



## Location

### Toronto, Canada

- The capital of the province Ontario
- One of the most populous places in Canada
- 2.79 million population, most immigrants are from European or Asian countries
- Ranked 12<sup>th</sup> expensive city, based on UBS, 2015

## Agency

### Apotex Center, Baycrest

Baycrest is a great organization which provides comprehensive elder-care services in Canada. Apotex center is the Baycrest's long-term care facility. It has 7 floors to accommodate patients. I conducted a 3-week internship in the Apotex Center which:

- Provides integrated care for dementia or stroke patients
- Primarily serves Jewish patients and services are provided within the context of orthodox Jewish traditions



Picture of Apotex Center



Picture of Apotex Center



# Geriatric social work in Toronto, Canada

Ling Lin

School of Social Work, University of Michigan

## Outcome

- Attended round table meetings which involve social workers, nurses, dietitians, and other professionals
- Sat in on case management sessions regarding residents' and family members' concerns, such as financial issue, fall risk
- Joined annual review meetings about residents' care plan
- Participated in a peer support group which aims to create a platform for mutual support among residents

## Skills Utilized/ Developed

- Diversity
- Critical thinking
- Communication

## Lessons learned & Advices

- Social work practitioners in Canada are not qualified to make any diagnosis related to mental disorder
- Listen, observe and be humble, open-minded & curious

## Classroom and career connections

- Course SW 504 has deepened my knowledge in cultural humility and competence
- Courses SW 521, 616, 628 and 790 about dementia patients and family members have increased my skills and knowledge in working with individual and family members
- This learning experience helps me better understand dementia patients and how to provide integrated and comprehensive care to older adults

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