an empathetic ear for students everywhere

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our team

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our story

4 students. 3 schools. 2 dorms. 1 observation.
the three needs

1. Students want someone who will just listen.
2. Students want to be there for one another.
3. Students struggle to prioritize their own wellbeing.
our solution

hEART

a peer support chat application.
how it works

tell us what you want to talk about

match with a hEARt supporter who has experience in that area

chat with your trained hEARt supporter!
plans for the year

- Gathering data
- Training lesson plans
- Pilot mapping
- Wireframes

Image taken from https://instabug.com/blog/ios-app-beta-testing/
gathering data

- Applied for and received IRB exemption
- Assessed student stressors
building our training

- Mental health education
- Coping mechanisms
- Peer support techniques
- Supporter role plays
- Peer supporter self care
- hEARt Peer Supporter requirements
- hEARt background/app usage
our pilots

March 2019

UNIVERSITY OF MICHIGAN + NOVI
Community School District
Developing Each Student’s Potential With A World-Class Education
high school workshops

- Learning outcomes
- Lesson plans
- Teaching materials
- Worksheets & handouts
- Assessments
- Accessibility considerations
our MVP
hEARt & MLibrary

- IRB guidance
- Library resource advice
- Learning outcomes review
- Training materials review
- Assessment feedback

Thank You,
Alex!
our mission

Connect students who want to talk....

...with students who want to listen.
Thank you.