2016

Cultural Competence

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Cultural Competence: Getting Started

Increase intercultural awareness and competence for traveling abroad and living among culturally diverse populations.

How to Use This Guide
This guide will help you become more aware of different cultures and get started on building competence. Keep in mind that increasing knowledge, building skills and changing attitudes is a process and should be approached in a way that works for you.

Included resources in this guide:
- Understand more about cultures and cultural differences
- Become aware of local customs
- Find quick facts about a country or ethnic group, or a religion
- Learn about the history, cultures and customs of a region or a country
- Prepare for going abroad

Technology
This subject of cultural awareness and competence includes a variety of items, such as Intercultural (interaction between at least two different cultures), Intercultural (within the same culture), cross-cultural (comparing cultures), and multicultural (more than one culture). Cultures are not necessarily closed by political boundaries, so intercultural communication is also distinct from international communication.

For more information, see the World Intercultural, Intercultural, Cross-Cultural, and International Communication: What's the Difference? article and ANSO's Intercultural Competence PDF.

Keep an Open Mind
Please note that the resources recommended within this guide may not reflect the University of Michigan or the library's position. Although we may adopt a particular perspective, often Western, with varying levels of maturity, they should help you understand and respect some aspects of another culture without overvaluing your own values. Nonetheless, these resources and suggestions are important to keep in mind to help you understand and communicate, differing. Keeping an open mind and adopting specific perspectives may be helpful.

Interested in learning more about open-minedness? Take a look at How to Be Culturally Open-Minded: A Psychologist and Medical Analyst's advice.

Why is Intercultural Awareness Important?
The University of Michigan has a large international and intercultural population, and as demonstrated by the enrollment map below.

You may notice many student cultures and customs that may offer communication and cultural understanding. Your cultural background, sensitivity to cultural awareness will also impact how we are perceived by others. A subsidy from awareness within the U.S. or abroad. Knowing about the local cultures of your destination may also help you avoid anxiety and stress and make travel experiences more enjoyable.

University of Michigan - Ann Arbor
Student Enrollment by Country and Level

<table>
<thead>
<tr>
<th>Country</th>
<th>Enrollment Level</th>
<th>Fall 2015 Total Enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asia</td>
<td>Khalee</td>
<td>Fall 2015 Total Enrollment</td>
</tr>
<tr>
<td>Africa</td>
<td>Experienced</td>
<td>Fall 2015 Total Enrollment</td>
</tr>
<tr>
<td>Europe</td>
<td>International</td>
<td>Fall 2015 Total Enrollment</td>
</tr>
</tbody>
</table>

How to Increase Intercultural Awareness

U-PAC Cultural Tracking
Online training resource with units and sections for learning about the concept of culture and how skills, attitudes and behaviors affect adaptation to life and cultural environment.

Global Scholar Online Training
Your resource online culture content, which is a great start to exploring, and expanding your views of many different cultures. Online courses are available for students. For more information, visit the Program Information (World Edition) at the University of Michigan.

World Editions (Content)

Visually appealing, short PDA’s with simple suggestions for American traveling or visiting abroad.

U-M Best Practices
U-M’s project website dedicated to helping students traveling abroad to learn how to cope with culture shock, stress, loneliness and more. Click on “Still Assessed” to view an online mental health screening.

How to Do it
Click on a tag below.

Cultural Competence: Getting Started

Cultural Awareness: How to Use This Guide

Technology

Keep an Open Mind

Why is Intercultural Awareness Important?

University of Michigan - Ann Arbor
Student Enrollment by Country and Level

How to Increase Intercultural Awareness

U-PAC Cultural Tracking

Global Scholar Online Training

World Editions (Content)

U-M Best Practices

How to Do it

Click on a tag below.
Cultural Competence: Diversity

According to the United States Census Bureau, in 2012 and 2013, the U.S. is expected to become a "more diverse nation." One example of the increasing numbers of immigrants and minority groups is expected to be.

Race & Ethnicity

What is the difference between race and ethnicity? View tips from PBS and California Newsreel’s experts. Learn more about race and ethnicity on PBS’s "Race: The Power of an Illusion." Click on the map below to visit the original source for a longer view.

University of Virginia Wilson Center for Public Service's "Racial Drift Map"

American Indian and Alaska Native as a Percentage of County Population: 2010

There are many kinds of "Ethnic." Take this quiz to find out more about them with the help of the world's English pro's survey.

American Diversity Demographics

There are many factors that contribute to our personal identity, sense of self, and perception. The demographic map may give you a way in which the U.S. and the world can be seen or understood. "Race" Na

Intercultural Communication

How is developing intercultural communication skills important? The Crisis and Resilience: Impact of Cultural Blinders (PDF) Canvas.com’s humorous examples of intercultural miscommunication to illustrate why cultural awareness and competence are essential. We have all heard this type of story. A student makes a cultural blunder while on the phone with a client in a foreign country. The student’s lack of cultural awareness caused the client to be offended. The student was not aware of the cultural differences between the two countries. This story is not uncommon. But what can be done to avoid these types of mistakes?

Understanding Accents

* Have a hard time understanding accents? (article)

This article offers some strategies to appropriately deal with not understanding another person’s accent.

Describing Other People’s Accents (PDF)

American English accents (represented by the above map) are equally distributed throughout the country, but there are a few accents that are particularly common. In this article, we will discuss the most prominent American English accents and their characteristics.

Get Involved

Diversity, Equity & Inclusion Strategic Planning Efforts Join a planning committee, participate in the conversation on Be Involved, or email ideas and input to diversity@unc.edu.
Cultural Competence: World Cultures

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

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### Basic Facts

#### World Factbook (website)

The CIA's basic statistical and factual reviews of countries' geography, society, government, economy, energy, communication, transportation, military and transnational issues.

#### Europa World Plus (database)

Regularly updated profiles, statistics and economic and political essays of regions and countries.

#### GlobalEdge (website)

Business-oriented insight to states, countries, trade blocs, markets and industries. Country short facts and statistics cover social indicators. Includes external links to cultural resources.

#### NativePlanet Indigenous Mapping (website)

Demographic overview of indigenous communities in Africa, Asia and Latin America. Includes resource links for each group.

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### News Sources

- **Newspaper Map**
  Find newspaper websites by location on a map.

- **Library PressDisplay**
  Browse electronic, recent issues of world newspapers by country.

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### U-M Library Research Guides

- International, Regional, and National Data Sets
- News Sources
- Multicultural Studies
- Popular Culture
- Library Guide for International Students
- Intercultural Resources
- Indigenous Resources
- Lesbian, Gay, Bisexual, Transgender & Queer Studies
- Women's Studies
- History (General)
- Musicology 130 - World Music
- Food Studies
- Religious Studies
- History of Art

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### I want to browse by...

<table>
<thead>
<tr>
<th>Country</th>
<th>People</th>
<th>Subject</th>
<th>Series</th>
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</thead>
</table>

#### Global Road Warrior (database)

This database provides basic country facts and lengthier articles on business, security, health, utilities, communication and entertainment. Addresses some stereotypes and demonstrates popular phrases in foreign languages. eBook versions available in Mirthan.

#### CultureGrams (database)

Simple and easy to read overviews of over 200 countries, focusing on different populations' customs, lifestyles and societies from an American perspective. Includes a Kids, USA, Canada and World Edition.

#### Global Affairs Canada Country Insights (website)

The Canadian government's country profiles and guides to national cultures from Canadian and local perspectives. Includes resource links for additional information on culture, history, geography, etc.

#### Commissio Country Guides (website)

Country guides discuss language, culture, customs and etiquette. This website also features additional blog posts regarding cultural awareness.

#### Countries and Their Cultures (2001 ebook)

National entries include information on history, ethnic relations, urbanism, government, society, economy, religion, health, arts, food, etc.

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### Images, Videos & Graphs

#### CalPhotos: People & Culture (website)

Photo bank of people and places.

#### Ethnographic Video Online (database)

Videos of family, cultural identity, gender roles, arts, religion, etc.

#### Hofstede Country Cultural Dimensions Ratings (website)

Graphical representation of countries' ratings of power distance, individualism, masculinity, uncertainty avoidance, long term orientation & indulgence.
Cultural Competence: Regional Cultures

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

Click on a region on the map or select a link below:

- USA & Canada
- Latin America & the Caribbean
- Europe
- Middle East & Northern Africa
- Sub-Saharan Africa
- Asia & Oceania
Cultural Competence: USA & Canada

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

Getting Started | Diversity | World Cultures | Regional Cultures | Study/Work Abroad

Adjusting to the U.S.

U-M SNRE Cultural Adjustment (website)
Guide and videos for culture shock, greetings and academic adjustment with a focus on the U.S.

U-M International Center: Adjusting to the U.S. (website)

Questions for international students to think about when adjusting to the U.S. and Ann Arbor.

International Student Guide to the U.S. (website)
Guide for international students adjusting to college and American life.

National Cultures

Culture Shock! eBook series (USA & Canada)
Travel guide titles by country. Covers land and history, society, customs, local views, lifestyle, food, touristic activities, language, work and fast facts. Commentary can be blunt and colloquial.

Culture Smart! Book series (USA & Canada)
Travel guide titles by country. Covers country overview, various ethnic groups, values and attitudes, customs and traditions, etiquette, local lifestyle, entertainment, transportation, business and communication.

Global Affairs Canada - Country Information Canada (website)
Canadian government's country insight and cultural information for Canada from local perspective. Covers communication, dress, social institutions, entertainment, stereotypes, etc.

Kids.gov Cultures & Ethnic Groups (website)
U.S. government's recommended links to resources related to African, Asian, Hispanic and Native Americans, and Women.

Intercultural Learn About the U.S. (website)
Recommendations for American books, TV/movies, music, sports, food, touristic attractions, as well as cultural activities in individual states.

News Sources

Newspaper Map
Find newspaper websites by location on a map.

Library PressDisplay
Browse electronic, recent issues of newspapers by country.

Foreign Perspectives (books)

Globe Encyclopedia of Multicultural America (2000 eBook)
Enteries by American ethnic group. Covers history, food, language, customs, greetings, social and gender dynamics, arts, media, etc.

Multicultural America (2011 eBook)
Enteries by immigrant groups in the U.S. Covers background, migration and assimilation, demographic profile, impact on the U.S., later generations, notable people, etc. Includes timeline, map and statistics.

Encyclopedia of Canada’s Peoples (1999 book)
Enteries by Canadian ethnic group. Covers origins, migration, community, family, culture, religion, politics, etc.

A Native American Encyclopedia (2015 book)
Enteries organized by region and ethnic group. Includes overview, history, religion, government, customs, economy, dress, war and contemporary issues.

U-M Library Research Guides

American Culture

Auncult 461/Anthrcal 461/Ling 461: Language, Culture and Society in Native North America

Arab-American Studies

Francophone Canada

United States History

Encyclopedia of Ethnic Groups

Images, Videos & Graphs

American Indian History Online (database)
Summaries, videos, slideshows, biographies, primary sources, maps and graphs on American Indian groups.
Cultural Competence: Latin America & the Caribbean

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

Getting Started  Diversity  World Cultures  Regional Cultures  Study/Work Abroad

News Sources

- Newspaper Map
  Find newspaper websites by location on a map.
- Library PressDisplay
  Browse electronic, recent issues of world newspapers by country.

Academic Texts

- Latin America Reader series
  Titles by country. Anthologies of essays from different authors on history, politics, and society.

Perspectives on... series

- Perspectives on Las Américas (ebook)
  Includes discussions on identity, popular culture and transnational political culture.
- Perspectives on the Caribbean (book)
  Includes discussions on identity, beliefs and globalization.

U-M Library Research Guides

- AAS 473: Brazil History and Culture
- Anthropology 330: Mexico: Culture and Society
- Brazilian Studies
- Caribbean Art and Visual Culture
- DAAS 495: Transforming History: Haiti, Cuba and the Caribbean Region
- From Colonial Saint-Domingue to Independent Haiti
- LACS 321 Inca, Aztec and the Spanish Conquest
- LACS 321: Indigenous Identity and Community in the Neoliberal Andes
- Latin American & Caribbean Studies

National & Regional Cultures

- All Resources  Print Only

Regional

- Pop Culture Latin America: Media, Arts, and Lifestyle (2005 book)
  Overview of contemporary Latin American popular culture. Covers music, social movements, sports, performances, tourism, literature, icons, language, media, cinema, religion and arts.
- Endangered Peoples of Latin America: Struggles to Survive and Thrive (2001 ebook)
  Chapters sorted by region and communities. Provides information on traditional economy, social and political organization, religion, and threats to survival.

National

- Culture Shock! ebook series (Latin America & the Caribbean)
  Travel guide titles by country. Covers land and history, society, customs, local views, lifestyle, food, touristic activities, language, work and facts. Commentary can be blunt and colloquial.
- Culture and Customs of Latin America and the Caribbean series
  Titles by country. Introduces country and its history, then covers religion, customs, media, cinema, literature, and arts in more depth.
- Culture Smart! book series (Latin America & the Caribbean)
  Travel guide titles by country. Covers country overview, various ethnic groups, values and attitudes, customs and traditions, etiquette, local lifestyle, entertainment, transportation, business and communication.

References by Subject

- History & Culture  Arts & Literature  Beliefs  Print Only

History & Culture

- Encyclopedia of Latin American History and Culture (2008 ebook)
  Entries by concept. Covers Portuguese-speaking regions and includes people, places, works, policies, languages, etc.
- The Oxford Encyclopedia of Mexican American Cultures (2001 ebook)
  Entries by concept. Includes people, arts, religion, major civilizations’ geography, cultural ecology, language and history.
  Entries by concept. Includes arts, literature, media, political and social institutions, biographies, etc.
- Historical Dictionaries of Latin America & The Caribbean book series
  Encyclopedia titles by country. Brief entries on concepts, major historical and recent events, places and people.

Images, Videos & Graphs

- Videos
  Latin America in Video (database)
  Spanish video database for a variety of fields browsable by country.
- Americas (1993 video)
  English & Spanish video on issues that prevail in Latin America.

- Graphs
  Glencoe World Geography textbook - Ch.8: The Cultural Geography of Latin America (PDF)
  Simple overview of Latin American people, history and culture. Includes graphs and maps for ethnic groups, languages, migration and urbanization, historical empires and religions.

Can't find what you're looking for? Try these resources:

- Latin American Network Information Center (website)
- CultureGrams  Global Road Warrior  GainGlobal  Encyclopedia of World Cultures  MyWorldAbroad

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## Cultural Competence: Europe

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

### Regional & National Cultures

<table>
<thead>
<tr>
<th>Category</th>
<th>Title</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regional</td>
<td><strong>One Europe, Many Nations: A Historical Dictionary of European National Groups (2000 ebook)</strong></td>
<td>Entries by ethnic group. Includes flag, map, descriptions of the people, their homeland, language, religion, etc.</td>
</tr>
<tr>
<td></td>
<td><strong>Eastern Europe: An Introduction to the People, Lands, and Culture (2005 book)</strong></td>
<td>Volumes organized by region, entries by country. Covers geography and demography, minorities, language, political systems, cultural development, etc.</td>
</tr>
<tr>
<td></td>
<td><strong>Encyclopedia of Eastern Europe: From the Congress of Vienna to the Fall of Communism (2000 book)</strong></td>
<td>Entries by concept. However, there are country-specific entries on geography, art, culture, language, literature, etc.</td>
</tr>
<tr>
<td></td>
<td><strong>Southeast Europe: People and Culture (website)</strong></td>
<td>Select a country to view introductory text and additional articles related to art, dance &amp; theater, film, gastronomy, literature, music and sports.</td>
</tr>
<tr>
<td>National</td>
<td><strong>Culture Shock! ebook series (Europe)</strong></td>
<td>Travel guide titles by country. Covers land and history, society, customs, local views, lifestyle, food, tourist activities, language, work and facts. Commentary can be blunt and colloquial.</td>
</tr>
<tr>
<td></td>
<td><strong>Cultures and Customs of Europe book series</strong></td>
<td>Titles by country. Introduces country and its history, then covers religion, customs, media, cinema, literature, and arts in more depth.</td>
</tr>
<tr>
<td></td>
<td><strong>Culture Smart! book series (Europe)</strong></td>
<td>Travel guide titles by country. Covers country overview, various ethnic groups, values and attitudes, customs and traditions, etiquette, local lifestyle, entertainment, transportation, business and communication.</td>
</tr>
<tr>
<td></td>
<td><strong>Pop Culture Germany! (2006 book)</strong></td>
<td>Overview of contemporary German popular culture. Covers music, social movements, sports, performances, tourism, literature, icon, language, media, cinema, religion and arts.</td>
</tr>
</tbody>
</table>

### Images & Videos

- **Europeana Collections (website)**
  Database of artworks, artifacts, books, videos and sounds from museums, libraries and universities across Europe.
- **Sputnik Images (website)**
  Photo bank of historical images and coverage of current Russian and international events. Website viewable in English and Russian.

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**Can’t find what you’re looking for?**
Try these resources:
- CultureGrams
- Global Road Warrior
- GoInGlobal
- Encyclopedia of World Cultures
- MyWorldAbroad
Regional & National Cultures

Regional

Encyclopaedic Ethnography of Middle-East and Central Asia (2005 book)
Entries by ethnic group. Includes overview of geography and population, language, history, society, family, ethnic conflict, economy, religion, culture, etc.

Pop Culture Arab World: Media, Arts, and Lifestyle (2005 book)
Overview of contemporary Middle Eastern popular culture. Covers music, social movements, sports, performances, tourism, literature, icons, language, media, cinema, religion and arts.

Endangered Peoples of Africa and the Middle East: Struggles to Survive and Thrive (2002 ebook)
 Chapters sorted by region and communities. Provides information on traditional economy, social and political organization, religion, and threats to survival.

Global Connections: Middle East Culture (website)
Basic introduction to culture, language, religion of the Middle East in general, with timeline (up to 2002) and links to additional information.

National

Culture Shock! ebook series (Middle East & Northern Africa)
Travel guide titles by country. Covers land and history, society, customs, local views, lifestyle, food, touristic activities, language, work and fast facts. Commentary can be blunt and colloquial.

Cultures and Customs book series (Northern Africa) & Cultures and Customs of the Palestinians (2004 book)
Titles by country. Introduces country and its history, then covers religion, customs, media, cinema, literature, and arts in more depth.

Culture Smart! book series (Middle East & Northern Africa)
Travel guide titles by country. Covers country overview, various ethnic groups, values and attitudes, customs and traditions, etiquette, local lifestyle, entertainment, transportation, business and communication.

Images & Videos

Creative Dissent: Arts of the Arab World Uprisings (website)
The Arab American Museum’s online exhibit of photos, graffiti images, videos and songs about the uprisings in the Arab World from 2010 to 2013. Curated by U-M associate professor & PhD student.

Yousef Jameel Centre for Islamic and Asian Art (website)
The University of Oxford Ashmolean Museum’s online collection of art from the Islamic Middle East, China, Japan, Southeast Asia, India and the Himalayas.

Can’t find what you’re looking for? Try these resources:
The Sub-Saharan Africa page may have more information related to Northern Africa.

CultureGrams Global Road Warrior GoiingGlobal Encyclopedia of World Cultures MyWorldAbroad
Cultural Competence: Sub-Saharan Africa

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

Regional & National Cultures

### Regional

  Entries by ethnic group. Visual guide to history, language, ways of life, social structure, culture and religion.

  Entries by region, country and major civilizations. Visual guide to history and peoples of countries.

  Brief introductory entries on African language families, languages by country, and peoples and nations by country.

  Broad introduction to African cultural diversity, gender dynamics, geomorphology, climate, history, population, economies, resources, current development and issues, etc.

- **Into Africa: A Guide to Sub-Saharan Culture and Diversity (2009 ebook)**
  General introduction to African communities, communication, customs, business etiquette, travel tips and regional differences.

### National

- **Culture Shock! ebook series (Africa)**
  Travel guide titles by country. Covers land and history, society, customs, local views, lifestyle, food, tourist activities, language, work and last facts. Commentary can be blunt and colloquial.

- **Cultures and Customs of Africa book series**
  Titles by country. Introduces country and its history, then covers religion, customs, media, cinema, literature, art and music.

- **Culture Smart! book series (Africa)**
  Travel guide titles by country. Covers country overview, various ethnic groups, values and attitudes, customs and traditions, etiquette, local lifestyle, entertainment, transportation, business and communication.

- **Society and Culture Complete Report ebook series**

- **Historical Dictionaries of Africa series**
  Encyclopedic titles by country. Brief entries on concepts, major historical and recent events, places and people.

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**Academic Texts**

- **Global Nollywood: The Transnational Dimensions of an African Video Film Industry (ebook)**
  Essays about the transformation, spread, audience and appropriation of Nollywood, Nigeria's video film industry.

- **Perspectives on Africa (book)**
  Anthology of essays on history, politics, society and culture that provide a multiperspectival view. Includes discourse on kinship, hunter-gatherers, beliefs, arts, gender relations, historical and modern transformations.

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**U-M Library Research Guides**

- African and Diaspora Art and Visual Culture
- African Studies
- Lusophone Africa

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**Websites**

- **Art & Life in Africa**
  Visual galleries and topic essays on art in and related to everyday life, education, ancient times, medicine, cultural exchange, etc. Country pages display key facts and figures, historical summary and local artworks.

- **Our Africa**
  Country specific facts and figures, images and descriptions of poverty, healthcare, food, daily life, people, culture, geography, nature, music, family, economy, education, jobs, history, politics, tourism, etc.

- **African Writing Online**
  Short texts from African writers and articles about African literary works and authors.

- **AfricaGuide**
  General African arts and culture, food, tribe, music, festivals information, basic country overviews, photo library and articles related to touristic travels in Africa.

- **Africa: The Art of a Continent**
  The Guggenheim Museum’s introductory online exhibit to artifacts, films and photographs from Africa. Use the clickable map to view by region.

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Can’t find what you’re looking for? Try these resources:

- CultureGrams
- Global Road Warrior
- GoInGlobal
- Encyclopedia of World Cultures
- MyWorldAbroad
### Cultural Competence: Asia & Oceania

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

#### News Sources
- **Newspaper Map**
  Find newspaper websites by location on a map.
- **Library PressDisplay**
  Browse electronic, recent issues of world newspapers by country.

#### Academic Texts
- **Oceania (book)**
  Volume 1 provides a collective overview of the region, activities, Ho cycle, maps; Volume 2 is region-specific and discusses social relations, languages, politics, beliefs, etc.
- **Popular Culture Co-production and Collaborations in East and Southeast Asia (ebook)**
  Essays on popular culture and cinema in East and Southeast Asia.
- **Everyday Life in Southeast Asia (ebook)**
  Anthology of essays on the identities, beliefs, traditions, religions and popular cultures of various people in Southeast Asia.

#### Regional & National Cultures

<table>
<thead>
<tr>
<th>All Resources</th>
<th>Print Only</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Regional</strong></td>
<td></td>
</tr>
<tr>
<td>Encyclopedia of the Peoples of Asia and Oceania (2009 book)</td>
<td>Entries by ethnic group. Includes an overview of location, time period, ancestry and language, followed by a timeline and details about history, cultural identity, etc.</td>
</tr>
<tr>
<td>Encyclopedia of Modern Asia (2003 ebook)</td>
<td>Entries by concept. Includes people, festivals, themes, and subject entries on architecture, cuisine, cinema, literature, etc.</td>
</tr>
<tr>
<td><strong>National</strong></td>
<td></td>
</tr>
<tr>
<td>Culture Shock! ebook series (Asia &amp; Oceania)</td>
<td>Travel guide titles by country. Covers land and history, society, customs, local views, lifestyle, food, tourist activities, language, work and fast facts. Commentary can be blunt and colloquial.</td>
</tr>
<tr>
<td>Cultures and Customs book series (Asia)</td>
<td>Titles by country. Introduces country and its history, then covers religion, customs, media, cinema, literature, and arts in more depth.</td>
</tr>
<tr>
<td>Culture Smart! book series (Asia &amp; Oceania)</td>
<td>Travel guide titles by country. Covers country overview, various ethnic groups, values and attitudes, customs and traditions, etiquette, local lifestyle, entertainment, transportation, business and communication.</td>
</tr>
<tr>
<td>Etiquette Guides ebook series (China, Korea &amp; the Philippines)</td>
<td>Titles by country. Includes information on character and values of the people, social etiquette, business etiquette and useful expressions.</td>
</tr>
<tr>
<td>The Encyclopedia of New Zealand (website)</td>
<td>New Zealand government’s online encyclopedia with entries on different ethnic groups, regions, creative and daily life, government, social concepts, nature, etc.</td>
</tr>
</tbody>
</table>

#### Images, Videos & Documents
- **ECAI Pacific Language Mapping (website)**
  Language atlas of the Pacific area, Southeast Asia, and Madagascar.
- **Yousef Jameel Centre for Islamic and Asian Art (website)**
  The University of Oxford Ashmolean Museum’s online collection of art from the Islamic Middle East, China, Japan, Southeast Asia, India and the Himalayas.
- **Trove (website)**
  The National Library of Australia’s digital collection of Australian books, images, newspapers, maps, music, websites, etc.
- **Coconet TV (website)**
  Interactive timeline, games, photos, blogs, videos about and from people in the Pacific.
- **Tribal Asia (2004 book)**
  A photo book of tribes in ancient Arabia, India, mountains, Central Asia and Malay archipelago.

Can't find what you're looking for? Try these resources:
- CultureGrams
- Global Road Warrior
- GoinGlobal
- Encyclopedia of World Cultures
- MyWorldAbroad
Cultural Competence: Study/Work Abroad

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

Things to keep in mind when preparing to go abroad...

- U-Pacific Cultural Training
  Online training resource with units and sections for learning about the concept of culture and how skills, attitudes and behaviors affect adaptation to a new and unfamiliar environment.

- Global Scholar Online Learning
  This interactive online course outlines what to do and expect before, during and after going abroad with many videos. Upon completion of the course, you can receive a 'Global Scholar Certificate.' Registration required.

- World Citizens Guide (brochures)
  Visually appealing, short PDFs with simple suggestions for Americans traveling or working abroad.

- U-M Resilient Traveling
  U-M's project website dedicated to helping students traveling abroad to learn how to cope with culture shock, stress, loneliness and more. Click on 'Self-Assessment' to take an online mental health screening.

Going Abroad Articles

- MyWorldAbroad
  Articles address various concerns related to international job and program applications, and emphasize that there are valuable skills to be learned before, during and after going abroad. Additional features include self-evaluations and resource links.

- GoOverseas
  Short overview of select countries and cities. Various articles about studying, teaching, interning and volunteering abroad. Includes program search.

- GoAbroad.com
  Read articles and reviews, and search for study, volunteer, intern and teach abroad programs.

- TransitionsAbroad
  Articles on work, study, travel and living abroad. This website has a large leisure travel section and its own online magazine.

Business-Specific Webpages

- GoinGlobal
  Country guides & USA/Canada City Career Guides provide business-focused cultural advice. Includes employer profiles, visa regulations, job application guidelines and trends, and jobs/internships listing.

- WorldBusinessCulture
  Business culture and etiquette guide to countries.

- Business Insider Country Communication Chart
  Diagrams of how different nationals negotiate business.

- Passport to Trade European Business Culture
  Select a country to read more about its business culture (communication, etiquette, etc.). Also includes information about the country, its history, cultural taboos, education, transport, being a foreigner in the country, and additional resource links.

How to speak and act?

- Etiquette 101: Listen Up! (article)
  How to say hello, good-bye, please, thank you and help in various languages, and country-specific greeting tips.

- Journey/Woman What Should I Wear & Where (website)
  "What to wear" tips for women traveling to select countries.

- CultureCrossing Etiquette Guide (website)
  Community-built and basic work and study etiquette guides by country.

- Eating Abroad: The Cultural Resonance of Food (article)
  An article that shares food tips for travelers.

U-M Library Research Guides

- Study Abroad Top 10 Countries
- Prep Course for Japan Trip - Library Guide
- Career Resources
- Funding for Students
- Funding Sources for School of Public Health Graduate Students
- Grants and Fundraising
- Social Work: Global Practice
- Stamps International Experience

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