

India Global Immersion 2018

Global Public Health in New Delhi, India

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New Delhi, India

- Clinical immersion in New Delhi, India
- Sightseeing the Golden Triangle Tour - Delhi, Agra, Jaipur

Other Important Background

- 3 weeks duration
- Delhi is densely populated with lots of traffic, people, shops, and pollution
- Heat index ranged from low to high 90s; but with humidity, the temperature was ~ 100-115 degrees



Experience

Information

The trip was for students with interest in Global Public Health. It consisted of sixteen students; half nursing, half LSA. We shadowed nurses at Salokaya College of Nursing during their clinical rotations at Dr. Baba Saheb Ambedkar hospital. We mostly worked with need-based communities in the rotary school, public hospitals, private hospitals, and rural health centers.

Purpose of Trip:

The trip was a clinical immersion / cultural immersion experience. As a whole, we obtained greater insight behind India's healthcare system through tours and shadowing; developed a better understanding of cultural traditions and customs; and learned more about the history and background of India's monuments.

Outcomes

Increased global self-awareness, new perspectives on India's culture, identified levels of prevention to educate public, learned about environmental impacts and health policies, challenged barriers to delivery of healthcare systems, and engaged with healthcare professionals.

Skills Utilized/Developed

1) importance of hand hygiene 2) social determinants of health 3) keeping up with immunizations of all ages

Classroom Connections

NURS 421: Perspectives in Global Health - 4 credits

NURS 456: Community Health Nursing - 4 credits

Lessons Learned

- Differences between India and U.S. in healthcare systems - free primary care services, free medical procedures & medications, common home visits, appearances of the health centers
- Strong cultural sense of community and hospitality in India
- The actual construction behind India's finest architecture took years to build, but in reality does not look over 10 years old
- Spices are used in almost 80% of the time when cooking, emphasis on strong, bold flavors and colors
- Always going to be a need for people to seek healthcare, so it is important to uphold values we have as healthcare professionals



Career Connections

- Nursing students gained experience on all floors of the hospital like labor and delivery, the dialysis center, and casualties.
- Public Health students heard about the DOTS therapy to treat Tuberculosis and home visits in rural areas.
- Pre-medical students enjoyed touring Ambedkar Medical College and the opportunity to speak with Dr. Baba Saheb.

Advice

- Have an open mind and be willing to learn, because there are still so many things you don't know about especially when visiting a new place!
- Keep a positive attitude, and be grateful for what you have.

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