

Nursing: Childbearing and Reproductive Health Clinical

Copenhagen, Denmark, Summer 2019

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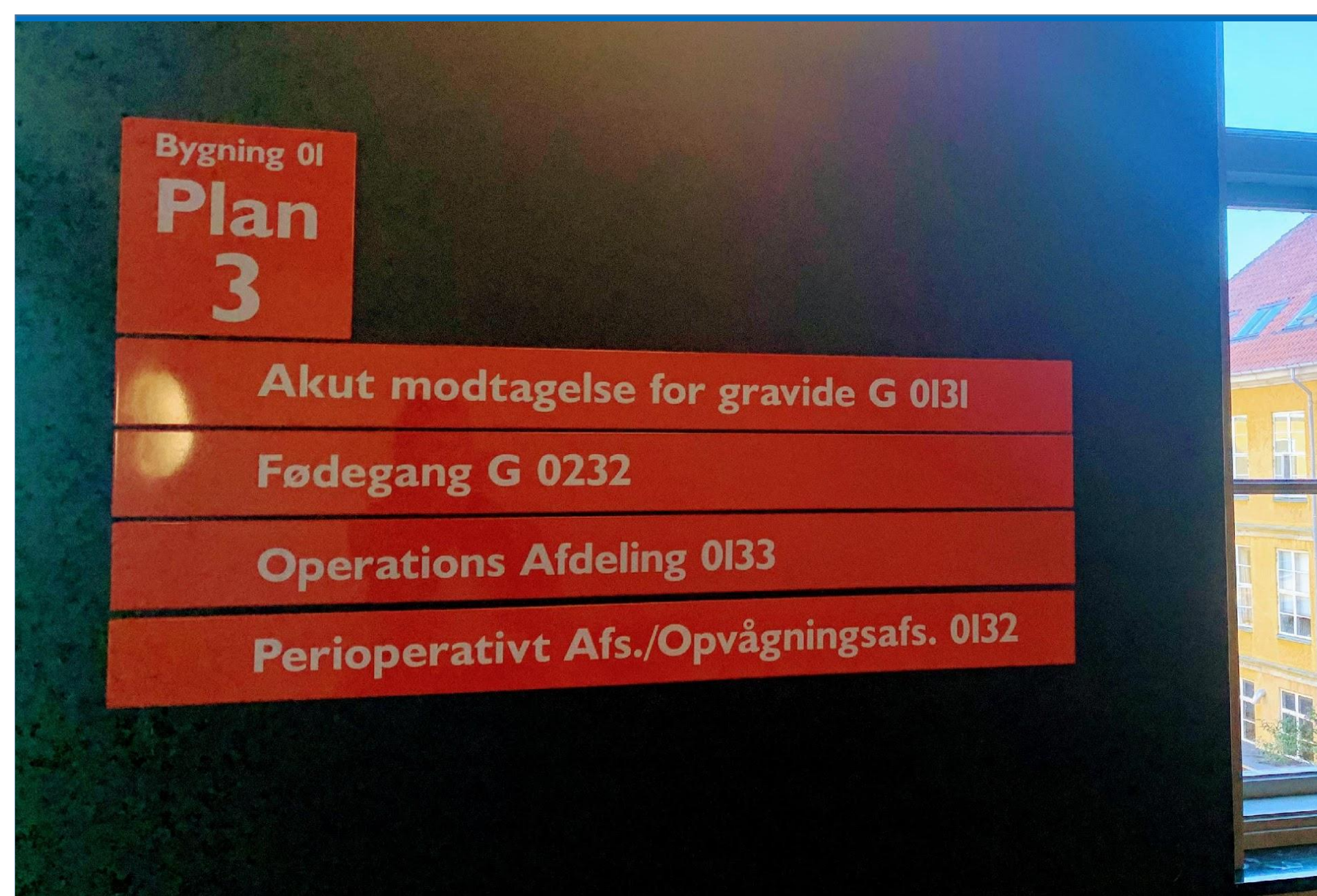
Course: N352 Childbearing and Reproductive Health

City/Country

- Stayed in Copenhagen, Denmark through DIS Copenhagen Program.
- Participated in clinical placements in Hillerød, Denmark and Roskilde, Denmark.

Other Important Background

- Denmark is a welfare-based country in which 100% of births are accompanied by midwives
- Midwifery is one of the most respected professions in Denmark
- Midwifery education is independent from nursing education, and is completed post-high school graduation



Experience

Information

While in Copenhagen, Denmark, we were fortunate enough to work on the Labor and Delivery Unit with a nurse midwife for four weeks. The first week consisted of in-class lessons and simulations to gain knowledge on Danish culture and Midwifery specific to Denmark. In addition, we were able to visit birthing clinics and meet midwives who delivered in-home, which are two popular birthing options in Denmark.

Purpose of Trip

To experience the Danish perspective on childbearing and reproductive health by completing our Obstetrics clinical rotation through the Danish welfare system.

Outcomes

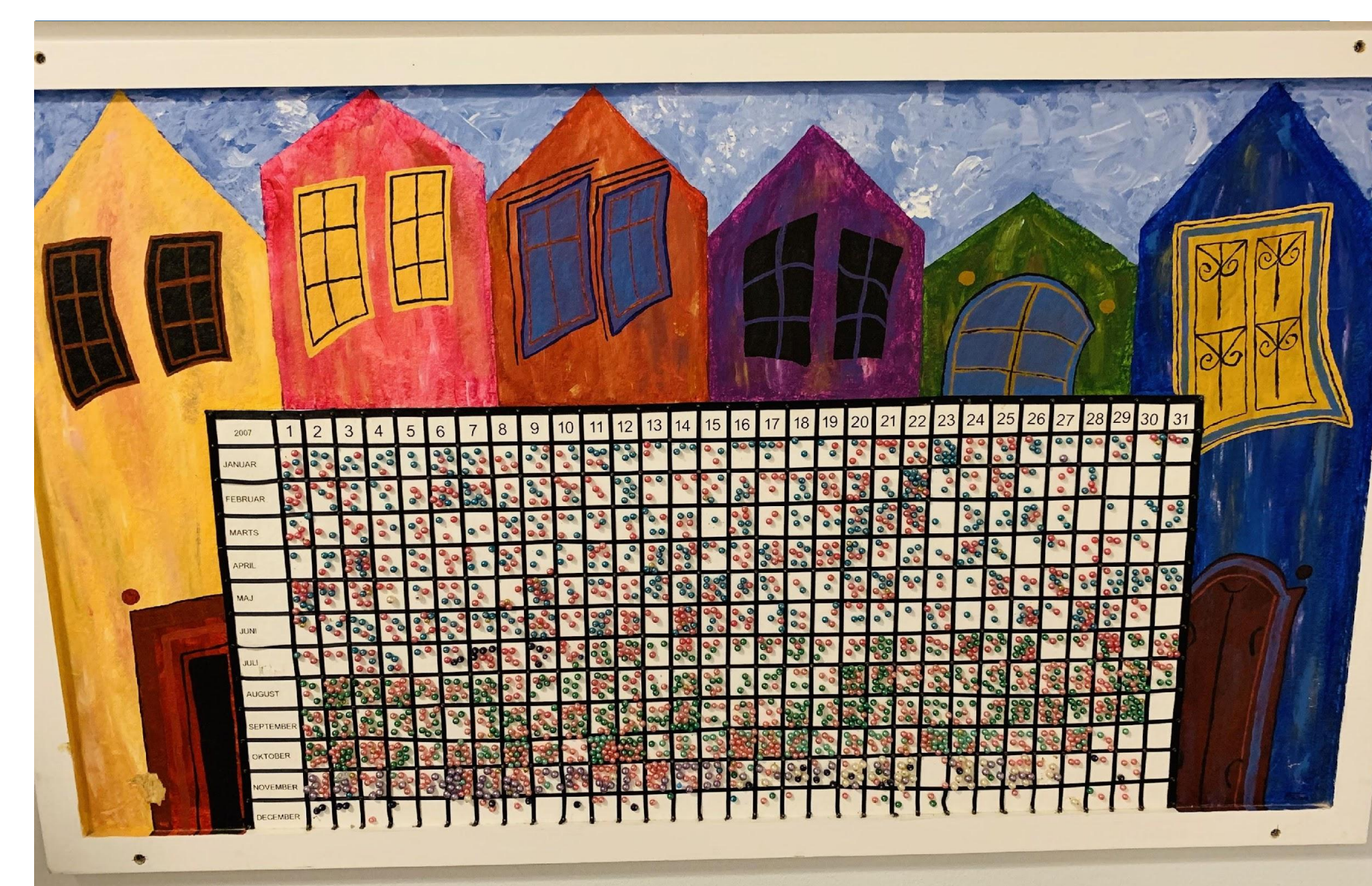
- Completed ~48 hours of clinical experience on Labor and Delivery Units / Pregnancy and Clinic settings
 - Submitted weekly reflections to the U of M SON Midwifery Faculty and DIS Midwifery Faculty
- Participated in a week of courses related to the Midwives' role in labor and delivery, pregnancy and birth, delivery techniques/ comfort measures, and Danish culture/healthcare
 - Visited the houses of home-birth midwives, several birthing units, and birthing clinics

Skills Utilized/Developed

- Gained an understanding of the Danish perspective on maternal and reproductive health
 - Saw, first-hand, the factors and benefits of a Welfare healthcare system
- Enhanced our bedside nursing skills to provide the best, holistic care in the field of labor and delivery

Classroom Connections

The SON curriculum prepared us for this experience. This included all Junior year classes, specifically N352 (Childbearing and Reproductive Health). We also completed our OB Simulations which consisted of OB emergencies.



Career Connections

- As nursing students, we are privileged to gain experiences from various aspects of healthcare
- Spending four weeks investing our time into labor and delivery, we learned the importance of simple support and natural interventions that will aid us in all nursing careers

Advice

- Become fully invested in your country of choice -- engage, accommodate, and become a member of their society
- Be open-minded to all your country has to offer you. It is a beautiful thing to learn from other cultures

ACKNOWLEDGEMENTS

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