

1 **Title:** Systematic review and case series: Flexible sigmoidoscopy identifies most cases of
2 checkpoint inhibitor-induced colitis

3

4 **Short Title:** Sigmoidoscopy for checkpoint inhibitor colitis

5

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20 **Abbreviations:**

21 Cytotoxic T-Lymphocyte-associated antigen-4: CTLA-4

22 Programmed cell death protein-1: PD-1

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10 APW: Study concept and design, acquisition of data, analysis and interpretation of data,
11 drafting of manuscript.

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13 drafting of manuscript

14 SB: Study concept and design, critical revision of manuscript for important intellectual
15 content

16 RWS: Study concept and design, acquisition of data, critical revision of manuscript for
17 important intellectual content, study supervision.

18 **Abstract:**

19 **Background and Aims:**

20 Immune checkpoint inhibitors are used in the treatment of multiple advanced-stage
21 cancers but can induce immune-mediated colitis necessitating treatment with
22 immunosuppressive medications. Diagnostic colonoscopy is often performed but
23 requires bowel preparation and may delay diagnosis and treatment. Sigmoidoscopy can
24 be performed rapidly without oral bowel preparation or sedation. Therefore, we aimed
25 to characterize the colonic distribution of this disease to determine the most efficient
26 endoscopic approach.

27

28 **Methods:**

29 A systematic review of checkpoint inhibitor-induced colitis case reports and series was

1 conducted in both PubMed and Embase through 3/1/2017. A single center retrospective
2 chart review of patients who underwent endoscopic evaluation for diarrhea after
3 treatment with a checkpoint inhibitor (Ipilimumab, Nivolumab, or Pembrolizumab)
4 between 1/1/2011 to 3/1/2017 was performed. Clinical, endoscopic, and histologic data
5 were collected.

6
7 **Results:**

8 A detailed systematic review resulted in 61 studies, in which 226 cases of colitis were
9 diagnosed by lower endoscopy (125 colonoscopy, 101 sigmoidoscopy). Only 4 patients
10 had isolated findings proximal to the left colon. In our center, 31 patients had histologic
11 features of checkpoint inhibitor-induced colitis, for which 29 patients had complete
12 data. The left colon was involved in all cases. Sigmoidoscopy would be sufficient to
13 diagnose >98% of reported cases of checkpoint-inhibitor mediated colitis diagnosed by
14 lower endoscopy.

15
16 **Conclusions:**

17 Moderate to severe checkpoint inhibitor-induced colitis involves the left colon in the
18 majority of cases (>98%). Sigmoidoscopy should be the initial endoscopic procedure in
19 the evaluation of this condition.

20
21 **Key Words:**

22 Checkpoint Inhibitor; Enterocolitis; Colitis; Ipilimumab
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29 **Introduction:**

1 Immune checkpoint inhibitors are a novel class of biologic therapies that enhance T
2 lymphocyte-mediated anti-tumor activity through inhibition of negative costimulatory
3 molecules such as cytotoxic T-lymphocyte antigen 4 (CTLA-4) and programmed cell
4 death protein 1 (PD-1)¹. Ipilimumab (a monoclonal antibody against CTLA-4), Nivolumab
5 (a monoclonal antibody against PD-1), and Pembrolizumab (a monoclonal antibody
6 against PD-1) were first approved for the treatment of advanced melanoma, where they
7 have been shown to have a significant survival benefit. Emerging data has led to
8 expansion of FDA approved indications to include renal cell carcinoma, urothelial
9 carcinoma, non-small cell lung cancer, and classical Hodgkin lymphoma for Nivolumab
10 and non-small cell lung cancer and head and neck squamous cell carcinoma for
11 Pembrolizumab. While the therapeutic intent is to enhance T-lymphocyte-mediated
12 anti-tumor activity in the tumor microenvironment, these agents often lead to more
13 global T lymphocyte dysregulation that can result in inflammatory adverse events
14 known as immune-related adverse events (IRAE)¹.

15
16 Gastrointestinal IRAEs are common with anti-CTLA-4 and anti-PD-1 therapy and
17 primarily manifest as diarrhea or colitis characterized by the presence of abdominal
18 pain, fevers, or blood in stool as classified by NCI Common Terminology Criteria for
19 Adverse Events criteria (CTCAE)². Incidence rates vary depending on the therapy and
20 dose, with the highest rates reported in trials of Ipilimumab at 10mg/kg and
21 combination Ipilimumab/Nivolumab therapy^{3,4}. In trials of Ipilimumab, any grade
22 diarrhea has been reported in 30-46% of patients with severe (CTCAE grade 3-5)
23 diarrhea or colitis reported in 5-16%^{3,5}. With Ipilimumab therapy, symptoms of colitis
24 typically occur after 2-3 doses⁶⁻⁸. Symptomatic colitis after anti-PD-1 therapy is less
25 predictable with onset after 3-14 doses in published studies⁹⁻¹¹.

26
27 Recently published guidelines from the American Society of Clinical Oncology (ASCO)
28 have outlined a practical approach to the management of checkpoint inhibitor-induced
29 colitis⁵. It is suggested that mild diarrhea (Grade 1) be managed with anti-diarrheal

1 agents with consideration of temporarily holding checkpoint inhibitor therapy.
2 Moderate to severe (Grade 2-4) or persistent diarrhea is managed with systemic high
3 dose corticosteroids (1mg/kg/day prednisone) followed by Infliximab or Vedolizumab
4 for refractory disease. Diagnostic colonoscopy with possible upper endoscopy has been
5 recommended in cases of grade 2 or higher diarrhea. Repeat colonoscopy has been
6 suggested for refractory symptoms if concern for infection that can be associated with
7 immunosuppressive therapy (cytomegalovirus).

8
9 Gastroenterologists are often consulted to perform lower gastrointestinal endoscopic
10 evaluation of patients with suspected severe or persistent colitis. Macroscopic findings
11 on endoscopy are variable but often include erythema, friability, ulceration, granularity,
12 though normal appearing mucosa is possible⁶. Microscopic findings are even more
13 variable, with the most common histologic findings including intraepithelial
14 lymphocytes, cryptitis, and crypt abscesses⁶. While multiple case series have reported
15 the predominant distribution patterns as pan-colonic or left sided colonic, the optimal
16 endoscopic approach to this condition has not been determined⁶⁻⁸. We reviewed cases
17 of checkpoint inhibitor-induced colitis at the University of Michigan Health System and
18 performed a systematic review of published studies to characterize the lower
19 gastrointestinal distribution pattern of this condition to determine the diagnostic yield
20 of flexible sigmoidoscopy alone compared to complete colonoscopy.

21 22 **Methods**

23 *Patient Selection*

24 A written waiver of consent was provided by the local institutional review board to
25 conduct a retrospective search of the electronic medical record database at the
26 University of Michigan Health System. We used an electronic medical record
27 information retrieval tool (EMERSE) to identify all patients that had any exposure to
28 Ipilimumab, Nivolumab, or Pembrolizumab¹². The medical records of these patients
29 were manually searched to identify patients that had been clinically diagnosed with

1 checkpoint inhibitor-induced colitis. The medical records of these patients were then
2 manually searched to identify patients that had undergone either colonoscopy or
3 flexible sigmoidoscopy. Patients that underwent endoscopic evaluation for diarrhea
4 after exposure to a checkpoint inhibitor were selected for further chart review. In all
5 patients undergoing endoscopy for suspected colitis, clostridium difficile and other
6 gastrointestinal infection had been excluded by stool testing.

8 *Patient Clinical and Endoscopic Characteristics*

9 Key patient characteristics including age (at time of endoscopic procedure), gender, type
10 of malignancy, and checkpoint inhibitor regimen were recorded. The number of
11 checkpoint inhibitor infusions prior to first report of diarrhea and time to onset of
12 diarrhea from therapy initiation were recorded. The severity of diarrhea at time of
13 endoscopy was graded using the common terminology criteria for adverse events
14 (CTCAE, version 4.0) based on data from the medical record. Therapeutic data including
15 use and timing of corticosteroids and infliximab for colitis management was recorded.
16 Clinical data regarding hospitalizations related to colitis, bowel perforation, and need for
17 bowel resection were recorded.

18
19 Endoscopy type (full colonoscopy, incomplete colonoscopy, and flexible sigmoidoscopy)
20 and timing relative to symptom onset were recorded. Endoscopic reports and images
21 were manually reviewed to determine the disease distribution pattern of any gross
22 inflammatory changes. The segments were categorized as rectum, sigmoid, descending
23 colon, transverse colon, ascending colon/cecum, and terminal ileum. Macroscopic
24 inflammatory changes included any of the following: loss of vascularity, erythema,
25 friability, granularity, edema, exudates, erosions, or ulceration. The lower
26 gastrointestinal tract was categorized into 3 segments for histological assessment
27 including terminal ileum, right colon, and left colon. This additional categorization was
28 used as practitioners frequently performed right colon and left colon rather than true
29 segmental colonic biopsies.

1

2 *Systematic Review Search Strategy:*

3 With the assistance of a medical librarian, a systematic literature search of Pubmed
4 (through March 1, 2017) and Embase (through March 1, 2017) was conducted for all
5 relevant articles reporting colitis associated with use of the checkpoint inhibitor class of
6 medications. Keywords used in the search included “Checkpoint inhibitor”, “CTLA-4
7 inhibitor”, “PD-1 inhibitor”, “Ipilimumab”, “Nivolumab”, “Pembrolizumab”, or
8 “Tremelimumab” combined with “diarrhea”, “colitis”, “enterocolitis”, “toxicity”, “clinical
9 trial”, or “adverse event”. The title and abstract of studies identified in the search were
10 reviewed by 2 investigators independently (A.P.W and M.S.P) to exclude studies that did
11 not pertain to the research question. The full text of the remaining articles was
12 examined to determine whether they met study selection criteria. Any discrepancies
13 between investigators were addressed with a joint re-evaluation of the article. If
14 agreement between investigators could not be reached, a third investigator (R.W.S)
15 adjudicated the discrepancy.

16

17 *Selection Criteria:*

18 Studies considered in this systematic review included those with experimental design
19 (clinical trials) and observational design (case series, case reports) that met the
20 following inclusion criteria: (1) clearly defined exposure to a medication identified as an
21 immune checkpoint inhibitor, (2) reported occurrence of diarrhea as a complication
22 related to immune checkpoint inhibitor exposure, (3) performance of lower
23 gastrointestinal endoscopy for evaluation of diarrhea, and (4) sufficient description of
24 endoscopic and histologic findings to determine distribution of lower gastrointestinal
25 involvement by inflammatory changes attributed immune checkpoint inhibitor-
26 mediated colitis. Inclusion was otherwise not restricted by study size or publication
27 type. Meeting abstracts were included if the above criteria were met. When multiple
28 studies reported on the same patient cohort, only the most comprehensive study was
29 included. Studies were excluded if patients had previous documented inflammatory

1 bowel disease. A quality assessment was not performed as this was a systematic review
2 that mostly consisted of case series and case reports (i.e., low quality). Figure 1
3 summarizes the study identification and selection process.

4 5 *Data Abstraction*

6 Data were independently abstracted onto a standardized form by 2 investigators (A.P.W
7 and M.S.P). The following data were collected from each study: study design, year of
8 publication, number of study patients, type of immune checkpoint inhibitor exposure,
9 grade of diarrhea experienced by study patients, type of lower gastrointestinal
10 endoscopic examination performed, and pattern of distribution of endoscopic and
11 histologic findings. In two studies the type of lower endoscopic exam (flexible
12 sigmoidoscopy or colonoscopy) could not be distinguished^{13,14}. These studies reported
13 left sided colonic findings in 100% of cases. As only left sided findings were reported,
14 these studies were included for analysis along with cases of flexible sigmoidoscopy. We
15 characterized the clinical severity as either mild (grade 1-2 diarrhea) or moderate-severe
16 (grade 3-4 diarrhea and/or use of systemic corticosteroids or Infliximab) based on
17 available data. The distribution of endoscopic and/or histologic findings was categorized
18 as “any left sided colonic involvement”, “any right sided colonic or terminal ileum
19 involvement”, “isolated right sided colonic or terminal ileum involvement”, “isolated
20 transverse segmental colonic involvement” based on available reported data. These
21 categories were chosen to determine the type of endoscopic procedure necessary to
22 obtain a diagnosis of checkpoint inhibitor-mediated colitis.

23 24 *Statistical Analysis:*

25 Our primary analysis focused on assessing endoscopic and histologic distribution of
26 checkpoint inhibitor-mediated colitis identified on lower gastrointestinal endoscopy.
27 The pattern of involvement of the gastrointestinal tract was used to determine the
28 diagnostic yield of flexible sigmoidoscopy as compared to full colonoscopy in diagnosing
29 checkpoint inhibitor-mediated colitis. Flexible sigmoidoscopy allows for evaluation of

1 the entire left colon alone, whereas colonoscopy allows for evaluation of the entire
2 colon and terminal ileum. Data was collected and summarized with proportions, means,
3 and medians as noted. The diagnostic yield of flexible sigmoidoscopy was calculated as
4 the proportion of cases with any left sided colonic findings. All data were analyzed using
5 Microsoft Excel (Microsoft Office 2016, Microsoft, Redmond, WA).

20 **Results**

21 *Single Center Patient Characteristics*

22 Between 7/1/2011 and 2/1/2017, a total of 1135 patients were treated with checkpoint
23 inhibitor therapy at our institution or had been treated elsewhere with subsequent care
24 provided at our institution. Physician-reported checkpoint inhibitor colitis occurred in
25 8.5% (97/1135 patients) of patients. There were 25 cases of colitis out of 384 (6.5%)
26 patients treated with pembrolizumab, 31 cases out of 469 (6.6%) patients treated with
27 ipilimumab, 11 cases out of 447 (2.4%) patients treated with nivolumab, and 30 cases
28 out of 118 (25.4%) patients treated with ipilimumab/nivolumab combination therapy. A
29 total of 36 patients underwent lower gastrointestinal endoscopic exam for suspected

1 checkpoint inhibitor–induced colitis. Thirty-one patients were diagnosed with
2 checkpoint inhibitor-induced colitis by lower gastrointestinal endoscopy. Of the patients
3 without features of colitis on lower endoscopy (4 flexible sigmoidoscopy, 1
4 colonoscopy), one patient was diagnosed with mycophenolate mofetil induced colitis,
5 two patients were found to have isolated features of enteritis on subsequent upper
6 endoscopy, one patient underwent empiric treatment for colitis with clinical
7 improvement, and one patient was clinically diagnosed with irritable bowel syndrome.

8
9 Clinical and demographic characteristics of the 31 patients with checkpoint inhibitor-
10 induced colitis diagnosed by lower endoscopy are presented in table 1. All patients
11 were being treated for advanced melanoma. No patients had a history of inflammatory
12 bowel disease. All patients presented with diarrhea characterized by increased
13 frequency and/or loose consistency of bowel movements. In addition, 29% of patients
14 reported blood in stools, 38.7% reported abdominal pain, and 16.1% reported nausea.
15 Most patients had been started on systemic immunosuppression prior to lower
16 gastrointestinal endoscopy, with 19 (61.3%) patients receiving corticosteroids for a
17 mean 11 days prior to endoscopy. Three patients (9.6%) had received at least 1 dose of
18 Infliximab prior endoscopy.

19 20 *Endoscopic and Histologic Characteristics*

21 A total of 17 (54.8%) patients with checkpoint inhibitor-induced colitis underwent oral
22 purgative bowel preparation with the intention of performing diagnostic colonoscopy.
23 Ultimately, 5 (29.4%) patients underwent an incomplete colonoscopy due to the
24 severity of inflammation encountered in left colon in all cases. Flexible sigmoidoscopy
25 was performed in 14 (45.2%) patients with a standard bowel preparation consisting of 2
26 tap water or fleet enemas. The most common endoscopic findings were erythema
27 (93.5%), friability (58.6%), congestion (48.2%), and ulcers (37.9%). Consistent with prior
28 studies, the histological findings were variable with the most common reported findings

1 of acute inflammation (58.0%), chronic inflammation (41.9%), lymphocyte infiltration
2 (19.3%), and plasma cell infiltration (16.1%).

3
4 The endoscopic and histologic distribution patterns are presented in table 2. The left
5 colon was macroscopically abnormal in 13 (92.8%), 5 (100.0%), and 11 (91.7%) of those
6 undergoing flexible sigmoidoscopy, incomplete colonoscopy, and complete
7 colonoscopy, respectively; in total 29 (93.5%) patients had macroscopic evidence of left
8 sided disease. No patients had macroscopic abnormalities isolated to the right colon.
9 Two patients had normal endoscopic examinations with typical features microscopically
10 only. Microscopically, all patients exhibited left sided colonic features consistent with
11 checkpoint inhibitor-induced colitis where segmental biopsies were performed (29/29).
12 In two patients undergoing colonoscopy, random colon biopsies only were performed
13 and the exact disease distribution could not be confirmed.

14 15 *Management of Checkpoint Inhibitor-Induced Colitis:*

16 Most patients with endoscopically diagnosed colitis (67.7%) were hospitalized at the
17 time of endoscopic evaluation and 87.1% of patients received systemic corticosteroids
18 for a median 77 days (range 1-279) for treatment of colitis. A total of 19 (61.3%) patients
19 required at least one dose (median 1, range 1-3) of Infliximab for treatment of
20 corticosteroid-refractory colitis. Among patients clinically diagnosed with colitis that had
21 not undergone endoscopic evaluation, 98.3% (60/61) were treated with corticosteroids
22 and 39.3% patients received at least one dose of infliximab. The management of
23 checkpoint inhibitor-induced colitis was directed by the treating oncologists. There were
24 2 intestinal perforations and 2 bowel resections, which were likely related to checkpoint
25 inhibitor induced colitis, among patients who did not undergo endoscopic evaluation,
26 similar to the group that had undergone endoscopy (2/36 with perforation and bowel
27 resection).

28 29 *Systematic Review Search Results*

1 Of the 1892 unique studies identified using our search criteria, 61 studies fulfilled our
2 inclusion criteria and were included in the qualitative analysis (38 full text articles, 23 in
3 abstract form)^{8,10,14-72}. Results of our search strategy are depicted in figure 1. Of these
4 studies, 18 were case series and 43 were individual case reports.

5 6 *Systematic Review Patient Characteristics*

7 The included studies described the lower gastrointestinal distribution of 226 cases of
8 checkpoint inhibitor-induced colitis. Abbreviated study findings are presented in Table 3
9 with comprehensive study findings reported in Supplementary Table 1. 125 patients
10 underwent colonoscopy and 101 patients underwent flexible sigmoidoscopy. Clinical
11 severity was mild in only 2.6% of cases, moderate-severe in 84.1%, and not able to be
12 determined in 13.3%. By far the most commonly reported treatment regimen was
13 Ipilimumab monotherapy (213/226 cases). There were 3 cases with
14 Ipilimumab/Nivolumab combination therapy, 5 cases with Tremelimumab, 2 cases with
15 Nivolumab, and 3 cases with either Pembrolizumab or Nivolumab.

16 17 *Lower Gastrointestinal Distribution of Colitis*

18 Among the 125 patients with colitis that underwent colonoscopy, 97.6% had left sided
19 involvement, 86.4% had any right sided or terminal ileal involvement, and 2.4% had
20 isolated right sided colonic or terminal ileal involvement based on reported macroscopic
21 and microscopic findings. Among the 101 patients with colitis that underwent flexible
22 sigmoidoscopy, 99.0% had left sided involvement and 1.0% had isolated segmental
23 transverse colonic involvement based on reported macroscopic and microscopic
24 findings. Taken together, left sided colonic involvement was seen in 98.2% of patients
25 with colitis undergoing endoscopy.

26 27 *Microscopic Inflammation in the Setting of a Normal Endoscopy*

28 We identified 4 studies that described cases of colitis with microscopic evidence of
29 inflammation but normal endoscopic appearance of the lower gastrointestinal tract

1 42,63,73,74. In one series of 36 patients, 36% had microscopic abnormalities alone with
2 normal endoscopy⁷⁴. All patients in this series had grade 3-4 disease. A separate series
3 of 35 patients identified 22.8% of patients with microscopic abnormalities but no
4 macroscopic findings⁷³. In our cohort there were 2 patients with microscopic findings
5 consistent with colitis but normal endoscopy. Both individuals had undergone
6 outpatient endoscopy and had grade 1-2 diarrhea. One patient had received
7 Ipilimumab and the other Pembrolizumab. Neither patient had been treated with
8 corticosteroids or Infliximab prior to endoscopy.

9 10 *Isolated Upper GI Tract Disease*

11 While not a primary study outcome, we identified 4 reports describing 5 patients with
12 checkpoint inhibitor-induced isolated upper gastrointestinal tract inflammation⁷⁴⁻⁷⁷. All
13 patients reported symptomatic diarrhea; one patient with esophageal involvement also
14 reported dysphagia. Predominant histologic features reported included lymphocytes
15 and plasma cell infiltration. All patients underwent concomitant macroscopic and
16 microscopic lower GI evaluation with endoscopy or ileocollectomy in one case. At our
17 center we identified 2 patients presenting with diarrhea after checkpoint inhibitor
18 exposure with isolated upper GI inflammation (duodenum in both cases) with
19 unremarkable lower gastrointestinal evaluation with biopsy that were determined to
20 have checkpoint inhibitor-induced enteritis.

21 **Discussion**

22 Checkpoint inhibitor-induced colitis is a common clinical entity often occurring shortly
23 after initiation of therapy in patients with advanced cancer. The optimal diagnostic
24 evaluation sequence has not been determined. Following exclusion of alternative causes
25 or infections, endoscopy is often pursued for a diagnosis. The type of initial endoscopic
26 procedure pursued has relevant clinical implications. Flexible sigmoidoscopy can be
27 performed rapidly with minimal or no bowel preparation or procedural sedation.
28 Colonoscopy requires an oral bowel preparation, often taking 24 hours to coordinate,
29 and typically is performed with sedation to address patient discomfort. Furthermore,

1 colonoscopy has been associated with higher risk of colonic perforation than flexible
2 sigmoidoscopy in several studies.^{78,79} Severe colonic inflammation may further heighten
3 this risk⁸⁰. For ill hospitalized patients or on an outpatient basis, sigmoidoscopy can
4 often be performed quickly, more comfortably, at lower financial cost, and likely lower
5 risk of complication relative to colonoscopy.

6
7 We report a series of 31 patients at our institution with moderate to severe checkpoint
8 inhibitor-induced colitis diagnosed by lower gastrointestinal endoscopy. In 93.5% of
9 patients (29/31) there was macroscopic evidence of left sided disease. No patients
10 (0/31) had macroscopic abnormalities isolated to the right colon. All patients who
11 underwent segmental colonic biopsies had microscopic evidence of disease in the left
12 colon (29/29). A systematic review of the literature identified 226 cases of checkpoint
13 inhibitor-induced colitis. Left sided colonic involvement was present in 98.2% of
14 patients. Pooling our single center experience with the reviewed case series, flexible
15 sigmoidoscopy with biopsy would be sufficient to diagnose >98% of patients with
16 checkpoint inhibitor-induced colitis (figure 2).

17
18 The use and timing of endoscopic evaluation of suspected checkpoint inhibitor-induced
19 colitis is not uniform. At our institution, we identified 24 patients with suspected colitis
20 on clinical grounds alone that were empirically treated with corticosteroids and
21 subsequently received Infliximab without undergoing endoscopy. In a recent
22 retrospective study comparing endoscopy and Computerized Tomography (CT) in
23 checkpoint inhibitor-induced colitis, investigators suggested that CT may be a suitable
24 diagnostic tool for this condition based on concordance of abnormal findings on exams
25 ⁸¹. We argue that endoscopic evaluation is important for several reasons in these
26 patients. First, flexible sigmoidoscopy is a quick, safe, relatively low-cost procedure that
27 can definitively confirm the diagnosis in most patients. Second, endoscopy can evaluate
28 for cytomegalovirus infection, which can present similarly and has been reported in
29 patients treated with checkpoint inhibitors who have received additional

1 immunosuppression for other iRAE³¹. Third, endoscopy can evaluate for other
2 conditions such as metastasis, and other drug induced colitis that could present
3 similarly. At our institution, endoscopy identified one patient with mycophenolate
4 mofetil colitis who had previously been managed as checkpoint inhibitor-induced colitis.
5 Fourth, two recent studies have identified the presence of colonic ulcers on endoscopy
6 as a predictor for need for infliximab therapy, demonstrating a possible role for
7 endoscopy in guiding initial immunosuppressive therapy^{82,83}. Finally, moderate to
8 severe colitis often leads to treatment with prolonged immunosuppression and
9 withdrawal of immunotherapy, necessitating an accurate diagnosis.

10
11 Our study has several limitations. Most patients in our cohort and systematic review
12 had severe disease with grade 3 to 4 gastrointestinal toxicity and were hospitalized at
13 the time of endoscopy. The distribution pattern and endoscopic findings may not be
14 reflective of patients with milder disease. There may be selection bias as only 37% of
15 patients with suspected colitis in our cohort underwent endoscopic evaluation. Many
16 patients undergo flexible sigmoidoscopy rather than full colonoscopy to evaluate this
17 condition. Because of this, some patients with checkpoint inhibitor-induced colitis with
18 isolated right sided findings could have been missed and therefore not reported in the
19 literature. As there was data available on 125 patients that underwent full colonoscopy
20 with only 2.4% of cases with isolated right sided involvement we believe that this is rare.
21 Also, studies often did not report immunosuppression exposure (either to treat colitis or
22 other iRAE) prior to endoscopic exams, which may have affected macroscopic and
23 microscopic findings.

24
25 In conclusion, moderate to severe checkpoint inhibitor-induced colitis predominantly
26 involves the left colon. Patients are often treated with prolonged courses of
27 corticosteroids and infliximab for refractory disease. Given the implications of diagnosis
28 (checkpoint inhibitor treatment cessation, need for high intensity immunosuppression,
29 potential immunosuppression related complications), confidently identifying or

1 excluding moderate to severe checkpoint inhibitor-induced colitis is essential. Flexible
2 sigmoidoscopy with biopsy is sufficient to identify >98% of cases of moderate to severe
3 colitis with lower gastrointestinal involvement and should be considered as the primary
4 diagnostic test after gastrointestinal infections are excluded. Mucosal biopsies should
5 be obtained regardless of macroscopic findings. If sigmoidoscopy with biopsy is normal,
6 then combined upper endoscopy and ileocolonoscopy with biopsy can be performed to
7 optimize diagnostic yield.

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19 **Figure and Table Legends:**

20
21 Table 1. Case series patient characteristics

22
23 Table 2. Case series endoscopic findings

24 Data presented as proportion of patients with abnormal findings over number of
25 patients with evaluation of specific lower gastrointestinal segment (n/n). Left side
26 includes rectum, sigmoid, and descending colon. Right side includes transverse colon,
27 ascending colon, cecum, and terminal ileum (TI).

28 * 2 patients in the full colonoscopy group had random colon biopsies only, therefore
29 cannot determine histologic distribution

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Table 3. Systematic review enterocolitis distribution.

* Indicates abstract only

IPI: Ipilimumab, TRE: Tremelimumab, NIV: Nivolumab, PEM: Pembrolizumab

ND: Not Determined

LC: Left Colon, RC: Right Colon, TI: Terminal Ileum

Any: indicates any involvement, Isolated: Indicates isolated involvement of designated region

Figure 1. Systematic review flow chart.

Figure 2. Colonic Distribution of Checkpoint Inhibitor Colitis

Supplementary Table 1. Comprehensive systematic review enterocolitis distribution

* Indicates abstract only

IPI: Ipilimumab, TRE: Tremelimumab, NIV: Nivolumab, PEM: Pembrolizumab

ND: Not Determined

LC: Left Colon, RC: Right Colon, TI: Terminal Ileum

Any: indicates any involvement, Isolated: Indicates isolated involvement of designated region

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Table 1

Case Series Patient Characteristics(n=31)

Age, y mean (SD)	64.9 (8.5)
Male, n (%)	26 (83.8%)
Melanoma, n (%)	31 (100%)
Checkpoint Inhibitor Regimen	
Ipilimumab, n (%)	13 (41.9%)
Ipilimumab + Nivolumab, n (%)	12 (38.7%)
Pembrolizumab, n (%)	6 (19.3%)
Doses prior to onset of diarrhea, median (range)	2 (1-20)
Time to onset of diarrhea, days median (range)	39 (11-460)
Diarrhea Grade, median (range)	3 (1-4)
Corticosteroid use prior to endoscopy, n (%)	19 (61.30%)
Corticosteroid duration prior to endoscopy, days mean (SD)	11 (2-53)
Infliximab prior to endoscopy, n (%)	3 (9.60%)

1 **Table 2**

Case Series Macroscopic and Microscopic Distribution of Colitis (n=31)

	Macroscopic (Endoscopy)		
	Flexible sigmoidoscopy	Incomplete Colonoscopy	Full Colonoscopy
Rectum	13/14	4/5	9/12
Sigmoid	11/14	5/5	11/12
Descending	4/7	4/4	10/12
Left	13/14	5/5	11/12
Transverse	1/1	.	11/12
Ascending/Cecum	.	.	10/12
Ileum	.	.	6/9
Right	1/1	.	11/12
	Microscopic (Histology)		
Left	14/14	5/5	10/10*
Right	.	.	10/10*
TI	.	.	4/6

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Table 3

Systematic Review Colitis Distribution

Author, y	Medication (n)	Clinical Severity			n	LC (any)	RC/TI (Any)	RC/TI (Isolated)	Transverse (Isolated)
		Mild	Moderate- Severe	ND					
Agarwal, 2016*	IPI	.	.	22	22	22	22	0	0
Bamias, 2017	IPI	.	5	.	5	5	5	0	0
De Felice, 2015	IPI	.	4	.	4	4	3	0	0
Jain, 2014*	IPI	.	7	.	7	7	7	0	0
Klair, 2016	IPI	.	2	.	2	2	0	0	0

Marthey, 2016	IPI	.	33	.	33	32	27	≤1	0
Rastogi, 2014	IPI	.	3	.	3	3	3	0	0
Satoh, 2017	IPI	.	2	.	2	2	2	0	0
Sidhu, 2015*	IPI	.	3	.	3	2	3	1	0
Tondon, 2016*	IPI	.	6	.	6	6	6	0	0
Verschuren, 2016	IPI	.	8	.	8	8	8	0	0
Single Case Reports	IPI (25), NIV (2), IPI/NIV (2), TRE (1)	2	27	1	30	29	22	1	0
Totals		2	100	23	125	122	108	3	0
Flexible Sigmoidoscopy									
Bamias, 2017	IPI	.	.	3	3	3	.	.	.
Hillock, 2016	IPI	.	12	.	12	12	.	.	.
Jain, 2014*	IPI	.	4	.	4	4	.	.	.
Johnston, 2009	IPI (1), TRE (4)	.	5	.	5	5	.	.	.
Lord, 2010	IPI	2	7	.	9	9	.	.	.
Maker, 2005	IPI	.	2	.	2	2	.	.	.
Marthey, 2016	IPI	.	2	4	6	6	.	.	.
O'Connor, 2016	IPI	.	7	.	7	6	.	.	1
Sidhu, 2015*	IPI (11), PEM or NIV (3)	.	14	.	14	14	.	.	.
Verschuren, 2016	IPI	1	18	.	19	19	.	.	.
Single Case Reports	IPI (19), IPI/NIV (1)	1	19	.	20	20	.	.	.
Totals		4	90	7	101	100	.	.	1
Overall Totals		6	190	30	226	222	108	3	1

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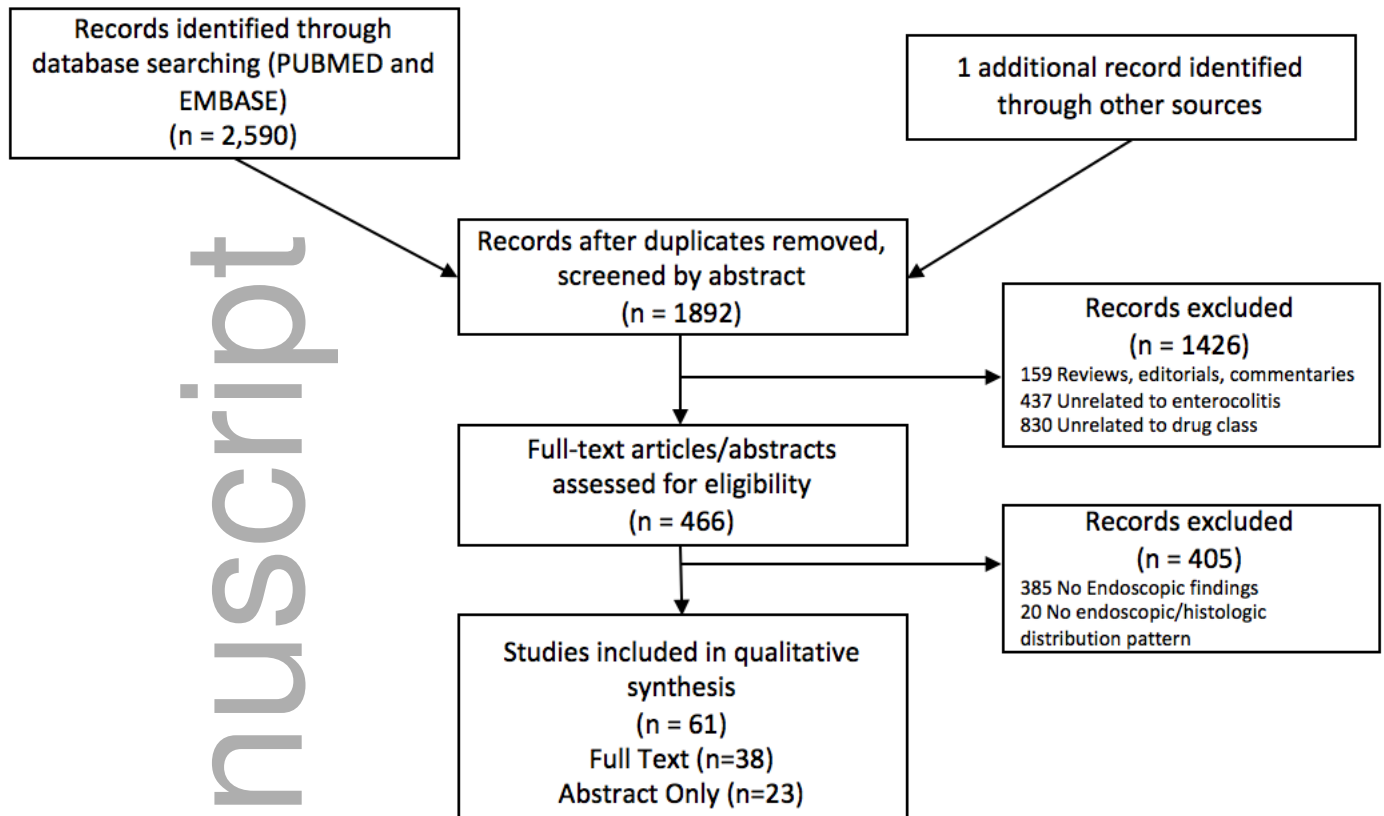
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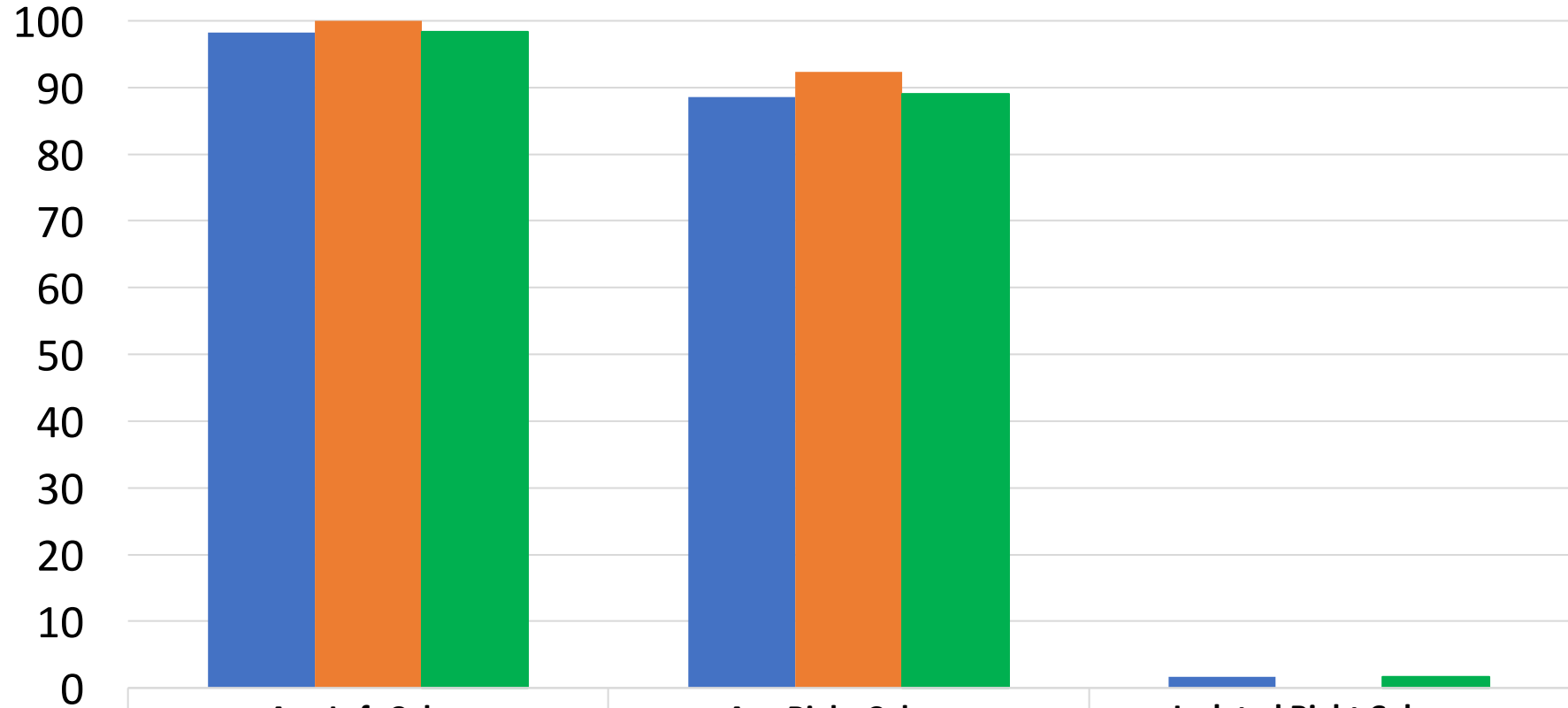
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Colonic Distribution of Checkpoint Inhibitor-Induced Colitis

Author Manuscript



■ Systematic Review (SR)

■ Case Series (CS)

■ Pooled (SR+CS)

Any Left Colon

Any Right Colon

Isolated Right Colon

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