara

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READ SMARTER, NOT FASTER
How a non-traditional library workshop caused us to reimagine library instruction

Workshop Request
Coordinator of Graduate Education Programs requested:
“...coordinate workshops for engineering graduate students. The students are requesting that I host a workshop on reading retention/speed reading.”

Further clarification yielded:
“...Engineering students need to read a lot of journal articles, so they just want to be able to read faster and remember what they read better.”

Designing the Workshop

Scholarly literature on speed reading
- “...There is enough definitive data [on reading] that efforts to train readers at speeds well in excess of 400 wpm should now be considered professionally indefensible.”
- “...Reading speeds higher than 300-400 words per minute are the result of skimming, not careful reading.”

Workshop Title: Speed Reading and Reading Retention

Activities
- Initial Topic vs. Final Topics
- Speed reading resources
- Reading retention skills: Study habits, Setting up your reading environment
- Tips for reading journal articles

Discussion
- Your Reading Habits
- Planning Your Reading
- Reading a Journal Article

Delivering the Workshop

Presentation
- Speed reading
- Reading retention
- Tips for reading journal articles

Assessing the Workshop

Post-workshop survey (April 2015)
- 85% of students agreed or strongly agreed that the workshop was useful and informative
- Students liked the variety of topics presented (study habits, managing journal articles, etc.)

BUT...
- they still wanted to be taught how to speed read
N = 26 students (43% response rate)

Survey one year after workshop (April 2016)
- 61% of students feel more confident in: 1) knowing when and where they read most effectively and 2) knowing how their physical and emotional state affects their reading
- 19% of students reported a change in how they manage journal articles
N = 26 students (43% response rate)

Changes to future iterations of the workshop:
1. Retitle the workshop: “Reading Research Papers for Maximum Efficiency and Retention”
2. Focus more on fundamental reading habits and focus less on speed reading

Impact on Instruction

Some colleagues questioned our decision to instruct this workshop, believing that it doesn’t fall within the purview of library instruction.

We respectfully disagree.

This workshop is within the purview of library instruction because it:

- Supports the instructional and research activities on campus, a core tenet of our library’s mission statement
- Satisfies an unmet need (due to the large number of attendees and positive assessment)
- Provides a unique opportunity to connect with traditionally infrequent library users (engineering graduate students)
- U-M College of Engineering has 3,331 graduate students across 16 departments

Lessons Learned

- There’s no perfect combination of speed reading & reading retention
- It’s important to align student and instructor expectations before the workshop
- Creating a diverse instruction team brings different strengths and expertise
- Long-term assessment can yield more nuanced data about the impact of the workshop

References

Contact Info
Joanna Thileen
University Library Associate, jethiele@umich.edu
Paul Grochowski
Engineering Librarian, grocho@umich.edu
Diana Perpich
Educational Technologies Librarian, dperpich@umich.edu
Sara Samuel
Engineering Librarian, henrysm@umich.edu