

Periodontitis

WORKGROUP 2

Chairs

Panos N. Papapanou¹

Mariano Sanz²

Participants

Nurcan Buduneli³

Thomas Dietrich⁴

Magda Feres⁵

Dan Fine⁶

Thomas Flemmig⁷

Raul Garcia⁸

William Giannobile⁹

David Herrera Gonzalez²

This is the author manuscript accepted for publication and has undergone full peer review but has not been through the copyediting, typesetting, pagination and proofreading process, which may lead to differences between this version and the [Version of Record](#). Please cite this article as [doi: 10.1002/JPER.17-0721](#).

This article is protected by copyright. All rights reserved.

Filippo Graziani¹⁰

Henry Greenwell¹¹

Richard T. Kao¹²

Moritz Kebschull¹³

Denis Kinane¹⁴

Keith Kirkwood¹⁵

Thomas Kocher¹⁶

Kenneth Komman⁹

Purnima Kumar¹⁷

Bruno Lods¹⁸

Eli Machtei¹⁹

Huanxin Meng²⁰

Andrea Mombelli²¹

Ian Needleman²²

Steven Offenbacher²³

Gregory Seymour²⁴

Ricardo Teles¹⁴

Maurizio Tonetti⁷

1. Columbia University, New York, USA
2. Universidad Complutense Madrid, Spain
3. Ege University School of Dentistry, Izmir, Turkey
4. Birmingham Dental School & Hospital, Birmingham, United Kingdom
5. Universidade Guarulhos, Guarulhos, Brazil
6. Rutgers University, Newark, USA
7. Prince Philip Dental Hospital, Hong Kong
8. Boston University, Boston, USA
9. University of Michigan, Ann Arbor, MI
10. University of Pisa, Pisa, Italy
11. University of Louisville, Louisville, USA
12. Private practice, Cupertino, CA
13. Bonn University, Bonn, Germany
14. University of Pennsylvania, Philadelphia, PA
15. University at Buffalo, Buffalo, USA
16. Greifswald University, Greifswald, Germany
17. Ohio State University, Columbus, OH
18. ACTA University, Amsterdam, Netherlands

19. Rambam HCC & Technion I.I.T., Haifa, Israel
20. Beijing Medical University, Beijing, China
21. University of Geneva, Geneva, Switzerland
22. UCL Eastman Dental Institute, London, United Kingdom
23. University of North Carolina, Chapel Hill, NC
24. University of Queensland, Brisbane, Australia

Sponsor Representatives

Marcelo Araujo (ADA)

Paul Eke (CDC)

Fotis Panagakos (Geistlich)

Name (Colgate)

Name (Sunstar)

Running head: Classification and case definitions for Periodontitis

Key words: periodontal disease, periodontitis, acute periodontal conditions, periodontal abscess, necrotizing periodontitis, necrotizing gingivitis, endo-periodontal lesion.

ABSTRACT

A new periodontitis classification scheme has been adopted, in which forms of the disease previously recognized as "Chronic" or "Aggressive" are now grouped under a single category ("Periodontitis") and are further characterized based on a multi-dimensional *staging* and *grading* system. *Staging* is largely dependent upon the severity of disease at presentation as well as on the complexity of disease management, while *grading* provides supplemental information about biological features of the disease including a history-based analysis of the rate of periodontitis progression; assessment of the risk for further progression; analysis of possible poor outcomes of treatment; and assessment of the risk that the disease or its treatment may negatively affect the general health of the patient.

Necrotizing Periodontal Diseases, whose characteristic clinical phenotype includes typical features (papilla necrosis, bleeding and pain) and are associated with host immune response impairments, remain a distinct periodontitis category.

Endodontic-Periodontal Lesions, defined by a pathological communication between the pulpal and periodontal tissues at a given tooth, occur in either an acute or a chronic form, and are classified according to signs and symptoms that have direct impact on their prognosis and treatment.

Periodontal Abscesses are defined as acute lesions characterized by localized accumulation of pus within the gingival wall of the periodontal pocket/sulcus, rapid tissue destruction and are associated with risk for systemic dissemination.

Periodontitis is a chronic multifactorial inflammatory disease associated with dysbiotic plaque biofilms and characterized by progressive destruction of the tooth-supporting apparatus. Its primary features include the loss of periodontal tissue support, manifested through clinical

attachment loss (CAL) and radiographically assessed alveolar bone loss, presence of periodontal pocketing and gingival bleeding. Periodontitis is a major public health problem due to its high prevalence, as well as because it may lead to tooth loss and disability, negatively affect chewing function and aesthetics, be a source of social inequality, and impair quality of life. Periodontitis accounts for a substantial proportion of edentulism and masticatory dysfunction, results in significant dental care costs and has a plausible negative impact on general health.

According to the latest internationally accepted classification scheme (Armitage¹ 1999), *periodontitis* is further subdivided as follows:

- *Chronic periodontitis*, representing the forms of destructive periodontal disease that are generally characterized by slow progression
- *Aggressive periodontitis*, a diverse group of highly destructive forms of periodontitis affecting primarily young individuals, including conditions formerly classified as "Early-Onset Periodontitis" and "Rapidly Progressing Periodontitis"
- *Periodontitis as a manifestation of systemic disease*, a heterogeneous group of systemic pathological conditions that include periodontitis as a manifestation
- *Necrotizing Periodontal Diseases*, a group of conditions that share a characteristic phenotype where necrosis of the gingival or periodontal tissues is a prominent feature
- *Periodontal Abscesses*, a clinical entity with distinct diagnostic features and treatment requirements

Although the above classification has provided a workable framework that has been used extensively in both clinical practice and scientific investigation in Periodontology during the past 17 years, the system suffers from several important shortcomings, including substantial overlap and lack of clear pathobiology-based distinction between the stipulated categories, diagnostic imprecision, and implementation difficulties. The objectives of Workgroup 2 were to revisit the current classification system of periodontitis, incorporate new knowledge relevant to its epidemiology, etiology and pathogenesis that has accumulated since the current classification's inception, and propose a new classification framework along with case definitions. To this end, five position papers were commissioned, authored, peer-reviewed and accepted. The first reviewed the classification and diagnosis of aggressive periodontitis (Fine et al.² 2018); the second focused on the age-dependent distribution of clinical attachment loss in two population-representative, cross-sectional studies (Billings et al.³ 2018); the third reviewed progression data of clinical attachment loss from existing prospective, longitudinal studies (Needleman et al.⁴ 2018); the fourth reviewed the diagnosis, pathobiology and clinical presentation of acute periodontal lesions (periodontal abscesses, necrotizing periodontal diseases and endo-periodontal lesions; Herrera et al.⁵ 2018); lastly, the fifth focused on periodontitis case definitions (Tonetti et al.⁶ 2018).

The Workgroup reviewed, debated and agreed by consensus on the overall conclusions of the five position papers, that can be largely summarized as follows:

(i) The conflicting literature findings on aggressive periodontitis are primarily due to the fact that the currently adopted classification is too broad, the disease has not been studied from its inception, and there is paucity of longitudinal studies including multiple time points and different populations. The position paper argued that a more restrictive definition might be better suited to take advantage of modern methodologies to enhance knowledge on the diagnosis, pathogenesis, and management of this form of periodontitis.

(ii) Despite substantial differences in the overall severity of attachment loss between the two population samples analyzed by Billings et al.³ (2018), suggesting presence of cohort effects, common patterns of clinical attachment loss (CAL) were identified across different ages, along with consistencies in the relative contribution of recession and pocket depth to CAL. The findings suggest that it is feasible to introduce empirical evidence-driven thresholds of attachment loss that signify disproportionate severity of periodontitis with respect to age.

(iii) Longitudinal mean annual attachment level change was found to vary considerably both within and between populations. Surprisingly, neither age nor gender had any discernible effects on CAL change, but geographic location was associated. Overall, the position paper argued that the existing evidence neither supports nor refutes the differentiation between forms of periodontal diseases based upon progression of attachment level change.

(iv) Necrotizing periodontal diseases are characterized by three typical clinical features (papilla necrosis, bleeding and pain) and are associated with host immune response impairments, which should be considered in the classification of these conditions.

Endodontic-periodontal lesions are defined by a pathological communication between the pulpal and periodontal tissues at a given tooth, occur in either an acute or a chronic form, and should be classified according to signs and symptoms that have direct impact on their prognosis and treatment (i.e., presence or absence of fractures and perforations, and presence or absence of periodontitis).

Periodontal abscesses most frequently occur in pre-existing periodontal pockets and should be classified according to their etiology. They are characterized by localized accumulation of pus within the gingival wall of the periodontal pocket/sulcus, cause rapid tissue destruction which may compromise tooth prognosis, and are associated with risk for systemic dissemination.

(v) A periodontitis case definition system should include three components: (a) identification of a patient as a periodontitis case, (b) identification of the specific type of periodontitis, and (c) description of the clinical presentation and other elements that affect clinical management, prognosis, and potentially broader influences on both oral and systemic health. A framework for developing a multi-dimensional periodontitis *staging* and *grading* system was proposed, in which *staging* is largely dependent upon the severity of disease at presentation as well as on the complexity of disease management, while *grading* provides supplemental information about biological features of the disease including a history-based analysis of the rate of periodontitis progression; assessment of the risk for further progression; analysis of possible poor outcomes of treatment; and assessment of the risk that the disease or its treatment may negatively affect the general health of the patient.

During the workgroup deliberations, the following questions were formulated and addressed in order to clarify and substantiate the need for a new classification system for periodontitis:

Which are the main features that identify periodontitis?

Loss of periodontal tissue support due to inflammation is the primary feature of periodontitis. A threshold of interproximal, clinical attachment loss of $\geq 2\text{mm}$ or $\geq 3\text{mm}$ at 2 or more non-adjacent teeth is commonly used. Clinicians typically confirm presence of interproximal tissue loss through radiographic assessments of bone loss. Clinically meaningful descriptions of periodontitis should include the proportion of sites that bleed on probing, and the number and proportion of teeth with probing depth over certain thresholds (commonly $\geq 4\text{mm}$ and $\geq 6\text{mm}$) and of teeth with clinical attachment loss of $\geq 3\text{mm}$ and $\geq 5\text{mm}$ (Holtfreter et al.⁷ 2015).

Which criteria would need to be fulfilled to support the contention that chronic and aggressive periodontitis are indeed different diseases? (e.g., etiology, histology, pathophysiology, clinical presentation, other)

Differences in etiology and pathophysiology are required to indicate presence of distinct periodontitis entities; variations in clinical presentation *per se*, i.e. extent and severity, do not support the concept of different diseases.

Does current evidence suggest that we should continue to differentiate between "aggressive" and "chronic" periodontitis as two different diseases?

Current evidence does not support the distinction between chronic and aggressive periodontitis, as defined by the 1999 Classification Workshop, as two separate diseases; however, a substantial variation in clinical presentation exists with respect to extent and severity throughout the age spectrum, suggesting that there are population subsets with distinct disease trajectories due to differences in exposure and/or susceptibility.

Is there evidence suggesting that early-onset forms of periodontitis (currently classified under "aggressive periodontitis") have a distinct pathophysiology (e.g., genetic background, microbiology, host-response) compared to later-onset forms?

Although localized early onset periodontitis has a distinct, well-recognized clinical presentation (early onset, molar/incisor distribution, progression of attachment loss), the specific etiologic or pathological elements that account for this distinct presentation are

insufficiently defined. Likewise, mechanisms accounting for the development of generalized periodontitis in young individuals are poorly understood.

What are the determinants for the mean annual attachment loss based on existing longitudinal studies in adults?

A meta-analysis included in the position paper documented differences in mean annual attachment loss between studies originating from different geographic regions, but did not reveal an association with age or gender. It should be emphasized that meta-analysis of mean data may fail to identify associations due to the loss of information and the lack of accounting for both disease progression and regression. However, approaches that have modelled both progression and regression of CAL have also reported no effect of age or smoking on progression, although age and smoking reduced disease regression (e.g., Faddy et al.⁸ 2000). Individual studies that could not be included in the meta-analysis have shown effects of smoking, socioeconomic status, previous attachment loss, ethnicity, age, gender and calculus on mean annual attachment loss.

How do we define a patient as a periodontitis case?

In the context of clinical care, a patient is a "periodontitis case" if:

1. Interdental CAL is detectable at 2 or more non-adjacent teeth, or
2. Buccal or oral CAL \geq 3mm with pocketing greater than 3 mm is detectable at 2 or more teeth

but the observed CAL cannot be ascribed to non-periodontal causes such as: i) gingival recession of traumatic origin; ii) dental caries extending in the cervical area of the tooth; iii) the presence of CAL on the distal aspect of a second molar and associated with malposition or extraction of a third molar, iv) an endodontic lesion draining through the marginal periodontium; and v) the occurrence of a vertical root fracture.

Which different forms periodontitis are recognized in the present revised classification system?

Based on pathophysiology, three clearly different forms of periodontitis have been identified:

- A. Necrotizing periodontitis
- B. Periodontitis as a direct manifestation of systemic diseases
- C. Periodontitis

Differential diagnosis is based on history and the specific signs and symptoms of necrotizing periodontitis, or the presence or absence of an uncommon systemic disease that alters the host immune response. Periodontitis as a direct manifestation of systemic disease (Albandar et al.⁹ 2018, Jepsen et al.¹⁰ 2018) should follow the classification of the primary disease

according to the respective International Statistical Classification of Diseases and Related Health Problems (ICD) codes.

The remaining clinical cases of periodontitis which do not have the local characteristics of necrotizing periodontitis or the systemic characteristics of a rare immune disorder with a secondary manifestation of periodontitis should be diagnosed as "Periodontitis" and be further characterized using a Staging and Grading system that describes clinical presentation as well as other elements that affect clinical management, prognosis, and potentially broader influences on both oral and systemic health.

How is a periodontitis case further characterized by Stage and Grade?

An individual case of periodontitis should be further characterized using a simple matrix that describes the *Stage* and *Grade* of the disease. Stage is largely dependent upon the severity of disease at presentation as well as on the anticipated complexity of disease management, and further includes a description of extent and distribution of the disease in the dentition. Grade provides supplemental information about biological features of the disease including a history-based analysis of the rate of periodontitis progression; assessment of the risk for further progression; analysis of possible poor outcomes of treatment; and assessment of the risk that the disease or its treatment may negatively affect the general health of the patient. For a complete description of the rationale, determinants and practical implementation of the Staging and Grading system, the reader is referred to the publication by Tonetti et al.⁶ 2018. Tables 1a and 1b list the framework of the staging and grading system.

Do the acute periodontal lesions have distinct features when compared with other forms of periodontitis?

Periodontal abscesses, lesions from necrotizing periodontal diseases and acute presentations of endo-periodontal lesions, share the following features that differentiate them from periodontitis lesions: (i) rapid-onset, (ii) rapid destruction of periodontal tissues, underscoring the importance of prompt treatment, and (iii) pain or discomfort, prompting patients to seek urgent care.

Do periodontal abscesses have a distinct pathophysiology when compared to other periodontitis lesions?

The first step in the development of a periodontal abscess is bacterial invasion or foreign body impaction in the soft tissues surrounding the periodontal pocket, which develops into an inflammatory process that attracts polymorphonuclear neutrophils (PMNs) and low numbers of other immune cells. If the neutrophil-mediated defense process fails to control the local bacterial invasion or clear the foreign body, degranulation, necrosis and further neutrophilic influx may occur, leading to the formation of pus which, if not drained, results in an abscess. Pathophysiologically, this lesion differs in that the low pH within an abscess leads to rapid enzymatic disruption of the surrounding connective tissues and, in contrast to a chronic inflammatory lesion, has a greater potential for resolution if quickly managed.

What is the case definition of a periodontal abscess?

Periodontal abscess is a localized accumulation of pus located within the gingival wall of the periodontal pocket/sulcus, resulting in a significant tissue breakdown. The primary detectable signs/symptoms associated with a periodontal abscess may involve ovoid

elevation in the gingiva along the lateral part of the root and bleeding on probing. Other signs/symptoms that may also be observed include pain, suppuration on probing, deep periodontal pocket and increased tooth mobility.

A periodontal abscess may develop in a pre-existing periodontal pocket, e.g. in patients with untreated periodontitis, under supportive therapy or after scaling and root planing or systemic antimicrobial therapy. A periodontal abscess occurring at a previously periodontally healthy site is commonly associated with a history of impaction or harmful habits.

Do necrotizing periodontal diseases have a distinct pathophysiology when compared to other periodontitis lesions?

Yes. Necrotizing gingivitis lesions are characterized by the presence of ulcers within the stratified squamous epithelium and the superficial layer of the gingival connective tissue, surrounded by a non-specific acute inflammatory infiltrate. Four zones have been described: (i) superficial bacterial zone, (ii) neutrophil-rich zone, (iii) necrotic zone and a (iv) spirochetal/bacterial infiltration zone.

Necrotizing periodontal diseases are strongly associated with impairment of the host immune system, as follows: (i) in chronically, severely compromised patients (e.g., AIDS patients, children suffering from severe malnourishment, extreme living conditions or severe infections) and may constitute a severe or even life-threatening condition; (ii) in temporarily and/or moderately compromised patients (e.g., in smokers or psychosocially stressed adult patients).

What are the case definitions of Necrotizing Periodontal Diseases?

Necrotizing gingivitis is an acute inflammatory process of the gingival tissues characterized by presence of necrosis/ulcer of the interdental papillae, gingival bleeding and pain. Other signs/symptoms associated with this condition may include halitosis, pseudomembranes, regional lymphadenopathy, fever and sialorrhea (in children).

Necrotizing periodontitis is an inflammatory process of the periodontium characterized by presence of necrosis/ulcer of the interdental papillae, gingival bleeding, halitosis, pain and rapid bone loss. Other signs/symptoms associated with this condition may include pseudomembrane formation, lymphadenopathy and fever.

Necrotizing stomatitis is a severe inflammatory condition of the periodontium and the oral cavity in which soft tissue necrosis extends beyond the gingiva and bone denudation may occur through the alveolar mucosa, with larger areas of osteitis and formation of bone sequestrum. It typically occurs in severely systemically compromised patients. Atypical cases have also been reported, in which necrotizing stomatitis may develop without prior appearance of necrotizing gingivitis/periodontitis lesions.

Do endo-periodontal lesions have a distinct pathophysiology when compared to other periodontitis or endodontic lesions?

The term endo-periodontal lesion (EPL) describes a pathologic communication between the pulpal and periodontal tissues at a given tooth that may be triggered by a carious or traumatic lesion that affects the pulp and, secondarily, affects the periodontium; by periodontal destruction that secondarily affects the root canal; or by concomitant presence of both pathologies. The review did not identify evidence for a distinct pathophysiology between an EPL and a periodontal lesion. Nonetheless, the communication between the

pulp/root canal system and the periodontium complicates the management of the involved tooth.

What is the case definition of an Endo-periodontal lesion?

EPL is a pathologic communication between the pulpal and periodontal tissues at a given tooth that may occur in an acute or a chronic form. The primary signs associated with this lesion are deep periodontal pockets extending to the root apex and/or negative/altered response to pulp vitality tests. Other signs/symptoms may include radiographic evidence of bone loss in the apical or furcation region, spontaneous pain or pain on palpation/percussion, purulent exudate/suppurative, tooth mobility, sinus tract/fistula and crown and/or gingival color alterations. Signs observed in EPLs associated with traumatic and/or iatrogenic factors may include root perforation, fracture/cracking or external root resorption. These conditions drastically impair the prognosis of the involved tooth.

Which are the current key gaps in knowledge that would inform a better classification of periodontitis and should be addressed in future research?

Future research should:

- (i) Develop improved methodologies to assess more accurately the longitudinal soft and hard tissue changes associated with periodontitis progression

- (ii) Identify genetic, microbial and host response-associated markers that distinguish between distinct periodontitis phenotypes, or which can reflect the initiation and progression of periodontitis.
- (iii) Expand existing epidemiological databases to include world regions currently underrepresented, utilizing consistent, standardized methodologies, and capturing and reporting detailed data on both patient-related, oral and periodontal variables. Open access to the detailed data is crucial to facilitate comprehensive analyses.
- (iv) Integrate multi-dimensional data platforms (clinical, radiographic, -omics) to facilitate systems biology approaches to the study of periodontal and peri-implant diseases and conditions
- (v) Use existing databases/ develop new databases that will facilitate the implementation, validation and continuous refinement of the newly introduced periodontitis classification system.

REFERENCES

1. Armitage GC. (1999) Development of a classification system for periodontal diseases and conditions. *Ann Periodontol* **4**, 1-6.
2. Fine, D., Patil, A.G., Loos, B. (2018) Classification and diagnosis of aggressive periodontitis.
3. Billings, M, Holtfreter, B., Papapanou, P.N., Lopez-Mitnik, G., Kocher, T., Dye, B.A. (2018) Age-dependent distribution of periodontitis in two countries: Findings from NHANES 2009-2014 and SHIP-Trend 2008-2012. *J Clin Periodontol* **45**, in press.

4. Needleman, I, Garcia, R., Gkrantias, N., Kirkwood, K., Kocher, T., Di Iorio, A., Moreno, F., Petrie, A. (2018) Mean annual attachment, bone level and tooth loss - a systematic review. *J Clin Periodontol* **45**, in press.
5. Herrera, D., Retamal-Valdes, B., Alonso, B., Feres, M. (2018) Acute periodontal lesions (periodontal abscesses and necrotizing periodontal diseases) and endo-periodontal lesions. *J Clin Periodontol* **45**, in press.
6. Tonetti, M.S., Greenwell, H., Kornman, K.S. (2018) Periodontitis case definition: Framework for staging and grading the individual periodontitis case. *J Clin Periodontol* **45**, in press.
7. Holtfreter, B., Albandar, J. M., Dietrich, T., Dye, B. A., Eaton, K. A., Eke, P. I., Papapanou, P. N., Kocher, T. (2015) Standards for reporting chronic periodontitis prevalence and severity in epidemiologic studies: Proposed standards from the Joint EU/USA Periodontal Epidemiology Working Group. *J Clin Periodontol* **42**, 407-412. doi:10.1111/jcpe.12392.
8. Faddy, M. J., Cullinan, M. P., Palmer, J. E., Westerman, B. & Seymour, G. J. (2000) Antependence modeling in a longitudinal study of periodontal disease: the effect of age, gender, and smoking status. *J Periodontol* **71**, 454-459.
9. Albandar, J.M., Susin, C., Hughes, F.J. (2018) Manifestations of systemic diseases and conditions that affect the periodontal attachment apparatus: Case definitions and diagnostic considerations. *J Clin Periodontol* **45**, in press.
10. Jepsen, S., Caton, L. Albandar, J.M., Bissada, N., Bouchard, P, Cortellini, P., Demirel, K., de Sanctis, M., Ercoli, C., Fan, J., Geurs, N., Hughes, F., Jin, L., Kantarci, A., Lalla, E., Madianos, P.N., Matthews, D., McGuire, M.K., Mills, M.P., Preshaw, P.M., Reynolds, M.A., Sculean, A., Susin, C., West, N.X., Yamazaki, K. (2018) Consensus Report: Periodontal manifestations of systemic diseases and developmental and acquired conditions. *J Clin Periodontol* **45**, in press.

Table 1a. Classification of periodontitis based on **Stages** defined by Severity (according to the level of interdental clinical attachment loss, radiographic bone loss and tooth loss), Complexity and Extent and Distribution.

Periodontitis stage		Stage I	Stage II	Stage III	Stage IV
Severity	Interdental CAL at site of greatest loss	1-2 mm	3-4 mm	≥ 5 mm	≥ 8 mm
	Radiographic bone loss	Coronal third (< 15%)	Coronal third (15-33%)	Extending to middle third of the root	Extending to apical third of the root
	Tooth loss	No tooth loss due to periodontitis		Tooth loss due to periodontitis of ≤ 4 teeth	Tooth loss due to periodontitis of ≥ 5 teeth
Complexity	Local	Maximum probing depth ≤4 mm Mostly horizontal bone loss	Maximum probing depth ≤5 mm Mostly horizontal bone loss	In addition to Stage II Complexity: Probing depth 6-7 mm Vertical bone loss ≥ 3 mm Furcation involvement Class II or III Moderate ridge defect	In addition to Stage III Complexity: Probing depth ≥8 mm Need for complex rehabilitation due to: Masticatory dysfunction; Secondary occlusal trauma; (Tooth mobility degree ≥ 2); Bite collapse, drifting, flaring; Less than 20 remaining teeth (10 opposing pairs); Severe ridge defect
Extent & distribution	Add to Stage as descriptor	For each Stage, describe extent as localized (<30% of teeth involved), generalized or molar incisor pattern			

The initial Stage should be determined using CAL; if not available then RBL should be used. Information on tooth loss that can be attributed primarily to periodontitis – if available – may modify stage definition. This is the case even in the absence of complexity factors. Complexity factors may shift the Stage to a higher level, for example furcation II or III would shift to either Stage III or IV irrespective of the CAL. The distinction between Stage III and Stage IV is primarily based on complexity factors. For example, a high level of tooth mobility and/or posterior bite collapse would indicate a Stage IV diagnosis. For any given case only some, not all, complexity factors may be present, however, in general it only takes 1 complexity factor to shift the diagnosis to a higher Stage. It should be emphasized that these case definitions are

guidelines that should be applied using sound clinical judgment to arrive at the most appropriate clinical diagnosis.

For post-treatment patients CAL and RBL are still the primary stage determinants. If a stage shifting complexity factor(s) were eliminated by treatment, the stage should not retrogress to a lower stage since the original stage complexity factor should always be considered in maintenance phase management. Abbreviations: CAL – clinical attachment loss; RBL = radiographic bone loss.

Table 1b. Classification of periodontitis based on **Grades** that reflect biologic features of the disease including evidence of, or risk for, rapid progression, anticipated treatment response, and effects on systemic health.

Periodontitis Grade		Grade A Slow rate of progression	Grade B Moderate rate of progression	Grade C Rapid rate of progression	
Primary Criteria	Direct evidence of progression	Longitudinal data (PA radiographs or CAL loss)	Evidence of no loss over 5 years	<2 mm over 5 years	≥ 2 mm over 5 years
	Indirect evidence of progression	Bone loss/age	< 0.25	0.25-1.0	> 1.0
		Case phenotype	Heavy biofilm deposits with	Destruction commensurate	Destruction exceeds expectation given biofilm

			low levels of destruction	with biofilm deposits	deposits; Specific clinical patterns suggestive of periods of rapid progression and/or Early onset disease ... e.g. Molar incisor pattern; Lack of expected response to standard bacterial control therapies
Grade modifiers	Risk Factors	Smoking Diabetes	Non-Smoker Normoglycaemic with or without prior diagnosis of diabetes	Smoker <10 cigarettes/day HbA1c < 7.0 in diabetes patient	Smoker ≥10 cigarettes/day HbA1c ≥ 7.0 in diabetes patient

Grade should be used as an indicator of the rate of periodontitis progression. The primary criteria are either direct or indirect evidence of progression. Whenever available, direct evidence is used; in its absence indirect estimation is made using bone loss as a function of age at the most affected tooth or case presentation (radiographic bone loss expressed as percentage of root length divided by the age of the subject, RBL/age). Clinicians should initially assume Grade B disease and seek specific evidence to shift towards grade A or C, if available. Once grade is established based on evidence of progression, it can be modified based on the presence of risk factors.

Table 2. Classification of Necrotizing Periodontal Diseases (NPD).

Category	Patients	Predisposing conditions	Clinical condition
Necrotizing periodontal diseases in chronically, severely compromised patients	In adults	HIV+/AIDS with CD4 counts <200 and detectable viral load	NG, NP, NS, Noma. Possible progression
		Other severe systemic conditions (immunosuppression)	
	In children	Severe malnourishments*	
		Extreme living conditions**	
	Severe (viral) infections***		
Necrotizing periodontal diseases in temporarily and/or moderately compromised patients	In gingivitis patients	Uncontrolled factors: stress, nutrition, smoking, habits	Generalized NG. Possible progression to NP
		Previous NP: residual craters	Localized NG. Possible progression to NP
	In periodontitis patients	Local factors: root proximity, tooth malposition	NG. Infrequent progression
		Common predisposing factors for NPD (see paper)	NP. Infrequent progression

*Mean plasma/serum concentrations of retinol, total ascorbic acid, zinc and albumin markedly reduced, or very marked depletion of plasma retinol, zinc, and ascorbate; and saliva levels of albumin and cortisol, as well as plasma cortisol concentrations, significantly increased.

**Living in substandard accommodation, exposure to debilitating childhood diseases, living in close proximity to livestock, poor oral hygiene, limited access to potable water and poor sanitary disposal of human and animal faecal waste.

***Measles, herpes viruses (cytomegalovirus, Epstein-Barr virus-1, herpes simplex virus), chicken pox, malaria, febrile illness.

NG, necrotizing gingivitis; NP, necrotizing periodontitis; NS, necrotizing stomatitis.

Table 3. Classification of endo-periodontal lesions.

ENDO-PERIODONTAL LESION WITH ROOT DAMAGE	Root fracture or cracking	
	Root canal or pulp chamber perforation	
	External root resorption	
ENDO-PERIODONTAL LESION WITHOUT ROOT DAMAGE	Endo-periodontal lesion in periodontitis patients	<i>Grade 1</i> – narrow deep periodontal pocket in 1 tooth surface
		<i>Grade 2</i> – wide deep periodontal pocket in 1 tooth surface
		<i>Grade 3</i> – deep periodontal pockets in more than 1 tooth surfaces
	Endo-periodontal lesion in non-periodontitis patients	<i>Grade 1</i> – narrow deep periodontal pocket in 1 tooth surface
		<i>Grade 2</i> – wide deep periodontal pocket in 1 tooth surface
		<i>Grade 3</i> – deep periodontal pockets in more than 1 tooth surfaces

Table 4. Classification of periodontal abscesses based on the etiologic factors involved.

Periodontal abscess	In periodontitis (at a pre-existing periodontal pocket)	Acute exacerbation	Untreated periodontitis	
			Non-responsive to therapy periodontitis	
			Supportive periodontal therapy	
		After treatment	Post-scaling	
			Post-surgery	
			Post-medication	
	Non-periodontitis (no pre-existing periodontal pocket)	Impaction		dental floss, orthodontic elastic, toothpick, rubber dam, or popcorn hulls
		Harmful habits		wire or nail biting, clenching
		Orthodontic factors		orthodontic forces or a cross-bite
		Gingival overgrowth		
		Alteration of root surface	Severe anatomic alterations	invaginated tooth, dens evaginatus or odontodysplasia
	Minor anatomic alterations		cemental tears, enamel pearls or developmental grooves	
	Iatrogenic conditions		perforations	
	Severe root damage		fissure or fracture, cracked tooth syndrome	
	External root resorption			