2019

# The Engage Initiative: Addressing Negative Social Media Use on Campus

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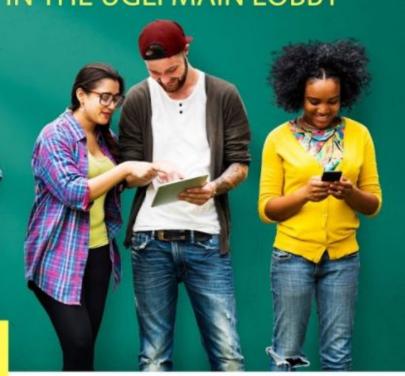
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THE ENGAGE INITIATIVE

BLI LEADERSHIP LAB PRESENTS

AN INTERACTIVE DISCUSSION ON OUR RELATIONSHIP WITH SOCIAL MEDIA.

APRIL 7TH FROM 4 TO 5 PM IN THE UGLI MAIN LOBBY



THERE WILL BE PIZZA TO KICK OFF YOUR NEWFOUND UNDERSTANDING OF THE SOCIAL WORLD

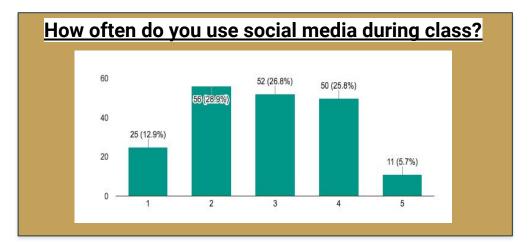
# What is the Engage Initiative?

- Grassroots organization
- Raising awareness of negative social media usage in society
- "Growing pains"
- Evaluating our relationship with social media (individually and as a society)

# Mission Objectives

- 1. Develop Curriculum
- 2. Teach Interactive Seminars on Campus
- 3. Implement curriculum in New/Transfer

**Student Orientation** 



## The Organization

- 1. Research Development
- 2. Marketing
- 3. Outreach
- 4. Public Speaking

What were your key take aways from this event? (12 responses)

Use social media as a tool

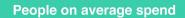
That social media is something that's very complicated. There's so many pros and cons

Be conscious of how you're using sm

Social Media eating my life

The mini discussions

awareness to how big social media is in my life



# 5 years

of their lifetimes on social media

In that time you could...

Climb Mount Everest

32 times







### **ENGAGE INITIATIVE**



I WANT YOU TO PUT YOUR PHONE DOWN

5 years







People on average spend

5 years

of their lifetimes on social media

In that time you could...

Run 10,000

Use social media wisely. We can help.

Marathons

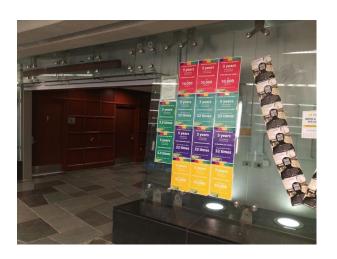




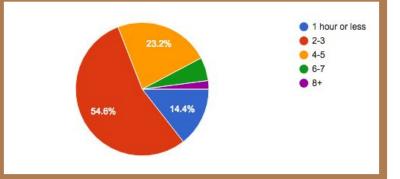
# Marketing Initiatives







### Research



### **High Score Implications**

- · Young
- · Female
- · Lower educated
- · Lower income
- Single
- · Narcissism & low self-esteem
- High levels of depression symptoms, late <u>bed-times</u>/wake-up, negative correlation with conscientiousness,

- 14/32 (44%) at risk for social media addiction
- 13/32 (41%) on the edge of social media addiction- need 1 more point
- 1/32 (3%) scored below 4 on all questions
- Remaining 4 girls: 3/4 answered
  4 or 5 for 2/6 questions

# MLibrary and the Engage Initiative

- Mini grant funding
- Presentation space
- Librarians (ANGIE!)
- Networking with stakeholders



# Key Takeaways

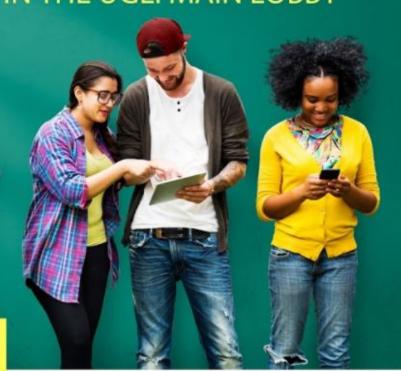
- Developing relationships
- Front-ending expectations
- Delegating responsibility
- Continuous, goal-oriented workflow
- Fostering small-group accountability
- The importance of incentives

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