The Changing Landscape of Rural Health

Elizabeth Scruggs 2018

UMMS Capstone for Impact Branch: Patients and Populations

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Project Summary

Multifaceted exploration of resource utilization in underserved areas and how rural health is adapting to lack of access to physicians or other health care specialists. This has involved three unique clinical experiences over the course of my 4th year: Family Medical Center FQHC in Adrian, MI; Sells Indian Hospital on the Tohono O'odham Nation; Belford Hospital in the Scottish Highlands. Through these three experiences I am interested in learning more about innovative approaches to health care delivery, such as telehealth or the use of community health workers. I am curious how countries with single-payer systems in both developed and developing nations address the health care needs of their rural populations. "

Action Items/Outcome

- Presentation to Patients and Populations Branch Meeting about working with FQHCs (August 16th, 2017)
- Presentation to the Medical School Community about the Indian Health Service and opportunities for medical students during their clinical years (February 14th, 2018)
- Development of a manual designed to aid providers and managers of Michigan FQHCs who will partner with UMMS to accept medical students for clinical clerkship rotations
- Written reflection on NHS rotation in Scottish Highlands through the University of Edinburgh

Conclusion/Reflection

Thus far I have completed a presentation on FQHCs and am currently preparing for an upcoming talk on the IHS in February. This month I am working on the development of an educational manual with my mentor and faculty guide, Dr. Brent Williams, in anticipation of a 1-hr presentation to an FQHC in Jackson, MI on January 30th.