iTeam -- Exploring Integrative Tools for Engagement at Michigan

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http://hdl.handle.net/2027.42/122865
“I would have liked to have an easy way to reflect. It would have had to be clear questions that were sent to my email daily so that I did not forget to do it, but I know that I would do it.”

• • • Claire Wincott
Thor Solutions
DC Summer 2015
“I think that a reflection platform would have been useful, because it is nice to go back and have an actual physical representation of what I did. I can actually remember things when I write them down... more than just talking about things. I just needed someone there to prompt me to write down what I was doing.”

• • • LSA Freshman Undergraduate Research Opportunity Program (UROP)
"I wish that I had been more proactive to form relationships with the people that I was working with so that I would have felt more comfortable asking for feedback and then going back and asking for recommendation letters in the future."

Brigid Greska
Goldman Sachs, Utah
Summer 2015
“Before entering the School of Music, Theatre, and Dance, I wish that someone had sat down and really told me how hard it was going to be. I had a gap in my understanding of myself and where I was at as a student, and I wish that I could have recognized that before I got stressed and overwhelmed.”

SMTD Junior
Matrix Theatre Detroit

photo courtesy of Arts of Citizenship
“After I finished working in my lab, I wrote a letter to the next student who was going to be taking my place. I wished that I had something like this when I was entering the lab, and I know whomever read the letter of advice from me was a step ahead because they had gotten it.”

Lindsay Cannon
Public Health & Social Work