INVITED REVIEW



Stem-cell-based therapies to enhance peripheral nerve regeneration

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Abstract

Peripheral nerve injury remains a major cause of morbidity in trauma patients. Despite advances in microsurgical techniques and improved understanding of nerve regeneration, obtaining satisfactory outcomes after peripheral nerve injury remains a difficult clinical problem. There is a growing body of evidence in preclinical animal studies demonstrating the supportive role of stem cells in peripheral nerve regeneration after injury. The characteristics of both mesoderm-derived and ectoderm-derived stem cell types and their role in peripheral nerve regeneration are discussed, specifically focusing on the presentation of both foundational laboratory studies and translational applications. The current state of clinical translation is presented, with an emphasis on both ethical considerations of using stems cells in humans and current governmental regulatory policies. Current advancements in cell-based therapies represent a promising future with regard to supporting nerve regeneration and achieving significant functional recovery after debilitating nerve injuries.

KEYWORDS

cellular therapy, peripheral nerve injury, nerve regeneration, stem cell, Schwann cells, neuro-regeneration

1 | INTRODUCTION

Peripheral nerve injury remains a major cause of morbidity in trauma patients. Despite advances in microsurgical techniques and improved understanding of nerve regeneration, obtaining satisfactory outcomes after peripheral nerve injury remains a serious clinical problem. 2-4

Abbreviations: AD, Alzheimer disease; ADSC, adipose-derived stem cell; ALS, amyotrophic lateral sclerosis; AMSC, amniotic mesenchymal stromal cell; BFP, blue fluorescent protein; BDNF, brain-derived neurotrophic factor; BMSC, bone marrow stromal cell; CNTF, ciliary neurotrophic factor; DMD, Duchenne muscular dystrophy; DPSC, dental pulp stem cell; DRG, dorsal root ganglion; GDNF, glial-cell-line-derived neurotrophic factor; GFP, green fluorescent protein; GGF, glial-growth-like factor; HAP, hair follicle-associated pluripotent cell; HGF, hepatocyte growth factor; hESC, human embryonic-derived support cell; hUCBDSC, human umbilical cord blood-derived stem cell; IGF, insulin-like growth factor; MS, multiple sclerosis; NCC, neural crest stem cell; NGF, nerve growth factor; OEC, olfactory ensheathing cell; RGC, retinal ganglion cell; SC, Schwann cell; SFI, sciatic functional index; Sk-SC, skeletal muscle-derived stem cell; SKP, skin-derived precursor cell; TrkB, tyrosine kinase B; VEGF, vascular endothelial growth factor.

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Unfortunately, a large proportion of patients with severe peripheral nerve injuries fail to recover normal function.^{5,6} Even after the most optimal surgical situation of direct nerve repair, return of motor and sensory function is slow and often incomplete.⁷⁻⁹

The regeneration of damaged peripheral nerves occurs though a complex process in which Schwann cells (SCs) play a crucial role. ¹⁰ After axonal injury, SCs proliferate, phagocytose debris, and recruit macrophages ¹¹ to help establish the optimal regenerative milieu. ¹² These cells further aid in axonal regrowth by synthesizing neurotrophic factors, ¹³⁻¹⁵ producing both extracellular matrix and cell-adhesion molecules, ¹⁶ and providing physical guidance to regenerating axons. ^{17,18} SC-based therapies have been successfully utilized in preclinical animal models to enhance nerve regeneration. ¹⁹⁻²² However, due to the invasive nature of SC harvest ²³ and the difficulty of cell expansion *in vitro*, ²⁴ there remain significant barriers to clinical use. ²⁵

In light of the practical limitations associated with SCs, there has been growing enthusiasm for the use of both precursor and stem cell-

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based therapies (we use the term "stem cell" throughout this review to maintain consistency while recognizing that few of the cell sources mentioned are true stem cells) for peripheral nerve regeneration.²⁶⁻²⁹ We are also cognizant of the fact that embryonic stem cells generally have a higher regenerative capacity and are less lineage committed than adult precursor and/or stem cells. 30,31 There is a growing body of evidence in preclinical animal studies showing that stem cells play a positive role in the regeneration of peripheral nerves after injury. 32-37 These effects are thought to be based on the ability of transplanted stem cells to promote regeneration by cell differentiation into tissuespecific cell types, 38-40 signaling through cell-to-cell contact, and/or sustained release of neurotrophic factors. 27,41,42 A number of stem cell types with varying phenotypic and gene expression profiles have been investigated. In this review we summarize the literature supporting the utilization of various stem cell types that have been employed to enhance peripheral nerve regeneration. A detailed list of the stem cell types discussed is presented in Table 1. We review the foundational laboratory studies for each type and then focus on translational works using human-derived cells in animals. If available, the current use of these cells in humans for the treatment of peripheral nerve conditions is also highlighted.

2 | BONE MARROW STROMAL STEM CELLS

One of the most comprehensively studied cell types with respect to peripheral nerve regenerative potential is the bone marrow stromal stem cell (BMSC). These multipotent cells may differentiate into mesenchymal lineages but can also be persuaded to adopt an SC phenotype *in vitro*. However, their eventual fate *in vivo* may not robustly retain this differentiation. ^{43,44}

BMSCs effectively produce and secrete numerous neurotrophins (eg, nerve growth factor [NGF], brain-derived neurotrophic factor [BDNF], glial-cell-line-derived neurotrophic factor [GDNF], ciliary neurotrophic factor [CNTF]) in peripheral nerve repair and have been previously shown to enhance regeneration. 45,46 Chen et al convincingly showed improved walking track scores, wet muscle weights, and increased axonal counts in a 15-mm-gap sciatic transection model⁴⁵ using BMSC therapy. These cells have also been tested (and found efficacious) as supplements to nerve scaffolds using inside-out arterial grafts, 47 decellularized nerve grafts, 48-51 and veins. 52 One study showed a relative inferiority of BMSCs when directly compared with SCs for electrophysiological recovery of a sciatic transection/silicone tube model, although functionally the groups performed at equivalent levels.⁵³ BMSCs have also been studied in larger animal models of long-gap nerve regeneration, including rabbits⁵⁴ and nonhuman primates,⁵⁵ and in the latter demonstrated efficacy on par with both SCs and allografts.

A further notable observation is the ability of BMSCs to "home in" to injured targets, where they have demonstrated this ability in central nervous system animal injury models when administered intravenously.⁵⁶ Although BMSCs are yet to be used in humans, the practicality of an effective systemic stem cell therapy makes these cells a prime candidate for translational study.

3 | ADIPOSE-DERIVED STEM CELLS

Originally described by Zuk et al, adipose-derived stem cells (ADSCs) present a potential adjunct to improve nerve repair and are derived from adipose tissue, which in turn is derived from embryonic mesoderm. 57,58 However, they can be effectively differentiated along ectodermal lines, with SC-like ADSCs, first described in 2007 by Kingham and colleagues.³⁸ Numerous studies have focused on neuroregenerative effects of adipose tissue using purified, cultured, differentiated, or dedifferentiated adipose-derived tissues. 59-61 ADSCs have also been extensively investigated for use in peripheral nerve regeneration, with promising results. They produce mRNA for the growth factors BDNF, glial-growth-like factor (GGF), neurogulin-1 (NRG-1), vascular endothelial growth factor (VEGF), hepatocyte growth factor (HGF), and insulin-like growth factor (IGF) on par or greater than SCs in culture.41 ADSCs support a robust neurite response³⁸ and myelinate dorsal root ganglion (DRG) neurites in vitro. 62 When used in animal models, they may be superior to both SCs and mesenchymal cells for regeneration through a fibrin conduit. 63 They have also demonstrated efficacy in improving recovery in both acute and chronic sciatic denervation injury paradigms in rodents.62,64

One benefit of ADSCs for clinical translation is the relative abundance of adipose tissue for harvest. In this regard, human adiposederived mesenchymal cells obtained from abdominal fat was shown to improve recovery metrics when injected into a murine sciatic crush model, as demonstrated by sciatic functional index (SFI) and walking track analysis. Remarkably, in the study, these cells were injected systemically (intravenously) and were found to localize at the area of injury. As a counterpoint, it would seem that mesenchymal cells derived from human adipose tissue may not maintain their SC-like phenotype for long when withdrawn from the permissive *in-vitro* cocktail of mitogens and growth factors, as recently demonstrated by Faroni et al. Adult adipose mesenchymal cells also have known limitations in terms of senescence and donor-age-dependent efficacy, making their specific clinical indications the subject of future research.

4 | AMNIOTIC MESENCHYMAL STROMAL CELLS

Amniotic mesenchymal stromal cells (AMSCs) are derived from the avascular amniotic mesoderm, and are relatively non-immunogenic cells. $^{67-70}$ Because of this, their membrane has been investigated as a cellular scaffold both $in\ vivo^{71}$ and $ex\ vivo.^{67}$ Recently, the in-toto amniotic membrane has been differentiated toward an SC phenotype and proposed as a scaffold alternative to autograft repair. 72 AMSCs have been compared with

 TABLE 1
 Different stem cell types used to enhance peripheral nerve regeneration

Stem cell type	Cell description	Mechanism	Observed outcomes	Notes	Animal models
Bone marrow stromal stem cells (BMSCs)	Mesenchymal, multipotent	 Adopt Schwann cell phenotype²⁴ Secrete neurotrophins^{41,42} 	 Improved walking track scores wet muscle weights, and increased axonal counts⁴¹ 	Require an invasive procedure for autologous harvesting	 Rodent^{41,43,44,48} Rabbit⁵⁰ Primate^{45,51}
Adipose-derived stem cells (ADSCs)	Mesenchymal	 Adopt Schwann cell phenotype³⁴ Produce mRNA for growth factors³⁷ 	 Improved myelination⁵⁷ Promote neurite outgrowth in vitro³⁴ Improved talking track scores⁶⁰ 	 Available via minimally invasive harvesting with high cellular yield Donor-age-dependent efficacy 	• Rodent ^{57,59}
Amniotic mesenchymal stromal cells (AMSCs)	Mesenchymal	 Adopt Schwann cell phenotype⁶⁷ 	 Improved functional recovery compared to ADSCs⁶⁸ Exhibit strong angiogenic potential⁶⁹ 	 Low immunogenicity⁶²⁻⁶⁵ Graft effectively in non-autologous environments^{20,71} Easily obtained without need for invasive procedure 	• Rat ⁶⁶ • Mouse ^{68,69}
Umbilical cord mesenchymal cells	Mesenchymal, multipotent	 Adopts Schwann cell phenotype Secretes neurotrophins 	 Increased expression of neurotrophin receptor mRNA Improved sciatic functional index scores, improved myelination, and sensory hindlimb function⁷² 	Likely of two distinct cell populations	• Rabbit ⁸⁴ • Rat ⁸¹⁻⁸³
Dental pulp stem cells (DPSCs)	Mesenchymal	 Adopts both neuronal and Schwann cell phenotypes^{87,88} 	 Improved myelination Improved functional recovery⁸⁸ 	 Wisdom teeth are potential source^{90,91} 	 Rat^{89,98} Mice^{90,94}
Skeletal muscle-derived stem cells (Sk-SCs)	Mesenchymal	• Capable of differentiating into multiple cell lineages ^{38,103-105}	Improved histomorphic metrics of recovery	Derived from satellite cells in skeletal muscle	• Rodent ¹⁰⁷
Olfactory ensheathing cells (OECs)	Neural crest derived	 Secretes neurotrophins ¹¹⁰ Phagocytic ^{111,112} 	 Improved histological parameters in spinal cord injury 113-117 	Myelinating cell of the olfactory bulb in fetal development	 Rodent^{113-117,120} Canine¹¹⁸ Human¹¹⁹
Hair-follice-associated pluripotent (HAP) cells	Pluripotent	• Capable of differentiating into multiple cell lineages ¹²²⁻¹²⁶	 Incorporation of cell at nerve injury site¹²⁹ Quantitative evidence of improved regeneration NOT present¹²⁹ 	 Cells reside in hair follide Thought to be involved in the formation of hair follide sensory nerve 	• Mice ¹²⁷
Neural crest stem cells (NCCs)	Pluripotent	 Capable of differentiating into multiple cell lineages 	 More robust nerve diameter¹³¹ Improved myelination¹³⁷ Promote neurite outgrowth <i>in vitro</i>³⁴ 	 Originate in embryological development between the neural and surface ectoderm^{107,130} 	• Rodent ¹⁰⁸
Skin-derived precursor cells (SKPs)	Neural crest derived	 Capable of differentiating into multiple cell lineages³⁶ Adopts Schwann cell phenotype³⁶ Produces growth factors²⁷ Phagocytic¹⁴¹ 	 Improved behavioral recovery¹³⁷ Improved myelination ¹³⁸⁻¹⁴⁰ Immunomodulatory effects¹⁴¹ 	Originate in dermal papilla	• Rats ^{27,33,137,140}

ADSCs in a sciatic nerve crush model, and were found to be better at improving electrophysiological and functional recovery at 4 weeks post-injury.⁷³ Interestingly, the AMSCs markedly improved the overall perfusion vascularity of the injured sciatic nerve distal to the crush (Figure 1), in keeping with their known angiogenic profile.⁷⁴

AMSCs are an interesting candidate for human transplantation experiments, with their demonstrated ability to graft effectively into non-autologous environments. ^{75,76} Such biocompatibility may enable allograft cell banks to be developed for immediate human use, without the need for posttransplant immunosuppression.

5 | UMBILICAL CORD MESENCHYMAL CELLS

The umbilical cord is a valuable source for mesenchymal stem cells, both from the Wharton jelly^{77,78} and umbilical cord blood.⁷⁹⁻⁸³ These are multipotent cells that are likely of two distinct populations: one with a propensity to differentiate into neuronal ectodermal phenotypes, and another with a mesodermal lineage production.⁷⁹ These cells have been previously shown to express pluripotent stem cell markers, such as Oct4, Nanog, Sox2, ABCG2, and the neuroectodermal marker nestin.⁷⁹ There are several potential advantages to the use of these cells, including: 1) ease of accessibility; 2) the fact that they are immunologically inert; 3) their use bears no ethical

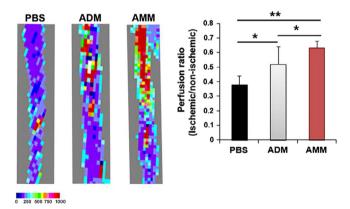


FIGURE 1 Transplantation of AMMs augments blood perfusion. A, Representative images of blood perfusion in the sciatic nerve. Blood perfusion was performed 4 weeks after the initial operation with LDPI (Moor Instrument, Wilmington, Delaware). B, Quantitative analysis using LDPI. AMMs significantly improved blood perfusion compared with ADM stem cells and PBS. LDPI of blood was done 4 weeks after the operation, as described elsewhere. ¹⁴ Briefly, the mice were anesthetized and placed on a heating blanket to maintain a constant temperature. The nerves were exposed by using blunt dissection and scalpel incision. The blood flow in the sciatic nerve was examined using LDPI. ADM, adipose-derived mesenchymal; AMM, amniotic membrane-derived mesenchymal stem cell; LDPI, laser Doppler perfusion imaging; PBS, phosphate-buffered saline. **P < .01; *P < .05 (n = 9 per group). Source: Data excerpted from Li et al (2014).⁷³

considerations; and 4) they possess a low probability of resulting in graft-vs-host disease. $^{83,84}\,$

As peripheral nerve regeneration support cells, the therapeutic potential of human umbilical cord blood-derived stem cells (hUCBDSCs) has been investigated in studies of cavernous nerve injury, recurrent laryngeal nerve injury, optic nerve injury, and sciatic nerve injury, ⁸⁵⁻⁸⁹ all with varying degrees of success. hUCBDSCs were shown to improve recovery from rat sciatic nerve crush injury, with improved SFI over noninjured controls as well as increased expression of both BDNF and tyrosine kinase B (TrkB) receptor mRNA. Wharton jelly-derived umbilical mesenchymal cells also seem to improve recovery from rodent sciatic nerve crush, showing improvements in SFI, myelin histology, and sensory hindlimb function.⁷⁸

6 | DENTAL PULP STEM CELLS

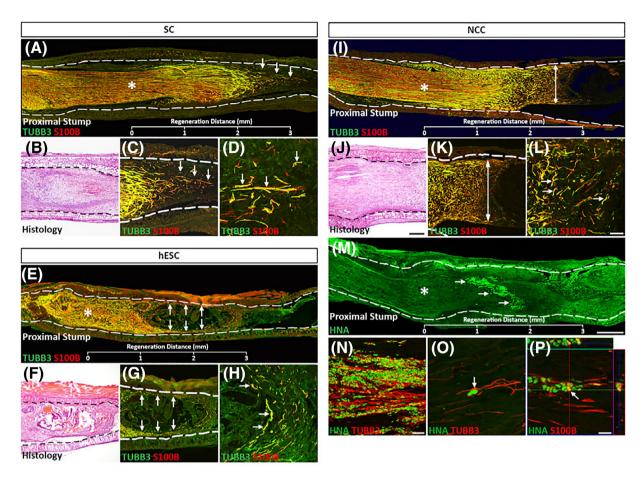
Thought to be an embryological derivative of the cranial neural crest, ^{39,90} human dental pulp houses a progenitor mesenchymal population that easily differentiates into both a neural and SC phenotype *in vitro*. ⁹¹⁻⁹³ First described by Gronthos and colleagues in 2000, DPSCs are self-renewing, and express numerous stem cell markers such as CD29, CD90, CD271, nestin, and glial fibrillary acidic protein (GFAP), and do not express hematopoietic markers. ⁹⁴⁻⁹⁷ These cells have been shown to be able to differentiate into numerous tissue types, including neurons, ⁹⁸ myoctes, ⁹⁹ hair follicle cells, ¹⁰⁰ and hepatocytes. ¹⁰¹ However, research has also shown that these cells are susceptible to cellular senescence, and that they secrete toxic factors to adjacent tissues when they develop this phenotype. ¹⁰²

DPSCs were used in experimental models of optic nerve injury, where they have been shown to promote neurotrophin mediated retinal ganglion cell (RGC) survival, and axonal regeneration after optic nerve injury. When cocultured *in vitro* with DRG cells, DPSCs displayed increased survival, neuritogenesis, and myelination when compared with undifferentiated DPSC cultures. P2.104 These cells also demonstrated myelinating capacity and improved functional recovery from rodent sciatic nerve transection. They have been shown to counterbalance peripheral nerve injury-induced oxidative stress and neuroinflammation. Interestingly, these cells may have their regenerative effects seen in crush injury enhanced by application of an external pulsed electromagnetic field. In Clinically, wisdom teeth may one day be a potential source of autologous donation for this particular type of stem cell for use in the treatment of peripheral nerve injuries.

7 | SKELETAL MUSCLE-DERIVED STEM CELLS

Isolated skeletal muscle-derived stem cells (Sk-SCs) obtained from skeletal muscle satellite cells are able to differentiate into multiple lineages, including myogenic, adipogenic, osteoblastic, neuronal, and glial. 42,108-110 These cells therefore display a clonal productivity somewhere on the spectrum between ectodermal and mesodemeral. 111

In a murine model of a long nerve gap injury using an acellular scaffold, Sk-SC-seeded grafts demonstrated improved histomorphological metrics of recovery vs control grafts. These cells formed SCs as well as cells of both the endo- and perineurial architecture, suggesting that Sk-SCs may help in forming coordinated regeneration by being able to reconstitute the muscle-nerve-blood vessel unit.¹¹² Interestingly, the



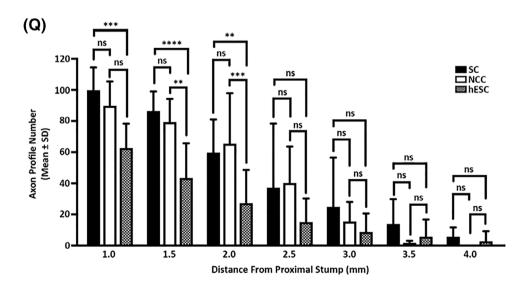


FIGURE 2 Differentiated NCCs show enhanced *in-vivo* sciatic nerve regeneration. A-P, Immunohistochemical and histological analyses of longitudinal sections through transplanted biodegradable conduits seeded with control rat Schwann cells (a-d), hESCs (e-h), or differentiated NCCs (i-p). Dashed lines mark the walls of the conduits. Asterisks represent the site of nerve transection and the beginning of the regeneration front. Q, Axon profile numbers beginning 1 mm distal to the proximal stump. The data represent the mean \pm standard deviation of five independent measurements from each animal and condition. Scale bars: 500 μ m for a, e, i, and m; 200 μ m for b, c, f, j, g, k, and n; 50 μ m for d, h, and l; and 20 μ m for o and p. hESCs, human embryonic stem cells; HNA, human nuclear antigen; NCC, neural crest cell; SC, Schwann cells. P values are denoted as follows: ns = not significant; **P \u2225 .001; ****P \u2225 .0001. Source: Data adapted from Jones et al (2018). 138

same research group also used human-derived Sk-SCs in a murine sciatic graft model with similar positive results in both histological parameters as well as metrics of tibial muscle health.¹¹³

8 | OLFACTORY ENSHEATHING CELLS

This cell class originates as the myelinating cell of the olfactory bulb in fetal development. Olfactory ensheathing cells (OECs) have demonstrated an ability to respond to injury by secretion of an extensive array of neurotrophins, and also act as the primary phagocytic cell of the olfactory bulb, clearing debris and bacteria alike.

OECs have shown great promise in restoring function and improving histological injury parameters in animal models of spinal cord injury, ¹¹⁸⁻¹²² and they remain one of the few cell types to be utilized experimentally in clinical human spinal cord injury. ^{123,124} However, their utility in peripheral nerve injury remains less clear; although they integrate and may improve function after rat sciatic nerve injury, ¹²⁵ their efficacy in doing so may not be on par with transplanted SCs. ¹²⁶

9 | HAIR FOLLICLE-ASSOCIATED PLURIPOTENT CELLS

Hair follicle-associated pluripotent (HAP) cells are nestin-expressing cells that reside in the hair follicle and are thought to be intimately involved in the formation of the hair follicle sensory nerve. They are pluripotent and can differentiate into cells of both glial and neuronal lineage, as well as smooth muscle myocytes, keratinocytes, and melanocytes. One challenge is that HAP cells remain pluripotent in regenerative models, transforming into both neurons and glia in vivo. This presents a significant problem for the translatable utility of these cells clinically. It is speculated that the skin-derived precursor (SKP) cell may be one of the early fates of the HAP cell.

Newly regenerated axons from explanted hair follicles are highly enriched in HAP cells *in vitro*, with their primary *in-vivo* function thought to be the caretaking of the hair follicle sensory nerve. ¹²⁷ One study showed that HAP cells appear to incorporate into the regenerating microenvironment of a sciatic nerve transection injury, although robust quantitative evidence of improved regeneration was not present. ¹³⁴ Further investigation into seeding HAP cells in polyvinylidene fluoride membranes for a sciatic gap injury also demonstrated good incorporation at the injury site. However, there was no additional evidence of functional benefit according to walking track analysis when compared with controls. ¹³²

10 | NEURAL CREST STEM CELLS

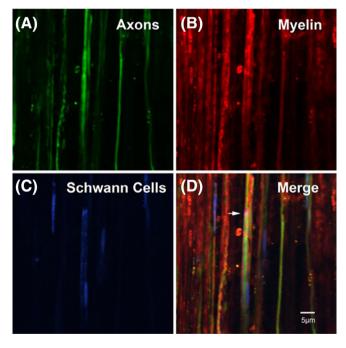
Neural crest stem cells (NCCs) originate in embryological development as migratory progenitors that initially appear between the neural and surface ectoderm at approximately embryologic day 8. These cells maintain their multipotency during and after migration. These cells maintain their multipotency during and after migration.

been identified in both embryonic and postnatal adult tissues, including bone marrow, DRG, carotid body, cornea, gut, heart, sciatic nerve, and skin. NCCs are a promising strategic intervention for nerve repair given that they are the parent population to several peripheral nervous system lineages, including immature SC-like cells. 138

NCCs that were differentiated from human embryonic-derived support cells (hESCs) were shown to incorporate well into a murine model of sciatic nerve repair and convincingly demonstrate histological benefit over nontreated nerves, with more robust nerve diameter and myelination demonstrated in cell treatment groups. ¹³⁹ Interestingly, medium from differentiated NSCs enhanced outgrowth of DRG neurites *in vitro*, while at the same time convincingly demonstrated improved regeneration of NCC/scaffold-assisted sciatic nerve repair on par with an SC-assisted cohort (Figure 2). ¹³⁸ Of note, these cells were derived from hESCs, suggesting their efficacy in rodent models of peripheral nerve regeneration.

11 | SKIN-DERIVED PRECURSOR CELLS

First isolated and characterized by Toma et al,¹⁴⁰ skin-derived precursor cells (SKPs) originate in dermal papilla and readily differentiate into



rats that underwent doxorubicin-induced focal demyelination of the tibial nerve. High-magnification intravital images of BFP-positive SKP-SC myelination is shown, including a three-channel unmixed spectral image demonstrating live *in-vivo* myelination by SKP-SCs 27 days after doxorubicin tibial nerve injury, 19 days after cell injection. A, GFP axons. B, Nile red myelin. C, BFP Schwann cells. D, Merged image, where the arrow indicates a probable node of Ranvier, as evidenced by BFP-positive cytoplasm crossing the axon, likely in loosely packed paranodal myelin. BFP, blue fluorescent protein; SC, Schwann cells; SKP-SC, skin-derived precursor Schwann cell. *Source*: Data adapted from Grochmal et al (2018).¹⁴⁴

neurons and glia, as well as smooth muscle cells.⁴⁰ Early work demonstrated the efficacy of the SKP in assuming an SC lineage (SKP-SC) when exposed to the proper mitogens,⁴⁰ and extensive work followed to investigate the role of the SKP-SC in peripheral nerve repair.^{27,141-143} SKP-SCs have proven beneficial in sciatic nerve repair with acellular nerve grafts,¹⁴² and a delayed cross-reinnervation paradigm also demonstrated an ability to improve regeneration after chronic denervation.²⁷ We have previously injected lentiviral enhanced blue fluorescent protein (BFP) SCs into *Thy-1* green fluorescent protein (GFP) rats that underwent doxorubicin-induced focal myelination.¹⁴⁴ Our group showed that these cells may aid regeneration through growth factor production,²⁷ debris clearance,¹⁴⁵ and myelination^{144,146,147} (Figure 3).

In one experiment, SKP-SCs were impressively shown to improve behavioral recovery, even after acute transection repair. Skilled locomotor assessments such as ladder rung and tapered beam were seen to be improved in animals administered SKP-SCs after acute, chronic, and nerve graft repair. In addition, it was recently shown that SKP-SC action may in part involve their local immunomodulatory effect on both neurites and macrophages, which appears to be mediated by an interleukin-6-dependent mechanism. As a cell for translational therapy, SKP-SCs seem quite promising. Human SKP-SCs are able to be produced by differentiation of human-induced pluripotent stem cells, whereas the practical expansion of clinically relevant numbers of SKP-SCs has been shown to be possible through the use of bioreactors.

12 | CURRENT STATE OF CLINICAL TRANSLATION

In recent years we have seen tremendous progress in precursor and stem cell biology and its application in the treatment of various neurological disorders. Clinical trials in the United States have evaluated the regenerative benefits of stem cells in the context of multiple sclerosis (MS), amyotrophic lateral sclerosis (ALS), Alzheimer disease (AD), Duchenne muscular dystrophy (DMD), traumatic spinal cord injury, and other disorders of the nervous system. 35,124,150 Unfortunately, there have been very few clinical trials examining the use of stem cells in the clinical treatment of peripheral nerve pathologies, 151 and none specifically investigating the neuroregenerative benefits of stem cells after traumatic peripheral nerve injury. 35

Although the neuroprotective and regenerative potential of stem cells in the repair of peripheral nerves has been demonstrated both *in vitro* and *in vivo* in a number of animal models, it is currently unclear when widespread clinical implementation of stem cell therapies will become a reality. Of note, no cell-based approach has shown clear superiority over another, and few preclinical studies have attempted to compare one cell type with another. The literature is also limited by the lack of data on the clinical safety and efficacy of stem cell-derived therapies, with no long-term reports currently available. The clinical use and early promise of autologous SC therapies in clinical nerve repair suggest that cell types that can be readily predifferentiated *in vitro* to SCs (such as SKPs) or demonstrate

transdifferentiation to SCs *in vivo* (such as BMSCs and ADSCs) may have the highest potential for clinical success. Levi and colleagues from the University of Miami recently detailed the first-in-human use of autologous SCs to supplement sciatic nerve repair. ^{153,154} In these groundbreaking studies, two patients were enrolled in a US Food and Drug Administration–approved trial to assess both the safety and ability of autologous cultured SCs to enhance regeneration through sural nerve autografts. Long-term follow-up in both patients demonstrated nerve graft patency, absence of tumor formation, and significant improvements in both sensory and motor impairments compared with preoperative values. ¹⁵⁴

Although these initial clinical studies are encouraging, more rigorous studies examining stem cell stability, differentiation, and migration patterns are required before clinical safety is definitively established. 155 Metrics that accurately characterize the clinical efficacy of stem cell-based therapies must also be identified. Current peripheral nerve stem cell literature exhibits wide variability in animal models, nerve injury type, stem cell source, differentiation protocols, cell-delivery methods, and assessment of nerve regeneration. In particular, variations in the timing of diverse outcome measures between different stem cell treatment modalities make specific treatments difficult to assess. 35,37 These inconsistencies make it extremely difficult to establish clear conclusions about efficacy or safety in a clinical population. In addition, ethical considerations are a necessity when translating research from the bench to bedside. Furthermore, governmental restrictions and regulations may negatively affect the speed of translation of stem cell therapy into clinical practice. 156-158 Strategies to manipulate cells using genetic and viral transduction approaches in vitro to potentially enhance their effect in vivo (as recently reviewed¹⁵⁹) raise additional regulatory considerations. Nevertheless. the evidence presented in this review suggests an promising future for stem cell-based approaches to traumatic peripheral nerve damage, although continued high-quality research is essential for bench-tobedside translation. Our opinion is that approaches that use stem and precursor cells akin to an SC phenotype have the greatest potential for clinical translation.

13 | CONCLUSION

Peripheral nerve injuries remain a common problem with unsatisfactory functional outcomes after standard therapeutic interventions. Several stem cell-based therapies have been investigated in both *invitro* and *in-vivo* experiments to positively modulate the regenerative milieu after nerve injury. These advancements suggest a promising future for stem cell-based approaches in enhancing regeneration and functional recovery after nerve injury.

ETHICAL PUBLICATION STATEMENT

We confirm that we have read the Journal's position on issues involved in ethical publication and affirm that this report is consistent with those guidelines.

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