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Sex specific associations of oral anticoagulant use and cardiovascular outcomes in patients with atrial fibrillation

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Ghanshyam Palamaner Subash Shantha M.B.B.S., MPH^a, Amgad Mentias MD^a, Chakradhari Inampudi M.B.B.S.^a, Anita A. Kumar M.B.B.S., MPH^b, Kongkiat Chaikriangkrai MD^a, Viraj Bhise M.B.B.S., MPH, PhD^c, Abhishek Deshmukh M.B.B.S.^d, Nileshkumar Patel M.B.B.S.^e, Samir Pancholy MD^f, Phillip Horwitz MD^a, Steven Mickelsen MD^a, Prashant D. Bhawe MD^g, Michael Giudici MD^a, Hakan Oral MD^h, Mary Vaughan-Sarrazin PhD^{i,j}

a: Division of cardiovascular medicine, Roy and Lucille J. Carver College of Medicine, University of Iowa Hospitals and Clinics, Iowa City, Iowa, USA

b: Health, Behavior and Society, Johns Hopkins University, Bloomberg School of Public Health, Baltimore, Maryland, USA

c: Department of Management, Policy and Community Health, School of Public Health, University of Texas Health Science Center at Houston, Texas USA

d: Department of Electrophysiology, Mayo clinic, Rochester, MN, USA

e: Department of Cardiology, Jackson Memorial Hospital, University of Miami, Miami, Florida, USA

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f: Department of Cardiovascular Medicine, The Wright Center for Graduate Medical Education,
Scranton, PA, USA

g: Cardiology Division/Electrophysiology Section, Wake Forest Baptist Hospital, Winston-
Salem, NC, USA

h: Department of Electrophysiology, University of Michigan, Ann Arbor, MI, USA

i: Department of Internal Medicine, Roy and Lucille J. Carver College of Medicine, University
of Iowa, Iowa City, Iowa 52242

j: Comprehensive Access and Delivery Research and Evaluation Center (CADRE), Iowa City
VA Medical Center, Iowa City, IA 52246

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Address for correspondence and address for reprints:

Mary S. Vaughan Sarrazin PhD,

University of Iowa Institute for Clinical and Translational Sciences,
200 Hawkins Drive, C44-GH, Iowa City, IA 52242.

Email: mary-vaughan-sarrazin@uiowa.edu,

Fax: 319-877-4932, Phone: 319-855- 9537.

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Abstract

Background: Sex specific effectiveness of Rivaroxaban (RIVA), Dabigatran (DABI) and Warfarin in reducing myocardial infarction (MI), heart failure (HF) and all-cause mortality among patients with atrial fibrillation (AF) are not known. We assessed sex specific associations of RIVA, DABI, or Warfarin use with the risk of MI, HF and all-cause mortality among patients with AF.

Methods and Results: Medicare beneficiaries [men: 65,734 (44.8%), women: 81,135 (55.2%)] with AF who initiated oral anticoagulants formed the study cohort. Inpatient admissions for MI, HF, and all-cause mortality were compared between the three drugs separately for men and women using three-way propensity matched samples. In men, RIVA use was associated with a reduced risk of MI admissions compared to warfarin use [hazard ratio (HR) (95% CI): 0.59 (0.38 – 0.91)], with a trend towards reduced risk compared to DABI use [0.67 (0.44 – 1.01)]. In women, there were no significant differences in the risk of MI admissions across all 3 anticoagulants. In both sexes, RIVA use and DABI use were associated with reduced risk of HF admissions [men: RIVA; 0.75 (0.63 – 0.89), DABI; 0.81 (0.69 – 0.96)] [women: RIVA; 0.64 (0.56 – 0.74), DABI; 0.73 (0.63 – 0.83)] and all-cause mortality [men: RIVA; 0.66 (0.53 – 0.81), DABI; 0.75 (0.61 – 0.93)] [women: RIVA; 0.76 (0.63 – 0.91), DABI; 0.77 (0.64 – 0.93)] compared with warfarin use.

Conclusions: RIVA use and DABI use when compared to Warfarin use was associated with a reduced risk of HF admissions and all-cause mortality in both sexes. However, reduced risk of MI admissions noted with RIVA use appears to be limited to men.

Key words: atrial fibrillation; sex; mortality; myocardial infarction; heart failure

Clinical Perspective

What is new?

- Women with AF have a greater incidence of MI, HF and all-cause mortality compared to men.
- RIVA and DABI use were associated with reduced HF admissions and all-cause mortality in AF patients from both sexes.
- RIVA's association with a reduced MI risk seems to be limited to men.

What are the clinical implications?

- Association of RIVA use with reduced MI risk in men may guide clinician decision making regarding the choice of anticoagulant in men
- Future studies should explore newer anticoagulants with superior outcome profile specific to women.

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Introduction

Acute myocardial infarction (MI) and heart failure (HF) account for > 70% deaths in patients with non-valvular atrial fibrillation (AF) [1]. Patients with AF suffer 2-3 times higher risk of incident HF [1 - 3] and incident MI [3, 4] compared to patients without AF. Hence, there is a need for effective strategies to help reduce these cardiovascular (CV) events in patients with AF [5]. Further, there appears to be a sex difference in the incidence of these CV events [2]. Women with AF, have nearly 2 times higher risk for these CV events when compared to their male counterparts [2]. It is important to assess sex specific effectiveness of treatment strategies that shows promise with reducing MI, HF and all-cause mortality in patients with AF.

Direct oral anticoagulants (DOAC) [Rivaroxaban (RIVA), Dabigatran (DABI)] and warfarin are associated with a reduction in all-cause mortality and vascular mortality including those related to HF hospitalizations in patients with AF [6]. Warfarin [7] and RIVA [8] use are associated with a reduced risk of MI in this patient population, while evidence regarding the association between DABI and MI risk is inconsistent [9, 10]. Data assessing sex specific associations of DOACs with the risk of MI, HF and all-cause mortality is lacking in the literature.

In-order to bridge this literature gap, we used a nationally representative cohort of elderly Medicare beneficiaries with newly diagnosed AF to compare outcomes pertaining to cardiovascular disease (MI and CHF) and all-cause mortality in patients taking DOACs (RIVA and DABI) or Warfarin. Relative outcomes for each drug were investigated separately for men and women.

Methods

The study was approved by the University of Iowa Institutional review board. Since this was a retrospective analysis of claims data the need for informed consent was waived.

A description of the methods is mentioned in our prior work [11]. We used the Centers for Medicare and Medicaid Services (CMS) patient records and linked data sources including: 1) Beneficiary Summary File Base and Chronic Conditions segments; 2) Inpatient (Part A) and

Carrier (Part B) Standard Analytic Files for 2011 through 2013; 3) Pharmacy Drug Event (Part D) files for 2011-2013. We identified 213,705 Medicare beneficiaries who were enrolled in CMS Part D prescription drug coverage plan, were newly diagnosed with AF between November 1, 2011 and October 31, 2013, and initiated DABI 150 mg twice daily, RIVA 20 mg once daily, or Warfarin within 90 days after AF diagnosis. New AF was defined based on previously published algorithms (i.e., one inpatient claim or two outpatient claims within 90 days with ICD-9-CM code 427.31 as primary or first secondary diagnosis) [12]. Medicare Part D benefit plan is a prescription drug plan via which beneficiaries procure prescription drugs in ambulatory settings. We note that, for some patients, anticoagulants may be initiated during hospitalization if AF is diagnosed during an inpatient stay. These drugs are generally not reflected in Part D claims, but would be reflected in subsequent medication fills after discharge. Thus, the 213,705 Medicare beneficiaries with AF who initiated on 1 of the 3 anticoagulants reflect outpatient prescriptions for long term stroke prevention.

From a total of 213,705 Medicare beneficiaries 5,698 were excluded due to incomplete claims data. Another, 46,266 patients who were already on oral anticoagulants prior to the first AF diagnosis claims date were excluded. Further, 7,931 patients who underwent open heart surgeries and 6,270 patients who underwent joint replacement surgeries or hospitalized for pulmonary thromboembolism or deep vein thrombosis treatment were excluded. Another 669 patients with mechanical heart valves or on dialysis were excluded. Our final study cohort (n = 146,871 patients) included 101,715 patients receiving warfarin (69.4%), 23,177 patients receiving RIVA (15.7%) and 21,979 patients receiving DABI (14.9%).

Outcomes: inpatient admissions for incident MI, HF and all-cause mortality were the outcomes assessed in this study. MI and HF were based on the primary ICD-9-CM diagnosis on inpatient standard analytical file (SAF) claims for acute care stays (inpatient admissions) occurring after initiating oral anticoagulation. All-cause mortality was defined using the validated date of death on the Medicare beneficiary enrollment file.

Patient characteristics were derived from Medicare enrollment data and inpatient and carrier claims. Age, sex, and race were identified from Medicare enrollment data. Comorbid diseases defined by Elixhauser et. al. [13] were identified by ICD-9-CM diagnoses in inpatient and outpatient claims during the 12 months preceding AF diagnosis. We identified additional

comorbidities of importance to AF outcomes, including: other dysrhythmias (ICD-9-CM codes 427.X, excluding 427.3), cardiomyopathy (ICD9 codes 425.X), cardiac conduction disorder (e.g., bundle branch block; ICD9 codes 426.X), and previous implantable cardiac device (e.g., pacemaker; ICD9 codes V45.0, V53.3). The CHA₂DS₂-VASc stroke risk score was calculated using standard protocol [14]. The HAS-BLED score was used to represent bleeding risk [15], which may impact anticoagulant choice. The comorbidity score defined by Gagne et al, [16] was calculated to assess disease burden. Finally, we identified the setting of the original AF diagnosis (inpatient or ambulatory setting).

Statistical analysis

We divided the total cohort into male and female cohorts. We used Chi-square test or one-way analysis of variance, as appropriate, to compare demographic variables, comorbid conditions, AF diagnosis setting, medication use, CHA₂DS₂-VASc score, HAS-BLED score and Gagne score between the three treatment groups [participants initiated on DABI 150 mg twice a day (DABI group), participants initiated on RIVA 20 mg daily (RIVA group) and participants who were initiated on Warfarin (Warfarin group)]. Comparisons were conducted separately in men and women. We then used the three-way propensity matching method described by Rassen et. al [17] to create groups of patients receiving DABI, RIVA, or warfarin that were balanced with respect to patient covariates and also had clinical equipoise --that is, patients included in the matched samples were plausible candidates for all three anticoagulants under study. Propensity matching was conducted separately for men and women. We assessed the success of the matching algorithm by comparing standardized differences in demographic variables, co-morbid diseases, AF diagnosis setting, medication use, CHA₂DS₂-VASc score, HAS-BLED score and the Gagne score between each drug in the matched samples. As recommended by Austin [18] we evaluated the success of the matching algorithm using standardized differences rather than p-values, as p-values depend on sample sizes and may therefore not adequately reflect meaningful differences. Standardized differences less than 10% (i.e., 0.10 times the standard deviation of the difference) suggest adequate balance [18].

We used the propensity matched samples to calculate event rates/100 patient years of follow-up for each outcome for the 3 anticoagulant groups in men and women separately. We then plotted Kaplan-Meier curves for each anticoagulant for each study outcome in males and females

separately. Log-rank test was performed to compare the curves for the 3 anticoagulants. Finally, we used multivariable Cox proportional hazards regression on the matched samples to further control for possible differences between treatment groups within sex. In these models, the dependent variables were time (in days) from anticoagulant initiation to a given event (e.g., admission for MI or censoring), while candidate independent variables included patient demographics, comorbid conditions, concurrent medication use, and prior health services utilization as described previously. Censoring events included end of observation (December 31, 2013), cessation of the initial anticoagulant (defined as the date of the last fill plus days supplied), or death. Variables were selected for inclusion in Cox models based on relationship to the outcome, using a statistical criterion on 0.05. Covariates adjusted in the Cox models for each of the outcomes are detailed in Table S1. Models also included indicators for the type of anticoagulant used. [DABI vs Warfarin (reference), RIVA Vs Warfarin (reference) and RIVA vs DABI (reference)]. Since propensity matching created dependencies in the data we used robust standard errors for the Cox regression models. Results of the regression analyses were reported as hazard ratios (HR) and 95% confidence intervals (CI) for DABI vs Warfarin, RIVA Vs Warfarin, and RIVA vs DABI. Dataset creation and propensity matching were conducted using SAS; all other analysis was performed using STATA 11 software.

Results

Overall, the final study cohort included 23,177, 21,979, and 101,715 patients who initiated RIVA, DABI, and warfarin, respectively. Of the 65,734 men (44.7%) in the study, 11,606 initiated RIVA, 10,740 initiated DABI and 43,388 initiated Warfarin. Of the 81,137 women (55.3%), 11,571 initiated RIVA, 11,239 initiated DABI and 58,327 initiated Warfarin. Prior to propensity matching there were significant differences in the baseline characteristics across the 3 anticoagulant groups in men as well as women (Table 1). After propensity matching (Table 2, table 3, table 4), there were 22,827 men (7,609 taking each drug), and 33,111 women (11,037 taking each drug). After propensity matching, there were no significant differences in the baseline characteristics between the 3 anticoagulant groups in men (Table 4). Also, in men, all standardized differences between the 3 anticoagulant groups were lower than 10%, suggesting a good covariate match. In women, after propensity matching, statistically significant differences remained for some comorbid conditions (e.g., heart failure, prior stroke). However, all

standardized differences between the 3 anticoagulant groups were substantially lower than 10%, suggesting good covariate balance.

Outcomes

Sex specific outcome rates in the propensity matched cohorts are detailed in Table 5. Overall, 150 inpatient hospitalizations for MIs and 751 inpatient hospitalizations for HF were noted in men, and 507 men died by the end of follow-up. In women, 166 inpatient hospitalizations for MIs and 1295 inpatient hospitalizations for HF were noted and 659 died by the end of follow-up.

In men, RIVA use was associated with a reduced risk of MI admissions compared with warfarin use [HR (95% CI): 0.64 (0.43 – 0.97)], with a trend toward low risk compared to DABI use [0.67 (0.44-1.01; p=0.06) (Table 6). The risk of MI admissions was similar with DABI use compared with Warfarin use. Further, in men, RIVA use and DABI use were associated with a reduced risk of HF admissions [RIVA: 0.75 (0.63 – 0.89)], [DABI: 0.81 (0.69 – 0.96)] and all-cause mortality [RIVA: 0.66 (0.53 – 0.81)], [DABI: 0.75 (0.61 – 0.93)] compared to warfarin use. The risk of HF admissions and all-cause mortality were similar with RIVA use compared with DABI use in men.

In women, the risk of MI admissions was similar across all 3 anticoagulants (Table 6). The risk of HF admissions was lower with RIVA use and DABI use compared to warfarin use in women [RIVA: 0.64 (0.56 – 0.74), DABI: 0.73 (0.63 – 0.83)], as was all-cause mortality [RIVA: 0.76 (0.63 – 0.91), (DABI: 0.77 (0.64 – 0.93)]. HF admissions and all-cause mortality did not differ between RIVA and DABI in women. Figure 1A, 1B, 2A, 2B, 3A and 3B show the associated survival curves (with embedded graphs showing log-transformed survival rates to provide visual separation between curves).

Discussion

In our analysis of Medicare claims data for elderly patients with newly diagnosed AF in the United States; we observed significant differences in cardiovascular outcomes and all-cause mortality by anticoagulant type within sex. In men, RIVA use was associated with a lower risk of MI compared to either DABI use or Warfarin use, while the risk of MI was similar across all 3 anticoagulants in women. In both sexes, RIVA use and DABI use were both associated with lower risk of HF admissions and all-cause mortality compared to Warfarin use.

A reduced risk of MI with RIVA use in patients with AF has been documented previously [8]. The ROCKET-AF trial [19] that compared RIVA daily to Warfarin, reported a

lower rate of incident MI in the RIVA arm (0.91/100 patient years) compared to the warfarin arm (1.12/100 patient years). However, sex specific MI rates were not reported. The ATLAS-ACS 2 trial [20] compared low dose RIVA (2.5 mg or 5 mg twice daily) to placebo in patients with a recent acute coronary syndrome, and found RIVA to reduce risk of death from cardiovascular causes, myocardial infarction, and stroke. The relative impact of RIVA on these outcomes combined did not differ significantly by sex. However, direct comparisons to our analysis cannot be drawn because of differences in the patient populations (patients with recent acute coronary syndrome vs patients with AF in our study), different RIVA dose and timing (RIVA 2.5 or 5 mg twice daily vs RIVA 20 mg daily in our study), and different comparators (placebo vs Warfarin and DABI in our study).

Inconsistencies exist with regards to the association between DABI use and risk of MI in patients with AF. Randomized trials report an increased MI risk with DABI use compared to Warfarin use [10] and platelet activation potential of DABI is suspected to be the etiology of this increased MI risk [10]. In contrast, observational data suggests a reduced MI risk with DABI use when compared to Warfarin use [9, 21]. Sex specific comparisons of DABI use compared to Warfarin use and the associated risk of MI were not reported in these studies.

While previous studies have evaluated the risk of MI between RIVA and warfarin, or between DABI and warfarin, few studies have compared RIVA use to DABI use. One meta-analysis found that RIVA use was associated with a reduced MI risk compared to DABI use in patients with AF [22], while another observational analysis found similar risk of MI in patients with AF using RIVA or DABI [23]. These reports did not mention sex specific comparisons of RIVA to DABI and associated MI risk.

Compared to MI prevention, the use of anticoagulants for HF has received little attention in the literature. RIVA is thought to have the potential to prevent HF episodes. Specifically, RIVA inhibits Factor Xa, an enzyme necessary for thrombin generation. Recent molecular studies have identified thrombin related pathways that simulate myocyte injury, enhance myocardial inflammation, promote endothelial dysfunction and increase microvascular thrombosis [24, 25]. This milieu is suspected to orchestrate HF pathogenesis. By inhibiting steps preceding thrombin generation, RIVA is suspected to inactivate the above mentioned thrombin cascade [24, 25]. With this underlying hypothesis, the COMMANDER-HF trial [26] is assessing the efficacy of RIVA in reducing heart failure re-admissions as a secondary end point among

patients with HF and coronary artery disease. DABI, a direct thrombin inhibitor, may also have similar benefits [24, 25], but human experiments are not yet evaluating this hypothesis. In our study, we noted that both RIVA use and DABI use were associated with a reduction in HF risk compared to Warfarin in men as well as women with AF, thereby adding validity to the thrombin hypothesis discussed above.

With regards to all-cause mortality, in harmony with our results, prior investigations have consistently shown an association between reduction in all-cause mortality with RIVA use [6, 19, 23] as well as DABI use [9, 10], compared to Warfarin use in patients with AF. The mechanistic basis remains unclear and multiple hypotheses exist. Thrombin cascade inhibition mentioned above is one such hypothesis, while improved stroke and MI prevention with RIVA or DABI may also explain reductions in mortality. Selection bias is also possible because healthier individuals are more likely to be prescribed DOACs and hence have a survival advantage over Warfarin candidates. Further, in concordance with our results, RIVA use is shown to be similar to DABI use in terms of risk for all-cause mortality in observational studies [23, 27]. However, none of these referenced studies reported sex specific outcomes.

Limitations

Although the strengths of our analysis include: nationally representative large sample of patients, and the use of propensity score matching to control for confounders, several limitations must be noted. Bias due to unmeasured confounders is still a possibility since propensity matching will not control for unmeasured confounders. In addition, our data includes patients >65 years of age only, and therefore our findings may not generalize to younger patients. Also, the Medicare claims used for this study lack granular prognostic details such as AF burden AF type, left ventricular ejection fraction and degree of coronary artery disease. Further, patients hospitalized for AF may have had troponin elevation due to the mechanism of demand supply mismatch and could have received a diagnosis of MI. This is a known limitation of ICD-9 based MI outcome determination because ICD-9 codes cannot differentiate MI due to demand supply mismatch and MI due to plaque rupture [28]. Similarly, hospitalization for AF could have had a clinical presentation of HF and hence such hospitalizations could have received a primary diagnosis of HF [29]. Making such distinction, although important, is beyond the scope of our data.

Prospective studies with validated MI and HF outcome determination are needed to improve

specificity of these outcomes. Finally, we had a short follow-up (median 14 months) and hence it is yet to be determined if these associations will stand with long term follow-up.

Conclusions

Sex differences are possible in the association between oral anticoagulant use and the risk of MI, HF and all-cause mortality in patients with AF. Our finding that RIVA use may reduce the risk of MI in men may guide clinician decision making regarding the choice of anticoagulant in men with AF. Although it is reassuring to note that the DOACs are associated with a reduced risk of HF and all-cause mortality in both sexes, our results also confirm the enormity of cardiovascular disease burden in women and the need for newer treatment strategies with proven benefit specific to women.

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Table 1. Characteristics of study patients taking Dabigatran (150 mg twice daily), Rivaroxaban (20 mg once daily), or Warfarin (Before propensity matching)

	Women				Men			
	Dabigatran	Rivaroxaban	Warfarin	P value	Dabigatran	Rivaroxaban	Warfarin	P value
<i>Number of patients</i>	11,239	11,571	58,327		10,740	11,606	43,388	
Mean Age (SD)	76.9 (6.6)	76.6 (6.6)	79.6 (7.2)	< 0.001	74.7 (5.9)	74.9 (6.0)	76.9 (6.8)	<0.001
Number (%) > 85 years	1599 (14.2%)	1565 (13.5%)	16,048 (27.5%)	<0.001	749 (6.9%)	906 (7.8%)	6,779 (15.6%)	<0.001
	Race							
White (%)	9,874 (87.9%)	10,342 (89.4%)	50,357 (86.3%)	< 0.001	9,849 (91.7%)	10,677 (92.0%)	38,187 (88.0%)	<0.001
Black (%)	495 (4.4%)	460 (3.9%)	3525 (6.04%)		273 (2.5%)	284 (2.4%)	1,895 (4.4%)	
Hispanic (%)	496 (4.4%)	492 (4.3%)	2839 (4.9%)		328 (3.1%)	359 (3.1%)	1,850 (4.3%)	
Other (%)	374 (3.3%)	277 (2.4%)	1606 (2.8%)		290 (2.7%)	286 (2.5%)	1456 (3.4%)	
	Co-morbid conditions							
Heart Failure	2,777 (24.7%)	2,682 (23.2%)	21,753 (37.3%)	< 0.001	2,533 (23.6%)	2,723 (23.5%)	15,945 (36.8%)	< 0.001
Cardiomyopathy	570 (5.1%)	636 (5.5%)	4,536 (7.8%)	< 0.001	898 (8.4%)	1,037 (8.9%)	5,216 (12.0%)	< 0.001
Other dysrhythmia	3676	3940 (34.1%)	20,690	<	3,457	3,798 (32.7%)	15,799	<

	(32.7%)		(35.5%)	0.001	(32.2%)		(36.4%)	0.001
Implantable Device	415 (3.7%)	468 (4.0%)	2,874 (4.9%)	< 0.001	621 (5.8%)	814 (7.0%)	3,868 (8.9%)	<0.001
Peripheral vascular disease	2,042 (18.2%)	2,088 (18.1%)	14,262 (24.5%)	< 0.001	2,014 (18.8%)	2,247 (19.4%)	11,245 (25.9%)	< 0.001
Hypertension	9,614 (85.5%)	9,945 (85.9%)	51,394 (88.1%)	< 0.001	8,785 (81.8%)	9,603 (82.7%)	36,058 (83.1%)	0.005
Diabetes	3,554 (31.6%)	3521 (30.4%)	20,892 (35.8%)	< 0.001	3,640 (33.9%)	3947 (34.0%)	17,148 (39.5%)	<0.001
Renal Disease	945 (8.4%)	868 (7.5%)	12,116 (20.8%)	< 0.001	1,032 (9.6%)	1000 (8.6%)	10,361 (23.8%)	<0.001
Liver Disease	462 (4.1%)	489 (4.2%)	2751 (4.7%)	0.003	399 (3.7%)	458 (3.9%)	2,105 (4.8%)	<0.001
Stroke or Transient Ischemic Attack	1,523 (13.6%)	1443 (12.5%)	10,364 (17.8%)	< 0.001	1,115 (10.4%)	1236 (10.7%)	6,609 (15.2%)	< 0.001
<i>Previous Major Bleeding</i>								
Intracranial	56 (0.5%)	56 (0.5%)	511 (0.88%)	<0.001	45 (0.42%)	46 (0.40%)	368 (0.85%)	< 0.001
Gastro-Intestinal	3,125 (27.8%)	3378 (29.2%)	18,336 (31.4%)	< 0.001	2,452 (22.8%)	2,621 (22.6%)	11,006 (25.4%)	<0.001
<i>Comorbidity Scores</i>								
Gagne Score	3.1 (2.2)	3.0 (2.2)	4.2 (2.8)	< 0.001	2.9 (2.2)	2.9 (2.2)	4.2 (2.9)	< 0.001

CHADS2-VascScore	4.9 (1.5)	4.8 (1.5)	5.4 (1.6)	< 0.001	3.7 (1.6)	3.8 (1.6)	4.3 (1.7)	< 0.001
HAS-BLED Score	1.7	1.6	1.8	<0.001	1.6	1.6	1.9	< 0.001
Medications in prior 90 days:								
Statin	4,804 (42.7%)	4844 (41.9%)	24,436 (41.9%)	0.234	5,038 (46.9%)	5555 (47.9%)	19,564 (45.1%)	< 0.001
Antiplatelet	523 (4.7%)	486 (4.2%)	3295 (5.7%)	<0.001	551 (5.1%)	650 (5.6%)	3157 (7.3%)	<0.001
Proton pump inhibitors	2,482 (22.1%)	2,593 (22.4%)	14,072 (24.1%)	<0.001	1884 (17.5%)	2,093 (18.0%)	8,045 (18.5%)	0.041
NSAID	1741 (15.5%)	1691 (14.6%)	7416 (12.7%)	< 0.001	1,192 (11.1%)	1279 (11.0%)	4,251 (9.8%)	< 0.001
Prior Health Services Utilization								
Inpatient Hospital Days	2.7	2.7	5.3	<0.001	2.0	2.1	4.5	<0.001
Number of Prescriptions	9.6	9.6	10.3	<0.001	8.3	8.3	9.0	<0.001
Skilled Nursing Facility	577 (5.1%)	562 (4.9%)	6,534 (11.2%)	<0.001	269 (2.3%)	278 (2.6%)	2,920 (6.7%)	< 0.001
AF Diagnosed in Inpatient Setting	5147 (45.8%)	5004 (43.3%)	31,444 (53.9%)	<0.001	5015 (46.7%)	4886 (42.1 %)	23,559 (54.3%)	< 0.001

SD indicates standard deviation; CHA2DS2-VASc indicates 1 point each for congestive heart failure diagnosis, female sex, hypertension diagnosis, diabetes diagnosis, age 65-75 years, and vascular disease diagnosis; 2 points each for age >75 years and prior stroke or transient ischemic attack; HAS-BLED, 1 point each for hypertension diagnosis, renal disease, liver disease, stroke history, prior major bleeding, labile INR, age >65 years, medication usage predisposing to bleeding and alcohol or drug use history; AF, atrial fibrillation; NSAID, nonsteroidal anti-inflammatory drugs

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Table 2. Standardized differences (%) before and after propensity matching in women

	Dabigatran vs Rivaroxaban		Dabigatran vs Warfarin		Rivaroxaban vs Warfarin	
	Pre-matching	Post- matching	Pre-matching	Post- matching	Pre-matching	Post- matching
Demographics						
Age	4.82%	0.32%	-38.27%	-0.60%	-42.82%	-0.90%
<i>Race</i>						
White	-4.80%	-1.97%	4.53%	-3.19%	9.33%	-1.36%
Black	2.14%	0.77%	-7.37%	1.02%	-9.49%	0.33%
Other	4.24%	1.82%	0.45%	3.16%	-3.79%	1.44%
Comorbid Conditions						
Heart failure	3.59%	0.87%	-27.47%	3.48%	-31.10%	2.70%
Cardiomyopathy	-1.90%	-1.86%	-11.05%	0.78%	-9.17%	2.44%
Peripheral vascular disease	0.32%	-1.18%	-15.39%	-0.13%	-15.71%	0.98%
Hypertension	-0.59%	-0.46%	-8.93%	1.21%	-8.34%	1.69%
Diabetes	2.85%	0.72%	-9.18%	1.81%	-12.03%	1.11%
Renal disease	3.35%	0.70%	-35.57%	0.18%	-38.80%	-0.37%
Liver disease	-0.58%	-0.01%	-2.95%	2.25%	-2.37%	2.24%
Previous stroke or transient ischemic attack	3.21%	1.35%	-11.62%	3.60%	-14.83%	2.38%
Previous myocardial infarction	-1.60%	-1.98%	-16.86%	1.60%	-15.29%	3.32%
Other arrhythmia	-2.85%	-1.44%	-5.84%	2.64%	-2.99%	4.05%
Cardiac device	-1.83%	-2.26%	-6.08%	-0.85%	-4.27%	1.27%

Previous major bleeding						
Intracranial hemorrhage	0.20%	0.52%	-4.57%	0.55%	-4.77%	0.11%
Gastrointestinal hemorrhage	-3.08%	-1.97%	-7.96%	1.71%	-4.88%	3.63%
Comorbidity scores						
Gagne Score	3.36%	-0.35%	-43.58%	1.95%	-46.84%	2.27%
CHADS2-Vasc Score	3.35%	-0.58%	-33.65%	4.23%	-36.99%	4.80%
HAS-BLED Score	2.56%	0.29%	-23.14%	4.10%	-25.70%	3.85%
Previous health care services						
Inpatient Hospital Days	0.84%	-1.09%	-35.76%	0.12%	-35.48%	0.94%
AF Diagnosed Inpatient	5.11	1.79	-16.3%	5.64%	-21.45	3.87
Number Unique Prescription	1.22%	0.40%	-10.48%	0.79%	-11.75%	0.40%
Ingredients						
Prior Extended Care or Skilled Nursing Stay	1.27%	0.25%	-22.29%	-0.23%	-23.51%	-0.44%
Medications in prior 90 days						
Statin	1.78%	1.27%	1.72%	1.03%	-0.06%	-0.24%
Prescription Antiplatelet	2.20%	0.26%	-4.51%	0.57%	-6.70%	0.34%
Proton Pump Inhibitors	-0.78%	-0.98%	-4.85%	1.18%	-4.06%	2.14%
NSAID	2.45%	1.52%	7.98%	2.14%	5.53%	0.58%

CHA2DS2-VASc indicates 1 point each for congestive heart failure diagnosis, female sex, hypertension diagnosis, diabetes diagnosis, age 65-75 years, and vascular disease diagnosis; 2 points each for age >75 years and prior stroke or transient ischemic attack; HAS-BLED, 1 point each for hypertension diagnosis, renal disease, liver

disease, stroke history, prior major bleeding, labile INR, age >65 years, medication usage predisposing to bleeding and alcohol or drug use history; AF, atrial fibrillation; NSAID, nonsteroidal anti-inflammatory drugs

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Table 3. Standardized differences (%) before and after propensity matching in men

	Dabigatran vs Rivaroxaban		Dabigatran vs Warfarin		Rivaroxaban vs Warfarin	
	Pre-matching	Post- matching	Pre-matching	Post- matching	Pre-matching	Post- matching
Demographics						
Age	-3.28%	-2.56%	-34.02%	2.02%	-30.71%	4.38%
<i>Race</i>						
White	-1.07%	-1.59%	12.25%	-2.53%	13.31%	-1.10%
Black	0.61%	0.08%	-10.01%	0.50%	-10.60%	0.44%
Other	0.85%	1.82%	-7.47%	2.69%	-8.32%	-0.11%
Comorbid Conditions						
Heart failure	0.29%	0.81%	-28.98%	0.12%	-29.28%	-0.64%
Cardiomyopathy	-2.04%	-1.22%	-12.12%	0.78%	-10.09%	1.89%
Peripheral vascular disease	-1.55%	-0.20%	-17.27%	0.76%	-15.72%	0.94%
Hypertension	-2.48%	0.46%	-5.28%	-0.43%	-2.81%	-0.91%
Diabetes	-0.37%	0.58%	-12.30%	-0.05%	-11.94%	-0.62%
Renal disease	3.45%	-1.74%	-38.94%	-0.61%	-42.29%	0.76%
Liver disease	-1.20%	2.74%	-5.61%	1.49%	-4.42%	-1.09%
Previous stroke or transient ischemic attack	-0.87%	-1.33%	-14.55%	-3.79%	-13.68%	-2.55%
Previous myocardial infarction	-0.91%	-0.80%	-18.30%	-1.59%	-17.39%	-0.87%
Other arrhythmia	-1.15%	-0.59%	-8.91%	-0.50%	-7.76%	0.08%
Cardiac device	-5.03%	-1.56%	-12.03%	0.40%	-7.03%	1.80%
Previous major bleeding						
Intracranial hemorrhage	0.36%	-1.03%	-5.41%	0.01%	-5.75%	0.84%

Gastrointestinal hemorrhage	0.59%	-0.50%	-5.93%	-0.68%	-6.52%	-0.18%
Comorbidity scores						
+ Gagne Score	-0.80%	0.29%	-47.13%	-0.71%	-46.17%	-0.95%
CHADS2-Vasc Score	-3.88%	-1.25%	-34.89%	-2.63%	-31.15%	-1.42%
- HAS-BLED Score	-0.10%	0.62%	-30.32%	-0.17%	-30.25%	-0.74%
Previous health care services						
Inpatient Hospital Days	0.36%	0.56%	-36.13%	-1.94%	-36.09%	-2.31%
Number Unique Prescription	-0.76%	2.91%	-12.45%	1.69%	-11.75%	-1.10%
Ingredients						
Previous Extended Care or Skilled Nursing Stay	1.75%	-0.17%	-19.75%	-0.25%	-21.35%	-0.13%
Medications in the prior 90 days						
Statin	-1.91%	1.82%	3.65%	-0.66%	5.56%	-2.48%
Prescription Antiplatelet	-2.09%	0.93%	-8.90%	1.36%	-6.83%	0.48%
Proton Pump Inhibitors	-1.29%	0.72%	-2.60%	-0.48%	-1.31%	-1.19%
NSAID	0.25%	1.34%	4.25%	1.46%	4.00%	0.09%

CHA2DS2-VASc indicates 1 point each for congestive heart failure diagnosis, female sex, hypertension diagnosis, diabetes diagnosis, age 65-75 years, and vascular disease diagnosis; 2 points each for age >75 years and prior stroke or transient ischemic attack; HAS-BLED, 1 point each for hypertension diagnosis, renal disease, liver disease, stroke history, prior major bleeding, labile INR, age >65 years, medication usage predisposing to bleeding and alcohol or drug use history; NSAID, nonsteroidal anti-inflammatory drugs

Table 4. Characteristics of study patients taking dabigatran (150 mg twice daily), rivaroxaban (20 mg once daily), or warfarin (after propensity matching)

	Women			P value	Men			P value
	Dabigatran	Rivaroxaban	Warfarin		Dabigatran	Rivaroxaban	Warfarin	
<i>No. of patients</i>	11,037	11,037	11,037		7,609	7,609	7,609	
Mean Age (SD)	76.8 (6.2)	76.8 (6.1)	76.9 (6.4)	0.51	74.9 (6.1)	75.1 (6.2)	74.8 (6.1)	0.24
Number (%) > 85 years	1522 (13.8)	1565 (14.2)	1598 (14.5)	0.338	626 (8.2)	655 (8.6)	615 (8.1)	0.479
	Race							
White (%)	9756 (88.4)	9825 (89.0)	9874 (89.5)	0.08	6,930 (91.2)	6,963 (91.5)	6,988 (91.8)	0.81
Black (%)	471 (4.3)	454 (4.1)	446 (4.0)		205 (2.7)	204 (2.7)	198 (2.6)	

Hispanic (%)	484 (4.4)	481 (4.4)	449 (4.1)		259 (3.4)	242 (3.3)	235 (3.0)	
Other (%)	333 (3.0)	277 (2.5)	282 (2.6)		215 (2.8)	191 (2.5)	208 (2.7)	
Co-morbid conditions								
Heart Failure	2661 (24.1%)	2620 (23.7%)	2485 (22.5%)	0.014	1,898 (24.9%)	1,872 (24.6%)	1,894 (24.9%)	0.87
Previous myocardial infarction	760 (6.9%)	816 (7.4%)	709(6.4%)	0.02	792 (10.4%)	810 (10.7%)	832 (10.9%)	0.57
Cardiomyopathy	560 (5.1%)	606 (5.5%)	539 (4.9%)	0.11	668 (8.8%)	694 (9.1%)	650 (8.5%)	0.45
Other dysrhythmia	3632 (32.9%)	3707 (33.6%)	3494 (31.7%)	0.01	2,478 (32.6%)	2,499 (32.8%)	2,496 (32.8%)	0.926
Implantable Device	408 (3.7%)	456 (4.1%)	427 (3.9%)	0.24	491 (6.5%)	520 (6.8%)	483 (6.4%)	0.44
Peripheral vascular disease	1979 (17.9%)	2029 (18.4%)	1985 (18.0%)	0.63	1,518 (20.0%)	1,524 (20.0%)	1,494 (19.6%)	0.42
Hypertension	9565 (86.7%)	9582 (86.8%)	9522 (86.3%)	0.47	6,389 (84.0%)	6,376 (83.8%)	6,401 (84.1%)	0.86
Diabetes	3512 (31.8%)	3475 (31.5%)	3417 (31.0%)	0.38	2,732 (35.9%)	2,711 (35.6%)	2,734 (35.9%)	0.91
Renal Disease	889 (8.1%)	868 (7.9%)	882 (8.0%)	0.87	800 (10.5%)	838 (11.0%)	817 (10.7%)	0.61
Liver Disease	451 (4.1%)	451 (4.1%)	400 (3.6%)	0.13	325 (4.3%)	285 (3.8%)	302 (4.0%)	0.25

Stroke or transient ischemic attack	1461 (13.2%)	1411 (12.8%)	1317 (11.9%)	0.02	826 (10.9%)	857 (11.3%)	922 (12.1%)	0.054
Previous Major Bleeding								
Intracranial	54 (0.49%)	50 (0.45%)	49 (0.44%)	0.87	32 (0.42%)	37 (0.49%)	32 (0.42%)	0.78
Gastro-Intestinal	3072 (27.8%)	3170 (28.7%)	2986 (27.1%)	0.03	1,742 (22.9%)	1,758 (23.1%)	1,764 (23.2%)	0.91
Comorbidity Scores								
Gagne Score	3.0	3.1	3.0	0.14	3.1	3.1	3.1	0.644
CHADS2-Vasc Score	4.8	4.8	4.8	0.711	3.8	3.8	3.8	0.68
HAS-BLED Score	1.6	1.6	1.6	0.091	1.7	1.7	1.7	0.12
Medications in prior 90 days:								
Statin	4700 (42.6%)	4631 (42.0%)	4644 (42.1%)	0.61	3,573 (47.0%)	3,504 (46.1%)	3,598 (47.3%)	0.29
Antiplatelet	488 (4.4%)	482 (4.4%)	474 (4.3%)	0.90	432 (5.7%)	416 (5.5%)	407 (5.4%)	0.67
Proton pump inhibitors	2435 (22.1%)	2480 (22.5%)	2380 (21.6%)	0.27	1,378 (18.1%)	1,357 (17.8%)	1,392 (18.3%)	0.76
NSAID	1690 (15.3%)	1630 (14.8%)	1608 (14.6%)	0.28	843 (11.1%)	811 (10.7%)	809 (10.6%)	0.61
Prior Health Services Utilization								

Hospital Days	2.7	2.7	2.7	0.891	2.3	2.3	2.4	0.24
Prescriptions (n)	9.6	9.6	9.5	0.60	8.5	8.3	8.4	0.771
Prior Extended Care	559 (5.1%)	553 (5.0%)	566 (5.1%)	0.92	226 (3.0%)	228 (3.0%)	230 (3.0%)	0.98
AF Diagnosed in inpatient setting	4987 (45.2%)	4889 (44.3%)	4677 (42.4%)	0.001	2726 (35.8%)	2625 (34.5%)	2725 (35.8%)	0.14

SD indicates standard deviation; CHA2DS2-VASc indicates 1 point each for congestive heart failure diagnosis, female sex, hypertension diagnosis, diabetes diagnosis, age 65-75 years, and vascular disease diagnosis; 2 points each for age >75 years and prior stroke or transient ischemic attack; HAS-BLED, 1 point each for hypertension diagnosis, renal disease, liver disease, stroke history, prior major bleeding, labile INR, age >65 years, medication usage predisposing to bleeding and alcohol or drug use history; AF, atrial fibrillation; NSAID, nonsteroidal anti-inflammatory drugs; AF, atrial fibrillation

Table 5. Sex specific outcomes in propensity matched samples reported as number of events (%), rates/ 100 patient year of follow-up

	Women			Men		
	Dabigatran	Rivaroxaban	Warfarin	Dabigatran	Rivaroxaban	Warfarin
Number of patients	11,037	11,037	11,037	7,609	7,609	7,609
Myocardial infarction	56 (0.51%) 0.75	51 (0.46%) 0.80	59 (0.53%) 0.80	54 (0.7%) 1.3	38 (0.5%) 0.7	58 (0.8%) 1.2
Heart failure	408 (3.7%) 5.6	345 (3.1%) 5.5	542 (4.9%) 7.6	236 (3.1%) 5.3	227 (3.0%) 4.7	288 (3.8%) 6.1

All-cause mortality	201 (1.8%) 2.6	198 (1.8%) 3.1	260 (2.4%) 3.5	154 (2.0%) 3.4	147 (1.9%) 3.0	206 (2.7%) 4.3
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Table 6. Hazard of Outcomes in matched cohorts of men and women

	Women		Men	
	Adjusted Hazard ratio (95% Confidence Interval)	P value	Adjusted Hazard ratio (95% Confidence Interval)	P value
Myocardial infarction				
Rivaroxaban Vs Warfarin	0.94 (0.65 – 1.37)	0.76	0.64 (0.43 – 0.97)	0.03
Dabigatran Vs Warfarin	0.96 (0.67 – 1.39)	0.84	0.96 (0.66 – 1.39)	0.83
Rivaroxaban Vs Dabigatran	0.98 (0.67 – 1.43)	0.92	0.67 (0.44 – 1.01)	0.06
Heart failure				
Rivaroxaban Vs Warfarin	0.64 (0.56 – 0.74)	< 0.001	0.75 (0.63 – 0.89)	0.001
Dabigatran Vs Warfarin	0.73 (0.63 – 0.83)	< 0.001	0.81 (0.69 – 0.96)	0.02
Rivaroxaban Vs Dabigatran	0.88 (0.77 – 1.02)	0.09	0.92 (0.77 – 1.10)	0.39

	All-cause mortality			
Rivaroxaban Vs Warfarin	0.76 (0.63 - 0.91)	0.004	0.66 (0.53 – 0.81)	< 0.001
Dabigatran Vs Warfarin	0.77 (0.64 – 0.93)	0.006	0.75 (0.61 – 0.93)	0.008
Rivaroxaban Vs Dabigatran	0.98 (0.81 – 1.20)	0.86	0.81 (0.70 – 1.10)	0.25

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Figure Legends:

Figure 1. A: Acute myocardial infarction in men. Survival curves for acute myocardial infarction comparing the 3 anticoagulants in men with atrial fibrillation. On the right-hand side corners are the curve separation figures, which are based on log-transformed survival rates. **B:** Acute myocardial infarction in women. Survival curves for acute myocardial infarction comparing the 3 anticoagulants in women with atrial fibrillation. On the right-hand side corners are the curve separation figures, which are based on log-transformed survival rates.

Figure 2. A: Heart failure in men. Survival curves for heart failure comparing the 3 anticoagulants in men with atrial fibrillation. On the right-hand side corner is the curve separation figure, which are based on log-transformed survival rates. **B:** Heart failure in women. Survival curves for heart failure comparing the 3 anticoagulants in women with atrial fibrillation. On the right-hand side corner is the curve separation figure, which are based on log-transformed survival rates.

Figure 3. A: All-cause mortality in men. Survival curves for all-cause mortality comparing the 3 anticoagulants in men with atrial fibrillation. On the right-hand side corner is the curve separation figure, which are based on log-transformed survival rates. **B:** All-cause mortality in women. Survival curves for all-cause mortality comparing the 3 anticoagulants in women with atrial fibrillation. On the right-hand side corner is the curve separation figure, which are based on log-transformed survival rates.