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15 **~~Continuation analysis of Early~~ response predicts a sustained response to**
16 **eluxadoline in patients with irritable bowel syndrome with diarrhea in two**
17 **Phase 3 studies**

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26 **Short running title:** Analysis of sustained responses to eluxadoline in IBS-D

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30 **SUMMARY**

31 **Background**

32 The mixed μ - and κ -opioid receptor agonist and δ -opioid receptor antagonist, eluxadoline, is
33 licensed in the US for the treatment of irritable bowel syndrome with diarrhea (IBS-D), based
34 on the results of two large Phase 3 clinical trials.

35 **Aim**

36 To understand the time course of treatment benefits with eluxadoline by comparing responder
37 rates over the first month of treatment with responder rates over longer treatment intervals.

38 **Methods**

39 In this *post hoc* analysis of two Phase 3 studies, composite and adequate relief (AR)
40 responder rates were calculated over month 1 and patients were stratified by their responder
41 status. Cumulative counts over subsequent intervals (months 1–3, months 1–6, months 2
42 through 6) were tallied.

43 **Results**

44 The studies randomized 2428 patients. Over month 1, 24.6%, 22.8%, and 12.5% of patients
45 were composite responders with eluxadoline 100 mg, eluxadoline 75 mg, and placebo,
46 respectively. For month 1 responders, 77.8% and 88.5% (over months 1–3) and 70.7% and
47 73.9% (over months 1–6) showed a continuous response with eluxadoline 100 mg and 75 mg,
48 respectively. Of the month 1 non-responders, <20% showed a response over months 1–3 or
49 months 1–6. Similar results were seen for the analysis of proportions of AR responders over
50 these time intervals.

51 **Conclusions**

52 Over two-thirds of patients who respond over the first month retain a positive response over
53 6 months of treatment with eluxadoline, indicating that early clinical response to eluxadoline
54 is associated with sustained benefits for up to 6 months in patients with IBS-D.

55 INTRODUCTION

56 Irritable bowel syndrome (IBS) is a common functional gastrointestinal (GI) disorder that is
57 characterized by recurring abdominal pain or discomfort associated with altered bowel habits
58 in the absence of demonstrable organic disease.^{1,2} IBS is diagnosed using the Rome III
59 criteria, and can be classified into subtypes according to the predominant stool pattern,
60 including IBS with constipation, IBS with diarrhea (IBS-D), and IBS with mixed bowel
61 habits.¹ It has been estimated that ~40% of IBS cases fall into the IBS-D subtype,³
62 characterized by loose or watery stools for $\geq 25\%$ and hard or lumpy stools for $< 25\%$ of
63 bowel movements,¹ however, some overlap of symptoms has been reported with functional
64 diarrhea.⁴

65 IBS is estimated to affect up to 20% of adults in the US population,⁵ is one of the most
66 commonly diagnosed GI disorders,⁶ and is associated with higher levels of somatization,
67 expressed as the feeling of tiredness and the experience of bloating.⁷ In the majority of
68 patients, IBS is a chronic, relapsing disease, with a previous systematic review finding that
69 IBS symptoms worsened over the course of long-term follow-up for 2–18% of patients, and
70 remained the same for 30–50% of patients.⁸ As a result of its chronic nature, IBS is
71 associated with a significant economic burden and extensive healthcare resource utilization,⁶
72 as well as a marked impact on patient health-related quality of life.^{9,10}

73 Eluxadoline is a mixed μ - and κ -opioid receptor agonist and δ -opioid receptor antagonist,
74 approved for the treatment of IBS-D in adults.¹¹ Opioid receptors in the GI tract are known
75 to modulate gut motility and secretion,¹² with preclinical studies showing that eluxadoline
76 normalized disrupted GI transit over a wide dose range in mice.¹³ Two large Phase 3
77 studies¹⁴ have demonstrated that twice-daily treatment with eluxadoline is effective vs.
78 placebo in simultaneously relieving the symptoms of abdominal pain and diarrhea associated
79 with IBS-D, measured using a composite efficacy endpoint combining stool consistency and
80 abdominal pain responses.

81 Given the chronic nature of IBS-D, it is important to clearly understand the time course of
82 treatment benefits seen with eluxadoline, and secondary to this, to define the outcomes of
83 patients who show either an initial response or lack of response to eluxadoline treatment.
84 More specifically, will those who respond early continue to respond over time, and will those
85 who fail to respond early on ultimately show a response with continued treatment? These
86 *post hoc* analyses of the two Phase 3 clinical studies therefore evaluated proportions of

87 composite responders over the first month of treatment, compared with response rates over
88 longer treatment intervals. Continued efficacy with eluxadoline treatment was also evaluated
89 using IBS adequate relief (AR) response rates as an alternative efficacy measure, as the
90 composite response rate may underestimate treatment benefit.

91 **METHODS**

92 **Study design**

93 Two double-blind, placebo controlled, Phase 3 clinical trials (IBS-3001; NCT01553591 and
94 IBS-3002; NCT01553747) randomized patients 1:1:1 to twice-daily treatment with
95 eluxadoline 100 or 75 mg or placebo. The methodology and results of these two studies have
96 been described previously.¹⁴

97 Briefly, both studies were identical through 26 weeks of treatment, followed by a 26-week
98 safety assessment and a 2-week follow-up period (IBS-3001 only) or a 4-week single-blind
99 placebo withdrawal period (IBS-3002 only). Enrolled participants used an electronic diary
100 with an interactive voice response system to record daily IBS-D symptoms and bowel
101 function, and weekly assessments of AR through week 26.

102 Wherever possible, all patients withdrawing from the studies prematurely were to undergo all
103 end-of-treatment/early withdrawal assessments. Patients who discontinued participation in
104 the studies for any reason following randomization were not replaced.

105 **Patient population**

106 Patients aged 18–80 meeting the Rome III criteria for IBS-D¹ were enrolled. Eligible patients
107 recorded an average worst abdominal pain score >3.0 (scale of 0–10, with 0 indicating no
108 pain, and 10 the worst imaginable pain), an average score for stool consistency of ≥ 5.5 on the
109 Bristol Stool Form Scale (BSFS; scale of 1–7, with 1 indicating hard stool, and 7 watery
110 diarrhea), and an average IBS-D global symptom score of ≥ 2.0 (scale of 0–4, with 0
111 indicating no symptoms of IBS-D, and 4 very severe symptoms of IBS-D) during the week
112 before randomization.

113 Patients with inflammatory bowel disease or celiac disease, abnormal thyroid function,
114 history of alcohol abuse¹⁵ or binge drinking,¹⁶ prior pancreatitis, sphincter of Oddi
115 dysfunction, post-cholecystectomy biliary pain, cholecystitis in the past 6 months, intestinal
116 obstruction, GI infection, or diverticulitis in the past 3 months were excluded.

117 Efficacy endpoints

118 Details and calculations for the primary endpoint have been described previously.¹⁴ As
119 reported by Lembo et al, the primary efficacy endpoint of both studies was a composite
120 response based on daily improvement of $\geq 30\%$ in worst abdominal pain score compared with
121 average baseline pain **and**, on the same day, a BSFS score of < 5 on $\geq 50\%$ of treatment
122 days.¹⁴ AR response was defined by a “yes” response to the following question: “Over the
123 past week, have you had AR of your IBS symptoms?” on $\geq 50\%$ of weeks. Responder rates
124 for both the composite endpoint and the AR endpoint were determined over the first 3 months
125 of treatment (weeks 1–12) and the first 6 months of treatment (weeks 1–26). Responder rates
126 for the composite endpoint were additionally determined over each individual monthly
127 interval. Monthly interval responder rates for AR were *post hoc* assessments.

128 Data analyses

129 As also reported by Lembo et al, efficacy data were pooled for the two Phase 3 studies, and
130 analyses were performed on the intention-to-treat (ITT) analysis set, defined as all patients
131 randomized to study treatment.¹⁴ No imputation for missing data was performed, as diary
132 compliance rules accounted for absent diary entries. For composite response evaluations,
133 patients were required to have a minimum of 20 diary entries over any monthly interval,
134 60 days of diary entries over the 3-month interval, and 110 days of diary entries over the
135 6-month interval. For AR evaluations, patients had to have ≥ 6 weekly “yes” responses over
136 the 3-month interval, and ≥ 13 weekly “yes” responses over the 6-month interval; for the *post*
137 *hoc* AR assessment, ≥ 2 weekly “yes” responses over any monthly interval were required.
138 Patients with insufficient diary data for both the composite response and AR response were
139 categorized as non-responders.

140 To assess the robustness of an early response signal, responder rates were calculated over the
141 first 4-week interval (month 1) for both the composite¹⁴ and AR (*post hoc*) outcome
142 variables. Patients were stratified by their status over month 1 (weeks 1–4), and cumulative
143 counts over subsequent intervals were tallied. An additional *post hoc* evaluation qualitatively
144 assessed the time to onset of treatment benefit by plotting the proportions of patients meeting
145 the AR response criteria for each week over the entire 6 months of diary data collection.

146 A Bonferroni adjustment was taken only for the primary analyses due to two doses being
147 studied; no further statistical adjustments were made *a priori*.¹⁴ Since these additional

148 analyses were retrospective and the goal of this study was to qualitatively assess treatment
149 benefit over time in order to offer advice to prescribers, no further formal statistical
150 assessments were performed, except for the *post hoc* response over the first month to allow
151 comparison to the previously published composite response rates.

152 **RESULTS**

153 **Baseline demographics and disease characteristics**

154 A total of 2428 patients were randomized to study treatment (1282 in IBS-3001; 1146 in
155 IBS-3002). Patient baseline and demographic characteristics were balanced between the two
156 studies and across treatment groups, as previously described.¹⁴ Across both studies, there
157 were more female patients (IBS-3001: 65.4%; IBS-3002; 67.0%), and the mean age (standard
158 deviation [s.d.]) was 44.9 (13.7) and 45.9 (13.5) in IBS-3001 and IBS-3002, respectively.
159 Patients had a mean (s.d.) weekly average BSFS score at baseline of 6.3 (0.4) and 6.2 (0.4),
160 and a mean (s.d.) weekly average worst abdominal pain score of 6.2 (1.5) and 6.0 (1.5) in
161 IBS-3001 and IBS-3002, respectively.

162 **Proportions of responders over time**

163 As previously reported (see Figure 2 in Lembo et al¹⁴), a qualitative visual separation of
164 proportions of composite responders with both doses of eluxadoline vs. placebo was
165 observable within the first few days following treatment initiation and reached a peak
166 separation of ~10% within the first 2 weeks of therapy. Once established, the separation in
167 responder proportions between eluxadoline and placebo remained ~10% over the 182 days of
168 diary data collection.

169 Similarly, by day 7 (the first time point for measurement of AR), separation from placebo
170 occurred and by day 28 (fourth AR measurement), both eluxadoline doses reached response
171 rates of 60%, compared to the AR response rates of 50% seen with placebo (Figure 1). The
172 treatment effect then remained at ~10% over the entire treatment period through 6 months
173 (182 days), and was similar between eluxadoline 100 and 75 mg (Figure 1).

174 **Continuation Analysis of early and sustained composite response rates over** 175 **time**

176 In the pooled Phase 3 population, a significantly greater proportion of patients receiving
177 eluxadoline 100 and 75 mg were composite responders vs. placebo over the 3-month interval

178 (weeks 1–12) and the 6-month interval (weeks 1–26).¹⁴ Within the pooled ITT analysis set,
179 765 patients (31.6%) discontinued from the studies over weeks 1–26. Of the subjects in the
180 treatment groups who discontinued, 8–15% were non-responders (Table 1).

181 Over month 1 (weeks 1–4), 24.6% of patients receiving eluxadoline 100 mg ($P < 0.001$
182 compared with placebo), 22.8% receiving eluxadoline 75 mg ($P < 0.001$ compared with
183 placebo), and 12.5% receiving placebo were composite responders (see the left panel of
184 Figure 2).¹⁴ Among these patients, 77.8% treated with eluxadoline 100 mg were also
185 responders over the 3-month interval (weeks 1–12), while 81.5% and 77.2% were responders
186 over the 3-month interval with eluxadoline 75 mg and placebo, respectively. Over the longer
187 6-month interval (weeks 1–26), 70.7%, 73.9%, and 66.3% of month 1 responders with
188 eluxadoline 100 mg, eluxadoline 75 mg, and placebo, respectively, had a continuing
189 response. The majority of patients who were composite responders with eluxadoline over
190 month 1 were also responders over the non-overlapping, distinct intervals of month 3
191 (weeks 9–12) and month 6 (weeks 21–24), with a similar sustained response observed among
192 the month 1 placebo responders (Figure 2).

193 Among patients who were not composite responders over month 1, ~10% in each treatment
194 group became responders over the 3-month interval (weeks 1–12) (Figure 3). A slightly
195 higher proportion of month 1 non-responders became responders over the 6-month interval
196 (weeks 1–26) with eluxadoline 100 mg (18.1%) compared with the other treatment groups
197 (eluxadoline 75 mg: 12.8%; placebo: 12.9%).

198 To further evaluate the sustainability of a monthly response, the composite responder status
199 over each subsequent monthly interval (months 2, 3, 4, 5, and 6) was determined for the
200 month 1 responders. Of the patients who were composite responders over month 1 (weeks 1–
201 4), 68.2% receiving eluxadoline 100 mg, 70.1% receiving eluxadoline 75 mg, and 60.4%
202 receiving placebo showed a sustained response over ≥ 3 out of any of the 5 subsequent
203 monthly intervals (Figure 4). Further, nearly half of the month 1 responders treated with
204 eluxadoline 100 mg (44.9%) or eluxadoline 75 mg (49.5%) were responders for all 5 of the
205 subsequent months of treatment, with around a third of month 1 placebo responders showing
206 a response over all 5 subsequent months.

207 **Continuation Analysis of early and sustained AR responder rates over time**

208 Over month 1 (weeks 1–4), 61.8% of patients receiving eluxadoline 100 mg ($P < 0.0001$
209 compared with placebo), 59.9% of patients receiving eluxadoline 75 mg ($P < 0.0001$
210 compared with placebo), and 49.3% of patients receiving placebo were AR responders
211 (Figure 5). Of these patients, 84.1% receiving eluxadoline 100 mg had a continuing response
212 over the 3-month interval (weeks 1–12), while 83.7% and 82.5% of patients receiving
213 eluxadoline 75 mg and placebo, respectively, were 3-month responders. Over the longer
214 6-month interval (weeks 1–26), 73.1%, 70.5%, and 69.7% of month 1 AR responders with
215 eluxadoline 100 mg, eluxadoline 75 mg, and placebo, respectively, had a continuing
216 response. The majority of patients who were AR responders with eluxadoline over month 1
217 were also responders over the non-overlapping intervals of month 3 (weeks 9–12) and month
218 6 (weeks 21–24) (Figure 5), **with similar findings observed for patients who were month 1**
219 **placebo responders.**

220 Among patients who were not AR responders over month 1 (weeks 1–4), 10.7% receiving
221 eluxadoline 100 mg, 15.4% receiving eluxadoline 75 mg, and 11.2% receiving placebo
222 showed a subsequent AR response over the 3-month interval (weeks 1–12), and 16.6%
223 receiving eluxadoline 100 mg, 17.0% receiving eluxadoline 75 mg, and 14.6% receiving
224 placebo showed a subsequent response over the 6-month interval (weeks 1–26) (Figure 6).

225 Of the patients who showed an AR response over month 1 (weeks 1–4), a continued response
226 was seen for ≥ 3 out of any of the 5 subsequent months for 75.1% receiving eluxadoline
227 100 mg, 71.3% receiving eluxadoline 75 mg, and 72.2% receiving placebo (Figure 7).

228 Proportions of initial responders showing sustained AR responses over all 5 subsequent
229 months were $\sim 50\%$ for all treatment groups.

230 AR response rate among composite non-responders

231 Of the patients who were not composite responders over month 1 (weeks 1–4) (eluxadoline
232 100 mg: 75.4%; eluxadoline 75 mg: 77.2%; placebo: 87.5%), $\sim 50\%$ did demonstrate clinical
233 benefit with eluxadoline based on the AR responder endpoint over the same time period
234 (eluxadoline 100 mg: 51.0%; eluxadoline 75 mg: 49.5%); proportions of responders receiving
235 placebo were slightly lower (43.1%) (Figure 8).

236 DISCUSSION

237 For drugs approved for continuous use to treat a chronic illness, it is important for prescribers
238 to understand the potential time course of clinical benefits, including the time to onset and the

239 sustainability over time. Knowledge about whether patients who achieve clinical benefit
240 early in treatment retain that response over time, and whether patients who fail to achieve an
241 early benefit may develop a positive response at a later time, is critical in establishing
242 reasonable expectations about the effectiveness of treatment.

243 Many clinical development programs, including eluxadoline for IBS-D, are not prospectively
244 designed to answer such questions, since the primary focus is on the regulatory endpoint(s)
245 necessary for approval. Because of the waxing and waning character of IBS symptoms, it is
246 recommended by both the Food and Drug Administration (FDA) and the European Medicines
247 Agency (EMA) that patient-level overall responses to IBS treatments are determined over a
248 specified interval (no less than 8 weeks for the FDA and 26 weeks for the EMA for drugs
249 intended for chronic, continuous use), with patients required to meet the response criteria for
250 $\geq 50\%$ of this time. Furthermore, the minimal time interval for effectiveness has historically
251 been no less than 4 weeks, limiting the ability to determine time to onset of benefit.

252 Moreover, the regulatory endpoint of composite response, whether analyzed over 3 or 6
253 months, may underestimate treatment benefit. The composite response endpoint is based on
254 simultaneous improvement in both abdominal pain and stool consistency, over either the 3- or
255 6-month period, resulting in an outcome measure that may be difficult for prescribers to put
256 into clinical context. Additionally, it only assesses two IBS symptoms and may not provide a
257 perspective of overall patient wellbeing and satisfaction, in contrast to a global symptom
258 assessment such as AR. The AR endpoint may therefore be more relevant to the prescribing
259 physician and the patient, as well as being easier to comprehend; however, it is no longer in
260 favor from a regulatory standpoint due to its dependence on distant patient recall and inability
261 to detect improvement or worsening of specific symptoms.

262 As previously published, data from the two eluxadoline Phase 3 trials demonstrated that
263 prospectively analyzed monthly assessments for the composite endpoint were comparable to
264 the results over the full 6 months (weeks 1–26) of efficacy evaluation. Note that the monthly
265 responder rates over time in Lembo et al are driven by the population that met the responder
266 criteria at each independent monthly interval.¹⁴ In contrast, the current analysis takes an
267 alternative approach, assessing only the subpopulation of patients who were responders in the
268 first month for a response in subsequent months.

269 **It is important to note that for all of these analyses, the placebo effect is prominent and the**
270 **placebo response in the placebo arm parallels the findings in the active arms. However, these**

271 retrospective analyses were not intended to demonstrate separation from placebo, but rather
272 to assess how the population of patients who either did or did not respond in month 1 fared
273 over the remainder of the study, independent of treatment. The similarity seen between the
274 active and placebo arms is not unexpected and may be related to selection bias, since the
275 analysis population for continued response over subsequent months included only month 1
276 responders or month 1 non-responders.

277 Despite possible selection bias, these data strongly suggest that the placebo response in the
278 placebo arm is both early and maintained, as is true for the active treatment arms. Factors
279 underlying the response in the placebo arm will also contribute in part to the response seen in
280 the active treatment arms. An explanation for the this sustained placebo response underlying
281 all treatment arms is unclear, but could be related to: regression of IBS symptoms to their
282 respective means; the power of suggestion originating from “response fatigue” or response
283 shift due to daily responses over 6 months to the same symptom questions; a true
284 physiological effect of placebo; or latent effects unmeasured in the current studies.

285 Alternatively, disease variation, which again will affect both active and placebo treatment
286 arms, may have contributed to this finding. A previous study has demonstrated considerable
287 variability in the natural history of IBS, with 32–68% of patients showing an improvement in
288 their symptoms over the course of long-term follow-up,⁸ suggesting that a degree of variation
289 and/or improvement in symptom severity attributable to the underlying disease course is to be
290 expected, regardless of treatment arm. Similarly, it has been shown that while 62.2% of
291 patients with IBS-D followed for 10 months continued to show symptoms consistent with
292 IBS-D, the remainder switched to the constipation subtype (7.7%), mixed subtype (7.0%), or
293 unspecified subtype (23.1%).¹⁷

294 As shown in Figure 2, regardless of treatment arm, >65% of subjects who were composite
295 responders within month 1 remained responders over the full duration of 6 months (weeks 1–
296 26), with nearly identical results seen when evaluating the AR endpoint (Figure 5). This was
297 further corroborated by the monthly assessments, which demonstrated that >60% of subjects
298 who showed a composite response in month 1 of therapy, and ~70% who showed an AR
299 response, remained responders for ≥ 3 of the 5 remaining months (Figures 4 and 7).

300 For those subjects who were composite non-responders over month 1, 18% of subjects
301 receiving eluxadoline 100 mg were subsequent composite responders over months 1–6
302 (weeks 1–26), vs. 13% for placebo (Figure 3). Similar findings were noted for the AR non-

303 responders over month 1, whose subsequent responder rate over months 1–6 (weeks 1–26)
304 was ~17% for the active arms, albeit with less prominent separation from placebo (Figure 6).
305 Again, the monthly analyses corroborated the overall findings, in that 15–18% of subjects
306 and 21–23% of subjects (composite and AR endpoints, respectively) who were not
307 responders over month 1 showed a subsequent response over ≥ 3 out of 5 of the remaining
308 months.

309 Our results both corroborate Lembo et al's findings¹⁴ and demonstrate the robustness of the
310 data. Specifically, these analyses suggest that a response during the first month after
311 initiating eluxadoline treatment in IBS-D appears to be predictive of a sustained response.

312 Additionally, Lembo et al depict in their Figure 2 that the treatment effect observed for the
313 composite endpoint occurred within the first few days of treatment, with the proportion of
314 responders on active treatment being greater than placebo and the separation from placebo
315 remaining constant over the 6-month assessment period.¹⁴ A similar pattern of response over
316 time is seen when plotting the weekly assessments of AR response (our Figure 1), although
317 the ranges of response are notably higher than with the composite response.

318 The endpoints depicted in these two graphs are different both from a standpoint of definition
319 (AR for the present Figure 1 vs. the composite endpoint of improvement in pain and stool
320 consistency for Lembo et al Figure 2¹⁴) as well as the timing of assessments (weekly for the
321 AR endpoint with $\geq 50\%$ of weeks positive and daily for the composite endpoint with $\geq 50\%$
322 of days positive). Both the AR and composite endpoints qualitatively demonstrate a rapid
323 onset that is not detectable by assessments evaluated over 50% of a time interval.

324 Based on the above, clinicians can employ both of these endpoints despite the differing rates
325 of response. Therefore, the AR approach can be used, i.e. a simple yes/no question, to assess
326 response instead of the more cumbersome composite endpoint, which requires a daily diary
327 record of stool consistency and pain scores. This is critical to appreciating the benefit of
328 eluxadoline, as AR is an endpoint that clinicians and patients understand and it can easily be
329 adapted for day-to-day practice.

330 ~~It is important to note that for all these analyses, the placebo effect is prominent and the~~
331 ~~placebo response parallels the findings in the active arms. However, these retrospective~~
332 ~~analyses were not intended to demonstrate separation from placebo, but rather to assess how~~
333 ~~the population of patients who either did or did not respond in month 1 fared over the~~
334 ~~remainder of the study, independent of treatment. The similarity seen between the active and~~

335 ~~placebo arms is not unexpected and may be related to selection bias, since the analysis~~
336 ~~population for continued response over subsequent months included only month 1 responders~~
337 ~~or month 1 non responders.~~

338 ~~Despite possible selection bias, these data strongly suggest that the placebo response is both~~
339 ~~early and maintained, as is true for the active treatment. An explanation for the sustained~~
340 ~~placebo response is unclear, but could be related to: regression of IBS symptoms to their~~
341 ~~respective means; the power of suggestion originating from “response fatigue” or response~~
342 ~~shift due to daily responses over 6 months to the same symptom questions; a true~~
343 ~~physiological effect of placebo; or latent effects unmeasured in the current studies.~~

344 ~~Alternatively, disease variation may have contributed to this finding. A previous study has~~
345 ~~demonstrated considerable variability in the natural history of IBS, with 32–68% of patients~~
346 ~~showing an improvement in their symptoms over the course of long term follow up,⁸~~
347 ~~suggesting that a degree of variation and/or improvement in symptom severity attributable to~~
348 ~~the underlying disease course is to be expected, regardless of treatment arm. Similarly, it has~~
349 ~~been shown that while 62.2% of patients with IBS-D followed for 10 months continued to~~
350 ~~show symptoms consistent with IBS-D, the remainder switched to the constipation subtype~~
351 ~~(7.7%), mixed subtype (7.0%), or unspecified subtype (23.1%).¹⁷~~

352 Our data support that a trial of eluxadoline for at least 1 month to assess response is
353 reasonable in patients with IBS-D. Thirteen to eighteen percent of non-responders by either
354 criteria (composite responder or AR responder) over the first month of treatment ultimately
355 show a composite response over the remaining 5 months, suggesting that continuing therapy
356 may offer minimal benefit to patients. The majority of patients who respond by either set of
357 criteria over the first month of treatment retain their positive response over 6 months of
358 treatment, thus a response in the first month bodes well for the continuation of response over
359 time.

360 **STATEMENT OF INTERESTS**

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376 **AUTHORSHIP STATEMENT**

377 Guarantor of the article: W.D. Chey

378 Specific author contributions: PSC and LSD contributed towards study design; PSC, LSD,
379 WDC, and DAA contributed towards the planning of the described *post hoc* analyses; DAA
380 contributed towards data analysis; and PSC, LSD, WDC, and DAA contributed towards the
381 writing of the manuscript.

382 The authors meet criteria for authorship as recommended by the International Committee of
383 Medical Journal Editors. The authors take full responsibility for the scope, direction, and
384 content of the manuscript and have approved the submitted manuscript, including the
385 authorship list.

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432 **Table 1** | Proportions of composite responders among patients completing and discontinuing
 433 from the studies over weeks 1–26: pooled Phase 3 studies

	Placebo (n = 563)	Eluxadolone 75 mg (n = 539)	Eluxadolone 100 mg (n = 556)
<i>Patients completing</i>			
Responders, n (%)	150 (26.6)	208 (38.6)	235 (42.3)
<i>Patients discontinuing</i>			
Responders, n (%)	8 (3.3)	8 (3.0)	15 (6.0)

434 A completer is defined as a patient who either had the last day of diary data or last treatment
 435 date on or later than day 182, or whose case record form was checked “Yes” on the
 436 completion page. A discontinuer is defined as a patient whose case record form was checked
 437 “No” on the completion page.

438 Composite response is based on daily improvement of $\geq 30\%$ in worst abdominal pain score
 439 compared with average baseline pain and, on the same day, a Bristol Stool Form Scale score
 440 of < 5 , on $\geq 50\%$ of treatment days.

441 **FIGURE LEGENDS**

442 **Figure 1** | Percentage of AR responders over 26 weeks: pooled analysis of Phase 3 studies.

443 AR response is defined as a “yes” response to the following question: “Over the past week,
444 have you had AR of your IBS symptoms?”

445 AR, adequate relief; IBS, irritable bowel syndrome.

446 **Figure 2** | Composite responders over weeks 1–4 who remained responders over weeks 1–
447 12, weeks 1–26, weeks 9–12, and weeks 21–24: pooled analysis of Phase 3 studies.

448 ^aData shown in Lembo et al.¹⁴

449 Composite response is based on daily improvement of $\geq 30\%$ in worst abdominal pain score
450 compared with average baseline pain and, on the same day, a Bristol Stool Form Scale score
451 of < 5 , on $\geq 50\%$ of treatment days.

452 **Figure 3** | Composite responders over weeks 1–12 and weeks 1–26 who were initial
453 non-responders over weeks 1–4: pooled analysis of Phase 3 studies.

454 Composite response is based on daily improvement of $\geq 30\%$ in worst abdominal pain score
455 compared with average baseline pain and, on the same day, a Bristol Stool Form Scale score
456 of < 5 , on $\geq 50\%$ of treatment days.

457 **Figure 4** | Proportions of composite responders over weeks 1–4 (month 1) who remained
458 positive responders over 3 or 5 out of the subsequent 5 months: pooled analysis of Phase 3
459 studies.

460 Composite response is based on daily improvement of $\geq 30\%$ in worst abdominal pain score
461 compared with average baseline pain and, on the same day, a Bristol Stool Form Scale score
462 of < 5 , on $\geq 50\%$ of treatment days.

463 **Figure 5** | AR responders over weeks 1–4 who remained responders over weeks 1–12,
464 weeks 1–26, weeks 9–12, and weeks 21–24: pooled analysis of Phase 3 studies.

465 AR response is defined as a “yes” response to the following question: “Over the past week,
466 have you had AR of your IBS symptoms?”

467 AR, adequate relief; IBS, irritable bowel syndrome.

468 **Figure 6** | AR responders over weeks 1–12 and weeks 1–26 who were initial non-responders
469 over weeks 1–4: pooled analysis of Phase 3 studies.

470 AR response is defined as a “yes” response to the following question: “Over the past week,
471 have you had AR of your IBS symptoms?”

472 AR, adequate relief; IBS, irritable bowel syndrome.

473 **Figure 7** | Proportions of AR responders over weeks 1–4 (month 1) who remained positive
474 responders over 3 or 5 out of the subsequent 5 months: pooled analysis of Phase 3 studies.

475 AR response is defined as a “yes” response to the following question: “Over the past week,
476 have you had AR of your IBS symptoms?”

477 AR, adequate relief; IBS, irritable bowel syndrome.

478 **Figure 8** | Proportions of weeks 1–4 composite non-responders who were AR responders
479 over weeks 1–4: pooled analysis of Phase 3 studies.

480 Composite response is based on daily improvement of $\geq 30\%$ in worst abdominal pain score
481 compared with average baseline pain and, on the same day, a Bristol Stool Form Scale score
482 of < 5 , on $\geq 50\%$ of treatment days.

483 AR response is defined as a “yes” response to the following question: “Over the past week,
484 have you had AR of your IBS symptoms?”

485 AR, adequate relief; IBS, irritable bowel syndrome.

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