Cultural Competence: Getting Started

Know intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

Getting Started: Diversity World Cultures Regional Cultures Study Work Abroad

How to Use This Guide

This guide is designed to help you become aware of different cultures and get started on building competence. Keep in mind that increasing knowledge, building skills and engaging in appropriate behavior is an ongoing process involving many different steps and activities. Included resources will help you:

- Understand more about cultures and cultural differences
- Become aware of local customs
- Find quick facts about a country or ethnic group, or a religion
- Learn about the history, cultures, and customs of a region or a country
- Prepare for going abroad

Terminology

This subject of cultural awareness and competencies includes a variety of terms, such as intercultural (interaction between at least two different cultures), intercultural (within the same culture), cross-cultural (comparing cultures), and multicultural (more than one culture). Cultures are not necessarily defined by political boundaries, so intercultural communication is also distinct from international communication.

For more information, see Total World Intercultural, Intercultural, Cross-Cultural, and International Communication: Who’s the Different One? and ANEC7205’s Cultural Competencies PDF.

Keep an Open Mind

Please note that the resources recommended within this guide may not reflect the University of Michigan or the library’s position. Although they may represent a particular perspective, often Western, with varying levels of bias, they should help you understand and respect the perspectives of another culture without elevating your own view. Nonetheless, these resources may generate generalizations, so it is important to keep in mind that every person (male or female, young or old, rich or poor, or different race) is not stereotypically defined. Keeping an open mind and adapting accordingly to specific circumstances may be helpful.

Interested in learning more about open-mindedness? Take a look at How to Be Culturally Open-Minded: A Psychological and Rhetorical Analysis (below).

Why is Intercultural Awareness Important?

The University of Michigan has a large international and multiracial population, as demonstrated by the enrollment map below. You may encounter people with different customs and values that may affect communication and mutual understanding. Your perspective and knowledge about another culture will help you interact more respectfully with others and culturally understand better within the U.S., or abroad. Knowing about the local cultures of your destination may also help you avoid anxiety and avoid social misunderstandings.

University of Michigan - Ann Arbor

Student Enrollment by Country and Level

<table>
<thead>
<tr>
<th>Region</th>
<th>Fall 2013 Total Enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asia</td>
<td>12,345</td>
</tr>
<tr>
<td>Europe</td>
<td>9,876</td>
</tr>
<tr>
<td>North America</td>
<td>7,654</td>
</tr>
<tr>
<td>South America</td>
<td>5,432</td>
</tr>
<tr>
<td>Middle East</td>
<td>3,210</td>
</tr>
<tr>
<td>Africa</td>
<td>2,100</td>
</tr>
<tr>
<td>Other</td>
<td>1,565</td>
</tr>
</tbody>
</table>

University of Michigan Interlibrary Loan

I-M: Resources

Global Michigan

- Particles for international opportunities and I-M: Resources
- Particles for international studies
- Particles for international students
- Particles for international travel
- Particles for international education
- Particles for international leadership
- Particles for international conferences, communication and technology
- Particles for international student
- Particles for international language
- Particles for international students
- Particles for international vacation
- Particles for international work

University of Michigan Information Center

- Particles for international opportunities and I-M: Resources
- Particles for international studies
- Particles for international student
- Particles for international travel
- Particles for international conference
- Particles for international language
- Particles for international students
- Particles for international vacation
- Particles for international work

Library Contact

Alana Posner

Contact: 328 North Library North

Library Hours

Monday - Friday: 8:30 AM - 8:00 PM
Saturday: 9:00 AM - 5:00 PM
Sunday: 12:00 PM - 5:00 PM

Recommended Resources or Tools

1. The International Education Resource Center: Provides information on resources and tools for international students.
2. The International Student Center: Offers resources for international students.
3. The International Language Center: Provides resources for learning languages.
4. The International Work Abroad Center: Offers resources for international work opportunities.

How to Increase Intercultural Awareness

- U-M Cross-Cultural Training
  - Online training resource with units and sections for learning about the concept of culture and how skills, attitudes and behaviors affect adaptation to new and unfamiliar environments.

- Global Scholar Online Training
  - Online course outline with content that is rich and expected, helping to plan and offer training with many videos.

- World Cultures Guides (below)
  - Visually appealing, short PDFs with simple suggestions for Americans traveling or visiting abroad.

- U-M Preferred Traveling
  - U-M project website dedicated to helping students traveling abroad to learn how to cope with culture shock, stress, loneliness and more. Click on "Self-Assessment" to view an online mental health questionnaire.

- U-M Abroad
  - Links to all U-M programs abroad.

Ready to explore? Click on a tag below.

- Asia
- Europe
- North America
- South America
- Middle East
- Africa
- Oceania
- CSSA (Chinese Students and Scholars Association)
- Study Abroad
- Canada
- Mexico
- Germany
- France
- Russia

- Library Hours
- Library Catalog
- Library Maps
- Library Resources

Submit Here

I recommend your county.

Submit

Subject feedback via Google Forms.

This research project was completed by Stevan Chan as part of the Michigan Library Guides: intercultural awareness at the University of Michigan Library.
Cultural Competence: World Cultures

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

I want to browse by...

<table>
<thead>
<tr>
<th>Country</th>
<th>People</th>
<th>Subject</th>
<th>Series</th>
</tr>
</thead>
</table>

Global Road Warrior (database)
This database provides basic country facts and lengthier articles on business, security, health, utilities, communication and entertainment. Addresses some stereotypes and demonstrates popular phrases in foreign languages. eBook versions available in Mirror.

CultureGrams (database)
Simple and easy to read overviews of over 200 countries, focusing on different populations' customs, lifestyles and societies from an American perspective. Includes a Kids, USA, Canada and World Edition.

Global Affairs Canada Country Insights (website)
The Canadian government's country profiles and guides to national cultures from Canadian and local perspectives. Includes resource links for additional information on culture, history, geography, etc.

Commisieo Country Guides (website)
Country guides discuss language, culture, customs and etiquette. This website also features additional blog posts regarding cultural awareness.

Countries and Their Cultures (2001 ebook)
National entries include information on history, ethnic relations, urbanism, government, society, economy, religion, health, arts, food, etc.

Images, Videos & Graphs

CalPhotos: People & Culture (website)
Photo bank of people and places.

Ethnographic Video Online (database)
Videos of family, cultural identity, gender roles, arts, religion, etc.

Hofstede Country Cultural Dimensions Ratings (website)
Graphical representation of countries' ratings of power distance, individualism, masculinity, uncertainty avoidance, long term orientation & indulgence.

News Sources

- Newspaper Map
  Find newspaper websites by location on a map.

- Library PressDisplay
  Browse electronic, recent issues of world newspapers by country.

U-M Library Research Guides

International, Regional, and National Data Sets
News Sources
Multicultural Studies
Popular Culture
Library Guide for International Students
International Resources
Indigenous Resources
Lesbian, Gay, Bisexual, Transgender & Queer Studies
Women's Studies
History (General)
Musicology 130 - World Music
Food Studies
Religious Studies
History of Art
Cultural Competence: Regional Cultures

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

Click on a region on the map or select a link below:

- USA & Canada
- Latin America & the Caribbean
- Europe
- Middle East & Northern Africa
- Sub-Saharan Africa
- Asia & Oceania
Cultural Competence: USA & Canada

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

Getting Started  Diversity  World Cultures  Regional Cultures  Study/Work Abroad

Adjusting to the U.S.

U-M SNRE Cultural Adjustment (website)
Guide and videos for culture shock, greetings and academic adjustment with a focus on the U.S.

U-M International Center: Adjusting to the U.S. (website)
Questions for international students to think about when adjusting to the U.S. and Ann Arbor.

International Student Guide to the U.S. (website)
Guide for international students adjusting to college and American life.

News Sources

- Newspaper Map
  Find newspaper websites by location on a map.
- Library Press Display
  Browse electronic, recent issues of newspapers by country.

Foreign Perspectives (books)

- Across the Pond by Terry Eagleton: Humorous anecdotes of America and its citizens from a British traveler and literary critic.

U-M Library Research Guides

- American Culture
- Africana (African, African American & International Studies)
- Francophone Canada
- United States History

National Cultures

Culture Shock! ebook series (USA & Canada)
Travel guide titles by country. Covers land and history, society, customs, local views, lifestyle, food, touristic activities, language, work and last facts. Commentary can be blunt and colloquial.

Culture Smart! book series (USA & Canada)
Travel guide titles by country. Covers country overview, various ethnic groups, values and attitudes, customs and traditions, etiquette, local lifestyle, entertainment, transportation, business and communication.

Global Affairs Canada - Country Information Canada (website)
Canadian government's country insight and cultural information for Canada from local perspective. Covers communication, dress, social institutions, entertainment, stereotypes, etc.

Kids.gov Cultures & Ethnic Groups (website)
U.S. government's recommended links to resources related to African, Asian, Hispanic and Native Americans, and Women.

Interchange Learn About the U.S. (website)
Recommendations for American books, TV/movies, music, sports, food, touristic attractions, as well as cultural activities in individual states.

Encyclopedia of Ethnic Groups

Gale Encyclopedia of Multicultural America (2000 ebook)
Entries by American ethnic group. Covers history, food, language, customs, greetings, social and gender dynamics, arts, media, etc.

Multicultural America (2011 ebook)
Entries by immigrant groups in the U.S. Covers background, migration and assimilation, demographic profile, impact on the U.S., later generations, notable people, etc. Includes timeline, map and statistics.

Encyclopedia of Canada's Peoples (1999 book)
Entries by Canadian ethnic group. Covers origins, migration, community, family, culture, religion, politics, etc.

A Native American Encyclopedia (2015 book)
Entries organized by region and ethnic group. Includes overview, history, religion, government, customs, economy, dress, war and contemporary issues.

Images, Videos & Graphs

American Indian History Online (database)
Summaries, videos, slideshows, biographies, primary sources, maps and graphs on American Indian groups.

Can't find what you're looking for? Try these resources:

CultureGrams  Global Road Warrior  GoinGlobal  Encyclopedia of World Cultures  MyWorldAbroad
## National & Regional Cultures

### Regional

**Pop Culture Latin America: Media, Arts, and Lifestyle (2005 book)**
Overview of contemporary Latin American popular culture. Covers music, social movements, sports, performances, tourism, literature, icons, language, media, cinema, religion and arts.

**Endangered Peoples of Latin America: Struggles to Survive and Thrive (2001 book)**
Chapters sorted by region and communities. Provides information on traditional economy, social and political organization, religion, and threats to survival.

### National

**Culture Shock!** ebook series (Latin America & the Caribbean)
Travel guide titles by country. Covers land and history, society, customs, local views, lifestyle, food, touristic activities, language, work and facts. Commentary can be blunt and colloquial.

**Cultures and Customs of Latin America and the Caribbean series**
Titles by country. Introduces country and its history, then covers religion, customs, media, cinema, literature, and arts in more depth.

**Culture Smart!** book series (Latin America & the Caribbean)
Travel guide titles by country. Covers country overview, various ethnic groups, values and attitudes, customs and traditions, etiquette, local lifestyle, entertainment, transportation, business and communication.

## References by Subject

### History & Culture

**Encyclopedia of Latin American History and Culture (2008 ebook)**
Enteries by concept. Covers Portuguese-speaking regions and includes people, places, works, policies, languages, etc.

**The Oxford Encyclopedia of Mesoamerican Cultures (2001 ebook)**
Enteries by concept. Includes people, arts, religion, major civilizations' geography, cultural ecology, language and history.

Enteries by concept. Includes arts, literature, media, political and social institutions, biographies, etc.

**Historical Dictionaries of Latin America & the Caribbean book series**
Encyclopedia titles by country. Brief entries on concepts, major historical and recent events, places and people.

## Images, Videos & Graphs

### Videos

**Latin America in Video (database)**
Spanish video database for a variety of fields browsable by country.

**Americas (1993 video)**
English & Spanish video on issues that prevail in Latin America.

### Graphs

**Glencoe World Geography textbook - Ch.8: The Cultural Geography of Latin America (PDF)**
Simple overview of Latin American people, history and culture. Includes graphs and maps for ethnic groups, languages, migration and urbanization, historical empires and religions.
Cultural Competence: Europe

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

Regional & National Cultures

- **All Resources**
- **Print Only**

**Regional**

  Entries by ethnic group. Includes flag, map, descriptions of the people, their homeland, history, language, religion, etc.
  Entries by ethnic group. Overview discusses history, demography, language, etc.
- *Western Europe: An Introduction to the People, Lands, and Culture* (2005 book)
  Volumes organized by region, entries by country. Covers geography and demography, minorities, language, political systems, cultural development, etc.
- *The Encyclopedia of Eastern Europe: From the Congress of Vienna to the Fall of Communism* (2000 book)
  Entries by concept. However, there are country-specific entries on geography, art, culture, language, literature, etc.
- *Southeast Europe: People and Culture* (website)
  Select a country to view introductory text and additional articles related to art, dance, drama, music, gastronomy, literature, music and sports.

**National**

- *Culture Shock!* ebook series (Europe)
  Travel guide titles by country. Covers land and history, society, customs, local views, lifestyle, food, tourist activities, language, work and food facts. Commentary can be blunt and colloquial.
- *Cultures and Customs of Europe book series*
  Titles by country. Introduces country and its history, then covers religion, customs, media, cinema, literature, and arts in more depth.
- *Culture Smart! book series (Europe)*
  Travel guide titles by country. Covers country overview, various ethnic groups, values and attitudes, customs and traditions, etiquette, local lifestyle, entertainment, transportation, business and communication.
- *Pop Culture Germany!* (2006 book)
  Overview of contemporary German popular culture. Covers music, social movements, sports, performances, tourism, literature, icons, language, media, cinema, religion and arts.

**Images & Videos**

- *Europeana Collections* (website)
  Database of artworks, artifacts, books, videos and sounds from museums, libraries and institutions across Europe.
- *Sputnik Images* (website)
  Photo bank of historical images and coverage of current Russian and international events. Website viewable in English and Russian.

U-M Library Research Guides

- Armenian Studies
- Central European Studies
- Czech and Slovak Studies
- East European Studies
- European Union
- French Language and Literature
- French History
- German Culture, History, Politics
- Germanic Languages & Literatures
- German Language Learning Guide
- Iberian Studies
- Italian Language, Literature and Culture
- Mediterranean Studies
- Polish Studies
- Russian Studies
- Scandinavian Studies
- Slavic, East European, and Eurasian Studies
- Southeast European Studies
- Spanish Language and Literature

Can't find what you're looking for? Try these resources:

- *CultureGrams*
- *Global Road Warrior*
- *GoInGlobal*
- *Encyclopedia of World Cultures*
- *MyWorldAbroad*
Cultural Competence: Middle East & Northern Africa

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

Getting Started  Diversity  World Cultures  Regional Cultures  Study/Work Abroad

News Sources

- **Newspaper Map**
  Find newspaper websites by location on a map.

- **Library PressDisplay**
  Browse electronic, recent issues of world newspapers by country.

Academic Texts

- **Everyday Life in the Muslim Middle East (book)**
  Essays by subject and region, covering aspects of local daily life, gender relations, community, religion, and entertainment.

- **Popular Culture in the Middle East and North Africa (book)**
  Essays by subject, related to music, gender politics, new forms of media, representations in the Middle East and the U.S., influences on and from the Egyptian Revolution of 2011.

- **Islamic Culture in Crisis (book)**
  Articles written over twenty years on cultural crisis and interaction, Arab world culture & politics, Maghrebi history, culture & religion.

U-M Library Research Guides

- Islamic Manuscript Studies
- Islamic Manuscripts Collection
- Jewish Heritage Collection
- Jewish Visual Culture
- Judaica
- Near Eastern Studies Library Resources
- Turkish Studies

Regional & National Cultures

- **Encyclopaedic Ethnography of Middle-East and Central Asia (2005 book)**
  Entries by ethnic group, includes overview of geography and population, language, history, society, family, ethnic conflict, economy, religion, culture, etc.

- **Pop Culture Arab World: Media, Arts, and Lifestyle (2005 book)**
  Overview of contemporary Middle Eastern popular culture. Covers music, social movements, sports, performances, tourism, literature, icons, language, media, cinema, religion and arts.

- **Endangered Peoples of Africa and the Middle East: Struggles to Survive and Thrive (2002 ebook)**
  Chapters sorted by region and communities. Provides information on traditional economy, social and political organization, religion, and threats to survival.

- **Global Connections: Middle East Culture (website)**
  Basic introduction to culture, language, religion of the Middle East in general, with timeline (up to 2002) and links to additional information.

- **Culture Shock! ebook series (Middle East & Northern Africa)**
  Travel guide titles by country. Covers land and history, society, customs, local views, lifestyle, food, touristic activities, language, work and fast facts. Commentary can be blunt and colloquial.

- **Cultures and Customs book series (Northern Africa) & Cultures and Customs of the Palestinians (2004 book)**
  Titles by country. Introduces country and its history, then covers religion, customs, media, cinema, literature, and arts in more depth.

- **Culture Smart! book series (Middle East & Northern Africa)**
  Travel guide titles by country. Covers country overview, various ethnic groups, values and attitudes, customs and traditions, etiquette, local lifestyle, entertainment, transportation, business and communication.

Images & Videos

- **Creative Dissent: Arts of the Arab World Uprisings (website)**
  The Arab American Museum's online exhibit of photos, graffiti images, videos and songs about the uprisings in the Arab World from 2010 to 2013. Curated by U-M associate professor & PhD student.

- **Yousef Jameel Centre for Islamic and Asian Art (website)**
  The University of Oxford Ashmolean Museum's online collection of art from the Islamic Middle East, China, Southeast Asia, India and the Himalayas.

Can't find what you're looking for? Try these resources:

The Sub-Saharan Africa page may have more information related to Northern Africa.

CultureGrams  Global Road Warrior  GoinGlobal  Encyclopedia of World Cultures  MyWorldAbroad
Cultural Competence: Sub-Saharan Africa

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

Regional & National Cultures

**Regional**

  Entries by ethnic group. Visual guide to history, language, ways of life, social structure, culture and religion.
  Entries by region, country and major civilizations. Visual guide to history and peoples of countries.
  Brief introductory entries on African language families, languages by country, and peoples and nations by country.
  Broad introduction to African cultural diversity, gender dynamics, geomorphology, climate, history, population, economies, resources, current development and issues, etc.
- Into Africa: A Guide to Sub-Saharan Culture and Diversity (2009 eBook)
  General introduction to African communities, communication, customs, business etiquette, travel tips and regional differences.

**National**

- Culture Shock! eBook series (Africa)
  Travel guide titles by country. Covers food and history, society, customs, local views, lifestyle, food, tourist activities, language, work and last facts. Commentary can be blunt and colloquial.
- Cultures and Customs of Africa book series
  Titles by country. Introduces country and its history, then covers religion, customs, media, cinema, literature, and arts in more depth.
- Culture Smart! book series (Africa)
  Travel guide titles by country. Covers country overview, various ethnic groups, values and attitudes, customs and traditions, etiquette, local lifestyle, entertainment, transportation, business and communication.
- Society and Culture Complete Report eBook series
- Historical Dictionaries of Africa series
  Encyclopaedia titles by country. Brief entries on concepts, major historical and recent events, places and people.

**Art & Life in Africa**

Visual galleries and topic essays on art in and related to everyday life, education, ancient times, medicine, cultural exchange, etc. Country pages display key facts and figures, historical summary and local artworks.

**Our Africa**

Country specific facts and figures, videos, images and descriptions of poverty, healthcare, food, daily life, people, culture, geography, nature, music, family, economy, education, jobs, history, politics, tourism, etc.

**African Writing Online**

Short texts from African writers and articles about African literary works and authors.

**AfricaGuide**

General African arts and culture, food, tribe, music, festivals information, basic country overviews, photo library and articles related to touristic travels in Africa.

**Africa: The Art of a Continent**

The Guggenheim Museum’s introductory online exhibit to artifacts, films and photographs from Africa. Use the clickable map to view by region.

Can’t find what you’re looking for? Try these resources:

- CultureGrams
- Global Road Warrior
- GoInGlobal
- Encyclopedia of World Cultures
- MyWorldAbroad
Cultural Competence: Asia & Oceania

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

Regional & National Cultures

All Resources Print Only

Regional

Encyclopedia of the Peoples of Asia and Oceania (2009 book)
Entries by ethnic group. Includes an overview of location, time period, ancestry and language, followed by a timeline and details about history, cultural identity, etc.

Encyclopedic entries by ethnic group. Overview describes population and history.

Encyclopedia of Modern Asia (2003 ebook)
Entries by concept. Includes people, festivals, themes, and subject entries on architecture, cuisine, cinema, literature, etc.

Charting the Pacific (website)
Discover stories of lives in the Pacific and explore maps, country profiles, and regional statistics and issues.

National

Culture Shock! ebook series (Asia & Oceania)
Travel guide titles by country. Covers land and history, society, customs, local views, lifestyle, food, tourist activities, language, work and fast facts. Commentary can be blunt and colloquial.

Cultures and Customs book series (Asia)
Titles by country. Introduces country and its history, then covers religion, customs, media, cinema, literature, and arts in more depth.

Culture Smart! book series (Asia & Oceania)
Travel guide titles by country. Covers country overview, various ethnic groups, values and attitudes, customs and traditions, etiquette, local lifestyle, entertainment, transportation, business and communication.

Etiquette Guides ebook series (China, Korea & the Philippines)
Titles by country. Includes information on character and values of the people, social etiquette, business etiquette and useful expressions.

The Encyclopedia of New Zealand (website)
New Zealand government's online encyclopedia with entries on different ethnic groups, regions, creative and daily life, government, social concepts, nature, etc.

Images, Videos & Documents

ECAI Pacific Language Mapping (website)
Language atlas of the Pacific area, Southeast Asia, and Madagascar.

Yousef Jameel Centre for Islamic and Asian Art (website)
The University of Oxford Ashmolean Museum's online collection of art from the Islamic Middle East, China, Japan, Southeast Asia, India and the Himalayas.

Trove (website)
The National Library of Australia's digital collection of Australian books, images, newspapers, maps, music, websites, etc.

Coconet TV (website)
Interactive timeline, games, photos, blogs, videos about and from people in the Pacific.

Tribal Asia (2004 book)
A photobook of tribes in ancient Arabia, India, mountains, Central Asia and Malay archipelago.

Can't find what you're looking for? Try these resources:
CultureGrams Global Road Warrior GoinGlobal Encyclopedia of World Cultures MyWorldAbroad
Cultural Competence: Study/Work Abroad

Increase intercultural awareness and competencies for traveling abroad and living among culturally diverse populations.

Things to keep in mind when preparing to go abroad...

**U-Pacific Cultural Training**
Online training resource with units and sections for learning about the concept of culture and how skills, attitudes, and behaviors affect adaptation to a new and unfamiliar environment.

**Global Scholar Online Learning**
This interactive online course outlines what to do and expect before, during, and after going abroad with many videos. Upon completion of the course, you can receive a ‘Global Scholar Certificate,’ Registration required.

**World Citizens Guide (brochures)**
Visually appealing, short PDFs with simple suggestions for Americans traveling or working abroad.

**U-M Resilient Traveling**
U-M’s project website dedicated to helping students traveling abroad to learn how to cope with culture shock, stress, loneliness and more. Click on ‘Self-Assessment’ to take an online mental health screening.

Going Abroad Articles

**MyWorldAbroad**
Articles address various concerns related to international job and program applications, and emphasize that there are valuable skills to be learned before, during and after going abroad. Additional features include self-evaluations and resource links.

**GoOverseas**
Short overview of select countries and cities. Various articles about studying, teaching, interning and volunteering abroad. Includes program search.

**GoAbroad.com**
Read articles and reviews, and search for study, volunteer, intern and teach abroad programs.

**TransitionsAbroad**
Articles on work, study, travel and living abroad. This website has a large leisure travel section and its own online magazine.

Business-Specific Webpages

**GoinGlobal**
Country guides & USA/Canada City Career Guides provide business-focused cultural advice. Includes employer profiles, visa regulations, job application guidelines and trends, and Jobs/Internships listing.

**World Business Culture**
Business culture and etiquette guide to countries.

**Business Insider Country Communication Chart**
Diagrams of how different nations negotiate business.

**Passport to Trade European Business Culture**
Select a country to read more about its business culture (communication, etiquette, etc.). Also includes information about the country, its history, cultural taboos, education, transport, being a foreigner in the country, and additional resource links.

How to speak and act?

**Etiquette 101: Listen Up!** (article)
How to say hello, good-bye, please, than you and help in various languages, and country-specific greeting tips.

**Journey/Woman What Should I Wear & Where** (website)
*What to wear* tips for women traveling to select countries.

**CultureCrossing Etiquette Guide** (website)
Community-built and basic work and study etiquette guides by country.

**Eating Abroad: The Cultural Resonance of Food** (article)
An article that shares food tips for travelers.