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Structured integration of family planning curriculum: comparative assessment of knowledge and skills among new medical graduates in Ethiopia

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27 **Abstract**

28 **Objective:** To assess if structured integration of a comprehensive family planning (FP) training
29 into a medical school curriculum improves FP knowledge and skill scores of medical interns.

30 **Study design:** We compared mean contraception knowledge scores of interns in a medical
31 school with the integrated FP curriculum [intervention school] (n=56) to interns at four
32 conventional medical curriculum schools without structured reinforcement of FP content [control
33 schools] (n=161) in Ethiopia. A survey with 19 multiple choice contraception questions was
34 administered. We also compared the mean contraception skills scores of the two groups at four
35 Objective Structured Clinical Examination (OSCE) stations. The survey included self-reported
36 number of contraception procedures and self-assessed competencies on a Likert scale.

37 **Results:** 217 interns who have completed an Ob-Gyn rotation participated in the study. Interns
38 from the intervention school reported performing substantially higher numbers of contraception
39 procedures and rated themselves as being competent/highly competent across all procedures
40 compared to the control schools ($p < 0.001$ for both). The mean knowledge score was significantly
41 higher in the intervention school [13.1 vs. 8.7, difference 4.5, 95% CI: (3.7-5.2), $p < 0.001$]. The
42 mean contraceptive implant insertion skill score was two-fold higher for interns in the
43 intervention school [22 points vs. 11, difference 10.7, 95% CI: (8.6-12.8), $p < 0.001$ out of a
44 maximum possible point of 30]. Statistically significant differences in skill scores were also
45 observed for intrauterine device IUD insertion [15 vs. 12, $p < 0.01$] and implant removal [11 vs. 9,
46 $p = 0.01$].

47 **Conclusion:** A structured integration of family planning curriculum was associated with higher
48 scores in knowledge, clinical skills, and self-assessed competencies.

49 **Implications:** Integrating comprehensive family planning training in medical curriculum can
50 lead to graduating physicians who are more competent to offer the full range of FP options.

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53 *Keywords: medical education; contraception; simulation; training; LARC; competency*

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57 **1. Introduction**

58 Across the globe, accessing the most effective FP methods, especially long-acting reversible
59 contraceptives (LARC), requires trained providers. However, studies from low and middle
60 income countries (LMICs) suggest that medical students are often unprepared to provide these
61 services because of misconceptions or lack of training [1-6]. This training gap delays the ability
62 to address this important women's health need. Indeed, in Ethiopia, there is a high rate of
63 unintended pregnancy[7], with an unmet contraceptive need of 22.3% and a low utilization of
64 LARCs (8% for implants and 2% for IUDs)[8].

65 Limited provider knowledge results in few LARC insertions even when this contraceptive
66 method is free[9, 10]. An intervention study in Ethiopia demonstrated that LARC in-service
67 training of healthcare providers, increased election of LARC methods by three fold over 6
68 months[11]. This was also demonstrated in Zambia where over 33,000 women received an IUD
69 (34%) or a subdermal implant (66%) in the 14 months after provider training[12]. Supplemental
70 training after medical school, while successful, is likely less efficient, sustainable, and cost-
71 effective than structured training within medical school.

72 Medical education in family planning (FP) is critical for preparing future providers and
73 increasing access to LARC. Evidence suggests that education during clerkship experiences is an
74 effective way to train medical students in contraception in the United States[13]. However, there
75 is little information about effective strategies in Ethiopia and other LMICs. In Ethiopia,
76 contraception training traditionally includes lectures during Obstetrics and Gynecology (Ob-
77 Gyn) clerkship, but without specific skill-focused FP exposure. Cognizant of this gap,
78 competencies for all methods of reversible contraceptives were integrated into the medical
79 school curriculum at St. Paul's Hospital Millennium Medical College (SPHMMC), Addis Ababa,
80 in 2012, in collaboration with the Department of Ob-Gyn at the University of Michigan.
81 Following this, the Center for International Reproductive Health Training (CIRHT) was
82 established at the University of Michigan with the goal of decreasing maternal morbidity and
83 mortality through effective pre-service training of medical students in FP and abortion. The
84 University of Michigan is providing support for the integration program through various faculty
85 development initiatives in Ethiopia.

86 The objective of this study was to assess if structured integration of comprehensive FP training
87 into a medical school curriculum improves FP knowledge and skills of interns. We also
88 investigated potential factors associated with knowledge and skills (demographics, self-assessed
89 competencies and reported number of procedures). We hypothesized that interns from the
90 intervention site with the structured integrated curriculum (SPHMMC) have higher knowledge
91 and skill scores compared to 4 control sites with conventional curriculum.

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94 **2. Material and Methods**

95 This study, conducted in five Ethiopian medical schools, compared the intervention school that
96 implemented a structured FP curriculum since 2012 (SPHMMC, established in 2007) to four
97 control schools with conventional curriculum (Jimma University, University of Gondar, Mekelle
98 University, and Bahir Dar University). Medical school in Ethiopia is five years (2 pre-clinical
99 years, 2 clinical years, and a one-year rotating internship). The subjects for this study are all final
100 year interns who have completed their 3-months Ob-Gyn internship rotation. (Figure 1)

101 **2.1 Intervention Site**

102 The structured integrated FP training at SPHMMC involved five FP didactic sessions during 3rd
103 year of medical school (three one-hour lectures, one tutorial and one seminar) and five
104 simulation sessions during 4th year to practice FP and abortion procedures (implant and IUD
105 insertion and removal and manual vacuum aspiration (MVA) under Ob-Gyn faculty supervision.
106 After a 4th year qualifying exam students complete a one-year rotating internship before
107 graduation. At the intervention site, interns had service rotations at SPHMMC's FP clinic for one
108 week within their ten-week Ob-Gyn rotation, performing supervised LARC procedures (Figure
109 1). Faculty used a standardized curriculum ensuring coverage of all essential content and
110 minimizing any variability in the training. The faculty supervise the interns when doing LARC
111 procedures. This paper reports FP outcomes and does not present the results of the
112 comprehensive abortion care training

113 **2.2 Control Sites**

114 The four control medical schools have existed for at least 10 years. Their Ob-Gyn curriculum
115 comprised three hours of lectures on FP and comprehensive abortion care topics. There was no
116 FP skill teaching in simulated or clinical settings, and no emphasis on students rotating through
117 FP clinics during their internship. However, interns were expected to perform supervised manual
118 vacuum aspirations (MVA) in the management of patients with incomplete abortion during the
119 gynecology rotation. They were not expected to place LARC devices or participate in family
120 planning rotations during their internship year. (Figure 1)

121 **2.3 Primary Outcome Measures**

122 **2.3.1 Knowledge scores:** Knowledge was assessed through 19 context-based multiple choice
123 questions (MCQ) on FP mechanism of action, side effect, complication management, safe
124 method choice, and counseling. Safety and management questions were based on clinical
125 vignettes. Questions were pooled from standardized FP training materials, reviewed, and
126 endorsed by a panel of national family planning curriculum experts who assessed the importance
127 and difficulty level of each of the knowledge questions.

128 **2.3.2 Observed competence (Skill) scores:** FP service providers trained in conducting Objective
129 Structured Clinical Examinations (OSCEs) rated interns at 4 FP skill stations (implant insertion
130 and removal, IUD insertion, and FP counseling) using scales (0-2) for each portion of the
131 skill/task [0 indicating not completed, 1 indicating partially performed, and 2 indicating
132 completed]. The OSCE raters were blinded to group status. Each of the four stations had 10-15
133 tasks, with the maximum possible score ranging from 20 to 30 per station. The counseling OSCE
134 had 10 tasks that included building rapport, exploring patient's knowledge and desires,
135 addressing misconception, providing tailored information, addressing medical eligibility, and
136 discussing side effects and implementation challenges.

137 **2.4. Other measures, data collection tools and procedures**

138 **2.4.1 Perceived competence measures:** Participant's competency level in performing FP
139 procedures as judged by themselves was assessed by Likert scale [not observed/not competent,
140 somewhat competent, competent, and highly competent].

141 **2.4.2. Self-reported procedure number:** We collected the number of procedures students
142 reported observing and/or performing during medical training (none, 1-2, 3-5, 6-10, 10-20, >20).

143 After signing a written consent, interns completed the self-administered demographic and
144 perceived competence surveys, followed by MCQ knowledge questions. For each school, all
145 participants completed the questions at the same place and time. The skills of the interns were
146 then assessed using 4 manned OSCE stations. We obtained the simulation models (such as
147 implant insertion models) from standardized FP training packages. All completed surveys and
148 skill assessment checklists were reviewed for completeness. We performed double data entry
149 into Access 2016 database and reviewed source documents to resolve discrepancies.

150 **2.5 Data Analysis**

151 The intervention and control schools were compared using chi square and/or Fisher's exact test
152 for categorical variables. For self-reported number of procedures and self-assessed competencies,
153 we noted a number of zero cells and collapsed these groupings into relevant categories. For
154 continuous variables (including knowledge scores and the four skills), we used two sample
155 Student's t-test and Wilcoxon rank-sum tests as appropriate to compare groups. An intern's
156 knowledge score was computed as the sum of correct responses out of 19 MCQs, with a
157 maximum possible of score of 19. For the four skills scores, each task component (rated 0, 1, or
158 2) was summed across competencies to compute a total score for an individual intern. We
159 calculated the mean score for each group to make comparisons using appropriate statistical tests
160 (t-test and/or Wilcoxon rank sum)

161 We fitted a series of multiple linear regression models to determine factors associated with
162 scores in knowledge and the 4 skills. We initially examined bivariate associations by regressing
163 these outcomes over specified covariates, including those variables with p-value < 0.05 in
164 subsequent regression models. We a priori specified clinically relevant variables (demographics,
165 self-assessed competencies, and number of procedures) for inclusion into the models. All
166 statistical analyses were performed with Stata/SE Version 14.2. P values < 0.05 were considered
167 significant. All analyses were done by deleting entries with missing outcome variables.

168 The research project was approved by the Ethiopian Public Health Institute Scientific and Ethical
169 Review Committee. All consenting interns who completed a rotating internship in the Ob-Gyn
170 department were eligible for inclusion. Each participant received 250 ETB (~11 USD) for their
171 time. Financial incentive for the participating interns was provided through CIRHT funding.

172

173 3. Results

174 Of 248 eligible interns, 217 [93% (56) in the intervention and 86% (161) in the four control
175 schools]) participated. Almost all who did not participate were not on site during study conduct,
176 with only two refusals. The two groups had similar demographic characteristics with few
177 exceptions (Table 1). The mean age of study participants was 25 years. Most participants were
178 males, single, rural in background, ethnically Amhara or Oromo. The majority of interns were
179 affiliated with Orthodox Christianity, based their ethical values on the Bible, and attended
180 religious services at least once a month. Almost every participant in both groups (98.1%)
181 indicated that religion is very important in their lives. However, the control group had greater
182 proportions of participants from Amhara ethnic group (51.9 % vs. 34 %) and Orthodox
183 Christianity (74.5 % vs. 56.4 %) than the intervention group. Less than a quarter of the interns
184 aspire to become Ob-Gyns and more than three quarters anticipate practicing in rural settings.

185 The number of reported contraception counseling and implant insertion and removal procedures
186 per intern was higher in the intervention site compared to the control school (Table 2). The
187 proportion of interns who reported inserting more than 5 contraceptive implants was 96.5 % and
188 8.7 % for the intervention and control site, respectively ($p < 0.001$). Reported number of IUD
189 insertions was overall low, with 57% of interns in the intervention school reporting no IUD
190 insertions, vs 79% in the control group.

191 Compared to the control site, a higher proportion of interns from the school with the integrated
192 curriculum rated themselves as competent/highly competent in performing implant insertions
193 (96.4% vs. 31.2%) and implant removals (67.8% vs. 28.2%) ($p < 0.001$ for both) (Table 3).
194 However, most interns (>80%) in both groups rated their competence in IUD insertion and
195 removal as not competent or somewhat competent with no statistically significant difference
196 ($p = 0.46$ and 0.53 , respectively). The majority of interns in both groups rated themselves
197 competent or highly competent in contraception counseling, with no statistically significant
198 difference between groups ($p = 0.13$).

199 The mean knowledge score was higher for intervention site interns compared to controls [13.1
200 vs. 8.7, difference in scores 4.5, 95% CI: (3.7-5.2)] (Table 4). The mean score for implant
201 insertions, was two-fold higher for the intervention group [22 points vs. 11, difference in score
202 10.7, 95% CI: (8.6-12.8), $p < 0.001$]. Statistically significant differences in scores were also

203 observed for IUD insertion [(15 vs. 12), $p < 0.01$] and implant removal [(11 vs. 9), $p = 0.01$]. There
204 was a trend toward the control group of interns scoring higher on counseling skills (12 vs. 11,
205 $p = 0.06$)

206 Intervention group status was associated with knowledge score in the final model (Table 5).
207 Interns from the school with the integrated curriculum scored 4.4 points higher in knowledge
208 than those in the control curriculum.

209 For IUD insertion skills scores, the final model included group status and reported number of
210 procedures (Table 5). The intervention group interns scored 3 points higher compared to the
211 control group. Interns who reported more IUD insertions had higher IUD insertion skills scores.
212 Being an intern from the school with the integrated curriculum was associated with higher
213 implant insertion skills scores. No other factor was associated with implant insertion skills scores
214 in the final model. The only factor that remained significant for implant removal skills scores
215 was self-assessed competency in removing implants, with those rating themselves as somewhat
216 competent, competent, and highly competent scoring 3 points higher compared to those who
217 reported rating themselves as not competent/did not observe. Group status was not associated
218 with implant removal skills scores in the final model. In the multivariable model, no factor was
219 associated with counseling skills scores

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222 4. Discussion

223 To meet reproductive health needs it is critical to understand the effectiveness of relevant
224 medical education training. This is one of the few studies to provide outcome information on a
225 FP curriculum intervention in a LMIC. The significantly higher number of reported FP
226 procedures performed during training at the intervention site indicates that the plan to increase
227 exposure and experience in FP techniques was executed. Our study demonstrates that structured
228 integration of comprehensive FP education into the medical school curriculum in Ethiopia was
229 associated with higher knowledge scores in new interns compared to institutions without this
230 curriculum intervention. We also found that interns exposed to the FP curriculum displayed
231 higher skill scores in IUD placement, implant placement, and implant removal. The intervention
232 group assignment, self-assessed competency score, as well as number of reported LARC
233 procedure experiences during medical school were all associated with various skill scores.

234 The need to improve contraception knowledge, especially LARC, among medical students has
235 been recognized in LMICs[1-6], but without documented effective strategies. In the United
236 States, a prospective study of students at 7 medical schools found that IUD knowledge increased
237 significantly after completion of a clinical rotation in Ob-Gyn[13]. Team-based learning in FP
238 showed similar increases in knowledge compared to a lecture based curriculum, and was
239 associated with improved problem solving skills[14]. In our intervention site, the combination of
240 experiences resulted in higher knowledge scores. In fact, our multivariable regression analyses
241 demonstrated that only intervention group status was associated with knowledge scores.

242 Assessment of clinical skills can be challenging for both trainers and students. Skill evaluation
243 can be successfully accomplished with direct observation through OSCEs for gynecology and
244 surgical skills[15-18]. In our study, the intervention had an impact on skills in IUD insertion and
245 implant insertion and removal, and less impact on counseling which had a trend toward higher
246 scores in the control group compared to the intervention group of interns. The higher scores at
247 the intervention site for IUD and implant skills likely reflects the skills that benefit most from the
248 educational package, while counseling skills may be learned in several environments.

249 Alternatively, perhaps increased emphasis and other teaching methods are needed to refine
250 counselling skills. Interestingly, self-assessment by the interns, was associated with their
251 performance on the implant removal score, suggesting appropriate insight into this skill

252 development. The ability of learners to accurately self-assess has been questioned[19], with
253 some studies of gynecologic skills demonstrating that learners can self-assess with good
254 reliability and validity[16, 20, 21]. Results regarding self-assessment were overall mixed, with
255 self-assessed competency being the only factor associated with implant removal skill score.

256 Intervention group status was associated with higher implant insertion skills scores, while self-
257 assessed competency was the only factor associated with implant removal skill score. The
258 intervention group had reported practicing more implant insertions (96% of intervention group
259 interns vs. 9% control interns indicating doing 6 or more implant insertions). Although there was
260 an association between number of implants inserted and implant insertion skills scores in the
261 univariable model, adjusting for group status eliminated this association. We thus infer that
262 group status above and beyond number of implant insertion procedures is associated with
263 implant insertion skills scores.

264 For IUD insertions, the number of insertions was associated with skill score. This suggests that
265 for some skills, repeated practice may be more important than for others. A previous study in
266 midwifery students demonstrated increased level of comfort in providing IUD services in those
267 randomly allocated to a 12 hour simulation-based education program for IUD placement, as
268 compared to traditional education[22]. Our study shows that for interns, integration of a FP
269 curriculum with practice on simulation models and a clinical rotation was associated with higher
270 experience level, higher knowledge and skills scores, and higher self-assessment of skills. While
271 short-term training may be successful for practitioners who are already skilled or training in
272 gynecologic procedures, this integrated FP curriculum during medical school, and prior to any
273 medical specialization, may be particularly valuable for countries such as Ethiopia where general
274 practitioners are often providers of a wide range of clinical services across the country which
275 include FP services.

276 This study is strengthened by its large sample size, but has some limitations. We did not collect
277 baseline knowledge and skills and therefore information on changes over time is not available. It
278 is expected that baseline knowledge and skills were likely similar between the intervention and
279 control sites. In addition, the intervention could not be randomized to multiple sites because of
280 resource limitations. However, demographic analysis indicates that the subjects at the
281 intervention and control sites did not have significant differences in areas likely to impact results.

282 It is possible that other inherent medical curricular differences may exist between the
283 intervention and control schools that influence our outcome measures, but we were unable to
284 account for these. As the number of procedures were self-reported, there could be a recall bias.
285 We assume that this might not be differentially distributed between the two groups and influence
286 the results. The group of raters for the OSCE were different between sites, but were all trained by
287 the same team and followed a standardized scoring scheme. Further work is needed to determine
288 if the results of our study are generalizable to other settings.

289 In conclusion, an integrated FP curriculum was associated with higher scores in knowledge,
290 clinical skills, and self-assessed competency. It is anticipated that this will lead to graduating
291 physicians who are more comfortable and competent to offer the full range of FP options,
292 especially LARC. Further work is needed to determine if this will translate into increased access
293 to contraceptive options for women in Ethiopia and how long the interns will retain these skills.

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Table 1. Demographic Characteristics of Ethiopian Interns by Type of Family Planning Curriculum*

Characteristics	Intervention	Control	P value**
	(n=56)	(n=161)	
	No. (%)	No.(%)	
Gender			0.27
Female	11 (19.6)	21 (13.0)	
Male	45 (80.4)	140 (87.0)	
Ethnic group			0.01
Amhara	18 (34.0)	83 (51.9)	
Oromo	19 (35.8)	30 (18.8)	
Tigray	3 (5.7)	20 (12.5)	
Others	13 (24.5)	27 (16.9)	
Age: mean (SD)	24.5 (1.4)	24.7 (1.2)	0.37
Marital status			0.07
Single, never in a relationship	18 (32.1)	79 (49.1)	
Single, ever in a relationship	36 (64.3)	78 (48.4)	
Married/living together	2 (3.6)	4 (2.5)	
Religion			0.04
Orthodox	31 (56.4)	119 (74.4)	
Muslim	11 (20.0)	19 (11.9)	
Protestant	12 (21.8)	17 (10.6)	
Others	1 (1.8)	5 (3.1)	
Religious service attendance			0.17
Approximately weekly	23 (41.8)	80 (49.7)	
Once or twice a month	21 (38.2)	37 (23.0)	
A few times a year	9 (16.4)	31 (19.3)	
Never/No religious preference	2 (3.6)	13 (8.1)	
Importance of religion			0.42
Not important	1 (1.8)	3 (1.9)	
Important	15 (26.8)	31 (19.4)	
Very important	40 (71.4)	126 (78.8)	
Value system for ethical decision making			0.63
Bible	36 (64.3)	113 (70.6)	
Family values	6 (10.7)	16 (10.0)	
Islam	10 (17.9)	18 (11.3)	
Secular values	4 (7.1)	13 (8.1)	
Rural			0.36
No	32 (57.1)	80 (49.7)	
Yes	24 (42.9)	81 (50.3)	
Expect to practice in rural			0.05
No	6 (10.9)	38 (23.6)	
Yes	49 (89.1)	123 (76.4)	
Career interest			0.18
Ob-Gyn	8 (14.8)	39 (24.2)	
Others	46 (85.2)	122 (75.8)	

*The intervention curriculum was an integrated, structured family planning curriculum.

The control curriculum was the traditional family planning curriculum

**Based on Person's chi square test

Table 2. Ethiopian Interns Self-Reported Number of Contraception Procedures Performed by Type of Family Planning Curriculum*

Type of Contraception Procedure self-reported	Intervention n=56	Control n=161	P value**
	No. (%)	No. (%)	
Number counseled on contraception			<0.01
None	0	5 (3.1)	
1-2	0	7 (4.3)	
3-5	1 (1.8)	38 (23.6)	
6-10	0	36 (22.4)	
11-20	6 (10.7)	32 (19.9)	
>20	49 (87.5)	43 (26.7)	
Number of contraceptive implants inserted			<0.01
None		85 (52.8)	
1-2	2 (3.6)	47 (29.2)	
3-5	0	15 (9.3)	
6-10	3 (5.4)	11 (6.8)	
11-20	13 (23.2)	3 (1.9)	
>20	38 (67.9)	0	
Number of IUDs inserted			<0.01
None	32 (57.1)	128 (79.5)	
1-2	18 (32.1)	23 (14.3)	
3-5	6 (10.7)	4 (2.5)	
6-10	0	5 (3.1)	
11-20	0	1 (0.6)	
Number of contraceptive implants removed			<0.01
None	19 (33.9)	106 (65.8)	
1-2	14 (25.0)	32 (19.9)	
3-5	13 (23.2)	14 (8.7)	
6-10	5 (8.9)	8 (5.0)	
11-20	3 (5.4)	0	
>20	2 (3.6)	1 (0.6)	
Number of IUDs removed			0.05
None	44 (78.6)	133 (82.6)	
1-2	11 (19.6)	15 (9.3)	
3-5	0	9 (5.6)	
6-10	0	2 (1.2)	
11-20	0	2 (1.2)	
>20	1 (1.8)	0	

*The intervention curriculum was an integrated, structured family planning curriculum.

The control curriculum was the traditional family planning curriculum

**P-value based on chi square/Fisher's exact test

Table 3. Ethiopian Interns Self-Reported Contraception Competence by Type of Family Planning Curriculum*

Type Self-Reported Contraception Competencies	Intervention n=56	Control n=161	P value**
	No. (%)	No. (%)	
Self-reported contraception counseling			
Not competent	0	5 (3.1)	0.13
Somewhat competent	6 (10.7)	33 (20.5)	
Competent	31 (55.4)	85 (52.8)	
Highly competent	19 (33.9)	38 (23.6)	
Self-reported Implant insertion			
Not competent	1 (1.8)	61 (38.1)	<0.01
Somewhat competent	1 (1.8)	49 (30.6)	
Competent	19 (33.9)	41 (25.6)	
Highly competent	35 (62.5)	9 (5.6)	
Self-reported IUD insertion			
Not competent	27 (48.2)	85 (53.5)	0.46
Somewhat competent	18 (32.1)	53 (33.3)	
Competent	10 (17.9)	16 (10.1)	
Highly competent	1 (1.8)	5 (3.1)	
Self-reported Implant removal			
Not competent	6 (10.7)	75 (46.9)	<0.01
Somewhat competent	12 (21.4)	40 (25.0)	
Competent	26 (46.4)	35 (21.9)	
Highly competent	12 (21.4)	10 (6.3)	
Self-reported IUD removal			
Not competent	27 (48.2)	92 (58.6)	0.53
Somewhat competent	18 (32.1)	36 (22.9)	
Competent	9 (16.1)	24 (15.3)	
Highly competent	2 (3.6)	5 (3.2)	

* The intervention curriculum was an integrated, structured family planning curriculum.

The control curriculum was the traditional family planning curriculum.

** p-values based on Chi square or Fisher's exact test

Table 4. Ethiopian Interns Mean Contraception and Knowledge (MCQs) and Skills Scores (OSCE stations) by Type of Family Planning Curriculum*

Contraception Knowledge and Skills Scores	Intervention n=56		Control N=161		P value*
	Mean Score	95% CI	Mean Score	95%CI	
Knowledge ^a	13.1	(12.1-14.1)	8.7	(8.4-9.0)	<0.01
Counseling ^b	10.6	(9.7-11.5)	12.1	(11.2-12.9)	0.06
Implant insertion ^c	21.6	(19.9-23.2)	10.9	(9.7-12.0)	<0.01
IUD insertion ^d	15.3	(13.7-16.9)	11.6	(10.4-12.8)	<0.01
Implant removal ^e	10.5	(8.5-9.8)	8.7	(7.9-9.5)	0.01

12 *The intervention curriculum was an integrated, structured family planning curriculum. The control curriculum was the traditional family planning curriculum

**Based on Two sample student's t-test

a: possible range of scores (0-19)

b: possible range scores (0-20)

c: possible range of scores (0-30)

d: possible scores (0-20)

e: possible scores (0-20)

Table 5. Factors Associated with Contraception Knowledge and Skills Scores Among Ethiopian Interns *

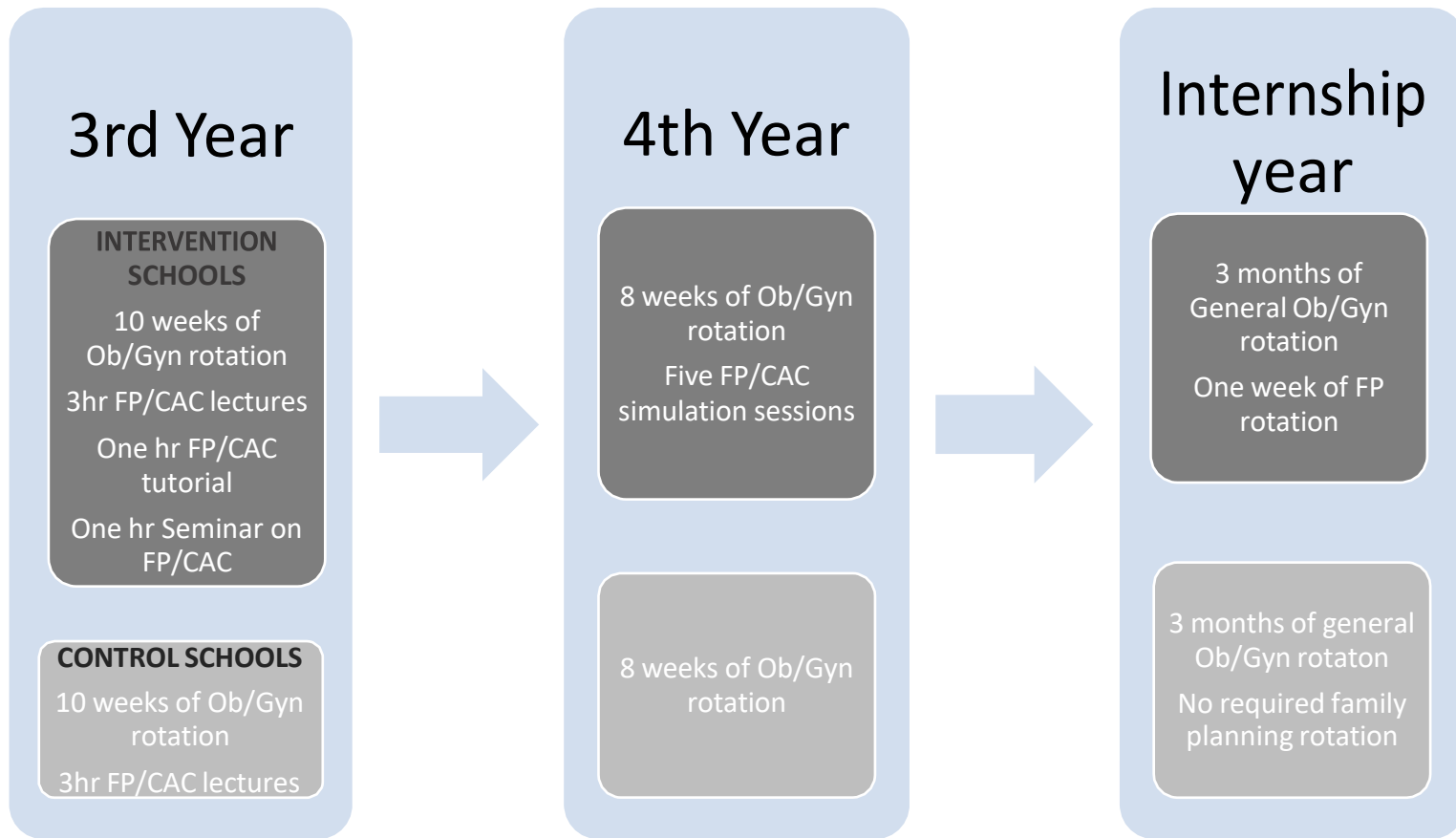
VARIABLES	β^{**} Coefficient	95 % CI	P value	N
Factors associated with contraception knowledge scores				
<i>Intervention Group*</i>	4.44	(3.53 - 5.35)	<0.01	217
<i>Number counseled on contraception</i>			0.996	217
>20	0.002	(-0.82-0.82)	0.996	92
<i>Reference (<20)</i>				125
Factors associated with implant insertion skills scores				
<i>Intervention group*</i>	10.70	(8.60-12.77)	<0.01	217
<i>Reference (Control)</i>				
Factors associated with IUD insertion skills scores				
<i>Intervention group*</i>	2.97	(0.68 - 5.25)	0.01	217
<i># IUD insertions</i>			0.03	217
1-5	3.22	(0.86 - 5.57)	<0.01	51
>=6	1.69	(-4.21 - 7.59)	0.57	6
<i>Reference (None)</i>				160
Factors Associated with implant removal skills scores				
<i>Intervention group*</i>		0.90	(-0.66-2.45)	0.26
<i>Self-reported competency in implant removal</i>				<0.01
Somewhat competent		2.86	(1.20 - 4.51)	<0.01
Competent		2.60	(1.36 - 4.49)	<0.01
Highly competent		3.18	(0.96 - 5.40)	0.02
<i>Reference (Not competent)</i>				81

* The intervention curriculum was an integrated, structured family planning curriculum. The control curriculum was the traditional family planning curriculum. The reference is the control group

**The Beta coefficients represent the estimated mean difference from each reference group in each of the models

***All models were controlled for age and gender. There were not significant differences between these models and those without age and gender adjustment.

Figure 1: Ob/Gyn Rotations for Clinical Students and Interns at Intervention and Control Schools



FP: Family Planning
CAC: Comprehensive Abortion care

Table 5(Supplement). Factors Associated with Contraception Knowledge and Skills Scores Among Ethiopian Interns *			
	Intervention**	Control**	
VARIABLES	Estimated mean scores (95% CI)	Estimated mean scores (95% CI)	P value
Factors associated with contraception knowledge scores			
<i>Group</i>			
<i>Number counseled on contraception</i>			0.996
<=20	13.14(12.16-14.13)	8.70 (8.24-9.15)	
>20	13.14 (12.46-13.82)	8.70 (7.98-9.42)	
Factors associated with implant insertion skills scores			
<i>Intervention Group</i>			<0.01
	21.55 (19.76-23.35)	10.87 (9.81-11.93)	
Factors associated with IUD insertion skills scores			
<i># IUD insertions</i>			0.03
1-5	17.16 (14.84-19.48)	14.19 (11.94-16.45)	
>=6	15.63 (9.42-21.85)	12.67 (6.89-18.44)	
None: Reference	13.94 (11.80-16.09)	11.00 (9.77-12.18)	
Factors Associated with implant removal skills scores			
<i>Group</i>	Intervention	Control	
<i>Self-reported competency in implant removal</i>			<0.01
Somewhat competent	10.96 (9.21-12.71)	10.06(8.73-11.39)	
Competent	10.71(9.23-12.19)	9.81 (8.46-11.17)	
Highly competent	10.86 (8.77-12.95)	9.96 (7.82-12.11)	
Not competent: Reference	8.10 (6.33-9.87)	7.21 (6.17-8.24)	

All final models adjusted for age and gender

**The intervention curriculum was an integrated, structured family planning curriculum. The control curriculum was the traditional family planning curriculum